

2nd Annual Laker Invitational



Jenison High School Aquatic Center – Jenison, Michigan

November 3rd, 2018

Host: Grand Valley State University Swim and Dive Club

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Eligibility: Athletes are eligible to compete if they hold active membership and good standing within their respective club. It is up to the individual clubs to determine what constitutes both parameters. Athletes who do not meet these qualifications may still participate in an exhibition fashion, and must be identified as an exhibition athlete prior to the start of the meet at the President's meeting. Exhibition athletes cannot score points in their individual events and relays containing an exhibition athlete or several exhibition athletes will not be eligible to receive points.

Location: Jenison High School Aquatics Center
2140 Bauer Road, Jenison, MI 49428

Facility: An Olympic sized pool in short-course configuration into eight 25-yard competition lanes accompanied by eight 25-yard warmup/cooldown lanes.

Parking: Please park near the West Entrance of Jenison High School. Parking is free of charge. Please carpool to the best of your ability to assure there is space for everyone.

Seating: Athletes will be seated on bleachers on the pool deck. We ask that all spectators remain within the raised viewing area above the northwest end of the aquatic center unless volunteering. Admission fee TBD.

Timing: We will be using a Colorado Timing System for all events. There will be two timers with stop watches behind each lane as well to serve as back-up timers. The average of these manual times will be used in the event of an automatic timing system malfunction.

Warmups: TBD

Start: TBD

Entry Limit: Four individual event limit per athlete, no limit on the number of relays. We will be restricting teams to a maximum of TBD athletes per team due to meet flow and deck space concerns.

Deadlines: The early registration deadline will be due by October 20th at 11:59 p.m. EST. All meet registrations are due by October 27th at 11:59 p.m. EST. After this deadline, no late entries will be accepted and changes to the existing line-up can be made until October 31st at 11:59 p.m. EST. All final scratches must be made before TBD on the day of the meet.

Entries: Hy-Tek/Team Manager format is preferred by Excel format will also be accepted.

Payment: Cash or checks will be accepted for meet payment due no later than November 10th. Checks may be paid to Grand Valley Swim Club. Please write "Laker Invitational" in the memo line. Please feel free contact us with any questions or concerns regarding meet payment.

Meet Fees: TBD

Meeting: There will be a team representatives meeting prior to the start of meet at TBA. Please send one representative from your team with your team's meet payment in full to this meeting, as well as any last minute scratches and a list of any exhibition swimmers' names.

Scoring: Scoring will be based on the results of timed finals. Only the Top 3 individual places and Top 2 relay places from each team will be scored.

Individual Events: 10 – 8 – 7 – 5 – 4 – 3 – 2 – 1

Relay Events: 20 – 16 – 14 – 10 – 8 – 6 – 4 – 2

Food: Spectators and athletes may bring their own food and beverages to the meet. There will not be concessions sold during the meet. For health and safety reasons, please refrain from bringing glass or alcohol onto the premise. Violators will be disqualified from the meet and escorted out of the facility.

Events: The events will run women's then men's. Warmup lanes will be available on the south end of the pool, therefore there will be no breaks on the competition side of the pool. This is a CCS sanctioned competition and will be governed by the [College Club Swimming Handbook](#). As a result, all eligible results will be recorded within the CCS database and contribute towards Nationals qualification. CCS affiliation is not a requirement for participation in this meet.

200 Medley Relay

200 Freestyle

200 Individual Medley

100 Butterfly

50 Breaststroke

200 Backstroke

100 Freestyle

200 Butterfly

100 Breaststroke

500 Freestyle

50 Backstroke

200 Breaststroke

100 Individual Medley

50 Freestyle

100 Backstroke

50 Butterfly

200 Freestyle Relay

Laker Relay (TBD)

Restaurants: Here is a list of some of our favorite restaurants in the Grand Rapids area!

- [Main Street Pub](#) – 1730 28th Street SW, Wyoming MI 49519
- [Hopcat](#) – 25 Ionia Ave SW, Grand Rapids MI 49503
- [Uccello's Ristorante](#) – 3940 Rivertown Parkway, Grandville MI 49418
- [The B.O.B.](#) – 20 Monroe Ave NW, Grand Rapids MI 49503

Lodging: Here is a list of hotels near the pool as well as the provisions they offer. This list is not exclusive, and we encourage you to do your own research to find other deals not included here!

- **Holiday Inn Express Rapid Rapids SW** (1.1 miles from pool)
 - Includes: Free breakfast, indoor pool, fitness center, free parking, free WiFi
 - Rate: Approximately \$130 per night for a four-person room
- **Best Western Plus Grand Castle Inn & Suites** (5.1 miles from pool)
 - Includes: Free breakfast, indoor pool, fitness center, free parking, free WiFi
 - Rate: Approximately \$135 per night for a four-person room
- **Comfort Suites Grandville – Grand Rapids SW** (5.5 miles from pool)
 - Includes: Free breakfast, indoor pool, fitness center, free parking, free WiFi
 - Rate: Approximately \$150 per night for a four-person room
- **Best Western Executive Inn & Suites** (9.6 miles from pool)
 - Includes: Free breakfast, indoor pool, fitness center, free parking, free WiFi
 - Rate: Approximately \$120 per night for a four-person room