



## MSU Last Chance Invitational

Saturday, February 24th, 2018

- Host:** Michigan State Swim Club
- Meet Director:** Alexis Orr, (847) 345-0299; orralexi@msu.edu
- Time:** Diving Meet Warm-up: 10:30am; Diving Meet Start: 11:00am  
Swim Warm-up: 10:30am; Swim Meet Start: 12:00pm  
Coaches/Presidents meeting at 11:45am (payment will be submitted during this meeting)
- Location:** IM Sports West  
393 Chestnut Rd  
East Lansing, MI 48824
- Facility:** Charles McCaffree Pool is a 6 lane, 25-yard short course pool, that is CCS certified. There is a bulkhead separating the lanes and the diving well. Timing will be done using a Colorado timing system and times will be displayed on the scoreboard. The 1m diving boards will be used for the diving portion of the meet.
- Team Seating:** Because of limited deck space, visiting teams will be seated in the stands above the pool. There are ladders going from the stands to the pool deck that swimmers may use.
- Spectators:** Spectors will be admitted to the stands free of charge. We ask spectators to reserve the first few rows of seating for teams as they will also be sitting in the stands because of limited deck space. Only coaches, officials, meet workers, and meet participants are permitted in the deck area.

- Format:** All events will be swum as timed finals. Diving will be based on 6 dives. Diving will run in the diving well during swim warm-ups. At the conclusion of the diving portion of the meet, the diving well may be used by swimmers as a warm-up/down pool.
- Entry Fee:** Entries will be \$15 per athlete up to 20 athletes. Each additional athlete will be \$10. Payment can be made in cash or check, made payable to Michigan State Swim Club.
- Entry Limit:** Each athlete may compete in up to 4 individual swimming events. There is no limit on diving or relay events. Athletes may participate in both diving and swimming events.
- Entry Deadline:** Entries must be received before **11:59pm on Monday, February 19th.** There will be NO additional sign-ups on the day of the meet.
- Entry Procedure:** Entries will only be accepted via email. Send all entries to [clubswimmsu@gmail.com](mailto:clubswimmsu@gmail.com). Hy-Tek Team Manager .zip files OR excel files will be accepted.
- Psych Sheet:** A psych sheet will be emailed to all teams the week before the meet.
- Event List:** 1m diving will occur before the swim events. Women will swim odd events, men will swim even events.

1m diving  
 200 Med Relay  
 200 FR  
 100 BK  
 200 IM  
 50 FLY  
 100 FR  
 50 BR  
 500 FR  
 -----10 Min Break-----  
 200 FR Relay  
 50 BK  
 100 FLY  
 50 FR  
 100 BR  
 100 IM  
 200 Open Stroke  
 100 yard Partner Relay\*

\*The partner relay will be swum with two people per team in the water at all times. The swimmer in the front will be the arms and the swimmer in the back will grab the legs of the swimmer in the front and kick. Upon finishing the 25yds, the front swimmer gets out and the kicker becomes the front swimmer while a new kicker gets in. This will continue for 100 yards.

- Scoring:** Scoring will be based on events from timed finals. Swimming points awarded for individual events will be 7-5-4-3-2-1 for each event. Only the top three relays will be awarded points and the point values will be doubled. Diving scoring will have 3 judges and will consist of 6 dives, each dive receiving a score 1-10. The best 3 scores of the dives will be added and multiplied by the degree of difficulty for that dive, resulting in the final score for that diver. Styles of diving include front, back, reverse, inward, and twist, with points awarded according to technique and grace. The more difficult the dive, the higher the points it can score, if executed well.
- Social Event:** There will be a party following the meet. Transportation and overnight stay is not provided. Location is TBD and will be announced at the meet.
- Lodging:** If your team is considering staying the night, there are many hotels within close driving distance of the pool. The closest hotel to the pool is the Marriott Hotel on Grand River Ave.
- Parking:** Parking will be available in lot 62W, next to the stadium at IM West. There will be a parking fee of \$1.60/hour.
- End of meet:** Announcement of top team finishers will directly follow the conclusion of the meet. Results will be emailed to all teams and uploaded to the CCS website.

Map:

