

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jenny Day - 28

Abc Masters - Grav Sharks-2

		<< #5 Women 25-29 100 Fly >>			
Seed Time:	1:16.92	Finals Time:	1:14.59	(2)	* 17
Finals Splits:	34.72	1:14.59 (39.87)			
		<< #21 Women 25-29 50 Fly >>			
Seed Time:	33.00	Finals Time:	Scratched		
		<< #25 Women 25-29 100 Free >>			
Seed Time:	1:08.00	Finals Time:	Scratched		
		<< #33 Women 25-29 50 Free >>			
Seed Time:	32.02	Finals Time:	30.18	(5)	* 14
		<< #45 Women 25-29 100 IM >>			
Seed Time:	1:16.50	Finals Time:	1:19.73	(6)	13
Finals Splits:	36.33	1:19.73 (43.40)			

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Individual Meet Summary

Mingjie Song - 76

Abc Masters - Grav Sharks-2

		<< #12 Men 75-79 200 IM >>			
Seed Time:	3:55.16		Finals Time:	3:55.10 (2) * 17	
Finals Splits:		58.25	1:53.85 (55.60)	3:02.12 (1:08.27) 3:55.10 (52.98)	
		<< #24 Men 75-79 200 Back >>			
Seed Time:	3:55.68		Finals Time:	3:49.87 (1) * 20	
Finals Splits:		52.19	1:48.78 (56.59)	2:48.86 (1:00.08) 3:49.87 (1:01.01)	
		<< #42 Men 75-79 100 Back >>			
Seed Time:	1:50.64		Finals Time:	1:43.32 (1) * 20	
Finals Splits:		49.44	1:43.32 (53.88)		
		<< #46 Men 75-79 100 IM >>			
Seed Time:	1:48.79		Finals Time:	1:48.44 (2) * 17	
Finals Splits:		52.47	1:48.44 (55.97)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

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Individual Meet Summary

Amon Emeka - 55

Adirondack Masters-3

		<< #12 Men 55-59 200 IM >>			
Seed Time:	2:29.50		Finals Time:	2:29.63	(1) 20
Finals Splits:		31.31	1:12.53 (41.22)	1:56.16 (43.63)	2:29.63 (33.47)
		<< #22 Men 55-59 50 Fly >>			
Seed Time:	27.50		Finals Time:	28.38	(1) 20
		<< #26 Men 55-59 100 Free >>			
Seed Time:	59.50		Finals Time:	1:00.13	(2) 17
Finals Splits:		29.31	1:00.13 (30.82)		
		<< #34 Men 55-59 50 Free >>			
Seed Time:	26.00		Finals Time:	26.40	(1) 20
		<< #46 Men 55-59 100 IM >>			
Seed Time:	1:05.90		Finals Time:	1:07.06	(1) 20
Finals Splits:		31.42	1:07.06 (35.64)		
		<< #50 Men 55-59 200 Free >>			
Seed Time:	2:13.00		Finals Time:	NS	
		<< #18 Men 800 Free Relay - ADMS-3 A - Leg 4 >>			
Seed Time:	10:05.00		Finals Time:	9:49.09	(1) *
Finals Splits:		32.80	1:09.60 (36.80)	1:47.46 (37.86)	2:24.76 (37.30)
		3:01.10 (36.34)	3:41.16 (40.06)	4:21.80 (40.64)	4:59.84 (38.04)
		5:34.87 (35.03)	6:14.23 (39.36)	6:54.08 (39.85)	7:33.02 (38.94)
		8:04.36 (31.34)	8:39.54 (35.18)	9:14.92 (35.38)	9:49.09 (34.17)
		<< #28 Men 400 Medley Relay - ADMS-3 A - Leg 3 >>			
Seed Time:	5:05.00		Finals Time:	NS	

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Individual Meet Summary

Tim Russell - 34

Adirondack Masters-3

<< #4 Men 30-34 400 Free >>

Seed Time:	5:08.00	Finals Time:	5:13.60	(4)	15
Finals Splits:	36.94	1:15.90 (38.96)	1:54.74 (38.84)	2:34.07 (39.33)	
	3:14.33 (40.26)	3:54.74 (40.41)	4:34.56 (39.82)	5:13.60 (39.04)	

<< #18 Men 800 Free Relay - ADMS-3 A - Leg 3 >>

Seed Time:	10:05.00	Finals Time:	9:49.09	(1)	*
Finals Splits:	32.80	1:09.60 (36.80)	1:47.46 (37.86)	2:24.76 (37.30)	
	3:01.10 (36.34)	3:41.16 (40.06)	4:21.80 (40.64)	4:59.84 (38.04)	
	5:34.87 (35.03)	6:14.23 (39.36)	6:54.08 (39.85)	7:33.02 (38.94)	
	8:04.36 (31.34)	8:39.54 (35.18)	9:14.92 (35.38)	9:49.09 (34.17)	

<< #28 Men 400 Medley Relay - ADMS-3 A - Leg 4 >>

Seed Time:	5:05.00	Finals Time:	NS		
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Nick Sinnenberg - 25

Adirondack Masters-3

<< #4 Men 25-29 400 Free >>

Seed Time:	5:00.00	Finals Time:	4:53.15	(3) * 16
Finals Splits:	33.35	1:09.90 (36.55)	1:47.30 (37.40)	2:25.29 (37.99)
	3:02.87 (37.58)	3:40.77 (37.90)	4:17.71 (36.94)	4:53.15 (35.44)

<< #32 Men 25-29 400 IM >>

Seed Time:	5:35.00	Finals Time:	5:34.45	(1) * 20
Finals Splits:	35.31	1:17.27 (41.96)	1:59.31 (42.04)	2:40.12 (40.81)
	3:30.55 (50.43)	4:21.18 (50.63)	4:58.44 (37.26)	5:34.45 (36.01)

<< #70 Mixed 25-29 200 Free >>

Seed Time:	NT	Finals Time:	2:24.76	(2)
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<< #18 Men 800 Free Relay - ADMS-3 A - Leg 1 >>

Seed Time:	10:05.00	Finals Time:	9:49.09	(1) *
Finals Splits:	32.80	1:09.60 (36.80)	1:47.46 (37.86)	2:24.76 (37.30)
	3:01.10 (36.34)	3:41.16 (40.06)	4:21.80 (40.64)	4:59.84 (38.04)
	5:34.87 (35.03)	6:14.23 (39.36)	6:54.08 (39.85)	7:33.02 (38.94)
	8:04.36 (31.34)	8:39.54 (35.18)	9:14.92 (35.38)	9:49.09 (34.17)

<< #28 Men 400 Medley Relay - ADMS-3 A - Leg 1 >>

Seed Time:	5:05.00	Finals Time:	NS
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

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Individual Meet Summary

Tim Sinnenberg - 56

Adirondack Masters-3

		<< #16 Men 55-59 100 Breast >>			
Seed Time:	1:30.00		Finals Time:	Scratched	
		<< #24 Men 55-59 200 Back >>			
Seed Time:	3:05.00		Finals Time:	3:00.36 (2) * 17	
Finals Splits:	43.44	1:29.00 (45.56)	2:15.68 (46.68)	3:00.36 (44.68)	
		<< #42 Men 55-59 100 Back >>			
Seed Time:	1:25.00		Finals Time:	1:20.43 (1) * 20	
Finals Splits:	39.75	1:20.43 (40.68)			
		<< #18 Men 800 Free Relay - ADMS-3 A - Leg 2 >>			
Seed Time:	10:05.00		Finals Time:	9:49.09 (1) *	
Finals Splits:	32.80	1:09.60 (36.80)	1:47.46 (37.86)	2:24.76 (37.30)	
	3:01.10 (36.34)	3:41.16 (40.06)	4:21.80 (40.64)	4:59.84 (38.04)	
	5:34.87 (35.03)	6:14.23 (39.36)	6:54.08 (39.85)	7:33.02 (38.94)	
	8:04.36 (31.34)	8:39.54 (35.18)	9:14.92 (35.38)	9:49.09 (34.17)	
		<< #28 Men 400 Medley Relay - ADMS-3 A - Leg 2 >>			
Seed Time:	5:05.00		Finals Time:	NS	

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Individual Meet Summary

John Chambers - 68

Agua Masters-6

	<< #1 Mixed 65-69 1500 Free >>			
Seed Time:	20:00.00	Finals Time:	20:02.78	(1) 20
	ZONECHAMPS: 20:58.60S NELMSC: 21:19.88S			
Finals Splits:	35.61	1:14.15 (38.54)	1:53.89 (39.74)	2:33.99 (40.10)
	3:14.62 (40.63)	3:54.96 (40.34)	4:35.71 (40.75)	5:16.39 (40.68)
	5:56.99 (40.60)	6:37.57 (40.58)	7:18.39 (40.82)	7:59.07 (40.68)
	8:39.70 (40.63)	9:20.50 (40.80)	10:01.13 (40.63)	10:41.84 (40.71)
	11:22.30 (40.46)	12:02.56 (40.26)	12:43.03 (40.47)	13:23.34 (40.31)
	14:03.61 (40.27)	14:44.34 (40.73)	15:24.52 (40.18)	16:04.92 (40.40)
	16:45.03 (40.11)	17:25.28 (40.25)	18:05.10 (39.82)	18:44.94 (39.84)
	19:24.29 (39.35)	20:02.78 (38.49)		
	<< #4 Men 65-69 400 Free >>			
Seed Time:	7:00.00	Finals Time:	4:59.33	(1) * 20
	ZONECHAMPS: 5:04.90S NELMSC: 5:18.55S			
Finals Splits:	33.51	1:10.42 (36.91)	1:48.10 (37.68)	2:26.22 (38.12)
	3:04.53 (38.31)	3:42.84 (38.31)	4:21.37 (38.53)	4:59.33 (37.96)
	<< #6 Men 65-69 100 Fly >>			
Seed Time:	1:13.00	Finals Time:	1:18.30	(1) 20
Finals Splits:	36.18	1:18.30 (42.12)		
	<< #24 Men 65-69 200 Back >>			
Seed Time:	2:56.00	Finals Time:	2:57.63	(2) 17
Finals Splits:	41.69	1:26.46 (44.77)	2:12.43 (45.97)	2:57.63 (45.20)
	<< #32 Men 65-69 400 IM >>			
Seed Time:	6:00.00	Finals Time:	6:07.72	(1) 20
Finals Splits:	37.31	1:19.85 (42.54)	2:09.11 (49.26)	2:57.43 (48.32)
	3:53.17 (55.74)	4:50.64 (57.47)	5:29.57 (38.93)	6:07.72 (38.15)
	<< #44 Men 65-69 200 Fly >>			
Seed Time:	2:50.00	Finals Time:	2:54.87	(1) 20
	NELMSC: 3:15.89S			
Finals Splits:	38.27	1:22.06 (43.79)	2:07.22 (45.16)	2:54.87 (47.65)
	<< #50 Men 65-69 200 Free >>			
Seed Time:	2:21.50	Finals Time:	2:25.89	(1) 20
Finals Splits:	33.56	1:10.62 (37.06)	1:48.65 (38.03)	2:25.89 (37.24)
	<< #72 Mixed 65-69 800 Free >>			
Seed Time:	NT	Finals Time:	10:41.84	(1)
	NELMSC: 11:08.04S			

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Individual Meet Summary

Eve Maidenberg - 47

Agua Masters-6

		<< #1 Mixed 45-49 1500 Free >>				
Seed Time:	20:15.00		Finals Time:	20:15.98	(1)	20
Finals Splits:		35.73	1:14.72 (38.99)	1:54.93 (40.21)	2:35.59 (40.66)	
		3:15.73 (40.14)	3:56.48 (40.75)	4:37.47 (40.99)	5:18.24 (40.77)	
		5:59.14 (40.90)	6:40.41 (41.27)	7:21.64 (41.23)	8:02.75 (41.11)	
		8:43.82 (41.07)	9:24.66 (40.84)	10:05.39 (40.73)	10:46.29 (40.90)	
		11:27.54 (41.25)	12:08.63 (41.09)	12:49.85 (41.22)	13:30.77 (40.92)	
		14:11.03 (40.26)	14:51.98 (40.95)	15:32.70 (40.72)	16:13.46 (40.76)	
		16:54.67 (41.21)	17:35.38 (40.71)	18:16.34 (40.96)	18:57.09 (40.75)	
		19:37.01 (39.92)	20:15.98 (38.97)			
		<< #3 Women 45-49 400 Free >>				
Seed Time:	5:05.52		Finals Time:	5:09.41	(1)	20
Finals Splits:		34.43	1:11.52 (37.09)	1:49.92 (38.40)	2:29.16 (39.24)	
		3:09.02 (39.86)	3:49.27 (40.25)	4:29.63 (40.36)	5:09.41 (39.78)	
		<< #11 Women 45-49 200 IM >>				
Seed Time:	2:58.04		Finals Time:	2:57.22	(1)	* 20
Finals Splits:		40.23	1:27.79 (47.56)	2:18.80 (51.01)	2:57.22 (38.42)	
		<< #25 Women 45-49 100 Free >>				
Seed Time:	1:08.33		Finals Time:	1:08.41	(1)	20
Finals Splits:		32.79	1:08.41 (35.62)			
		<< #33 Women 45-49 50 Free >>				
Seed Time:	31.78		Finals Time:	31.92	(2)	17
		<< #45 Women 45-49 100 IM >>				
Seed Time:	1:22.77		Finals Time:	NS		
		<< #49 Women 45-49 200 Free >>				
Seed Time:	2:22.21		Finals Time:	2:23.99	(1)	20
Finals Splits:		33.66	1:09.90 (36.24)	1:47.04 (37.14)	2:23.99 (36.95)	
		<< #72 Mixed 45-49 800 Free >>				
Seed Time:	NT		Finals Time:	10:46.29	(2)	

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Individual Meet Summary

Nicholas Gutierrez - 25

Beaver Swim Club-33

		<< #6 Men 25-29 100 Fly >>				
Seed Time:	1:16.59		Finals Time:	1:16.70	(2)	17
Finals Splits:		32.80	1:16.70 (43.90)			
		<< #16 Men 25-29 100 Breast >>				
Seed Time:	1:14.88		Finals Time:	1:19.34	(4)	15
Finals Splits:		37.35	1:19.34 (41.99)			
		<< #26 Men 25-29 100 Free >>				
Seed Time:	58.80		Finals Time:	NS		

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Individual Meet Summary

Alana Aubin - 33

Boston University Masters Swim-2

		<< #1 Mixed 30-34 1500 Free >>				
Seed Time:	20:10.50		Finals Time:	21:01.60	(1)	20
Finals Splits:		36.35	1:15.90 (39.55)	1:56.62 (40.72)	2:37.10 (40.48)	
		3:18.61 (41.51)	4:00.66 (42.05)	4:42.74 (42.08)	5:24.94 (42.20)	
		6:07.37 (42.43)	6:49.78 (42.41)	7:32.40 (42.62)	8:14.85 (42.45)	
		8:57.42 (42.57)	9:39.88 (42.46)	10:22.80 (42.92)	11:05.43 (42.63)	
		11:48.13 (42.70)	12:31.07 (42.94)	13:13.67 (42.60)	13:56.33 (42.66)	
		14:38.96 (42.63)	15:21.48 (42.52)	16:04.36 (42.88)	16:47.66 (43.30)	
		17:30.10 (42.44)	18:13.00 (42.90)	18:55.61 (42.61)	19:38.01 (42.40)	
		20:20.16 (42.15)	21:01.60 (41.44)			
		<< #3 Women 30-34 400 Free >>				
Seed Time:	5:04.50		Finals Time:	5:08.44	(1)	20
Finals Splits:		34.39	1:12.65 (38.26)	1:52.05 (39.40)	2:31.75 (39.70)	
		3:11.33 (39.58)	3:51.31 (39.98)	4:30.94 (39.63)	5:08.44 (37.50)	
		<< #5 Women 30-34 100 Fly >>				
Seed Time:	1:12.50		Finals Time:	1:13.49	(1)	20
Finals Splits:		34.53	1:13.49 (38.96)			
		<< #21 Women 30-34 50 Fly >>				
Seed Time:	33.50		Finals Time:	33.59	(2)	17
		<< #25 Women 30-34 100 Free >>				
Seed Time:	1:07.50		Finals Time:	1:07.62	(3)	16
Finals Splits:		32.51	1:07.62 (35.11)			
		<< #33 Women 30-34 50 Free >>				
Seed Time:	31.50		Finals Time:	31.62	(3)	16
		<< #43 Women 30-34 200 Fly >>				
Seed Time:	2:45.50		Finals Time:	2:54.13	(2)	17
Finals Splits:		36.03	1:17.24 (41.21)	2:03.60 (46.36)	2:54.13 (50.53)	
		<< #49 Women 30-34 200 Free >>				
Seed Time:	2:25.50		Finals Time:	2:24.02	(1)	* 20
Finals Splits:		33.74	1:10.23 (36.49)	1:47.64 (37.41)	2:24.02 (36.38)	

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Individual Meet Summary

Shannon Linsey - 24

Boston University Masters Swim-2

		<< #1 Mixed 18-24 1500 Free >>				
Seed Time:	20:30.20		Finals Time:	21:03.38	(1)	20
Finals Splits:		37.97	1:19.46 (41.49)	2:01.66 (42.20)	2:43.31 (41.65)	
		3:25.18 (41.87)	4:06.72 (41.54)	4:48.73 (42.01)	5:30.51 (41.78)	
		6:12.13 (41.62)	6:54.20 (42.07)	7:36.79 (42.59)	8:19.03 (42.24)	
		9:01.03 (42.00)	9:43.62 (42.59)	10:26.63 (43.01)	11:09.71 (43.08)	
		11:52.74 (43.03)	12:35.50 (42.76)	13:18.35 (42.85)	14:01.18 (42.83)	
		14:43.59 (42.41)	15:25.99 (42.40)	16:08.37 (42.38)	16:50.91 (42.54)	
		17:33.41 (42.50)	18:16.10 (42.69)	18:58.66 (42.56)	19:40.84 (42.18)	
		20:22.88 (42.04)	21:03.38 (40.50)			
		<< #3 Women 18-24 400 Free >>				
Seed Time:	5:30.99		Finals Time:	5:20.93	(1)	* 20
Finals Splits:		36.38	1:15.85 (39.47)	1:56.46 (40.61)	2:37.02 (40.56)	
		3:17.81 (40.79)	3:59.19 (41.38)	4:40.40 (41.21)	5:20.93 (40.53)	
		<< #13 Women 18-24 50 Back >>				
Seed Time:	32.99		Finals Time:	37.16	(3)	16
		<< #23 Women 18-24 200 Back >>				
Seed Time:	2:29.99		Finals Time:	2:48.87	(2)	17
Finals Splits:		39.77	1:22.57 (42.80)	2:06.14 (43.57)	2:48.87 (42.73)	
		<< #35 Women 18-24 200 Breast >>				
Seed Time:	3:15.99		Finals Time:	3:20.70	(1)	20
Finals Splits:		45.33	1:36.82 (51.49)	2:28.81 (51.99)	3:20.70 (51.89)	
		<< #41 Women 18-24 100 Back >>				
Seed Time:	1:18.99		Finals Time:	1:18.90	(2)	* 17
Finals Splits:		38.73	1:18.90 (40.17)			
		<< #45 Women 18-24 100 IM >>				
Seed Time:	1:30.99		Finals Time:	1:21.57	(1)	* 20
Finals Splits:		37.21	1:21.57 (44.36)			
		<< #94 Mixed 18-24 50 Back >>				
Seed Time:	NT		Finals Time:	37.72	(1)	

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Individual Meet Summary

Jason Weis - 27

Boston University Masters Swim-2

		<< #22 Men 25-29 50 Fly >>				
Seed Time:	30.69	Finals Time:	29.97	(3)	*	16
		<< #26 Men 25-29 100 Free >>				
Seed Time:	1:05.69	Finals Time:	1:04.07	(3)	*	16
Finals Splits:		30.38	1:04.07 (33.69)			
		<< #34 Men 25-29 50 Free >>				
Seed Time:	28.69	Finals Time:	28.72	(2)		17
		<< #46 Men 25-29 100 IM >>				
Seed Time:	1:15.69	Finals Time:	1:15.88	(1)		20
Finals Splits:		35.24	1:15.88 (40.64)			

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Individual Meet Summary

Christian Ferrarie - 26

Brookline Rec-2

Seed Time:	5:00.00	<< #4 Men 25-29 400 Free >>	
		Finals Time:	NS
Seed Time:	1:18.00	<< #16 Men 25-29 100 Breast >>	
		Finals Time:	NS

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Individual Meet Summary

Shuang Huang - 46

Brookline Rec-2

<< #4 Men 45-49 400 Free >>

Seed Time:	8:30.00	Finals Time:			8:18.89	(3) * 16
Finals Splits:	48.30	1:44.87 (56.57)	2:53.17 (1:08.30)	4:01.40 (1:08.23)		
	5:10.40 (1:09.00)	6:19.32 (1:08.92)	7:23.05 (1:03.73)	8:18.89 (55.84)		

<< #16 Men 45-49 100 Breast >>

Seed Time:	3:00.00	Finals Time:			1:55.15	(2) * 17
Finals Splits:	54.49	1:55.15 (1:00.66)				

<< #36 Men 45-49 200 Breast >>

Seed Time:	6:10.00	Finals Time:			4:09.55	(2) * 17
Finals Splits:	56.37	2:00.30 (1:03.93)	3:08.86 (1:08.56)	4:09.55 (1:00.69)		

<< #50 Men 45-49 200 Free >>

Seed Time:	4:26.00	Finals Time:			3:35.76	(3) * 16
Finals Splits:	45.95	1:40.37 (54.42)	2:43.59 (1:03.22)	3:35.76 (52.17)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Yolandi van der Merwe - 33

Brookline Rec-2

		<< #13 Women 30-34 50 Back >>			
Seed Time:	39.00	Finals Time:	34.50	(2)	* 17
		<< #15 Women 30-34 100 Breast >>			
Seed Time:	1:25.00	Finals Time:	1:17.38	(1)	* 20
Finals Splits:		ZONECHAMPS: 1:17.73S	NELMSC: 1:17.73S		
		37.19	1:17.38 (40.19)		
		<< #25 Women 30-34 100 Free >>			
Seed Time:	1:12.00	Finals Time:	1:01.93	(1)	* 20
Finals Splits:		30.31	1:01.93 (31.62)		
		<< #33 Women 30-34 50 Free >>			
Seed Time:	33.00	Finals Time:	28.44	(1)	* 20
		<< #41 Women 30-34 100 Back >>			
Seed Time:	1:22.00	Finals Time:	1:13.16	(2)	* 17
Finals Splits:		35.85	1:13.16 (37.31)		
		<< #45 Women 30-34 100 IM >>			
Seed Time:	1:18.00	Finals Time:	1:10.68	(1)	* 20
Finals Splits:		34.41	1:10.68 (36.27)		
		<< #47 Women 30-34 50 Breast >>			
Seed Time:	39.00	Finals Time:	35.90	(1)	* 20

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Lisa Cook - 71

Bunganut Rocks-2

		<< #33 Women 70-74 50 Free >>			
Seed Time:	58.27	Finals Time:	56.18	(3)	* 16
		<< #41 Women 70-74 100 Back >>			
Seed Time:	2:16.16	Finals Time:	2:34.85	(2)	17
Finals Splits:		1:11.54	2:34.85 (1:23.31)		
		<< #45 Women 70-74 100 IM >>			
Seed Time:	2:22.33	Finals Time:	2:22.19	(2)	* 17

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

James Flanagan - 61

Cambridge Masters Swimming-2

Seed Time:	38.00	<< #14 Men 60-64 50 Back >>	Finals Time:	Scratched
Seed Time:	1:23.00	<< #16 Men 60-64 100 Breast >>	Finals Time:	Scratched
Seed Time:	1:12.00	<< #26 Men 60-64 100 Free >>	Finals Time:	Scratched
Seed Time:	36.00	<< #34 Men 60-64 50 Free >>	Finals Time:	NS
Seed Time:	1:17.00	<< #42 Men 60-64 100 Back >>	Finals Time:	Scratched
Seed Time:	43.00	<< #48 Men 60-64 50 Breast >>	Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Sue Jensen - 63

Cambridge Masters Swimming-2

<< #1 Mixed 60-64 1500 Free >>

Seed Time:	21:46.10	Finals Time:	22:27.40	(1)	20
Finals Splits:	40.00	1:24.11 (44.11)	2:09.01 (44.90)	2:53.96 (44.95)	
	3:38.93 (44.97)	4:23.83 (44.90)	5:09.23 (45.40)	5:55.40 (46.17)	
	6:40.93 (45.53)	7:25.94 (45.01)	8:11.03 (45.09)	8:55.82 (44.79)	
	9:40.86 (45.04)	10:25.79 (44.93)	11:10.75 (44.96)	11:55.60 (44.85)	
	12:41.64 (46.04)	13:26.65 (45.01)	14:11.99 (45.34)	14:57.44 (45.45)	
	15:42.63 (45.19)	16:28.09 (45.46)	17:14.12 (46.03)	17:59.04 (44.92)	
	18:43.98 (44.94)	19:29.11 (45.13)	20:13.20 (44.09)	20:58.22 (45.02)	
	21:43.61 (45.39)	22:27.40 (43.79)			

<< #5 Women 60-64 100 Fly >>

Seed Time:	1:22.06	Finals Time:	1:27.06	(1)	20
Finals Splits:	41.20	1:27.06 (45.86)			

<< #11 Women 60-64 200 IM >>

Seed Time:	3:05.76	Finals Time:	3:08.71	(1)	20
Finals Splits:	41.12	1:31.73 (50.61)	2:27.15 (55.42)	3:08.71 (41.56)	

<< #21 Women 60-64 50 Fly >>

Seed Time:	34.96	Finals Time:	37.02	(1)	20
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<< #31 Women 60-64 400 IM >>

Seed Time:	6:22.22	Finals Time:	6:39.52	(1)	20
Finals Splits:	43.19	1:33.72 (50.53)	2:26.19 (52.47)	3:17.41 (51.22)	
	4:14.92 (57.51)	5:12.67 (57.75)	5:56.58 (43.91)	6:39.52 (42.94)	

<< #43 Women 60-64 200 Fly >>

Seed Time:	3:11.18	Finals Time:	3:18.76	(1)	20
Finals Splits:	42.95	1:33.93 (50.98)	2:26.48 (52.55)	3:18.76 (52.28)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Margaret Muse - 62

Cape Cod Firefish Masters-2

<< #1 Mixed 60-64 1500 Free >>

Seed Time:	36:43.00		Finals Time:	30:53.59	(4) * 15
Finals Splits:		53.91	1:54.24 (1:00.33)	2:56.23 (1:01.99)	3:57.52 (1:01.29)
		5:01.07 (1:03.55)	6:04.43 (1:03.36)	7:06.13 (1:01.70)	8:08.45 (1:02.32)
		9:10.93 (1:02.48)	10:13.31 (1:02.38)	11:15.31 (1:02.00)	12:18.14 (1:02.83)
		13:19.63 (1:01.49)	14:22.00 (1:02.37)	15:24.89 (1:02.89)	16:27.21 (1:02.32)
		17:28.97 (1:01.76)	18:31.64 (1:02.67)	19:34.06 (1:02.42)	20:36.26 (1:02.20)
		21:38.57 (1:02.31)	22:41.20 (1:02.63)	23:44.75 (1:03.55)	24:47.69 (1:02.94)
		25:49.22 (1:01.53)	26:50.82 (1:01.60)	27:52.32 (1:01.50)	28:54.42 (1:02.10)
		29:55.36 (1:00.94)	30:53.59 (58.23)		

<< #3 Women 60-64 400 Free >>

Seed Time:	7:58.18		Finals Time:	7:44.91	(6) * 13
Finals Splits:		53.32	1:51.74 (58.42)	2:51.15 (59.41)	3:50.46 (59.31)
		4:49.51 (59.05)	5:49.13 (59.62)	6:47.59 (58.46)	7:44.91 (57.32)

<< #13 Women 60-64 50 Back >>

Seed Time:	55.87		Finals Time:	54.11	(8) * 11
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kyleigh Barao - 25

Cape Cod Swim Club Masters-2

		<< #11 Women 25-29 200 IM >>			
Seed Time:	2:45.00		Finals Time:	2:35.40	(2) * 17
Finals Splits:		32.52	1:12.38 (39.86)	1:58.30 (45.92)	2:35.40 (37.10)
		<< #13 Women 25-29 50 Back >>			
Seed Time:	35.00		Finals Time:	33.26	(1) * 20
		<< #15 Women 25-29 100 Breast >>			
Seed Time:	1:25.00		Finals Time:	1:19.08	(1) * 20
Finals Splits:		37.25	1:19.08 (41.83)		
		<< #21 Women 25-29 50 Fly >>			
Seed Time:	35.00		Finals Time:	31.67	(1) * 20
		<< #33 Women 25-29 50 Free >>			
Seed Time:	32.00		Finals Time:	28.67	(2) * 17
		<< #35 Women 25-29 200 Breast >>			
Seed Time:	3:00.00		Finals Time:	2:53.36	(1) * 20
Finals Splits:		39.79	1:24.43 (44.64)	2:09.54 (45.11)	2:53.36 (43.82)
		<< #45 Women 25-29 100 IM >>			
Seed Time:	1:18.00		Finals Time:	1:11.26	(2) * 17
Finals Splits:		32.78	1:11.26 (38.48)		
		<< #47 Women 25-29 50 Breast >>			
Seed Time:	40.00		Finals Time:	36.92	(2) * 17

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

David Govoni - 51

Cape Cod Swim Club Masters-2

Seed Time:	27.38	<< #22 Men 50-54 50 Fly >>	
		Finals Time:	Scratched
Seed Time:	59.98	<< #26 Men 50-54 100 Free >>	
		Finals Time:	Scratched
Seed Time:	25.78	<< #34 Men 50-54 50 Free >>	
		Finals Time:	NS
Seed Time:	1:09.12	<< #46 Men 50-54 100 IM >>	
		Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Homer Lane - 74

Cape Cod Swim Club Masters-2

		<< #14 Men 70-74 50 Back >>			
Seed Time:	40.35	Finals Time:	40.76	(2)	17
		<< #26 Men 70-74 100 Free >>			
Seed Time:	1:14.61	Finals Time:	1:17.66	(1)	20
Finals Splits:	37.39	1:17.66 (40.27)			
		<< #34 Men 70-74 50 Free >>			
Seed Time:	32.64	Finals Time:	33.24	(2)	17
		<< #50 Men 70-74 200 Free >>			
Seed Time:	2:50.89	Finals Time:	2:56.17	(1)	20
Finals Splits:	40.97	1:26.29 (45.32)	2:12.76 (46.47)	2:56.17 (43.41)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Brian O'Neil - 60

Cape Cod Swim Club Masters-2

Seed Time:	45.00	<< #14 Men 60-64 50 Back >>	Finals Time:	37.87	(4)	*	15
Seed Time:	40.00	<< #22 Men 60-64 50 Fly >>	Finals Time:	33.01	(1)	*	20
Seed Time:	1:20.00	<< #26 Men 60-64 100 Free >>	Finals Time:	1:11.45	(6)	*	13
Finals Splits:		34.31	1:11.45 (37.14)				
Seed Time:	35.00	<< #34 Men 60-64 50 Free >>	Finals Time:	30.49	(4)	*	15
Seed Time:	1:40.00	<< #46 Men 60-64 100 IM >>	Finals Time:	1:20.29	(3)	*	16
Finals Splits:		36.16	1:20.29 (44.13)				

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Mike Broglio - 52

Charles River Aquatics Masters-2

<< #1 Mixed 50-54 1500 Free >>

Seed Time:	25:00.00		Finals Time:	21:11.28	(3) * 16
Finals Splits:	40.13	1:22.64 (42.51)	2:05.27 (42.63)	2:47.90 (42.63)	
	3:30.50 (42.60)	4:12.89 (42.39)	4:55.15 (42.26)	5:37.50 (42.35)	
	6:19.71 (42.21)	7:01.68 (41.97)	7:43.62 (41.94)	8:25.01 (41.39)	
	9:06.50 (41.49)	9:48.09 (41.59)	10:30.01 (41.92)	11:12.02 (42.01)	
	11:54.01 (41.99)	12:36.19 (42.18)	13:18.69 (42.50)	14:01.29 (42.60)	
	14:43.90 (42.61)	15:26.83 (42.93)	16:09.69 (42.86)	16:52.68 (42.99)	
	17:35.89 (43.21)	18:18.94 (43.05)	19:02.58 (43.64)	19:46.16 (43.58)	
	20:29.31 (43.15)	21:11.28 (41.97)			

<< #4 Men 50-54 400 Free >>

Seed Time:	5:00.00		Finals Time:	5:12.40	(4) 15
Finals Splits:	36.67	1:15.76 (39.09)	1:55.35 (39.59)	2:35.34 (39.99)	
	3:14.78 (39.44)	3:54.19 (39.41)	4:33.56 (39.37)	5:12.40 (38.84)	

<< #22 Men 50-54 50 Fly >>

Seed Time:	32.00	Finals Time:	Scratched
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<< #26 Men 50-54 100 Free >>

Seed Time:	1:08.00	Finals Time:	Scratched
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jane Gu - 47

Charles River Aquatics Masters-2

Seed Time:	2:20.00	<< #15 Women 45-49 100 Breast >>	Finals Time:	1:51.00	(4)	*	15
Seed Time:	1:10.00	<< #21 Women 45-49 50 Fly >>	Finals Time:	56.03	(5)	*	14
Seed Time:	2:00.00	<< #25 Women 45-49 100 Free >>	Finals Time:	1:53.78	(5)	*	14
Finals Splits:		55.65	1:53.78 (58.13)				

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ken Kwa - 50

Charles River Aquatics Masters-2

<< #1 Mixed 50-54 1500 Free >>

Seed Time:	27:30.44		Finals Time:	23:58.98	(4) * 15
Finals Splits:		42.21	1:28.43 (46.22)	2:16.46 (48.03)	3:04.94 (48.48)
		3:53.70 (48.76)	4:42.01 (48.31)	5:30.19 (48.18)	6:18.92 (48.73)
		7:07.26 (48.34)	7:55.88 (48.62)	8:44.50 (48.62)	9:32.92 (48.42)
		10:22.25 (49.33)	11:10.69 (48.44)	12:00.05 (49.36)	12:48.95 (48.90)
		13:36.79 (47.84)	14:24.70 (47.91)	15:13.03 (48.33)	16:01.03 (48.00)
		16:48.79 (47.76)	17:37.49 (48.70)	18:25.60 (48.11)	19:13.19 (47.59)
		20:01.02 (47.83)	20:48.61 (47.59)	21:36.39 (47.78)	22:23.88 (47.49)
		23:11.69 (47.81)	23:58.98 (47.29)		

<< #4 Men 50-54 400 Free >>

Seed Time:	6:27.35		Finals Time:	6:00.04	(6) * 13
Finals Splits:		40.63	1:25.93 (45.30)	2:12.16 (46.23)	2:59.46 (47.30)
		3:45.81 (46.35)	4:31.67 (45.86)	5:15.86 (44.19)	6:00.04 (44.18)

<< #6 Men 50-54 100 Fly >>

Seed Time:	1:40.44		Finals Time:	1:32.63	(5) * 14
Finals Splits:		45.27	1:32.63 (47.36)		

<< #12 Men 50-54 200 IM >>

Seed Time:	3:27.20		Finals Time:	3:11.63	(4) * 15
Finals Splits:		41.82	1:36.03 (54.21)	2:27.77 (51.74)	3:11.63 (43.86)

<< #14 Men 50-54 50 Back >>

Seed Time:	54.00		Finals Time:	49.72	(5) * 14
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<< #16 Men 50-54 100 Breast >>

Seed Time:	1:37.25		Finals Time:	1:37.42	(5) 14
Finals Splits:		46.28	1:37.42 (51.14)		

<< #24 Men 50-54 200 Back >>

Seed Time:	3:55.15		Finals Time:	3:43.96	(3) * 16
Finals Splits:		54.31	1:49.62 (55.31)	2:47.17 (57.55)	3:43.96 (56.79)

<< #32 Men 50-54 400 IM >>

Seed Time:	6:52.28		Finals Time:	6:46.58	(3) * 16
Finals Splits:		46.33	1:35.72 (49.39)	2:33.15 (57.43)	3:33.58 (1:00.43)
		4:25.48 (51.90)	5:19.20 (53.72)	6:04.74 (45.54)	6:46.58 (41.84)

<< #36 Men 50-54 200 Breast >>

Seed Time:	3:20.15		Finals Time:	3:21.41	(1) 20
Finals Splits:		47.24	1:38.76 (51.52)	2:30.93 (52.17)	3:21.41 (50.48)

<< #42 Men 50-54 100 Back >>

Seed Time:	1:53.55		Finals Time:	2:02.18	(4) 15
Finals Splits:		59.28	2:02.18 (1:02.90)		

<< #44 Men 50-54 200 Fly >>

Seed Time:	3:28.06		Finals Time:	3:12.99	(2) * 17
Finals Splits:		49.36	1:39.28 (49.92)	2:29.60 (50.32)	3:12.99 (43.39)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ken Kwa - 50

Charles River Aquatics Masters-2

		<< #46 Men 50-54 100 IM >>			
Seed Time:	1:42.25		Finals Time:	1:29.26	(4) * 15
Finals Splits:		44.74	1:29.26 (44.52)		
		<< #48 Men 50-54 50 Breast >>			
Seed Time:	46.50		Finals Time:	42.65	(5) * 14

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Stephen Paushter - 72

Charles River Aquatics Masters-2

Seed Time:	1:51.00	<< #6 Men 70-74 100 Fly >>	
		Finals Time:	Scratched
Seed Time:	3:50.00	<< #12 Men 70-74 200 IM >>	
		Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Paul Savuto - 65

Charles River Aquatics Masters-2

<< #1 Mixed 65-69 1500 Free >>

Seed Time:	25:30.00		Finals Time:	25:28.70	(3) * 16
Finals Splits:		44.53	1:34.48 (49.95)	2:24.74 (50.26)	3:16.16 (51.42)
	4:07.00 (50.84)		4:58.33 (51.33)	5:49.53 (51.20)	6:41.32 (51.79)
	7:32.94 (51.62)		8:24.61 (51.67)	9:16.63 (52.02)	10:08.97 (52.34)
	11:00.85 (51.88)		11:52.78 (51.93)	12:44.04 (51.26)	13:35.65 (51.61)
	14:27.10 (51.45)		15:18.49 (51.39)	16:10.24 (51.75)	17:01.40 (51.16)
	17:53.24 (51.84)		18:44.83 (51.59)	19:36.25 (51.42)	20:27.49 (51.24)
	21:19.03 (51.54)		22:09.90 (50.87)	23:01.18 (51.28)	23:52.14 (50.96)
	24:42.38 (50.24)		25:28.70 (46.32)		

<< #4 Men 65-69 400 Free >>

Seed Time:	6:26.00		Finals Time:	6:22.85	(2) * 17
Finals Splits:		42.12	1:30.23 (48.11)	2:19.79 (49.56)	3:09.58 (49.79)
	3:58.92 (49.34)		4:48.38 (49.46)	5:37.20 (48.82)	6:22.85 (45.65)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Fred Schlicher - 75

Charles River Aquatics Masters-2

<< #6 Men 75-79 100 Fly >>

Seed Time: 1:22.02 **Finals Time:** 1:17.39 (1) * 20
NATL: 1:17.51S WORLD: 1:17.51S ZONECHAMPS: 1:35.51S NELMSC: 1:35.51S
Finals Splits: 36.50 1:17.39 (40.89)

<< #12 Men 75-79 200 IM >>

Seed Time: 2:59.35 **Finals Time:** 2:55.43 (1) * 20
ZONECHAMPS: 3:28.49S NELMSC: 3:28.49S
Finals Splits: 37.73 1:22.99 (45.26) 2:16.48 (53.49) 2:55.43 (38.95)

<< #22 Men 75-79 50 Fly >>

Seed Time: 33.97 **Finals Time:** 33.91 (1) * 20
ZONECHAMPS: 39.00S NELMSC: 39.00S

<< #44 Men 75-79 200 Fly >>

Seed Time: 3:12.10 **Finals Time:** 3:09.42 (1) * 20
NATL: 3:13.73S WORLD: 3:10.85S ZONECHAMPS: 3:38.89S NELMSC: 3:38.89S
Finals Splits: 40.56 1:28.90 (48.34) 2:19.75 (50.85) 3:09.42 (49.67)

<< #50 Men 75-79 200 Free >>

Seed Time: 2:48.66 **Finals Time:** 2:34.61 (1) * 20
ZONECHAMPS: 3:02.87S NELMSC: 3:04.96S
Finals Splits: 35.87 1:15.65 (39.78) 1:55.65 (40.00) 2:34.61 (38.96)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Cecilia Scimia - 46

Charles River Aquatics Masters-2

Seed Time:	1:10.00	<< #13 Women 45-49 50 Back >>	Finals Time:	NS
Seed Time:	1:15.00	<< #21 Women 45-49 50 Fly >>	Finals Time:	Scratched
Seed Time:	2:05.00	<< #25 Women 45-49 100 Free >>	Finals Time:	2:04.90 (6) * 13
Finals Splits:		53.59	2:04.90 (1:11.31)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Dorothy Tourtual - 72

Charles River Aquatics Masters-2

Seed Time:	6:30.00	<< #3 Women 70-74 400 Free >>	Finals Time:	Scratched
Seed Time:	3:25.00	<< #23 Women 70-74 200 Back >>	Finals Time:	Scratched
Seed Time:	1:41.75	<< #41 Women 70-74 100 Back >>	Finals Time:	NS
Seed Time:	3:05.00	<< #49 Women 70-74 200 Free >>	Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Amanda Weirup - 46

Charles River Aquatics Masters-2

Seed Time:	3:32.13	<< #11 Women 45-49 200 IM >>	
		Finals Time:	Scratched
		<< #13 Women 45-49 50 Back >>	
Seed Time:	45.23	Finals Time:	Scratched
		<< #15 Women 45-49 100 Breast >>	
Seed Time:	2:02.00	Finals Time:	Scratched
		<< #21 Women 45-49 50 Fly >>	
Seed Time:	47.10	Finals Time:	Scratched
		<< #23 Women 45-49 200 Back >>	
Seed Time:	3:15.00	Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Brendan Griffin - 40

Club Tribe-12

Seed Time: 22:30.00	<< #1 Mixed 40-44 1500 Free >> Finals Time:	Scratched
Seed Time: 5:20.00	<< #4 Men 40-44 400 Free >> Finals Time:	Scratched
Seed Time: 2:40.00	<< #12 Men 40-44 200 IM >> Finals Time:	Scratched
Seed Time: 2:35.71	<< #24 Men 40-44 200 Back >> Finals Time:	Scratched
Seed Time: 6:20.00	<< #32 Men 40-44 400 IM >> Finals Time:	NS
Seed Time: 1:10.56	<< #42 Men 40-44 100 Back >> Finals Time:	NS
Seed Time: 2:25.00	<< #50 Men 40-44 200 Free >> Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

David Hildebrand - 42

Club Tribe-12

<< #4 Men 40-44 400 Free >>

Seed Time:	4:32.77		Finals Time:	4:29.22	(2) * 17
Finals Splits:		30.17	1:02.90 (32.73)	1:36.39 (33.49)	2:10.33 (33.94)
		2:44.48 (34.15)	3:19.04 (34.56)	3:54.22 (35.18)	4:29.22 (35.00)

<< #12 Men 40-44 200 IM >>

Seed Time:	2:23.71		Finals Time:	2:27.57	(1) 20
Finals Splits:		31.48	1:10.34 (38.86)	1:54.45 (44.11)	2:27.57 (33.12)

<< #32 Men 40-44 400 IM >>

Seed Time:	5:05.54		Finals Time:	5:14.75	(1) 20
Finals Splits:		33.97	1:12.87 (38.90)	1:53.68 (40.81)	2:33.80 (40.12)
		3:19.49 (45.69)	4:05.28 (45.79)	4:40.45 (35.17)	5:14.75 (34.30)

<< #50 Men 40-44 200 Free >>

Seed Time:	2:04.72		Finals Time:	2:05.86	(1) 20
Finals Splits:		28.97	1:00.98 (32.01)	1:33.56 (32.58)	2:05.86 (32.30)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jennifer Weiderman - 57

Coneio Vallev Masters-33

Seed Time:	21:30.00	<< #1 Mixed 55-59 1500 Free >>	Finals Time:	Scratched		
Seed Time:	1:24.50	<< #5 Women 55-59 100 Fly >>	Finals Time:	1:24.91	(1)	20
Finals Splits:	39.30	1:24.91 (45.61)				
Seed Time:	2:53.00	<< #11 Women 55-59 200 IM >>	Finals Time:	NS		
Seed Time:	1:26.50	<< #15 Women 55-59 100 Breast >>	Finals Time:	1:28.62	(1)	20
Finals Splits:	41.53	1:28.62 (47.09)				
Seed Time:	6:15.00	<< #31 Women 55-59 400 IM >>	Finals Time:	Scratched		
Seed Time:	3:06.00	<< #35 Women 55-59 200 Breast >>	Finals Time:	3:12.01	(1)	20
Finals Splits:	42.58	1:29.80 (47.22)	2:19.79 (49.99)	3:12.01 (52.22)		
Seed Time:	3:05.00	<< #43 Women 55-59 200 Fly >>	Finals Time:	NS		
Seed Time:	1:20.00	<< #45 Women 55-59 100 IM >>	Finals Time:	NS		
Seed Time:	40.00	<< #47 Women 55-59 50 Breast >>	Finals Time:	NS		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Miles Ahrens - 69

Connecticut Masters-5

		<< #12 Men 65-69 200 IM >>					
Seed Time:	3:24.00		Finals Time:	3:27.62	(2)	17	
Finals Splits:		39.55	1:35.87 (56.32)	2:38.16 (1:02.29)		3:27.62 (49.46)	
		<< #22 Men 65-69 50 Fly >>					
Seed Time:	36.00		Finals Time:	36.51	(2)	17	
		<< #46 Men 65-69 100 IM >>					
Seed Time:	1:29.00		Finals Time:	1:29.96	(3)	16	
Finals Splits:		39.85	1:29.96 (50.11)				
		<< #29 Mixed 400 Medley Relay - CONN-5 A - Leg 4 >>					
Seed Time:	6:30.91		Finals Time:	6:32.24	(2)	34	
Finals Splits:		42.25	1:25.29 (43.04)	2:11.67 (46.38)		3:03.52 (51.85)	
		4:01.14 (57.62)	5:09.44 (1:08.30)	5:48.70 (39.26)		6:32.24 (43.54)	
		<< #52 Men 200 Medley Relay - CONN-5 A - Leg 3 >>					
Seed Time:	2:43.65		Finals Time:	2:38.83	(1)	* 40	
Finals Splits:		39.49	1:24.09 (44.60)	1:43.53 (19.44)		2:38.83 (55.30)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Gerald Burbank - 64

Connecticut Masters-5

	<< #4 Men 60-64 400 Free >>				
Seed Time:	6:15.00		Finals Time:	6:35.92	(5) 14
Finals Splits:	40.70	1:29.14 (48.44)	2:19.58 (50.44)	3:12.01 (52.43)	
	4:04.40 (52.39)	4:55.96 (51.56)	5:46.98 (51.02)	6:35.92 (48.94)	
	<< #12 Men 60-64 200 IM >>				
Seed Time:	3:04.00		Finals Time:	3:06.24	(5) 14
Finals Splits:	42.37	1:30.87 (48.50)	2:23.24 (52.37)	3:06.24 (43.00)	
	<< #14 Men 60-64 50 Back >>				
Seed Time:	37.50		Finals Time:	39.30	(5) 14
	<< #16 Men 60-64 100 Breast >>				
Seed Time:	1:31.00		Finals Time:	1:31.39	(4) 15
Finals Splits:	44.28	1:31.39 (47.11)			
	<< #24 Men 60-64 200 Back >>				
Seed Time:	3:00.00		Finals Time:	3:00.93	(2) 17
Finals Splits:	43.47	1:29.54 (46.07)	2:16.05 (46.51)	3:00.93 (44.88)	
	<< #26 Men 60-64 100 Free >>				
Seed Time:	1:15.00		Finals Time:	1:19.38	(7) 12
Finals Splits:	38.38	1:19.38 (41.00)			
	<< #36 Men 60-64 200 Breast >>				
Seed Time:	3:25.00		Finals Time:	3:21.28	(1) * 20
Finals Splits:	45.81	1:36.28 (50.47)	2:29.51 (53.23)	3:21.28 (51.77)	
	<< #42 Men 60-64 100 Back >>				
Seed Time:	1:21.00		Finals Time:	1:22.16	(2) 17
Finals Splits:	39.94	1:22.16 (42.22)			
	<< #46 Men 60-64 100 IM >>				
Seed Time:	1:19.00		Finals Time:	1:19.65	(2) 17
Finals Splits:	37.28	1:19.65 (42.37)			
	<< #48 Men 60-64 50 Breast >>				
Seed Time:	39.80		Finals Time:	39.39	(2) * 17
	<< #50 Men 60-64 200 Free >>				
Seed Time:	2:52.00		Finals Time:	3:17.31	(4) 15
Finals Splits:	46.59	1:37.43 (50.84)	2:29.53 (52.10)	3:17.31 (47.78)	
	<< #86 Mixed 60-64 100 Back >>				
Seed Time:	NT		Finals Time:	1:25.29	(1)
	<< #94 Mixed 60-64 50 Back >>				
Seed Time:	NT		Finals Time:	39.49	(5)
	<< #8 Men 200 Free Relay - CONN-5 B - Leg 2 >>				
Seed Time:	2:12.37		Finals Time:	2:15.63	(2) 34
Finals Splits:	33.65	1:05.71 (32.06)	1:37.80 (32.09)	2:15.63 (37.83)	
	<< #19 Mixed 800 Free Relay - CONN-5 A - Leg 4 >>				
Seed Time:	12:36.25		Finals Time:	14:45.67	(2)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Gerald Burbank - 64

Connecticut Masters-5

<< #29 Mixed 400 Medley Relay - CONN-5 A - Leg 1 >>

Seed Time:	6:30.91		Finals Time:	6:32.24	(2)	34
Finals Splits:		42.25	1:25.29 (43.04)	2:11.67 (46.38)	3:03.52 (51.85)	
		4:01.14 (57.62)	5:09.44 (1:08.30)	5:48.70 (39.26)	6:32.24 (43.54)	

<< #39 Mixed 400 Free Relay - CONN-5 C - Leg 4 >>

Seed Time:	8:45.39		Finals Time:	8:27.82	(1)	* 40
Finals Splits:		1:20.30	3:53.16 (2:32.86)		5:03.83 ()	
		5:52.92 (49.09)	6:48.12 (55.20)	7:36.27 (48.15)	8:27.82 (51.55)	

<< #52 Men 200 Medley Relay - CONN-5 A - Leg 1 >>

Seed Time:	2:43.65		Finals Time:	2:38.83	(1)	* 40
Finals Splits:		39.49	1:24.09 (44.60)	1:43.53 (19.44)	2:38.83 (55.30)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Andree Corr - 57

Connecticut Masters-5

		<< #13 Women 55-59 50 Back >>			
Seed Time:	45.00		Finals Time:	41.59 (2) * 17	
		<< #23 Women 55-59 200 Back >>			
Seed Time:	3:40.00		Finals Time:	3:14.95 (1) * 20	
Finals Splits:	46.36	1:36.02 (49.66)	2:25.65 (49.63)	3:14.95 (49.30)	
		<< #33 Women 55-59 50 Free >>			
Seed Time:	42.00		Finals Time:	36.90 (1) * 20	
		<< #41 Women 55-59 100 Back >>			
Seed Time:	1:50.00		Finals Time:	1:30.32 (1) * 20	
Finals Splits:	44.27	1:30.32 (46.05)			
		<< #82 Women 55-59 50 Free >>			
Seed Time:	NT		Finals Time:	36.55 (1)	
		<< #7 Women 200 Free Relay - CONN-5 A - Leg 1 >>			
Seed Time:	2:35.69		Finals Time:	2:15.94 (1) * 40	
Finals Splits:	36.55	1:11.27 (34.72)	1:43.74 (32.47)	2:15.94 (32.20)	
		<< #37 Women 400 Free Relay - CONN-5 A - Leg 2 >>			
Seed Time:	5:32.69		Finals Time:	4:58.59 (1) * 40	
Finals Splits:	29.39	1:01.48 (32.09)	1:39.87 (38.39)	2:21.77 (41.90)	
	2:59.77 (38.00)	3:42.65 (42.88)	4:19.33 (36.68)	4:58.59 (39.26)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Christopher Doyle - 59

Connecticut Masters-5

		<< #6 Men 55-59 100 Fly >>			
Seed Time:	1:07.00		Finals Time:	1:09.17 (3) 16	
Finals Splits:	31.13	1:09.17 (38.04)			
		<< #26 Men 55-59 100 Free >>			
Seed Time:	1:00.00		Finals Time:	1:01.13 (4) 15	
Finals Splits:	29.52	1:01.13 (31.61)			
		<< #83 Men 55-59 50 Free >>			
Seed Time:	NT		Finals Time:	33.65 (3)	
		<< #8 Men 200 Free Relay - CONN-5 B - Leg 1 >>			
Seed Time:	2:12.37		Finals Time:	2:15.63 (2) 34	
Finals Splits:	33.65	1:05.71 (32.06)	1:37.80 (32.09)	2:15.63 (37.83)	
		<< #18 Men 800 Free Relay - CONN-5 B - Leg 2 >>			
Seed Time:	9:35.29		Finals Time:	9:46.93 (1)	
Finals Splits:	38.80	1:20.42 (41.62)	2:02.19 (41.77)	2:40.70 (38.51)	
	3:12.83 (32.13)	3:48.94 (36.11)	4:27.95 (39.01)	5:07.79 (39.84)	
	5:36.04 (28.25)	6:08.19 (32.15)	6:44.51 (36.32)	7:18.57 (34.06)	
	7:53.61 (35.04)	8:30.48 (36.87)	9:08.49 (38.01)	9:46.93 (38.44)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Rob Duguay - 38

Connecticut Masters-5

<< #1 Mixed 35-39 1500 Free >>

Seed Time:	21:06.66	Finals Time:	21:34.66	(2)	17
Finals Splits:	38.87	1:20.51 (41.64)	2:03.27 (42.76)	2:46.34 (43.07)	
	3:29.58 (43.24)	4:12.99 (43.41)	4:56.54 (43.55)	5:40.02 (43.48)	
	6:23.80 (43.78)	7:07.67 (43.87)	7:51.57 (43.90)	8:35.05 (43.48)	
	9:18.65 (43.60)	10:02.56 (43.91)	10:46.54 (43.98)	11:30.38 (43.84)	
	12:14.57 (44.19)	12:58.29 (43.72)	13:41.70 (43.41)	14:25.07 (43.37)	
	15:08.29 (43.22)	15:51.52 (43.23)	16:35.08 (43.56)	17:18.26 (43.18)	
	18:02.11 (43.85)	18:45.46 (43.35)	19:28.83 (43.37)	20:12.17 (43.34)	
	20:55.04 (42.87)	21:34.66 (39.62)			

<< #4 Men 35-39 400 Free >>

Seed Time:	5:30.69	Finals Time:	5:29.48	(3)	* 16
Finals Splits:	38.33	1:19.85 (41.52)	2:02.09 (42.24)	2:44.28 (42.19)	
	3:26.42 (42.14)	4:08.60 (42.18)	4:50.41 (41.81)	5:29.48 (39.07)	

<< #6 Men 35-39 100 Fly >>

Seed Time:	1:41.46	Finals Time:	1:44.56	(3)	16
Finals Splits:	48.20	1:44.56 (56.36)			

<< #12 Men 35-39 200 IM >>

Seed Time:	3:10.64	Finals Time:	3:09.52	(4)	* 15
Finals Splits:	46.50	1:37.50 (51.00)	2:29.80 (52.30)	3:09.52 (39.72)	

<< #16 Men 35-39 100 Breast >>

Seed Time:	1:35.63	Finals Time:	1:37.32	(2)	17
Finals Splits:	46.61	1:37.32 (50.71)			

<< #24 Men 35-39 200 Back >>

Seed Time:	3:10.33	Finals Time:	3:19.82	(2)	17
Finals Splits:	48.73	1:38.72 (49.99)	2:29.50 (50.78)	3:19.82 (50.32)	

<< #26 Men 35-39 100 Free >>

Seed Time:	1:10.45	Finals Time:	1:12.83	(2)	17
Finals Splits:	35.60	1:12.83 (37.23)			

<< #32 Men 35-39 400 IM >>

Seed Time:	6:31.88	Finals Time:	6:46.88	(1)	20
Finals Splits:	50.49	1:48.63 (58.14)	2:41.29 (52.66)	3:31.37 (50.08)	
	4:26.02 (54.65)	5:22.22 (56.20)	6:06.39 (44.17)	6:46.88 (40.49)	

<< #34 Men 35-39 50 Free >>

Seed Time:	33.30	Finals Time:	33.05	(1)	* 20
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<< #36 Men 35-39 200 Breast >>

Seed Time:	3:25.29	Finals Time:	3:31.99	(1)	20
Finals Splits:	48.91	1:42.00 (53.09)	2:37.06 (55.06)	3:31.99 (54.93)	

<< #42 Men 35-39 100 Back >>

Seed Time:	1:35.29	Finals Time:	1:36.91	(1)	20
Finals Splits:	48.90	1:36.91 (48.01)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Rob Duguay - 38

Connecticut Masters-5

		<< #44 Men 35-39 200 Fly >>			
Seed Time:	3:45.21		Finals Time:	3:54.16	(2) 17
Finals Splits:		54.04	1:54.23 (1:00.19)	2:55.02 (1:00.79)	3:54.16 (59.14)
		<< #50 Men 35-39 200 Free >>			
Seed Time:	2:35.43		Finals Time:	2:38.13	(2) 17
Finals Splits:		37.65	1:18.76 (41.11)	2:00.19 (41.43)	2:38.13 (37.94)
		<< #70 Mixed 35-39 200 Free >>			
Seed Time:	NT		Finals Time:	2:40.70	(1)
		<< #8 Men 200 Free Relay - CONN-5 D - Leg 2 >>			
Seed Time:	2:10.39		Finals Time:	2:09.24	(3) * 32
Finals Splits:		39.20	1:11.66 (32.46)	1:38.38 (26.72)	2:09.24 (30.86)
		<< #18 Men 800 Free Relay - CONN-5 B - Leg 1 >>			
Seed Time:	9:35.29		Finals Time:	9:46.93	(1)
Finals Splits:		38.80	1:20.42 (41.62)	2:02.19 (41.77)	2:40.70 (38.51)
		3:12.83 (32.13)	3:48.94 (36.11)	4:27.95 (39.01)	5:07.79 (39.84)
		5:36.04 (28.25)	6:08.19 (32.15)	6:44.51 (36.32)	7:18.57 (34.06)
		7:53.61 (35.04)	8:30.48 (36.87)	9:08.49 (38.01)	9:46.93 (38.44)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Domenick Errico - 31

Connecticut Masters-5

		<< #4 Men 30-34 400 Free >>			
Seed Time:	4:26.19		Finals Time:	4:27.40	(2) 17
Finals Splits:		30.46	1:03.94 (33.48)	1:37.87 (33.93)	2:12.34 (34.47)
		2:45.95 (33.61)	3:19.95 (34.00)	3:54.31 (34.36)	4:27.40 (33.09)
		<< #24 Men 30-34 200 Back >>			
Seed Time:	2:18.45		Finals Time:	2:22.25	(2) 17
Finals Splits:		32.77	1:08.45 (35.68)	1:45.40 (36.95)	2:22.25 (36.85)
		<< #42 Men 30-34 100 Back >>			
Seed Time:	1:01.84		Finals Time:	1:04.64	(2) 17
Finals Splits:		31.16	1:04.64 (33.48)		
		<< #46 Men 30-34 100 IM >>			
Seed Time:	1:04.85		Finals Time:	1:07.15	(3) 16
Finals Splits:		30.32	1:07.15 (36.83)		
		<< #50 Men 30-34 200 Free >>			
Seed Time:	2:05.40		Finals Time:	2:08.15	(1) 20
Finals Splits:		28.80	1:00.80 (32.00)	1:34.41 (33.61)	2:08.15 (33.74)
		<< #86 Mixed 30-34 100 Back >>			
Seed Time:	NT		Finals Time:	1:04.94	(1)
		<< #8 Men 200 Free Relay - CONN-5 D - Leg 3 >>			
Seed Time:	2:10.39		Finals Time:	2:09.24	(3) * 32
Finals Splits:		39.20	1:11.66 (32.46)	1:38.38 (26.72)	2:09.24 (30.86)
		<< #18 Men 800 Free Relay - CONN-5 B - Leg 3 >>			
Seed Time:	9:35.29		Finals Time:	9:46.93	(1)
Finals Splits:		38.80	1:20.42 (41.62)	2:02.19 (41.77)	2:40.70 (38.51)
		3:12.83 (32.13)	3:48.94 (36.11)	4:27.95 (39.01)	5:07.79 (39.84)
		5:36.04 (28.25)	6:08.19 (32.15)	6:44.51 (36.32)	7:18.57 (34.06)
		7:53.61 (35.04)	8:30.48 (36.87)	9:08.49 (38.01)	9:46.93 (38.44)
		<< #28 Men 400 Medley Relay - CONN-5 A - Leg 1 >>			
Seed Time:	5:30.91		Finals Time:	5:25.32	(2) * 34
Finals Splits:		31.29	1:04.94 (33.65)	1:52.62 (47.68)	2:46.95 (54.33)
		3:23.31 (36.36)	4:06.16 (42.85)	4:25.58 (19.42)	5:25.32 (59.74)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Katharine Falotico - 49

Connecticut Masters-5

Seed Time: 10:31.64	<< #3 Women 45-49 400 Free >>	
	Finals Time:	NS
Seed Time: 1:30.69	<< #13 Women 45-49 50 Back >>	
	Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Eduardo Fernandez-Duque - 59

Connecticut Masters-5

		<< #12 Men 55-59 200 IM >>			
Seed Time:	3:18.00		Finals Time:	3:18.39 (7) 12	
Finals Splits:	41.77	1:36.48 (54.71)	2:32.06 (55.58)	3:18.39 (46.33)	
		<< #16 Men 55-59 100 Breast >>			
Seed Time:	1:25.00		Finals Time:	1:29.17 (6) 13	
Finals Splits:	42.72	1:29.17 (46.45)			
		<< #26 Men 55-59 100 Free >>			
Seed Time:	1:08.00		Finals Time:	1:11.30 (10) 7	
Finals Splits:	33.72	1:11.30 (37.58)			
		<< #32 Men 55-59 400 IM >>			
Seed Time:	8:15.00		Finals Time:	Scratched	
		<< #34 Men 55-59 50 Free >>			
Seed Time:	30.50		Finals Time:	NS	
		<< #46 Men 55-59 100 IM >>			
Seed Time:	1:25.00		Finals Time:	1:30.07 (5) 14	
Finals Splits:	42.04	1:30.07 (48.03)			
		<< #48 Men 55-59 50 Breast >>			
Seed Time:	38.50		Finals Time:	NS	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Sandra Ferreira - 62

Connecticut Masters-5

		<< #15 Women 60-64 100 Breast >>			
Seed Time:	1:32.53		Finals Time:	1:31.91 (1) * 20	
Finals Splits:	43.90	1:31.91 (48.01)			
		<< #33 Women 60-64 50 Free >>			
Seed Time:	33.24		Finals Time:	33.58 (1) 20	
		<< #45 Women 60-64 100 IM >>			
Seed Time:	1:25.92		Finals Time:	1:26.16 (1) 20	
Finals Splits:	41.19	1:26.16 (44.97)			
		<< #47 Women 60-64 50 Breast >>			
Seed Time:	41.63		Finals Time:	42.46 (1) 20	
		<< #7 Women 200 Free Relay - CONN-5 A - Leg 3 >>			
Seed Time:	2:35.69		Finals Time:	2:15.94 (1) * 40	
Finals Splits:	36.55	1:11.27 (34.72)	1:43.74 (32.47)	2:15.94 (32.20)	
		<< #37 Women 400 Free Relay - CONN-5 A - Leg 4 >>			
Seed Time:	5:32.69		Finals Time:	4:58.59 (1) * 40	
Finals Splits:	29.39	1:01.48 (32.09)	1:39.87 (38.39)	2:21.77 (41.90)	
	2:59.77 (38.00)	3:42.65 (42.88)	4:19.33 (36.68)	4:58.59 (39.26)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Timofey Karginov - 28

Connecticut Masters-5

<< #4 Men 25-29 400 Free >>

Seed Time:	5:15.00	Finals Time:	5:21.14	(4)	15
Finals Splits:	36.38	1:15.11 (38.73)	1:55.15 (40.04)	2:36.63 (41.48)	
	3:18.70 (42.07)	3:59.98 (41.28)	4:41.43 (41.45)	5:21.14 (39.71)	

<< #8 Men 200 Free Relay - CONN-5 D - Leg 4 >>

Seed Time:	2:10.39	Finals Time:	2:09.24	(3)	* 32
Finals Splits:	39.20	1:11.66 (32.46)	1:38.38 (26.72)	2:09.24 (30.86)	

<< #18 Men 800 Free Relay - CONN-5 B - Leg 4 >>

Seed Time:	9:35.29	Finals Time:	9:46.93	(1)	
Finals Splits:	38.80	1:20.42 (41.62)	2:02.19 (41.77)	2:40.70 (38.51)	
	3:12.83 (32.13)	3:48.94 (36.11)	4:27.95 (39.01)	5:07.79 (39.84)	
	5:36.04 (28.25)	6:08.19 (32.15)	6:44.51 (36.32)	7:18.57 (34.06)	
	7:53.61 (35.04)	8:30.48 (36.87)	9:08.49 (38.01)	9:46.93 (38.44)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Robert Lamontagne - 65

Connecticut Masters-5

		<< #16 Men 65-69 100 Breast >>			
Seed Time:	1:39.06		Finals Time:	1:41.76	(3) 16
Finals Splits:	48.74	1:41.76 (53.02)			
		<< #36 Men 65-69 200 Breast >>			
Seed Time:	3:39.62		Finals Time:	3:47.25	(2) 17
Finals Splits:	50.46	1:48.08 (57.62)	2:47.71 (59.63)	3:47.25 (59.54)	
		<< #48 Men 65-69 50 Breast >>			
Seed Time:	44.28		Finals Time:	45.34	(2) 17
		<< #83 Men 65-69 50 Free >>			
Seed Time:	NT		Finals Time:	39.20	(1)
		<< #8 Men 200 Free Relay - CONN-5 D - Leg 1 >>			
Seed Time:	2:10.39		Finals Time:	2:09.24	(3) * 32
Finals Splits:	39.20	1:11.66 (32.46)	1:38.38 (26.72)	2:09.24 (30.86)	
		<< #28 Men 400 Medley Relay - CONN-5 A - Leg 2 >>			
Seed Time:	5:30.91		Finals Time:	5:25.32	(2) * 34
Finals Splits:	31.29	1:04.94 (33.65)	1:52.62 (47.68)	2:46.95 (54.33)	
	3:23.31 (36.36)	4:06.16 (42.85)	4:25.58 (19.42)	5:25.32 (59.74)	
		<< #39 Mixed 400 Free Relay - CONN-5 C - Leg 3 >>			
Seed Time:	8:45.39		Finals Time:	8:27.82	(1) * 40
Finals Splits:	1:20.30	3:53.16 (2:32.86)		5:03.83 ()	
	5:52.92 (49.09)	6:48.12 (55.20)	7:36.27 (48.15)	8:27.82 (51.55)	
		<< #52 Men 200 Medley Relay - CONN-5 A - Leg 2 >>			
Seed Time:	2:43.65		Finals Time:	2:38.83	(1) * 40
Finals Splits:	39.49	1:24.09 (44.60)	1:43.53 (19.44)	2:38.83 (55.30)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Vincent Laudone - 68

Connecticut Masters-5

Seed Time: 30.78 **<< #34 Men 65-69 50 Free >>**
Finals Time: 30.69 (1) * 20

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Eileen Lawrence - 56

Connecticut Masters-5

Seed Time:	38.92	<< #13 Women 55-59 50 Back >>	
		Finals Time:	Scratched
Seed Time:	36.50	<< #21 Women 55-59 50 Fly >>	
		Finals Time:	Scratched
Seed Time:	31.80	<< #33 Women 55-59 50 Free >>	
		Finals Time:	NS
Seed Time:	1:25.24	<< #45 Women 55-59 100 IM >>	
		Finals Time:	NS
Seed Time:	43.00	<< #47 Women 55-59 50 Breast >>	
		Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Linda Lepeak - 59

Connecticut Masters-5

<< #3 Women 55-59 400 Free >>

Seed Time:	6:20.09	Finals Time:	5:29.31	(1) * 20
Finals Splits:	38.63	1:19.53 (40.90)	2:00.65 (41.12)	2:42.43 (41.78)
	3:23.57 (41.14)	4:05.38 (41.81)	4:47.42 (42.04)	5:29.31 (41.89)

<< #13 Women 55-59 50 Back >>

Seed Time:	45.09	Finals Time:	38.60	(1) * 20
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<< #21 Women 55-59 50 Fly >>

Seed Time:	45.09	Finals Time:	NS
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<< #25 Women 55-59 100 Free >>

Seed Time:	1:25.09	Finals Time:	NS
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<< #7 Women 200 Free Relay - CONN-5 A - Leg 4 >>

Seed Time:	2:35.69	Finals Time:	2:15.94	(1) * 40
Finals Splits:	36.55	1:11.27 (34.72)	1:43.74 (32.47)	2:15.94 (32.20)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Anne McAndrew - 44

Connecticut Masters-5

Seed Time:	1:00.57	<< #25 Women 40-44 100 Free >>			
		Finals Time:	Scratched		
Seed Time:	26.93	<< #33 Women 40-44 50 Free >>			
		Finals Time:	27.38	(1) 20	
		NELMSC: 27.67S			
Seed Time:	1:10.76	<< #45 Women 40-44 100 IM >>			
		Finals Time:	NS		
Seed Time:	NT	<< #92 Mixed 40-44 100 Free >>			
		Finals Time:	1:01.48	(1)	
Seed Time:	5:32.69	<< #37 Women 400 Free Relay - CONN-5 A - Leg 1 >>			
		Finals Time:	4:58.59	(1) * 40	
Finals Splits:		29.39	1:01.48 (32.09)	1:39.87 (38.39)	2:21.77 (41.90)
		2:59.77 (38.00)	3:42.65 (42.88)	4:19.33 (36.68)	4:58.59 (39.26)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kenneth McKinney - 84

Connecticut Masters-5

Seed Time:	55.00	<< #14 Men 80-84 50 Back >>	
		Finals Time:	NS
Seed Time:	1:45.00	<< #26 Men 80-84 100 Free >>	
		Finals Time:	Scratched
Seed Time:	46.00	<< #34 Men 80-84 50 Free >>	
		Finals Time:	NS
Seed Time:	2:05.00	<< #42 Men 80-84 100 Back >>	
		Finals Time:	NS
Seed Time:	50.00	<< #48 Men 80-84 50 Breast >>	
		Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Brian Miller - 54

Connecticut Masters-5

Seed Time:	1:32.95	<< #16 Men 50-54 100 Breast >>	
		Finals Time:	Scratched
Seed Time:	1:11.77	<< #26 Men 50-54 100 Free >>	
		Finals Time:	Scratched
Seed Time:	32.05	<< #34 Men 50-54 50 Free >>	
		Finals Time:	NS
Seed Time:	39.86	<< #48 Men 50-54 50 Breast >>	
		Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ann Louise Onton - 80

Connecticut Masters-5

<< #1 Mixed 80-84 1500 Free >>

Seed Time:	41:35.44	Finals Time:		53:46.77	(1)	20
Finals Splits:	1:28.15	3:06.51 (1:38.36)	4:48.02 (1:41.51)	6:30.16 (1:42.14)		
	8:14.24 (1:44.08)	9:56.91 (1:42.67)		13:28.46 ()		
	15:18.11 (1:49.65)	17:03.14 (1:45.03)	18:51.32 (1:48.18)	20:40.86 (1:49.54)		
	22:29.13 (1:48.27)	24:14.98 (1:45.85)	26:04.90 (1:49.92)	27:47.77 (1:42.87)		
	29:36.72 (1:48.95)	31:23.33 (1:46.61)	33:12.11 (1:48.78)	35:01.50 (1:49.39)		
	36:53.55 (1:52.05)	38:45.64 (1:52.09)	40:34.98 (1:49.34)	42:30.51 (1:55.53)		
	44:24.04 (1:53.53)	46:15.90 (1:51.86)	48:07.38 (1:51.48)	50:01.45 (1:54.07)		
	51:58.11 (1:56.66)	53:46.77 (1:48.66)				

<< #3 Women 80-84 400 Free >>

Seed Time:	11:18.57	Finals Time:		13:47.60	(2)	17
Finals Splits:	1:25.66		3:08.02 ()	4:49.48 (1:41.46)		
		6:35.40 ()	13:47.60 (7:12.20)			

<< #5 Women 80-84 100 Fly >>

Seed Time:	3:50.50	Finals Time:		5:29.66	(1)	20
Finals Splits:	2:35.92	5:29.66 (2:53.74)				

<< #11 Women 80-84 200 IM >>

Seed Time:	6:02.67	Finals Time:		8:38.74	(1)	20
Finals Splits:	2:39.69	4:36.78 (1:57.09)	7:04.76 (2:27.98)	8:38.74 (1:33.98)		

<< #15 Women 80-84 100 Breast >>

Seed Time:	2:51.24	Finals Time:		4:40.80	(2)	17
Finals Splits:	2:08.79	4:40.80 (2:32.01)				

<< #21 Women 80-84 50 Fly >>

Seed Time:	2:05.54	Finals Time:		2:48.74	(1)	20
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<< #23 Women 80-84 200 Back >>

Seed Time:	5:53.11	Finals Time:		7:49.57	(1)	20
Finals Splits:	1:51.70	3:51.16 (1:59.46)	5:50.69 (1:59.53)	7:49.57 (1:58.88)		

<< #31 Women 80-84 400 IM >>

Seed Time:	13:45.47	Finals Time:		18:00.50	(1)	20
Finals Splits:	2:47.07	5:53.87 (3:06.80)	7:47.20 (1:53.33)	9:45.61 (1:58.41)		
	12:12.06 (2:26.45)	14:44.26 (2:32.20)	16:23.85 (1:39.59)	18:00.50 (1:36.65)		

<< #35 Women 80-84 200 Breast >>

Seed Time:	6:34.54	Finals Time:		9:47.21	(2)	17
		4:43.68 ()	7:15.94 (2:32.26)	9:47.21 (2:31.27)		

<< #41 Women 80-84 100 Back >>

Seed Time:	2:43.72	Finals Time:		3:36.64	(2)	17
Finals Splits:	1:46.27	3:36.64 (1:50.37)				

<< #43 Women 80-84 200 Fly >>

Seed Time:	10:33.50	Finals Time:		12:14.34	(1)	20
Finals Splits:	2:50.83	6:03.56 (3:12.73)	9:16.16 (3:12.60)	12:14.34 (2:58.18)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ann Louise Onton - 80

Connecticut Masters-5

		<< #45 Women 80-84 100 IM >>					
Seed Time:	2:38.43		Finals Time:	4:03.60	(2)	17	
Finals Splits:		2:07.09	4:03.60 (1:56.51)				
		<< #47 Women 80-84 50 Breast >>					
Seed Time:	1:17.23		Finals Time:	2:01.86	(1)	20	
		<< #92 Mixed 80-84 100 Free >>					
Seed Time:	NT		Finals Time:	3:53.16	(1)		
		<< #7 Women 200 Free Relay - CONN-5 C - Leg 3 >>					
Seed Time:	4:20.69		Finals Time:	NS			
		<< #39 Mixed 400 Free Relay - CONN-5 C - Leg 1 >>					
Seed Time:	8:45.39		Finals Time:	8:27.82	(1)	* 40	
Finals Splits:		1:20.30	3:53.16 (2:32.86)			5:03.83 ()	
		5:52.92 (49.09)	6:48.12 (55.20)	7:36.27 (48.15)		8:27.82 (51.55)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Sarah Perkins - 39

Connecticut Masters-5

<< #1 Mixed 35-39 1500 Free >>

Seed Time:	39:48.66	Finals Time:	37:59.48	(5) * 14
Finals Splits:	1:03.94	2:15.00 (1:11.06)	3:28.98 (1:13.98)	4:43.20 (1:14.22)
	5:56.18 (1:12.98)	7:11.20 (1:15.02)	8:26.27 (1:15.07)	9:41.70 (1:15.43)
	10:56.29 (1:14.59)	12:10.99 (1:14.70)	13:27.08 (1:16.09)	14:43.24 (1:16.16)
	15:58.87 (1:15.63)	17:15.63 (1:16.76)	18:31.03 (1:15.40)	19:48.49 (1:17.46)
	21:05.97 (1:17.48)	22:23.41 (1:17.44)	23:39.92 (1:16.51)	24:57.47 (1:17.55)
	26:14.79 (1:17.32)	27:33.30 (1:18.51)	28:50.99 (1:17.69)	30:10.17 (1:19.18)
	31:29.12 (1:18.95)	32:50.37 (1:21.25)	34:08.97 (1:18.60)	35:28.96 (1:19.99)
	36:46.72 (1:17.76)	37:59.48 (1:12.76)		

<< #7 Women 200 Free Relay - CONN-5 C - Leg 1 >>

Seed Time: 4:20.69 **Finals Time:** NS

<< #19 Mixed 800 Free Relay - CONN-5 A - Leg 1 >>

Seed Time: 12:36.25 **Finals Time:** 14:45.67 (2)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jim Randel - 74

Connecticut Masters-5

Seed Time:	32.88	<< #34 Men 70-74 50 Free >>	
		Finals Time:	Scratched
Seed Time:	44.91	<< #48 Men 70-74 50 Breast >>	
		Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

James Robison - 55

Connecticut Masters-5

		<< #1 Mixed 55-59 1500 Free >>			
Seed Time:	25:00.00		Finals Time:	Scratched	
		<< #4 Men 55-59 400 Free >>			
Seed Time:	5:20.00		Finals Time:	5:50.67	(4) 15
Finals Splits:		36.60	1:17.64 (41.04)	2:00.53 (42.89)	2:45.86 (45.33)
		3:31.62 (45.76)	4:18.26 (46.64)	5:05.50 (47.24)	5:50.67 (45.17)
		<< #16 Men 55-59 100 Breast >>			
Seed Time:	1:30.00		Finals Time:	1:36.59	(7) 12
Finals Splits:		44.36	1:36.59 (52.23)		
		<< #26 Men 55-59 100 Free >>			
Seed Time:	1:15.00		Finals Time:	1:15.96	(11) 6
Finals Splits:		35.86	1:15.96 (40.10)		
		<< #34 Men 55-59 50 Free >>			
Seed Time:	35.00		Finals Time:	31.26	(6) * 13
		<< #48 Men 55-59 50 Breast >>			
Seed Time:	45.00		Finals Time:	42.31	(3) * 16
		<< #50 Men 55-59 200 Free >>			
Seed Time:	2:30.00		Finals Time:	2:42.38	(5) 14
Finals Splits:		35.21	1:14.77 (39.56)	1:58.43 (43.66)	2:42.38 (43.95)
		<< #8 Men 200 Free Relay - CONN-5 B - Leg 3 >>			
Seed Time:	2:12.37		Finals Time:	2:15.63	(2) 34
Finals Splits:		33.65	1:05.71 (32.06)	1:37.80 (32.09)	2:15.63 (37.83)
		<< #19 Mixed 800 Free Relay - CONN-5 A - Leg 3 >>			
Seed Time:	12:36.25		Finals Time:	14:45.67	(2)
		<< #28 Men 400 Medley Relay - CONN-5 A - Leg 4 >>			
Seed Time:	5:30.91		Finals Time:	5:25.32	(2) * 34
Finals Splits:		31.29	1:04.94 (33.65)	1:52.62 (47.68)	2:46.95 (54.33)
		3:23.31 (36.36)	4:06.16 (42.85)	4:25.58 (19.42)	5:25.32 (59.74)
		<< #52 Men 200 Medley Relay - CONN-5 A - Leg 4 >>			
Seed Time:	2:43.65		Finals Time:	2:38.83	(1) * 40
Finals Splits:		39.49	1:24.09 (44.60)	1:43.53 (19.44)	2:38.83 (55.30)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Janit Romayko - 78

Connecticut Masters-5

		<< #15 Women 75-79 100 Breast >>			
Seed Time:	2:10.00	Finals Time:	2:22.99	(2)	17
Finals Splits:	1:07.00	2:22.99 (1:15.99)			
		<< #35 Women 75-79 200 Breast >>			
Seed Time:	4:55.00	Finals Time:	5:06.57	(2)	17
Finals Splits:	1:08.12	2:25.95 (1:17.83)	3:46.95 (1:21.00)	5:06.57 (1:19.62)	
		<< #47 Women 75-79 50 Breast >>			
Seed Time:	59.00	Finals Time:	1:04.56	(2)	17
		<< #7 Women 200 Free Relay - CONN-5 C - Leg 2 >>			
Seed Time:	4:20.69	Finals Time:	NS		
		<< #39 Mixed 400 Free Relay - CONN-5 C - Leg 2 >>			
Seed Time:	8:45.39	Finals Time:	8:27.82	(1)	* 40
Finals Splits:	1:20.30	3:53.16 (2:32.86)		5:03.83 ()	
	5:52.92 (49.09)	6:48.12 (55.20)	7:36.27 (48.15)	8:27.82 (51.55)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Rae Ann Rutkowski - 61

Connecticut Masters-5

Seed Time:	1:58.00	<< #15 Women 60-64 100 Breast >>	Finals Time:	Scratched
Seed Time:	1:42.00	<< #25 Women 60-64 100 Free >>	Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Timothy Scully - 31

Connecticut Masters-5

		<< #16 Men 30-34 100 Breast >>			
Seed Time:	1:20.50	Finals Time:	1:27.08	(8)	11
Finals Splits:		40.68	1:27.08 (46.40)		
		<< #22 Men 30-34 50 Fly >>			
Seed Time:	33.00	Finals Time:	30.91	(4) *	15

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ally Sega - 50

Connecticut Masters-5

		<< #5 Women 50-54 100 Fly >>			
Seed Time:	2:01.73		Finals Time:	1:59.77	(2) * 17
Finals Splits:		56.49	1:59.77 (1:03.28)		
		<< #11 Women 50-54 200 IM >>			
Seed Time:	3:57.31		Finals Time:	4:16.30	(4) 15
Finals Splits:		58.96	2:02.03 (1:03.07)	3:17.95 (1:15.92)	4:16.30 (58.35)
		<< #15 Women 50-54 100 Breast >>			
Seed Time:	2:20.60		Finals Time:	2:19.37	(1) * 20
Finals Splits:		1:08.18	2:19.37 (1:11.19)		
		<< #21 Women 50-54 50 Fly >>			
Seed Time:	51.25		Finals Time:	57.10	(6) 13
		<< #23 Women 50-54 200 Back >>			
Seed Time:	4:54.96		Finals Time:	4:12.69	(2) * 17
Finals Splits:		1:01.43	2:05.86 (1:04.43)	3:11.40 (1:05.54)	4:12.69 (1:01.29)
		<< #33 Women 50-54 50 Free >>			
Seed Time:	55.90		Finals Time:	46.83	(8) * 11
		<< #35 Women 50-54 200 Breast >>			
Seed Time:	5:41.62		Finals Time:	5:04.36	(2) * 17
Finals Splits:		1:12.83	2:30.78 (1:17.95)	3:49.09 (1:18.31)	5:04.36 (1:15.27)
		<< #43 Women 50-54 200 Fly >>			
Seed Time:	5:07.52		Finals Time:	4:39.66	(2) * 17
Finals Splits:		1:06.30	2:16.03 (1:09.73)	3:29.28 (1:13.25)	4:39.66 (1:10.38)
		<< #49 Women 50-54 200 Free >>			
Seed Time:	3:52.02		Finals Time:	4:07.01	(5) 14
Finals Splits:		55.92	1:59.36 (1:03.44)	3:04.92 (1:05.56)	4:07.01 (1:02.09)
		<< #7 Women 200 Free Relay - CONN-5 C - Leg 4 >>			
Seed Time:	4:20.69		Finals Time:	NS	
		<< #19 Mixed 800 Free Relay - CONN-5 A - Leg 2 >>			
Seed Time:	12:36.25		Finals Time:	14:45.67	(2)
		<< #29 Mixed 400 Medley Relay - CONN-5 A - Leg 3 >>			
Seed Time:	6:30.91		Finals Time:	6:32.24	(2) 34
Finals Splits:		42.25	1:25.29 (43.04)	2:11.67 (46.38)	3:03.52 (51.85)
		4:01.14 (57.62)	5:09.44 (1:08.30)	5:48.70 (39.26)	6:32.24 (43.54)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jason Shine - 44

Connecticut Masters-5

		<< #26 Men 40-44 100 Free >>		
Seed Time:	1:20.00	Finals Time:	1:17.85	(4) * 15
Finals Splits:	36.90	1:17.85 (40.95)		
		<< #34 Men 40-44 50 Free >>		
Seed Time:	33.00	Finals Time:	NS	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Marta Anne Taddeo - 45

Connecticut Masters-5

<< #3 Women 45-49 400 Free >>

Seed Time:	5:54.02	Finals Time:	6:00.34	(5)	14
Finals Splits:	39.73	1:24.50 (44.77)	2:10.46 (45.96)	2:56.24 (45.78)	
	3:41.95 (45.71)	4:28.07 (46.12)	5:14.55 (46.48)	6:00.34 (45.79)	

<< #5 Women 45-49 100 Fly >>

Seed Time:	1:39.11	Finals Time:	1:36.96	(3)	* 16
Finals Splits:	44.85	1:36.96 (52.11)			

<< #11 Women 45-49 200 IM >>

Seed Time:	3:16.60	Finals Time:	3:17.59	(5)	14
Finals Splits:	44.21	1:39.50 (55.29)	2:33.90 (54.40)	3:17.59 (43.69)	

<< #15 Women 45-49 100 Breast >>

Seed Time:	1:37.17	Finals Time:	1:37.42	(1)	20
Finals Splits:	46.37	1:37.42 (51.05)			

<< #21 Women 45-49 50 Fly >>

Seed Time:	41.13	Finals Time:	41.06	(2)	* 17
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<< #23 Women 45-49 200 Back >>

Seed Time:	3:24.22	Finals Time:	3:19.89	(2)	* 17
Finals Splits:	47.64	1:38.05 (50.41)	2:29.16 (51.11)	3:19.89 (50.73)	

<< #31 Women 45-49 400 IM >>

Seed Time:	7:20.00	Finals Time:	6:54.95	(2)	* 17
Finals Splits:	46.06	1:39.44 (53.38)	2:35.47 (56.03)	3:30.94 (55.47)	
	4:26.27 (55.33)	5:23.11 (56.84)	6:09.35 (46.24)	6:54.95 (45.60)	

<< #35 Women 45-49 200 Breast >>

Seed Time:	3:45.00	Finals Time:	3:30.52	(1)	* 20
Finals Splits:	47.94	1:41.05 (53.11)	2:36.08 (55.03)	3:30.52 (54.44)	

<< #41 Women 45-49 100 Back >>

Seed Time:	1:40.00	Finals Time:	1:39.45	(3)	* 16
Finals Splits:	48.85	1:39.45 (50.60)			

<< #43 Women 45-49 200 Fly >>

Seed Time:	3:50.00	Finals Time:	3:45.18	(2)	* 17
Finals Splits:	50.85	1:47.84 (56.99)	2:46.06 (58.22)	3:45.18 (59.12)	

<< #47 Women 45-49 50 Breast >>

Seed Time:	45.00	Finals Time:	44.51	(2)	* 17
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<< #49 Women 45-49 200 Free >>

Seed Time:	3:00.00	Finals Time:	2:53.77	(3)	* 16
Finals Splits:	40.89	1:25.96 (45.07)	2:11.21 (45.25)	2:53.77 (42.56)	

<< #7 Women 200 Free Relay - CONN-5 A - Leg 2 >>

Seed Time:	2:35.69	Finals Time:	2:15.94	(1)	* 40
Finals Splits:	36.55	1:11.27 (34.72)	1:43.74 (32.47)	2:15.94 (32.20)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Marta Anne Taddeo - 45

Connecticut Masters-5

<< #29 Mixed 400 Medley Relay - CONN-5 A - Leg 2 >>

Seed Time:	6:30.91		Finals Time:	6:32.24	(2)	34
Finals Splits:		42.25	1:25.29 (43.04)	2:11.67 (46.38)	3:03.52 (51.85)	
		4:01.14 (57.62)	5:09.44 (1:08.30)	5:48.70 (39.26)	6:32.24 (43.54)	

<< #37 Women 400 Free Relay - CONN-5 A - Leg 3 >>

Seed Time:	5:32.69		Finals Time:	4:58.59	(1)	* 40
Finals Splits:		29.39	1:01.48 (32.09)	1:39.87 (38.39)	2:21.77 (41.90)	
		2:59.77 (38.00)	3:42.65 (42.88)	4:19.33 (36.68)	4:58.59 (39.26)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ben Wyckoff - 59

Connecticut Masters-5

		<< #6 Men 55-59 100 Fly >>			
Seed Time:	1:11.27		Finals Time:	1:10.60	(4) * 15
Finals Splits:		33.07	1:10.60 (37.53)		
		<< #14 Men 55-59 50 Back >>			
Seed Time:	36.93		Finals Time:	38.85	(2) 17
		<< #16 Men 55-59 100 Breast >>			
Seed Time:	1:20.96		Finals Time:	1:23.66	(4) 15
Finals Splits:		40.34	1:23.66 (43.32)		
		<< #22 Men 55-59 50 Fly >>			
Seed Time:	29.46		Finals Time:	30.27	(3) 16
		<< #26 Men 55-59 100 Free >>			
Seed Time:	1:04.64		Finals Time:	1:06.11	(6) 13
Finals Splits:		32.43	1:06.11 (33.68)		
		<< #34 Men 55-59 50 Free >>			
Seed Time:	28.60		Finals Time:	29.27	(4) 15
		<< #36 Men 55-59 200 Breast >>			
Seed Time:	3:20.00		Finals Time:	3:18.73	(2) * 17
Finals Splits:		45.51	1:35.54 (50.03)	2:27.76 (52.22)	3:18.73 (50.97)
		<< #44 Men 55-59 200 Fly >>			
Seed Time:	3:12.59		Finals Time:	NS	
		<< #46 Men 55-59 100 IM >>			
Seed Time:	1:12.07		Finals Time:	1:17.94	(3) 16
Finals Splits:		38.31	1:17.94 (39.63)		
		<< #48 Men 55-59 50 Breast >>			
Seed Time:	36.59		Finals Time:	37.42	(2) 17
		<< #50 Men 55-59 200 Free >>			
Seed Time:	2:30.83		Finals Time:	2:33.57	(3) 16
Finals Splits:		36.82	1:15.72 (38.90)	1:55.74 (40.02)	2:33.57 (37.83)
		<< #8 Men 200 Free Relay - CONN-5 B - Leg 4 >>			
Seed Time:	2:12.37		Finals Time:	2:15.63	(2) 34
Finals Splits:		33.65	1:05.71 (32.06)	1:37.80 (32.09)	2:15.63 (37.83)
		<< #28 Men 400 Medley Relay - CONN-5 A - Leg 3 >>			
Seed Time:	5:30.91		Finals Time:	5:25.32	(2) * 34
Finals Splits:		31.29	1:04.94 (33.65)	1:52.62 (47.68)	2:46.95 (54.33)
		3:23.31 (36.36)	4:06.16 (42.85)	4:25.58 (19.42)	5:25.32 (59.74)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Lee Ann Banks - 62

Edge Masters-2

Seed Time:	39.86	<< #13 Women 60-64 50 Back >>		
		Finals Time:	38.77	(1) * 20
Seed Time:	2:57.60	<< #23 Women 60-64 200 Back >>		
Finals Splits:	42.91	1:28.04 (45.13)	2:14.79 (46.75)	3:01.09 (46.30)
Seed Time:	1:15.48	<< #25 Women 60-64 100 Free >>		
Finals Splits:	36.77	1:15.10 (38.33)		(1) * 20
Seed Time:	35.30	<< #33 Women 60-64 50 Free >>		
		Finals Time:	34.23	(2) * 17
Seed Time:	1:25.57	<< #41 Women 60-64 100 Back >>		
Finals Splits:	40.16	1:23.93 (43.77)		(1) * 20
Seed Time:	1:34.05	<< #45 Women 60-64 100 IM >>		
Finals Splits:	41.45	1:28.97 (47.52)		(2) * 17
Seed Time:	2:46.50	<< #49 Women 60-64 200 Free >>		
Finals Splits:	38.02	1:20.31 (42.29)	2:03.43 (43.12)	2:45.21 (41.78)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Steve Delosh - 68

Flaherty Masters-2

Seed Time:	50.00	<< #34 Men 65-69 50 Free >>			
		Finals Time:	42.40	(6)	* 13
Seed Time:	55.00	<< #48 Men 65-69 50 Breast >>			
		Finals Time:	56.49	(5)	14

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Fiona Atkinson - 73

Granite State Penguins (Nh)-2

		<< #15 Women 70-74 100 Breast >>			
Seed Time:	2:02.66	Finals Time:	2:02.49	(3)	* 16
Finals Splits:	56.35	2:02.49 (1:06.14)			
		<< #25 Women 70-74 100 Free >>			
Seed Time:	1:28.05	Finals Time:	1:27.61	(1)	* 20
Finals Splits:	41.58	1:27.61 (46.03)			
		<< #33 Women 70-74 50 Free >>			
Seed Time:	40.00	Finals Time:	39.06	(1)	* 20
		<< #47 Women 70-74 50 Breast >>			
Seed Time:	52.07	Finals Time:	54.21	(1)	20
		<< #27 Women 400 Medley Relay - GSP-2 A - Leg 2 >>			
Seed Time:	6:36.90	Finals Time:	6:46.82	(1)	40
		ZONECHAMPS: 9:05.99S			
		<< #37 Women 400 Free Relay - GSP-2 A - Leg 3 >>			
Seed Time:	2:50.00	Finals Time:	5:26.90	(1)	40
		ZONECHAMPS: 5:49.39S NELMSC: 6:00.99S			
Finals Splits:	38.76	1:21.84 (43.08)	2:05.13 (43.29)	2:53.67 (48.54)	
	3:37.36 (43.69)	4:25.84 (48.48)	4:54.89 (29.05)	5:26.90 (32.01)	
		<< #53 Mixed 200 Medley Relay - GSP-2 B - Leg 2 >>			
Seed Time:	2:34.20	Finals Time:	2:41.63	(2)	34
Finals Splits:	39.22	1:33.37 (54.15)	2:07.22 (33.85)	2:41.63 (34.41)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Christina Baudis - 47

Granite State Penguins (Nh)-2

<< #1 Mixed 45-49 1500 Free >>

Seed Time:	22:00.00		Finals Time:	21:35.78	(2) * 17
Finals Splits:		38.46	1:20.53 (42.07)	2:03.12 (42.59)	2:46.11 (42.99)
		3:29.01 (42.90)	4:12.51 (43.50)	4:55.57 (43.06)	5:39.06 (43.49)
		6:22.48 (43.42)	7:05.80 (43.32)	7:49.23 (43.43)	8:32.54 (43.31)
		9:15.97 (43.43)	9:59.69 (43.72)	10:43.37 (43.68)	11:26.52 (43.15)
		12:10.32 (43.80)	12:54.16 (43.84)	13:38.17 (44.01)	14:21.92 (43.75)
		15:05.30 (43.38)	15:48.93 (43.63)	16:32.68 (43.75)	17:16.48 (43.80)
		17:59.92 (43.44)	18:43.43 (43.51)	19:26.92 (43.49)	20:10.47 (43.55)
		20:53.66 (43.19)	21:35.78 (42.12)		

<< #3 Women 45-49 400 Free >>

Seed Time:	5:27.35		Finals Time:	5:31.82	(3) 16
Finals Splits:		38.43	1:19.84 (41.41)	2:02.10 (42.26)	2:44.41 (42.31)
		3:26.87 (42.46)	4:09.06 (42.19)	4:50.83 (41.77)	5:31.82 (40.99)

<< #5 Women 45-49 100 Fly >>

Seed Time:	1:30.71		Finals Time:	1:24.44	(1) * 20
Finals Splits:		41.09	1:24.44 (43.35)		

<< #11 Women 45-49 200 IM >>

Seed Time:	3:09.55		Finals Time:	3:03.51	(2) * 17
Finals Splits:		39.86	1:27.73 (47.87)	2:21.76 (54.03)	3:03.51 (41.75)

<< #7 Women 200 Free Relay - GSP-2 A - Leg 4 >>

Seed Time:	2:19.00		Finals Time:	2:23.07	(1) 40
Finals Splits:		34.27	1:09.22 (34.95)	1:47.80 (38.58)	2:23.07 (35.27)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Lauren Blake - 26

Granite State Penguins (Nh)-2

		<< #11 Women 25-29 200 IM >>			
Seed Time:	2:40.00		Finals Time:	2:45.83 (5) 14	
Finals Splits:	36.49	1:18.83 (42.34)	2:07.77 (48.94)	2:45.83 (38.06)	
		<< #15 Women 25-29 100 Breast >>			
Seed Time:	1:32.14		Finals Time:	1:27.06 (4) * 15	
Finals Splits:	40.43	1:27.06 (46.63)			
		<< #23 Women 25-29 200 Back >>			
Seed Time:	3:00.00		Finals Time:	NS	
		<< #7 Women 200 Free Relay - GSP-2 A - Leg 2 >>			
Seed Time:	2:02.00		Finals Time:	1:59.89 (2) * 34	
Finals Splits:	32.00	1:01.51 (29.51)	1:32.93 (31.42)	1:59.89 (26.96)	
		<< #17 Women 800 Free Relay - GSP-2 A - Leg 4 >>			
Seed Time:	10:44.31		Finals Time:	11:06.12 (1)	
		ZONECHAMPS: 13:27.63S			
Finals Splits:	37.99	1:19.63 (41.64)	2:02.08 (42.45)	2:42.76 (40.68)	
	3:18.83 (36.07)	3:58.39 (39.56)	4:40.15 (41.76)	5:21.31 (41.16)	
	6:03.66 (42.35)	6:51.61 (47.95)	7:41.71 (50.10)	8:32.23 (50.52)	
	9:06.85 (34.62)	9:46.20 (39.35)	10:26.37 (40.17)	11:06.12 (39.75)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Brittany Butcher - 38

Granite State Penguins (Nh)-2

		<< #5 Women 35-39 100 Fly >>			
Seed Time:	1:09.61	Finals Time:	1:06.26	(1) * 20	
Finals Splits:	30.75	1:06.26 (35.51)			
		<< #13 Women 35-39 50 Back >>			
Seed Time:	33.43	Finals Time:	30.86	(1) * 20	
		ZONECHAMPS: 32.05S NELMSC: 32.12S			
		<< #23 Women 35-39 200 Back >>			
Seed Time:	2:24.00	Finals Time:	2:23.70	(1) * 20	
		ZONECHAMPS: 2:25.57S NELMSC: 2:29.07S			
Finals Splits:	33.29	1:09.47 (36.18)	1:46.62 (37.15)	2:23.70 (37.08)	
		<< #41 Women 35-39 100 Back >>			
Seed Time:	1:08.60	Finals Time:	1:05.49	(1) * 20	
		ZONECHAMPS: 1:07.21S NELMSC: 1:08.57S			
Finals Splits:	31.85	1:05.49 (33.64)			
		<< #45 Women 35-39 100 IM >>			
Seed Time:	1:12.00	Finals Time:	1:09.55	(2) * 17	
		ZONECHAMPS: 1:09.59S NELMSC: 1:10.18S			
Finals Splits:	30.76	1:09.55 (38.79)			
		<< #9 Mixed 200 Free Relay - GSP-2 A - Leg 2 >>			
Seed Time:	2:12.50	Finals Time:	2:01.51	(1) * 40	
		<< #29 Mixed 400 Medley Relay - GSP-2 A - Leg 3 >>			
Seed Time:	4:29.50	Finals Time:	4:28.97	(1) * 40	
Finals Splits:	31.21	1:03.75 (32.54)	1:40.49 (36.74)	2:21.11 (40.62)	
	2:53.49 (32.38)	3:32.26 (38.77)	4:28.97 (56.71)		
		<< #53 Mixed 200 Medley Relay - GSP-2 A - Leg 3 >>			
Seed Time:	2:01.80	Finals Time:	1:58.30	(1) * 40	
Finals Splits:	28.33	1:01.96 (33.63)	1:31.28 (29.32)	1:58.30 (27.02)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Addison Carder-Cannillo - 24

Granite State Penguins (Nh)-2

		<< #4 Men 18-24 400 Free >>			
Seed Time:	4:41.68		Finals Time:	4:38.34 (1) * 20	
Finals Splits:		30.25	1:03.63 (33.38)	1:37.99 (34.36) 2:13.32 (35.33)	
		2:49.71 (36.39)	3:26.49 (36.78)	4:03.19 (36.70) 4:38.34 (35.15)	
		<< #16 Men 18-24 100 Breast >>			
Seed Time:	1:13.60		Finals Time:	1:15.77 (1) 20	
Finals Splits:		35.70	1:15.77 (40.07)		
		<< #22 Men 18-24 50 Fly >>			
Seed Time:	28.53		Finals Time:	29.45 (1) 20	
		<< #26 Men 18-24 100 Free >>			
Seed Time:	59.44		Finals Time:	58.13 (1) * 20	
Finals Splits:		27.91	58.13 (30.22)		
		<< #36 Men 18-24 200 Breast >>			
Seed Time:	2:39.65		Finals Time:	2:45.87 (1) 20	
Finals Splits:		37.81	1:19.34 (41.53)	2:02.12 (42.78) 2:45.87 (43.75)	
		<< #42 Men 18-24 100 Back >>			
Seed Time:	1:07.43		Finals Time:	1:08.31 (1) 20	
Finals Splits:		31.89	1:08.31 (36.42)		
		<< #46 Men 18-24 100 IM >>			
Seed Time:	1:10.00		Finals Time:	1:07.47 (1) * 20	
Finals Splits:		32.07	1:07.47 (35.40)		
		<< #50 Men 18-24 200 Free >>			
Seed Time:	2:12.48		Finals Time:	2:08.15 (1) * 20	
Finals Splits:		29.21	1:00.62 (31.41)	1:34.17 (33.55) 2:08.15 (33.98)	
		<< #29 Mixed 400 Medley Relay - GSP-2 A - Leg 4 >>			
Seed Time:	4:29.50		Finals Time:	4:28.97 (1) * 40	
Finals Splits:		31.21	1:03.75 (32.54)	1:40.49 (36.74) 2:21.11 (40.62)	
		2:53.49 (32.38)	3:32.26 (38.77)	4:28.97 (56.71)	
		<< #53 Mixed 200 Medley Relay - GSP-2 A - Leg 4 >>			
Seed Time:	2:01.80		Finals Time:	1:58.30 (1) * 40	
Finals Splits:		28.33	1:01.96 (33.63)	1:31.28 (29.32) 1:58.30 (27.02)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kysa Crusco - 47

Granite State Penguins (Nh)-2

<< #1 Mixed 45-49 1500 Free >>

Seed Time:	20:50.01		Finals Time:	22:35.49	(3)	16
Finals Splits:	37.76	1:19.59 (41.83)	2:01.42 (41.83)	2:43.44 (42.02)		
	3:25.49 (42.05)	4:07.04 (41.55)	4:49.15 (42.11)	5:31.81 (42.66)		
	6:16.48 (44.67)	7:05.69 (49.21)	7:49.58 (43.89)	8:33.86 (44.28)		
	9:20.03 (46.17)	10:05.25 (45.22)	10:53.76 (48.51)	11:43.59 (49.83)		
	12:27.45 (43.86)	13:12.53 (45.08)	14:07.51 (54.98)	14:51.79 (44.28)		
	15:42.80 (51.01)	16:27.64 (44.84)	17:34.68 (1:07.04)	18:15.84 (41.16)		
	18:58.69 (42.85)	19:41.80 (43.11)	20:24.82 (43.02)	21:08.49 (43.67)		
	21:52.37 (43.88)	22:35.49 (43.12)				

<< #3 Women 45-49 400 Free >>

Seed Time:	5:14.50		Finals Time:	5:26.55	(2)	17
Finals Splits:	36.21	1:15.46 (39.25)	1:56.36 (40.90)	2:37.76 (41.40)		
	3:19.71 (41.95)	4:01.91 (42.20)	4:44.29 (42.38)	5:26.55 (42.26)		

<< #11 Women 45-49 200 IM >>

Seed Time:	3:13.54		Finals Time:	3:09.47	(4)	* 15
Finals Splits:	45.07	1:33.19 (48.12)	2:30.04 (56.85)	3:09.47 (39.43)		

<< #13 Women 45-49 50 Back >>

Seed Time:	38.56		Finals Time:	40.05	(1)	20
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<< #23 Women 45-49 200 Back >>

Seed Time:	2:56.12		Finals Time:	3:11.96	(1)	20
Finals Splits:	46.88	1:35.11 (48.23)	2:23.74 (48.63)	3:11.96 (48.22)		

<< #25 Women 45-49 100 Free >>

Seed Time:	1:09.87		Finals Time:	1:12.97	(2)	17
Finals Splits:	34.54	1:12.97 (38.43)				

<< #31 Women 45-49 400 IM >>

Seed Time:	6:38.74		Finals Time:	6:36.71	(1)	* 20
Finals Splits:	44.66	1:39.91 (55.25)	2:31.10 (51.19)	3:17.52 (46.42)		
	4:17.37 (59.85)	5:16.16 (58.79)	5:56.45 (40.29)	6:36.71 (40.26)		

<< #33 Women 45-49 50 Free >>

Seed Time:	32.19		Finals Time:	32.41	(3)	16
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<< #41 Women 45-49 100 Back >>

Seed Time:	1:26.07		Finals Time:	1:28.07	(1)	20
Finals Splits:	41.60	1:28.07 (46.47)				

<< #43 Women 45-49 200 Fly >>

Seed Time:	3:29.94		Finals Time:	3:37.29	(1)	20
Finals Splits:	47.53	1:43.85 (56.32)	2:41.36 (57.51)	3:37.29 (55.93)		

<< #45 Women 45-49 100 IM >>

Seed Time:	1:28.65		Finals Time:	1:34.60	(1)	20
Finals Splits:	44.20	1:34.60 (50.40)				

<< #49 Women 45-49 200 Free >>

Seed Time:	2:32.40		Finals Time:	2:37.72	(2)	17
Finals Splits:	36.44	1:16.51 (40.07)	1:57.47 (40.96)	2:37.72 (40.25)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kysa Crusco - 47

Granite State Penguins (Nh)-2

		<< #86 Mixed 45-49 100 Back >>			
Seed Time:	NT		Finals Time:	1:32.77	(1)
		<< #94 Mixed 45-49 50 Back >>			
Seed Time:	NT		Finals Time:	40.77	(6)
		<< #7 Women 200 Free Relay - GSP-2 A - Leg 3 >>			
Seed Time:	2:02.00		Finals Time:	1:59.89	(2) * 34
Finals Splits:		32.00	1:01.51 (29.51)	1:32.93 (31.42)	1:59.89 (26.96)
		<< #17 Women 800 Free Relay - GSP-2 A - Leg 2 >>			
Seed Time:	10:44.31		Finals Time:	11:06.12	(1)
		ZONECHAMPS: 13:27.63S			
Finals Splits:		37.99	1:19.63 (41.64)	2:02.08 (42.45)	2:42.76 (40.68)
		3:18.83 (36.07)	3:58.39 (39.56)	4:40.15 (41.76)	5:21.31 (41.16)
		6:03.66 (42.35)	6:51.61 (47.95)	7:41.71 (50.10)	8:32.23 (50.52)
		9:06.85 (34.62)	9:46.20 (39.35)	10:26.37 (40.17)	11:06.12 (39.75)
		<< #29 Mixed 400 Medley Relay - GSP-2 A - Leg 1 >>			
Seed Time:	7:27.60		Finals Time:	7:43.31	(1) 40
Finals Splits:		46.02	1:32.77 (46.75)	2:43.25 (1:10.48)	4:03.67 (1:20.42)
		5:07.17 (1:03.50)	6:18.57 (1:11.40)	6:59.52 (40.95)	7:43.31 (43.79)
		<< #37 Women 400 Free Relay - GSP-2 A - Leg 2 >>			
Seed Time:	4:36.60		Finals Time:	4:32.98	(1) * 40
		ZONECHAMPS: 4:33.69S			
Finals Splits:		31.58	1:04.92 (33.34)	1:39.01 (34.09)	2:16.97 (37.96)
		2:50.75 (33.78)	3:29.91 (39.16)	4:00.41 (30.50)	4:32.98 (32.57)
		<< #51 Women 200 Medley Relay - GSP-2 A - Leg 1 >>			
Seed Time:	2:20.80		Finals Time:	2:22.42	(1) 40
Finals Splits:		40.77	1:18.39 (37.62)	1:50.05 (31.66)	2:22.42 (32.37)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Chris Dainiak - 52

Granite State Penguins (Nh)-2

<< #4 Men 50-54 400 Free >>

Seed Time:	4:46.54	Finals Time:	4:44.08	(1) * 20
Finals Splits:	33.12	1:08.23 (35.11)	1:44.09 (35.86)	2:19.94 (35.85)
	2:56.32 (36.38)	3:32.82 (36.50)	4:09.16 (36.34)	4:44.08 (34.92)

<< #24 Men 50-54 200 Back >>

Seed Time:	2:33.00	Finals Time:	2:37.27	(1) 20
Finals Splits:	37.45	1:17.93 (40.48)	1:57.42 (39.49)	2:37.27 (39.85)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

William Davis - 65

Granite State Penguins (Nh)-2

<< #12 Men 65-69 200 IM >>
Seed Time: 2:52.68 **Finals Time:** 2:48.66 (1) * 20
Finals Splits: 36.56 1:24.25 (47.69) 2:10.51 (46.26) 2:48.66 (38.15)

<< #16 Men 65-69 100 Breast >>
Seed Time: 1:23.45 **Finals Time:** Scratched

<< #32 Men 65-69 400 IM >>
Seed Time: 6:07.15 **Finals Time:** 6:08.44 (2) 17
Finals Splits: 41.03 1:28.46 (47.43) 2:19.01 (50.55) 3:08.13 (49.12)
 3:56.86 (48.73) 4:46.85 (49.99) 5:27.23 (40.38) 6:08.44 (41.21)

<< #36 Men 65-69 200 Breast >>
Seed Time: 3:10.13 **Finals Time:** 3:09.41 (1) * 20
Finals Splits: 43.83 1:31.91 (48.08) 2:21.59 (49.68) 3:09.41 (47.82)

<< #46 Men 65-69 100 IM >>
Seed Time: 1:13.72 **Finals Time:** 1:18.35 (1) 20
Finals Splits: 37.00 1:18.35 (41.35)

<< #50 Men 65-69 200 Free >>
Seed Time: 2:37.86 **Finals Time:** 2:41.63 (2) 17
Finals Splits: 37.94 1:19.32 (41.38) 2:01.58 (42.26) 2:41.63 (40.05)

<< #70 Mixed 65-69 200 Free >>
Seed Time: NT **Finals Time:** 2:40.67 (1)

<< #18 Men 800 Free Relay - GSP-2 A - Leg 1 >>
Seed Time: 10:32.00 **Finals Time:** 10:58.16 (1)
 ZONECHAMPS: 11:15.39S
Finals Splits: 37.68 1:20.40 (42.72) 2:02.07 (41.67) 2:40.67 (38.60)
 3:16.02 (35.35) 3:55.51 (39.49) 4:36.89 (41.38) 5:17.02 (40.13)
 6:01.93 (44.91) 6:53.28 (51.35) 7:46.56 (53.28) 8:38.44 (51.88)
 9:08.75 (30.31) 9:44.88 (36.13) 10:20.94 (36.06) 10:58.16 (37.22)

<< #38 Men 400 Free Relay - GSP-2 A - Leg 2 >>
Seed Time: 4:30.50 **Finals Time:** 4:37.24 (1) 40
Finals Splits: 32.30 1:06.65 (34.35) 1:40.93 (34.28) 2:18.32 (37.39)
 2:55.27 (36.95) 3:36.27 (41.00) 4:04.96 (28.69) 4:37.24 (32.28)

<< #52 Men 200 Medley Relay - GSP-2 A - Leg 3 >>
Seed Time: 2:46.00 **Finals Time:** 3:05.61 (1) 40
Finals Splits: 48.97 1:54.66 (1:05.69) 2:31.06 (36.40) 3:05.61 (34.55)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Larry Dunham - 85

Granite State Penguins (Nh)-2

Seed Time:	58.00	<< #14 Men 85-89 50 Back >>			
		Finals Time:		NS	
Seed Time:	1:57.00	<< #26 Men 85-89 100 Free >>			
Finals Splits:	53.04	Finals Time:	1:52.15	(1)	* 20
			1:52.15 (59.11)		
Seed Time:	48.00	<< #34 Men 85-89 50 Free >>			
		Finals Time:	49.65	(1)	20
Seed Time:	2:13.00	<< #42 Men 85-89 100 Back >>			
Finals Splits:	1:10.05	Finals Time:	2:18.83	(1)	20
			2:18.83 (1:08.78)		
Seed Time:	2:30.00	<< #46 Men 85-89 100 IM >>			
		Finals Time:		NS	
Seed Time:	4:09.00	<< #50 Men 85-89 200 Free >>			
Finals Splits:	55.91	Finals Time:	4:16.42	(1)	20
			4:16.42 (1:07.89)		
		ZONECHAMPS: 4:45.76S NELMSC: 4:28.40S			
			3:08.53 (1:07.04)		
Seed Time:	2:28.30	<< #8 Men 200 Free Relay - GSP-2 A - Leg 3 >>			
Finals Splits:	33.74	Finals Time:	2:31.29	(1)	40
			2:31.29 (26.53)		
			2:04.76 (46.42)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

David Edsall - 75

Granite State Penguins (Nh)-2

<< #1 Mixed 75-79 1500 Free >>

Seed Time:	39:00.30	Finals Time:		40:49.90	(1)	20
Finals Splits:	59.42	2:09.61 (1:10.19)	3:24.18 (1:14.57)	4:42.95 (1:18.77)		
	6:05.46 (1:22.51)	7:20.83 (1:15.37)	8:41.15 (1:20.32)	10:00.00 (1:18.85)		
	11:21.45 (1:21.45)	12:42.21 (1:20.76)	14:05.84 (1:23.63)	15:27.00 (1:21.16)		
	16:52.30 (1:25.30)	18:16.95 (1:24.65)	19:40.92 (1:23.97)	21:07.21 (1:26.29)		
	22:28.59 (1:21.38)	23:54.22 (1:25.63)	25:19.52 (1:25.30)	26:42.15 (1:22.63)		
	28:10.06 (1:27.91)	29:36.53 (1:26.47)	31:08.51 (1:31.98)	32:34.42 (1:25.91)		
	34:01.98 (1:27.56)	35:22.20 (1:20.22)	36:45.98 (1:23.78)	38:12.08 (1:26.10)		
	39:38.35 (1:26.27)	40:49.90 (1:11.55)				

<< #4 Men 75-79 400 Free >>

Seed Time:	10:00.00	Finals Time:		10:04.34	(1)	20
	6:24.51 ()	7:39.02 (1:14.51)	8:53.61 (1:14.59)	10:04.34 (1:10.73)		

<< #12 Men 75-79 200 IM >>

Seed Time:	4:45.00	Finals Time:		NS		
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<< #16 Men 75-79 100 Breast >>

Seed Time:	2:30.00	Finals Time:		2:16.04	(1)	* 20
Finals Splits:	1:02.89	2:16.04 (1:13.15)				

<< #34 Men 75-79 50 Free >>

Seed Time:	40.00	Finals Time:		41.29	(2)	17
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<< #46 Men 75-79 100 IM >>

Seed Time:	2:15.00	Finals Time:		2:01.80	(3)	* 16
Finals Splits:	1:00.55	2:01.80 (1:01.25)				

<< #48 Men 75-79 50 Breast >>

Seed Time:	55.00	Finals Time:		53.63	(2)	* 17
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<< #8 Men 200 Free Relay - GSP-2 A - Leg 2 >>

Seed Time:	2:28.30	Finals Time:		2:31.29	(1)	40
Finals Splits:	33.74	1:18.34 (44.60)	2:04.76 (46.42)	2:31.29 (26.53)		

<< #29 Mixed 400 Medley Relay - GSP-2 A - Leg 2 >>

Seed Time:	7:27.60	Finals Time:		7:43.31	(1)	40
Finals Splits:	46.02	1:32.77 (46.75)	2:43.25 (1:10.48)	4:03.67 (1:20.42)		
	5:07.17 (1:03.50)	6:18.57 (1:11.40)	6:59.52 (40.95)	7:43.31 (43.79)		

<< #52 Men 200 Medley Relay - GSP-2 A - Leg 2 >>

Seed Time:	2:46.00	Finals Time:		3:05.61	(1)	40
Finals Splits:	48.97	1:54.66 (1:05.69)	2:31.06 (36.40)	3:05.61 (34.55)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Tyler Edsall - 46

Granite State Penguins (Nh)-2

		<< #34 Men 45-49 50 Free >>			
Seed Time:	30.01		Finals Time:	30.45 (6) 13	
		<< #36 Men 45-49 200 Breast >>			
Seed Time:	3:10.52		Finals Time:	3:16.61 (1) 20	
Finals Splits:	43.01	1:32.56 (49.55)	2:25.38 (52.82)	3:16.61 (51.23)	
		<< #46 Men 45-49 100 IM >>			
Seed Time:	1:17.35		Finals Time:	1:21.05 (4) 15	
Finals Splits:	38.91	1:21.05 (42.14)			
		<< #48 Men 45-49 50 Breast >>			
Seed Time:	38.66		Finals Time:	39.61 (2) 17	
		<< #94 Mixed 45-49 50 Back >>			
Seed Time:	NT		Finals Time:	39.22 (1)	
		<< #39 Mixed 400 Free Relay - GSP-2 A - Leg 4 >>			
Seed Time:	5:02.60		Finals Time:	5:33.32 (1) 40	
Finals Splits:	35.40	1:15.57 (40.17)	1:54.96 (39.39)	2:37.82 (42.86)	
	3:24.28 (46.46)	4:14.28 (50.00)	4:52.32 (38.04)	5:33.32 (41.00)	
		<< #53 Mixed 200 Medley Relay - GSP-2 B - Leg 1 >>			
Seed Time:	2:34.20		Finals Time:	2:41.63 (2) 34	
Finals Splits:	39.22	1:33.37 (54.15)	2:07.22 (33.85)	2:41.63 (34.41)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Beth Estel - 67

Granite State Penguins (Nh)-2

		<< #11 Women 65-69 200 IM >>			
Seed Time:	3:15.00		Finals Time:	3:12.00	(1) * 20
Finals Splits:		44.18	1:33.97 (49.79)	2:27.69 (53.72)	3:12.00 (44.31)
		<< #15 Women 65-69 100 Breast >>			
Seed Time:	1:35.00		Finals Time:	1:34.30	(1) * 20
Finals Splits:		44.36	1:34.30 (49.94)		
		<< #21 Women 65-69 50 Fly >>			
Seed Time:	43.49		Finals Time:	43.83	(2) 17
		<< #25 Women 65-69 100 Free >>			
Seed Time:	1:20.50		Finals Time:	1:21.23	(2) 17
Finals Splits:		38.37	1:21.23 (42.86)		
		<< #35 Women 65-69 200 Breast >>			
Seed Time:	3:36.43		Finals Time:	3:32.46	(1) * 20
Finals Splits:		45.82	1:39.61 (53.79)	2:35.95 (56.34)	3:32.46 (56.51)
		<< #45 Women 65-69 100 IM >>			
Seed Time:	1:29.00		Finals Time:	1:30.31	(1) 20
Finals Splits:		43.80	1:30.31 (46.51)		
		<< #47 Women 65-69 50 Breast >>			
Seed Time:	43.00		Finals Time:	42.94	(1) * 20
		ZONECHAMPS: 43.88S			
		<< #92 Mixed 65-69 100 Free >>			
Seed Time:	NT		Finals Time:	1:21.84	(1)
		<< #7 Women 200 Free Relay - GSP-2 A - Leg 2 >>			
Seed Time:	2:19.00		Finals Time:	2:23.07	(1) 40
Finals Splits:		34.27	1:09.22 (34.95)	1:47.80 (38.58)	2:23.07 (35.27)
		<< #27 Women 400 Medley Relay - GSP-2 A - Leg 1 >>			
Seed Time:	6:36.90		Finals Time:	6:46.82	(1) 40
		ZONECHAMPS: 9:05.99S			
		<< #37 Women 400 Free Relay - GSP-2 A - Leg 1 >>			
Seed Time:	2:50.00		Finals Time:	5:26.90	(1) 40
		ZONECHAMPS: 5:49.39S NELMSC: 6:00.99S			
Finals Splits:		38.76	1:21.84 (43.08)	2:05.13 (43.29)	2:53.67 (48.54)
		3:37.36 (43.69)	4:25.84 (48.48)	4:54.89 (29.05)	5:26.90 (32.01)
		<< #53 Mixed 200 Medley Relay - GSP-2 A - Leg 2 >>			
Seed Time:	2:22.40		Finals Time:	2:21.59	(1) * 40
		ZONECHAMPS: 2:24.84S NELMSC: 2:24.84S			
Finals Splits:		36.76	1:19.79 (43.03)	1:48.43 (28.64)	2:21.59 (33.16)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Tracy Grilli - 66

Granite State Penguins (Nh)-2

	<< #1 Mixed 65-69 1500 Free >>			
Seed Time:	22:05.14	Finals Time:	22:08.11	(1) 20
	ZONECHAMPS: 22:56.72S			
Finals Splits:	40.96	1:25.29 (44.33)	2:09.93 (44.64)	2:54.18 (44.25)
	3:38.25 (44.07)	4:22.37 (44.12)	5:06.96 (44.59)	5:51.79 (44.83)
	6:36.43 (44.64)	7:20.82 (44.39)	8:05.26 (44.44)	8:49.89 (44.63)
	9:34.76 (44.87)	10:19.33 (44.57)	11:03.78 (44.45)	11:48.82 (45.04)
	12:33.47 (44.65)	13:17.85 (44.38)	14:02.16 (44.31)	14:46.77 (44.61)
	15:31.20 (44.43)	16:15.84 (44.64)	17:00.33 (44.49)	17:44.89 (44.56)
	18:29.26 (44.37)	19:13.53 (44.27)	19:58.01 (44.48)	20:42.41 (44.40)
	21:26.92 (44.51)	22:08.11 (41.19)		
	<< #3 Women 65-69 400 Free >>			
Seed Time:	5:33.79	Finals Time:	5:30.14	(1) * 20
	ZONECHAMPS: 5:33.79S NELMSC: 5:33.79S			
Finals Splits:	39.33	1:20.98 (41.65)	2:02.89 (41.91)	2:44.83 (41.94)
	3:26.63 (41.80)	4:08.24 (41.61)	4:50.09 (41.85)	5:30.14 (40.05)
	<< #13 Women 65-69 50 Back >>			
Seed Time:	41.75	Finals Time:	41.66	(1) * 20
	<< #21 Women 65-69 50 Fly >>			
Seed Time:	39.40	Finals Time:	39.99	(1) 20
	<< #23 Women 65-69 200 Back >>			
Seed Time:	3:16.52	Finals Time:	3:12.13	(1) * 20
Finals Splits:	45.74	1:35.24 (49.50)	2:25.23 (49.99)	3:12.13 (46.90)
	<< #25 Women 65-69 100 Free >>			
Seed Time:	1:13.34	Finals Time:	1:16.25	(1) 20
Finals Splits:	36.85	1:16.25 (39.40)		
	<< #33 Women 65-69 50 Free >>			
Seed Time:	33.87	Finals Time:	34.38	(1) 20
	<< #41 Women 65-69 100 Back >>			
Seed Time:	1:30.90	Finals Time:	1:34.89	(1) 20
Finals Splits:	45.93	1:34.89 (48.96)		
	<< #49 Women 65-69 200 Free >>			
Seed Time:	2:41.91	Finals Time:	2:39.64	(1) * 20
	ZONECHAMPS: 2:41.91S			
Finals Splits:	38.07	1:19.07 (41.00)	2:00.26 (41.19)	2:39.64 (39.38)
	<< #70 Mixed 65-69 200 Free >>			
Seed Time:	NT	Finals Time:	2:42.76	(1)
	<< #82 Women 65-69 50 Free >>			
Seed Time:	NT	Finals Time:	34.27	(1)
	<< #7 Women 200 Free Relay - GSP-2 A - Leg 1 >>			
Seed Time:	2:19.00	Finals Time:	2:23.07	(1) 40
Finals Splits:	34.27	1:09.22 (34.95)	1:47.80 (38.58)	2:23.07 (35.27)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Tracy Grilli - 66

Granite State Penguins (Nh)-2

<< #17 Women 800 Free Relay - GSP-2 A - Leg 1 >>

Seed Time:	10:44.31	Finals Time:			11:06.12	(1)
		ZONECHAMPS: 13:27.63S				
Finals Splits:	37.99	1:19.63 (41.64)	2:02.08 (42.45)	2:42.76 (40.68)		
	3:18.83 (36.07)	3:58.39 (39.56)	4:40.15 (41.76)	5:21.31 (41.16)		
	6:03.66 (42.35)	6:51.61 (47.95)	7:41.71 (50.10)	8:32.23 (50.52)		
	9:06.85 (34.62)	9:46.20 (39.35)	10:26.37 (40.17)	11:06.12 (39.75)		

<< #27 Women 400 Medley Relay - GSP-2 A - Leg 3 >>

Seed Time:	6:36.90	Finals Time:			6:46.82	(1)	40
		ZONECHAMPS: 9:05.99S					

<< #39 Mixed 400 Free Relay - GSP-2 A - Leg 2 >>

Seed Time:	5:02.60	Finals Time:			5:33.32	(1)	40
Finals Splits:	35.40	1:15.57 (40.17)	1:54.96 (39.39)	2:37.82 (42.86)			
	3:24.28 (46.46)	4:14.28 (50.00)	4:52.32 (38.04)	5:33.32 (41.00)			

<< #53 Mixed 200 Medley Relay - GSP-2 A - Leg 4 >>

Seed Time:	2:22.40	Finals Time:			2:21.59	(1)	* 40
		ZONECHAMPS: 2:24.84S NELMSC: 2:24.84S					
Finals Splits:	36.76	1:19.79 (43.03)	1:48.43 (28.64)	2:21.59 (33.16)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Lily Hakkarainen - 24

Granite State Penguins (Nh)-2

		<< #11 Women 18-24 200 IM >>			
Seed Time:	3:00.00		Finals Time:	3:03.17	(2) 17
Finals Splits:		39.25	1:24.45 (45.20)	2:18.68 (54.23)	3:03.17 (44.49)
		<< #15 Women 18-24 100 Breast >>			
Seed Time:	1:30.00		Finals Time:	1:33.38	(1) 20
Finals Splits:		43.48	1:33.38 (49.90)		
		<< #25 Women 18-24 100 Free >>			
Seed Time:	1:13.00		Finals Time:	1:13.23	(2) 17
Finals Splits:		33.67	1:13.23 (39.56)		
		<< #33 Women 18-24 50 Free >>			
Seed Time:	30.00		Finals Time:	31.64	(1) 20
		<< #41 Women 18-24 100 Back >>			
Seed Time:	1:30.00		Finals Time:	1:23.37	(3) * 16
Finals Splits:		40.09	1:23.37 (43.28)		
		<< #45 Women 18-24 100 IM >>			
Seed Time:	1:26.00		Finals Time:	1:23.10	(2) * 17
Finals Splits:		38.23	1:23.10 (44.87)		
		<< #82 Women 18-24 50 Free >>			
Seed Time:	NT		Finals Time:	32.00	(1)
		<< #7 Women 200 Free Relay - GSP-2 A - Leg 1 >>			
Seed Time:	2:02.00		Finals Time:	1:59.89	(2) * 34
Finals Splits:		32.00	1:01.51 (29.51)	1:32.93 (31.42)	1:59.89 (26.96)
		<< #37 Women 400 Free Relay - GSP-2 A - Leg 3 >>			
Seed Time:	4:36.60		Finals Time:	4:32.98	(1) * 40
		ZONECHAMPS: 4:33.69S			
Finals Splits:		31.58	1:04.92 (33.34)	1:39.01 (34.09)	2:16.97 (37.96)
		2:50.75 (33.78)	3:29.91 (39.16)	4:00.41 (30.50)	4:32.98 (32.57)
		<< #51 Women 200 Medley Relay - GSP-2 A - Leg 4 >>			
Seed Time:	2:20.80		Finals Time:	2:22.42	(1) 40
Finals Splits:		40.77	1:18.39 (37.62)	1:50.05 (31.66)	2:22.42 (32.37)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Christie Hayes - 75
Granite State Penguins (Nh)-2

	<< #3 Women 75-79 400 Free >>			
Seed Time:	6:39.75	Finals Time:	6:38.46	(1) * 20
	ZONECHAMPS: 7:38.55S NELMSC: 7:11.95S			
Finals Splits:	45.70	1:34.70 (49.00)	2:24.76 (50.06)	3:16.03 (51.27)
	4:06.40 (50.37)	4:57.59 (51.19)	5:49.52 (51.93)	6:38.46 (48.94)
	<< #13 Women 75-79 50 Back >>			
Seed Time:	52.23	Finals Time:	51.82	(1) * 20
	NELMSC: 55.46S			
	<< #15 Women 75-79 100 Breast >>			
Seed Time:	1:56.98	Finals Time:	1:55.94	(1) * 20
	ZONECHAMPS: 2:15.37S NELMSC: 2:15.42S			
Finals Splits:	54.82	1:55.94 (1:01.12)		
	<< #23 Women 75-79 200 Back >>			
Seed Time:	4:10.89	Finals Time:	3:55.46	(1) * 20
	NELMSC: 3:58.36S			
Finals Splits:	57.52	1:57.65 (1:00.13)	2:57.81 (1:00.16)	3:55.46 (57.65)
	<< #25 Women 75-79 100 Free >>			
Seed Time:	1:32.06	Finals Time:	1:27.98	(1) * 20
	ZONECHAMPS: 1:38.27S NELMSC: 1:35.79S			
Finals Splits:	41.51	1:27.98 (46.47)		
	<< #33 Women 75-79 50 Free >>			
Seed Time:	39.64	Finals Time:	39.35	(1) * 20
	ZONECHAMPS: 42.62S NELMSC: 42.17S			
	<< #35 Women 75-79 200 Breast >>			
Seed Time:	4:17.69	Finals Time:	4:13.12	(1) * 20
	ZONECHAMPS: 4:27.98S NELMSC: 4:27.98S			
Finals Splits:	57.32	2:02.84 (1:05.52)	3:09.55 (1:06.71)	4:13.12 (1:03.57)
	<< #41 Women 75-79 100 Back >>			
Seed Time:	1:54.43	Finals Time:	1:50.18	(1) * 20
	NELMSC: 2:01.97S			
Finals Splits:	53.81	1:50.18 (56.37)		
	<< #45 Women 75-79 100 IM >>			
Seed Time:	1:48.35	Finals Time:	1:44.80	(1) * 20
	ZONECHAMPS: 2:09.88S NELMSC: 2:03.88S			
Finals Splits:	52.07	1:44.80 (52.73)		
	<< #47 Women 75-79 50 Breast >>			
Seed Time:	54.44	Finals Time:	51.51	(1) * 20
	ZONECHAMPS: 58.21S NELMSC: 1:03.52S			
	<< #49 Women 75-79 200 Free >>			
Seed Time:	3:12.24	Finals Time:	3:13.32	(1) 20
	ZONECHAMPS: 3:36.14S NELMSC: 3:27.05S			
Finals Splits:	43.06	1:32.18 (49.12)	2:23.42 (51.24)	3:13.32 (49.90)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Christie Hayes - 75

Granite State Penguins (Nh)-2

		<< #70 Mixed 75-79 200 Free >>			
Seed Time:	NT		Finals Time:	3:16.03 (1)	
		ZONECHAMPS: 3:36.14S NELMSC: 3:27.05S			
		<< #80 Women 75-79 200 Free >>			
Seed Time:	NT		Finals Time:	3:16.03 (1)	
		ZONECHAMPS: 3:36.14S NELMSC: 3:27.05S			
		<< #7 Women 200 Free Relay - GSP-2 A - Leg 3 >>			
Seed Time:	2:19.00		Finals Time:	2:23.07 (1) 40	
Finals Splits:		34.27	1:09.22 (34.95)	1:47.80 (38.58) 2:23.07 (35.27)	
		<< #17 Women 800 Free Relay - GSP-2 A - Leg 3 >>			
Seed Time:	10:44.31		Finals Time:	11:06.12 (1)	
		ZONECHAMPS: 13:27.63S			
Finals Splits:		37.99	1:19.63 (41.64)	2:02.08 (42.45) 2:42.76 (40.68)	
		3:18.83 (36.07)	3:58.39 (39.56)	4:40.15 (41.76) 5:21.31 (41.16)	
		6:03.66 (42.35)	6:51.61 (47.95)	7:41.71 (50.10) 8:32.23 (50.52)	
		9:06.85 (34.62)	9:46.20 (39.35)	10:26.37 (40.17) 11:06.12 (39.75)	
		<< #27 Women 400 Medley Relay - GSP-2 A - Leg 4 >>			
Seed Time:	6:36.90		Finals Time:	6:46.82 (1) 40	
		ZONECHAMPS: 9:05.99S			
		<< #37 Women 400 Free Relay - GSP-2 A - Leg 2 >>			
Seed Time:	2:50.00		Finals Time:	5:26.90 (1) 40	
		ZONECHAMPS: 5:49.39S NELMSC: 6:00.99S			
Finals Splits:		38.76	1:21.84 (43.08)	2:05.13 (43.29) 2:53.67 (48.54)	
		3:37.36 (43.69)	4:25.84 (48.48)	4:54.89 (29.05) 5:26.90 (32.01)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Craig Hersh - 52

Granite State Penguins (Nh)-2

Seed Time:	2:33.00	<< #12 Men 50-54 200 IM >>	Finals Time:	Scratched
Seed Time:	1:14.00	<< #16 Men 50-54 100 Breast >>	Finals Time:	Scratched
Seed Time:	1:01.00	<< #26 Men 50-54 100 Free >>	Finals Time:	Scratched
Seed Time:	5:40.00	<< #32 Men 50-54 400 IM >>	Finals Time:	Scratched
Seed Time:	2:48.00	<< #36 Men 50-54 200 Breast >>	Finals Time:	Scratched
Seed Time:	1:08.30	<< #46 Men 50-54 100 IM >>	Finals Time:	Scratched
Seed Time:	33.00	<< #48 Men 50-54 50 Breast >>	Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Mark Keil - 70

Granite State Penguins (Nh)-2

<< #1 Mixed 70-74 1500 Free >>

Seed Time:	25:37.21		Finals Time:	25:15.02	(2)	* 17
Finals Splits:		43.76	1:32.84 (49.08)	2:24.52 (51.68)	3:17.15 (52.63)	
		4:10.22 (53.07)	5:02.67 (52.45)	5:54.40 (51.73)	6:46.48 (52.08)	
		7:38.15 (51.67)	8:29.60 (51.45)	9:21.38 (51.78)	10:13.56 (52.18)	
		11:04.82 (51.26)	11:56.82 (52.00)	12:47.50 (50.68)	13:38.88 (51.38)	
		14:29.02 (50.14)	15:18.79 (49.77)	16:08.78 (49.99)	16:58.13 (49.35)	
		17:48.31 (50.18)	18:38.61 (50.30)	19:29.27 (50.66)	20:19.74 (50.47)	
		21:10.58 (50.84)	22:00.95 (50.37)	22:50.67 (49.72)	23:40.34 (49.67)	
		24:30.21 (49.87)	25:15.02 (44.81)			

<< #6 Men 70-74 100 Fly >>

Seed Time:	2:01.34		Finals Time:	2:06.99	(2)	17
Finals Splits:		56.47	2:06.99 (1:10.52)			

<< #12 Men 70-74 200 IM >>

Seed Time:	3:33.23		Finals Time:	3:42.19	(2)	17
Finals Splits:		56.06	1:48.28 (52.22)	2:54.71 (1:06.43)	3:42.19 (47.48)	

<< #14 Men 70-74 50 Back >>

Seed Time:	44.11		Finals Time:	45.28	(4)	15
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<< #16 Men 70-74 100 Breast >>

Seed Time:	1:56.18		Finals Time:	2:00.16	(2)	17
Finals Splits:		55.32	2:00.16 (1:04.84)			

<< #22 Men 70-74 50 Fly >>

Seed Time:	53.31		Finals Time:	56.86	(5)	14
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<< #24 Men 70-74 200 Back >>

Seed Time:	3:16.56		Finals Time:	3:24.67	(1)	20
Finals Splits:		47.58	1:38.87 (51.29)	2:32.07 (53.20)	3:24.67 (52.60)	

<< #32 Men 70-74 400 IM >>

Seed Time:	7:52.58		Finals Time:	8:16.90	(1)	20
Finals Splits:		59.96	2:07.15 (1:07.19)	3:06.90 (59.75)	4:05.10 (58.20)	
		5:15.06 (1:09.96)	6:25.91 (1:10.85)	7:21.80 (55.89)	8:16.90 (55.10)	

<< #36 Men 70-74 200 Breast >>

Seed Time:	4:12.61		Finals Time:	4:29.71	(1)	20
Finals Splits:		57.74	2:08.01 (1:10.27)	3:19.72 (1:11.71)	4:29.71 (1:09.99)	

<< #42 Men 70-74 100 Back >>

Seed Time:	1:33.61		Finals Time:	1:34.31	(2)	17
Finals Splits:		45.54	1:34.31 (48.77)			

<< #44 Men 70-74 200 Fly >>

Seed Time:	4:34.22		Finals Time:	4:49.93	(1)	20
Finals Splits:		1:03.62	2:16.49 (1:12.87)	3:32.45 (1:15.96)	4:49.93 (1:17.48)	

<< #46 Men 70-74 100 IM >>

Seed Time:	1:37.67		Finals Time:	1:41.48	(4)	15
Finals Splits:		47.86	1:41.48 (53.62)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Mark Keil - 70

Granite State Penguins (Nh)-2

		<< #48 Men 70-74 50 Breast >>			
Seed Time:	52.78	Finals Time:	54.36	(3)	16
		<< #94 Mixed 70-74 50 Back >>			
Seed Time:	NT	Finals Time:	48.97	(2)	
		<< #18 Men 800 Free Relay - GSP-2 A - Leg 3 >>			
Seed Time:	10:32.00	Finals Time:	10:58.16	(1)	
		ZONECHAMPS: 11:15.39S			
Finals Splits:	37.68	1:20.40 (42.72)	2:02.07 (41.67)	2:40.67 (38.60)	
	3:16.02 (35.35)	3:55.51 (39.49)	4:36.89 (41.38)	5:17.02 (40.13)	
	6:01.93 (44.91)	6:53.28 (51.35)	7:46.56 (53.28)	8:38.44 (51.88)	
	9:08.75 (30.31)	9:44.88 (36.13)	10:20.94 (36.06)	10:58.16 (37.22)	
		<< #29 Mixed 400 Medley Relay - GSP-2 A - Leg 3 >>			
Seed Time:	7:27.60	Finals Time:	7:43.31	(1)	40
Finals Splits:	46.02	1:32.77 (46.75)	2:43.25 (1:10.48)	4:03.67 (1:20.42)	
	5:07.17 (1:03.50)	6:18.57 (1:11.40)	6:59.52 (40.95)	7:43.31 (43.79)	
		<< #39 Mixed 400 Free Relay - GSP-2 A - Leg 3 >>			
Seed Time:	5:02.60	Finals Time:	5:33.32	(1)	40
Finals Splits:	35.40	1:15.57 (40.17)	1:54.96 (39.39)	2:37.82 (42.86)	
	3:24.28 (46.46)	4:14.28 (50.00)	4:52.32 (38.04)	5:33.32 (41.00)	
		<< #52 Men 200 Medley Relay - GSP-2 A - Leg 1 >>			
Seed Time:	2:46.00	Finals Time:	3:05.61	(1)	40
Finals Splits:	48.97	1:54.66 (1:05.69)	2:31.06 (36.40)	3:05.61 (34.55)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ines Khiyara - 25

Granite State Penguins (Nh)-2

	<< #15 Women 25-29 100 Breast >>				
Seed Time:	1:16.55	Finals Time:		NS	
	<< #21 Women 25-29 50 Fly >>				
Seed Time:	31.27	Finals Time:		Scratched	
	<< #25 Women 25-29 100 Free >>				
Seed Time:	1:00.73	Finals Time:		1:00.50	(1) * 20
Finals Splits:	28.83	1:00.50 (31.67)			
	<< #33 Women 25-29 50 Free >>				
Seed Time:	27.78	Finals Time:		27.39	(1) * 20
	ZONECHAMPS: 27.52S				
	<< #45 Women 25-29 100 IM >>				
Seed Time:	1:08.49	Finals Time:		1:08.25	(1) * 20
Finals Splits:	32.52	1:08.25 (35.73)			
	<< #47 Women 25-29 50 Breast >>				
Seed Time:	34.01	Finals Time:		34.67	(1) 20
	ZONECHAMPS: 35.89S				
	<< #7 Women 200 Free Relay - GSP-2 A - Leg 4 >>				
Seed Time:	2:02.00	Finals Time:		1:59.89	(2) * 34
Finals Splits:	32.00	1:01.51 (29.51)	1:32.93 (31.42)	1:59.89 (26.96)	
	<< #29 Mixed 400 Medley Relay - GSP-2 A - Leg 2 >>				
Seed Time:	4:29.50	Finals Time:		4:28.97	(1) * 40
Finals Splits:	31.21	1:03.75 (32.54)	1:40.49 (36.74)	2:21.11 (40.62)	
	2:53.49 (32.38)	3:32.26 (38.77)	4:28.97 (56.71)		
	<< #37 Women 400 Free Relay - GSP-2 A - Leg 4 >>				
Seed Time:	2:50.00	Finals Time:		5:26.90	(1) 40
	ZONECHAMPS: 5:49.39S NELMSC: 6:00.99S				
Finals Splits:	38.76	1:21.84 (43.08)	2:05.13 (43.29)	2:53.67 (48.54)	
	3:37.36 (43.69)	4:25.84 (48.48)	4:54.89 (29.05)	5:26.90 (32.01)	
	<< #53 Mixed 200 Medley Relay - GSP-2 A - Leg 2 >>				
Seed Time:	2:01.80	Finals Time:		1:58.30	(1) * 40
Finals Splits:	28.33	1:01.96 (33.63)	1:31.28 (29.32)	1:58.30 (27.02)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jennifer Luker - 67

Granite State Penguins (Nh)-2

Seed Time:	43.00	<< #13 Women 65-69 50 Back >>	Finals Time:	Scratched
Seed Time:	1:38.00	<< #15 Women 65-69 100 Breast >>	Finals Time:	Scratched
Seed Time:	35.00	<< #21 Women 65-69 50 Fly >>	Finals Time:	Scratched
Seed Time:	3:12.00	<< #23 Women 65-69 200 Back >>	Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Frankin Mansilla - 63
Granite State Penguins (Nh)-2

Seed Time:	40.69	<< #14 Men 60-64 50 Back >>	Finals Time:	37.46	(2)	*	17
Seed Time:	1:35.00	<< #16 Men 60-64 100 Breast >>	Finals Time:	1:30.64	(2)	*	17
Finals Splits:	42.98	1:30.64 (47.66)					
Seed Time:	40.00	<< #22 Men 60-64 50 Fly >>	Finals Time:	33.52	(2)	*	17
Seed Time:	32.00	<< #34 Men 60-64 50 Free >>	Finals Time:	30.94	(5)	*	14
Seed Time:	1:30.00	<< #42 Men 60-64 100 Back >>	Finals Time:	1:21.40	(1)	*	20
Finals Splits:	39.02	1:21.40 (42.38)					
Seed Time:	44.00	<< #48 Men 60-64 50 Breast >>	Finals Time:	39.78	(3)	*	16
Seed Time:	2:12.50	<< #9 Mixed 200 Free Relay - GSP-2 A - Leg 1 >>	Finals Time:	2:01.51	(1)	*	40
Seed Time:	2:34.20	<< #53 Mixed 200 Medley Relay - GSP-2 B - Leg 3 >>	Finals Time:	2:41.63	(2)		34
Finals Splits:	39.22	1:33.37 (54.15)	2:07.22 (33.85)	2:41.63 (34.41)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Niclas Ohman - 49

Granite State Penguins (Nh)-2

		<< #22 Men 45-49 50 Fly >>			
Seed Time:	29.23	Finals Time:	29.06	(1)	* 20
		<< #26 Men 45-49 100 Free >>			
Seed Time:	1:01.56	Finals Time:	58.07	(1)	* 20
Finals Splits:	27.79	58.07 (30.28)			
		<< #34 Men 45-49 50 Free >>			
Seed Time:	27.50	Finals Time:	26.22	(2)	* 17
		<< #50 Men 45-49 200 Free >>			
Seed Time:	2:20.50	Finals Time:	Scratched		
		<< #8 Men 200 Free Relay - GSP-2 A - Leg 4 >>			
Seed Time:	2:28.30	Finals Time:	2:31.29	(1)	40
Finals Splits:	33.74	1:18.34 (44.60)	2:04.76 (46.42)	2:31.29 (26.53)	
		<< #18 Men 800 Free Relay - GSP-2 A - Leg 4 >>			
Seed Time:	10:32.00	Finals Time:	10:58.16	(1)	
		ZONECHAMPS: 11:15.39S			
Finals Splits:	37.68	1:20.40 (42.72)	2:02.07 (41.67)	2:40.67 (38.60)	
	3:16.02 (35.35)	3:55.51 (39.49)	4:36.89 (41.38)	5:17.02 (40.13)	
	6:01.93 (44.91)	6:53.28 (51.35)	7:46.56 (53.28)	8:38.44 (51.88)	
	9:08.75 (30.31)	9:44.88 (36.13)	10:20.94 (36.06)	10:58.16 (37.22)	
		<< #38 Men 400 Free Relay - GSP-2 A - Leg 4 >>			
Seed Time:	4:30.50	Finals Time:	4:37.24	(1)	40
Finals Splits:	32.30	1:06.65 (34.35)	1:40.93 (34.28)	2:18.32 (37.39)	
	2:55.27 (36.95)	3:36.27 (41.00)	4:04.96 (28.69)	4:37.24 (32.28)	
		<< #53 Mixed 200 Medley Relay - GSP-2 A - Leg 3 >>			
Seed Time:	2:22.40	Finals Time:	2:21.59	(1)	* 40
		ZONECHAMPS: 2:24.84S NELMSC: 2:24.84S			
Finals Splits:	36.76	1:19.79 (43.03)	1:48.43 (28.64)	2:21.59 (33.16)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Bob Plencner - 71

Granite State Penguins (Nh)-2

		<< #22 Men 70-74 50 Fly >>			
Seed Time:	38.25	Finals Time:	38.96	(4)	15
		<< #26 Men 70-74 100 Free >>			
Seed Time:	1:17.25	Finals Time:	1:18.45	(3)	16
Finals Splits:	36.22	1:18.45 (42.23)			
		<< #34 Men 70-74 50 Free >>			
Seed Time:	33.74	Finals Time:	33.72	(3)	* 16
		<< #46 Men 70-74 100 IM >>			
Seed Time:	1:36.00	Finals Time:	1:38.80	(3)	16
Finals Splits:	43.83	1:38.80 (54.97)			
		<< #48 Men 70-74 50 Breast >>			
Seed Time:	54.00	Finals Time:	55.25	(4)	15
		<< #83 Men 70-74 50 Free >>			
Seed Time:	NT	Finals Time:	33.74	(1)	
		<< #8 Men 200 Free Relay - GSP-2 A - Leg 1 >>			
Seed Time:	2:28.30	Finals Time:	2:31.29	(1)	40
Finals Splits:	33.74	1:18.34 (44.60)	2:04.76 (46.42)	2:31.29 (26.53)	
		<< #38 Men 400 Free Relay - GSP-2 A - Leg 3 >>			
Seed Time:	4:30.50	Finals Time:	4:37.24	(1)	40
Finals Splits:	32.30	1:06.65 (34.35)	1:40.93 (34.28)	2:18.32 (37.39)	
	2:55.27 (36.95)	3:36.27 (41.00)	4:04.96 (28.69)	4:37.24 (32.28)	
		<< #52 Men 200 Medley Relay - GSP-2 A - Leg 4 >>			
Seed Time:	2:46.00	Finals Time:	3:05.61	(1)	40
Finals Splits:	48.97	1:54.66 (1:05.69)	2:31.06 (36.40)	3:05.61 (34.55)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Aron Reynolds - 31

Granite State Penguins (Nh)-2

		<< #6 Men 30-34 100 Fly >>			
Seed Time:	1:04.69		Finals Time:	1:03.46	(1) * 20
Finals Splits:		29.49	1:03.46 (33.97)		
		<< #14 Men 30-34 50 Back >>			
Seed Time:	29.03		Finals Time:	28.46	(1) * 20
		<< #24 Men 30-34 200 Back >>			
Seed Time:	2:18.68		Finals Time:	2:19.57	(1) 20
Finals Splits:		33.24	1:08.85 (35.61)	1:45.03 (36.18)	2:19.57 (34.54)
		<< #42 Men 30-34 100 Back >>			
Seed Time:	1:03.42		Finals Time:	1:01.47	(1) * 20
Finals Splits:		30.06	1:01.47 (31.41)		
		<< #46 Men 30-34 100 IM >>			
Seed Time:	1:07.27		Finals Time:	1:04.11	(1) * 20
Finals Splits:		29.34	1:04.11 (34.77)		
		<< #86 Mixed 30-34 100 Back >>			
Seed Time:	NT		Finals Time:	1:03.75	(1)
		<< #94 Mixed 30-34 50 Back >>			
Seed Time:	NT		Finals Time:	28.33	(1)
		<< #29 Mixed 400 Medley Relay - GSP-2 A - Leg 1 >>			
Seed Time:	4:29.50		Finals Time:	4:28.97	(1) * 40
Finals Splits:		31.21	1:03.75 (32.54)	1:40.49 (36.74)	2:21.11 (40.62)
		2:53.49 (32.38)	3:32.26 (38.77)	4:28.97 (56.71)	
		<< #53 Mixed 200 Medley Relay - GSP-2 A - Leg 1 >>			
Seed Time:	2:01.80		Finals Time:	1:58.30	(1) * 40
Finals Splits:		28.33	1:01.96 (33.63)	1:31.28 (29.32)	1:58.30 (27.02)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Deborah Sakr - 60

Granite State Penguins (Nh)-2

		<< #3 Women 60-64 400 Free >>			
Seed Time:	6:10.00		Finals Time:	6:00.39	(2) * 17
Finals Splits:		41.11	1:25.36 (44.25)	2:10.64 (45.28)	2:56.80 (46.16)
		3:43.28 (46.48)	4:30.12 (46.84)	5:16.31 (46.19)	6:00.39 (44.08)
		<< #11 Women 60-64 200 IM >>			
Seed Time:	3:30.00		Finals Time:	3:21.12	(2) * 17
Finals Splits:		49.46	1:39.21 (49.75)	2:38.19 (58.98)	3:21.12 (42.93)
		<< #13 Women 60-64 50 Back >>			
Seed Time:	43.17		Finals Time:	42.87	(5) * 14
		<< #21 Women 60-64 50 Fly >>			
Seed Time:	45.00		Finals Time:	46.39	(3) 16
		<< #25 Women 60-64 100 Free >>			
Seed Time:	1:18.98		Finals Time:	1:19.75	(5) 14
Finals Splits:		39.07	1:19.75 (40.68)		
		<< #33 Women 60-64 50 Free >>			
Seed Time:	36.00		Finals Time:	34.33	(3) * 16
		<< #41 Women 60-64 100 Back >>			
Seed Time:	1:33.89		Finals Time:	1:30.95	(2) * 17
Finals Splits:		45.12	1:30.95 (45.83)		
		<< #45 Women 60-64 100 IM >>			
Seed Time:	1:31.46		Finals Time:	1:32.39	(3) 16
Finals Splits:		42.89	1:32.39 (49.50)		
		<< #47 Women 60-64 50 Breast >>			
Seed Time:	49.48		Finals Time:	49.97	(2) 17
		<< #49 Women 60-64 200 Free >>			
Seed Time:	2:56.67		Finals Time:	2:55.05	(2) * 17
Finals Splits:		40.94	1:26.35 (45.41)	2:12.02 (45.67)	2:55.05 (43.03)
		<< #9 Mixed 200 Free Relay - GSP-2 A - Leg 3 >>			
Seed Time:	2:12.50		Finals Time:	2:01.51	(1) * 40
		<< #29 Mixed 400 Medley Relay - GSP-2 A - Leg 4 >>			
Seed Time:	7:27.60		Finals Time:	7:43.31	(1) 40
Finals Splits:		46.02	1:32.77 (46.75)	2:43.25 (1:10.48)	4:03.67 (1:20.42)
		5:07.17 (1:03.50)	6:18.57 (1:11.40)	6:59.52 (40.95)	7:43.31 (43.79)
		<< #53 Mixed 200 Medley Relay - GSP-2 B - Leg 4 >>			
Seed Time:	2:34.20		Finals Time:	2:41.63	(2) 34
Finals Splits:		39.22	1:33.37 (54.15)	2:07.22 (33.85)	2:41.63 (34.41)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Stacy Sweetser - 48

Granite State Penguins (Nh)-2

		<< #33 Women 45-49 50 Free >>			
Seed Time:	29.10	Finals Time:	28.52	(1) * 20	
		<< #47 Women 45-49 50 Breast >>			
Seed Time:	37.40	Finals Time:	37.04	(1) * 20	
		<< #37 Women 400 Free Relay - GSP-2 A - Leg 4 >>			
Seed Time:	4:36.60	Finals Time:	4:32.98	(1) * 40	
		ZONECHAMPS: 4:33.69S			
Finals Splits:	31.58	1:04.92 (33.34)	1:39.01 (34.09)	2:16.97 (37.96)	
	2:50.75 (33.78)	3:29.91 (39.16)	4:00.41 (30.50)	4:32.98 (32.57)	
		<< #51 Women 200 Medley Relay - GSP-2 A - Leg 3 >>			
Seed Time:	2:20.80	Finals Time:	2:22.42	(1) 40	
Finals Splits:	40.77	1:18.39 (37.62)	1:50.05 (31.66)	2:22.42 (32.37)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ildiko Szekely - 44
Granite State Penguins (Nh)-2

	<< #1 Mixed 40-44 1500 Free >>			
Seed Time:	19:30.00	Finals Time:	19:00.58	(1) * 20
		NELMSC: 19:22.54S		
Finals Splits:	34.60	1:12.11 (37.51)	1:49.80 (37.69)	2:27.65 (37.85)
	3:05.86 (38.21)	3:43.85 (37.99)	4:22.13 (38.28)	5:00.39 (38.26)
	5:38.62 (38.23)	6:16.88 (38.26)	6:55.20 (38.32)	7:33.41 (38.21)
	8:11.49 (38.08)	8:50.00 (38.51)	9:28.45 (38.45)	10:06.85 (38.40)
	10:45.16 (38.31)	11:23.39 (38.23)	12:01.68 (38.29)	12:40.27 (38.59)
	13:18.32 (38.05)	13:56.32 (38.00)	14:34.50 (38.18)	15:12.59 (38.09)
	15:50.92 (38.33)	16:29.65 (38.73)	17:08.12 (38.47)	17:46.38 (38.26)
	18:24.31 (37.93)	19:00.58 (36.27)		
	<< #33 Women 40-44 50 Free >>			
Seed Time:	30.00	Finals Time:	Scratched	
	<< #43 Women 40-44 200 Fly >>			
Seed Time:	2:26.01	Finals Time:	2:30.77	(1) 20
Finals Splits:	33.81	1:12.34 (38.53)	1:51.86 (39.52)	2:30.77 (38.91)
	<< #92 Mixed 40-44 100 Free >>			
Seed Time:	NT	Finals Time:	1:04.92	(2)
	<< #37 Women 400 Free Relay - GSP-2 A - Leg 1 >>			
Seed Time:	4:36.60	Finals Time:	4:32.98	(1) * 40
		ZONECHAMPS: 4:33.69S		
Finals Splits:	31.58	1:04.92 (33.34)	1:39.01 (34.09)	2:16.97 (37.96)
	2:50.75 (33.78)	3:29.91 (39.16)	4:00.41 (30.50)	4:32.98 (32.57)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Bob Tyler - 61

Granite State Penguins (Nh)-2

<< #4 Men 60-64 400 Free >>
Seed Time: 5:20.25 **Finals Time:** 5:19.67 (1) * 20
Finals Splits: 37.01 1:17.28 (40.27) 1:58.60 (41.32) 2:40.11 (41.51)
 3:20.48 (40.37) 4:01.05 (40.57) 4:41.99 (40.94) 5:19.67 (37.68)

<< #14 Men 60-64 50 Back >>
Seed Time: 35.54 **Finals Time:** 36.74 (1) 20

<< #16 Men 60-64 100 Breast >>
Seed Time: 1:31.31 **Finals Time:** 1:32.73 (5) 14
Finals Splits: 44.96 1:32.73 (47.77)

<< #26 Men 60-64 100 Free >>
Seed Time: 1:04.04 **Finals Time:** 1:05.24 (1) 20
Finals Splits: 30.63 1:05.24 (34.61)

<< #34 Men 60-64 50 Free >>
Seed Time: 28.45 **Finals Time:** 28.27 (1) * 20

<< #42 Men 60-64 100 Back >>
Seed Time: 1:21.83 **Finals Time:** 1:22.60 (3) 16
Finals Splits: 40.69 1:22.60 (41.91)

<< #48 Men 60-64 50 Breast >>
Seed Time: 39.83 **Finals Time:** 39.24 (1) * 20

<< #50 Men 60-64 200 Free >>
Seed Time: 2:28.87 **Finals Time:** 2:33.14 (1) 20
Finals Splits: 34.63 1:13.67 (39.04) 1:54.15 (40.48) 2:33.14 (38.99)

<< #92 Mixed 60-64 100 Free >>
Seed Time: NT **Finals Time:** 1:06.65 (1)

<< #94 Mixed 60-64 50 Back >>
Seed Time: NT **Finals Time:** 36.76 (1)

<< #9 Mixed 200 Free Relay - GSP-2 A - Leg 4 >>
Seed Time: 2:12.50 **Finals Time:** 2:01.51 (1) * 40

<< #18 Men 800 Free Relay - GSP-2 A - Leg 2 >>
Seed Time: 10:32.00 **Finals Time:** 10:58.16 (1)
 ZONECHAMPS: 11:15.39S
Finals Splits: 37.68 1:20.40 (42.72) 2:02.07 (41.67) 2:40.67 (38.60)
 3:16.02 (35.35) 3:55.51 (39.49) 4:36.89 (41.38) 5:17.02 (40.13)
 6:01.93 (44.91) 6:53.28 (51.35) 7:46.56 (53.28) 8:38.44 (51.88)
 9:08.75 (30.31) 9:44.88 (36.13) 10:20.94 (36.06) 10:58.16 (37.22)

<< #38 Men 400 Free Relay - GSP-2 A - Leg 1 >>
Seed Time: 4:30.50 **Finals Time:** 4:37.24 (1) 40
Finals Splits: 32.30 1:06.65 (34.35) 1:40.93 (34.28) 2:18.32 (37.39)
 2:55.27 (36.95) 3:36.27 (41.00) 4:04.96 (28.69) 4:37.24 (32.28)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Bob Tyler - 61

Granite State Penguins (Nh)-2

<< #53 Mixed 200 Medley Relay - GSP-2 A - Leg 1 >>

Seed Time:	2:22.40	Finals Time:	2:21.59	(1) * 40
		ZONECHAMPS: 2:24.84S	NELMSC: 2:24.84S	
Finals Splits:	36.76	1:19.79 (43.03)	1:48.43 (28.64)	2:21.59 (33.16)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Melinda Williams - 42

Granite State Penguins (Nh)-2

Seed Time:	5:52.88	<< #3 Women 40-44 400 Free >> Finals Time:	NS
Seed Time:	1:22.88	<< #5 Women 40-44 100 Fly >> Finals Time:	NS
Seed Time:	3:01.00	<< #11 Women 40-44 200 IM >> Finals Time:	NS
Seed Time:	37.88	<< #21 Women 40-44 50 Fly >> Finals Time:	NS
Seed Time:	2:48.88	<< #23 Women 40-44 200 Back >> Finals Time:	NS
Seed Time:	6:30.88	<< #31 Women 40-44 400 IM >> Finals Time:	Scratched
Seed Time:	34.88	<< #33 Women 40-44 50 Free >> Finals Time:	NS
Seed Time:	1:25.88	<< #45 Women 40-44 100 IM >> Finals Time:	NS
Seed Time:	38.88	<< #47 Women 40-44 50 Breast >> Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Anca Zetea - 52

Granite State Penguins (Nh)-2

		<< #33 Women 50-54 50 Free >>			
Seed Time:	31.00		Finals Time:	30.56 (1) * 20	
		<< #35 Women 50-54 200 Breast >>			
Seed Time:	3:10.00		Finals Time:	3:10.19 (1) 20	
Finals Splits:	42.97	1:31.26 (48.29)	2:21.36 (50.10)	3:10.19 (48.83)	
		<< #41 Women 50-54 100 Back >>			
Seed Time:	1:30.00		Finals Time:	1:22.02 (2) * 17	
Finals Splits:	39.50	1:22.02 (42.52)			
		<< #47 Women 50-54 50 Breast >>			
Seed Time:	38.00		Finals Time:	37.69 (1) * 20	
		NELMSC: 38.20S			
		<< #92 Mixed 50-54 100 Free >>			
Seed Time:	NT		Finals Time:	1:15.57 (1)	
		<< #39 Mixed 400 Free Relay - GSP-2 A - Leg 1 >>			
Seed Time:	5:02.60		Finals Time:	5:33.32 (1) 40	
Finals Splits:	35.40	1:15.57 (40.17)	1:54.96 (39.39)	2:37.82 (42.86)	
	3:24.28 (46.46)	4:14.28 (50.00)	4:52.32 (38.04)	5:33.32 (41.00)	
		<< #51 Women 200 Medley Relay - GSP-2 A - Leg 2 >>			
Seed Time:	2:20.80		Finals Time:	2:22.42 (1) 40	
Finals Splits:	40.77	1:18.39 (37.62)	1:50.05 (31.66)	2:22.42 (32.37)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Colby Bigelow - 18
Great Bav Masters Swimming. In-2

		<< #22 Men 18-24 50 Fly >>			
Seed Time:	30.73		Finals Time:	30.91 (2) 17	
		<< #26 Men 18-24 100 Free >>			
Seed Time:	1:01.66		Finals Time:	1:03.82 (3) 16	
Finals Splits:		29.38	1:03.82 (34.44)		
		<< #34 Men 18-24 50 Free >>			
Seed Time:	27.75		Finals Time:	27.21 (1) * 20	
		<< #8 Men 200 Free Relay - GBM-2 A - Leg 4 >>			
Seed Time:	1:55.00		Finals Time:	1:52.38 (1) * 40	
Finals Splits:		29.87	58.69 (28.82)	1:25.77 (27.08) 1:52.38 (26.61)	
		<< #38 Men 400 Free Relay - GBM-2 A - Leg 4 >>			
Seed Time:	4:15.00		Finals Time:	4:31.59 (1) 40	
Finals Splits:		33.01	1:09.05 (36.04)	1:44.55 (35.50) 2:27.60 (43.05)	
		2:56.40 (28.80)	3:29.45 (33.05)	3:57.89 (28.44) 4:31.59 (33.70)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Aagje Caron - 82

Great Bav Masters Swimming. In-2

		<< #3 Women 80-84 400 Free >>			
Seed Time:	9:59.36		Finals Time:	8:35.04	(1) * 20
Finals Splits:		57.49	2:01.58 (1:04.09)	3:06.13 (1:04.55)	4:10.75 (1:04.62)
		5:17.44 (1:06.69)	6:23.20 (1:05.76)	8:35.04 (2:11.84)	
		<< #15 Women 80-84 100 Breast >>			
Seed Time:	2:30.25		Finals Time:	2:22.01	(1) * 20
Finals Splits:		1:09.55	2:22.01 (1:12.46)		
		<< #25 Women 80-84 100 Free >>			
Seed Time:	2:10.18		Finals Time:	NS	
		<< #35 Women 80-84 200 Breast >>			
Seed Time:	5:15.39		Finals Time:	5:03.94	(1) * 20
Finals Splits:		1:12.87	2:30.31 (1:17.44)	3:47.67 (1:17.36)	5:03.94 (1:16.27)
		<< #41 Women 80-84 100 Back >>			
Seed Time:	2:26.86		Finals Time:	2:15.37	(1) * 20
			NELMSC: 2:18.86S		
		<< #45 Women 80-84 100 IM >>			
Seed Time:	2:25.16		Finals Time:	2:16.00	(1) * 20
Finals Splits:		1:09.12	2:16.00 (1:06.88)		
		<< #49 Women 80-84 200 Free >>			
Seed Time:	4:10.28		Finals Time:	4:09.14	(1) * 20
Finals Splits:		58.84		3:09.11 ()	4:09.14 (1:00.03)
		<< #19 Mixed 800 Free Relay - GBM-2 A - Leg 1 >>			
Seed Time:	12:15.00		Finals Time:	12:28.34	(1)
		<< #51 Women 200 Medley Relay - GBM-2 A - Leg 2 >>			
Seed Time:	3:30.00		Finals Time:	3:17.09	(1) * 40
Finals Splits:		47.49	1:55.61 (1:08.12)	2:35.91 (40.30)	3:17.09 (41.18)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Emily Cook - 37

Great Bav Masters Swimming. In-2

		<< #35 Women 35-39 200 Breast >>			
Seed Time:	3:40.00		Finals Time:	3:37.68 (3) * 16	
Finals Splits:	50.35	1:44.73 (54.38)	2:40.62 (55.89)	3:37.68 (57.06)	
		<< #41 Women 35-39 100 Back >>			
Seed Time:	1:40.00		Finals Time:	1:38.90 (4) * 15	
Finals Splits:	47.52	1:38.90 (51.38)			
		<< #45 Women 35-39 100 IM >>			
Seed Time:	1:36.00		Finals Time:	1:35.18 (6) * 13	
Finals Splits:	45.09	1:35.18 (50.09)			
		<< #47 Women 35-39 50 Breast >>			
Seed Time:	44.00		Finals Time:	46.71 (3) 16	
		<< #37 Women 400 Free Relay - GBM-2 A - Leg 3 >>			
Seed Time:	5:00.00		Finals Time:	5:48.13 (2) 34	
Finals Splits:	40.53	1:26.61 (46.08)	2:05.38 (38.77)	2:49.04 (43.66)	
	3:31.17 (42.13)	4:18.53 (47.36)	4:47.55 (29.02)	5:48.13 (1:00.58)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Alex Ferris - 23

Great Bav Masters Swimming. In-2

		<< #6 Men 18-24 100 Fly >>			
Seed Time:	1:09.00		Finals Time:	1:09.49	(1) 20
Finals Splits:	32.12	1:09.49 (37.37)			
		<< #12 Men 18-24 200 IM >>			
Seed Time:	3:06.00		Finals Time:	3:10.11	(1) 20
Finals Splits:	33.32	1:29.61 (56.29)	2:27.55 (57.94)	3:10.11 (42.56)	
		<< #22 Men 18-24 50 Fly >>			
Seed Time:	30.64		Finals Time:	31.47	(3) 16
		<< #26 Men 18-24 100 Free >>			
Seed Time:	1:10.00		Finals Time:	1:14.08	(6) 13
Finals Splits:	35.54	1:14.08 (38.54)			
		<< #34 Men 18-24 50 Free >>			
Seed Time:	32.00		Finals Time:	30.64	(3) * 16
		<< #44 Men 18-24 200 Fly >>			
Seed Time:	2:40.00		Finals Time:	2:45.94	(1) 20
Finals Splits:	35.05	1:15.66 (40.61)	1:57.75 (42.09)	2:45.94 (48.19)	
		<< #46 Men 18-24 100 IM >>			
Seed Time:	1:24.00		Finals Time:	NS	
		<< #50 Men 18-24 200 Free >>			
Seed Time:	2:38.00		Finals Time:	2:47.77	(3) 16
Finals Splits:	38.80	1:22.29 (43.49)	2:04.98 (42.69)	2:47.77 (42.79)	
		<< #92 Mixed 18-24 100 Free >>			
Seed Time:	NT		Finals Time:	1:09.05	(1)
		<< #19 Mixed 800 Free Relay - GBM-2 A - Leg 2 >>			
Seed Time:	12:15.00		Finals Time:	12:28.34	(1)
		<< #38 Men 400 Free Relay - GBM-2 A - Leg 1 >>			
Seed Time:	4:15.00		Finals Time:	4:31.59	(1) 40
Finals Splits:		33.01	1:09.05 (36.04)	1:44.55 (35.50)	2:27.60 (43.05)
		2:56.40 (28.80)	3:29.45 (33.05)	3:57.89 (28.44)	4:31.59 (33.70)
		<< #52 Men 200 Medley Relay - GBM-2 B - Leg 3 >>			
Seed Time:	3:00.00		Finals Time:	2:17.54	(2) * 34
Finals Splits:	36.42	1:12.33 (35.91)	1:43.12 (30.79)	2:17.54 (34.42)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Amy Ferris - 50

Great Bav Masters Swimming. In-2

		<< #33 Women 50-54 50 Free >>			
Seed Time:	39.00	Finals Time:	38.45	(7) * 12	
		<< #45 Women 50-54 100 IM >>			
Seed Time:	1:35.00	Finals Time:	1:37.92	(3) 16	
Finals Splits:	47.85	1:37.92 (50.07)			
		<< #47 Women 50-54 50 Breast >>			
Seed Time:	46.48	Finals Time:	47.68	(3) 16	
		<< #92 Mixed 50-54 100 Free >>			
Seed Time:	NT	Finals Time:	1:26.61	(3)	
		<< #94 Mixed 50-54 50 Back >>			
Seed Time:	NT	Finals Time:	47.49	(8)	
		<< #37 Women 400 Free Relay - GBM-2 A - Leg 1 >>			
Seed Time:	5:00.00	Finals Time:	5:48.13	(2) 34	
Finals Splits:	40.53	1:26.61 (46.08)	2:05.38 (38.77)	2:49.04 (43.66)	
	3:31.17 (42.13)	4:18.53 (47.36)	4:47.55 (29.02)	5:48.13 (1:00.58)	
		<< #51 Women 200 Medley Relay - GBM-2 A - Leg 1 >>			
Seed Time:	3:30.00	Finals Time:	3:17.09	(1) * 40	
Finals Splits:	47.49	1:55.61 (1:08.12)	2:35.91 (40.30)	3:17.09 (41.18)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Eric Florio - 36

Great Bav Masters Swimming. In-2

<< #4 Men 35-39 400 Free >>

Seed Time:	4:40.00		Finals Time:	4:54.49	(2)	17
Finals Splits:		31.22	1:05.56 (34.34)	1:41.79 (36.23)	2:19.03 (37.24)	
		2:57.33 (38.30)	3:35.94 (38.61)	4:15.71 (39.77)	4:54.49 (38.78)	

<< #26 Men 35-39 100 Free >>

Seed Time:	1:00.00		Finals Time:	NS		
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<< #8 Men 200 Free Relay - GBM-2 A - Leg 3 >>

Seed Time:	1:55.00		Finals Time:	1:52.38	(1)	* 40
Finals Splits:		29.87	58.69 (28.82)	1:25.77 (27.08)	1:52.38 (26.61)	

<< #19 Mixed 800 Free Relay - GBM-2 A - Leg 4 >>

Seed Time:	12:15.00		Finals Time:	12:28.34	(1)	
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Karen Grant - 60

Great Bav Masters Swimming. In-2

		<< #3 Women 60-64 400 Free >>			
Seed Time:	6:10.00	Finals Time:	6:02.91	(3) * 16	
Finals Splits:	39.63	1:23.79 (44.16)	2:10.06 (46.27)	2:56.69 (46.63)	
	3:43.88 (47.19)	4:30.89 (47.01)	5:17.64 (46.75)	6:02.91 (45.27)	
		<< #13 Women 60-64 50 Back >>			
Seed Time:	44.00	Finals Time:	42.82	(4) * 15	
		<< #15 Women 60-64 100 Breast >>			
Seed Time:	1:42.00	Finals Time:	1:40.79	(3) * 16	
Finals Splits:	48.26	1:40.79 (52.53)			
		<< #25 Women 60-64 100 Free >>			
Seed Time:	1:17.89	Finals Time:	1:15.92	(2) * 17	
Finals Splits:	36.45	1:15.92 (39.47)			
		<< #19 Mixed 800 Free Relay - GBM-2 A - Leg 3 >>			
Seed Time:	12:15.00	Finals Time:	12:28.34	(1)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Rob Green - 53

Great Bav Masters Swimming. In-2

Seed Time:	50.00	<< #34 Men 50-54 50 Free >>			
		Finals Time:	44.30	(5)	* 14
Seed Time:	6:00.00	<< #44 Men 50-54 200 Fly >>			
		Finals Time:	NS		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ethan Gygax - 19

Great Bav Masters Swimming. In-2

Seed Time:	40.00	<< #14 Men 18-24 50 Back >>	Finals Time:	36.25	(2) * 17
Seed Time:	40.00	<< #22 Men 18-24 50 Fly >>	Finals Time:	33.58	(5) * 14
Seed Time:	30.31	<< #34 Men 18-24 50 Free >>	Finals Time:	NS	
Seed Time:	38.49	<< #48 Men 18-24 50 Breast >>	Finals Time:	NS	
Seed Time:	NT	<< #83 Men 18-24 50 Free >>	Finals Time:	29.87	(1)
Seed Time:	1:55.00	<< #8 Men 200 Free Relay - GBM-2 A - Leg 1 >>	Finals Time:	1:52.38	(1) * 40
Finals Splits:		29.87	58.69 (28.82)	1:25.77 (27.08)	1:52.38 (26.61)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

John Lewis - 77

Great Bav Masters Swimming. In-2

Seed Time:	42.00	<< #34 Men 75-79 50 Free >>			
		Finals Time:	41.57	(3)	* 16
Seed Time:	45.00	<< #48 Men 75-79 50 Breast >>			
		Finals Time:	44.85	(1)	* 20

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Gail Pentheny - 61

Great Bav Masters Swimming. In-2

		<< #33 Women 60-64 50 Free >>			
Seed Time:	42.00		Finals Time:	Scratched	
		<< #41 Women 60-64 100 Back >>			
Seed Time:	2:00.00		Finals Time:	1:50.10 (4) * 15	
Finals Splits:	53.90	1:50.10 (56.20)			
		<< #45 Women 60-64 100 IM >>			
Seed Time:	1:50.00		Finals Time:	Scratched	
		<< #47 Women 60-64 50 Breast >>			
Seed Time:	1:00.00		Finals Time:	55.80 (3) * 16	
		<< #37 Women 400 Free Relay - GBM-2 A - Leg 4 >>			
Seed Time:	5:00.00		Finals Time:	5:48.13 (2) 34	
Finals Splits:	40.53	1:26.61 (46.08)	2:05.38 (38.77)	2:49.04 (43.66)	
	3:31.17 (42.13)	4:18.53 (47.36)	4:47.55 (29.02)	5:48.13 (1:00.58)	
		<< #51 Women 200 Medley Relay - GBM-2 A - Leg 4 >>			
Seed Time:	3:30.00		Finals Time:	3:17.09 (1) * 40	
Finals Splits:	47.49	1:55.61 (1:08.12)	2:35.91 (40.30)	3:17.09 (41.18)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Carol Prescott - 54

Great Bav Masters Swimming. In-2

		<< #31 Women 50-54 400 IM >>			
Seed Time:	7:18.71		Finals Time:	7:13.21 (2) * 17	
Finals Splits:		44.12	1:33.91 (49.79)	2:30.43 (56.52) 3:25.28 (54.85)	
		4:30.80 (1:05.52)	5:37.14 (1:06.34)	6:25.61 (48.47) 7:13.21 (47.60)	
		<< #33 Women 50-54 50 Free >>			
Seed Time:	34.00		Finals Time:	36.82 (6) 13	
		<< #41 Women 50-54 100 Back >>			
Seed Time:	1:42.00		Finals Time:	1:41.05 (5) * 14	
Finals Splits:		50.16	1:41.05 (50.89)		
		<< #43 Women 50-54 200 Fly >>			
Seed Time:	3:30.13		Finals Time:	3:25.46 (1) * 20	
Finals Splits:		46.43	1:38.49 (52.06)	2:32.94 (54.45) 3:25.46 (52.52)	
		<< #47 Women 50-54 50 Breast >>			
Seed Time:	59.50		Finals Time:	58.44 (4) * 15	
		<< #49 Women 50-54 200 Free >>			
Seed Time:	2:54.52		Finals Time:	2:53.51 (3) * 16	
Finals Splits:		41.60	1:25.58 (43.98)	2:10.30 (44.72) 2:53.51 (43.21)	
		<< #37 Women 400 Free Relay - GBM-2 A - Leg 2 >>			
Seed Time:	5:00.00		Finals Time:	5:48.13 (2) 34	
Finals Splits:		40.53	1:26.61 (46.08)	2:05.38 (38.77) 2:49.04 (43.66)	
		3:31.17 (42.13)	4:18.53 (47.36)	4:47.55 (29.02) 5:48.13 (1:00.58)	
		<< #51 Women 200 Medley Relay - GBM-2 A - Leg 3 >>			
Seed Time:	3:30.00		Finals Time:	3:17.09 (1) * 40	
Finals Splits:		47.49	1:55.61 (1:08.12)	2:35.91 (40.30) 3:17.09 (41.18)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

John Sullivan - 49

Great Bav Masters Swimming. In-2

Seed Time:	43.65	<< #14 Men 45-49 50 Back >>			
		Finals Time:	Scratched		
Seed Time:	44.39	<< #22 Men 45-49 50 Fly >>			
		Finals Time:	Scratched		
Seed Time:	1:16.77	<< #26 Men 45-49 100 Free >>			
		Finals Time:	Scratched		
Seed Time:	32.86	<< #34 Men 45-49 50 Free >>			
		Finals Time:	33.20	(7)	12
Seed Time:	1:32.47	<< #46 Men 45-49 100 IM >>			
Finals Splits:	45.93	Finals Time:	1:36.13	(5)	14
			1:36.13 (50.20)		
Seed Time:	48.62	<< #48 Men 45-49 50 Breast >>			
		Finals Time:	48.14	(3)	* 16
Seed Time:	4:15.00	<< #38 Men 400 Free Relay - GBM-2 A - Leg 2 >>			
Finals Splits:	33.01	Finals Time:	4:31.59	(1)	40
	2:56.40 (28.80)	1:09.05 (36.04)	1:44.55 (35.50)	2:27.60 (43.05)	
		3:29.45 (33.05)	3:57.89 (28.44)	4:31.59 (33.70)	
Seed Time:	3:00.00	<< #52 Men 200 Medley Relay - GBM-2 B - Leg 4 >>			
Finals Splits:	36.42	Finals Time:	2:17.54	(2)	* 34
		1:12.33 (35.91)	1:43.12 (30.79)	2:17.54 (34.42)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Matthew Whitford - 48

Great Bav Masters Swimming. In-2

		<< #34 Men 45-49 50 Free >>					
Seed Time:	26.23			Finals Time:	27.58	(3)	16
		<< #46 Men 45-49 100 IM >>					
Seed Time:	1:07.21			Finals Time:	1:11.58	(2)	17
Finals Splits:		32.08	1:11.58 (39.50)				
		<< #48 Men 45-49 50 Breast >>					
Seed Time:	34.56			Finals Time:	35.84	(1)	20
		<< #38 Men 400 Free Relay - GBM-2 A - Leg 3 >>					
Seed Time:	4:15.00			Finals Time:	4:31.59	(1)	40
Finals Splits:		33.01	1:09.05 (36.04)	1:44.55 (35.50)	2:27.60 (43.05)		
		2:56.40 (28.80)	3:29.45 (33.05)	3:57.89 (28.44)	4:31.59 (33.70)		
		<< #52 Men 200 Medley Relay - GBM-2 B - Leg 2 >>					
Seed Time:	3:00.00			Finals Time:	2:17.54	(2) *	34
Finals Splits:		36.42	1:12.33 (35.91)	1:43.12 (30.79)	2:17.54 (34.42)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Christopher Wong - 42

Great Bav Masters Swimming. In-2

Seed Time:	33.27	<< #22 Men 40-44 50 Fly >>				
		Finals Time:	33.73	(2)	17	
Seed Time:	31.47	<< #34 Men 40-44 50 Free >>				
		Finals Time:	Scratched			
Seed Time:	1:15.20	<< #46 Men 40-44 100 IM >>				
Finals Splits:		35.91	1:16.04 (40.13)	1:16.04	(2)	17
Seed Time:	37.27	<< #48 Men 40-44 50 Breast >>				
		Finals Time:	37.07	(1)	* 20	
Seed Time:	NT	<< #94 Mixed 40-44 50 Back >>				
		Finals Time:	36.42	(4)		
Seed Time:	1:55.00	<< #8 Men 200 Free Relay - GBM-2 A - Leg 2 >>				
Finals Splits:		29.87	58.69 (28.82)	1:25.77 (27.08)	1:52.38 (26.61)	(1) * 40
Seed Time:	3:00.00	<< #52 Men 200 Medley Relay - GBM-2 B - Leg 1 >>				
Finals Splits:		36.42	1:12.33 (35.91)	1:43.12 (30.79)	2:17.54 (34.42)	(2) * 34

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Scott Cochrane - 71

Greater Holvoke YMCA Masters-2

Seed Time:	3:08.41	<< #12 Men 70-74 200 IM >>	Finals Time:	Scratched
Seed Time:	1:35.00	<< #16 Men 70-74 100 Breast >>	Finals Time:	Scratched
Seed Time:	40.00	<< #22 Men 70-74 50 Fly >>	Finals Time:	Scratched
Seed Time:	1:15.58	<< #26 Men 70-74 100 Free >>	Finals Time:	Scratched
Seed Time:	37.10	<< #34 Men 70-74 50 Free >>	Finals Time:	Scratched
Seed Time:	3:10.00	<< #36 Men 70-74 200 Breast >>	Finals Time:	Scratched
Seed Time:	1:30.00	<< #46 Men 70-74 100 IM >>	Finals Time:	Scratched
Seed Time:	45.00	<< #48 Men 70-74 50 Breast >>	Finals Time:	Scratched
Seed Time:	2:35.00	<< #50 Men 70-74 200 Free >>	Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Bethany Roberts - 35

Greater Holvoke YMCA Masters-2

<< #3 Women 35-39 400 Free >>

Seed Time:	9:00.00		Finals Time:	7:08.57	(3) * 16
Finals Splits:		48.58	1:41.91 (53.33)	2:36.35 (54.44)	3:31.42 (55.07)
		4:26.78 (55.36)	5:22.58 (55.80)	6:18.13 (55.55)	7:08.57 (50.44)

<< #13 Women 35-39 50 Back >>

Seed Time:	1:30.00		Finals Time:	51.13	(5) * 14
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Neal Teague - 45

Greater Holvoke YMCA Masters-2

Seed Time:	1:23.94	<< #16 Men 45-49 100 Breast >>	Finals Time:	Scratched
Seed Time:	32.95	<< #22 Men 45-49 50 Fly >>	Finals Time:	Scratched
Seed Time:	1:07.00	<< #26 Men 45-49 100 Free >>	Finals Time:	Scratched
Seed Time:	29.10	<< #34 Men 45-49 50 Free >>	Finals Time:	NS
Seed Time:	3:00.00	<< #44 Men 45-49 200 Fly >>	Finals Time:	NS
Seed Time:	1:15.00	<< #46 Men 45-49 100 IM >>	Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Olivia Trojbom - 21

Green Mountain Community Fitne-2

		<< #13 Women 18-24 50 Back >>			
Seed Time:	29.97	Finals Time:	30.77	(1)	20
		<< #21 Women 18-24 50 Fly >>			
Seed Time:	28.56	Finals Time:	28.90	(1)	20

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

John Decker - 49

Greenville Splash Masters-55

Seed Time:	30.00	<< #34 Men 45-49 50 Free >>	
		Finals Time:	NS
Seed Time:	2:35.00	<< #44 Men 45-49 200 Fly >>	
		Finals Time:	NS
Seed Time:	2:16.00	<< #50 Men 45-49 200 Free >>	
		Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Gregory Bird - 46

King Fins Aquatic Club-2

		<< #6 Men 45-49 100 Fly >>			
Seed Time:	1:07.00		Finals Time:	1:08.37	(1) 20
Finals Splits:	30.68		1:08.37 (37.69)		
		<< #12 Men 45-49 200 IM >>			
Seed Time:	2:45.00		Finals Time:	2:38.42	(2) * 17
Finals Splits:	31.16		1:12.39 (41.23)	1:59.51 (47.12)	2:38.42 (38.91)
		<< #14 Men 45-49 50 Back >>			
Seed Time:	35.00		Finals Time:	32.81	(3) * 16
		<< #22 Men 45-49 50 Fly >>			
Seed Time:	33.00		Finals Time:	29.80	(2) * 17
		<< #83 Men 45-49 50 Free >>			
Seed Time:	NT		Finals Time:	28.83	(1)
		<< #8 Men 200 Free Relay - KFAC-2 A - Leg 1 >>			
Seed Time:	1:55.00		Finals Time:	1:56.82	(2) 34
Finals Splits:	28.83		58.69 (29.86)	1:27.14 (28.45)	1:56.82 (29.68)
		<< #18 Men 800 Free Relay - KFAC-2 A - Leg 4 >>			
Seed Time:	8:30.00		Finals Time:	10:01.04	(2)
Finals Splits:		31.67	1:06.12 (34.45)	1:42.36 (36.24)	2:18.56 (36.20)
		2:51.42 (32.86)	3:29.52 (38.10)	4:09.35 (39.83)	4:49.26 (39.91)
		5:23.28 (34.02)	6:02.90 (39.62)	6:41.64 (38.74)	7:20.81 (39.17)
		7:56.47 (35.66)	8:37.04 (40.57)	9:19.53 (42.49)	10:01.04 (41.51)
		<< #28 Men 400 Medley Relay - KFAC-2 A - Leg 3 >>			
Seed Time:	5:30.00		Finals Time:	5:11.14	(2) * 34
Finals Splits:		38.89	1:20.79 (41.90)	2:01.48 (40.69)	2:50.00 (48.52)
		3:22.10 (32.10)	4:00.60 (38.50)	4:33.58 (32.98)	5:11.14 (37.56)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Colin Campbell - 51

King Fins Aquatic Club-2

		<< #16 Men 50-54 100 Breast >>			
Seed Time:	1:40.00		Finals Time:	1:36.78	(3) * 16
Finals Splits:		46.23	1:36.78 (50.55)		
		<< #22 Men 50-54 50 Fly >>			
Seed Time:	45.00		Finals Time:	38.54	(5) * 14
		<< #26 Men 50-54 100 Free >>			
Seed Time:	1:20.00		Finals Time:	1:18.61	(6) * 13
Finals Splits:		37.55	1:18.61 (41.06)		
		<< #9 Mixed 200 Free Relay - KFAC-2 A - Leg 2 >>			
Seed Time:	2:30.00		Finals Time:	2:12.59	(2) * 34
		<< #29 Mixed 400 Medley Relay - KFAC-2 B - Leg 2 >>			
Seed Time:	6:00.00		Finals Time:	6:39.09	(3) 32
Finals Splits:		46.06	1:34.79 (48.73)	2:19.10 (44.31)	3:23.52 (1:04.42)
		3:45.88 (22.36)	4:38.28 (52.40)	5:30.98 (52.70)	6:39.09 (1:08.11)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Chris Carpino - 30

King Fins Aquatic Club-2

		<< #14 Men 30-34 50 Back >>			
Seed Time:	36.50	Finals Time:	34.58	(5)	* 14
		<< #16 Men 30-34 100 Breast >>			
Seed Time:	1:25.00	Finals Time:	1:25.53	(7)	12
Finals Splits:	39.84	1:25.53 (45.69)			
		<< #22 Men 30-34 50 Fly >>			
Seed Time:	31.50	Finals Time:	30.90	(3)	* 16
		<< #26 Men 30-34 100 Free >>			
Seed Time:	1:02.00	Finals Time:	1:08.27	(3)	16
Finals Splits:	31.58	1:08.27 (36.69)			
		<< #34 Men 30-34 50 Free >>			
Seed Time:	28.50	Finals Time:	27.55	(5)	* 14
		<< #42 Men 30-34 100 Back >>			
Seed Time:	1:20.00	Finals Time:	1:21.08	(7)	12
Finals Splits:	39.61	1:21.08 (41.47)			
		<< #46 Men 30-34 100 IM >>			
Seed Time:	1:12.00	Finals Time:	1:15.43	(5)	14
Finals Splits:	34.41	1:15.43 (41.02)			
		<< #48 Men 30-34 50 Breast >>			
Seed Time:	39.50	Finals Time:	37.33	(5)	* 14
		<< #19 Mixed 800 Free Relay - KFAC-2 A - Leg 3 >>			
Seed Time:	8:50.00	Finals Time:	12:40.28	(2)	
Finals Splits:		48.89	1:43.77 (54.88)	2:46.31 (1:02.54)	3:46.29 (59.98)
		4:23.88 (37.59)	5:06.42 (42.54)	5:51.46 (45.04)	6:37.15 (45.69)
		7:13.48 (36.33)	7:54.96 (41.48)	8:39.19 (44.23)	9:23.78 (44.59)
		10:07.70 (43.92)	10:57.75 (50.05)	11:49.45 (51.70)	12:40.28 (50.83)
		<< #28 Men 400 Medley Relay - KFAC-2 A - Leg 2 >>			
Seed Time:	5:30.00	Finals Time:	5:11.14	(2)	* 34
Finals Splits:		38.89	1:20.79 (41.90)	2:01.48 (40.69)	2:50.00 (48.52)
		3:22.10 (32.10)	4:00.60 (38.50)	4:33.58 (32.98)	5:11.14 (37.56)
		<< #52 Men 200 Medley Relay - KFAC-2 A - Leg 3 >>			
Seed Time:	NT	Finals Time:	2:17.21	(1)	40
Finals Splits:		34.71	1:15.68 (40.97)	1:47.27 (31.59)	2:17.21 (29.94)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Donna Collins - 48

King Fins Aquatic Club-2

		<< #5 Women 45-49 100 Fly >>			
Seed Time:	1:26.00	Finals Time:	1:25.72	(2) * 17	
Finals Splits:	39.80	1:25.72 (45.92)			
		<< #11 Women 45-49 200 IM >>			
Seed Time:	3:05.00	Finals Time:	3:06.47	(3) 16	
Finals Splits:	39.94	1:30.78 (50.84)	2:23.04 (52.26)	3:06.47 (43.43)	
		<< #21 Women 45-49 50 Fly >>			
Seed Time:	37.00	Finals Time:	37.31	(1) 20	
		<< #7 Women 200 Free Relay - KFAC-2 B - Leg 4 >>			
Seed Time:	2:15.00	Finals Time:	2:26.78	(2) 34	
Finals Splits:	35.58	1:18.41 (42.83)	1:51.12 (32.71)	2:26.78 (35.66)	
		<< #17 Women 800 Free Relay - KFAC-2 A - Leg 2 >>			
Seed Time:	8:40.00	Finals Time:	10:33.70	(1)	
Finals Splits:	35.09	1:15.23 (40.14)	1:56.69 (41.46)	2:37.02 (40.33)	
	3:16.04 (39.02)	3:59.10 (43.06)	4:42.78 (43.68)	5:25.86 (43.08)	
	6:00.86 (35.00)	6:41.26 (40.40)	7:23.47 (42.21)	8:05.38 (41.91)	
	8:38.65 (33.27)	9:15.99 (37.34)	9:54.66 (38.67)	10:33.70 (39.04)	
		<< #27 Women 400 Medley Relay - KFAC-2 A - Leg 3 >>			
Seed Time:	5:45.00	Finals Time:	5:42.60	(1) * 40	
Finals Splits:	40.59	1:23.85 (43.26)	1:42.89 (19.04)	2:06.18 (23.29)	
	2:53.24 (47.06)	3:34.51 (41.27)	4:21.31 (46.80)	5:42.60 (1:21.29)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jake Conca - 48

King Fins Aquatic Club-2

		<< #6 Men 45-49 100 Fly >>			
Seed Time:	1:22.42		Finals Time:	1:15.90	(3) * 16
Finals Splits:		33.99	1:15.90 (41.91)		
		<< #14 Men 45-49 50 Back >>			
Seed Time:	37.00		Finals Time:	36.57	(4) * 15
		<< #16 Men 45-49 100 Breast >>			
Seed Time:	1:29.37		Finals Time:	1:26.78	(1) * 20
Finals Splits:		40.77	1:26.78 (46.01)		
		<< #22 Men 45-49 50 Fly >>			
Seed Time:	33.20		Finals Time:	33.01	(5) * 14
		<< #26 Men 45-49 100 Free >>			
Seed Time:	1:05.95		Finals Time:	1:07.89	(3) 16
Finals Splits:		31.72	1:07.89 (36.17)		
		<< #8 Men 200 Free Relay - KFAC-2 A - Leg 3 >>			
Seed Time:	1:55.00		Finals Time:	1:56.82	(2) 34
Finals Splits:		28.83	58.69 (29.86)	1:27.14 (28.45)	1:56.82 (29.68)
		<< #18 Men 800 Free Relay - KFAC-2 A - Leg 2 >>			
Seed Time:	8:30.00		Finals Time:	10:01.04	(2)
Finals Splits:		31.67	1:06.12 (34.45)	1:42.36 (36.24)	2:18.56 (36.20)
		2:51.42 (32.86)	3:29.52 (38.10)	4:09.35 (39.83)	4:49.26 (39.91)
		5:23.28 (34.02)	6:02.90 (39.62)	6:41.64 (38.74)	7:20.81 (39.17)
		7:56.47 (35.66)	8:37.04 (40.57)	9:19.53 (42.49)	10:01.04 (41.51)
		<< #28 Men 400 Medley Relay - KFAC-2 B - Leg 2 >>			
Seed Time:	5:55.00		Finals Time:	6:44.90	(4) 30
Finals Splits:		1:05.33	2:58.78 (1:53.45)	3:47.27 (48.49)	4:27.21 (39.94)
		5:14.01 (46.80)	5:33.25 (19.24)	6:44.90 (1:11.65)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Sean Correll - 56

King Fins Aquatic Club-2

		<< #4 Men 55-59 400 Free >>				
Seed Time:	5:25.00		Finals Time:	5:24.87	(3) * 16	
Finals Splits:		35.69	1:15.14 (39.45)	1:55.93 (40.79)	3:19.63 (1:23.70)	
		4:01.52 (41.89)	4:43.71 (42.19)	5:24.93 (41.22)	5:24.87 ()	
		<< #12 Men 55-59 200 IM >>				
Seed Time:	2:52.00		Finals Time:	2:50.38	(5) * 14	
Finals Splits:		36.43	1:18.80 (42.37)	2:08.40 (49.60)	2:50.38 (41.98)	
		<< #22 Men 55-59 50 Fly >>				
Seed Time:	36.00		Finals Time:	34.92	(6) * 13	
		<< #26 Men 55-59 100 Free >>				
Seed Time:	1:05.00		Finals Time:	1:10.35	(9) 9	
Finals Splits:		32.94	1:10.35 (37.41)			
		<< #8 Men 200 Free Relay - KFAC-2 A - Leg 2 >>				
Seed Time:	1:55.00		Finals Time:	1:56.82	(2) 34	
Finals Splits:		28.83	58.69 (29.86)	1:27.14 (28.45)	1:56.82 (29.68)	
		<< #28 Men 400 Medley Relay - KFAC-2 B - Leg 3 >>				
Seed Time:	5:55.00		Finals Time:	6:44.90	(4) 30	
Finals Splits:		1:05.33	2:58.78 (1:53.45)	3:47.27 (48.49)	4:27.21 (39.94)	
		5:14.01 (46.80)	5:33.25 (19.24)	6:44.90 (1:11.65)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kaitlin Curbeau - 38

King Fins Aquatic Club-2

<< #1 Mixed 35-39 1500 Free >>

Seed Time:	21:00.00		Finals Time:	20:36.68	(3) * 16
Finals Splits:		35.33	1:13.48 (38.15)	1:52.49 (39.01)	2:32.12 (39.63)
		3:13.04 (40.92)	3:54.68 (41.64)	4:36.05 (41.37)	5:18.23 (42.18)
		6:00.17 (41.94)	6:42.53 (42.36)	7:24.65 (42.12)	8:06.75 (42.10)
		8:48.49 (41.74)	9:30.27 (41.78)	10:11.90 (41.63)	10:53.32 (41.42)
		11:35.49 (42.17)	12:17.13 (41.64)	12:58.61 (41.48)	13:40.19 (41.58)
		14:21.84 (41.65)	15:03.23 (41.39)	15:44.95 (41.72)	16:26.67 (41.72)
		17:08.80 (42.13)	17:50.38 (41.58)	18:32.43 (42.05)	19:13.90 (41.47)
		19:55.70 (41.80)	20:36.68 (40.98)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

George Dealy - 65

King Fins Aquatic Club-2

		<< #14 Men 65-69 50 Back >>			
Seed Time:	50.00	Finals Time:	59.10	(3)	16
		<< #26 Men 65-69 100 Free >>			
Seed Time:	1:40.00	Finals Time:	1:49.70	(6)	13
Finals Splits:	50.76	1:49.70 (58.94)			
		<< #70 Mixed 65-69 200 Free >>			
Seed Time:	NT	Finals Time:	4:16.10	(2)	
		<< #86 Mixed 65-69 100 Back >>			
Seed Time:	NT	Finals Time:	2:58.78	(1)	
		<< #8 Men 200 Free Relay - KFAC-2 B - Leg 3 >>			
Seed Time:	2:45.00	Finals Time:	2:51.21	(2)	34
Finals Splits:	32.96	1:23.34 (50.38)	2:09.34 (46.00)	2:51.21 (41.87)	
		<< #19 Mixed 800 Free Relay - KFAC-2 C - Leg 1 >>			
Seed Time:	NT	Finals Time:	13:37.97	(2)	
Finals Splits:	53.81	1:58.06 (1:04.25)	3:07.61 (1:09.55)	4:16.10 (1:08.49)	
	4:53.03 (36.93)	5:36.93 (43.90)	6:23.67 (46.74)	7:12.43 (48.76)	
	7:34.19 (21.76)	10:35.82 (3:01.63)	10:55.82 (20.00)	11:15.20 (19.38)	
	12:00.80 (45.60)	12:49.62 (48.82)	13:39.73 (50.11)	13:37.97 ()	
		<< #28 Men 400 Medley Relay - KFAC-2 B - Leg 1 >>			
Seed Time:	5:55.00	Finals Time:	6:44.90	(4)	30
Finals Splits:	1:05.33	2:58.78 (1:53.45)	3:47.27 (48.49)	4:27.21 (39.94)	
	5:14.01 (46.80)	5:33.25 (19.24)	6:44.90 (1:11.65)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kevin Diamond - 68

King Fins Aquatic Club-2

		<< #16 Men 65-69 100 Breast >>			
Seed Time:	2:20.00		Finals Time:	2:12.95	(6) * 13
Finals Splits:	58.42	2:12.95 (1:14.53)			
		<< #26 Men 65-69 100 Free >>			
Seed Time:	2:20.00		Finals Time:	2:03.33	(7) * 12
Finals Splits:	2:04.01	2:03.33 ()			
		<< #70 Mixed 65-69 200 Free >>			
Seed Time:	NT		Finals Time:	4:46.22	(3)
		<< #8 Men 200 Free Relay - KFAC-2 B - Leg 2 >>			
Seed Time:	2:45.00		Finals Time:	2:51.21	(2) 34
Finals Splits:	32.96	1:23.34 (50.38)	2:09.34 (46.00)	2:51.21 (41.87)	
		<< #19 Mixed 800 Free Relay - KFAC-2 B - Leg 1 >>			
Seed Time:	8:50.00		Finals Time:	13:40.08	(1)
		ZONECHAMPS: 13:45.66S NELMSC: 13:48.36S			
Finals Splits:	58.15	2:12.45 (1:14.30)	3:31.05 (1:18.60)	4:46.22 (1:15.17)	
	5:14.12 (27.90)	6:13.62 (59.50)	7:00.49 (46.87)	7:46.06 (45.57)	
	8:25.98 (39.92)	9:12.41 (46.43)	10:01.20 (48.79)	10:48.77 (47.57)	
	11:26.12 (37.35)	12:10.26 (44.14)	12:55.63 (45.37)	13:40.08 (44.45)	
		<< #29 Mixed 400 Medley Relay - KFAC-2 B - Leg 4 >>			
Seed Time:	6:00.00		Finals Time:	6:39.09	(3) 32
Finals Splits:	46.06	1:34.79 (48.73)	2:19.10 (44.31)	3:23.52 (1:04.42)	
	3:45.88 (22.36)	4:38.28 (52.40)	5:30.98 (52.70)	6:39.09 (1:08.11)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Peter Doyle - 63

King Fins Aquatic Club-2

		<< #22 Men 60-64 50 Fly >>				
Seed Time:	35.00	Finals Time:	34.03	(3)	* 16	
		<< #26 Men 60-64 100 Free >>				
Seed Time:	1:10.00	Finals Time:	1:09.40	(4)	* 15	
Finals Splits:	32.59	1:09.40 (36.81)				
		<< #34 Men 60-64 50 Free >>				
Seed Time:	30.00	Finals Time:	28.48	(2)	* 17	
		<< #9 Mixed 200 Free Relay - KFAC-2 A - Leg 4 >>				
Seed Time:	2:30.00	Finals Time:	2:12.59	(2)	* 34	
		<< #19 Mixed 800 Free Relay - KFAC-2 B - Leg 4 >>				
Seed Time:	8:50.00	Finals Time:	13:40.08	(1)		
		ZONECHAMPS: 13:45.66S NELMSC: 13:48.36S				
Finals Splits:	58.15	2:12.45 (1:14.30)	3:31.05 (1:18.60)	4:46.22 (1:15.17)		
	5:14.12 (27.90)	6:13.62 (59.50)	7:00.49 (46.87)	7:46.06 (45.57)		
	8:25.98 (39.92)	9:12.41 (46.43)	10:01.20 (48.79)	10:48.77 (47.57)		
	11:26.12 (37.35)	12:10.26 (44.14)	12:55.63 (45.37)	13:40.08 (44.45)		
		<< #28 Men 400 Medley Relay - KFAC-2 A - Leg 4 >>				
Seed Time:	5:30.00	Finals Time:	5:11.14	(2)	* 34	
Finals Splits:	38.89	1:20.79 (41.90)	2:01.48 (40.69)	2:50.00 (48.52)		
	3:22.10 (32.10)	4:00.60 (38.50)	4:33.58 (32.98)	5:11.14 (37.56)		
		<< #38 Men 400 Free Relay - KFAC-2 A - Leg 3 >>				
Seed Time:	5:00.00	Finals Time:	4:46.00	(2)	* 34	
Finals Splits:	32.14	1:09.59 (37.45)	1:48.80 (39.21)	2:31.70 (42.90)		
	3:04.45 (32.75)	3:41.14 (36.69)	4:12.00 (30.86)	4:46.00 (34.00)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Molly Floto - 47

King Fins Aquatic Club-2

		<< #13 Women 45-49 50 Back >>			
Seed Time:	1:05.00		Finals Time:	40.96	(2) * 17
		<< #82 Women 45-49 50 Free >>			
Seed Time:	NT		Finals Time:	35.58	(1)
		<< #7 Women 200 Free Relay - KFAC-2 B - Leg 1 >>			
Seed Time:	2:15.00		Finals Time:	2:26.78	(2) 34
Finals Splits:		35.58	1:18.41 (42.83)	1:51.12 (32.71)	2:26.78 (35.66)
		<< #19 Mixed 800 Free Relay - KFAC-2 C - Leg 2 >>			
Seed Time:	NT		Finals Time:	13:37.97	(2)
Finals Splits:		53.81	1:58.06 (1:04.25)	3:07.61 (1:09.55)	4:16.10 (1:08.49)
		4:53.03 (36.93)	5:36.93 (43.90)	6:23.67 (46.74)	7:12.43 (48.76)
		7:34.19 (21.76)	10:35.82 (3:01.63)	10:55.82 (20.00)	11:15.20 (19.38)
		12:00.80 (45.60)	12:49.62 (48.82)	13:39.73 (50.11)	13:37.97 ()

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kevin Foley - 60

King Fins Aquatic Club-2

		<< #26 Men 60-64 100 Free >>			
Seed Time:	1:40.00	Finals Time:	1:38.85	(12)	* 5
		<< #70 Mixed 60-64 200 Free >>			
Seed Time:	NT	Finals Time:	3:46.29	(1)	
		<< #8 Men 200 Free Relay - KFAC-2 B - Leg 4 >>			
Seed Time:	2:45.00	Finals Time:	2:51.21	(2)	34
Finals Splits:	32.96	1:23.34 (50.38)	2:09.34 (46.00)	2:51.21 (41.87)	
		<< #19 Mixed 800 Free Relay - KFAC-2 A - Leg 1 >>			
Seed Time:	8:50.00	Finals Time:	12:40.28	(2)	
Finals Splits:	48.89	1:43.77 (54.88)	2:46.31 (1:02.54)	3:46.29 (59.98)	
	4:23.88 (37.59)	5:06.42 (42.54)	5:51.46 (45.04)	6:37.15 (45.69)	
	7:13.48 (36.33)	7:54.96 (41.48)	8:39.19 (44.23)	9:23.78 (44.59)	
	10:07.70 (43.92)	10:57.75 (50.05)	11:49.45 (51.70)	12:40.28 (50.83)	
		<< #29 Mixed 400 Medley Relay - KFAC-2 A - Leg 4 >>			
Seed Time:	5:45.00	Finals Time:	6:21.42	(1)	40
Finals Splits:	39.41	1:20.47 (41.06)	2:19.05 (58.58)	3:23.07 (1:04.02)	
	3:58.96 (35.89)	4:41.56 (42.60)	5:28.93 (47.37)	6:21.42 (52.49)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Melissa Halstead - 54

King Fins Aquatic Club-2

Seed Time:	8:15.00	<< #3 Women 50-54 400 Free >>	Finals Time:	Scratched
Seed Time:	58.24	<< #13 Women 50-54 50 Back >>	Finals Time:	Scratched
Seed Time:	2:06.00	<< #15 Women 50-54 100 Breast >>	Finals Time:	Scratched
Seed Time:	1:36.72	<< #25 Women 50-54 100 Free >>	Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Mary Holt-Wilson - 53

King Fins Aquatic Club-2

		<< #3 Women 50-54 400 Free >>			
Seed Time:	5:53.48	Finals Time:	6:12.47	(3)	16
Finals Splits:	41.07	1:26.97 (45.90)	2:14.17 (47.20)	3:01.79 (47.62)	
	3:49.63 (47.84)	4:37.71 (48.08)	5:26.17 (48.46)	6:12.47 (46.30)	
		<< #13 Women 50-54 50 Back >>			
Seed Time:	40.27	Finals Time:	42.81	(4)	15
		<< #21 Women 50-54 50 Fly >>			
Seed Time:	36.83	Finals Time:	40.55	(4)	15
		<< #23 Women 50-54 200 Back >>			
Seed Time:	3:10.11	Finals Time:	NS		
		<< #86 Mixed 50-54 100 Back >>			
Seed Time:	NT	Finals Time:	1:34.79	(6)	
		<< #9 Mixed 200 Free Relay - KFAC-2 A - Leg 3 >>			
Seed Time:	2:30.00	Finals Time:	2:12.59	(2)	* 34
		<< #19 Mixed 800 Free Relay - KFAC-2 B - Leg 3 >>			
Seed Time:	8:50.00	Finals Time:	13:40.08	(1)	
		ZONECHAMPS: 13:45.66S NELMSC: 13:48.36S			
Finals Splits:	58.15	2:12.45 (1:14.30)	3:31.05 (1:18.60)	4:46.22 (1:15.17)	
	5:14.12 (27.90)	6:13.62 (59.50)	7:00.49 (46.87)	7:46.06 (45.57)	
	8:25.98 (39.92)	9:12.41 (46.43)	10:01.20 (48.79)	10:48.77 (47.57)	
	11:26.12 (37.35)	12:10.26 (44.14)	12:55.63 (45.37)	13:40.08 (44.45)	
		<< #29 Mixed 400 Medley Relay - KFAC-2 B - Leg 1 >>			
Seed Time:	6:00.00	Finals Time:	6:39.09	(3)	32
Finals Splits:	46.06	1:34.79 (48.73)	2:19.10 (44.31)	3:23.52 (1:04.42)	
	3:45.88 (22.36)	4:38.28 (52.40)	5:30.98 (52.70)	6:39.09 (1:08.11)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Paula Kweder - 60

King Fins Aquatic Club-2

		<< #13 Women 60-64 50 Back >>			
Seed Time:	45.00	Finals Time:	42.00	(3)	* 16
		<< #23 Women 60-64 200 Back >>			
Seed Time:	3:19.80	Finals Time:	3:22.88	(2)	17
Finals Splits:	47.05	1:37.65 (50.60)	2:29.48 (51.83)	3:22.88 (53.40)	
		<< #25 Women 60-64 100 Free >>			
Seed Time:	1:25.00	Finals Time:	1:19.41	(4)	* 15
Finals Splits:	38.65	1:19.41 (40.76)			
		<< #7 Women 200 Free Relay - KFAC-2 B - Leg 2 >>			
Seed Time:	2:15.00	Finals Time:	2:26.78	(2)	34
Finals Splits:	35.58	1:18.41 (42.83)	1:51.12 (32.71)	2:26.78 (35.66)	
		<< #19 Mixed 800 Free Relay - KFAC-2 B - Leg 2 >>			
Seed Time:	8:50.00	Finals Time:	13:40.08	(1)	
		ZONECHAMPS: 13:45.66S NELMSC: 13:48.36S			
Finals Splits:	58.15	2:12.45 (1:14.30)	3:31.05 (1:18.60)	4:46.22 (1:15.17)	
	5:14.12 (27.90)	6:13.62 (59.50)	7:00.49 (46.87)	7:46.06 (45.57)	
	8:25.98 (39.92)	9:12.41 (46.43)	10:01.20 (48.79)	10:48.77 (47.57)	
	11:26.12 (37.35)	12:10.26 (44.14)	12:55.63 (45.37)	13:40.08 (44.45)	
		<< #27 Women 400 Medley Relay - KFAC-2 A - Leg 4 >>			
Seed Time:	5:45.00	Finals Time:	5:42.60	(1)	* 40
Finals Splits:	40.59	1:23.85 (43.26)	1:42.89 (19.04)	2:06.18 (23.29)	
	2:53.24 (47.06)	3:34.51 (41.27)	4:21.31 (46.80)	5:42.60 (1:21.29)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Mark Lorson - 38

King Fins Aquatic Club-2

		<< #6 Men 35-39 100 Fly >>			
Seed Time:	1:15.20		Finals Time:	1:17.42	(2) 17
Finals Splits:	34.48	1:17.42 (42.94)			
		<< #12 Men 35-39 200 IM >>			
Seed Time:	2:42.04		Finals Time:	2:49.85	(3) 16
Finals Splits:	35.01	1:18.27 (43.26)	2:12.27 (54.00)	2:49.85 (37.58)	
		<< #16 Men 35-39 100 Breast >>			
Seed Time:	1:40.00		Finals Time:	1:31.15	(1) * 20
Finals Splits:	42.52	1:31.15 (48.63)			
		<< #22 Men 35-39 50 Fly >>			
Seed Time:	33.98		Finals Time:	31.91	(1) * 20
		<< #24 Men 35-39 200 Back >>			
Seed Time:	2:47.04		Finals Time:	2:51.40	(1) 20
Finals Splits:	41.07	1:25.40 (44.33)	2:08.87 (43.47)	2:51.40 (42.53)	
		<< #26 Men 35-39 100 Free >>			
Seed Time:	1:03.89		Finals Time:	1:05.50	(1) 20
Finals Splits:	31.46	1:05.50 (34.04)			
		<< #86 Mixed 35-39 100 Back >>			
Seed Time:	NT		Finals Time:	1:20.79	(3)
		<< #8 Men 200 Free Relay - KFAC-2 A - Leg 4 >>			
Seed Time:	1:55.00		Finals Time:	1:56.82	(2) 34
Finals Splits:	28.83	58.69 (29.86)	1:27.14 (28.45)	1:56.82 (29.68)	
		<< #18 Men 800 Free Relay - KFAC-2 A - Leg 3 >>			
Seed Time:	8:30.00		Finals Time:	10:01.04	(2)
Finals Splits:	31.67	1:06.12 (34.45)	1:42.36 (36.24)	2:18.56 (36.20)	
	2:51.42 (32.86)	3:29.52 (38.10)	4:09.35 (39.83)	4:49.26 (39.91)	
	5:23.28 (34.02)	6:02.90 (39.62)	6:41.64 (38.74)	7:20.81 (39.17)	
	7:56.47 (35.66)	8:37.04 (40.57)	9:19.53 (42.49)	10:01.04 (41.51)	
		<< #28 Men 400 Medley Relay - KFAC-2 A - Leg 1 >>			
Seed Time:	5:30.00		Finals Time:	5:11.14	(2) * 34
Finals Splits:	38.89	1:20.79 (41.90)	2:01.48 (40.69)	2:50.00 (48.52)	
	3:22.10 (32.10)	4:00.60 (38.50)	4:33.58 (32.98)	5:11.14 (37.56)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Warren Mead - 52

King Fins Aquatic Club-2

		<< #26 Men 50-54 100 Free >>			
Seed Time:	1:45.00	Finals Time:	1:27.95	(8)	* 11
		<< #83 Men 50-54 50 Free >>			
Seed Time:	NT	Finals Time:	32.96	(2)	
		<< #8 Men 200 Free Relay - KFAC-2 B - Leg 1 >>			
Seed Time:	2:45.00	Finals Time:	2:51.21	(2)	34
Finals Splits:	32.96	1:23.34 (50.38)	2:09.34 (46.00)	2:51.21 (41.87)	
		<< #19 Mixed 800 Free Relay - KFAC-2 C - Leg 3 >>			
Seed Time:	NT	Finals Time:	13:37.97	(2)	
Finals Splits:	53.81	1:58.06 (1:04.25)	3:07.61 (1:09.55)	4:16.10 (1:08.49)	
	4:53.03 (36.93)	5:36.93 (43.90)	6:23.67 (46.74)	7:12.43 (48.76)	
	7:34.19 (21.76)	10:35.82 (3:01.63)	10:55.82 (20.00)	11:15.20 (19.38)	
	12:00.80 (45.60)	12:49.62 (48.82)	13:39.73 (50.11)	13:37.97 ()	
		<< #28 Men 400 Medley Relay - KFAC-2 B - Leg 4 >>			
Seed Time:	5:55.00	Finals Time:	6:44.90	(4)	30
Finals Splits:	1:05.33	2:58.78 (1:53.45)	3:47.27 (48.49)	4:27.21 (39.94)	
	5:14.01 (46.80)	5:33.25 (19.24)	6:44.90 (1:11.65)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Russet Morrow - 50

King Fins Aquatic Club-2

<< #1 Mixed 50-54 1500 Free >>

Seed Time:	24:30.00	Finals Time:			24:55.90	(2)	17
Finals Splits:	41.31	1:28.91 (47.60)	2:18.75 (49.84)	3:09.03 (50.28)			
	3:59.15 (50.12)	4:50.21 (51.06)	5:40.46 (50.25)	6:30.43 (49.97)			
	7:20.98 (50.55)	8:11.19 (50.21)	9:01.81 (50.62)	9:52.53 (50.72)			
	10:43.59 (51.06)	11:34.22 (50.63)	12:24.54 (50.32)	13:15.07 (50.53)			
	14:05.56 (50.49)	14:55.59 (50.03)	15:46.34 (50.75)	16:36.92 (50.58)			
	17:27.39 (50.47)	18:17.74 (50.35)	19:08.08 (50.34)	19:57.43 (49.35)			
	20:47.79 (50.36)	21:37.98 (50.19)	22:28.05 (50.07)	23:17.98 (49.93)			
	24:07.83 (49.85)	24:55.90 (48.07)					

<< #3 Women 50-54 400 Free >>

Seed Time:	5:50.00	Finals Time:			6:20.05	(4)	15
Finals Splits:	39.24	1:25.76 (46.52)	2:15.25 (49.49)	3:04.58 (49.33)			
	3:53.79 (49.21)	4:42.67 (48.88)	5:32.11 (49.44)	6:20.05 (47.94)			

<< #13 Women 50-54 50 Back >>

Seed Time:	55.00	Finals Time:		54.92	(6)	* 13
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<< #21 Women 50-54 50 Fly >>

Seed Time:	54.00	Finals Time:		49.03	(5)	* 14
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<< #25 Women 50-54 100 Free >>

Seed Time:	1:19.54	Finals Time:		Scratched		
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<< #9 Mixed 200 Free Relay - KFAC-2 A - Leg 1 >>

Seed Time:	2:30.00	Finals Time:		2:12.59	(2)	* 34
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<< #19 Mixed 800 Free Relay - KFAC-2 C - Leg 4 >>

Seed Time:	NT	Finals Time:			13:37.97	(2)	
Finals Splits:	53.81	1:58.06 (1:04.25)	3:07.61 (1:09.55)	4:16.10 (1:08.49)			
	4:53.03 (36.93)	5:36.93 (43.90)	6:23.67 (46.74)	7:12.43 (48.76)			
	7:34.19 (21.76)	10:35.82 (3:01.63)	10:55.82 (20.00)	11:15.20 (19.38)			
	12:00.80 (45.60)	12:49.62 (48.82)	13:39.73 (50.11)	13:37.97 ()			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Meghan Nowak - 35

King Fins Aquatic Club-2

		<< #35 Women 35-39 200 Breast >>					
Seed Time:	3:05.00		Finals Time:	3:10.51	(2)	17	
Finals Splits:		42.21	1:29.54 (47.33)	2:19.82 (50.28)	3:10.51 (50.69)		
		<< #45 Women 35-39 100 IM >>					
Seed Time:	1:19.16		Finals Time:	1:22.21	(5)	14	
Finals Splits:		39.28	1:22.21 (42.93)				
		<< #47 Women 35-39 50 Breast >>					
Seed Time:	39.25		Finals Time:	40.50	(2)	17	
		<< #37 Women 400 Free Relay - KFAC-2 A - Leg 2 >>					
Seed Time:	4:17.00		Finals Time:	4:27.83	(1)	40	
Finals Splits:		31.80	1:06.88 (35.08)	1:40.63 (33.75)	2:17.31 (36.68)		
		2:47.60 (30.29)	3:21.73 (34.13)	3:52.60 (30.87)	4:27.83 (35.23)		
		<< #51 Women 200 Medley Relay - KFAC-2 A - Leg 2 >>					
Seed Time:	2:21.00		Finals Time:	2:17.09	(1) *	40	
Finals Splits:		34.69	1:15.07 (40.38)	1:46.87 (31.80)	2:17.09 (30.22)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Douglas O'Brien - 54

King Fins Aquatic Club-2

<< #1 Mixed 50-54 1500 Free >>

Seed Time:	19:19.19	Finals Time:	18:46.78	(1) * 20
Finals Splits:	33.37	1:09.30 (35.93)	1:46.82 (37.52)	2:24.30 (37.48)
	3:02.03 (37.73)	3:39.95 (37.92)	4:18.26 (38.31)	4:55.94 (37.68)
	5:33.92 (37.98)	6:12.18 (38.26)	6:50.08 (37.90)	7:28.07 (37.99)
	8:05.90 (37.83)	8:43.71 (37.81)	9:21.49 (37.78)	9:59.16 (37.67)
	10:37.08 (37.92)	11:14.98 (37.90)	11:52.92 (37.94)	12:30.82 (37.90)
	13:08.42 (37.60)	13:46.03 (37.61)	14:23.91 (37.88)	15:01.60 (37.69)
	15:39.47 (37.87)	16:17.30 (37.83)	16:55.10 (37.80)	17:33.02 (37.92)
	18:10.40 (37.38)	18:46.78 (36.38)		

<< #4 Men 50-54 400 Free >>

Seed Time:	4:55.88	Finals Time:	4:45.76	(2) * 17
Finals Splits:	31.54	1:06.73 (35.19)	1:42.85 (36.12)	2:19.42 (36.57)
	2:55.99 (36.57)	3:33.21 (37.22)	4:10.34 (37.13)	4:45.76 (35.42)

<< #6 Men 50-54 100 Fly >>

Seed Time:	1:11.50	Finals Time:	1:16.13	(2) 17
Finals Splits:	34.86	1:16.13 (41.27)		

<< #12 Men 50-54 200 IM >>

Seed Time:	2:42.09	Finals Time:	2:41.07	(1) * 20
Finals Splits:	35.12	1:16.47 (41.35)	2:06.20 (49.73)	2:41.07 (34.87)

<< #14 Men 50-54 50 Back >>

Seed Time:	36.85	Finals Time:	35.08	(2) * 17
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<< #24 Men 50-54 200 Back >>

Seed Time:	2:41.33	Finals Time:	2:43.68	(2) 17
Finals Splits:	39.34	1:21.11 (41.77)	2:02.69 (41.58)	2:43.68 (40.99)

<< #26 Men 50-54 100 Free >>

Seed Time:	1:02.75	Finals Time:	1:02.35	(2) * 17
Finals Splits:	30.81	1:02.35 (31.54)		

<< #32 Men 50-54 400 IM >>

Seed Time:	5:43.33	Finals Time:	5:34.28	(1) * 20
Finals Splits:	35.93	1:17.99 (42.06)	2:01.56 (43.57)	2:44.57 (43.01)
	3:34.39 (49.82)	4:23.48 (49.09)	5:01.28 (37.80)	5:34.28 (33.00)

<< #34 Men 50-54 50 Free >>

Seed Time:	29.49	Finals Time:	28.25	(1) * 20
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<< #42 Men 50-54 100 Back >>

Seed Time:	1:17.51	Finals Time:	1:16.53	(1) * 20
Finals Splits:	37.50	1:16.53 (39.03)		

<< #44 Men 50-54 200 Fly >>

Seed Time:	2:57.05	Finals Time:	2:50.29	(1) * 20
Finals Splits:	37.84	1:21.60 (43.76)	2:07.13 (45.53)	2:50.29 (43.16)

<< #48 Men 50-54 50 Breast >>

Seed Time:	40.53	Finals Time:	40.41	(2) * 17
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Douglas O'Brien - 54

King Fins Aquatic Club-2

		<< #50 Men 50-54 200 Free >>			
Seed Time:	2:18.98		Finals Time:	2:18.73	(1) * 20
Finals Splits:	32.20	1:07.58 (35.38)	1:43.61 (36.03)	2:18.73 (35.12)	
		<< #70 Mixed 50-54 200 Free >>			
Seed Time:	NT		Finals Time:	2:18.56	(1)
		<< #86 Mixed 50-54 100 Back >>			
Seed Time:	NT		Finals Time:	1:20.47	(1)
		<< #18 Men 800 Free Relay - KFAC-2 A - Leg 1 >>			
Seed Time:	8:30.00		Finals Time:	10:01.04	(2)
Finals Splits:		31.67	1:06.12 (34.45)	1:42.36 (36.24)	2:18.56 (36.20)
		2:51.42 (32.86)	3:29.52 (38.10)	4:09.35 (39.83)	4:49.26 (39.91)
		5:23.28 (34.02)	6:02.90 (39.62)	6:41.64 (38.74)	7:20.81 (39.17)
		7:56.47 (35.66)	8:37.04 (40.57)	9:19.53 (42.49)	10:01.04 (41.51)
		<< #29 Mixed 400 Medley Relay - KFAC-2 A - Leg 1 >>			
Seed Time:	5:45.00		Finals Time:	6:21.42	(1) 40
Finals Splits:		39.41	1:20.47 (41.06)	2:19.05 (58.58)	3:23.07 (1:04.02)
		3:58.96 (35.89)	4:41.56 (42.60)	5:28.93 (47.37)	6:21.42 (52.49)
		<< #52 Men 200 Medley Relay - KFAC-2 A - Leg 4 >>			
Seed Time:	NT		Finals Time:	2:17.21	(1) 40
Finals Splits:		34.71	1:15.68 (40.97)	1:47.27 (31.59)	2:17.21 (29.94)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kevin O'Brien - 21

King Fins Aquatic Club-2

		<< #34 Men 18-24 50 Free >>				
Seed Time:	44.11			Finals Time:	36.27 (5) * 14	
		<< #50 Men 18-24 200 Free >>				
Seed Time:	3:16.11			Finals Time:	3:04.28 (4) * 15	
Finals Splits:		40.37	1:26.60 (46.23)	2:15.63 (49.03)	3:04.28 (48.65)	
		<< #38 Men 400 Free Relay - KFAC-2 A - Leg 2 >>				
Seed Time:	5:00.00			Finals Time:	4:46.00 (2) * 34	
Finals Splits:		32.14	1:09.59 (37.45)	1:48.80 (39.21)	2:31.70 (42.90)	
		3:04.45 (32.75)	3:41.14 (36.69)	4:12.00 (30.86)	4:46.00 (34.00)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Susan O'Brien - 53

King Fins Aquatic Club-2

		<< #5 Women 50-54 100 Fly >>			
Seed Time:	1:29.22		Finals Time:	1:31.15	(1) 20
Finals Splits:	41.48	1:31.15 (49.67)			
		<< #11 Women 50-54 200 IM >>			
Seed Time:	3:09.22		Finals Time:	2:59.01	(1) * 20
Finals Splits:	38.74	1:24.45 (45.71)	2:17.17 (52.72)	2:59.01 (41.84)	
		<< #13 Women 50-54 50 Back >>			
Seed Time:	39.24		Finals Time:	37.82	(1) * 20
		<< #21 Women 50-54 50 Fly >>			
Seed Time:	37.85		Finals Time:	35.94	(1) * 20
		<< #23 Women 50-54 200 Back >>			
Seed Time:	2:59.73		Finals Time:	2:55.71	(1) * 20
Finals Splits:	41.89	1:26.76 (44.87)	2:11.51 (44.75)	2:55.71 (44.20)	
		<< #25 Women 50-54 100 Free >>			
Seed Time:	1:15.59		Finals Time:	1:14.11	(1) * 20
Finals Splits:	35.53	1:14.11 (38.58)			
		<< #31 Women 50-54 400 IM >>			
Seed Time:	6:44.17		Finals Time:	6:30.63	(1) * 20
Finals Splits:	42.72	1:34.56 (51.84)	2:21.44 (46.88)	3:09.62 (48.18)	
	4:05.64 (56.02)	5:01.89 (56.25)	5:47.30 (45.41)	6:30.63 (43.33)	
		<< #33 Women 50-54 50 Free >>			
Seed Time:	33.85		Finals Time:	32.23	(2) * 17
		<< #41 Women 50-54 100 Back >>			
Seed Time:	1:23.17		Finals Time:	1:20.94	(1) * 20
Finals Splits:	39.12	1:20.94 (41.82)			
		<< #45 Women 50-54 100 IM >>			
Seed Time:	1:27.58		Finals Time:	1:22.79	(1) * 20
Finals Splits:	38.13	1:22.79 (44.66)			
		<< #47 Women 50-54 50 Breast >>			
Seed Time:	46.29		Finals Time:	44.52	(2) * 17
		<< #49 Women 50-54 200 Free >>			
Seed Time:	2:40.13		Finals Time:	2:45.13	(1) 20
Finals Splits:	37.15	1:19.47 (42.32)	2:03.39 (43.92)	2:45.13 (41.74)	
		<< #86 Mixed 50-54 100 Back >>			
Seed Time:	NT		Finals Time:	1:23.48	(5)
		<< #27 Women 400 Medley Relay - KFAC-2 A - Leg 1 >>			
Seed Time:	5:45.00		Finals Time:	5:42.60	(1) * 40
Finals Splits:	40.59	1:23.85 (43.26)	1:42.89 (19.04)	2:06.18 (23.29)	
	2:53.24 (47.06)	3:34.51 (41.27)	4:21.31 (46.80)	5:42.60 (1:21.29)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Alison O'Connor - 30

King Fins Aquatic Club-2

		<< #5 Women 30-34 100 Fly >>			
Seed Time:	1:11.24		Finals Time:	1:13.50	(2) 17
Finals Splits:		34.17	1:13.50 (39.33)		
		<< #11 Women 30-34 200 IM >>			
Seed Time:	2:39.06		Finals Time:	2:42.82	(2) 17
Finals Splits:		34.35	1:15.23 (40.88)	2:05.46 (50.23)	2:42.82 (37.36)
		<< #13 Women 30-34 50 Back >>			
Seed Time:	33.64		Finals Time:	34.03	(1) 20
		<< #21 Women 30-34 50 Fly >>			
Seed Time:	32.43		Finals Time:	32.21	(1) * 20
		<< #23 Women 30-34 200 Back >>			
Seed Time:	2:45.06		Finals Time:	2:43.70	(2) * 17
Finals Splits:		37.21	1:17.70 (40.49)	2:01.02 (43.32)	2:43.70 (42.68)
		<< #25 Women 30-34 100 Free >>			
Seed Time:	1:02.44		Finals Time:	1:06.40	(2) 17
Finals Splits:		31.42	1:06.40 (34.98)		
		<< #33 Women 30-34 50 Free >>			
Seed Time:	29.12		Finals Time:	28.61	(2) * 17
		<< #41 Women 30-34 100 Back >>			
Seed Time:	1:11.24		Finals Time:	1:12.28	(1) 20
Finals Splits:		35.15	1:12.28 (37.13)		
		<< #43 Women 30-34 200 Fly >>			
Seed Time:	2:45.43		Finals Time:	2:45.09	(1) * 20
Finals Splits:		35.96	1:17.54 (41.58)	2:00.73 (43.19)	2:45.09 (44.36)
		<< #45 Women 30-34 100 IM >>			
Seed Time:	1:12.57		Finals Time:	1:14.81	(2) 17
Finals Splits:		33.48	1:14.81 (41.33)		
		<< #47 Women 30-34 50 Breast >>			
Seed Time:	41.51		Finals Time:	42.04	(2) 17
		<< #49 Women 30-34 200 Free >>			
Seed Time:	2:22.52		Finals Time:	2:29.84	(2) 17
Finals Splits:		33.53	1:10.96 (37.43)	1:50.21 (39.25)	2:29.84 (39.63)
		<< #82 Women 30-34 50 Free >>			
Seed Time:	NT		Finals Time:	29.15	(1)
		<< #94 Mixed 30-34 50 Back >>			
Seed Time:	NT		Finals Time:	34.69	(2)
		<< #7 Women 200 Free Relay - KFAC-2 A - Leg 1 >>			
Seed Time:	1:51.00		Finals Time:	1:59.59	(1) 40
Finals Splits:		29.15	1:01.66 (32.51)	1:31.10 (29.44)	1:59.59 (28.49)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Alison O'Connor - 30

King Fins Aquatic Club-2

	<< #17 Women 800 Free Relay - KFAC-2 A - Leg 3 >>				
Seed Time:	8:40.00		Finals Time:	10:33.70	(1)
Finals Splits:		35.09	1:15.23 (40.14)	1:56.69 (41.46)	2:37.02 (40.33)
		3:16.04 (39.02)	3:59.10 (43.06)	4:42.78 (43.68)	5:25.86 (43.08)
		6:00.86 (35.00)	6:41.26 (40.40)	7:23.47 (42.21)	8:05.38 (41.91)
		8:38.65 (33.27)	9:15.99 (37.34)	9:54.66 (38.67)	10:33.70 (39.04)
	<< #29 Mixed 400 Medley Relay - KFAC-2 A - Leg 3 >>				
Seed Time:	5:45.00		Finals Time:	6:21.42	(1) 40
Finals Splits:		39.41	1:20.47 (41.06)	2:19.05 (58.58)	3:23.07 (1:04.02)
		3:58.96 (35.89)	4:41.56 (42.60)	5:28.93 (47.37)	6:21.42 (52.49)
	<< #37 Women 400 Free Relay - KFAC-2 A - Leg 3 >>				
Seed Time:	4:17.00		Finals Time:	4:27.83	(1) 40
Finals Splits:		31.80	1:06.88 (35.08)	1:40.63 (33.75)	2:17.31 (36.68)
		2:47.60 (30.29)	3:21.73 (34.13)	3:52.60 (30.87)	4:27.83 (35.23)
	<< #51 Women 200 Medley Relay - KFAC-2 A - Leg 1 >>				
Seed Time:	2:21.00		Finals Time:	2:17.09	(1) * 40
Finals Splits:		34.69	1:15.07 (40.38)	1:46.87 (31.80)	2:17.09 (30.22)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Danielle Sauve - 27

King Fins Aquatic Club-2

		<< #1 Mixed 25-29 1500 Free >>			
Seed Time:	19:05.00		Finals Time:	19:16.02	(1) 20
Finals Splits:		33.73	1:10.33 (36.60)	1:48.17 (37.84)	2:26.60 (38.43)
		3:04.90 (38.30)	3:43.56 (38.66)	4:21.88 (38.32)	5:00.44 (38.56)
		5:39.18 (38.74)	6:17.92 (38.74)	6:56.55 (38.63)	7:35.53 (38.98)
		8:14.31 (38.78)	8:53.45 (39.14)	9:32.53 (39.08)	10:11.89 (39.36)
		10:50.72 (38.83)	11:30.46 (39.74)	12:09.84 (39.38)	12:48.90 (39.06)
		13:28.31 (39.41)	14:07.21 (38.90)	14:46.41 (39.20)	15:25.95 (39.54)
		16:05.41 (39.46)	16:44.10 (38.69)	17:22.50 (38.40)	18:00.84 (38.34)
		18:38.98 (38.14)	19:16.02 (37.04)		
		<< #5 Women 25-29 100 Fly >>			
Seed Time:	1:08.57		Finals Time:	1:11.93	(1) 20
Finals Splits:		32.90	1:11.93 (39.03)		
		<< #11 Women 25-29 200 IM >>			
Seed Time:	2:36.83		Finals Time:	2:34.62	(1) * 20
Finals Splits:		33.80	1:14.44 (40.64)	1:59.63 (45.19)	2:34.62 (34.99)
		<< #15 Women 25-29 100 Breast >>			
Seed Time:	1:25.07		Finals Time:	1:23.98	(2) * 17
Finals Splits:		40.04	1:23.98 (43.94)		
		<< #21 Women 25-29 50 Fly >>			
Seed Time:	31.21		Finals Time:	32.40	(2) 17
		<< #25 Women 25-29 100 Free >>			
Seed Time:	1:02.77		Finals Time:	1:04.03	(2) 17
Finals Splits:		30.88	1:04.03 (33.15)		
		<< #31 Women 25-29 400 IM >>			
Seed Time:	5:34.95		Finals Time:	5:36.43	(1) 20
Finals Splits:		34.39	1:15.62 (41.23)	2:00.28 (44.66)	2:43.79 (43.51)
		3:32.36 (48.57)	4:22.28 (49.92)	5:00.00 (37.72)	5:36.43 (36.43)
		<< #33 Women 25-29 50 Free >>			
Seed Time:	28.33		Finals Time:	28.96	(3) 16
		<< #45 Women 25-29 100 IM >>			
Seed Time:	1:15.05		Finals Time:	1:14.06	(3) * 16
Finals Splits:		34.76	1:14.06 (39.30)		
		<< #47 Women 25-29 50 Breast >>			
Seed Time:	36.71		Finals Time:	38.88	(3) 16
		<< #49 Women 25-29 200 Free >>			
Seed Time:	2:18.99		Finals Time:	2:17.29	(1) * 20
Finals Splits:		32.82	1:08.20 (35.38)	1:44.40 (36.20)	2:17.29 (32.89)
		<< #7 Women 200 Free Relay - KFAC-2 A - Leg 4 >>			
Seed Time:	1:51.00		Finals Time:	1:59.59	(1) 40
Finals Splits:		29.15	1:01.66 (32.51)	1:31.10 (29.44)	1:59.59 (28.49)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Danielle Sauve - 27

King Fins Aquatic Club-2

	<< #17 Women 800 Free Relay - KFAC-2 A - Leg 4 >>				
Seed Time:	8:40.00		Finals Time:	10:33.70	(1)
Finals Splits:	35.09	1:15.23 (40.14)	1:56.69 (41.46)	2:37.02 (40.33)	
	3:16.04 (39.02)	3:59.10 (43.06)	4:42.78 (43.68)	5:25.86 (43.08)	
	6:00.86 (35.00)	6:41.26 (40.40)	7:23.47 (42.21)	8:05.38 (41.91)	
	8:38.65 (33.27)	9:15.99 (37.34)	9:54.66 (38.67)	10:33.70 (39.04)	
	<< #27 Women 400 Medley Relay - KFAC-2 A - Leg 2 >>				
Seed Time:	5:45.00		Finals Time:	5:42.60	(1) * 40
Finals Splits:	40.59	1:23.85 (43.26)	1:42.89 (19.04)	2:06.18 (23.29)	
	2:53.24 (47.06)	3:34.51 (41.27)	4:21.31 (46.80)	5:42.60 (1:21.29)	
	<< #37 Women 400 Free Relay - KFAC-2 A - Leg 4 >>				
Seed Time:	4:17.00		Finals Time:	4:27.83	(1) 40
Finals Splits:	31.80	1:06.88 (35.08)	1:40.63 (33.75)	2:17.31 (36.68)	
	2:47.60 (30.29)	3:21.73 (34.13)	3:52.60 (30.87)	4:27.83 (35.23)	
	<< #51 Women 200 Medley Relay - KFAC-2 A - Leg 4 >>				
Seed Time:	2:21.00		Finals Time:	2:17.09	(1) * 40
Finals Splits:	34.69	1:15.07 (40.38)	1:46.87 (31.80)	2:17.09 (30.22)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jessica Sauve - 27

King Fins Aquatic Club-2

		<< #3 Women 25-29 400 Free >>			
Seed Time:	5:04.99		Finals Time:	4:59.82	(1) * 20
Finals Splits:		32.75	1:09.51 (36.76)	1:47.00 (37.49)	2:24.91 (37.91)
		3:03.07 (38.16)	3:42.06 (38.99)	4:21.28 (39.22)	4:59.82 (38.54)
		<< #11 Women 25-29 200 IM >>			
Seed Time:	2:36.92		Finals Time:	2:42.96	(3) 16
Finals Splits:		35.14	1:20.33 (45.19)	2:06.00 (45.67)	2:42.96 (36.96)
		<< #15 Women 25-29 100 Breast >>			
Seed Time:	1:26.58		Finals Time:	1:24.31	(3) * 16
Finals Splits:		39.89	1:24.31 (44.42)		
		<< #21 Women 25-29 50 Fly >>			
Seed Time:	31.41		Finals Time:	34.03	(3) 16
		<< #25 Women 25-29 100 Free >>			
Seed Time:	1:04.25		Finals Time:	1:05.86	(3) 16
Finals Splits:		31.42	1:05.86 (34.44)		
		<< #33 Women 25-29 50 Free >>			
Seed Time:	28.57		Finals Time:	29.15	(4) 15
		<< #35 Women 25-29 200 Breast >>			
Seed Time:	2:59.87		Finals Time:	3:00.44	(2) 17
Finals Splits:		40.34	1:25.73 (45.39)	2:13.16 (47.43)	3:00.44 (47.28)
		<< #45 Women 25-29 100 IM >>			
Seed Time:	1:15.07		Finals Time:	1:17.42	(5) 14
Finals Splits:		36.76	1:17.42 (40.66)		
		<< #47 Women 25-29 50 Breast >>			
Seed Time:	37.64		Finals Time:	39.94	(4) 15
		<< #49 Women 25-29 200 Free >>			
Seed Time:	2:19.35		Finals Time:	2:26.26	(2) 17
Finals Splits:		34.17	1:11.44 (37.27)	1:49.44 (38.00)	2:26.26 (36.82)
		<< #70 Mixed 25-29 200 Free >>			
Seed Time:	NT		Finals Time:	2:37.02	(1)
		<< #92 Mixed 25-29 100 Free >>			
Seed Time:	NT		Finals Time:	1:06.88	(1)
		<< #7 Women 200 Free Relay - KFAC-2 A - Leg 3 >>			
Seed Time:	1:51.00		Finals Time:	1:59.59	(1) 40
Finals Splits:		29.15	1:01.66 (32.51)	1:31.10 (29.44)	1:59.59 (28.49)
		<< #17 Women 800 Free Relay - KFAC-2 A - Leg 1 >>			
Seed Time:	8:40.00		Finals Time:	10:33.70	(1)
Finals Splits:		35.09	1:15.23 (40.14)	1:56.69 (41.46)	2:37.02 (40.33)
		3:16.04 (39.02)	3:59.10 (43.06)	4:42.78 (43.68)	5:25.86 (43.08)
		6:00.86 (35.00)	6:41.26 (40.40)	7:23.47 (42.21)	8:05.38 (41.91)
		8:38.65 (33.27)	9:15.99 (37.34)	9:54.66 (38.67)	10:33.70 (39.04)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jessica Sauve - 27

King Fins Aquatic Club-2

	<< #29 Mixed 400 Medley Relay - KFAC-2 B - Leg 3 >>				
Seed Time:	6:00.00		Finals Time:	6:39.09	(3) 32
Finals Splits:	46.06	1:34.79 (48.73)	2:19.10 (44.31)	3:23.52 (1:04.42)	
	3:45.88 (22.36)	4:38.28 (52.40)	5:30.98 (52.70)	6:39.09 (1:08.11)	
	<< #37 Women 400 Free Relay - KFAC-2 A - Leg 1 >>				
Seed Time:	4:17.00		Finals Time:	4:27.83	(1) 40
Finals Splits:	31.80	1:06.88 (35.08)	1:40.63 (33.75)	2:17.31 (36.68)	
	2:47.60 (30.29)	3:21.73 (34.13)	3:52.60 (30.87)	4:27.83 (35.23)	
	<< #51 Women 200 Medley Relay - KFAC-2 A - Leg 3 >>				
Seed Time:	2:21.00		Finals Time:	2:17.09	(1) * 40
Finals Splits:	34.69	1:15.07 (40.38)	1:46.87 (31.80)	2:17.09 (30.22)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

David Skocypec - 44

King Fins Aquatic Club-2

Seed Time:	29.52	<< #34 Men 40-44 50 Free >>			
		Finals Time:	29.76	(4)	15
Seed Time:	1:19.39	<< #46 Men 40-44 100 IM >>			
Finals Splits:	35.48	1:20.23 (44.75)	1:20.23	(4)	15
Seed Time:	39.80	<< #48 Men 40-44 50 Breast >>			
		Finals Time:	43.21	(3)	16
Seed Time:	NT	<< #92 Mixed 40-44 100 Free >>			
		Finals Time:	1:09.59	(1)	
Seed Time:	5:00.00	<< #38 Men 400 Free Relay - KFAC-2 A - Leg 1 >>			
Finals Splits:	32.14	1:09.59 (37.45)	1:48.80 (39.21)	2:31.70 (42.90)	(2) * 34
	3:04.45 (32.75)	3:41.14 (36.69)	4:12.00 (30.86)	4:46.00 (34.00)	
Seed Time:	NT	<< #52 Men 200 Medley Relay - KFAC-2 A - Leg 2 >>			
Finals Splits:	34.71	1:15.68 (40.97)	1:47.27 (31.59)	2:17.21 (29.94)	(1) 40

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jonathan Tompkins - 43

King Fins Aquatic Club-2

		<< #34 Men 40-44 50 Free >>			
Seed Time:	33.30		Finals Time:	28.74 (3) * 16	
		<< #42 Men 40-44 100 Back >>			
Seed Time:	1:12.59		Finals Time:	1:14.37 (1) 20	
Finals Splits:		35.93	1:14.37 (38.44)		
		<< #46 Men 40-44 100 IM >>			
Seed Time:	1:15.14		Finals Time:	1:17.89 (3) 16	
Finals Splits:		34.86	1:17.89 (43.03)		
		<< #94 Mixed 40-44 50 Back >>			
Seed Time:	NT		Finals Time:	34.71 (3)	
		<< #38 Men 400 Free Relay - KFAC-2 A - Leg 4 >>			
Seed Time:	5:00.00		Finals Time:	4:46.00 (2) * 34	
Finals Splits:		32.14	1:09.59 (37.45)	1:48.80 (39.21) 2:31.70 (42.90)	
		3:04.45 (32.75)	3:41.14 (36.69)	4:12.00 (30.86) 4:46.00 (34.00)	
		<< #52 Men 200 Medley Relay - KFAC-2 A - Leg 1 >>			
Seed Time:	NT		Finals Time:	2:17.21 (1) 40	
Finals Splits:		34.71	1:15.68 (40.97)	1:47.27 (31.59) 2:17.21 (29.94)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jennifer Webb - 47

King Fins Aquatic Club-2

		<< #13 Women 45-49 50 Back >>					
Seed Time:	45.00			Finals Time:	47.21	(5)	14
		<< #25 Women 45-49 100 Free >>					
Seed Time:	1:35.00			Finals Time:	1:26.75	(3)	* 16
Finals Splits:		41.76	1:26.75 (44.99)				
		<< #7 Women 200 Free Relay - KFAC-2 B - Leg 3 >>					
Seed Time:	2:15.00			Finals Time:	2:26.78	(2)	34
Finals Splits:		35.58	1:18.41 (42.83)	1:51.12 (32.71)	2:26.78 (35.66)		
		<< #19 Mixed 800 Free Relay - KFAC-2 A - Leg 4 >>					
Seed Time:	8:50.00			Finals Time:	12:40.28	(2)	
Finals Splits:		48.89	1:43.77 (54.88)	2:46.31 (1:02.54)	3:46.29 (59.98)		
		4:23.88 (37.59)	5:06.42 (42.54)	5:51.46 (45.04)	6:37.15 (45.69)		
		7:13.48 (36.33)	7:54.96 (41.48)	8:39.19 (44.23)	9:23.78 (44.59)		
		10:07.70 (43.92)	10:57.75 (50.05)	11:49.45 (51.70)	12:40.28 (50.83)		
		<< #29 Mixed 400 Medley Relay - KFAC-2 A - Leg 2 >>					
Seed Time:	5:45.00			Finals Time:	6:21.42	(1)	40
Finals Splits:		39.41	1:20.47 (41.06)	2:19.05 (58.58)	3:23.07 (1:04.02)		
		3:58.96 (35.89)	4:41.56 (42.60)	5:28.93 (47.37)	6:21.42 (52.49)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kimberly Cardran - 36

Kingsburv Club Masters-2

		<< #5 Women 35-39 100 Fly >>			
Seed Time:	2:00.00		Finals Time:	1:48.88	(4) * 15
Finals Splits:	52.27	1:48.88 (56.61)			
		<< #11 Women 35-39 200 IM >>			
Seed Time:	3:51.79		Finals Time:	3:42.20	(1) * 20
Finals Splits:	51.90	1:53.60 (1:01.70)	2:53.63 (1:00.03)	3:42.20 (48.57)	
		<< #15 Women 35-39 100 Breast >>			
Seed Time:	1:55.13		Finals Time:	1:48.40	(4) * 15
Finals Splits:	51.12	1:48.40 (57.28)			
		<< #21 Women 35-39 50 Fly >>			
Seed Time:	48.69		Finals Time:	47.48	(6) * 13
		<< #31 Women 35-39 400 IM >>			
Seed Time:	8:40.00		Finals Time:	7:57.12	(2) * 17
Finals Splits:	53.48	1:56.74 (1:03.26)	3:04.27 (1:07.53)	4:10.83 (1:06.56)	
	5:13.14 (1:02.31)	6:15.98 (1:02.84)	7:07.70 (51.72)	7:57.12 (49.42)	
		<< #33 Women 35-39 50 Free >>			
Seed Time:	41.99		Finals Time:	40.30	(4) * 15
		<< #45 Women 35-39 100 IM >>			
Seed Time:	1:45.66		Finals Time:	1:40.78	(7) * 12
Finals Splits:	50.35	1:40.78 (50.43)			
		<< #47 Women 35-39 50 Breast >>			
Seed Time:	50.87		Finals Time:	48.95	(4) * 15

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Eileen Craffey - 72

Kingsburv Club Masters-2

		<< #13 Women 70-74 50 Back >>			
Seed Time:	50.10	Finals Time:	51.51	(2)	17
		<< #15 Women 70-74 100 Breast >>			
Seed Time:	2:04.54	Finals Time:	2:13.67	(5)	14
Finals Splits:	1:02.19	2:13.67 (1:11.48)			
		<< #23 Women 70-74 200 Back >>			
Seed Time:	4:13.89	Finals Time:	4:22.05	(3)	16
Finals Splits:	59.65	2:07.46 (1:07.81)	3:15.17 (1:07.71)	4:22.05 (1:06.88)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Lauren Casey - 42

Life Time New England-2

		<< #3 Women 40-44 400 Free >>			
Seed Time:	5:53.78		Finals Time:	5:52.41	(4) * 15
Finals Splits:		38.63	1:21.79 (43.16)	2:06.64 (44.85)	2:51.88 (45.24)
		3:36.99 (45.11)	4:22.38 (45.39)	5:07.71 (45.33)	5:52.41 (44.70)
		<< #13 Women 40-44 50 Back >>			
Seed Time:	41.65		Finals Time:		NS
		<< #23 Women 40-44 200 Back >>			
Seed Time:	3:00.00		Finals Time:		NS
		<< #25 Women 40-44 100 Free >>			
Seed Time:	1:16.11		Finals Time:		Scratched
		<< #7 Women 200 Free Relay - LIFE-2 A - Leg 4 >>			
Seed Time:	2:12.00		Finals Time:	2:27.05	(1) 40
Finals Splits:		35.36	1:09.57 (34.21)	1:53.21 (43.64)	2:27.05 (33.84)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Shannon Dudak - 40

Life Time New England-2

Seed Time:	3:04.27	<< #11 Women 40-44 200 IM >>	Finals Time:	NS		
Seed Time:	1:11.43	<< #25 Women 40-44 100 Free >>	Finals Time:	Scratched		
Seed Time:	32.85	<< #33 Women 40-44 50 Free >>	Finals Time:	34.33	(5)	14
Seed Time:	1:23.90	<< #45 Women 40-44 100 IM >>	Finals Time:	1:28.30	(3)	16
Finals Splits:		41.48	1:28.30 (46.82)			
Seed Time:	43.24	<< #47 Women 40-44 50 Breast >>	Finals Time:	46.76	(2)	17
Seed Time:	NT	<< #82 Women 40-44 50 Free >>	Finals Time:	35.36	(2)	
Seed Time:	2:12.00	<< #7 Women 200 Free Relay - LIFE-2 A - Leg 1 >>	Finals Time:	2:27.05	(1)	40
Finals Splits:		35.36	1:09.57 (34.21)	1:53.21 (43.64)	2:27.05 (33.84)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Susan Glueck - 54

Life Time New England-2

		<< #3 Women 50-54 400 Free >>			
Seed Time:	6:15.00	Finals Time:	5:58.22	(2)	* 17
Finals Splits:	40.90	1:25.79 (44.89)	2:11.53 (45.74)	2:57.75 (46.22)	
	3:44.56 (46.81)	4:31.25 (46.69)	5:17.27 (46.02)	5:58.22 (40.95)	
		<< #25 Women 50-54 100 Free >>			
Seed Time:	1:13.21	Finals Time:	Scratched		
		<< #33 Women 50-54 50 Free >>			
Seed Time:	34.32	Finals Time:	34.54	(4)	15
		<< #49 Women 50-54 200 Free >>			
Seed Time:	2:54.00	Finals Time:	2:50.70	(2)	* 17
Finals Splits:	39.25	1:22.72 (43.47)	2:07.88 (45.16)	2:50.70 (42.82)	
		<< #7 Women 200 Free Relay - LIFE-2 A - Leg 2 >>			
Seed Time:	2:12.00	Finals Time:	2:27.05	(1)	40
Finals Splits:	35.36	1:09.57 (34.21)	1:53.21 (43.64)	2:27.05 (33.84)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Sheila Page - 54

Life Time New England-2

		<< #11 Women 50-54 200 IM >>			
Seed Time:	4:55.00	Finals Time:	3:51.01	(3) * 16	
Finals Splits:	56.44	1:55.14 (58.70)	2:59.84 (1:04.70)	3:51.01 (51.17)	
		<< #13 Women 50-54 50 Back >>			
Seed Time:	1:05.00	Finals Time:	56.34	(7) * 12	
		<< #15 Women 50-54 100 Breast >>			
Seed Time:	2:45.00	Finals Time:	Scratched		
		<< #21 Women 50-54 50 Fly >>			
Seed Time:	1:15.00	Finals Time:	Scratched		
		<< #25 Women 50-54 100 Free >>			
Seed Time:	1:55.00	Finals Time:	Scratched		
		<< #7 Women 200 Free Relay - LIFE-2 A - Leg 3 >>			
Seed Time:	2:12.00	Finals Time:	2:27.05	(1) 40	
Finals Splits:	35.36	1:09.57 (34.21)	1:53.21 (43.64)	2:27.05 (33.84)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

David Fei - 34

Lowell YMCA Flippers Masters S-2

		<< #6 Men 30-34 100 Fly >>				
Seed Time:	1:15.00		Finals Time:	1:10.29	(2)	* 17
Finals Splits:		32.54	1:10.29 (37.75)			
		<< #14 Men 30-34 50 Back >>				
Seed Time:	35.00		Finals Time:	33.57	(4)	* 15
		<< #16 Men 30-34 100 Breast >>				
Seed Time:	1:30.00		Finals Time:	1:24.36	(6)	* 13
Finals Splits:		40.34	1:24.36 (44.02)			
		<< #22 Men 30-34 50 Fly >>				
Seed Time:	33.00		Finals Time:	30.76	(2)	* 17
		<< #34 Men 30-34 50 Free >>				
Seed Time:	29.00		Finals Time:	27.45	(4)	* 15
		<< #42 Men 30-34 100 Back >>				
Seed Time:	1:15.00		Finals Time:	1:12.14	(5)	* 14
Finals Splits:		34.98	1:12.14 (37.16)			
		<< #46 Men 30-34 100 IM >>				
Seed Time:	1:15.00		Finals Time:	1:10.07	(4)	* 15
Finals Splits:		32.46	1:10.07 (37.61)			
		<< #48 Men 30-34 50 Breast >>				
Seed Time:	40.00		Finals Time:	37.36	(6)	* 13

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Duncan Kearns - 30

Lowell YMCA Flippers Masters S-2

		<< #12 Men 30-34 200 IM >>				
Seed Time:	2:40.00		Finals Time:	2:42.68	(2)	17
Finals Splits:		33.87	1:17.13 (43.26)	2:05.48 (48.35)	2:42.68 (37.20)	
		<< #16 Men 30-34 100 Breast >>				
Seed Time:	1:35.00		Finals Time:	1:23.16	(5)	* 14
Finals Splits:		39.37	1:23.16 (43.79)			
		<< #26 Men 30-34 100 Free >>				
Seed Time:	1:10.00		Finals Time:	1:02.57	(2)	* 17
Finals Splits:		29.78	1:02.57 (32.79)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kevin King - 28

Lowell YMCA Flippers Masters S-2

<< #4 Men 25-29 400 Free >>

Seed Time:	4:45.00		Finals Time:	4:46.56	(2)	17
Finals Splits:		32.37	1:07.47 (35.10)	1:42.89 (35.42)	2:19.36 (36.47)	
		2:56.24 (36.88)	3:33.74 (37.50)	4:10.95 (37.21)	4:46.56 (35.61)	

<< #12 Men 25-29 200 IM >>

Seed Time:	2:40.86		Finals Time:	2:37.50	(2)	* 17
Finals Splits:		32.19	1:13.86 (41.67)	2:37.50 (1:23.64)		

<< #26 Men 25-29 100 Free >>

Seed Time:	1:05.00		Finals Time:	Scratched		
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kevin Sullivan - 63

Lowell YMCA Flippers Masters S-2

		<< #4 Men 60-64 400 Free >>					
Seed Time:	5:22.54		Finals Time:	5:34.66	(2)	17	
Finals Splits:		37.09	1:17.33 (40.24)	1:58.35 (41.02)	2:40.48 (42.13)		
		3:22.90 (42.42)	4:06.39 (43.49)	4:50.59 (44.20)	5:34.66 (44.07)		
		<< #12 Men 60-64 200 IM >>					
Seed Time:	2:55.46		Finals Time:	2:57.07	(3)	16	
Finals Splits:		36.52	1:22.91 (46.39)	2:13.65 (50.74)	2:57.07 (43.42)		
		<< #16 Men 60-64 100 Breast >>					
Seed Time:	1:27.99		Finals Time:	1:25.90	(1)	* 20	
Finals Splits:		40.89	1:25.90 (45.01)				
		<< #24 Men 60-64 200 Back >>					
Seed Time:	2:49.71		Finals Time:	2:57.62	(1)	20	
Finals Splits:		42.50	1:26.37 (43.87)	2:11.28 (44.91)	2:57.62 (46.34)		
		<< #26 Men 60-64 100 Free >>					
Seed Time:	1:06.64		Finals Time:	1:06.81	(2)	17	
Finals Splits:		32.89	1:06.81 (33.92)				

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jessie Alcaide - 39

Maine Masters Swim Club-2

		<< #21 Women 35-39 50 Fly >>			
Seed Time:	28.97	Finals Time:	29.59	(1)	20
		<< #25 Women 35-39 100 Free >>			
Seed Time:	59.48	Finals Time:	1:00.39	(1)	20
		NELMSC: 1:01.29S			
Finals Splits:	29.12	1:00.39 (31.27)			
		<< #33 Women 35-39 50 Free >>			
Seed Time:	27.16	Finals Time:	27.28	(1)	20
		<< #45 Women 35-39 100 IM >>			
Seed Time:	1:07.52	Finals Time:	1:09.10	(1)	20
		ZONECHAMPS: 1:09.59S NELMSC: 1:10.18S			
Finals Splits:	32.41	1:09.10 (36.69)			
		<< #47 Women 35-39 50 Breast >>			
Seed Time:	38.79	Finals Time:	39.15	(1)	20

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Katrine Alcaide - 42

Maine Masters Swim Club-2

		<< #21 Women 40-44 50 Fly >>			
Seed Time:	28.50	Finals Time:	31.33	(1)	20
		<< #25 Women 40-44 100 Free >>			
Seed Time:	59.50	Finals Time:	1:03.25	(1)	20
Finals Splits:	29.27	1:03.25 (33.98)			
		<< #33 Women 40-44 50 Free >>			
Seed Time:	27.35	Finals Time:	27.54	(2)	17
		NELMSC: 27.67S			
		<< #45 Women 40-44 100 IM >>			
Seed Time:	1:08.11	Finals Time:	1:13.86	(1)	20
Finals Splits:	33.71	1:13.86 (40.15)			
		<< #47 Women 40-44 50 Breast >>			
Seed Time:	35.04	Finals Time:	NS		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jessica Beers - 43

Maine Masters Swim Club-2

		<< #5 Women 40-44 100 Fly >>			
Seed Time:	1:15.93	Finals Time:	1:14.67	(1) * 20	
Finals Splits:		34.80	1:14.67 (39.87)		
		<< #13 Women 40-44 50 Back >>			
Seed Time:	36.05	Finals Time:	34.36	(3) * 16	
		<< #21 Women 40-44 50 Fly >>			
Seed Time:	34.93	Finals Time:	32.40	(3) * 16	
		<< #25 Women 40-44 100 Free >>			
Seed Time:	1:04.28	Finals Time:	1:05.03	(2) 17	
Finals Splits:		31.07	1:05.03 (33.96)		
		<< #33 Women 40-44 50 Free >>			
Seed Time:	29.17	Finals Time:	NS		
		<< #82 Women 40-44 50 Free >>			
Seed Time:	NT	Finals Time:	30.00	(1)	
		<< #9 Mixed 200 Free Relay - MESC-2 A - Leg 1 >>			
Seed Time:	4:16.00	Finals Time:	3:00.31	(1) * 40	
Finals Splits:		30.00	1:32.09 (1:02.09)	2:08.14 (36.05)	3:00.31 (52.17)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Andrew Cooke - 80

Maine Masters Swim Club-2

		<< #14 Men 80-84 50 Back >>			
Seed Time:	47.00	Finals Time:	46.40	(2)	* 17
		ZONECHAMPS: 46.47S NELMSC: 49.45S			
		<< #16 Men 80-84 100 Breast >>			
Seed Time:	1:47.00	Finals Time:	1:45.93	(1)	* 20
		ZONECHAMPS: 1:52.43S NELMSC: 2:06.95S			
Finals Splits:		48.57	1:45.93 (57.36)		
		<< #36 Men 80-84 200 Breast >>			
Seed Time:	3:45.00	Finals Time:	4:00.90	(1)	20
		ZONECHAMPS: 4:34.30S NELMSC: 4:34.30S			
Finals Splits:		51.90	1:52.73 (1:00.83)	2:58.08 (1:05.35)	4:00.90 (1:02.82)
		<< #46 Men 80-84 100 IM >>			
Seed Time:	1:50.00	Finals Time:	1:42.41	(1)	* 20
		ZONECHAMPS: 1:51.11S NELMSC: 1:47.47S			
Finals Splits:		50.30	1:42.41 (52.11)		
		<< #48 Men 80-84 50 Breast >>			
Seed Time:	48.00	Finals Time:	46.62	(1)	* 20
		NELMSC: 54.88S			
		<< #70 Mixed 80-84 200 Free >>			
Seed Time:	NT	Finals Time:	3:43.77	(1)	
		<< #18 Men 800 Free Relay - MESC-2 A - Leg 1 >>			
Seed Time:	12:48.00	Finals Time:	17:36.27	(1)	
Finals Splits:		48.06	1:44.85 (56.79)	2:44.76 (59.91)	3:43.77 (59.01)
		4:33.07 (49.30)	5:06.26 (33.19)	6:42.81 (1:36.55)	8:16.28 (1:33.47)
		9:39.54 (1:23.26)	10:28.71 (49.17)	11:23.90 (55.19)	12:21.06 (57.16)
		13:17.31 (56.25)	14:17.03 (59.72)	15:23.01 (1:05.98)	17:36.27 (2:13.26)
		<< #28 Men 400 Medley Relay - MESC-2 A - Leg 3 >>			
Seed Time:	9:58.00	Finals Time:	9:11.49	(1)	* 40
Finals Splits:		49.09	2:40.88 (1:51.79)	3:11.49 (30.61)	4:51.64 (1:40.15)
		5:51.69 (1:00.05)	7:11.86 (1:20.17)	8:11.33 (59.47)	9:11.49 (1:00.16)
		<< #38 Men 400 Free Relay - MESC-2 A - Leg 3 >>			
Seed Time:	8:31.00	Finals Time:	7:49.05	(1)	* 40
		NELMSC: 8:28.24S			
Finals Splits:		46.69	1:37.79 (51.10)	2:51.38 (1:13.59)	4:08.18 (1:16.80)
		4:55.97 (47.79)	5:52.28 (56.31)	7:49.05 (1:56.77)	
		<< #52 Men 200 Medley Relay - MESC-2 A - Leg 3 >>			
Seed Time:	6:12.50	Finals Time:	4:02.74	(1)	* 40
Finals Splits:		49.32	2:18.32 (1:29.00)	3:09.53 (51.21)	4:02.74 (53.21)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Eliza Currie - 46

Maine Masters Swim Club-2

<< #1 Mixed 45-49 1500 Free >>

Seed Time:	22:50.00		Finals Time:	23:05.52	(4)	15
Finals Splits:	40.97	1:24.89 (43.92)	2:10.16 (45.27)	2:55.85 (45.69)		
	3:41.60 (45.75)	4:27.60 (46.00)	5:13.99 (46.39)	6:00.48 (46.49)		
	6:47.09 (46.61)	7:33.68 (46.59)	8:20.29 (46.61)	9:07.34 (47.05)		
	9:53.73 (46.39)	10:40.72 (46.99)	11:27.43 (46.71)	12:14.00 (46.57)		
	13:00.51 (46.51)	13:47.54 (47.03)	14:34.45 (46.91)	15:20.88 (46.43)		
	16:07.71 (46.83)	16:54.17 (46.46)	17:40.80 (46.63)	18:27.41 (46.61)		
	19:13.84 (46.43)	20:00.66 (46.82)	20:47.61 (46.95)	21:33.78 (46.17)		
	22:20.71 (46.93)	23:05.52 (44.81)				

<< #3 Women 45-49 400 Free >>

Seed Time:	6:00.00		Finals Time:	5:51.72	(4)	* 15
Finals Splits:	39.05	1:22.44 (43.39)	2:06.71 (44.27)	2:51.45 (44.74)		
	3:36.54 (45.09)	4:21.78 (45.24)	5:07.37 (45.59)	5:51.72 (44.35)		

<< #11 Women 45-49 200 IM >>

Seed Time:	3:40.00		Finals Time:	NS
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<< #25 Women 45-49 100 Free >>

Seed Time:	1:23.00		Finals Time:	Scratched
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

John Endicott - 59

Maine Masters Swim Club-2

Seed Time:	39.10	<< #14 Men 55-59 50 Back >>	Finals Time:	39.06	(3) * 16
Seed Time:	37.20	<< #22 Men 55-59 50 Fly >>	Finals Time:	NS	
Seed Time:	1:09.60	<< #26 Men 55-59 100 Free >>	Finals Time:	NS	
Seed Time:	31.20	<< #34 Men 55-59 50 Free >>	Finals Time:	30.48	(5) * 14
Seed Time:	1:32.20	<< #42 Men 55-59 100 Back >>	Finals Time:	1:24.95	(2) * 17
Finals Splits:		40.60	1:24.95 (44.35)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

William Jones - 86

Maine Masters Swim Club-2

<< #1 Mixed 85-89 1500 Free >>

Seed Time:	48:00.00	Finals Time:			46:24.46	(1)	* 20
Finals Splits:	1:24.06	3:00.63 (1:36.57)	4:39.64 (1:39.01)	6:17.43 (1:37.79)			
	7:53.93 (1:36.50)	9:30.40 (1:36.47)	11:03.88 (1:33.48)	12:40.20 (1:36.32)			
	14:16.37 (1:36.17)	15:49.50 (1:33.13)	17:23.00 (1:33.50)	18:59.58 (1:36.58)			
	20:32.09 (1:32.51)	22:05.02 (1:32.93)	23:40.43 (1:35.41)	25:12.02 (1:31.59)			
	26:47.76 (1:35.74)	28:19.95 (1:32.19)	29:53.51 (1:33.56)	31:23.29 (1:29.78)			
	32:57.22 (1:33.93)	34:30.84 (1:33.62)	36:01.05 (1:30.21)	37:32.42 (1:31.37)			
	39:05.97 (1:33.55)	42:09.67 (3:03.70)					
	45:08.41 ()	46:24.46 (1:16.05)					

<< #14 Men 85-89 50 Back >>

Seed Time:	1:08.33	Finals Time:			1:15.16	(1)	20
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<< #48 Men 85-89 50 Breast >>

Seed Time:	1:14.75	Finals Time:			1:21.77	(1)	20
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<< #9 Mixed 200 Free Relay - MESC-2 A - Leg 2 >>

Seed Time:	4:16.00	Finals Time:			3:00.31	(1)	* 40
Finals Splits:	30.00	1:32.09 (1:02.09)	2:08.14 (36.05)	3:00.31 (52.17)			

<< #18 Men 800 Free Relay - MESC-2 A - Leg 2 >>

Seed Time:	12:48.00	Finals Time:			17:36.27	(1)	
Finals Splits:	48.06	1:44.85 (56.79)	2:44.76 (59.91)	3:43.77 (59.01)			
	4:33.07 (49.30)	5:06.26 (33.19)	6:42.81 (1:36.55)	8:16.28 (1:33.47)			
	9:39.54 (1:23.26)	10:28.71 (49.17)	11:23.90 (55.19)	12:21.06 (57.16)			
	13:17.31 (56.25)	14:17.03 (59.72)	15:23.01 (1:05.98)	17:36.27 (2:13.26)			

<< #28 Men 400 Medley Relay - MESC-2 A - Leg 2 >>

Seed Time:	9:58.00	Finals Time:			9:11.49	(1)	* 40
Finals Splits:	49.09	2:40.88 (1:51.79)	3:11.49 (30.61)	4:51.64 (1:40.15)			
	5:51.69 (1:00.05)	7:11.86 (1:20.17)	8:11.33 (59.47)	9:11.49 (1:00.16)			

<< #38 Men 400 Free Relay - MESC-2 A - Leg 2 >>

Seed Time:	8:31.00	Finals Time:			7:49.05	(1)	* 40
Finals Splits:	46.69	1:37.79 (51.10)	2:51.38 (1:13.59)	4:08.18 (1:16.80)			
	4:55.97 (47.79)	5:52.28 (56.31)	7:49.05 (1:56.77)				
		NELMSC: 8:28.24S					

<< #52 Men 200 Medley Relay - MESC-2 A - Leg 2 >>

Seed Time:	6:12.50	Finals Time:			4:02.74	(1)	* 40
Finals Splits:	49.32	2:18.32 (1:29.00)	3:09.53 (51.21)	4:02.74 (53.21)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jeremy Phelan - 74

Maine Masters Swim Club-2

Seed Time: 23:15.00	<< #1 Mixed 70-74 1500 Free >>	Finals Time: Scratched
Seed Time: 6:00.00	<< #4 Men 70-74 400 Free >>	Finals Time: Scratched
Seed Time: 3:20.00	<< #12 Men 70-74 200 IM >>	Finals Time: Scratched
Seed Time: 42.00	<< #22 Men 70-74 50 Fly >>	Finals Time: Scratched
Seed Time: 3:25.00	<< #24 Men 70-74 200 Back >>	Finals Time: Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Douglas Roth - 62

Maine Masters Swim Club-2

<< #1 Mixed 60-64 1500 Free >>

Seed Time:	27:00.00	Finals Time:			27:18.82	(3)	16
Finals Splits:	48.52	1:39.96 (51.44)	2:32.69 (52.73)	3:25.60 (52.91)	6:05.59 (52.98)	6:58.99 (53.40)	
	4:19.41 (53.81)	5:12.61 (53.20)	6:05.59 (52.98)	6:58.99 (53.40)	7:53.80 (54.81)	8:54.08 (1:00.28)	9:48.16 (54.08)
	7:53.80 (54.81)	8:54.08 (1:00.28)	9:48.16 (54.08)	10:42.08 (53.92)	11:36.34 (54.26)	12:30.71 (54.37)	13:26.22 (55.51)
	11:36.34 (54.26)	12:30.71 (54.37)	13:26.22 (55.51)	14:23.92 (57.70)	15:18.40 (54.48)	16:13.20 (54.80)	17:08.14 (54.94)
	15:18.40 (54.48)	16:13.20 (54.80)	17:08.14 (54.94)	18:04.24 (56.10)	19:06.40 (1:02.16)	20:01.23 (54.83)	20:56.65 (55.42)
	19:06.40 (1:02.16)	20:01.23 (54.83)	20:56.65 (55.42)	21:51.11 (54.46)	22:45.72 (54.61)	23:40.86 (55.14)	24:35.68 (54.82)
	22:45.72 (54.61)	23:40.86 (55.14)	24:35.68 (54.82)	25:30.76 (55.08)	26:25.17 (54.41)	27:18.82 (53.65)	
	26:25.17 (54.41)	27:18.82 (53.65)					

<< #4 Men 60-64 400 Free >>

Seed Time:	7:10.20	Finals Time:			6:49.58	(6)	* 13
Finals Splits:	47.96	1:39.88 (51.92)	2:32.45 (52.57)	3:25.25 (52.80)	4:17.24 (51.99)	5:09.56 (52.32)	6:01.37 (51.81)
	4:17.24 (51.99)	5:09.56 (52.32)	6:01.37 (51.81)	6:49.58 (48.21)			

<< #6 Men 60-64 100 Fly >>

Seed Time:	2:39.30	Finals Time:			2:23.20	(3)	* 16
Finals Splits:	1:06.69	2:23.20 (1:16.51)					

<< #12 Men 60-64 200 IM >>

Seed Time:	4:26.02	Finals Time:			4:22.48	(8)	* 11
Finals Splits:	1:02.71	2:09.64 (1:06.93)	3:29.30 (1:19.66)	4:22.48 (53.18)			

<< #16 Men 60-64 100 Breast >>

Seed Time:	2:29.20	Finals Time:			2:08.30	(8)	* 11
Finals Splits:	24.20	2:08.30 (1:44.10)					

<< #24 Men 60-64 200 Back >>

Seed Time:	4:29.30	Finals Time:			4:02.35	(6)	* 13
Finals Splits:	58.91	2:01.94 (1:03.03)	3:05.06 (1:03.12)	4:02.35 (57.29)			

<< #26 Men 60-64 100 Free >>

Seed Time:	1:41.20	Finals Time:			1:30.13	(10)	* 7
Finals Splits:	42.19	1:30.13 (47.94)					

<< #32 Men 60-64 400 IM >>

Seed Time:	9:49.20	Finals Time:			9:12.38	(2)	* 17
Finals Splits:	1:06.71	2:27.52 (1:20.81)	3:39.87 (1:12.35)	4:48.15 (1:08.28)	6:04.53 (1:16.38)	7:22.28 (1:17.75)	8:17.25 (54.97)
	6:04.53 (1:16.38)	7:22.28 (1:17.75)	8:17.25 (54.97)	9:12.38 (55.13)			

<< #36 Men 60-64 200 Breast >>

Seed Time:	4:51.20	Finals Time:			4:27.85	(5)	* 14
Finals Splits:	1:05.44	2:16.67 (1:11.23)	3:24.35 (1:07.68)	4:27.85 (1:03.50)			

<< #42 Men 60-64 100 Back >>

Seed Time:	2:09.20	Finals Time:			2:01.13	(7)	* 12
Finals Splits:	59.14	2:01.13 (1:01.99)					

<< #44 Men 60-64 200 Fly >>

Seed Time:	5:43.20	Finals Time:			5:38.07	(3)	* 16
Finals Splits:	1:10.70	2:36.83 (1:26.13)	4:07.74 (1:30.91)	5:38.07 (1:30.33)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Douglas Roth - 62

Maine Masters Swim Club-2

		<< #46 Men 60-64 100 IM >>			
Seed Time:	2:09.20		Finals Time:	1:56.92 (6) * 13	
Finals Splits:	56.53	1:56.92 (1:00.39)			
		<< #50 Men 60-64 200 Free >>			
Seed Time:	3:35.20		Finals Time:	3:19.40 (5) * 14	
Finals Splits:	46.37	1:37.96 (51.59)	2:29.45 (51.49)	3:19.40 (49.95)	
		<< #94 Mixed 60-64 50 Back >>			
Seed Time:	NT		Finals Time:	49.32 (2)	
		<< #18 Men 800 Free Relay - MESC-2 A - Leg 3 >>			
Seed Time:	12:48.00		Finals Time:	17:36.27 (1)	
Finals Splits:	48.06	1:44.85 (56.79)	2:44.76 (59.91)	3:43.77 (59.01)	
	4:33.07 (49.30)	5:06.26 (33.19)	6:42.81 (1:36.55)	8:16.28 (1:33.47)	
	9:39.54 (1:23.26)	10:28.71 (49.17)	11:23.90 (55.19)	12:21.06 (57.16)	
	13:17.31 (56.25)	14:17.03 (59.72)	15:23.01 (1:05.98)	17:36.27 (2:13.26)	
		<< #52 Men 200 Medley Relay - MESC-2 A - Leg 1 >>			
Seed Time:	6:12.50		Finals Time:	4:02.74 (1) * 40	
Finals Splits:	49.32	2:18.32 (1:29.00)	3:09.53 (51.21)	4:02.74 (53.21)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ann Seymour - 63

Maine Masters Swim Club-2

<< #3 Women 60-64 400 Free >>

Seed Time:	6:40.00	Finals Time:	6:09.08	(4) * 15
Finals Splits:	41.25	1:26.13 (44.88)	2:12.89 (46.76)	3:00.31 (47.42)
	3:48.13 (47.82)	4:35.63 (47.50)	5:23.08 (47.45)	6:09.08 (46.00)

<< #25 Women 60-64 100 Free >>

Seed Time:	1:20.00	Finals Time:	1:19.08	(3) * 16
Finals Splits:	38.31	1:19.08 (40.77)		

<< #45 Women 60-64 100 IM >>

Seed Time:	1:35.00	Finals Time:	1:32.48	(4) * 15
Finals Splits:	42.99	1:32.48 (49.49)		

<< #9 Mixed 200 Free Relay - MESC-2 A - Leg 3 >>

Seed Time:	4:16.00	Finals Time:	3:00.31	(1) * 40
Finals Splits:	30.00	1:32.09 (1:02.09)	2:08.14 (36.05)	3:00.31 (52.17)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Dale Syphers - 67

Maine Masters Swim Club-2

Seed Time:	3:14.82	<< #12 Men 65-69 200 IM >>	
		Finals Time:	Scratched
Seed Time:	39.60	<< #14 Men 65-69 50 Back >>	
		Finals Time:	Scratched
Seed Time:	1:12.60	<< #26 Men 65-69 100 Free >>	
		Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Santiago Tapia-Perez - 84

Maine Masters Swim Club-2

<< #4 Men 80-84 400 Free >>

Seed Time: 7:34.35 Finals Time: 8:48.66 (2) 17
Finals Splits: 1:01.62 2:05.42 (1:03.80) 3:12.96 (1:07.54) 4:19.72 (1:06.76)
5:28.46 (1:08.74) 6:35.47 (1:07.01) 7:43.75 (1:08.28) 8:48.66 (1:04.91)

<< #22 Men 80-84 50 Fly >>

Seed Time: 1:12.76 Finals Time: NS

<< #9 Mixed 200 Free Relay - MESC-2 A - Leg 4 >>

Seed Time: 4:16.00 Finals Time: 3:00.31 (1) * 40
Finals Splits: 30.00 1:32.09 (1:02.09) 2:08.14 (36.05) 3:00.31 (52.17)

<< #18 Men 800 Free Relay - MESC-2 A - Leg 4 >>

Seed Time: 12:48.00 Finals Time: 17:36.27 (1)
Finals Splits: 48.06 1:44.85 (56.79) 2:44.76 (59.91) 3:43.77 (59.01)
4:33.07 (49.30) 5:06.26 (33.19) 6:42.81 (1:36.55) 8:16.28 (1:33.47)
9:39.54 (1:23.26) 10:28.71 (49.17) 11:23.90 (55.19) 12:21.06 (57.16)
13:17.31 (56.25) 14:17.03 (59.72) 15:23.01 (1:05.98) 17:36.27 (2:13.26)

<< #28 Men 400 Medley Relay - MESC-2 A - Leg 4 >>

Seed Time: 9:58.00 Finals Time: 9:11.49 (1) * 40
Finals Splits: 49.09 2:40.88 (1:51.79) 3:11.49 (30.61) 4:51.64 (1:40.15)
5:51.69 (1:00.05) 7:11.86 (1:20.17) 8:11.33 (59.47) 9:11.49 (1:00.16)

<< #38 Men 400 Free Relay - MESC-2 A - Leg 4 >>

Seed Time: 8:31.00 Finals Time: 7:49.05 (1) * 40
Finals Splits: NELMSC: 8:28.24S
46.69 1:37.79 (51.10) 2:51.38 (1:13.59) 4:08.18 (1:16.80)
4:55.97 (47.79) 5:52.28 (56.31) 7:49.05 (1:56.77)

<< #52 Men 200 Medley Relay - MESC-2 A - Leg 4 >>

Seed Time: 6:12.50 Finals Time: 4:02.74 (1) * 40
Finals Splits: 49.32 2:18.32 (1:29.00) 3:09.53 (51.21) 4:02.74 (53.21)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

David Vail - 80

Maine Masters Swim Club-2

		<< #4 Men 80-84 400 Free >>			
Seed Time:	7:00.00		Finals Time:	7:04.96	(1) 20
Finals Splits:		47.11	1:39.28 (52.17)	2:32.18 (52.90)	3:26.47 (54.29)
		4:20.70 (54.23)	5:15.33 (54.63)	6:10.25 (54.92)	7:04.96 (54.71)
		<< #14 Men 80-84 50 Back >>			
Seed Time:	44.00		Finals Time:	43.49	(1) * 20
		ZONECHAMPS: 46.47S NELMSC: 49.45S			
		<< #24 Men 80-84 200 Back >>			
Seed Time:	3:38.00		Finals Time:	3:37.88	(1) * 20
		ZONECHAMPS: 3:51.32S NELMSC: 3:53.18S			
Finals Splits:		51.98	1:47.08 (55.10)	2:43.13 (56.05)	3:37.88 (54.75)
		<< #26 Men 80-84 100 Free >>			
Seed Time:	1:25.00		Finals Time:	NS	
		<< #34 Men 80-84 50 Free >>			
Seed Time:	37.50		Finals Time:	37.12	(1) * 20
		ZONECHAMPS: 39.02S NELMSC: 38.56S			
		<< #42 Men 80-84 100 Back >>			
Seed Time:	1:37.00		Finals Time:	1:38.08	(1) 20
		ZONECHAMPS: 1:51.78S NELMSC: 1:47.29S			
Finals Splits:		47.96	1:38.08 (50.12)		
		<< #46 Men 80-84 100 IM >>			
Seed Time:	1:41.00		Finals Time:	Scratched	
		<< #50 Men 80-84 200 Free >>			
Seed Time:	3:14.00		Finals Time:	NS	
		<< #86 Mixed 80-84 100 Back >>			
Seed Time:	NT		Finals Time:	2:40.88	(1)
		<< #92 Mixed 80-84 100 Free >>			
Seed Time:	NT		Finals Time:	1:37.79	(1)
		<< #28 Men 400 Medley Relay - MESC-2 A - Leg 1 >>			
Seed Time:	9:58.00		Finals Time:	9:11.49	(1) * 40
Finals Splits:		49.09	2:40.88 (1:51.79)	3:11.49 (30.61)	4:51.64 (1:40.15)
		5:51.69 (1:00.05)	7:11.86 (1:20.17)	8:11.33 (59.47)	9:11.49 (1:00.16)
		<< #38 Men 400 Free Relay - MESC-2 A - Leg 1 >>			
Seed Time:	8:31.00		Finals Time:	7:49.05	(1) * 40
		NELMSC: 8:28.24S			
Finals Splits:		46.69	1:37.79 (51.10)	2:51.38 (1:13.59)	4:08.18 (1:16.80)
		4:55.97 (47.79)	5:52.28 (56.31)	7:49.05 (1:56.77)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jonathan Chatinover - 62

Martha's Vineyard Masters-2

<< #1 Mixed 60-64 1500 Free >>

Seed Time:	23:20.00		Finals Time:	23:24.98	(2)	17
Finals Splits:		39.59	1:24.74 (45.15)	2:10.87 (46.13)	2:56.93 (46.06)	
		3:43.37 (46.44)	4:29.54 (46.17)	5:16.33 (46.79)	6:02.83 (46.50)	
		6:49.75 (46.92)	7:36.70 (46.95)	8:24.22 (47.52)	9:11.30 (47.08)	
		9:58.78 (47.48)	10:46.35 (47.57)	11:33.71 (47.36)	12:21.26 (47.55)	
		13:08.37 (47.11)	13:55.34 (46.97)	14:42.78 (47.44)	15:30.16 (47.38)	
		16:17.30 (47.14)	17:04.68 (47.38)	17:52.51 (47.83)	18:39.49 (46.98)	
		19:26.57 (47.08)	20:13.87 (47.30)	21:02.52 (48.65)	21:50.74 (48.22)	
		22:38.69 (47.95)	23:24.98 (46.29)			

<< #4 Men 60-64 400 Free >>

Seed Time:	6:05.00		Finals Time:	5:47.47	(3)	* 16
Finals Splits:		36.64	1:19.14 (42.50)	2:02.91 (43.77)	2:47.48 (44.57)	
		3:32.29 (44.81)	4:17.73 (45.44)	5:02.98 (45.25)	5:47.47 (44.49)	

<< #12 Men 60-64 200 IM >>

Seed Time:	3:05.00		Finals Time:	2:55.06	(2)	* 17
Finals Splits:		37.97	1:25.02 (47.05)	2:13.73 (48.71)	2:55.06 (41.33)	

<< #14 Men 60-64 50 Back >>

Seed Time:	36.00		Finals Time:	NS		
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<< #16 Men 60-64 100 Breast >>

Seed Time:	1:28.00		Finals Time:	NS		
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<< #24 Men 60-64 200 Back >>

Seed Time:	3:03.00		Finals Time:	NS		
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<< #26 Men 60-64 100 Free >>

Seed Time:	1:15.00		Finals Time:	NS		
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<< #32 Men 60-64 400 IM >>

Seed Time:	6:40.00		Finals Time:	NS		
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Leslie Craven - 64

Martha's Vineyard Masters-2

<< #1 Mixed 60-64 1500 Free >>

Seed Time:	22:30.00		Finals Time:	22:45.16	(2)	17
Finals Splits:	40.80	1:25.08 (44.28)	2:10.56 (45.48)	2:55.63 (45.07)		
	3:39.81 (44.18)	4:25.04 (45.23)	5:10.13 (45.09)	5:55.37 (45.24)		
	6:41.13 (45.76)	7:26.12 (44.99)	8:11.79 (45.67)	8:57.13 (45.34)		
	9:42.73 (45.60)	10:28.55 (45.82)	11:14.51 (45.96)	12:00.44 (45.93)		
	12:46.01 (45.57)	13:31.92 (45.91)	14:17.85 (45.93)	15:05.60 (47.75)		
	15:51.76 (46.16)	16:37.36 (45.60)	17:23.64 (46.28)	18:09.44 (45.80)		
	18:55.79 (46.35)	19:42.12 (46.33)	20:27.99 (45.87)	21:14.19 (46.20)		
	22:00.51 (46.32)	22:45.16 (44.65)				

<< #3 Women 60-64 400 Free >>

Seed Time:	5:55.73		Finals Time:	5:57.64	(1)	20
Finals Splits:	38.90	1:22.13 (43.23)	2:06.83 (44.70)	2:52.73 (45.90)		
	3:39.06 (46.33)	4:25.42 (46.36)	5:12.56 (47.14)	5:57.64 (45.08)		

<< #5 Women 60-64 100 Fly >>

Seed Time:	1:59.10		Finals Time:	1:59.47	(3)	16
Finals Splits:	55.00	1:59.47 (1:04.47)				

<< #11 Women 60-64 200 IM >>

Seed Time:	3:51.00		Finals Time:	3:42.54	(4)	* 15
Finals Splits:	54.43	1:51.39 (56.96)	2:58.22 (1:06.83)	3:42.54 (44.32)		

<< #31 Women 60-64 400 IM >>

Seed Time:	8:02.00		Finals Time:	Scratched		
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<< #43 Women 60-64 200 Fly >>

Seed Time:	4:12.85		Finals Time:	Scratched		
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<< #49 Women 60-64 200 Free >>

Seed Time:	2:55.00		Finals Time:	Scratched		
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jennifer Barlow - 57

Mount Wachusett Masters-2

		<< #1 Mixed 55-59 1500 Free >>			
Seed Time:	25:18.82		Finals Time:	25:34.63	(1) 20
Finals Splits:		44.61	1:33.97 (49.36)	2:24.99 (51.02)	3:16.24 (51.25)
		4:07.27 (51.03)	4:58.21 (50.94)	5:49.18 (50.97)	6:40.16 (50.98)
		7:32.86 (52.70)	8:24.66 (51.80)	9:16.49 (51.83)	10:08.22 (51.73)
		10:59.94 (51.72)	11:52.12 (52.18)	12:43.46 (51.34)	13:34.94 (51.48)
		14:27.43 (52.49)	15:19.52 (52.09)	16:11.01 (51.49)	17:02.68 (51.67)
		17:55.45 (52.77)	18:47.33 (51.88)	19:38.98 (51.65)	20:30.33 (51.35)
		21:21.84 (51.51)	22:13.59 (51.75)	23:04.14 (50.55)	23:55.49 (51.35)
		24:45.88 (50.39)	25:34.63 (48.75)		
		<< #11 Women 55-59 200 IM >>			
Seed Time:	3:39.28		Finals Time:	3:34.23	(2) * 17
Finals Splits:		52.05	1:45.47 (53.42)	2:47.83 (1:02.36)	3:34.23 (46.40)
		<< #13 Women 55-59 50 Back >>			
Seed Time:	45.69		Finals Time:	45.50	(4) * 15
		<< #15 Women 55-59 100 Breast >>			
Seed Time:	1:50.40		Finals Time:	1:49.85	(2) * 17
Finals Splits:		52.51	1:49.85 (57.34)		
		<< #21 Women 55-59 50 Fly >>			
Seed Time:	47.37		Finals Time:	49.22	(2) 17
		<< #23 Women 55-59 200 Back >>			
Seed Time:	3:32.67		Finals Time:	3:33.63	(3) 16
Finals Splits:		51.97	1:46.26 (54.29)	2:41.44 (55.18)	3:33.63 (52.19)
		<< #25 Women 55-59 100 Free >>			
Seed Time:	1:26.86		Finals Time:	1:25.89	(1) * 20
Finals Splits:		41.85	1:25.89 (44.04)		
		<< #31 Women 55-59 400 IM >>			
Seed Time:	8:43.04		Finals Time:	7:55.16	(1) * 20
Finals Splits:		59.07	2:08.04 (1:08.97)	3:07.14 (59.10)	4:03.46 (56.32)
		5:09.13 (1:05.67)	6:14.19 (1:05.06)	7:06.73 (52.54)	7:55.16 (48.43)
		<< #35 Women 55-59 200 Breast >>			
Seed Time:	3:52.50		Finals Time:	4:06.79	(2) 17
Finals Splits:		56.76	2:00.64 (1:03.88)	3:05.76 (1:05.12)	4:06.79 (1:01.03)
		<< #43 Women 55-59 200 Fly >>			
Seed Time:	5:02.89		Finals Time:	4:55.12	(1) * 20
Finals Splits:		1:01.78	2:17.11 (1:15.33)	3:38.28 (1:21.17)	4:55.12 (1:16.84)
		<< #45 Women 55-59 100 IM >>			
Seed Time:	1:38.93		Finals Time:	1:42.56	(1) 20
Finals Splits:		48.90	1:42.56 (53.66)		
		<< #47 Women 55-59 50 Breast >>			
Seed Time:	49.91		Finals Time:	51.06	(1) 20

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jennifer Barlow - 57

Mount Wachusett Masters-2

<< #49 Women 55-59 200 Free >>

Seed Time:	3:12.10	Finals Time:	3:20.99	(1)	20
Finals Splits:	45.43	1:36.30 (50.87)	2:30.23 (53.93)	3:20.99 (50.76)	

<< #27 Women 400 Medley Relay - MWM-2 B - Leg 1 >>

Seed Time:	7:10.00	Finals Time:	7:08.70	(3)	* 32
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<< #39 Mixed 400 Free Relay - MWM-2 A - Leg 3 >>

Seed Time:	5:04.00	Finals Time:	5:01.55	(1)	* 40
Finals Splits:	39.24	1:21.08 (41.84)	1:54.22 (33.14)	2:30.52 (36.30)	
	3:12.18 (41.66)	3:57.32 (45.14)	4:27.74 (30.42)	5:01.55 (33.81)	

<< #51 Women 200 Medley Relay - MWM-2 B - Leg 2 >>

Seed Time:	3:37.00	Finals Time:	3:34.41	(2)	* 34
Finals Splits:	1:00.10	1:54.76 (54.66)	2:55.32 (1:00.56)	3:34.41 (39.09)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Mark Beckwith - 72

Mount Wachusett Masters-2

Seed Time:	36.50	<< #22 Men 70-74 50 Fly >>	Finals Time:	35.85	(1) * 20
Seed Time:	1:18.50	<< #26 Men 70-74 100 Free >>	Finals Time:	NS	
Seed Time:	31.89	<< #34 Men 70-74 50 Free >>	Finals Time:	31.78	(1) * 20
Seed Time:	1:24.60	<< #46 Men 70-74 100 IM >>	Finals Time:	1:31.80	(2) 17
Finals Splits:		39.76 1:31.80 (52.04)			
Seed Time:	2:40.00	<< #9 Mixed 200 Free Relay - MWM-2 B - Leg 3 >>	Finals Time:	2:36.67	(1) * 40
		ZONECHAMPS: 2:40.30S NELMSC: 2:52.19S			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jane Cheney - 62

Mount Wachusett Masters-2

		<< #3 Women 60-64 400 Free >>			
Seed Time:	6:06.00		Finals Time:	6:10.42	(5) 14
Finals Splits:		43.09	1:29.51 (46.42)	2:16.12 (46.61)	3:03.55 (47.43)
		3:51.49 (47.94)	4:39.03 (47.54)	5:25.54 (46.51)	6:10.42 (44.88)
		<< #13 Women 60-64 50 Back >>			
Seed Time:	47.42		Finals Time:	48.01	(7) 12
		<< #15 Women 60-64 100 Breast >>			
Seed Time:	1:58.98		Finals Time:	2:00.88	(4) 15
Finals Splits:		59.34	2:00.88 (1:01.54)		
		<< #21 Women 60-64 50 Fly >>			
Seed Time:	45.27		Finals Time:	49.42	(5) 14
		<< #23 Women 60-64 200 Back >>			
Seed Time:	3:45.62		Finals Time:	3:37.48	(4) * 15
Finals Splits:		52.25	1:47.46 (55.21)	2:43.54 (56.08)	3:37.48 (53.94)
		<< #25 Women 60-64 100 Free >>			
Seed Time:	1:20.62		Finals Time:	1:23.84	(6) 13
Finals Splits:		40.84	1:23.84 (43.00)		
		<< #33 Women 60-64 50 Free >>			
Seed Time:	38.17		Finals Time:	37.94	(4) * 15
		<< #35 Women 60-64 200 Breast >>			
Seed Time:	4:10.62		Finals Time:	4:14.15	(1) 20
Finals Splits:		57.85	2:01.63 (1:03.78)	3:07.81 (1:06.18)	4:14.15 (1:06.34)
		<< #43 Women 60-64 200 Fly >>			
Seed Time:	4:12.62		Finals Time:	4:16.27	(3) 16
Finals Splits:		57.95	2:04.97 (1:07.02)	3:13.00 (1:08.03)	4:16.27 (1:03.27)
		<< #45 Women 60-64 100 IM >>			
Seed Time:	1:37.69		Finals Time:	1:41.90	(5) 14
Finals Splits:		48.97	1:41.90 (52.93)		
		<< #47 Women 60-64 50 Breast >>			
Seed Time:	54.91		Finals Time:	56.76	(4) 15
		<< #49 Women 60-64 200 Free >>			
Seed Time:	2:59.62		Finals Time:	2:57.63	(3) * 16
Finals Splits:		41.54	1:26.30 (44.76)	2:12.20 (45.90)	2:57.63 (45.43)
		<< #9 Mixed 200 Free Relay - MWM-2 B - Leg 2 >>			
Seed Time:	2:40.00		Finals Time:	2:36.67	(1) * 40
		ZONECHAMPS: 2:40.30S NELMSC: 2:52.19S			
		<< #27 Women 400 Medley Relay - MWM-2 B - Leg 3 >>			
Seed Time:	7:10.00		Finals Time:	7:08.70	(3) * 32
		<< #51 Women 200 Medley Relay - MWM-2 B - Leg 4 >>			
Seed Time:	3:37.00		Finals Time:	3:34.41	(2) * 34
Finals Splits:		1:00.10	1:54.76 (54.66)	2:55.32 (1:00.56)	3:34.41 (39.09)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Calena Connor - 21

Mount Wachusett Masters-2

		<< #3 Women 18-24 400 Free >>				
Seed Time:	6:20.00		Finals Time:	6:09.25	(3) * 16	
Finals Splits:		42.45	1:29.15 (46.70)	2:16.47 (47.32)	3:05.48 (49.01)	
		3:52.56 (47.08)	4:40.71 (48.15)	5:26.44 (45.73)	6:09.25 (42.81)	
		<< #13 Women 18-24 50 Back >>				
Seed Time:	49.00		Finals Time:	53.20	(5) 14	
		<< #21 Women 18-24 50 Fly >>				
Seed Time:	49.00		Finals Time:	40.76	(6) * 13	
		<< #25 Women 18-24 100 Free >>				
Seed Time:	1:21.00		Finals Time:	1:20.46	(4) * 15	
Finals Splits:		37.84	1:20.46 (42.62)			
		<< #33 Women 18-24 50 Free >>				
Seed Time:	36.00		Finals Time:	35.64	(2) * 17	
		<< #45 Women 18-24 100 IM >>				
Seed Time:	1:40.00		Finals Time:	1:39.42	(4) * 15	
Finals Splits:		47.15	1:39.42 (52.27)			
		<< #47 Women 18-24 50 Breast >>				
Seed Time:	49.00		Finals Time:	49.01	(2) 17	
		<< #92 Mixed 18-24 100 Free >>				
Seed Time:	NT		Finals Time:	1:21.08	(1)	
		<< #9 Mixed 200 Free Relay - MWM-2 A - Leg 2 >>				
Seed Time:	2:21.90		Finals Time:	DQ		
		<< #27 Women 400 Medley Relay - MWM-2 B - Leg 4 >>				
Seed Time:	7:10.00		Finals Time:	7:08.70	(3) * 32	
		<< #39 Mixed 400 Free Relay - MWM-2 A - Leg 1 >>				
Seed Time:	5:04.00		Finals Time:	5:01.55	(1) * 40	
Finals Splits:		39.24	1:21.08 (41.84)	1:54.22 (33.14)	2:30.52 (36.30)	
		3:12.18 (41.66)	3:57.32 (45.14)	4:27.74 (30.42)	5:01.55 (33.81)	
		<< #53 Mixed 200 Medley Relay - MWM-2 A - Leg 3 >>				
Seed Time:	2:45.00		Finals Time:	2:40.97	(2) * 34	
Finals Splits:		32.67	1:14.86 (42.19)	1:57.29 (42.43)	2:40.97 (43.68)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jenny Crellin - 58

Mount Wachusett Masters-2

Seed Time:	2:32.00	<< #15 Women 55-59 100 Breast >>			
		Finals Time:		DQ	
Seed Time:	1:55.00	<< #25 Women 55-59 100 Free >>			
Finals Splits:	48.70	1:42.84 (54.14)	1:42.84	(2) * 17	
Seed Time:	44.00	<< #33 Women 55-59 50 Free >>			
		Finals Time:		NS	
Seed Time:	1:09.00	<< #47 Women 55-59 50 Breast >>			
		Finals Time:	56.51	(2) * 17	
Seed Time:	4:16.00	<< #49 Women 55-59 200 Free >>			
Finals Splits:	53.04	1:51.99 (58.95)	2:54.38 (1:02.39)	3:48.24 (2) * 17	3:48.24 (53.86)
Seed Time:	2:21.90	<< #9 Mixed 200 Free Relay - MWM-2 A - Leg 1 >>			
		Finals Time:		DQ	
Seed Time:	7:10.00	<< #27 Women 400 Medley Relay - MWM-2 B - Leg 2 >>			
		Finals Time:	7:08.70	(3) * 32	
Seed Time:	2:45.00	<< #53 Mixed 200 Medley Relay - MWM-2 A - Leg 4 >>			
Finals Splits:	32.67	1:14.86 (42.19)	1:57.29 (42.43)	2:40.97 (2) * 34	2:40.97 (43.68)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Mary Glotch - 75

Mount Wachusett Masters-2

		<< #13 Women 75-79 50 Back >>			
Seed Time:	57.68	Finals Time:	58.57	(2)	17
		<< #23 Women 75-79 200 Back >>			
Seed Time:	4:40.90	Finals Time:	4:41.80	(2)	17
Finals Splits:	1:01.84	2:14.97 (1:13.13)	3:29.30 (1:14.33)	4:41.80 (1:12.50)	
		<< #25 Women 75-79 100 Free >>			
Seed Time:	2:01.85	Finals Time:	2:02.07	(2)	17
Finals Splits:	56.64	2:02.07 (1:05.43)			
		<< #33 Women 75-79 50 Free >>			
Seed Time:	51.37	Finals Time:	49.63	(2)	* 17
		<< #41 Women 75-79 100 Back >>			
Seed Time:	2:11.63	Finals Time:	2:07.39	(2)	* 17
Finals Splits:	1:01.31	2:07.39 (1:06.08)			
		<< #45 Women 75-79 100 IM >>			
Seed Time:	2:34.40	Finals Time:	2:17.68	(2)	* 17
Finals Splits:	1:07.93	2:17.68 (1:09.75)			
		<< #47 Women 75-79 50 Breast >>			
Seed Time:	1:07.12	Finals Time:	1:05.98	(3)	* 16
		<< #94 Mixed 75-79 50 Back >>			
Seed Time:	NT	Finals Time:	1:00.10	(10)	
		<< #9 Mixed 200 Free Relay - MWM-2 B - Leg 1 >>			
Seed Time:	2:40.00	Finals Time:	2:36.67	(1)	* 40
		ZONECHAMPS: 2:40.30S NELMSC: 2:52.19S			
		<< #51 Women 200 Medley Relay - MWM-2 B - Leg 1 >>			
Seed Time:	3:37.00	Finals Time:	3:34.41	(2)	* 34
Finals Splits:	1:00.10	1:54.76 (54.66)	2:55.32 (1:00.56)	3:34.41 (39.09)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Sharleen Goguen - 66

Mount Wachusett Masters-2

		<< #3 Women 65-69 400 Free >>			
Seed Time:	7:20.00		Finals Time:	7:04.38 (2) * 17	
Finals Splits:		49.67	1:41.75 (52.08)	2:36.00 (54.25) 3:29.50 (53.50)	
		4:23.53 (54.03)	5:19.78 (56.25)	7:04.38 (1:44.60)	
		<< #11 Women 65-69 200 IM >>			
Seed Time:	4:21.75		Finals Time:	4:08.34 (2) * 17	
Finals Splits:		59.99	2:05.37 (1:05.38)	3:16.81 (1:11.44) 4:08.34 (51.53)	
		<< #13 Women 65-69 50 Back >>			
Seed Time:	1:05.26		Finals Time:	59.04 (2) * 17	
		<< #15 Women 65-69 100 Breast >>			
Seed Time:	2:22.33		Finals Time:	2:15.30 (2) * 17	
Finals Splits:		1:05.01	2:15.30 (1:10.29)		
		<< #23 Women 65-69 200 Back >>			
Seed Time:	4:33.52		Finals Time:	4:10.95 (2) * 17	
Finals Splits:		1:02.88	2:07.04 (1:04.16)	3:11.68 (1:04.64) 4:10.95 (59.27)	
		<< #25 Women 65-69 100 Free >>			
Seed Time:	1:44.52		Finals Time:	1:40.50 (3) * 16	
Finals Splits:		49.14	1:40.50 (51.36)		
		<< #33 Women 65-69 50 Free >>			
Seed Time:	49.54		Finals Time:	45.20 (2) * 17	
		<< #35 Women 65-69 200 Breast >>			
Seed Time:	4:56.24		Finals Time:	4:43.94 (2) * 17	
Finals Splits:		1:06.37	2:18.38 (1:12.01)	3:32.51 (1:14.13) 4:43.94 (1:11.43)	
		<< #41 Women 65-69 100 Back >>			
Seed Time:	2:11.36		Finals Time:	2:05.89 (2) * 17	
Finals Splits:		1:03.02	2:05.89 (1:02.87)		
		<< #45 Women 65-69 100 IM >>			
Seed Time:	2:05.46		Finals Time:	1:59.13 (2) * 17	
		<< #47 Women 65-69 50 Breast >>			
Seed Time:	1:04.99		Finals Time:	1:03.00 (2) * 17	
		<< #49 Women 65-69 200 Free >>			
Seed Time:	3:41.62		Finals Time:	3:35.64 (2) * 17	
Finals Splits:		49.92	1:44.65 (54.73)	2:40.53 (55.88) 3:35.64 (55.11)	
		<< #51 Women 200 Medley Relay - MWM-2 B - Leg 3 >>			
Seed Time:	3:37.00		Finals Time:	3:34.41 (2) * 34	
Finals Splits:		1:00.10	1:54.76 (54.66)	2:55.32 (1:00.56) 3:34.41 (39.09)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Nicholas Grogan - 20

Mount Wachusett Masters-2

		<< #16 Men 18-24 100 Breast >>			
Seed Time:	1:35.00		Finals Time:	1:31.28	(3) * 16
Finals Splits:		42.97	1:31.28 (48.31)		
		<< #22 Men 18-24 50 Fly >>			
Seed Time:	40.00		Finals Time:	35.30	(6) * 13
		<< #26 Men 18-24 100 Free >>			
Seed Time:	1:11.00		Finals Time:	1:11.91	(5) 14
Finals Splits:		33.05	1:11.91 (38.86)		
		<< #34 Men 18-24 50 Free >>			
Seed Time:	34.00		Finals Time:	31.01	(4) * 15
		<< #46 Men 18-24 100 IM >>			
Seed Time:	1:30.00		Finals Time:	1:23.69	(2) * 17
Finals Splits:		37.80	1:23.69 (45.89)		
		<< #48 Men 18-24 50 Breast >>			
Seed Time:	43.00		Finals Time:	42.41	(1) * 20
		<< #9 Mixed 200 Free Relay - MWM-2 A - Leg 3 >>			
Seed Time:	2:21.90		Finals Time:	DQ	
		<< #28 Men 400 Medley Relay - MWM-2 A - Leg 2 >>			
Seed Time:	5:25.00		Finals Time:	5:18.23	(2) * 34
Finals Splits:		38.30	1:17.62 (39.32)	1:40.65 (23.03)	2:01.02 (20.37)
		2:51.84 (50.82)	3:22.88 (31.04)	4:37.16 (1:14.28)	5:18.23 (41.07)
		<< #39 Mixed 400 Free Relay - MWM-2 A - Leg 2 >>			
Seed Time:	5:04.00		Finals Time:	5:01.55	(1) * 40
Finals Splits:		39.24	1:21.08 (41.84)	1:54.22 (33.14)	2:30.52 (36.30)
		3:12.18 (41.66)	3:57.32 (45.14)	4:27.74 (30.42)	5:01.55 (33.81)
		<< #53 Mixed 200 Medley Relay - MWM-2 A - Leg 2 >>			
Seed Time:	2:45.00		Finals Time:	2:40.97	(2) * 34
Finals Splits:		32.67	1:14.86 (42.19)	1:57.29 (42.43)	2:40.97 (43.68)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Steve Holt - 72

Mount Wachusett Masters-2

		<< #12 Men 70-74 200 IM >>					
Seed Time:	3:22.10		Finals Time:	3:14.05	(1)	* 20	
Finals Splits:		38.75	1:30.10 (51.35)	2:27.93 (57.83)	3:14.05 (46.12)		
		<< #16 Men 70-74 100 Breast >>					
Seed Time:	1:43.00		Finals Time:	1:40.99	(1)	* 20	
Finals Splits:		47.87	1:40.99 (53.12)				
		<< #22 Men 70-74 50 Fly >>					
Seed Time:	37.22		Finals Time:	37.40	(3)	16	
		<< #26 Men 70-74 100 Free >>					
Seed Time:	1:19.76		Finals Time:	1:18.35	(2)	* 17	
Finals Splits:		37.14	1:18.35 (41.21)				
		<< #9 Mixed 200 Free Relay - MWM-2 B - Leg 4 >>					
Seed Time:	2:40.00		Finals Time:	2:36.67	(1)	* 40	
		ZONECHAMPS: 2:40.30S NELMSC: 2:52.19S					
		<< #28 Men 400 Medley Relay - MWM-2 A - Leg 4 >>					
Seed Time:	5:25.00		Finals Time:	5:18.23	(2)	* 34	
Finals Splits:		38.30	1:17.62 (39.32)	1:40.65 (23.03)	2:01.02 (20.37)		
		2:51.84 (50.82)	3:22.88 (31.04)	4:37.16 (1:14.28)	5:18.23 (41.07)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ryan Pope - 34

Mount Wachusett Masters-2

<< #1 Mixed 30-34 1500 Free >>

Seed Time:	19:43.54		Finals Time:	19:52.36	(1)	20
Finals Splits:	32.35	1:09.72 (37.37)	1:47.41 (37.69)	2:25.93 (38.52)		
	3:05.21 (39.28)	3:44.83 (39.62)	4:24.28 (39.45)	5:03.92 (39.64)		
	5:43.69 (39.77)	6:23.36 (39.67)	7:03.48 (40.12)	7:43.42 (39.94)		
	8:23.45 (40.03)	9:04.15 (40.70)	9:44.53 (40.38)	10:25.28 (40.75)		
	11:05.87 (40.59)	11:46.32 (40.45)	12:26.95 (40.63)	13:07.59 (40.64)		
	13:48.23 (40.64)	14:29.24 (41.01)	15:09.94 (40.70)	15:50.47 (40.53)		
	16:31.33 (40.86)	17:12.37 (41.04)	17:53.34 (40.97)	18:33.82 (40.48)		
	19:13.99 (40.17)	19:52.36 (38.37)				

<< #4 Men 30-34 400 Free >>

Seed Time:	4:59.29		Finals Time:	4:52.53	(3)	* 16
Finals Splits:	31.60	1:07.15 (35.55)	1:44.70 (37.55)	2:22.71 (38.01)		
	3:01.31 (38.60)	3:39.71 (38.40)	4:18.01 (38.30)	4:52.53 (34.52)		

<< #14 Men 30-34 50 Back >>

Seed Time:	31.05		Finals Time:	31.11	(3)	16
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<< #16 Men 30-34 100 Breast >>

Seed Time:	1:15.24		Finals Time:	1:14.12	(4)	* 15
Finals Splits:	33.74	1:14.12 (40.38)				

<< #24 Men 30-34 200 Back >>

Seed Time:	2:32.94		Finals Time:	2:35.41	(3)	16
Finals Splits:	35.27	1:14.55 (39.28)	1:55.08 (40.53)	2:35.41 (40.33)		

<< #34 Men 30-34 50 Free >>

Seed Time:	26.88		Finals Time:	26.62	(2)	* 17
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<< #36 Men 30-34 200 Breast >>

Seed Time:	2:49.48		Finals Time:	2:46.48	(2)	* 17
Finals Splits:	36.46	1:18.82 (42.36)	2:02.23 (43.41)	2:46.48 (44.25)		

<< #42 Men 30-34 100 Back >>

Seed Time:	1:07.96		Finals Time:	1:09.24	(4)	15
Finals Splits:	32.92	1:09.24 (36.32)				

<< #48 Men 30-34 50 Breast >>

Seed Time:	33.40		Finals Time:	32.78	(4)	* 15
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<< #94 Mixed 30-34 50 Back >>

Seed Time:	NT		Finals Time:	32.67	(2)	
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<< #28 Men 400 Medley Relay - MWM-2 A - Leg 3 >>

Seed Time:	5:25.00		Finals Time:	5:18.23	(2)	* 34
Finals Splits:	38.30	1:17.62 (39.32)	1:40.65 (23.03)	2:01.02 (20.37)		
	2:51.84 (50.82)	3:22.88 (31.04)	4:37.16 (1:14.28)	5:18.23 (41.07)		

<< #53 Mixed 200 Medley Relay - MWM-2 A - Leg 1 >>

Seed Time:	2:45.00		Finals Time:	2:40.97	(2)	* 34
Finals Splits:	32.67	1:14.86 (42.19)	1:57.29 (42.43)	2:40.97 (43.68)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Max Zbikowski - 21

Mount Wachusett Masters-2

		<< #4 Men 18-24 400 Free >>			
Seed Time:	5:30.00		Finals Time:	5:12.65	(2) * 17
Finals Splits:		33.42	1:10.68 (37.26)	1:50.40 (39.72)	2:31.05 (40.65)
		3:11.67 (40.62)	3:52.32 (40.65)	4:33.80 (41.48)	5:12.65 (38.85)
		<< #14 Men 18-24 50 Back >>			
Seed Time:	38.00		Finals Time:	34.96	(1) * 20
		<< #26 Men 18-24 100 Free >>			
Seed Time:	1:12.00		Finals Time:	1:04.41	(4) * 15
Finals Splits:		31.76	1:04.41 (32.65)		
		<< #34 Men 18-24 50 Free >>			
Seed Time:	30.00		Finals Time:	29.04	(2) * 17
		<< #42 Men 18-24 100 Back >>			
Seed Time:	1:12.00		Finals Time:	1:14.89	(2) 17
Finals Splits:		37.17	1:14.89 (37.72)		
		<< #50 Men 18-24 200 Free >>			
Seed Time:	2:30.00		Finals Time:	2:24.14	(2) * 17
Finals Splits:		33.45	1:10.88 (37.43)	1:49.60 (38.72)	2:24.14 (34.54)
		<< #86 Mixed 18-24 100 Back >>			
Seed Time:	NT		Finals Time:	1:17.62	(1)
		<< #9 Mixed 200 Free Relay - MWM-2 A - Leg 4 >>			
Seed Time:	2:21.90		Finals Time:	DQ	
		<< #28 Men 400 Medley Relay - MWM-2 A - Leg 1 >>			
Seed Time:	5:25.00		Finals Time:	5:18.23	(2) * 34
Finals Splits:		38.30	1:17.62 (39.32)	1:40.65 (23.03)	2:01.02 (20.37)
		2:51.84 (50.82)	3:22.88 (31.04)	4:37.16 (1:14.28)	5:18.23 (41.07)
		<< #39 Mixed 400 Free Relay - MWM-2 A - Leg 4 >>			
Seed Time:	5:04.00		Finals Time:	5:01.55	(1) * 40
Finals Splits:		39.24	1:21.08 (41.84)	1:54.22 (33.14)	2:30.52 (36.30)
		3:12.18 (41.66)	3:57.32 (45.14)	4:27.74 (30.42)	5:01.55 (33.81)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Richard Baughman - 70

New England Masters Swim Club-2

<< #1 Mixed 70-74 1500 Free >>

Seed Time: 21:20.00 Finals Time: 20:24.09 (1) * 20

ZONECHAMPS: 22:49.29S NELMSC: 22:52.53S

Finals Splits:	36.15	1:15.24 (39.09)	1:55.29 (40.05)	2:35.86 (40.57)
	3:16.32 (40.46)	3:57.49 (41.17)	4:38.30 (40.81)	5:18.96 (40.66)
	6:00.21 (41.25)	6:41.54 (41.33)	7:22.81 (41.27)	8:04.21 (41.40)
	8:45.53 (41.32)	9:26.64 (41.11)	10:08.07 (41.43)	10:49.38 (41.31)
	11:30.68 (41.30)	12:11.66 (40.98)	12:52.83 (41.17)	13:33.91 (41.08)
	14:14.99 (41.08)	14:56.18 (41.19)	15:37.30 (41.12)	16:18.33 (41.03)
	16:59.41 (41.08)	17:41.08 (41.67)	18:22.42 (41.34)	19:04.24 (41.82)
	19:45.68 (41.44)	20:24.09 (38.41)		

<< #4 Men 70-74 400 Free >>

Seed Time: 5:15.00 Finals Time: 5:10.83 (1) * 20

ZONECHAMPS: 5:20.28S NELMSC: 5:37.89S

Finals Splits:	35.77	1:14.55 (38.78)	1:54.36 (39.81)	2:34.34 (39.98)
	3:14.70 (40.36)	3:54.97 (40.27)	4:34.30 (39.33)	5:10.83 (36.53)

<< #26 Men 70-74 100 Free >>

Seed Time: 1:09.00 Finals Time: Scratched

<< #50 Men 70-74 200 Free >>

Seed Time: 2:28.00 Finals Time: Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Peter Beaver - 19

New England Masters Swim Club-2

		<< #6 Men 18-24 100 Fly >>				
Seed Time:	1:28.93		Finals Time:	1:32.80	(3)	16
Finals Splits:		43.74	1:32.80 (49.06)			
		<< #14 Men 18-24 50 Back >>				
Seed Time:	38.00		Finals Time:	37.81	(3)	* 16
		<< #24 Men 18-24 200 Back >>				
Seed Time:	2:53.16		Finals Time:	3:03.42	(1)	20
Finals Splits:		41.45	1:28.06 (46.61)	2:15.58 (47.52)	3:03.42 (47.84)	
		<< #42 Men 18-24 100 Back >>				
Seed Time:	1:19.26		Finals Time:	1:21.40	(3)	16
Finals Splits:		38.47	1:21.40 (42.93)			
		<< #46 Men 18-24 100 IM >>				
Seed Time:	1:40.00		Finals Time:	1:30.27	(3)	* 16
Finals Splits:		40.71	1:30.27 (49.56)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ben Bump - 80

New England Masters Swim Club-2

		<< #14 Men 80-84 50 Back >>			
Seed Time:	57.00	Finals Time:	54.65	(3)	* 16
		<< #16 Men 80-84 100 Breast >>			
Seed Time:	2:05.00	Finals Time:	2:09.45	(2)	17
Finals Splits:		19.47	2:09.45 (1:49.98)		
		<< #24 Men 80-84 200 Back >>			
Seed Time:	4:10.00	Finals Time:	4:06.30	(2)	* 17
Finals Splits:		56.98	1:59.14 (1:02.16)	3:03.80 (1:04.66)	4:06.30 (1:02.50)
		<< #26 Men 80-84 100 Free >>			
Seed Time:	1:40.00	Finals Time:		NS	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Alexander Burnam - 25

New England Masters Swim Club-2

		<< #16 Men 25-29 100 Breast >>			
Seed Time:	1:07.00		Finals Time:	1:07.55 (2) 17	
Finals Splits:		31.49	1:07.55 (36.06)		
		<< #22 Men 25-29 50 Fly >>			
Seed Time:	28.50		Finals Time:	29.42 (2) 17	
		<< #26 Men 25-29 100 Free >>			
Seed Time:	56.70		Finals Time:	Scratched	
		<< #36 Men 25-29 200 Breast >>			
Seed Time:	2:24.46		Finals Time:	2:30.89 (2) 17	
Finals Splits:		34.28	1:12.61 (38.33) 1:51.79 (39.18)	2:30.89 (39.10)	
		<< #48 Men 25-29 50 Breast >>			
Seed Time:	30.00		Finals Time:	31.41 (2) 17	
		<< #53 Mixed 200 Medley Relay - NEM-2 A - Leg 2 >>			
Seed Time:	2:11.11		Finals Time:	2:10.89 (2) * 34	
Finals Splits:		37.72	1:08.98 (31.26) 1:38.92 (29.94)	2:10.89 (31.97)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Krysten Dowgiert - 41

New England Masters Swim Club-2

Seed Time:	35.54	<< #13 Women 40-44 50 Back >>	Finals Time:	32.88	(1) * 20
Seed Time:	34.01	<< #21 Women 40-44 50 Fly >>	Finals Time:	32.34	(2) * 17
Seed Time:	1:09.15	<< #25 Women 40-44 100 Free >>	Finals Time:	NS	
Seed Time:	29.02	<< #33 Women 40-44 50 Free >>	Finals Time:	28.67	(4) * 15
Seed Time:	1:16.03	<< #41 Women 40-44 100 Back >>	Finals Time:	1:11.84	(3) * 16
Finals Splits:		34.81	1:11.84 (37.03)		
Seed Time:	1:18.03	<< #45 Women 40-44 100 IM >>	Finals Time:	NS	
Seed Time:	43.02	<< #47 Women 40-44 50 Breast >>	Finals Time:	NS	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

John Seelen - 69

New England Masters Swim Club-2

Seed Time:	36.16	<< #14 Men 65-69 50 Back >>	Finals Time:	37.11	(1)	20
Seed Time:	2:56.03	<< #24 Men 65-69 200 Back >>	Finals Time:	NS		
Seed Time:	1:18.94	<< #42 Men 65-69 100 Back >>	Finals Time:	Scratched		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Bob Olson - 63

Newburyport Breakers-2

		<< #16 Men 60-64 100 Breast >>			
Seed Time:	1:35.00		Finals Time:	1:33.28 (6) * 13	
Finals Splits:	43.91	1:33.28 (49.37)			
		<< #36 Men 60-64 200 Breast >>			
Seed Time:	3:32.00		Finals Time:	3:29.30 (2) * 17	
Finals Splits:	45.65	1:37.63 (51.98)	2:31.70 (54.07)	3:29.30 (57.60)	
		<< #48 Men 60-64 50 Breast >>			
Seed Time:	43.00		Finals Time:	42.17 (5) * 14	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

David Judelson - 67

North Suburban YMCA Masters-2

		<< #6 Men 65-69 100 Fly >>			
Seed Time:	1:28.00		Finals Time:	1:28.76 (2) 17	
Finals Splits:		40.02	1:28.76 (48.74)		
		<< #22 Men 65-69 50 Fly >>			
Seed Time:	35.00		Finals Time:	34.79 (1) * 20	
		<< #24 Men 65-69 200 Back >>			
Seed Time:	2:55.00		Finals Time:	2:54.79 (1) * 20	
Finals Splits:		41.47	1:25.37 (43.90)	2:11.11 (45.74) 2:54.79 (43.68)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Elizabeth Scott - 61

North Suburban YMCA Masters-2

		<< #13 Women 60-64 50 Back >>			
Seed Time:	39.48	Finals Time:	41.14	(2)	17
		<< #15 Women 60-64 100 Breast >>			
Seed Time:	1:33.31	Finals Time:	1:33.67	(2)	17
Finals Splits:		45.46	1:33.67 (48.21)		
		<< #21 Women 60-64 50 Fly >>			
Seed Time:	38.90	Finals Time:	38.92	(2)	17

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Maria Alkistis Iliopoulou - 40

Paok

		<< #15 Women 40-44 100 Breast >>			
Seed Time:	1:36.63	Finals Time:	1:35.65	(3)	* 16
Finals Splits:	44.13	1:35.65 (51.52)			
		<< #35 Women 40-44 200 Breast >>			
Seed Time:	3:26.33	Finals Time:	3:24.58	(1)	* 20
Finals Splits:	45.13	1:36.85 (51.72)	2:31.93 (55.08)	3:24.58 (52.65)	
		<< #47 Women 40-44 50 Breast >>			
Seed Time:	42.94	Finals Time:	42.11	(1)	* 20

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Sean Dillon - 33

Patriot Swim Team-6

<< #1 Mixed 30-34 1500 Free >>

Seed Time:	26:18.27		Finals Time:	25:14.40	(2) * 17
Finals Splits:	43.78	1:32.54 (48.76)	2:21.90 (49.36)	3:12.89 (50.99)	
	4:04.15 (51.26)	4:55.30 (51.15)	5:46.96 (51.66)	6:39.13 (52.17)	
	7:31.23 (52.10)	8:22.53 (51.30)	9:14.78 (52.25)	10:06.43 (51.65)	
	10:57.86 (51.43)	11:49.35 (51.49)	12:41.04 (51.69)	13:32.48 (51.44)	
	14:24.46 (51.98)	15:15.41 (50.95)	16:07.19 (51.78)	16:57.68 (50.49)	
	17:47.90 (50.22)	18:39.31 (51.41)	19:27.35 (48.04)	20:16.58 (49.23)	
	21:08.59 (52.01)	22:00.62 (52.03)	22:51.15 (50.53)	23:40.46 (49.31)	
	24:28.43 (47.97)	25:14.40 (45.97)			

<< #4 Men 30-34 400 Free >>

Seed Time:	6:18.64		Finals Time:	6:20.29	(5) 14
Finals Splits:	39.74	1:27.45 (47.71)	2:17.98 (50.53)	3:07.18 (49.20)	
	3:55.00 (47.82)	4:44.74 (49.74)	5:34.46 (49.72)	6:20.29 (45.83)	

<< #14 Men 30-34 50 Back >>

Seed Time:	51.71		Finals Time:	44.45	(6) * 13
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<< #26 Men 30-34 100 Free >>

Seed Time:	1:12.68		Finals Time:	1:19.04	(4) 15
Finals Splits:	38.24	1:19.04 (40.80)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Tristan Langley - 23

Patriot Swim Team-6

		<< #5 Women 18-24 100 Fly >>			
Seed Time:	1:25.00	Finals Time:	1:24.82	(2)	* 17
Finals Splits:	38.47	1:24.82 (46.35)			
		<< #11 Women 18-24 200 IM >>			
Seed Time:	3:03.00	Finals Time:	2:58.45	(1)	* 20
Finals Splits:	39.71	1:23.99 (44.28)	2:18.58 (54.59)	2:58.45 (39.87)	
		<< #13 Women 18-24 50 Back >>			
Seed Time:	36.50	Finals Time:	36.03	(2)	* 17
		<< #15 Women 18-24 100 Breast >>			
Seed Time:	1:50.00	Finals Time:	1:35.17	(2)	* 17
Finals Splits:	44.42	1:35.17 (50.75)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Annalise Cramer - 22

Pittsfield YMCA Polar Bear Mas-2

Seed Time:	2:03.88	Finals Time:	1:53.03	(5) * 14
Finals Splits:	51.60	1:53.03 (1:01.43)		
<< #25 Women 18-24 100 Free >>				
Seed Time:	1:33.45	Finals Time:	1:23.16	(6) * 13
Finals Splits:	39.25	1:23.16 (43.91)		
<< #82 Women 18-24 50 Free >>				
Seed Time:	NT	Finals Time:	35.93	(2)
<< #7 Women 200 Free Relay - PITY-2 A - Leg 1 >>				
Seed Time:	2:35.00	Finals Time:	2:20.46	(3) * 32
Finals Splits:	35.93	1:07.66 (31.73)	1:44.05 (36.39)	2:20.46 (36.41)
<< #17 Women 800 Free Relay - PITY-2 A - Leg 3 >>				
Seed Time:	NT	Finals Time:	12:21.55	(2)
Finals Splits:	36.61	1:20.11 (43.50)	2:07.43 (47.32)	2:55.30 (47.87)
	3:35.79 (40.49)	4:22.35 (46.56)	5:09.77 (47.42)	
	6:40.26 ()	7:29.64 (49.38)	8:22.17 (52.53)	9:17.51 (55.34)
	9:57.30 (39.79)	10:44.67 (47.37)	11:33.55 (48.88)	12:21.55 (48.00)
<< #27 Women 400 Medley Relay - PITY-2 A - Leg 2 >>				
Seed Time:	6:50.00	Finals Time:	6:28.52	(1) * 40
Finals Splits:	46.01	1:35.78 (49.77)	1:56.76 (20.98)	2:31.11 (34.35)
	3:38.35 (1:07.24)	4:16.35 (38.00)	5:12.74 (56.39)	6:28.52 (1:15.78)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Mary Dickson - 71

Pittsfield YMCA Polar Bear Mas-2

		<< #3 Women 70-74 400 Free >>			
Seed Time:	7:10.00		Finals Time:	7:16.38	(1) 20
Finals Splits:		48.17	1:41.31 (53.14)	2:37.39 (56.08)	3:33.73 (56.34)
		4:30.27 (56.54)	5:27.26 (56.99)	6:23.80 (56.54)	7:16.38 (52.58)
		<< #13 Women 70-74 50 Back >>			
Seed Time:	48.00		Finals Time:	49.00	(1) 20
		<< #15 Women 70-74 100 Breast >>			
Seed Time:	1:49.00		Finals Time:	1:47.67	(2) * 17
Finals Splits:		51.58	1:47.67 (56.09)		
		<< #25 Women 70-74 100 Free >>			
Seed Time:	1:38.00		Finals Time:	1:34.43	(2) * 17
Finals Splits:		45.22	1:34.43 (49.21)		
		<< #82 Women 70-74 50 Free >>			
Seed Time:	NT		Finals Time:	43.16	(1)
		<< #9 Mixed 200 Free Relay - PITY-2 A - Leg 1 >>			
Seed Time:	3:00.00		Finals Time:	2:51.33	(2) * 34
			NELMSC: 2:52.19S		
Finals Splits:		43.16	1:29.05 (45.89)	2:06.20 (37.15)	2:51.33 (45.13)
		<< #19 Mixed 800 Free Relay - PITY-2 C - Leg 2 >>			
Seed Time:	NT		Finals Time:	14:44.91	(1)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Olivia Douhan - 23

Pittsfield YMCA Polar Bear Mas-2

		<< #13 Women 18-24 50 Back >>			
Seed Time:	45.00	Finals Time:	39.40	(4)	* 15
		<< #21 Women 18-24 50 Fly >>			
Seed Time:	45.00	Finals Time:	38.00	(4)	* 15
		<< #25 Women 18-24 100 Free >>			
Seed Time:	1:22.00	Finals Time:	1:15.32	(3)	* 16
Finals Splits:	35.48	1:15.32 (39.84)			
		<< #70 Mixed 18-24 200 Free >>			
Seed Time:	NT	Finals Time:	2:55.30	(1)	
		<< #7 Women 200 Free Relay - PITY-2 A - Leg 2 >>			
Seed Time:	2:35.00	Finals Time:	2:20.46	(3)	* 32
Finals Splits:	35.93	1:07.66 (31.73)	1:44.05 (36.39)	2:20.46 (36.41)	
		<< #17 Women 800 Free Relay - PITY-2 A - Leg 1 >>			
Seed Time:	NT	Finals Time:	12:21.55	(2)	
Finals Splits:	36.61	1:20.11 (43.50)	2:07.43 (47.32)	2:55.30 (47.87)	
	3:35.79 (40.49)	4:22.35 (46.56)	5:09.77 (47.42)		
	6:40.26 ()	7:29.64 (49.38)	8:22.17 (52.53)	9:17.51 (55.34)	
	9:57.30 (39.79)	10:44.67 (47.37)	11:33.55 (48.88)	12:21.55 (48.00)	
		<< #27 Women 400 Medley Relay - PITY-2 A - Leg 4 >>			
Seed Time:	6:50.00	Finals Time:	6:28.52	(1)	* 40
Finals Splits:	46.01	1:35.78 (49.77)	1:56.76 (20.98)	2:31.11 (34.35)	
	3:38.35 (1:07.24)	4:16.35 (38.00)	5:12.74 (56.39)	6:28.52 (1:15.78)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Stephen Foley - 51

Pittsfield YMCA Polar Bear Mas-2

		<< #4 Men 50-54 400 Free >>			
Seed Time:	6:45.00		Finals Time:	6:30.51	(8) * 11
Finals Splits:		41.90	1:28.42 (46.52)	2:17.34 (48.92)	3:06.86 (49.52)
		3:56.98 (50.12)	4:48.30 (51.32)	5:40.57 (52.27)	6:30.51 (49.94)
		<< #12 Men 50-54 200 IM >>			
Seed Time:	3:45.00		Finals Time:	3:32.07	(5) * 14
Finals Splits:		47.81	1:47.84 (1:00.03)	2:41.80 (53.96)	3:32.07 (50.27)
		<< #14 Men 50-54 50 Back >>			
Seed Time:	49.00		Finals Time:	44.00	(4) * 15
		<< #16 Men 50-54 100 Breast >>			
Seed Time:	1:38.00		Finals Time:	1:37.02	(4) * 15
Finals Splits:		46.00	1:37.02 (51.02)		
		<< #22 Men 50-54 50 Fly >>			
Seed Time:	48.00		Finals Time:	46.34	(6) * 13
		<< #26 Men 50-54 100 Free >>			
Seed Time:	1:25.00		Finals Time:	1:21.43	(7) * 12
Finals Splits:		38.79	1:21.43 (42.64)		
		<< #34 Men 50-54 50 Free >>			
Seed Time:	36.00		Finals Time:	34.10	(4) * 15
		<< #36 Men 50-54 200 Breast >>			
Seed Time:	3:40.00		Finals Time:	3:22.19	(2) * 17
Finals Splits:		45.99	1:38.20 (52.21)	2:31.40 (53.20)	3:22.19 (50.79)
		<< #42 Men 50-54 100 Back >>			
Seed Time:	1:48.00		Finals Time:	1:40.95	(3) * 16
Finals Splits:		47.82	1:40.95 (53.13)		
		<< #46 Men 50-54 100 IM >>			
Seed Time:	1:40.00		Finals Time:	1:32.09	(5) * 14
Finals Splits:		44.77	1:32.09 (47.32)		
		<< #48 Men 50-54 50 Breast >>			
Seed Time:	44.00		Finals Time:	42.34	(4) * 15
		<< #50 Men 50-54 200 Free >>			
Seed Time:	3:10.00		Finals Time:	3:03.76	(3) * 16
Finals Splits:		39.94	1:26.38 (46.44)	2:15.99 (49.61)	3:03.76 (47.77)
		<< #70 Mixed 50-54 200 Free >>			
Seed Time:	NT		Finals Time:	3:04.92	(2)
		<< #83 Men 50-54 50 Free >>			
Seed Time:	NT		Finals Time:	35.09	(3)
		<< #8 Men 200 Free Relay - PITY-2 A - Leg 1 >>			
Seed Time:	2:30.00		Finals Time:	2:10.42	(1) * 40
Finals Splits:		35.09	1:03.70 (28.61)	1:38.59 (34.89)	2:10.42 (31.83)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Stephen Foley - 51

Pittsfield YMCA Polar Bear Mas-2

<< #18 Men 800 Free Relay - PITY-2 B - Leg 1 >>

Seed Time:	NT		Finals Time:	11:09.01	(1)
Finals Splits:		38.81	1:24.72 (45.91)	2:15.21 (50.49)	3:04.92 (49.71)
		3:37.82 (32.90)	4:13.85 (36.03)	4:51.08 (37.23)	5:28.22 (37.14)
		6:08.83 (40.61)	6:54.07 (45.24)	7:40.58 (46.51)	8:25.76 (45.18)
		9:01.08 (35.32)	9:42.18 (41.10)	10:26.07 (43.89)	11:09.01 (42.94)

<< #38 Men 400 Free Relay - PITY-2 A - Leg 3 >>

Seed Time:	NT		Finals Time:	4:58.03	(2) 34
Finals Splits:		33.62	1:11.84 (38.22)	1:50.02 (38.18)	2:31.28 (41.26)
		3:11.03 (39.75)	3:56.64 (45.61)	4:25.57 (28.93)	4:58.03 (32.46)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

L.J. Ganser - 67

Pittsfield YMCA Polar Bear Mas-2

		<< #16 Men 65-69 100 Breast >>			
Seed Time:	1:25.00		Finals Time:	1:30.68	(1) 20
Finals Splits:	43.38		1:30.68 (47.30)		
		<< #26 Men 65-69 100 Free >>			
Seed Time:	1:05.00		Finals Time:	1:12.37	(1) 20
Finals Splits:	33.35		1:12.37 (39.02)		
		<< #34 Men 65-69 50 Free >>			
Seed Time:	28.00		Finals Time:	31.13	(2) 17
		<< #46 Men 65-69 100 IM >>			
Seed Time:	1:49.40		Finals Time:	1:28.67	(2) * 17
Finals Splits:	42.41		1:28.67 (46.26)		
		<< #48 Men 65-69 50 Breast >>			
Seed Time:	45.00		Finals Time:	41.89	(1) * 20
		<< #92 Mixed 65-69 100 Free >>			
Seed Time:	NT		Finals Time:	1:11.84	(1)
		<< #8 Men 200 Free Relay - PITY-2 A - Leg 4 >>			
Seed Time:	2:30.00		Finals Time:	2:10.42	(1) * 40
Finals Splits:	35.09	1:03.70 (28.61)	1:38.59 (34.89)	2:10.42 (31.83)	
		<< #18 Men 800 Free Relay - PITY-2 B - Leg 4 >>			
Seed Time:	NT		Finals Time:	11:09.01	(1)
Finals Splits:	38.81	1:24.72 (45.91)	2:15.21 (50.49)	3:04.92 (49.71)	
	3:37.82 (32.90)	4:13.85 (36.03)	4:51.08 (37.23)	5:28.22 (37.14)	
	6:08.83 (40.61)	6:54.07 (45.24)	7:40.58 (46.51)	8:25.76 (45.18)	
	9:01.08 (35.32)	9:42.18 (41.10)	10:26.07 (43.89)	11:09.01 (42.94)	
		<< #28 Men 400 Medley Relay - PITY-2 A - Leg 2 >>			
Seed Time:	6:40.00		Finals Time:	5:46.47	(1) * 40
Finals Splits:	48.77	1:37.79 (49.02)	2:05.82 (28.03)	3:11.26 (1:05.44)	
	3:45.26 (34.00)	4:26.41 (41.15)	5:04.30 (37.89)	5:46.47 (42.17)	
		<< #38 Men 400 Free Relay - PITY-2 A - Leg 1 >>			
Seed Time:	NT		Finals Time:	4:58.03	(2) 34
Finals Splits:	33.62	1:11.84 (38.22)	1:50.02 (38.18)	2:31.28 (41.26)	
	3:11.03 (39.75)	3:56.64 (45.61)	4:25.57 (28.93)	4:58.03 (32.46)	
		<< #52 Men 200 Medley Relay - PITY-2 A - Leg 3 >>			
Seed Time:	2:55.00		Finals Time:	2:49.79	(2) * 34
Finals Splits:	42.63	1:40.95 (58.32)	2:01.01 (20.06)	2:49.79 (48.78)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Cynthia Gardner - 72

Pittsfield YMCA Polar Bear Mas-2

		<< #3 Women 70-74 400 Free >>				
Seed Time:	8:18.00		Finals Time:	8:11.77	(2) * 17	
Finals Splits:	49.48	1:49.90 (1:00.42)	2:53.69 (1:03.79)	3:57.20 (1:03.51)		
	5:01.31 (1:04.11)	6:07.58 (1:06.27)	7:12.30 (1:04.72)	8:11.77 (59.47)		
		<< #11 Women 70-74 200 IM >>				
Seed Time:	4:37.00		Finals Time:	4:24.29	(2) * 17	
Finals Splits:	1:06.19	2:10.68 (1:04.49)	3:23.28 (1:12.60)	4:24.29 (1:01.01)		
		<< #15 Women 70-74 100 Breast >>				
Seed Time:	2:15.00		Finals Time:	2:09.28	(4) * 15	
Finals Splits:	1:02.82	2:09.28 (1:06.46)				
		<< #23 Women 70-74 200 Back >>				
Seed Time:	4:23.00		Finals Time:	4:09.69	(2) * 17	
Finals Splits:	58.83	2:03.59 (1:04.76)	3:08.13 (1:04.54)	4:09.69 (1:01.56)		
		<< #9 Mixed 200 Free Relay - PITY-2 A - Leg 2 >>				
Seed Time:	3:00.00		Finals Time:	2:51.33	(2) * 34	
		NELMSC: 2:52.19S				
Finals Splits:	43.16	1:29.05 (45.89)	2:06.20 (37.15)	2:51.33 (45.13)		
		<< #19 Mixed 800 Free Relay - PITY-2 C - Leg 4 >>				
Seed Time:	NT		Finals Time:	14:44.91	(1)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Timothy Gore - 61

Pittsfield YMCA Polar Bear Mas-2

<< #4 Men 60-64 400 Free >>

Seed Time:	6:36.00	Finals Time:			6:17.07	(4) * 15
Finals Splits:	42.10	1:29.65 (47.55)	2:18.66 (49.01)	3:08.00 (49.34)		
	3:56.92 (48.92)	4:44.21 (47.29)	5:32.39 (48.18)	6:17.07 (44.68)		

<< #12 Men 60-64 200 IM >>

Seed Time:	3:49.00	Finals Time:			3:29.51	(6) * 13
Finals Splits:	49.29	1:42.09 (52.80)	2:44.30 (1:02.21)	3:29.51 (45.21)		

<< #16 Men 60-64 100 Breast >>

Seed Time:	1:53.00	Finals Time:			1:45.92	(7) * 12
Finals Splits:	50.80	1:45.92 (55.12)				

<< #24 Men 60-64 200 Back >>

Seed Time:	3:36.00	Finals Time:			3:24.14	(4) * 15
Finals Splits:	49.41	1:41.81 (52.40)	2:34.29 (52.48)	3:24.14 (49.85)		

<< #26 Men 60-64 100 Free >>

Seed Time:	1:28.00	Finals Time:			1:20.86	(8) * 11
Finals Splits:	39.19	1:20.86 (41.67)				

<< #36 Men 60-64 200 Breast >>

Seed Time:	4:01.00	Finals Time:			3:49.26	(3) * 16
Finals Splits:	54.63	1:53.48 (58.85)	2:51.95 (58.47)	3:49.26 (57.31)		

<< #42 Men 60-64 100 Back >>

Seed Time:	1:36.00	Finals Time:			1:34.55	(5) * 14
Finals Splits:	46.06	1:34.55 (48.49)				

<< #46 Men 60-64 100 IM >>

Seed Time:	1:47.00	Finals Time:			1:37.56	(4) * 15
Finals Splits:	46.21	1:37.56 (51.35)				

<< #50 Men 60-64 200 Free >>

Seed Time:	3:09.00	Finals Time:			2:57.31	(2) * 17
Finals Splits:	40.63	1:26.39 (45.76)	2:13.72 (47.33)	2:57.31 (43.59)		

<< #8 Men 200 Free Relay - PITY-2 A - Leg 3 >>

Seed Time:	2:30.00	Finals Time:			2:10.42	(1) * 40
Finals Splits:	35.09	1:03.70 (28.61)	1:38.59 (34.89)	2:10.42 (31.83)		

<< #18 Men 800 Free Relay - PITY-2 B - Leg 3 >>

Seed Time:	NT	Finals Time:			11:09.01	(1)
Finals Splits:	38.81	1:24.72 (45.91)	2:15.21 (50.49)	3:04.92 (49.71)		
	3:37.82 (32.90)	4:13.85 (36.03)	4:51.08 (37.23)	5:28.22 (37.14)		
	6:08.83 (40.61)	6:54.07 (45.24)	7:40.58 (46.51)	8:25.76 (45.18)		
	9:01.08 (35.32)	9:42.18 (41.10)	10:26.07 (43.89)	11:09.01 (42.94)		

<< #28 Men 400 Medley Relay - PITY-2 A - Leg 4 >>

Seed Time:	6:40.00	Finals Time:			5:46.47	(1) * 40
Finals Splits:	48.77	1:37.79 (49.02)	2:05.82 (28.03)	3:11.26 (1:05.44)		
	3:45.26 (34.00)	4:26.41 (41.15)	5:04.30 (37.89)	5:46.47 (42.17)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Timothy Gore - 61

Pittsfield YMCA Polar Bear Mas-2

<< #38 Men 400 Free Relay - PITY-2 A - Leg 2 >>

Seed Time:	NT		Finals Time:	4:58.03	(2)	34
Finals Splits:		33.62	1:11.84 (38.22)	1:50.02 (38.18)	2:31.28 (41.26)	
		3:11.03 (39.75)	3:56.64 (45.61)	4:25.57 (28.93)	4:58.03 (32.46)	

<< #52 Men 200 Medley Relay - PITY-2 A - Leg 4 >>

Seed Time:	2:55.00		Finals Time:	2:49.79	(2)	* 34
Finals Splits:		42.63	1:40.95 (58.32)	2:01.01 (20.06)	2:49.79 (48.78)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Scott Heidemann - 67

Pittsfield YMCA Polar Bear Mas-2

<< #4 Men 65-69 400 Free >>
Seed Time: 7:45.00 Finals Time: 7:38.39 (3) * 16
Finals Splits: 48.00 1:43.45 (55.45) 2:44.05 (1:00.60) 3:46.64 (1:02.59)
4:48.45 (1:01.81) 5:47.91 (59.46) 6:45.28 (57.37) 7:38.39 (53.11)

<< #26 Men 65-69 100 Free >>
Seed Time: 1:40.00 Finals Time: 1:39.64 (5) * 14
Finals Splits: 46.41 1:39.64 (53.23)

<< #34 Men 65-69 50 Free >>
Seed Time: 50.00 Finals Time: 42.52 (7) * 12

<< #48 Men 65-69 50 Breast >>
Seed Time: 1:00.00 Finals Time: 52.53 (4) * 15

<< #19 Mixed 800 Free Relay - PITY-2 C - Leg 1 >>
Seed Time: NT Finals Time: 14:44.91 (1)

<< #52 Men 200 Medley Relay - PITY-2 A - Leg 2 >>
Seed Time: 2:55.00 Finals Time: 2:49.79 (2) * 34
Finals Splits: 42.63 1:40.95 (58.32) 2:01.01 (20.06) 2:49.79 (48.78)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Steve Kolis - 68

Pittsfield YMCA Polar Bear Mas-2

		<< #4 Men 65-69 400 Free >>				
Seed Time:	8:35.00		Finals Time:	7:51.82	(4) * 15	
Finals Splits:		51.68	1:50.39 (58.71)	2:51.87 (1:01.48)	3:53.76 (1:01.89)	
		4:54.60 (1:00.84)	5:54.82 (1:00.22)	6:54.57 (59.75)	7:51.82 (57.25)	
		<< #14 Men 65-69 50 Back >>				
Seed Time:	1:03.00		Finals Time:	58.08	(2) * 17	
		<< #16 Men 65-69 100 Breast >>				
Seed Time:	2:35.00		Finals Time:	2:04.56	(5) * 14	
Finals Splits:		57.61	2:04.56 (1:06.95)			
		<< #24 Men 65-69 200 Back >>				
Seed Time:	4:25.00		Finals Time:	4:22.88	(3) * 16	
Finals Splits:		1:02.69	2:10.24 (1:07.55)	3:18.23 (1:07.99)	4:22.88 (1:04.65)	
		<< #26 Men 65-69 100 Free >>				
Seed Time:	1:48.00		Finals Time:	1:37.77	(4) * 15	
Finals Splits:		47.35	1:37.77 (50.42)			
		<< #9 Mixed 200 Free Relay - PITY-2 A - Leg 4 >>				
Seed Time:	3:00.00		Finals Time:	2:51.33	(2) * 34	
			NELMSC: 2:52.19S			
Finals Splits:		43.16	1:29.05 (45.89)	2:06.20 (37.15)	2:51.33 (45.13)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Claire Langlois - 52

Pittsfield YMCA Polar Bear Mas-2

<< #1 Mixed 50-54 1500 Free >>

Seed Time:	24:44.29	Finals Time:	24:07.65	(1) * 20
Finals Splits:	41.66	1:28.88 (47.22)	2:18.05 (49.17)	3:07.27 (49.22)
	3:55.68 (48.41)	4:43.93 (48.25)	5:32.17 (48.24)	6:20.42 (48.25)
	7:08.43 (48.01)	7:56.63 (48.20)	8:44.72 (48.09)	9:33.14 (48.42)
	10:20.92 (47.78)	11:09.13 (48.21)	11:57.72 (48.59)	12:45.60 (47.88)
	13:33.79 (48.19)	14:22.09 (48.30)	15:10.85 (48.76)	15:58.85 (48.00)
	16:47.71 (48.86)	17:36.30 (48.59)	18:25.66 (49.36)	19:14.59 (48.93)
	20:03.91 (49.32)	20:52.59 (48.68)	21:41.94 (49.35)	22:31.42 (49.48)
	23:20.84 (49.42)	24:07.65 (46.81)		

<< #11 Women 50-54 200 IM >>

Seed Time:	3:30.00	Finals Time:	3:21.99	(2) * 17
Finals Splits:	43.83	1:35.94 (52.11)	2:35.47 (59.53)	3:21.99 (46.52)

<< #25 Women 50-54 100 Free >>

Seed Time:	1:25.00	Finals Time:	1:24.06	(3) * 16
Finals Splits:	38.63	1:24.06 (45.43)		

<< #33 Women 50-54 50 Free >>

Seed Time:	36.87	Finals Time:	36.12	(5) * 14
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<< #41 Women 50-54 100 Back >>

Seed Time:	1:36.27	Finals Time:	1:33.65	(4) * 15
Finals Splits:	44.86	1:33.65 (48.79)		

<< #49 Women 50-54 200 Free >>

Seed Time:	3:08.00	Finals Time:	2:59.78	(4) * 15
Finals Splits:	40.22	1:27.46 (47.24)	2:15.10 (47.64)	2:59.78 (44.68)

<< #86 Mixed 50-54 100 Back >>

Seed Time:	NT	Finals Time:	1:35.78	(7)
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<< #7 Women 200 Free Relay - PITY-2 A - Leg 3 >>

Seed Time:	2:35.00	Finals Time:	2:20.46	(3) * 32
Finals Splits:	35.93	1:07.66 (31.73)	1:44.05 (36.39)	2:20.46 (36.41)

<< #17 Women 800 Free Relay - PITY-2 A - Leg 4 >>

Seed Time:	NT	Finals Time:	12:21.55	(2)
Finals Splits:	36.61	1:20.11 (43.50)	2:07.43 (47.32)	2:55.30 (47.87)
	3:35.79 (40.49)	4:22.35 (46.56)	5:09.77 (47.42)	
	6:40.26 ()	7:29.64 (49.38)	8:22.17 (52.53)	9:17.51 (55.34)
	9:57.30 (39.79)	10:44.67 (47.37)	11:33.55 (48.88)	12:21.55 (48.00)

<< #27 Women 400 Medley Relay - PITY-2 A - Leg 1 >>

Seed Time:	6:50.00	Finals Time:	6:28.52	(1) * 40
Finals Splits:	46.01	1:35.78 (49.77)	1:56.76 (20.98)	2:31.11 (34.35)
	3:38.35 (1:07.24)	4:16.35 (38.00)	5:12.74 (56.39)	6:28.52 (1:15.78)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Chris Plankey II - 45

Pittsfield YMCA Polar Bear Mas-2

		<< #6 Men 45-49 100 Fly >>				
Seed Time:	1:09.48		Finals Time:	1:09.85	(2)	17
Finals Splits:		32.45	1:09.85 (37.40)			
		<< #12 Men 45-49 200 IM >>				
Seed Time:	2:34.82		Finals Time:	2:32.00	(1)	* 20
Finals Splits:		31.62	1:08.75 (37.13)	1:55.42 (46.67)	2:32.00 (36.58)	
		<< #14 Men 45-49 50 Back >>				
Seed Time:	31.54		Finals Time:	32.15	(2)	17
		<< #22 Men 45-49 50 Fly >>				
Seed Time:	30.46		Finals Time:	30.66	(3)	16
		<< #24 Men 45-49 200 Back >>				
Seed Time:	2:32.70		Finals Time:	2:33.32	(2)	17
Finals Splits:		35.00	1:13.89 (38.89)	1:54.57 (40.68)	2:33.32 (38.75)	
		<< #26 Men 45-49 100 Free >>				
Seed Time:	1:01.73		Finals Time:	1:03.73	(2)	17
Finals Splits:		30.41	1:03.73 (33.32)			
		<< #32 Men 45-49 400 IM >>				
Seed Time:	5:37.19		Finals Time:	5:33.27	(1)	* 20
Finals Splits:		36.34	1:16.85 (40.51)	2:01.34 (44.49)	2:44.91 (43.57)	
		3:32.71 (47.80)	4:20.73 (48.02)	5:00.14 (39.41)	5:33.27 (33.13)	
		<< #34 Men 45-49 50 Free >>				
Seed Time:	28.42		Finals Time:	27.71	(4)	* 15
		<< #42 Men 45-49 100 Back >>				
Seed Time:	1:06.96		Finals Time:	1:07.61	(1)	20
Finals Splits:		33.27	1:07.61 (34.34)			
		<< #44 Men 45-49 200 Fly >>				
Seed Time:	2:40.00		Finals Time:	2:52.54	(1)	20
Finals Splits:		38.54	1:23.40 (44.86)	2:09.53 (46.13)	2:52.54 (43.01)	
		<< #46 Men 45-49 100 IM >>				
Seed Time:	1:10.16		Finals Time:	1:09.74	(1)	* 20
Finals Splits:		31.70	1:09.74 (38.04)			
		<< #50 Men 45-49 200 Free >>				
Seed Time:	2:19.84		Finals Time:	2:19.74	(2)	* 17
Finals Splits:		32.10	1:06.89 (34.79)	1:43.77 (36.88)	2:19.74 (35.97)	
		<< #8 Men 200 Free Relay - PITY-2 A - Leg 2 >>				
Seed Time:	2:30.00		Finals Time:	2:10.42	(1)	* 40
Finals Splits:		35.09	1:03.70 (28.61)	1:38.59 (34.89)	2:10.42 (31.83)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Chris Plankey II - 45

Pittsfield YMCA Polar Bear Mas-2

		<< #18 Men 800 Free Relay - PITY-2 B - Leg 2 >>			
Seed Time:	NT		Finals Time:	11:09.01	(1)
Finals Splits:		38.81	1:24.72 (45.91)	2:15.21 (50.49)	3:04.92 (49.71)
		3:37.82 (32.90)	4:13.85 (36.03)	4:51.08 (37.23)	5:28.22 (37.14)
		6:08.83 (40.61)	6:54.07 (45.24)	7:40.58 (46.51)	8:25.76 (45.18)
		9:01.08 (35.32)	9:42.18 (41.10)	10:26.07 (43.89)	11:09.01 (42.94)
		<< #28 Men 400 Medley Relay - PITY-2 A - Leg 3 >>			
Seed Time:	6:40.00		Finals Time:	5:46.47	(1) * 40
Finals Splits:		48.77	1:37.79 (49.02)	2:05.82 (28.03)	3:11.26 (1:05.44)
		3:45.26 (34.00)	4:26.41 (41.15)	5:04.30 (37.89)	5:46.47 (42.17)
		<< #38 Men 400 Free Relay - PITY-2 A - Leg 4 >>			
Seed Time:	NT		Finals Time:	4:58.03	(2) 34
Finals Splits:		33.62	1:11.84 (38.22)	1:50.02 (38.18)	2:31.28 (41.26)
		3:11.03 (39.75)	3:56.64 (45.61)	4:25.57 (28.93)	4:58.03 (32.46)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Duncan RyanMann - 70

Pittsfield YMCA Polar Bear Mas-2

		<< #14 Men 70-74 50 Back >>			
Seed Time:	41.00	Finals Time:	41.58	(3)	16
		<< #24 Men 70-74 200 Back >>			
Seed Time:	3:30.00	Finals Time:	3:35.83	(2)	17
Finals Splits:	50.97	1:46.34 (55.37)	2:42.43 (56.09)	3:35.83 (53.40)	
		<< #26 Men 70-74 100 Free >>			
Seed Time:	1:25.00	Finals Time:	1:23.19	(4)	* 15
Finals Splits:	39.76	1:23.19 (43.43)			
		<< #34 Men 70-74 50 Free >>			
Seed Time:	35.00	Finals Time:	35.15	(4)	15
		<< #42 Men 70-74 100 Back >>			
Seed Time:	1:34.00	Finals Time:	1:34.91	(3)	16
Finals Splits:	46.88	1:34.91 (48.03)			
		<< #46 Men 70-74 100 IM >>			
Seed Time:	1:50.00	Finals Time:	1:45.58	(5)	* 14
Finals Splits:	51.68	1:45.58 (53.90)			
		<< #48 Men 70-74 50 Breast >>			
Seed Time:	55.00	Finals Time:	52.43	(2)	* 17
		<< #86 Mixed 70-74 100 Back >>			
Seed Time:	NT	Finals Time:	1:37.79	(1)	
		<< #94 Mixed 70-74 50 Back >>			
Seed Time:	NT	Finals Time:	42.62	(7)	
		<< #9 Mixed 200 Free Relay - PITY-2 A - Leg 3 >>			
Seed Time:	3:00.00	Finals Time:	2:51.33	(2)	* 34
		NELMSC: 2:52.19S			
Finals Splits:	43.16	1:29.05 (45.89)	2:06.20 (37.15)	2:51.33 (45.13)	
		<< #19 Mixed 800 Free Relay - PITY-2 C - Leg 3 >>			
Seed Time:	NT	Finals Time:	14:44.91	(1)	
		<< #28 Men 400 Medley Relay - PITY-2 A - Leg 1 >>			
Seed Time:	6:40.00	Finals Time:	5:46.47	(1)	* 40
Finals Splits:	48.77	1:37.79 (49.02)	2:05.82 (28.03)	3:11.26 (1:05.44)	
	3:45.26 (34.00)	4:26.41 (41.15)	5:04.30 (37.89)	5:46.47 (42.17)	
		<< #52 Men 200 Medley Relay - PITY-2 A - Leg 1 >>			
Seed Time:	2:55.00	Finals Time:	2:49.79	(2)	* 34
Finals Splits:	42.63	1:40.95 (58.32)	2:01.01 (20.06)	2:49.79 (48.78)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Suzanne Towne - 58

Pittsfield YMCA Polar Bear Mas-2

		<< #3 Women 55-59 400 Free >>			
Seed Time:	6:07.27		Finals Time:	6:00.11	(2) * 17
Finals Splits:		40.17	1:23.80 (43.63)	2:10.21 (46.41)	2:56.63 (46.42)
		3:43.10 (46.47)	4:29.29 (46.19)	5:15.34 (46.05)	6:00.11 (44.77)
		<< #5 Women 55-59 100 Fly >>			
Seed Time:	1:40.02		Finals Time:	1:33.04	(2) * 17
Finals Splits:		40.78	1:33.04 (52.26)		
		<< #11 Women 55-59 200 IM >>			
Seed Time:	3:20.46		Finals Time:	3:21.31	(1) 20
Finals Splits:		42.59	1:34.39 (51.80)	2:34.92 (1:00.53)	3:21.31 (46.39)
		<< #13 Women 55-59 50 Back >>			
Seed Time:	42.79		Finals Time:	43.39	(3) 16
		<< #21 Women 55-59 50 Fly >>			
Seed Time:	38.42		Finals Time:	38.84	(1) 20
		<< #23 Women 55-59 200 Back >>			
Seed Time:	3:29.64		Finals Time:	3:22.76	(2) * 17
Finals Splits:		47.39	1:38.24 (50.85)	2:31.55 (53.31)	3:22.76 (51.21)
		<< #7 Women 200 Free Relay - PITY-2 A - Leg 4 >>			
Seed Time:	2:35.00		Finals Time:	2:20.46	(3) * 32
Finals Splits:		35.93	1:07.66 (31.73)	1:44.05 (36.39)	2:20.46 (36.41)
		<< #17 Women 800 Free Relay - PITY-2 A - Leg 2 >>			
Seed Time:	NT		Finals Time:	12:21.55	(2)
Finals Splits:		36.61	1:20.11 (43.50)	2:07.43 (47.32)	2:55.30 (47.87)
		3:35.79 (40.49)	4:22.35 (46.56)	5:09.77 (47.42)	
		6:40.26 ()	7:29.64 (49.38)	8:22.17 (52.53)	9:17.51 (55.34)
		9:57.30 (39.79)	10:44.67 (47.37)	11:33.55 (48.88)	12:21.55 (48.00)
		<< #27 Women 400 Medley Relay - PITY-2 A - Leg 3 >>			
Seed Time:	6:50.00		Finals Time:	6:28.52	(1) * 40
Finals Splits:		46.01	1:35.78 (49.77)	1:56.76 (20.98)	2:31.11 (34.35)
		3:38.35 (1:07.24)	4:16.35 (38.00)	5:12.74 (56.39)	6:28.52 (1:15.78)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Caitlin Gagnon - 29

Powel Croslev. Ir YMCA-17

		<< #11 Women 25-29 200 IM >>			
Seed Time:	2:45.25		Finals Time:	2:43.93	(4) * 15
Finals Splits:		34.75	1:14.48 (39.73)	2:05.62 (51.14)	2:43.93 (38.31)
		<< #21 Women 25-29 50 Fly >>			
Seed Time:	33.66		Finals Time:	35.86	(5) 14
		<< #43 Women 25-29 200 Fly >>			
Seed Time:	2:59.93		Finals Time:	2:52.30	(1) * 20
Finals Splits:		36.20	1:18.86 (42.66)	2:04.29 (45.43)	2:52.30 (48.01)
		<< #45 Women 25-29 100 IM >>			
Seed Time:	1:18.64		Finals Time:	1:17.11	(4) * 15
Finals Splits:		34.12	1:17.11 (42.99)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Bruce Bernstein - 87

Simon's Rock PaceMakers-2

Seed Time:	3:30.00	<< #16 Men 85-89 100 Breast >>	Finals Time:	Scratched
Seed Time:	2:50.00	<< #26 Men 85-89 100 Free >>	Finals Time:	Scratched
Seed Time:	1:10.00	<< #34 Men 85-89 50 Free >>	Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Daniel Epstein - 73

Simon's Rock PaceMakers-2

		<< #6 Men 70-74 100 Fly >>						
Seed Time:	1:42.00		Finals Time:	1:32.94	(1)	*	20	
Finals Splits:		42.09	1:32.94 (50.85)					
		<< #14 Men 70-74 50 Back >>						
Seed Time:	36.50		Finals Time:	36.84	(1)		20	
		ZONECHAMPS: 38.01S						
		<< #22 Men 70-74 50 Fly >>						
Seed Time:	36.00		Finals Time:	36.40	(2)		17	
		<< #42 Men 70-74 100 Back >>						
Seed Time:	1:24.00		Finals Time:	1:25.22	(1)		20	
Finals Splits:		41.49	1:25.22 (43.73)					
		<< #46 Men 70-74 100 IM >>						
Seed Time:	1:27.00		Finals Time:	1:26.75	(1)	*	20	
Finals Splits:		39.31	1:26.75 (47.44)					
		<< #48 Men 70-74 50 Breast >>						
Seed Time:	52.00		Finals Time:	48.86	(1)	*	20	
		<< #94 Mixed 70-74 50 Back >>						
Seed Time:	NT		Finals Time:	37.21	(1)			
		ZONECHAMPS: 38.01S						

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Marc Freed - 70

Simon's Rock PaceMakers-2

Seed Time:	3:45.00	<< #12 Men 70-74 200 IM >>	Finals Time:	Scratched
Seed Time:	1:50.00	<< #16 Men 70-74 100 Breast >>	Finals Time:	Scratched
Seed Time:	45.00	<< #22 Men 70-74 50 Fly >>	Finals Time:	Scratched
Seed Time:	1:30.00	<< #26 Men 70-74 100 Free >>	Finals Time:	Scratched
Seed Time:	45.00	<< #34 Men 70-74 50 Free >>	Finals Time:	NS
Seed Time:	4:05.00	<< #36 Men 70-74 200 Breast >>	Finals Time:	NS
Seed Time:	1:50.00	<< #46 Men 70-74 100 IM >>	Finals Time:	NS
Seed Time:	55.00	<< #48 Men 70-74 50 Breast >>	Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Michael Hatchette - 82

Simon's Rock PaceMakers-2

Seed Time:	1:23.00	<< #14 Men 80-84 50 Back >>	Finals Time:	1:19.30	(4)	*	15
Seed Time:	3:20.00	<< #16 Men 80-84 100 Breast >>	Finals Time:	3:09.23	(3)	*	16
Finals Splits:	1:26.09	3:09.23 (1:43.14)					
Seed Time:	2:17.00	<< #26 Men 80-84 100 Free >>	Finals Time:	2:16.62	(1)	*	20
Finals Splits:	1:03.41	2:16.62 (1:13.21)					
Seed Time:	57.00	<< #34 Men 80-84 50 Free >>	Finals Time:	58.21	(2)		17
Seed Time:	3:12.00	<< #42 Men 80-84 100 Back >>	Finals Time:	Scratched			
Seed Time:	2:59.00	<< #46 Men 80-84 100 IM >>	Finals Time:	3:08.69	(2)		17
Finals Splits:	1:33.88	3:08.69 (1:34.81)					
Seed Time:	1:23.00	<< #48 Men 80-84 50 Breast >>	Finals Time:	1:27.14	(2)		17

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Rozann Kraus - 73

Simon's Rock PaceMakers-2

Seed Time:	1:59.00	<< #25 Women 70-74 100 Free >>	Finals Time:	NS		
Seed Time:	47.18	<< #33 Women 70-74 50 Free >>	Finals Time:	47.88	(2)	17

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Vincent Burks - 63

South County YMCA-2

<< #1 Mixed 60-64 1500 Free >>

Seed Time:	23:14.98		Finals Time:	22:56.53	(1) * 20
Finals Splits:	40.81	1:26.31 (45.50)	2:12.43 (46.12)	2:59.09 (46.66)	
	3:45.07 (45.98)	4:31.48 (46.41)	5:17.81 (46.33)	6:04.26 (46.45)	
	6:50.76 (46.50)	7:36.94 (46.18)	8:23.07 (46.13)	9:09.31 (46.24)	
	9:55.38 (46.07)	10:41.63 (46.25)	11:27.71 (46.08)	12:13.80 (46.09)	
	12:59.67 (45.87)	13:45.84 (46.17)	14:32.27 (46.43)	15:18.06 (45.79)	
	16:04.12 (46.06)	16:50.42 (46.30)	17:36.87 (46.45)	18:23.19 (46.32)	
	19:09.72 (46.53)	19:55.97 (46.25)	20:41.53 (45.56)	21:26.93 (45.40)	
	22:12.17 (45.24)	22:56.53 (44.36)			

<< #6 Men 60-64 100 Fly >>

Seed Time:	1:24.00		Finals Time:	1:24.38	(1) 20
Finals Splits:	39.70	1:24.38 (44.68)			

<< #12 Men 60-64 200 IM >>

Seed Time:	3:06.00		Finals Time:	2:59.99	(4) * 15
Finals Splits:	38.40	1:25.88 (47.48)	2:19.82 (53.94)	2:59.99 (40.17)	

<< #24 Men 60-64 200 Back >>

Seed Time:	3:15.00		Finals Time:	3:11.89	(3) * 16
Finals Splits:	45.46	1:33.86 (48.40)	2:24.28 (50.42)	3:11.89 (47.61)	

<< #86 Mixed 60-64 100 Back >>

Seed Time:	NT		Finals Time:	1:30.47	(2)
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<< #9 Mixed 200 Free Relay - SCY-2 A - Leg 4 >>

Seed Time:	2:20.00		Finals Time:	2:16.57	(3) * 32
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<< #19 Mixed 800 Free Relay - SCY-2 A - Leg 2 >>

Seed Time:	11:50.00		Finals Time:	11:37.41	(1) *
Finals Splits:	40.76	1:26.48 (45.72)	2:12.10 (45.62)	2:55.58 (43.48)	
	3:33.07 (37.49)	4:15.69 (42.62)	4:58.99 (43.30)	5:41.17 (42.18)	
	6:18.67 (37.50)	7:03.14 (44.47)	7:50.34 (47.20)	8:36.24 (45.90)	
	9:16.05 (39.81)	10:02.60 (46.55)	10:50.89 (48.29)	11:37.41 (46.52)	

<< #29 Mixed 400 Medley Relay - SCY-2 A - Leg 1 >>

Seed Time:	5:50.00		Finals Time:	6:05.02	(1) 40
Finals Splits:	44.10	1:30.47 (46.37)	2:19.37 (48.90)	3:14.08 (54.71)	
	3:56.85 (42.77)	4:47.47 (50.62)	5:23.58 (36.11)	6:05.02 (41.44)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Julia Girman - 43

South County YMCA-2

		<< #3 Women 40-44 400 Free >>			
Seed Time:	6:45.00		Finals Time:	6:01.37	(6) * 13
Finals Splits:		42.52	1:28.88 (46.36)	2:15.28 (46.40)	3:01.58 (46.30)
		3:47.24 (45.66)	4:32.48 (45.24)	5:17.41 (44.93)	6:01.37 (43.96)
			<< #11 Women 40-44 200 IM >>		
Seed Time:	3:06.02		Finals Time:	3:11.56	(1) 20
Finals Splits:		39.28	1:27.74 (48.46)	2:25.87 (58.13)	3:11.56 (45.69)
			<< #13 Women 40-44 50 Back >>		
Seed Time:	37.89		Finals Time:	38.86	(4) 15
			<< #21 Women 40-44 50 Fly >>		
Seed Time:	37.00		Finals Time:	37.02	(4) 15
			<< #23 Women 40-44 200 Back >>		
Seed Time:	2:59.00		Finals Time:	3:13.06	(3) 16
Finals Splits:		46.42	1:35.97 (49.55)	2:25.21 (49.24)	3:13.06 (47.85)
			<< #25 Women 40-44 100 Free >>		
Seed Time:	1:12.93		Finals Time:	1:17.71	(4) 15
Finals Splits:		37.26	1:17.71 (40.45)		
			<< #70 Mixed 40-44 200 Free >>		
Seed Time:	NT		Finals Time:	2:55.58	(1)
			<< #9 Mixed 200 Free Relay - SCY-2 A - Leg 3 >>		
Seed Time:	2:20.00		Finals Time:	2:16.57	(3) * 32
			<< #19 Mixed 800 Free Relay - SCY-2 A - Leg 1 >>		
Seed Time:	11:50.00		Finals Time:	11:37.41	(1) *
Finals Splits:		40.76	1:26.48 (45.72)	2:12.10 (45.62)	2:55.58 (43.48)
		3:33.07 (37.49)	4:15.69 (42.62)	4:58.99 (43.30)	5:41.17 (42.18)
		6:18.67 (37.50)	7:03.14 (44.47)	7:50.34 (47.20)	8:36.24 (45.90)
		9:16.05 (39.81)	10:02.60 (46.55)	10:50.89 (48.29)	11:37.41 (46.52)
			<< #29 Mixed 400 Medley Relay - SCY-2 A - Leg 4 >>		
Seed Time:	5:50.00		Finals Time:	6:05.02	(1) 40
Finals Splits:		44.10	1:30.47 (46.37)	2:19.37 (48.90)	3:14.08 (54.71)
		3:56.85 (42.77)	4:47.47 (50.62)	5:23.58 (36.11)	6:05.02 (41.44)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kristen Lynch - 48

South County YMCA-2

<< #1 Mixed 45-49 1500 Free >>

Seed Time:	23:14.96	Finals Time:	24:34.90	(5)	14
Finals Splits:	43.52	1:32.11 (48.59)	2:21.72 (49.61)	3:11.34 (49.62)	
	4:01.14 (49.80)	4:52.00 (50.86)	5:42.76 (50.76)	6:32.72 (49.96)	
	7:22.80 (50.08)	8:12.84 (50.04)	9:03.03 (50.19)	9:52.92 (49.89)	
	10:42.32 (49.40)	11:32.11 (49.79)	12:21.79 (49.68)	13:11.56 (49.77)	
	14:01.49 (49.93)	14:51.21 (49.72)	15:40.86 (49.65)	16:30.23 (49.37)	
	17:19.60 (49.37)	18:08.96 (49.36)	18:57.90 (48.94)	19:47.06 (49.16)	
	20:36.05 (48.99)	21:24.82 (48.77)	22:13.56 (48.74)	23:01.66 (48.10)	
	23:48.75 (47.09)	24:34.90 (46.15)			

<< #3 Women 45-49 400 Free >>

Seed Time:	6:07.89	Finals Time:	6:09.42	(6)	13
Finals Splits:	41.97	1:28.40 (46.43)	2:15.61 (47.21)	3:03.22 (47.61)	
	3:50.71 (47.49)	4:38.64 (47.93)	5:25.58 (46.94)	6:09.42 (43.84)	

<< #11 Women 45-49 200 IM >>

Seed Time:	3:27.25	Finals Time:	3:26.41	(6)	* 13
Finals Splits:	50.87	1:45.59 (54.72)	3:26.41 (1:40.82)		

<< #13 Women 45-49 50 Back >>

Seed Time:	47.31	Finals Time:	45.63	(4)	* 15
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<< #15 Women 45-49 100 Breast >>

Seed Time:	1:42.73	Finals Time:	1:38.91	(2)	* 17
Finals Splits:	47.14	1:38.91 (51.77)			

<< #23 Women 45-49 200 Back >>

Seed Time:	3:24.13	Finals Time:	3:24.36	(4)	15
Finals Splits:	50.89	1:42.87 (51.98)	2:34.40 (51.53)	3:24.36 (49.96)	

<< #25 Women 45-49 100 Free >>

Seed Time:	1:22.12	Finals Time:	NS		
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<< #31 Women 45-49 400 IM >>

Seed Time:	7:18.22	Finals Time:	7:21.96	(3)	16
Finals Splits:	52.05	1:53.97 (1:01.92)	2:51.00 (57.03)	3:46.17 (55.17)	
	4:45.30 (59.13)	5:45.25 (59.95)	6:33.90 (48.65)	7:21.96 (48.06)	

<< #35 Women 45-49 200 Breast >>

Seed Time:	3:40.25	Finals Time:	3:37.40	(2)	* 17
Finals Splits:	51.16	1:46.11 (54.95)	2:42.05 (55.94)	3:37.40 (55.35)	

<< #41 Women 45-49 100 Back >>

Seed Time:	1:40.69	Finals Time:	1:36.99	(2)	* 17
Finals Splits:	47.78	1:36.99 (49.21)			

<< #43 Women 45-49 200 Fly >>

Seed Time:	4:20.95	Finals Time:	4:07.24	(3)	* 16
Finals Splits:	53.99	1:57.86 (1:03.87)	3:03.08 (1:05.22)	4:07.24 (1:04.16)	

<< #45 Women 45-49 100 IM >>

Seed Time:	1:38.57	Finals Time:	1:35.68	(2)	* 17
Finals Splits:	47.57	1:35.68 (48.11)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kristen Lynch - 48

South County YMCA-2

	<< #47 Women 45-49 50 Breast >>				
Seed Time:	47.47	Finals Time:	46.57	(3) * 16	
	<< #9 Mixed 200 Free Relay - SCY-2 A - Leg 2 >>				
Seed Time:	2:20.00	Finals Time:	2:16.57	(3) * 32	
	<< #19 Mixed 800 Free Relay - SCY-2 A - Leg 4 >>				
Seed Time:	11:50.00	Finals Time:	11:37.41	(1) *	
Finals Splits:	40.76	1:26.48 (45.72)	2:12.10 (45.62)	2:55.58 (43.48)	
	3:33.07 (37.49)	4:15.69 (42.62)	4:58.99 (43.30)	5:41.17 (42.18)	
	6:18.67 (37.50)	7:03.14 (44.47)	7:50.34 (47.20)	8:36.24 (45.90)	
	9:16.05 (39.81)	10:02.60 (46.55)	10:50.89 (48.29)	11:37.41 (46.52)	
	<< #29 Mixed 400 Medley Relay - SCY-2 A - Leg 2 >>				
Seed Time:	5:50.00	Finals Time:	6:05.02	(1) 40	
Finals Splits:	44.10	1:30.47 (46.37)	2:19.37 (48.90)	3:14.08 (54.71)	
	3:56.85 (42.77)	4:47.47 (50.62)	5:23.58 (36.11)	6:05.02 (41.44)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Dennis Quelch - 51

South County YMCA-2

<< #1 Mixed 50-54 1500 Free >>

Seed Time:	23:15.00		Finals Time:	24:40.85	(5)	14
Finals Splits:	41.70	1:28.94 (47.24)	2:18.11 (49.17)	3:07.97 (49.86)		
	3:58.70 (50.73)	4:48.43 (49.73)	5:39.17 (50.74)	6:29.16 (49.99)		
	7:19.31 (50.15)	8:09.71 (50.40)	9:00.47 (50.76)	9:51.12 (50.65)		
	10:41.23 (50.11)	11:31.51 (50.28)	12:22.46 (50.95)	13:13.37 (50.91)		
	14:03.60 (50.23)	14:54.18 (50.58)	15:44.81 (50.63)	16:35.79 (50.98)		
	17:25.09 (49.30)	18:13.89 (48.80)	19:02.20 (48.31)	19:50.88 (48.68)		
	20:39.26 (48.38)	21:27.79 (48.53)	22:16.95 (49.16)	23:05.46 (48.51)		
	24:40.85 (1:35.39)					

<< #4 Men 50-54 400 Free >>

Seed Time:	6:05.00		Finals Time:	6:03.84	(7)	* 12
Finals Splits:	38.75	1:22.48 (43.73)	2:08.73 (46.25)	2:56.30 (47.57)		
	3:42.45 (46.15)	4:30.20 (47.75)	5:17.37 (47.17)	6:03.84 (46.47)		

<< #6 Men 50-54 100 Fly >>

Seed Time:	1:20.00		Finals Time:	1:27.03	(4)	15
Finals Splits:	39.89	1:27.03 (47.14)				

<< #12 Men 50-54 200 IM >>

Seed Time:	3:06.13		Finals Time:	3:06.92	(3)	16
Finals Splits:	38.40	1:28.19 (49.79)	2:21.72 (53.53)	3:06.92 (45.20)		

<< #16 Men 50-54 100 Breast >>

Seed Time:	1:33.83		Finals Time:	1:36.00	(2)	17
Finals Splits:	46.20	1:36.00 (49.80)				

<< #22 Men 50-54 50 Fly >>

Seed Time:	35.03		Finals Time:	35.03	(4)	15
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<< #26 Men 50-54 100 Free >>

Seed Time:	1:12.56		Finals Time:	1:14.42	(5)	14
Finals Splits:	34.82	1:14.42 (39.60)				

<< #32 Men 50-54 400 IM >>

Seed Time:	6:55.11		Finals Time:	6:58.02	(4)	15
Finals Splits:	46.19	1:38.71 (52.52)	2:35.25 (56.54)	3:30.04 (54.79)		
	4:27.10 (57.06)	5:25.26 (58.16)	6:11.53 (46.27)	6:58.02 (46.49)		

<< #34 Men 50-54 50 Free >>

Seed Time:	31.07		Finals Time:	31.35	(3)	16
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<< #36 Men 50-54 200 Breast >>

Seed Time:	3:32.42		Finals Time:	3:35.50	(3)	16
Finals Splits:	49.58	1:44.96 (55.38)	2:40.81 (55.85)	3:35.50 (54.69)		

<< #44 Men 50-54 200 Fly >>

Seed Time:	3:30.00		Finals Time:	3:34.93	(4)	15
Finals Splits:	47.37	1:40.78 (53.41)	2:38.33 (57.55)	3:34.93 (56.60)		

<< #46 Men 50-54 100 IM >>

Seed Time:	1:22.71		Finals Time:	1:24.15	(3)	16
Finals Splits:	39.67	1:24.15 (44.48)				

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Dennis Quelch - 51

South County YMCA-2

	<< #48 Men 50-54 50 Breast >>			
Seed Time:	41.14	Finals Time:	42.71	(6) 13
	<< #9 Mixed 200 Free Relay - SCY-2 A - Leg 1 >>			
Seed Time:	2:20.00	Finals Time:	2:16.57	(3) * 32
	<< #19 Mixed 800 Free Relay - SCY-2 A - Leg 3 >>			
Seed Time:	11:50.00	Finals Time:	11:37.41	(1) *
Finals Splits:	40.76	1:26.48 (45.72)	2:12.10 (45.62)	2:55.58 (43.48)
	3:33.07 (37.49)	4:15.69 (42.62)	4:58.99 (43.30)	5:41.17 (42.18)
	6:18.67 (37.50)	7:03.14 (44.47)	7:50.34 (47.20)	8:36.24 (45.90)
	9:16.05 (39.81)	10:02.60 (46.55)	10:50.89 (48.29)	11:37.41 (46.52)
	<< #29 Mixed 400 Medley Relay - SCY-2 A - Leg 3 >>			
Seed Time:	5:50.00	Finals Time:	6:05.02	(1) 40
Finals Splits:	44.10	1:30.47 (46.37)	2:19.37 (48.90)	3:14.08 (54.71)
	3:56.85 (42.77)	4:47.47 (50.62)	5:23.58 (36.11)	6:05.02 (41.44)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Chuck Barnes - 47

SwimRI-2

		<< #14 Men 45-49 50 Back >>			
Seed Time:	27.16	Finals Time:	27.01	(1)	* 20
		NATL: 27.02S ZONECHAMPS: 27.16S NELMSC: 27.03S			
		<< #24 Men 45-49 200 Back >>			
Seed Time:	2:07.00	Finals Time:	2:05.64	(1)	* 20
		ZONECHAMPS: 2:07.55S NELMSC: 2:17.13S			
Finals Splits:		30.47	1:01.80 (31.33)	1:33.27 (31.47)	2:05.64 (32.37)
		<< #34 Men 45-49 50 Free >>			
Seed Time:	24.01	Finals Time:	24.44	(1)	20
		<< #50 Men 45-49 200 Free >>			
Seed Time:	1:57.98	Finals Time:	1:56.63	(1)	* 20
		ZONECHAMPS: 1:57.98S NELMSC: 1:57.98S			
Finals Splits:		27.76	56.84 (29.08)	1:25.95 (29.11)	1:56.63 (30.68)
		<< #92 Mixed 45-49 100 Free >>			
Seed Time:	NT	Finals Time:	56.94	(1)	
		<< #94 Mixed 45-49 50 Back >>			
Seed Time:	NT	Finals Time:	31.35	(1)	
		<< #9 Mixed 200 Free Relay - SWMR-2 A - Leg 1 >>			
Seed Time:	2:44.98	Finals Time:	1:51.28	(1)	* 40
		<< #28 Men 400 Medley Relay - SWMR-2 A - Leg 3 >>			
Seed Time:	4:38.04	Finals Time:	4:36.63	(1)	* 40
Finals Splits:		35.28	1:11.32 (36.04)	1:49.78 (38.46)	2:34.26 (44.48)
		3:01.31 (27.05)	3:33.19 (31.88)	4:36.63 (1:03.44)	4:36.63 ()
		<< #38 Men 400 Free Relay - SWMR-2 A - Leg 1 >>			
Seed Time:	4:50.00	Finals Time:	4:20.95	(1)	* 40
Finals Splits:		28.24	56.94 (28.70)	1:26.74 (29.80)	1:59.01 (32.27)
		2:27.59 (28.58)	3:00.07 (32.48)	3:37.97 (37.90)	4:20.95 (42.98)
		<< #52 Men 200 Medley Relay - SWMR-2 A - Leg 1 >>			
Seed Time:	2:15.00	Finals Time:	2:12.50	(1)	* 40
Finals Splits:		31.35	1:08.10 (36.75)	1:38.83 (30.73)	2:12.50 (33.67)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Madison Behan - 28

SwimRI-2

Seed Time:	1:16.00	<< #5 Women 25-29 100 Fly >>	Finals Time:	Scratched
Seed Time:	35.00	<< #13 Women 25-29 50 Back >>	Finals Time:	Scratched
Seed Time:	1:25.27	<< #15 Women 25-29 100 Breast >>	Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Stuart Cromarty - 59

SwimRI-2

	<< #1 Mixed 55-59 1500 Free >>			
Seed Time:	18:49.08	Finals Time:	Scratched	
	<< #4 Men 55-59 400 Free >>			
Seed Time:	4:44.61	Finals Time:	4:38.83	(1) * 20
	NELMSC: 4:44.61S			
Finals Splits:	30.75	1:04.82 (34.07)	1:39.29 (34.47)	2:14.30 (35.01)
	2:49.26 (34.96)	3:25.27 (36.01)	4:02.09 (36.82)	4:38.83 (36.74)
	<< #6 Men 55-59 100 Fly >>			
Seed Time:	1:09.02	Finals Time:	1:06.19	(1) * 20
Finals Splits:	30.52	1:06.19 (35.67)		
	<< #12 Men 55-59 200 IM >>			
Seed Time:	2:27.93	Finals Time:	2:35.83	(3) 16
Finals Splits:	31.18	1:11.34 (40.16)	2:00.09 (48.75)	2:35.83 (35.74)
	<< #22 Men 55-59 50 Fly >>			
Seed Time:	28.55	Finals Time:	29.98	(2) 17
	<< #26 Men 55-59 100 Free >>			
Seed Time:	59.08	Finals Time:	59.07	(1) * 20
Finals Splits:	27.79	59.07 (31.28)		
	<< #32 Men 55-59 400 IM >>			
Seed Time:	5:31.02	Finals Time:	NS	
	<< #34 Men 55-59 50 Free >>			
Seed Time:	26.01	Finals Time:	26.98	(3) 16
	<< #42 Men 55-59 100 Back >>			
Seed Time:	1:10.72	Finals Time:	Scratched	
	<< #46 Men 55-59 100 IM >>			
Seed Time:	1:08.34	Finals Time:	NS	
	<< #50 Men 55-59 200 Free >>			
Seed Time:	2:14.77	Finals Time:	2:10.21	(1) * 20
	NELMSC: 2:12.88S			
Finals Splits:	29.78	1:02.31 (32.53)	1:35.88 (33.57)	2:10.21 (34.33)
	<< #70 Mixed 55-59 200 Free >>			
Seed Time:	NT	Finals Time:	2:14.30	(1)
	<< #81 Men 55-59 200 Free >>			
Seed Time:	NT	Finals Time:	22:14.30	(1)
	<< #8 Men 200 Free Relay - SWMR-2 B - Leg 3 >>			
Seed Time:	1:58.45	Finals Time:	1:58.09	(1) * 40
	ZONECHAMPS: 1:58.70S NELMSC: 1:58.70S			
Finals Splits:	29.67	58.24 (28.57)	1:25.53 (27.29)	1:58.09 (32.56)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Stuart Cromarty - 59

SwimRI-2

<< #38 Men 400 Free Relay - SWMR-2 A - Leg 3 >>

Seed Time:	4:50.00		Finals Time:	4:20.95	(1) * 40
Finals Splits:		28.24	56.94 (28.70)	1:26.74 (29.80)	1:59.01 (32.27)
		2:27.59 (28.58)	3:00.07 (32.48)	3:37.97 (37.90)	4:20.95 (42.98)

<< #52 Men 200 Medley Relay - SWMR-2 A - Leg 3 >>

Seed Time:	2:15.00		Finals Time:	2:12.50	(1) * 40
Finals Splits:		31.35	1:08.10 (36.75)	1:38.83 (30.73)	2:12.50 (33.67)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Liza DeWitt - 22

SwimRI-2

		<< #13 Women 18-24 50 Back >>			
Seed Time:	54.41	Finals Time:	54.28	(6)	* 13
		<< #15 Women 18-24 100 Breast >>			
Seed Time:	1:54.60	Finals Time:	2:02.15	(6)	13
Finals Splits:		59.01	2:02.15 (1:03.14)		
		<< #25 Women 18-24 100 Free >>			
Seed Time:	1:41.77	Finals Time:	1:48.78	(7)	12
Finals Splits:		52.16	1:48.78 (56.62)		
		<< #7 Women 200 Free Relay - SWMR-2 A - Leg 4 >>			
Seed Time:	2:45.19	Finals Time:	2:38.38	(5)	* 28
Finals Splits:		32.72	1:09.69 (36.97)	1:48.53 (38.84)	2:38.38 (49.85)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Allison Duggan - 28

SwimRI-2

		<< #11 Women 25-29 200 IM >>			
Seed Time:	3:06.09		Finals Time:	3:03.55 (6) * 13	
Finals Splits:		36.32	1:25.14 (48.82)	2:21.48 (56.34) 3:03.55 (42.07)	
		<< #21 Women 25-29 50 Fly >>			
Seed Time:	35.29		Finals Time:	35.58 (4) 15	
		<< #25 Women 25-29 100 Free >>			
Seed Time:	1:12.46		Finals Time:	NS	
		<< #82 Women 25-29 50 Free >>			
Seed Time:	NT		Finals Time:	32.72 (1)	
		<< #7 Women 200 Free Relay - SWMR-2 A - Leg 1 >>			
Seed Time:	2:45.19		Finals Time:	2:38.38 (5) * 28	
Finals Splits:		32.72	1:09.69 (36.97)	1:48.53 (38.84) 2:38.38 (49.85)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kaan Duru - 53

SwimRI-2

		<< #6 Men 50-54 100 Fly >>			
Seed Time:	1:10.15		Finals Time:	1:10.31	(1) 20
Finals Splits:	32.12		1:10.31 (38.19)		
		<< #12 Men 50-54 200 IM >>			
Seed Time:	2:35.73		Finals Time:	Scratched	
		<< #14 Men 50-54 50 Back >>			
Seed Time:	32.39		Finals Time:	33.83	(1) 20
		<< #22 Men 50-54 50 Fly >>			
Seed Time:	30.86		Finals Time:	30.76	(1) * 20
		<< #26 Men 50-54 100 Free >>			
Seed Time:	1:01.20		Finals Time:	1:01.18	(1) * 20
Finals Splits:	29.98		1:01.18 (31.20)		
		<< #9 Mixed 200 Free Relay - SWMR-2 A - Leg 4 >>			
Seed Time:	2:44.98		Finals Time:	1:51.28	(1) * 40
		<< #28 Men 400 Medley Relay - SWMR-2 A - Leg 4 >>			
Seed Time:	4:38.04		Finals Time:	4:36.63	(1) * 40
Finals Splits:	35.28	1:11.32 (36.04)	1:49.78 (38.46)	2:34.26 (44.48)	
	3:01.31 (27.05)	3:33.19 (31.88)	4:36.63 (1:03.44)	4:36.63 ()	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jeremiah Dyehouse - 48

SwimRI-2

		<< #6 Men 45-49 100 Fly >>			
Seed Time:	1:58.16		Finals Time:	1:52.33 (4) * 15	
Finals Splits:	54.10	1:52.33 (58.23)			
		<< #12 Men 45-49 200 IM >>			
Seed Time:	4:04.57		Finals Time:	3:56.74 (3) * 16	
Finals Splits:	54.79	1:52.82 (58.03)	3:04.62 (1:11.80)	3:56.74 (52.12)	
		<< #8 Men 200 Free Relay - SWMR-2 A - Leg 3 >>			
Seed Time:	2:26.02		Finals Time:	2:22.35 (3) * 32	
Finals Splits:	27.98	1:01.66 (33.68)	1:46.83 (45.17)	2:22.35 (35.52)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Majed Elturkmani - 69

SwimRI-2

		<< #16 Men 65-69 100 Breast >>			
Seed Time:	1:50.00	Finals Time:	1:47.59	(4)	* 15
		<< #22 Men 65-69 50 Fly >>			
Seed Time:	43.00	Finals Time:	40.38	(3)	* 16
		<< #26 Men 65-69 100 Free >>			
Seed Time:	1:23.00	Finals Time:	1:22.38	(3)	* 16
Finals Splits:	38.85	1:22.38 (43.53)			
		<< #34 Men 65-69 50 Free >>			
Seed Time:	36.00	Finals Time:	33.71	(4)	* 15
		<< #46 Men 65-69 100 IM >>			
Seed Time:	1:40.00	Finals Time:	1:37.50	(4)	* 15
Finals Splits:	45.91	1:37.50 (51.59)			
		<< #48 Men 65-69 50 Breast >>			
Seed Time:	48.00	Finals Time:	46.35	(3)	* 16
		<< #8 Men 200 Free Relay - SWMR-2 A - Leg 2 >>			
Seed Time:	2:26.02	Finals Time:	2:22.35	(3)	* 32
Finals Splits:	27.98	1:01.66 (33.68)	1:46.83 (45.17)	2:22.35 (35.52)	
		<< #38 Men 400 Free Relay - SWMR-2 A - Leg 4 >>			
Seed Time:	4:50.00	Finals Time:	4:20.95	(1)	* 40
Finals Splits:	28.24	56.94 (28.70)	1:26.74 (29.80)	1:59.01 (32.27)	
	2:27.59 (28.58)	3:00.07 (32.48)	3:37.97 (37.90)	4:20.95 (42.98)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

David Galluzzi - 49

SwimRI-2

<< #1 Mixed 45-49 1500 Free >>

Seed Time:	19:06.55	Finals Time:	18:25.01	(1) * 20
Finals Splits:	32.83	1:08.71 (35.88)	1:44.84 (36.13)	2:21.64 (36.80)
	2:58.00 (36.36)	3:34.30 (36.30)	4:10.79 (36.49)	4:47.10 (36.31)
	5:23.14 (36.04)	5:59.68 (36.54)	6:36.14 (36.46)	7:12.65 (36.51)
	7:49.60 (36.95)	8:26.24 (36.64)	9:03.00 (36.76)	9:40.12 (37.12)
	10:17.12 (37.00)	10:54.48 (37.36)	11:31.89 (37.41)	12:09.33 (37.44)
	12:46.84 (37.51)	13:24.72 (37.88)	14:03.37 (38.65)	14:41.16 (37.79)
	15:19.09 (37.93)	15:56.80 (37.71)	16:34.16 (37.36)	17:11.84 (37.68)
	17:48.77 (36.93)	18:25.01 (36.24)		

<< #4 Men 45-49 400 Free >>

Seed Time:	4:45.87	Finals Time:	4:35.74	(1) * 20
Finals Splits:	31.81	1:05.59 (33.78)	1:39.98 (34.39)	2:15.38 (35.40)
	2:50.86 (35.48)	3:26.32 (35.46)	4:01.37 (35.05)	4:35.74 (34.37)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Matthew Gilson - 56

SwimRI-2

		<< #12 Men 55-59 200 IM >>			
Seed Time:	2:45.39		Finals Time:	2:41.57	(4) * 15
Finals Splits:		30.19	1:14.86 (44.67)	2:01.97 (47.11)	2:41.57 (39.60)
		<< #16 Men 55-59 100 Breast >>			
Seed Time:	1:25.47		Finals Time:	1:22.44	(3) * 16
Finals Splits:		38.66	1:22.44 (43.78)		
		<< #26 Men 55-59 100 Free >>			
Seed Time:	1:03.27		Finals Time:	1:03.70	(5) 14
Finals Splits:		30.39	1:03.70 (33.31)		
		<< #83 Men 55-59 50 Free >>			
Seed Time:	NT		Finals Time:	29.67	(2)
		<< #8 Men 200 Free Relay - SWMR-2 B - Leg 1 >>			
Seed Time:	1:58.45		Finals Time:	1:58.09	(1) * 40
Finals Splits:		ZONECHAMPS: 1:58.70S NELMSC: 1:58.70S			
		29.67	58.24 (28.57)	1:25.53 (27.29)	1:58.09 (32.56)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kasey Johnson - 36

SwimRI-2

		<< #15 Women 35-39 100 Breast >>			
Seed Time:	1:40.00	Finals Time:	1:43.64	(3)	16
Finals Splits:	49.37	1:43.64 (54.27)			
		<< #21 Women 35-39 50 Fly >>			
Seed Time:	45.00	Finals Time:	44.96	(5)	* 14
		<< #25 Women 35-39 100 Free >>			
Seed Time:	1:35.00	Finals Time:	NS		
		<< #7 Women 200 Free Relay - SWMR-2 A - Leg 2 >>			
Seed Time:	2:45.19	Finals Time:	2:38.38	(5)	* 28
Finals Splits:	32.72	1:09.69 (36.97)	1:48.53 (38.84)	2:38.38 (49.85)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Christina Lorenson - 51

SwimRI-2

		<< #13 Women 50-54 50 Back >>			
Seed Time:	43.00	Finals Time:	44.92	(5)	14
		<< #21 Women 50-54 50 Fly >>			
Seed Time:	46.00	Finals Time:	NS		
		<< #25 Women 50-54 100 Free >>			
Seed Time:	1:30.00	Finals Time:	Scratched		
		<< #7 Women 200 Free Relay - SWMR-2 A - Leg 3 >>			
Seed Time:	2:45.19	Finals Time:	2:38.38	(5)	* 28
Finals Splits:		32.72	1:09.69 (36.97)	1:48.53 (38.84)	2:38.38 (49.85)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ashley Martins - 35

SwimRI-2

<< #3 Women 35-39 400 Free >>

Seed Time:	5:10.00	Finals Time:	5:04.84	(1) * 20
Finals Splits:	32.41	1:08.91 (36.50)	1:46.92 (38.01)	2:26.16 (39.24)
	3:05.62 (39.46)	3:45.54 (39.92)	4:25.62 (40.08)	5:04.84 (39.22)

<< #5 Women 35-39 100 Fly >>

Seed Time:	1:25.00	Finals Time:	1:19.96	(2) * 17
Finals Splits:	36.89	1:19.96 (43.07)		

<< #9 Mixed 200 Free Relay - SWMR-2 A - Leg 3 >>

Seed Time:	2:44.98	Finals Time:	1:51.28	(1) * 40
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Katy Steimer - 40

SwimRI-2

Seed Time:	36.58	<< #13 Women 40-44 50 Back >>	
		Finals Time:	Scratched
Seed Time:	2:52.05	<< #23 Women 40-44 200 Back >>	
		Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Raymond StPierre - 46

SwimRI-2

		<< #4 Men 45-49 400 Free >>			
Seed Time:	6:47.57		Finals Time:	6:34.22	(2) * 17
Finals Splits:		41.91	1:29.08 (47.17)	2:18.40 (49.32)	3:07.88 (49.48)
		3:58.33 (50.45)	4:49.83 (51.50)	5:42.02 (52.19)	6:34.22 (52.20)
		<< #14 Men 45-49 50 Back >>			
Seed Time:	47.05		Finals Time:	47.48	(5) 14
		<< #24 Men 45-49 200 Back >>			
Seed Time:	3:34.09		Finals Time:	NS	
		<< #8 Men 200 Free Relay - SWMR-2 A - Leg 4 >>			
Seed Time:	2:26.02		Finals Time:	2:22.35	(3) * 32
Finals Splits:		27.98	1:01.66 (33.68)	1:46.83 (45.17)	2:22.35 (35.52)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Sarah Sutton - 40

SwimRI-2

		<< #3 Women 40-44 400 Free >>			
Seed Time:	4:55.98		Finals Time:	4:52.65	(1) * 20
Finals Splits:		33.12	1:09.27 (36.15)	1:46.49 (37.22)	2:24.17 (37.68)
		3:01.55 (37.38)	3:39.41 (37.86)	4:16.77 (37.36)	4:52.65 (35.88)
		<< #23 Women 40-44 200 Back >>			
Seed Time:	2:33.09		Finals Time:	2:30.56	(1) * 20
			NELMSC: 2:34.36S		
Finals Splits:		35.44	1:13.86 (38.42)	1:52.45 (38.59)	2:30.56 (38.11)
		<< #31 Women 40-44 400 IM >>			
Seed Time:	5:45.00		Finals Time:	5:32.84	(1) * 20
			NELMSC: 5:41.57S		
Finals Splits:		35.75	1:17.90 (42.15)	1:59.56 (41.66)	2:39.89 (40.33)
		3:28.81 (48.92)	4:17.85 (49.04)	4:56.27 (38.42)	5:32.84 (36.57)
		<< #41 Women 40-44 100 Back >>			
Seed Time:	1:12.49		Finals Time:	1:11.43	(2) * 17
Finals Splits:		34.76	1:11.43 (36.67)		
		<< #92 Mixed 40-44 100 Free >>			
Seed Time:	NT		Finals Time:	1:08.89	(3)
		<< #9 Mixed 200 Free Relay - SWMR-2 A - Leg 2 >>			
Seed Time:	2:44.98		Finals Time:	1:51.28	(1) * 40

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Trent Theroux - 56

SwimRI-2

		<< #6 Men 55-59 100 Fly >>			
Seed Time:	1:12.66		Finals Time:	1:12.89	(5) 14
Finals Splits:		33.03	1:12.89 (39.86)		
		<< #14 Men 55-59 50 Back >>			
Seed Time:	33.00		Finals Time:	33.24	(1) 20
		<< #22 Men 55-59 50 Fly >>			
Seed Time:	31.50		Finals Time:	31.45	(5) * 14
		<< #24 Men 55-59 200 Back >>			
Seed Time:	2:39.00		Finals Time:	2:40.40	(1) 20
Finals Splits:		37.77	1:19.05 (41.28)	2:01.07 (42.02)	2:40.40 (39.33)
		<< #86 Mixed 55-59 100 Back >>			
Seed Time:	NT		Finals Time:	1:11.32	(2)
		<< #8 Men 200 Free Relay - SWMR-2 B - Leg 2 >>			
Seed Time:	1:58.45		Finals Time:	1:58.09	(1) * 40
		ZONECHAMPS: 1:58.70S NELMSC: 1:58.70S			
Finals Splits:		29.67	58.24 (28.57)	1:25.53 (27.29)	1:58.09 (32.56)
		<< #28 Men 400 Medley Relay - SWMR-2 A - Leg 1 >>			
Seed Time:	4:38.04		Finals Time:	4:36.63	(1) * 40
Finals Splits:		35.28	1:11.32 (36.04)	1:49.78 (38.46)	2:34.26 (44.48)
		3:01.31 (27.05)	3:33.19 (31.88)	4:36.63 (1:03.44)	4:36.63 ()

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Carlo Waldfried - 55

SwimRI-2

		<< #6 Men 55-59 100 Fly >>			
Seed Time:	1:12.00		Finals Time:	1:08.12	(2) * 17
Finals Splits:		31.80	1:08.12 (36.32)		
		<< #12 Men 55-59 200 IM >>			
Seed Time:	2:40.00		Finals Time:	2:33.31	(2) * 17
Finals Splits:		32.91	1:14.65 (41.74)	1:59.62 (44.97)	2:33.31 (33.69)
		<< #16 Men 55-59 100 Breast >>			
Seed Time:	1:19.00		Finals Time:	1:20.02	(1) 20
Finals Splits:		37.35	1:20.02 (42.67)		
		<< #22 Men 55-59 50 Fly >>			
Seed Time:	31.00		Finals Time:	30.33	(4) * 15
		<< #26 Men 55-59 100 Free >>			
Seed Time:	59.50		Finals Time:	1:01.09	(3) 16
Finals Splits:		29.12	1:01.09 (31.97)		
		<< #34 Men 55-59 50 Free >>			
Seed Time:	27.20		Finals Time:	26.93	(2) * 17
		<< #36 Men 55-59 200 Breast >>			
Seed Time:	2:58.00		Finals Time:	2:55.25	(1) * 20
Finals Splits:		40.37	1:24.36 (43.99)	2:10.06 (45.70)	2:55.25 (45.19)
		<< #46 Men 55-59 100 IM >>			
Seed Time:	1:10.00		Finals Time:	1:09.18	(2) * 17
Finals Splits:		33.40	1:09.18 (35.78)		
		<< #48 Men 55-59 50 Breast >>			
Seed Time:	35.50		Finals Time:	36.71	(1) 20
		<< #50 Men 55-59 200 Free >>			
Seed Time:	2:19.00		Finals Time:	2:21.20	(2) 17
Finals Splits:		33.35	1:09.96 (36.61)	1:46.49 (36.53)	2:21.20 (34.71)
		<< #83 Men 55-59 50 Free >>			
Seed Time:	NT		Finals Time:	27.98	(1)
		<< #8 Men 200 Free Relay - SWMR-2 A - Leg 1 >>			
Seed Time:	2:26.02		Finals Time:	2:22.35	(3) * 32
Finals Splits:		27.98	1:01.66 (33.68)	1:46.83 (45.17)	2:22.35 (35.52)
		<< #28 Men 400 Medley Relay - SWMR-2 A - Leg 2 >>			
Seed Time:	4:38.04		Finals Time:	4:36.63	(1) * 40
Finals Splits:		35.28	1:11.32 (36.04)	1:49.78 (38.46)	2:34.26 (44.48)
		3:01.31 (27.05)	3:33.19 (31.88)	4:36.63 (1:03.44)	4:36.63 ()
		<< #38 Men 400 Free Relay - SWMR-2 A - Leg 2 >>			
Seed Time:	4:50.00		Finals Time:	4:20.95	(1) * 40
Finals Splits:		28.24	56.94 (28.70)	1:26.74 (29.80)	1:59.01 (32.27)
		2:27.59 (28.58)	3:00.07 (32.48)	3:37.97 (37.90)	4:20.95 (42.98)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Carlo Waldfried - 55

SwimRI-2

<< #52 Men 200 Medley Relay - SWMR-2 A - Leg 2 >>

Seed Time:	2:15.00	Finals Time:	2:12.50	(1) * 40
Finals Splits:	31.35	1:08.10 (36.75)	1:38.83 (30.73)	2:12.50 (33.67)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Phil Wright - 76

SwimRI-2

Seed Time:	48.00	<< #14 Men 75-79 50 Back >>				
		Finals Time:	46.76	(1)	*	20
Seed Time:	45.00	<< #22 Men 75-79 50 Fly >>				
		Finals Time:	NS			
Seed Time:	1:24.00	<< #26 Men 75-79 100 Free >>				
		Finals Time:	Scratched			
Seed Time:	37.00	<< #34 Men 75-79 50 Free >>				
		Finals Time:	34.28	(1)	*	20
Seed Time:	1:40.00	<< #46 Men 75-79 100 IM >>				
Finals Splits:		Finals Time:	1:38.90	(1)	*	20
		46.17	1:38.90 (52.73)			
Seed Time:	48.00	<< #48 Men 75-79 50 Breast >>				
		Finals Time:	NS			
Seed Time:	1:58.45	<< #8 Men 200 Free Relay - SWMR-2 B - Leg 4 >>				
		Finals Time:	1:58.09	(1)	*	40
Finals Splits:		ZONECHAMPS: 1:58.70S	NELMSC: 1:58.70S			
		29.67	58.24 (28.57)	1:25.53 (27.29)		1:58.09 (32.56)
Seed Time:	2:15.00	<< #52 Men 200 Medley Relay - SWMR-2 A - Leg 4 >>				
		Finals Time:	2:12.50	(1)	*	40
Finals Splits:		31.35	1:08.10 (36.75)	1:38.83 (30.73)		2:12.50 (33.67)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kurt Wehmann - 47

Team New York Aquatics-6

Seed Time:	1:06.00	<< #26 Men 45-49 100 Free >>	Finals Time:	NS		
Seed Time:	30.00	<< #34 Men 45-49 50 Free >>	Finals Time:	28.86	(5)	* 14
Seed Time:	1:20.00	<< #46 Men 45-49 100 IM >>	Finals Time:	1:19.71	(3)	* 16
Finals Splits:		37.69	1:19.71 (42.02)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jon Denton-Schneider - 33

Tech Masters-2

Seed Time:	26.00	<< #34 Men 30-34 50 Free >>	
		Finals Time:	NS
Seed Time:	30.00	<< #48 Men 30-34 50 Breast >>	
		Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Scott Kallgren - 39

Tech Masters-2

<< #1 Mixed 35-39 1500 Free >>

Seed Time:	23:00.00		Finals Time:	24:47.18	(4)	15
Finals Splits:		43.57	1:31.88 (48.31)	2:21.54 (49.66)	3:12.25 (50.71)	
		4:03.52 (51.27)	4:55.10 (51.58)	5:45.80 (50.70)	6:35.39 (49.59)	
		7:25.72 (50.33)	8:16.04 (50.32)	9:06.55 (50.51)	9:56.17 (49.62)	
		10:46.38 (50.21)	11:37.31 (50.93)	12:26.07 (48.76)	13:16.15 (50.08)	
		14:07.00 (50.85)	14:57.70 (50.70)	15:48.27 (50.57)	16:38.51 (50.24)	
		17:29.26 (50.75)	18:18.95 (49.69)	19:07.65 (48.70)	19:56.64 (48.99)	
		20:46.44 (49.80)	21:36.25 (49.81)	22:25.46 (49.21)	23:15.80 (50.34)	
		24:03.63 (47.83)	24:47.18 (43.55)			

<< #4 Men 35-39 400 Free >>

Seed Time: 6:00.00 **Finals Time:** Scratched

<< #26 Men 35-39 100 Free >>

Seed Time: 1:20.00 **Finals Time:** Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Eric Nilsson - 36

Tech Masters-2

<< #1 Mixed 35-39 1500 Free >>

Seed Time:	16:30.00	Finals Time:	16:39.25	(1)	20
		ZONECHAMPS: 17:02.96S	NELMSC: 17:02.96S		
Finals Splits:	29.10	1:01.37 (32.27)	1:34.35 (32.98)	2:07.36 (33.01)	
	2:40.68 (33.32)	3:14.25 (33.57)	3:47.35 (33.10)	4:20.89 (33.54)	
	4:54.51 (33.62)	5:27.97 (33.46)	6:01.73 (33.76)	6:35.18 (33.45)	
	7:08.97 (33.79)	7:42.58 (33.61)	8:16.18 (33.60)	8:49.84 (33.66)	
	9:23.49 (33.65)	9:57.45 (33.96)	10:31.31 (33.86)	11:05.08 (33.77)	
	11:38.82 (33.74)	12:12.60 (33.78)	12:46.48 (33.88)	13:20.21 (33.73)	
	13:53.98 (33.77)	14:27.96 (33.98)	15:01.25 (33.29)	15:34.95 (33.70)	
	16:07.89 (32.94)	16:39.25 (31.36)			

<< #4 Men 35-39 400 Free >>

Seed Time:	4:07.00	Finals Time:	4:07.61	(1)	20
		NELMSC: 4:07.99S			
Finals Splits:	28.17	59.19 (31.02)	1:30.80 (31.61)	2:02.70 (31.90)	
	2:34.13 (31.43)	3:05.79 (31.66)	3:36.80 (31.01)	4:07.61 (30.81)	

<< #12 Men 35-39 200 IM >>

Seed Time:	2:12.00	Finals Time:	2:11.39	(1)	* 20
Finals Splits:	28.09	1:01.30 (33.21)	1:40.90 (39.60)	2:11.39 (30.49)	

<< #24 Men 35-39 200 Back >>

Seed Time:	2:11.00	Finals Time:	Scratched		
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<< #26 Men 35-39 100 Free >>

Seed Time:	53.50	Finals Time:	Scratched		
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<< #32 Men 35-39 400 IM >>

Seed Time:	4:38.00	Finals Time:	Scratched		
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<< #44 Men 35-39 200 Fly >>

Seed Time:	2:08.00	Finals Time:	2:07.41	(1)	* 20
		ZONECHAMPS: 2:10.74S	NELMSC: 2:10.74S		
Finals Splits:	28.71	1:00.95 (32.24)	1:33.94 (32.99)	2:07.41 (33.47)	

<< #46 Men 35-39 100 IM >>

Seed Time:	1:00.00	Finals Time:	1:01.04	(1)	20
Finals Splits:	28.11	1:01.04 (32.93)			

<< #50 Men 35-39 200 Free >>

Seed Time:	1:55.00	Finals Time:	1:55.92	(1)	20
Finals Splits:	27.38	56.50 (29.12)	1:25.56 (29.06)	1:55.92 (30.36)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Josh Shea - 50

Tech Masters-2

<< #4 Men 50-54 400 Free >>
Seed Time: 5:07.95 **Finals Time:** 5:18.89 (5) 14
Finals Splits: 35.41 1:13.04 (37.63) 1:52.63 (39.59) 2:33.72 (41.09)
 3:15.55 (41.83) 3:56.90 (41.35) 4:38.72 (41.82) 5:18.89 (40.17)

<< #14 Men 50-54 50 Back >>
Seed Time: 34.88 **Finals Time:** Scratched

<< #24 Men 50-54 200 Back >>
Seed Time: 2:44.99 **Finals Time:** NS

<< #26 Men 50-54 100 Free >>
Seed Time: 1:05.75 **Finals Time:** NS

<< #34 Men 50-54 50 Free >>
Seed Time: 28.75 **Finals Time:** NS

<< #42 Men 50-54 100 Back >>
Seed Time: 1:17.77 **Finals Time:** NS

<< #46 Men 50-54 100 IM >>
Seed Time: 1:15.25 **Finals Time:** NS

<< #50 Men 50-54 200 Free >>
Seed Time: 2:22.08 **Finals Time:** NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Viktor Soldatov - 34

Tech Masters-2

		<< #16 Men 30-34 100 Breast >>				
Seed Time:	1:07.50		Finals Time:	1:10.06	(2)	17
Finals Splits:		33.69	1:10.06 (36.37)			
		<< #36 Men 30-34 200 Breast >>				
Seed Time:	2:27.50		Finals Time:	2:30.32	(1)	20
Finals Splits:		34.04	1:12.43 (38.39)	1:51.77 (39.34)	2:30.32 (38.55)	
		<< #48 Men 30-34 50 Breast >>				
Seed Time:	30.81		Finals Time:	31.62	(2)	17

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jenny Wolf - 41

Tech Masters-2

<< #1 Mixed 40-44 1500 Free >>

Seed Time:	25:00.00	Finals Time:	22:13.05	(2) * 17
Finals Splits:	40.06	1:23.49 (43.43)	2:07.59 (44.10)	2:52.02 (44.43)
	3:36.40 (44.38)	4:21.39 (44.99)	5:06.03 (44.64)	5:51.77 (45.74)
	6:36.44 (44.67)	7:21.32 (44.88)	8:06.06 (44.74)	8:51.00 (44.94)
	9:35.98 (44.98)	10:20.71 (44.73)	11:05.63 (44.92)	11:50.49 (44.86)
	12:35.25 (44.76)	13:19.71 (44.46)	14:04.09 (44.38)	14:49.01 (44.92)
	15:33.71 (44.70)	16:18.34 (44.63)	17:03.01 (44.67)	17:47.88 (44.87)
	18:32.85 (44.97)	19:17.53 (44.68)	20:02.26 (44.73)	20:46.61 (44.35)
	21:31.16 (44.55)	22:13.05 (41.89)		

<< #3 Women 40-44 400 Free >>

Seed Time:	7:40.00	Finals Time:	5:42.18	(3) * 16
Finals Splits:	39.48	1:22.00 (42.52)	2:05.46 (43.46)	2:48.85 (43.39)
	3:32.55 (43.70)	4:16.04 (43.49)	5:00.00 (43.96)	5:42.18 (42.18)

<< #5 Women 40-44 100 Fly >>

Seed Time:	1:30.00	Finals Time:	1:23.04	(2) * 17
Finals Splits:	38.65	1:23.04 (44.39)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Marie Corley - 46

Terranin Masters-10

<< #3 Women 45-49 400 Free >>

Seed Time:	7:40.00		Finals Time:	7:50.11	(8)	11
Finals Splits:		51.62	1:48.83 (57.21)	2:48.92 (1:00.09)	3:49.84 (1:00.92)	
	4:51.19 (1:01.35)	5:53.00 (1:01.81)	6:53.14 (1:00.14)	7:50.11 (56.97)		

<< #21 Women 45-49 50 Fly >>

Seed Time:	55.00		Finals Time:	53.02	(4)	* 15
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<< #25 Women 45-49 100 Free >>

Seed Time:	1:40.00		Finals Time:	1:43.69	(4)	15
Finals Splits:		48.81	1:43.69 (54.88)			

<< #9 Mixed 200 Free Relay - TERR-10 A - Leg 3 >>

Seed Time:	1:57.51		Finals Time:	2:18.30	(2)	34
Finals Splits:		30.59	59.39 (28.80)	1:46.85 (47.46)	2:18.30 (31.45)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jose De Jesus - 30

Terranin Masters-10

		<< #16 Men 30-34 100 Breast >>			
Seed Time:	1:08.93		Finals Time:	1:08.60	(1) * 20
Finals Splits:		31.35	1:08.60 (37.25)		
		<< #26 Men 30-34 100 Free >>			
Seed Time:	56.83		Finals Time:	55.51	(1) * 20
Finals Splits:		25.99	55.51 (29.52)		
		<< #34 Men 30-34 50 Free >>			
Seed Time:	25.90		Finals Time:	24.99	(1) * 20
		<< #48 Men 30-34 50 Breast >>			
Seed Time:	30.48		Finals Time:	30.07	(1) * 20

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Andrew Ellis - 55

Terranin Masters-10

		<< #16 Men 55-59 100 Breast >>				
Seed Time:	1:23.69		Finals Time:	1:24.86	(5)	14
Finals Splits:		40.58	1:24.86 (44.28)			
		<< #26 Men 55-59 100 Free >>				
Seed Time:	1:06.17		Finals Time:	1:06.33	(7)	12
Finals Splits:		31.55	1:06.33 (34.78)			
		<< #9 Mixed 200 Free Relay - TERR-10 A - Leg 4 >>				
Seed Time:	1:57.51		Finals Time:	2:18.30	(2)	34
Finals Splits:		30.59	59.39 (28.80)	1:46.85 (47.46)	2:18.30 (31.45)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Mollie Grover - 42

Terranin Masters-10

		<< #3 Women 40-44 400 Free >>			
Seed Time:	5:35.10	Finals Time:	5:57.83	(5)	14
Finals Splits:	30.51	1:02.41 (31.90)	2:10.33 (1:07.92)	2:57.32 (46.99)	
	3:43.53 (46.21)	4:31.50 (47.97)	5:15.07 (43.57)	5:57.83 (42.76)	
		<< #13 Women 40-44 50 Back >>			
Seed Time:	32.80	Finals Time:	33.52	(2)	17
		<< #23 Women 40-44 200 Back >>			
Seed Time:	2:26.87	Finals Time:	2:35.23	(2)	17
Finals Splits:	37.67	1:17.01 (39.34)	1:56.83 (39.82)	2:35.23 (38.40)	
		<< #33 Women 40-44 50 Free >>			
Seed Time:	28.64	Finals Time:	28.56	(3)	* 16
		<< #41 Women 40-44 100 Back >>			
Seed Time:	1:08.55	Finals Time:	1:09.43	(1)	20
		NELMSC: 1:10.53S			
Finals Splits:	34.72	1:09.43 (34.71)			
		<< #88 Women 40-44 100 Free >>			
Seed Time:	NT	Finals Time:	1:02.41	(1)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jonathan Oloughlin - 40

Terrain Masters-10

		<< #16 Men 40-44 100 Breast >>			
Seed Time:	1:26.00	Finals Time:	1:24.73	(2)	* 17
Finals Splits:	40.64	1:24.73 (44.09)			
		<< #26 Men 40-44 100 Free >>			
Seed Time:	1:05.00	Finals Time:	1:07.22	(2)	17
Finals Splits:	31.75	1:07.22 (35.47)			
		<< #34 Men 40-44 50 Free >>			
Seed Time:	32.00	Finals Time:	28.61	(2)	* 17
		<< #46 Men 40-44 100 IM >>			
Seed Time:	1:17.00	Finals Time:	Scratched		
		<< #9 Mixed 200 Free Relay - TERR-10 A - Leg 2 >>			
Seed Time:	1:57.51	Finals Time:	2:18.30	(2)	34
Finals Splits:	30.59	59.39 (28.80)	1:46.85 (47.46)	2:18.30 (31.45)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Stephen Payne - 62

Terranin Masters-10

		<< #4 Men 60-64 400 Free >>			
Seed Time:	8:00.00		Finals Time:	7:26.15	(9) * 9
Finals Splits:		48.43	1:42.45 (54.02)	2:38.51 (56.06)	3:34.18 (55.67)
		4:32.06 (57.88)	5:30.12 (58.06)	6:28.67 (58.55)	7:26.15 (57.48)
		<< #26 Men 60-64 100 Free >>			
Seed Time:	1:30.00		Finals Time:	1:30.49	(11) 6
Finals Splits:		41.89	1:30.49 (48.60)		
		<< #34 Men 60-64 50 Free >>			
Seed Time:	38.00		Finals Time:	40.63	(7) 12
		<< #50 Men 60-64 200 Free >>			
Seed Time:	3:20.00		Finals Time:	3:27.38	(7) 12
Finals Splits:		45.72	1:38.79 (53.07)	2:35.25 (56.46)	3:27.38 (52.13)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Courtney Randolph - 32

Terranin Masters-10

		<< #11 Women 30-34 200 IM >>			
Seed Time:	2:27.64		Finals Time:	2:28.61 (1) 20	
Finals Splits:		32.61	1:10.47 (37.86) 1:54.05 (43.58)	2:28.61 (34.56)	
		<< #15 Women 30-34 100 Breast >>			
Seed Time:	1:19.54		Finals Time:	1:19.86 (2) 17	
Finals Splits:		37.91	1:19.86 (41.95)		
		<< #23 Women 30-34 200 Back >>			
Seed Time:	2:30.00		Finals Time:	2:28.68 (1) * 20	
			NELMSC: 2:28.84S		
Finals Splits:		36.61	1:13.83 (37.22) 1:51.38 (37.55)	2:28.68 (37.30)	
		<< #31 Women 30-34 400 IM >>			
Seed Time:	5:11.90		Finals Time:	5:15.33 (1) 20	
			NELMSC: 5:15.39S		
Finals Splits:		33.96	1:12.79 (38.83) 1:53.43 (40.64)	2:33.20 (39.77)	
		3:18.24 (45.04)	4:03.58 (45.34) 4:40.09 (36.51)	5:15.33 (35.24)	
		<< #35 Women 30-34 200 Breast >>			
Seed Time:	2:47.96		Finals Time:	2:50.52 (1) 20	
Finals Splits:		39.31	1:22.58 (43.27) 2:06.32 (43.74)	2:50.52 (44.20)	
		<< #45 Women 30-34 100 IM >>			
Seed Time:	1:09.57		Finals Time:	Scratched	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Laura Rose - 37

Terranin Masters-10

<< #1 Mixed 35-39 1500 Free >>

Seed Time:	19:44.08		Finals Time:	20:05.37	(2)	17
Finals Splits:		35.54	1:14.41 (38.87)	1:54.15 (39.74)	2:33.85 (39.70)	
		3:13.69 (39.84)	3:53.18 (39.49)	4:33.12 (39.94)	5:13.44 (40.32)	
		5:53.02 (39.58)	6:32.74 (39.72)	7:12.84 (40.10)	7:53.34 (40.50)	
		8:33.57 (40.23)	9:13.98 (40.41)	9:55.06 (41.08)	10:35.55 (40.49)	
		11:16.42 (40.87)	11:57.79 (41.37)	12:38.52 (40.73)	13:19.25 (40.73)	
		14:00.25 (41.00)	14:41.60 (41.35)	15:22.37 (40.77)	16:02.74 (40.37)	
		16:43.37 (40.63)	17:23.95 (40.58)	18:04.86 (40.91)	18:46.08 (41.22)	
		19:26.31 (40.23)	20:05.37 (39.06)			

<< #15 Women 35-39 100 Breast >>

Seed Time:	1:24.99		Finals Time:	1:24.05	(1)	* 20
Finals Splits:		39.14	1:24.05 (44.91)			

<< #21 Women 35-39 50 Fly >>

Seed Time:	33.08		Finals Time:	34.87	(2)	17
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<< #31 Women 35-39 400 IM >>

Seed Time:	5:50.90		Finals Time:	5:48.15	(1)	* 20
Finals Splits:		37.12	1:21.25 (44.13)	2:06.96 (45.71)	2:53.98 (47.02)	
		3:40.35 (46.37)	4:30.79 (50.44)	5:10.02 (39.23)	5:48.15 (38.13)	

<< #82 Women 35-39 50 Free >>

Seed Time:	NT		Finals Time:	30.59	(1)	
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<< #9 Mixed 200 Free Relay - TERR-10 A - Leg 1 >>

Seed Time:	1:57.51		Finals Time:	2:18.30	(2)	34
Finals Splits:		30.59	59.39 (28.80)	1:46.85 (47.46)	2:18.30 (31.45)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jeffrey Strahota - 43

Terranin Masters-10

Seed Time:	45.54	<< #14 Men 40-44 50 Back >>			
		Finals Time:	37.32	(1) * 20	
Seed Time:	1:31.31	<< #26 Men 40-44 100 Free >>			
Finals Splits:		37.30	1:20.66 (43.36)	1:20.66	(5) * 14
Seed Time:	41.14	<< #34 Men 40-44 50 Free >>			
		Finals Time:	36.84	(5) * 14	
Seed Time:	1:31.31	<< #42 Men 40-44 100 Back >>			
Finals Splits:		37.82	1:22.18 (44.36)	1:22.18	(2) * 17
Seed Time:	3:15.03	<< #50 Men 40-44 200 Free >>			
Finals Splits:		39.98	1:24.99 (45.01)	2:57.62 2:11.98 (46.99)	(3) * 16 2:57.62 (45.64)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Marlena Tonelli - 35

Terranin Masters-10

		<< #1 Mixed 35-39 1500 Free >>			
Seed Time:	20:45.00		Finals Time:	19:53.55	(1) * 20
Finals Splits:		37.01	1:16.23 (39.22)	1:55.61 (39.38)	2:35.14 (39.53)
		3:15.04 (39.90)	3:55.13 (40.09)	4:35.18 (40.05)	5:15.51 (40.33)
		5:55.63 (40.12)	6:35.72 (40.09)	7:15.69 (39.97)	7:55.65 (39.96)
		8:35.52 (39.87)	9:15.36 (39.84)	9:55.21 (39.85)	10:34.95 (39.74)
		11:15.03 (40.08)	11:54.98 (39.95)	12:34.88 (39.90)	13:14.87 (39.99)
		13:54.82 (39.95)	14:34.65 (39.83)	15:14.48 (39.83)	15:54.52 (40.04)
		16:34.45 (39.93)	17:14.43 (39.98)	17:54.78 (40.35)	18:35.30 (40.52)
		19:15.31 (40.01)	19:53.55 (38.24)		
		<< #3 Women 35-39 400 Free >>			
Seed Time:	5:26.00		Finals Time:	5:14.63	(2) * 17
Finals Splits:		35.82	1:14.30 (38.48)	1:53.79 (39.49)	2:33.91 (40.12)
		3:14.39 (40.48)	3:54.78 (40.39)	4:35.23 (40.45)	5:14.63 (39.40)
		<< #11 Women 35-39 200 IM >>			
Seed Time:	2:55.55		Finals Time:	Scratched	
		<< #13 Women 35-39 50 Back >>			
Seed Time:	37.00		Finals Time:	38.21	(4) 15
		<< #15 Women 35-39 100 Breast >>			
Seed Time:	1:33.33		Finals Time:	Scratched	
		<< #21 Women 35-39 50 Fly >>			
Seed Time:	37.00		Finals Time:	Scratched	
		<< #23 Women 35-39 200 Back >>			
Seed Time:	3:00.00		Finals Time:	NS	
		<< #35 Women 35-39 200 Breast >>			
Seed Time:	3:07.77		Finals Time:	Scratched	
		<< #41 Women 35-39 100 Back >>			
Seed Time:	1:20.00		Finals Time:	1:25.29	(3) 16
Finals Splits:		41.24	1:25.29 (44.05)		
		<< #45 Women 35-39 100 IM >>			
Seed Time:	1:15.55		Finals Time:	Scratched	
		<< #47 Women 35-39 50 Breast >>			
Seed Time:	41.14		Finals Time:	Scratched	
		<< #49 Women 35-39 200 Free >>			
Seed Time:	2:30.00		Finals Time:	2:33.50	(2) 17
Finals Splits:		34.90	1:13.33 (38.43)	1:53.60 (40.27)	2:33.50 (39.90)
		<< #70 Mixed 35-39 200 Free >>			
Seed Time:	NT		Finals Time:	2:35.14	(1)
		<< #71 Mixed 35-39 400 Free >>			
Seed Time:	NT		Finals Time:	5:15.51	(1)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Marlena Tonelli - 35

Terranin Masters-10

Seed Time: NT << #72 Mixed 35-39 800 Free >> **Finals Time:** 10:34.95 (1)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Danica Adams - 24

Uc02

Seed Time:	18:00.00	<< #1 Mixed 18-24 1500 Free >>	Finals Time:	Scratched		
Seed Time:	4:34.82	<< #3 Women 18-24 400 Free >>	Finals Time:	Scratched		
Seed Time:	31.60	<< #13 Women 18-24 50 Back >>	Finals Time:	Scratched		
Seed Time:	2:20.97	<< #23 Women 18-24 200 Back >>	Finals Time:	2:21.23	(1)	20
Finals Splits:		ZONECHAMPS: 2:28.29S NELMSC: 2:28.20S				
		33.70 1:09.23 (35.53) 1:45.62 (36.39) 2:21.23 (35.61)				
Seed Time:	1:01.41	<< #25 Women 18-24 100 Free >>	Finals Time:	1:04.29	(1)	20
Finals Splits:		30.74 1:04.29 (33.55)				
Seed Time:	28.34	<< #33 Women 18-24 50 Free >>	Finals Time:	Scratched		
Seed Time:	1:05.44	<< #41 Women 18-24 100 Back >>	Finals Time:	1:05.45	(1)	20
Finals Splits:		ZONECHAMPS: 1:07.98S NELMSC: 1:07.98S				
		32.05 1:05.45 (33.40)				
Seed Time:	1:10.00	<< #45 Women 18-24 100 IM >>	Finals Time:	NS		
Seed Time:	2:12.00	<< #49 Women 18-24 200 Free >>	Finals Time:	NS		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Colin Curtin - 27

Uc02

		<< #14 Men 25-29 50 Back >>				
Seed Time:	27.74	Finals Time:	26.25	(1)	*	20
		<< #26 Men 25-29 100 Free >>				
Seed Time:	55.87	Finals Time:	53.29	(1)	*	20
Finals Splits:		25.67	53.29 (27.62)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Robert Foley - 73

Uc02

Seed Time: 55.18

<< #34 Men 70-74 50 Free >>

Finals Time:

NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

James Hassey - 75

Uc02

Seed Time:	50.00	<< #14 Men 75-79 50 Back >>		
		Finals Time:	49.52	(2) * 17
Seed Time:	1:35.00	<< #26 Men 75-79 100 Free >>		
Finals Splits:	45.07	Finals Time:	1:34.99	(1) * 20
			1:34.99 (49.92)	
Seed Time:	1:50.00	<< #42 Men 75-79 100 Back >>		
		Finals Time:	1:50.31	(2) 17
Seed Time:	3:50.00	<< #50 Men 75-79 200 Free >>		
Finals Splits:	49.01	Finals Time:	3:45.17	(2) * 17
			3:45.17 (58.83)	
			2:46.34 (1:00.44)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Peter Hayashi - 67

Uc02

<< #1 Mixed 65-69 1500 Free >>

Seed Time:	26:00.00		Finals Time:	24:42.08	(2) * 17
Finals Splits:		45.51	1:34.63 (49.12)	2:25.10 (50.47)	3:15.18 (50.08)
		4:06.09 (50.91)	4:57.49 (51.40)	5:47.86 (50.37)	6:39.28 (51.42)
		7:29.62 (50.34)	8:20.80 (51.18)	9:11.42 (50.62)	10:01.89 (50.47)
		10:51.85 (49.96)	11:41.33 (49.48)	12:31.21 (49.88)	13:21.43 (50.22)
		14:10.86 (49.43)	15:00.61 (49.75)	15:50.84 (50.23)	16:40.42 (49.58)
		17:29.41 (48.99)	18:18.66 (49.25)	19:07.90 (49.24)	19:57.30 (49.40)
		20:45.50 (48.20)	21:33.42 (47.92)	22:21.34 (47.92)	23:09.64 (48.30)
		23:57.01 (47.37)	24:42.08 (45.07)		

<< #16 Men 65-69 100 Breast >>

Seed Time: 1:40.00 **Finals Time:** 1:38.75 (2) * 17

<< #36 Men 65-69 200 Breast >>

Seed Time: 3:40.00 **Finals Time:** NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Elise Morley - 23

Uc02

		<< #5 Women 18-24 100 Fly >>			
Seed Time:	1:16.50		Finals Time:	1:27.57 (3) 16	
Finals Splits:	41.49	1:27.57 (46.08)			
		<< #11 Women 18-24 200 IM >>			
Seed Time:	3:09.50		Finals Time:	3:14.64 (4) 15	
Finals Splits:	40.88	1:32.20 (51.32)	2:31.23 (59.03)	3:14.64 (43.41)	
		<< #15 Women 18-24 100 Breast >>			
Seed Time:	1:45.00		Finals Time:	1:52.69 (4) 15	
Finals Splits:	53.16	1:52.69 (59.53)			
		<< #21 Women 18-24 50 Fly >>			
Seed Time:	38.50		Finals Time:	39.24 (5) 14	
		<< #25 Women 18-24 100 Free >>			
Seed Time:	1:10.50		Finals Time:	1:20.53 (5) 14	
Finals Splits:	38.36	1:20.53 (42.17)			
		<< #31 Women 18-24 400 IM >>			
Seed Time:	6:30.00		Finals Time:	7:06.31 (2) 17	
Finals Splits:	44.16	1:37.16 (53.00)	2:35.40 (58.24)	3:30.78 (55.38)	
	4:29.59 (58.81)	5:32.37 (1:02.78)	6:19.75 (47.38)	7:06.31 (46.56)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ian Opolski - 34

Uc02

Seed Time:	6:03.00	<< #32 Men 30-34 400 IM >>	
		Finals Time:	Scratched
Seed Time:	1:28.90	<< #42 Men 30-34 100 Back >>	
		Finals Time:	Scratched
Seed Time:	2:35.40	<< #50 Men 30-34 200 Free >>	
		Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jonathan Rehmus - 63

Uc02

		<< #26 Men 60-64 100 Free >>				
Seed Time:	1:06.00		Finals Time:	1:08.99	(3)	16
Finals Splits:		31.65	1:08.99 (37.34)			
		<< #34 Men 60-64 50 Free >>				
Seed Time:	29.50		Finals Time:	30.48	(3)	16
		<< #42 Men 60-64 100 Back >>				
Seed Time:	1:25.00		Finals Time:	1:23.88	(4)	* 15
Finals Splits:		40.02	1:23.88 (43.86)			
		<< #50 Men 60-64 200 Free >>				
Seed Time:	2:25.00		Finals Time:	Scratched		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Jason Summerfield - 41

Uc02

		<< #14 Men 40-44 50 Back >>			
Seed Time:	49.00	Finals Time:	53.02	(2)	17
		<< #26 Men 40-44 100 Free >>			
Seed Time:	1:40.00	Finals Time:	1:41.23	(6)	13
Finals Splits:	44.40	1:41.23 (56.83)			
		<< #34 Men 40-44 50 Free >>			
Seed Time:	49.00	Finals Time:	40.11	(6)	* 13

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Owen Wurzbacher - 32

Uc02

<< #4 Men 30-34 400 Free >>

Seed Time:	4:25.00		Finals Time:	4:25.39	(1)	20
Finals Splits:		28.92	1:01.01 (32.09)	1:33.69 (32.68)	2:07.18 (33.49)	
		2:41.66 (34.48)	3:16.75 (35.09)	3:51.58 (34.83)	4:25.39 (33.81)	

<< #12 Men 30-34 200 IM >>

Seed Time:	2:30.00		Finals Time:	2:19.95	(1)	* 20
Finals Splits:		30.21	1:07.50 (37.29)	1:47.45 (39.95)	2:19.95 (32.50)	

<< #16 Men 30-34 100 Breast >>

Seed Time:	1:15.00		Finals Time:	NS		
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<< #26 Men 30-34 100 Free >>

Seed Time:	1:00.00		Finals Time:	NS		
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Margaret Bolster - 55

Uc03

<< #1 Mixed 55-59 1500 Free >>

Seed Time:	36:46.99		Finals Time:	30:13.35	(2) * 17
Finals Splits:		51.81	1:50.79 (58.98)	2:51.60 (1:00.81)	3:50.97 (59.37)
	4:50.35 (59.38)		5:49.98 (59.63)	6:49.86 (59.88)	7:50.05 (1:00.19)
	8:50.90 (1:00.85)		9:51.79 (1:00.89)	10:51.91 (1:00.12)	11:52.10 (1:00.19)
	12:53.19 (1:01.09)		13:53.27 (1:00.08)	14:54.58 (1:01.31)	15:55.94 (1:01.36)
	16:57.07 (1:01.13)		17:57.61 (1:00.54)	18:59.45 (1:01.84)	20:02.20 (1:02.75)
	21:01.98 (59.78)		22:03.96 (1:01.98)	23:05.73 (1:01.77)	24:07.12 (1:01.39)
	25:09.41 (1:02.29)		26:11.03 (1:01.62)	27:11.87 (1:00.84)	28:13.87 (1:02.00)
	29:14.51 (1:00.64)		30:13.35 (58.84)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Manuel Serrano Laguna - 27

Uc03

		<< #12 Men 25-29 200 IM >>			
Seed Time:	2:18.00		Finals Time:	2:13.89	(1) * 20
Finals Splits:		29.09	1:05.08 (35.99)	1:41.80 (36.72)	2:13.89 (32.09)
		<< #16 Men 25-29 100 Breast >>			
Seed Time:	1:06.00		Finals Time:	1:06.20	(1) 20
Finals Splits:		31.33	1:06.20 (34.87)		
		<< #36 Men 25-29 200 Breast >>			
Seed Time:	2:25.00		Finals Time:	2:27.81	(1) 20
Finals Splits:		33.08	1:10.45 (37.37)	1:49.38 (38.93)	2:27.81 (38.43)
		<< #48 Men 25-29 50 Breast >>			
Seed Time:	31.00		Finals Time:	30.12	(1) * 20

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Christopher Hug - 64

Uc12

Seed Time:	5:30.00	<< #4 Men 60-64 400 Free >>	
		Finals Time:	Scratched
Seed Time:	45.00	<< #22 Men 60-64 50 Fly >>	
		Finals Time:	Scratched
Seed Time:	1:13.00	<< #26 Men 60-64 100 Free >>	
		Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Connor Robison - 25

Uc12

		<< #6 Men 25-29 100 Fly >>			
Seed Time:	1:15.00		Finals Time:	1:05.88	(1) * 20
Finals Splits:		29.85	1:05.88 (36.03)		
		<< #22 Men 25-29 50 Fly >>			
Seed Time:	35.00		Finals Time:	28.93	(1) * 20
		<< #26 Men 25-29 100 Free >>			
Seed Time:	1:01.00		Finals Time:	59.54	(2) * 17
Finals Splits:		28.89	59.54 (30.65)		
		<< #34 Men 25-29 50 Free >>			
Seed Time:	30.00		Finals Time:	27.28	(1) * 20
		<< #48 Men 25-29 50 Breast >>			
Seed Time:	40.00		Finals Time:	39.24	(4) * 15
		<< #50 Men 25-29 200 Free >>			
Seed Time:	2:15.00		Finals Time:	2:13.57	(2) * 17
Finals Splits:		30.45	1:03.30 (32.85)	1:38.09 (34.79)	2:13.57 (35.48)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

John Adams - 66

Uc38

<< #34 Men 65-69 50 Free >>

Seed Time: 41.15

Finals Time:

40.39 (5) * 14

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Robyn Allen - 38

Uc38

Seed Time:	37.05	<< #13 Women 35-39 50 Back >>				
		Finals Time:	36.91	(2)	*	17
Seed Time:	1:51.00	<< #15 Women 35-39 100 Breast >>				
Finals Splits:		45.88	1:35.76 (49.88)	1:35.76	(2)	* 17
Seed Time:	2:54.09	<< #23 Women 35-39 200 Back >>				
Finals Splits:		38.90	1:24.14 (45.24)	2:53.01	(2)	* 17
				2:09.94 (45.80)		2:53.01 (43.07)
Seed Time:	1:06.57	<< #25 Women 35-39 100 Free >>				
		Finals Time:		NS		
Seed Time:	31.24	<< #33 Women 35-39 50 Free >>				
		Finals Time:		NS		
Seed Time:	1:19.06	<< #41 Women 35-39 100 Back >>				
Finals Splits:		37.76	1:19.83 (42.07)	1:19.83	(2)	17
Seed Time:	1:38.17	<< #45 Women 35-39 100 IM >>				
Finals Splits:		37.55	1:21.99 (44.44)	1:21.99	(4)	* 15
Seed Time:	44.17	<< #47 Women 35-39 50 Breast >>				
		Finals Time:		NS		
Seed Time:	2:26.02	<< #49 Women 35-39 200 Free >>				
		Finals Time:		NS		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Karen Bierwert - 71

Umama-2

		<< #11 Women 70-74 200 IM >>		
Seed Time:	3:26.00	Finals Time:	3:20.28	(1) * 20
		ZONECHAMPS: 3:21.91S		
Finals Splits:	45.75	1:35.14 (49.39)	2:33.70 (58.56)	3:20.28 (46.58)
		<< #15 Women 70-74 100 Breast >>		
Seed Time:	1:43.81	Finals Time:	1:41.44	(1) * 20
		ZONECHAMPS: 1:42.89S NELMSC: 1:42.89S		
Finals Splits:	47.22	1:41.44 (54.22)		
		<< #23 Women 70-74 200 Back >>		
Seed Time:	3:22.00	Finals Time:	3:14.13	(1) * 20
Finals Splits:	45.20	1:33.92 (48.72)	2:24.28 (50.36)	3:14.13 (49.85)
		<< #31 Women 70-74 400 IM >>		
Seed Time:	7:15.00	Finals Time:	Scratched	
		<< #35 Women 70-74 200 Breast >>		
Seed Time:	3:43.00	Finals Time:	3:37.37	(1) * 20
		ZONECHAMPS: 3:40.43S NELMSC: 3:40.43S		
Finals Splits:	48.08	1:42.56 (54.48)	2:39.61 (57.05)	3:37.37 (57.76)
		<< #41 Women 70-74 100 Back >>		
Seed Time:	1:35.00	Finals Time:	1:30.73	(1) * 20
Finals Splits:	44.47	1:30.73 (46.26)		
		<< #45 Women 70-74 100 IM >>		
Seed Time:	1:35.28	Finals Time:	1:33.71	(1) * 20
Finals Splits:	44.06	1:33.71 (49.65)		
		<< #96 Women 70-74 50 Breast >>		
Seed Time:	NT	Finals Time:	47.22	(1)
		<< #97 Women 70-74 50 Fly >>		
Seed Time:	NT	Finals Time:	45.75	(1)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Beth Perron - 41

Umama-2

		<< #35 Women 40-44 200 Breast >>			
Seed Time:	3:40.00		Finals Time:	3:27.83	(2) * 17
Finals Splits:	46.18	1:37.65 (51.47)	2:32.23 (54.58)	3:27.83 (55.60)	
		<< #41 Women 40-44 100 Back >>			
Seed Time:	1:40.00		Finals Time:	1:30.53	(4) * 15
Finals Splits:	44.94	1:30.53 (45.59)			
		<< #45 Women 40-44 100 IM >>			
Seed Time:	1:33.00		Finals Time:	1:27.55	(2) * 17
Finals Splits:	41.81	1:27.55 (45.74)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kelly Corey - 31

University Club of Boston-2

		<< #13 Women 30-34 50 Back >>			
Seed Time:	40.00	Finals Time:	40.56	(3)	16
		<< #25 Women 30-34 100 Free >>			
Seed Time:	1:13.16	Finals Time:	1:14.82	(4)	15
Finals Splits:		35.86	1:14.82 (38.96)		
		<< #82 Women 30-34 50 Free >>			
Seed Time:	NT	Finals Time:	33.11	(2)	
		<< #9 Mixed 200 Free Relay - UCLB-2 A - Leg 1 >>			
Seed Time:	2:00.00	Finals Time:		DQ	
Finals Splits:		33.11	1:06.58 (33.47)	1:39.80 (33.22)	DQ (26.03)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Lisa Mulligan - 41

University Club of Boston-2

<< #3 Women 40-44 400 Free >>

Seed Time:	5:32.56	Finals Time:	5:26.99	(2) * 17
Finals Splits:	36.97	1:17.33 (40.36)	1:58.69 (41.36)	2:40.04 (41.35)
	3:21.51 (41.47)	4:03.33 (41.82)	4:45.53 (42.20)	5:26.99 (41.46)

<< #15 Women 40-44 100 Breast >>

Seed Time:	1:36.67	Finals Time:	1:27.98	(1) * 20
Finals Splits:	41.59	1:27.98 (46.39)		

<< #25 Women 40-44 100 Free >>

Seed Time:	1:12.88	Finals Time:	1:12.92	(3) 16
Finals Splits:	35.13	1:12.92 (37.79)		

<< #9 Mixed 200 Free Relay - UCLB-2 A - Leg 3 >>

Seed Time:	2:00.00	Finals Time:	DQ	
Finals Splits:	33.11	1:06.58 (33.47)	1:39.80 (33.22)	DQ (26.03)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Erica Quirk - 37

University Club of Boston-2

		<< #13 Women 35-39 50 Back >>			
Seed Time:	39.00	Finals Time:	38.01	(3)	* 16
		<< #21 Women 35-39 50 Fly >>			
Seed Time:	40.00	Finals Time:	37.16	(4)	* 15
		<< #25 Women 35-39 100 Free >>			
Seed Time:	1:20.00	Finals Time:	1:14.00	(3)	* 16
Finals Splits:		35.75	1:14.00 (38.25)		
		<< #9 Mixed 200 Free Relay - UCLB-2 A - Leg 2 >>			
Seed Time:	2:00.00	Finals Time:		DQ	
Finals Splits:		33.11	1:06.58 (33.47)	1:39.80 (33.22)	DQ (26.03)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Christian Avard - 51

UV Ravs (White River Junction.-2

		<< #14 Men 50-54 50 Back >>			
Seed Time:	34.34	Finals Time:	37.98	(3)	16
		<< #22 Men 50-54 50 Fly >>			
Seed Time:	33.29	Finals Time:	34.40	(2)	17
		<< #26 Men 50-54 100 Free >>			
Seed Time:	1:07.05	Finals Time:	1:09.15	(4)	15
Finals Splits:	33.83	1:09.15 (35.32)			
		<< #34 Men 50-54 50 Free >>			
Seed Time:	29.55	Finals Time:	Scratched		
		<< #42 Men 50-54 100 Back >>			
Seed Time:	1:15.50	Finals Time:	1:18.51	(2)	17
Finals Splits:	39.29	1:18.51 (39.22)			
		<< #46 Men 50-54 100 IM >>			
Seed Time:	1:14.79	Finals Time:	1:18.30	(1)	20
Finals Splits:	36.60	1:18.30 (41.70)			
		<< #48 Men 50-54 50 Breast >>			
Seed Time:	38.11	Finals Time:	39.26	(1)	20
		<< #28 Men 400 Medley Relay - UVRA-2 A - Leg 4 >>			
Seed Time:	4:27.99	Finals Time:	4:29.03	(1)	40
Finals Splits:	28.65	59.56 (30.91)	1:34.73 (35.17)	2:16.51 (41.78)	
	2:46.77 (30.26)	3:20.89 (34.12)	3:52.94 (32.05)	4:29.03 (36.09)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Fritz Bedford - 60

UV Ravens (White River Junction).-2

Seed Time:	29.50	<< #14 Men 60-64 50 Back >>	
		Finals Time:	Scratched
Seed Time:	27.50	<< #22 Men 60-64 50 Fly >>	
		Finals Time:	Scratched
Seed Time:	1:00.00	<< #26 Men 60-64 100 Free >>	
		Finals Time:	Scratched
Seed Time:	26.00	<< #34 Men 60-64 50 Free >>	
		Finals Time:	Scratched
Seed Time:	1:03.25	<< #42 Men 60-64 100 Back >>	
		Finals Time:	Scratched
Seed Time:	1:05.00	<< #46 Men 60-64 100 IM >>	
		Finals Time:	Scratched

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Patrick Foley - 43

UV Ravs (White River Junction.-2

<< #1 Mixed 40-44 1500 Free >>

Seed Time:	18:05.55		Finals Time:	18:10.35	(1)	20
Finals Splits:		33.33	1:09.10 (35.77)	1:45.15 (36.05)	2:21.30 (36.15)	
	2:57.43 (36.13)		3:34.08 (36.65)	4:10.58 (36.50)	4:46.77 (36.19)	
	5:22.96 (36.19)		5:59.55 (36.59)	6:36.28 (36.73)	7:12.86 (36.58)	
	7:49.60 (36.74)		8:26.18 (36.58)	9:02.71 (36.53)	9:39.41 (36.70)	
	10:16.24 (36.83)		10:53.04 (36.80)	11:30.09 (37.05)	12:06.72 (36.63)	
	12:43.69 (36.97)		13:20.82 (37.13)	13:57.54 (36.72)	14:34.32 (36.78)	
	15:11.52 (37.20)		15:48.44 (36.92)	16:25.16 (36.72)	17:01.34 (36.18)	
	17:37.22 (35.88)		18:10.35 (33.13)			

<< #4 Men 40-44 400 Free >>

Seed Time:	4:23.50		Finals Time:	4:27.12	(1)	20
Finals Splits:		30.51	1:03.86 (33.35)	1:37.47 (33.61)	2:11.46 (33.99)	
	2:45.67 (34.21)		3:19.98 (34.31)	3:54.32 (34.34)	4:27.12 (32.80)	

<< #12 Men 40-44 200 IM >>

Seed Time:	2:25.25		Finals Time:	Scratched		
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<< #26 Men 40-44 100 Free >>

Seed Time:	58.75		Finals Time:	Scratched		
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<< #28 Men 400 Medley Relay - UVRA-2 A - Leg 3 >>

Seed Time:	4:27.99		Finals Time:	4:29.03	(1)	40
Finals Splits:		28.65	59.56 (30.91)	1:34.73 (35.17)	2:16.51 (41.78)	
	2:46.77 (30.26)		3:20.89 (34.12)	3:52.94 (32.05)	4:29.03 (36.09)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Alexander Geiersbach - 25

UV Ravs (White River Junction.-2

		<< #4 Men 25-29 400 Free >>			
Seed Time:	4:20.69		Finals Time:	4:18.84	(1) * 20
Finals Splits:		28.92	1:00.56 (31.64)	1:33.03 (32.47)	2:06.25 (33.22)
		2:39.65 (33.40)	3:13.00 (33.35)	3:46.68 (33.68)	4:18.84 (32.16)
		<< #24 Men 25-29 200 Back >>			
Seed Time:	2:13.59		Finals Time:	2:10.35	(1) * 20
Finals Splits:		30.38	1:03.43 (33.05)	1:37.41 (33.98)	2:10.35 (32.94)
		<< #42 Men 25-29 100 Back >>			
Seed Time:	1:01.61		Finals Time:	59.14	(1) * 20
Finals Splits:		28.61	59.14 (30.53)		
		<< #50 Men 25-29 200 Free >>			
Seed Time:	2:04.99		Finals Time:	2:01.30	(1) * 20
Finals Splits:		27.72	58.21 (30.49)	1:30.18 (31.97)	2:01.30 (31.12)
		<< #70 Mixed 25-29 200 Free >>			
Seed Time:	NT		Finals Time:	2:09.56	(1)
		<< #86 Mixed 25-29 100 Back >>			
Seed Time:	NT		Finals Time:	59.56	(1)
		<< #28 Men 400 Medley Relay - UVRA-2 A - Leg 1 >>			
Seed Time:	4:27.99		Finals Time:	4:29.03	(1) 40
Finals Splits:		28.65	59.56 (30.91)	1:34.73 (35.17)	2:16.51 (41.78)
		2:46.77 (30.26)	3:20.89 (34.12)	3:52.94 (32.05)	4:29.03 (36.09)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Olivia Jaras - 39

UV Ravs (White River Junction.-2)

		<< #5 Women 35-39 100 Fly >>			
Seed Time:	1:40.00	Finals Time:	1:31.92	(3)	* 16
Finals Splits:	39.52	1:31.92 (52.40)			
		<< #21 Women 35-39 50 Fly >>			
Seed Time:	41.11	Finals Time:	36.92	(3)	* 16
		<< #25 Women 35-39 100 Free >>			
Seed Time:	1:17.11	Finals Time:	1:13.86	(2)	* 17
Finals Splits:	35.38	1:13.86 (38.48)			
		<< #33 Women 35-39 50 Free >>			
Seed Time:	34.41	Finals Time:	31.26	(3)	* 16
		<< #49 Women 35-39 200 Free >>			
Seed Time:	2:54.61	Finals Time:	2:44.62	(3)	* 16
Finals Splits:	37.03	1:19.14 (42.11)	2:03.22 (44.08)	2:44.62 (41.40)	
		<< #82 Women 35-39 50 Free >>			
Seed Time:	NT	Finals Time:	32.48	(2)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Alex Muni - 27

UV Ravs (White River Junction.-2)

		<< #16 Men 25-29 100 Breast >>					
Seed Time:	1:16.62		Finals Time:	1:18.63	(3)	16	
Finals Splits:		36.43	1:18.63 (42.20)				
		<< #22 Men 25-29 50 Fly >>					
Seed Time:	32.43		Finals Time:	32.48	(4)	15	
		<< #36 Men 25-29 200 Breast >>					
Seed Time:	2:47.34		Finals Time:	2:49.44	(3)	16	
Finals Splits:		38.37	1:21.78 (43.41)	2:05.20 (43.42)	2:49.44 (44.24)		
		<< #48 Men 25-29 50 Breast >>					
Seed Time:	34.73		Finals Time:	34.93	(3)	16	
		<< #28 Men 400 Medley Relay - UVRA-2 A - Leg 2 >>					
Seed Time:	4:27.99		Finals Time:	4:29.03	(1)	40	
Finals Splits:		28.65	59.56 (30.91)	1:34.73 (35.17)	2:16.51 (41.78)		
		2:46.77 (30.26)	3:20.89 (34.12)	3:52.94 (32.05)	4:29.03 (36.09)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Elizabeth Mancuso - 38

Wild Crab Masters Swimming-2

		<< #33 Women 35-39 50 Free >>				
Seed Time:	29.50		Finals Time:	28.29	(2) * 17	
		<< #35 Women 35-39 200 Breast >>				
Seed Time:	3:01.50		Finals Time:	2:56.40	(1) * 20	
Finals Splits:	41.04	1:26.63 (45.59)	2:11.38 (44.75)	2:56.40 (45.02)		
		<< #45 Women 35-39 100 IM >>				
Seed Time:	1:12.00		Finals Time:	1:10.62	(3) * 16	
Finals Splits:	32.23	1:10.62 (38.39)				
		<< #49 Women 35-39 200 Free >>				
Seed Time:	2:18.50		Finals Time:	2:18.33	(1) * 20	
Finals Splits:	32.28	1:07.74 (35.46)	1:43.93 (36.19)	2:18.33 (34.40)		
		<< #39 Mixed 400 Free Relay - WCMSS-2 A - Leg 3 >>				
Seed Time:	4:23.00		Finals Time:	4:28.77	(1) 40	
Finals Splits:	35.81	1:17.74 (41.93)	1:36.27 (18.53)	2:25.25 (48.98)		
	2:54.98 (29.73)	3:28.28 (33.30)	3:57.24 (28.96)	4:28.77 (31.53)		
		<< #53 Mixed 200 Medley Relay - WCMSS-2 A - Leg 3 >>				
Seed Time:	2:14.00		Finals Time:	2:18.22	(1) 40	
Finals Splits:	39.64	1:16.84 (37.20)	1:48.12 (31.28)	2:18.22 (30.10)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Joseph Neikirk - 43

Wild Crab Masters Swimming-2

		<< #4 Men 40-44 400 Free >>			
Seed Time:	4:45.11		Finals Time:	4:46.11	(3) 16
Finals Splits:		32.62	1:08.18 (35.56)	1:44.54 (36.36)	2:21.23 (36.69)
		2:58.36 (37.13)	3:35.10 (36.74)	4:11.18 (36.08)	4:46.11 (34.93)
		<< #6 Men 40-44 100 Fly >>			
Seed Time:	1:08.11		Finals Time:	1:05.93	(1) * 20
Finals Splits:		30.72	1:05.93 (35.21)		
		<< #12 Men 40-44 200 IM >>			
Seed Time:	2:34.11		Finals Time:	2:31.99	(2) * 17
Finals Splits:		31.23	1:11.40 (40.17)	1:57.34 (45.94)	2:31.99 (34.65)
		<< #16 Men 40-44 100 Breast >>			
Seed Time:	1:21.11		Finals Time:	1:19.88	(1) * 20
Finals Splits:		37.90	1:19.88 (41.98)		
		<< #22 Men 40-44 50 Fly >>			
Seed Time:	29.99		Finals Time:	30.20	(1) 20
		<< #26 Men 40-44 100 Free >>			
Seed Time:	59.99		Finals Time:	1:00.10	(1) 20
Finals Splits:		28.77	1:00.10 (31.33)		
		<< #32 Men 40-44 400 IM >>			
Seed Time:	5:22.11		Finals Time:	5:29.49	(2) 17
Finals Splits:		32.78	1:10.44 (37.66)	1:55.29 (44.85)	2:38.51 (43.22)
		3:26.43 (47.92)	4:14.62 (48.19)	4:53.25 (38.63)	5:29.49 (36.24)
		<< #34 Men 40-44 50 Free >>			
Seed Time:	27.62		Finals Time:	27.53	(1) * 20
		<< #44 Men 40-44 200 Fly >>			
Seed Time:	2:40.80		Finals Time:	2:33.12	(1) * 20
Finals Splits:		33.19	1:11.92 (38.73)	1:52.33 (40.41)	2:33.12 (40.79)
		<< #46 Men 40-44 100 IM >>			
Seed Time:	1:11.11		Finals Time:	1:10.47	(1) * 20
Finals Splits:		33.19	1:10.47 (37.28)		
		<< #48 Men 40-44 50 Breast >>			
Seed Time:	39.11		Finals Time:	38.15	(2) * 17
		<< #50 Men 40-44 200 Free >>			
Seed Time:	2:17.11		Finals Time:	2:16.16	(2) * 17
Finals Splits:		30.56	1:05.24 (34.68)	1:41.10 (35.86)	2:16.16 (35.06)
		<< #8 Men 200 Free Relay - WCMSS-2 A - Leg 4 >>			
Seed Time:	1:54.00		Finals Time:	1:54.48	(1) 40
Finals Splits:		29.67	57.70 (28.03)	1:26.80 (29.10)	1:54.48 (27.68)
		<< #28 Men 400 Medley Relay - WCMSS-2 A - Leg 3 >>			
Seed Time:	4:51.00		Finals Time:	4:58.29	(1) 40
Finals Splits:		41.55	1:23.05 (41.50)	2:01.15 (38.10)	2:45.49 (44.34)
		3:16.98 (31.49)	3:53.47 (36.49)	4:24.60 (31.13)	4:58.29 (33.69)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Joseph Neikirk - 43

Wild Crab Masters Swimming-2

<< #39 Mixed 400 Free Relay - WCMSS-2 A - Leg 4 >>

Seed Time:	4:23.00		Finals Time:	4:28.77	(1)	40
Finals Splits:		35.81	1:17.74 (41.93)	1:36.27 (18.53)	2:25.25 (48.98)	
		2:54.98 (29.73)	3:28.28 (33.30)	3:57.24 (28.96)	4:28.77 (31.53)	

<< #53 Mixed 200 Medley Relay - WCMSS-2 A - Leg 2 >>

Seed Time:	2:14.00		Finals Time:	2:18.22	(1)	40
Finals Splits:		39.64	1:16.84 (37.20)	1:48.12 (31.28)	2:18.22 (30.10)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Marion Pattillo - 54

Wild Crab Masters Swimming-2

		<< #13 Women 50-54 50 Back >>			
Seed Time:	38.10	Finals Time:	38.66	(2)	17
		<< #21 Women 50-54 50 Fly >>			
Seed Time:	36.93	Finals Time:	38.24	(3)	16
		<< #25 Women 50-54 100 Free >>			
Seed Time:	1:14.94	Finals Time:	1:17.80	(2)	17
Finals Splits:	35.73	1:17.80 (42.07)			
		<< #33 Women 50-54 50 Free >>			
Seed Time:	32.80	Finals Time:	34.33	(3)	16
		<< #41 Women 50-54 100 Back >>			
Seed Time:	1:24.42	Finals Time:	1:25.02	(3)	16
Finals Splits:	41.11	1:25.02 (43.91)			
		<< #45 Women 50-54 100 IM >>			
Seed Time:	1:23.88	Finals Time:	1:26.42	(2)	17
Finals Splits:	39.72	1:26.42 (46.70)			
		<< #92 Mixed 50-54 100 Free >>			
Seed Time:	NT	Finals Time:	1:17.74	(2)	
		<< #94 Mixed 50-54 50 Back >>			
Seed Time:	NT	Finals Time:	39.64	(1)	
		<< #39 Mixed 400 Free Relay - WCMSS-2 A - Leg 1 >>			
Seed Time:	4:23.00	Finals Time:	4:28.77	(1)	40
Finals Splits:		35.81	1:17.74 (41.93)	1:36.27 (18.53)	2:25.25 (48.98)
		2:54.98 (29.73)	3:28.28 (33.30)	3:57.24 (28.96)	4:28.77 (31.53)
		<< #53 Mixed 200 Medley Relay - WCMSS-2 A - Leg 1 >>			
Seed Time:	2:14.00	Finals Time:	2:18.22	(1)	40
Finals Splits:		39.64	1:16.84 (37.20)	1:48.12 (31.28)	2:18.22 (30.10)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Andrew Strehle - 54

Wild Crab Masters Swimming-2

<< #1 Mixed 50-54 1500 Free >>

Seed Time:	20:55.00	Finals Time:			20:52.69	(2)	*	17
Finals Splits:	37.19	1:17.20 (40.01)	1:58.13 (40.93)	2:39.37 (41.24)				
	3:20.66 (41.29)	4:02.20 (41.54)	4:43.92 (41.72)	5:25.34 (41.42)				
	6:06.82 (41.48)	6:48.61 (41.79)	7:30.64 (42.03)	8:13.15 (42.51)				
	8:55.04 (41.89)	9:36.88 (41.84)	10:18.67 (41.79)	11:01.01 (42.34)				
	11:42.61 (41.60)	12:24.67 (42.06)	13:06.83 (42.16)	13:49.12 (42.29)				
	14:31.43 (42.31)	15:13.76 (42.33)	15:56.52 (42.76)	16:39.18 (42.66)				
	17:21.79 (42.61)	18:04.45 (42.66)	18:47.56 (43.11)	19:29.99 (42.43)				
	20:12.27 (42.28)	20:52.69 (40.42)						

<< #4 Men 50-54 400 Free >>

Seed Time:	5:22.00	Finals Time:			5:11.56	(3)	*	16
Finals Splits:	35.83	1:14.80 (38.97)	1:54.37 (39.57)	2:34.33 (39.96)				
	3:15.14 (40.81)	3:55.38 (40.24)	4:35.14 (39.76)	5:11.56 (36.42)				

<< #6 Men 50-54 100 Fly >>

Seed Time:	1:24.00	Finals Time:			1:21.13	(3)	*	16
Finals Splits:	38.29	1:21.13 (42.84)						

<< #12 Men 50-54 200 IM >>

Seed Time:	2:49.00	Finals Time:			2:51.44	(2)		17
Finals Splits:	36.35	1:21.87 (45.52)	2:12.32 (50.45)	2:51.44 (39.12)				

<< #16 Men 50-54 100 Breast >>

Seed Time:	1:34.00	Finals Time:			1:31.64	(1)	*	20
Finals Splits:	43.78	1:31.64 (47.86)						

<< #22 Men 50-54 50 Fly >>

Seed Time:	34.50	Finals Time:			34.81	(3)		16
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<< #26 Men 50-54 100 Free >>

Seed Time:	1:06.00	Finals Time:			1:05.44	(3)	*	16
Finals Splits:	31.59	1:05.44 (33.85)						

<< #32 Men 50-54 400 IM >>

Seed Time:	6:08.00	Finals Time:			6:11.80	(2)		17
Finals Splits:	41.47	1:32.54 (51.07)	2:21.40 (48.86)	3:08.44 (47.04)				
	4:00.24 (51.80)	4:51.74 (51.50)	5:32.75 (41.01)	6:11.80 (39.05)				

<< #34 Men 50-54 50 Free >>

Seed Time:	29.85	Finals Time:			29.69	(2)	*	17
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<< #44 Men 50-54 200 Fly >>

Seed Time:	3:15.00	Finals Time:			3:21.27	(3)		16
Finals Splits:	43.72	1:34.50 (50.78)	2:27.82 (53.32)	3:21.27 (53.45)				

<< #46 Men 50-54 100 IM >>

Seed Time:	1:20.00	Finals Time:			1:20.71	(2)		17
Finals Splits:	38.16	1:20.71 (42.55)						

<< #48 Men 50-54 50 Breast >>

Seed Time:	44.50	Finals Time:			41.27	(3)	*	16
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Andrew Strehle - 54

Wild Crab Masters Swimming-2

		<< #50 Men 50-54 200 Free >>				
Seed Time:	2:27.00		Finals Time:	2:35.65	(2)	17
Finals Splits:		35.12	1:15.27 (40.15)	1:56.11 (40.84)	2:35.65 (39.54)	
		<< #83 Men 50-54 50 Free >>				
Seed Time:	NT		Finals Time:	29.67	(1)	
		<< #86 Mixed 50-54 100 Back >>				
Seed Time:	NT		Finals Time:	1:23.05	(4)	
		<< #8 Men 200 Free Relay - WCMSS-2 A - Leg 3 >>				
Seed Time:	1:54.00		Finals Time:	1:54.48	(1)	40
Finals Splits:		29.67	57.70 (28.03)	1:26.80 (29.10)	1:54.48 (27.68)	
		<< #28 Men 400 Medley Relay - WCMSS-2 A - Leg 1 >>				
Seed Time:	4:51.00		Finals Time:	4:58.29	(1)	40
Finals Splits:		41.55	1:23.05 (41.50)	2:01.15 (38.10)	2:45.49 (44.34)	
		3:16.98 (31.49)	3:53.47 (36.49)	4:24.60 (31.13)	4:58.29 (33.69)	
		<< #39 Mixed 400 Free Relay - WCMSS-2 A - Leg 2 >>				
Seed Time:	4:23.00		Finals Time:	4:28.77	(1)	40
Finals Splits:		35.81	1:17.74 (41.93)	1:36.27 (18.53)	2:25.25 (48.98)	
		2:54.98 (29.73)	3:28.28 (33.30)	3:57.24 (28.96)	4:28.77 (31.53)	
		<< #53 Mixed 200 Medley Relay - WCMSS-2 A - Leg 4 >>				
Seed Time:	2:14.00		Finals Time:	2:18.22	(1)	40
Finals Splits:		39.64	1:16.84 (37.20)	1:48.12 (31.28)	2:18.22 (30.10)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Ian Strehle - 21

Wild Crab Masters Swimming-2

		<< #6 Men 18-24 100 Fly >>			
Seed Time:	1:24.00		Finals Time:	1:16.42 (2) * 17	
Finals Splits:	34.31	1:16.42 (42.11)			
		<< #16 Men 18-24 100 Breast >>			
Seed Time:	1:24.00		Finals Time:	1:20.15 (2) * 17	
Finals Splits:	37.72	1:20.15 (42.43)			
		<< #22 Men 18-24 50 Fly >>			
Seed Time:	34.50		Finals Time:	32.56 (4) * 15	
		<< #26 Men 18-24 100 Free >>			
Seed Time:	1:06.00		Finals Time:	1:03.36 (2) * 17	
Finals Splits:	30.76	1:03.36 (32.60)			
		<< #8 Men 200 Free Relay - WCMSS-2 A - Leg 2 >>			
Seed Time:	1:54.00		Finals Time:	1:54.48 (1) 40	
Finals Splits:	29.67	57.70 (28.03)	1:26.80 (29.10)	1:54.48 (27.68)	
		<< #28 Men 400 Medley Relay - WCMSS-2 A - Leg 4 >>			
Seed Time:	4:51.00		Finals Time:	4:58.29 (1) 40	
Finals Splits:	41.55	1:23.05 (41.50)	2:01.15 (38.10)	2:45.49 (44.34)	
	3:16.98 (31.49)	3:53.47 (36.49)	4:24.60 (31.13)	4:58.29 (33.69)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

John Strehle - 58

Wild Crab Masters Swimming-2

		<< #4 Men 55-59 400 Free >>				
Seed Time:	5:30.00		Finals Time:	5:24.24	(2) * 17	
Finals Splits:		33.12	1:11.33 (38.21)	1:52.52 (41.19)	2:35.04 (42.52)	
		3:17.15 (42.11)	3:59.80 (42.65)	4:42.46 (42.66)	5:24.24 (41.78)	
		<< #12 Men 55-59 200 IM >>				
Seed Time:	3:02.00		Finals Time:	2:55.73	(6) * 13	
Finals Splits:		38.89	1:27.39 (48.50)	2:15.52 (48.13)	2:55.73 (40.21)	
		<< #16 Men 55-59 100 Breast >>				
Seed Time:	1:24.00		Finals Time:	1:22.37	(2) * 17	
Finals Splits:		38.27	1:22.37 (44.10)			
		<< #26 Men 55-59 100 Free >>				
Seed Time:	1:07.00		Finals Time:	1:07.84	(8) 11	
Finals Splits:		31.60	1:07.84 (36.24)			
		<< #8 Men 200 Free Relay - WCMSS-2 A - Leg 1 >>				
Seed Time:	1:54.00		Finals Time:	1:54.48	(1) 40	
Finals Splits:		29.67	57.70 (28.03)	1:26.80 (29.10)	1:54.48 (27.68)	
		<< #28 Men 400 Medley Relay - WCMSS-2 A - Leg 2 >>				
Seed Time:	4:51.00		Finals Time:	4:58.29	(1) 40	
Finals Splits:		41.55	1:23.05 (41.50)	2:01.15 (38.10)	2:45.49 (44.34)	
		3:16.98 (31.49)	3:53.47 (36.49)	4:24.60 (31.13)	4:58.29 (33.69)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Nancy Alperson - 47

Worcester Area Masters-2

<< #1 Mixed 45-49 1500 Free >>

Seed Time:	26:34.04	Finals Time:	28:38.96	(6)	13
Finals Splits:	47.63	1:40.71 (53.08)	2:36.96 (56.25)	3:32.93 (55.97)	
	4:29.56 (56.63)	5:26.92 (57.36)	6:23.98 (57.06)	7:22.38 (58.40)	
	8:19.56 (57.18)	9:16.77 (57.21)	10:13.70 (56.93)	11:11.77 (58.07)	
	12:09.12 (57.35)	13:07.89 (58.77)	14:06.60 (58.71)	15:03.66 (57.06)	
	16:00.89 (57.23)	16:59.24 (58.35)	17:57.66 (58.42)	18:55.82 (58.16)	
	19:54.23 (58.41)	20:52.16 (57.93)	21:49.25 (57.09)	22:47.81 (58.56)	
	23:45.69 (57.88)	24:45.87 (1:00.18)	25:45.73 (59.86)	26:43.20 (57.47)	
	27:41.52 (58.32)	28:38.96 (57.44)			

<< #13 Women 45-49 50 Back >>

Seed Time:	50.49	Finals Time:	54.31	(6)	13
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<< #15 Women 45-49 100 Breast >>

Seed Time:	2:10.63	Finals Time:	2:06.52	(5)	* 14
Finals Splits:	59.97	2:06.52 (1:06.55)			

<< #21 Women 45-49 50 Fly >>

Seed Time:	50.00	Finals Time:	56.33	(6)	13
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<< #33 Women 45-49 50 Free >>

Seed Time:	42.69	Finals Time:	NS		
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<< #45 Women 45-49 100 IM >>

Seed Time:	1:46.78	Finals Time:	NS		
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<< #47 Women 45-49 50 Breast >>

Seed Time:	54.90	Finals Time:	NS		
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<< #9 Mixed 200 Free Relay - WAM-2 B - Leg 2 >>

Seed Time:	NT	Finals Time:	2:45.02	(4)	30
Finals Splits:	37.73	1:19.51 (41.78)	1:59.44 (39.93)	2:45.02 (45.58)	

<< #27 Women 400 Medley Relay - WAM-2 B - Leg 2 >>

Seed Time:	NT	Finals Time:	6:48.41	(2)	34
Finals Splits:	39.92	1:23.48 (43.56)	2:22.70 (59.22)	3:30.46 (1:07.76)	
	4:22.50 (52.04)	5:23.45 (1:00.95)	6:03.20 (39.75)	6:48.41 (45.21)	

<< #53 Mixed 200 Medley Relay - WAM-2 A - Leg 1 >>

Seed Time:	NT	Finals Time:	NS		
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2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Wendy Burroughs - 49

Worcester Area Masters-2

		<< #3 Women 45-49 400 Free >>			
Seed Time:	7:07.07		Finals Time:	6:34.27	(7) * 12
Finals Splits:		41.58	1:28.84 (47.26)	2:19.27 (50.43)	3:09.19 (49.92)
		3:59.82 (50.63)	4:51.99 (52.17)	5:43.10 (51.11)	6:34.27 (51.17)
		<< #11 Women 45-49 200 IM >>			
Seed Time:	3:49.70		Finals Time:	3:27.32	(7) * 12
Finals Splits:		49.00	1:41.56 (52.56)	2:39.94 (58.38)	3:27.32 (47.38)
		<< #13 Women 45-49 50 Back >>			
Seed Time:	47.10		Finals Time:	44.55	(3) * 16
		<< #15 Women 45-49 100 Breast >>			
Seed Time:	1:58.47		Finals Time:	1:48.65	(3) * 16
Finals Splits:		51.07	1:48.65 (57.58)		
		<< #21 Women 45-49 50 Fly >>			
Seed Time:	48.97		Finals Time:	43.19	(3) * 16
		<< #23 Women 45-49 200 Back >>			
Seed Time:	3:45.23		Finals Time:	3:20.09	(3) * 16
Finals Splits:		47.88	1:38.90 (51.02)	2:30.67 (51.77)	3:20.09 (49.42)
		<< #9 Mixed 200 Free Relay - WAM-2 B - Leg 1 >>			
Seed Time:	NT		Finals Time:	2:45.02	(4) 30
Finals Splits:		37.73	1:19.51 (41.78)	1:59.44 (39.93)	2:45.02 (45.58)
		<< #27 Women 400 Medley Relay - WAM-2 B - Leg 4 >>			
Seed Time:	NT		Finals Time:	6:48.41	(2) 34
Finals Splits:		39.92	1:23.48 (43.56)	2:22.70 (59.22)	3:30.46 (1:07.76)
		4:22.50 (52.04)	5:23.45 (1:00.95)	6:03.20 (39.75)	6:48.41 (45.21)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Meredith Derian-Toth - 35

Worcester Area Masters-2

<< #1 Mixed 35-39 1500 Free >>

Seed Time:	40:00.00	Finals Time:			36:33.09	(4) * 15
Finals Splits:	1:00.89	2:07.64 (1:06.75)	3:19.13 (1:11.49)	4:30.90 (1:11.77)		
	5:42.61 (1:11.71)	6:54.22 (1:11.61)	8:07.30 (1:13.08)	9:21.57 (1:14.27)		
	10:36.79 (1:15.22)	11:49.53 (1:12.74)	13:04.09 (1:14.56)	14:16.92 (1:12.83)		
	15:32.36 (1:15.44)	16:46.69 (1:14.33)	18:07.01 (1:20.32)	19:16.71 (1:09.70)		
	20:31.06 (1:14.35)	21:49.62 (1:18.56)	23:01.78 (1:12.16)	24:16.83 (1:15.05)		
	25:32.67 (1:15.84)	26:47.67 (1:15.00)	28:01.98 (1:14.31)	29:16.44 (1:14.46)		
	30:33.32 (1:16.88)	31:47.79 (1:14.47)	32:59.68 (1:11.89)	34:13.26 (1:13.58)		
	35:24.00 (1:10.74)	36:33.09 (1:09.09)				

<< #3 Women 35-39 400 Free >>

Seed Time:	10:00.00	Finals Time:			8:51.84	(4) * 15
Finals Splits:	54.27	1:56.89 (1:02.62)	3:06.03 (1:09.14)	4:16.15 (1:10.12)		
	5:28.23 (1:12.08)	6:38.80 (1:10.57)	7:46.32 (1:07.52)	8:51.84 (1:05.52)		

<< #15 Women 35-39 100 Breast >>

Seed Time:	2:20.00	Finals Time:			2:00.97	(5) * 14
Finals Splits:	55.19	2:00.97 (1:05.78)				

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

CJ Dickson - 60

Worcester Area Masters-2

		<< #1 Mixed 60-64 1500 Free >>			
Seed Time:	25:13.00		Finals Time:	25:32.99	(3) 16
Finals Splits:	45.42	1:35.10 (49.68)	25:32.99 (23:57.89)		
		<< #5 Women 60-64 100 Fly >>			
Seed Time:	1:45.08		Finals Time:	1:47.12	(2) 17
Finals Splits:	49.67	1:47.12 (57.45)			
		<< #11 Women 60-64 200 IM >>			
Seed Time:	3:35.13		Finals Time:	3:41.43	(3) 16
Finals Splits:	52.28	1:47.20 (54.92)	2:55.16 (1:07.96)	3:41.43 (46.27)	
		<< #13 Women 60-64 50 Back >>			
Seed Time:	43.25		Finals Time:	45.76	(6) 13
		<< #15 Women 60-64 100 Breast >>			
Seed Time:	2:04.96		Finals Time:	2:06.81	(5) 14
Finals Splits:	1:01.21	2:06.81 (1:05.60)			
		<< #21 Women 60-64 50 Fly >>			
Seed Time:	45.97		Finals Time:	49.31	(4) 15
		<< #23 Women 60-64 200 Back >>			
Seed Time:	3:23.28		Finals Time:	3:32.93	(3) 16
Finals Splits:	52.10	1:46.84 (54.74)	2:41.42 (54.58)	3:32.93 (51.51)	
		<< #31 Women 60-64 400 IM >>			
Seed Time:	7:35.13		Finals Time:	7:46.67	(2) 17
Finals Splits:	52.16	1:52.80 (1:00.64)	2:48.03 (55.23)	3:43.39 (55.36)	
	4:55.46 (1:12.07)	6:04.99 (1:09.53)	6:57.41 (52.42)	7:46.67 (49.26)	
		<< #35 Women 60-64 200 Breast >>			
Seed Time:	4:13.13		Finals Time:	4:25.79	(2) 17
Finals Splits:	1:02.01	2:10.90 (1:08.89)	3:21.64 (1:10.74)	4:25.79 (1:04.15)	
		<< #41 Women 60-64 100 Back >>			
Seed Time:	1:37.78		Finals Time:	1:38.06	(3) 16
Finals Splits:	48.22	1:38.06 (49.84)			
		<< #43 Women 60-64 200 Fly >>			
Seed Time:	3:50.39		Finals Time:	3:56.82	(2) 17
Finals Splits:	53.52	1:52.74 (59.22)	2:55.73 (1:02.99)	3:56.82 (1:01.09)	
		<< #45 Women 60-64 100 IM >>			
Seed Time:	1:37.94		Finals Time:	1:44.33	(6) 13
Finals Splits:	47.39	1:44.33 (56.94)			
		<< #49 Women 60-64 200 Free >>			
Seed Time:	3:09.90		Finals Time:	3:17.69	(4) 15
Finals Splits:	44.70	1:36.08 (51.38)	2:27.89 (51.81)	3:17.69 (49.80)	
		<< #7 Women 200 Free Relay - WAM-2 A - Leg 3 >>			
Seed Time:	2:55.00		Finals Time:	2:33.76	(4) * 30
Finals Splits:	36.83	1:12.63 (35.80)	1:53.87 (41.24)	2:33.76 (39.89)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

CJ Dickson - 60

Worcester Area Masters-2

	<< #27 Women 400 Medley Relay - WAM-2 B - Leg 3 >>				
Seed Time:	NT		Finals Time:	6:48.41	(2) 34
Finals Splits:	39.92	1:23.48 (43.56)	2:22.70 (59.22)	3:30.46 (1:07.76)	
	4:22.50 (52.04)	5:23.45 (1:00.95)	6:03.20 (39.75)	6:48.41 (45.21)	
	<< #37 Women 400 Free Relay - WAM-2 A - Leg 4 >>				
Seed Time:	6:14.94		Finals Time:	5:18.83	(1) * 40
Finals Splits:	31.68	1:07.81 (36.13)	1:44.85 (37.04)	2:25.46 (40.61)	
	3:02.77 (37.31)	3:47.42 (44.65)	4:30.85 (43.43)	5:18.83 (47.98)	
	<< #53 Mixed 200 Medley Relay - WAM-2 A - Leg 3 >>				
Seed Time:	NT		Finals Time:	NS	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Krista Ferrante - 42

Worcester Area Masters-2

<< #3 Women 40-44 400 Free >>

Seed Time:	7:51.00	Finals Time:	6:51.88	(7) * 12
Finals Splits:	44.46	1:34.60 (50.14)	2:27.88 (53.28)	3:21.44 (53.56)
	4:15.70 (54.26)	5:10.46 (54.76)	6:02.56 (52.10)	6:51.88 (49.32)

<< #5 Women 40-44 100 Fly >>

Seed Time:	1:45.00	Finals Time:	1:44.05	(3) * 16
Finals Splits:	48.12	1:44.05 (55.93)		

<< #47 Women 40-44 50 Breast >>

Seed Time:	45.00	Finals Time:	NS	
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<< #7 Women 200 Free Relay - WAM-2 A - Leg 4 >>

Seed Time:	2:55.00	Finals Time:	2:33.76	(4) * 30
Finals Splits:	36.83	1:12.63 (35.80)	1:53.87 (41.24)	2:33.76 (39.89)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Andy Greene - 39

Worcester Area Masters-2

<< #1 Mixed 35-39 1500 Free >>

Seed Time:	24:33.45		Finals Time:	23:27.41	(3) * 16
Finals Splits:	41.16	1:24.99 (43.83)	2:10.91 (45.92)	2:57.06 (46.15)	
	3:43.53 (46.47)	4:30.15 (46.62)	5:16.78 (46.63)	6:03.70 (46.92)	
	6:50.39 (46.69)	7:37.42 (47.03)	8:24.65 (47.23)	9:11.81 (47.16)	
	9:58.85 (47.04)	10:45.85 (47.00)	11:33.33 (47.48)	12:20.37 (47.04)	
	13:08.24 (47.87)	13:55.23 (46.99)	14:42.33 (47.10)	15:29.89 (47.56)	
	16:17.43 (47.54)	17:05.26 (47.83)	17:53.18 (47.92)	18:40.98 (47.80)	
	19:28.87 (47.89)	20:17.43 (48.56)	21:05.48 (48.05)	21:53.49 (48.01)	
	22:41.62 (48.13)	23:27.41 (45.79)			

<< #32 Men 35-39 400 IM >>

Seed Time:	6:39.60		Finals Time:	7:18.93	(2) 17
Finals Splits:	43.98	1:36.37 (52.39)	2:35.62 (59.25)	3:34.50 (58.88)	
	4:39.60 (1:05.10)	5:46.99 (1:07.39)	6:34.02 (47.03)	7:18.93 (44.91)	

<< #44 Men 35-39 200 Fly >>

Seed Time:	3:35.12		Finals Time:	NS	
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<< #98 Men 35-39 200 Fly >>

Seed Time:	NT		Finals Time:	3:27.08	(1)
Finals Splits:	42.71	1:35.25 (52.54)	2:31.62 (56.37)	3:27.08 (55.46)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Heidi Greene - 30

Worcester Area Masters-2

		<< #3 Women 30-34 400 Free >>			
Seed Time:	9:59.00		Finals Time:	6:24.12 (2) * 17	
Finals Splits:		43.90	1:37.05 (53.15)	2:34.39 (57.34) 3:34.25 (59.86)	
		4:30.97 (56.72)	5:29.78 (58.81)	6:24.12 (54.34) 6:24.12 ()	
		<< #13 Women 30-34 50 Back >>			
Seed Time:	1:07.00		Finals Time:	DQ	
		<< #21 Women 30-34 50 Fly >>			
Seed Time:	1:11.00		Finals Time:	45.56 (3) * 16	
		<< #25 Women 30-34 100 Free >>			
Seed Time:	2:03.00		Finals Time:	1:24.71 (5) * 14	
Finals Splits:		39.27	1:24.71 (45.44)		
		<< #45 Women 30-34 100 IM >>			
Seed Time:	2:11.00		Finals Time:	NS	
		<< #49 Women 30-34 200 Free >>			
Seed Time:	4:10.00		Finals Time:	NS	
		<< #82 Women 30-34 50 Free >>			
Seed Time:	NT		Finals Time:	36.83 (3)	
		<< #7 Women 200 Free Relay - WAM-2 A - Leg 1 >>			
Seed Time:	2:55.00		Finals Time:	2:33.76 (4) * 30	
Finals Splits:		36.83	1:12.63 (35.80)	1:53.87 (41.24) 2:33.76 (39.89)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Rayna Harter - 23

Worcester Area Masters-2

		<< #3 Women 18-24 400 Free >>			
Seed Time:	5:32.41		Finals Time:	5:49.11	(2) 17
Finals Splits:		39.39	1:22.52 (43.13)	2:05.95 (43.43)	2:50.45 (44.50)
		3:35.29 (44.84)	4:20.16 (44.87)	5:05.34 (45.18)	5:49.11 (43.77)
		<< #5 Women 18-24 100 Fly >>			
Seed Time:	1:14.84		Finals Time:	1:20.67	(1) 20
Finals Splits:		37.08	1:20.67 (43.59)		
		<< #11 Women 18-24 200 IM >>			
Seed Time:	2:50.00		Finals Time:	3:06.19	(3) 16
Finals Splits:		37.71	1:25.83 (48.12)	2:22.33 (56.50)	3:06.19 (43.86)
		<< #15 Women 18-24 100 Breast >>			
Seed Time:	1:36.63		Finals Time:	1:40.44	(3) 16
Finals Splits:		46.70	1:40.44 (53.74)		
		<< #21 Women 18-24 50 Fly >>			
Seed Time:	33.05		Finals Time:	35.08	(3) 16
		<< #23 Women 18-24 200 Back >>			
Seed Time:	2:44.01		Finals Time:	2:57.12	(3) 16
Finals Splits:		41.53	1:26.80 (45.27)	2:12.74 (45.94)	2:57.12 (44.38)
		<< #31 Women 18-24 400 IM >>			
Seed Time:	6:07.63		Finals Time:	6:31.70	(1) 20
Finals Splits:		40.20	1:25.01 (44.81)	2:16.90 (51.89)	3:04.85 (47.95)
		4:01.40 (56.55)	4:59.51 (58.11)	5:47.04 (47.53)	6:31.70 (44.66)
		<< #35 Women 18-24 200 Breast >>			
Seed Time:	3:20.57		Finals Time:	3:37.13	(2) 17
Finals Splits:		49.31	1:44.15 (54.84)	2:41.83 (57.68)	3:37.13 (55.30)
		<< #41 Women 18-24 100 Back >>			
Seed Time:	1:18.32		Finals Time:	1:26.18	(4) 15
Finals Splits:		42.29	1:26.18 (43.89)		
		<< #43 Women 18-24 200 Fly >>			
Seed Time:	2:50.07		Finals Time:	3:07.52	(1) 20
Finals Splits:		41.66	1:28.17 (46.51)	2:18.21 (50.04)	3:07.52 (49.31)
		<< #45 Women 18-24 100 IM >>			
Seed Time:	1:18.68		Finals Time:	1:27.12	(3) 16
Finals Splits:		38.88	1:27.12 (48.24)		
		<< #47 Women 18-24 50 Breast >>			
Seed Time:	43.82		Finals Time:	46.72	(1) 20
		<< #86 Mixed 18-24 100 Back >>			
Seed Time:	NT		Finals Time:	1:23.48	(1)
		<< #27 Women 400 Medley Relay - WAM-2 B - Leg 1 >>			
Seed Time:	NT		Finals Time:	6:48.41	(2) 34
Finals Splits:		39.92	1:23.48 (43.56)	2:22.70 (59.22)	3:30.46 (1:07.76)
		4:22.50 (52.04)	5:23.45 (1:00.95)	6:03.20 (39.75)	6:48.41 (45.21)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Rayna Harter - 23

Worcester Area Masters-2

<< #37 Women 400 Free Relay - WAM-2 A - Leg 2 >>

Seed Time:	6:14.94		Finals Time:	5:18.83	(1) * 40
Finals Splits:		31.68	1:07.81 (36.13)	1:44.85 (37.04)	2:25.46 (40.61)
		3:02.77 (37.31)	3:47.42 (44.65)	4:30.85 (43.43)	5:18.83 (47.98)

<< #53 Mixed 200 Medley Relay - WAM-2 B - Leg 3 >>

Seed Time:	2:38.99		Finals Time:	2:25.03	(1) * 40
Finals Splits:		38.28	1:18.72 (40.44)	1:53.76 (35.04)	2:25.03 (31.27)

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Eric Heikkila - 31

Worcester Area Masters-2

		<< #12 Men 30-34 200 IM >>					
Seed Time:	3:39.92		Finals Time:	3:27.66	(3)	* 16	
Finals Splits:	49.81	2:40.36 (1:50.55)	3:27.66 (47.30)				
		<< #16 Men 30-34 100 Breast >>					
Seed Time:	1:47.47		Finals Time:	1:43.65	(9)	* 9	
Finals Splits:	50.26	1:43.65 (53.39)					
		<< #22 Men 30-34 50 Fly >>					
Seed Time:	48.00		Finals Time:	50.30	(5)	14	
		<< #46 Men 30-34 100 IM >>					
Seed Time:	1:38.00		Finals Time:	1:36.21	(7)	* 12	
Finals Splits:	47.89	1:36.21 (48.32)					
		<< #50 Men 30-34 200 Free >>					
Seed Time:	3:03.00		Finals Time:	3:08.06	(3)	16	
Finals Splits:	42.01	1:29.34 (47.33)	2:19.10 (49.76)	3:08.06 (48.96)			
		<< #28 Men 400 Medley Relay - WAM-2 A - Leg 4 >>					
Seed Time:	NT		Finals Time:	6:26.44	(3)	32	
Finals Splits:	59.78	2:01.01 (1:01.23)	2:43.50 (42.49)	3:33.91 (50.41)			
	4:15.14 (41.23)	5:00.83 (45.69)	5:40.62 (39.79)	6:26.44 (45.82)			
		<< #52 Men 200 Medley Relay - WAM-2 A - Leg 3 >>					
Seed Time:	NT		Finals Time:	3:10.38	(3)	32	
Finals Splits:	49.62	1:55.40 (1:05.78)	2:43.34 (47.94)	3:10.38 (27.04)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Brian McGahie - 30

Worcester Area Masters-2

Seed Time:	29.42	<< #34 Men 30-34 50 Free >>			
		Finals Time:	28.49	(6) * 13	
Seed Time:	1:23.23	<< #42 Men 30-34 100 Back >>			
Finals Splits:	37.94	1:19.70 (41.76)	1:19.70	(6) * 13	
Seed Time:	1:18.23	<< #46 Men 30-34 100 IM >>			
Finals Splits:	36.31	1:17.03 (40.72)	1:17.03	(6) * 13	
Seed Time:	2:29.23	<< #50 Men 30-34 200 Free >>			
Finals Splits:	33.67	1:12.42 (38.75)	1:52.32 (39.90)	2:31.75 (39.43)	(2) 17
Seed Time:	NT	<< #94 Mixed 30-34 50 Back >>			
		Finals Time:	38.28	(3)	
Seed Time:	5:05.99	<< #38 Men 400 Free Relay - WAM-2 A - Leg 3 >>			
Finals Splits:	36.81	1:17.26 (40.45)	1:50.54 (33.28)	2:27.68 (37.14)	(1) * 40
	2:57.85 (30.17)	3:31.16 (33.31)	3:59.10 (27.94)	4:29.55 (30.45)	
Seed Time:	2:38.99	<< #53 Mixed 200 Medley Relay - WAM-2 B - Leg 1 >>			
Finals Splits:	38.28	1:18.72 (40.44)	1:53.76 (35.04)	2:25.03 (31.27)	(1) * 40

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Kaitlin McGahie - 28

Worcester Area Masters-2

		<< #33 Women 25-29 50 Free >>			
Seed Time:	30.16	Finals Time:	30.30	(6)	13
		<< #41 Women 25-29 100 Back >>			
Seed Time:	1:30.16	Finals Time:	1:24.55	(1)	* 20
Finals Splits:	40.56	1:24.55 (43.99)			
		<< #45 Women 25-29 100 IM >>			
Seed Time:	1:23.16	Finals Time:	1:19.90	(7)	* 12
Finals Splits:	36.81	1:19.90 (43.09)			
		<< #47 Women 25-29 50 Breast >>			
Seed Time:	42.16	Finals Time:	42.15	(5)	* 14
		<< #92 Mixed 25-29 100 Free >>			
Seed Time:	NT	Finals Time:	1:07.81	(2)	
		<< #37 Women 400 Free Relay - WAM-2 A - Leg 1 >>			
Seed Time:	6:14.94	Finals Time:	5:18.83	(1)	* 40
Finals Splits:	31.68	1:07.81 (36.13)	1:44.85 (37.04)	2:25.46 (40.61)	
	3:02.77 (37.31)	3:47.42 (44.65)	4:30.85 (43.43)	5:18.83 (47.98)	
		<< #53 Mixed 200 Medley Relay - WAM-2 B - Leg 4 >>			
Seed Time:	2:38.99	Finals Time:	2:25.03	(1)	* 40
Finals Splits:	38.28	1:18.72 (40.44)	1:53.76 (35.04)	2:25.03 (31.27)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Theodore McGahie - 64

Worcester Area Masters-2

		<< #12 Men 60-64 200 IM >>			
Seed Time:	3:10.55		Finals Time:	2:54.74	(1) * 20
Finals Splits:		36.50	1:20.86 (44.36)	2:13.84 (52.98)	2:54.74 (40.90)
		<< #14 Men 60-64 50 Back >>			
Seed Time:	39.55		Finals Time:	37.75	(3) * 16
		<< #16 Men 60-64 100 Breast >>			
Seed Time:	1:32.55		Finals Time:	1:30.88	(3) * 16
Finals Splits:		42.98	1:30.88 (47.90)		
		<< #22 Men 60-64 50 Fly >>			
Seed Time:	35.55		Finals Time:	35.01	(4) * 15
		<< #26 Men 60-64 100 Free >>			
Seed Time:	1:11.55		Finals Time:	1:10.60	(5) * 14
Finals Splits:		34.05	1:10.60 (36.55)		
		<< #34 Men 60-64 50 Free >>			
Seed Time:	32.55		Finals Time:	31.70	(6) * 13
		<< #44 Men 60-64 200 Fly >>			
Seed Time:	3:20.55		Finals Time:	3:07.65	(1) * 20
Finals Splits:		41.78	1:29.52 (47.74)	2:19.34 (49.82)	3:07.65 (48.31)
		<< #46 Men 60-64 100 IM >>			
Seed Time:	1:20.55		Finals Time:	1:18.95	(1) * 20
Finals Splits:		37.09	1:18.95 (41.86)		
		<< #48 Men 60-64 50 Breast >>			
Seed Time:	42.55		Finals Time:	40.88	(4) * 15
		<< #28 Men 400 Medley Relay - WAM-2 A - Leg 3 >>			
Seed Time:	NT		Finals Time:	6:26.44	(3) 32
Finals Splits:		59.78	2:01.01 (1:01.23)	2:43.50 (42.49)	3:33.91 (50.41)
		4:15.14 (41.23)	5:00.83 (45.69)	5:40.62 (39.79)	6:26.44 (45.82)
		<< #38 Men 400 Free Relay - WAM-2 A - Leg 2 >>			
Seed Time:	5:05.99		Finals Time:	4:29.55	(1) * 40
Finals Splits:		36.81	1:17.26 (40.45)	1:50.54 (33.28)	2:27.68 (37.14)
		2:57.85 (30.17)	3:31.16 (33.31)	3:59.10 (27.94)	4:29.55 (30.45)
		<< #53 Mixed 200 Medley Relay - WAM-2 B - Leg 2 >>			
Seed Time:	2:38.99		Finals Time:	2:25.03	(1) * 40
Finals Splits:		38.28	1:18.72 (40.44)		1:53.76 (35.04)
			2:25.03 (31.27)		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

James McGowan - 65

Worcester Area Masters-2

		<< #26 Men 65-69 100 Free >>			
Seed Time:	1:12.00	Finals Time:	1:17.24	(2)	17
Finals Splits:	36.20	1:17.24 (41.04)			
		<< #34 Men 65-69 50 Free >>			
Seed Time:	31.00	Finals Time:	32.87	(3)	16
		<< #92 Mixed 65-69 100 Free >>			
Seed Time:	NT	Finals Time:	1:17.26	(2)	
		<< #38 Men 400 Free Relay - WAM-2 A - Leg 1 >>			
Seed Time:	5:05.99	Finals Time:	4:29.55	(1)	* 40
Finals Splits:	36.81	1:17.26 (40.45)	1:50.54 (33.28)	2:27.68 (37.14)	
	2:57.85 (30.17)	3:31.16 (33.31)	3:59.10 (27.94)	4:29.55 (30.45)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Adam McNally - 32

Worcester Area Masters-2

Seed Time:	1:04.00	<< #6 Men 30-34 100 Fly >>			
		Finals Time:	Scratched		
Seed Time:	29.50	<< #14 Men 30-34 50 Back >>			
		Finals Time:	29.47	(2)	* 17
Seed Time:	1:04.00	<< #16 Men 30-34 100 Breast >>			
Finals Splits:	33.11	Finals Time:	1:10.18	(3)	16
			1:10.18 (37.07)		
Seed Time:	29.00	<< #22 Men 30-34 50 Fly >>			
		Finals Time:	28.94	(1)	* 20
Seed Time:	27.00	<< #34 Men 30-34 50 Free >>			
		Finals Time:	27.00	(3)	16
Seed Time:	1:03.00	<< #42 Men 30-34 100 Back >>			
Finals Splits:	32.42	Finals Time:	1:05.70	(3)	16
			1:05.70 (33.28)		
Seed Time:	1:03.00	<< #46 Men 30-34 100 IM >>			
Finals Splits:	29.97	Finals Time:	1:04.78	(2)	17
			1:04.78 (34.81)		
Seed Time:	31.00	<< #48 Men 30-34 50 Breast >>			
		Finals Time:	32.19	(3)	16
Seed Time:	5:05.99	<< #38 Men 400 Free Relay - WAM-2 A - Leg 4 >>			
Finals Splits:	36.81	Finals Time:	4:29.55	(1)	* 40
	2:57.85 (30.17)	1:17.26 (40.45)	1:50.54 (33.28)	2:27.68 (37.14)	
		3:31.16 (33.31)	3:59.10 (27.94)	4:29.55 (30.45)	
Seed Time:	NT	<< #52 Men 200 Medley Relay - WAM-2 A - Leg 4 >>			
Finals Splits:	49.62	Finals Time:	3:10.38	(3)	32
		1:55.40 (1:05.78)	2:43.34 (47.94)	3:10.38 (27.04)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Tess Meier - 27

Worcester Area Masters-2

		<< #11 Women 25-29 200 IM >>			
Seed Time:	3:00.00		Finals Time:	3:24.25 (7) 12	
Finals Splits:	43.86	1:32.95 (49.09)	2:34.93 (1:01.98)	3:24.25 (49.32)	
		<< #25 Women 25-29 100 Free >>			
Seed Time:	1:15.00		Finals Time:	1:21.62 (4) 15	
Finals Splits:	38.45	1:21.62 (43.17)			
		<< #33 Women 25-29 50 Free >>			
Seed Time:	30.00		Finals Time:	36.91 (7) 12	
		<< #41 Women 25-29 100 Back >>			
Seed Time:	1:20.00		Finals Time:	1:29.66 (2) 17	
Finals Splits:	42.79	1:29.66 (46.87)			
		<< #7 Women 200 Free Relay - WAM-2 A - Leg 2 >>			
Seed Time:	2:55.00		Finals Time:	2:33.76 (4) * 30	
Finals Splits:	36.83	1:12.63 (35.80)	1:53.87 (41.24)	2:33.76 (39.89)	
		<< #37 Women 400 Free Relay - WAM-2 A - Leg 3 >>			
Seed Time:	6:14.94		Finals Time:	5:18.83 (1) * 40	
Finals Splits:	31.68	1:07.81 (36.13)	1:44.85 (37.04)	2:25.46 (40.61)	
	3:02.77 (37.31)	3:47.42 (44.65)	4:30.85 (43.43)	5:18.83 (47.98)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Daniel Moran - 41

Worcester Area Masters-2

Seed Time:	4:40.00	<< #4 Men 40-44 400 Free >>	
		Finals Time:	NS
Seed Time:	1:05.00	<< #6 Men 40-44 100 Fly >>	
		Finals Time:	NS
Seed Time:	2:24.00	<< #12 Men 40-44 200 IM >>	
		Finals Time:	NS

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

John Ols - 57

Worcester Area Masters-2

Seed Time:	5:30.33	<< #4 Men 55-59 400 Free >>	Finals Time:	Scratched		
Seed Time:	1:21.33	<< #6 Men 55-59 100 Fly >>	Finals Time:	Scratched		
Seed Time:	3:05.33	<< #12 Men 55-59 200 IM >>	Finals Time:	Scratched		
Seed Time:	33.33	<< #22 Men 55-59 50 Fly >>	Finals Time:	Scratched		
Seed Time:	1:08.33	<< #26 Men 55-59 100 Free >>	Finals Time:	Scratched		
Seed Time:	3:22.33	<< #44 Men 55-59 200 Fly >>	Finals Time:	NS		
Seed Time:	1:25.33	<< #46 Men 55-59 100 IM >>	Finals Time:	1:22.99	(4)	* 15
Finals Splits:		38.41	1:22.99 (44.58)			
Seed Time:	2:37.33	<< #50 Men 55-59 200 Free >>	Finals Time:	2:39.73	(4)	15
Finals Splits:		37.47	1:18.54 (41.07)	1:59.24 (40.70)	2:39.73 (40.49)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Shawn Paul - 48

Worcester Area Masters-2

Seed Time:	2:30.00	<< #6 Men 45-49 100 Fly >>			
		Finals Time:		DQ	
Seed Time:	1:06.00	<< #14 Men 45-49 50 Back >>			
		Finals Time:		1:05.45	(6) * 13
Seed Time:	2:05.00	<< #16 Men 45-49 100 Breast >>			
Finals Splits:		Finals Time:		2:18.80	(3) 16
		1:08.74	2:18.80	(1:10.06)	
Seed Time:	59.00	<< #22 Men 45-49 50 Fly >>			
		Finals Time:		1:08.33	(6) 13
Seed Time:	2:00.00	<< #26 Men 45-49 100 Free >>			
		Finals Time:		NS	
Seed Time:	45.00	<< #34 Men 45-49 50 Free >>			
		Finals Time:		45.04	(8) 11
Seed Time:	2:10.00	<< #46 Men 45-49 100 IM >>			
Finals Splits:		Finals Time:		2:13.58	(6) 13
		1:04.72	2:13.58	(1:08.86)	
Seed Time:	45.00	<< #48 Men 45-49 50 Breast >>			
		Finals Time:		1:05.03	(4) 15
Seed Time:	NT	<< #9 Mixed 200 Free Relay - WAM-2 B - Leg 4 >>			
Finals Splits:		Finals Time:		2:45.02	(4) 30
		37.73	1:19.51	1:59.44	(39.93) 2:45.02 (45.58)
		(41.78)			
Seed Time:	NT	<< #52 Men 200 Medley Relay - WAM-2 A - Leg 2 >>			
Finals Splits:		Finals Time:		3:10.38	(3) 32
		49.62	1:55.40	2:43.34	(47.94) 3:10.38 (27.04)
		(1:05.78)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Howard Whitney - 63

Worcester Area Masters-2

<< #1 Mixed 60-64 1500 Free >>

Seed Time:	27:41.10		Finals Time:	28:00.48	(4)	15
Finals Splits:		50.48	1:43.72 (53.24)	2:38.33 (54.61)	3:33.46 (55.13)	
		5:23.79 (1:50.33)	6:18.82 (55.03)	7:15.29 (56.47)	10:03.12 (2:47.83)	
		10:59.51 (56.39)				
		11:55.64 ()				
		15:44.49 ()				
			20:28.96 ()	21:25.75 (56.79)		
		23:20.06 ()	24:17.49 (57.43)	25:13.58 (56.09)		
		27:07.32 ()	28:00.48 (53.16)			

<< #4 Men 60-64 400 Free >>

Seed Time:	6:38.66		Finals Time:	6:51.24	(7)	12
Finals Splits:		46.22	1:35.69 (49.47)	2:25.62 (49.93)	3:16.53 (50.91)	
		5:04.18 (1:47.65)	5:58.83 (54.65)	6:51.24 (52.41)	6:51.24 ()	

<< #6 Men 60-64 100 Fly >>

Seed Time:	1:59.55		Finals Time:	1:51.78	(2)	* 17
Finals Splits:		53.50	1:51.78 (58.28)			

<< #12 Men 60-64 200 IM >>

Seed Time:	3:40.53		Finals Time:	3:44.15	(7)	12
Finals Splits:		52.67	1:47.28 (54.61)	2:55.30 (1:08.02)	3:44.15 (48.85)	

<< #14 Men 60-64 50 Back >>

Seed Time:	46.14		Finals Time:	48.48	(6)	13
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<< #22 Men 60-64 50 Fly >>

Seed Time:	52.14		Finals Time:	51.50	(5)	* 14
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<< #24 Men 60-64 200 Back >>

Seed Time:	3:24.88		Finals Time:	3:36.92	(5)	14
Finals Splits:		54.85	1:49.62 (54.77)	2:44.76 (55.14)	3:36.92 (52.16)	

<< #32 Men 60-64 400 IM >>

Seed Time:	8:10.33		Finals Time:	8:04.88	(1)	* 20
Finals Splits:		56.21	2:00.01 (1:03.80)	2:58.14 (58.13)	3:53.76 (55.62)	
		5:05.60 (1:11.84)	6:17.45 (1:11.85)	8:04.88 (1:47.43)	8:04.88 ()	

<< #36 Men 60-64 200 Breast >>

Seed Time:	4:21.84		Finals Time:	4:27.23	(4)	15
Finals Splits:		1:04.19	2:12.27 (1:08.08)	3:20.33 (1:08.06)	4:27.23 (1:06.90)	

<< #42 Men 60-64 100 Back >>

Seed Time:	1:43.87		Finals Time:	1:43.56	(6)	* 13
Finals Splits:		53.30	1:43.56 (50.26)			

<< #44 Men 60-64 200 Fly >>

Seed Time:	4:10.00		Finals Time:	4:21.35	(2)	17
Finals Splits:		57.44	2:04.41 (1:06.97)	3:14.85 (1:10.44)	4:21.35 (1:06.50)	

<< #46 Men 60-64 100 IM >>

Seed Time:	1:45.47		Finals Time:	1:47.08	(5)	14
Finals Splits:		48.80	1:47.08 (58.28)			

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Howard Whitney - 63

Worcester Area Masters-2

<< #50 Men 60-64 200 Free >>

Seed Time:	3:13.97		Finals Time:	3:20.72	(6)	13
Finals Splits:		47.37	1:39.12 (51.75)	3:20.72 (1:41.60)		

<< #9 Mixed 200 Free Relay - WAM-2 B - Leg 3 >>

Seed Time:	NT		Finals Time:	2:45.02	(4)	30
Finals Splits:		37.73	1:19.51 (41.78)	1:59.44 (39.93)	2:45.02 (45.58)	

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Mark Wild - 32

Worcester Area Masters-2

		<< #4 Men 30-34 400 Free >>					
Seed Time:	7:30.99		Finals Time:	7:02.83	(6)	* 13	
Finals Splits:		46.69	1:38.90 (52.21)	2:32.06 (53.16)	3:25.48 (53.42)		
		4:19.08 (53.60)	5:12.54 (53.46)	6:07.47 (54.93)	7:02.83 (55.36)		
		<< #12 Men 30-34 200 IM >>					
Seed Time:	3:30.99		Finals Time:	3:37.35	(4)	15	
Finals Splits:		47.59	1:45.36 (57.77)	2:42.48 (57.12)	3:37.35 (54.87)		
		<< #32 Men 30-34 400 IM >>					
Seed Time:	7:55.27		Finals Time:	7:47.56	(1)	* 20	
Finals Splits:		53.66	1:55.06 (1:01.40)	2:58.28 (1:03.22)	3:59.88 (1:01.60)		
		5:01.85 (1:01.97)	6:04.31 (1:02.46)	6:56.01 (51.70)	7:47.56 (51.55)		
		<< #36 Men 30-34 200 Breast >>					
Seed Time:	3:47.08		Finals Time:	3:55.25	(3)	16	
Finals Splits:		55.46	1:54.79 (59.33)	2:55.17 (1:00.38)	3:55.25 (1:00.08)		
		<< #46 Men 30-34 100 IM >>					
Seed Time:	1:41.18		Finals Time:	1:39.46	(8)	* 11	
Finals Splits:		48.89	1:39.46 (50.57)				

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Sabina Csak - 18

YMCA of Greenwich Marlins Mast-5

Seed Time:	34.39	<< #21 Women 18-24 50 Fly >>	Finals Time:	34.96	(2)	17
Seed Time:	2:55.00	<< #23 Women 18-24 200 Back >>	Finals Time:	Scratched		
Seed Time:	1:09.48	<< #25 Women 18-24 100 Free >>	Finals Time:	Scratched		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Linda Filar - 55

YMCA of Greenwich Marlins Mast-5

Seed Time:	24:18.32	<< #1 Mixed 55-59 1500 Free >>			
		Finals Time:	Scratched		
		<< #3 Women 55-59 400 Free >>			
Seed Time:	6:16.71	Finals Time:	6:50.11	(3)	16
Finals Splits:	48.97	1:39.69 (50.72)	2:30.79 (51.10)	3:22.40 (51.61)	
	4:14.34 (51.94)	5:06.66 (52.32)	5:58.71 (52.05)	6:50.11 (51.40)	
		<< #5 Women 55-59 100 Fly >>			
Seed Time:	2:00.00	Finals Time:	Scratched		
		<< #21 Women 55-59 50 Fly >>			
Seed Time:	47.96	Finals Time:	55.40	(3)	16
		<< #25 Women 55-59 100 Free >>			
Seed Time:	1:35.00	Finals Time:	Scratched		

2023 Colonies Zone & New England SCM Champs - 12/15/2023 to 12/17/2023

Worcester Polytechnic Institute Pool, Sanction #: 023-S007

Individual Meet Summary

Sean Hannan - 37

YMCA of the North Shore Master-2

		<< #6 Men 35-39 100 Fly >>				
Seed Time:	1:03.00		Finals Time:	1:03.12	(1)	20
Finals Splits:		29.60	1:03.12 (33.52)			
		<< #12 Men 35-39 200 IM >>				
Seed Time:	2:25.00		Finals Time:	2:22.92	(2)	* 17
Finals Splits:		30.26	1:07.44 (37.18)	1:49.15 (41.71)	2:22.92 (33.77)	
		<< #22 Men 35-39 50 Fly >>				
Seed Time:	29.00		Finals Time:	Scratched		

