

Manatee Aquatic Masters

Manatee Aquatic Masters (MAM) is a non-profit U.S. Masters Swim team. Our team currently has more than 165 swimmers. Swimmers are aged 18 and older, and of all abilities, including beginners, recreational swimmers, competitive swimmers and triathletes. We pride ourselves on being a friendly, welcoming team for swimmers of all levels and swimming backgrounds.

We swim at the Emeryville Center of Community Life (ECCL)'s 25-yard outdoor 6-lane pool at 1100 47th St. in Emeryville. We offer 25 morning practices per week. Our team was founded in 1982 and has USMS "Gold Club" status.

We offer daily coached swimming workouts to improve skills; prepare swimmers for competition; and promote camaraderie, conditioning and competitive spirit.

Assistant Coach Position

The Assistant Coach is a year-round position. The Assistant Coach is expected to coach approximately 5-10 hours each week (of 25 hours of scheduled workouts).

Duties and Responsibilities

The Assistant Coach's responsibilities and expectations include the following:

- Serve as an active, motivating and enthusiastic deck coach for 5-10 hours per week
- Coordinate with other coaching staff to prepare creative, varied, fun and challenging workouts
- Support individual member and team goal-setting and performance monitoring
- Help swimmers improve technique through individualized coaching at all workouts
- Communicate team and pool updates as appropriate while on deck
- Foster a welcoming environment for swimmers of all abilities
- Encourage participation in all team activities, events, meets, races, and volunteering
- Follow rules of our lease agreement with the ECCL and any posted pool rules
- Attend coaches' meetings as required

Competition Coaching Additional Duties

Competitive swimming is an important part of MAM's identity, and our ideal assistant coach will have competition experience and focus. Responsibilities could include:

- Plan, organize and lead clinics, such as: efficiency in the water; stroke & turn mechanics; race rules & techniques; open water swimming techniques
- Provide coaching and feedback to MAM members at swim meets and/or open water events; organize swim meet relays
- Work with individual swimmers to set goals, monitor goals, and prepare for competitive events

Requirements

The ideal candidate will preferably have prior Masters swimming coaching experience and at least Level 2 USMS Coaching Certification. Other experience will be considered. Candidates must have Lifeguard/ Water Safety for Swim Coaches; Adult CPR; and First Aid certifications.

Minimum requirements include:

- Familiarity with both pool and open-water Masters swimming
- Experience coaching swimmers of all abilities, competitive and otherwise
- Experience promoting camaraderie, conditioning and competitive spirit
- Professional, reliable, organized and with a positive and energetic attitude
- Patience with a wide variety of people and personalities
- Must be able to instruct and observe swimmers from the deck
- Must be able to lift equipment (including EZ-ups used at meets)
- Valid driver's license and reliable car
- Passion for swimming!

Salary and Benefits

Estimated weekly pay of \$165-330, based on approximately 5-10 hours of coaching per week at \$33/hr. Specific hours to be negotiated. Free MAM membership and swim privileges at ECCL during MAM workout hours.

To apply, please email a cover letter and resume to president@manateeswimming.org