

## ADULT LEARN-TO-SWIM REGISTRATION FORM





Thank you for your interest in Indy Aquatic Masters' **Adult Learn-to-Swim program**. In conjunction with the **US Masters Swimming's Adult Learn-to-Swim program** who has endorsed the American Red Cross "Five Competencies," we will provide each swimmer with the skills needed to save themselves in an emergency situation. These skills include entering water over your head, treading water, swimming 25 yards unassisted, having the ability to exit water after swimming, and exiting without a ladder. We do this by providing a program that has a 1 to 3 instructor to student ratio, and is tailored so that once a skill is mastered, you automatically progress to the next level. All adults are welcomed from those who have a fear of the water to those who wish to learn how to swim faster and better.

## **INSTRUCTIONS**

- 1. Complete the information on both pages of the Registration Form and indicate your payment option. The lesson pricing is below.
- 2. Submit this registration form to Indy Aquatic Masters, P.O. Box 30145, Indianapolis, IN 46230. Enclose a check, if applicable, made payable to *Indy Aquatic Masters*. You may also scan / email your form to <a href="mailto:billing@indyaquaticmasters.com">billing@indyaquaticmasters.com</a>.

Name:		Date of Birth:			
Address:	0	City:	State:	Zip	
Home Phone:	Cell:		_Work Phone:		
Email address:					
Emergency Contact:					
Cell Phone:	Alternate Phone:				
PROGRAM LEVEL (check one): _	Beginners	Intermediate	Advanced		
<b>Beginners (Level 1):</b> This is a swimming strokes and water sa water skills.					
Intermediate (Level 2): This is comfortable in the water. We comfort, and treading water. Str	will focus on skill d	evelopment, includi			
Advanced (Level 3): Level 3 so and efficiency. These participan flip turns, stroke refinement, and hand paddles will also be introd	its are looking to cond alternate breathing	npete in triathlons o	r join a Masters prog	ram. Participants will explore	
PROGRAM LOCATION (check one	e): Butler Ur	niversity Wa	arren Central High	n School	
Butler University: Classes at the on Monday and Wednesday ever August 26th)					
Warren Central High School: will meet on Tuesday and Thurs	Classes at Warren Coday evenings from	Central High School 7:15pm to 8:00pm.	(9500 East 16th Stre	eet, Indianapolis, IN 46229)	
PROGRAM SESSION (check one):	Butler Un	iversity Aug 5 – 28	3 (Mon/Wed, 6:15	pm/7:15 pm*) \$80	
	Butler Un	iversity Sept 9 – C	Oct 2 (Mon/Wed, 7:	15 pm) \$80	
	Butler Un	iversity Oct 14 – N	Nov 6 (Mon/Wed, 7	:15 pm) \$80	
	Warren C	entral Dates TBD			

## **GETTING TO KNOW YOU:**

1.	Please list any previous swimming experience you have:				
2.	Please let us know your expectations from these lessons:				
3.	. Please let us know of any medical issues you would like the instructor to be aware of:				
4.	Please identify your ethnicity (for grant reporting purposes only):				
	African American Asian Caucasian Hispanic Other				
PAYMENT OPTIONS (check one): Check Credit Card (Mastercard or Visa only)					
Del	bit/Credit Card #				
Ex	piration Date:				
	are a 501(c)(3) organization. Contributions to our program are appreciated. Your contribution is tax deductible. \$				
Re	you elect the Credit Card option, then you authorize Indy Aquatic Masters to charge your credit card account for the full egistration amount of \$80 (exception is for the Butler July three week session at \$60). Registration is non-refundable and on-transferable. I understand and agree to the terms stated herein.				
Si	gnature: Today's Date:				

Thank you for registering for Indy Aquatic Masters' Adult Learn-to-Swim program. Once your registration has been processed, you will receive a confirmation email confirming the class schedule and location. We look forward to working with you in the coming weeks to increase your comfort and ability levels in the water. Should you have any questions before the program session begins, please contact the Program Director, Pat Schenkel, either by email at <a href="mailto:pschenkel@aol.com">pschenkel@aol.com</a> or by cell phone at 317.796.0137.









This program is made possible in part due to the support received from the <u>Swimming Saves Lives Foundation</u> and the <u>Indianapolis Parks and Recreation Department</u>