



The Georgia Masters Newsletter

Swimming in Georgia

February 2008

Don't Miss These Events!

Marist SCY Developmental Meet – February 10

This is your last reminder for the upcoming Marist SCY Developmental Meet on Sunday, February 10. Info and entry form were in last month's LMSC newsletter. If you can't find your copy, contact **Lisa Watson** at lwatson@gsc.edu or 678/717-3646.

The meet is Sunday afternoon, with warm-ups beginning at 1 p.m. and the meet starting @ 1:30. We should be done by 4. This will be a great practice opportunity for some of the upcoming regional meets, such as our annual St. Pat meet (see below).

For questions, contact **Lisa**. Thanks to Killer Whale coach **Tim Storsteen** for making arrangements for this meet.

St Patrick's Day SCY Invitational – March 15&16

Info and entry form for the upcoming St Patrick's Day SCY Invitational are enclosed in this newsletter. **Dynamo Masters** is sponsoring this annual event which will be held March 15 & 16 at the Dynamo Swim Center on Shallowford Rd in Chamblee (see directions section in Info page). Entries must be **received by March 3** – entries received after that date will be treated as deck entries and assessed a \$10 late fee.

Here are a few reminders on how to fill out the entry correctly:

- **Include a copy of your 2008 USMS card** with your entry– this is required for processing;

- List your separate club name where it says **Team** on the entry form. Since this is a Georgia meet, all Georgia clubs will swim separately, rather than swimming under a Super Team umbrella, e.g., Dynamo swimmers will swim as DYNA instead of GAJA;
- Relays are deck seeded at the meet, so they do not need to be checked off on the entry form.

For questions, contact meet director **Ed Saltzman** at es7204@att.com or 770/442-9075.

8 More Months!
September 24-28

2008 National USMS Conference

Gary Eaton Memorial SCY Invitational – April 25-27

The 2nd annual Gary Eaton Memorial SCY Invitational is coming up on April 25-27. This meet is held in honor of Killer Whale swimmer **Gary Eaton** who died May 1, 2006.

The meet is held at the **Marist Pool** (same venue as the February 10 developmental meet) and sponsored by the **Georgia Killer Whales**.

Look for info and entry form in next month's LMSC newsletter. For questions, contact meet director **Tim Storsteen** at tstorsteen@hotmail.com.

Other News of Interest

USMS Convention 2008 – September 24-28

Eight months and counting until we host the USMS Convention here in Atlanta – September 24-28. The convention will be held at the Hyatt Regency in downtown Atlanta.

As announced in previous newsletters, we need **volunteers** to staff the hospitality suite, provide supplies, etc. during this convention. Our Convention Chairman is **Karol Welling**. Please contact her if you'd like to volunteer.

Following are approximate times for shifts for the Hospitality Suite during the convention:

Wednesday	6 a.m. to 2 p.m. 6 p.m. to 2 a.m.
Thursday	6 a.m. to 2 p.m. 6 p.m. to 2 a.m.
Friday	6 a.m. to 2 p.m. 6 p.m. to 2 a.m.
Saturday	6 a.m. to 2 p.m. 6 p.m. to 2 a.m.

Even if you can only work part of a shift, that'd be a big help. **Karol** can be contacted at krw83@mindspring.com or 770/631-9195.

2007 Grand Prix Results

Awards for the 2007 Georgia Grand Prix will be given out at the beginning of the Saturday afternoon session of the St Patrick's Day meet on March 15.

Georgia Grand Prix Events 2008

Jan National Hour Swim
Postal Championship
Mar 15&16 St Patrick's Day SCY @
Dynamo
Apr 25-27 Gary Eaton Memorial
SCY @ Marist
Jul/Aug TBA Dynamo LC
July TBA Georgia Games Open
Water
Dec TBA St Nicholas SCM @
Georgia Tech

Track Your Distance in 2008

For those of you who receive the electronic version of the newsletter, you'll be receiving an Excel spreadsheet to keep up with your yards, meters, and miles swam in 2008.

2008 USMS Registration

Renewals for USMS memberships are due immediately. Your 2007 registration is no longer valid. For anyone who has not yet registered, this will be the last LMSC newsletter that you'll receive until you renew.

For your convenience, a generic 2008 Registration form is included with this newsletter. Any questions about registration, contact our LMSC registrar **Bill Lotz** at blotz@mindspring.com.

Upcoming Events

February 2008

10* Marist SCY Developmental Meet (entry in last month's newsletter.
16-17 Dixie Zone SCY Championships- Clearwater, FL
16-17 Auburn, AL -- SCY

March 2008

1 Frank Clark SCY Invitational Greensboro, NC
15-16* St Patrick's Day SCY Invitational @ Dynamo (entry enclosed)
Contact Ed Saltzman at es7204@att.com

April 2008

15-24 XII FINA LC World Championships -- Perth, Western Australia LC; contact info@2008masters.org
25-27* Gary Eaton Memorial SCY Invitational @ Marist Contact Tim Storsteen at tstorsteen@hotmail.com

May 2008

1-4 USMS SC Nationals- Austin, TX (entry at www.usms.org)
15-18 Y Nationals- Ft Lauderdale, FL contact: Mel Goldstein Goldstein@sbcglobal.net

June 2008

7* Classic City LC @ UGA
12-15 IGLA Meet - Washington DC
21 USMS 10k Open Water Championships - Clemson, SC
28-29 Dixie Zone LC Championships- Greenville, SC

July 2008

5 or 12 Beaufort, SC OW
TBA Georgia Games Open Water
TBA Dynamo LC Invitational

August 2008

14-17 USMS LC Nationals- Mt Hood, OR
24* Mountain Park SCY Developmental Meet

September 2008

20* Peachtree City SCY Pentathlon
24-28 *USMS Convention- Atlanta

October 2008

No events scheduled

November 2008

1-2 Columbia, SC -- SCM
9* Collins Hill 'Veteran's Day' SCY Developmental Meet

December 2008

TBA* St Nicholas SCM Invitational @ Georgia Tech

* Georgia LMSC meet.

Dixie Zone Website

For information about these and other meets in the Dixie zone, visit: <http://www.dixiezone.org/Meets.htm>

Deadline for Next Newsletter

If you'd like to add something to our next newsletter, please send it to Bob Kohmescher at bobk340@comcast.net by **February 15**.

Looking for previous newsletters?

Visit our website at
www.georgiamasters.org

Who Y'All Can Call

Lisa Watson, LMSC Chair	(770) 497-1901 or (678) 717-3646	lwatson@gsc.edu
Sean Fitzgerald, Vice-Chair	(404) 496-4422	Seanfit@gmail.com
Bob Kohmescher, Newsletter Editor	(770) 587-2192	bobk340@comcast.net
Ed Saltzman, Treasurer, Communications, Records, Sanctions for Swim Meets	(770) 442-9075	es7204@att.com
Bill Lotz, LMSC Registrar	(404) 261-1906	blotz@mindspring.com
Pat Frank, Coaches Chair	(404) 272-1312	ticoachpat@yahoo.com
Karol Welling, Secretary	(770) 631-9195	krw83@mindspring.com
Jeff Tacca, Member at Large	(404) 256-0733	jtacca@comcast.net
John Zeigler, Fitness	(770) 972-7981	jvzeigler@bellsouth.net
Rob Copeland, Safety & Long Distance	(678) 817-1602	rob_copland@comcast.net

Swim Websites

Georgia Masters Swimming	www.georgiamasters.org
Atlanta Rainbow Trout	http://www.atlantarainbowtrout.com/
Aiken-Augusta Swim League	http://www.swimasl.org/masters.htm
Atlanta Water Jocks	www.atlantawaterjocks.com
Augusta Masters Riptides	www.augustariptides.com
Dynamo Masters	http://www.dynamomasters.com/index.html
Dixie Zone	http://www.dixiezone.org
Greater Augusta Swimming	www.gasswim.com
Savannah Masters	http://www.savannahmasters.org/
SwimAtlantaMasters	http://www.swimatlantamasters.com/

Georgia Teams & Clubs

Team/Club	Abbr	Team Rep	Phone
Americus Blue Tide	ABY	Tim Demott	(229) 924-3863
Atlanta Rainbow Trout	ART	Sean Fitzgerald	(404) 876-3736
Atlanta Water Jocks	AWJ	Lorenzo Benucci	(404) 441-3352
Greater Augusta Swimming	GAS	Jeffrey Rout	(864) 333-2939
Marlins Masters	LINS	Yit Aun Lim	(770) 516-3668
Stingrays Masters	RAY	Keith Berryhill	(770) 427-6717

Georgia Superteam (GAJA)

Team/Club	Abbr	Team Rep	Phone
GEORGIA	GAJA	Lisa Watson	(770) 497-1901
Aiken-Augusta Swim League	ASLM	Adam Byers	(706) 495-8468
Augusta Masters Rip Tides	AMRT	Jenny Baldowski	(706) 556-1476
Classic City Masters	CCM	Raymond Woller	(706) 549-0515
Dynamo Swim Club Masters	DYNA	Maria Thrash	(770) 457-7946x20
Georgia Masters Killer Whales	GMKW	Lisa Watson	(770) 497-1901
Habersham Masters Swim Team	HMST	Katie Ralston	(706) 754-3650
Savannah Masters	SAVM	Amy Lee Copeland	(912) 238-4404
Southside Seals	SSS	Karol Welling	(770) 631-9195
Swim Atlanta Masters (Duluth)	SAMS	Kim Hurst	(678) 442-7946
Swim Atlanta Masters (Roswell)	SAMS	Kim Hurst	(678) 442-7946
Zaban Sharks	ZS	Ashley Kornblut	(678) 812-3861

2008 ONE YEAR MEMBERSHIP APPLICATION



Register with same name you will use for competition. Print Clearly.

2008 Membership Application

RENEWAL

My Current USMS No. is _____

NEW REGISTRATION

Last Name		First Name		Init.	For Office Use
Street				Apt.	
City		State	Zip		Home Phone ()
Work Phone ()		e-mail Address:			
Date of Birth Mo. Day Yr.		Age	Sex	Today's Date Mo. Day Yr.	

Club or Unattached

LMSC Fee \$13.00

USMS Fee \$25.00

CLUB Fee* _____

Total Fee \$38.00

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of these risks.

AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

* CLUB Fee - Killer Whales (GMKW)

Signature _____

add an additional \$7.00 for a total of \$45.00

If you coach Masters Swimmers, please check here

If you are a certified swim official, please check here

Benefits of membership include: A subscription to USMS's Magazine, **USMS Swimmer** during the length of the membership year (\$8.00 of the annual dues are designated for the magazine subscription), and periodic mailings from the Local Masters Swimming Committee.

USMS Registered swimmers are covered with secondary accident insurance;

- 1) In practice supervised by a USMS member or a USA certified coach where all swimmers are USMS registered.
- 2) In USMS sanctioned meets where all competitors are USMS registered.

- I wish to contribute \$1.00 (or \$____) to the International Swimming Hall of Fame Foundation. I have added this amount to my 2008 registration fees.
- I wish to contribute \$1.00 (or \$____) to the United States Masters Swimming Foundation. I have added this amount to my 2008 registration fees.
- Check here if you do not have access to the internet, and must therefore, receive your newsletter via mail.

PRIVACY STATEMENT

Please note that we are committed to protecting your privacy. Your e-mail address will **only** be used to send you information about Georgia Master's Swimming. It will **NOT** be sold or traded.

Georgia Masters has been working for some time to compile an e-mail database for all Georgia Masters LMSC members. Keep in mind; this will be a great way for us to keep you informed about events, important news, etc.

Opt Out

On rare occasions, USMS may need to inform you of an important issue, I DO/ DO NOT wish to receive them.

A USMS sponsor may wish to offer you information emailed from the USMS National Office, I DO / DO NOT wish to receive them.

(Email addresses are not supplied to the sponsor.)

Make Check payable to:

GEORGIA LMSC

Mail Check & Form to:

**William J. Lotz
Georgia Masters Registrar
4140 N. Broadland Rd. NW
Atlanta, Georgia 30342-3610**

Telephone: (404) 261-1906

St. Patrick's Day Invitational

March 15-16, 2008

Sanctioned by Georgia LMSC for USMS: 458-S02
Dynamo Swim Center - Atlanta, GA

FACILITY

The Dynamo Swim Center at 3119 Shallowford Road, Atlanta, GA, 30341. The pool is an indoor 10-lane, 25-yard pool, seven feet deep throughout with a state of the art three-color 10-line scoreboard. *The pool has been certified and times will count for USMS records and Top Ten submission.* There will be anywhere from 5 to 23 lanes available for warm-up/warm-down. (Swimmers are reminded that USMS safety rules dictate a feet first entry in the warm-up/warm-down lanes except where designated.) Non-turbulent lane lines and automatic timing will be used. Athletes will have use of the shower and restroom facilities. There is ample onsite parking. The Dekalb County Fire Marshall dictates that folding chairs will not be allowed on the pool deck.

RULES & ELIGIBILITY

Current USMS rules apply. The event is open to USMS registered swimmers at least 18-years-of-age as of March 15, 2008.

A copy of your 2008 USMS card must accompany your entry in order for it to be processed.

ENTRY DEADLINE

Entries must be received by **Monday, March 3, 2008**. Entries received after this date will be handled as **deck entries**.

Psych sheets will be available at www.DynamoMasters.com for review and corrections on Friday, March 7.

ENTRIES

A swimmer may enter a maximum of four (4) individual events per day, exclusive of relays. Use the attached entry form. Relays will be deck seeded using forms available at the meet. All relay swimmers must be registered and entered in the meet. Deck entries will be accepted during Session I warm-ups on Saturday until 10:30 a.m., with a \$10.00 late fee. (Late entries will be seeded into empty lanes when available. New heats will not be created to accommodate late entries.)

The clerk of course will close promptly at 10:30AM!! No Exceptions.

1000 FREESTYLE SWIMMERS

The 1000 free is limited to the first 40 entries. You may designate a "5th" event for Saturday should the 1000 be full. Make sure your 5th event is well marked or we will drop the last event listed for Saturday if needed.

CLERK OF COURSE

The meet will be managed by the Clerk of Course. Questions concerning entries and results will be handled by the Clerk during the meet.

FEES

One day: \$25.00 **Two days:** \$40.00

Deck entry add \$10.00 late fee.

There will be **no charge** for relay events.

There will do NO REFUNDS.

SEEDING

Women's events will precede men's. Heats will be slow to fast:

The 1000 free, 500 free and 400 IM will be swum slow to fast.
The meet director/clerk of course reserves the right to combine men's and women's heats to swim these events as MIXED.

AWARDS

High Point Awards will be given for the top three out-of-state and Georgia teams. Individual High Point Awards will be given to the top scorer in each age group for men and women. A minimum of five individual events must be swum to qualify for High Point.

MEET SCHEDULE

Saturday: Session I:

Pool opens for warm-ups at 9:00 a.m.

1000 Freestyle starts at 10:00 a.m.

Saturday: Session II:

Relay entries for events 3/4/5 are due by 11:00 a.m.

Warm-up for at least 30 minutes at the conclusion of the 1000 freestyle. Meet begins not before 12:00 p.m.

Sunday:

Relay entries for events 25/26/27 are due by 10:00 a.m.

Pool opens for warm-ups at 9:00 a.m.

Competition begins at 10:00 a.m.

Relay entries for events 43/44/45 are due at the beginning of Event #39 (women's 200 backstroke).

SOCIAL

Details for an informal gathering will be announced at the meet.

Concessions: Will be offered at the meet

DIRECTIONS to POOL

Interstate 85 to exit #93 (Shallowford Road). Go north on Shallowford 1.3 miles; the Dynamo Swim Center is on the right side of the road.

HOTEL INFORMATION

See next page.

MEET DIRECTOR

Edward Saltzman: HOME PHONE: 770-442-9075

FAX: 770-740-9259

E-MAIL: es7204@att.com

**Information, Directions and Psych sheets will be available at:
WWW.DYNAMOMASTERS.COM**

Notes: Masters swimming is a strenuous activity and each participant is advised to consult a physician before participating in such a program. Due to stipulations in the Dynamo Swim Center's insurance policy, you must be registered with USMS to participate in the meet. NO CHILDREN or NON-REGISTERED GUESTS will be allowed in the pools during the weekend.

Dynamo Swim Club Preferred Hotels

Holiday Inn-Select

Atlanta Perimeter Dunwoody
4386 Chamblee Dunwoody Road
Atlanta, Ga. 30341
(770) 296-6002 or (770) 457-6363
\$72.00 per room + 12% tax
Full service hotel
About 6 miles from Dynamo
Restaurant in hotel
For reservations contact:
Kerstin Sommer-Raza, Sales Manager
(770)457-6363 ext.316
sales3.hisperimeter@fhmchotels.com
www.hiselect.com/atl-perimeter

Hilton Atlanta Northeast

5993 Peachtree Industrial Boulevard
Norcross, Ga. 30092
\$79.00 Standard Room, valid only Thursday, Friday and Saturday
\$99.00 Junior Suite, valid only Thursday, Friday and Saturday.
+13% tax
full service hotel
about 8 miles from Dynamo
For reservations contact:
Jacquelyn Simmons, Sales Manager
(678)533-3327
jsimmons@hiltonatlantane.com
www.atlantaneast.hilton.com



Dynamo Masters Swim Team - St. Patrick's Day Invitational

March 15-16, 2008 - Atlanta, GA

Name _____ Sex _____ Age _____ Birth date _____

Address _____ City _____ State _____ Zip _____

Telephone _____ E-mail _____

USMS# _____ Team* _____ Team Abbreviation* _____

Your entry will not be processed without a copy of your 2008 USMS Registration Card.

* For in-state meets GAJA Super Team swimmers should use their Chapter Designation as their team, rather than GAJA.

Saturday

Women (circle)	Seed time	Event	Men (circle)
1	_____	1000 Free	2
3	_____	200 Freestyle Relay	4
5	_____	200 Mixed Medley Relay	
7	_____	200 Butterfly	8
9	_____	50 Freestyle	10
11	_____	200 Breaststroke	12
13	_____	100 Backstroke	14
15	_____	200 Freestyle	16
17	_____	50 Butterfly	18
19	_____	50 Breaststroke	20
21	_____	400 IM	22

Sunday

Women (circle)	Seed time	Event	Men (circle)
23	_____	500 Free	24
25	_____	200 Medley Relay	26
27	_____	200 Mixed Freestyle Relay	
29	_____	200 IM	30
31	_____	50 Backstroke	32
33	_____	100 Freestyle	34
35	_____	100 Breaststroke	36
37	_____	100 Butterfly	38
39	_____	200 Backstroke	40
41	_____	100 IM	42
43	_____	400 Freestyle Relay	44
45	_____	400 Mixed Freestyle Relay	

Maximum of four individual events per day. The 1000 freestyle is open to the first 40 entrants.

Saturday: warm-ups: 9:00 a.m., competition: 10:00 a.m. There will be a 30 minute warm-up at the conclusion of the 1000. Afternoon session starts no earlier than 12:00pm

Sunday: warm-ups: 9:00 a.m., competition: 10:00 a.m.

FEES

One day: \$25.00
 Two days: \$40.00
 Deck entry add \$10.00 late fee
 No charge for relay events.
No Refunds
Total _____

Make checks payable and mail to:

Dynamo Swim Club
c/o Edward Saltzman
5060 Cameron Forest Pkwy
Alpharetta, Georgia 30022

Entries without a copy of 2008 USMS registration will not be processed.

Entries without signature will not be processed.

RELEASE

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risk inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature _____ Date _____