

2020 Wisconsin Water Warriors

Date: November 1, 2020 – December 31, 2020

Place: Your local pool and other locations

It's that time of year again! Time to push the limits! In previous years, this was entirely a swim event. However, due to the pandemic, we are changing things up a bit. Since some have limited access to pools, this year we will also be counting time spent doing other physical activities, such as cycling, running, hiking, or walking. The goal this year is to be as active as you can for a two-week time period. You can choose any 2-week time period (14 consecutive days) of swimming/physical activities between November and December of this year. You will be competing against other Wisconsin USMS swimmers. Results will be reported after the New Year. There will be great prizes awarded.

This event is only open to **Wisconsin USMS registered swimmers**. If you would like to join USMS, go to www.usms.org and click on the "Join/Renew" button.

To participate in the event, e-mail or mail your results to (by January 15th, 2021):

Melodee Liegl (email: WIFitness@usms.org)

1287 Wilderness Trail

Delafield, WI 53018

	Date	Swimming yards*	Other Physical Activity Time, Minutes	Specify Other Physical Activity
Day 1				
Day 2				
Day 3				
Day 4				
Day 5				
Day 6				
Day 7				
Day 8				
Day 9				
Day 10				
Day 11				
Day 12				
Day 13				
Day 14				
Total				

**Remember to submit your results in yards. If you swim in a meter pool, multiply your results by 1.0936.

***All swimmers will receive a confirmation that your entry was received. If you mail your results, please include a phone number to let you know your entry was received.**