

3rd Annual Twin Cities Invite



Jean K. Freeman Aquatic Center – Minneapolis, MN
Saturday, October 27th, 2018

- Host: Minnesota Swim Club
- Contact: Minnesota Swim Club Officer Board
swimclub@umn.edu
- Eligibility: Athletes are eligible to compete if they are members of the club they are registered with. All swimmers in good standing within their respective teams and schools are eligible to compete. Each team will define the rules of membership and ensure that each participating athlete is a member in good standing with their respective team.
- Location: Jean K. Freeman Aquatic Center
1910 University Avenue Southeast
Minneapolis, MN 55455
- Facility: A beautiful Olympic size pool in short course configuration with eight 25-yard competition lanes, adjustable blocks, and an eight-lane cooldown pool. The Jean K. Freeman Aquatic Center was the site of the 2018 Men's Big Ten Championship meet and the 2018 Men's NCAA Division I National Championship meet, as well as having hosted numerous other Championship meets. The facility staff is highly experienced in running meets smoothly and professionally.
- Parking: The University Avenue Ramp is located at 1926 University Avenue Southeast and is connected to the Aquatic Center. If your team plans to arrive in a bus, please contact us and we can help arrange parking options.
- Deck Area: All swimmers and coaches are permitted on the deck; however, it is recommended that all spectators remain in the ample amount of spectator seating above. There is plenty of deck space for all teams.
- Timing: Colorado timing system.
- Warmup: 1:00 pm CST
- Meet Start: 2:00 pm CST
- Entry Limit: Four individual events per swimmer, no cap on relays.
- Fees: \$10/swimmer, capped at \$200 per team. Please pay at the meet in cash or a check made out to **Minnesota Swim Club**. Venmo will also be accepted.
- Deadlines: Please submit all entries via Team Manager by **October 19th, 2018 at 11:59 pm**. There is an additional \$10 processing fee for entries not in Team Manager.

- Late Entries: Changes to existing line up will be accepted until October 24th, 2018 at 11:59 pm.
- Meeting: There will be a team representative meeting 15 minutes prior to the start of competition (1:45 pm). Payment will be accepted at this meeting.
- Scoring: Scoring will be based on results from timed finals.
Only the top 4 individual places and top 2 relay places from each team will be scored.
Individual events: 20-18-17-15-14-13-12-11-9-8-7-5-4-3-2-1
Relay events: 40-32-28-20-16-12-8-4
- Awards: Awards TBD for the winner of each event and the top 3 overall scoring teams.
- Food: Athletes and coaches may bring snacks and refreshments, but NO GLASS or ALCOHOL is allowed within the facility. Violation of this rule will result in disqualification and dismissal.
- Events: Events will run in the order of women, then men.

- 200 Free Relay
- 100 Breast
- 200 Fly
- 100 Free
- 200 IM
- 50 Back
- 10-minute Break -----
- 200 Free
- 100 Fly
- 200 Back
- 50 Free
- * 500 Free *
- 50 Breast
- 400 Free Relay
- 10-minute Break -----
- * 400 IM *
- 200 Breast
- 50 Fly
- 100 Back
- 100 IM
- 200 Mixed-Gender Medley Relay

The Mixed-Gender Relay requires 2 men and 2 women in any order.

* Let us know if you have any swimmers who are interested in the 500 Free or 400 IM and we will add the events if we have a full heat of swimmers. *