

2023 Santa Rosa Masters SCY Resolution Meet

Saturday, January 14, 2023

Start times: Warmups start at 9:00 am. Meet starts at 10:00 am.

Check in: No check-in.

Deck Entries: Only for Relay Entries

Sanctioned by the Pacific Masters for USMS, Inc. Sanction # 383-S003

Location: Quinn Aquatic Complex, 1501 Mendocino Ave., Santa Rosa, CA

DIRECTIONS:

From Highway 101

Exit at College Avenue turnoff

Proceed east-bound on College Avenue to Mendocino Avenue

Turn LEFT onto Mendocino Avenue

At intersection of Pacific Avenue and Bear Cub Way, turn LEFT onto Bear Cub Way

Quinn Aquatic Complex is located on the west side of Bailey Field Football Stadium

From the east

Travel west on Highway 12

Highway 12 becomes 4th Street as you enter Santa Rosa

Turn RIGHT onto College Avenue

Turn RIGHT onto Mendocino Avenue

At intersection of Pacific Avenue and Bear Cub Way, turn LEFT onto Bear Cub Way

Quinn Aquatic Complex is located on the west side of Bailey Field Football Stadium

Parking: \$4.00 Parking Fee

FACILITY:

- The competition will be held in a 25 yard x 8 lane outdoor pool (using the width of a 50 meter pool).
- Warm/up – warm/down will be available in a 25 yard x 11 lane outdoor pool throughout the meet.
- The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with Articles 105.1.7 and 106.2.1.
Automatic timing with touchpads will be used.

TIME: Saturday, January 14, 2022. Warm-up from 9:00 AM to 9:45 AM. Meet will start at 10:00 AM.

CHECK IN: No check-in needed.

ENTRIES:

Entries are limited to a maximum of 6 individual events, excluding relays. Individual event entries can be done online with Club Assistant or surface mail.

Relays (\$6.00) are deck entry only and must be on official yellow relay entry cards (provided at meet).

To enter Online:

Enter to receive immediate confirmation of entry via email. Bring the billing information email to the meet as proof of entry. Your credit card will be charged by "ClubAssistant.com Events." **Online entries close at 11:59 PM on Thursday, January 12, 2023.** Online Entry Fee: **Flat fee \$30.00 per swimmer.**

Late Entry: Online entry will re-open Friday, January 13, 2023 at 12:00 AM and close Saturday, January 21, 2023 at 8:00 AM for a flat fee of \$35.00.

To enter via surface mail: Cost \$30.00 flat fee per swimmer. Make checks payable to Santa Rosa Masters and include a copy of your 2023 USMS Card and a consolidated entry form. Entries must be postmarked by January 16, 2023.

NO Same Day Paper Entries. See Late Entry above.

All swimmers must be electronically registered with USMS for 2023 prior to swimming. This includes all relay only participants.

RULES: Current USMS/PacMasters rules will govern the meet. All swimmers must be registered with USMS for 2023. Times may be submitted for USMS records and USMS Top 10 consideration. Pacific Masters requirements for records and Top 10 consideration are the same as those for USMS

The SRJC SWIM TEAM will provide a snack bar.

MEET REFEREE: Mike Abegg

MEET DIRECTOR: John Morales, erjomo@sonic.net or 707 495-6954

RESOLUTION 50 FREE CHALLENGE:

All entrants in the 50 Free will be automatically entered at no charge into the Resolution 50 Free Challenge. This "event" will attempt to determine a single winner from all age groups and both sexes. Participants' times will be adjusted by a multiplier to determine their Resolution Challenge time. The multiplier is the FINA Men's 50 M Long Course WR divided by FINA Age Group 50 M Long Course WR times participant's 50 Yard time. Example for a female swimmer in the 60-64 year old age group - FINA WR (20.91) divided by Female 60-64 Record (29.31) times meet time (30.00) = Resolution Challenge Time of 21.40.

EVENTS (deck seeded slow to fast, women and men combined):

Warm-ups start at 9:00 AM

Meet starts at 10:00 AM

#	Sex	Event
1	Mixed	200Y Free
2	Mixed	100Y IM
3	Mixed	50Y Fly
4	Mixed	100Y Breast
5	Mixed	50Y Back
6	Mixed	100Y Fly
7	Mixed	200Y Free Relay
8	Mixed	50Y Free
9	Mixed	100Y Back
10	Mixed	50Y Breast
11	Mixed	100Y Free
12	Mixed	200Y IM