

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

Women 18-24 50 LC Meter Freestyle

NATL: 25.72 # 6/19/2021 ALY TETZLOFF

1	Cienega, Nicole	20	ROSE-33	29.22	9
2	Chen, Jacquelin	21	SNAP-33	31.85	7
3	Vince, Abbey	22	NOVA-33	32.06	6
4	Christiansen, Emily	24	MVN-33	32.14	5
5	Deffebach, Anne	23	CMAC-33	32.23	4
6	Clopein, Kyla	21	ROSE-33	32.62	3
7	Diaz, Sofia	20	ROSE-33	36.36	2
8	Romero, Jennifer	18	ROSE-33	37.76	1
9	Gebhard, Karah	24	ROSE-33	39.24	

Women 18-24 100 LC Meter Freestyle

NATL: 56.08 # 6/17/2021 ALY TETZLOFF

1	Ramirez, Rayana	19	ROSE-33	1:05.91	9
	31.51	1:05.91			
2	Christiansen, Emily	24	MVN-33	1:07.42	7
	32.69	1:07.42			
3	Clopein, Kyla	21	ROSE-33	1:09.83	6
	33.45	1:09.83			
4	Moreno, Gabriella	21	CVMM-33	1:17.29	5
	37.00	1:17.29			
5	Pukszta, Claire A	24	SPP-33	1:19.31	4
	38.55	1:19.31			
6	Gebhard, Karah	24	ROSE-33	1:27.21	3
	42.24	1:27.21			
---	Cienega, Nicole	20	ROSE-33	NS	

Women 18-24 200 LC Meter Freestyle

NATL: 2:03.06 # 8/17/2003 JESSICA FOSCHI

1	Christiansen, Emily	24	MVN-33	2:26.52	9
	33.69	1:11.12	1:49.69	2:26.52	
2	Chen, Jacquelin	21	SNAP-33	2:27.92	7
	34.85	1:13.38	1:52.14	2:27.92	
3	Flatman, Ashley	24	MVN-33	2:30.20	6
	34.61	1:13.11	1:51.92	2:30.20	
4	Clopein, Kyla	21	ROSE-33	2:36.09	5
	36.55	1:16.57	1:57.51	2:36.09	
5	Vince, Abbey	22	NOVA-33	2:44.19	4
	37.11	1:20.22	2:04.56	2:44.19	
---	Simmen, Ilaria	21	ROSE-33	NS	

Women 18-24 200 LC Meter Freestyle

NATL: 2:03.06 # 8/17/2003 JESSICA FOSCHI

1	Christiansen, Emily	24	MVN-33	2:31.18	
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Women 18-24 400 LC Meter Freestyle

NATL: 4:16.72 # 7/5/2003 JULIA STOWERS

1	Christiansen, Emily	24	MVN-33	5:16.74	9
	34.72	1:12.89	1:52.07	2:32.47	
	3:13.23	3:54.73	4:35.98	5:16.74	
2	Simmen, Ilaria	21	ROSE-33	5:19.48	7
	33.86	1:11.55	1:51.55	2:32.14	
	3:14.86	3:56.28	4:38.90	5:19.48	
3	Flatman, Ashley	24	MVN-33	5:22.59	6
	35.43	1:15.56	1:57.31	2:38.47	
	3:20.52	4:02.24	4:42.68	5:22.59	

4	Pukszta, Claire A	24	SPP-33	6:13.02	5
	39.75	1:24.99	2:13.31	3:00.67	
	3:49.36	4:37.29	5:26.19	6:13.02	

Women 18-24 800 LC Meter Freestyle

NATL: 9:11.32 # 8/9/2013 LUANE ROWE

1	Flatman, Ashley	24	MVN-33	10:56.44	9
	36.75	1:17.74	1:59.25	2:41.06	
	3:22.87	4:04.76	4:46.97	5:29.33	
	6:10.19	6:51.42	7:32.66	8:14.38	
	8:55.80	9:37.04	10:17.39	10:56.44	
2	Christiansen, Emily	24	MVN-33	11:05.75	7
	37.32	1:17.77	1:58.54	2:39.10	
	3:20.33	4:02.11	4:43.78	5:26.18	
	6:08.25	6:51.05	7:33.38	8:16.57	
	8:59.44	9:42.68	10:24.68	11:05.75	

Women 18-24 1500 LC Meter Freestyle

NATL: 17:22.39 # 7/5/2012 LUANE ROWE

1	Flatman, Ashley	24	MVN-33	21:12.82	9
	36.82	1:17.61	2:00.14	2:42.37	
	3:23.94	4:05.82	4:47.92	5:29.87	
	6:11.97	6:54.37	7:37.24	8:19.96	
	9:02.42	9:45.47	10:28.64	11:11.58	
	11:54.43	12:37.73	13:21.08	14:04.63	
	14:47.44	15:31.11	16:13.84	16:56.83	
	17:40.08	18:24.08	19:07.08	19:50.41	
	20:32.60	21:12.82			
2	Christiansen, Emily	24	MVN-33	21:17.68	7
	36.65	1:17.30	1:58.58	2:40.41	
	3:22.59	4:05.55	4:48.36	5:31.78	
	6:14.69	6:58.37	7:41.39	8:25.21	
	9:00.88	9:52.50	10:35.30	11:19.20	
	12:02.56	12:46.22	13:29.17	14:12.97	
	14:55.60	15:38.71	16:21.36	17:04.90	
	17:48.36	18:32.13	19:14.95	19:57.68	
	20:38.82	21:17.68			
3	Simmen, Ilaria	21	ROSE-33	21:39.08	6
	35.76	1:16.37	1:59.00	2:41.60	
	3:23.85	4:06.51	4:50.39	5:33.93	
	6:16.59	7:00.08	7:43.51	8:27.40	
	9:11.36	9:55.72	10:40.16	11:25.81	
	12:10.22	12:53.08	13:38.10	14:22.92	
	15:07.78	15:53.29	16:37.49	17:21.22	
	18:05.60	18:49.99	19:33.89	20:16.47	
	20:58.52	21:39.08			

Women 18-24 50 LC Meter Backstroke

NATL: 30.84 # 8/5/2011 EMILE EWING

1	Ramirez, Rayana	19	ROSE-33	35.44	9
2	Clopein, Kyla	21	ROSE-33	41.15	7

Women 18-24 100 LC Meter Backstroke

NATL: 1:04.67 # 7/20/2012 JENNY VON JOUANNE

1	Ramirez, Rayana	19	ROSE-33	1:17.05	9
	37.25	1:17.05			
2	Chen, Jacquelin	21	SNAP-33	1:20.94	7
	38.33	1:20.94			
3	Clopein, Kyla	21	ROSE-33	1:24.36	6
	40.07	1:24.36			

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(Women 18-24 100 LC Meter Backstroke)

4	Pukszta, Claire A	24	SPP-33	1:34.17	5
	45.75		1:34.17		

Women 18-24 200 LC Meter Backstroke

NATL: 2:19.70 # 8/20/2000 S SCHWEITZER

1	Chen, Jacquelin	21	SNAP-33	2:48.29	9
	38.63		1:22.79	2:07.43	2:48.29
---	Cienega, Nicole	20	ROSE-33		NS

Women 18-24 50 LC Meter Breaststroke

NATL: 32.92 # 8/1/2015 LAUREN GREENBERG

1	Moreno, Gabriella	21	CVMM-33	42.99	9
2	Ramirez, Rayana	19	ROSE-33	43.30	7
3	Pukszta, Claire A	24	SPP-33	48.06	6
4	Gebhard, Karah	24	ROSE-33	54.69	5

Women 18-24 100 LC Meter Breaststroke

NATL: 1:10.32 # 7/30/2011 BREEJA LARSON

1	Cienega, Nicole	20	ROSE-33	1:27.54	9
	41.68		1:27.54		
2	Ramirez, Rayana	19	ROSE-33	1:31.86	7
	43.86		1:31.86		
3	Chen, Jacquelin	21	SNAP-33	1:36.14	6
	45.21		1:36.14		
4	Deffebach, Anne	23	CMAC-33	1:37.98	5
	47.00		1:37.98		
5	Vince, Abbey	22	NOVA-33	1:43.58	4
	48.76		1:43.58		
6	Gebhard, Karah	24	ROSE-33	1:58.24	3
	55.17		1:58.24		
7	Diaz, Sofia	20	ROSE-33	1:59.63	2
	55.74		1:59.63		

Women 18-24 200 LC Meter Breaststroke

NATL: 2:36.61 # 7/19/2009 MARISSA CLAPP

1	Chen, Jacquelin	21	SNAP-33	3:23.33	9
	47.19		1:39.50	2:31.99	3:23.33
2	Choi, Madison H	23	MVN-33	3:38.63	7
	49.10		1:43.91	2:40.56	3:38.63

Women 18-24 50 LC Meter Butterfly

NATL: 28.62 # 7/12/2009 MEG GILL

1	Cienega, Nicole	20	ROSE-33	30.08	9
2	Clopein, Kyla	21	ROSE-33	34.41	7
3	Ramirez, Rayana	19	ROSE-33	34.48	6
4	Deffebach, Anne	23	CMAC-33	34.68	5
5	Vince, Abbey	22	NOVA-33	35.15	4
6	Flatman, Ashley	24	MVN-33	36.03	3
7	Choi, Madison H	23	MVN-33	37.75	2
8	Romero, Jennifer	18	ROSE-33	42.86	1
9	Diaz, Sofia	20	ROSE-33	46.13	

Women 18-24 100 LC Meter Butterfly

NATL: 58.21 # 6/13/1921 ALY TETZLOFF

1	Chen, Jacquelin	21	SNAP-33	1:16.06	9
	35.58		1:16.06		
---	Cienega, Nicole	20	ROSE-33		NS

Women 18-24 200 LC Meter Butterfly

NATL: 2:12.75 # 7/2/2008 LAURA DAVIS

1	Cienega, Nicole	20	ROSE-33	2:42.36	9
	35.14		1:15.80	1:58.41	2:42.36

Women 18-24 200 LC Meter IM

NATL: 2:16.06 # 7/1/2008 LAURA DAVIS

1	Chen, Jacquelin	21	SNAP-33	2:51.37	9
	35.75		1:20.45	2:13.35	2:51.37
2	Flatman, Ashley	24	MVN-33	2:52.35	7
	37.85		1:23.21	2:13.64	2:52.35
3	Pukszta, Claire A	24	SPP-33	3:16.95	6
	40.75		1:30.59	2:32.03	3:16.95
---	Cienega, Nicole	20	ROSE-33		NS

Women 18-24 400 LC Meter IM

NATL: 5:08.00 # 8/10/2010 JAMIE MARKS

1	Flatman, Ashley	24	MVN-33	6:00.41	9
	37.27		1:23.25	2:11.25	2:59.16
	3:50.29		4:42.34	5:21.75	6:00.41

Women 25-29 50 LC Meter Freestyle

NATL: 24.83 # 8/10/2014 MADISON KENNEDY

WORLD: 25.42 & 2/15/2004 Annabel KOSTEN

1	Duraj, Michelle	29	ROSE-33	27.53	9
2	Wiley, Lizzie	25	CMAC-33	29.67	7
3	Sumioka, Annie	28	LBG-33	30.74	6
4	Bae, Alex	26	MVN-33	30.79	5
5	Turner, Lauren	29	SPP-33	31.38	4
6	Likewise, Bailey	27	SBM-33	31.71	3
7	Maloney, Samantha L	28	MVN-33	43.30	2
8	Canady, Stephanie	27	DDM-33	44.40	1
---	Pedroza, Danielle L	28	DDM-33		NS

Women 25-29 100 LC Meter Freestyle

NATL: 54.72 # 8/6/2014 MADISON KENNEDY

WORLD: 56.96 & 8/11/2015 Emma GAGE

1	Duraj, Michelle	29	ROSE-33	1:01.00	9
	29.25		1:01.00		
2	Wiley, Lizzie	25	CMAC-33	1:04.43	7
	30.81		1:04.43		
3	Bae, Alex	26	MVN-33	1:08.02	6
	33.13		1:08.02		
4	Likewise, Bailey	27	SBM-33	1:10.32	5
	33.92		1:10.32		
5	Egger, Stephanie	25	ROSE-33	1:18.78	4
	36.75		1:18.78		
6	Maloney, Samantha L	28	MVN-33	1:49.96	3
	52.05		1:49.96		

Women 25-29 200 LC Meter Freestyle

NATL: 2:02.06 # 12/2/1995 SHEILA TAORMINA

WORLD: 2:04.56 & 7/10/2010 Megan JENDRICK

1	Jones, Kaitlyn	27	NOVA-33	2:16.75	9
	32.11		1:07.09	1:43.42	2:16.75
2	Wiley, Lizzie	25	CMAC-33	2:20.36	7
	33.05		1:09.18	1:45.18	2:20.36
3	Duraj, Michelle	29	ROSE-33	2:20.41	6
	31.80		1:07.85	1:45.15	2:20.41

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(Women 25-29 200 LC Meter Freestyle)

4	Likewise, Bailey	27	SBM-33	2:40.38	5
	38.20	1:19.19	2:00.66	2:40.38	
5	Bae, Alex	26	MVN-33	2:42.21	4
	36.08	1:16.05	1:58.92	2:42.21	
6	Sumioka, Annie	28	LBG-33	2:48.41	3
	36.03	1:18.64	2:03.63	2:48.41	

Women 25-29 400 LC Meter Freestyle

NATL: 4:13.03 # 12/2/1995 SHEILA TAORMINA

WORLD: 4:18.62 & 6/18/2011 Sophie CASSON

1	Jones, Kaitlyn	27	NOVA-33	4:58.32	9
	33.89	1:11.25	1:49.71	2:27.86	
	3:06.64	3:46.48	4:23.67	4:58.32	
2	Lythgoe, Emma	25	CLMS-33	5:00.71	7
	33.99	1:11.35	1:49.64	2:28.40	
	3:07.13	3:45.46	4:23.75	5:00.71	
3	Bae, Alex	26	MVN-33	5:37.40	6
	37.14	1:17.42	2:00.73	2:45.36	
	3:29.29	4:12.95	4:55.90	5:37.40	

Women 25-29 800 LC Meter Freestyle

NATL: 8:47.44 # 7/19/2001 RACHEL KOMISARZ

WORLD: 8:45.89 & 3/10/2012 Swann OBERSON

1	Bae, Alex	26	MVN-33	12:19.28	9
	40.46	1:23.94	2:09.48	2:55.82	
	3:42.05	4:28.30	5:14.94	6:06.69	
	6:58.21	7:43.38	8:29.13	9:14.58	
	10:00.78	10:47.44	11:34.17	12:19.28	

Women 25-29 1500 LC Meter Freestyle

NATL: 16:39.77 # 7/19/2001 RACHEL KOMISARZ

WORLD: 16:34.89 & 3/11/2012 Swann OBERSON

1	Bae, Alex	26	MVN-33	23:08.39	9
	38.37	1:20.60	2:03.03	2:47.41	
	3:32.22	4:18.10	5:03.10	5:49.77	
	6:36.24	7:23.66	8:10.40	8:57.66	
	9:44.80	10:32.22	11:19.27	12:06.95	
	12:54.05	13:42.39	14:29.33	15:17.25	
	16:05.44	16:53.18	17:39.40	18:26.84	
	19:13.80	20:01.48	20:48.56	21:36.01	
	22:22.65	23:08.39			

Women 25-29 50 LC Meter Backstroke

NATL: 28.39 # 8/2/2018 EMI MORONUKI

WORLD: 28.39 & 8/2/2018 Emi MORONUKI

1	Jones, Kaitlyn	27	NOVA-33	31.30	9
2	Wiley, Lizzie	25	CMAC-33	35.96	7
3	Turner, Lauren	29	SPP-33	36.78	6
4	Likewise, Bailey	27	SBM-33	38.41	5
5	Bae, Alex	26	MVN-33	39.89	4
6	Egger, Stephanie	25	ROSE-33	44.64	3
7	Canady, Stephanie	27	DDM-33	53.37	2

Women 25-29 100 LC Meter Backstroke

NATL: 1:01.60 # 7/31/2018 EMI MORONUKI

WORLD: 1:01.60 & 7/31/2018 Emi MORONUKI

1	Jones, Kaitlyn	27	NOVA-33	1:08.83	9
	33.77	1:08.83			

2	Lythgoe, Emma	25	CLMS-33	1:08.93	7
	33.91	1:08.93			
3	Wiley, Lizzie	25	CMAC-33	1:14.49	6
	35.51	1:14.49			
4	Sumioka, Annie	28	LBG-33	1:17.61	5
	37.28	1:17.61			
---	Likewise, Bailey	27	SBM-33	NS	

Women 25-29 200 LC Meter Backstroke

NATL: 2:13.19 # 7/30/2018 EMI MORONUKI

WORLD: 2:13.19 & 7/30/2018 Emi MORONUKI

1	Wiley, Lizzie	25	CMAC-33	2:44.60	9
	38.45	1:20.95	2:03.00	2:44.60	
---	Egger, Stephanie	25	ROSE-33	DQ	
	48.00	1:42.28	2:39.02	DQ	
---	Turner, Lauren	29	SPP-33	NS	

Women 25-29 50 LC Meter Breaststroke

NATL: 30.82 # 6/27/2016 KATIE MEILI

WORLD: 31.60 & 7/10/2010 Megan JENDRICK

1	Duraj, Michelle	29	ROSE-33	36.90	9
2	Bae, Alex	26	MVN-33	44.57	7
3	Egger, Stephanie	25	ROSE-33	50.38	6

Women 25-29 100 LC Meter Breaststroke

NATL: 1:06.07 # 6/28/2016 KATIE MEILI

WORLD: 1:10.56 & 7/10/2010 Megan JENDRICK

1	Duraj, Michelle	29	ROSE-33	1:19.88	9
	37.81	1:19.88			

Women 25-29 200 LC Meter Breaststroke

NATL: 2:29.90 # 6/26/2013 JUSTINE MUELLER

WORLD: 2:35.46 & 7/17/2006 Hitomi MATSUDA

1	Duraj, Michelle	29	ROSE-33	2:56.04	9
	39.91	1:24.30	2:10.16	2:56.04	

Women 25-29 50 LC Meter Butterfly

NATL: 27.37 # 6/28/2017 HANNAH SAIZ

WORLD: 26.32 & 6/16/2019 Masako KUROKI

1	Jones, Kaitlyn	27	NOVA-33	30.04	9
2	Duraj, Michelle	29	ROSE-33	30.38	7
3	Turner, Lauren	29	SPP-33	33.43	6
4	Wiley, Lizzie	25	CMAC-33	33.44	5
5	Lythgoe, Emma	25	CLMS-33	33.49	4
6	Likewise, Bailey	27	SBM-33	34.21	3
7	Sumioka, Annie	28	LBG-33	34.82	2

Women 25-29 100 LC Meter Butterfly

NATL: 59.74 # 8/4/2017 HANNAH SAIZ

WORLD: 59.99 & 8/13/2015 Anna POLIAKOVA

1	Jones, Kaitlyn	27	NOVA-33	1:06.85	9
	31.63	1:06.85			

Women 25-29 200 LC Meter IM

NATL: 2:14.03 # 6/29/2013 JUSTINE MUELLER

WORLD: 2:20.71 & 10/2/2005 Hitomi MATSUDA

1	Jones, Kaitlyn	27	NOVA-33	2:29.13	9
	31.36	1:09.57	1:55.27	2:29.13	
2	Duraj, Michelle	29	ROSE-33	2:35.53	7
	32.01	1:15.08	2:00.43	2:35.53	

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(Women 25-29 200 LC Meter IM)

3	Wiley, Lizzie	25	CMAC-33	2:43.66	6
	34.82	1:14.59	2:07.94	2:43.66	
4	Turner, Lauren	29	SPP-33	2:56.87	5
	37.58	1:24.75	2:14.71	2:56.87	

Women 30-34 50 LC Meter Freestyle

NATL: 25.57 # 8/8/2009 ERIKA ERNDL
WORLD: 25.74 & 6/6/2008 Martina MORAVCOVA

1	Alyabyeva, Ekaterina	32	GRA-33	28.89	9
2	Frendreis, Lauren	32	ROSE-33	29.19	7
3	Tsuchiya, Ann	32	ROSE-33	29.50	6
4	Rompala, Ancilla A	30	MVN-33	31.02	5
5	Grant, Molly P	31	SNAP-33	36.38	4
6	Reininger, Susanne	32	ROSE-33	47.87	3

Women 30-34 100 LC Meter Freestyle

NATL: 54.59 # 8/5/2009 ERIKA ERNDL
WORLD: 55.24 & 7/11/2009 Erika ERNDL

1	Tsuchiya, Ann	32	ROSE-33	1:05.06	9
	31.76	1:05.06			
2	Rompala, Ancilla A	30	MVN-33	1:09.63	7
	33.45	1:09.63			
3	Grant, Molly P	31	SNAP-33	1:18.91	6
	37.50	1:18.91			
4	Reininger, Susanne	32	ROSE-33	1:46.27	5
	50.98	1:46.27			

Women 30-34 200 LC Meter Freestyle

NATL: 1:58.92 # 8/7/2009 ERIKA ERNDL
WORLD: 2:02.35 & 8/14/2019 N.JUNKRAJANG

1	Borowitz, Brittany	32	SBM-33	2:20.10	9
	26.16	2:20.10			
2	Alyabyeva, Ekaterina	32	GRA-33	2:20.68	7
	33.17	1:09.52	1:46.36	2:20.68	
3	Tsuchiya, Ann	32	ROSE-33	2:28.15	6
	33.73	1:11.30	1:49.66	2:28.15	
4	Reininger, Susanne	32	ROSE-33	4:00.94	5
	53.00	1:54.65	2:58.85	4:00.94	

Women 30-34 200 LC Meter Freestyle

NATL: 1:58.92 # 8/7/2009 ERIKA ERNDL
WORLD: 2:02.35 & 8/14/2019 N.JUNKRAJANG

1	Rompala, Ancilla A	30	MVN-33	2:42.04
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Women 30-34 400 LC Meter Freestyle

NATL: 4:17.52 # 8/3/2010 DAWN HECKMAN
WORLD: 4:18.63 & 7/16/2011 Dawn HECKMAN

1	Tsuchiya, Ann	32	ROSE-33	5:17.29	9
	35.97	1:14.84	1:54.91	2:35.69	
	3:16.59	3:57.53	4:38.46	5:17.29	
2	Frendreis, Lauren	32	ROSE-33	5:32.81	7
	36.87	1:16.79	1:59.18	2:41.52	
	3:24.23	4:07.16	4:50.20	5:32.81	

Women 30-34 800 LC Meter Freestyle

NATL: 8:46.22 # 5/30/2010 DAWN HECKMAN
WORLD: 8:46.47 & 7/14/2011 Dawn HECKMAN

1	Tsuchiya, Ann	32	ROSE-33	11:11.14	9
	37.67	1:18.47	2:00.23	2:42.77	
	3:26.00	4:09.35	4:52.49	5:35.69	
	6:19.29	7:02.28	7:45.08	8:27.54	
	9:09.51	9:50.66	10:31.51	11:11.14	
2	Capizzi, Stefanie	34	ROSE-33	11:15.87	7
	37.64	1:18.56	2:00.41	2:42.56	
	3:24.94	4:07.42		5:32.73	
		6:58.32		8:25.26	
	9:08.55	9:51.18	10:34.10	11:15.87	

Women 30-34 1500 LC Meter Freestyle

NATL: 17:07.54 # 4/25/2010 DAWN HECKMAN
WORLD: 17:20.55 & 6/16/2017 Sophie CASSON

1	Capizzi, Stefanie	34	ROSE-33	22:38.01	9
	39.07	1:24.76	2:10.27	2:56.20	
	3:42.26	4:28.32	5:14.53	6:01.18	
	6:47.17	7:33.33	8:18.23	9:03.80	
	9:48.87	10:34.47	11:19.56	12:05.23	
	12:50.50	13:36.56	14:21.77	15:07.62	
	15:52.41	16:37.93	17:22.95	18:08.62	
	18:53.31	19:38.32	20:23.21	21:08.51	
	21:53.37	22:38.01			

Women 30-34 50 LC Meter Backstroke

NATL: 28.57 # 7/8/2012 NORIKO INADA
WORLD: 28.57 & 8/7/2012 Noriko INADA

1	Tsuchiya, Ann	32	ROSE-33	37.32	9
2	Bugbee, Cailyn J	33	MVN-33	38.80	7
3	Rompala, Ancilla A	30	MVN-33	39.35	6
---	Alyabyeva, Ekaterina	32	GRA-33	NS	

Women 30-34 100 LC Meter Backstroke

NATL: 1:01.78 # 8/6/2011 NORIKO INADA
WORLD: 1:01.78 & 8/6/2011 Noriko INADA

1	Tsuchiya, Ann	32	ROSE-33	1:20.73	9
	38.27	1:20.73			
2	Bugbee, Cailyn J	33	MVN-33	1:26.59	7
	41.85	1:26.59			
3	Frendreis, Lauren	32	ROSE-33	1:29.17	6
	43.14	1:29.17			

Women 30-34 200 LC Meter Backstroke

NATL: 2:17.61 # 8/6/2009 SARABETH METZGER
WORLD: 2:17.61 & 8/6/2009 Sarabeth METZGER

1	Tsuchiya, Ann	32	ROSE-33	2:55.10	9
	41.80	1:25.87	2:10.35	2:55.10	

Women 30-34 50 LC Meter Breaststroke

NATL: 33.20 # 8/15/2008 KATIE MCCLELLAND
WORLD: 32.22 & 9/3/2013 Nicole HEIDEMANN

1	Borowitz, Brittany	32	SBM-33	38.16	9
2	Capizzi, Stefanie	34	ROSE-33	40.56	7
3	Rompala, Ancilla A	30	MVN-33	45.73	6
4	Grant, Molly P	31	SNAP-33	50.10	5
5	Reininger, Susanne	32	ROSE-33	59.22	4
---	Alyabyeva, Ekaterina	32	GRA-33	NS	

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Women 30-34 100 LC Meter Breaststroke

NATL: 1:13.29 # 8/16/2008 KATIE MCCLELLAND

WORLD: 1:10.10 & 10/3/2009 Hitomi MATSUDA

1	Capizzi, Stefanie	34	ROSE-33	1:29.78	9
	42.22	1:29.78			
2	Rompala, Ancilla A	30	MVN-33	1:36.49	7
	45.59	1:36.49			
3	Reininger, Susanne	32	ROSE-33	2:08.65	6
	1:00.45	2:08.65			

Women 30-34 200 LC Meter Breaststroke

NATL: 2:38.90 # 7/23/2017 MARISSA CLAPP

WORLD: 2:28.93 & 10/17/2009 Hitomi MATSUDA

1	Capizzi, Stefanie	34	ROSE-33	3:16.07	9
	44.62	1:34.37	2:25.20	3:16.07	
2	Frendreis, Lauren	32	ROSE-33	3:17.09	7
	44.36	1:35.76	2:26.66	3:17.09	
3	Rompala, Ancilla A	30	MVN-33	3:30.52	6
	47.65	1:41.55	2:36.78	3:30.52	

Women 30-34 50 LC Meter Butterfly

NATL: 27.48 # 6/7/2008 MARTINA MORAVCOVA

WORLD: 27.48 & 6/7/2008 Martina MORAVCOVA

1	Alyabyeva, Ekaterina	32	GRA-33	31.39	9
2	Frendreis, Lauren	32	ROSE-33	31.43	7
3	Borowitz, Brittany	32	SBM-33	31.79	6
4	Bugbee, Cailyn J	33	MVN-33	34.26	5
5	Rompala, Ancilla A	30	MVN-33	36.94	4
6	Grant, Molly P	31	SNAP-33	43.15	3

Women 30-34 100 LC Meter Butterfly

NATL: 58.81 # 6/7/2008 MARTINA MORAVCOVA

WORLD: 58.81 & 6/7/2008 Martina MORAVCOVA

1	Borowitz, Brittany	32	SBM-33	1:11.11	9
	33.40	1:11.11			
2	Bugbee, Cailyn J	33	MVN-33	1:17.48	7
	35.94	1:17.48			

Women 30-34 200 LC Meter Butterfly

NATL: 2:15.65 # 6/25/2013 KIM VANDENBERG

WORLD: 2:13.60 & 5/7/2006 Mette JACOBSEN

1	Capizzi, Stefanie	34	ROSE-33	3:08.33	9
	40.18	1:28.54	2:18.74	3:08.33	
---	Borowitz, Brittany	32	SBM-33	NS	

Women 30-34 200 LC Meter IM

NATL: 2:13.72 # 8/8/2009 ERIKA ERNDL

WORLD: 2:13.89 & 7/7/2009 Erika ERNDL

1	Borowitz, Brittany	32	SBM-33	2:37.89	9
	32.86	1:14.14	2:00.31	2:37.89	
2	Capizzi, Stefanie	34	ROSE-33	2:54.38	7
	37.14	1:23.63	2:13.16	2:54.38	
3	Bugbee, Cailyn J	33	MVN-33	2:58.43	6
	35.19	1:21.60	2:15.98	2:58.43	
4	Rompala, Ancilla A	30	MVN-33	3:02.88	5
	39.78	1:25.13	2:21.89	3:02.88	

Women 30-34 400 LC Meter IM

NATL: 4:47.06 # 6/29/2008 ERIKA ERNDL

WORLD: 4:56.08 & 11/8/2009 Hitomi MATSUDA

1	Capizzi, Stefanie	34	ROSE-33	6:18.29	9
	36.13	1:26.29	2:17.26	3:06.16	
	3:59.03	4:51.36	5:35.40	6:18.29	

Women 35-39 50 LC Meter Freestyle

NATL: 25.52 # 6/29/2013 ERIKA ERNDL

WORLD: 25.98 & 8/8/2006 Dara TORRES

1	Kurteeva, Anastasia	38	WH20-33	30.94	9
2	Prezzano, Calley	39	CVMM-33	31.76	7
3	Odonnell, Meghan	38	ROSE-33	35.68	6
4	De Leon, Katie	39	DDM-33	1:08.18	5

Women 35-39 100 LC Meter Freestyle

NATL: 55.17 # 6/25/2013 ERIKA ERNDL

WORLD: 58.09 & 7/9/2016 Erika ERNDL

1	Kurteeva, Anastasia	38	WH20-33	1:08.55	9
	32.46	1:08.55			
2	Prezzano, Calley	39	CVMM-33	1:11.26	7
	34.33	1:11.26			
3	Christie, Mary Beth	38	MVN-33	1:15.00	6
	34.85	1:15.00			
4	Odonnell, Meghan	38	ROSE-33	1:18.52	5
	37.49	1:18.52			

Women 35-39 200 LC Meter Freestyle

NATL: 2:00.04 # 6/26/2013 ERIKA ERNDL

WORLD: 2:05.97 & 7/9/2016 Erika ERNDL

1	Fine, Katherine C	36	SDSM-44	2:32.59	9
	34.94	1:12.48	1:52.35	2:32.59	
2	Prezzano, Calley	39	CVMM-33	2:39.23	7
	34.77	1:14.24	1:57.07	2:39.23	
3	Odonnell, Meghan	38	ROSE-33	3:06.37	6
	40.79	1:26.71	2:16.01	3:06.37	
---	Larson, Emily	36	SDSM-44	NS	

Women 35-39 400 LC Meter Freestyle

NATL: 4:16.19 # 6/1/2012 DAWN HECKMAN

WORLD: 4:26.17 & 8/10/1997 K.PIPES-NEILSEN

1	Larson, Emily	36	SDSM-44	5:26.10	9
	36.89	1:17.48	1:58.79	2:40.31	
	3:21.61	4:03.19	4:44.52	5:26.10	
2	Fine, Katherine C	36	SDSM-44	5:26.61	7
	35.19	1:14.34	1:55.80	2:38.94	
	3:21.44	4:04.79	4:46.95	5:26.61	
3	Christie, Mary Beth	38	MVN-33	5:49.48	6
	36.64	1:16.33	2:00.24	2:46.14	
	3:32.91	4:19.95	5:06.58	5:49.48	

Women 35-39 800 LC Meter Freestyle

NATL: 8:47.28 # 6/3/2012 DAWN HECKMAN

WORLD: 9:08.47 & 11/18/2012 Kirsten CAMERON

1	Fine, Katherine C	36	SDSM-44	11:24.54	9
	37.23	1:19.16	2:01.84	2:46.13	
	3:29.61	4:12.31	4:55.48	5:39.06	
	6:22.18	7:06.21	7:49.64	8:33.17	
	9:17.01	10:00.51	10:44.43	11:24.54	

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(Women 35-39 800 LC Meter Freestyle)

2	Odonnell, Meghan	38	ROSE-33	13:59.22	7
	43.57	1:33.80	2:26.28	3:18.89	
	4:12.45	5:06.05	5:59.80	6:55.19	
	7:49.52	8:43.18	9:36.94	10:30.83	
	11:23.42	12:15.17	13:08.32	13:59.22	

Women 35-39 1500 LC Meter Freestyle

		NATL: 17:17.22 # 8/6/2015		HEIDI GEORGE	
		WORLD: 17:17.22 & 8/6/2015		Heidi GEORGE	
1	Fine, Katherine C	36	SDSM-44	21:47.38	9
	36.08	1:16.98	2:00.04	2:44.69	
	3:28.73	4:12.19	4:55.72	5:39.43	
	6:23.48	7:07.81	7:51.90	8:35.89	
	9:19.98	10:04.32	10:48.90	11:33.29	
	12:17.63	13:02.55	13:46.40	14:30.20	
	15:14.31	15:58.92	16:42.90	17:27.79	
	18:10.95	18:55.37	19:38.74	20:22.37	
	21:05.31	21:47.38			
2	Christie, Mary Beth	38	MVN-33	23:36.18	7
	38.22	1:19.77	2:02.65	2:47.03	
	3:31.94	4:18.97	5:05.30	5:53.22	
	6:41.42	7:29.34	8:17.02	9:05.35	
	9:52.92		11:29.14	12:17.93	
	13:05.27		14:42.94		
	16:20.12	17:09.42	17:57.61	18:47.29	
	19:34.56	20:23.29	21:10.13	21:58.57	
	22:47.39	23:36.18			

Women 35-39 50 LC Meter Backstroke

		NATL: 28.63 # 8/18/2016		NORIKO INADA	
		WORLD: 28.63 & 8/18/2016		Noriko INADA	
1	Christie, Mary Beth	38	MVN-33	36.56	9
2	Prezzano, Calley	39	CVMM-33	36.90	7
3	De Leon, Katie	39	DDM-33	1:24.85	6

Women 35-39 100 LC Meter Backstroke

		NATL: 1:01.75 # 8/19/2017		NORIKO INADA	
		WORLD: 1:01.75 & 8/19/2017		Noriko INADA	
1	Prezzano, Calley	39	CVMM-33	1:19.79	

Women 35-39 100 LC Meter Backstroke

		NATL: 1:01.75 # 8/19/2017		NORIKO INADA	
		WORLD: 1:01.75 & 8/19/2017		Noriko INADA	
1	Prezzano, Calley	39	CVMM-33	1:20.24	9
	38.64	1:20.24			
2	Fine, Katherine C	36	SDSM-44	1:21.42	7
	39.07	1:21.42			
3	Christie, Mary Beth	38	MVN-33	1:22.93	6
	50.71	1:22.93			
4	Larson, Emily	36	SDSM-44	1:23.95	5
	36.80	1:23.95			

Women 35-39 200 LC Meter Backstroke

		NATL: 2:18.20 # 8/10/1997		K PIPES-NEILSEN	
		WORLD: 2:18.20 & 8/10/1997		K.PIPES-NEILSEN	
---	Prezzano, Calley	39	CVMM-33		NS

Women 35-39 50 LC Meter Breaststroke

		NATL: 32.86 # 8/9/2013		KATIE GLENN	
		WORLD: 32.67 & 8/20/2017		Nicole HEIDEMANN	
1	Kurteeva, Anastasia	38	WH20-33	38.70	9
2	Prezzano, Calley	39	CVMM-33	44.15	7

Women 35-39 100 LC Meter Breaststroke

		NATL: 1:12.30 # 5/27/2012		CYNTHIA LEWIS	
		WORLD: 1:12.34 & 8/8/2013		Katie GLENN	
1	Kurteeva, Anastasia	38	WH20-33	1:26.56	9
	41.30	1:26.56			
2	Fine, Katherine C	36	SDSM-44	1:31.25	7
	43.25	1:31.25			

Women 35-39 200 LC Meter Breaststroke

		NATL: 2:39.78 # 8/10/2013		KATIE GLENN	
		WORLD: 2:35.40 & 6/10/2012		Hitomi MATSUDA	
1	Kurteeva, Anastasia	38	WH20-33	3:05.09	9
	41.97	1:29.50	2:17.80	3:05.09	

Women 35-39 50 LC Meter Butterfly

		NATL: 27.46 # 8/5/2014		NORIKO INADA	
		WORLD: 27.46 & 8/5/2014		Noriko INADA	
1	Kurteeva, Anastasia	38	WH20-33	35.94	9
2	Prezzano, Calley	39	CVMM-33	37.16	7
3	Odonnell, Meghan	38	ROSE-33	41.54	6

Women 35-39 100 LC Meter Butterfly

		NATL: 59.52 # 6/27/2013		ERIKA ERNDL	
		WORLD: 1:02.44 & 3/19/2009		Lynne HAYES	
1	Kurteeva, Anastasia	38	WH20-33	1:29.53	9
	38.75	1:29.53			
2	Odonnell, Meghan	38	ROSE-33	1:43.37	7
	48.21	1:43.37			

Women 35-39 200 LC Meter Butterfly

		NATL: 2:20.21 # 8/10/1997		K PIPES-NEILSEN	
		WORLD: 2:20.21 & 8/10/1997		K.PIPES-NEILSEN	
1	Odonnell, Meghan	38	ROSE-33	3:59.39	9
	39.57	2:25.28	3:59.39		

Women 35-39 200 LC Meter IM

		NATL: 2:22.42 # 7/19/1997		K PIPES-NEILSEN	
		WORLD: 2:21.47 & 1/14/2012		Hitomi MATSUDA	
1	Fine, Katherine C	36	SDSM-44	2:54.14	9
	35.66	1:21.29	2:14.07	2:54.14	

Women 35-39 400 LC Meter IM

		NATL: 5:02.67 # 8/15/1998		K PIPES-NEILSEN	
		WORLD: 4:59.59 & 6/16/2012		Hitomi MATSUDA	
1	Fine, Katherine C	36	SDSM-44	6:10.50	9
	37.22	1:23.20	2:11.58	2:59.64	
	3:52.38	4:46.03	5:28.37	6:10.50	
2	Franks, Nadia L	35	GRA-33	8:03.31	7
	53.17	1:55.98	2:58.69	4:01.00	
	5:10.28	6:20.09	7:13.49	8:03.31	

Women 40-44 50 LC Meter Freestyle

		NATL: 24.25 # 7/6/2008		DARA TORRES	
		WORLD: 26.44 & 11/7/2009		Edith OTTERMANN	
1	Green, Brooke	42	SBM-33	30.62	9

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(Women 40-44 50 LC Meter Freestyle)

2	Wilson, Kendra	40	ROSE-33	30.80	7
3	Nehrebecki, Helene	41	DAM-38	31.36	6
4	Kerley, April	43	GWSC-33	34.26	5
5	Arellano, Jessica	43	NOVA-33	34.96	4
6	Hibbert, Analia	43	MVN-33	36.87	3
---	Earlywine, Erin	40	NOVA-33	NS	

Women 40-44 100 LC Meter Freestyle

NATL: 53.78 # 7/4/2008 DARA TORRES

WORLD: 58.04 & 6/8/2013 Erika BRAUN

1	Tse, Stacy M	43	MVN-33	1:07.47	9
	31.60	1:07.47			
2	Kramer, Ashley	41	SPP-33	1:30.58	7
	43.25	1:30.58			
---	Kerley, April	43	GWSC-33	NS	

Women 40-44 200 LC Meter Freestyle

NATL: 2:09.00 # 5/25/2003 K PIPES-NEILSEN

WORLD: 2:09.28 & 8/15/2005 K PIPES-NEILSEN

1	Tse, Stacy M	43	MVN-33	2:29.71	9
	32.64	1:09.43	1:48.54	2:29.71	
2	Kerley, April	43	GWSC-33	2:51.97	7
	38.00	1:22.15	2:07.84	2:51.97	

Women 40-44 400 LC Meter Freestyle

NATL: 4:22.87 # 8/13/2011 JANET EVANS

WORLD: 4:22.87 & 8/13/2011 Janet EVANS

1	Cough, Heidi	40	NOVA-33	5:01.97	9
	35.09	1:13.00	1:51.85	2:30.69	
	3:09.14	3:47.79	4:25.84	5:01.97	
2	Nehrebecki, Helene	41	DAM-38	5:29.43	7
	34.90	1:15.44	1:57.42	2:40.36	
	3:22.79	4:05.88	4:48.55	5:29.43	
3	Kerley, April	43	GWSC-33	6:11.49	6
	41.04	1:28.57	2:17.73	3:06.21	
	3:54.35	4:42.33	5:28.82	6:11.49	

Women 40-44 800 LC Meter Freestyle

NATL: 8:59.06 # 6/11/2011 JANET EVANS

WORLD: 8:59.06 & 6/11/2011 Janet EVANS

1	Cough, Heidi	40	NOVA-33	10:24.32	9
	36.11	1:14.76	1:54.25	2:33.72	
	3:13.76	3:53.44	4:33.20	5:12.76	
	5:52.08	6:31.21	7:10.41	7:49.28	
	8:28.30	9:07.28	9:46.47	10:24.32	
2	Kramer, Ashley	41	SPP-33	14:20.87	7
	45.78	1:38.19	2:30.39	3:23.85	
	4:17.96	5:12.50	6:08.31	7:03.31	
	7:58.34	8:52.94	9:47.82	10:43.67	
	11:39.47	12:33.60	13:28.49	14:20.87	

Women 40-44 1500 LC Meter Freestyle

NATL: 17:17.59 # 4/30/2017 HEIDI GEORGE

WORLD: 17:29.43 & 6/30/2017 Heidi GEORGE

1	Profumo, Tesla	44	CRUZ-38	20:12.50	9
	35.81	1:14.80	1:53.62	2:33.01	
	3:12.78	3:53.05	4:33.24	5:13.68	
	5:54.33	6:35.08	7:15.84	7:56.76	
	8:37.36	9:17.80	9:58.61	10:39.51	
	11:20.53	12:01.30	12:42.17	13:22.69	
	14:03.85	14:45.09	15:26.22	16:07.58	
	16:48.80	17:30.52	18:11.62	18:52.63	
	19:33.05	20:12.50			

Women 40-44 50 LC Meter Backstroke

NATL: 29.62 # 8/2/2018 NORIKO INADA

WORLD: 29.62 & 8/2/2018 Noriko INADA

1	Green, Brooke	42	SBM-33	34.55	9
2	Finotti-Sheppard, Jennifer	44	CVMM-33	35.41	7
3	Wilson, Kendra	40	ROSE-33	35.85	6
4	Hibbert, Analia	43	MVN-33	45.84	5
5	Kramer, Ashley	41	SPP-33	55.35	4

Women 40-44 100 LC Meter Backstroke

NATL: 1:04.70 # 7/31/2018 NORIKO INADA

WORLD: 1:04.70 & 7/31/2018 Noriko INADA

1	Finotti-Sheppard, Jennifer	44	CVMM-33	1:14.80	
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Women 40-44 100 LC Meter Backstroke

NATL: 1:04.70 # 7/31/2018 NORIKO INADA

WORLD: 1:04.70 & 7/31/2018 Noriko INADA

1	Green, Brooke	42	SBM-33	1:18.86	9
	35.89	1:18.86			
2	Tse, Stacy M	43	MVN-33	1:21.11	7
	39.10	1:21.11			
3	Arellano, Jessica	43	NOVA-33	1:38.22	6
	55.21	1:38.22			
4	Kerley, April	43	GWSC-33	1:45.57	5
	50.33	1:45.57			
---	Earlywine, Erin	40	NOVA-33	NS	

Women 40-44 200 LC Meter Backstroke

NATL: 2:23.18 # 8/6/2009 JODY SMITH

WORLD: 2:23.18 & 8/6/2009 Jody SMITH

1	Finotti-Sheppard, Jennifer	44	CVMM-33	2:39.40	9
	37.06	1:17.80	1:59.59	2:39.40	
2	Green, Brooke	42	SBM-33	2:56.94	7
	40.04	1:25.18	2:12.16	2:56.94	

Women 40-44 50 LC Meter Breaststroke

NATL: 32.47 # 8/19/2016 KATIE GLENN

WORLD: 32.47 & 8/19/2016 Katie GLENN

1	Wilson, Kendra	40	ROSE-33	37.82	9
2	Finotti-Sheppard, Jennifer	44	CVMM-33	41.84	7
3	Hibbert, Analia	43	MVN-33	50.02	6

Women 40-44 100 LC Meter Breaststroke

NATL: 1:12.12 # 6/30/2008 S VON DER LIPPE

WORLD: 1:12.74 & 4/14/2012 Linley FRAME

1	Wilson, Kendra	40	ROSE-33	1:22.56	9
	38.28	1:22.56			

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(Women 40-44 100 LC Meter Breaststroke)					2	Otsuki, Sharon	45	SBM-33	1:08.93	7
2	Nehrebecki, Helene	41	DAM-38	1:26.89	7	32.93	1:08.93			
	40.88	1:26.89								
---	Earlywine, Erin	40	NOVA-33	NS						
Women 40-44 200 LC Meter Breaststroke										
NATL: 2:38.44 # 8/9/2006 S VON DER LIPPE										
WORLD: 2:38.44 & 8/9/2006 S.VON DER LIPPE										
1	Wilson, Kendra	40	ROSE-33	3:01.48	9					
	41.53	1:27.82	2:14.58	3:01.48						
2	Nehrebecki, Helene	41	DAM-38	3:07.56	7					
	42.74	1:29.94	2:18.65	3:07.56						
Women 40-44 50 LC Meter Butterfly										
NATL: 28.36 # 6/8/2013 ERIKA BRAUN										
WORLD: 28.36 & 6/8/2013 Erika BRAUN										
1	Nehrebecki, Helene	41	DAM-38	34.10	9					
2	Kerley, April	43	GWSC-33	42.19	7					
Women 40-44 100 LC Meter Butterfly										
NATL: 1:02.47 # 6/29/2008 S VON DER LIPPE										
WORLD: 1:03.36 & 5/23/2009 S.VON DER LIPPE										
---	Kramer, Ashley	41	SPP-33	NS						
Women 40-44 200 LC Meter Butterfly										
NATL: 2:24.77 # 8/17/2003 K PIPES-NEILSEN										
WORLD: 2:24.78 & 7/23/2006 S.VON DER LIPPE										
1	Cough, Heidi	40	NOVA-33	2:46.34	9					
	37.97	1:20.18	2:03.20	2:46.34						
Women 40-44 200 LC Meter IM										
NATL: 2:25.03 # 8/5/2007 S VON DER LIPPE										
WORLD: 2:25.03 & 8/5/2007 S.VON DER LIPPE										
1	Finotti-Sheppard, Jennifer	44	CVMM-33	2:45.12	9					
	34.32	1:18.20	2:07.64	2:45.12						
2	Wilson, Kendra	40	ROSE-33	2:46.49	7					
	35.10	1:18.07	2:06.15	2:46.49						
3	Tse, Stacy M	43	MVN-33	2:55.41	6					
	35.54	1:20.55	2:12.60	2:55.41						
4	Kramer, Ashley	41	SPP-33	4:02.37	5					
	52.40	1:55.66	3:09.80	4:02.37						
Women 45-49 50 LC Meter Freestyle										
NATL: 27.09 # 8/5/2017 THOMAS\BRAUN										
WORLD: 26.59 & 3/16/2011 Edith OTTERMANN										
1	Condor-Fisher, Sarah	49	MVN-33	30.14	9					
2	Maidenberg, Eve	45	CVMM-33	31.59	7					
3	Dussliere, Julie F	49	UC50	32.69	6					
4	Chyun, Grace	47	CMAC-33	36.48	5					
5	Duncan, Fiona	47	GRA-33	38.24	4					
6	Guevara, Olivia	48	ROSE-33	39.12	3					
7	Angell, Ursula	49	ROSE-33	41.77	2					
8	Carlin, Elizabeth	47	LBG-33	44.36	1					
Women 45-49 100 LC Meter Freestyle										
NATL: 57.40 # 8/8/2015 MELANIE THOMAS										
WORLD: 57.40 & 8/8/2015 Melanie THOMAS										
1	Condor-Fisher, Sarah	49	MVN-33	1:08.46	9					
	32.27	1:08.46								
2	Otsuki, Sharon	45	SBM-33	1:08.93	7					
	32.93	1:08.93								
3	Dussliere, Julie F	49	UC50	1:12.10	6					
	33.98	1:12.10								
4	Chyun, Grace	47	CMAC-33	1:26.86	5					
	40.15	1:26.86								
5	Carlin, Elizabeth	47	LBG-33	1:50.81	4					
	51.71	1:50.81								
---	Maroudis, Kristina	46	SDSM-44	NS						
Women 45-49 200 LC Meter Freestyle										
NATL: 2:10.09 # 6/13/2009 K PIPES-NEILSEN										
WORLD: 2:10.09 & 6/13/2009 K.PIPES-NEILSEN										
1	Dussliere, Julie F	49	UC50	2:45.10						
Women 45-49 200 LC Meter Freestyle										
NATL: 2:10.09 # 6/13/2009 K PIPES-NEILSEN										
WORLD: 2:10.09 & 6/13/2009 K.PIPES-NEILSEN										
1	Maidenberg, Eve	45	CVMM-33	2:28.73	9					
	34.22	1:12.48	1:51.20	2:28.73						
2	Otsuki, Sharon	45	SBM-33	2:33.36	7					
	35.34	1:14.45	1:55.13	2:33.36						
3	Duncan, Fiona	47	GRA-33	3:25.40	6					
	40.82	1:31.02	2:27.64	3:25.40						
Women 45-49 400 LC Meter Freestyle										
NATL: 4:35.27 # 2/6/1921 HEIDI GEORGE										
WORLD: 4:35.00 & 5/4/2018 Kirsten CAMERON										
1	Maidenberg, Eve	45	CVMM-33	5:07.72	9					
	34.47	1:12.01	1:50.35	2:29.29						
	3:08.16	3:47.94	4:27.91	5:07.72						
2	Dussliere, Julie F	49	UC50	5:40.07	7					
	37.11	1:18.05	2:01.31	2:45.10						
	3:28.67	4:12.70	4:56.59	5:40.07						
3	Chambers, Kate	46	ROSE-33	6:10.20	6					
	40.73	1:27.19	2:13.94	3:02.24						
	3:50.19	4:38.97	5:26.33	6:10.20						
4	Huang, Chi-Ying	49	ROSE-33	6:59.41	5					
	46.03	1:38.38	2:33.12	3:27.45						
	4:22.05	5:16.10	6:08.85	6:59.41						
5	Angell, Ursula	49	ROSE-33	7:09.48	4					
	49.04	1:41.44	2:36.49	3:32.24						
	4:28.70	5:24.99	6:18.24	7:09.48						
6	Duncan, Fiona	47	GRA-33	7:12.56	3					
	42.21	1:30.90	2:24.49	3:20.69						
	4:18.69	5:16.92	6:15.99	7:12.56						
Women 45-49 800 LC Meter Freestyle										
NATL: 9:11.47 # 6/27/2021 HEIDI GEORGE										
WORLD: 9:11.47 & 6/27/2021 Heidi GEORGE										
1	Huang, Chi-Ying	49	ROSE-33	14:46.73	9					
	48.18	1:42.04	2:36.43	3:32.66						
	4:27.72	5:24.54	6:20.50	7:17.34						
	8:13.42	9:12.28	10:09.39	11:05.87						
	12:01.45	12:58.56	13:54.92	14:46.73						

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Women 45-49 1500 LC Meter Freestyle

NATL: 17:29.77 # 6/24/2021 HEIDI GEORGE

WORLD: 17:29.77 & 6/24/2021 Heidi GEORGE

1	Maidenberg, Eve	45	CVMM-33	20:37.65	9
	35.60	1:14.88	1:55.17	2:36.13	
	3:16.65	3:57.66	4:38.66	5:19.82	
	6:01.30	6:43.19	7:25.46	8:07.30	
	8:49.15	9:30.83	10:12.78	10:54.47	
	11:36.58	12:18.17	12:59.98	13:42.58	
	14:24.12	15:06.23	15:48.58	16:30.82	
	17:12.28	17:54.12	18:35.35	19:16.75	
	19:58.12	20:37.65			
2	Duncan, Fiona	47	GRA-33	27:52.46	7
	45.65	1:38.97	2:34.95	3:33.67	
	4:30.43	5:29.22	6:22.89	7:18.23	
	8:13.88	9:10.27	10:04.82	11:01.36	
	11:57.36	12:54.01	13:50.82	14:48.36	
	15:44.45	16:40.82	17:38.01	18:35.03	
	19:31.68	20:28.83	21:25.66	22:23.31	
	23:21.55	24:15.52	25:09.76	26:04.50	
	26:59.33	27:52.46			
3	Guevara, Olivia	48	ROSE-33	27:54.87	6
	46.28	1:37.80	2:30.99	3:25.94	
	4:21.39	5:15.67	6:10.78	7:06.58	
	8:03.29	8:59.53	9:56.30	10:52.71	
	11:49.67	12:45.95	13:43.42	14:40.63	
	15:38.41	16:35.77	17:32.62	18:28.78	
	19:25.62	20:22.59	21:19.94	22:16.86	
	23:14.43	24:12.15	25:08.21	26:03.91	
	26:59.88	27:54.87			
4	Huang, Chi-Ying	49	ROSE-33	28:23.80	5
	43.59	1:44.71	2:40.41	3:36.18	
	4:31.54	5:28.82	6:25.22	7:21.70	
	8:18.29	9:15.72	10:13.44	11:10.81	
	12:07.57	13:05.22	14:01.89	14:59.42	
	15:56.98	16:53.24	17:51.54	18:48.40	
	19:45.36	20:43.59	21:40.39	22:36.70	
	23:35.58	24:33.62	25:32.78	26:29.32	
	27:31.66	28:23.80			
5	Carlin, Elizabeth	47	LBG-33	31:06.97	4
	52.24	1:52.33	2:52.05	3:53.39	
	4:54.73	5:57.21	6:58.00	8:00.30	
	9:01.93	10:04.13	11:06.34	12:08.87	
	13:09.79	14:10.68	15:14.13	16:17.07	
	17:20.19	18:22.79	19:25.68	20:29.09	
	21:33.64	22:39.55	23:43.13	24:47.52	
	25:53.06	26:59.34	28:01.27	29:05.69	
	30:07.94	31:06.97			

Women 45-49 50 LC Meter Backstroke

NATL: 31.71 # 7/7/2012 JENKINS\REYNOLDS\

WORLD: 31.02 & 8/18/2016 Cindy MABEE

1	Souders, Lisa	47	SDSM-44	37.40	9
2	Dussliere, Julie F	49	UC50	39.24	7
3	Kramer, Stephanie	47	NOVA-33	39.68	6
4	Chyun, Grace	47	CMAC-33	47.30	5
5	Carlin, Elizabeth	47	LBG-33	1:03.75	4

Women 45-49 100 LC Meter Backstroke

NATL: 1:08.11 # 5/24/2009 K PIPES-NEILSEN

WORLD: 1:07.04 & 6/14/2019 Joanna CORBEN

1	Kramer, Stephanie	47	NOVA-33	1:26.61	9
	41.74	1:26.61			
2	Chambers, Kate	46	ROSE-33	1:43.26	7
	51.03	1:43.26			
---	Chyun, Grace	47	CMAC-33		DQ
	50.99	DQ			

Women 45-49 200 LC Meter Backstroke

NATL: 2:26.06 # 5/22/2009 K PIPES-NEILSEN

WORLD: 2:24.06 & 5/28/2016 Joanna CORBEN

1	Souders, Lisa	47	SDSM-44	2:55.53	9
	42.07	1:25.74	2:10.22	2:55.53	
2	Kramer, Stephanie	47	NOVA-33	3:05.33	7
	46.14	1:34.19	2:20.86	3:05.33	
3	Carlin, Elizabeth	47	LBG-33	4:44.17	6
	1:06.10	2:21.11	3:31.98	4:44.17	

Women 45-49 50 LC Meter Breaststroke

NATL: 33.66 # 7/17/2010 S VON DER LIPPE

WORLD: 33.56 & 8/20/2017 Linley FRAME

1	Dussliere, Julie F	49	UC50	43.52	
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Women 45-49 50 LC Meter Breaststroke

NATL: 33.66 # 7/17/2010 S VON DER LIPPE

WORLD: 33.56 & 8/20/2017 Linley FRAME

1	Condor-Fisher, Sarah	49	MVN-33	36.81	9
2	Otsuki, Sharon	45	SBM-33	40.71	7
3	Souders, Lisa	47	SDSM-44	41.07	6
4	Kramer, Stephanie	47	NOVA-33	44.89	5
5	Chyun, Grace	47	CMAC-33	53.56	4
6	Carlin, Elizabeth	47	LBG-33	1:00.99	3

Women 45-49 100 LC Meter Breaststroke

NATL: 1:14.41 # 7/17/2010 S VON DER LIPPE

WORLD: 1:13.49 & 9/17/2009 Marzena KULIS

1	Condor-Fisher, Sarah	49	MVN-33	1:26.67	9
2	Dussliere, Julie F	49	UC50	1:32.32	7
	43.52	1:32.32			
3	Kramer, Stephanie	47	NOVA-33	1:37.38	6
	45.94	1:37.38			
4	Duncan, Fiona	47	GRA-33	1:49.62	5
	51.65	1:49.62			
5	Huang, Chi-Ying	49	ROSE-33	1:51.61	4
	54.33	1:51.61			
6	Guevara, Olivia	48	ROSE-33	1:57.34	3
	57.25	1:57.34			

Women 45-49 200 LC Meter Breaststroke

NATL: 2:45.20 # 8/5/2007 CAROLINE KRATTLI

WORLD: 2:43.73 & 3/15/2013 H.MORRIS-EYTON

1	Otsuki, Sharon	45	SBM-33	3:12.65	9
	43.27	1:33.07	2:24.19	3:12.65	
2	Kramer, Stephanie	47	NOVA-33	3:23.16	7
	49.12	1:41.23	2:33.75	3:23.16	
3	Chambers, Kate	46	ROSE-33	3:41.65	6
	50.57	1:47.00	2:45.37	3:41.65	

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(Women 45-49 200 LC Meter Breaststroke)

4	Huang, Chi-Ying	49	ROSE-33	3:58.50	5
	56.35	1:57.57	2:59.48	3:58.50	
5	Angell, Ursula	49	ROSE-33	3:59.20	4
	56.76	1:59.37	3:00.46	3:59.20	

Women 45-49 50 LC Meter Butterfly

NATL: 28.40 # 8/5/2017 **ERIKA BRAUN**
WORLD: 28.40 & 8/5/2017 **Erika BRAUN**

1	Dussliere, Julie F	49	UC50	39.89	
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Women 45-49 50 LC Meter Butterfly

NATL: 28.40 # 8/5/2017 **ERIKA BRAUN**
WORLD: 28.40 & 8/5/2017 **Erika BRAUN**

1	Otsuki, Sharon	45	SBM-33	36.43	9
2	Maidenberg, Eve	45	CVMM-33	38.45	7
3	Chyun, Grace	47	CMAC-33	40.73	6
4	Duncan, Fiona	47	GRA-33	47.44	5
5	Guevara, Olivia	48	ROSE-33	51.78	4

Women 45-49 100 LC Meter Butterfly

NATL: 1:04.96 # 8/6/2014 **WENKE SEIDER**
WORLD: 1:04.96 & 8/6/2014 **Wenke SEIDER**

1	Dussliere, Julie F	49	UC50	1:28.37	
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Women 45-49 200 LC Meter IM

NATL: 2:27.57 # 8/16/2008 **K PIPES-NEILSEN**
WORLD: 2:27.57 & 8/16/2008 **K.PIPES-NEILSEN**

1	Souders, Lisa	47	SDSM-44	2:57.06	9
	40.43	1:24.94	2:15.99	2:57.06	
2	Otsuki, Sharon	45	SBM-33	2:57.86	7
	37.09	1:27.21	2:17.86	2:57.86	
3	Dussliere, Julie F	49	UC50	3:00.04	6
	39.89	1:25.46	2:19.30	3:00.04	
4	Kramer, Stephanie	47	NOVA-33	3:01.19	5
	40.04	1:27.37	2:21.39	3:01.19	

Women 45-49 400 LC Meter IM

NATL: 5:13.85 # 9/5/2008 **K PIPES-NEILSEN**
WORLD: 5:13.85 & 9/5/2008 **K.PIPES-NEILSEN**

1	Dussliere, Julie F	49	UC50	6:28.08	9
	40.21	1:28.37	2:19.16	3:11.12	
	4:04.73	5:00.95	5:43.94	6:28.08	
2	Kramer, Stephanie	47	NOVA-33	6:33.61	7
	43.83	1:41.13	2:32.22	3:20.98	
	4:16.52	5:10.74	5:52.40	6:33.61	
3	Duncan, Fiona	47	GRA-33	8:46.38	6
	54.06	2:02.18	3:17.30	4:34.92	
	5:41.89	6:53.82	7:50.90	8:46.38	
4	Carlin, Elizabeth	47	LBG-33	9:19.24	5
	51.74	2:13.55	3:25.71	4:39.03	
	5:57.48	7:14.18	8:17.25	9:19.24	

Women 50-54 50 LC Meter Freestyle

NATL: 28.17 # 7/9/2016 **FALL WILLEBOORDSE**
WORLD: 27.09 & 6/28/2015 **Marie FUZZATI**

1	Shinnick, Christina	52	GRA-33	31.52	9
2	Gellatly, Jill	54	CVMM-33	31.85	7
3	Khalil, Heidi	50	ROSE-33	34.47	6
4	Furukawa, Patty	50	MVN-33	35.17	5

5	Ladd, Lorna	51	MVN-33	40.92	4
6	Thomas, Darcy	53	MVN-33	43.55	3
7	Piner, Mary-Louise	51	RMDA-33	46.12	2
8	Luangeaktrakul, Pat	52	SPP-33	56.42	1

Women 50-54 100 LC Meter Freestyle

NATL: 1:01.13 # 8/19/2001 **LAURA VAL**
WORLD: 1:00.42 & 6/27/2015 **Marie FUZZATI**

1	Shinnick, Christina	52	GRA-33	1:09.60	9
	32.54	1:09.60			
2	Furukawa, Patty	50	MVN-33	1:17.11	7
	36.88	1:17.11			
3	Zawistoski, Lisa	52	MVN-33	1:30.53	6
	41.77	1:30.53			
4	Doudikian-Scaff, Nayiri	51	ROSE-33	1:33.70	5
	44.74	1:33.70			
5	Ladd, Lorna	51	MVN-33	1:37.20	4
	47.25	1:37.20			
6	Thomas, Darcy	53	MVN-33	1:38.27	3
	46.07	1:38.27			
7	Piner, Mary-Louise	51	RMDA-33	1:45.54	2
	48.65	1:45.54			
8	Malley, Julie	54	MVN-33	1:50.34	1
	52.01	1:50.34			
9	Luangeaktrakul, Pat	52	SPP-33	2:01.70	
	1:01.23	2:01.70			
---	Gellatly, Jill	54	CVMM-33		NS

Women 50-54 200 LC Meter Freestyle

NATL: 2:13.18 # 8/8/2013 **JILL HERNANDEZ**
WORLD: 2:13.18 & 8/8/2013 **Jill HERNANDEZ**

1	Gellatly, Jill	54	CVMM-33	2:25.11	9
	34.06	1:11.01	1:47.73	2:25.11	
2	Malley, Julie	54	MVN-33	4:08.34	7
	56.28	1:59.42	3:05.93	4:08.34	
3	Luangeaktrakul, Pat	52	SPP-33	4:26.11	6
	1:04.54	2:13.35	3:23.47	4:26.11	
---	Morgan, Kimberly	54	ROSE-33		NS

Women 50-54 400 LC Meter Freestyle

NATL: 4:40.66 # 8/11/2013 **JILL HERNANDEZ**
WORLD: 4:40.66 & 8/11/2013 **Jill HERNANDEZ**

1	Gellatly, Jill	54	CVMM-33	5:07.48	9
	34.95	1:12.68	1:50.85	2:29.98	
	3:09.07	3:48.67	4:28.10	5:07.48	
2	Simmons, Cheryl	54	ROSE-33	5:44.81	7
	39.04	1:22.00	2:05.78	2:50.04	
	3:33.82	4:17.41	5:01.64	5:44.81	
3	Furukawa, Patty	50	MVN-33	5:59.34	6
	40.08	1:24.11	2:09.83	2:56.39	
	3:42.35	4:28.50	5:13.89	5:59.34	
4	Zikova, Alena	54	MVN-33	6:59.26	5
	48.46	1:40.75	2:33.63	3:28.16	
	4:21.86	5:15.76	6:09.15	6:59.26	
5	Malley, Julie	54	MVN-33	8:21.44	4
	53.04	1:55.00	2:57.47	4:02.69	
	5:06.88	6:13.01	7:18.54	8:21.44	

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Women 50-54 800 LC Meter Freestyle

NATL: 9:34.12 # 7/23/2016 SUSAN PRESTON

WORLD: 9:34.12 & 7/23/2016 Susan PRESTON

1	Furukawa, Patty	50	MVN-33	12:30.20	9
	41.53	1:27.51	2:15.53	3:03.81	
	3:50.87	4:40.11	6:15.72		
	7:03.53	7:51.26	9:26.43		
	10:14.37	11:01.59	11:47.62	12:30.20	
2	Zawistoski, Lisa	52	MVN-33	13:41.78	7
	43.49	1:32.73	2:24.54	3:16.96	
	4:09.33	5:02.12	5:53.73	6:46.96	
	7:38.70	8:30.66	9:22.78	10:14.65	
	11:06.19	11:58.87	12:50.60	13:41.78	
3	Doudikian-Scaff, Nayiri	51	ROSE-33	13:53.93	6
	46.33	1:38.34	2:31.72	3:25.28	
	4:17.54	5:10.41	6:03.07	6:56.29	
	7:49.06	8:42.18	9:33.74	10:27.34	
	11:20.01	12:13.06	13:04.71	13:53.93	
4	Piner, Mary-Louise	51	RMDA-33	16:32.21	5
	50.33	1:54.21	2:54.85	4:00.42	
	5:00.70	6:07.41	7:07.23	8:13.61	
	9:13.45	10:19.20	11:20.08	12:27.02	
	13:27.92	14:34.64	15:34.77	16:32.21	
5	Malley, Julie	54	MVN-33	16:58.24	4
	53.87	1:54.30	2:56.47	4:00.25	
	5:05.78	6:10.57	7:14.49	8:20.21	
	9:27.17	10:31.55	11:36.68	12:41.57	
	13:46.66	14:51.22	15:56.01	16:58.24	

Women 50-54 1500 LC Meter Freestyle

NATL: 18:32.76 # 8/14/2008 S HEIM-BOWEN

WORLD: 18:29.28 & 3/13/2011 Lynn MARSHALL

1	Malley, Julie	54	MVN-33	33:37.77	9
	57.06	2:00.45	3:04.55	4:10.42	
	5:17.82	6:23.95	7:32.91	8:39.86	
	9:46.61	10:53.29	12:01.38	13:08.44	
	14:16.10	15:22.71	16:29.43	17:38.48	
	18:43.94	19:51.76	21:01.08	22:10.64	
	23:19.70	24:26.38	25:36.43	26:44.26	
	27:54.53	29:03.83	30:12.32	31:20.22	
	32:30.28	33:37.77			
---	Doudikian-Scaff, Nayiri	51	ROSE-33		NS

Women 50-54 50 LC Meter Backstroke

NATL: 32.41 # 6/22/2013 LESLIE LIVINGSTON

WORLD: 31.59 & 7/6/2019 Cindy MABEE

1	Gellatly, Jill	54	CVMM-33	38.14	
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Women 50-54 50 LC Meter Backstroke

NATL: 32.41 # 6/22/2013 LESLIE LIVINGSTON

WORLD: 31.59 & 7/6/2019 Cindy MABEE

1	Shinnick, Christina	52	GRA-33	39.56	9
2	Simmons, Cheryl	54	ROSE-33	41.91	7
3	Khalil, Heidi	50	ROSE-33	43.16	6
4	Zikova, Alena	54	MVN-33	56.16	5
5	Doudikian-Scaff, Nayiri	51	ROSE-33	58.11	4
6	Luangeaktrakul, Pat	52	SPP-33	1:01.29	3
7	Piner, Mary-Louise	51	RMDA-33	1:02.17	2

Women 50-54 100 LC Meter Backstroke

NATL: 1:09.28 # 8/8/2014 ELLEN REYNOLDS

WORLD: 1:08.16 & 3/1/2020 Joanna CORBEN

1	Gellatly, Jill	54	CVMM-33	1:20.40	9
	39.04	1:20.40			
2	Morgan, Kimberly	54	ROSE-33	1:57.51	7
	57.79	1:57.51			
3	Zikova, Alena	54	MVN-33	2:01.25	6
	1:02.29	2:01.25			
4	Piner, Mary-Louise	51	RMDA-33	2:15.56	5
	1:05.25	2:15.56			
5	Luangeaktrakul, Pat	52	SPP-33	2:15.90	4
	1:06.41	2:15.90			

Women 50-54 200 LC Meter Backstroke

NATL: 2:26.64 # 8/4/2014 ELLEN REYNOLDS

WORLD: 2:26.64 & 8/4/2014 Ellen REYNOLDS

1	Simmons, Cheryl	54	ROSE-33	3:20.79	9
	49.73	1:39.33	2:30.57	3:20.79	
2	Zikova, Alena	54	MVN-33	4:12.18	7
	1:01.85	2:06.77	3:12.21	4:12.18	
---	Malley, Julie	54	MVN-33		NS

Women 50-54 50 LC Meter Breaststroke

NATL: 36.94 # 8/9/2019 LAUREL HILL

WORLD: 34.18 & 6/13/2012 Monica CORO

1	Shinnick, Christina	52	GRA-33	41.65	9
2	Khalil, Heidi	50	ROSE-33	42.95	7
3	Simmons, Cheryl	54	ROSE-33	43.15	6
4	Zikova, Alena	54	MVN-33	47.79	5
5	Zawistoski, Lisa	52	MVN-33	51.71	4
6	Thomas, Darcy	53	MVN-33	53.35	3
7	Doudikian-Scaff, Nayiri	51	ROSE-33	1:01.50	2

Women 50-54 100 LC Meter Breaststroke

NATL: 1:22.23 # 8/4/2014 CORRIN POPPS

WORLD: 1:15.50 & 6/11/2012 Monica CORO

1	Simmons, Cheryl	54	ROSE-33	1:31.57	9
	44.07	1:31.57			
2	Khalil, Heidi	50	ROSE-33	1:33.95	7
	43.96	1:33.95			
3	Zikova, Alena	54	MVN-33	1:44.06	6
	50.04	1:44.06			
4	Thomas, Darcy	53	MVN-33	1:55.71	5
	54.68	1:55.71			
5	Morgan, Kimberly	54	ROSE-33	2:02.00	4
	57.83	2:02.00			
6	Malley, Julie	54	MVN-33	2:18.23	3
	1:05.23	2:18.23			

Women 50-54 200 LC Meter Breaststroke

NATL: 2:54.00 # 8/6/2016 ELLEN REYNOLDS

WORLD: 2:50.92 & 6/15/2012 Monica CORO

1	Simmons, Cheryl	54	ROSE-33	3:15.68	9
	46.15	1:36.17	2:26.19	3:15.68	
2	Khalil, Heidi	50	ROSE-33	3:31.17	7
	46.30	1:40.06	2:34.96	3:31.17	
3	Zikova, Alena	54	MVN-33	3:46.28	6
	54.67	1:50.57	2:49.07	3:46.28	

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Results

(Women 50-54 200 LC Meter Breaststroke)

4	Thomas, Darcy	53	MVN-33	4:04.51	5
	55.26	1:57.85	3:01.79	4:04.51	
5	Morgan, Kimberly	54	ROSE-33	4:15.66	4
	1:00.75	2:07.59	3:14.49	4:15.66	
---	Malley, Julie	54	MVN-33		NS

Women 50-54 50 LC Meter Butterfly

NATL: 29.82 # 7/24/2016 SUSAN WILLIAMS
WORLD: 29.82 & 7/24/2016 Susan WILLIAMS

1	Shinnick, Christina	52	GRA-33	34.32	9
2	Khalil, Heidi	50	ROSE-33	37.70	7
3	Furukawa, Patty	50	MVN-33	38.42	6
4	Thomas, Darcy	53	MVN-33	50.78	5

Women 50-54 100 LC Meter Butterfly

NATL: 1:07.80 # 8/13/2011 JILL HERNANDEZ
WORLD: 1:07.80 & 8/13/2011 Jill HERNANDEZ

1	Zawistoski, Lisa	52	MVN-33	1:39.19	9
	45.55	1:39.19			
---	Gellatly, Jill	54	CVMM-33		NS

Women 50-54 200 LC Meter IM

NATL: 2:31.02 # 8/7/2016 ELLEN REYNOLDS
WORLD: 2:31.02 & 8/7/2016 Ellen REYNOLDS

1	Simmons, Cheryl	54	ROSE-33	3:00.73	9
	42.73	1:30.88	2:20.36	3:00.73	
2	Zawistoski, Lisa	52	MVN-33	3:32.96	7
	42.60	1:46.20	2:46.47	3:32.96	
3	Zikova, Alena	54	MVN-33	3:50.51	6
	53.39	1:59.85	3:00.52	3:50.51	
4	Thomas, Darcy	53	MVN-33	3:51.33	5
	51.30	1:56.95	2:58.35	3:51.33	
---	Gellatly, Jill	54	CVMM-33		NS

Women 50-54 400 LC Meter IM

NATL: 5:20.68 # 8/5/2014 ELLEN REYNOLDS
WORLD: 5:20.68 & 8/5/2014 Ellen REYNOLDS

1	Simmons, Cheryl	54	ROSE-33	6:25.73	9
	27.80	1:34.92	2:25.86	3:15.66	
	4:08.63	4:58.91	5:49.72	6:25.73	

Women 55-59 50 LC Meter Freestyle

NATL: 28.46 # 8/8/2019 HOLLY GREEN BLAIR
WORLD: 28.29 & 3/21/2021 Jennie BUCKNELL

1	Cleavenger, Becky	58	CVMM-33	32.09	9
2	Esparza, Deena	56	CLMS-33	32.78	7
3	Robinson, Ming	58	NOVA-33	34.36	6
4	Simpson, Lisa	57	SDSM-44	35.15	5
5	Thomas, Laurie	59	ROSE-33	37.22	4
6	Harwich, Fiona	59	ROSE-33	38.79	3
7	Peterson, Deanna	59	MVN-33	39.82	2
8	Walsh, Jane E	55	ROSE-33	41.77	1
9	Skill, Mary E	58	DDM-33	46.99	
10	Salvato, Nico	55	SPP-33	48.49	
11	****Lehr, Heather	56	SPP-33	51.88	

Women 55-59 100 LC Meter Freestyle

NATL: 1:02.02 # 8/13/2007 VAL\VAL
WORLD: 1:02.02 & 8/16/2008 Laura VAL

1	Cleavenger, Becky	58	CVMM-33	1:09.51	9
	32.96	1:09.51			
2	Esparza, Deena	56	CLMS-33	1:12.91	7
	34.72	1:12.91			
3	Simpson, Lisa	57	SDSM-44	1:19.04	6
	37.15	1:19.04			
4	Peterson, Deanna	59	MVN-33	1:29.08	5
	41.26	1:29.08			
5	Walsh, Jane E	55	ROSE-33	1:36.35	4
	43.48	1:36.35			
6	Skill, Mary E	58	DDM-33	1:40.91	3
	48.01	1:40.91			

Women 55-59 200 LC Meter Freestyle

NATL: 2:16.28 # 8/11/2019 VAL\REYNOLDS
WORLD: 2:16.28 & 8/11/2019 Ellen REYNOLDS

1	Cleavenger, Becky	58	CVMM-33	2:33.21	9
	35.33	1:14.84	1:55.34	2:33.21	
2	Robinson, Ming	58	NOVA-33	2:54.12	7
	39.00	1:22.63	2:08.78	2:54.12	
3	Walsh, Jane E	55	ROSE-33	3:35.03	6
	46.99	1:42.54	2:36.80	3:35.03	
4	Harwich, Fiona	59	ROSE-33	3:39.57	5
	50.12	1:45.84	2:44.41	3:39.57	

Women 55-59 400 LC Meter Freestyle

NATL: 4:46.49 # 8/10/2019 ELLEN REYNOLDS
WORLD: 4:43.41 & 7/10/2016 Lynn MARSHALL

1	Simpson, Lisa	57	SDSM-44	6:12.74	9
	41.56	1:28.25	2:15.75	3:03.51	
	3:50.49	4:38.64	5:26.14	6:12.74	
2	Walsh, Jane E	55	ROSE-33	7:38.52	7
	48.43	1:46.13	2:44.62	3:43.71	
	4:43.52	5:42.99	6:42.82	7:38.52	
3	Harwich, Fiona	59	ROSE-33	7:49.35	6
	50.49	1:47.95	2:46.83	3:46.46	
	4:47.94	5:50.29	6:53.79	7:49.35	

Women 55-59 1500 LC Meter Freestyle

NATL: 18:36.30 # 8/7/2019 ELLEN REYNOLDS
WORLD: 18:36.30 & 8/7/2019 Ellen REYNOLDS

1	Robinson, Ming	58	NOVA-33	23:23.15	9
	40.46	1:26.28	2:13.01	3:00.33	
	3:47.11	4:34.10	5:20.70	6:07.33	
	6:54.01	7:40.91	8:27.98	9:15.08	
	10:02.02	10:49.20	11:36.07	12:23.31	
	13:10.37	13:57.28	14:44.54	15:31.38	
	16:18.75	17:05.59	17:53.28	18:40.68	
	19:28.20	20:15.54	21:03.18	21:50.45	
	22:38.61	23:23.15			

Women 55-59 50 LC Meter Backstroke

NATL: 31.99 # 8/2/2018 HOLLY GREEN BLAIR
WORLD: 31.99 & 8/2/2018 Holly GREEN BLAIR

1	Thomas, Laurie	59	ROSE-33	45.35	9
2	Skill, Mary E	58	DDM-33	54.65	7

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(Women 55-59 50 LC Meter Backstroke)

3	*****Lehr, Heather	56	SPP-33	59.92	6
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Women 55-59 100 LC Meter Backstroke

NATL: 1:09.69 # 8/11/2019		HOLLY GREEN BLAIR	
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WORLD: 1:09.69 & 8/11/2019		Holly GREEN BLAIR	
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1	Cleavenger, Becky	58	CVMM-33	1:25.39	9
	41.31	1:25.39			
2	Robinson, Ming	58	NOVA-33	1:31.21	7
	44.53	1:31.21			
3	Thomas, Laurie	59	ROSE-33	1:42.46	6
	47.05	1:42.46			
4	*****Lehr, Heather	56	SPP-33	2:04.99	5
	1:02.02	2:04.99			

Women 55-59 200 LC Meter Backstroke

NATL: 2:31.79 # 5/19/2019		ELLEN REYNOLDS	
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WORLD: 2:31.79 & 5/19/2019		Ellen REYNOLDS	
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1	Thomas, Laurie	59	ROSE-33	3:49.36	9
	49.69	1:48.87	2:50.31	3:49.36	

Women 55-59 50 LC Meter Breaststroke

NATL: 37.13 # 7/16/2017		CAROLINE KRATTLI	
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WORLD: 35.94 & 5/20/2017		Monica CORO	
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1	Esparza, Deena	56	CLMS-33	42.29	9
2	Simpson, Lisa	57	SDSM-44	44.35	7
3	Peterson, Deanna	59	MVN-33	51.56	6
---	Cleavenger, Becky	58	CVMM-33	NS	

Women 55-59 100 LC Meter Breaststroke

NATL: 1:21.21 # 7/15/2017		CAROLINE KRATTLI	
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WORLD: 1:19.90 & 1/29/2017		Monica CORO	
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1	Weiderman, Jennifer	55	CVMM-33	1:30.24	9
	42.44	1:30.24			
2	Esparza, Deena	56	CLMS-33	1:31.38	7
	42.88	1:31.38			
3	Simpson, Lisa	57	SDSM-44	1:37.51	6
	46.86	1:37.51			
4	Robinson, Ming	58	NOVA-33	1:49.27	5
	51.95	1:49.27			

Women 55-59 200 LC Meter Breaststroke

NATL: 2:59.27 # 5/19/2019		ELLEN REYNOLDS	
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WORLD: 2:58.83 & 5/28/2017		Monica CORO	
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1	Weiderman, Jennifer	55	CVMM-33	3:14.20	9
	45.67	1:35.71	2:24.72	3:14.20	
2	Esparza, Deena	56	CLMS-33	3:15.25	7
	43.98	1:33.71	2:24.22	3:15.25	
3	Simpson, Lisa	57	SDSM-44	3:34.18	6
	49.52	1:43.39	2:39.80	3:34.18	

Women 55-59 50 LC Meter Butterfly

NATL: 30.52 # 7/10/2016		LESLIE LIVINGSTON	
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WORLD: 30.52 & 7/10/2016		Leslie LIVINGSTON	
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1	Esparza, Deena	56	CLMS-33	35.84	9
2	Robinson, Ming	58	NOVA-33	40.20	7
3	Salvato, Nico	55	SPP-33	59.69	6

Women 55-59 100 LC Meter Butterfly

NATL: 1:09.47 # 8/9/2009		LAURA VAL	
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WORLD: 1:09.47 & 8/9/2009		Laura VAL	
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1	Esparza, Deena	56	CLMS-33	1:24.99	9
	40.60	1:24.99			

Women 55-59 200 LC Meter IM

NATL: 2:31.51 # 7/6/2019		ELLEN REYNOLDS	
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WORLD: 2:31.51 & 7/6/2019		Ellen REYNOLDS	
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1	Cleavenger, Becky	58	CVMM-33	2:58.11	9
	35.88	1:25.16	2:58.11		
2	Esparza, Deena	56	CLMS-33	3:00.97	7
	38.78	1:27.61	2:19.73	3:00.97	

Women 60-64 50 LC Meter Freestyle

NATL: 29.21 # 8/4/2018		PENNY NOYES	
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WORLD: 28.90 & 3/17/2018		Jenny WHITELEY	
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1	Cox, Helen	64	CVMM-33	36.82
2	Dolan LaMar, Diana	64	MVN-33	37.30
3	Brooks, Sherry M Wendze	61	MVN-33	44.20

Women 60-64 50 LC Meter Freestyle

NATL: 29.21 # 8/4/2018		PENNY NOYES	
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WORLD: 28.90 & 3/17/2018		Jenny WHITELEY	
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1	Ganze, Cathy	64	SDSM-44	32.83	9
2	Jones, Clea	60	ROSE-33	36.34	7
3	Oliver, April A	60	NBA-38	37.40	6
4	Cox, Helen	64	CVMM-33	37.73	5
5	Calderón, Teresita L	62	CVMM-33	40.84	4
6	Sindell, Linda	60	ROSE-33	43.31	3
7	Moore Barnett, Barbara	61	MVN-33	45.84	2
8	Bove, Lisa	61	CVMM-33	46.84	1
9	Moreno, Mary	60	BGWM-33	47.05	
10	Zeise, Lisa	61	UC33	56.59	
11	Murphy, Joelle	62	SPP-33	1:03.91	

Women 60-64 100 LC Meter Freestyle

NATL: 1:03.83 # 8/5/2011		LAURA VAL	
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WORLD: 1:03.83 & 8/5/2011		Laura VAL	
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1	Saul-Zachau, Joanne	63	LVM-33	1:15.08	9
	35.62	1:15.08			
2	Dolan LaMar, Diana	64	MVN-33	1:21.67	7
	39.36	1:21.67			
3	Jones, Clea	60	ROSE-33	1:24.21	6
	40.52	1:24.21			
4	Thayer, Marieke	60	SDSM-44	1:25.00	5
	40.33	1:25.00			
5	Calderón, Teresita L	62	CVMM-33	1:25.71	4
	41.43	1:25.71			
6	Powers, Patricia	64	LBG-33	1:47.58	3
	50.29	1:47.58			
7	Moreno, Mary	60	BGWM-33	1:54.12	2
	51.69	1:54.12			
8	Zeise, Lisa	61	UC33	2:09.87	1
	1:01.73	2:09.87			
---	Murphy, Joelle	62	SPP-33	NS	
---	Cox, Helen	64	CVMM-33	NS	

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Women 60-64 100 LC Meter Freestyle

NATL: 1:03.83 # 8/5/2011 LAURA VAL

WORLD: 1:03.83 & 8/5/2011 Laura VAL

1 Brooks, Sherry M Wendze 61 MVN-33 1:35.35

Women 60-64 200 LC Meter Freestyle

NATL: 2:21.48 # 6/12/2012 LAURA VAL

WORLD: 2:21.03 & 3/20/2019 Jenny WHITELEY

1 Oliver, April A 60 NBA-38 3:01.04 9

42.20 1:28.71 2:14.64 3:01.04

2 Thayer, Marieke 60 SDSM-44 3:07.96 7

41.77 1:28.95 2:18.68 3:07.96

3 Cox, Helen 64 CVMM-33 3:09.39 6

42.60 1:30.63 2:20.82 3:09.39

4 Bove, Lisa 61 CVMM-33 3:38.42 5

50.82 1:46.77 2:44.26 3:38.42

5 Niebrugge, Nancy 63 ROSE-33 4:23.67 4

57.96 2:06.06 3:17.94 4:23.67

--- Murphy, Joelle 62 SPP-33 NS

Women 60-64 200 LC Meter Freestyle

NATL: 2:21.48 # 6/12/2012 LAURA VAL

WORLD: 2:21.03 & 3/20/2019 Jenny WHITELEY

1 Dolan LaMar, Diana 64 MVN-33 3:03.01

2 Brooks, Sherry M Wendze 61 MVN-33 3:31.80

Women 60-64 400 LC Meter Freestyle

NATL: 4:59.82 # 8/12/2012 LAURA VAL

WORLD: 4:59.82 & 8/12/2012 Laura VAL

1 Saul-Zachau, Joanne 63 LVM-33 6:14.01

2 Brooks, Sherry M Wendze 61 MVN-33 7:22.88

Women 60-64 400 LC Meter Freestyle

NATL: 4:59.82 # 8/12/2012 LAURA VAL

WORLD: 4:59.82 & 8/12/2012 Laura VAL

1 O'Grady, Kim 60 ROSE-33 5:25.59 9

36.45 1:16.68 1:58.47 2:40.50

3:23.65 4:05.30 4:46.40 5:25.59

2 Dolan LaMar, Diana 64 MVN-33 6:16.40 7

41.24 1:27.16 2:14.22 3:03.01

3:52.58 4:41.79 5:30.20 6:16.40

3 Calderón, Teresita L 62 CVMM-33 6:51.72 6

45.29 1:36.49 2:30.33 3:23.92

4:17.18 5:10.57 6:02.51 6:51.72

4 Stuart, Margaret 63 MVN-33 7:04.33 5

49.42 1:41.58 2:36.69 3:30.46

4:26.19 5:19.84 6:14.61 7:04.33

5 Bove, Lisa 61 CVMM-33 7:26.49 4

49.98 1:45.31 2:42.56 3:40.08

4:37.29 5:33.87 6:31.56 7:26.49

6 Niebrugge, Nancy 63 ROSE-33 8:58.23 3

55.42 1:59.26 3:08.97 4:20.13

5:31.16 6:42.19 7:54.23 8:58.23

Women 60-64 800 LC Meter Freestyle

NATL: 10:27.71 # 7/8/2011 LAURA VAL

WORLD: 10:27.71 & 7/8/2011 Laura VAL

1 Saul-Zachau, Joanne 63 LVM-33 12:23.88 9

41.56 1:27.68 2:15.10 3:02.85

3:50.66 4:38.86 5:26.23 6:14.01

7:00.42 7:47.01 8:33.60 9:20.57

10:06.81 10:53.30 11:38.68 12:23.88

2 Jones, Clea 60 ROSE-33 13:34.55 7

44.32 1:34.76 2:26.78 3:19.49

4:12.04 5:04.24 5:56.73 6:49.11

7:40.87 8:32.94 9:24.80 10:15.95

11:06.81 11:58.05 12:48.67 13:34.55

3 Stuart, Margaret 63 MVN-33 14:08.33 6

49.01 1:42.14 2:36.33 3:30.47

4:24.75 5:19.33 6:13.71 7:07.74

8:01.06 8:54.62 9:47.62 10:40.75

11:33.91 12:26.42 13:18.74 14:08.33

4 Powers, Patricia 64 LBG-33 15:04.33 5

49.00 1:42.53 2:38.25

3:34.89 4:31.98 5:29.56

6:25.87 7:22.82 8:19.14

14:15.24 15:04.33

5 Brooks, Sherry M Wendze 61 MVN-33 15:06.04 4

46.37 1:40.05 2:34.90 3:31.80

4:29.30 5:27.23 6:25.45 7:22.88

8:21.20 9:19.10 10:17.60 11:15.17

12:12.86 13:10.41 14:08.36 15:06.04

Women 60-64 800 LC Meter Freestyle

NATL: 10:27.71 # 7/8/2011 LAURA VAL

WORLD: 10:27.71 & 7/8/2011 Laura VAL

2 Dolan LaMar, Diana 64 MVN-33 12:42.81

Women 60-64 1500 LC Meter Freestyle

NATL: 19:52.85 # 7/8/2011 LAURA VAL

WORLD: 19:52.85 & 7/8/2011 Laura VAL

1 Dolan LaMar, Diana 64 MVN-33 23:48.08 9

42.70 1:29.55 2:17.32 3:05.88

3:53.75 4:42.05 5:30.15 6:18.63

7:06.30 7:54.61 8:42.17 9:30.67

10:18.24 11:06.87 11:54.75 12:42.81

13:30.28 14:18.40 14:58.14 15:53.85

16:40.98 17:28.69 18:16.26 19:04.24

19:51.20 20:39.13 21:27.05 22:14.94

23:03.00 23:48.08

2 Jones, Clea 60 ROSE-33 25:48.67 7

45.47 1:37.11 2:29.29 3:21.95

4:13.64 5:06.20 5:58.10 6:51.57

7:43.77 8:36.21 9:28.25 10:20.46

11:13.08 12:05.96 12:58.29 13:50.48

14:42.56 15:35.19 16:27.18 17:19.53

18:10.80 19:03.36 19:55.29 20:47.93

21:39.84 22:31.49 23:22.05 24:13.05

25:03.27 25:48.67

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Results

(Women 60-64 1500 LC Meter Freestyle)

3	Stuart, Margaret	63	MVN-33	27:21.48	6
	47.72	1:42.59	2:36.29	3:31.77	
	4:26.45	5:22.48	6:17.98	7:14.82	
	8:09.89	9:05.78	10:00.79	10:57.02	
	11:51.63	12:47.00	13:41.62	14:36.75	
	15:31.58	16:26.13	17:20.67	18:15.59	
	19:10.18	20:05.25	20:59.62		
	22:50.25	23:45.72	24:40.32	25:35.35	
	26:29.44	27:21.48			

Women 60-64 50 LC Meter Backstroke

NATL: 33.86 # 8/9/2015		LAURA VAL			
WORLD: 33.86 & 8/9/2015		Laura VAL			
1	Ganze, Cathy	64	SDSM-44	39.28	9
2	Oliver, April A	60	NBA-38	43.41	7
3	Saul-Zachau, Joanne	63	LVM-33	43.68	6
4	Calderón, Teresita L	62	CVMM-33	47.56	5
5	Thayer, Marieke	60	SDSM-44	48.01	4
6	Jones, Clea	60	ROSE-33	50.42	3
7	Moreno, Mary	60	BGWM-33	57.15	2
8	Moore Barnett, Barbara	61	MVN-33	1:02.29	1
---	Murphy, Joelle	62	SPP-33		NS

Women 60-64 100 LC Meter Backstroke

NATL: 1:14.50 # 7/15/2018		BONNIE BILICH		
WORLD: 1:14.50 & 7/15/2018		Bonnie BILICH		
2	Dolan LaMar, Diana	64	MVN-33	1:38.61

Women 60-64 100 LC Meter Backstroke

NATL: 1:14.50 # 7/15/2018		BONNIE BILICH			
WORLD: 1:14.50 & 7/15/2018		Bonnie BILICH			
1	Ganze, Cathy	64	SDSM-44	1:26.20	9
	40.94	1:26.20			
2	Cox, Helen	64	CVMM-33	1:37.16	7
	47.46	1:37.16			
3	Thayer, Marieke	60	SDSM-44	1:42.90	6
	50.97	1:42.90			
4	Calderón, Teresita L	62	CVMM-33	1:46.34	5
	52.47	1:46.34			
5	Bove, Lisa	61	CVMM-33	1:52.10	4
	54.47	1:52.10			
6	Moreno, Mary	60	BGWM-33	2:05.88	3
	1:00.90	2:05.88			
7	Brooks, Sherry M Wendze	61	MVN-33	2:06.09	2
	1:01.30	2:06.09			
8	Niebrugge, Nancy	63	ROSE-33	2:21.26	1
	1:07.37	2:21.26			

Women 60-64 200 LC Meter Backstroke

NATL: 2:41.57 # 8/8/2019		BONNIE BILICH			
WORLD: 2:41.57 & 8/8/2019		Bonnie BILICH			
1	Dolan LaMar, Diana	64	MVN-33	3:34.63	9
	51.05	1:45.34	2:41.21	3:34.63	
2	Calderón, Teresita L	62	CVMM-33	3:56.41	7
	57.23	2:01.29	3:01.02	3:56.41	
---	Cox, Helen	64	CVMM-33		NS

Women 60-64 50 LC Meter Breaststroke

NATL: 39.02 # 8/19/2016		BETH ESTEL		
WORLD: 37.51 & 3/30/2019		Jenny WHITELEY		
2	Brooks, Sherry M Wendze	61	MVN-33	1:01.02

Women 60-64 50 LC Meter Breaststroke

NATL: 39.02 # 8/19/2016		BETH ESTEL			
WORLD: 37.51 & 3/30/2019		Jenny WHITELEY			
1	Ganze, Cathy	64	SDSM-44	44.37	9
2	Jones, Clea	60	ROSE-33	51.89	7
3	Bennett, Kristin	64	ROSE-33	54.96	6
4	Moreno, Mary	60	BGWM-33	57.95	5
5	Moore Barnett, Barbara	61	MVN-33	1:06.51	4
---	Saul-Zachau, Joanne	63	LVM-33		DQ

Women 60-64 100 LC Meter Breaststroke

NATL: 1:27.24 # 8/18/2016		BETH ESTEL			
WORLD: 1:23.37 & 3/17/2018		Jenny WHITELEY			
1	Dolan LaMar, Diana	64	MVN-33	1:58.85	9
	57.57	1:58.85			
2	Bennett, Kristin	64	ROSE-33	2:04.18	7
	59.40	2:04.18			
3	Moreno, Mary	60	BGWM-33	2:06.77	6
	57.10	2:06.77			
4	Sindell, Linda	60	ROSE-33	2:15.88	5
	1:04.67	2:15.88			
---	Jones, Clea	60	ROSE-33		DQ
	55.66	DQ			

Women 60-64 100 LC Meter Breaststroke

NATL: 1:27.24 # 8/18/2016		BETH ESTEL		
WORLD: 1:23.37 & 3/17/2018		Jenny WHITELEY		
1	Brooks, Sherry M Wendze	61	MVN-33	2:10.57

Women 60-64 200 LC Meter Breaststroke

NATL: 3:08.07 # 6/29/2014		LO KNAPP			
WORLD: 3:04.15 & 3/18/2018		Jenny WHITELEY			
1	Thayer, Marieke	60	SDSM-44	4:07.89	9
	56.81	1:59.94	3:03.42	4:07.89	
2	Dolan LaMar, Diana	64	MVN-33	4:11.83	7
	58.49	2:03.75	3:08.35	4:11.83	
3	Bennett, Kristin	64	ROSE-33	4:16.56	6
	59.10	2:05.88	3:13.93	4:16.56	
4	Brooks, Sherry M Wendze	61	MVN-33	4:32.27	5
	1:01.02	2:10.57	3:21.64	4:32.27	

Women 60-64 50 LC Meter Butterfly

NATL: 31.11 # 8/11/2019		TRACI GRANGER		
WORLD: 31.11 & 8/11/2019		Traci GRANGER		
1	Brooks, Sherry M Wendze	61	MVN-33	55.43

Women 60-64 50 LC Meter Butterfly

NATL: 31.11 # 8/11/2019		TRACI GRANGER			
WORLD: 31.11 & 8/11/2019		Traci GRANGER			
1	Ganze, Cathy	64	SDSM-44	35.34	9
2	Oliver, April A	60	NBA-38	38.37	7
3	Cox, Helen	64	CVMM-33	40.41	6
4	Calderón, Teresita L	62	CVMM-33	43.28	5
5	Dolan LaMar, Diana	64	MVN-33	45.65	4
6	Thayer, Marieke	60	SDSM-44	48.59	3

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Results

(Women 60-64 50 LC Meter Butterfly)

7	Bennett, Kristin	64	ROSE-33	55.44	2
8	Niebrugge, Nancy	63	ROSE-33	1:06.53	1
9	Zeise, Lisa	61	UC33	1:12.84	

Women 60-64 100 LC Meter Butterfly

NATL: 1:12.06 # 8/4/2011 LAURA VAL
WORLD: 1:12.06 & 8/4/2011 Laura VAL

1	Brooks, Sherry M Wendze	61	MVN-33	2:07.50	
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Women 60-64 100 LC Meter Butterfly

NATL: 1:12.06 # 8/4/2011 LAURA VAL
WORLD: 1:12.06 & 8/4/2011 Laura VAL

1	Oliver, April A	60	NBA-38	1:34.28	9
	42.84	1:34.28			
2	Cox, Helen	64	CVMM-33	1:37.75	7
	45.44	1:37.75			
3	Dolan LaMar, Diana	64	MVN-33	1:46.29	6
	49.69	1:46.29			
4	Thayer, Marieke	60	SDSM-44	1:54.30	5
	51.35	1:54.30			
5	Brooks, Sherry M Wendze	61	MVN-33	2:12.94	4
	59.78	2:12.94			
6	Bennett, Kristin	64	ROSE-33	2:17.24	3
	1:04.80	2:17.24			
---	Zeise, Lisa	61	UC33		NS

Women 60-64 200 LC Meter Butterfly

NATL: 2:41.03 # 8/6/2011 LAURA VAL
WORLD: 2:41.03 & 8/6/2011 Laura VAL

1	Bennett, Kristin	64	ROSE-33	5:31.52	9
	1:03.49	5:31.52			
---	Brooks, Sherry M Wendze	61	MVN-33		NS

Women 60-64 200 LC Meter IM

NATL: 2:47.99 # 7/14/2013 LAURA VAL
WORLD: 2:44.62 & 3/20/2019 Jenny WHITELEY

1	Saul-Zachau, Joanne	63	LVM-33	3:28.04	9
	46.21	1:41.30	2:43.46	3:28.04	
2	Brooks, Sherry M Wendze	61	MVN-33	4:02.80	7
	57.34	2:02.49	3:11.93	4:02.80	
3	Bennett, Kristin	64	ROSE-33	4:46.20	6
	1:00.52	2:19.12	3:37.88	4:46.20	
---	Oliver, April A	60	NBA-38		NS
---	Calderón, Teresita L	62	CVMM-33		NS
---	Cox, Helen	64	CVMM-33		NS

Women 60-64 400 LC Meter IM

NATL: 5:56.27 # 7/8/2011 LAURA VAL
WORLD: 5:56.27 & 7/8/2011 Laura VAL

1	Thayer, Marieke	60	SDSM-44	7:42.68	9
	53.74	1:57.53	2:57.99	3:58.38	
	5:01.08	6:05.36	6:54.06	7:42.68	
2	Brooks, Sherry M Wendze	61	MVN-33	8:41.64	7
	55.43	2:07.50	3:16.23	4:24.82	
	5:35.23	6:46.45	7:44.87	8:41.64	
3	Bennett, Kristin	64	ROSE-33	9:45.66	6
	1:01.44	2:13.41	3:32.13	4:53.77	
	6:08.88	7:23.90	8:30.82	9:45.66	

Women 65-69 50 LC Meter Freestyle

NATL: 29.10 # 8/3/2019 PENNY NOYES
WORLD: 29.10 & 8/3/2019 Penny NOYES

1	Hibben, Veronica	65	NOVA-33	30.74	9
2	Jaunzeme, Andra	68	SDSM-44	34.15	7
3	Boscacci, Elizabeth	65	SBM-33	34.36	6
4	Johnson, Jill M	66	MSCA-33	39.06	5
5	Seaton, Jessica	68	WH20-33	42.38	4
6	Poulsen, Deanna	66	MVN-33	50.86	3

Women 65-69 100 LC Meter Freestyle

NATL: 1:04.89 # 7/30/2018 LAURA VAL
WORLD: 1:04.89 & 7/30/2018 Laura VAL

1	Hibben, Veronica	65	NOVA-33	1:08.35	9
	32.41	1:08.35			
2	Boscacci, Elizabeth	65	SBM-33	1:15.10	7
	34.76	1:15.10			
3	Lambert, Heather	67	LBG-33	1:28.88	6
	43.71	1:28.88			
4	Johnson, Jill M	66	MSCA-33	1:30.22	5
	41.92	1:30.22			
5	Seaton, Jessica	68	WH20-33	1:35.90	4
	45.41	1:35.90			

Women 65-69 200 LC Meter Freestyle

NATL: 2:25.29 # 8/18/2016 LAURA VAL
WORLD: 2:25.29 & 8/18/2016 Laura VAL

1	Hibben, Veronica	65	NOVA-33	2:33.00	9
	34.80	1:14.03	1:53.67	2:33.00	
2	Boscacci, Elizabeth	65	SBM-33	2:48.29	7
	36.69	1:18.35	2:02.52	2:48.29	
3	Poulsen, Deanna	66	MVN-33	4:10.35	6
	54.58	1:58.16	3:04.10	4:10.35	

Women 65-69 400 LC Meter Freestyle

NATL: 5:12.80 # 8/10/2019 LAURA VAL
WORLD: 5:12.80 & 8/10/2019 Laura VAL

1	Hibben, Veronica	65	NOVA-33	5:34.17	9
	37.16	1:18.74	2:01.48	2:44.35	
	3:26.62	4:09.39	4:52.26	5:34.17	
2	Boscacci, Elizabeth	65	SBM-33	6:01.93	7
	40.54	1:25.55	2:12.12	2:58.39	
	3:44.38	4:31.25	5:17.01	6:01.93	
3	Uthus, Gwen	67	MVN-33	6:26.86	6
	44.12	1:33.35	2:22.83	3:12.75	
	4:02.41	4:51.87	5:40.87	6:26.86	

Women 65-69 800 LC Meter Freestyle

NATL: 10:49.60 # 7/15/2017 LAURA VAL
WORLD: 10:49.60 & 7/15/2017 Laura VAL

1	Hibben, Veronica	65	NOVA-33	12:00.03	9
		1:23.96	2:09.45	2:55.04	
		4:26.67		5:59.08	
		7:31.90	8:18.24	9:04.08	
	9:49.73	10:35.89	11:20.54	12:00.03	

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Results

(Women 65-69 800 LC Meter Freestyle)

2	Boscacci, Elizabeth	65	SBM-33	12:30.44	7
	40.96	1:26.68	2:14.25	3:02.47	
	3:51.07	4:39.44	5:27.85	6:16.19	
	7:04.24	7:52.19	8:39.50	9:27.28	
	10:14.53	11:01.43	11:47.85	12:30.44	
3	Uthus, Gwen	67	MVN-33	13:11.66	6
	45.05	1:34.62	2:25.14	3:15.69	
	4:05.75	4:56.09	5:46.17	6:35.97	
	7:26.11	8:16.06	9:05.98	9:56.22	
	10:45.94	11:36.26	12:25.16	13:11.66	
4	Lambert, Heather	67	LBG-33	15:00.60	5
	48.06	1:42.73	2:39.99	3:36.24	
	4:32.73	5:29.82	6:26.72	7:23.74	
	8:20.98	9:16.64	10:12.41	11:08.59	
	12:05.95	13:04.48	14:03.72	15:00.60	
5	Hobbs, Delrie	67	UC33	17:09.71	4
	56.47	2:00.77	3:06.17	4:12.01	
	5:17.55	6:23.63	7:28.75	8:34.36	
	9:40.05	10:45.51	11:50.75	12:56.64	
	14:01.95	15:07.08	16:10.84	17:09.71	

Women 65-69 1500 LC Meter Freestyle

NATL: 21:00.15 # 7/22/2016 LAURA VAL

WORLD: 21:00.15 & 7/22/2016 Laura VAL

1	Hibben, Veronica	65	NOVA-33	23:09.53	9
	39.81	1:25.41	2:11.84	2:59.19	
	3:45.34	4:31.89	5:17.96	6:04.33	
	6:50.50	7:36.88	8:23.33	9:09.97	
	9:56.56	10:43.68	11:30.81	12:18.09	
	13:05.15	13:52.17	14:39.25	15:26.12	
	16:12.08	16:58.54	17:44.38	18:31.58	
	19:17.85	20:05.84	20:52.55	21:40.19	
	22:26.83	23:09.53			
2	Boscacci, Elizabeth	65	SBM-33	23:46.76	7
		1:29.62	2:18.14	3:06.28	
	3:55.27	4:43.46	5:31.22	6:19.75	
	7:06.96	7:55.55	8:43.98	9:32.17	
	10:20.07	11:07.92	11:55.67	12:43.62	
	13:31.32	14:19.40	15:07.71	15:55.24	
	16:42.64	17:30.13	18:18.69	19:05.87	
	19:53.51	20:41.82	21:29.46	22:16.94	
	23:03.36	23:46.76			
3	Uthus, Gwen	67	MVN-33	24:53.48	6
	45.14	1:34.33	2:24.31	3:14.66	
	4:04.67	4:54.47	5:44.72	6:35.41	
	7:25.22	8:15.18	9:05.46	9:55.23	
	10:45.09	11:34.78	12:24.43	13:14.23	
	14:04.50	14:53.72	15:44.00	16:33.95	
	17:23.70	18:14.35	19:04.19	19:54.07	
	20:43.87	21:33.41	22:23.15	23:13.23	
	24:05.08	24:53.48			

4	Lambert, Heather	67	LBG-33	28:40.09	5
	48.21	1:42.47	2:38.30	3:35.03	
	4:32.14	5:29.74	6:26.18	7:23.81	
	8:21.52	9:19.62	10:17.04	11:16.00	
	12:13.79	13:11.74	14:09.00	15:07.54	
	16:04.67	17:02.65	18:00.31	18:59.10	
	19:57.28	20:56.48	21:54.12	22:52.22	
	23:50.45	24:48.54	25:46.24	26:45.55	
	27:43.56	28:40.09			
5	Hobbs, Delrie	67	UC33	32:36.25	4
	55.74	1:58.73	3:03.57	4:08.23	
	5:13.38	6:18.67	7:23.54	8:29.80	
	9:33.82	10:39.45	11:44.52	12:50.60	
	13:54.96	15:00.55	16:06.17	17:12.02	
	18:17.46	19:23.37	20:28.97	21:35.04	
	22:41.86	23:48.25	24:54.40	26:02.07	
	27:09.21	28:16.71	29:23.62	30:31.02	
	31:36.69	32:36.25			

Women 65-69 50 LC Meter Backstroke

NATL: 33.59 # 8/2/2018 LAURA VAL

WORLD: 33.59 & 8/2/2018 Laura VAL

1	Jaunzeme, Andra	68	SDSM-44	41.11	9
2	Mc Cleave, Jeanne M	67	MVN-33	43.29	7
3	Boscacci, Elizabeth	65	SBM-33	44.58	6
4	Johnson, Jill M	66	MSCA-33	45.67	5
5	Seaton, Jessica	68	WH20-33	54.98	4
6	Poulsen, Deanna	66	MVN-33	58.50	3
7	Petlin, Rega	65	ROSE-33	1:03.08	2
---	Newcombe, Mary	66	ROSE-33	NS	

Women 65-69 100 LC Meter Backstroke

NATL: 1:14.49 # 7/31/2018 LAURA VAL

WORLD: 1:14.49 & 7/31/2018 Laura VAL

1	Jaunzeme, Andra	68	SDSM-44	1:30.24	9
	42.85	1:30.24			
2	Mc Cleave, Jeanne M	67	MVN-33	1:36.38	7
	45.05	1:36.38			
3	Johnson, Jill M	66	MSCA-33	1:39.52	6
	46.72	1:39.52			
4	Poulsen, Deanna	66	MVN-33	2:14.21	5
	58.40	2:14.21			
---	Newcombe, Mary	66	ROSE-33	NS	

Women 65-69 200 LC Meter Backstroke

NATL: 2:47.70 # 8/8/2019 LAURA VAL

WORLD: 2:47.70 & 8/8/2019 Laura VAL

1	Lambert, Heather	67	LBG-33	4:21.82	9
	1:02.95	2:09.42	3:16.72	4:21.82	
2	Poulsen, Deanna	66	MVN-33	4:56.44	7
	1:10.60	2:25.27	4:56.44		
---	Newcombe, Mary	66	ROSE-33	NS	

Women 65-69 50 LC Meter Breaststroke

NATL: 41.93 # 8/19/2016 DOT MUNGER

WORLD: 41.41 & 4/24/2016 Janette JEFFREY

1	Jaunzeme, Andra	68	SDSM-44	46.14	9
2	Boscacci, Elizabeth	65	SBM-33	47.77	7
3	Mc Cleave, Jeanne M	67	MVN-33	51.04	6
4	Seaton, Jessica	68	WH20-33	52.81	5

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(Women 65-69 50 LC Meter Breaststroke)

---	Newcombe, Mary	66	ROSE-33	NS
---	Petlin, Rega	65	ROSE-33	NS

Women 65-69 100 LC Meter Breaststroke

NATL: 1:32.24 # 8/10/2019 LO KNAPP				
WORLD: 1:32.24 & 8/10/2019 Lo D KNAPP				
1	Mc Cleave, Jeanne M	67	MVN-33	1:52.03 9
	52.19	1:52.03		
2	Seaton, Jessica	68	WH20-33	1:58.78 7
	56.62	1:58.78		
3	Petlin, Rega	65	ROSE-33	2:27.87 6
	1:07.25	2:27.87		
4	Poulsen, Deanna	66	MVN-33	2:38.90 5
	1:16.47	2:38.90		

Women 65-69 200 LC Meter Breaststroke

NATL: 3:19.08 # 7/21/2019 LO KNAPP				
WORLD: 3:19.08 & 7/21/2019 Lo D KNAPP				
1	Poulsen, Deanna	66	MVN-33	5:09.25 9
	1:08.37	2:29.48	3:50.95	5:09.25
2	Petlin, Rega	65	ROSE-33	5:16.15 7
	1:13.42	2:34.28	3:56.66	5:16.15

Women 65-69 50 LC Meter Butterfly

NATL: 32.93 # 8/4/2019 PENNY NOYES				
WORLD: 32.93 & 8/4/2019 Penny NOYES				
1	Hibben, Veronica	65	NOVA-33	35.27 9
2	Jaunzeme, Andra	68	SDSM-44	36.97 7
3	Williams, Pamela	65	MVN-33	46.08 6
4	Seaton, Jessica	68	WH20-33	53.49 5
---	Newcombe, Mary	66	ROSE-33	NS

Women 65-69 100 LC Meter Butterfly

NATL: 1:13.70 # 8/18/2016 LAURA VAL				
WORLD: 1:13.70 & 8/18/2016 Laura VAL				
1	Hibben, Veronica	65	NOVA-33	1:29.91 9
	41.88	1:29.91		
2	Lambert, Heather	67	LBG-33	1:58.88 7
	54.36	1:58.88		
3	Williams, Pamela	65	MVN-33	2:04.00 6
	50.69	2:04.00		

Women 65-69 200 LC Meter IM

NATL: 2:51.52 # 8/4/2019 PENNY NOYES				
WORLD: 2:51.52 & 8/4/2019 Penny NOYES				
1	Mc Cleave, Jeanne M	67	MVN-33	3:38.97 9
	49.87	1:43.07	2:45.86	3:38.97
2	Lambert, Heather	67	LBG-33	3:59.85 7
	49.53	1:58.60	3:08.72	3:59.85
3	Poulsen, Deanna	66	MVN-33	4:41.19 6
	1:09.96	3:44.00	4:41.19	
---	Newcombe, Mary	66	ROSE-33	NS

Women 65-69 400 LC Meter IM

NATL: 6:14.58 # 7/19/2019 PENNY NOYES				
WORLD: 6:14.58 & 7/19/2019 Penny NOYES				
1	Lambert, Heather	67	LBG-33	8:28.25 9
	56.23	2:02.57	3:09.23	4:19.51
	5:31.18	6:43.37	7:37.04	8:28.25

Women 70-74 50 LC Meter Freestyle

NATL: 31.26 # 7/31/2021 Laura Val				
WORLD: 31.26 & 7/31/2021 Laura Val				
1	Val, Laura	70	TAM-38	31.26# 9
2	Davis, Charlotte	71	PSM-36	32.58 7
3	Bradbury, Debbie	70	NOVA-33	38.03 6
4	Levinrad, Jan L	74	MVN-33	38.91 5
5	Church, Mary	71	WH20-33	53.89 4
6	Cannady, Cynthia	70	ROSE-33	58.01 3
7	Leopold, Lynda	73	ROSE-33	1:06.82 2

Women 70-74 100 LC Meter Freestyle

NATL: 1:07.78 # 7/31/2021 Laura Val				
WORLD: 1:07.78 & 7/31/2021 Laura Val				
1	Val, Laura	70	TAM-38	1:07.78# 9
	32.31	1:07.78		
2	Davis, Charlotte	71	PSM-36	1:11.21 7
	34.70	1:11.21		
3	Bradbury, Debbie	70	NOVA-33	1:26.50 6
	41.11	1:26.50		
4	Levinrad, Jan L	74	MVN-33	1:28.30 5
	41.16	1:28.30		
5	Leopold, Lynda	73	ROSE-33	2:34.64 4
	1:08.54	2:34.64		

Women 70-74 200 LC Meter Freestyle

NATL: 2:33.79 # 7/31/2021 Laura Val				
WORLD: 2:33.79 & 7/31/2021 Laura Val				
1	Val, Laura	70	TAM-38	2:33.79# 9
	33.68	54.42	2:33.79	
2	Bradbury, Debbie	70	NOVA-33	3:14.19 7
	40.36	1:34.62	1:43.92	3:14.19
3	Leopold, Lynda	73	ROSE-33	5:26.81 6
	1:11.34	2:39.70	4:05.77	5:26.81
---	Davis, Charlotte	71	PSM-36	NS

Women 70-74 400 LC Meter Freestyle

NATL: 5:25.00 # 7/31/2021 Laura Val				
WORLD: 5:25.00 & 7/31/2021 Laura Val				
1	Val, Laura	70	TAM-38	5:25.00# 9
	34.11	1:14.61	1:56.21	2:38.27
	3:19.90	4:01.82	4:43.60	5:25.00
2	Davis, Charlotte	71	PSM-36	5:41.33 7
	39.67	1:23.45	2:07.61	2:52.11
	3:36.31	4:19.98	5:01.47	5:41.33

Women 70-74 400 LC Meter Freestyle

NATL: 6:06.16 # 8/4/2018 CAROLYN BOAK				
WORLD: 5:54.97 & 7/18/2008 Yoshiko OSAKI				
1	Stengel, Alta	71	SDSM-44	7:50.45

Women 70-74 800 LC Meter Freestyle

NATL: 12:35.14 # 8/15/2004 LAVELLE STOINOFF				
WORLD: 12:13.07 & 11/1/2009 Yoshiko OSAKI				
1	Stengel, Alta	71	SDSM-44	15:51.84

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Women 70-74 800 LC Meter Freestyle

NATL: 11:42.97 # 7/31/2021 Charlotte Davis

WORLD: 11:42.97 & 7/31/2021 Charlotte Davis

1	Davis, Charlotte	71	PSM-36	11:42.97#	9
	41.93	1:27.87	2:13.92	3:00.43	
	3:44.92	4:30.08	5:14.32	5:59.62	
	6:43.46	7:28.62	8:11.28	8:55.07	
	9:37.66	10:21.25	11:03.34	11:42.97	

Women 70-74 1500 LC Meter Freestyle

NATL: 24:14.23 # 7/14/2018 MARCIA BARRY

WORLD: 23:49.60 & 3/11/2016 Jen THOMASSON

1	Stengel, Alta	71	SDSM-44	29:58.84	9
	52.68	1:49.62	2:49.96	3:48.46	
	4:49.38	5:49.65	6:50.16	7:50.45	
	8:49.19	9:51.70		11:51.54	
	12:51.16	13:52.23		15:51.84	
	16:51.06		17:19.47	17:52.04	
	18:52.15	19:53.09	20:53.79	21:54.63	
	23:18.63		24:55.60		
	26:58.20	29:58.84			

Women 70-74 50 LC Meter Backstroke

NATL: 39.11 # 8/4/2017 DIANN UUSTAL

WORLD: 38.69 & 10/24/2015 Margit OHLSSON

1	Levinrad, Jan L	74	MVN-33	50.13	9
2	Cannady, Cynthia	70	ROSE-33	58.22	7
3	Church, Mary	71	WH20-33	1:15.02	6
4	Leopold, Lynda	73	ROSE-33	1:37.18	5
---	Scherwat Ducourneau, Wendy	71	GRA-33		NS
---	Stengel, Alta	71	SDSM-44		NS

Women 70-74 100 LC Meter Backstroke

NATL: 1:25.54 # 8/6/2017 DIANN UUSTAL

WORLD: 1:25.20 & 5/9/2015 Margit OHLSSON

1	Levinrad, Jan L	74	MVN-33	1:48.99	9
	52.45	1:48.99			
2	Stengel, Alta	71	SDSM-44	1:59.25	7
	57.94	1:59.25			
3	Leopold, Lynda	73	ROSE-33	3:15.14	6
	1:35.26	3:15.14			
---	Scherwat Ducourneau, Wendy	71	GRA-33		NS

Women 70-74 200 LC Meter Backstroke

NATL: 3:00.19 # 7/31/2021 Laura Val

WORLD: 3:00.19 & 7/31/2021 Laura Val

1	Val, Laura	70	TAM-38	3:00.19#	9
	40.28	1:26.61	2:13.46	3:00.19	
2	Leopold, Lynda	73	ROSE-33	6:55.65	7
	1:37.20	3:18.56	5:03.54	6:55.65	
---	Scherwat Ducourneau, Wendy	71	GRA-33		NS
---	Stengel, Alta	71	SDSM-44		NS

Women 70-74 50 LC Meter Breaststroke

NATL: 43.19 # 8/3/2018 DANA BROWN

WORLD: 41.67 & 6/22/2014 Monika SENFTLEBEN

1	Davis, Charlotte	71	PSM-36	43.92	9
2	Cannady, Cynthia	70	ROSE-33	1:01.58	7
3	Church, Mary	71	WH20-33	1:17.35	6
---	Scherwat Ducourneau, Wendy	71	GRA-33		NS

Women 70-74 100 LC Meter Breaststroke

NATL: 1:36.91 # 7/31/2021 Charlotte Davis

WORLD: 1:35.93 & 10/2/2016 Nobuko YASUDA

1	Davis, Charlotte	71	PSM-36	1:36.91#	9
	46.80	1:36.91			
---	Cannady, Cynthia	70	ROSE-33		DQ
	1:04.81	DQ			
---	Scherwat Ducourneau, Wendy	71	GRA-33		NS

Women 70-74 200 LC Meter Breaststroke

NATL: 3:34.49 # 8/20/2011 JOANN LEILICH

WORLD: 3:29.25 & 7/15/2017 Nobuko YASUDA

---	Scherwat Ducourneau, Wendy	71	GRA-33		NS
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Women 70-74 50 LC Meter Butterfly

NATL: 35.02 # 8/5/2017 DIANN UUSTAL

WORLD: 35.02 & 8/5/2017 Diann UUSTAL

1	Val, Laura	70	TAM-38	35.25	9
2	Bradbury, Debbie	70	NOVA-33	46.85	7
3	Levinrad, Jan L	74	MVN-33	49.53	6
4	Stengel, Alta	71	SDSM-44	54.06	5
5	Church, Mary	71	WH20-33	1:16.69	4

Women 70-74 100 LC Meter Butterfly

NATL: 1:20.81 # 7/31/2021 Laura Val

WORLD: 1:20.81 & 7/31/2021 Laura Val

1	Val, Laura	70	TAM-38	1:20.81#	9
	37.36	1:20.81			
---	Stengel, Alta	71	SDSM-44		NS

Women 70-74 200 LC Meter IM

NATL: 3:00.96 # 7/31/2021 Laura Val

WORLD: 3:00.96 & 7/31/2021 Laura Val

1	Val, Laura	70	TAM-38	3:00.96#	9
	36.42	1:22.84	2:21.06	3:00.96	
---	Stengel, Alta	71	SDSM-44		NS
---	Scherwat Ducourneau, Wendy	71	GRA-33		NS

Women 75-79 50 LC Meter Freestyle

NATL: 35.27 # 6/6/1921 DIANN UUSTAL

WORLD: 34.85 & 3/3/2006 Jane ASHER

1	Montrella, Beverly	75	MVN-33	35.48	
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Women 75-79 50 LC Meter Freestyle

NATL: 35.27 # 6/6/2021 DIANN UUSTAL

WORLD: 34.85 & 3/3/2006 Jane ASHER

1	Ingersoll, Sarah	79	UC33	1:17.09	9
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Women 75-79 100 LC Meter Freestyle

NATL: 1:26.36 # 7/31/2005 GAIL ROPER

WORLD: 1:19.71 & 7/19/2014 Yoshiko OSAKI

1	Montrella, Beverly	75	MVN-33	1:29.55	
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Women 75-79 100 LC Meter Freestyle

NATL: 1:26.36 # 7/31/2005 GAIL ROPER

WORLD: 1:19.71 & 7/19/2014 Yoshiko OSAKI

1	Montrella, Beverly	75	MVN-33	1:30.98	9
	43.95	1:30.98			

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Women 75-79 200 LC Meter Freestyle

NATL: 3:13.24 # 7/31/2005 GAIL ROPER

WORLD: 2:54.26 & 9/27/2013 Yoshiko OSAKI

1 Montrella, Beverly 75 MVN-33 3:14.71

Women 75-79 400 LC Meter Freestyle

NATL: 6:55.29 # 7/31/2021 Beverly Montrella

WORLD: 6:12.25 & 7/12/2013 Yoshiko OSAKI

1 Montrella, Beverly 75 MVN-33 6:55.29# 9

47.55 1:40.22 2:33.30 3:26.95

4:20.36 5:13.61 6:05.87 6:55.29

Women 75-79 400 LC Meter Freestyle

NATL: 6:55.62 # 8/11/2002 JEAN TROY

WORLD: 6:12.25 & 7/12/2013 Yoshiko OSAKI

1 Montrella, Beverly 75 MVN-33 7:10.62

Women 75-79 800 LC Meter Freestyle

NATL: 14:10.50 # 9/9/2001 JUNE KRAUSER

WORLD: 12:58.94 & 10/22/2006 Jane ASHER

1 Montrella, Beverly 75 MVN-33 14:21.83

Women 75-79 1500 LC Meter Freestyle

NATL: 26:48.86 # 7/30/2021 Beverly Montrella

WORLD: 24:41.76 & 3/3/2006 Jane ASHER

1 Montrella, Beverly 75 MVN-33 26:48.86# 9

48.24 1:42.33 2:36.14 3:31.92

4:26.48 5:21.66 6:15.14 7:10.62

8:04.27 8:58.69 9:51.77 10:46.17

11:39.72 12:33.59 13:26.91 14:21.83

15:15.42 16:10.19 17:03.18 17:57.41

18:50.39 19:44.76 20:37.99 21:32.88

22:26.20 23:20.04 24:13.02 25:06.76

25:58.36 26:48.86

Women 75-79 50 LC Meter Backstroke

NATL: 41.22 # 6/5/1921 DIANN UUSTAL

WORLD: 40.27 & 4/28/2019 Clary MUNNS

1 Montrella, Beverly 75 MVN-33 45.01

Women 75-79 50 LC Meter Backstroke

NATL: 41.22 # 6/5/1921 DIANN UUSTAL

WORLD: 40.27 & 4/28/2019 Clary MUNNS

1 Montrella, Beverly 75 MVN-33 52.32 9

Women 75-79 100 LC Meter Backstroke

NATL: 1:29.76 # 6/6/2021 DIANN UUSTAL

WORLD: 1:28.96 & 4/27/2019 Clary MUNNS

1 Montrella, Beverly 75 MVN-33 1:47.89 9

54.03 1:47.89

Women 75-79 200 LC Meter Backstroke

NATL: 3:18.25 # 6/5/2021 DIANN UUSTAL

WORLD: 3:16.80 & 4/28/2019 Clary MUNNS

1 Montrella, Beverly 75 MVN-33 3:51.83 9

56.58 1:56.16 2:56.42 3:51.83

Women 75-79 50 LC Meter Breaststroke

NATL: 47.10 # 7/19/2014 JOANN LEILICH

WORLD: 43.95 & 3/6/2010 Shoko YONEZAWA

1 Montrella, Beverly 75 MVN-33 58.39

Women 75-79 100 LC Meter Breaststroke

NATL: 1:42.18 # 8/15/2014 JOANN LEILICH

WORLD: 1:38.81 & 3/6/2010 Shoko YONEZAWA

1 Montrella, Beverly 75 MVN-33 1:58.13 9
58.39 1:58.13**Women 75-79 50 LC Meter Butterfly**

NATL: 44.95 # 8/1/2004 GAIL ROPER

WORLD: 38.93 & 5/25/2019 Judy WILSON

1 Montrella, Beverly 75 MVN-33 53.02

Women 75-79 200 LC Meter IM

NATL: 3:38.23 # 7/21/2019 DANIELA BARNEA

WORLD: 3:25.01 & 4/13/2019 Clary MUNNS

1 Montrella, Beverly 75 MVN-33 3:47.23 9
53.02 1:52.90 2:57.43 3:47.23**Women 80-84 50 LC Meter Freestyle**

NATL: 38.64 # 3/7/2009 GAIL ROPER

WORLD: 36.61 & 7/15/2018 Yoshiko OSAKI

1 Little, Jeanne 84 MVN-33 54.21 9

Women 80-84 100 LC Meter Freestyle

NATL: 1:27.55 # 3/7/2009 GAIL ROPER

WORLD: 1:23.16 & 7/14/2018 Yoshiko OSAKI

--- Little, Jeanne 84 MVN-33 NS

Women 80-84 200 LC Meter Freestyle

NATL: 3:27.26 # 6/10/2007 JEAN TROY

WORLD: 3:05.95 & 9/20/2019 Yoshiko OSAKI

1 Little, Jeanne 84 MVN-33 5:01.00 9
3:41.36 5:01.00**Women 80-84 50 LC Meter Backstroke**

NATL: 46.39 # 3/29/2002 BUNNY CEDERLUND

WORLD: 45.67 & 7/16/2018 Yoshiko OSAKI

--- Little, Jeanne 84 MVN-33 NS

Women 100-104 50 LC Meter Freestyle

NATL: 1:12.84 # 7/31/2021 Maurine E Kornfeld

WORLD: 1:12.84 & 7/31/2021 Maurine E Kornfeld

1 Kornfeld, Maurine E 100 ROSE-33 1:12.84# 9

Women 100-104 100 LC Meter Freestyle

NATL: 2:52.45 # 7/11/2021 MAURINE KORNFELD

WORLD: 2:52.45 & 7/11/2021 Maurine KORNFELD

1 Kornfeld, Maurine E 100 ROSE-33 3:00.29 9
1:18.21 3:00.29**Women 100-104 200 LC Meter Freestyle**

NATL: 6:33.32 # 7/31/2021 Maurine E Kornfeld

WORLD: 6:33.32 & 7/31/2021 Maurine E Kornfeld

1 Kornfeld, Maurine E 100 ROSE-33 6:33.32# 9
1:22.14 3:11.11 4:52.25 6:33.32**Women 100-104 50 LC Meter Backstroke**

NATL: 1:29.84 # 8/1/2021 Maurine E Kornfeld

WORLD: 1:29.84 & 8/1/2021 Maurine E Kornfeld

1 Kornfeld, Maurine E 100 ROSE-33 1:29.84#

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Women 100-104 50 LC Meter Backstroke

NATL: 1:29.84 # 8/1/2021 MAURINE KORNFELD

WORLD: 1:29.84 & 8/1/2021 Maurine KORNFELD

1 Kornfeld, Maurine E 100 ROSE-33 1:30.84 9

Women 100-104 100 LC Meter Backstroke

NATL: 3:04.26 # 7/31/2021 Maurine E Kornfeld

WORLD: 3:04.26 & 7/31/2021 Maurine E Kornfeld

1 Kornfeld, Maurine E 100 ROSE-33 3:04.26# 9

1:26.58 3:04.26

Women 100-104 200 LC Meter Backstroke

NATL: 6:40.62 # 7/11/2021 MAURINE KORNFELD

WORLD: 6:40.62 & 7/11/2021 Maurine KORNFELD

1 Kornfeld, Maurine E 100 ROSE-33 6:46.27 9

Men 18-24 50 LC Meter Freestyle

NATL: 21.78 # 7/1/2012 JOSH SCHNEIDER

1 Bilaver, Mathew 21 GRA-33 25.86 9

2 Polakoff, Taras 22 UC33 26.71 7

3 Chavez, Matthew 23 UC33 27.03 6

4 Ramirez, Joshua 22 ROSE-33 27.20 5

5 Graczyk, Sawyer 19 CVMM-33 27.63 4

6 Hirshon, Noah 21 ROSE-33 27.87 3

7 Brown, Daniel 19 LVM-33 28.10 2

8 Lopez, Oscar 22 MVN-33 28.50 1

9 Lee, Darren 22 RMDA-33 31.40

10 Sherburne, Cole A 22 MVN-33 34.85

Men 18-24 100 LC Meter Freestyle

NATL: 48.45 # 6/16/2021 COLEMAN STEWART

1 Breen, David 24 MVN-33 59.87 9

28.55 59.87

2 Brown, Daniel 19 LVM-33 1:00.21 7

28.89 1:00.21

3 Graczyk, Sawyer 19 CVMM-33 1:01.70 6

29.14 1:01.70

4 Lopez, Oscar 22 MVN-33 1:03.63 5

30.38 1:03.63

5 Hirshon, Noah 21 ROSE-33 1:04.16 4

29.28 1:04.16

6 Sherburne, Cole A 22 MVN-33 1:22.67 3

38.36 1:22.67

--- Bilaver, Mathew 21 GRA-33 NS

Men 18-24 200 LC Meter Freestyle

NATL: 1:52.74 # 8/16/1998 JOE TRISTAN

1 Brown, Daniel 19 LVM-33 2:10.97 9

31.39 1:04.14 1:38.00 2:10.97

2 Graczyk, Sawyer 19 CVMM-33 2:12.62 7

29.83 1:03.50 1:37.85 2:12.62

3 Polakoff, Taras 22 UC33 2:16.31 6

30.72 1:04.91 1:40.16 2:16.31

Men 18-24 400 LC Meter Freestyle

NATL: 4:04.68 # 8/13/2007 HYUN SEUNG LEE

1 Lee, Darren 22 RMDA-33 5:44.41 9

35.83 1:16.03 1:58.48 2:42.72

3:27.41 4:12.97 4:59.31 5:44.41

Men 18-24 50 LC Meter Backstroke

NATL: 26.91 # 8/15/2005 DAVE ROLLINS

1 Polakoff, Taras 22 UC33 29.86 9

2 Hirshon, Noah 21 ROSE-33 32.34 7

3 Lopez, Oscar 22 MVN-33 33.40 6

4 Lee, Darren 22 RMDA-33 35.20 5

5 Graczyk, Sawyer 19 CVMM-33 37.49 4

Men 18-24 50 LC Meter Backstroke

NATL: 26.91 # 8/15/2005 DAVE ROLLINS

1 Graczyk, Sawyer 19 CVMM-33 35.13

Men 18-24 100 LC Meter Backstroke

NATL: 53.61 # 6/27/2012 EUGENE GODSOE

1 Hirshon, Noah 21 ROSE-33 1:05.08 9

30.62 1:05.08

2 Brown, Daniel 19 LVM-33 1:07.50 7

33.36 1:07.50

3 Lopez, Oscar 22 MVN-33 1:11.29 6

35.11 1:11.29

4 Graczyk, Sawyer 19 CVMM-33 1:15.84 5

36.41 1:15.84

5 Sherburne, Cole A 22 MVN-33 1:41.06 4

50.07 1:41.06

Men 18-24 200 LC Meter Backstroke

NATL: 2:03.82 # 7/30/2018 TAKEHARU FUJIMORI

1 Brown, Daniel 19 LVM-33 2:23.73 9

34.43 1:10.08 1:46.84 2:23.73

2 Polakoff, Taras 22 UC33 2:30.36 7

34.61 1:12.27 1:51.08 2:30.36

3 Hirshon, Noah 21 ROSE-33 2:32.34 6

35.14 1:14.16 1:52.60 2:32.34

--- Breen, David 24 MVN-33 NS

Men 18-24 50 LC Meter Breaststroke

NATL: 28.87 # 8/15/2005 DAVE ROLLINS

1 DelGrosso, Giorgio D 23 SCAQ-33 29.06 9

2 Polakoff, Taras 22 UC33 36.06 7

3 Lee, Darren 22 RMDA-33 40.66 6

4 Graczyk, Sawyer 19 CVMM-33 43.28 5

Men 18-24 100 LC Meter Breaststroke

NATL: 1:00.68 # 8/25/2016 JACOB MONTAGUE

1 DelGrosso, Giorgio D 23 SCAQ-33 1:03.93 9

30.17 1:03.93

2 Sherburne, Cole A 22 MVN-33 1:52.70 7

54.30 1:52.70

Men 18-24 200 LC Meter Breaststroke

NATL: 2:11.10 # 6/29/2012 ELLIOT KEEFER

1 DelGrosso, Giorgio D 23 SCAQ-33 2:22.73 9

32.72 1:08.72 1:45.35 2:22.73

Men 18-24 50 LC Meter Butterfly

NATL: 24.20 # 8/8/2014 THOMAS SHIELDS

1 Polakoff, Taras 22 UC33 28.30 9

2 Chavez, Matthew 23 UC33 28.60 7

3 Hirshon, Noah 21 ROSE-33 29.95 6

4 Lopez, Oscar 22 MVN-33 30.64 5

5 Ramirez, Joshua 22 ROSE-33 30.81 4

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(Men 18-24 50 LC Meter Butterfly)

6	Graczyk, Sawyer	19	CVMM-33	31.47	3
7	Lee, Darren	22	RMDA-33	35.39	2

Men 18-24 100 LC Meter Butterfly

NATL: 51.29 # 8/8/2014 THOMAS SHIELDS

1	Breen, David	24	MVN-33	1:04.62	9
				30.13	1:04.62
2	Lopez, Oscar	22	MVN-33	1:12.87	7
				33.34	1:12.87
3	Sherburne, Cole A	22	MVN-33	2:04.10	6
				55.32	2:04.10

Men 18-24 200 LC Meter IM

NATL: 2:05.80 # 6/30/2016 JACOB MONTAGUE

1	DelGrosso, Giorgio D	23	SCAQ-33	2:14.38	9
				27.88	1:02.62
				1:40.78	2:14.38
2	Brown, Daniel	19	LVM-33	2:25.42	7
				30.26	1:06.88
				1:51.74	2:25.42
3	Graczyk, Sawyer	19	CVMM-33	2:40.23	6
				31.84	1:13.36
				2:04.88	2:40.23
4	Lee, Darren	22	RMDA-33	2:53.28	5
				35.50	1:18.33
				2:10.19	2:53.28
5	Sherburne, Cole A	22	MVN-33	3:47.46	4
				1:50.09	2:59.98
				3:47.46	

Men 18-24 400 LC Meter IM

NATL: 4:44.53 # 8/21/2010 PETER GALAN

1	Brown, Daniel	19	LVM-33	5:10.52	9
				31.96	1:07.67
				1:47.92	2:26.04
				3:13.35	4:00.07
				4:36.67	5:10.52
2	Breen, David	24	MVN-33	5:42.86	7
				31.73	1:09.42
				1:53.32	2:36.47
				3:28.26	4:21.58
				5:02.45	5:42.86

Men 25-29 50 LC Meter Freestyle

NATL: 21.69 # 8/10/2014 NATHAN ADRIAN

WORLD: 22.30 & 2/18/2017 ALIUKKONEN

1	Nguyen, Cory	26	CMAC-33	25.80	9
2	O'Donnell, Patrick	29	TRB-33	27.40	7
3	Shi, Eric	27	NOVA-33	27.47	6
4	Peralta, Daniel	25	MVN-33	27.50	5
5	Pierce, Jonathan T	28	GRA-33	28.03	4
6	Barmann, Andrew B	28	CVMM-33	29.35	3

Men 25-29 50 LC Meter Freestyle

NATL: 21.69 # 8/10/2014 NATHAN ADRIAN

WORLD: 22.30 & 2/18/2017 ALIUKKONEN

1	Barmann, Andrew B	28	CVMM-33	29.60
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Men 25-29 100 LC Meter Freestyle

NATL: 47.96 # 6/27/2017 NATHAN ADRIAN

WORLD: 50.45 & 6/7/2013 Matthew MCGINNIS

1	Nguyen, Cory	26	CMAC-33	56.34	9
				27.24	56.34
2	Shi, Eric	27	NOVA-33	1:00.40	7
				28.69	1:00.40
3	Pierce, Jonathan T	28	GRA-33	1:00.43	6
				29.04	1:00.43

4	Hulburd, Kyle	26	SPP-33	1:05.70	5
				31.51	1:05.70
5	Mejia, Pedro	29	SPP-33	2:48.78	4
				58.95	2:48.78

Men 25-29 200 LC Meter Freestyle

NATL: 1:50.69 # 6/26/2013 ALEX WOLD

WORLD: 1:50.76 & 8/16/2017 D.DURANGO

1	Nguyen, Cory	26	CMAC-33	2:06.35	9
				28.63	1:01.09
				1:33.92	2:06.35
2	Pierce, Jonathan T	28	GRA-33	2:07.71	7
				29.64	1:01.82
				1:34.54	2:07.71
3	O'Donnell, Patrick	29	TRB-33	2:18.95	6
				30.72	1:05.82
				1:42.74	2:18.95
4	Shi, Eric	27	NOVA-33	2:21.42	5
				31.26	1:06.21
				1:43.61	2:21.42

Men 25-29 400 LC Meter Freestyle

NATL: 3:55.01 # 6/28/2013 ALEX WOLD

WORLD: 4:00.98 & 8/18/2002 Honza VITAZKA

1	Pierce, Jonathan T	28	GRA-33	4:36.05	9
				29.75	1:02.57
				1:37.55	2:13.14
				2:48.41	3:24.51
				4:00.35	4:36.05
2	Barmann, Andrew B	28	CVMM-33	4:49.62	7
				32.72	1:08.44
				1:45.68	2:23.02
				3:00.17	3:38.11
				4:14.49	4:49.62
3	O'Donnell, Patrick	29	TRB-33	5:03.48	6
				32.64	1:08.24
				1:45.74	2:24.88
				3:04.68	3:44.42
				4:24.80	5:03.48

Men 25-29 800 LC Meter Freestyle

NATL: 8:24.67 # 6/29/1997 ALEX KOSTICH

WORLD: 8:24.67 & 6/29/1997 Alex KOSTICH

1	Barmann, Andrew B	28	CVMM-33	10:09.81	9
				33.68	1:10.07
				1:47.48	2:25.52
				3:03.90	3:42.50
				4:21.70	5:01.21
				5:40.28	6:19.80
				6:59.14	7:38.08
				8:16.88	8:55.50
				9:33.63	10:09.81

Men 25-29 50 LC Meter Backstroke

NATL: 26.05 # 5/22/2011 ADAM MANIA

WORLD: 25.44 & 4/3/2016 Anton BUTYMOV

1	Barmann, Andrew B	28	CVMM-33	34.76
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Men 25-29 50 LC Meter Backstroke

NATL: 26.05 # 5/22/2011 ADAM MANIA

WORLD: 25.44 & 4/3/2016 Anton BUTYMOV

1	Nguyen, Cory	26	CMAC-33	30.41	9
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Men 25-29 100 LC Meter Backstroke

NATL: 55.15 # 8/3/2011 ADAM MANIA

WORLD: 55.87 & 4/12/2013 Kurt CROSLAND

1	Nguyen, Cory	26	CMAC-33	1:03.72	9
				30.71	1:03.72

Men 25-29 200 LC Meter Backstroke

NATL: 2:03.61 # 6/24/2017 HAYES JOHNSON

WORLD: 2:02.76 & 4/26/2019 Dmitriy GORBUNOV

1	Nguyen, Cory	26	CMAC-33	2:20.78	9
				33.92	1:10.47
				1:46.57	2:20.78

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Men 25-29 50 LC Meter Breaststroke

NATL: 27.96 # 8/4/2011		MARK GANGLOFF	
WORLD: 27.21 & 4/18/2021		Kirill STRELNIKOV	
1	Peralta, Daniel	25 MVN-33	33.75 9
2	Shi, Eric	27 NOVA-33	35.32 7
3	Barmann, Andrew B	28 CVMM-33	36.96 6
---	Hulburd, Kyle	26 SPP-33	NS

Men 25-29 100 LC Meter Breaststroke

NATL: 1:00.68 # 6/28/2013		BJ JOHNSON	
WORLD: 1:00.39 & 4/16/2021		Kirill STRELNIKOV	
1	Peralta, Daniel	25 MVN-33	1:13.57 9
	34.22 1:13.57		
2	Barmann, Andrew B	28 CVMM-33	1:24.22 7
	40.11 1:24.22		
3	Tran, Danh	25 NOVA-33	1:26.57 6
	40.67 1:26.57		

Men 25-29 50 LC Meter Butterfly

NATL: 23.71 # 8/16/2008		KOHEI KAWAMOTO	
WORLD: 23.71 & 8/16/2008		Kohei KAWAMOTO	
1	Nguyen, Cory	26 CMAC-33	27.68 9
2	O'Donnell, Patrick	29 TRB-33	28.57 7
3	Shi, Eric	27 NOVA-33	29.27 6
4	Pierce, Jonathan T	28 GRA-33	30.27 5
5	Tran, Danh	25 NOVA-33	34.33 4

Men 25-29 100 LC Meter Butterfly

NATL: 51.20 # 7/2/2016		THOMAS SHIELDS	
WORLD: 53.09 & 8/15/2008		Kohei KAWAMOTO	
1	Nguyen, Cory	26 CMAC-33	1:02.03 9
	29.05 1:02.03		
2	Peralta, Daniel	25 MVN-33	1:04.74 7
	29.90 1:04.74		
3	Shi, Eric	27 NOVA-33	1:07.45 6
	30.88 1:07.45		
4	Pierce, Jonathan T	28 GRA-33	1:07.52 5
	31.00 1:07.52		

Men 25-29 200 LC Meter IM

NATL: 2:04.40 # 7/14/2013		ADAM RITTER	
WORLD: 2:03.62 & 4/28/2019		Dmitriy GORBUNOV	
1	Pierce, Jonathan T	28 GRA-33	2:33.25 9
	31.12 1:11.19 1:58.47 2:33.25		
2	Shi, Eric	27 NOVA-33	2:35.26 7
	29.66 1:12.72 1:59.89 2:35.26		
3	Barmann, Andrew B	28 CVMM-33	2:36.92 6
	31.95 1:15.40 2:02.17 2:36.92		

Men 30-34 50 LC Meter Freestyle

NATL: 21.55 # 8/10/2014		ANTHONY ERVIN	
WORLD: 22.13 & 7/13/2013		Roland SCHOEMAN	
1	Cook, John	33 MVN-33	25.80 9
2	TerBush, Ryan	31 MVN-33	25.97 7

Men 30-34 200 LC Meter Freestyle

NATL: 1:49.34 # 8/7/2014		DARIAN TOWNSEND	
WORLD: 1:49.56 & 8/6/2016		Darian TOWNSEND	
---	Cook, John	33 MVN-33	NS

Men 30-34 100 LC Meter Backstroke

NATL: 52.71 # 6/30/2017		MATT GREVERS	
WORLD: 55.93 & 7/13/2014		Darian TOWNSEND	
1	TerBush, Ryan	31 MVN-33	1:06.95 9
	1:03.37 1:06.95		

Men 30-34 50 LC Meter Breaststroke

NATL: 27.26 # 6/15/2019		BRANDON FISCHER	
WORLD: 27.95 & 9/1/2019		Ryo KOBAYASHI	
1	Lee, Jeff	34 MVN-33	45.06 9

Men 30-34 100 LC Meter Breaststroke

NATL: 59.86 # 6/13/2019		BRANDON FISCHER	
WORLD: 1:01.25 & 8/31/2019		Ryo KOBAYASHI	
1	TerBush, Ryan	31 MVN-33	1:14.60 9
	34.83 1:14.60		
---	Lee, Jeff	34 MVN-33	NS

Men 30-34 200 LC Meter Breaststroke

NATL: 2:11.91 # 6/14/2019		BRANDON FISCHER	
WORLD: 2:18.04 & 7/7/2012		Gary MARSHALL	
---	Lee, Jeff	34 MVN-33	NS

Men 30-34 50 LC Meter Butterfly

NATL: 23.26 # 7/13/2013		ROLAND SCHOEMAN	
WORLD: 23.26 & 7/13/2013		Roland SCHOEMAN	
1	TerBush, Ryan	31 MVN-33	27.80 9

Men 30-34 400 LC Meter IM

NATL: 4:20.81 # 7/23/2016		DARIAN TOWNSEND	
WORLD: 4:20.81 & 7/23/2016		Darian TOWNSEND	
1	Lee, Jeff	34 MVN-33	7:41.55 9
	41.79 1:34.78 2:43.15 3:50.56		
	4:55.41 6:04.74 6:53.28 7:41.55		

Men 35-39 50 LC Meter Freestyle

NATL: 22.99 # 6/19/2021		MATT GREVERS	
WORLD: 22.76 & 8/20/2005		Mark FOSTER	
1	Bartosh, Travis	38 NOVA-33	27.58 9
2	Ramadan, Zeyad S	35 MVN-33	28.05 7
3	Costa Sitja, Marc	35 ROSE-33	31.49 6
---	Giometti, Danny	35 MVN-33	NS

Men 35-39 100 LC Meter Freestyle

NATL: 51.49 # 7/16/1995		ROWDY GAINES	
WORLD: 50.78 & 9/27/2009		Hideaki HARA	
1	Giometti, Danny	35 MVN-33	56.78 9
	27.12 56.78		
2	Ramadan, Zeyad S	35 MVN-33	1:03.06 7
	29.81 1:03.06		
3	Bartosh, Travis	38 NOVA-33	1:03.74 6
	30.97 1:03.74		
4	Costa Sitja, Marc	35 ROSE-33	1:09.64 5
	33.70 1:09.64		

Men 35-39 200 LC Meter Freestyle

NATL: 1:49.23 # 6/14/1921		RYAN LOCHTE	
WORLD: 1:52.84 & 8/6/2006		Vlad PYSHNENKO	
1	Ramadan, Zeyad S	35 MVN-33	2:24.34 9
	30.78 1:06.88 1:44.83 2:24.34		

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(Men 35-39 200 LC Meter Freestyle)

2	Bartosh, Travis	38	NOVA-33	2:31.33	7
	34.89	1:13.61	2:31.33		
3	Costa Sitja, Marc	35	ROSE-33	2:32.46	6
	35.02	1:13.62	1:53.48	2:32.46	
---	Giometti, Danny	35	MVN-33		NS

Men 35-39 400 LC Meter Freestyle

NATL: 4:07.64 # 7/16/1995 ROWDY GAINES

WORLD: 4:05.91 & 3/10/2012 Petar STOYCHEV

1	Morris, Jeffrey	37	SWLB-33	4:53.64	9
	32.72	1:08.25	1:44.79	2:21.87	
	2:59.25	3:37.40	4:15.59	4:53.64	
2	Costa Sitja, Marc	35	ROSE-33	5:17.39	7
	35.03	1:12.69	1:52.14	2:32.95	
	3:12.66	3:55.61	5:17.39		
3	Ramadan, Zeyad S	35	MVN-33	5:18.84	6
	35.32	1:13.74	1:53.61	2:33.97	
	3:14.75	3:56.37	4:38.61	5:18.84	

Men 35-39 800 LC Meter Freestyle

NATL: 8:38.73 # 11/12/1995 ROWDY GAINES

WORLD: 8:18.44 & 3/10/2012 Petar STOYCHEV

1	Costa Sitja, Marc	35	ROSE-33	10:53.84	9
	35.69	1:14.32	1:54.56	2:35.19	
	3:16.04	3:57.50	4:38.98	5:20.13	
	6:01.78	6:43.40	7:25.47	8:07.48	
	8:49.60	9:31.83	10:14.11	10:53.84	
2	Ramadan, Zeyad S	35	MVN-33	11:29.10	7
	37.73	1:19.76	2:02.60	2:46.46	
	3:30.03	4:14.43	4:58.57	5:43.43	
	6:28.11	7:12.17	7:55.37	8:38.36	
	9:20.79	10:03.93	10:48.04	11:29.10	

Men 35-39 1500 LC Meter Freestyle

NATL: 16:32.72 # 8/14/2008 CHRISTOPHER DERKS

WORLD: 16:00.04 & 3/11/2012 Petar STOYCHEV

1	Giometti, Danny	35	MVN-33	18:47.87	9
	33.76	1:11.00	1:48.51		
	3:03.14	3:40.89	4:17.92	4:55.85	
	5:33.20	6:11.74	6:48.99		
	8:04.99	8:43.66	9:21.87	10:00.31	
	10:38.53	11:17.60	11:56.36	12:35.10	
	13:13.04	13:51.82	14:29.69	15:08.02	
	15:45.35	16:23.65	16:59.37	17:37.01	
	18:13.73	18:47.87			
2	Costa Sitja, Marc	35	ROSE-33	22:10.57	7
	35.63	1:15.17	1:55.92	2:37.51	
	3:18.94	4:02.00	4:44.65	5:30.62	
	6:12.81	6:55.70	7:39.48	8:24.31	
	9:09.35	9:54.63	10:39.90	11:25.71	
	12:11.67	12:57.96	13:44.25	14:30.39	
	15:15.90	16:02.46	16:49.37	17:37.39	
	18:24.60	19:11.91	19:58.26	20:45.45	
	21:28.78	22:10.57			

Men 35-39 50 LC Meter Backstroke

NATL: 26.54 # 8/10/2019 JEFF NATALIZIO

WORLD: 26.43 & 8/20/2017 Ryan PINI

1	Gibson, Christopher R	38	WH20-33	28.73	9
2	Bartosh, Travis	38	NOVA-33	35.23	7
3	Ramadan, Zeyad S	35	MVN-33	38.17	6

Men 35-39 100 LC Meter Backstroke

NATL: 53.65 # 6/14/1921 MATT GREVERS

WORLD: 57.91 & 8/19/2017 Ryan PINI

1	Gibson, Christopher R	38	WH20-33	1:02.05	9
	29.59	1:02.05			
2	Bartosh, Travis	38	NOVA-33	1:16.18	7
	38.42	1:16.18			

Men 35-39 200 LC Meter Backstroke

NATL: 2:07.16 # 7/29/2001 RON KARNAUGH

WORLD: 2:07.97 & 6/22/2016 Marco MACCIANTI

1	Gibson, Christopher R	38	WH20-33	2:19.96	9
	33.89	1:10.04	1:45.53	2:19.96	
2	Morris, Jeffrey	37	SWLB-33	2:42.27	7
	38.83	1:19.41	2:00.90	2:42.27	

Men 35-39 100 LC Meter Breaststroke

NATL: 1:03.76 # 7/14/2013 JEFF COMMINGS

WORLD: 1:02.40 & 2/11/2020 Ryo KOBAYASHI

1	Morris, Jeffrey	37	SWLB-33	1:17.26	9
	35.62	1:17.26			

Men 35-39 200 LC Meter Breaststroke

NATL: 2:20.34 # 8/6/2011 STEVE WEST

WORLD: 2:20.29 & 6/5/2004 Nick GILLINGHAM

1	Morris, Jeffrey	37	SWLB-33	2:49.68	9
	39.49	1:22.10	2:05.93	2:49.68	

Men 35-39 50 LC Meter Butterfly

NATL: 24.14 # 8/15/2015 KOHEI KAWAMOTO

WORLD: 24.14 & 8/15/2015 Kohei KAWAMOTO

1	Gibson, Christopher R	38	WH20-33	27.04	9
2	Bartosh, Travis	38	NOVA-33	31.09	7
3	Ramadan, Zeyad S	35	MVN-33	31.81	6
---	Giometti, Danny	35	MVN-33		NS

Men 35-39 100 LC Meter Butterfly

NATL: 53.65 # 8/2/2018 KOHEI KAWAMOTO

WORLD: 53.65 & 8/2/2018 Kohei KAWAMOTO

1	Gibson, Christopher R	38	WH20-33	1:01.47	9
	29.23	1:01.47			
2	Giometti, Danny	35	MVN-33	1:03.01	7
	29.77	1:03.01			
3	Morris, Jeffrey	37	SWLB-33	1:07.67	6
	31.34	1:07.67			

Men 35-39 200 LC Meter Butterfly

NATL: 2:04.76 # 8/1/2015 BRENT CREAGER

WORLD: 2:02.54 & 4/26/2019 Nikolay SKVORTSOV

---	Giometti, Danny	35	MVN-33		NS
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Men 35-39 200 LC Meter IM

NATL: 1:58.48 # 6/17/1921		RYAN LOCHTE	
WORLD: 2:05.65 & 7/7/2019		Darian TOWNSEND	
1	Morris, Jeffrey	37 SWLB-33	2:31.12 9
	32.14	1:11.83	1:56.24 2:31.12
2	Bartosh, Travis	38 NOVA-33	2:58.59 7
	35.67	1:21.22	2:18.99 2:58.59

Men 35-39 400 LC Meter IM

NATL: 4:34.10 # 7/29/2001		RON KARNAUGH	
WORLD: 4:36.66 & 8/14/2019		I.DRYMONAKOS	
1	Morris, Jeffrey	37 SWLB-33	5:26.69 9
	34.37	1:13.92	1:57.37 2:41.06
	3:25.69	4:11.14	4:48.48 5:26.69

Men 40-44 50 LC Meter Freestyle

NATL: 22.61 # 6/19/2021		ANTHONY ERVIN	
WORLD: 23.25 & 7/15/2018		Hideaki HARA	
1	Popko, David	44 ROSE-33	28.74 9
2	Durieux, Chad	42 ROSE-33	29.33 7
3	Waltersdorfer, Robert	44 MVN-33	35.12 6
4	Gharibi, Armen	43 ROSE-33	37.88 5
---	Sabala, Michael	41 UC45	NS

Men 40-44 50 LC Meter Freestyle

NATL: 22.61 # 6/19/1921		ANTHONY ERVIN	
WORLD: 23.25 & 7/15/2018		Hideaki HARA	
1	Luddy, Andrew	40 MVN-33	27.98

Men 40-44 100 LC Meter Freestyle

NATL: 51.72 # 8/1/2010		VLAD PYSHNENKO	
WORLD: 51.21 & 7/14/2018		Hideaki HARA	
1	Schwartz, Joshua	44 ROSE-33	59.05 9
	29.00	59.05	
2	Puga, Rafael	40 DDM-33	1:32.94 7
	43.75	1:32.94	
---	Sabala, Michael	41 UC45	NS

Men 40-44 200 LC Meter Freestyle

NATL: 1:53.65 # 8/2/2010		VLAD PYSHNENKO	
WORLD: 1:53.65 & 8/2/2010		Vlad PYSHNENKO	
1	Kretz, Jonathan	43 CVMM-33	2:22.84

Men 40-44 200 LC Meter Freestyle

NATL: 1:53.65 # 8/2/2010		VLAD PYSHNENKO	
WORLD: 1:53.65 & 8/2/2010		Vlad PYSHNENKO	
1	Popko, David	44 ROSE-33	2:21.57 9
	1:08.69	1:45.58	2:21.57
2	Kretz, Jonathan	43 CVMM-33	2:24.27 7
	32.66	1:10.13	1:48.45 2:24.27
3	Berger, Adam M	43 LVM-33	2:44.57 6
	37.08	1:19.16	2:01.53 2:44.57
4	Waltersdorfer, Robert	44 MVN-33	3:09.19 5
	40.86	1:29.69	2:20.93 3:09.19
---	Gharibi, Armen	43 ROSE-33	NS

Men 40-44 400 LC Meter Freestyle

NATL: 4:06.74 # 7/24/2009		ERIK HOCHSTEIN	
WORLD: 4:06.74 & 7/24/2009		Erik HOCHSTEIN	
1	Popko, David	44 ROSE-33	4:51.87 9
	32.59	1:08.91	1:46.40 2:23.78
	3:01.64	3:38.95	4:16.02 4:51.87
2	Kretz, Jonathan	43 CVMM-33	5:03.23 7
	33.50	1:10.94	1:49.05 2:28.29
	3:07.50	3:47.54	4:25.42 5:03.23
3	Berger, Adam M	43 LVM-33	5:53.16 6
	36.85	1:18.88	2:04.06 2:50.09
	3:35.81	4:21.78	5:07.95 5:53.16
---	Sabala, Michael	41 UC45	NS

Men 40-44 800 LC Meter Freestyle

NATL: 8:37.81 # 7/25/2010		ALEX KOSTICH	
WORLD: 8:35.85 & 8/12/2019		Nicola NISATO	
1	Popko, David	44 ROSE-33	10:24.77 9
	33.86	1:11.88	1:51.80 2:31.61
	3:11.68	3:51.64	4:31.74 5:11.78
	5:52.33	6:31.97	7:11.57 7:51.19
	8:30.65	9:09.75	9:48.22 10:24.77
2	Kretz, Jonathan	43 CVMM-33	10:32.79 7
	34.27	1:11.86	1:50.47 2:30.38
	3:10.14	3:50.07	4:30.80 5:11.36
	5:51.65	6:32.58	7:13.34 7:53.56
	8:34.59	9:14.54	9:54.44 10:32.79
3	Berger, Adam M	43 LVM-33	12:15.82 6
	40.61	1:25.23	2:11.18 2:57.33
	3:44.67	4:31.94	5:19.57 6:07.05
	6:54.47	7:41.40	8:29.08 9:16.46
	10:03.20	10:48.65	11:34.43 12:15.82

Men 40-44 1500 LC Meter Freestyle

NATL: 16:36.91 # 7/23/2010		ALEX KOSTICH	
WORLD: 16:24.76 & 4/7/2018		Nicola NISATO	
1	Kretz, Jonathan	43 CVMM-33	20:41.16 9
	34.95	1:14.23	1:54.98 2:36.29
	3:17.42	4:39.51	5:21.39
	6:02.44	6:43.67	7:23.49 8:05.02
		10:10.08	10:52.46
	11:34.34	12:17.20	12:58.55 13:41.06
	14:09.79	15:05.27	15:42.87 16:29.64
	17:12.28	17:55.24	18:37.42 19:20.06
	20:02.30	20:41.16	
2	Burnett, Nicholas	40 ROSE-33	31:05.00 7
	45.13	1:52.15	2:50.06 3:56.35
	4:47.07	5:56.21	6:57.64 8:05.83
	8:56.49	10:10.52	11:10.78 12:21.30
	13:10.37	14:26.28	15:26.59 16:37.85
	17:26.03	18:40.72	19:41.92 20:51.65
	21:40.54	22:50.51	23:49.63 25:04.02
	25:53.56	27:02.71	28:04.24 29:14.04
	30:03.94	31:05.00	

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(Men 40-44 1500 LC Meter Freestyle)

3	Gharibi, Armen	43	ROSE-33	31:14.04	6
	47.13	1:42.64	2:41.73	3:42.83	
	4:44.53	5:46.98	6:49.20	7:50.80	
	8:54.95	9:56.84	10:58.65	12:00.99	
	13:03.43	14:04.68	15:09.04	16:11.75	
	17:14.99	18:17.61	19:20.70	20:25.83	
	21:29.58	22:34.62	23:38.40	24:43.42	
	25:49.00	26:55.67	27:59.58	29:05.74	
	30:12.28	31:14.04			

Men 40-44 50 LC Meter Backstroke

NATL: 27.47 # 8/23/2008		MICHAEL ROSS			
WORLD: 27.13 & 8/18/2019		Nicholas NECKLES			
1	Durieux, Chad	42	ROSE-33	51.12	9
---	Sabala, Michael	41	UC45	NS	

Men 40-44 100 LC Meter Backstroke

NATL: 59.08 # 8/7/2009		MICHAEL ROSS			
WORLD: 58.45 & 8/17/2019		Nicholas NECKLES			
1	Popko, David	44	ROSE-33	1:15.24	9
	36.21	1:15.24			

Men 40-44 200 LC Meter Backstroke

NATL: 2:11.13 # 8/16/2014		FREDERIK HVIID			
WORLD: 2:08.06 & 8/13/2019		Nicholas NECKLES			
1	Durieux, Chad	42	ROSE-33	3:36.25	9
	50.80	1:43.71	2:38.89	3:36.25	

Men 40-44 50 LC Meter Breaststroke

NATL: 29.02 # 7/27/2014		JEFF COMMINGS			
WORLD: 28.84 & 9/16/2009		Alberto MONTINI			
1	Durieux, Chad	42	ROSE-33	34.57	9
2	Kretz, Jonathan	43	CVMM-33	37.25	7
3	Puga, Rafael	40	DDM-33	47.38	6

Men 40-44 100 LC Meter Breaststroke

NATL: 1:03.76 # 7/6/2012		STEVE WEST			
WORLD: 1:03.60 & 5/20/2012		Vladislav BRAGIN			
1	Durieux, Chad	42	ROSE-33	1:19.86	9
	36.29	1:19.86			
2	Popko, David	44	ROSE-33	1:25.18	7
	39.85	1:25.18			
3	Waltersdorfer, Robert	44	MVN-33	1:36.44	6
	44.53	1:36.44			
4	Gharibi, Armen	43	ROSE-33	1:47.83	5
	48.99	1:47.83			

Men 40-44 200 LC Meter Breaststroke

NATL: 2:18.57 # 7/11/2015		STEVE WEST			
WORLD: 2:18.57 & 7/11/2015		Steve WEST			
1	Durieux, Chad	42	ROSE-33	2:57.55	9
	41.38	1:27.43	2:15.13	2:57.55	
2	Waltersdorfer, Robert	44	MVN-33	3:36.18	7
	50.57	1:46.68	2:42.64	3:36.18	
---	Sabala, Michael	41	UC45	NS	

Men 40-44 50 LC Meter Butterfly

NATL: 25.11 # 6/9/2018		JAMES ZENYUH			
WORLD: 25.06 & 7/20/2015		Eiji NOMURA			
1	Luddy, Andrew	40	MVN-33	29.47	9
2	Durieux, Chad	42	ROSE-33	31.17	7
3	Berger, Adam M	43	LVM-33	35.21	6

Men 40-44 100 LC Meter Butterfly

NATL: 56.43 # 8/23/2008		MICHAEL ROSS			
WORLD: 56.17 & 9/6/2011		Serkan ATASAY			
1	Schwartz, Joshua	44	ROSE-33	1:02.71	9
	29.86	1:02.71			
2	Luddy, Andrew	40	MVN-33	1:04.11	7
	29.94	1:04.11			
3	Popko, David	44	ROSE-33	1:12.05	6
	33.22	1:12.05			

Men 40-44 200 LC Meter Butterfly

NATL: 2:05.55 # 7/11/2004		DENNIS BAKER			
WORLD: 2:05.55 & 7/11/2004		Dennis BAKER			
1	Luddy, Andrew	40	MVN-33	2:27.15	9
	32.97	1:09.57	1:47.05	2:27.15	
---	Sabala, Michael	41	UC45	NS	

Men 40-44 200 LC Meter IM

NATL: 2:13.71 # 7/23/2016		JEFF COMMINGS			
WORLD: 2:10.63 & 6/25/2009		Alberto MONTINI			
1	Schwartz, Joshua	44	ROSE-33	2:29.72	9
	30.63	1:09.56	1:54.48	2:29.72	
2	Durieux, Chad	42	ROSE-33	2:39.37	7
	31.78	1:16.55	2:02.48	2:39.37	
3	Popko, David	44	ROSE-33	2:40.85	6
	33.74	1:15.22	2:05.78	2:40.85	
4	Kretz, Jonathan	43	CVMM-33	2:41.42	5
	34.86	1:18.69	2:06.62	2:41.42	
---	Sabala, Michael	41	UC45	NS	

Men 45-49 50 LC Meter Freestyle

NATL: 24.12 # 6/23/2018		BRIAN JACOBSON			
WORLD: 23.55 & 8/15/2019		Hideaki HARA			
1	Kurr, Kyle	49	MVN-33	27.29	9
2	Saldena, Javier	46	SBM-33	28.40	7
3	Ahmadi-Kashani, Magid	49	MVN-33	28.69	6
4	Foos, Todd	46	MVN-33	29.58	5
5	Nafeei, Soli	49	MVN-33	33.41	4
---	Palmer, Kent	48	GRA-33	NS	
---	Meyer, Brian	45	UC38	NS	
---	Ambrosio, Irving	45	MVN-33	NS	

Men 45-49 100 LC Meter Freestyle

NATL: 53.77 # 8/7/2016		NICOLAS GRANGER			
WORLD: 52.24 & 8/13/2019		Hideaki HARA			
1	Galluzzi, David D	47	ROSE-33	59.02	9
	28.16	59.02			
2	Cox, Ryan	48	MVN-33	59.77	7
	29.27	59.77			
3	Kurr, Kyle	49	MVN-33	1:01.43	6
	29.58	1:01.43			
4	Ahmadi-Kashani, Magid	49	MVN-33	1:02.63	5
	29.47	1:02.63			

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(Men 45-49 100 LC Meter Freestyle)

---	Palmer, Kent	48	GRA-33	NS
---	Ambrosio, Irving	45	MVN-33	NS
---	Foos, Todd	46	MVN-33	NS

Men 45-49 200 LC Meter Freestyle

NATL: 1:57.89 # 8/6/2009		KEITH SWITZER			
WORLD: 1:57.75 & 8/5/2014		Nicolas GRANGER			
1	Cox, Ryan	48	MVN-33	2:13.18	9
	31.51	1:06.06	1:33.88	2:13.18	
2	Ahmadi-Kashani, Magid	49	MVN-33	2:21.43	7
	31.82	1:44.65	2:21.43		
3	Blackway, Derek	46	ROSE-33	2:23.28	6
	33.13	1:09.72	1:46.91	2:23.28	
4	Kurr, Kyle	49	MVN-33	2:26.39	5
	35.08	1:03.32	2:26.39		
5	Foos, Todd	46	MVN-33	2:37.72	4
	34.24	1:14.02	2:37.72		
---	Meyer, Brian	45	UC38	NS	
---	Galluzzi, David D	47	ROSE-33	NS	

Men 45-49 400 LC Meter Freestyle

NATL: 4:09.20 # 7/19/2008		DENNIS BAKER			
WORLD: 4:11.07 & 8/9/2009		Keith SWITZER			
1	Cox, Ryan	48	MVN-33	4:34.82	9
	31.86	1:06.33	1:41.08	2:16.35	
	2:51.48	3:26.84	4:01.76	4:34.82	
2	Ahmadi-Kashani, Magid	49	MVN-33	5:05.71	7
	33.59	1:11.30	1:49.82	2:28.91	
	3:07.92	3:47.17	4:26.79	5:05.71	
3	Foos, Todd	46	MVN-33	5:53.72	6
	35.58	1:16.82	2:02.68	2:49.20	
	3:36.09	4:22.98	5:10.91	5:53.72	

Men 45-49 800 LC Meter Freestyle

NATL: 8:51.98 # 8/9/2010		JEFF ERWIN			
WORLD: 8:40.79 & 8/10/2015		Fabio CALMASINI			
1	Cox, Ryan	48	MVN-33	9:42.13	9
	32.76	1:09.21	1:45.60	2:22.21	
	2:59.08	3:35.87	4:12.90	4:49.92	
	5:26.71	6:03.41	6:40.83	7:17.33	
	7:54.02	8:30.45	9:06.92	9:42.13	
2	Liu, Jeff	47	LBG-33	13:09.37	7
	44.50	1:34.20	2:24.75	3:15.89	
	4:07.00	4:57.48	5:48.23	6:38.91	
	7:28.74	8:18.18	9:07.80	9:57.67	
	10:47.08	11:35.88	12:24.24	13:09.37	

Men 45-49 1500 LC Meter Freestyle

NATL: 16:38.81 # 8/10/2009		JEFF ERWIN			
WORLD: 16:38.81 & 8/10/2009		Jeff ERWIN			
1	Cox, Ryan	48	MVN-33	18:09.65	9
	1:09.57	2:22.32			
	2:58.71	3:34.80	4:10.98	4:47.40	
	5:23.70	5:59.82	6:36.19	7:12.51	
	7:49.00	8:25.56	9:02.30	9:38.98	
	10:15.50	10:52.27	11:28.77	12:05.23	
	12:41.47	13:17.97	13:54.58	14:31.03	
	15:07.44	15:44.07	16:20.66	16:57.22	
	17:33.61	18:09.65			
2	Galluzzi, David D	47	ROSE-33	18:41.27	7
	32.03	1:07.68	1:43.63	2:19.84	
	2:56.11	3:32.86	4:09.29	4:46.15	
	5:22.82	6:00.56	6:37.99	7:16.33	
	7:54.28	8:33.05	9:10.98	9:49.11	
	10:27.08	11:05.03	11:43.03		
	12:59.77	13:38.56	14:17.03	14:55.29	
	15:33.26	16:11.33	16:49.64	17:27.52	
	18:05.03	18:41.27			
3	Meyer, Brian	45	UC38	20:51.69	6
	37.40	1:17.60	2:40.29		
		4:03.80	5:27.00		
			8:14.48		
			9:38.43		
		11:01.59	12:25.43		
		15:14.83	16:39.15		
			19:28.51		
	20:51.69				
4	Liu, Jeff	47	LBG-33	27:30.28	5
	46.43	1:36.85	2:29.56	3:22.52	
	4:16.85	5:10.88	6:04.08	6:57.69	
	7:50.91	8:44.27	9:37.44	10:30.25	
	11:34.84	12:26.12	13:18.98	14:12.29	
	15:15.46	16:10.82	17:04.81	18:00.16	
	18:56.55	19:58.77	20:53.18	21:48.47	
	22:43.51	23:50.11	24:46.80	25:43.41	
	26:39.04	27:30.28			

Men 45-49 50 LC Meter Backstroke

NATL: 28.05 # 6/7/2008		STEVE WOOD			
WORLD: 27.67 & 8/20/2017		Serkan ATASAY			
1	Galluzzi, David D	47	ROSE-33	31.76	9
2	Saldena, Javier	46	SBM-33	31.77	7
---	Palmer, Kent	48	GRA-33	NS	

Men 45-49 100 LC Meter Backstroke

NATL: 1:00.13 # 6/8/2008		STEVE WOOD			
WORLD: 1:00.13 & 6/8/2008		Steve WOOD			
1	Galluzzi, David D	47	ROSE-33	1:06.52	9
	32.14	1:06.52			
2	Saldena, Javier	46	SBM-33	1:09.58	7
	33.05	1:09.58			
3	Nafeei, Soli	49	MVN-33	1:39.17	6
	48.70	1:39.17			
---	Palmer, Kent	48	GRA-33	NS	

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Results

Men 45-49 200 LC Meter Backstroke

NATL: 2:13.37 # 8/12/2012 RICH SAEGER

WORLD: 2:11.56 & 6/7/2013 Eduardo MAROCCO

--- Galluzzi, David D 47 ROSE-33 NS

Men 45-49 50 LC Meter Breaststroke

NATL: 29.42 # 8/9/2019 STEVE WEST

WORLD: 29.22 & 9/8/2019 Hideaki TOGO

1 Ahmadi-Kashani, Magid 49 MVN-33 37.95 9

--- El Dokor, Tarek 46 PSCM-48 NS

Men 45-49 100 LC Meter Breaststroke

NATL: 1:04.77 # 7/14/2019 STEVE WEST

WORLD: 1:04.77 & 7/14/2019 Steve WEST

--- El Dokor, Tarek 46 PSCM-48 NS

Men 45-49 200 LC Meter Breaststroke

NATL: 2:19.44 # 6/22/2018 STEVE WEST

WORLD: 2:19.44 & 6/22/2018 Steve WEST

1 Cox, Ryan 48 MVN-33 2:59.35 9

42.28 1:06.47 2:59.35

--- El Dokor, Tarek 46 PSCM-48 NS

Men 45-49 50 LC Meter Butterfly

NATL: 25.65 # 7/8/2012 NICHOLAS DECKER

WORLD: 25.26 & 8/14/2019 Hideaki HARA

1 Blackway, Derek 46 ROSE-33 29.83 9

2 Kurr, Kyle 49 MVN-33 30.42 7

3 Nafeei, Soli 49 MVN-33 44.20 6

--- Palmer, Kent 48 GRA-33 NS

--- Meyer, Brian 45 UC38 NS

--- Ambrosio, Irving 45 MVN-33 NS

Men 45-49 100 LC Meter Butterfly

NATL: 56.42 # 8/4/2002 PAUL CARTER

WORLD: 56.85 & 8/11/2002 Paul CARTER

1 Kurr, Kyle 49 MVN-33 1:17.81 9

35.58 1:17.81

--- Meyer, Brian 45 UC38 NS

--- Palmer, Kent 48 GRA-33 NS

--- Ambrosio, Irving 45 MVN-33 NS

Men 45-49 200 LC Meter Butterfly

NATL: 2:04.07 # 7/19/2008 DENNIS BAKER

WORLD: 2:06.94 & 8/9/2006 Dennis BAKER

1 Blackway, Derek 46 ROSE-33 2:54.96 9

36.99 1:21.16 2:06.84 2:54.96

--- El Dokor, Tarek 46 PSCM-48 NS

Men 45-49 200 LC Meter IM

NATL: 2:10.09 # 8/7/2016 NICOLAS GRANGER

WORLD: 2:10.09 & 8/7/2016 Nicolas GRANGER

1 Cox, Ryan 48 MVN-33 2:33.52 9

33.49 1:15.08 1:59.56 2:33.52

2 Kurr, Kyle 49 MVN-33 2:50.60 7

31.70 1:16.69 2:09.20 2:50.60

Men 45-49 400 LC Meter IM

NATL: 4:46.41 # 8/5/2016 NICOLAS GRANGER

WORLD: 4:43.83 & 8/5/2014 Nicolas GRANGER

1 Cox, Ryan 48 MVN-33 5:19.23 9

34.32 1:12.52 1:56.76 2:38.25

3:23.03 4:07.75 4:44.15 5:19.23

Men 50-54 50 LC Meter Freestyle

NATL: 24.58 # 8/9/2009 ROWDY GAINES

WORLD: 24.08 & 6/27/2009 Brent BARNES

1 Scott, Ronald D 50 UC33 26.35 9

2 Sumner, David 51 MVN-33 27.11 7

3 Power, Michael 53 SBM-33 27.53 6

4 Paxton, Sean 52 ROSE-33 28.73 5

5 Jones, Kenton R 54 SDSM-44 28.88 4

6 Cacciarelli, Guy 52 CLMS-33 29.76 3

7 McPeak, Charles 51 SPP-33 30.69 2

8 Blake, Logan 52 ROSE-33 34.25 1

9 Nitsch, Michael 53 SDSM-44 34.63

10 Murrillo, Gustavo 50 MVN-33 39.47

Men 50-54 100 LC Meter Freestyle

NATL: 54.18 # 8/4/2017 NICOLAS GRANGER

WORLD: 54.15 & 6/30/2017 Nicolas GRANGER

1 Scott, Ronald D 50 UC33 59.65 9

28.59 59.65

2 Sumner, David 51 MVN-33 1:00.88 7

28.99 1:00.88

3 Power, Michael 53 SBM-33 1:02.54 6

29.53 1:02.54

4 Jones, Kenton R 54 SDSM-44 1:03.67 5

31.41 1:03.67

5 Piner, Glenn 52 RMDA-33 1:06.94 4

32.46 1:06.94

6 Nitsch, Michael 53 SDSM-44 1:22.47 3

36.85 1:22.47

--- McPeak, Charles 51 SPP-33 NS

--- Gunnell, Steve 51 MVN-33 NS

--- Blake, Logan 52 ROSE-33 NS

Men 50-54 200 LC Meter Freestyle

NATL: 2:00.34 # 8/13/2007 DAN STEPHENSON

WORLD: 1:58.62 & 7/1/2017 Nicolas GRANGER

1 Gunnell, Steve 51 MVN-33 2:18.07 9

32.14 1:08.04 1:44.03 2:18.07

2 Lucero, Michael 51 GRA-33 2:21.07 7

33.85 1:11.45 1:47.92 2:21.07

3 Piner, Glenn 52 RMDA-33 2:31.12 6

34.53 1:12.94 1:52.50 2:31.12

--- Blake, Logan 52 ROSE-33 NS

--- Borton, Dan 53 ROSE-33 NS

--- Green, Michael 51 RMDA-33 NS

Men 50-54 400 LC Meter Freestyle

NATL: 4:15.93 # 8/4/2017 NICOLAS GRANGER

WORLD: 4:15.93 & 8/4/2017 Nicolas GRANGER

1 Jones, Kenton R 54 SDSM-44 4:54.01 9

34.00 1:11.19 1:48.56 2:26.78

3:03.95 3:41.51 4:18.80 4:54.01

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Results

(Men 50-54 400 LC Meter Freestyle)

2	Lucero, Michael	51	GRA-33	4:57.72	7
	34.14	1:12.33	1:51.61	2:31.30	
	3:09.10	3:46.43	4:23.19	4:57.72	
3	Ascher, Nathan	50	SDSM-44	5:10.03	6
	35.52	1:14.58	1:53.83	2:33.54	
	3:12.96	3:52.74	4:26.96	5:10.03	
4	Piner, Glenn	52	RMDA-33	5:26.25	5
	35.43	1:14.42	1:56.62	2:37.85	
	3:20.67	4:03.49	4:47.00	5:26.25	
5	Green, Michael	51	RMDA-33	6:17.17	4
	42.08	1:28.27	2:16.32	3:03.68	
	3:52.95	4:42.05	5:31.06	6:17.17	
---	McPeak, Charles	51	SPP-33		NS

Men 50-54 800 LC Meter Freestyle

NATL: 8:56.31 # 8/3/2014 RICARDO VALDIVIA

WORLD: 8:55.05 & 7/31/2010 Marcus MATTIOLI

1	Borton, Dan	53	ROSE-33	11:51.68
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Men 50-54 800 LC Meter Freestyle

NATL: 8:56.31 # 8/3/2014 RICARDO VALDIVIA

WORLD: 8:55.05 & 7/31/2010 Marcus MATTIOLI

1	Jones, Kenton R	54	SDSM-44	10:17.12	9
	34.59	1:13.75	1:52.55	2:32.39	
	3:11.29	3:50.71	4:29.83	5:09.58	
	5:48.40	6:28.14	7:06.93	7:46.20	
	8:24.24	9:03.17	9:40.68	10:17.12	

Men 50-54 1500 LC Meter Freestyle

NATL: 17:08.33 # 8/20/2000 JIM MC CONICA

WORLD: 17:08.33 & 8/20/2000 Jim MCCONICA

1	Jones, Kenton R	54	SDSM-44	19:35.44	9
	35.54	1:15.20	1:55.25	2:35.12	
	3:14.76	3:54.44	4:33.61	5:12.58	
	5:52.07	6:31.72	7:11.24	7:50.77	
	8:30.10	9:09.57	9:48.72	10:28.08	
	11:07.39	11:46.88	12:26.25	13:05.90	
	13:45.69	14:24.86	15:04.06	15:43.54	
	16:22.66	17:02.39	17:41.51	18:20.09	
	18:58.43	19:35.44			
2	Lucero, Michael	51	GRA-33	19:44.71	7
	35.77	1:15.14	1:55.22	2:35.20	
	3:14.99	3:54.70	4:34.45	5:14.43	
	5:54.48	6:34.57	7:14.85	7:55.12	
	8:35.35	9:15.89	9:56.37	10:37.02	
	11:16.90	11:56.89	12:36.67	13:16.87	
	13:56.77	14:37.04	15:16.68	15:56.57	
	16:36.51	17:16.51	17:54.74	18:31.95	
	19:09.19	19:44.71			

3	Borton, Dan	53	ROSE-33	22:23.09	6
	37.39	1:20.13	2:03.80	2:49.03	
	3:33.39	4:18.87	5:03.56	5:49.30	
	6:34.29	7:19.97	8:04.52	8:49.89	
	9:35.25	10:21.05	11:06.13	11:51.68	
	12:36.44	13:22.40	14:07.64	14:53.85	
	15:39.13	16:25.23	17:10.38	17:55.45	
	18:39.77	19:25.86	20:10.61	20:55.70	
	21:39.93	22:23.09			

Men 50-54 50 LC Meter Backstroke

NATL: 28.58 # 7/14/2018 RICK GOULD

WORLD: 28.58 & 7/14/2018 Rick GOULD

1	Sumner, David	51	MVN-33	32.87	9
2	Power, Michael	53	SBM-33	36.45	7
3	Piner, Glenn	52	RMDA-33	40.36	6
4	McPeak, Charles	51	SPP-33	43.22	5
5	Nitsch, Michael	53	SDSM-44	44.71	4
---	Green, Michael	51	RMDA-33		NS

Men 50-54 100 LC Meter Backstroke

NATL: 1:01.57 # 8/6/2017 NICOLAS GRANGER

WORLD: 1:01.57 & 8/6/2017 Nicolas GRANGER

1	Sumner, David	51	MVN-33	1:12.90	9
	34.50	1:12.90			
2	Gunnell, Steve	51	MVN-33	1:13.46	7
	35.61	1:13.46			
3	Jones, Kenton R	54	SDSM-44	1:20.66	6
	39.08	1:20.66			
4	Power, Michael	53	SBM-33	1:21.52	5
	47.63	1:21.52			
5	Borton, Dan	53	ROSE-33	1:22.01	4
	39.92	1:22.01			
6	Piner, Glenn	52	RMDA-33	1:29.03	3
7	Nitsch, Michael	53	SDSM-44	1:47.84	2

Men 50-54 200 LC Meter Backstroke

NATL: 2:14.53 # 8/5/2017 NICOLAS GRANGER

WORLD: 2:14.53 & 8/5/2017 Nicolas GRANGER

1	Tse, Ken	51	MVN-33	2:58.90	9
	40.68	1:26.49	2:13.27	2:58.90	
2	Piner, Glenn	52	RMDA-33	3:09.43	7
---	Ascher, Nathan	50	SDSM-44		NS
---	Nitsch, Michael	53	SDSM-44		NS
---	Lucero, Michael	51	GRA-33		NS

Men 50-54 50 LC Meter Breaststroke

NATL: 30.48 # 8/9/2013 DAVID GUTHRIE

WORLD: 30.26 & 8/20/2017 Mike HODGSON

1	Sumner, David	51	MVN-33	35.44	9
2	Paxton, Sean	52	ROSE-33	35.76	7
3	Jones, Kenton R	54	SDSM-44	36.65	6
---	McPeak, Charles	51	SPP-33		NS
---	Gunnell, Steve	51	MVN-33		NS
---	Green, Michael	51	RMDA-33		NS

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Men 50-54 100 LC Meter Breaststroke

NATL: 1:06.98 # 8/15/2014		DAVID GUTHRIE			
WORLD: 1:06.40 & 4/16/2021		Vladislav BRAGIN			
1	Sumner, David	51	MVN-33	1:21.29	9
	38.83	1:21.29			
2	Paxton, Sean	52	ROSE-33	1:22.26	7
	37.50	1:22.26			
3	Jones, Kenton R	54	SDSM-44	1:22.47	6
	38.55	1:22.47			
4	Lucero, Michael	51	GRA-33	1:23.69	5
	39.49	1:23.69			
5	Ascher, Nathan	50	SDSM-44	1:23.78	4
	41.26	1:23.78			
6	Tse, Ken	51	MVN-33	1:24.59	3
	40.95	1:24.59			

Men 50-54 200 LC Meter Breaststroke

NATL: 2:27.91 # 7/31/2013		DAVID GUTHRIE			
WORLD: 2:27.66 & 4/17/2021		Vladislav BRAGIN			
1	Ascher, Nathan	50	SDSM-44	3:04.15	9
	43.31	1:30.36	2:17.44	3:04.15	
2	Lucero, Michael	51	GRA-33	3:04.64	7
	42.98	1:31.62	2:20.79	3:04.64	
3	Tse, Ken	51	MVN-33	3:06.15	6
	44.48	1:31.75	2:19.45	3:06.15	
4	Borton, Dan	53	ROSE-33	3:24.92	5
	45.58	1:38.36	2:32.62	3:24.92	
---	Green, Michael	51	RMDA-33	DQ	
	56.44	DQ			

Men 50-54 50 LC Meter Butterfly

NATL: 25.88 # 8/16/2008		PAUL CARTER			
WORLD: 25.88 & 8/16/2008		Paul CARTER			
1	Scott, Ronald D	50	UC33	27.94	9
2	Sumner, David	51	MVN-33	28.91	7
3	Power, Michael	53	SBM-33	31.06	6
4	Cacciarelli, Guy	52	CLMS-33	32.61	5
5	Borton, Dan	53	ROSE-33	34.75	4
6	McPeak, Charles	51	SPP-33	34.99	3
7	Murillo, Gustavo	50	MVN-33	51.27	2
---	Blake, Logan	52	ROSE-33	NS	

Men 50-54 100 LC Meter Butterfly

NATL: 57.23 # 8/15/2008		PAUL CARTER			
WORLD: 57.23 & 8/15/2008		Paul CARTER			
1	Scott, Ronald D	50	UC33	1:05.93	9
	30.71	1:05.93			
2	Sumner, David	51	MVN-33	1:07.64	7
	31.03	1:07.64			
3	Stevens, Charles	52	UC33	1:08.03	6
	31.60	1:08.03			
4	Ascher, Nathan	50	SDSM-44	1:10.14	5
	33.17	1:10.14			
5	Tse, Ken	51	MVN-33	1:18.30	4
	36.29	1:18.30			
---	Lucero, Michael	51	GRA-33	NS	
---	McPeak, Charles	51	SPP-33	NS	

Men 50-54 200 LC Meter Butterfly

NATL: 2:13.80 # 7/9/2011		DENNIS BAKER			
WORLD: 2:13.36 & 11/7/2010		Marcus MATTIOLI			
1	Borton, Dan	53	ROSE-33	2:59.14	9
	38.22	1:23.96	2:13.30	2:59.14	

Men 50-54 200 LC Meter IM

NATL: 2:11.15 # 8/6/2017		NICOLAS GRANGER			
WORLD: 2:11.15 & 8/6/2017		Nicolas GRANGER			
1	Gunnell, Steve	51	MVN-33	2:38.06	9
	32.86	1:15.55	2:02.45	2:38.06	
2	Ascher, Nathan	50	SDSM-44	2:41.59	7
	34.26	1:19.25	2:07.29	2:41.59	
3	Scott, Ronald D	50	UC33	2:43.63	6
	31.47	1:15.39	2:06.43	2:43.63	
4	Tse, Ken	51	MVN-33	2:45.14	5
	35.79	1:20.92	2:08.46	2:45.14	
5	Stevens, Charles	52	UC33	2:51.26	4
	31.26	1:18.25	2:12.26	2:51.26	
---	Green, Michael	51	RMDA-33	NS	
---	McPeak, Charles	51	SPP-33	NS	

Men 50-54 400 LC Meter IM

NATL: 4:45.61 # 8/3/2017		NICOLAS GRANGER			
WORLD: 4:45.61 & 8/3/2017		Nicolas GRANGER			
1	Lucero, Michael	51	GRA-33	5:42.30	9
	35.26	1:15.08	2:03.26	2:50.59	
	3:41.22	4:28.98	5:07.72	5:42.30	
2	Ascher, Nathan	50	SDSM-44	5:44.08	7
	35.80	1:16.72	2:04.35	2:50.93	
	3:40.58	4:29.86	5:08.48	5:44.08	
3	Tse, Ken	51	MVN-33	6:04.43	6
	36.25	1:20.32	2:07.73	2:56.37	
	3:48.31	4:42.63	5:23.00	6:04.43	
4	Borton, Dan	53	ROSE-33	6:21.75	5
	37.73	1:24.49	2:13.78	3:02.23	
	3:59.04	4:57.11	5:38.55	6:21.75	

Men 55-59 50 LC Meter Freestyle

NATL: 25.01 # 6/7/2009		JACK GROSELLE			
WORLD: 24.45 & 7/19/2015		Brent BARNES			
1	Fulbeck, Kip	56	SBM-33	26.83	9
2	Pombo, Diego	59	CMAC-33	29.91	7
3	Cienega, Julio	55	ROSE-33	30.31	6
4	Fleming, Mark	57	ROSE-33	30.68	5
5	Sheahan, Thomas E	56	LBG-33	31.04	4
6	Hughes, Jeffrey	59	MVN-33	32.10	3
7	Freitas, Stephen	56	MVN-33	33.40	2
8	Koujah, Sam	58	UC33	33.76	1
9	Werner, John	58	LBG-33	39.60	
---	Madla, Manuel	56	UC33	NS	
---	Williams, Harbor T	57	WAMS-38	NS	
---	Bosch, Jorge	57	ROSE-33	NS	

Men 55-59 100 LC Meter Freestyle

NATL: 56.07 # 7/10/2015		STEVE WOOD			
WORLD: 56.00 & 2/24/2019		Calvin MAUGHAN			
1	Tobin, James	55	MVN-33	1:02.19	9
	29.60	1:02.19			

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Results

(Men 55-59 100 LC Meter Freestyle)

2	Pombo, Diego	59	CMAC-33	1:07.26	7
	32.11	1:07.26			
3	Sheahan, Thomas E	56	LBG-33	1:10.59	6
	33.12	1:10.59			
4	Freitas, Stephen	56	MVN-33	1:14.61	5
	35.70	1:14.61			
5	Koujah, Sam	58	UC33	1:14.85	4
	35.54	1:14.85			
6	Hughes, Jeffrey	59	MVN-33	1:15.10	3
	36.59	1:15.10			
7	Cavanagh, Mike	59	ROSE-33	1:18.89	2
	36.27	1:18.89			
8	Rutkowski, Mark	59	ROSE-33	1:24.73	1
	40.65	1:24.73			
9	Werner, John	58	LBG-33	1:32.06	
	42.88	1:32.06			
---	Madla, Manuel	56	UC33	NS	
---	Cienega, Julio	55	ROSE-33	NS	

Men 55-59 200 LC Meter Freestyle

	NATL:	2:04.01 # 7/26/2009	MICHAEL MANN		
	WORLD:	2:04.01 & 7/26/2009	Michael MANN		
1	Shaffer, Mike	56	VCM-33	2:12.96	9
	31.80	1:05.74	1:40.17	2:12.96	
2	Tobin, James	55	MVN-33	2:18.08	7
	31.63	1:06.08	1:41.41	2:18.08	
3	Koehler, Doug	55	CVMM-33	2:21.39	6
	33.46	1:09.46	2:21.39		
4	Cienega, Julio	55	ROSE-33	2:23.74	5
	33.12	1:10.44	1:48.02	2:23.74	
5	Pombo, Diego	59	CMAC-33	2:31.09	4
	36.01	1:15.40	1:54.20	2:31.09	
6	Sheahan, Thomas E	56	LBG-33	2:45.40	3
	34.17	1:16.71	2:02.25	2:45.40	
7	Koujah, Sam	58	UC33	2:56.27	2
	39.06	1:22.86	2:09.82	2:56.27	
---	Bosch, Jorge	57	ROSE-33	NS	

Men 55-59 400 LC Meter Freestyle

	NATL:	4:22.49 # 7/25/2009	MICHAEL MANN		
	WORLD:	4:22.49 & 7/25/2009	Michael MANN		
1	Tobin, James	55	MVN-33	4:54.84	9
	34.39		1:46.65	2:23.71	
	2:56.48	3:39.30	4:17.56	4:54.84	
2	Koehler, Doug	55	CVMM-33	4:59.55	7
	34.54	1:12.18	1:50.07	2:28.68	
	3:06.87	3:45.98	4:23.16	4:59.55	
3	Cienega, Julio	55	ROSE-33	5:03.04	6
	34.62	1:11.95	1:50.79	2:29.38	
	3:08.59	3:47.65	4:25.87	5:03.04	
4	Collins, Michael	55	NOVA-33	5:03.93	5
	34.72	1:12.02	1:49.71	2:28.80	
	3:07.29	3:46.51	4:25.48	5:03.93	
5	Mc Ginley, Patrick	58	ROSE-33	5:48.72	4
	39.53	1:23.54	2:08.01	2:53.04	
	3:37.16	4:21.58	5:05.61	5:48.72	

Men 55-59 800 LC Meter Freestyle

	NATL:	9:00.09 # 7/24/2009	MICHAEL MANN		
	WORLD:	9:00.09 & 7/24/2009	Michael MANN		
1	Collins, Michael	55	NOVA-33	10:33.83	9
	36.19	1:15.00	1:55.03	2:34.88	
	3:15.01	3:54.73	4:34.67	5:14.36	
	5:54.59	6:34.12	7:14.20	7:53.94	
	8:33.82	9:13.05	9:53.57	10:33.83	
2	Cavanagh, Mike	59	ROSE-33	12:32.33	7
	41.14	1:26.54	2:13.90	3:01.67	
	3:49.48	4:37.90	5:25.64	6:13.56	
	7:01.83	7:50.43	8:39.46	9:28.54	
	10:16.90	11:04.41	11:50.92	12:32.33	
3	Rutkowski, Mark	59	ROSE-33	13:33.72	6
	45.47	1:34.27	2:24.39	3:15.70	
	4:08.03	5:00.22	5:52.42	6:44.22	
	7:36.65	8:28.86	9:20.70	10:14.28	
	11:05.28	11:56.65	12:47.65	13:33.72	

Men 55-59 1500 LC Meter Freestyle

	NATL:	17:22.61 # 8/10/2009	MICHAEL MANN		
	WORLD:	17:22.61 & 8/10/2009	Michael MANN		
1	Collins, Michael	55	NOVA-33	20:18.48	9
	37.75	1:18.34	1:59.35	2:41.20	
	3:22.21	4:03.76	4:45.07	5:26.61	
	6:07.71	6:48.91	7:29.77	8:11.70	
	8:52.42	9:33.99	10:14.32	10:55.39	
	11:36.13	12:17.15	12:57.29	13:37.81	
	14:17.80	14:58.32	15:39.03	16:19.53	
	16:59.53	17:40.03	18:19.94	19:00.32	
	19:39.96	20:18.48			
2	Mc Ginley, Patrick	58	ROSE-33	23:30.29	7
	41.71	1:28.31	2:15.98	3:03.77	
	3:51.88	4:40.28	5:27.54	6:14.79	
	7:01.73	7:48.41	8:34.96	9:21.49	
	10:07.87	10:55.82	11:43.20	12:30.32	
	13:17.30	14:05.05	14:51.97	15:40.10	
	16:26.48	17:14.01	18:02.09	18:50.24	
	19:38.03	20:25.61	21:12.37	21:59.14	
	22:45.71	23:30.29			
3	Sheahan, Thomas E	56	LBG-33	26:10.63	6
	40.32	1:28.06	2:17.84	3:10.35	
	4:01.08	4:53.72	5:45.40	6:36.99	
	7:29.67	8:22.30	9:15.40	10:10.65	
	11:02.35	11:56.11	12:49.03	13:42.04	
	14:34.52	15:29.46	16:23.51	17:18.06	
	18:11.64	19:05.95	20:00.12	20:55.82	
	21:48.78	22:42.64	23:35.00	24:29.83	
	25:23.96	26:10.63			

Men 55-59 50 LC Meter Backstroke

	NATL:	29.03 # 8/20/2016	STEVE WOOD	
	WORLD:	29.03 & 8/20/2016	Steve WOOD	
1	Shaffer, Mike	56	VCM-33	32.96

Men 55-59 50 LC Meter Backstroke

	NATL:	29.03 # 8/20/2016	STEVE WOOD	
	WORLD:	29.03 & 8/20/2016	Steve WOOD	
1	Pombo, Diego	59	CMAC-33	38.29

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Results

(Men 55-59 50 LC Meter Backstroke)

2	Sheahan, Thomas E	56	LBG-33	40.19	7
3	Cavanagh, Mike	59	ROSE-33	43.07	6
4	Freitas, Stephen	56	MVN-33	44.45	5
---	Williams, Harbor T	57	WAMS-38	NS	
---	Shaffer, Mike	56	VCM-33	NS	

Men 55-59 100 LC Meter Backstroke

NATL: 1:03.50 # 6/21/2015 STEVE WOOD

WORLD: 1:03.50 & 6/21/2015 Steve WOOD

1	Shaffer, Mike	56	VCM-33	1:12.34	9
	32.96	1:12.34			
2	Collins, Michael	55	NOVA-33	1:22.05	7
	40.51	1:22.05			
3	Pombo, Diego	59	CMAC-33	1:24.16	6
	41.69	1:24.16			
4	Mc Ginley, Patrick	58	ROSE-33	1:27.74	5
	42.52	1:27.74			
5	Werner, John	58	LBG-33	2:01.10	4
	57.75	2:01.10			

Men 55-59 200 LC Meter Backstroke

NATL: 2:20.83 # 7/20/2019 RIP ESSELSTYN

WORLD: 2:20.83 & 7/20/2019 Rip ESSELSTYN

1	Pombo, Diego	59	CMAC-33	3:00.19	9
	44.08	1:30.46	2:16.03	3:00.19	
2	Collins, Michael	55	NOVA-33	3:03.43	7
	43.68	1:30.52	2:18.03	3:03.43	
3	Werner, John	58	LBG-33	4:09.42	6
	59.04	2:02.38	3:06.64	4:09.42	
---	Cavanagh, Mike	59	ROSE-33	NS	

Men 55-59 50 LC Meter Breaststroke

NATL: 30.56 # 8/6/2017 DAVID GUTHRIE

WORLD: 30.02 & 6/2/2019 C.Arturo TRAVAINI

1	Sheahan, Thomas E	56	LBG-33	42.28	9
2	Freitas, Stephen	56	MVN-33	43.25	7
3	Werner, John	58	LBG-33	50.34	6
---	Madla, Manuel	56	UC33	NS	
---	Cienega, Julio	55	ROSE-33	NS	

Men 55-59 100 LC Meter Breaststroke

NATL: 1:07.97 # 7/31/2015 DAVID GUTHRIE

WORLD: 1:07.65 & 8/13/2019 C.Arturo TRAVAINI

1	Koehler, Doug	55	CVMM-33	1:20.22	7
	38.11	1:20.22			
2	Fleming, Mark	57	ROSE-33	1:24.18	6
	39.61	1:24.18			
3	Kung, Anthony A	55	ROSE-33	1:27.79	5
	40.81	1:27.79			
4	Mc Ginley, Patrick	58	ROSE-33	1:32.38	4
	43.66	1:32.38			
5	Freitas, Stephen	56	MVN-33	1:35.06	3
	45.19	1:35.06			
6	Werner, John	58	LBG-33	1:43.35	2
	49.50	1:43.35			
---	Madla, Manuel	56	UC33	NS	9

Men 55-59 200 LC Meter Breaststroke

NATL: 2:30.63 # 8/21/2016 DAVID GUTHRIE

WORLD: 2:30.63 & 8/21/2016 David GUTHRIE

1	Kung, Anthony A	55	ROSE-33	3:12.31	9
	41.92	1:29.90	2:21.39	3:12.31	
2	Mc Ginley, Patrick	58	ROSE-33	3:14.82	7
	44.11	1:34.95	2:25.96	3:14.82	
3	Fleming, Mark	57	ROSE-33	3:17.02	6
	44.29	1:33.15	2:24.64	3:17.02	
4	Cienega, Julio	55	ROSE-33	3:19.71	5
	35.87	1:38.94	2:18.76	3:19.71	

Men 55-59 50 LC Meter Butterfly

NATL: 26.86 # 8/6/2009 GARY HALL

WORLD: 26.86 & 8/6/2009 Gary HALL

1	Fullbeck, Kip	56	SBM-33	28.48	9
2	Shaffer, Mike	56	VCM-33	29.65	7
3	Williams, Harbor T	57	WAMS-38	30.15	6
4	Collins, Michael	55	NOVA-33	33.67	5
5	Kung, Anthony A	55	ROSE-33	34.59	4
6	Freitas, Stephen	56	MVN-33	38.02	3
7	Koujah, Sam	58	UC33	38.89	2
8	Werner, John	58	LBG-33	50.83	1
---	Bosch, Jorge	57	ROSE-33	NS	

Men 55-59 100 LC Meter Butterfly

NATL: 1:00.56 # 8/11/2012 PAUL CARTER

WORLD: 1:00.56 & 8/11/2012 Paul CARTER

1	Tobin, James	55	MVN-33	1:07.85	9
	31.99	1:07.85			
2	Rutkowski, Mark	59	ROSE-33	1:54.50	7
	51.20	1:54.50			
---	Shaffer, Mike	56	VCM-33	NS	

Men 55-59 200 LC Meter Butterfly

NATL: 2:18.37 # 8/4/2017 DAVID SIMS

WORLD: 2:16.78 & 8/15/2015 Marcus MATTIOLI

1	Shaffer, Mike	56	VCM-33	2:24.42	9
	31.89	1:08.64	1:46.60	2:24.42	
2	Mc Ginley, Patrick	58	ROSE-33	3:37.27	7
	46.47	1:43.93	2:42.41	3:37.27	

Men 55-59 200 LC Meter IM

NATL: 2:20.67 # 2/22/2020 JEROME FRENTSOS

WORLD: 2:20.67 & 2/22/2020 Jerome FRENTSOS

1	Collins, Michael	55	NOVA-33	2:45.01	9
	35.48	1:21.11	2:09.27	2:45.01	
2	Cavanagh, Mike	59	ROSE-33	3:36.54	7
	48.97	1:46.80	2:53.99	3:36.54	
3	Werner, John	58	LBG-33	3:49.64	6
	49.83	1:57.42	2:58.65	3:49.64	
4	Rutkowski, Mark	59	ROSE-33	3:56.69	5
	49.97	1:58.49	3:07.98	3:56.69	
---	Cienega, Julio	55	ROSE-33	NS	

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Men 55-59 400 LC Meter IM

NATL: 5:04.07 # 7/26/2009 MICHAEL MANN

WORLD: 5:01.81 & 4/23/2015 Marcus MATTIOLI

1	Collins, Michael	55	NOVA-33	6:01.17	9
	36.92	1:21.04	2:12.80	3:01.59	
	3:52.65	4:43.42	5:22.81	6:01.17	
2	Mc Ginley, Patrick	58	ROSE-33	6:36.97	7
	43.47	1:38.06	2:29.05	3:20.89	
	4:16.79	5:09.92	5:53.84	6:36.97	

Men 60-64 50 LC Meter Freestyle

NATL: 25.23 # 8/10/2006 RICHARD ABRAHAMS

WORLD: 25.23 & 8/7/2006 Richard ABRAHAMS

1	Smith, Don G	60	CVMM-33	27.97	9
2	Taylor, Thomas	62	ROSE-33	28.40	7
3	Burke, Tom	62	GRA-33	30.04	6
4	Borzzone, Ray	62	MVN-33	30.13	5
5	Peterson, Marlow	61	MVN-33	31.28	4
6	Sammartano, Steven	60	DDM-33	31.74	3
7	Allaire, John	62	GRA-33	32.16	2
8	Ireland, Bill	62	SCAQ-33	32.79	1
9	Crosson, Jeffrey W	60	NOVA-33	33.32	
10	Robinson, Keith	63	CVMM-33	35.02	

Men 60-64 100 LC Meter Freestyle

NATL: 57.79 # 6/14/2014 JACK GROSELLE

WORLD: 57.79 & 6/14/2014 Jack GROSELLE

1	Stephenson, Dan	64	ROSE-33	1:02.25	9
	30.20	1:02.25			
2	Taylor, Thomas	62	ROSE-33	1:02.77	7
	30.11	1:02.77			
3	Burke, Tom	62	GRA-33	1:09.35	6
	33.50	1:09.35			
4	Peterson, Marlow	61	MVN-33	1:09.63	5
	33.62	1:09.63			
5	Spears, Bob	62	MOVY-28	1:09.64	4
	33.26	1:09.64			
6	Crosson, Jeffrey W	60	NOVA-33	1:12.87	3
	35.26	1:12.87			
7	Allaire, John	62	GRA-33	1:13.06	2
	35.10	1:13.06			
8	Jett, Darrell	63	SDSM-44	1:16.19	1
	35.86	1:16.19			
9	Robinson, Keith	63	CVMM-33	1:18.67	
	38.32	1:18.67			
10	DeMauro, Bill	62	MVN-33	1:50.46	
	51.30	1:50.46			

Men 60-64 200 LC Meter Freestyle

NATL: 2:07.68 # 8/6/2017 DAN STEPHENSON

WORLD: 2:07.68 & 8/6/2017 Dan STEPHENSON

1	Taylor, Thomas	62	ROSE-33	2:23.41	9
	32.37	1:09.42	1:47.40	2:23.41	
2	Crosson, Jeffrey W	60	NOVA-33	2:31.70	7
	35.94	1:14.32	1:53.01	2:31.70	
3	Borzzone, Ray	62	MVN-33	2:33.25	6
	34.20	1:12.87	1:53.31	2:33.25	
4	Genz, Michael	63	SDSM-44	2:46.94	5
	36.56	1:20.06	2:04.64	2:46.94	

5	Allaire, John	62	GRA-33	2:49.25	4
	36.87	1:20.25	2:06.44	2:49.25	
6	Robinson, Keith	63	CVMM-33	2:52.04	3
	39.33	1:24.36	2:09.78	2:52.04	
7	Jett, Darrell	63	SDSM-44	2:52.83	2
	38.77	1:22.02	2:07.77	2:52.83	

Men 60-64 400 LC Meter Freestyle

NATL: 4:36.85 # 8/4/2017 DAN STEPHENSON

WORLD: 4:36.85 & 8/4/2017 Dan STEPHENSON

1	Crosson, Jeffrey W	60	NOVA-33	5:30.29	
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Men 60-64 400 LC Meter Freestyle

NATL: 4:36.85 # 8/4/2017 DAN STEPHENSON

WORLD: 4:36.85 & 8/4/2017 Dan STEPHENSON

1	Kajiwara, Doug	64	CVMM-33	5:02.34	9
	34.30	1:13.21	1:51.87	2:29.93	
	3:08.56		4:25.04	5:02.34	
2	Crosson, Jeffrey W	60	NOVA-33	5:15.32	7
	38.30	1:18.69	1:58.74	2:38.87	
	3:18.85	3:58.20	4:37.19	5:15.32	
3	Holbeck, John	63	MYST-33	5:29.93	6
	38.04	1:18.49	2:00.13	2:42.13	
	3:24.25	4:06.48	4:48.95	5:29.93	
4	Serbia, George W	61	NOVA-33	5:37.48	5
	37.79	1:20.29	2:03.91	2:47.84	
	3:31.22	4:14.50	4:57.37	5:37.48	
5	Genz, Michael	63	SDSM-44	6:03.94	4
	39.86	1:24.34	2:11.24	2:59.40	
	3:46.42	4:32.92	5:18.63	6:03.94	
6	Allaire, John	62	GRA-33	6:14.25	3
	40.14	1:28.01	2:17.18	3:06.03	
	3:54.00	4:42.25	5:30.99	6:14.25	
7	Jett, Darrell	63	SDSM-44	6:20.07	2
	43.00	1:30.18	2:19.70	3:08.68	
	3:57.01	4:46.36	5:33.91	6:20.07	

Men 60-64 800 LC Meter Freestyle

NATL: 9:29.70 # 8/12/2018 ANDREW BRAY

WORLD: 9:29.70 & 8/12/2018 Andrew BRAY

1	Crosson, Jeffrey W	60	NOVA-33	10:56.53	9
	39.41	1:21.10	2:02.44	2:44.11	
	3:25.70	4:07.74	4:49.34	5:30.95	
	6:12.24	6:53.61	7:34.56	8:15.60	
	8:56.54	9:37.10	10:17.39	10:56.53	
2	Holbeck, John	63	MYST-33	11:12.42	7
	40.19	1:21.71	2:04.14	2:48.31	
	3:30.58	4:12.68	4:54.89	5:37.24	
	6:19.53	7:01.35	7:43.55	8:25.93	
	9:07.79	9:50.15	10:32.19	11:12.42	
3	Genz, Michael	63	SDSM-44	12:12.82	6
	40.56	1:24.68	2:10.25	2:56.91	
	3:43.87	4:30.55	5:16.95	6:03.66	
	6:50.15	7:36.89	8:23.32	9:10.27	
	9:56.28	10:42.66	11:27.92	12:12.82	

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

(Men 60-64 800 LC Meter Freestyle)

4	Jett, Darrell	63	SDSM-44	13:07.96	5
	43.37	1:31.66	2:22.68	3:13.66	
	4:05.15	4:56.37	5:47.30	6:38.57	
	7:29.04	8:18.67	9:07.61	9:56.03	
	10:45.80	11:33.57	12:21.64	13:07.96	
5	Bzdak, Kris	64	ROSE-33	14:13.27	4
	1:36.78	2:27.28	3:19.07		
	5:02.51	5:54.86	6:48.66		
	7:42.61	8:37.34	9:31.90	10:27.05	
	11:23.49	12:19.80	13:16.77	14:13.27	
6	Walsh, Bill	64	SDSM-44	15:05.75	3
	49.68	1:48.33	2:45.67	3:43.69	
	4:40.83	5:39.42	6:37.19	7:35.26	
	8:32.86	9:29.93	10:27.11	11:23.97	
	12:20.62	13:17.02	14:12.46	15:05.75	
7	DeMauro, Bill	62	MVN-33	17:47.20	2
	57.52	2:01.39	3:07.63	4:13.95	
	5:19.69		7:34.31		
	9:49.06	10:56.36	12:05.13	13:12.93	
	14:22.10	15:29.35	16:39.07	17:47.20	

Men 60-64 800 LC Meter Freestyle

NATL: 9:29.70 # 8/12/2018 ANDREW BRAY

WORLD: 9:29.70 & 8/12/2018 Andrew BRAY

1	Crosson, Jeffrey W	60	NOVA-33	10:59.11
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Men 60-64 1500 LC Meter Freestyle

NATL: 18:01.45 # 7/22/2018 ANDREW BRAY

WORLD: 18:01.45 & 7/22/2018 Andrew BRAY

1	Stephenson, Dan	64	ROSE-33	19:48.68	9
	36.53	1:16.00	1:56.05	2:35.99	
	3:16.08	3:55.95	4:35.87	5:15.36	
	5:55.08	6:34.56	7:14.30	7:54.12	
	8:33.65	9:13.48	9:53.41	10:33.07	
	11:12.93	11:53.02	12:33.21	13:12.98	
	13:52.99	14:32.73	15:12.49	15:52.54	
	16:32.38	17:12.55	17:52.09	18:32.13	
	19:11.63	19:48.68			
2	Kajiwara, Doug	64	CVMM-33	19:53.82	7
	35.99		1:55.89		
	3:17.44	3:58.19	4:38.34		
	5:58.59	6:38.82	7:18.55	7:58.46	
	8:38.27	9:17.97	9:57.83	10:37.26	
	11:16.88	11:56.49	12:36.12	13:15.61	
	13:55.38	14:34.96	15:14.84	15:54.99	
	16:35.02	17:15.31	17:55.42	18:35.10	
	19:15.34	19:53.82			
3	Crosson, Jeffrey W	60	NOVA-33	20:24.96	6
	39.93	1:21.41	2:02.85	2:44.53	
	3:25.91	4:07.48	4:48.84	5:30.29	
	6:11.75	6:52.88	7:34.32	8:15.61	
	8:56.51	9:37.37	10:18.22	10:59.11	
	11:39.79	12:20.53	13:01.56	13:42.57	
	14:23.35	15:03.98	15:44.89	16:25.45	
	17:06.34	17:46.69	18:26.75	19:06.72	
	19:46.52	20:24.96			

4	Serbia, George W	61	NOVA-33	22:08.12	5
	38.83	1:22.79	2:07.74	2:52.58	
	3:37.45	4:22.76	5:07.39	5:52.32	
	6:36.64	7:21.76	8:06.37	8:51.24	
	9:36.05	10:21.19	11:05.58	11:50.22	
	12:34.39	13:19.66	14:03.99	14:49.04	
	15:33.78	16:18.77	17:03.44	17:48.82	
	18:33.47	19:17.76	20:02.34	20:46.53	
	21:28.59	22:08.12			
5	Bzdak, Kris	64	ROSE-33	27:12.51	4
	51.23		2:35.61		
	4:21.08		6:05.94		
	7:51.50	8:59.53	9:37.94		
	10:09.16		13:15.34	13:36.59	
			15:05.55	16:00.87	
			16:55.98	18:48.99	19:44.01
	20:41.04	21:35.93	22:32.71	23:28.24	
	26:19.67	27:12.51			
6	DeMauro, Bill	62	MVN-33	32:51.92	3
	54.60	1:57.69	3:01.65	4:07.29	
	5:12.40	6:17.89	7:23.20	8:28.81	
	9:33.56	10:38.88	11:43.86		
	13:56.37		16:06.84		
	18:17.62		20:29.30	21:35.64	
	22:41.49	23:48.20	24:54.84		
	27:10.92	28:20.43	29:28.76	30:36.75	
	31:43.74	32:51.92			

Men 60-64 50 LC Meter Backstroke

NATL: 30.59 # 8/10/2019 JAMIE FOWLER

WORLD: 30.59 & 8/10/2019 Jamie FOWLER

1	Stephenson, Dan	64	ROSE-33	35.22	9
2	Borzone, Ray	62	MVN-33	38.32	7
3	Sammartano, Steven	60	DDM-33	40.72	6
4	Allaire, John	62	GRA-33	44.27	5
5	DeMauro, Bill	62	MVN-33	55.09	4
---	Serbia, George W	61	NOVA-33	NS	
---	Jett, Darrell	63	SDSM-44	NS	
---	Weissert, Toby	63	NOVA-33	NS	

Men 60-64 50 LC Meter Backstroke

NATL: 30.59 # 8/10/2019 JAMIE FOWLER

WORLD: 30.59 & 8/10/2019 Jamie FOWLER

1	Kajiwara, Doug	64	CVMM-33	35.07
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Men 60-64 100 LC Meter Backstroke

NATL: 1:06.08 # 8/11/2019 JAMIE FOWLER

WORLD: 1:06.08 & 8/11/2019 Jamie FOWLER

1	Kajiwara, Doug	64	CVMM-33	1:14.08	9
	36.12	1:14.08			
2	Uchiyama, Winston	64	ROSE-33	1:21.61	7
	40.89	1:21.61			
3	Borzone, Ray	62	MVN-33	1:24.72	6
	40.46	1:24.72			
4	Jett, Darrell	63	SDSM-44	1:32.39	5
	45.39	1:32.39			
5	Serbia, George W	61	NOVA-33	1:34.60	4
	46.58	1:34.60			

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

(Men 60-64 100 LC Meter Backstroke)

6	Walsh, Bill	64	SDSM-44	1:47.17	3
	1:04.65	1:47.17			
---	Ireland, Bill	62	SCAQ-33	NS	

Men 60-64 200 LC Meter Backstroke

NATL: 2:26.12 # 8/8/2019 JAMIE FOWLER

WORLD: 2:26.12 & 8/8/2019 Jamie FOWLER

1	Stephenson, Dan	64	ROSE-33	2:45.09	9
	40.46	1:23.11	2:05.32	2:45.09	
2	Jett, Darrell	63	SDSM-44	3:27.25	7
	48.86	1:41.26	2:34.39	3:27.25	
3	Walsh, Bill	64	SDSM-44	3:52.76	6
	56.51	1:55.32	2:56.35	3:52.76	
---	Kajiwaru, Doug	64	CVMM-33	NS	
---	Uchiyama, Winston	64	ROSE-33	NS	

Men 60-64 50 LC Meter Breaststroke

NATL: 32.87 # 6/13/2012 TIMOTHY SHEAD

WORLD: 32.80 & 4/17/2012 Stuart ELLICOTT

1	Taylor, Thomas	62	ROSE-33	36.69	9
2	Peterson, Marlow	61	MVN-33	38.50	7
3	Sammartano, Steven	60	DDM-33	39.20	6
4	Robinson, Keith	63	CVMM-33	40.42	5
5	Allaire, John	62	GRA-33	44.16	4
6	Genz, Michael	63	SDSM-44	45.75	3
7	DeMauro, Bill	62	MVN-33	1:00.95	2
---	Uchiyama, Winston	64	ROSE-33	NS	

Men 60-64 100 LC Meter Breaststroke

NATL: 1:11.76 # 1/12/2020 DAVID GUTHRIE

WORLD: 1:13.38 & 8/8/2013 Rick COLELLA

1	Taylor, Thomas	62	ROSE-33	1:21.14	9
	38.84	1:21.14			
2	Uchiyama, Winston	64	ROSE-33	1:24.70	7
	41.45	1:24.70			
3	Peterson, Marlow	61	MVN-33	1:29.17	6
	42.14	1:29.17			
4	Burke, Tom	62	GRA-33	1:30.53	5
	42.75	1:30.53			
5	Spears, Bob	62	MOVY-28	1:33.35	4
	45.20	1:33.35			
6	Robinson, Keith	63	CVMM-33	1:35.29	3
	47.13	1:35.29			
7	Sammartano, Steven	60	DDM-33	1:36.09	2
	42.37	1:36.09			
8	Genz, Michael	63	SDSM-44	1:45.19	1
	49.45	1:45.19			
9	Walsh, Bill	64	SDSM-44	1:51.61	
	53.08	1:51.61			

Men 60-64 200 LC Meter Breaststroke

NATL: 2:40.05 # 1/11/2020 DAVID GUTHRIE

WORLD: 2:40.46 & 8/17/2014 Rick COLELLA

1	Taylor, Thomas	62	ROSE-33	2:58.17	9
	40.44	1:25.81	2:11.86	2:58.17	
2	Uchiyama, Winston	64	ROSE-33	3:06.70	7
	42.67	1:30.23	2:18.39	3:06.70	

3	Holbeck, John	63	MYST-33	3:16.20	6
	46.41	1:37.55	2:27.77	3:16.20	
4	Spears, Bob	62	MOVY-28	3:20.15	5
	46.49	1:36.98	2:28.94	3:20.15	
5	Robinson, Keith	63	CVMM-33	3:32.56	4
	50.38	1:45.32	2:39.56	3:32.56	
6	Ireland, Bill	62	SCAQ-33	3:48.40	3
	43.77	1:48.91	2:29.44	3:48.40	
7	Walsh, Bill	64	SDSM-44	3:50.39	2
	53.30	1:52.45	2:52.14	3:50.39	

Men 60-64 50 LC Meter Butterfly

NATL: 27.85 # 8/6/2017 TRIP HEDRICK

WORLD: 27.65 & 5/6/2018 Hugo BREGMAN

1	Taylor, Thomas	62	ROSE-33	30.52	9
2	Spears, Bob	62	MOVY-28	31.99	7
3	Uchiyama, Winston	64	ROSE-33	33.01	6
4	Burke, Tom	62	GRA-33	33.20	5
5	Allaire, John	62	GRA-33	38.17	4
6	Jett, Darrell	63	SDSM-44	38.83	3
7	Robinson, Keith	63	CVMM-33	40.52	2
---	Ireland, Bill	62	SCAQ-33	NS	

Men 60-64 100 LC Meter Butterfly

NATL: 1:03.03 # 8/15/2005 RICHARD ABRAHAMS

WORLD: 1:02.00 & 5/5/2018 Hugo BREGMAN

1	Taylor, Thomas	62	ROSE-33	1:10.65	9
	32.85	1:10.65			
2	Spears, Bob	62	MOVY-28	1:14.32	7
3	Burke, Tom	62	GRA-33	1:21.58	6
	38.63	1:21.58			
4	Holbeck, John	63	MYST-33	1:21.70	5
	38.32	1:21.70			
5	Walsh, Bill	64	SDSM-44	2:10.19	4
	59.17	2:10.19			
---	Uchiyama, Winston	64	ROSE-33	NS	

Men 60-64 200 LC Meter Butterfly

NATL: 2:29.05 # 8/6/2011 LAWRENCE DAY

WORLD: 2:23.52 & 5/4/2018 Hugo BREGMAN

1	Holbeck, John	63	MYST-33	3:00.99	9
	41.04	1:27.23	2:14.15	3:00.99	
2	Burke, Tom	62	GRA-33	3:18.94	7
	42.99	1:35.29	2:29.03	3:18.94	
3	Walsh, Bill	64	SDSM-44	5:03.82	6
	1:05.66	2:22.57	3:44.44	5:03.82	

Men 60-64 200 LC Meter IM

NATL: 2:21.99 # 8/17/2014 RICK COLELLA

WORLD: 2:21.99 & 8/17/2014 Rick COLELLA

1	Uchiyama, Winston	64	ROSE-33	2:45.02	9
	34.19	1:18.99	2:07.14	2:45.02	
2	Holbeck, John	63	MYST-33	2:53.50	7
	38.68	1:25.32	2:13.64	2:53.50	
3	Spears, Bob	62	MOVY-28	2:54.16	6
	32.86	1:20.34	2:11.66	2:54.16	
4	Burke, Tom	62	GRA-33	3:00.19	5
	38.24	1:28.34	2:22.23	3:00.19	
5	Borzzone, Ray	62	MVN-33	3:00.48	4
	36.50	1:23.27	2:20.39	3:00.48	

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

(Men 60-64 200 LC Meter IM)

6	Genz, Michael	63	SDSM-44	3:23.68	3
	48.08	1:45.94	2:43.33	3:23.68	
7	Allaire, John	62	GRA-33	3:24.91	2
	44.55	1:40.25	2:43.05	3:24.91	
8	Robinson, Keith	63	CVMM-33	3:28.48	1
	45.14	1:47.33	2:42.68	3:28.48	
9	DeMauro, Bill	62	MVN-33	4:29.38	
	1:05.79	2:14.17	3:28.66	4:29.38	
---	Weissert, Toby	63	NOVA-33	NS	

Men 60-64 400 LC Meter IM

	NATL:	5:08.20 # 8/15/2014	RICK COLELLA		
	WORLD:	5:08.20 & 8/15/2014	Rick COLELLA		
1	Burke, Tom	62	GRA-33	6:30.44	9
	43.35	1:36.92	2:28.74	3:20.32	
	4:15.40	5:09.76	5:50.50	6:30.44	
2	Walsh, Bill	64	SDSM-44	8:10.65	7
	58.86	2:15.33	3:19.51	4:18.02	
	5:21.64	6:22.54	7:18.77	8:10.65	

Men 65-69 50 LC Meter Freestyle

	NATL:	26.21 # 7/6/2018	DOUG MARTIN		
	WORLD:	26.21 & 7/6/2018	Doug MARTIN		
1	Keeney, Mike	67	SDSM-44	29.16	9
2	Buckley, Mark	68	CVMM-33	31.32	7
3	Harris, Robert	66	SPP-33	31.76	6
4	Onisko, Kim J	65	LBG-33	32.45	5
5	Lamb, Brent C	69	CLMS-33	32.70	4
6	Scheff, Jonathan	69	WIND-44	32.90	3
7	Modjeska, Mark	68	ARIZ-48	33.49	2
8	Johannsen, David	67	SBM-33	35.11	1
9	Tulin, Michael	67	ROSE-33	43.70	

Men 65-69 100 LC Meter Freestyle

	NATL:	59.49 # 8/9/2019	JACK GROSELLE		
	WORLD:	59.49 & 8/9/2019	Jack GROSELLE		
1	Keeney, Mike	67	SDSM-44	1:05.66	9
	32.10	1:05.66			
2	Buckley, Mark	68	CVMM-33	1:10.19	7
	34.34	1:10.19			
3	Onisko, Kim J	65	LBG-33	1:13.00	6
	33.52	1:13.00			
4	Scheff, Jonathan	69	WIND-44	1:13.77	5
	36.20	1:13.77			
5	Maclean, Robert S	66	UC33	1:40.39	4
	46.43	1:40.39			
6	Tulin, Michael	67	ROSE-33	1:42.08	3
	48.36	1:42.08			
---	Modjeska, Mark	68	ARIZ-48	NS	

Men 65-69 200 LC Meter Freestyle

	NATL:	2:09.39 # 8/6/2017	RICK COLELLA		
	WORLD:	2:09.39 & 8/6/2017	Rick COLELLA		
1	Keeney, Mike	67	SDSM-44	2:31.13	

Men 65-69 200 LC Meter Freestyle

	NATL:	2:09.39 # 8/6/2017	RICK COLELLA		
	WORLD:	2:09.39 & 8/6/2017	Rick COLELLA		
1	Buckley, Mark	68	CVMM-33	2:40.24	9
	33.97	1:12.90	1:57.66	2:40.24	
2	Anderson, Bob	66	PCCM-38	2:49.11	7
	40.31	1:22.85	2:05.77	2:49.11	
3	Scheff, Jonathan	69	WIND-44	2:50.43	6
	41.21	1:24.32	2:08.24	2:50.43	
4	Dobra, Jeffrey	67	LBG-33	2:54.08	5
	40.04	1:24.90	2:11.06	2:54.08	
5	Onisko, Kim J	65	LBG-33	2:54.16	4
	37.34	1:21.17	2:08.42	2:54.16	
---	Keeney, Mike	67	SDSM-44	NS	

Men 65-69 400 LC Meter Freestyle

	NATL:	4:37.70 # 8/4/2017	RICK COLELLA		
	WORLD:	4:37.70 & 8/4/2017	Rick COLELLA		
1	Modjeska, Mark	68	ARIZ-48	5:25.26	
2	Anderson, Bob	66	PCCM-38	6:11.63	

Men 65-69 400 LC Meter Freestyle

	NATL:	4:37.70 # 8/4/2017	RICK COLELLA		
	WORLD:	4:37.70 & 8/4/2017	Rick COLELLA		
1	Scheff, Jonathan	69	WIND-44	5:57.62	9
	43.05	1:28.08	2:13.74	2:59.20	
	3:44.51	4:29.81	5:14.76	5:57.62	
2	Keeney, Mike	67	SDSM-44	5:59.56	7
	34.52	1:12.65	1:52.01	2:31.13	
	3:40.96	4:35.12	5:18.76	5:59.56	
3	Dobra, Jeffrey	67	LBG-33	6:14.85	6
	40.69	1:26.00	2:14.78	3:03.42	
	3:52.52	4:40.85	5:29.59	6:14.85	
4	Modjeska, Mark	68	ARIZ-48	6:14.94	5
	39.71	1:28.59	2:13.31	3:05.13	
	3:49.40	4:41.35	5:24.57	6:14.94	

Men 65-69 800 LC Meter Freestyle

	NATL:	10:11.30 # 6/14/2015	JIM MC CONICA		
	WORLD:	10:11.30 & 6/14/2015	Jim MCCONICA		
1	Scheff, Jonathan	69	WIND-44	12:20.44	

Men 65-69 800 LC Meter Freestyle

	NATL:	10:11.30 # 6/14/2015	JIM MC CONICA		
	WORLD:	10:11.30 & 6/14/2015	Jim MCCONICA		
1	Modjeska, Mark	68	ARIZ-48	10:57.31	9
	37.26	1:16.89	1:56.93	2:37.90	
	3:19.56	4:01.86	4:43.34	5:25.26	
	6:06.56	6:48.56	7:30.26	8:12.63	
	8:54.63	9:36.24	10:17.40	10:57.31	
2	Scheff, Jonathan	69	WIND-44	12:14.71	7
	45.51	1:32.39	2:18.39	3:05.16	
	3:51.43	4:37.96	5:24.15	6:10.26	
	6:56.01	7:42.19	8:28.17	9:14.23	
	9:59.94	10:45.90	11:31.26	12:14.71	

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

(Men 65-69 800 LC Meter Freestyle)

3	Anderson, Bob	66	PCCM-38	12:23.49	6
	43.19	1:30.28	2:17.88	3:04.84	
	3:51.99	4:38.91	5:25.36	6:11.63	
	6:58.29	7:43.89	8:31.36	9:18.45	
	10:04.72	10:52.47	11:39.25	12:23.49	
4	Dobra, Jeffrey	67	LBG-33	12:36.68	5
	42.05	1:27.83	2:15.20	3:03.46	
	3:51.21	4:39.29	5:28.09	6:16.06	
	7:04.94	7:52.98	8:42.35	9:30.28	
	10:18.87	11:06.54	11:54.84	12:36.68	

Men 65-69 1500 LC Meter Freestyle

		NATL: 19:33.36 # 6/14/2015		JIM MC CONICA	
		WORLD: 19:33.36 & 6/14/2015		Jim MCCONICA	
1	Modjeska, Mark	68	ARIZ-48	22:15.14	9
	38.00	1:18.87	2:01.68	2:45.47	
	3:29.10	4:13.39	4:57.98	5:42.46	
	6:27.24	7:13.10	7:58.72	8:43.39	
	9:28.54	10:14.60	11:00.08	11:45.53	
	12:31.54	13:17.12	14:02.33	14:47.21	
	15:32.59	16:17.10	17:02.30	17:47.11	
	18:32.75	19:17.99	20:03.64	20:48.57	
	21:32.76	22:15.14			
2	Scheff, Jonathan	69	WIND-44	22:58.79	7
	44.74	1:30.80	2:17.73	3:05.00	
	3:51.82	4:38.51	5:24.97	6:11.54	
	6:57.79	7:44.12	8:30.62	9:16.80	
	10:02.95	10:48.74	11:34.65	12:20.44	
	13:06.38	13:52.32	14:38.23	15:23.90	
	16:09.90	16:55.62	17:41.06	18:26.84	
	19:12.57	19:58.24	20:44.00	21:29.65	
	22:14.90	22:58.79			
3	Dobra, Jeffrey	67	LBG-33	23:47.68	6
	40.67	1:26.08	2:14.32	3:01.40	
	3:48.91	4:36.54	5:24.62	6:11.33	
	6:58.73	7:46.56	8:34.08	9:22.06	
	10:10.67	10:59.70	11:47.69	12:36.22	
	13:24.94	14:12.74	15:01.05	15:49.33	
	16:37.50	17:26.12	18:13.83	19:02.08	
	19:52.13	20:40.26	21:28.79	22:16.45	
	23:04.87	23:47.68			
4	Onisko, Kim J	65	LBG-33	26:31.29	5
	46.01	1:38.23	2:32.98	3:27.59	
	4:48.41	5:15.77	6:24.50	7:03.42	
	7:57.01	8:50.80	9:55.45	10:40.06	
	11:59.92	12:31.29	13:35.26	14:22.13	
	15:18.64	16:13.91	17:09.81		
	19:01.53	19:58.35	20:55.02	21:51.53	
	22:48.36	23:45.74	25:06.51	25:36.57	
	26:31.29				

Men 65-69 50 LC Meter Backstroke

		NATL: 30.95 # 7/12/2012		HUGH WILDER	
		WORLD: 30.95 & 7/7/2012		Hugh WILDER	
1	Johannsen, David	67	SBM-33	41.89	9
2	Onisko, Kim J	65	LBG-33	43.89	7
3	Rice, Terence	65	ROSE-33	44.85	6

Men 65-69 100 LC Meter Backstroke

		NATL: 1:09.79 # 7/8/2012		HUGH WILDER	
		WORLD: 1:09.79 & 7/8/2012		Hugh WILDER	
1	Johannsen, David	67	SBM-33	2:12.88	9
	1:03.24	2:12.88			

Men 65-69 200 LC Meter Backstroke

		NATL: 2:37.16 # 6/16/2018		LAWRENCE DAY	
		WORLD: 2:37.16 & 6/16/2018		Lawrence DAY	
1	Onisko, Kim J	65	LBG-33	3:52.78	9
	1:52.01	2:53.43	3:52.78		
2	Johannsen, David	67	SBM-33	4:03.67	7
	55.74	1:56.82	3:00.84	4:03.67	

Men 65-69 50 LC Meter Breaststroke

		NATL: 33.30 # 8/19/2016		RICK COLELLA	
		WORLD: 33.30 & 8/19/2016		Rick COLELLA	
1	Anderson, Bob	66	PCCM-38	42.93	9
2	Johannsen, David	67	SBM-33	43.82	7
3	Rice, Terence	65	ROSE-33	45.23	6
4	Dobra, Jeffrey	67	LBG-33	1:03.26	5

Men 65-69 100 LC Meter Breaststroke

		NATL: 1:14.77 # 8/5/2017		RICK COLELLA	
		WORLD: 1:14.77 & 8/5/2017		Rick COLELLA	
1	Anderson, Bob	66	PCCM-38	1:37.89	9
	46.84	1:37.89			
2	Johannsen, David	67	SBM-33	1:39.42	7
	47.24	1:39.42			

Men 65-69 200 LC Meter Breaststroke

		NATL: 2:41.54 # 8/21/2016		RICK COLELLA	
		WORLD: 2:41.54 & 8/21/2016		Rick COLELLA	
1	Johannsen, David	67	SBM-33	3:40.94	9
	48.13	1:43.97	2:42.69	3:40.94	
2	Anderson, Bob	66	PCCM-38	3:44.29	7
	54.64	1:53.43	2:51.50	3:44.29	

Men 65-69 50 LC Meter Butterfly

		NATL: 28.66 # 7/28/2019		TRIP HEDRICK	
		WORLD: 28.54 & 6/27/2009		Josep CLARET	
1	Buckley, Mark	68	CVMM-33	33.00	9
2	Harris, Robert	66	SPP-33	33.59	7
3	Onisko, Kim J	65	LBG-33	38.60	6
---	Modjeska, Mark	68	ARIZ-48	NS	

Men 65-69 100 LC Meter Butterfly

		NATL: 1:05.83 # 8/6/2017		RICK COLELLA	
		WORLD: 1:05.83 & 8/6/2017		Rick COLELLA	
1	Anderson, Bob	66	PCCM-38	1:44.04	

Men 65-69 100 LC Meter Butterfly

		NATL: 1:05.83 # 8/6/2017		RICK COLELLA	
		WORLD: 1:05.83 & 8/6/2017		Rick COLELLA	
1	Buckley, Mark	68	CVMM-33	1:21.51	9
	36.81	1:21.51			
---	Modjeska, Mark	68	ARIZ-48	NS	

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Men 65-69 200 LC Meter Butterfly

NATL: 2:33.40 # 6/12/2016 LAWRENCE DAY

WORLD: 2:33.40 & 6/12/2016 Lawrence DAY

1	Modjeska, Mark	68	ARIZ-48	3:00.57	9
				35.90	
				1:50.09	
				3:00.57	
2	Anderson, Bob	66	PCCM-38	3:41.39	7
				46.51	
				1:49.06	
				2:27.08	
				3:41.39	

Men 65-69 200 LC Meter IM

NATL: 2:25.22 # 8/19/2016 RICK COLELLA

WORLD: 2:25.22 & 8/19/2016 Rick COLELLA

1	Anderson, Bob	66	PCCM-38	3:19.24	9
				43.72	
				1:42.21	
				2:37.31	
				3:19.24	
2	Johannsen, David	67	SBM-33	3:25.06	7
				43.58	
				1:40.56	
				2:37.98	
				3:25.06	
3	Rice, Terence	65	ROSE-33	3:39.88	6
				43.46	
				1:48.27	
				3:39.88	
4	Tulin, Michael	67	ROSE-33	4:36.62	5
				1:05.30	
				2:19.49	
				3:42.45	
				4:36.62	

Men 65-69 400 LC Meter IM

NATL: 5:13.36 # 8/3/2017 RICK COLELLA

WORLD: 5:13.36 & 8/3/2017 Rick COLELLA

1	Anderson, Bob	66	PCCM-38	7:18.56	9
				48.47	
				1:44.04	
				2:51.34	
				3:51.15	
				4:49.59	
				5:49.43	
				6:35.30	
				7:18.56	

Men 70-74 50 LC Meter Freestyle

NATL: 27.71 # 8/7/2015 RICHARD ABRAHAMS

WORLD: 27.71 & 8/7/2015 Richard ABRAHAMS

1	Gruber, Glenn	72	VCM-33	31.07	9
2	Longworth, Mark	70	MVN-33	34.10	7
3	Miller, Rick	74	LBG-33	35.02	6
4	Smith, Stan	74	LBG-33	43.57	5

Men 70-74 100 LC Meter Freestyle

NATL: 1:03.32 # 8/8/2015 DAVID QUIGGIN

WORLD: 1:03.32 & 8/8/2015 David QUIGGIN

1	Gruber, Glenn	72	VCM-33	1:10.99	9
				33.55	
				1:10.99	
2	Cochran, Van	71	MVN-33	1:16.52	7
				36.38	
				1:16.52	
3	Longworth, Mark	70	MVN-33	1:26.72	6
				39.96	
				1:26.72	
4	Smith, Stan	74	LBG-33	1:39.45	5
				47.06	
				1:39.45	
5	Frankel, Jonathan	70	MVN-33	2:14.70	4
				1:03.19	
				2:14.70	

Men 70-74 200 LC Meter Freestyle

NATL: 2:23.30 # 7/31/2018 FRED SCHLICHER

WORLD: 2:23.30 & 7/31/2018 Fred SCHLICHER

1	Gruber, Glenn	72	VCM-33	2:43.84	9
				36.51	
				1:16.59	
				2:00.94	
				2:43.84	
2	Miller, Rick	74	LBG-33	3:08.73	7
				41.71	
				1:30.84	
				2:21.57	
				3:08.73	
3	Frankel, Jonathan	70	MVN-33	4:47.73	6
				1:05.71	
				2:19.05	
				3:33.67	
				4:47.73	

Men 70-74 800 LC Meter Freestyle

NATL: 10:37.71 # 7/28/2018 DAN KIRKLAND

WORLD: 10:37.71 & 7/28/2018 Dan KIRKLAND

1	Kerns, Hubie	72	SFTL-50	11:36.45	9
				40.22	
				1:23.44	
				2:06.89	
				2:51.40	
				3:35.26	
				4:19.89	
				5:03.82	
				5:48.21	
				6:32.42	
				7:16.46	
				7:59.90	
				8:43.75	
				9:27.54	
				10:11.76	
				10:54.77	
				11:36.45	
2	Cochran, Van	71	MVN-33	12:38.62	7
				41.85	
				1:27.56	
				2:15.67	
				3:03.82	
				3:51.71	
				4:39.99	
				5:28.22	
				6:16.59	
				7:04.93	
				7:53.29	
				8:41.61	
				9:30.04	
				10:18.81	
				11:06.90	
				11:54.60	
				12:38.62	
3	Stuart, Ian	74	MVN-33	15:13.57	6
				51.42	
				1:47.92	
				2:46.06	
				3:43.83	
				4:42.43	
				5:40.47	
				6:39.00	
				7:36.71	
				8:34.88	
				9:33.20	
				10:31.11	
				11:28.66	
				12:26.01	
				13:24.46	
				14:22.14	
				15:13.57	
4	Frankel, Jonathan	70	MVN-33	22:22.17	5
				1:13.85	
				2:36.50	
				3:57.03	
				5:22.61	
				6:46.13	
				8:13.10	
				9:37.50	
				11:04.03	
				12:30.84	
				13:57.27	
				15:22.85	
				16:49.47	
				18:16.06	
				19:40.72	
				21:03.40	
				22:22.17	

Men 70-74 1500 LC Meter Freestyle

NATL: 20:26.12 # 7/20/2018 DAN KIRKLAND

WORLD: 20:26.12 & 7/20/2018 Dan KIRKLAND

1	Kerns, Hubie	72	SFTL-50	21:53.98	9
				40.29	
				1:23.66	
				2:07.76	
				2:52.04	
				3:36.02	
				4:20.34	
				5:04.26	
				5:48.61	
				6:33.06	
				7:17.17	
				8:01.09	
				8:45.27	
				9:29.67	
				10:14.30	
				10:58.15	
				11:42.61	
				12:26.21	
				13:10.36	
				13:54.10	
				14:38.31	
				15:22.44	
				16:06.94	
				16:50.71	
				17:35.27	
				18:18.85	
				19:02.25	
				19:44.89	
				20:29.09	
				21:12.40	
				21:53.98	
2	Cochran, Van	71	MVN-33	24:15.88	7
				53.63	
				2:16.10	
				3:03.35	
				6:16.49	
				7:05.03	
				7:53.54	
				8:37.92	
				9:29.99	
				10:18.85	
				11:08.85	
				11:58.85	
				12:48.85	
				13:38.85	
				14:28.85	
				15:18.85	
				16:08.85	
				16:58.85	
				17:48.85	
				18:38.85	
				19:28.85	
				20:18.85	
				21:08.85	
				21:58.85	
3	Stuart, Ian	74	MVN-33	29:10.14	6
				51.01	
				1:48.46	
				2:46.55	
				3:44.57	
				4:42.39	
				5:41.19	
				6:39.40	
				7:37.68	
				8:35.72	
				9:34.09	
				10:32.65	
				11:31.70	
				12:30.34	
				13:29.42	
				14:28.34	
				15:27.43	
				16:25.92	
				17:25.34	
				18:24.27	
				19:23.56	
				20:22.04	
				21:22.08	
				22:20.99	
				23:20.64	
				24:20.41	
				25:20.34	
				26:18.84	
				27:17.98	
				28:16.26	
				29:10.14	

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

Men 70-74 50 LC Meter Backstroke

NATL: 33.58 # 8/4/2017 HUGH WILDER

WORLD: 33.58 & 8/4/2017 Hugh WILDER

1	Lucas, James	71	VCM-33	42.93	9
2	Frankel, Jonathan	70	MVN-33	1:13.47	7

Men 70-74 100 LC Meter Backstroke

NATL: 1:13.49 # 8/6/2017 HUGH WILDER

WORLD: 1:13.49 & 8/6/2017 Hugh WILDER

---	Lucas, James	71	VCM-33		NS
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Men 70-74 200 LC Meter Backstroke

NATL: 2:40.25 # 6/5/1921 LAWRENCE DAY

WORLD: 2:44.59 & 8/9/2013 Richard BURNS

1	Miller, Rick	74	LBG-33	3:39.53	9
				52.10 1:49.81 2:47.75 3:39.53	
---	Lucas, James	71	VCM-33		NS

Men 70-74 50 LC Meter Breaststroke

NATL: 36.57 # 6/15/2019 PEDER DAHLBERG

WORLD: 36.57 & 6/15/2019 Peder DAHLBERG

1	Miller, Rick	74	LBG-33	46.23	9
2	Lucas, James	71	VCM-33	50.42	7
3	Mott, J Steven	72	UC33	53.95	6
4	Chedekel, Miles	73	UC33	54.23	5
5	Smith, Stan	74	LBG-33	1:05.49	4
6	Frankel, Jonathan	70	MVN-33	1:13.82	3

Men 70-74 100 LC Meter Breaststroke

NATL: 1:21.98 # 6/15/2019 PEDER DAHLBERG

WORLD: 1:21.98 & 6/15/2019 Peder DAHLBERG

1	Kerns, Hubie	72	SFTL-50	1:29.02	9
				43.59 1:29.02	
2	Chedekel, Miles	73	UC33	2:04.15	7
				59.13 2:04.15	
3	Mott, J Steven	72	UC33	2:06.09	6
				1:01.35 2:06.09	
4	Smith, Stan	74	LBG-33	2:25.84	5
				1:06.58 2:25.84	

Men 70-74 200 LC Meter Breaststroke

NATL: 3:06.10 # 8/11/2019 ALLEN STARK

WORLD: 3:04.79 & 3/14/2009 Michael MALONEY

1	Kerns, Hubie	72	SFTL-50	3:18.53	9
				47.86 1:39.32 2:30.03 3:18.53	
2	Chedekel, Miles	73	UC33	4:33.04	7
				59.25 2:07.97 3:22.06 4:33.04	

Men 70-74 50 LC Meter Butterfly

NATL: 30.06 # 8/9/2015 RICHARD ABRAHAMS

WORLD: 30.06 & 8/9/2015 Richard ABRAHAMS

1	Gruber, Glenn	72	VCM-33	33.80	9
2	Longworth, Mark	70	MVN-33	39.60	7
3	Miller, Rick	74	LBG-33	39.90	6
4	Chedekel, Miles	73	UC33	55.25	5

Men 70-74 100 LC Meter Butterfly

NATL: 1:09.50 # 6/6/1921 LAWRENCE DAY

WORLD: 1:12.43 & 7/8/2018 Fred SCHLICHER

1	Kerns, Hubie	72	SFTL-50	1:23.39	9
				38.14 1:23.39	

2	Chedekel, Miles	73	UC33	2:17.78	7
				1:01.92 2:17.78	

Men 70-74 200 LC Meter Butterfly

NATL: 2:51.90 # 6/5/1921 LAWRENCE DAY

WORLD: 2:53.43 & 8/3/2018 Fred SCHLICHER

1	Kerns, Hubie	72	SFTL-50	3:11.78	9
				39.50 1:28.56 2:18.37 3:11.78	
2	Miller, Rick	74	LBG-33	3:47.59	7
				44.97 1:40.24 2:41.79 3:47.59	

Men 70-74 200 LC Meter IM

NATL: 2:45.55 # 6/5/1921 LAWRENCE DAY

WORLD: 2:45.60 & 5/3/2009 Barry YOUNG

1	Kerns, Hubie	72	SFTL-50	2:54.17	9
				36.25 1:22.42 2:13.78 2:54.17	
2	Longworth, Mark	70	MVN-33	4:02.29	7
				40.29 1:43.86 3:06.30 4:02.29	
---	Miller, Rick	74	LBG-33		NS
---	Ebel, Mark	73	PCST-15		NS

Men 70-74 400 LC Meter IM

NATL: 5:55.97 # 6/6/1921 LAWRENCE DAY

WORLD: 5:57.81 & 5/1/2009 Barry YOUNG

1	Kerns, Hubie	72	SFTL-50	6:23.83	9
				39.81 1:31.15 2:21.42 3:12.13 4:05.90 4:58.98 5:42.21 6:23.83	
2	Miller, Rick	74	LBG-33	7:39.14	7
				43.72 1:37.70 2:39.72 3:41.52 4:49.18 5:57.61 6:47.29 7:39.14	

Men 75-79 50 LC Meter Freestyle

NATL: 29.19 # 8/25/2019 DAVID QUIGGIN

WORLD: 29.19 & 8/25/2019 David QUIGGIN

1	Burns, Richard	78	TAM-38	32.15	9
2	Cargill, Rodney	75	SWLB-33	34.02	7
3	Freeman, Frank	76	UC33	39.00	6
---	Owens, Robert	75	VCM-33		NS

Men 75-79 100 LC Meter Freestyle

NATL: 1:06.55 # 8/9/2019 RICHARD BURNS

WORLD: 1:06.40 & 3/3/2018 Akira FUJIMAKI

1	Burns, Richard	78	TAM-38	1:10.95	9
				34.52 1:10.95	
2	Freeman, Frank	76	UC33	1:28.16	7
				41.22 1:28.16	
3	Warder, Michael Y	75	SDA-33	1:37.03	6
				44.07 1:37.03	
---	Owens, Robert	75	VCM-33		NS

Men 75-79 200 LC Meter Freestyle

NATL: 2:25.66 # 6/6/2009 DAVID RADCLIFF

WORLD: 2:25.66 & 6/6/2009 David RADCLIFF

1	Burns, Richard	78	TAM-38	2:46.62	9
				38.76 1:21.64 2:05.54 2:46.62	
2	Freeman, Frank	76	UC33	3:32.49	7
				1:41.14 2:38.19 3:32.49	
---	Owens, Robert	75	VCM-33		NS
---	McColly, Michael	76	PSM-36		NS

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Men 75-79 400 LC Meter Freestyle

NATL: 5:17.77 # 3/7/2009 DAVID RADCLIFF

WORLD: 5:17.77 & 3/7/2009 David RADCLIFF

1	McColly, Michael	76	PSM-36	6:01.00	9
	39.83	1:23.73	2:09.45		
	3:42.43	4:29.26	5:15.27	6:01.00	
2	Freeman, Frank	76	UC33	7:01.14	7
	47.41	1:40.80	2:35.13		
	4:24.71	5:19.05	6:12.49	7:01.14	
---	Owens, Robert	75	VCM-33		NS

Men 75-79 800 LC Meter Freestyle

NATL: 11:07.90 # 7/10/2009 DAVID RADCLIFF

WORLD: 11:07.90 & 7/10/2009 David RADCLIFF

1	McColly, Michael	76	PSM-36	12:43.75	9
	43.32		3:07.45		
	3:55.30	4:43.83	5:31.85	6:20.69	
	7:09.00	7:57.84	8:46.38	9:34.81	
	10:23.43	11:11.90	11:58.47	12:43.75	
2	Freeman, Frank	76	UC33	14:47.60	7
	48.77	1:43.66	2:39.69	3:36.19	
	4:32.81	5:28.63	6:24.46	7:20.39	
	8:16.28	9:12.89	10:11.95	11:08.95	
	12:05.97	13:02.67	13:57.19	14:47.60	
3	Warder, Michael Y	75	SDA-33	15:40.35	6
	48.63	1:45.06	2:43.12	3:41.81	
	4:41.04	5:43.53	6:43.02	7:43.59	
	8:42.15	9:42.39	10:42.00	11:44.52	
	12:44.62	13:45.25	14:44.13	15:40.35	

Men 75-79 1500 LC Meter Freestyle

NATL: 21:03.06 # 7/10/2009 DAVID RADCLIFF

WORLD: 21:03.06 & 7/10/2009 David RADCLIFF

1	Freeman, Frank	76	UC33	28:11.33	9
	48.19	1:43.51	2:40.20		
	4:33.56	5:30.86	6:27.29	7:23.91	
	8:20.69	9:18.05	10:15.63	11:12.25	
	12:09.38	13:06.97	14:03.56	15:00.69	
	15:57.88	16:55.54	17:52.80	18:50.28	
	19:46.44	20:44.41	21:40.98	22:38.33	
	23:34.10	24:31.25	25:27.23	26:24.95	
	27:19.15	28:11.33			
2	Warder, Michael Y	75	SDA-33	30:09.36	7
	50.30	1:47.46	2:45.68	3:45.07	
	4:46.67	5:46.21	6:45.83	7:46.39	
	8:47.03		10:48.97		
	12:49.70		14:51.45		
	16:54.22	17:56.11			
	18:56.24		20:59.80		
	23:03.60		25:05.58	26:07.98	
	29:13.56	30:09.36			

3	Owens, Robert	75	VCM-33	30:46.02	6
	56.82	1:55.59	2:56.27	3:57.03	
	4:57.14	5:57.70	6:58.74	8:01.30	
	8:59.89	10:00.92	11:01.65	12:02.07	
	13:02.78	14:07.20	15:09.13	16:11.68	
	17:12.04	18:15.25	19:18.40	20:25.22	
	21:27.09	22:29.19	23:31.86	24:36.15	
	25:39.31	26:40.33	27:42.14	28:44.70	
	29:46.29	30:46.02			

Men 75-79 50 LC Meter Backstroke

NATL: 34.45 # 8/2/2018 RICHARD BURNS

WORLD: 34.45 & 8/2/2018 Richard BURNS

1	Burns, Richard	78	TAM-38	36.74	9
2	McColly, Michael	76	PSM-36	43.29	7

Men 75-79 100 LC Meter Backstroke

NATL: 1:17.17 # 7/31/2018 RICHARD BURNS

WORLD: 1:17.17 & 7/31/2018 Richard BURNS

1	Burns, Richard	78	TAM-38	1:21.44	9
	40.37	1:21.44			
2	McColly, Michael	76	PSM-36	1:32.53	7
	45.89	1:32.53			

Men 75-79 200 LC Meter Backstroke

NATL: 2:50.25 # 7/30/2018 RICHARD BURNS

WORLD: 2:50.25 & 7/30/2018 Richard BURNS

1	Burns, Richard	78	TAM-38	3:04.30	9
	43.48	1:31.63	2:19.79	3:04.30	
2	McColly, Michael	76	PSM-36	3:19.86	7
	47.38	1:38.46	2:30.17	3:19.86	

Men 75-79 50 LC Meter Breaststroke

NATL: 38.89 # 6/5/2016 MIKE FRESHLEY

WORLD: 39.06 & 8/3/2018 Peter ANDERSEN

1	Cargill, Rodney	75	SWLB-33	40.69	9
---	Murray, Allen	77	UC33		NS

Men 75-79 100 LC Meter Breaststroke

NATL: 1:27.74 # 8/18/2016 MIKE FRESHLEY

WORLD: 1:27.74 & 8/18/2016 Mike FRESHLEY

1	Murray, Allen	77	UC33	2:12.87	9
	1:01.70	2:12.87			

Men 75-79 200 LC Meter Breaststroke

NATL: 3:13.93 # 8/21/2016 MIKE FRESHLEY

WORLD: 3:13.93 & 8/21/2016 Mike FRESHLEY

1	Murray, Allen	77	UC33	5:08.72	9
	58.71	2:23.77	2:54.92	5:08.72	

Men 75-79 50 LC Meter Butterfly

NATL: 32.17 # 7/31/2018 RICHARD BURNS

WORLD: 32.17 & 7/31/2018 Richard BURNS

1	Burns, Richard	78	TAM-38	34.29	9
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Men 75-79 200 LC Meter IM

NATL: 2:57.66 # 8/10/2019 RICHARD BURNS

WORLD: 2:57.66 & 8/10/2019 Richard BURNS

1	Burns, Richard	78	TAM-38	3:10.63	9
	35.89	1:26.09	2:27.63	3:10.63	

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Men 80-84 50 LC Meter Freestyle

NATL: 32.18 # 7/1/2017 JEFF FARRELL
 WORLD: 31.96 & 5/20/2012 Roberto ALBERICHE

1 House, John 80 ROSE-33 44.98 9

Men 80-84 200 LC Meter Freestyle

NATL: 2:40.22 # 8/24/2014 DAVID RADCLIFF
 WORLD: 2:40.22 & 8/24/2014 David RADCLIFF

1 Day, John C 81 UC44 2:56.18 9
 40.63 1:25.00 2:10.93 2:56.18
 2 House, John 80 ROSE-33 3:53.61 7
 51.84 1:52.20 2:53.88 3:53.61

Men 80-84 800 LC Meter Freestyle

NATL: 11:49.29 # 8/22/2014 DAVID RADCLIFF
 WORLD: 11:49.29 & 8/22/2014 David RADCLIFF

1 Bergstrom, Robert 80 FMT-33 16:15.03

Men 80-84 1500 LC Meter Freestyle

NATL: 22:16.90 # 5/31/2014 DAVID RADCLIFF
 WORLD: 22:16.90 & 5/31/2014 David RADCLIFF

1 Bergstrom, Robert 80 FMT-33 30:36.12 9
 57.25 1:59.31 3:00.71 4:03.67
 5:04.89 6:05.66 7:06.15 8:07.50
 9:08.05 10:09.13 11:10.08 12:11.00
 13:12.27 14:13.05 15:13.48 16:15.03
 17:15.63 18:17.65 19:17.93 20:20.43
 21:21.65 22:24.73 23:25.63 24:27.82
 25:28.45 26:31.43 27:31.67 28:34.11
 29:36.24 30:36.12

Men 80-84 100 LC Meter Backstroke

NATL: 1:29.06 # 8/6/2017 DAVID COSTILL
 WORLD: 1:26.44 & 1/19/2013 S.SEKIKAWA

1 Day, John C 81 UC44 1:37.89 9
 48.15 1:37.89
 2 House, John 80 ROSE-33 2:02.55 7
 59.60 2:02.55

Men 80-84 200 LC Meter Backstroke

NATL: 3:15.04 # 8/5/2017 DAVID COSTILL
 WORLD: 3:15.04 & 8/5/2017 David COSTILL

1 Day, John C 81 UC44 3:32.19 9
 50.41 1:45.62 2:39.45 3:32.19
 2 Bergstrom, Robert 80 FMT-33 4:24.93 7
 1:03.35 2:12.30 3:19.61 4:24.93

Men 80-84 200 LC Meter IM

NATL: 3:24.82 # 6/17/2017 DAVID COSTILL
 WORLD: 3:23.31 & 10/28/2017 Ikuro SHIMONO

1 Day, John C 81 UC44 3:26.02 9
 49.41 1:44.15 2:44.42 3:26.02

Men 85-89 50 LC Meter Freestyle

NATL: 35.77 # 8/15/1998 WOODY BOWERSOCK
 WORLD: 33.94 & 3/2/2008 Keijiro NAKAMURA

1 Best, Bob 89 SDSM-44 42.03 9
 2 Fleming, William 86 ROSE-33 56.56 7

Men 85-89 100 LC Meter Freestyle

NATL: 1:23.25 # 6/6/2010 FRANK PIEMME
 WORLD: 1:23.25 & 6/6/2010 Frank PIEMME

1 Best, Bob 89 SDSM-44 1:50.52 9
 49.97 1:50.52

Men 85-89 50 LC Meter Backstroke

NATL: 40.50 # 8/2/2018 YOSHI OYAKAWA
 WORLD: 39.89 & 7/18/2008 Keijiro NAKAMURA

1 Best, Bob 89 SDSM-44 56.57 9

Men 85-89 100 LC Meter Backstroke

NATL: 1:38.07 # 6/17/2017 CLARKE MITCHELL
 WORLD: 1:31.65 & 3/2/2008 Keijiro NAKAMURA

1 Fleming, William 86 ROSE-33 2:11.86 9
 1:00.51 2:11.86

Men 85-89 50 LC Meter Breaststroke

NATL: 49.49 # 7/24/2010 FRANK PIEMME
 WORLD: 45.66 & 6/19/2010 Toshio TAJIMA

1 Best, Bob 89 SDSM-44 57.34 9

Men 85-89 100 LC Meter Breaststroke

NATL: 1:51.79 # 7/24/2010 FRANK PIEMME
 WORLD: 1:46.96 & 1/18/2020 Hirofumi HOSOTANI

1 Best, Bob 89 SDSM-44 2:22.79 9
 1:07.51 2:22.79
 2 Fleming, William 86 ROSE-33 2:55.83 7

Men 85-89 200 LC Meter Breaststroke

NATL: 4:10.75 # 7/22/2012 AL CRAIG
 WORLD: 3:58.55 & 4/10/2021 John COCKS

1 Best, Bob 89 SDSM-44 5:25.30 9
 1:12.21 2:35.76 4:04.62 5:25.30

Women 72-99 200 LC Meter Freestyle Relay

NATL: 1:53.83 # 8/8/2009 FT LAUDERDALE AQUATICS

N PIKE, M BRESNAHAN, K ALYABYEVA, J MARTIN

1 SPP-33 A 2:07.07 18
 1) Hamilton, Hannah W26 2) Pukszta, Claire A W24
 3) Peterson, Ariel W19 4) Turner, Lauren W29
 30.76 1:05.95 1:36.69 2:07.07
 2 ROSE-33 A 2:08.55 14
 1) Ramirez, Rayana W19 2) Clopein, Kyla W21
 3) Gebhard, Karah W24 4) Duraj, Michelle W29
 30.00 1:02.92 1:42.85 2:08.55

Women 72-99 400 LC Meter Freestyle Relay

NATL: 4:19.34 # 7/24/2010 LAS VEGAS MASTERS

S COLAVITO, C SMITH, M KELLEY, S PEARSON

1 MVN-33 A 4:58.40 18
 1) Choi, Madison H W23 2) Christiansen, Emily W24
 3) Flatman, Ashley W24 4) Bae, Alex W26
 37.24 1:23.25 1:56.54 2:32.36
 3:08.30 3:46.70 4:20.20 4:58.40

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Women 72-99 800 LC Meter Freestyle Relay

NATL: 9:33.71 # 7/24/2010 LAS VEGAS MASTERS

M KELLEY, C SMITH, S COLAVITO, S PEARSON

1	SPP-33	A	10:52.45	18
	1) Peterson, Ariel W19	2) Pukszta, Claire A W24		
	3) Turner, Lauren W29	4) Hamilton, Hannah W26		
	35.17	1:15.36	1:58.70	2:42.63
	3:21.40	4:06.70	4:52.57	5:38.08
	6:15.78	6:58.28	7:42.83	8:24.45
	8:57.42	9:34.80	10:14.24	10:52.45

Women 72-99 200 LC Meter Medley Relay

NATL: 2:08.86 # 8/8/2009 FT LAUDERDALE AQUATICS

N PIKE, M BRESNAHAN, K ALYABYEVA, J MARTIN

1	SPP-33	A	2:41.09	18
	1) Peterson, Ariel W19	2) Pukszta, Claire A W24		
	3) Turner, Lauren W29	4) Hamilton, Hannah W26		
	41.45	1:31.79	2:05.88	2:41.09

Women 100-119 200 LC Meter Freestyle Relay

NATL: 1:50.04 # 7/30/2011 ARIZONA MASTERS

K HARRIGAN, B LARSON, L URBATCHKA, H CALDAS

WORLD: 1:50.28 & 10/16/2016 CMC SC -JPN

N HASEGAWA, N MIZUOCHI, S NAWATA, A KAWABATA

1	MVN-33	A	2:12.63	18
	1) Christiansen, Emily W24	2) Choi, Madison H W23		
	3) Flatman, Ashley W24	4) Rompala, Ancilla A W30		
	32.08	1:07.78	1:40.13	2:12.63

Women 100-119 800 LC Meter Freestyle Relay

NATL: 9:32.67 # 7/22/2012 SAN DIEGO SWIM MASTERS

E FINANGER, E HUNTER, K KSIAZEK, E PARKER

WORLD: 9:02.70 & 2/27/2016 SG DORTMUND -GER

K LANGE, M BLUM, C MIEDE, J THATER

1	ROSE-33	A	10:21.65	18
	1) Frenndreis, Lauren W32	2) Simmen, Ilaria W21		
	3) Tsuchiya, Ann W32	4) Cienega, Nicole W20		
	33.70	1:13.86	1:55.75	2:37.27
	3:10.59	3:47.78	4:28.21	5:08.46
	5:42.42	6:21.06	7:00.45	7:38.86
	8:15.50	8:56.63	9:39.51	10:21.65

Women 100-119 200 LC Meter Medley Relay

NATL: 2:01.91 # 7/31/2011 ARIZONA MASTERS

K HARRIGAN, B LARSON, L URBATCHKA, H CALDAS

WORLD: 2:00.05 & 8/14/2015 NEVA STARS -RUS

E KARETINA, A KUZMICHEVA, A POLIAKOVA, E SHERSHEN

1	MVN-33	A	2:36.20	18
	1) Christiansen, Emily W24	2) Choi, Madison H W23		
	3) Flatman, Ashley W24	4) Rompala, Ancilla A W30		
	40.24	1:25.81	2:03.09	2:36.20

Women 100-119 400 LC Meter Medley Relay

NATL: 4:49.16 # 8/8/2009 YMCA INDY SWIMFIT

B TAFLINGER, C HINE, J WEAVER, M SOBECKI

WORLD: 4:35.22 & 12/14/2019 SEN-SWIM -JPN

M ITO, R NAKAGAMI, K TAYAMA, M HATANAKA

1	MVN-33	A	5:53.81	18
	1) Bae, Alex W26	2) Choi, Madison H W23		
	3) Flatman, Ashley W24	4) Rompala, Ancilla A W30		
	41.98	1:26.09	2:12.85	3:06.86
	3:46.92	4:35.95	5:13.02	5:53.81

Women 120-159 200 LC Meter Freestyle Relay

NATL: 1:50.53 # 6/9/2013 N CAROLINA MASTERS SWIMMI

RUTH JONES, CELIA WOLFF, ALICIA UHL, ERIKA BRAUN

WORLD: 1:49.03 & 8/14/2015 TSUNAMI -RUS

S KNYAGININA, A FEOKTISTOVA, L YUDINA, I SHLEMOVA

1	SBM-33	A	2:03.21	18
	1) Otsuki, Sharon W45	2) Likewise, Bailey W27		
	3) Green, Brooke W42	4) Borowitz, Brittany W32		
	31.15	1:03.38	1:33.21	2:03.21
2	ROSE-33	A	2:13.38	14
	1) Tsuchiya, Ann W32	2) Capizzi, Stefanie W34		
	3) Odonnell, Meghan W38	4) Khalil, Heidi W50		
	29.56	1:02.89	1:38.61	2:13.38
3	MVN-33	A	2:41.46	12
	1) Christie, Mary Beth W38	2) Malley, Julie W54		
	3) Maloney, Samantha L W28	4) Bugbee, Cailyn J W33		
	34.39	1:20.81	2:06.89	2:41.46

Women 120-159 800 LC Meter Freestyle Relay

NATL: 9:41.97 # 7/24/1999 GOLD COAST MASTERS

T MOLL, G DERKS-GARDNER, J HERRINGTON, C VICTORIA

WORLD: 9:10.91 & 2/27/2016 BERLINER TSC -GER

N STRESING, M SPOTTKE, J SCHATZ, I ZIEGLER

1	MVN-33	A	11:13.33	18
	1) Christiansen, Emily W24	2) Bae, Alex W26		
	3) Christie, Mary Beth W38	4) Furukawa, Patty W50		
	34.04	1:12.16	1:51.80	2:31.18
	3:08.82	3:48.03	4:31.11	5:15.75
	5:56.57	6:42.95	7:31.52	
	8:59.06	9:43.28	10:28.18	11:13.33

Women 120-159 200 LC Meter Medley Relay

NATL: 2:04.19 # 8/23/1998 GOLD COAST MASTERS

B GARDNER, S GEYER, T MOLL, J HERRINGTON

WORLD: 2:02.35 & 12/15/2019 DIABLO -JPN

S KOGA, A KITAGAWA, R SHIMIZU, Y ONOGUCHI

1	SBM-33	A	2:19.75	18
	1) Green, Brooke W42	2) Otsuki, Sharon W45		
	3) Borowitz, Brittany W32	4) Likewise, Bailey W27		
	34.44	1:15.49	1:47.87	2:19.75
2	ROSE-33	A	2:20.53	14
	1) Tsuchiya, Ann W32	2) Wilson, Kendra W40		
	3) Capizzi, Stefanie W34	4) Duraj, Michelle W29		
	38.32	1:16.83	1:52.95	2:20.53
3	MVN-33	A	3:12.38	12
	1) Malley, Julie W54	2) Christie, Mary Beth W38		
	3) Bugbee, Cailyn J W33	4) Maloney, Samantha L W28		

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Women 120-159 400 LC Meter Medley Relay

NATL: 4:38.85 # 8/8/2009 ILLINOIS MASTERS

J RIDGE, N DAY, J IVARSON, K STEVENS

WORLD: 4:35.76 & 6/17/2017 BERLINER TSC -GER

A KUTZ, S KUTZ, N STRESING, J DUNGER

1	SPP-33	A	6:40.02	18
	1) Lehr, Heather W56	2) Peterson, Ariel W19		
	3) Hamilton, Hannah W26	4) Kramer, Ashley W41		
	1:02.50	2:12.98	2:57.19	
	4:28.45	5:09.87	5:52.06	6:40.02

Women 160-199 200 LC Meter Freestyle Relay

NATL: 1:48.44 # 8/8/2006 TEAM TYR

C HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE

WORLD: 1:48.44 & 8/8/2006 TEAM TYR -USA

S HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE

1	NOVA-33	A	2:09.91	18
	1) Hibben, Veronica W65	2) Cough, Heidi W40		
	3) Kramer, Stephanie W47	4) Jones, Kaitlyn W27		
	31.81	1:08.94	1:42.15	2:09.91
2	MVN-33	A	2:29.41	14
	1) Furukawa, Patty W50	2) Tse, Stacy M W43		
	3) Zawistoski, Lisa W52	4) Thomas, Darcy W53		
	35.03	1:06.47	1:45.85	2:29.41

Women 160-199 400 LC Meter Freestyle Relay

NATL: 4:06.90 # 6/14/2015 NORTH CAROLINA MASTERS

E BRAUN, J STRINGER, A UHL, K LINDAUER

WORLD: 4:06.90 & 6/14/2015 NORTH CAROLINA MASTERS -

E BRAUN, J STRINGER, A UHL, K LINDAUER

---	ROSE-33	A		DQ
	1) Simmen, Ilaria W21	2) Simmons, Cheryl W54		
	3) Huang, Chi-Ying W49	4) Capizzi, Stefanie W34		
	33.06	1:09.73	1:48.90	2:31.52
	3:16.83	4:08.08	4:49.14	DQ

Women 160-199 200 LC Meter Medley Relay

NATL: 2:04.75 # 8/8/2006 TEAM TYR

J STEIN, S VON DER LIPPE, B CLEARY, C SAPPEY

WORLD: 2:04.75 & 8/8/2006 TEAM TYR -USA

J STEIN, S VON DER LIPPE, B CLEARY, C SAPPEY

1	MVN-33	A	2:33.37	18
	1) Tse, Stacy M W43	2) Condor-Fisher, Sarah W49		
	3) Zawistoski, Lisa W52	4) Furukawa, Patty W50		
2	ROSE-33	A	3:22.43	14
	1) Doudikian-Scaff, Nayiri W51	2) Huang, Chi-Ying W49		
	3) Odonnell, Meghan W38	4) Walsh, Jane E W55		
	1:00.92	1:51.81	2:40.84	3:22.43
---	NOVA-33	A		NS
	1) Jones, Kaitlyn W27	2) Kramer, Stephanie W47		
	3) Cough, Heidi W40	4) Hibben, Veronica W65		

Women 200-239 200 LC Meter Freestyle Relay

NATL: 1:57.21 # 8/8/2006 PACIFIC NORTHWEST AQUATIC

L DAHL, D GLASSMAN, C DAVIS, M LIPPOLD

WORLD: 1:56.04 & 3/19/2011 CAPE TOWN MASTERS -RSA

S KRUGER, C STANFORD, M STRAUSS, E OTTERMANN

1	MVN-33	A	2:44.49	18
	1) Peterson, Deanna W59	2) Poulsen, Deanna W66		
	3) Bae, Alex W26	4) Zikova, Alena W54		
	39.15	1:25.85	2:00.37	2:44.49
2	SPP-33	A	3:15.96	14
	1) Lehr, Heather W56	2) Luangeaktrakul, Pat W52		
	3) Salvato, Nico W55	4) Kramer, Ashley W41		
	59.32	1:48.15	2:35.71	3:15.96

Women 200-239 800 LC Meter Freestyle Relay

NATL: 9:34.53 # 7/7/2019 CONEJO VALLEY MASTERS

J GELLATLY, B CLEAVENGER, E MAIDENBERG, L DALAND-J

WORLD: 9:34.53 & 7/7/2019 CONEJO VALLEY MASTERS -US

J GELLATLY, B CLEAVENGER, E MAIDENBERG, L DALAND-J

1	ROSE-33	A	14:22.39	18
	1) Niebrugge, Nancy W63	2) Morgan, Kimberly W54		
	3) Simmons, Cheryl W54	4) Huang, Chi-Ying W49		
		2:00.06	3:09.31	
	5:08.68	6:04.94	7:02.63	7:58.58
	8:38.55	9:22.26	10:06.73	10:50.90
	11:39.88	12:34.41	13:29.18	14:22.39
2	SPP-33	B	18:11.32	14
	1) Lehr, Heather W56	2) Murphy, Joelle W62		
	3) Salvato, Nico W55	4) Luangeaktrakul, Pat W52		
	56.15	2:02.03		
	3:10.52	4:16.33	5:18.59	6:31.86
	7:52.13		10:13.32	
	14:54.50	16:04.89	17:12.76	18:11.32

Women 200-239 200 LC Meter Medley Relay

NATL: 2:10.98 # 8/17/2008 OREGON MASTERS

K ANDRUS-HUGHES, B OBLETZ, A DELMAGE, R PARISI

WORLD: 2:10.98 & 8/17/2008 OREGON MASTERS -USA

K ANDRUS-HUGHES, B OBLETZ, A DELMAGE, R PARISI

1	MVN-33	A	3:29.72	18
	1) Moore Barnett, Barbara W61	2) Bae, Alex W26		
	3) Brooks, Sherry M Wendze W61	4) Poulsen, Deanna W66		
---	ROSE-33	A		DQ
	1) Thomas, Laurie W59	2) Khalil, Heidi W50		
	3) Simmons, Cheryl W54	4) Jones, Clea W60		
	45.61	1:29.56	2:15.01	DQ
---	SPP-33	A		NS
	1) Luangeaktrakul, Pat W52	2) Lehr, Heather W56		
	3) Kramer, Ashley W41	4) Salvato, Nico W55		

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Women 200-239 400 LC Meter Medley Relay

NATL: 4:58.86 # 7/30/2016 NORTH TEXAS LONESTARS

S STONE, K MACCURDY, M REA, K HENDERSON

WORLD: 4:54.41 & 1/25/2020 MASTERS SORLANDET -NOI

L LOTHE, A SORENSEN, J THORSTENSEN, M FUGLESTVEIT

1	MVN-33	A	7:00.64	18
	1) Christie, Mary Beth W38	2) Malley, Julie W54		
	3) Tse, Stacy M W43	4) Poulsen, Deanna W66		
	41.72	1:28.81	2:31.80	
	4:24.80	5:10.30	6:01.10	7:00.64
---	NOVA-33	A		NS
	1) Arellano, Jessica W43	2) Robinson, Ming W58		
	3) Cough, Heidi W40	4) Hibben, Veronica W65		

Women 240-279 200 LC Meter Freestyle Relay

NATL: 2:01.52 # 7/20/2019 NORTH TEXAS LONESTARS

K HENDERSON, L MORRISON, C MCKELVEY, S STONE

WORLD: 2:00.75 & 3/17/2018 CAPE TOWN MASTERS -RSA

E OTTERMANN, S KRUGER, D COETZEE, C STANFORD

1	MVN-33	A	2:53.49	18
	1) Uthus, Gwen W67	2) Brooks, Sherry M Wendze W61		
	3) Moore Barnett, Barbara W61	4) Williams, Pamela W65		
	39.93	2:09.72	2:53.49	
2	ROSE-33	A	3:16.43	14
	1) Simmons, Cheryl W54	2) Thomas, Laurie W59		
	3) Petlin, Rega W65	4) Cannady, Cynthia W70		
	35.11	1:12.62	2:36.27	3:16.43

Women 240-279 400 LC Meter Freestyle Relay

NATL: 4:36.74 # 7/21/2019 NORTH TEXAS LONESTARS

S STONE, K HENDERSON, L MORRISON, J WOOLSLAYER

WORLD: 4:36.74 & 7/21/2019 NORTH TEXAS LONESTAR -US

S STONE, K HENDERSON, L MORRISON, J WOOLSLAYER

1	MVN-33	A	6:28.46	18
	1) Brooks, Sherry M Wendze W61	2) Moore Barnett, Barbara W61		
	3) Stuart, Margaret W63	4) Uthus, Gwen W67		
	44.92	1:35.35	2:23.44	3:20.76
	4:07.40	5:00.52	5:42.60	6:28.46

Women 240-279 800 LC Meter Freestyle Relay

NATL: 10:22.07 # 7/19/2019 NORTH TEXAS LONESTARS

L MORRISON, M BAILEY, J WOOLSLAYER, S STONE

WORLD: 10:13.61 & 2/21/2016 CAPE TOWN MASTERS -RSA

C STANFORD, G MCCARNEY, D COETZEE, S KRUGER

1	MVN-33	A	14:23.02	18
	1) Brooks, Sherry M Wendze W61	2) Moore Barnett, Barbara W61		
	3) Stuart, Margaret W63	4) Williams, Pamela W65		
	44.20	1:36.99	2:31.10	3:23.42
	4:17.12	5:17.44	6:18.84	7:18.03
	8:07.02	9:00.99	9:55.57	10:47.02
	11:37.92	12:32.74	13:29.33	14:23.02

Women 240-279 200 LC Meter Medley Relay

NATL: 2:22.45 # 8/9/2019 OREGON MASTERS

V JENKINS, C CRABBE, A DELMAGE, J GETTLING

WORLD: 2:19.90 & 3/16/2018 CAPE TOWN MASTERS -RSA

D COETZEE, C STANFORD, E OTTERMANN, S KRUGER

1	MVN-33	A	3:11.02	18
	1) Peterson, Deanna W59	2) Zikova, Alena W54		
	3) Williams, Pamela W65	4) Uthus, Gwen W67		

Women 240-279 400 LC Meter Medley Relay

NATL: 5:33.65 # 7/9/2011 OREGON MASTERS

J WARD, G PIERSON, C CRABBE, K ANDRUS-HUGHES

WORLD: 5:19.05 & 2/27/2016 CAPE TOWN MASTERS -RSA

D COETZEE, G MCCARNEY, C STANFORD, S KRUGER

1	ROSE-33	A	9:47.24	18
	1) Kornfeld, Maurine E W100	2) Egger, Stephanie W25		
	3) Bennett, Kristin W64	4) Leopold, Lynda W73		
	1:29.84	3:08.23	3:56.40	4:56.66
	6:05.15	7:17.42	8:24.53	9:47.24

Women 280-319 200 LC Meter Freestyle Relay

NATL: 2:23.58 # 8/25/2019 OREGON MASTERS

J GETTLING, J WARD, M TOPPEL, K ANDRUS-HUGHES

WORLD: 2:23.58 & 8/25/2019 OREGON MASTERS -USA

J GETTLING, J WARD, M TOPPEL, K ANDRUS-HUGHES

1	MVN-33	A	2:33.15	18
	1) Levinrad, Jan L W74	2) Montrella, Beverly W75		
	3) Mc Cleave, Jeanne M W67	4) Dolan LaMar, Diana W64		
	39.20	1:17.06	1:57.31	2:33.15

Women 280-319 400 LC Meter Freestyle Relay

NATL: 5:45.80 # 6/22/2013 VIRGINIA MASTERS SWIM TEA

M BARRY, J DETRICK, L WALKER, S LOFTUS-CHARLEY

WORLD: 5:38.02 & 1/18/2020 MIDSUSSEX MARLINS -GBR

A GWYNN, R DUDENEY, M JOHNSON, S MILLS

1	ROSE-33	A	9:11.14	18
	1) Kornfeld, Maurine E W100	2) Leopold, Lynda W73		
	3) Bennett, Kristin W64	4) Jones, Clea W60		
	1:17.84	4:08.29	5:33.16	
	6:33.33	7:46.91	8:26.68	9:11.14

Women 280-319 800 LC Meter Freestyle Relay

NATL: 12:40.22 # 7/31/2021 Mission Viejo Masters

B Montrella, J Levinrad, G Uthus, D Dolan LaMar

WORLD: 12:25.08 & 5/3/2019 PSV -NED

I WEEKERS, L GEURTS, C VERHOEVEN, E van LOHUIZEN

1	MVN-33	A	12:40.22#	18
	1) Montrella, Beverly W75	2) Levinrad, Jan L W74		
	3) Uthus, Gwen W67	4) Dolan LaMar, Diana W64		
			3:14.71	
	4:00.32	4:51.60	6:31.73	
		8:04.45	8:54.88	9:40.65
	10:22.38	11:07.98	11:54.47	12:40.22

Women 280-319 200 LC Meter Medley Relay

NATL: 2:41.43 # 8/24/2019 OREGON MASTERS

K ANDRUS-HUGHES, J GETTLING, M TOPPEL, J WARD

WORLD: 2:41.43 & 8/24/2019 OREGON MASTERS -USA

K ANDRUS-HUGHES, J GETTLING, M TOPPEL, J WARD

1	MVN-33	A	3:02.83	18
	1) Montrella, Beverly W75	2) Mc Cleave, Jeanne M W67		
	3) Dolan LaMar, Diana W64	4) Levinrad, Jan L W74		
	48.26	1:39.44	2:23.59	3:02.83
---	ROSE-33	A		NS
	1) Kornfeld, Maurine E W100	2) Petlin, Rega W65		
	3) Newcombe, Mary W66	4) Leopold, Lynda W73		

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

Men 100-119 200 LC Meter Freestyle Relay

NATL: 1:34.24 # 8/10/2013 THE OLYMPIC CLUB

K FERGUSON, T HOLSMAN, S GREENWOOD, C TALBOTT

WORLD: 1:31.95 & 11/29/2009 MAC-MINA -BRA

R LEITE, R TRIVINO, D BELINI, P RODIGHERI

---	MVN-33	A		DQ
1)	Breen, David M24	2)	Lee, Jeff M34	
3)	Lopez, Oscar M22	4)	Sherburne, Cole A M22	
	28.20	54.62	1:22.59	DQ

Men 100-119 200 LC Meter Medley Relay

NATL: 1:48.46 # 8/20/1990 HOUSTONION CLUB

C BRITT, D PUTTERMAN, R KILLEEN, J PRINGLE

WORLD: 1:43.79 & 4/17/2021 NKEY SWIM MASTERS -RUS

R RIBIN, A AGESHKIN, N KONOVALOV, E KOROLYUK

1	MVN-33	A		2:25.87	18
1)	Lopez, Oscar M22	2)	Breen, David M24		
3)	Lee, Jeff M34	4)	Sherburne, Cole A M22		
	35.41	1:17.24	1:47.42	2:25.87	

Men 120-159 800 LC Meter Freestyle Relay

NATL: 8:03.21 # 7/25/2009 SOUTHERN CAL AQUATIC MAST

D SCHLESINGER, D WEGNER, M HARRIGAN, E HOCHSTEIN

WORLD: 7:50.34 & 8/19/2017 JFE -JPN

R TAGUCHI, T TAKEMOTO, S UCHIYAMA, T UEKI

1	MVN-33	A		9:30.70	18
1)	TerBush, Ryan M31	2)	Cook, John M33		
3)	Herlihy, Brendan M45	4)	Foos, Todd M46		
	29.69	1:04.91	1:41.82	2:18.18	
	2:46.99	3:21.39	3:56.49	4:31.45	
	5:02.90	5:39.57	6:16.31	6:51.99	
	7:25.94	8:05.24	8:48.31	9:30.70	
2	ROSE-33	A		9:37.35	14
1)	Blackway, Derek M46	2)	Popko, David M44		
3)	Hirshon, Noah M21	4)	Costa Sitja, Marc M35		
	34.01	1:10.59	1:47.39	2:25.40	
	2:57.14	3:32.33	4:08.11	4:43.97	
	5:11.54	5:45.47	6:24.54	7:04.80	
	7:39.16	8:17.25	8:57.27	9:37.35	
3	CVMM-33	A		9:44.60	12
1)	Kretz, Jonathan M43	2)	Graczyk, Sawyer M19		
3)	Barmann, Andrew B M28	4)	Robinson, Keith M63		
	31.97	1:08.51	1:45.97	2:22.84	
	2:52.71	3:26.92	4:02.03	4:37.73	
	5:10.12	5:45.15	6:20.56	6:55.44	
	7:33.95	8:16.11	9:00.71	9:44.60	

Men 120-159 200 LC Meter Medley Relay

NATL: 1:44.88 # 8/1/2018 PHOENIX SWIM CLUB MASTERS

R FERREIRA, F DOS SANTOS, B DE PAULA, R FERREIRA

WORLD: 1:42.30 & 6/16/2019 THE STAR -JPN

T FUKUI, T OSAKI, K FUKAYA, T ONO

1	CVMM-33	A		2:13.20	18
1)	Graczyk, Sawyer M19	2)	Barmann, Andrew B M28		
3)	Buckley, Mark M68	4)	Kretz, Jonathan M43		
	35.13	1:11.55	1:44.56	2:13.20	

Men 120-159 400 LC Meter Medley Relay

NATL: 4:00.06 # 8/8/2009 MICHIGAN MASTERS

K DOAK, P SAUCEDO, C MULL, A MULL

WORLD: 3:49.75 & 1/19/2019 JFE KEIHIN -JPN

T TAKEMOTO, H IKEGAMI, R TAGUCHI, S UCHIYAMA

1	MVN-33	A		4:46.27	18
1)	Giometti, Danny M35	2)	Cox, Ryan M48		
3)	Luddy, Andrew M40	4)	Ramadan, Zeyad S M35		
	35.24	1:13.30	1:52.93	2:36.02	
	3:06.05	3:41.62	4:11.20	4:46.27	

Men 160-199 200 LC Meter Freestyle Relay

NATL: 1:36.28 # 8/8/2006 TEAM TYR

M EISENHUTH, J SMITH, R SAEGER, P SMITH

WORLD: 1:34.92 & 8/18/2017 NEVA STARS -RUS

A SHILIN, S MEDVEDEV, A MANZHULA, V PREDKIN

1	MVN-33	A		1:50.61	18
1)	Ahmadi-Kashani, Magid M49	2)	Luddy, Andrew M40		
3)	Cox, Ryan M48	4)	Giometti, Danny M35		
	28.41	56.33	1:24.43	1:50.61	
2	ROSE-33	A		1:53.85	14
1)	Schwartz, Joshua M44	2)	Paxton, Sean M52		
3)	Popko, David M44	4)	Durieux, Chad M42		
	28.00	56.54	1:24.55	1:53.85	
3	NOVA-33	A		1:59.01	12
1)	Shi, Eric M27	2)	Bartosh, Travis M38		
3)	Crosson, Jeffrey W M60	4)	Collins, Michael M55		
	26.77	54.70	1:27.75	1:59.01	
---	SPP-33	A			NS
1)	McPeak, Charles M51	2)	Hulburd, Kyle M26		
3)	Mejia, Pedro M29	4)	Osborne, Nathan M64		
---	MVN-33	B			NS

Men 160-199 400 LC Meter Freestyle Relay

NATL: 3:38.60 # 7/3/2011 LONGHORN AQUATICS

T BLESSING, M VAROZZA, A RASMUSSEN, C ECKERMAN

WORLD: 3:38.60 & 7/3/2011 LONGHORN AQUATICS -USA

T BLESSING, M VAROZZA, A RASMUSSEN, C ECKERMAN

1	MVN-33	A		4:05.19	18
1)	Herlihy, Brendan M45	2)	Cook, John M33		
3)	Borzzone, Ray M62	4)	Luddy, Andrew M40		
	28.81	1:00.77	1:26.96	1:57.37	
	2:27.76	3:04.34	3:33.91	4:05.19	

Men 160-199 200 LC Meter Medley Relay

NATL: 1:47.72 # 8/8/2006 TEAM TYR

R SAEGER, G RHODENBAUGH, P SMITH, J SMITH

WORLD: 1:45.47 & 8/18/2017 NEVA STARS -RUS

A SHILIN, G GOGOL, A MANZHULA, V PREDKIN

1	ROSE-33	A		2:05.62	18
1)	Hirshon, Noah M21	2)	Durieux, Chad M42		
3)	Schwartz, Joshua M44	4)	Stephenson, Dan M64		
	30.50	1:07.22	1:36.40	2:05.62	
2	MVN-33	A		2:10.01	14
1)	Giometti, Danny M35	2)	Cox, Ryan M48		
3)	Luddy, Andrew M40	4)	Ahmadi-Kashani, Magid M49		
	33.87	1:12.54	1:41.82	2:10.01	

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

(Men 160-199 200 LC Meter Medley Relay)

--- NOVA-33	A	NS
1) Bartosh, Travis M38	2) Shi, Eric M27	
3) Collins, Michael M55	4) Serbia, George W M61	
--- MVN-33	B	NS
	2) Foos, Todd M46	
3) Freitas, Stephen M56	4) Ramadan, Zeyad S M35	

Men 160-199 400 LC Meter Medley Relay

NATL: 4:02.07 # 5/10/2015 STAN

RICK GOULD, BJ JOHNSON, DARREN PHELAN, MIKE PYLE

WORLD: 4:02.07 & 5/10/2015 STANFORD -USA

Rick GOULD, Bj JOHNSON, Darren PHELAN, Mike PYLE

1 NOVA-33	A	5:12.87	18
1) Bartosh, Travis M38	2) Shi, Eric M27		
3) Collins, Michael M55	4) Crosson, Jeffrey W M60		
37.96	1:16.14	1:55.55	2:38.82
3:15.92	3:58.81	4:34.54	5:12.87
2 ROSE-33	A	5:25.82	14
1) Hirshon, Noah M21	2) Rutkowski, Mark M59		
3) Schwartz, Joshua M44	4) Cavanagh, Mike M59		
30.85	1:05.87	1:57.80	2:58.76
3:30.31	4:06.07	4:42.24	5:25.82

Men 200-239 200 LC Meter Freestyle Relay

NATL: 1:38.24 # 8/8/2006 COLORADO MASTERS

J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS

WORLD: 1:38.24 & 8/8/2006 COLORADO -USA

J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS

1 MVN-33	A	2:06.79	18
1) Kurr, Kyle M49	2) Tobin, James M55		
3) Tse, Ken M51	4) Sumner, David M51		
29.75	1:01.21	1:33.10	2:06.79
2 MVN-33	B	2:32.72	14
1) Peralta, Daniel M25	2) Cochran, Van M71		
3) Longworth, Mark M70	4) Frankel, Jonathan M70		
27.72	1:01.25	1:37.09	2:32.72

Men 200-239 400 LC Meter Freestyle Relay

NATL: 3:52.34 # 8/12/2012 LONGHORN AQUATICS

M VAROZZA, J SAUER, D GUTHRIE, A RASMUSSEN

WORLD: 3:46.05 & 5/14/2017 BRESCIA ACQUARE MAFECO -I

M GIALDI, M TERSAR, R BRUNORI, M COLOMBO

1 MVN-33	A	4:07.93	18
1) Gunnell, Steve M51	2) Tobin, James M55		
3) Ahmadi-Kashani, Magid M49	4) Cox, Ryan M48		
28.91	1:01.98	1:25.54	
2:34.02	3:07.02	3:36.42	4:07.93
2 ROSE-33	A	4:57.62	14
1) Mc Ginley, Patrick M58	2) Gharibi, Armen M43		
3) Borton, Dan M53	4) Galluzzi, David D M47		
35.43	1:14.89	1:53.65	2:44.02
3:18.33	3:58.31	4:26.51	4:57.62
3 MVN-33	B	5:05.19	12
1) Lee, Jeff M34	2) Hughes, Jeffrey M59		
3) Sutton, Timothy M60	4) Murillo, Gustavo M50		
30.09	1:05.07	1:40.80	2:19.75
2:53.96	3:32.57	4:13.80	5:05.19

Men 200-239 800 LC Meter Freestyle Relay

NATL: 8:38.51 # 5/31/2019 ARIZONA MASTERS

T DEBIASE, E KRATZ, K DICKSON, J UTSCHE

WORLD: 8:38.24 & 7/6/2013 BRASIL MASTERS -BRA

H CELIDONIO, D Garrido MADRUGA, R Carlos CARVALHO,

1 ROSE-33	A	10:48.60	18
1) Paxton, Sean M52	2) Cienega, Julio M55		
3) Mc Ginley, Patrick M58	4) Borton, Dan M53		
35.25	1:15.14	1:57.00	2:37.56
3:13.28	3:51.97	4:30.55	5:22.32
5:48.45	6:32.98	7:18.72	8:03.23
8:39.57	9:20.98	10:04.85	10:48.60

Men 200-239 200 LC Meter Medley Relay

NATL: 1:50.83 # 8/8/2006 COLORADO MASTERS

S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS

WORLD: 1:50.83 & 8/8/2006 COLORADO -USA

S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS

1 MVN-33	A	2:12.44	18
1) Sumner, David M51	2) Tse, Ken M51		
3) Tobin, James M55	4) Kurr, Kyle M49		
33.94	1:13.64	1:44.77	2:12.44
2 MVN-33	B	2:59.73	14
1) Frankel, Jonathan M70	2) Peralta, Daniel M25		
3) Hayward, David M61	4) Cochran, Van M71		
1:15.44	1:37.60	2:59.73	

Men 200-239 400 LC Meter Medley Relay

NATL: 4:13.76 # 8/11/2012 LONGHORN AQUATICS

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

WORLD: 4:13.76 & 8/11/2012 LONGHORN AQUATICS -USA

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

1 MVN-33	A	5:32.54	18
1) Kurr, Kyle M49	2) Sumner, David M51		
3) Gunnell, Steve M51	4) Peterson, Marlow M61		
40.42	1:23.84	2:04.84	2:51.99
3:35.10	4:21.73	4:55.47	5:32.54

Men 240-279 200 LC Meter Freestyle Relay

NATL: 1:42.40 # 8/19/2016 SARASOTA Y SHARKS

S WOOD, D MARTIN, T HEDRICK, J GROSELLE

WORLD: 1:42.40 & 8/19/2016 SARASOTA Y SHARKS -USA

S WOOD, D MARTIN, T HEDRICK, J GROSELLE

1 MVN-33	A	2:08.84	18
1) Hughes, Jeffrey M59	2) Borzone, Ray M62		
3) Hayward, David M61	4) Peterson, Marlow M61		
31.70	1:01.49	1:37.27	2:08.84
2 ROSE-33	A	2:09.12	14
1) Stephenson, Dan M64	2) Taylor, Thomas M62		
3) Rice, Terence M65	4) Rutkowski, Mark M59		
28.99	59.35	1:32.50	2:09.12

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

Men 240-279 200 LC Meter Medley Relay

NATL: 1:57.46 # 8/21/2016 SARASOTA Y SHARKS

S WOOD, J GROSELLE, T HEDRICK, D MARTIN

WORLD: 1:57.46 & 8/21/2016 SARASOTA Y SHARKS -USA

S WOOD, J GROSELLE, T HEDRICK, D MARTIN

1	1	2	3	4	18
1	B				2:35.36
	1) Borzone, Ray M62		2) Hughes, Jeffrey M59		
	3) Peterson, Marlow M61		4) Longworth, Mark M70		
	38.01	1:22.38	1:58.18	2:35.36	
2	A				2:44.81
	1) Tulin, Michael M67		2) Paxton, Sean M52		
	3) Taylor, Thomas M62		4) Rice, Terence M65		
	1:02.08	1:39.54	2:10.85	2:44.81	

Men 240-279 400 LC Meter Medley Relay

NATL: 4:32.15 # 8/10/2018 COLORADO MASTERS

C PETERSEN, G SCOTT, M MANN, K ANDERSON

WORLD: 4:32.15 & 8/10/2018 COLORADO MASTERS -USA

C PETERSEN, G SCOTT, M MANN, K ANDERSON

1	1	2	3	4	18
1	A				6:53.44
	1) DeMauro, Bill M62		2) Hayward, David M61		
	3) Freitas, Stephen M56		4) Longworth, Mark M70		
	1:01.39	2:04.18	2:53.94	3:52.60	
	4:32.28	5:22.53	6:05.83	6:53.44	

Men 280-319 200 LC Meter Freestyle Relay

NATL: 1:56.91 # 8/15/2014 GOLD COAST MASTERS

D QUIGGIN, D PAINTER, K LODWIG, L CHILDS

WORLD: 1:56.91 & 8/15/2014 GOLD COAST MASTERS -USA

D QUIGGIN, D PAINTER, K LODWIG, L CHILDS

1	1	2	3	4	18
1	A				2:28.08
	1) Onisko, Kim J M65		2) Miller, Rick M74		
	3) Smith, Stan M74		4) Dobra, Jeffrey M67		
	31.78	1:05.62	1:51.56	2:28.08	

Men 280-319 400 LC Meter Freestyle Relay

NATL: 4:27.17 # 6/18/2017 PALM BEACH MASTERS

L CHILDS, K LODWIG, G SCHMIDT, D QUIGGIN

WORLD: 4:27.17 & 6/18/2017 PALM BEACH MASTERS -USA

L CHILDS, K LODWIG, G SCHMIDT, D QUIGGIN

1	1	2	3	4	18
1	A				5:36.48
	1) Onisko, Kim J M65		2) Miller, Rick M74		
	3) Smith, Stan M74		4) Dobra, Jeffrey M67		
	40.67	1:14.33	1:52.39	2:33.85	
	3:22.45	4:13.38	4:53.38	5:36.48	

Men 280-319 800 LC Meter Freestyle Relay

NATL: 10:15.72 # 6/6/1921 SARASOTA SHARKS

JACK GROSELLE, JACK MARTIN, BOB COUCH, RICK WALKER

WORLD: 10:21.80 & 8/26/2017 PALM BEACH MASTERS -USA

D QUIGGIN, G SCHMIDT, K LODWIG, L CHILDS

1	1	2	3	4	18
1	A				13:10.03
	1) Onisko, Kim J M65		2) Miller, Rick M74		
	3) Smith, Stan M74		4) Dobra, Jeffrey M67		
	37.80	1:23.04	2:11.25	2:57.07	
	3:39.91	4:33.33	5:29.79	6:19.38	
	7:11.15	8:09.51	8:39.48	10:09.66	
	10:49.55	11:37.88	12:26.78	13:10.03	

Men 280-319 200 LC Meter Medley Relay

NATL: 2:15.90 # 8/9/2019 VENTURA COUNTY MASTERS

S HECK, H KERNS, G GRUBER, B ROLLINS

WORLD: 2:15.90 & 8/9/2019 VENTURA COUNTY MASTERS

S HECK, H KERNS, G GRUBER, B ROLLINS

1	1	2	3	4	18
1	A				3:06.56
	1) Dobra, Jeffrey M67		2) Smith, Stan M74		
	3) Miller, Rick M74		4) Onisko, Kim J M65		
	47.86	1:54.19	2:33.51	3:06.56	

Men 280-319 400 LC Meter Medley Relay

NATL: 5:19.67 # 6/17/2017 PALM BEACH MASTERS

D QUIGGIN, G SCHMIDT, L CHILDS, K LODWIG

WORLD: 5:19.41 & 6/18/2016 HAKUYO S -JPN

H NONAKA, S OKAZAKI, S SAJIKI, T TERAKOSHI

1	1	2	3	4	18
1	A				6:58.13
	1) Dobra, Jeffrey M67		2) Smith, Stan M74		
	3) Miller, Rick M74		4) Onisko, Kim J M65		
	48.23	1:43.28	2:48.87	4:07.62	
	4:49.78	5:42.77	6:17.49	6:58.13	

Mixed 72-99 200 LC Meter Freestyle Relay

NATL: 1:45.12 # 8/9/2019 SWIM FORT LAUDERDALE

E PAZOS, E ZUBERO, J LORDA TAYLOR, B WOODROW

1	1	2	3	4	18
1	A				1:55.52
	1) Peralta, Daniel M25		2) Bae, Alex W26		
	3) Choi, Madison H W23		4) Lopez, Oscar M22		
	27.36	57.27	1:28.05	1:55.52	
2	A				2:00.59
	1) Romero, Jennifer W18		2) Hirshon, Noah M21		
	3) Ramirez, Joshua M22		4) Frenndreis, Lauren W32		
	37.59	1:04.10	1:35.64	2:00.59	

Mixed 72-99 200 LC Meter Medley Relay

NATL: 1:55.58 # 8/10/2019 SWIM FORT LAUDERDALE

E PAZOS, Y RUBIN, E ZUBERO, J LORDA TAYLOR

1	1	2	3	4	18
1	B				2:10.65
	1) Hirshon, Noah M21		2) Cienega, Nicole W20		
	3) Clopein, Kyla W21		4) Ramirez, Joshua M22		
	29.97	1:09.84	1:59.72	2:10.65	

Mixed 100-119 200 LC Meter Medley Relay

NATL: 1:54.22 # 8/10/2019 ROSE BOWL MASTERS

K YOUNKINS, M CARLSON, W UBELLACKER, S UBELLACKER

WORLD: 1:51.99 & 7/17/2006 OAHU CLUB -JPN

T KITASHITA, H MATSUDA, K KAWAMOTO, I MAEDA

1	1	2	3	4	18
1	A				2:20.48
	1) Lopez, Oscar M22		2) Choi, Madison H W23		
	3) Flatman, Ashley W24		4) TerBush, Ryan M31		
	43.49	1:43.94	2:20.48		

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

Mixed 100-119 400 LC Meter Medley Relay

NATL: 4:36.14 # 7/22/1990 WALNUT CREEK MASTERS

P BOSCOVICH, J JACQUES, K O'BRIEN, P ROEMER

WORLD: 4:12.30 & 3/4/2018 RENAISSANCE -JPN

K TAURA, Y SASAHARA, Y WADA, M MITA

1	CVMM-33	A	5:02.46	18
	1) Finotti-Sheppard, Jennifer W44	2) Moreno, Gabriella W21		
	3) Graczyk, Sawyer M19	4) Barmann, Andrew B M28		
	36.23	1:14.80	1:57.91	2:48.16
	3:20.39	3:59.31	4:30.29	5:02.46

Mixed 120-159 200 LC Meter Freestyle Relay

NATL: 1:42.65 # 8/23/1998 GOLD COAST MASTERS

T PACE, T MOLL, J HERRINGTON, K WIENANTS

WORLD: 1:40.14 & 8/14/2015 TSUNAMI -RUS

A SATANOVSKIY, I SHLEMOVA, S KNYAGININA, A KRYLOV

1	MVN-33	A	1:56.20	18
	1) Rompala, Ancilla A W30	2) TerBush, Ryan M31		
	3) Bugbee, Cailyn J W33	4) Cook, John M33		
	31.95	57.51	1:30.81	1:56.20
2	CVMM-33	A	1:58.02	14
	1) Barmann, Andrew B M28	2) Graczyk, Sawyer M19		
	3) Prezzano, Calley W39	4) Maidenberg, Eve W45		
	28.53	55.21	1:27.09	1:58.02
3	MVN-33	B	2:25.78	12
	1) Maloney, Samantha L W28	2) Breen, David M24		
	3) Waltersdorfer, Robert M44	4) Ladd, Lorna W51		
	43.48	1:10.68	1:44.72	2:25.78

Mixed 120-159 200 LC Meter Medley Relay

NATL: 1:50.77 # 7/8/2012 PHOENIX SWIM CLUB

N INADA, J COMMINGS, M HYMAN, J PONCE

WORLD: 1:50.77 & 7/8/2012 PHOENIX SWIM CLUB -USA

N INADA, J COMMINGS, M HYMAN, J PONCE

1	MVN-33	A	2:21.29	18
	1) Bugbee, Cailyn J W33	2) Cook, John M33		
	3) Luddy, Andrew M40	4) Bae, Alex W26		
	42.38	1:19.51	1:49.79	2:21.29
2	ROSE-33	A	2:53.67	14
	1) Durieux, Chad M42	2) Odonnell, Meghan W38		
	3) Costa Sitja, Marc M35	4) Diaz, Sofia W20		
	43.71	1:39.88	2:16.07	2:53.67

Mixed 120-159 400 LC Meter Medley Relay

NATL: 4:29.03 # 8/8/2009 FORT LAUDERDALE AQUATICS

C FERNANDEZ, K LEGASPI, L GALVAN-SARABIA, J MARTIN

WORLD: 4:16.13 & 4/17/2021 TSUNAMI -RUS

E IOGIN, A TISCHENKO, A FEOKTISTOVA, A VESELOVA

1	CMAC-33	A	5:12.53	18
	1) Wiley, Lizzie W25	2) Pombo, Diego M59		
	3) Nguyen, Cory M26	4) Chyun, Grace W47		
	35.52	1:15.13	1:59.30	2:49.31
	3:17.34	3:51.18	4:29.48	5:12.53
2	ROSE-33	A	5:14.09	14
	1) Popko, David M44	2) Durieux, Chad M42		
	3) Capizzi, Stefanie W34	4) Tsuchiya, Ann W32		
	37.01	1:15.68	1:55.97	2:38.01
	3:19.54	4:08.37	4:39.66	5:14.09

3	MVN-33	A	5:32.83	12
	1) Bugbee, Cailyn J W33	2) Thomas, Darcy W53		
	3) Breen, David M24	4) Lee, Jeff M34		
	42.55	1:27.63	2:22.09	3:22.72
	3:52.20	4:28.83	4:58.58	5:32.83

4	MVN-33	B	5:44.89	10
	1) Lopez, Oscar M22	2) Furukawa, Patty W50		
	3) Peralta, Daniel M25	4) Maloney, Samantha L W28		
	36.75	1:15.52	2:02.94	2:55.92
	3:27.63	4:04.15	4:50.62	5:44.89

---	SPP-33	A	DQ	
	1) Turner, Lauren W29	2) Pukszta, Claire A W24		
	3) Hulburd, Kyle M26			
	39.28	1:23.04	2:13.49	3:09.96
	3:40.83	4:23.11	4:58.83	DQ

Mixed 160-199 200 LC Meter Freestyle Relay

NATL: 1:42.27 # 8/8/2006 TEAM TYR

J SMITH, R SAEGER, C SAPPEY, S HART

WORLD: 1:42.27 & 8/8/2006 TEAM TYR -USA

J SMITH, R SAEGER, C SAPPEY, S HART

1	SBM-33	A	1:54.08	18
	1) Fulbeck, Kip M56	2) Borowitz, Brittany W32		
	3) Otsuki, Sharon W45	4) Power, Michael M53		
	26.37	55.79	1:26.59	1:54.08
2	MVN-33	A	2:03.19	14
	1) Tse, Ken M51	2) Furukawa, Patty W50		
	3) Tse, Stacy M W43	4) Cox, Ryan M48		
	31.64	1:05.08	1:35.69	2:03.19
3	SPP-33	A	2:06.38	12
	1) Peterson, Ariel W19	2) Harris, Robert M66		
	3) Hamilton, Hannah W26	4) McPeak, Charles M51		
	31.57	1:05.15	1:35.81	2:06.38
4	MVN-33	C	2:09.82	10
	1) Luddy, Andrew M40	2) Christiansen, Emily W24		
	3) Sumner, David M51	4) Peterson, Deanna W59		
	27.98	59.27	1:30.43	2:09.82
5	ROSE-33	B	2:15.36	8
	1) Popko, David M44	2) Blackway, Derek M46		
	3) Chambers, Kate W46	4) Angell, Ursula W49		
	28.56	58.00	1:33.86	2:15.36
6	MVN-33	B	2:17.71	6
	1) Thomas, Darcy W53	2) Foos, Todd M46		
	3) Herlihy, Brendan M45	4) Christie, Mary Beth W38		
	44.09	1:14.18	1:41.55	2:17.71
7	ROSE-33	A	2:24.34	4
	1) Costa Sitja, Marc M35	2) Odonnell, Meghan W38		
	3) Gharibi, Armen M43	4) Guevara, Olivia W48		
	31.41	1:07.21	1:45.05	2:24.34

Mixed 160-199 400 LC Meter Freestyle Relay

NATL: 3:57.18 # 8/6/2016 NORTH CAROLINA MASTERS

E BRAUN, S DALLAMURA, K LINDAUER, V FLETCHER

WORLD: 3:55.98 & 6/17/2017 EDGE -JPN

M IKEDA, T TAKUBO, S HIRUKAWA, K YOSHIMURA

1	MVN-33	A	5:07.47	18
	1) Breen, David M24	2) Christie, Mary Beth W38		
	3) Freitas, Stephen M56	4) Thomas, Darcy W53		
	30.58	1:05.28	1:38.84	2:16.98
	2:52.81	3:32.79	4:16.97	5:07.47

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

(Mixed 160-199 400 LC Meter Freestyle Relay)

2	ROSE-33	A	5:07.62	14
	1) Durieux, Chad M42	2) Costa Sitja, Marc M35		
	3) Khalil, Heidi W50	4) Guevara, Olivia W48		
	32.62	1:08.78	1:42.48	2:19.35
	2:56.81	3:39.78	4:22.12	5:07.62

Mixed 160-199 800 LC Meter Freestyle Relay

NATL: 8:50.20 # 8/15/2015 ROCKWELL AQUATIC MASTERS

S STONE, S CARPENTER, R ELDRIDGE, S CARROLL

WORLD: 8:43.94 & 11/11/2017 BP HONVED SE -HUN

M MAROSI, D CERVA, A SCHONEK, V KALAUS

1	MVN-33	A	10:51.91	18
	1) Rompala, Ancilla A W30	2) Bugbee, Cailyn J W33		
	3) Cox, Ryan M48	4) Gunnell, Steve M51		
	35.88	1:15.62	1:57.90	2:42.04
	3:20.94	4:04.13	4:48.82	5:30.66
	6:08.60	6:46.91	7:25.83	8:04.26
	8:46.98	9:26.39	10:13.15	10:51.91
---	SPP-33	A		NS
	1) Peterson, Ariel W19	2) Harris, Robert M66		
	3) McPeak, Charles M51	4) Hamilton, Hannah W26		

Mixed 160-199 200 LC Meter Medley Relay

NATL: 1:56.34 # 8/10/2019 NOVAQUATICS MASTERS

J NATALIZIO, S WEST, S BENNETT, C BERTELINK

WORLD: 1:55.32 & 8/14/2015 NEVA STARS -RUS

V PREDKIN, P LEBEDEV, A POLIAKOVA, O POZDNIKOVA

1	SBM-33	A	2:06.59	18
	1) Green, Brooke W42	2) Borowitz, Brittany W32		
	3) Fulbeck, Kip M56	4) Power, Michael M53		
	34.49	2:06.59		
2	GRA-33	A	2:14.00	14
	1) Alyabyeva, Ekaterina W32	2) Lucero, Michael M51		
	3) Shinnick, Christina W52	4) Pierce, Jonathan T M28		
	34.71	1:11.52	1:45.59	2:14.00
3	MVN-33	A	2:24.52	12
	1) Tse, Stacy M W43	2) Furukawa, Patty W50		
	3) Breen, David M24	4) Cox, Ryan M48		
	37.67	1:23.94	1:53.53	2:24.52
4	SBM-33	B	2:25.39	10
	1) Saldena, Javier M46	2) Johannsen, David M67		
	3) Otsuki, Sharon W45	4) Likewise, Bailey W27		
	31.92	1:15.65	1:52.65	2:25.39
5	CVMM-33	A	2:25.40	8
	1) Kajiwara, Doug M64	2) Graczyk, Sawyer M19		
	3) Prezzano, Calley W39	4) Maidenberg, Eve W45		
	35.07	1:16.92	1:53.40	2:25.40
6	CVMM-33	B	2:31.73	6
	1) Barmann, Andrew B M28	2) Kretz, Jonathan M43		
	3) Cox, Helen W64	4) Calderón, Teresita L W62		
	34.76	1:11.84	1:51.97	2:31.73
7	MVN-33	B	2:39.38	4
	1) Foos, Todd M46	2) Rompala, Ancilla A W30		
	3) Herlihy, Brendan M45	4) Ladd, Lorna W51		
	39.49	1:26.18	1:56.74	2:39.38

8	SPP-33	A	2:41.43	2
	1) Peterson, Ariel W19	2) Hamilton, Hannah W26		
	3) Harris, Robert M66	4) Osborne, Nathan M64		
	40.64	1:24.23	1:59.44	2:41.43
9	LBG-33	A	2:44.29	
	1) Sheahan, Thomas E M56	2) Werner, John M58		
	3) Sumioka, Annie W28	4) Carlin, Elizabeth W47		
	38.86	1:24.75	1:59.35	2:44.29
10	MVN-33	C	3:09.84	
	1) Maloney, Samantha L W28	2) Malley, Julie W54		
	3) Tse, Ken M51	4) Amini, Saeid M46		
	51.82	1:54.57	2:28.44	3:09.84

Mixed 200-239 200 LC Meter Freestyle Relay

NATL: 1:44.96 # 8/10/2006 COLORADO MASTERS

T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS

WORLD: 1:44.96 & 8/8/2006 COLORADO -USA

T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS

1	CLMS-33	A	2:04.38	18
	1) Lythgoe, Emma W25	2) Cacciarelli, Guy M52		
	3) Esparza, Deena W56	4) Lamb, Brent C M69		
	30.41	59.58	1:31.70	2:04.38
2	ROSE-33	A	2:14.94	14
	1) Paxton, Sean M52	2) Cienega, Julio M55		
	3) Harwich, Fiona W59	4) Jones, Clea W60		
	29.60	59.57	1:39.53	2:14.94
3	CVMM-33	A	2:26.43	
	1) Cox, Helen W64	2) Bove, Lisa W61		
	3) Kretz, Jonathan M43	4) Robinson, Keith M63		
	36.82	1:23.04	1:51.14	2:26.43
4	MVN-33	A	2:38.33	12
	1) Nafeei, Soli M49	2) Murillo, Gustavo M50		
	3) Zikova, Alena W54	4) Brooks, Sherry M Wendze W61		
	33.22	1:12.61	1:58.05	2:38.33
5	ROSE-33	B	2:38.47	10
	1) Durieux, Chad M42	2) Blake, Logan M52		
	3) Morgan, Kimberly W54	4) Walsh, Jane E W55		
	33.55	1:11.44	1:57.11	2:38.47

Mixed 200-239 800 LC Meter Freestyle Relay

NATL: 9:15.06 # 8/12/2018 CONEJO VALLEY MASTERS

B CLEAVENGER, J GELLATLY, K KARREN, D KOEHLER

WORLD: 9:15.06 & 8/12/2018 CONEJO VALLEY MASTERS -US

B CLEAVENGER, J GELLATLY, K KARREN, D KOEHLER

1	MVN-33	A	13:12.86	18
	1) Thomas, Darcy W53	2) Zikova, Alena W54		
	3) Hayward, David M61	4) Borzone, Ray M62		
	47.19	1:42.98	2:40.53	4:11.68
	4:26.46	5:18.79	6:11.21	7:01.31
	7:47.00	8:38.96	9:36.00	10:32.02
		11:49.43	12:32.80	13:12.86

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

Mixed 200-239 200 LC Meter Medley Relay

NATL: 2:01.98 # 8/20/2016 OREGON MASTERS

V JENKINS, K GROTE, G DUUS, K ANDRUS-HUGHES

WORLD: 1:59.99 & 8/18/2017 GUILDFORD CITY SWIMMING -

M WARE, D BRYANT, M HODGSON, L COGGINS

1	CLMS-33	A	2:19.14	18
	1) Lythgoe, Emma W25	2) Esparza, Deena W56		
	3) Cacciarelli, Guy M52	4) Lamb, Brent C M69		
	32.92	1:14.33	1:47.03	2:19.14
2	ROSE-33	A	2:36.82	14
	1) Thomas, Laurie W59	2) Uchiyama, Winston M64		
	3) Paxton, Sean M52	4) Guevara, Olivia W48		
	44.74	1:23.59	1:56.73	2:36.82
3	MVN-33	A	2:48.71	12
	1) Nafeei, Soli M49	2) Zikova, Alena W54		
	3) Kurr, Kyle M49	4) Thomas, Darcy W53		
	1:00.46	1:32.84	2:48.71	
4	ROSE-33	B	2:52.52	10
	1) Blake, Logan M52	2) Morgan, Kimberly W54		
	3) Blackway, Derek M46	4) Sindell, Linda W60		
	45.00	1:39.64	2:09.04	2:52.52

Mixed 200-239 400 LC Meter Medley Relay

NATL: 4:33.17 # 6/20/2015 ILLINOIS MASTERS

J TUCHLER, D SIMS, A BLOCK, L DILLMANN

WORLD: 4:33.17 & 6/20/2015 ILLINOIS MASTERS -USA

J TUCHLER, D SIMS, A BLOCK, L DILLMANN

1	ROSE-33	A	5:29.92	18
	1) Stephenson, Dan M64	2) Uchiyama, Winston M64		
	3) Simmons, Cheryl W54	4) Khalil, Heidi W50		
	37.18	1:15.82	1:55.39	2:37.72
	3:21.26	4:09.12	4:44.32	5:29.92
2	CVMM-33	A	5:33.31	14
	1) Prezzano, Calley W39	2) Robinson, Keith M63		
	3) Cox, Helen W64	4) Kretz, Jonathan M43		
	38.45	1:19.79	2:06.04	2:53.94
	3:37.89	4:53.78	5:00.10	5:33.31
3	MVN-33	A	5:55.71	12
	1) Tse, Ken M51	2) Zikova, Alena W54		
	3) Zawistoski, Lisa W52	4) Foos, Todd M46		
	39.50	1:20.57	2:12.19	3:05.61
	3:48.79	4:42.92	5:16.51	5:55.71
4	LBG-33	A	7:12.01	10
	1) Sheahan, Thomas E M56	2) Werner, John M58		
	3) Carlin, Elizabeth W47	4) Powers, Patricia W64		
	42.98	1:30.70	2:20.20	3:16.20
	4:22.71	5:29.52	6:17.37	7:12.01

Mixed 240-279 200 LC Meter Freestyle Relay

NATL: 1:54.54 # 8/20/2016 SARASOTA Y SHARKS

D MARTIN, J GROSELLE, N KRYKA, L KIRKPATRICK

WORLD: 1:54.54 & 8/20/2016 SARASOTA Y SHARKS -USA

D MARTIN, J GROSELLE, N KRYKA, L KIRKPATRICK

1	MVN-33	B	2:22.25	18
	1) Montrella, Beverly W75	2) Hughes, Jeffrey M59		
	3) Poulsen, Deanna W66	4) Kurr, Kyle M49		
	35.48	1:09.01	2:22.25	

2	MVN-33	A	2:23.58	14
	1) Dolan LaMar, Diana W64	2) Peterson, Marlow M61		
	3) Mc Cleave, Jeanne M W67	4) Longworth, Mark M70		
	37.30	1:08.93	1:48.47	2:23.58
3	MVN-33	D	2:26.47	12
	1) Uthus, Gwen W67	2) Williams, Pamela W65		
	3) Borzone, Ray M62	4) Freitas, Stephen M56		
	40.32		1:53.10	2:26.47
4	ROSE-33	B	2:34.56	10
	1) Mc Ginley, Patrick M58	2) Taylor, Thomas M62		
	3) Sindell, Linda W60	4) Niebrugge, Nancy W63		
	33.58	1:03.95	1:34.02	2:34.56
5	MVN-33	C	3:05.63	8
	1) Hayward, David M61	2) Stuart, Margaret W63		
	3) Moore Barnett, Barbara W61	4) Frankel, Jonathan M70		
	36.54	1:21.54	2:09.09	3:05.63
6	ROSE-33	A	9:00.00	6
	1) Bzdak, Kris M64	2) Uchiyama, Winston M64		
	3) Petlin, Rega W65	4) Simmons, Cheryl W54		

Mixed 240-279 200 LC Meter Medley Relay

NATL: 2:08.11 # 8/20/2016 PUGET SOUND MASTERS

L DAHL, R COLELLA, D GRAHAM, C DAVIS

WORLD: 2:08.11 & 8/20/2016 PUGET SOUND MASTERS -US

L DAHL, R COLELLA, D GRAHAM, C DAVIS

1	CVMM-33	A	2:17.90	18
	1) Gellatly, Jill W54	2) Smith, Don G M60		
	3) Buckley, Mark M68	4) Cleavenger, Becky W58		
	38.14	1:13.56	1:46.08	2:17.90
2	MVN-33	A	2:34.60	14
	1) Mc Cleave, Jeanne M W67	2) Peterson, Marlow M61		
	3) Borzone, Ray M62	4) Dolan LaMar, Diana W64		
	43.47	1:23.17	1:56.68	2:34.60
3	MVN-33	B	2:52.28	12
	1) Montrella, Beverly W75	2) Freitas, Stephen M56		
	3) Longworth, Mark M70	4) Uthus, Gwen W67		
	45.01	1:29.93	2:01.70	2:52.28
4	MVN-33	C	3:20.25	10
	1) Frankel, Jonathan M70	2) Peterson, Deanna W59		
	3) Brooks, Sherry M Wendze W61	4) Hughes, Jeffrey M59		
	1:03.99	1:54.85	3:20.25	
5	MVN-33	D	3:29.04	8
	1) Murillo, Gustavo M50	2) Stuart, Margaret W63		
	3) Hayward, David M61	4) Poulsen, Deanna W66		
	59.91		2:40.61	3:29.04
6	ROSE-33	A	3:38.98	6
	1) Harwich, Fiona W59	2) Fleming, Mark M57		
	3) Niebrugge, Nancy W63	4) Fleming, William M86		
	56.03	1:35.76	3:38.98	

Mixed 240-279 400 LC Meter Medley Relay

NATL: 4:51.95 # 8/8/2009 TAMALPAIS AQUATIC MASTERS

R BURNS, K FROST, L VAL, B WHEELER

WORLD: 4:57.61 & 3/21/2019 CAPE TOWN MASTERS -RSA

A STEYNBERG, G DU TOIT, C STANFORD, D COETZEE

1	MVN-33	A	6:30.61	18
	1) Dolan LaMar, Diana W64	2) Brooks, Sherry M Wendze W61		
	3) Borzone, Ray M62	4) Cochran, Van M71		
	48.06	1:38.61	2:39.14	3:46.10
	4:22.72	5:11.49	5:48.44	6:30.61

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Results

Mixed 280-319 200 LC Meter Freestyle Relay

NATL: 2:05.58 # 8/18/2017 TAMALPAIS AQUATIC MASTERS

RICHARD BURNS, LAURA VAL, NANCY RIDOUT, TATE HOLT

WORLD: 2:05.58 & 8/18/2017 TAMALPAIS AQUATIC -USA

Richard BURNS, Laura VAL, Nancy RIDOUT, Tate HOLT

1	ROSE-33	A	3:35.23	18
	1) Fleming, Mark M57	2) Fleming, William M86		
	3) Bennett, Kristin W64	4) Leopold, Lynda W73		
	32.59	1:29.12	2:25.02	3:35.23

Mixed 280-319 400 LC Meter Freestyle Relay

NATL: 5:03.30 # 7/23/2016 TAMALPAIS AQUATIC MASTERS

L VAL, N RIDOUT, R MEYERHOFF, R BURNS

WORLD: 5:03.30 & 7/23/2016 TAMALPAIS AQUATIC MASTERS

L VAL, N RIDOUT, R MEYERHOFF, R BURNS

1	MVN-33	A	5:32.98	18
	1) Montrella, Beverly W75	2) Longworth, Mark M70		
	3) Cochran, Van M71	4) Dolan LaMar, Diana W64		
	42.62	1:29.55	2:06.94	2:49.36
	3:26.58	4:07.67	4:48.26	5:32.98

Mixed 280-319 800 LC Meter Freestyle Relay

NATL: 11:18.04 # 7/14/2017 TAMALPAIS AQUATIC MASTERS

R BURNS, L VAL, N RIDOUT, A BERNARD

WORLD: 11:18.04 & 7/14/2017 TAMALPAIS AQUATIC MASTERS

R BURNS, L VAL, N RIDOUT, A BERNARD

1	ROSE-33	A	17:43.65	18
	1) Kornfeld, Maurine E W100	2) Leopold, Lynda W73		
	3) Uchiyama, Winston M64	4) Bzdak, Kris M64		
	1:21.19	4:43.39		
	7:34.77	10:26.96	11:52.38	
	12:28.59	13:08.99	13:49.87	14:29.09
	15:15.77	16:55.12	17:43.65	

Combined Team Scores

Combined Team Scores - Through Event 111

1.	Mission Viejo Masters	2662
2.	Rose Bowl Masters	2207
3.	Conejo Valley Masters	657
4.	Novaquatics Masters	567
5.	San Diego Swim Masters	565
6.	Long Beach Grunions	410
7.	Santa Barbara Masters Swimming	404
8.	Golden Road Aquatics	298
9.	Uc33	254
10.	SilverPeak Performance	247
11.	Costa Mesa Aquatics Club	225
12.	West Hollywood Aquatics	157
13.	Tamalpais Aquatic Masters	144
14.	Cal Lutheran Masters Swimming	128
15.	Las Vegas Masters	107
16.	Ventura County Masters	92
17.	Puget Sound Masters	87
18.	SwimNation Aquatics Programs -	81
19.	La Mirada Armada	78
20.	Swim Long Beach	74
21.	Swim Fort Lauderdale	72
22.	Peninsula Community Center Mas	63

23.	Downey Dolphins Masters	54
24.	Uc50	48
25.	Southern California Aquatic Ma	40
25.	Masters of Yucaipa Swim Team	40
27.	North Bay Aquatics	38
28.	Wind-n-Sea Masters Swimming	37
29.	Uc44	36
29.	Davis Aquatic Masters	36
31.	Arizona Masters Swim Club Inc	34
32.	Movy Masters	33
33.	Golden West Swim Club	30
34.	Team Redbird	26
35.	Masters of San Clemente Aquati	21
36.	San Dimas Aquatics	19
37.	Bakersfield Gold Wave Masters	18
38.	Fullerton Fast Masters Team	16
39.	Santa Cruz Masters Aquatics	9
40.	Uc38	6
40.	Wildcat Alumni Masters	6

Scores - Women

Women - Team Rankings - Through Event 111

1.	Mission Viejo Masters	1213
2.	Rose Bowl Masters	1143
3.	Novaquatics Masters	327
4.	Conejo Valley Masters	316
5.	San Diego Swim Masters	307
6.	Santa Barbara Masters Swimming	233
7.	SilverPeak Performance	201
8.	Golden Road Aquatics	113
9.	West Hollywood Aquatics	112
10.	Long Beach Grunions	99
11.	Costa Mesa Aquatics Club	93
12.	SwimNation Aquatics Programs -	81
13.	Cal Lutheran Masters Swimming	80
14.	Tamalpais Aquatic Masters	72
15.	Puget Sound Masters	48
15.	Uc50	48
17.	North Bay Aquatics	38
18.	Davis Aquatic Masters	36
19.	Las Vegas Masters	33
20.	Golden West Swim Club	30
21.	Downey Dolphins Masters	24
22.	Masters of San Clemente Aquati	21
23.	Uc33	18
23.	Bakersfield Gold Wave Masters	18
25.	La Mirada Armada	16
26.	Santa Cruz Masters Aquatics	9

Scores - Men

Men - Team Rankings - Through Event 111

1.	Mission Viejo Masters	1075
2.	Rose Bowl Masters	854
3.	Long Beach Grunions	301
4.	Conejo Valley Masters	263

2021 Southwest Zone & SPMS Summer Champs - 7/30/2021 to 8/1/2021

Results

(Scores - Men)

5. San Diego Swim Masters	258
6. Novaquatics Masters	240
7. Uc33	236
8. Golden Road Aquatics	171
9. Santa Barbara Masters Swimming	125
10. Costa Mesa Aquatics Club	114
11. Ventura County Masters	92
12. Las Vegas Masters	74
12. Swim Long Beach	74
14. Swim Fort Lauderdale	72
14. Tamalpais Aquatic Masters	72
16. Peninsula Community Center Mas	63
17. La Mirada Armada	62
18. West Hollywood Aquatics	45
19. Southern California Aquatic Ma	40
19. Masters of Yucaipa Swim Team	40
21. Puget Sound Masters	39
22. Wind-n-Sea Masters Swimming	37
23. Uc44	36
24. Arizona Masters Swim Club Inc	34
25. Movy Masters	33
26. SilverPeak Performance	32
27. Downey Dolphins Masters	30
28. Team Redbird	26
29. San Dimas Aquatics	19
30. Fullerton Fast Masters Team	16
31. Cal Lutheran Masters Swimming	12
32. Uc38	6
32. Wildcat Alumni Masters	6