

# Southern Masters Swimming



*We don't get old, we just age up*

## Lane Lines August 2014

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### Records Topple at Tupelo

A total of 30

Southern Master Records were set as Master Swimmers from seven states competed at the world class Myrtha 50M pool in the new Tupelo Mississippi Aquatics Center at the Dixie Zone/SMS LCM Championships June 27-29. 23 individual SMS records and seven relay records (800M free, 400M free and medley and two 200 M relays) were set (see [photo of SMS relay teams](#)) as well as a yet undetermined number of Dixie Zone Top Ten and USMS Top Ten swims for 2014. Swimmers enjoyed the friendly hospitality of Barbara Aguirre, local Shockwave Coach



(whose team came in first), Joy Kellum, Meet Director, the age group swimming parents, and friends of the Aquatic Center who timed, brought food, ran the meet, and some swam as well. The pool is very fast and the facilities well designed with top of the line starting blocks which contributed to the many records broken. Door prizes were given between each event which allowed swimmers a chance to catch their breath. Food was provided after the 800M events on Friday night, after the Saturday and Sunday events at noon, and at the meet party sponsored by the Tupelo Visitor's Center next to the hardware store where Elvis' mom bought him his first guitar when he was eleven. Each swimmer received a free pass to Elvis' birthplace and childhood home until Elvis moved to Memphis at age 13. This Aquatic Center is a showplace for the 35,000 citizens of Tupelo. The Ms High School State Meet was held here and they hope to host a future USMS National Summer LCM Meet. SMS welcomes the excitement of Masters Swimming by the Shockwave Masters of Tupelo who join the other teams and individual SMS swimmers in Mississippi. Exit the Natchez Trace and visit the Tupelo Aquatics Center next time you drive by.

### SMS Officers

**Chris Frederic**, Chair

**Ellen Hall**, Vice Chair

**Rob Cambais**, Treas.

**Doug Holmes**, Sec.

**Doug Kopp**, Registrar

**Pat Arnold**, Sanctions

**Vicki Buccino**, Top Ten

**Chris Frederic**, Meet Officials

**Nan Fontenot**,  
Coaches Chair & Web Master

**Barbara Aguirre**, MS Board Member at Large

**Scott Fleming**  
Distance, Open Water Chair

**Doug Holmes & Edina Pou Lane**  
Line co-editors

## SMS Masters Swim Meet Calendar

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Speedo–USMS 5K/10K Postal National Championships (50 m pool only) 5/15-9/15

August 2-9/LCM: USMS FINA Masters World Champ Montreal, Ca

August 13-17/ LCM: USMS LCM Championships, College Park Md

Speedo--USMS 3000/6000 YD Postal National Championships 9/15-12/15

Sat. Oct 11 SCY: Pelican Athletic Club Meet, Mandeville, La

Sun Oct 19 SCY: October Splash, Fairhope, Ala

Dec 13/14? SCM: SMS Championships, UNO Arena, NOLA

March ?? SCY: SMS Championships, Baton Rouge, La

Apr 23/26 SCY: USMS Spring Nationals, San Antonio, TX

### Pelican Athletic Club (PAC) Master's Swim Meet

Attend the only SMS sanctioned meet this fall at PAC on **Saturday October 11**, 1170 Meadowbrook Blvd in Mandeville. Warm ups are from 9:30 - 10:15 AM with the meet starting at 10:30 AM. Invitation/**entry form can be accessed on [Southernmastersswimming.com](http://Southernmastersswimming.com)**. Entries can be dropped off, mailed, FAXED, or emailed on or before Thursday, Oct 9th with faxed and email entries only paid by consolidated credit card. Enclose photocopy of your 2014 USMS registration card and **check to PAC for \$25 or \$30 if late**.

Charlie Hoolihan, former SMS chairman, age group coach, sportswriter and personal trainer, always conducts a fun, low key, well attended meet. This is PAC's fourth annual meet and we appreciate his continued support of masters swimming on the north shore. Charlie is famous for his running commentary on the PA system at his swim meets and local triathlons that he started and still supports. There will be a light lunch following the meet so swimmers can socialize after some great swimming. Sanctioned means times qualify for SMS records, Dixie Zone and USMS Top Ten. This is a good meet for master swimmers to compete in for first time or the hundredth time. Hope you can come October 11.

Plan to go to beautiful Fairhope Alabama **Sunday October 19** for the fourth annual October Splash. This sanctioned USMS meet in their 25 yard community pool will have touch pads this year according to Bob McLaughlin, the meet director for the Eastern Shores Masters Swimmers. The meet has been scheduled to **start at 11 AM** so swimmers from New Orleans can drive over Sunday morning. It is a well run, fun, low key meet with four 200 yard relays, high point trophies for each age group, large and small team awards, and allows five individual events for just \$25 if entry received by October 15th. The post meet **party at the Fairhope Brewing Company** will have food and soft drinks included in your entry fee. Invitations are online at [Southernmastersswimming.com](http://Southernmastersswimming.com) and [Dixie-zone.org](http://Dixie-zone.org). so enter today and make reservations at some of the many B&Bs, motels and hotels in the Fairhope area.

The **world's largest swimming pool** is located at the San Alfonso del Mar resort in Algarrobo, Chile. It is 1,013 (3,324 ft) long, and covers a total area of 8 hectares (19.77 acres). It contains a huge amount of water, no less than 250 million liters (or 66 million gallons) of water which is the equiva-





# MEET ENTRY FORM

**Saturday, Oct. 11, 2014, Pelican Athletic Club, Sanction # 244-S005**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age (as of 10/11/2014) \_\_\_\_\_ Sex \_\_\_\_\_  
Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
E-Mail \_\_\_\_\_ Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ USMS# \_\_\_\_\_  
Team Name \_\_\_\_\_ Abbreviation \_\_\_\_\_ Team Rep email \_\_\_\_\_

Please **circle desired event numbers** for all individual entries. **List the best recent short course yards times** in the space provided or "NT" if you have no time for an event. **Fee \$25, late \$30. Send checks to PAC, 1170 Meadowbrook Blvd. Mandeville La 70471. Entry must be received by Thursday, Oct. 9, 2014. Late entries taken at discretion of meet director. Maximum of five (5) events.**

<b>Women</b>	<b>Men</b>	<b>Event</b>	<b>Time (yards)</b>
<b>1</b>	<b>2</b>	<b>200 IM</b>	_____
<b>3</b>	<b>4</b>	<b>50 free</b>	_____
<b>5</b>	<b>6</b>	<b>100 Back</b>	_____
<b>7</b>	<b>8</b>	<b>200 breast</b>	_____
<b>9</b>	<b>10</b>	<b>100 fly</b>	_____
<b>11</b>	<b>12</b>	<b>200 Free</b>	_____
<b>13</b>	<b>14</b>	<b>50 back</b>	_____
<b>15</b>	<b>16</b>	<b>50 breast</b>	_____
<b>17</b>	<b>18</b>	<b>100 IM</b>	_____
<b>19</b>	<b>20</b>	<b>200 Fly</b>	_____
<b>21</b>	<b>22</b>	<b>100 free</b>	_____
<b>23</b>	<b>24</b>	<b>200 back</b>	_____
<b>25</b>	<b>26</b>	<b>100 breast</b>	_____
<b>27</b>	<b>28</b>	<b>50 fly</b>	_____
<b>29</b>	<b>30</b>	<b>1000 free</b>	_____
<b>31</b>	<b>32</b>	<b>500 free</b>	_____

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**Pelican Athletic Club 3rd Annual Master's Swim Meet Liability Release Form:**

*I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CASUED BY NEGLIGENCE, ACTIVE OR PASSIVE OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, SOUTHERN MASTERS SWIMMING, PELICAN ATHLETIC CLUB, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEET OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 204.1)*

Signature \_\_\_\_\_ Date \_\_\_\_\_

Fees: \$25.00 \_\_\_\_\_ (payable to Pelican Athletic Club) Late Fee: \$30 (After Thursday, Oct 9, 2014)

Check number \_\_\_\_\_ Credit Card – Type \_\_\_\_\_ # \_\_\_\_\_

*Proof of USMS membership (a **copy of your current USMS registration card** or a copy of your USMS application form) AND a filled out application form with check must accompany this entry form. You must sign the liability release and include check with your entry. All **entrants who list a correct e-mail address will receive confirmation when their entries are received.***