

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Women 18-24 50 LC Meter Freestyle

ZONE: 28.06 ! 2000

NATL: 26.22 \* 7/26/2009 KARA DENBY

Name	Age	Team	Seed Time	Finals Time
1 Alexis Dewey	23	Dallas Aquatic Masters-26	29.80	29.36
2 Megan Mick	18	Masters Of Brazos-25	30.51	30.42
3 Emma Stuba	21	Southern Masters Swimmers-24	31.74	31.24

## Women 18-24 100 LC Meter Freestyle

ZONE: 1:01.02 ! 2000

NATL: 57.90 \* 8/14/2014 RACHAEL BURNETT

1 Alexis Dewey	23	Dallas Aquatic Masters-26	1:07.15	1:05.62
30.76	1:05.62 (34.86)			
2 Megan Mick	18	Masters Of Brazos-25	1:07.92	1:07.32
32.24	1:07.32 (35.08)			
3 Emma Stuba	21	Southern Masters Swimmers-24	1:12.50	1:07.43
32.07	1:07.43 (35.36)			
4 Kelsey Cowan	23	Uc25-25	1:07.94	1:09.67
32.81	1:09.67 (36.86)			

## Women 18-24 200 LC Meter Freestyle

ZONE: 2:10.40 ! 2000

NATL: 2:03.06 \* 8/17/2003 JESSICA FOSCHI

1 Emma Stuba	21	Southern Masters Swimmers-24	2:35.80	2:29.32
33.59	1:11.28 (37.69)	1:50.13 (38.85)	2:29.32 (39.19)	

## Women 18-24 400 LC Meter Freestyle

ZONE: 4:40.49 ! 2000

NATL: 4:16.72 \* 7/5/2003 JULIA STOWERS

1 Kelsey Cowan	23	Uc25-25	5:19.57	5:28.57
35.11	1:14.35 (39.24)	1:58.09 (43.74)	2:41.11 (43.02)	
3:23.88 (42.77)	4:06.73 (42.85)	4:49.04 (42.31)	5:28.57 (39.53)	

## Women 18-24 1500 LC Meter Freestyle

ZONE: 19:16.00 ! 2000

NATL: 17:22.39 \* 7/5/2012 LUANE ROWE

1 Emma Stuba	21	Southern Masters Swimmers-24	30:00.00	21:04.19
35.22	1:14.51 (39.29)	1:56.04 (41.53)	2:37.20 (41.16)	
3:20.03 (42.83)	4:01.81 (41.78)	4:45.10 (43.29)	5:27.25 (42.15)	
6:10.22 (42.97)	6:52.44 (42.22)	7:35.86 (43.42)	8:18.51 (42.65)	
9:02.04 (43.53)	9:44.28 (42.24)	10:28.01 (43.73)	11:09.84 (41.83)	
11:53.52 (43.68)	12:35.67 (42.15)	13:19.02 (43.35)	14:01.53 (42.51)	
14:44.66 (43.13)	15:26.79 (42.13)	16:10.79 (44.00)	16:52.78 (41.99)	
17:35.79 (43.01)	18:18.14 (42.35)	19:00.83 (42.69)	19:43.60 (42.77)	
20:26.22 (42.62)	21:04.19 (37.97)			
2 Kelsey Cowan	23	Uc25-25	21:00.05	23:15.55
35.69	1:14.73 (39.04)	1:57.62 (42.89)	2:41.83 (44.21)	
3:27.30 (45.47)	4:11.66 (44.36)	4:59.66 (48.00)	5:47.33 (47.67)	
6:35.30 (47.97)	7:24.36 (49.06)	8:12.87 (48.51)	9:00.74 (47.87)	
9:48.87 (48.13)	10:36.17 (47.30)	11:24.98 (48.81)	12:12.62 (47.64)	
13:00.92 (48.30)	13:48.20 (47.28)	14:37.73 (49.53)	15:26.11 (48.38)	
16:15.04 (48.93)	17:01.68 (46.64)	17:47.59 (45.91)	18:31.40 (43.81)	
19:18.48 (47.08)	20:05.94 (47.46)	20:53.70 (47.76)	21:40.38 (46.68)	
22:28.63 (48.25)	23:15.55 (46.92)			

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 18-24 50 LC Meter Backstroke****ZONE: 32.60 ! 2000****NATL: 30.84 \* 8/5/2011 EMILE EWING**

1	Megan Mick	18	Masters Of Brazos-25	42.10	34.46
2	Emma Stuba	21	Southern Masters Swimmers-24	40.00	37.61

**Women 18-24 100 LC Meter Backstroke****ZONE: 1:09.64 ! 2000****NATL: 1:04.67 \* 7/20/2012 JENNY VON JOUANNE**

1	Megan Mick	18	Masters Of Brazos-25	1:15.84	1:15.46
	36.05		1:15.46 (39.41)		
2	Emma Stuba	21	Southern Masters Swimmers-24	1:30.00	1:21.09
	38.71		1:21.09 (42.38)		

**Women 18-24 50 LC Meter Breaststroke****ZONE: 38.20 ! 2000****NATL: 32.92 \* 8/1/2015 LAUREN GREENBERG**

1	Alexis Dewey	23	Dallas Aquatic Masters-26	41.50	40.93
2	Megan Mick	18	Masters Of Brazos-25	48.82	44.84

**Women 18-24 100 LC Meter Breaststroke****ZONE: 1:15.66 ! 2000****NATL: 1:10.32 \* 7/30/2011 BREEJA LARSON**

1	Megan Mick	18	Masters Of Brazos-25	1:32.79	1:36.25
	43.69		1:36.25 (52.56)		

**Women 18-24 50 LC Meter Butterfly****ZONE: 30.21 ! 2000****NATL: 28.62 \* 7/12/2009 MEG GILL**

1	Emma Stuba	21	Southern Masters Swimmers-24	35.12	33.40
2	Kelsey Cowan	23	Uc25-25	35.13	33.78

**Women 18-24 200 LC Meter IM****ZONE: 2:26.96 ! 2000****NATL: 2:16.06 \* 7/1/2008 LAURA DAVIS**

1	Alexis Dewey	23	Dallas Aquatic Masters-26	2:50.00	2:45.39
	34.72		1:19.44 (44.72) 2:08.02 (48.58) 2:45.39 (37.37)		

**Women 25-29 50 LC Meter Freestyle****ZONE: 27.66 ! 2000****WORLD: 25.42 # 2/15/2004 ANNABEL KOSTEN NED****NATL: 24.83 \* 8/10/2014 MADISON KENNEDY**

1	Carleigh Kutac	26	Dad's Club Swim Team Masters-2	29.89	29.00
2	Stacy Abrams	29	Longhorn Aquatics-43	30.90	29.70
3	Alisha Rembach	28	Dad's Club Swim Team Masters-2	30.93	30.36
4	Melissa Ralston	25	Masters Of Brazos-25	33.06	31.29
5	Cindy Le	28	Dad's Club Swim Team Masters-2	45.00	34.18
6	Adina McCombs	28	Uc43-43	NT	39.78

**Women 25-29 100 LC Meter Freestyle****ZONE: 1:00.42 ! 2000****WORLD: 56.96 # 8/11/2015 EMMA GAGE GBR****NATL: 54.72 \* 8/6/2014 MADISON KENNEDY**

1	Stacy Abrams	29	Longhorn Aquatics-43	1:05.00	1:05.69
	31.29		1:05.69 (34.40)		

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2	Alisha Rembach	28	Dad's Club Swim Team Masters-2:	1:05.00	1:05.92
	31.50			1:05.92 (34.42)	
3	Melissa Ralston	25	Masters Of Brazos-25	1:07.15	1:10.62
	33.60			1:10.62 (37.02)	
4	Cindy Le	28	Dad's Club Swim Team Masters-2:	1:30.00	1:15.83
	34.90			1:15.83 (40.93)	
5	Adina McCombs	28	Uc43-43	NT	1:30.33
	43.53			1:30.33 (46.80)	

**Women 25-29 200 LC Meter Freestyle****ZONE: 2:12.89 ! 2000****WORLD: 2:04.56 # 7/10/2010 MEGAN JENDRICK USA****NATL: 2:02.06 \* 12/2/1995 SHEILA TAORMINA**

1	Carleigh Kutac	26	Dad's Club Swim Team Masters-2:	2:20.50	2:18.84
	32.09			1:07.76 (35.67)	1:43.61 (35.85)
				2:18.84 (35.23)	
2	Stacy Abrams	29	Longhorn Aquatics-43	2:25.00	2:25.77
	32.72			1:09.73 (37.01)	1:47.46 (37.73)
				2:25.77 (38.31)	
3	Alisha Rembach	28	Dad's Club Swim Team Masters-2:	2:22.25	2:28.34
	34.12			1:11.18 (37.06)	1:49.96 (38.78)
				2:28.34 (38.38)	
4	Meredith Rubin	28	Dallas Aquatic Masters-26	2:45.00	2:29.37
	36.44			1:14.55 (38.11)	1:52.71 (38.16)
				2:29.37 (36.66)	

**Women 25-29 800 LC Meter Freestyle****WORLD: 8:45.89 # 3/10/2012 SWANN OBERSON SUI****NATL: 8:47.44 \* 7/19/2001 RACHEL KOMISARZ**

1	Carleigh Kutac	26	Dad's Club Swim Team Masters-2:	11:00.00	10:05.44
	34.35			1:12.49 (38.14)	1:50.59 (38.10)
				2:28.70 (38.11)	
	3:06.77 (38.07)			3:45.26 (38.49)	4:23.28 (38.02)
				5:01.51 (38.23)	
	5:39.34 (37.83)			6:17.73 (38.39)	6:56.03 (38.30)
				7:34.59 (38.56)	
	8:12.87 (38.28)			8:51.53 (38.66)	9:29.23 (37.70)
				10:05.44 (36.21)	

**Women 25-29 50 LC Meter Backstroke****ZONE: 31.55 ! 2000****WORLD: 28.99 # 10/19/2014 YURIE OGA JPN****NATL: 29.15 \* 8/8/2014 MADISON KENNEDY**

1	Meredith Rubin	28	Dallas Aquatic Masters-26	36.00	35.90
2	Adina McCombs	28	Uc43-43	NT	53.88

**Women 25-29 100 LC Meter Backstroke****ZONE: 1:06.37 ! 2000****WORLD: 1:03.26 # 10/19/2014 YURIE OGA JPN****NATL: 1:06.44 \* 7/31/2011 KELLY HARRIGAN**

1	Carleigh Kutac	26	Dad's Club Swim Team Masters-2:	1:15.99	1:12.41
	36.06			1:12.41 (36.35)	

**Women 25-29 200 LC Meter Backstroke****ZONE: 2:22.41 ! 2000****WORLD: 2:17.30 # 7/16/2007 KANA OHASHI JPN****NATL: 2:19.97 \* 8/20/1989 D GRANER-GALLAS**

1	Stacy Abrams	29	Longhorn Aquatics-43	2:40.00	2:44.74
	36.23			1:17.13 (40.90)	2:00.29 (43.16)
				2:44.74 (44.45)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 25-29 50 LC Meter Breaststroke**

<b>ZONE: 34.13 ! 2000</b>					
<b>WORLD: 31.60 # 7/10/2010</b>		<b>MEGAN JENDRICK</b>		<b>USA</b>	
<b>NATL: 31.60 * 7/10/2010</b>		<b>MEGAN JENDRICK</b>			
1	Melissa Ralston	25	Masters Of Brazos-25	36.06	35.42
2	Marissa Clapp	29	Rice Aquatic Masters-25	35.12	35.84
3	Cindy Le	28	Dad's Club Swim Team Masters-2:	1:00.00	46.17

**Women 25-29 100 LC Meter Breaststroke**

<b>ZONE: 1:15.93 ! 2000</b>					
<b>WORLD: 1:10.56 # 7/10/2010</b>		<b>MEGAN JENDRICK</b>		<b>USA</b>	
<b>NATL: 1:09.10 * 6/28/2013</b>		<b>JUSTINE MUELLER</b>			
1	Marissa Clapp	29	Rice Aquatic Masters-25	1:14.42	1:15.66!
	35.89		1:15.66 (39.77)		
2	Melissa Ralston	25	Masters Of Brazos-25	1:23.03	1:21.26
	37.35		1:21.26 (43.91)		
3	Cindy Le	28	Dad's Club Swim Team Masters-2:	2:00.00	1:41.24
	46.51		1:41.24 (54.73)		

**Women 25-29 200 LC Meter Breaststroke**

<b>ZONE: 2:45.37 ! 2000</b>					
<b>WORLD: 2:35.46 # 7/17/2006</b>		<b>HITOMI MATSUDA</b>		<b>JPN</b>	
<b>NATL: 2:29.90 * 6/26/2013</b>		<b>JUSTINE MUELLER</b>			
1	Marissa Clapp	29	Rice Aquatic Masters-25	2:40.10	2:42.35!
	37.23		1:17.90 (40.67) 2:00.06 (42.16) 2:42.35 (42.29)		
2	Melissa Ralston	25	Masters Of Brazos-25	3:01.60	3:07.77
	38.65		1:27.02 (48.37) 2:17.64 (50.62) 3:07.77 (50.13)		
3	Cindy Le	28	Dad's Club Swim Team Masters-2:	3:00.00	3:51.27
	48.92		1:47.71 (58.79) 2:48.71 (1:01.00) 3:51.27 (1:02.56)		

**Women 25-29 50 LC Meter Butterfly**

<b>ZONE: 28.19 ! 2000</b>					
<b>WORLD: 27.10 # 8/12/2015</b>		<b>EMMA GAGE</b>		<b>GBR</b>	
<b>NATL: 28.19 * 8/3/2003</b>		<b>JENNIFER BROOKS</b>			
1	Stacy Abrams	29	Longhorn Aquatics-43	33.00	31.55
2	Alisha Rembach	28	Dad's Club Swim Team Masters-2:	32.66	32.01
3	Meredith Rubin	28	Dallas Aquatic Masters-26	37.00	33.12

**Women 25-29 100 LC Meter Butterfly**

<b>ZONE: 1:03.89 ! 2000</b>					
<b>WORLD: 59.99 # 8/13/2015</b>		<b>ANNA POLIAKOVA</b>		<b>RUS</b>	
<b>NATL: 59.99 * 6/27/2013</b>		<b>JUSTINE MUELLER</b>			
1	Alisha Rembach	28	Dad's Club Swim Team Masters-2:	1:12.51	1:11.05
	32.76		1:11.05 (38.29)		
2	Stacy Abrams	29	Longhorn Aquatics-43	1:15.00	1:11.72
	34.48		1:11.72 (37.24)		
3	Meredith Rubin	28	Dallas Aquatic Masters-26	1:20.00	1:15.86
	36.31		1:15.86 (39.55)		

**Women 25-29 200 LC Meter IM**

<b>ZONE: 2:36.11 ! 2000</b>					
<b>WORLD: 2:20.71 # 10/2/2005</b>		<b>HITOMI MATSUDA</b>		<b>JPN</b>	
<b>NATL: 2:14.03 * 6/29/2013</b>		<b>JUSTINE MUELLER</b>			
1	Marissa Clapp	29	Rice Aquatic Masters-25	2:25.22	2:26.47!
	31.67		1:09.84 (38.17) 1:51.00 (41.16) 2:26.47 (35.47)		

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2	Stacy Abrams	29	Longhorn Aquatics-43	2:50.00	2:43.65
	34.87	1:17.67 (42.80)	2:05.42 (47.75)	2:43.65 (38.23)	
3	Meredith Rubin	28	Dallas Aquatic Masters-26	2:46.00	2:44.16
	34.66	1:17.12 (42.46)	2:05.76 (48.64)	2:44.16 (38.40)	
4	Melissa Ralston	25	Masters Of Brazos-25	3:00.80	2:52.84
	35.32	1:23.29 (47.97)	2:11.18 (47.89)	2:52.84 (41.66)	

**Women 25-29 400 LC Meter IM****ZONE: 5:35.49 ! 2000****WORLD: 5:02.78 # 11/5/2006 HITOMI MATSUDA JPN****NATL: 5:06.34 \* 7/30/1989 SARA SHAND**

1	Marissa Clapp	29	Rice Aquatic Masters-25	5:07.87	5:08.24!
	31.52	1:08.01 (36.49)	1:47.83 (39.82)	2:27.96 (40.13)	
	3:10.17 (42.21)	3:53.33 (43.16)	4:30.70 (37.37)	5:08.24 (37.54)	

**Women 30-34 50 LC Meter Freestyle****ZONE: 27.41 ! 2000****WORLD: 25.74 # 6/6/2008 MARTINA MORAVCOVA USA****NATL: 25.57 \* 8/8/2009 ERIKA ERNDL**

1	Holly McKenna	30	Masters of South Texas-43	NT	33.61
2	Rebecca Morris	33	Uc26-26	37.57	36.07

**Women 30-34 100 LC Meter Freestyle****ZONE: 59.72 ! 2000****WORLD: 55.24 # 7/11/2009 ERIKA ERNDL USA****NATL: 54.59 \* 8/5/2009 ERIKA ERNDL**

1	Holly McKenna	30	Masters of South Texas-43	NT	1:21.66
	38.62	1:21.66 (43.04)			

**Women 30-34 200 LC Meter Freestyle****ZONE: 2:11.11 ! 2000****WORLD: 2:04.05 # 7/17/2011 DAWN HECKMAN USA****NATL: 1:58.92 \* 8/7/2009 ERIKA ERNDL**

1	Rebecca Morris	33	Uc26-26	3:04.63	2:59.17
	40.96	1:27.66 (46.70)	2:14.97 (47.31)	2:59.17 (44.20)	

**Women 30-34 800 LC Meter Freestyle****WORLD: 8:46.47 # 7/14/2011 DAWN HECKMAN USA****NATL: 8:46.22 \* 5/30/2010 DAWN HECKMAN**

1	Rebecca Morris	33	Uc26-26	13:10.52	12:54.51
	42.77	1:31.18 (48.41)	2:20.49 (49.31)	3:09.84 (49.35)	
			4:00.07 ( )	6:27.86 (2:27.79)	
	7:17.47 (49.61)	8:06.62 (49.15)	8:55.57 (48.95)	9:44.71 (49.14)	
	10:34.49 (49.78)	11:22.87 (48.38)	12:11.17 (48.30)	12:54.51 (43.34)	

**Women 30-34 50 LC Meter Backstroke****ZONE: 31.57 ! 2000****WORLD: 28.57 # 8/7/2012 NORIKO INADA USA****NATL: 28.57 \* 7/8/2012 NORIKO INADA**

1	Holly McKenna	30	Masters of South Texas-43	NT	50.26
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**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 30-34 100 LC Meter Backstroke**

ZONE: 1:11.81 ! 2000

WORLD: 1:01.78 # 8/6/2011 NORIKO INADA USA

NATL: 1:01.78 \* 8/6/2011 NORIKO INADA

1	Rebecca Morris	33	Uc26-26	1:44.93	1:37.80
	48.95				1:37.80 (48.85)

**Women 30-34 50 LC Meter Breaststroke**

ZONE: 33.32 ! 2000

WORLD: 32.22 # 9/3/2013 NICOLE HEIDEMANN GER

NATL: 33.20 \* 8/15/2008 KATIE MCCLELLAND

1	Holly McKenna	30	Masters of South Texas-43	NT	48.15
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**Women 30-34 200 LC Meter Breaststroke**

ZONE: 2:57.76 ! 2000

WORLD: 2:28.93 # 10/17/2009 HITOMI MATSUDA JPN

NATL: 2:41.51 \* 8/23/1999 WENKE HANSEN

1	Holly McKenna	30	Masters of South Texas-43	NT	4:04.30
	55.54				1:56.82 (1:01.28) 3:00.79 (1:03.97) 4:04.30 (1:03.51)

**Women 30-34 50 LC Meter Butterfly**

ZONE: 28.48 ! 2000

WORLD: 27.48 # 6/7/2008 MARTINA MORAVCOVA USA

NATL: 27.48 \* 6/7/2008 MARTINA MORAVCOVA

1	Holly McKenna	30	Masters of South Texas-43	NT	42.54
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**Women 30-34 100 LC Meter Butterfly**

ZONE: 1:05.98 ! 2000

WORLD: 58.81 # 6/7/2008 MARTINA MORAVCOVA USA

NATL: 58.81 \* 6/7/2008 MARTINA MORAVCOVA

1	Rebecca Morris	33	Uc26-26	1:44.93	1:32.88
	44.73				1:32.88 (48.15)

**Women 35-39 50 LC Meter Freestyle**

ZONE: 27.80 ! 2000

WORLD: 25.98 # 8/8/2006 DARA TORRES USA

NATL: 25.52 \* 6/29/2013 ERIKA ERNDL

1	Christy Breiby	36	Masters Of Brazos-25	28.55	29.25
2	Lisa Linerode	37	Rice Aquatic Masters-25	34.10	32.86
3	Maureen Helm	36	Nitro Swimming-43	33.20	33.04
4	Lauren Van Allen	36	North Texas Lonestars-26	35.00	35.60

**Women 35-39 100 LC Meter Freestyle**

ZONE: 1:01.52 ! 2000

WORLD: 58.31 # 5/9/2015 LAURA ROCA ESP

NATL: 55.17 \* 6/25/2013 ERIKA ERNDL

1	Beth Hanlon	39	Rice Aquatic Masters-25	1:24.00	1:12.33
	34.81				1:12.33 (37.52)
2	Maureen Helm	36	Nitro Swimming-43	1:16.00	1:17.97
	36.11				1:17.97 (41.86)
3	Lauren Van Allen	36	North Texas Lonestars-26	1:40.00	1:21.83
	38.19				1:21.83 (43.64)

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

**Women 35-39 200 LC Meter Freestyle**

ZONE: 2:16.40 ! 2000

WORLD: 2:06.94 # 8/10/1997 K.PIPES-NEILSEN USA

NATL: 2:00.04 \* 6/26/2013 ERIKA ERNDL

2 Beth Hanlon 39 Rice Aquatic Masters-25 NT 2:44.92

**Women 35-39 400 LC Meter Freestyle**

ZONE: 4:48.84 ! 2000

WORLD: 4:26.17 # 8/10/1997 K.PIPES-NEILSEN USA

NATL: 4:16.19 \* 6/1/2012 DAWN HECKMAN

1 Beth Hanlon 39 Rice Aquatic Masters-25 5:30.00 5:29.93

36.78 1:17.05 (40.27) 1:59.24 (42.19) 2:42.36 (43.12)

3:24.98 (42.62) 4:07.02 (42.04) 4:48.79 (41.77) 5:29.93 (41.14)

**Women 35-39 400 LC Meter Freestyle**

ZONE: 4:48.84 ! 2000

WORLD: 4:26.17 # 8/10/1997 K.PIPES-NEILSEN USA

NATL: 4:16.19 \* 6/1/2012 DAWN HECKMAN

1 Beth Hanlon 39 Rice Aquatic Masters-25 NT 5:38.97

**Women 35-39 800 LC Meter Freestyle**

WORLD: 9:08.47 # 11/18/2012 KIRSTEN CAMERON AUS

NATL: 8:47.28 \* 6/3/2012 DAWN HECKMAN

1 Beth Hanlon 39 Rice Aquatic Masters-25 NT 11:27.62

**Women 35-39 1500 LC Meter Freestyle**

ZONE: 18:56.25 ! 2000

WORLD: 17:17.22 # 8/6/2015 HEIDI GEORGE USA

NATL: 17:17.22 \* 8/6/2015 HEIDI GEORGE

1 Beth Hanlon 39 Rice Aquatic Masters-25 30:00.00 21:35.33

38.43 1:19.53 (41.10) 2:01.68 (42.15) 2:44.92 (43.24)

3:28.76 (43.84) 4:12.44 (43.68) 4:55.65 (43.21) 5:38.97 (43.32)

6:22.73 (43.76) 7:06.91 (44.18) 7:50.02 (43.11) 8:33.62 (43.60)

9:16.90 (43.28) 10:00.99 (44.09) 10:43.97 (42.98) 11:27.62 (43.65)

12:10.75 (43.13) 12:54.42 (43.67) 13:37.62 (43.20) 14:21.44 (43.82)

15:04.66 (43.22) 15:48.15 (43.49) 16:31.07 (42.92) 17:14.61 (43.54)

17:57.56 (42.95) 18:41.35 (43.79) 19:24.94 (43.59) 20:08.97 (44.03)

20:52.80 (43.83) 21:35.33 (42.53)

**Women 35-39 50 LC Meter Backstroke**

ZONE: 34.51 ! 2000

WORLD: 28.85 # 8/9/2014 NORIKO INADA USA

NATL: 28.85 \* 8/9/2014 NORIKO INADA

1 Lisa Linerode 37 Rice Aquatic Masters-25 39.38 37.11

2 Maureen Helm 36 Nitro Swimming-43 40.00 41.65

**Women 35-39 100 LC Meter Backstroke**

ZONE: 1:14.49 ! 2000

WORLD: 1:02.69 # 8/8/2014 NORIKO INADA USA

NATL: 1:02.69 \* 8/8/2014 NORIKO INADA

1 Lisa Linerode 37 Rice Aquatic Masters-25 1:19.48 1:20.06

38.03 1:20.06 (42.03)

2 Maureen Helm 36 Nitro Swimming-43 1:29.00 1:33.24

45.51 1:33.24 (47.73)

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

**Women 35-39 200 LC Meter Backstroke**

<b>ZONE: 2:40.71 ! 2000</b>					
<b>WORLD: 2:18.20 # 8/10/1997 K.PIPES-NEILSEN</b>				<b>USA</b>	
<b>NATL: 2:18.20 * 8/10/1997 K PIPES-NEILSEN</b>					
1	Lisa Linerode	37	Rice Aquatic Masters-25	2:51.70	2:51.46
	38.47	1:20.63 (42.16)	2:05.53 (44.90)	2:51.46 (45.93)	
2	Maureen Helm	36	Nitro Swimming-43	3:20.00	3:23.34
	46.80	1:38.81 (52.01)	2:31.76 (52.95)	3:23.34 (51.58)	

**Women 35-39 50 LC Meter Breaststroke**

<b>ZONE: 35.67 ! 2000</b>					
<b>WORLD: 32.86 # 8/9/2013 KATIE GLENN</b>				<b>USA</b>	
<b>NATL: 32.86 * 8/9/2013 KATIE GLENN</b>					
1	Charis Anderson	37	Longhorn Aquatics-43	40.96	39.07
2	Christy Breiby	36	Masters Of Brazos-25	37.63	39.27
3	Maureen Helm	36	Nitro Swimming-43	50.00	48.80
4	Lauren Van Allen	36	North Texas Lonestars-26	NT	55.06

**Women 35-39 100 LC Meter Breaststroke**

<b>ZONE: 1:20.90 ! 2000</b>					
<b>WORLD: 1:12.34 # 8/8/2013 KATIE GLENN</b>				<b>USA</b>	
<b>NATL: 1:12.30 * 5/27/2012 CYNTHIA LEWIS</b>					
1	Charis Anderson	37	Longhorn Aquatics-43	1:27.70	1:24.94
	40.12	1:24.94 (44.82)			

**Women 35-39 200 LC Meter Breaststroke**

<b>ZONE: 2:55.99 ! 2000</b>					
<b>WORLD: 2:35.40 # 6/10/2012 HITOMI MATSUDA</b>				<b>JPN</b>	
<b>NATL: 2:39.78 * 8/10/2013 KATIE GLENN</b>					
1	Charis Anderson	37	Longhorn Aquatics-43	3:17.66	3:09.60
	42.30	1:30.37 (48.07)	2:19.88 (49.51)	3:09.60 (49.72)	

**Women 35-39 50 LC Meter Butterfly**

<b>ZONE: 31.29 ! 2000</b>					
<b>WORLD: 27.46 # 8/5/2014 NORIKO INADA</b>				<b>USA</b>	
<b>NATL: 27.46 * 8/5/2014 NORIKO INADA</b>					
1	Christy Breiby	36	Masters Of Brazos-25	33.11	30.95!
2	Charis Anderson	37	Longhorn Aquatics-43	34.48	31.19!
3	Lisa Linerode	37	Rice Aquatic Masters-25	35.13	34.44
4	Beth Hanlon	39	Rice Aquatic Masters-25	45.00	35.29
5	Lauren Van Allen	36	North Texas Lonestars-26	1:00.00	45.95

**Women 35-39 100 LC Meter Butterfly**

<b>ZONE: 1:08.15 ! 2000</b>					
<b>WORLD: 1:02.44 # 3/19/2009 LYNNE HAYES</b>				<b>AUS</b>	
<b>NATL: 59.52 * 6/27/2013 ERIKA ERNDL</b>					
1	Lisa Linerode	37	Rice Aquatic Masters-25	1:23.87	1:21.57
	36.53	1:21.57 (45.04)			

**Women 35-39 200 LC Meter IM**

<b>ZONE: 2:35.60 ! 2000</b>					
<b>WORLD: 2:21.47 # 1/14/2012 HITOMI MATSUDA</b>				<b>JPN</b>	
<b>NATL: 2:22.42 * 7/19/1997 K PIPES-NEILSEN</b>					
1	Charis Anderson	37	Longhorn Aquatics-43	2:53.27	2:46.59
	32.72	1:21.47 (48.75)	2:07.02 (45.55)	2:46.59 (39.57)	



**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Women 35-39 200 LC Meter IM)**

2	Christy Breiby	36	Masters Of Brazos-25	2:40.05	2:49.05
	32.18	1:14.58 (42.40)	2:05.95 (51.37)	2:49.05 (43.10)	
3	Lisa Linerode	37	Rice Aquatic Masters-25	3:00.48	3:01.04
	37.21	1:23.04 (45.83)	2:18.84 (55.80)	3:01.04 (42.20)	
4	Lauren Van Allen	36	North Texas Lonestars-26	NT	3:45.16
	49.48	1:48.84 (59.36)	2:55.61 (1:06.77)	3:45.16 (49.55)	

**Women 40-44 50 LC Meter Freestyle****ZONE: 27.60 ! 2000****WORLD: 26.44 # 11/7/2009 EDITH OTTERMANN RSA****NATL: 24.25 \* 7/6/2008 DARA TORRES**

1	Nicole Van Nood	44	Rice Aquatic Masters-25	NT	33.07
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**Women 40-44 50 LC Meter Freestyle****ZONE: 27.60 ! 2000****WORLD: 26.44 # 11/7/2009 EDITH OTTERMANN RSA****NATL: 24.25 \* 7/6/2008 DARA TORRES**

1	Julie Coskey	42	Masters Of Brazos-25	27.17	28.28
2	Tama Traudt	43	Austin Swim Club-43	35.00	34.11
3	Michelle Weinfeld	42	TeamTexas Masters-43	30.00	34.37
4	Pansy Sheffield	40	Team Ridglea-26	1:00.00	38.26
5	Elizabeth Durrett	42	Ambush Swimming-25	NT	45.37

**Women 40-44 100 LC Meter Freestyle****ZONE: 1:01.61 ! 2000****WORLD: 58.04 # 6/8/2013 ERIKA BRAUN USA****NATL: 53.78 \* 7/4/2008 DARA TORRES**

1	Maureen Rea	40	North Texas Lonestars-26	1:05.00	1:02.64
	29.68	1:02.64 (32.96)			
2	Julie Coskey	42	Masters Of Brazos-25	1:01.61	1:03.45
	30.03	1:03.45 (33.42)			
3	Nicole Van Nood	44	Rice Aquatic Masters-25	1:08.50	1:08.12
	33.07	1:08.12 (35.05)			
4	Tama Traudt	43	Austin Swim Club-43	1:17.80	1:17.78
	36.21	1:17.78 (41.57)			
5	Michelle Weinfeld	42	TeamTexas Masters-43	1:21.93	1:18.21
	38.05	1:18.21 (40.16)			
6	Pansy Sheffield	40	Team Ridglea-26	2:00.00	1:28.48
	41.38	1:28.48 (47.10)			
7	Elizabeth Durrett	42	Ambush Swimming-25	NT	1:48.92
	48.26	1:48.92 (1:00.66)			

**Women 40-44 200 LC Meter Freestyle****ZONE: 2:15.87 ! 2000****WORLD: 2:09.28 # 8/15/2005 K.PIPES-NEILSEN USA****NATL: 2:09.00 \* 5/25/2003 K PIPES-NEILSEN**

1	Julie Coskey	42	Masters Of Brazos-25	2:25.00	2:24.58
	34.84	1:11.54 (36.70)	1:49.77 (38.23)	2:24.58 (34.81)	
2	Shannon Whitehead	43	TeamTexas Masters-43	2:54.00	3:12.04
	42.35	1:30.97 (48.62)	2:21.02 (50.05)	3:12.04 (51.02)	
3	Elizabeth Durrett	42	Ambush Swimming-25	NT	4:05.05
	54.46	1:57.18 (1:02.72)	3:02.34 (1:05.16)	4:05.05 (1:02.71)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 40-44 200 LC Meter Freestyle****ZONE: 2:15.87 ! 2000****WORLD: 2:09.28 # 8/15/2005 K.PIPES-NEILSEN USA****NATL: 2:09.00 \* 5/25/2003 K PIPES-NEILSEN**

1 Nicole Van Nood 44 Rice Aquatic Masters-25 NT 2:28.24

**Women 40-44 400 LC Meter Freestyle****ZONE: 4:55.45 ! 2000****WORLD: 4:22.87 # 8/13/2011 JANET EVANS USA****NATL: 4:22.87 \* 8/13/2011 JANET EVANS**

1 Nicole Van Nood 44 Rice Aquatic Masters-25 NT 5:03.30

**Women 40-44 400 LC Meter Freestyle****ZONE: 4:55.45 ! 2000****WORLD: 4:22.87 # 8/13/2011 JANET EVANS USA****NATL: 4:22.87 \* 8/13/2011 JANET EVANS**

1 Nicole Van Nood 44 Rice Aquatic Masters-25 5:00.00 5:04.60

34.49 1:13.00 (38.51) 1:52.69 (39.69) 2:33.23 (40.54)

3:13.24 (40.01) 3:52.34 (39.10) 4:29.75 (37.41) 5:04.60 (34.85)

2 Julie Coskey 42 Masters Of Brazos-25 5:00.00 5:04.75

32.35 1:08.61 (36.26) 1:47.03 (38.42) 2:26.83 (39.80)

3:07.85 (41.02) 3:48.96 (41.11) 4:28.20 (39.24) 5:04.75 (36.55)

3 Amy Porter 40 Masters of South Texas-43 5:58.00 5:36.76

37.82 1:20.05 (42.23) 2:02.91 (42.86) 2:46.29 (43.38)

3:28.57 (42.28) 4:11.55 (42.98) 4:54.04 (42.49) 5:36.76 (42.72)

4 Lauren Battistini 44 TeamFINS Masters-25 8:00.00 6:39.32

46.03 1:36.44 (50.41)

2:28.19 ( ) 3:19.45 (51.26) 6:39.32 (3:19.87)

5 Elizabeth Durrett 42 Ambush Swimming-25 NT 9:29.43

50.84 4:29.56 ( )

5:43.17 (1:13.61) 6:59.15 (1:15.98) 8:19.72 (1:20.57) 9:29.43 (1:09.71)

**Women 40-44 800 LC Meter Freestyle****WORLD: 8:59.06 # 6/11/2011 JANET EVANS USA****NATL: 8:59.06 \* 6/11/2011 JANET EVANS**

1 Nicole Van Nood 44 Rice Aquatic Masters-25 NT 10:14.14

**Women 40-44 800 LC Meter Freestyle****WORLD: 8:59.06 # 6/11/2011 JANET EVANS USA****NATL: 8:59.06 \* 6/11/2011 JANET EVANS**

1 Amy Porter 40 Masters of South Texas-43 12:03.00 11:38.67

38.99 1:22.65 (43.66) 2:06.93 (44.28) 2:51.27 (44.34)

3:35.89 (44.62) 4:20.65 (44.76) 5:05.35 (44.70) 5:50.21 (44.86)

6:34.53 (44.32) 7:18.94 (44.41) 8:03.30 (44.36) 8:47.74 (44.44)

9:31.46 (43.72) 10:15.41 (43.95) 10:57.24 (41.83) 11:38.67 (41.43)

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Women 40-44 1500 LC Meter Freestyle

ZONE: 19:21.31 ! 2000

WORLD: 17:31.51 # 5/10/2015 KIRSTEN CAMERON GBR

NATL: 17:56.52 \* 8/11/2003 K PIPES-NEILSEN

1	Nicole Van Nood	44	Rice Aquatic Masters-25	NT	19:21.65
	33.94	1:11.16 (37.22)	1:49.53 (38.37)	2:28.24 (38.71)	
	3:06.85 (38.61)	3:45.94 (39.09)	4:24.22 (38.28)	5:03.30 (39.08)	
	5:41.70 (38.40)	6:20.82 (39.12)	6:59.61 (38.79)	7:38.71 (39.10)	
	8:17.64 (38.93)	8:56.73 (39.09)	9:35.35 (38.62)	10:14.14 (38.79)	
	10:53.33 (39.19)	11:33.00 (39.67)	12:11.89 (38.89)	12:51.22 (39.33)	
	13:30.04 (38.82)	14:09.13 (39.09)	14:48.29 (39.16)	15:27.71 (39.42)	
	16:06.89 (39.18)	16:46.40 (39.51)	17:25.43 (39.03)	18:04.72 (39.29)	
	18:43.35 (38.63)	19:21.65 (38.30)			

## Women 40-44 50 LC Meter Backstroke

ZONE: 33.92 ! 2000

WORLD: 30.48 # 10/24/2015 RAAKEL LUOTO FIN

NATL: 31.38 \* 8/8/2015 ERIKA BRAUN

1	Nicole Van Nood	44	Rice Aquatic Masters-25	37.50	38.10
2	Tama Traudt	43	Austin Swim Club-43	39.08	38.64
3	Amy Porter	40	Masters of South Texas-43	42.50	40.04
4	Pansy Sheffield	40	Team Ridglea-26	1:00.00	57.59

## Women 40-44 100 LC Meter Backstroke

ZONE: 1:15.30 ! 2000

WORLD: 1:06.67 # 10/25/2015 RAAKEL LUOTO FIN

NATL: 1:07.21 \* 8/7/2009 JODY SMITH

1	Tama Traudt	43	Austin Swim Club-43	1:35.00	1:26.95
	41.03	1:26.95 (45.92)			

## Women 40-44 200 LC Meter Backstroke

ZONE: 2:37.28 ! 2000

WORLD: 2:23.18 # 8/6/2009 JODY SMITH USA

NATL: 2:23.18 \* 8/6/2009 JODY SMITH

1	Nicole Van Nood	44	Rice Aquatic Masters-25	3:05.00	2:52.85
	41.79	1:25.73 (43.94)	2:09.98 (44.25)	2:52.85 (42.87)	

## Women 40-44 50 LC Meter Breaststroke

ZONE: 38.16 ! 2000

WORLD: 33.09 # 4/17/2012 LINLEY FRAME AUS

NATL: 33.25 \* 7/23/2006 S VON DER LIPPE

1	Julie Coskey	42	Masters Of Brazos-25	39.40	38.30
2	Pansy Sheffield	40	Team Ridglea-26	1:00.00	53.07

## Women 40-44 100 LC Meter Breaststroke

ZONE: 1:25.34 ! 2000

WORLD: 1:12.74 # 4/14/2012 LINLEY FRAME AUS

NATL: 1:12.12 \* 6/30/2008 S VON DER LIPPE

1	Lauren Battistini	44	TeamFINS Masters-25	1:45.00	1:41.32
	49.72	1:41.32 (51.60)			
2	Shannon Whitehead	43	TeamTexas Masters-43	1:44.73	1:49.22
	51.09	1:49.22 (58.13)			

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

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**Women 40-44 200 LC Meter Breaststroke**

ZONE: 3:04.72 ! 2000

WORLD: 2:38.44 # 8/9/2006 S.VON DER LIPPE USA

NATL: 2:38.44 \* 8/9/2006 S VON DER LIPPE

1	Shannon Whitehead	43	TeamTexas Masters-43	3:50.00	3:56.03
	53.74	1:54.27 (1:00.53)	2:55.02 (1:00.75)	3:56.03 (1:01.01)	

**Women 40-44 50 LC Meter Butterfly**

ZONE: 30.68 ! 2000

WORLD: 28.36 # 6/8/2013 ERIKA BRAUN USA

NATL: 28.36 \* 6/8/2013 ERIKA BRAUN

1	Maureen Rea	40	North Texas Lonestars-26	32.00	29.66!
2	Julie Coskey	42	Masters Of Brazos-25	33.29	31.63
3	Nicole Van Nood	44	Rice Aquatic Masters-25	35.50	34.01
4	Michelle Weinfeld	42	TeamTexas Masters-43	45.00	38.78

**Women 40-44 100 LC Meter Butterfly**

ZONE: 1:09.61 ! 2000

WORLD: 1:03.36 # 5/23/2009 S.VON DER LIPPE USA

NATL: 1:02.47 \* 6/29/2008 S VON DER LIPPE

1	Maureen Rea	40	North Texas Lonestars-26	NT	1:07.15!
	31.24	1:07.15 (35.91)			

**Women 40-44 100 LC Meter Butterfly**

ZONE: 1:09.61 ! 2000

WORLD: 1:03.36 # 5/23/2009 S.VON DER LIPPE USA

NATL: 1:02.47 \* 6/29/2008 S VON DER LIPPE

1	Michelle Weinfeld	42	TeamTexas Masters-43	1:30.00	1:34.07
	42.25	1:34.07 (51.82)			

**Women 40-44 200 LC Meter IM**

ZONE: 2:37.76 ! 2000

WORLD: 2:25.03 # 8/5/2007 S.VON DER LIPPE USA

NATL: 2:25.03 \* 8/5/2007 S VON DER LIPPE

1	Julie Coskey	42	Masters Of Brazos-25	3:00.00	2:49.29
	35.41	1:22.53 (47.12)	2:12.65 (50.12)	2:49.29 (36.64)	
2	Lauren Battistini	44	TeamFINS Masters-25	3:30.00	3:28.76
	46.40	1:45.14 (58.74)	2:43.48 (58.34)	3:28.76 (45.28)	
3	Shannon Whitehead	43	TeamTexas Masters-43	3:23.00	3:32.15
	47.54	1:44.40 (56.86)	2:43.97 (59.57)	3:32.15 (48.18)	

**Women 40-44 400 LC Meter IM**

ZONE: 5:44.62 ! 2000

WORLD: 5:09.83 # 8/1/2004 K.PIPES-NEILSEN USA

NATL: 5:09.83 \* 8/1/2004 K PIPES-NEILSEN

1	Maureen Rea	40	North Texas Lonestars-26	6:00.00	5:59.25
	31.24	1:07.15 (35.91)	2:00.12 (52.97)	2:46.05 (45.93)	
	3:39.58 (53.53)	4:35.19 (55.61)	5:17.34 (42.15)	5:59.25 (41.91)	
2	Amy Porter	40	Masters of South Texas-43	6:55.00	6:27.19
	42.58	1:30.93 (48.35)	2:23.44 (52.51)	3:14.54 (51.10)	
	4:10.44 (55.90)	5:05.01 (54.57)	5:45.49 (40.48)	6:27.19 (41.70)	

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Women 45-49 50 LC Meter Freestyle

<b>ZONE: 28.60 ! 2000</b>					
<b>WORLD: 26.59 # 3/16/2011</b>		<b>EDITH OTTERMANN</b>		<b>RSA</b>	
<b>NATL: 27.09 * 8/7/2015</b>		<b>MELANIE THOMAS</b>			
1	Stephanie Stone	49	North Texas Lonestars-26	31.00	29.94
2	Emily Erington	49	Austin Swim Club-43	31.98	31.61
3	Robin Tompkins	48	South West YMCA Masters-25	33.47	33.79
4	Cheryl Hubbard	49	Houston Cougar Masters-25	35.00	35.74
5	Bridget Bailie	47	Houston Cougar Masters-25	37.19	37.96
6	Leonie Karkoviata	47	South West YMCA Masters-25	38.60	38.31

## Women 45-49 100 LC Meter Freestyle

<b>ZONE: 1:02.71 ! 2000</b>					
<b>WORLD: 57.40 # 8/8/2015</b>		<b>MELANIE THOMAS</b>		<b>USA</b>	
<b>NATL: 57.40 * 8/8/2015</b>		<b>MELANIE THOMAS</b>			
1	Stephanie Stone	49	North Texas Lonestars-26	1:05.00	1:04.50
	30.92		1:04.50 (33.58)		
2	Tiitta Elias	49	Masters of South Texas-43	1:15.00	1:09.13
	32.96		1:09.13 (36.17)		
3	Emily Erington	49	Austin Swim Club-43	1:10.01	1:14.35
	33.23		1:14.35 (41.12)		
4	Keo Lukefahr	46	Rice Aquatic Masters-25	NT	1:15.97
	35.62		1:15.97 (40.35)		
5	Cheryl Hubbard	49	Houston Cougar Masters-25	1:18.00	1:18.19
6	Robin Tompkins	48	South West YMCA Masters-25	1:19.22	1:19.44
	37.61		1:19.44 (41.83)		
7	Lisa Denison	48	Austin Splash Mob-43	1:18.27	1:19.97
	37.66		1:19.97 (42.31)		

## Women 45-49 200 LC Meter Freestyle

<b>ZONE: 2:18.73 ! 2000</b>					
<b>WORLD: 2:10.09 # 6/13/2009</b>		<b>K.PIPES-NEILSEN</b>		<b>USA</b>	
<b>NATL: 2:10.09 * 6/13/2009</b>		<b>K PIPES-NEILSEN</b>			
1	Stephanie Stone	49	North Texas Lonestars-26	2:19.00	2:19.16
	31.96		1:07.26 (35.30)	1:43.35 (36.09)	2:19.16 (35.81)
2	Cheryl Hubbard	49	Houston Cougar Masters-25	2:52.25	2:54.33
	40.14		1:24.39 (44.25)	2:09.15 (44.76)	2:54.33 (45.18)
3	Bridget Bailie	47	Houston Cougar Masters-25	3:20.00	3:09.11
	42.35		1:29.72 (47.37)	2:18.83 (49.11)	3:09.11 (50.28)

## Women 45-49 400 LC Meter Freestyle

<b>ZONE: 4:54.27 ! 2000</b>					
<b>WORLD: 4:35.84 # 9/6/2008</b>		<b>K.PIPES-NEILSEN</b>		<b>USA</b>	
<b>NATL: 4:35.84 * 9/6/2008</b>		<b>K PIPES-NEILSEN</b>			
1	Stephanie Stone	49	North Texas Lonestars-26	NT	4:59.02

## Women 45-49 400 LC Meter Freestyle

<b>ZONE: 4:54.27 ! 2000</b>					
<b>WORLD: 4:35.84 # 9/6/2008</b>		<b>K.PIPES-NEILSEN</b>		<b>USA</b>	
<b>NATL: 4:35.84 * 9/6/2008</b>		<b>K PIPES-NEILSEN</b>			
1	Cheryl Hubbard	49	Houston Cougar Masters-25	6:00.00	5:56.04
	38.30		1:22.10 (43.80)	2:06.81 (44.71)	2:52.96 (46.15)
	3:38.77 (45.81)		4:24.88 (46.11)	5:10.57 (45.69)	5:56.04 (45.47)

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Women 45-49 400 LC Meter Freestyle)**

2	Keo Lukefahr	46	Rice Aquatic Masters-25	NT	5:59.99
	38.87	1:23.60 (44.73)	2:09.69 (46.09)	2:57.04 (47.35)	
	3:43.37 (46.33)	4:30.13 (46.76)	5:15.97 (45.84)	5:59.99 (44.02)	
3	Robin Tompkins	48	South West YMCA Masters-25	6:14.41	6:10.69
	40.75	1:25.90 (45.15)	2:13.17 (47.27)	3:00.81 (47.64)	
	3:48.34 (47.53)	4:36.20 (47.86)	5:24.84 (48.64)	6:10.69 (45.85)	

**Women 45-49 800 LC Meter Freestyle****WORLD: 9:24.11 # 8/5/2007 K.PIPES-NEILSEN USA****NATL: 9:24.11 \* 8/5/2007 K PIPES-NEILSEN**

1	Stephanie Stone	49	North Texas Lonestars-26	10:40.00	10:12.34
	34.27	1:10.59 (36.32)	1:47.73 (37.14)	2:25.25 (37.52)	
	3:03.65 (38.40)	3:41.88 (38.23)	4:20.74 (38.86)	4:59.02 (38.28)	
	5:41.05 (42.03)	6:20.17 (39.12)	6:59.77 (39.60)	7:38.33 (38.56)	
	8:17.74 (39.41)	8:55.99 (38.25)	9:34.77 (38.78)	10:12.34 (37.57)	
2	Cheryl Hubbard	49	Houston Cougar Masters-25	12:25.00	12:18.08
	41.90	1:27.64 (45.74)	2:14.72 (47.08)	3:01.66 (46.94)	
	3:48.80 (47.14)	4:35.73 (46.93)	5:22.85 (47.12)	6:09.19 (46.34)	
	6:55.96 (46.77)	7:42.44 (46.48)	8:29.20 (46.76)	9:15.75 (46.55)	
	10:01.85 (46.10)	10:47.97 (46.12)	11:34.13 (46.16)	12:18.08 (43.95)	
3	Judy Pusch	47	Austin Swim Club-43	12:54.56	12:49.30
	44.29	1:32.66 (48.37)	2:20.55 (47.89)	3:09.31 (48.76)	
	3:57.15 (47.84)	4:45.83 (48.68)	5:33.36 (47.53)	6:21.72 (48.36)	
	7:09.90 (48.18)	7:58.88 (48.98)	8:47.15 (48.27)	9:35.50 (48.35)	
	10:24.13 (48.63)	11:12.76 (48.63)	12:01.65 (48.89)	12:49.30 (47.65)	
4	Robin Tompkins	48	South West YMCA Masters-25	14:30.00	13:24.91
	44.00	1:31.98 (47.98)	2:22.32 (50.34)	3:13.15 (50.83)	
	4:04.90 (51.75)	4:56.59 (51.69)	5:47.67 (51.08)	6:37.97 (50.30)	
	7:28.75 (50.78)	8:19.94 (51.19)	9:10.71 (50.77)	10:03.14 (52.43)	
	10:55.16 (52.02)	11:47.90 (52.74)	12:38.31 (50.41)	13:24.91 (46.60)	
5	Bridget Bailie	47	Houston Cougar Masters-25	14:30.14	13:36.53
	44.89	1:34.99 (50.10)	2:26.94 (51.95)	3:19.31 (52.37)	
	4:11.13 (51.82)	5:03.30 (52.17)	5:55.28 (51.98)	6:48.00 (52.72)	
	7:39.37 (51.37)	8:31.36 (51.99)	9:22.45 (51.09)	10:13.94 (51.49)	
	11:04.19 (50.25)	11:56.15 (51.96)	12:47.19 (51.04)	13:36.53 (49.34)	

**Women 45-49 1500 LC Meter Freestyle****ZONE: 20:26.83 ! 2000****WORLD: 17:55.83 # 8/17/2003 S.HEIM-BOWEN USA****NATL: 17:55.83 \* 8/17/2003 S HEIM-BOWEN**

1	Cheryl Hubbard	49	Houston Cougar Masters-25	23:30.00	23:17.48
	41.43	1:28.04 (46.61)	2:14.86 (46.82)	3:02.37 (47.51)	
	3:49.10 (46.73)	4:36.60 (47.50)	5:15.42 (38.82)	6:11.13 (55.71)	
	6:50.11 (38.98)	7:44.88 (54.77)	8:31.01 (46.13)	9:18.44 (47.43)	
	9:57.67 (39.23)	10:52.16 (54.49)	11:38.79 (46.63)	12:25.75 (46.96)	
	13:12.40 (46.65)	13:59.43 (47.03)	14:45.56 (46.13)	15:32.59 (47.03)	
	16:19.29 (46.70)	17:06.46 (47.17)	17:52.67 (46.21)	18:39.37 (46.70)	
	19:25.40 (46.03)	20:12.22 (46.82)	20:58.49 (46.27)	21:45.49 (47.00)	
	22:31.62 (46.13)	23:17.48 (45.86)			

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2	Judy Pusch	47	Austin Swim Club-43	26:00.00	24:52.61
	48.42	1:38.44 (50.02)	2:29.68 (51.24)	3:19.70 (50.02)	
	4:10.60 (50.90)	5:01.16 (50.56)	5:52.08 (50.92)	6:41.80 (49.72)	
	7:32.20 (50.40)	8:22.24 (50.04)	9:12.84 (50.60)	10:04.00 (51.16)	
	10:54.48 (50.48)	11:44.58 (50.10)	12:35.18 (50.60)	13:24.74 (49.56)	
	14:15.15 (50.41)	15:04.29 (49.14)	15:54.73 (50.44)	16:43.87 (49.14)	
	17:34.08 (50.21)	18:23.39 (49.31)	19:13.56 (50.17)	20:02.42 (48.86)	
	20:52.12 (49.70)	21:41.11 (48.99)	22:30.22 (49.11)	23:19.04 (48.82)	
	24:07.82 (48.78)	24:52.61 (44.79)			

**Women 45-49 50 LC Meter Backstroke**

<b>ZONE: 33.73 ! 2000</b>					
<b>WORLD: 31.35 # 8/9/2014</b>		<b>CINDY MABEE</b>		<b>CAN</b>	
<b>NATL: 31.71 * 5/22/2011</b>		<b>JENKINS\REYNOLDS\</b>			
1	Robin Tompkins	48	South West YMCA Masters-25	44.11	42.71
2	Cheryl Hubbard	49	Houston Cougar Masters-25	43.50	43.13
3	Judy Pusch	47	Austin Swim Club-43	46.43	48.24
4	Leonie Karkoviata	47	South West YMCA Masters-25	47.80	48.77

**Women 45-49 100 LC Meter Backstroke**

<b>ZONE: 1:12.34 ! 2000</b>					
<b>WORLD: 1:08.11 # 1/31/2015</b>		<b>CINDY MABEE</b>		<b>CAN</b>	
<b>NATL: 1:08.11 * 5/24/2009</b>		<b>K PIPES-NEILSEN</b>			
1	Robin Tompkins	48	South West YMCA Masters-25	1:32.33	1:32.07
	46.18	1:32.07 (45.89)			
2	Cheryl Hubbard	49	Houston Cougar Masters-25	1:35.00	1:34.89
	46.53	1:34.89 (48.36)			

**Women 45-49 100 LC Meter Backstroke**

<b>ZONE: 1:12.34 ! 2000</b>					
<b>WORLD: 1:08.11 # 1/31/2015</b>		<b>CINDY MABEE</b>		<b>CAN</b>	
<b>NATL: 1:08.11 * 5/24/2009</b>		<b>K PIPES-NEILSEN</b>			
1	Stephanie Stone	49	North Texas Lonestars-26	NT	1:12.07!

**Women 45-49 200 LC Meter Backstroke**

<b>ZONE: 2:36.70 ! 2000</b>					
<b>WORLD: 2:25.12 # 1/23/2016</b>		<b>JOANNA CORBEN</b>		<b>GBR</b>	
<b>NATL: 2:26.06 * 5/22/2009</b>		<b>K PIPES-NEILSEN</b>			
1	Stephanie Stone	49	North Texas Lonestars-26	2:33.00	2:31.54!
	35.57	1:13.92 (38.35)	1:52.67 (38.75)	2:31.54 (38.87)	

**Women 45-49 50 LC Meter Breaststroke**

<b>ZONE: 38.52 ! 2000</b>					
<b>WORLD: 33.66 # 7/17/2010</b>		<b>S.VON DER LIPPE</b>		<b>USA</b>	
<b>NATL: 33.66 * 7/17/2010</b>		<b>S VON DER LIPPE</b>			
1	Bridget Bailie	47	Houston Cougar Masters-25	45.39	44.98
2	Robin Tompkins	48	South West YMCA Masters-25	46.81	45.18
3	Leonie Karkoviata	47	South West YMCA Masters-25	50.40	49.80

**Women 45-49 100 LC Meter Breaststroke**

<b>ZONE: 1:25.33 ! 2000</b>					
<b>WORLD: 1:13.49 # 9/17/2009</b>		<b>MARZENA KULIS</b>		<b>ITA</b>	
<b>NATL: 1:14.41 * 7/17/2010</b>		<b>S VON DER LIPPE</b>			
1	Robin Tompkins	48	South West YMCA Masters-25	1:41.14	1:40.92
	48.73	1:40.92 (52.19)			

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2	Leonie Karkoviata	47	South West YMCA Masters-25	1:46.50	1:49.17
	53.09		1:49.17 (56.08)		

**Women 45-49 200 LC Meter Breaststroke****ZONE: 3:06.06 ! 2000****WORLD: 2:43.73 # 3/15/2013 H.MORRIS-EYTON RSA****NATL: 2:45.20 \* 8/5/2007 CAROLINE KRATTLI**

1	Bridget Bailie	47	Houston Cougar Masters-25	3:50.00	3:44.75
	51.10		1:47.27 (56.17) 2:47.05 (59.78) 3:44.75 (57.70)		
2	Leonie Karkoviata	47	South West YMCA Masters-25	4:00.08	4:01.78
	54.08		1:56.68 (1:02.60) 3:01.22 (1:04.54) 4:01.78 (1:00.56)		

**Women 45-49 50 LC Meter Butterfly****ZONE: 30.96 ! 2000****WORLD: 28.97 # 2/19/2011 EDITH OTTERMANN RSA****NATL: 29.04 \* 8/5/2014 WENKE SEIDER**

1	Tiitta Elias	49	Masters of South Texas-43	38.00	35.42
2	Cheryl Hubbard	49	Houston Cougar Masters-25	37.50	37.80
3	Robin Tompkins	48	South West YMCA Masters-25	38.02	37.87
4	Lisa Denison	48	Austin Splash Mob-43	39.68	38.60
5	Leonie Karkoviata	47	South West YMCA Masters-25	42.69	40.41
6	Judy Pusch	47	Austin Swim Club-43	NT	53.15

**Women 45-49 100 LC Meter Butterfly****ZONE: 1:11.11 ! 2000****WORLD: 1:04.96 # 8/6/2014 WENKE SEIDER USA****NATL: 1:04.96 \* 8/6/2014 WENKE SEIDER**

1	Cheryl Hubbard	49	Houston Cougar Masters-25	1:26.50	1:28.06
	40.53		1:28.06 (47.53)		
2	Leonie Karkoviata	47	South West YMCA Masters-25	1:44.09	1:49.08
	49.73		1:49.08 (59.35)		
3	Robin Tompkins	48	South West YMCA Masters-25	1:47.56	1:49.62
	50.98		1:49.62 (58.64)		

**Women 45-49 200 LC Meter IM****ZONE: 2:39.94 ! 2000****WORLD: 2:27.57 # 8/16/2008 K.PIPES-NEILSEN USA****NATL: 2:27.57 \* 8/16/2008 K PIPES-NEILSEN**

1	Tiitta Elias	49	Masters of South Texas-43	3:30.00	3:00.75
	39.86		1:30.40 (50.54) 2:23.31 (52.91) 3:00.75 (37.44)		
2	Cheryl Hubbard	49	Houston Cougar Masters-25	3:12.76	3:15.08
	41.30		1:33.81 (52.51) 2:30.80 (56.99) 3:15.08 (44.28)		
3	Lisa Denison	48	Austin Splash Mob-43	2:59.23	3:32.18
	43.75		1:44.10 (1:00.35) 2:43.53 (59.43) 3:32.18 (48.65)		

**Women 45-49 400 LC Meter IM****ZONE: 5:40.43 ! 2000****WORLD: 5:13.85 # 9/5/2008 K.PIPES-NEILSEN USA****NATL: 5:13.85 \* 9/5/2008 K PIPES-NEILSEN**

1	Stephanie Stone	49	North Texas Lonestars-26	5:45.00	5:40.76
	36.38		1:17.79 (41.41) 2:00.61 (42.82) 2:41.55 (40.94)		
	3:32.46 (50.91)		4:24.14 (51.68) 5:02.89 (38.75) 5:40.76 (37.87)		



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**(Women 45-49 400 LC Meter IM)**

2	Cheryl Hubbard	49	Houston Cougar Masters-25	6:50.00	6:46.53
	41.88	1:30.53 (48.65)	2:26.13 (55.60)	3:19.48 (53.35)	
	4:17.93 (58.45)	5:15.72 (57.79)	6:01.58 (45.86)	6:46.53 (44.95)	

**Women 50-54 50 LC Meter Freestyle**

<b>ZONE: 29.93 ! 2000</b>					
<b>WORLD: 27.09 # 6/28/2015 MARIE FUZZATI FRA</b>					
<b>NATL: 28.22 * 8/18/2001 LAURA VAL</b>					
1	Susan Matherne	54	Rice Aquatic Masters-25	29.63	29.61!
2	Kristy Ditzler	52	Longhorn Aquatics-43	30.19	31.32
3	Kendal Jacobson	50	Longhorn Aquatics-43	31.66	32.19
4	Sarah Martin	50	Katy Aquatic Masters Swimming-	34.72	33.34
5	Christine Frederic	52	Southern Masters Swimmers-24	32.82	33.54
6	Yuni Irawan	53	Nitro Swimming-43	39.70	40.02

**Women 50-54 100 LC Meter Freestyle**

<b>ZONE: 1:05.96 ! 2000</b>					
<b>WORLD: 1:00.42 # 6/27/2015 MARIE FUZZATI FRA</b>					
<b>NATL: 1:01.13 * 8/19/2001 LAURA VAL</b>					
1	Susan Matherne	54	Rice Aquatic Masters-25	1:04.31	1:05.81!
	32.00	1:05.81 (33.81)			
2	Kristy Ditzler	52	Longhorn Aquatics-43	1:07.38	1:08.05
	32.98	1:08.05 (35.07)			
3	Trin Campbell	52	Team Ridglea-26	1:10.00	1:08.84
	33.32	1:08.84 (35.52)			
4	Sarah Martin	50	Katy Aquatic Masters Swimming-	1:18.52	1:14.88
	34.54	1:14.88 (40.34)			
5	Anita Benedict	53	Heart of Texas Aquatic Masters-26	1:16.83	1:15.69
	37.31	1:15.69 (38.38)			
6	Rebecca Tompkins	51	South West YMCA Masters-25	1:21.50	1:24.46
	39.05	1:24.46 (45.41)			

**Women 50-54 200 LC Meter Freestyle**

<b>ZONE: 2:24.43 ! 2000</b>					
<b>WORLD: 2:13.18 # 8/8/2013 JILL HERNANDEZ USA</b>					
<b>NATL: 2:13.18 * 8/8/2013 JILL HERNANDEZ</b>					
1	Trin Campbell	52	Team Ridglea-26	2:25.00	2:25.41
	35.21	1:12.54 (37.33)	1:49.49 (36.95)	2:25.41 (35.92)	
2	Susan Matherne	54	Rice Aquatic Masters-25	2:26.00	2:27.43
	33.89	1:11.26 (37.37)	1:49.26 (38.00)	2:27.43 (38.17)	
3	Anita Benedict	53	Heart of Texas Aquatic Masters-26	2:55.88	2:38.27
	38.14	1:18.01 (39.87)	1:58.55 (40.54)	2:38.27 (39.72)	
4	Sarah Martin	50	Katy Aquatic Masters Swimming-	2:55.95	2:44.83
	35.92	1:17.46 (41.54)	2:00.74 (43.28)	2:44.83 (44.09)	

**Women 50-54 400 LC Meter Freestyle**

<b>ZONE: 4:56.22 ! 2000</b>					
<b>WORLD: 4:40.66 # 8/11/2013 JILL HERNANDEZ USA</b>					
<b>NATL: 4:40.66 * 8/11/2013 JILL HERNANDEZ</b>					
1	Trin Campbell	52	Team Ridglea-26	5:10.00	5:01.75
	34.67	1:11.85 (37.18)	1:49.90 (38.05)	2:28.03 (38.13)	
	3:06.57 (38.54)	3:44.87 (38.30)	4:23.41 (38.54)	5:01.75 (38.34)	

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**(Women 50-54 400 LC Meter Freestyle)**

2	Kristy Ditzler	52	Longhorn Aquatics-43	5:12.85	5:15.61
	36.32	1:16.47 (40.15)	1:56.66 (40.19)	2:37.51 (40.85)	
	3:17.29 (39.78)	3:57.57 (40.28)	4:37.39 (39.82)	5:15.61 (38.22)	
3	Anita Benedict	53	Heart of Texas Aquatic Masters-26	6:00.71	5:29.60
	38.73	1:20.30 (41.57)	2:02.35 (42.05)	2:44.51 (42.16)	
	3:26.40 (41.89)	4:08.68 (42.28)	4:49.82 (41.14)	5:29.60 (39.78)	
4	Sarah Martin	50	Katy Aquatic Masters Swimming-	NT	5:58.11
	38.27	1:22.66 (44.39)	2:08.60 (45.94)	2:55.01 (46.41)	
	3:41.56 (46.55)	4:28.31 (46.75)	5:14.44 (46.13)	5:58.11 (43.67)	

**Women 50-54 800 LC Meter Freestyle**

**WORLD: 9:38.04 # 6/24/2011 LYNN MARSHALL CAN**

**NATL: 9:48.81 \* 4/18/2008 S HEIM-BOWEN**

1	Trin Campbell	52	Team Ridglea-26	10:30.00	10:21.90
	35.87	1:15.34 (39.47)	1:54.70 (39.36)	2:34.21 (39.51)	
	3:13.85 (39.64)	3:53.32 (39.47)	4:32.86 (39.54)	5:11.97 (39.11)	
	5:51.03 (39.06)	6:29.96 (38.93)	7:09.03 (39.07)	7:48.09 (39.06)	
	8:27.12 (39.03)	9:05.92 (38.80)	9:44.72 (38.80)	10:21.90 (37.18)	
2	Kristy Ditzler	52	Longhorn Aquatics-43	10:50.60	11:05.11
	39.34	1:21.19 (41.85)	2:04.03 (42.84)	2:46.18 (42.15)	
	3:28.57 (42.39)	4:10.50 (41.93)	4:53.02 (42.52)	5:34.89 (41.87)	
	6:17.48 (42.59)	6:58.74 (41.26)	7:40.87 (42.13)	8:21.95 (41.08)	
	9:03.86 (41.91)	9:45.06 (41.20)	10:26.47 (41.41)	11:05.11 (38.64)	
3	Anita Benedict	53	Heart of Texas Aquatic Masters-26	12:30.33	11:19.63
	39.86	1:22.39 (42.53)	2:06.22 (43.83)	2:49.21 (42.99)	
	3:32.35 (43.14)	4:15.26 (42.91)	4:59.22 (43.96)	5:41.91 (42.69)	
	6:24.84 (42.93)	7:07.43 (42.59)	7:50.24 (42.81)	8:32.24 (42.00)	
	9:14.85 (42.61)	9:56.98 (42.13)	10:39.23 (42.25)	11:19.63 (40.40)	

**Women 50-54 1500 LC Meter Freestyle**

**ZONE: 21:00.55 ! 2000**

**WORLD: 18:29.28 # 3/13/2011 LYNN MARSHALL CAN**

**NATL: 18:32.76 \* 8/14/2008 S HEIM-BOWEN**

1	Anna Mod	53	Rice Aquatic Masters-25	30:00.00	28:14.13
	48.18	1:42.47 (54.29)	2:38.06 (55.59)	3:34.82 (56.76)	
	4:31.38 (56.56)	5:28.24 (56.86)	6:24.55 (56.31)	7:21.68 (57.13)	
	8:18.29 (56.61)	9:14.68 (56.39)	10:11.45 (56.77)	11:09.36 (57.91)	
	12:05.57 (56.21)	13:03.40 (57.83)	13:59.62 (56.22)	14:57.02 (57.40)	
	15:52.84 (55.82)	16:50.38 (57.54)	17:46.79 (56.41)	18:44.99 (58.20)	
	19:42.24 (57.25)	20:40.07 (57.83)	21:38.34 (58.27)	22:36.53 (58.19)	
	23:34.08 (57.55)	24:31.95 (57.87)	25:28.78 (56.83)	26:25.98 (57.20)	
	27:21.79 (55.81)	28:14.13 (52.34)			

**Women 50-54 50 LC Meter Backstroke**

**ZONE: 35.64 ! 2000**

**WORLD: 32.02 # 6/26/2015 MARIE FUZZATI FRA**

**NATL: 32.41 \* 6/22/2013 LESLIE LIVINGSTON**

1	Christine Frederic	52	Southern Masters Swimmers-24	40.21	40.13
2	Sarah Martin	50	Katy Aquatic Masters Swimming-	42.08	41.88
3	Yuni Irawan	53	Nitro Swimming-43	45.54	45.89
4	Rebecca Tompkins	51	South West YMCA Masters-25	49.80	46.56
5	Elizabeth Kostiuik	53	Rice Aquatic Masters-25	1:06.00	58.38

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<b>ZONE: 1:18.67 ! 2000</b>					
<b>WORLD: 1:09.28 # 8/8/2014 ELLEN REYNOLDS</b>				<b>USA</b>	
<b>NATL: 1:09.28 * 8/8/2014 ELLEN REYNOLDS</b>					
1	Christine Frederic	52	Southern Masters Swimmers-24	1:28.22	1:25.43
	41.95			1:25.43 (43.48)	
2	Sarah Martin	50	Katy Aquatic Masters Swimming-	1:33.32	1:30.51
	43.85			1:30.51 (46.66)	
3	Yuni Irawan	53	Nitro Swimming-43	1:39.88	1:42.15
	49.75			1:42.15 (52.40)	

**Women 50-54 200 LC Meter Backstroke**

<b>ZONE: 2:47.84 ! 2000</b>					
<b>WORLD: 2:26.64 # 8/4/2014 ELLEN REYNOLDS</b>				<b>USA</b>	
<b>NATL: 2:26.64 * 8/4/2014 ELLEN REYNOLDS</b>					
1	Christine Frederic	52	Southern Masters Swimmers-24	3:03.75	2:59.14
	42.02			1:28.40 (46.38) 2:14.68 (46.28) 2:59.14 (44.46)	
2	Yuni Irawan	53	Nitro Swimming-43	3:36.44	3:40.92
	49.39			1:46.08 (56.69) 2:44.25 (58.17) 3:40.92 (56.67)	
3	Rebecca Tompkins	51	South West YMCA Masters-25	3:30.00	3:46.19
	53.75			1:51.72 (57.97) 2:52.16 (1:00.44) 3:46.19 (54.03)	

**Women 50-54 50 LC Meter Breaststroke**

<b>ZONE: 39.75 ! 2000</b>					
<b>WORLD: 34.18 # 6/13/2012 MONICA CORO</b>				<b>ITA</b>	
<b>NATL: 37.31 * 7/26/2015 CAROLINE KRATTLI</b>					
1	Kendal Jacobson	50	Longhorn Aquatics-43	39.26	39.71!
2	Christine Frederic	52	Southern Masters Swimmers-24	41.43	40.80

**Women 50-54 100 LC Meter Breaststroke**

<b>ZONE: 1:28.56 ! 2000</b>					
<b>WORLD: 1:15.50 # 6/11/2012 MONICA CORO</b>				<b>ITA</b>	
<b>NATL: 1:22.23 * 8/4/2014 CORRIN POPPS</b>					
1	Kendal Jacobson	50	Longhorn Aquatics-43	1:28.09	1:27.28!
	40.34			1:27.28 (46.94)	
2	Christine Frederic	52	Southern Masters Swimmers-24	1:30.53	1:31.96
	43.78			1:31.96 (48.18)	
3	Elizabeth Kostiuk	53	Rice Aquatic Masters-25	2:05.00	2:01.13
	56.71			2:01.13 (1:04.42)	

**Women 50-54 200 LC Meter Breaststroke**

<b>ZONE: 3:12.24 ! 2000</b>					
<b>WORLD: 2:50.92 # 6/15/2012 MONICA CORO</b>				<b>ITA</b>	
<b>NATL: 2:58.60 * 8/8/2014 CORRIN POPPS</b>					
1	Kendal Jacobson	50	Longhorn Aquatics-43	3:08.52	3:07.34!
	42.56			1:30.39 (47.83) 2:18.61 (48.22) 3:07.34 (48.73)	
2	Christine Frederic	52	Southern Masters Swimmers-24	3:17.40	3:24.81
	47.56			1:40.64 (53.08) 2:34.46 (53.82) 3:24.81 (50.35)	

**Women 50-54 50 LC Meter Butterfly**

<b>ZONE: 33.28 ! 2000</b>					
<b>WORLD: 30.24 # 6/4/2004 ANGELA ZINGLER</b>				<b>GER</b>	
<b>NATL: 29.97 * 6/26/2016 SUSAN WILLIAMS</b>					
1	Susan Matherne	54	Rice Aquatic Masters-25	33.07	32.30!
2	Christine Frederic	52	Southern Masters Swimmers-24	36.50	35.09
3	Anna Mod	53	Rice Aquatic Masters-25	45.10	46.71

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 50-54 100 LC Meter Butterfly****ZONE: 1:15.70 ! 2000****WORLD: 1:07.80 # 8/13/2011 JILL HERNANDEZ USA****NATL: 1:07.80 \* 8/13/2011 JILL HERNANDEZ**

1	Kristy Ditzler	52	Longhorn Aquatics-43	1:15.70	1:19.68
	37.56	1:19.68 (42.12)			

**Women 50-54 200 LC Meter IM****ZONE: 2:45.11 ! 2000****WORLD: 2:31.81 # 8/6/2014 ELLEN REYNOLDS USA****NATL: 2:31.81 \* 8/6/2014 ELLEN REYNOLDS**

1	Kendal Jacobson	50	Longhorn Aquatics-43	2:51.69	2:55.83
	37.84	1:25.51 (47.67)	2:14.75 (49.24)	2:55.83 (41.08)	

**Women 55-59 50 LC Meter Freestyle****ZONE: 29.68 ! 2000****WORLD: 28.69 # 8/17/2008 LAURA VAL USA****NATL: 28.69 \* 8/17/2008 LAURA VAL**

1	Kristin Henderson	56	North Texas Lonestars-26	29.91	30.64
2	Susan Ingraham	57	Masters of South Texas-43	31.59	31.64
3	Sue Klimko	56	Dallas Aquatic Masters-26	35.00	35.91
4	Monica Bailey	55	North Texas Lonestars-26	31.90	39.65
5	Shawn Feather	55	Aquatex Swim Team-43	40.00	42.59
6	Julie Brotzen	57	Ambush Swimming-25	43.98	44.57

**Women 55-59 100 LC Meter Freestyle****ZONE: 1:06.73 ! 2000****WORLD: 1:02.02 # 8/16/2008 LAURA VAL USA****NATL: 1:02.02 \* 8/13/2007 VAL\VAL**

1	Monica Bailey	55	North Texas Lonestars-26	1:12.00	1:14.38
	35.16	1:14.38 (39.22)			
2	Kristin Henderson	56	North Texas Lonestars-26	1:07.57	1:19.87
	33.42	1:19.87 (46.45)			
3	Stacey Eicks	57	Woodlands Masters Swim Team-2	1:28.00	1:22.10
	38.80	1:22.10 (43.30)			
4	Sue Klimko	56	Dallas Aquatic Masters-26	1:18.00	1:25.65
	41.62	1:25.65 (44.03)			
5	Julie Brotzen	57	Ambush Swimming-25	1:39.61	1:38.43
	44.86	1:38.43 (53.57)			

**Women 55-59 200 LC Meter Freestyle****ZONE: 2:32.88 ! 2000****WORLD: 2:16.28 # 8/6/2009 LAURA VAL USA****NATL: 2:16.28 \* 8/6/2009 LAURA VAL**

1	Susan Ingraham	57	Masters of South Texas-43	2:32.88	2:37.85
	35.46	1:16.31 (40.85)	1:58.28 (41.97)	2:37.85 (39.57)	
2	Sally Dykstra	57	Longhorn Aquatics-43	2:40.00	2:39.32
	37.68	1:19.07 (41.39)	2:00.46 (41.39)	2:39.32 (38.86)	
3	Suzanne Cuda	56	Masters of South Texas-43	2:51.35	2:52.71
	39.70	1:23.04 (43.34)	2:08.18 (45.14)	2:52.71 (44.53)	
4	Sue Klimko	56	Dallas Aquatic Masters-26	2:57.00	3:02.06
	42.20	1:28.53 (46.33)	2:16.17 (47.64)	3:02.06 (45.89)	
5	Stacey Eicks	57	Woodlands Masters Swim Team-2	3:05.00	3:03.35
	43.32	1:29.33 (46.01)	2:17.77 (48.44)	3:03.35 (45.58)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Women 55-59 200 LC Meter Freestyle)**

6	Julie Brotzen	57	Ambush Swimming-25	3:42.48	3:33.25
	50.52	1:45.68 (55.16)	2:42.30 (56.62)	3:33.25 (50.95)	

**Women 55-59 400 LC Meter Freestyle****ZONE: 5:26.84 ! 2000****WORLD: 4:46.69 # 7/26/2015 JILL HERNANDEZ USA****NATL: 4:46.69 \* 7/26/2015 JILL HERNANDEZ**

1	Susan Ingraham	57	Masters of South Texas-43	5:31.14	5:29.57
	35.67	1:17.44 (41.77)	2:00.09 (42.65)	2:42.83 (42.74)	
	3:25.59 (42.76)	4:07.85 (42.26)	4:50.02 (42.17)	5:29.57 (39.55)	
2	Sally Dykstra	57	Longhorn Aquatics-43	5:33.00	5:36.00
	39.80	1:22.28 (42.48)	2:05.13 (42.85)	2:48.13 (43.00)	
	3:30.65 (42.52)	4:13.56 (42.91)	4:56.19 (42.63)	5:36.00 (39.81)	
3	Suzanne Cuda	56	Masters of South Texas-43	6:00.00	5:52.10
	39.36	1:22.27 (42.91)	2:07.20 (44.93)	2:52.00 (44.80)	
	3:37.40 (45.40)	4:22.79 (45.39)	5:08.65 (45.86)	5:52.10 (43.45)	
4	Mary Anne Hines	59	Woodlands Masters Swim Team-2	6:02.41	6:06.47
	41.96	1:27.20 (45.24)	2:13.64 (46.44)	2:59.39 (45.75)	
	3:46.19 (46.80)	4:32.58 (46.39)	5:21.26 (48.68)	6:06.47 (45.21)	
5	Stacey Eicks	57	Woodlands Masters Swim Team-2	6:30.00	6:20.92
	43.79	1:31.25 (47.46)	2:18.76 (47.51)	3:07.86 (49.10)	
	3:55.97 (48.11)	4:45.11 (49.14)	5:33.59 (48.48)	6:20.92 (47.33)	
6	Sue Klimko	56	Dallas Aquatic Masters-26	6:12.00	6:26.73
	43.70	1:32.00 (48.30)	2:20.90 (48.90)	3:11.18 (50.28)	
	4:01.64 (50.46)	4:52.15 (50.51)	5:40.78 (48.63)	6:26.73 (45.95)	
7	Shawn Feather	55	Aquatex Swim Team-43	6:45.00	6:51.13
	47.89	1:40.37 (52.48)			
	2:33.51 ( )	3:25.56 (52.05)	6:51.13 (3:25.57)		

**Women 55-59 800 LC Meter Freestyle****WORLD: 9:46.56 # 7/25/2015 JILL HERNANDEZ USA****NATL: 9:46.56 \* 7/25/2015 JILL HERNANDEZ**

1	Susan Ingraham	57	Masters of South Texas-43	11:21.74	11:18.93
	37.83	1:21.28 (43.45)	2:04.70 (43.42)	2:47.64 (42.94)	
	3:30.84 (43.20)	4:14.02 (43.18)	4:57.40 (43.38)	5:40.60 (43.20)	
	6:24.16 (43.56)	7:07.00 (42.84)	7:50.10 (43.10)	8:33.32 (43.22)	
	9:16.65 (43.33)	9:58.85 (42.20)	10:40.64 (41.79)	11:18.93 (38.29)	
2	Suzanne Cuda	56	Masters of South Texas-43	12:08.00	12:16.69
	41.16	1:25.19 (44.03)	2:11.41 (46.22)	2:57.34 (45.93)	
	3:44.19 (46.85)	4:30.67 (46.48)	5:17.49 (46.82)	6:04.12 (46.63)	
	6:51.15 (47.03)	7:37.70 (46.55)	8:24.79 (47.09)	9:11.33 (46.54)	
	9:57.75 (46.42)	10:44.61 (46.86)	11:31.38 (46.77)	12:16.69 (45.31)	
3	Sue Klimko	56	Dallas Aquatic Masters-26	13:05.00	13:35.95
	45.68	1:36.20 (50.52)	2:27.68 (51.48)	3:20.18 (52.50)	
	4:11.34 (51.16)	5:02.33 (50.99)	5:52.84 (50.51)	6:45.88 (53.04)	
	7:37.19 (51.31)	8:30.16 (52.97)	9:21.66 (51.50)	10:12.29 (50.63)	
	11:02.76 (50.47)	11:55.54 (52.78)	12:46.19 (50.65)	13:35.95 (49.76)	

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Women 55-59 1500 LC Meter Freestyle

ZONE: 21:45.29 ! 2000

WORLD: 18:46.00 # 3/20/2016 LYNN MARSHALL CAN

NATL: 19:14.70 \* 7/8/2007 LAURA VAL

1	Susan Ingraham	57	Masters of South Texas-43	21:37.07	22:02.15
	37.15	1:20.01 (42.86)	2:02.87 (42.86)	2:46.41 (43.54)	
	3:29.16 (42.75)	4:12.88 (43.72)	4:56.56 (43.68)	5:40.27 (43.71)	
	6:24.23 (43.96)	7:08.98 (44.75)	7:53.05 (44.07)	8:37.90 (44.85)	
	9:22.50 (44.60)	10:07.54 (45.04)	10:51.99 (44.45)	11:36.93 (44.94)	
	12:22.01 (45.08)	13:07.50 (45.49)	13:52.50 (45.00)	14:38.13 (45.63)	
	15:22.73 (44.60)	16:07.83 (45.10)	16:52.65 (44.82)	17:38.14 (45.49)	
	18:22.72 (44.58)	19:07.74 (45.02)	19:52.31 (44.57)	20:36.96 (44.65)	
	21:20.56 (43.60)	22:02.15 (41.59)			
2	Suzanne Cuda	56	Masters of South Texas-43	23:30.00	23:00.32
	40.24	1:23.50 (43.26)	2:09.14 (45.64)	2:54.12 (44.98)	
	3:39.97 (45.85)	4:25.13 (45.16)	5:10.82 (45.69)	5:56.05 (45.23)	
	6:43.00 (46.95)	7:28.60 (45.60)	8:15.14 (46.54)	9:00.61 (45.47)	
	9:47.25 (46.64)	10:33.33 (46.08)	11:19.82 (46.49)	12:06.15 (46.33)	
	12:52.80 (46.65)	13:39.16 (46.36)	14:25.78 (46.62)	15:11.56 (45.78)	
	15:58.70 (47.14)	16:45.39 (46.69)	17:32.64 (47.25)	18:18.63 (45.99)	
	18:48.95 (30.32)	19:52.50 (1:03.55)	20:39.87 (47.37)	21:26.82 (46.95)	
	22:14.47 (47.65)	23:00.32 (45.85)			
3	Sue Klimko	56	Dallas Aquatic Masters-26	24:51.00	25:24.54
	46.15	1:37.40 (51.25)	2:28.05 (50.65)	3:19.64 (51.59)	
	4:09.99 (50.35)	5:01.55 (51.56)	5:51.65 (50.10)	6:43.35 (51.70)	
	7:34.39 (51.04)	8:26.73 (52.34)	9:17.69 (50.96)	10:10.27 (52.58)	
	11:01.58 (51.31)	11:53.36 (51.78)	12:43.86 (50.50)	13:34.92 (51.06)	
	14:24.12 (49.20)	15:14.88 (50.76)	16:05.26 (50.38)	16:57.15 (51.89)	
	17:47.77 (50.62)	18:39.24 (51.47)	19:29.43 (50.19)	20:20.84 (51.41)	
	21:11.62 (50.78)	22:02.99 (51.37)	22:53.96 (50.97)	23:44.96 (51.00)	
	24:34.94 (49.98)	25:24.54 (49.60)			
4	Shawn Feather	55	Aquatex Swim Team-43	25:00.00	26:15.88
	48.69	1:40.38 (51.69)	2:33.06 (52.68)	3:25.89 (52.83)	
	4:18.07 (52.18)	5:10.56 (52.49)	6:02.75 (52.19)	6:55.18 (52.43)	
	7:47.14 (51.96)	8:39.99 (52.85)	9:32.85 (52.86)	10:25.38 (52.53)	
	11:17.41 (52.03)	12:09.89 (52.48)	13:02.00 (52.11)	13:54.73 (52.73)	
	14:47.16 (52.43)	15:40.78 (53.62)	16:32.80 (52.02)		
	18:19.17 ( )	19:13.22 (54.05)	20:06.30 (53.08)	20:59.33 (53.03)	
	21:52.34 (53.01)	22:45.82 (53.48)		24:31.60 ( )	
	25:24.22 (52.62)	26:15.88 (51.66)			
5	Colette Lanier	58	Rice Aquatic Masters-25	NT	28:13.12
	49.92	1:42.09 (52.17)	2:39.00 (56.91)	3:34.78 (55.78)	
	4:32.65 (57.87)	5:28.86 (56.21)	6:25.24 (56.38)	7:21.51 (56.27)	
	8:17.63 (56.12)	9:13.64 (56.01)	10:10.06 (56.42)	11:06.83 (56.77)	
	12:04.06 (57.23)	13:00.74 (56.68)	13:58.14 (57.40)	14:53.68 (55.54)	
	15:52.18 (58.50)	16:48.56 (56.38)	17:45.35 (56.79)	18:42.25 (56.90)	
	19:40.64 (58.39)	20:37.43 (56.79)	21:36.14 (58.71)	22:32.04 (55.90)	
	23:30.86 (58.82)	24:28.05 (57.19)	25:25.51 (57.46)	26:22.83 (57.32)	
	28:13.12 (1:50.29)				

## Women 55-59 50 LC Meter Backstroke

ZONE: 37.03 ! 2000

WORLD: 33.75 # 8/12/2010 LAURA VAL USA

NATL: 33.75 \* 8/12/2010 LAURA VAL

1	Monica Bailey	55	North Texas Lonestars-26	35.50	36.40!
2	Mary Anne Hines	59	Woodlands Masters Swim Team-2	41.31	40.77

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3	Suzanne Cuda	56	Masters of South Texas-43	42.85	42.07
4	Colette Lanier	58	Rice Aquatic Masters-25	46.00	45.34
5	Stacey Eicks	57	Woodlands Masters Swim Team-2	48.00	47.76

**Women 55-59 100 LC Meter Backstroke****ZONE: 1:20.74 ! 2000****WORLD: 1:14.41 # 8/17/2008 LAURA VAL USA****NATL: 1:14.41 \* 8/17/2008 LAURA VAL**

1	Monica Bailey	55	North Texas Lonestars-26	1:20.08	1:21.63
	37.97		1:21.63 (43.66)		
2	Mary Anne Hines	59	Woodlands Masters Swim Team-2	1:29.02	1:32.33
	44.51		1:32.33 (47.82)		
3	Suzanne Cuda	56	Masters of South Texas-43	1:35.00	1:32.73
	44.51		1:32.73 (48.22)		

**Women 55-59 200 LC Meter Backstroke****ZONE: 2:55.57 ! 2000****WORLD: 2:38.52 # 2/21/2016 LYNN MARSHALL CAN****NATL: 2:41.50 \* 6/28/2014 BONNIE BILICH**

1	Monica Bailey	55	North Texas Lonestars-26	2:50.00	2:56.24
	39.84		1:24.48 (44.64) 2:11.17 (46.69) 2:56.24 (45.07)		
2	Mary Anne Hines	59	Woodlands Masters Swim Team-2	3:07.62	3:13.49
	45.95		1:35.75 (49.80) 2:26.02 (50.27) 3:13.49 (47.47)		
3	Suzanne Cuda	56	Masters of South Texas-43	3:20.00	3:22.59
	44.03		1:36.60 (52.57) 2:30.16 (53.56) 3:22.59 (52.43)		
4	Colette Lanier	58	Rice Aquatic Masters-25	3:40.00	3:31.62
	49.43		1:41.64 (52.21) 2:38.71 (57.07) 3:31.62 (52.91)		

**Women 55-59 50 LC Meter Breaststroke****ZONE: 42.02 ! 2000****WORLD: 37.04 # 4/20/2013 JENNY WHITELEY AUS****NATL: 38.55 \* 8/9/2013 COLETTE CRABBE**

1	Kristin Henderson	56	North Texas Lonestars-26	42.19	42.25
2	Constance George	56	TeamTexas Masters-43	45.00	44.08
3	Sally Dykstra	57	Longhorn Aquatics-43	55.00	44.33
4	Shawn Feather	55	Aquatex Swim Team-43	55.00	52.44

**Women 55-59 100 LC Meter Breaststroke****ZONE: 1:31.86 ! 2000****WORLD: 1:23.16 # 4/18/2013 JENNY WHITELEY AUS****NATL: 1:25.19 \* 8/6/2009 LO KNAPP**

1	Sally Dykstra	57	Longhorn Aquatics-43	1:50.00	1:36.87
	45.70		1:36.87 (51.17)		
2	Constance George	56	TeamTexas Masters-43	1:45.00	1:39.80
	46.72		1:39.80 (53.08)		
3	Shawn Feather	55	Aquatex Swim Team-43	1:55.00	1:55.48
	55.59		1:55.48 (59.89)		

**Women 55-59 200 LC Meter Breaststroke****ZONE: 3:22.15 ! 2000****WORLD: 3:02.67 # 4/19/2013 JENNY WHITELEY AUS****NATL: 3:04.32 \* 8/9/2009 LO KNAPP**

1	Sally Dykstra	57	Longhorn Aquatics-43	4:00.00	3:30.76
	48.37		1:40.20 (51.83) 2:35.42 (55.22) 3:30.76 (55.34)		

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2	Constance George	56	TeamTexas Masters-43	3:45.00	3:44.08
	52.33	1:49.43 (57.10)	2:48.36 (58.93)	3:44.08 (55.72)	
3	Shawn Feather	55	Aquatex Swim Team-43	4:15.00	4:14.13
	58.47	2:02.76 (1:04.29)	3:09.69 (1:06.93)	4:14.13 (1:04.44)	

**Women 55-59 50 LC Meter Butterfly**

<b>ZONE: 33.48 ! 2000</b>					
<b>WORLD: 30.97 # 8/9/2013</b>		<b>TRACI GRANGER</b>		<b>USA</b>	
<b>NATL: 30.97 * 8/9/2013</b>		<b>TRACI GRANGER</b>			
1	Kristin Henderson	56	North Texas Lonestars-26	33.04	33.78
2	Susan Ingraham	57	Masters of South Texas-43	33.56	34.42
3	Sue Klimko	56	Dallas Aquatic Masters-26	45.00	44.91
---	Julie Brotzen	57	Ambush Swimming-25	53.95	DQ

**Women 55-59 100 LC Meter Butterfly**

<b>ZONE: 1:20.67 ! 2000</b>					
<b>WORLD: 1:09.47 # 8/9/2009</b>		<b>LAURA VAL</b>		<b>USA</b>	
<b>NATL: 1:09.47 * 8/9/2009</b>		<b>LAURA VAL</b>			
1	Susan Ingraham	57	Masters of South Texas-43	1:21.66	1:18.42!
	36.92	1:18.42 (41.50)			

**Women 55-59 200 LC Meter Butterfly**

<b>ZONE: 3:08.76 ! 2000</b>					
<b>WORLD: 2:37.99 # 2/21/2016</b>		<b>LYNN MARSHALL</b>		<b>CAN</b>	
<b>NATL: 2:41.51 * 7/8/2007</b>		<b>LAURA VAL</b>			
1	Susan Ingraham	57	Masters of South Texas-43	2:57.37	3:10.03
	41.31	1:30.00 (48.69)	2:21.29 (51.29)	3:10.03 (48.74)	

**Women 55-59 200 LC Meter IM**

<b>ZONE: 3:04.58 ! 2000</b>					
<b>WORLD: 2:38.74 # 7/26/2015</b>		<b>JILL HERNENDEZ</b>		<b>USA</b>	
<b>NATL: 2:38.74 * 7/26/2015</b>		<b>JILL HERNANDEZ</b>			
1	Sally Dykstra	57	Longhorn Aquatics-43	3:20.00	3:01.93!
	39.63	1:30.25 (50.62)	2:21.45 (51.20)	3:01.93 (40.48)	
2	Suzanne Cuda	56	Masters of South Texas-43	3:32.00	3:35.40
	46.96	1:40.80 (53.84)	2:47.61 (1:06.81)	3:35.40 (47.79)	
3	Sue Klimko	56	Dallas Aquatic Masters-26	3:38.00	3:45.49
	49.85	1:50.69 (1:00.84)	2:58.51 (1:07.82)	3:45.49 (46.98)	

**Women 55-59 400 LC Meter IM**

<b>ZONE: 6:27.05 ! 2000</b>					
<b>WORLD: 5:40.33 # 3/5/2016</b>		<b>LYNN MARSHALL</b>		<b>CAN</b>	
<b>NATL: 5:49.40 * 7/10/2009</b>		<b>LAURA VAL</b>			
1	Monica Bailey	55	North Texas Lonestars-26	6:30.00	6:21.91!
	42.21	1:31.71 (49.50)	2:20.78 (49.07)	3:09.76 (48.98)	
	4:03.83 (54.07)	5:00.17 (56.34)	5:41.49 (41.32)	6:21.91 (40.42)	
2	Suzanne Cuda	56	Masters of South Texas-43	7:24.00	7:07.93
	44.49	1:43.44 (58.95)	2:39.20 (55.76)	3:32.20 (53.00)	
	4:36.83 (1:04.63)	5:40.68 (1:03.85)	6:25.21 (44.53)	7:07.93 (42.72)	
3	Sue Klimko	56	Dallas Aquatic Masters-26	7:54.00	8:16.68
	49.96	1:53.67 (1:03.71)	3:07.99 (1:14.32)	4:19.08 (1:11.09)	
	5:28.66 (1:09.58)	6:36.94 (1:08.28)	7:27.19 (50.25)	8:16.68 (49.49)	



**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 60-64 50 LC Meter Freestyle**

<b>ZONE: 31.99 ! 2000</b>					
<b>WORLD: 29.31 # 8/6/2011</b>		<b>LAURA VAL</b>		<b>USA</b>	
<b>NATL: 29.31 * 8/6/2011</b>		<b>LAURA VAL</b>			
1	Janie Cole	63	North Texas Lonestars-26	31.75	32.10
2	Elaine Valdez	61	Masters of South Texas-43	33.00	32.52
3	Heidi Ernst	64	Rice Aquatic Masters-25	35.70	34.40
4	Randee Burke	64	Masters of South Texas-43	38.69	37.23
5	Cynthia Myer	63	O2 Performance Aquatics-26	48.43	44.47
6	Linda Callaway	63	Masters of South Texas-43	55.00	46.45

**Women 60-64 100 LC Meter Freestyle**

<b>ZONE: 1:08.42 ! 2000</b>					
<b>WORLD: 1:03.83 # 8/5/2011</b>		<b>LAURA VAL</b>		<b>USA</b>	
<b>NATL: 1:03.83 * 8/5/2011</b>		<b>LAURA VAL</b>			
1	Cynthia Myer	63	O2 Performance Aquatics-26	1:51.46	1:41.61
	47.53		1:41.61 (54.08)		

**Women 60-64 200 LC Meter Freestyle**

<b>ZONE: 2:43.44 ! 2000</b>					
<b>WORLD: 2:21.48 # 6/12/2012</b>		<b>LAURA VAL</b>		<b>USA</b>	
<b>NATL: 2:21.48 * 6/12/2012</b>		<b>LAURA VAL</b>			
1	Heidi Ernst	64	Rice Aquatic Masters-25	2:49.40	2:44.14
	38.04		1:19.53 (41.49) 2:02.08 (42.55) 2:44.14 (42.06)		
2	Linda Callaway	63	Masters of South Texas-43	3:50.00	3:32.06
	49.98		1:44.84 (54.86) 2:40.32 (55.48) 3:32.06 (51.74)		

**Women 60-64 400 LC Meter Freestyle**

<b>ZONE: 5:45.70 ! 2000</b>					
<b>WORLD: 4:59.82 # 8/12/2012</b>		<b>LAURA VAL</b>		<b>USA</b>	
<b>NATL: 4:59.82 * 8/12/2012</b>		<b>LAURA VAL</b>			
1	Sue Bloomfield	64	Woodlands Masters Swim Team-2	6:38.20	6:36.56
	44.98		1:35.35 (50.37) 2:25.76 ( ) 3:16.62 (50.86) 6:36.56 (3:19.94)		
2	Linda Callaway	63	Masters of South Texas-43	7:50.00	7:11.34
	49.07		1:43.60 (54.53) 2:33.51 ( ) 3:33.48 (59.97) 7:11.34 (3:37.86)		

**Women 60-64 800 LC Meter Freestyle**

<b>WORLD: 10:27.71 # 7/8/2011</b>					
<b>NATL: 10:27.71 * 7/8/2011</b>		<b>LAURA VAL</b>		<b>USA</b>	
		<b>LAURA VAL</b>			
1	Elaine Valdez	61	Masters of South Texas-43	11:42.80	11:36.86
	38.33		1:23.16 (44.83) 2:07.33 (44.17) 2:51.66 (44.33)		
	3:35.76 (44.10)		4:20.56 (44.80) 5:03.79 (43.23) 5:48.07 (44.28)		
	6:31.61 (43.54)		7:16.19 (44.58) 7:59.88 (43.69) 8:44.73 (44.85)		
	9:28.29 (43.56)		10:12.39 (44.10) 10:55.38 (42.99) 11:36.86 (41.48)		
2	Heidi Ernst	64	Rice Aquatic Masters-25	11:54.20	11:43.72
	40.19		1:23.16 (42.97) 2:00.69 (37.53) 2:52.22 (51.53)		
	3:36.99 (44.77)		4:21.39 (44.40) 5:06.56 (45.17) 5:50.98 (44.42)		
	6:35.50 (44.52)		7:19.71 (44.21) 8:04.56 (44.85) 8:48.66 (44.10)		
	9:33.43 (44.77)		10:17.27 (43.84) 11:01.55 (44.28) 11:43.72 (42.17)		
3	Sue Bloomfield	64	Woodlands Masters Swim Team-2	13:30.40	13:24.57
	45.98		1:37.18 (51.20) 2:29.29 (52.11) 3:20.26 (50.97)		
	4:12.13 (51.87)		5:03.09 (50.96) 5:54.12 (51.03) 6:45.16 (51.04)		
	7:36.14 (50.98)		8:26.44 (50.30) 9:17.32 (50.88) 10:07.81 (50.49)		
	10:58.65 (50.84)		11:48.03 (49.38) 12:37.90 (49.87) 13:24.57 (46.67)		

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Women 60-64 800 LC Meter Freestyle)**

4	Linda Callaway	63	Masters of South Texas-43	15:53.00	15:01.45
	51.70	1:49.06 (57.36)	2:45.88 (56.82)	3:43.03 (57.15)	
	4:39.92 (56.89)	5:36.04 (56.12)	6:32.89 (56.85)	7:29.88 (56.99)	
	8:26.49 (56.61)	9:23.30 (56.81)	10:20.49 (57.19)	11:17.21 (56.72)	
	12:14.34 (57.13)	13:11.50 (57.16)	14:07.85 (56.35)	15:01.45 (53.60)	

**Women 60-64 1500 LC Meter Freestyle****ZONE: 23:39.61 ! 2000****WORLD: 19:52.85 # 7/8/2011 LAURA VAL USA****NATL: 19:52.85 \* 7/8/2011 LAURA VAL**

1	Linda Callaway	63	Masters of South Texas-43	30:00.00	28:25.70
	52.55	1:48.42 (55.87)	2:45.92 (57.50)	3:42.82 (56.90)	
	4:40.08 (57.26)	5:36.01 (55.93)	6:33.00 (56.99)	7:29.54 (56.54)	
	8:27.10 (57.56)	9:23.84 (56.74)	10:21.11 (57.27)	11:18.36 (57.25)	
	12:15.55 (57.19)	13:12.62 (57.07)	14:09.69 (57.07)	15:06.66 (56.97)	
	16:04.36 (57.70)	17:01.87 (57.51)	17:58.57 (56.70)	18:55.73 (57.16)	
	19:52.74 (57.01)	20:49.84 (57.10)	21:47.31 (57.47)	22:45.49 (58.18)	
	23:42.32 (56.83)	24:39.66 (57.34)	25:36.94 (57.28)	26:34.24 (57.30)	
	27:31.53 (57.29)	28:25.70 (54.17)			

**Women 60-64 50 LC Meter Backstroke****ZONE: 41.85 ! 2000****WORLD: 33.86 # 8/9/2015 LAURA VAL USA****NATL: 33.86 \* 8/9/2015 LAURA VAL**

1	Elaine Valdez	61	Masters of South Texas-43	40.00	39.29!
2	Cynthia Myer	63	O2 Performance Aquatics-26	58.44	58.89

**Women 60-64 100 LC Meter Backstroke****ZONE: 1:35.16 ! 2000****WORLD: 1:14.76 # 8/9/2015 LAURA VAL USA****NATL: 1:14.76 \* 8/9/2015 LAURA VAL**

1	Linda Callaway	63	Masters of South Texas-43	2:15.00	2:01.50
	1:00.83	2:01.50 (1:00.67)			
2	Cynthia Myer	63	O2 Performance Aquatics-26	2:06.75	2:03.31
	1:00.65	2:03.31 (1:02.66)			

**Women 60-64 200 LC Meter Backstroke****ZONE: 3:16.06 ! 2000****WORLD: 2:44.38 # 7/13/2013 LAURA VAL USA****NATL: 2:44.38 \* 7/13/2013 LAURA VAL**

1	Cynthia Myer	63	O2 Performance Aquatics-26	4:21.88	4:19.48
	1:01.02	2:07.70 (1:06.68)	3:15.40 (1:07.70)	4:19.48 (1:04.08)	
2	Linda Callaway	63	Masters of South Texas-43	4:30.00	4:27.48
	1:02.45	2:11.62 (1:09.17)	3:21.39 (1:09.77)	4:27.48 (1:06.09)	
3	Melanie Sellers	64	Woodlands Masters Swim Team-2	5:30.00	4:59.51
	1:11.76	2:30.05 (1:18.29)	3:45.67 (1:15.62)	4:59.51 (1:13.84)	

**Women 60-64 50 LC Meter Breaststroke****ZONE: 42.08 ! 2000****WORLD: 38.31 # 3/12/2016 DAGMAR FRESE GER****NATL: 39.70 \* 6/18/2016 MELINDA MANN**

1	Krissy Maccurdy	64	North Texas Lonestars-26	42.00	43.40
2	Elaine Valdez	61	Masters of South Texas-43	44.30	46.39
3	Randee Burke	64	Masters of South Texas-43	48.30	51.42
4	Cynthia Myer	63	O2 Performance Aquatics-26	57.64	55.58

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 60-64 100 LC Meter Breaststroke**

<b>ZONE: 1:31.11 ! 2000</b>					
<b>WORLD: 1:27.64 # 3/28/2002 BONNIE PRONK</b>				<b>CAN</b>	
<b>NATL: 1:27.95 * 6/28/2014 LO KNAPP</b>					
1	Krissy Maccurdy	64	North Texas Lonestars-26	1:35.00	1:33.88
	45.19		1:33.88 (48.69)		
2	Sue Bloomfield	64	Woodlands Masters Swim Team-2	1:49.50	1:57.80
	55.48		1:57.80 (1:02.32)		
3	Cynthia Myer	63	O2 Performance Aquatics-26	2:03.62	2:03.44
	57.07		2:03.44 (1:06.37)		

**Women 60-64 200 LC Meter Breaststroke**

<b>ZONE: 3:20.45 ! 2000</b>					
<b>WORLD: 3:08.07 # 6/29/2014 LO D KNAPP</b>				<b>USA</b>	
<b>NATL: 3:08.07 * 6/29/2014 LO KNAPP</b>					
1	Krissy Maccurdy	64	North Texas Lonestars-26	3:30.00	3:30.39
	48.46		1:40.67 (52.21) 2:35.65 (54.98) 3:30.39 (54.74)		
2	Elaine Valdez	61	Masters of South Texas-43	3:32.76	3:35.79
	48.18		1:43.84 (55.66) 2:40.03 (56.19) 3:35.79 (55.76)		
3	Sue Bloomfield	64	Woodlands Masters Swim Team-2	3:52.70	4:02.01
	54.90		1:57.85 (1:02.95) 2:59.17 (1:01.32) 4:02.01 (1:02.84)		

**Women 60-64 50 LC Meter Butterfly**

<b>ZONE: 36.07 ! 2000</b>					
<b>WORLD: 32.27 # 7/8/2012 LAURA VAL</b>				<b>USA</b>	
<b>NATL: 32.27 * 7/8/2012 LAURA VAL</b>					
1	Elaine Valdez	61	Masters of South Texas-43	34.50	34.58!
2	Janie Cole	63	North Texas Lonestars-26	36.00	36.42
3	Linda Callaway	63	Masters of South Texas-43	1:10.00	59.37

**Women 60-64 100 LC Meter Butterfly**

<b>ZONE: 1:28.99 ! 2000</b>					
<b>WORLD: 1:12.06 # 8/4/2011 LAURA VAL</b>				<b>USA</b>	
<b>NATL: 1:12.06 * 8/4/2011 LAURA VAL</b>					
1	Elaine Valdez	61	Masters of South Texas-43	1:18.50	1:21.55!
	37.66		1:21.55 (43.89)		
2	Linda Callaway	63	Masters of South Texas-43	2:30.00	2:21.19
	1:01.95		2:21.19 (1:19.24)		

**Women 60-64 200 LC Meter Butterfly**

<b>ZONE: 3:26.22 ! 2000</b>					
<b>WORLD: 2:41.03 # 8/6/2011 LAURA VAL</b>				<b>USA</b>	
<b>NATL: 2:41.03 * 8/6/2011 LAURA VAL</b>					
1	Elaine Valdez	61	Masters of South Texas-43	3:03.00	3:07.36!
	39.72		1:29.13 (49.41) 2:18.83 (49.70) 3:07.36 (48.53)		
2	Linda Callaway	63	Masters of South Texas-43	5:30.00	5:00.09
	1:02.27		2:21.14 (1:18.87) 3:41.77 (1:20.63) 5:00.09 (1:18.32)		
3	Melanie Sellers	64	Woodlands Masters Swim Team-2	6:30.00	6:05.44
	1:24.20		2:55.95 (1:31.75) 4:33.09 (1:37.14) 6:05.44 (1:32.35)		

**Women 60-64 200 LC Meter IM**

<b>ZONE: 3:03.05 ! 2000</b>					
<b>WORLD: 2:47.99 # 7/14/2013 LAURA VAL</b>				<b>USA</b>	
<b>NATL: 2:47.99 * 7/14/2013 LAURA VAL</b>					
1	Sue Bloomfield	64	Woodlands Masters Swim Team-2	3:50.80	3:47.45
	53.02		1:55.91 (1:02.89) 2:58.04 (1:02.13) 3:47.45 (49.41)		

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Women 60-64 200 LC Meter IM)**

2	Linda Callaway	63	Masters of South Texas-43	4:45.00	4:26.87
	1:03.34	2:14.22 (1:10.88)	3:33.52 (1:19.30)	4:26.87 (53.35)	

**Women 60-64 400 LC Meter IM****ZONE: 6:39.31 ! 2000****WORLD: 5:56.27 # 7/8/2011 LAURA VAL USA****NATL: 5:56.27 \* 7/8/2011 LAURA VAL**

1	Sue Bloomfield	64	Woodlands Masters Swim Team-2	8:09.50	8:13.29
	56.33		3:06.97 ( )	4:15.07 (1:08.10)	
	5:19.40 (1:04.33)	6:25.39 (1:05.99)	7:19.59 (54.20)	8:13.29 (53.70)	
2	Cynthia Myer	63	O2 Performance Aquatics-26	9:16.94	8:52.63
	1:02.95	2:18.02 (1:15.07)	3:25.45 (1:07.43)	4:33.24 (1:07.79)	
	5:42.13 (1:08.89)	6:53.70 (1:11.57)	7:53.96 (1:00.26)	8:52.63 (58.67)	
3	Linda Callaway	63	Masters of South Texas-43	9:21.97	9:19.40
	1:02.38	2:17.35 (1:14.97)	3:33.08 (1:15.73)	4:46.08 (1:13.00)	
	6:04.42 (1:18.34)	7:27.33 (1:22.91)	8:23.94 (56.61)	9:19.40 (55.46)	

**Women 65-69 50 LC Meter Freestyle****ZONE: 33.68 ! 2000****WORLD: 30.72 # 8/14/2015 SANDERINA KRUGER RSA****NATL: 30.88 \* 8/7/2015 CHARLOTTE DAVIS**

1	Suzy Reierson	65	Rice Aquatic Masters-25	36.20	35.18
2	Elise Ragland	66	TeamTexas Masters-43	37.40	37.22

**Women 65-69 100 LC Meter Freestyle****ZONE: 1:13.28 ! 2000****WORLD: 1:09.23 # 8/11/2015 SANDRINA KRUGER RSA****NATL: 1:09.52 \* 1/31/2015 CHARLOTTE DAVIS**

1	Elise Ragland	66	TeamTexas Masters-43	1:26.24	1:28.06
	41.93	1:28.06 (46.13)			
2	Judy Levison	66	Rice Aquatic Masters-25	2:00.00	1:49.86
	50.78	1:49.86 (59.08)			

**Women 65-69 200 LC Meter Freestyle****ZONE: 2:43.40 ! 2000****WORLD: 2:35.36 # 8/9/2015 CHARLOTTE DAVIS USA****NATL: 2:35.36 \* 8/9/2015 CHARLOTTE DAVIS**

1	Elise Ragland	66	TeamTexas Masters-43	3:05.66	3:11.29
	42.35	1:31.11 (48.76)	2:21.79 (50.68)	3:11.29 (49.50)	

**Women 65-69 400 LC Meter Freestyle****ZONE: 5:55.11 ! 2000****WORLD: 5:27.79 # 1/31/2015 CHARLOTTE DAVIS USA****NATL: 5:27.79 \* 1/31/2015 CHARLOTTE DAVIS**

1	Elise Ragland	66	TeamTexas Masters-43	6:57.66	6:54.23
	45.69	1:37.41 (51.72)			
	2:30.83 ( )	3:23.79 (52.96)	6:54.23 (3:30.44)		
2	Judy Levison	66	Rice Aquatic Masters-25	8:10.00	8:06.75
	51.25	1:50.00 (58.75)			
	2:33.51 ( )		7:05.00 ( )	8:06.75 (1:01.75)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 65-69 800 LC Meter Freestyle****WORLD: 11:31.53 # 8/6/2015 CHARLOTTE DAVIS USA****NATL: 11:31.53 \* 8/6/2015 CHARLOTTE DAVIS**

1	Suzy Reierson	65	Rice Aquatic Masters-25	14:14.00	13:47.46
	46.51	1:37.54 (51.03)	2:29.23 (51.69)	3:22.89 (53.66)	
	4:14.37 (51.48)	5:08.67 (54.30)	6:00.67 (52.00)	6:54.68 (54.01)	
	7:47.01 (52.33)	8:40.01 (53.00)	9:31.31 (51.30)	10:23.60 (52.29)	
	11:14.23 (50.63)	12:06.45 (52.22)	12:57.55 (51.10)	13:47.46 (49.91)	
2	Elise Ragland	66	TeamTexas Masters-43	13:30.94	13:56.71
	45.01	1:36.30 (51.29)	2:28.63 (52.33)	3:22.33 (53.70)	
	4:14.77 (52.44)	5:08.24 (53.47)	6:00.72 (52.48)	6:54.53 (53.81)	
	7:47.56 (53.03)	8:40.77 (53.21)	9:32.98 (52.21)	10:26.45 (53.47)	
	11:19.05 (52.60)	12:12.87 (53.82)	13:05.20 (52.33)	13:56.71 (51.51)	

**Women 65-69 1500 LC Meter Freestyle****ZONE: 25:07.09 ! 2000****WORLD: 22:28.69 # 8/22/2014 BARBARA DUNBAR USA****NATL: 22:28.69 \* 8/22/2014 BARBARA DUNBAR**

1	Suzy Reierson	65	Rice Aquatic Masters-25	26:30.00	26:31.13
	49.38	1:40.96 (51.58)	2:34.38 (53.42)	3:27.70 (53.32)	
	4:20.84 (53.14)	5:14.32 (53.48)	6:09.07 (54.75)	7:03.32 (54.25)	
	7:57.07 (53.75)	8:50.24 (53.17)	9:44.84 (54.60)	10:38.62 (53.78)	
	11:31.92 (53.30)	12:25.10 (53.18)	13:18.25 (53.15)	14:10.94 (52.69)	
	15:04.07 (53.13)	15:57.66 (53.59)	16:51.59 (53.93)	17:45.18 (53.59)	
	18:38.97 (53.79)	19:33.08 (54.11)	20:26.66 (53.58)	21:19.88 (53.22)	
	22:13.39 (53.51)	23:07.15 (53.76)	23:57.75 (50.60)	24:49.59 (51.84)	
	25:41.56 (51.97)	26:31.13 (49.57)			
2	Elise Ragland	66	TeamTexas Masters-43	26:47.15	27:12.72
	46.84	1:39.96 (53.12)	2:34.12 (54.16)	3:28.50 (54.38)	
	4:22.54 (54.04)	5:17.10 (54.56)	6:11.74 (54.64)	7:06.11 (54.37)	
	8:01.34 (55.23)	8:56.96 (55.62)	9:51.25 (54.29)	10:46.19 (54.94)	
	11:41.31 (55.12)	12:36.13 (54.82)	13:30.95 (54.82)	14:26.27 (55.32)	
	15:20.92 (54.65)	16:16.17 (55.25)	17:11.79 (55.62)	18:07.50 (55.71)	
	19:02.79 (55.29)	19:58.70 (55.91)	20:53.44 (54.74)	21:48.23 (54.79)	
	22:42.84 (54.61)	23:39.61 (56.77)	24:33.53 (53.92)	25:28.15 (54.62)	
	26:21.57 (53.42)	27:12.72 (51.15)			

**Women 65-69 50 LC Meter Backstroke****ZONE: 47.54 ! 2000****WORLD: 36.79 # 8/8/2015 CECILIA MCCLOSKEY USA****NATL: 36.79 \* 8/8/2015 CECILIA MCCLOSKEY**

1	Cecilia McCloskey	66	Swim Fort Lauderdale-50	38.00	37.22!
2	Suzy Reierson	65	Rice Aquatic Masters-25	43.14	44.69!
3	Lynn Dusenbury	68	Masters of South Texas-43	1:03.00	1:04.67

**Women 65-69 100 LC Meter Backstroke****ZONE: 1:41.56 ! 2000****WORLD: 1:20.95 # 8/9/2015 CECILIA MCCLOSKEY USA****NATL: 1:20.95 \* 8/9/2015 CECILIA MCCLOSKEY**

1	Cecilia McCloskey	66	Swim Fort Lauderdale-50	1:22.00	1:21.35!
	39.27	1:21.35 (42.08)			
2	Suzy Reierson	65	Rice Aquatic Masters-25	1:41.78	1:40.55!
	48.73	1:40.55 (51.82)			
3	Elise Ragland	66	TeamTexas Masters-43	2:20.00	1:55.35
	55.47	1:55.35 (59.88)			

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 65-69 200 LC Meter Backstroke****ZONE: 3:37.07 ! 2000****WORLD: 2:57.78 # 7/12/2015 CECILIA MCCLOSKEY USA****NATL: 2:57.78 \* 7/12/2015 CECILIA MCCLOSKEY**

1	Cecilia McCloskey	66	Swim Fort Lauderdale-50	3:00.00	2:58.81!
	41.51	1:25.78 (44.27)	2:13.42 (47.64)	2:58.81 (45.39)	
2	Suzy Reierson	65	Rice Aquatic Masters-25	3:45.00	3:43.98
	52.62	1:50.06 (57.44)	2:47.97 (57.91)	3:43.98 (56.01)	
3	Elise Ragland	66	TeamTexas Masters-43	4:40.44	4:05.35
	57.77	2:00.09 (1:02.32)	3:03.60 (1:03.51)	4:05.35 (1:01.75)	
4	Lynn Dusenbury	68	Masters of South Texas-43	4:45.00	4:56.74
	1:11.40	2:27.82 (1:16.42)	3:43.53 (1:15.71)	4:56.74 (1:13.21)	

**Women 65-69 50 LC Meter Breaststroke****ZONE: 44.40 ! 2000****WORLD: 41.52 # 6/14/2009 MONIKA SENFTLEBEN GER****NATL: 42.97 \* 8/4/2011 DIANN UUSTAL**

1	Deb Coellner	65	Woodlands Masters Swim Team-2	43.98	43.75!
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**Women 65-69 100 LC Meter Breaststroke****ZONE: 1:58.30 ! 2000****WORLD: 1:32.66 # 8/11/2015 JANETTE JEFFREY AUS****NATL: 1:36.29 \* 8/13/2007 JOANN LEILICH**

1	Deb Coellner	65	Woodlands Masters Swim Team-2	1:40.80	1:40.40!
	45.08	1:40.40 (55.32)			
2	Judy Levison	66	Rice Aquatic Masters-25	2:10.00	2:02.83
	57.48	2:02.83 (1:05.35)			
3	Elise Ragland	66	TeamTexas Masters-43	2:20.00	2:08.95
	1:02.49	2:08.95 (1:06.46)			

**Women 65-69 200 LC Meter Breaststroke****ZONE: 3:34.59 ! 2000****WORLD: 3:21.27 # 8/15/2015 JANETTE JEFFREY AUS****NATL: 3:26.98 \* 8/28/2005 JOANN LEILICH**

1	Elise Ragland	66	TeamTexas Masters-43	5:00.00	4:31.88
	1:00.76	2:11.49 (1:10.73)	3:21.10 (1:09.61)	4:31.88 (1:10.78)	

**Women 65-69 100 LC Meter Butterfly****ZONE: 1:28.23 ! 2000****WORLD: 1:20.09 # 1/31/2015 CHARLOTTE DAVIS USA****NATL: 1:20.09 \* 1/31/2015 CHARLOTTE DAVIS**

1	Cecilia McCloskey	66	Swim Fort Lauderdale-50	1:24.00	1:23.40!
	37.89	1:23.40 (45.51)			

**Women 65-69 200 LC Meter IM****ZONE: 3:35.92 ! 2000****WORLD: 2:55.88 # 8/9/2015 CHARLOTTE DAVIS USA****NATL: 2:55.88 \* 8/9/2015 CHARLOTTE DAVIS**

1	Cecilia McCloskey	66	Swim Fort Lauderdale-50	3:02.00	3:02.20!
	38.75	1:25.14 (46.39)	2:20.82 (55.68)	3:02.20 (41.38)	
2	Elise Ragland	66	TeamTexas Masters-43	3:57.84	3:55.86
	54.61	1:59.29 (1:04.68)	3:05.54 (1:06.25)	3:55.86 (50.32)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 65-69 400 LC Meter IM****ZONE: 6:37.45 ! 2000****WORLD: 6:37.45 # 7/23/2010 CAROLYN BOAK USA****NATL: 6:31.42 \* 7/8/2016 CHARLOTTE DAVIS**

1	Elise Ragland	66	TeamTexas Masters-43	8:24.45	8:10.72
	53.47	1:58.94 (1:05.47)	3:02.87 (1:03.93)	4:06.54 (1:03.67)	
	5:13.83 (1:07.29)	6:24.31 (1:10.48)	7:18.65 (54.34)	8:10.72 (52.07)	

**Women 70-74 50 LC Meter Freestyle****ZONE: 46.15 ! 2000****WORLD: 33.57 # 1/16/2010 CHRISTEL SCHULZ GER****NATL: 35.22 \* 8/6/2011 BETH SCHREINER**

1	Ann Vitt	70	Masters of South Texas-43	44.43	40.22!
2	Vicki Buccino	70	Southern Masters Swimmers-24	48.12	47.51

**Women 70-74 100 LC Meter Freestyle****ZONE: 1:19.45 ! 2000****WORLD: 1:14.28 # 9/5/2009 YOSHIKO OSAKI JPN****NATL: 1:19.45 \* 7/11/2015 CAROLYN BOAK**

1	Ann Vitt	70	Masters of South Texas-43	1:38.10	1:32.09
	43.10	1:32.09 (48.99)			
2	Vicki Buccino	70	Southern Masters Swimmers-24	1:48.28	1:49.16
	53.13	1:49.16 (56.03)			

**Women 70-74 200 LC Meter Freestyle****ZONE: 2:53.32 ! 2000****WORLD: 2:48.03 # 8/2/2010 CHRISTEL SCHULZ GER****NATL: 2:53.32 \* 7/12/2015 CAROLYN BOAK**

1	Vicki Buccino	70	Southern Masters Swimmers-24	3:55.15	3:43.98
	51.78	1:48.48 (56.70)	2:48.00 (59.52)	3:43.98 (55.98)	

**Women 70-74 400 LC Meter Freestyle****ZONE: 6:09.66 ! 2000****WORLD: 5:54.97 # 7/18/2008 YOSHIKO OSAKI JPN****NATL: 6:09.66 \* 7/11/2015 CAROLYN BOAK**

1	Vicki Buccino	70	Southern Masters Swimmers-24	8:04.26	7:56.34
	54.50	1:55.32 (1:00.82)			
	2:33.51 ( )	5:58.28 (3:24.77)	6:57.96 (59.68)	7:56.34 (58.38)	

**Women 70-74 800 LC Meter Freestyle****WORLD: 12:13.07 # 11/1/2009 YOSHIKO OSAKI JPN****NATL: 12:35.14 \* 8/15/2004 LAVELLE STOINOFF**

1	Vicki Buccino	70	Southern Masters Swimmers-24	16:50.50	16:18.20
	55.10	1:57.27 (1:02.17)	2:58.22 (1:00.95)	4:02.38 (1:04.16)	
	5:03.38 (1:01.00)	6:07.08 (1:03.70)	7:08.82 (1:01.74)	8:12.41 (1:03.59)	
	9:13.39 (1:00.98)	10:15.98 (1:02.59)	11:17.27 (1:01.29)	12:20.04 (1:02.77)	
	13:20.16 (1:00.12)	14:21.49 (1:01.33)	15:20.58 (59.09)	16:18.20 (57.62)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 70-74 1500 LC Meter Freestyle****ZONE: 26:17.67 ! 2000****WORLD: 23:49.60 # 3/11/2016 JEN THOMASSON AUS****NATL: 24:24.13 \* 7/13/2003 LAVELLE STOINOFF**

1	Vicki Buccino	70	Southern Masters Swimmers-24	31:31.00	30:57.77
	53.59	1:53.83 (1:00.24)	2:56.16 (1:02.33)	3:59.26 (1:03.10)	
	5:02.48 (1:03.22)	6:05.36 (1:02.88)	7:07.59 (1:02.23)	8:09.34 (1:01.75)	
	9:11.63 (1:02.29)	10:14.95 (1:03.32)	11:17.30 (1:02.35)	12:20.55 (1:03.25)	
	13:22.97 (1:02.42)	14:26.29 (1:03.32)	15:28.79 (1:02.50)	16:32.14 (1:03.35)	
	17:34.54 (1:02.40)	18:37.32 (1:02.78)	19:39.84 (1:02.52)	20:41.66 (1:01.82)	
	21:43.11 (1:01.45)	22:45.56 (1:02.45)	23:47.10 (1:01.54)	24:49.65 (1:02.55)	
	25:51.46 (1:01.81)	26:54.24 (1:02.78)	27:55.72 (1:01.48)	28:58.08 (1:02.36)	
	29:58.55 (1:00.47)	30:57.77 (59.22)			

**Women 70-74 50 LC Meter Backstroke****ZONE: 48.45 ! 2000****WORLD: 38.69 # 10/24/2015 MARGIT OHLSSON SWE****NATL: 42.08 \* 7/7/2012 JOY WARD**

1	Ann Vitt	70	Masters of South Texas-43	54.43	50.93
2	Jane Cobos	71	Masters Of Brazos-25	1:05.22	1:06.08

**Women 70-74 100 LC Meter Backstroke****ZONE: 1:44.99 ! 2000****WORLD: 1:25.20 # 5/9/2015 MARGIT OHLSSON SWE****NATL: 1:32.68 \* 7/8/2012 JOY WARD**

1	Ann Vitt	70	Masters of South Texas-43	1:54.79	1:47.27
	52.01	1:47.27 (55.26)			
2	Jane Cobos	71	Masters Of Brazos-25	2:22.25	2:27.43

**Women 70-74 200 LC Meter Backstroke****ZONE: 4:31.07 ! 2000****WORLD: 3:06.24 # 10/24/2015 MARGIT OHLSSON SWE****NATL: 3:18.02 \* 7/6/2012 JOY WARD**

1	Vicki Buccino	70	Southern Masters Swimmers-24	4:50.22	4:30.95!
	1:08.14	2:17.11 (1:08.97)	3:28.31 (1:11.20)	4:30.95 (1:02.64)	

**Women 70-74 50 LC Meter Breaststroke****ZONE: 46.91 ! 2000****WORLD: 41.67 # 6/22/2014 MONIKA SENFTLEBEN GER****NATL: 45.67 \* 8/7/2009 JOANN LEILICH**

1	Ann Vitt	70	Masters of South Texas-43	1:01.27	57.13
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**Women 70-74 100 LC Meter Breaststroke****ZONE: 1:38.78 ! 2000****WORLD: 1:37.39 # 3/9/2013 DIANE FORD GBR****NATL: 1:38.78 \* 7/18/2009 JOANN LEILICH**

1	Vicki Buccino	70	Southern Masters Swimmers-24	2:20.35	2:21.23
	1:05.69	2:21.23 (1:15.54)			

**Women 70-74 200 LC Meter IM****ZONE: 4:32.90 ! 2000****WORLD: 3:13.19 # 6/21/2008 YOSHIKO OSAKI JPN****NATL: 3:20.72 \* 6/26/2016 MARGOT PETTIJOHN**

1	Vicki Buccino	70	Southern Masters Swimmers-24	5:00.00	4:40.43
	1:10.05	2:23.46 (1:13.41)	3:39.73 (1:16.27)	4:40.43 (1:00.70)	



**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 75-79 50 LC Meter Freestyle**

<b>ZONE: 43.82 ! 2000</b>					
<b>WORLD: 34.85 # 3/3/2006</b>		<b>JANE ASHER</b>		<b>GBR</b>	
<b>NATL: 36.87 * 8/15/2005</b>		<b>GAIL ROPER</b>			
1	DeEtte Sauer	75	Masters of South Texas-43	52.33	48.98
2	Patricia Arnold	77	Southern Masters Swimmers-24	1:01.00	56.49

**Women 75-79 100 LC Meter Freestyle**

<b>ZONE: 1:58.74 ! 2000</b>					
<b>WORLD: 1:19.71 # 7/19/2014</b>		<b>YOSHIKO OSAKI</b>		<b>JPN</b>	
<b>NATL: 1:26.36 * 7/31/2005</b>		<b>GAIL ROPER</b>			
1	Patricia Arnold	77	Southern Masters Swimmers-24	2:10.00	2:03.39
	57.89		2:03.39 (1:05.50)		

**Women 75-79 200 LC Meter Freestyle**

<b>ZONE: 3:40.14 ! 2000</b>					
<b>WORLD: 2:54.26 # 9/27/2013</b>		<b>YOSHIKO OSAKI</b>		<b>JPN</b>	
<b>NATL: 3:13.24 * 7/31/2005</b>		<b>GAIL ROPER</b>			
1	DeEtte Sauer	75	Masters of South Texas-43	4:15.83	3:59.16
	55.31		1:58.25 (1:02.94) 2:59.92 (1:01.67) 3:59.16 (59.24)		
2	Patricia Arnold	77	Southern Masters Swimmers-24	4:27.43	4:26.88
	1:01.16		2:07.46 (1:06.30) 3:19.19 (1:11.73) 4:26.88 (1:07.69)		

**Women 75-79 400 LC Meter Freestyle**

<b>ZONE: 9:47.88 ! 2000</b>					
<b>WORLD: 6:12.25 # 7/12/2013</b>		<b>YOSHIKO OSAKI</b>		<b>JPN</b>	
<b>NATL: 6:55.62 * 8/11/2002</b>		<b>JEAN TROY</b>			
1	DeEtte Sauer	75	Masters of South Texas-43	8:38.02	8:10.51!
	54.32		1:57.74 (1:03.42) 7:12.04 ( ) 8:10.51 (58.47)		
	2:33.51 ( )				

**Women 75-79 800 LC Meter Freestyle**

<b>WORLD: 12:58.94 # 10/22/2006</b>		<b>JANE ASHER</b>		<b>GBR</b>	
<b>NATL: 14:10.50 * 9/9/2001</b>		<b>JUNE KRAUSER</b>			
1	Patricia Arnold	77	Southern Masters Swimmers-24	NT	18:17.24

**Women 75-79 1500 LC Meter Freestyle**

<b>ZONE: 41:17.07 ! 2000</b>					
<b>WORLD: 24:41.76 # 3/3/2006</b>		<b>JANE ASHER</b>		<b>GBR</b>	
<b>NATL: 27:09.75 * 8/17/2003</b>		<b>JEAN TROY</b>			
1	Patricia Arnold	77	Southern Masters Swimmers-24	34:16.25	34:09.41!
	1:02.49		2:10.51 (1:08.02) 3:20.63 (1:10.12) 4:29.74 (1:09.11)		
	5:40.60 (1:10.86)		6:49.36 (1:08.76) 7:58.85 (1:09.49) 9:07.80 (1:08.95)		
	10:17.80 (1:10.00)		11:25.03 (1:07.23) 12:35.50 (1:10.47) 13:44.02 (1:08.52)		
	14:52.27 (1:08.25)		16:00.94 (1:08.67) 17:09.49 (1:08.55) 18:17.24 (1:07.75)		
	19:25.82 (1:08.58)		20:33.93 (1:08.11) 21:41.73 (1:07.80) 22:49.24 (1:07.51)		
	23:56.52 (1:07.28)		25:04.23 (1:07.71) 26:13.32 (1:09.09) 27:21.27 (1:07.95)		
	28:29.91 (1:08.64)		29:37.24 (1:07.33) 30:46.44 (1:09.20) 31:54.12 (1:07.68)		
	33:04.15 (1:10.03)		34:09.41 (1:05.26)		

**Women 75-79 50 LC Meter Backstroke**

<b>ZONE: 1:04.32 ! 2000</b>					
<b>WORLD: 42.06 # 1/17/2010</b>		<b>SHOKO YONEZAWA</b>		<b>JPN</b>	
<b>NATL: 44.43 * 8/23/1999</b>		<b>DORIS STEADMAN</b>			
1	Patricia Arnold	77	Southern Masters Swimmers-24	1:15.00	1:14.69

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

**Women 75-79 100 LC Meter Breaststroke**

ZONE: 1:43.62 ! 2000

WORLD: 1:38.81 # 3/6/2010 SHOKO YONEZAWA JPN

NATL: 1:42.18 \* 8/15/2014 JOANN LEILICH

1	Patricia Arnold	77	Southern Masters Swimmers-24	2:52.32	2:54.93
				1:23.67	2:54.93 (1:31.26)

**Women 75-79 200 LC Meter Breaststroke**

ZONE: 3:40.84 ! 2000

WORLD: 3:40.84 # 7/19/2014 JOANN LEILICH USA

NATL: 3:40.84 \* 7/19/2014 JOANN LEILICH

1	Patricia Arnold	77	Southern Masters Swimmers-24	5:55.00	6:20.42
				1:27.15	3:05.38 (1:38.23) 4:45.33 (1:39.95) 6:20.42 (1:35.09)

**Women 75-79 50 LC Meter Butterfly**

ZONE: 1:03.34 ! 2000

WORLD: 40.06 # 3/14/2015 CHRISTEL SCHULZ GER

NATL: 44.95 \* 8/1/2004 GAIL ROPER

1	DeEtte Sauer	75	Masters of South Texas-43	1:03.57	1:00.37!
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**Women 75-79 100 LC Meter Butterfly**

WORLD: 1:47.40 # 4/22/2007 JUDIE OLIVER CAN

NATL: 1:52.12 \* 8/6/2014 MARY ANN CASE

1	DeEtte Sauer	75	Masters of South Texas-43	2:34.87	2:16.06
				1:02.72	2:16.06 (1:13.34)

**Women 75-79 200 LC Meter Butterfly**

WORLD: 4:03.55 # 6/9/2004 SYLVIA NEUHAUSER AUT

NATL: 4:10.69 \* 6/24/2001 JUNE KRAUSER

1	DeEtte Sauer	75	Masters of South Texas-43	5:19.43	5:01.70
				1:08.48	2:27.82 (1:19.34) 3:46.04 (1:18.22) 5:01.70 (1:15.66)

**Women 90-94 50 LC Meter Freestyle**

WORLD: 49.68 # 6/1/2013 OLGA KOKORINA RUS

NATL: 55.48 \* 8/13/2011 MAURINE KORNFELD

1	Sara Sievert	91	Masters of South Texas-43	1:21.54	1:23.37
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**Women 90-94 50 LC Meter Backstroke**

WORLD: 1:03.49 # 8/25/1996 AILEEN SOULE USA

NATL: 1:03.49 \* 8/25/1996 AILEEN SOULE

1	Sara Sievert	91	Masters of South Texas-43	1:32.39	1:29.55
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**Women 90-94 100 LC Meter Backstroke**

WORLD: 2:23.23 # 8/25/1996 AILEEN SOULE USA

NATL: 2:23.23 \* 8/25/1996 AILEEN SOULE

1	Sara Sievert	91	Masters of South Texas-43	3:32.05	3:01.29
				1:27.98	3:01.29 (1:33.31)

**Men 18-24 50 LC Meter Freestyle**

ZONE: 23.52 ! 2000

NATL: 21.78 \* 7/1/2012 JOSH SCHNEIDER

1	Jonathan Jones	20	Masters of South Texas-43	28.82	26.07
2	Anthony Bellino	19	Longhorn Aquatics-43	28.00	26.58
3	Tyler McFarland	24	Fleet Masters Swimming/Cy-Fair-	27.04	26.92
4	Andrew Ramirez	19	Uc43-43	27.62	27.43

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

**Men 18-24 100 LC Meter Freestyle**

ZONE: 52.25 ! 2000

NATL: 49.37 \* 6/28/2012 JOSH SCHNEIDER

1	Trey Van Dyke	24	North Texas Lonestars-26	1:03.10	59.06
	28.04	59.06	(31.02)		

**Men 18-24 200 LC Meter Freestyle**

ZONE: 1:56.88 ! 2000

NATL: 1:52.74 \* 8/16/1998 JOE TRISTAN

1	Austin Krohn	18	North Texas Lonestars-26	2:16.00	2:17.99
	32.22	1:07.79	(35.57)	1:42.98	(35.19)
				2:17.99	(35.01)
2	Tyler McFarland	24	Fleet Masters Swimming/Cy-Fair-	2:10.29	2:18.35
	30.10	1:05.22	(35.12)	1:41.94	(36.72)
				2:18.35	(36.41)

**Men 18-24 400 LC Meter Freestyle**

ZONE: 4:32.02 ! 2000

NATL: 4:04.68 \* 8/13/2007 HYUN SEUNG LEE

1	Austin Krohn	18	North Texas Lonestars-26	5:00.00	4:49.73
	32.66	1:08.70	(36.04)	1:45.17	(36.47)
				2:22.05	(36.88)
		2:58.68	(36.63)	3:36.20	(37.52)
				4:13.85	(37.65)
				4:49.73	(35.88)
2	Scott Roberts	20	Michigan Masters-19	5:30.00	5:02.60
	33.61	1:11.27	(37.66)	1:48.94	(37.67)
				2:28.53	(39.59)
		3:07.98	(39.45)	3:47.08	(39.10)
				4:25.07	(37.99)
				5:02.60	(37.53)

**Men 18-24 50 LC Meter Backstroke**

ZONE: 30.22 ! 2000

NATL: 26.91 \* 8/15/2005 DAVE ROLLINS

1	Alex Pujol	24	Rice Aquatic Masters-25	28.00	28.55!
2	Trey Van Dyke	24	North Texas Lonestars-26	33.00	32.02
3	Austin Krohn	18	North Texas Lonestars-26	32.00	32.10
4	Andrew Ramirez	19	Uc43-43	NT	33.26
5	Peyton Stone	18	North Texas Lonestars-26	36.00	33.94
6	Scott Roberts	20	Michigan Masters-19	36.00	35.33

**Men 18-24 100 LC Meter Backstroke**

ZONE: 1:06.00 ! 2000

NATL: 53.61 \* 6/27/2012 EUGENE GODSOE

1	Jonathan Jones	20	Masters of South Texas-43	1:10.42	1:05.99!
	31.69	1:05.99	(34.30)		
2	Austin Krohn	18	North Texas Lonestars-26	1:10.00	1:09.32
	33.92	1:09.32	(35.40)		

**Men 18-24 50 LC Meter Breaststroke**

ZONE: 30.54 ! 2000

NATL: 28.87 \* 8/15/2005 DAVE ROLLINS

1	Andrew Smiddy	24	Woodlands Masters Swim Team-2	31.91	31.44
2	Anthony Bellino	19	Longhorn Aquatics-43	37.00	33.62
3	Scott Roberts	20	Michigan Masters-19	37.60	34.92
4	Andrew Ramirez	19	Uc43-43	37.61	36.22

**Men 18-24 100 LC Meter Breaststroke**

ZONE: 1:10.27 ! 2000

NATL: 1:01.41 \* 6/25/2012 ELLIOT KEEFER

1	Andrew Smiddy	24	Woodlands Masters Swim Team-2	1:08.06	1:09.35!
	31.80	1:09.35	(37.55)		

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Men 18-24 100 LC Meter Breaststroke)**

2	Jonathan Jones	20	Masters of South Texas-43	1:18.52	1:12.90
	33.10			1:12.90 (39.80)	
3	Anthony Bellino	19	Longhorn Aquatics-43	1:20.00	1:14.10
	34.82			1:14.10 (39.28)	
4	Peyton Stone	18	North Texas Lonestars-26	1:22.00	1:18.08
	37.87			1:18.08 (40.21)	
5	John Allen	23	Fort Worth Area Swim Team-26	1:28.06	1:23.13
	39.07			1:23.13 (44.06)	

**Men 18-24 200 LC Meter Breaststroke****ZONE: 2:41.80 ! 2000****NATL: 2:11.10 \* 6/29/2012 ELLIOT KEEFER**

1	Andrew Smiddy	24	Woodlands Masters Swim Team-2	2:27.70	2:34.31!
	33.88			1:13.35 (39.47)	1:54.58 (41.23)
				2:34.31 (39.73)	
2	Scott Roberts	20	Michigan Masters-19	3:00.00	2:57.30
	38.08			1:23.88 (45.80)	2:11.33 (47.45)
				2:57.30 (45.97)	
---	Peyton Stone	18	North Texas Lonestars-26	2:52.00	DQ
	38.60			1:22.31 (43.71)	2:06.78 (44.47)
				DQ (46.12)	

**Men 18-24 50 LC Meter Butterfly****ZONE: 26.62 ! 2000****NATL: 24.20 \* 8/8/2014 THOMAS SHIELDS**

1	Alex Pujol	24	Rice Aquatic Masters-25	28.00	27.73
2	Anthony Bellino	19	Longhorn Aquatics-43	30.00	28.36
3	Andrew Ramirez	19	Uc43-43	NT	30.59
4	Austin Krohn	18	North Texas Lonestars-26	33.00	32.25

**Men 18-24 100 LC Meter Butterfly****ZONE: 1:01.63 ! 2000****NATL: 51.29 \* 8/8/2014 THOMAS SHIELDS**

1	Jonathan Jones	20	Masters of South Texas-43	1:08.52	1:02.61
	29.04			1:02.61 (33.57)	
2	Tyler McFarland	24	Fleet Masters Swimming/Cy-Fair-	1:03.23	1:02.67
	29.12			1:02.67 (33.55)	
3	Anthony Bellino	19	Longhorn Aquatics-43	1:10.00	1:03.27
	29.14			1:03.27 (34.13)	
4	Austin Krohn	18	North Texas Lonestars-26	1:13.00	1:11.49
	33.24			1:11.49 (38.25)	

**Men 18-24 200 LC Meter Butterfly****ZONE: 2:25.79 ! 2000****NATL: 1:55.09 \* 8/6/2014 THOMAS SHIELDS**

1	Austin Krohn	18	North Texas Lonestars-26	2:40.00	2:44.06
	34.12			1:16.42 (42.30)	1:59.96 (43.54)
				2:44.06 (44.10)	

**Men 18-24 200 LC Meter IM****ZONE: 2:21.57 ! 2000****NATL: 2:09.30 \* 8/15/2005 DAVE ROLLINS**

1	Andrew Smiddy	24	Woodlands Masters Swim Team-2	2:14.56	2:16.82!
	28.42			1:04.66 (36.24)	1:43.43 (38.77)
				2:16.82 (33.39)	
2	Jonathan Jones	20	Masters of South Texas-43	2:28.42	2:18.55!
	29.55			1:05.41 (35.86)	1:46.27 (40.86)
				2:18.55 (32.28)	
3	Peyton Stone	18	North Texas Lonestars-26	2:31.50	2:34.98
	31.99			1:11.77 (39.78)	1:58.62 (46.85)
				2:34.98 (36.36)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Men 18-24 200 LC Meter IM)**

4	Austin Krohn	18	North Texas Lonestars-26	2:36.12	2:36.65
	33.59	1:11.50 (37.91)	2:03.01 (51.51)	2:36.65 (33.64)	

**Men 25-29 50 LC Meter Freestyle**

<b>ZONE: 24.09 ! 2000</b>					
<b>WORLD: 22.34 # 10/25/2014 A.LIUKKONEN FIN</b>					
<b>NATL: 21.69 * 8/10/2014 NATHAN ADRIAN</b>					
1	Aimon Allouache	25	Rice Aquatic Masters-25	30.00	25.55
2	Mark Reeves	27	Woodlands Masters Swim Team-2	26.06	25.61
3	Ryan Littlefield	26	Rice Aquatic Masters-25	25.00	25.74
4	Greg Doughty	27	Dallas Aquatic Masters-26	24.00	26.63
5	Mark McCombs	27	Uc43-43	NT	30.34
6	Joshua Haag	27	Uc25-25	NT	31.58
7	Ernesto Peña	27	Masters of South Texas-43	28.00	31.71

**Men 25-29 100 LC Meter Freestyle**

<b>ZONE: 54.87 ! 2000</b>					
<b>WORLD: 50.45 # 6/7/2013 MATTHEW MCGINNIS USA</b>					
<b>NATL: 48.23 * 4/24/2014 NATHAN ADRIAN</b>					
1	Mark Reeves	27	Woodlands Masters Swim Team-2	57.67	56.83
	26.67	56.83 (30.16)			
2	Ryan Littlefield	26	Rice Aquatic Masters-25	57.00	56.84
	27.78	56.84 (29.06)			
3	Aimon Allouache	25	Rice Aquatic Masters-25	1:00.00	57.72
	27.84	57.72 (29.88)			
4	Andrew Corman	26	Rice Aquatic Masters-25	59.99	58.96
	27.89	58.96 (31.07)			
5	Greg Doughty	27	Dallas Aquatic Masters-26	53.50	1:00.86
	28.66	1:00.86 (32.20)			
6	Ernesto Peña	27	Masters of South Texas-43	1:10.00	1:15.22
	34.03	1:15.22 (41.19)			
7	Joshua Haag	27	Uc25-25	NT	1:16.37
	35.13	1:16.37 (41.24)			

**Men 25-29 200 LC Meter Freestyle**

<b>ZONE: 2:02.76 ! 2000</b>					
<b>WORLD: 1:51.39 # 7/13/2013 ADAM RITTER USA</b>					
<b>NATL: 1:50.69 * 6/26/2013 ALEX WOLD</b>					
1	Rodolfo Escalante	27	Rice Aquatic Masters-25	2:05.00	2:02.09!
	27.51	58.51 (31.00)	1:30.77 (32.26)	2:02.09 (31.32)	
2	Ryan Littlefield	26	Rice Aquatic Masters-25	2:05.00	2:06.74
	30.40	1:02.60 (32.20)	1:35.27 (32.67)	2:06.74 (31.47)	
3	Aimon Allouache	25	Rice Aquatic Masters-25	2:20.00	2:10.45
	30.12	1:03.55 (33.43)	1:38.79 (35.24)	2:10.45 (31.66)	
4	Andrew Corman	26	Rice Aquatic Masters-25	2:08.00	2:11.92
	29.34	1:01.76 (32.42)	1:36.51 (34.75)	2:11.92 (35.41)	
5	Mark Reeves	27	Woodlands Masters Swim Team-2	2:10.00	2:15.34
	29.34	1:03.49 (34.15)	1:38.02 (34.53)	2:15.34 (37.32)	
6	Michael Riley	27	Masters Of Brazos-25	2:49.99	2:23.80
	33.13	1:08.31 (35.18)	1:47.18 (38.87)	2:23.80 (36.62)	
7	Adam Johnson	29	Nitro Swimming-43	2:44.84	2:36.96
	36.25	1:16.34 (40.09)	1:56.61 (40.27)	2:36.96 (40.35)	

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## Men 25-29 400 LC Meter Freestyle

<b>ZONE: 4:25.17 ! 2000</b>					
<b>WORLD: 4:00.98 # 8/18/2002 HONZA VITAZKA</b>				<b>USA</b>	
<b>NATL: 3:55.01 * 6/28/2013 ALEX WOLD</b>					
1	Rodolfo Escalante	27	Rice Aquatic Masters-25	6:00.00	4:30.41
	28.57	1:01.31 (32.74)	1:35.18 (33.87)	2:10.52 (35.34)	
	2:45.90 (35.38)	3:21.52 (35.62)	3:56.80 (35.28)	4:30.41 (33.61)	
2	Ryan Littlefield	26	Rice Aquatic Masters-25	4:35.00	4:34.17
	30.75	1:04.04 (33.29)	1:38.39 (34.35)	2:13.62 (35.23)	
	2:48.74 (35.12)	3:24.70 (35.96)	4:00.26 (35.56)	4:34.17 (33.91)	
3	Aimon Allouache	25	Rice Aquatic Masters-25	5:00.00	4:50.38
	32.64	1:07.51 (34.87)	1:43.67 (36.16)	2:19.73 (36.06)	
	2:57.05 (37.32)	3:34.93 (37.88)	4:13.16 (38.23)	4:50.38 (37.22)	
4	Michael Riley	27	Masters Of Brazos-25	6:00.00	5:20.60
	35.56	1:12.99 (37.43)	1:51.68 (38.69)	2:33.10 (41.42)	
	3:14.93 (41.83)	3:57.77 (42.84)	4:40.17 (42.40)	5:20.60 (40.43)	
5	Adam Johnson	29	Nitro Swimming-43	5:55.55	5:27.73
	35.09	1:14.87 (39.78)	1:56.02 (41.15)	2:38.59 (42.57)	
	3:20.29 (41.70)	4:03.33 (43.04)	4:45.07 (41.74)	5:27.73 (42.66)	
6	Bailey Fellows	28	Woodlands Masters Swim Team-2	6:14.80	5:51.06
	38.53	1:22.95 (44.42)	2:08.49 (45.54)	2:55.39 (46.90)	
	3:41.44 (46.05)	4:27.88 (46.44)	5:10.70 (42.82)	5:51.06 (40.36)	

## Men 25-29 800 LC Meter Freestyle

<b>WORLD: 8:24.67 # 6/29/1997 ALEX KOSTICH</b>				<b>USA</b>	
<b>NATL: 8:24.67 * 6/29/1997 ALEX KOSTICH</b>					
1	Michael Riley	27	Masters Of Brazos-25	12:27.00	11:35.65
	37.53	1:18.38 (40.85)	2:01.31 (42.93)	2:45.89 (44.58)	
	3:31.18 (45.29)	4:15.23 (44.05)	5:00.10 (44.87)	5:43.83 (43.73)	
	6:29.65 (45.82)	7:14.96 (45.31)	8:00.59 (45.63)	8:45.37 (44.78)	
	9:30.22 (44.85)	10:14.08 (43.86)	10:57.10 (43.02)	11:35.65 (38.55)	

## Men 25-29 1500 LC Meter Freestyle

<b>ZONE: 16:51.97 ! 2000</b>					
<b>WORLD: 16:13.78 # 4/12/2015 RAFAEL CABANILLAS</b>				<b>ESP</b>	
<b>NATL: 16:13.89 * 8/10/1997 ALEX KOSTICH</b>					
1	Bailey Fellows	28	Woodlands Masters Swim Team-2	25:43.89	24:20.37
	39.36	1:25.22 (45.86)	2:12.98 (47.76)	3:00.98 (48.00)	
	3:50.12 (49.14)	4:38.30 (48.18)	5:28.12 (49.82)	6:16.35 (48.23)	
	7:05.98 (49.63)	7:54.19 (48.21)	8:43.53 (49.34)	9:32.24 (48.71)	
	10:21.80 (49.56)	11:10.19 (48.39)	11:59.79 (49.60)	12:48.18 (48.39)	
	13:38.45 (50.27)	14:26.60 (48.15)	15:16.14 (49.54)	16:04.60 (48.46)	
	16:53.78 (49.18)	17:43.17 (49.39)	18:33.23 (50.06)	19:22.61 (49.38)	
	20:12.95 (50.34)	21:02.96 (50.01)	21:53.75 (50.79)	22:43.37 (49.62)	
	23:34.20 (50.83)	24:20.37 (46.17)			

## Men 25-29 50 LC Meter Backstroke

<b>ZONE: 29.89 ! 2000</b>					
<b>WORLD: 26.09 # 5/3/2014 YURI COSTA</b>				<b>BRA</b>	
<b>NATL: 26.05 * 5/22/2011 ADAM MANIA</b>					
1	Jay Warner	25	Austin Swim Club-43	30.00	26.88!
2	Ernesto Peña	27	Masters of South Texas-43	40.00	44.33

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## Men 25-29 50 LC Meter Breaststroke

<b>ZONE:</b> 31.00 ! 2000					
<b>WORLD:</b> 27.84 # 8/13/2015		<b>IGOR GOLOVIN</b>		<b>RUS</b>	
<b>NATL:</b> 27.96 * 8/4/2011		<b>MARK GANGLOFF</b>			
1	Andrew Corman	26	Rice Aquatic Masters-25	37.00	34.52
2	Mark McCombs	27	Uc43-43	35.50	36.75
3	Joshua Haag	27	Uc25-25	NT	41.97
4	Ernesto Peña	27	Masters of South Texas-43	40.00	43.16

## Men 25-29 100 LC Meter Breaststroke

<b>ZONE:</b> 1:10.37 ! 2000					
<b>WORLD:</b> 1:02.18 # 8/8/2013		<b>C.BURCKLE</b>		<b>USA</b>	
<b>NATL:</b> 1:00.68 * 6/28/2013		<b>BJ JOHNSON</b>			
1	Adam Johnson	29	Nitro Swimming-43	1:26.37	1:24.67
	39.72		1:24.67 (44.95)		
2	Mark McCombs	27	Uc43-43	NT	1:27.03
	40.57		1:27.03 (46.46)		
3	Joshua Haag	27	Uc25-25	NT	1:35.60
	43.61		1:35.60 (51.99)		

## Men 25-29 200 LC Meter Breaststroke

<b>ZONE:</b> 2:37.85 ! 2000					
<b>WORLD:</b> 2:11.78 # 8/10/2013		<b>C.BURCKLE</b>		<b>USA</b>	
<b>NATL:</b> 2:10.09 * 6/26/2013		<b>BJ JOHNSON</b>			
1	Adam Johnson	29	Nitro Swimming-43	3:03.32	3:03.18
	43.08		1:29.27 (46.19) 2:16.80 (47.53)	3:03.18 (46.38)	
2	Mark McCombs	27	Uc43-43	NT	3:19.59
	45.13		1:34.55 (49.42) 2:26.27 (51.72)	3:19.59 (53.32)	
3	Joshua Haag	27	Uc25-25	NT	3:46.50
	45.87		1:42.33 (56.46) 2:43.42 (1:01.09)	3:46.50 (1:03.08)	

## Men 25-29 50 LC Meter Butterfly

<b>ZONE:</b> 25.74 ! 2000					
<b>WORLD:</b> 23.71 # 8/16/2008		<b>KOHEI KAWAMOTO</b>		<b>USA</b>	
<b>NATL:</b> 23.71 * 8/16/2008		<b>KOHEI KAWAMOTO</b>			
1	Jay Warner	25	Austin Swim Club-43	30.00	25.56!
2	Mark Reeves	27	Woodlands Masters Swim Team-2	29.00	28.03
3	Greg Doughty	27	Dallas Aquatic Masters-26	26.10	28.53
4	Aimon Allouache	25	Rice Aquatic Masters-25	32.00	28.59
5	Andrew Corman	26	Rice Aquatic Masters-25	32.00	28.77
6	Ernesto Peña	27	Masters of South Texas-43	38.00	34.57

## Men 25-29 100 LC Meter Butterfly

<b>ZONE:</b> 58.24 ! 2000					
<b>WORLD:</b> 53.09 # 8/15/2008		<b>KOHEI KAWAMOTO</b>		<b>USA</b>	
<b>NATL:</b> 53.09 * 8/15/2008		<b>KOHEI KAWAMOTO</b>			
1	Rodolfo Escalante	27	Rice Aquatic Masters-25	1:15.00	1:00.42
	27.80		1:00.42 (32.62)		
2	Greg Doughty	27	Dallas Aquatic Masters-26	59.00	1:11.23
	31.62		1:11.23 (39.61)		
3	Adam Johnson	29	Nitro Swimming-43	1:29.99	1:26.84
	40.88		1:26.84 (45.96)		

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Men 25-29 200 LC Meter Butterfly****ZONE: 2:12.46 ! 2000****WORLD: 2:03.26 # 4/23/2008 SATOSHI TORATANI JPN****NATL: 2:05.76 \* 7/21/2002 JASON EADDY**

---	Rodolfo Escalante	27	Rice Aquatic Masters-25	2:31.16	DQ
	28.46	1:02.48 (34.02)	1:39.75 (37.27)	DQ (39.74)	

**Men 25-29 200 LC Meter IM****ZONE: 2:20.51 ! 2000****WORLD: 2:04.40 # 7/14/2013 ADAM RITTER USA****NATL: 2:04.40 \* 7/14/2013 ADAM RITTER**

1	Rodolfo Escalante	27	Rice Aquatic Masters-25	2:25.00	2:23.52
	29.69	1:08.39 (38.70)	1:52.34 (43.95)	2:23.52 (31.18)	
2	Andrew Corman	26	Rice Aquatic Masters-25	2:30.00	2:27.03
	29.97	1:07.41 (37.44)	1:51.49 (44.08)	2:27.03 (35.54)	
3	Ryan Littlefield	26	Rice Aquatic Masters-25	2:22.22	2:27.67
	31.68	1:11.88 (40.20)	1:56.01 (44.13)	2:27.67 (31.66)	
4	Adam Johnson	29	Nitro Swimming-43	3:07.53	2:59.36
	40.05	1:30.85 (50.80)	2:18.55 (47.70)	2:59.36 (40.81)	
5	Mark McCombs	27	Uc43-43	NT	3:11.50
	36.59	1:27.95 (51.36)	2:20.00 (52.05)	3:11.50 (51.50)	
6	Joshua Haag	27	Uc25-25	NT	3:28.54
	42.93	1:43.34 (1:00.41)	2:39.89 (56.55)	3:28.54 (48.65)	

**Men 30-34 50 LC Meter Freestyle****ZONE: 27.83 ! 2000****WORLD: 22.13 # 7/13/2013 ROLAND SCHOEMAN USA****NATL: 21.55 \* 8/10/2014 ANTHONY ERVIN**

1	Jing Yang	30	Woodlands Masters Swim Team-2	28.80	28.83
2	Calvin Rowland	31	Ambush Swimming-25	29.96	31.53

**Men 30-34 100 LC Meter Freestyle****ZONE: 55.00 ! 2000****WORLD: 50.34 # 8/8/2015 ADAM RITTER USA****NATL: 48.71 \* 8/6/2014 ANTHONY ERVIN**

1	Daniel Shiosaki	32	Rice Aquatic Masters-25	57.00	56.89
	27.23	56.89 (29.66)			
2	Calvin Rowland	31	Ambush Swimming-25	1:09.07	1:11.11
	33.18	1:11.11 (37.93)			

**Men 30-34 400 LC Meter Freestyle****ZONE: 4:21.33 ! 2000****WORLD: 3:58.42 # 5/2/2009 DANIEL KOWALSKI AUS****NATL: 4:05.61 \* 8/11/2002 ERIK HOCHSTEIN**

1	Jing Yang	30	Woodlands Masters Swim Team-2	5:32.00	5:24.67
	36.38	1:17.39 (41.01)	1:58.02 (40.63)	2:39.97 (41.95)	
	3:21.15 (41.18)	4:03.30 (42.15)	4:44.24 (40.94)	5:24.67 (40.43)	

**Men 30-34 50 LC Meter Backstroke****ZONE: 29.31 ! 2000****WORLD: 25.98 # 7/12/2014 DARIAN TOWNSEND USA****NATL: 25.13 \* 6/27/2013 ADAM MANIA**

1	Daniel Shiosaki	32	Rice Aquatic Masters-25	30.20	30.16
2	Calvin Rowland	31	Ambush Swimming-25	NT	39.64



## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

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**Men 30-34 100 LC Meter Backstroke**

<b>ZONE: 1:01.92 ! 2000</b>					
<b>WORLD: 55.93 # 7/13/2014</b>		<b>DARIAN TOWNSEND</b>		<b>USA</b>	
<b>NATL: 55.30 * 6/28/2013</b>		<b>ADAM MANIA</b>			
1	Daniel Shiosaki	32	Rice Aquatic Masters-25	1:04.50	1:05.15
	30.90				1:05.15 (34.25)
2	Jing Yang	30	Woodlands Masters Swim Team-2	1:20.00	1:18.37
	38.92				1:18.37 (39.45)

**Men 30-34 200 LC Meter Backstroke**

<b>ZONE: 2:18.60 ! 2000</b>					
<b>WORLD: 2:02.75 # 11/24/2000</b>		<b>ROGERIO ROMERO</b>		<b>BRA</b>	
<b>NATL: 2:05.62 * 7/9/1994</b>		<b>SEAN MURPHY</b>			
1	Daniel Shiosaki	32	Rice Aquatic Masters-25	2:21.00	2:21.25
	31.79				1:06.69 (34.90) 1:43.10 (36.41) 2:21.25 (38.15)

**Men 30-34 50 LC Meter Breaststroke**

<b>ZONE: 29.82 ! 2000</b>					
<b>WORLD: 27.97 # 9/26/2015</b>		<b>RYO KOBAYASHI</b>		<b>JPN</b>	
<b>NATL: 27.97 * 6/27/2013</b>		<b>MARK GANGLOFF</b>			
1	Daniel Shiosaki	32	Rice Aquatic Masters-25	35.00	33.36

**Men 30-34 100 LC Meter Breaststroke**

<b>ZONE: 1:05.80 ! 2000</b>					
<b>WORLD: 1:02.39 # 9/27/2015</b>		<b>RYO KOBAYASHI</b>		<b>JPN</b>	
<b>NATL: 1:00.22 * 6/25/2012</b>		<b>MARK GANGLOFF</b>			
1	Jeffrey Alley	34	Dallas Aquatic Masters-26	1:18.36	1:20.99
	37.66				1:20.99 (43.33)

**Men 30-34 200 LC Meter Breaststroke**

<b>ZONE: 2:27.48 ! 2000</b>					
<b>WORLD: 2:18.04 # 7/7/2012</b>		<b>GARY MARSHALL</b>		<b>USA</b>	
<b>NATL: 2:18.04 * 7/7/2012</b>		<b>GARY MARSHALL</b>			
1	Jeffrey Alley	34	Dallas Aquatic Masters-26	2:45.00	3:04.13
	41.44				1:26.90 (45.46) 2:16.42 (49.52) 3:04.13 (47.71)

**Men 30-34 50 LC Meter Butterfly**

<b>ZONE: 26.06 ! 2000</b>					
<b>WORLD: 23.26 # 7/13/2013</b>		<b>ROLAND SCHOEMAN</b>		<b>USA</b>	
<b>NATL: 23.26 * 7/13/2013</b>		<b>ROLAND SCHOEMAN</b>			
1	Daniel Shiosaki	32	Rice Aquatic Masters-25	28.50	28.75
2	Jing Yang	30	Woodlands Masters Swim Team-2	30.80	29.94
3	Calvin Rowland	31	Ambush Swimming-25	34.48	34.83

**Men 30-34 100 LC Meter Butterfly**

<b>ZONE: 58.47 ! 2000</b>					
<b>WORLD: 53.65 # 7/27/2014</b>		<b>DARIAN TOWNSEND</b>		<b>USA</b>	
<b>NATL: 53.36 * 8/8/2014</b>		<b>DARIAN TOWNSEND</b>			
1	Jing Yang	30	Woodlands Masters Swim Team-2	1:08.50	1:08.48
	31.26				1:08.48 (37.22)
2	Calvin Rowland	31	Ambush Swimming-25	1:25.73	1:25.15
	37.19				1:25.15 (47.96)

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Men 30-34 200 LC Meter Butterfly**

<b>ZONE: 2:13.43 ! 2000</b>					
<b>WORLD: 2:03.76 # 8/12/2010</b>		<b>MATT HAUPT</b>		<b>USA</b>	
<b>NATL: 2:03.76 * 8/12/2010</b>		<b>MATT HAUPT</b>			
1	Jing Yang	30	Woodlands Masters Swim Team-2	2:40.00	2:40.96
	36.00	1:16.39 (40.39)	1:58.68 (42.29)	2:40.96 (42.28)	

**Men 30-34 200 LC Meter IM**

<b>ZONE: 2:17.49 ! 2000</b>					
<b>WORLD: 2:03.54 # 5/14/2011</b>		<b>D.OLIVEIRA YABE</b>		<b>BRA</b>	
<b>NATL: 2:01.33 * 8/10/2014</b>		<b>DARIAN TOWNSEND</b>			
1	Daniel Shiosaki	32	Rice Aquatic Masters-25	2:20.00	2:20.77
	30.01	1:06.85 (36.84)	1:48.01 (41.16)	2:20.77 (32.76)	
2	Jing Yang	30	Woodlands Masters Swim Team-2	2:44.00	2:40.55
	32.28	1:15.85 (43.57)	2:02.35 (46.50)	2:40.55 (38.20)	

**Men 30-34 400 LC Meter IM**

<b>ZONE: 4:55.45 ! 2000</b>					
<b>WORLD: 4:24.11 # 3/9/2013</b>		<b>LUKASZ WOJT</b>		<b>POL</b>	
<b>NATL: 4:40.22 * 7/9/1994</b>		<b>SEAN MURPHY</b>			
1	Daniel Shiosaki	32	Rice Aquatic Masters-25	5:00.00	5:05.04
	29.93	1:05.71 (35.78)	1:44.19 (38.48)	2:23.52 (39.33)	
	3:07.33 (43.81)	3:52.53 (45.20)	4:28.21 (35.68)	5:05.04 (36.83)	

**Men 35-39 50 LC Meter Freestyle**

<b>ZONE: 24.90 ! 2000</b>					
<b>WORLD: 22.76 # 8/20/2005</b>		<b>MARK FOSTER</b>		<b>GBR</b>	
<b>NATL: 23.35 * 6/30/2012</b>		<b>BRIAN JACOBSON</b>			
1	Joaquin Anon Suarez	36	Fort Worth Area Swim Team-26	26.00	27.28
2	Matthias Längrich	36	Dallas Aquatic Masters-26	26.50	28.68
3	Eric Anderson	39	Uc43-43	28.86	28.95
4	Jonathan Hansen	36	Rice Aquatic Masters-25	29.31	29.80
5	Heath Hobler	37	Uc25-25	NT	30.06
6	Chun-Wei Lin	37	NW Austin Makos-43	NT	33.18

**Men 35-39 100 LC Meter Freestyle**

<b>ZONE: 54.78 ! 2000</b>					
<b>WORLD: 50.78 # 9/27/2009</b>		<b>HIDEAKI HARA</b>		<b>JPN</b>	
<b>NATL: 51.49 * 7/16/1995</b>		<b>ROWDY GAINES</b>			
1	Matthias Längrich	36	Dallas Aquatic Masters-26	1:01.01	1:04.15
	32.09	1:04.15 (32.06)			
2	Jonathan Hansen	36	Rice Aquatic Masters-25	1:03.68	1:07.65
	32.61	1:07.65 (35.04)			
3	Kristopher Dusek	36	Dad's Club Swim Team Masters-2	1:13.13	1:08.60
	31.86	1:08.60 (36.74)			
4	Heath Hobler	37	Uc25-25	NT	1:11.17
	35.43	1:11.17 (35.74)			
5	Robert Li	35	Rice Aquatic Masters-25	1:13.47	1:12.38
	34.56	1:12.38 (37.82)			

**Men 35-39 200 LC Meter Freestyle**

<b>ZONE: 1:59.38 ! 2000</b>					
<b>WORLD: 1:52.84 # 8/6/2006</b>		<b>VLAD PYSHNENKO</b>		<b>USA</b>	
<b>NATL: 1:52.84 * 8/6/2006</b>		<b>VLAD PYSHNENKO</b>			
1	Kristopher Dusek	36	Dad's Club Swim Team Masters-2	2:47.21	2:42.29
	35.26	1:15.67 (40.41)	1:59.33 (43.66)	2:42.29 (42.96)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Men 35-39 200 LC Meter Freestyle)**

2	Jason Lovell	39	Team Ridglea-26	2:40.00	2:49.55
	38.54	1:20.93 (42.39)	2:07.24 (46.31)	2:49.55 (42.31)	

**Men 35-39 400 LC Meter Freestyle****ZONE: 4:24.52 ! 2000****WORLD: 4:05.91 # 3/10/2012 PETAR STOYCHEV BUL****NATL: 4:07.64 \* 7/16/1995 ROWDY GAINES**

1	Kristopher Dusek	36	Dad's Club Swim Team Masters-2	6:12.92	5:58.05
	38.56	1:22.08 (43.52)	2:07.33 (45.25)	2:53.37 (46.04)	
	3:40.38 (47.01)	4:27.21 (46.83)	5:14.82 (47.61)	5:58.05 (43.23)	
2	Robert Li	35	Rice Aquatic Masters-25	NT	6:39.65
	43.85	1:30.50 (46.65)	2:19.05 (48.55)	3:09.51 (50.46)	
	4:00.15 (50.64)	4:52.11 (51.96)	5:47.09 (54.98)	6:39.65 (52.56)	

**Men 35-39 50 LC Meter Backstroke****ZONE: 28.16 ! 2000****WORLD: 26.99 # 3/9/2013 STEV THELOKE GER****NATL: 27.03 \* 8/8/2009 EDILSON SILVA**

1	Joaquin Anon Suarez	36	Fort Worth Area Swim Team-26	30.00	31.37
2	Oscar Bermudez	38	Houston Cougar Masters-25	36.00	34.61
3	Chun-Wei Lin	37	NW Austin Makos-43	NT	46.39

**Men 35-39 200 LC Meter Backstroke****ZONE: 2:18.56 ! 2000****WORLD: 2:09.26 # 7/9/2000 DANIEL VEATCH USA****NATL: 2:07.16 \* 7/29/2001 RON KARNAUGH**

1	Joaquin Anon Suarez	36	Fort Worth Area Swim Team-26	2:18.00	2:30.24
	34.67	1:12.23 (37.56)	1:50.74 (38.51)	2:30.24 (39.50)	

**Men 35-39 50 LC Meter Breaststroke****ZONE: 31.53 ! 2000****WORLD: 28.47 # 10/24/2009 VLADISLAV BRAGIN RUS****NATL: 28.53 \* 5/25/2009 JEFF COMMINGS**

1	Oscar Bermudez	38	Houston Cougar Masters-25	33.32	32.84
2	Eric Anderson	39	Uc43-43	36.35	38.34
3	Heath Hobler	37	Uc25-25	NT	40.12
4	Chun-Wei Lin	37	NW Austin Makos-43	NT	47.14

**Men 35-39 100 LC Meter Breaststroke****ZONE: 1:12.34 ! 2000****WORLD: 1:02.72 # 10/25/2009 VLADISLAV BRAGIN RUS****NATL: 1:03.76 \* 7/14/2013 JEFF COMMINGS**

1	Oscar Bermudez	38	Houston Cougar Masters-25	NT	1:16.30
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**Men 35-39 100 LC Meter Breaststroke****ZONE: 1:12.34 ! 2000****WORLD: 1:02.72 # 10/25/2009 VLADISLAV BRAGIN RUS****NATL: 1:03.76 \* 7/14/2013 JEFF COMMINGS**

1	Oscar Bermudez	38	Houston Cougar Masters-25	1:14.81	1:15.14
	33.98	1:15.14 (41.16)			
2	Jonathan Hansen	36	Rice Aquatic Masters-25	1:26.04	1:29.26
	41.32	1:29.26 (47.94)			
3	Heath Hobler	37	Uc25-25	NT	1:34.17
	42.84	1:34.17 (51.33)			

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## Men 35-39 200 LC Meter Breaststroke

<b>ZONE:</b> 2:32.31 ! 2000					
<b>WORLD:</b> 2:20.29 # 6/5/2004		<b>NICK GILLINGHAM</b>		<b>GBR</b>	
<b>NATL:</b> 2:20.34 * 8/6/2011		<b>STEVE WEST</b>			
1	Oscar Bermudez	38	Houston Cougar Masters-25	2:50.00	3:04.65
	35.38	1:16.30 (40.92)	2:14.69 (58.39)	3:04.65 (49.96)	
2	Heath Hobler	37	Uc25-25	NT	3:37.54
	45.91	1:38.84 (52.93)	2:37.38 (58.54)	3:37.54 (1:00.16)	

## Men 35-39 50 LC Meter Butterfly

<b>ZONE:</b> 25.92 ! 2000					
<b>WORLD:</b> 24.14 # 8/15/2015		<b>KOHEI KAWAMOTO</b>		<b>USA</b>	
<b>NATL:</b> 24.14 * 8/15/2015		<b>KOHEI KAWAMOTO</b>			
1	Jonathan Hansen	36	Rice Aquatic Masters-25	31.93	30.44
2	Matthias Längrich	36	Dallas Aquatic Masters-26	28.50	30.47
3	Heath Hobler	37	Uc25-25	NT	31.63
4	Kristopher Dusek	36	Dad's Club Swim Team Masters-2	36.42	33.65
5	Chun-Wei Lin	37	NW Austin Makos-43	NT	36.66
6	Robert Li	35	Rice Aquatic Masters-25	45.09	44.56

## Men 35-39 100 LC Meter Butterfly

<b>ZONE:</b> 56.02 ! 2000					
<b>WORLD:</b> 55.35 # 8/13/2015		<b>I.STEFAN GHERGHEL</b>		<b>ROU</b>	
<b>NATL:</b> 55.43 * 7/18/2015		<b>TAMAS KEREKJARTO</b>			
1	Matthias Längrich	36	Dallas Aquatic Masters-26	1:06.06	1:10.97
	31.96	1:10.97 (39.01)			

## Men 35-39 200 LC Meter IM

<b>ZONE:</b> 2:19.66 ! 2000					
<b>WORLD:</b> 2:08.19 # 8/3/2002		<b>RON KARNAUGH</b>		<b>USA</b>	
<b>NATL:</b> 2:05.64 * 12/7/2002		<b>RONALD KARNAUGH</b>			
1	Joaquin Anon Suarez	36	Fort Worth Area Swim Team-26	2:18.00	2:34.35
	34.87	1:13.15 (38.28)	2:00.39 (47.24)	2:34.35 (33.96)	
2	Jonathan Hansen	36	Rice Aquatic Masters-25	2:44.58	2:50.46
	33.55	1:18.41 (44.86)	2:07.19 (48.78)	2:50.46 (43.27)	
3	Kristopher Dusek	36	Dad's Club Swim Team Masters-2	3:15.00	3:01.05
	37.36	1:24.87 (47.51)	2:18.36 (53.49)	3:01.05 (42.69)	

## Men 35-39 400 LC Meter IM

<b>ZONE:</b> 4:59.05 ! 2000					
<b>WORLD:</b> 4:38.50 # 8/12/2015		<b>JULIEN BAILLOD</b>		<b>SUI</b>	
<b>NATL:</b> 4:34.10 * 7/29/2001		<b>RON KARNAUGH</b>			
1	Jonathan Hansen	36	Rice Aquatic Masters-25	6:18.20	6:15.38
	34.50	1:19.03 (44.53)	2:08.22 (49.19)	2:57.45 (49.23)	
	3:51.30 (53.85)	4:46.44 (55.14)	5:30.91 (44.47)	6:15.38 (44.47)	

## Men 40-44 50 LC Meter Freestyle

<b>ZONE:</b> 25.00 ! 2000					
<b>WORLD:</b> 23.31 # 8/13/2014		<b>BRIAN JACOBSON</b>		<b>USA</b>	
<b>NATL:</b> 23.31 * 8/13/2014		<b>BRIAN JACOBSON</b>			
1	Dale Huggins	44	Longhorn Aquatics-43	27.49	26.57
2	Donovan Coskey	41	Masters Of Brazos-25	28.01	27.13
3	Mark Glass	42	North Texas Lonestars-26	26.61	27.35
4	Joey Minervini	40	Rice Aquatic Masters-25	30.00	27.47
5	Alan Talkington	40	Longhorn Aquatics-43	34.00	29.53
6	Walter Accessor	44	North Texas Lonestars-26	31.00	29.84

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Men 40-44 50 LC Meter Freestyle)**

7	Robert Steffler	43	City of Plano Swimmers Wetcats-2	NT	37.73
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**Men 40-44 100 LC Meter Freestyle****ZONE: 55.07 ! 2000****WORLD: 51.59 # 11/14/2015 HIDEAKI HARA JPN****NATL: 51.72 \* 8/1/2010 VLAD PYSHNENKO**

1	Mark Glass	42	North Texas Lonestars-26	1:00.35	1:01.78
	29.34		1:01.78 (32.44)		
2	Donovan Coskey	41	Masters Of Brazos-25	1:03.01	1:02.85
	30.36		1:02.85 (32.49)		
3	Joey Minervini	40	Rice Aquatic Masters-25	1:05.00	1:04.03
	29.60		1:04.03 (34.43)		
4	Walter Accessor	44	North Texas Lonestars-26	1:10.00	1:07.55
	32.56		1:07.55 (34.99)		
5	Robert Steffler	43	City of Plano Swimmers Wetcats-2	NT	1:26.95
	40.77		1:26.95 (46.18)		
6	Jeff Livingston	42	Dallas Aquatic Masters-26	1:55.00	1:48.33
	47.74		1:48.33 (1:00.59)		

**Men 40-44 200 LC Meter Freestyle****ZONE: 2:01.16 ! 2000****WORLD: 1:53.65 # 8/2/2010 VLAD PYSHNENKO USA****NATL: 1:53.65 \* 8/2/2010 VLAD PYSHNENKO**

1	Walter Accessor	44	North Texas Lonestars-26	2:50.00	2:47.15
	36.94		1:18.18 (41.24) 2:02.60 (44.42) 2:47.15 (44.55)		
2	Robert Steffler	43	City of Plano Swimmers Wetcats-2	NT	3:08.68
	41.13		1:27.97 (46.84) 2:17.64 (49.67) 3:08.68 (51.04)		

**Men 40-44 400 LC Meter Freestyle****ZONE: 4:25.27 ! 2000****WORLD: 4:06.74 # 7/24/2009 ERIK HOCHSTEIN USA****NATL: 4:06.74 \* 7/24/2009 ERIK HOCHSTEIN**

1	Joey Minervini	40	Rice Aquatic Masters-25	5:20.00	5:17.71
	35.19		1:13.63 (38.44) 1:53.72 (40.09) 2:33.63 (39.91)		
	3:14.87 (41.24)		3:55.79 (40.92) 4:37.60 (41.81) 5:17.71 (40.11)		
2	Walter Accessor	44	North Texas Lonestars-26	6:10.00	6:11.78
	38.07		1:21.01 (42.94) 2:06.48 (45.47) 2:54.90 (48.42)		
	3:43.07 (48.17)		4:32.75 (49.68) 5:23.08 (50.33) 6:11.78 (48.70)		

**Men 40-44 1500 LC Meter Freestyle****ZONE: 16:58.52 ! 2000****WORLD: 15:51.60 # 2/21/2016 SAMUELE PAMPANA ITA****NATL: 16:36.91 \* 7/23/2010 ALEX KOSTICH**

1	Walter Accessor	44	North Texas Lonestars-26	26:00.00	25:44.15
	38.17		1:24.09 (45.92) 2:11.31 (47.22) 3:00.40 (49.09)		
	3:48.65 (48.25)		4:40.03 (51.38) 5:29.52 (49.49) 6:21.51 (51.99)		
	7:11.73 (50.22)		8:03.91 (52.18) 8:54.55 (50.64) 9:46.22 (51.67)		
	10:36.76 (50.54)		11:29.45 (52.69) 12:21.67 (52.22) 13:14.59 (52.92)		
	14:07.16 (52.57)		15:00.70 (53.54) 15:53.10 (52.40) 16:47.78 (54.68)		
	17:41.42 (53.64)		18:36.08 (54.66) 19:29.91 (53.83) 20:23.75 (53.84)		
	21:17.48 (53.73)		22:11.60 (54.12) 23:05.20 (53.60) 23:57.57 (52.37)		
	24:50.73 (53.16)		25:44.15 (53.42)		

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

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**Men 40-44 50 LC Meter Backstroke**

<b>ZONE:</b>		<b>29.59</b>	<b>!</b>	<b>2000</b>		
<b>WORLD:</b>		<b>27.30</b>	<b>#</b>	<b>9/27/2014</b>	<b>OSAMU ITOI</b>	<b>JPN</b>
<b>NATL:</b>		<b>27.47</b>	<b>*</b>	<b>8/23/2008</b>	<b>MICHAEL ROSS</b>	
1	Walter Accessor	44	North Texas Lonestars-26	42.00		41.35
2	Robert Steffler	43	City of Plano Swimmers Wetcats-2	NT		46.39
3	Jeff Livingston	42	Dallas Aquatic Masters-26	NT		1:05.23

**Men 40-44 50 LC Meter Breaststroke**

<b>ZONE:</b>		<b>31.60</b>	<b>!</b>	<b>2000</b>		
<b>WORLD:</b>		<b>28.84</b>	<b>#</b>	<b>9/16/2009</b>	<b>ALBERTO MONTINI</b>	<b>ITA</b>
<b>NATL:</b>		<b>29.02</b>	<b>*</b>	<b>7/27/2014</b>	<b>JEFF COMMINGS</b>	
1	Dale Huggins	44	Longhorn Aquatics-43	33.50		32.78
2	C Nathan Porter	40	Masters of South Texas-43	34.10		33.34
3	Alan Talkington	40	Longhorn Aquatics-43	41.00		36.54
4	Joey Minervini	40	Rice Aquatic Masters-25	45.00		38.18
5	Walter Accessor	44	North Texas Lonestars-26	45.00		41.31
6	Robert Steffler	43	City of Plano Swimmers Wetcats-2	NT		44.70

**Men 40-44 100 LC Meter Breaststroke**

<b>ZONE:</b>		<b>1:10.54</b>	<b>!</b>	<b>2000</b>		
<b>WORLD:</b>		<b>1:03.60</b>	<b>#</b>	<b>5/20/2012</b>	<b>VLADISLAV BRAGIN</b>	<b>RUS</b>
<b>NATL:</b>		<b>1:03.76</b>	<b>*</b>	<b>7/6/2012</b>	<b>STEVE WEST</b>	
1	Dale Huggins	44	Longhorn Aquatics-43	1:16.00		1:14.44
		34.58	1:14.44 (39.86)			
2	C Nathan Porter	40	Masters of South Texas-43	1:15.50		1:16.72
		35.03	1:16.72 (41.69)			
3	Alan Talkington	40	Longhorn Aquatics-43	1:22.00		1:17.12
		36.01	1:17.12 (41.11)			
4	Robert Steffler	43	City of Plano Swimmers Wetcats-2	NT		1:43.10
		45.34	1:43.10 (57.76)			
5	Jeff Livingston	42	Dallas Aquatic Masters-26	NT		1:55.25
		52.34	1:55.25 (1:02.91)			

**Men 40-44 200 LC Meter Breaststroke**

<b>ZONE:</b>		<b>2:34.89</b>	<b>!</b>	<b>2000</b>		
<b>WORLD:</b>		<b>2:18.57</b>	<b>#</b>	<b>7/11/2015</b>	<b>STEVEN WEST</b>	<b>USA</b>
<b>NATL:</b>		<b>2:18.57</b>	<b>*</b>	<b>7/11/2015</b>	<b>STEVE WEST</b>	
1	Dale Huggins	44	Longhorn Aquatics-43	3:00.00		2:50.75
		37.45	1:21.08 (43.63)	2:05.06 (43.98)	2:50.75 (45.69)	
2	C Nathan Porter	40	Masters of South Texas-43	2:54.79		2:53.91
		39.03	1:22.97 (43.94)	2:08.53 (45.56)	2:53.91 (45.38)	

**Men 40-44 50 LC Meter Butterfly**

<b>ZONE:</b>		<b>26.37</b>	<b>!</b>	<b>2000</b>		
<b>WORLD:</b>		<b>25.06</b>	<b>#</b>	<b>7/20/2015</b>	<b>EIJI NOMURA</b>	<b>JPN</b>
<b>NATL:</b>		<b>25.57</b>	<b>*</b>	<b>8/6/2009</b>	<b>MICHAEL ROSS</b>	
1	Mark Glass	42	North Texas Lonestars-26	NT		29.01

**Men 40-44 50 LC Meter Butterfly**

<b>ZONE:</b>		<b>26.37</b>	<b>!</b>	<b>2000</b>		
<b>WORLD:</b>		<b>25.06</b>	<b>#</b>	<b>7/20/2015</b>	<b>EIJI NOMURA</b>	<b>JPN</b>
<b>NATL:</b>		<b>25.57</b>	<b>*</b>	<b>8/6/2009</b>	<b>MICHAEL ROSS</b>	
1	Donovan Coskey	41	Masters Of Brazos-25	31.01		28.60
2	Mark Glass	42	North Texas Lonestars-26	28.42		29.18

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3	Walter Accessor	44	North Texas Lonestars-26	40.00	36.06
4	Jeff Livingston	42	Dallas Aquatic Masters-26	NT	1:17.78

**Men 40-44 100 LC Meter Butterfly**

<b>ZONE: 59.02 ! 2000</b>					
<b>WORLD: 56.17 # 9/6/2011</b>		<b>SERKAN ATASAY</b>		<b>TUR</b>	
<b>NATL: 56.43 * 8/23/2008</b>		<b>MICHAEL ROSS</b>			
1	Mark Glass	42	North Texas Lonestars-26	1:25.00	1:26.16
	29.01		1:26.16 (57.15)		

**Men 40-44 200 LC Meter IM**

<b>ZONE: 2:17.64 ! 2000</b>					
<b>WORLD: 2:10.63 # 6/25/2009</b>		<b>ALBERTO MONTINI</b>		<b>ITA</b>	
<b>NATL: 2:14.13 * 7/25/2009</b>		<b>ERIK HOCHSTEIN</b>			
1	C Nathan Porter	40	Masters of South Texas-43	2:40.22	2:35.88
	33.17		1:16.43 (43.26) 1:59.83 (43.40) 2:35.88 (36.05)		
2	Dale Huggins	44	Longhorn Aquatics-43	2:40.00	2:39.00
	33.61		1:18.37 (44.76) 2:02.47 (44.10) 2:39.00 (36.53)		
3	Jeff Livingston	42	Dallas Aquatic Masters-26	NT	4:58.01
	1:19.76		2:42.08 (1:22.32) 3:50.79 (1:08.71) 4:58.01 (1:07.22)		

**Men 45-49 50 LC Meter Freestyle**

<b>ZONE: 24.80 ! 2000</b>					
<b>WORLD: 23.98 # 7/5/2014</b>		<b>VLADIMIR PREDKIN</b>		<b>RUS</b>	
<b>NATL: 24.29 * 8/10/2006</b>		<b>PAUL SMITH</b>			
1	James Connolly	47	Rice Aquatic Masters-25	27.80	27.27
2	Todd Bellino	49	Longhorn Aquatics-43	30.00	29.41
3	Todd Runkle	48	Austin Swim Club-43	29.20	30.12
4	Lee Glaesemann	47	Houston Cougar Masters-25	40.43	37.10
5	Karl Jonsson	47	Houston Cougar Masters-25	46.94	40.47

**Men 45-49 100 LC Meter Freestyle**

<b>ZONE: 55.88 ! 2000</b>					
<b>WORLD: 53.77 # 8/19/2005</b>		<b>MARCO COLOMBO</b>		<b>ITA</b>	
<b>NATL: 53.90 * 8/23/1999</b>		<b>JACK GROSELLE</b>			
1	Takeshi Maeda	45	Uc25-25	1:05.00	1:03.72
	30.81		1:03.72 (32.91)		
2	Todd Runkle	48	Austin Swim Club-43	1:05.90	1:05.98
	31.53		1:05.98 (34.45)		
3	Lee Glaesemann	47	Houston Cougar Masters-25	1:25.96	1:24.30
	38.66		1:24.30 (45.64)		

**Men 45-49 200 LC Meter Freestyle**

<b>ZONE: 2:03.36 ! 2000</b>					
<b>WORLD: 1:57.75 # 8/5/2014</b>		<b>NICOLAS GRANGER</b>		<b>FRA</b>	
<b>NATL: 1:57.89 * 8/6/2009</b>		<b>KEITH SWITZER</b>			
1	Emmanuel Terrier	48	Dad's Club Swim Team Masters-2	2:46.00	2:45.78
	37.45		1:19.65 (42.20) 2:03.34 (43.69) 2:45.78 (42.44)		
2	Alex Lopez	45	O2 Performance Aquatics-26	3:00.01	3:00.11
	42.13		1:27.62 (45.49) 2:15.67 (48.05) 3:00.11 (44.44)		
3	David Amezcua	48	Uc25-25	2:59.00	3:02.17
	38.87		1:24.95 (46.08) 2:14.64 (49.69) 3:02.17 (47.53)		
4	Lee Glaesemann	47	Houston Cougar Masters-25	3:13.01	3:05.72
	38.16		1:24.50 (46.34) 2:14.52 (50.02) 3:05.72 (51.20)		

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5	Karl Jonsson	47	Houston Cougar Masters-25	NT	3:53.70
	44.69	1:41.61 (56.92)	2:49.42 (1:07.81)	3:53.70 (1:04.28)	

**Men 45-49 400 LC Meter Freestyle****ZONE: 4:30.96 ! 2000****WORLD: 4:11.07 # 8/9/2009 KEITH SWITZER USA****NATL: 4:09.20 \* 7/19/2008 DENNIS BAKER**

1	David Amezcua	48	Uc25-25	7:30.00	6:25.18
	41.28	1:27.77 (46.49)	2:18.66 (50.89)	3:08.16 (49.50)	
	4:00.12 (51.96)	4:49.94 (49.82)	5:39.51 (49.57)	6:25.18 (45.67)	
2	Alex Lopez	45	O2 Performance Aquatics-26	6:22.94	6:29.79
	42.24	1:31.40 (49.16)	2:21.12 (49.72)	3:13.05 (51.93)	
	4:03.32 (50.27)	4:54.19 (50.87)	5:42.81 (48.62)	6:29.79 (46.98)	
3	Lee Glaesemann	47	Houston Cougar Masters-25	6:55.01	6:41.61
	39.48	1:25.99 (46.51)	2:16.28 (50.29)	3:09.01 (52.73)	
	4:02.05 (53.04)	4:56.14 (54.09)	5:48.98 (52.84)	6:41.61 (52.63)	

**Men 45-49 800 LC Meter Freestyle****WORLD: 8:40.79 # 8/10/2015 FABIO CALMASINI ITA****NATL: 8:51.98 \* 8/9/2010 JEFF ERWIN**

1	Emmanuel Terrier	48	Dad's Club Swim Team Masters-2	12:30.00	12:09.28
	38.77	1:22.61 (43.84)	2:07.45 (44.84)	2:53.67 (46.22)	
	3:39.86 (46.19)	4:26.79 (46.93)	5:13.04 (46.25)	6:00.20 (47.16)	
	6:46.38 (46.18)	7:33.41 (47.03)	8:19.31 (45.90)	9:06.26 (46.95)	
	9:52.81 (46.55)	10:39.41 (46.60)	11:25.72 (46.31)	12:09.28 (43.56)	
2	David Amezcua	48	Uc25-25	17:30.00	13:54.83
	43.94	1:33.94 (50.00)	2:27.74 (53.80)	3:20.76 (53.02)	
	4:15.23 (54.47)	5:08.04 (52.81)	6:02.06 (54.02)	6:53.69 (51.63)	
	7:47.56 (53.87)	8:41.67 (54.11)	9:35.53 (53.86)	10:28.77 (53.24)	
	11:20.08 (51.31)	12:15.55 (55.47)	13:06.43 (50.88)	13:54.83 (48.40)	
3	Lee Glaesemann	47	Houston Cougar Masters-25	NT	13:57.55
	40.33	1:27.69 (47.36)	2:19.23 (51.54)	3:11.97 (52.74)	
	4:05.57 (53.60)	4:58.57 (53.00)	5:53.65 (55.08)	6:47.40 (53.75)	
	7:41.88 (54.48)	8:35.26 (53.38)	9:30.81 (55.55)	10:24.61 (53.80)	
	11:19.35 (54.74)	12:12.84 (53.49)	13:07.14 (54.30)	13:57.55 (50.41)	
4	Karl Jonsson	47	Houston Cougar Masters-25	NT	17:42.43
	51.79	1:52.01 (1:00.22)	2:57.45 (1:05.44)	4:11.18 (1:13.73)	
	5:20.06 (1:08.88)	6:30.27 (1:10.21)	7:37.09 (1:06.82)	8:46.70 (1:09.61)	
	9:53.86 (1:07.16)	11:02.33 (1:08.47)	12:09.94 (1:07.61)	13:18.00 (1:08.06)	
	14:24.82 (1:06.82)	15:33.37 (1:08.55)	16:39.16 (1:05.79)	17:42.43 (1:03.27)	

**Men 45-49 1500 LC Meter Freestyle****ZONE: 18:17.07 ! 2000****WORLD: 16:38.81 # 8/10/2009 JEFF ERWIN USA****NATL: 16:38.81 \* 8/10/2009 JEFF ERWIN**

1	Emmanuel Terrier	48	Dad's Club Swim Team Masters-2	23:30.00	23:08.39
	39.72	1:24.12 (44.40)	2:09.05 (44.93)	2:55.37 (46.32)	
	3:41.48 (46.11)	4:28.59 (47.11)	5:15.91 (47.32)	6:03.16 (47.25)	
	6:50.52 (47.36)	7:37.47 (46.95)	8:24.48 (47.01)	9:11.17 (46.69)	
	9:58.60 (47.43)	10:45.13 (46.53)	11:32.06 (46.93)	12:18.50 (46.44)	
	13:05.58 (47.08)	13:52.03 (46.45)	14:39.06 (47.03)	15:25.53 (46.47)	
	16:12.27 (46.74)	16:58.45 (46.18)	17:45.07 (46.62)	18:31.15 (46.08)	
	19:17.80 (46.65)	20:03.70 (45.90)	20:50.15 (46.45)	21:36.10 (45.95)	
	22:23.26 (47.16)	23:08.39 (45.13)			



## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Men 45-49 50 LC Meter Backstroke

<b>ZONE:</b> 29.02 ! 2000					
<b>WORLD:</b> 28.05 # 6/7/2008		<b>STEVE WOOD</b>		<b>USA</b>	
<b>NATL:</b> 28.05 * 6/7/2008		<b>STEVE WOOD</b>			
1	James Connolly	47	Rice Aquatic Masters-25	33.00	31.83
2	Todd Bellino	49	Longhorn Aquatics-43	35.00	34.77
3	Emmanuel Terrier	48	Dad's Club Swim Team Masters-2:	39.00	37.49
4	David Amezcua	48	Uc25-25	46.00	42.32

## Men 45-49 100 LC Meter Backstroke

<b>ZONE:</b> 1:04.45 ! 2000					
<b>WORLD:</b> 1:00.13 # 6/8/2008		<b>STEVE WOOD</b>		<b>USA</b>	
<b>NATL:</b> 1:00.13 * 6/8/2008		<b>STEVE WOOD</b>			
1	David Amezcua	48	Uc25-25	1:45.00	1:37.97
	46.75		1:37.97 (51.22)		
2	Karl Jonsson	47	Houston Cougar Masters-25	NT	1:55.02
	55.73		1:55.02 (59.29)		

## Men 45-49 200 LC Meter Backstroke

<b>ZONE:</b> 2:23.69 ! 2000					
<b>WORLD:</b> 2:11.56 # 6/7/2013		<b>EDUARDO MAROCCO</b>		<b>BRA</b>	
<b>NATL:</b> 2:13.37 * 8/12/2012		<b>RICH SAEGER</b>			
1	Todd Bellino	49	Longhorn Aquatics-43	2:50.00	2:43.32
	37.61		1:18.11 (40.50) 2:00.79 (42.68) 2:43.32 (42.53)		
2	Emmanuel Terrier	48	Dad's Club Swim Team Masters-2:	3:02.00	3:03.40
	42.42		1:29.13 (46.71) 2:18.22 (49.09) 3:03.40 (45.18)		

## Men 45-49 50 LC Meter Breaststroke

<b>ZONE:</b> 31.71 ! 2000					
<b>WORLD:</b> 29.63 # 6/24/2011		<b>RICO ROLLI</b>		<b>ITA</b>	
<b>NATL:</b> 30.59 * 6/8/2008		<b>DAVID GUTHRIE</b>			
1	James Connolly	47	Rice Aquatic Masters-25	33.50	32.81
2	Emmanuel Terrier	48	Dad's Club Swim Team Masters-2:	40.00	40.29

## Men 45-49 100 LC Meter Breaststroke

<b>ZONE:</b> 1:10.86 ! 2000					
<b>WORLD:</b> 1:05.95 # 6/26/2015		<b>NICOLAS GRANGER</b>		<b>FRA</b>	
<b>NATL:</b> 1:07.38 * 8/16/2008		<b>DAVID GUTHRIE</b>			
1	James Connolly	47	Rice Aquatic Masters-25	1:14.50	1:13.97
	34.43		1:13.97 (39.54)		
2	Alex Barr	48	Longhorn Aquatics-43	1:26.00	1:21.35
	39.65		1:21.35 (41.70)		
3	David Amezcua	48	Uc25-25	1:31.47	1:31.45
	43.18		1:31.45 (48.27)		

## Men 45-49 200 LC Meter Breaststroke

<b>ZONE:</b> 2:36.55 ! 2000					
<b>WORLD:</b> 2:24.39 # 5/31/2013		<b>ALBERTO MONTINI</b>		<b>ITA</b>	
<b>NATL:</b> 2:27.79 * 8/17/2008		<b>DAVID GUTHRIE</b>			
1	James Connolly	47	Rice Aquatic Masters-25	2:47.00	2:44.68
	35.61		1:17.50 (41.89) 2:00.18 (42.68) 2:44.68 (44.50)		

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**Men 45-49 50 LC Meter Butterfly**

<b>ZONE: 26.55 ! 2000</b>					
<b>WORLD: 25.65 # 7/8/2012</b>		<b>NICHOLAS DECKER</b>		<b>USA</b>	
<b>NATL: 25.65 * 7/8/2012</b>		<b>NICHOLAS DECKER</b>			
1	Takeshi Maeda	45	Uc25-25	33.00	30.53
2	Alex Barr	48	Longhorn Aquatics-43	35.00	32.60

**Men 45-49 100 LC Meter Butterfly**

<b>ZONE: 1:00.09 ! 2000</b>					
<b>WORLD: 56.85 # 8/11/2002</b>		<b>PAUL CARTER</b>		<b>USA</b>	
<b>NATL: 56.42 * 8/4/2002</b>		<b>PAUL CARTER</b>			
1	David Amezcua	48	Uc25-25	1:37.33	1:38.39
	41.06		1:38.39 (57.33)		

**Men 45-49 200 LC Meter Butterfly**

<b>ZONE: 2:28.63 ! 2000</b>					
<b>WORLD: 2:06.94 # 8/9/2006</b>		<b>DENNIS BAKER</b>		<b>USA</b>	
<b>NATL: 2:04.07 * 7/19/2008</b>		<b>DENNIS BAKER</b>			
1	Alex Lopez	45	O2 Performance Aquatics-26	4:13.06	4:07.69
	51.13		1:57.35 (1:06.22) 3:05.15 (1:07.80) 4:07.69 (1:02.54)		

**Men 45-49 200 LC Meter IM**

<b>ZONE: 2:20.63 ! 2000</b>					
<b>WORLD: 2:10.24 # 7/25/2015</b>		<b>NICOLAS GRANGER</b>		<b>FRA</b>	
<b>NATL: 2:14.90 * 8/22/2010</b>		<b>JEROME FRENTSOS</b>			
1	Alex Barr	48	Longhorn Aquatics-43	3:00.00	2:47.00
	35.68		1:20.69 (45.01) 2:09.90 (49.21) 2:47.00 (37.10)		
2	David Amezcua	48	Uc25-25	3:17.67	3:16.04
	40.50		1:35.62 (55.12) 2:30.54 (54.92) 3:16.04 (45.50)		
3	Alex Lopez	45	O2 Performance Aquatics-26	3:24.39	3:28.26
	45.30		1:41.15 (55.85) 2:40.47 (59.32) 3:28.26 (47.79)		

**Men 45-49 400 LC Meter IM**

<b>ZONE: 5:01.70 ! 2000</b>					
<b>WORLD: 4:43.83 # 8/5/2014</b>		<b>NICOLAS GRANGER</b>		<b>FRA</b>	
<b>NATL: 4:47.65 * 8/21/2010</b>		<b>JEROME FRENTSOS</b>			
1	Alex Lopez	45	O2 Performance Aquatics-26	7:39.63	7:33.25
	48.18		1:48.47 (1:00.29) 2:47.33 (58.86) 3:46.48 (59.15)		
	4:48.45 (1:01.97)		5:52.85 (1:04.40) 6:44.47 (51.62) 7:33.25 (48.78)		

**Men 50-54 50 LC Meter Freestyle**

<b>ZONE: 25.75 ! 2000</b>					
<b>WORLD: 24.08 # 6/27/2009</b>		<b>BRENT BARNES</b>		<b>JPN</b>	
<b>NATL: 24.58 * 8/9/2009</b>		<b>ROWDY GAINES</b>			
1	Steve Hiltabiddle	50	Colonials 1776-8	25.19	25.17!
2	Anders Rasmussen	53	Longhorn Aquatics-43	26.49	26.98
3	Carlos Jimenez	52	Rice Aquatic Masters-25	26.05	27.29
4	Michael Doyle	52	North Texas Lonestars-26	29.67	30.18
5	Peter Calabrese	50	North Texas Lonestars-26	35.99	32.50
6	Ed Coates	50	Longhorn Aquatics-43	33.00	34.10
7	John Keen	53	Houston Cougar Masters-25	36.03	34.26

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## Men 50-54 100 LC Meter Freestyle

<b>ZONE:</b>	<b>57.26</b>	<b>!</b>	<b>2000</b>			
<b>WORLD:</b>	<b>54.36</b>	<b>#</b>	<b>3/19/2015</b>	<b>CALVIN MAUGHAN</b>		<b>RSA</b>
<b>NATL:</b>	<b>54.93</b>	<b>*</b>	<b>3/21/2004</b>	<b>JACK GROSELLE</b>		
1	Steve Hiltabiddle		50	Colonials 1776-8		NT 55.95!

## Men 50-54 100 LC Meter Freestyle

<b>ZONE:</b>	<b>57.26</b>	<b>!</b>	<b>2000</b>			
<b>WORLD:</b>	<b>54.36</b>	<b>#</b>	<b>3/19/2015</b>	<b>CALVIN MAUGHAN</b>		<b>RSA</b>
<b>NATL:</b>	<b>54.93</b>	<b>*</b>	<b>3/21/2004</b>	<b>JACK GROSELLE</b>		
1	Rick Van Dyke		51	North Texas Lonestars-26	1:03.45	59.63
	28.51			59.63 (31.12)		
2	Marshall Campbell		51	Team Ridglea-26	1:04.00	1:02.60
	29.94			1:02.60 (32.66)		
3	Steve Coulom		51	Rice Aquatic Masters-25	1:01.00	1:04.75
	32.10			1:04.75 (32.65)		
4	Andrew Gale		50	Masters of South Texas-43	1:07.00	1:06.81
	31.49			1:06.81 (35.32)		
5	John Keen		53	Houston Cougar Masters-25	1:15.84	1:15.50
	36.32			1:15.50 (39.18)		
6	Peter Calabrese		50	North Texas Lonestars-26	1:20.00	1:16.27
	37.04			1:16.27 (39.23)		

## Men 50-54 200 LC Meter Freestyle

<b>ZONE:</b>	<b>2:12.36</b>	<b>!</b>	<b>2000</b>			
<b>WORLD:</b>	<b>2:00.34</b>	<b>#</b>	<b>8/13/2007</b>	<b>DAN STEPHENSON</b>		<b>USA</b>
<b>NATL:</b>	<b>2:00.34</b>	<b>*</b>	<b>8/13/2007</b>	<b>DAN STEPHENSON</b>		
1	Marshall Campbell		51	Team Ridglea-26	2:21.00	2:20.47
	32.82			1:08.91 (36.09)	1:45.44 (36.53)	2:20.47 (35.03)
2	Michael Doyle		52	North Texas Lonestars-26	2:31.48	2:30.59
	34.84			1:13.52 (38.68)	1:53.51 (39.99)	2:30.59 (37.08)
3	Andrew Gale		50	Masters of South Texas-43	2:33.70	2:32.67
	35.25			1:15.04 (39.79)	1:54.44 (39.40)	2:32.67 (38.23)
4	Ed Coates		50	Lorghorn Aquatics-43	2:33.00	2:36.87
	36.83			1:17.52 (40.69)	1:57.40 (39.88)	2:36.87 (39.47)
5	Steven Schiemann		54	O2 Performance Aquatics-26	2:38.57	2:37.60
	37.28			1:18.50 (41.22)	1:58.52 (40.02)	2:37.60 (39.08)
6	John Keen		53	Houston Cougar Masters-25	2:46.67	2:45.26
	37.96			1:20.43 (42.47)	2:04.33 (43.90)	2:45.26 (40.93)
7	Keith McCain		51	Dallas Aquatic Masters-26	2:37.00	2:50.29
	39.57			1:23.47 (43.90)	2:07.53 (44.06)	2:50.29 (42.76)
8	Steve Hiltabiddle		50	Colonials 1776-8	2:12.00	2:50.31
	26.83			55.95 (29.12)	1:57.68 (1:01.73)	2:50.31 (52.63)

## Men 50-54 400 LC Meter Freestyle

<b>ZONE:</b>	<b>4:38.29</b>	<b>!</b>	<b>2000</b>			
<b>WORLD:</b>	<b>4:16.61</b>	<b>#</b>	<b>8/13/2007</b>	<b>DAN STEPHENSON</b>		<b>USA</b>
<b>NATL:</b>	<b>4:16.61</b>	<b>*</b>	<b>8/13/2007</b>	<b>DAN STEPHENSON</b>		
1	Rick Van Dyke		51	North Texas Lonestars-26	4:42.90	4:42.95
	32.36			1:06.88 (34.52)	1:42.55 (35.67)	2:18.67 (36.12)
	2:55.10 (36.43)			3:31.45 (36.35)	4:08.36 (36.91)	4:42.95 (34.59)
2	Marshall Campbell		51	Team Ridglea-26	5:01.00	4:54.46
	34.03			1:11.92 (37.89)	1:49.87 (37.95)	2:28.06 (38.19)
	3:05.64 (37.58)			3:43.58 (37.94)	4:20.17 (36.59)	4:54.46 (34.29)

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3	Seth Huston	52	Rice Aquatic Masters-25	4:52.00	5:10.63
	35.70	1:16.36 (40.66)	1:55.89 (39.53)	2:36.43 (40.54)	
	3:15.12 (38.69)	3:54.97 (39.85)	4:33.46 (38.49)	5:10.63 (37.17)	
4	Steve Coulom	51	Rice Aquatic Masters-25	4:40.00	5:14.40
	33.36	1:10.91 (37.55)	1:49.09 (38.18)	2:28.85 (39.76)	
	3:08.87 (40.02)	3:50.56 (41.69)	4:32.06 (41.50)	5:14.40 (42.34)	
5	Michael Doyle	52	North Texas Lonestars-26	5:19.43	5:23.54
	35.67	1:15.67 (40.00)	1:56.42 (40.75)	2:38.54 (42.12)	
	3:19.45 (40.91)	4:01.51 (42.06)	4:42.78 (41.27)	5:23.54 (40.76)	
6	Ed Coates	50	Longhorn Aquatics-43	5:24.00	5:23.80
	38.05	1:19.26 (41.21)	2:00.08 (40.82)	2:40.80 (40.72)	
	3:22.04 (41.24)	4:03.12 (41.08)	4:44.71 (41.59)	5:23.80 (39.09)	
7	Steven Schiemann	54	O2 Performance Aquatics-26	5:31.31	5:36.24
	38.85	1:21.39 (42.54)	2:04.69 (43.30)	2:47.95 (43.26)	
	3:31.01 (43.06)	4:13.97 (42.96)	4:56.02 (42.05)	5:36.24 (40.22)	
8	John Keen	53	Houston Cougar Masters-25	5:51.55	5:52.55
	38.48	1:21.73 (43.25)	2:06.77 (45.04)	2:51.97 (45.20)	
	3:37.82 (45.85)	4:23.62 (45.80)	5:09.06 (45.44)	5:52.55 (43.49)	

**Men 50-54 800 LC Meter Freestyle****WORLD: 8:55.05 # 7/31/2010 MARCUS MATTIOLI BRA****NATL: 8:56.31 \* 8/3/2014 RICARDO VALDIVIA**

1	Michael Doyle	52	North Texas Lonestars-26	11:09.45	11:16.53
	36.55	1:18.61 (42.06)	2:00.76 (42.15)	2:43.88 (43.12)	
	3:26.47 (42.59)	4:09.30 (42.83)	4:51.74 (42.44)	5:35.13 (43.39)	
	6:17.53 (42.40)	7:00.18 (42.65)	7:43.75 (43.57)	8:26.21 (42.46)	
	9:08.97 (42.76)	9:52.52 (43.55)	10:35.08 (42.56)	11:16.53 (41.45)	
2	Ed Coates	50	Longhorn Aquatics-43	11:40.00	11:19.04
	39.02	1:23.26 (44.24)	2:07.06 (43.80)	2:51.17 (44.11)	
	3:34.70 (43.53)	4:18.46 (43.76)	5:01.12 (42.66)	5:44.50 (43.38)	
	6:27.77 (43.27)	7:10.89 (43.12)	7:53.05 (42.16)	8:35.67 (42.62)	
	9:17.37 (41.70)	9:59.82 (42.45)	10:40.10 (40.28)	11:19.04 (38.94)	

**Men 50-54 1500 LC Meter Freestyle****ZONE: 18:48.59 ! 2000****WORLD: 17:08.33 # 8/20/2000 JIM MCCONICA USA****NATL: 17:08.33 \* 8/20/2000 JIM MC CONICA**

1	Seth Huston	52	Rice Aquatic Masters-25	19:48.00	20:16.17
	35.44	1:14.82 (39.38)	1:55.28 (40.46)	2:35.82 (40.54)	
	3:16.89 (41.07)	3:56.97 (40.08)	4:37.49 (40.52)	5:18.13 (40.64)	
	5:58.38 (40.25)	6:38.66 (40.28)	7:19.12 (40.46)	8:00.00 (40.88)	
	8:40.66 (40.66)	9:21.43 (40.77)	10:01.89 (40.46)	10:42.74 (40.85)	
	11:23.50 (40.76)	12:04.19 (40.69)	12:44.86 (40.67)	13:25.62 (40.76)	
	14:06.69 (41.07)	14:47.98 (41.29)	15:29.18 (41.20)	16:09.77 (40.59)	
	16:51.00 (41.23)	17:32.23 (41.23)	18:13.73 (41.50)	18:54.98 (41.25)	
	19:36.42 (41.44)	20:16.17 (39.75)			
2	Michael Doyle	52	North Texas Lonestars-26	21:10.32	21:21.04
	37.71	1:19.35 (41.64)	2:02.06 (42.71)	2:45.00 (42.94)	
	3:28.52 (43.52)	4:10.94 (42.42)	4:55.02 (44.08)	5:37.77 (42.75)	
	6:21.14 (43.37)	7:04.15 (43.01)	7:46.71 (42.56)	8:29.41 (42.70)	
	9:12.44 (43.03)	9:54.63 (42.19)	10:38.60 (43.97)	11:20.85 (42.25)	
	12:04.57 (43.72)	12:46.90 (42.33)	13:30.34 (43.44)	14:13.59 (43.25)	
	14:56.97 (43.38)	15:39.44 (42.47)	16:23.23 (43.79)	17:05.98 (42.75)	
	17:49.40 (43.42)	18:31.44 (42.04)	19:15.35 (43.91)	19:56.86 (41.51)	
	20:40.32 (43.46)	21:21.04 (40.72)			

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3	John Keen	53	Houston Cougar Masters-25	23:05.39	23:21.19
	41.11	1:26.22 (45.11)	2:13.03 (46.81)	3:00.20 (47.17)	
	3:47.65 (47.45)	4:35.31 (47.66)	5:23.00 (47.69)	6:10.45 (47.45)	
	6:57.81 (47.36)	7:45.12 (47.31)	8:32.49 (47.37)	9:20.41 (47.92)	
	10:08.17 (47.76)	10:55.37 (47.20)	11:42.02 (46.65)	12:28.72 (46.70)	
	13:15.73 (47.01)	14:02.90 (47.17)	14:49.40 (46.50)	15:36.88 (47.48)	
	16:23.60 (46.72)	17:10.70 (47.10)	17:57.29 (46.59)	18:44.40 (47.11)	
	19:31.45 (47.05)	20:18.29 (46.84)	21:04.59 (46.30)	21:50.91 (46.32)	
	22:37.06 (46.15)	23:21.19 (44.13)			

**Men 50-54 50 LC Meter Backstroke**

<b>ZONE: 29.69 ! 2000</b>					
<b>WORLD: 28.60 # 8/5/2011</b>		<b>STEVE WOOD</b>		<b>USA</b>	
<b>NATL: 28.60 * 8/5/2011</b>		<b>STEVE WOOD</b>			
1	Anders Rasmussen	53	Longhorn Aquatics-43	29.99	30.83
2	Andrew Gale	50	Masters of South Texas-43	36.00	35.84
3	Stefan Jonsson	53	Aquatex Swim Team-43	36.00	36.53
4	Peter Calabrese	50	North Texas Lonestars-26	50.99	41.12
5	Ed Coates	50	Longhorn Aquatics-43	39.00	43.33
6	John Mitchell	52	Uc12-12	41.00	56.19

**Men 50-54 100 LC Meter Backstroke**

<b>ZONE: 1:05.38 ! 2000</b>					
<b>WORLD: 1:01.89 # 8/6/2011</b>		<b>STEVE WOOD</b>		<b>USA</b>	
<b>NATL: 1:01.89 * 8/6/2011</b>		<b>STEVE WOOD</b>			
1	Anders Rasmussen	53	Longhorn Aquatics-43	1:05.99	1:11.56
	34.29	1:11.56 (37.27)			
2	Andrew Gale	50	Masters of South Texas-43	1:19.00	1:16.86
	36.98	1:16.86 (39.88)			
3	Peter Calabrese	50	North Texas Lonestars-26	1:32.99	1:29.50
	44.14	1:29.50 (45.36)			

**Men 50-54 200 LC Meter Backstroke**

<b>ZONE: 2:24.52 ! 2000</b>					
<b>WORLD: 2:17.57 # 6/11/2012</b>		<b>MICHAEL SODERLUND</b>		<b>USA</b>	
<b>NATL: 2:17.57 * 6/11/2012</b>		<b>MICHAEL SODERLUND</b>			
1	Andrew Gale	50	Masters of South Texas-43	2:53.50	2:51.94
	40.01	1:23.96 (43.95)	2:08.23 (44.27)	2:51.94 (43.71)	

**Men 50-54 50 LC Meter Breaststroke**

<b>ZONE: 31.62 ! 2000</b>					
<b>WORLD: 30.48 # 8/9/2013</b>		<b>DAVID GUTHRIE</b>		<b>USA</b>	
<b>NATL: 30.48 * 8/9/2013</b>		<b>DAVID GUTHRIE</b>			
1	Carlos Jimenez	52	Rice Aquatic Masters-25	34.00	35.10
2	Andrew Gale	50	Masters of South Texas-43	37.80	36.92
3	Peter Calabrese	50	North Texas Lonestars-26	50.99	40.89

**Men 50-54 100 LC Meter Breaststroke**

<b>ZONE: 1:09.07 ! 2000</b>					
<b>WORLD: 1:06.98 # 8/15/2014</b>		<b>DAVID GUTHRIE</b>		<b>USA</b>	
<b>NATL: 1:06.98 * 8/15/2014</b>		<b>DAVID GUTHRIE</b>			
1	Andrew Gale	50	Masters of South Texas-43	1:21.50	1:20.65
	38.08	1:20.65 (42.57)			
2	Seth Huston	52	Rice Aquatic Masters-25	1:30.00	1:24.82
	40.55	1:24.82 (44.27)			

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3	Steven Schiemann	54	O2 Performance Aquatics-26	1:32.15	1:29.95
	42.94		1:29.95 (47.01)		
4	Keith McCain	51	Dallas Aquatic Masters-26	1:28.00	1:31.50
	41.90		1:31.50 (49.60)		
5	Peter Calabrese	50	North Texas Lonestars-26	1:50.00	1:36.45
	45.47		1:36.45 (50.98)		

**Men 50-54 200 LC Meter Breaststroke****ZONE: 2:32.55 ! 2000****WORLD: 2:27.91 # 7/31/2013 DAVID GUTHRIE USA****NATL: 2:27.91 \* 7/31/2013 DAVID GUTHRIE**

1	Andrew Gale	50	Masters of South Texas-43	3:00.00	3:04.95
	40.03		1:27.59 (47.56) 2:15.72 (48.13) 3:04.95 (49.23)		
2	Steven Schiemann	54	O2 Performance Aquatics-26	3:17.62	3:14.50
	44.69		1:34.22 (49.53) 2:24.71 (50.49) 3:14.50 (49.79)		
3	Keith McCain	51	Dallas Aquatic Masters-26	3:15.00	3:29.13
	46.71		1:41.35 (54.64) 2:36.83 (55.48) 3:29.13 (52.30)		

**Men 50-54 50 LC Meter Butterfly****ZONE: 27.56 ! 2000****WORLD: 25.88 # 8/16/2008 PAUL CARTER USA****NATL: 25.88 \* 8/16/2008 PAUL CARTER**

1	Steve Hiltabiddle	50	Colonials 1776-8	NT	26.12!
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**Men 50-54 50 LC Meter Butterfly****ZONE: 27.56 ! 2000****WORLD: 25.88 # 8/16/2008 PAUL CARTER USA****NATL: 25.88 \* 8/16/2008 PAUL CARTER**

1	Steve Hiltabiddle	50	Colonials 1776-8	26.63	26.26!
2	Anders Rasmussen	53	Longhorn Aquatics-43	27.99	28.22
3	Stefan Jonsson	53	Aquatex Swim Team-43	32.00	30.78
4	Michael Doyle	52	North Texas Lonestars-26	30.94	31.64
5	Seth Huston	52	Rice Aquatic Masters-25	33.33	31.98
6	Shawn Dunnigan	53	Uc25-25	31.80	31.99
7	Ed Coates	50	Longhorn Aquatics-43	34.00	34.24
8	Keith McCain	51	Dallas Aquatic Masters-26	35.00	35.58
9	John Keen	53	Houston Cougar Masters-25	38.76	38.69
10	Peter Calabrese	50	North Texas Lonestars-26	59.99	40.49

**Men 50-54 100 LC Meter Butterfly****ZONE: 1:07.73 ! 2000****WORLD: 57.23 # 8/15/2008 PAUL CARTER USA****NATL: 57.23 \* 8/15/2008 PAUL CARTER**

1	Steve Hiltabiddle	50	Colonials 1776-8	1:00.22	1:00.11!
	27.44		1:00.11 (32.67)		
2	Marshall Campbell	51	Team Ridglea-26	1:09.03	1:07.02!
	31.23		1:07.02 (35.79)		
3	Michael Doyle	52	North Texas Lonestars-26	1:09.75	1:10.62
	33.71		1:10.62 (36.91)		
4	Andrew Gale	50	Masters of South Texas-43	1:16.90	1:13.92
	33.28		1:13.92 (40.64)		
5	Steven Schiemann	54	O2 Performance Aquatics-26	1:24.00	1:30.25
	40.84		1:30.25 (49.41)		

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## Results

## Men 50-54 200 LC Meter Butterfly

<b>ZONE: 2:30.17 ! 2000</b>					
<b>WORLD: 2:13.36 # 11/7/2010</b>		<b>MARCUS MATTIOLI</b>		<b>BRA</b>	
<b>NATL: 2:13.80 * 7/9/2011</b>		<b>DENNIS BAKER</b>			
1	Steve Hiltabiddle	50	Colonials 1776-8	2:45.00	2:34.00
	33.27	1:11.84 (38.57)	1:53.15 (41.31)	2:34.00 (40.85)	
2	Michael Doyle	52	North Texas Lonestars-26	2:41.28	2:46.14
	36.78	1:19.14 (42.36)	2:03.55 (44.41)	2:46.14 (42.59)	

## Men 50-54 200 LC Meter IM

<b>ZONE: 2:25.83 ! 2000</b>					
<b>WORLD: 2:18.05 # 7/25/2009</b>		<b>JAMIE FOWLER</b>		<b>USA</b>	
<b>NATL: 2:18.05 * 7/25/2009</b>		<b>JAMIE FOWLER</b>			
1	Anders Rasmussen	53	Longhorn Aquatics-43	2:24.99	2:33.22
	32.37	1:13.65 (41.28)	1:57.02 (43.37)	2:33.22 (36.20)	
2	Rick Van Dyke	51	North Texas Lonestars-26	2:32.00	2:34.68
	32.46	1:14.44 (41.98)	2:00.55 (46.11)	2:34.68 (34.13)	
3	Andrew Gale	50	Masters of South Texas-43	2:51.20	2:45.91
	33.64	1:19.46 (45.82)	2:05.99 (46.53)	2:45.91 (39.92)	
4	Shawn Dunnigan	53	Uc25-25	2:54.70	2:54.03
	35.61	1:23.18 (47.57)	2:14.44 (51.26)	2:54.03 (39.59)	
5	Steven Schiemann	54	O2 Performance Aquatics-26	3:06.96	2:59.76
	39.54	1:28.59 (49.05)	2:19.84 (51.25)	2:59.76 (39.92)	
6	Keith McCain	51	Dallas Aquatic Masters-26	2:56.00	3:06.06
	38.17	1:30.24 (52.07)	2:21.50 (51.26)	3:06.06 (44.56)	
7	Steve Hiltabiddle	50	Colonials 1776-8	2:33.00	3:07.26
	26.12	1:21.25 (55.13)	2:22.13 (1:00.88)	3:07.26 (45.13)	
8	Stefan Jonsson	53	Aquatex Swim Team-43	2:50.00	3:07.95
	35.27	1:23.79 (48.52)	2:21.16 (57.37)	3:07.95 (46.79)	

## Men 50-54 400 LC Meter IM

<b>ZONE: 5:26.02 ! 2000</b>					
<b>WORLD: 4:53.69 # 8/2/2010</b>		<b>MARCUS MATTIOLI</b>		<b>BRA</b>	
<b>NATL: 4:56.71 * 8/5/2014</b>		<b>RICARDO VALDIVIA</b>			
1	Andrew Gale	50	Masters of South Texas-43	6:40.00	6:07.18
	35.27	1:22.42 (47.15)	2:09.68 (47.26)	2:56.57 (46.89)	
	3:47.57 (51.00)	4:39.86 (52.29)	5:23.49 (43.63)	6:07.18 (43.69)	
2	Steven Schiemann	54	O2 Performance Aquatics-26	6:30.61	6:24.56
		1:28.07 ( )	2:21.30 (53.23)	3:12.80 (51.50)	
	4:06.61 (53.81)	5:00.36 (53.75)	5:43.54 (43.18)	6:24.56 (41.02)	

## Men 55-59 50 LC Meter Freestyle

<b>ZONE: 27.28 ! 2000</b>					
<b>WORLD: 24.45 # 7/19/2015</b>		<b>BRENT BARNES</b>		<b>JPN</b>	
<b>NATL: 25.01 * 6/7/2009</b>		<b>JACK GROSELLE</b>			
1	Steve Wood	56	Sarasota Y Sharks-14	26.00	25.58!
2	Ross Myers	57	Dallas Aquatic Masters-26	30.51	28.11
3	Steve White	56	Woodlands Masters Swim Team-2	30.10	28.81
4	Steven Richey	56	Masters of South Texas-43	29.18	29.30
5	Jim Amick	55	Team Ridglea-26	30.00	29.95
6	Charles Michaels	57	Masters of South Texas-43	31.54	31.01
7	Tom Kristek	59	Aquatex Swim Team-43	35.00	31.85
8	David Ruff	56	Masters Of Brazos-25	32.00	32.32
9	Russell Hubbard	55	South West YMCA Masters-25	31.72	33.36
10	Greg Johnson	59	Denton Area Swim Club-26	35.00	34.09

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11	John Crockett	58	Aquatex Swim Team-43	38.00	36.04
12	Peter Foster	58	Memorial Athletic Club Aquatic-2	36.00	38.10
13	Craig Sorgi	56	Uc43-43	47.78	45.79

**Men 55-59 100 LC Meter Freestyle**

<b>ZONE: 1:00.65 ! 2000</b>					
<b>WORLD: 56.08 # 7/23/2009 JACK GROSELLE USA</b>					
<b>NATL: 56.07 * 7/10/2015 STEVE WOOD</b>					
1	Steve Wood	56	Sarasota Y Sharks-14	58.00	56.91!
	27.70		56.91 (29.21)		
2	Ross Myers	57	Dallas Aquatic Masters-26	1:07.92	1:02.78
	29.71		1:02.78 (33.07)		
3	Steve White	56	Woodlands Masters Swim Team-2	1:10.18	1:06.57
	31.57		1:06.57 (35.00)		
4	Steven Richey	56	Masters of South Texas-43	1:06.60	1:08.01
	31.90		1:08.01 (36.11)		
5	David Ruff	56	Masters Of Brazos-25	1:09.00	1:11.65
	34.43		1:11.65 (37.22)		
6	Charles Michaels	57	Masters of South Texas-43	1:12.44	1:12.00
	35.81		1:12.00 (36.19)		
7	Sidney Tucker	58	Rockwall Aquatics Masters-26	1:15.73	1:17.77
	37.72		1:17.77 (40.05)		
8	John Crockett	58	Aquatex Swim Team-43	1:25.00	1:22.80
	39.33		1:22.80 (43.47)		
9	Greg Johnson	59	Denton Area Swim Club-26	1:25.00	1:26.44
10	Peter Foster	58	Memorial Athletic Club Aquatic-2	1:36.00	1:35.12

**Men 55-59 200 LC Meter Freestyle**

<b>ZONE: 2:13.62 ! 2000</b>					
<b>WORLD: 2:04.01 # 7/26/2009 MICHAEL MANN USA</b>					
<b>NATL: 2:04.01 * 7/26/2009 MICHAEL MANN</b>					
1	Steve Waters	58	Uc43-43	2:17.20	2:18.08
	32.74		1:08.85 (36.11) 1:44.10 (35.25) 2:18.08 (33.98)		
2	Steven Richey	56	Masters of South Texas-43	2:30.52	2:30.77
	34.83		1:13.60 (38.77) 1:52.72 (39.12) 2:30.77 (38.05)		
3	Steve White	56	Woodlands Masters Swim Team-2	2:33.00	2:34.14
	33.97		1:12.19 (38.22) 1:52.45 (40.26) 2:34.14 (41.69)		
4	Russell Hubbard	55	South West YMCA Masters-25	2:36.83	2:36.53
	36.82		1:16.08 (39.26) 1:57.64 (41.56) 2:36.53 (38.89)		
5	David Ruff	56	Masters Of Brazos-25	2:37.00	2:43.40
	37.19		1:18.73 (41.54) 2:02.51 (43.78) 2:43.40 (40.89)		
6	Sidney Tucker	58	Rockwall Aquatics Masters-26	2:47.12	2:46.58
	39.42		1:22.34 (42.92) 2:04.71 (42.37) 2:46.58 (41.87)		
7	Stephen Wright	58	Longhorn Aquatics-43	2:40.00	2:52.02
	40.90		1:24.62 (43.72) 2:09.56 (44.94) 2:52.02 (42.46)		
8	Ken Woolley	58	North Texas Lonestars-26	3:05.00	2:59.91
	42.41		1:31.11 (48.70) 2:18.23 (47.12) 2:59.91 (41.68)		
9	John Crockett	58	Aquatex Swim Team-43	3:10.00	3:00.65
	38.80		1:24.65 (45.85) 2:12.25 (47.60) 3:00.65 (48.40)		
10	Doug Allen	57	Houston Cougar Masters-25	3:00.00	3:02.55
	43.11		1:31.26 (48.15) 2:18.59 (47.33) 3:02.55 (43.96)		
11	Greg Johnson	59	Denton Area Swim Club-26	3:15.00	3:16.92
	42.44		3:16.92 (2:34.48)		



**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Men 55-59 200 LC Meter Freestyle)**

12	Peter Foster	58	Memorial Athletic Club Aquatic-2	3:53.00	3:45.15
	48.63	1:48.29 (59.66)	2:47.96 (59.67)	3:45.15 (57.19)	

**Men 55-59 400 LC Meter Freestyle****ZONE: 4:45.40 ! 2000****WORLD: 4:22.49 # 7/25/2009 MICHAEL MANN USA****NATL: 4:22.49 \* 7/25/2009 MICHAEL MANN**

1	Steve Waters	58	Uc43-43	4:53.60	4:59.89
	33.95	1:10.49 (36.54)	1:48.05 (37.56)	2:25.54 (37.49)	
	3:04.44 (38.90)	3:42.78 (38.34)	4:22.56 (39.78)	4:59.89 (37.33)	
2	Steven Richey	56	Masters of South Texas-43	5:36.68	5:26.66
	36.05	1:17.75 (41.70)	1:59.08 (41.33)	2:40.81 (41.73)	
	3:22.09 (41.28)	4:04.45 (42.36)	4:45.40 (40.95)	5:26.66 (41.26)	
3	Paul Irvine	56	Fort Worth Area Swim Team-26	5:38.71	5:35.60
	38.67	1:19.19 (40.52)	2:01.65 (42.46)	2:44.22 (42.57)	
	3:27.70 (43.48)	4:10.83 (43.13)	4:54.21 (43.38)	5:35.60 (41.39)	
4	Sidney Tucker	58	Rockwall Aquatics Masters-26	5:48.95	5:52.64
	39.96	1:23.87 (43.91)	2:08.11 (44.24)	2:53.81 (45.70)	
	3:38.73 (44.92)	4:24.67 (45.94)	5:09.29 (44.62)	5:52.64 (43.35)	
5	Stephen Wright	58	Longhorn Aquatics-43	6:00.00	6:11.96
	41.74	1:27.14 (45.40)	2:13.73 (46.59)	3:01.09 (47.36)	
	3:49.30 (48.21)	4:36.88 (47.58)	5:26.19 (49.31)	6:11.96 (45.77)	
6	Stanley Woods	59	Masters Of Brazos-25	6:49.23	6:15.49
	41.50	1:26.66 (45.16)	2:13.94 (47.28)	3:01.90 (47.96)	
	3:50.63 (48.73)	4:40.59 (49.96)	5:29.01 (48.42)	6:15.49 (46.48)	
7	Doug Allen	57	Houston Cougar Masters-25	6:09.00	6:22.35
	45.00	1:32.43 (47.43)	2:22.01 (49.58)	3:10.26 (48.25)	
	3:59.65 (49.39)	4:47.47 (47.82)	5:36.60 (49.13)	6:22.35 (45.75)	
8	Peter Foster	58	Memorial Athletic Club Aquatic-2	8:00.00	8:07.82
	51.24	1:52.64 (1:01.40)	2:56.18 (1:03.54)		
	5:02.93 ( )	6:04.84 (1:01.91)	7:07.22 (1:02.38)	8:07.82 (1:00.60)	

**Men 55-59 800 LC Meter Freestyle****WORLD: 9:00.09 # 7/24/2009 MICHAEL MANN USA****NATL: 9:00.09 \* 7/24/2009 MICHAEL MANN**

1	Steve Waters	58	Uc43-43	30:00.00	10:33.20
	34.89	1:15.26 (40.37)	1:54.94 (39.68)	2:35.88 (40.94)	
	3:16.42 (40.54)	3:56.99 (40.57)	4:36.38 (39.39)	5:17.20 (40.82)	
	5:56.88 (39.68)	6:37.20 (40.32)	7:17.04 (39.84)	7:57.77 (40.73)	
	8:37.07 (39.30)	9:17.31 (40.24)	9:56.52 (39.21)	10:33.20 (36.68)	
2	Sidney Tucker	58	Rockwall Aquatics Masters-26	12:25.15	12:16.34
	46.36	1:34.41 (48.05)	2:21.74 (47.33)	3:10.53 (48.79)	
	3:57.54 (47.01)	4:45.29 (47.75)	5:31.73 (46.44)	6:18.78 (47.05)	
	7:04.75 (45.97)	7:51.40 (46.65)	8:36.63 (45.23)	9:22.81 (46.18)	
	10:07.62 (44.81)	10:52.71 (45.09)	11:35.16 (42.45)	12:16.34 (41.18)	
3	Doug Allen	57	Houston Cougar Masters-25	12:12.00	13:03.90
	43.88	1:32.34 (48.46)	2:20.53 (48.19)	3:10.86 (50.33)	
	3:59.09 (48.23)	4:49.46 (50.37)	5:38.71 (49.25)	6:29.78 (51.07)	
	7:19.21 (49.43)	8:09.70 (50.49)	8:58.55 (48.85)	9:48.66 (50.11)	
	10:37.40 (48.74)	11:27.62 (50.22)	12:09.57 (41.95)	13:03.90 (54.33)	

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Men 55-59 1500 LC Meter Freestyle

ZONE: 18:53.88 ! 2000

WORLD: 17:22.61 # 8/10/2009 MICHAEL MANN USA

NATL: 17:22.61 \* 8/10/2009 MICHAEL MANN

1	Sidney Tucker	58	Rockwall Aquatics Masters-26	24:01.00	23:05.63
	45.87	1:34.21 (48.34)	2:21.62 (47.41)	3:10.51 (48.89)	
	3:58.56 (48.05)	4:47.46 (48.90)	5:34.75 (47.29)	6:22.94 (48.19)	
	7:09.62 (46.68)	7:56.77 (47.15)	8:42.53 (45.76)	9:29.59 (47.06)	
	10:15.32 (45.73)	11:02.46 (47.14)	11:47.81 (45.35)	12:34.98 (47.17)	
	13:20.54 (45.56)	14:07.43 (46.89)	14:53.10 (45.67)	15:39.46 (46.36)	
	16:23.95 (44.49)	17:09.49 (45.54)	17:54.36 (44.87)	18:39.50 (45.14)	
	19:24.43 (44.93)	20:09.24 (44.81)	20:54.17 (44.93)	21:38.52 (44.35)	
	22:22.48 (43.96)	23:05.63 (43.15)			
2	Doug Allen	57	Houston Cougar Masters-25	23:20.20	24:38.80
	43.80	1:32.41 (48.61)	2:20.13 (47.72)	3:10.41 (50.28)	
	3:58.89 (48.48)	4:48.86 (49.97)	5:37.90 (49.04)	6:28.05 (50.15)	
	7:17.30 (49.25)	8:07.54 (50.24)	8:56.99 (49.45)	9:47.17 (50.18)	
	10:36.27 (49.10)	11:26.90 (50.63)	12:15.57 (48.67)	13:05.93 (50.36)	
	13:54.90 (48.97)	14:44.96 (50.06)	15:34.15 (49.19)	16:24.32 (50.17)	
	17:13.23 (48.91)	18:03.41 (50.18)	18:52.70 (49.29)	19:42.94 (50.24)	
	20:32.14 (49.20)	21:22.71 (50.57)	22:11.43 (48.72)	23:01.38 (49.95)	
	23:50.49 (49.11)	24:38.80 (48.31)			
3	John Crockett	58	Aquatex Swim Team-43	30:00.00	25:30.30
	43.30	1:34.32 (51.02)	2:26.41 (52.09)	3:18.90 (52.49)	
	4:10.56 (51.66)	5:02.61 (52.05)	5:53.92 (51.31)	6:45.36 (51.44)	
	7:36.66 (51.30)	8:28.92 (52.26)	9:20.00 (51.08)	10:11.80 (51.80)	
	11:02.38 (50.58)	11:53.97 (51.59)	12:44.79 (50.82)	13:36.20 (51.41)	
	14:27.70 (51.50)	15:18.58 (50.88)	16:09.38 (50.80)	17:01.56 (52.18)	
	17:52.40 (50.84)	18:44.14 (51.74)	19:34.66 (50.52)	20:26.55 (51.89)	
	21:17.80 (51.25)	22:08.96 (51.16)	22:59.77 (50.81)	23:51.66 (51.89)	
	24:41.51 (49.85)	25:30.30 (48.79)			
4	Richard Behringer	59	Rice Aquatic Masters-25	30:00.00	31:35.14
	46.95	1:39.26 (52.31)	2:38.32 (59.06)	3:39.02 (1:00.70)	
	4:41.95 (1:02.93)	5:45.73 (1:03.78)	6:51.19 (1:05.46)	7:56.74 (1:05.55)	
	9:01.22 (1:04.48)	10:04.83 (1:03.61)	11:10.21 (1:05.38)	12:12.49 (1:02.28)	
	13:18.55 (1:06.06)	14:20.38 (1:01.83)	15:23.84 (1:03.46)	16:29.80 (1:05.96)	
	17:33.94 (1:04.14)	18:39.20 (1:05.26)	19:44.87 (1:05.67)	20:50.18 (1:05.31)	
	21:55.95 (1:05.77)	23:00.21 (1:04.26)	24:05.60 (1:05.39)	25:09.79 (1:04.19)	
	26:14.27 (1:04.48)	27:19.39 (1:05.12)	28:24.23 (1:04.84)	29:29.90 (1:05.67)	
	30:35.61 (1:05.71)	31:35.14 (59.53)			

## Men 55-59 50 LC Meter Backstroke

ZONE: 32.43 ! 2000

WORLD: 29.07 # 6/20/2015 STEVE WOOD USA

NATL: 29.07 \* 6/20/2015 STEVE WOOD

1	Steve Wood	56	Sarasota Y Sharks-14	30.00	29.63!
2	Tom Kristek	59	Aquatex Swim Team-43	42.00	36.33
3	Steve White	56	Woodlands Masters Swim Team-2	36.50	36.58
4	Jim Amick	55	Team Ridglea-26	36.00	38.40
5	Charles Michaels	57	Masters of South Texas-43	40.10	39.32
6	Ken Woolley	58	North Texas Lonestars-26	44.00	43.22
7	Sidney Tucker	58	Rockwall Aquatics Masters-26	43.77	43.71

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Men 55-59 100 LC Meter Backstroke**

<b>ZONE: 1:10.93 ! 2000</b>					
<b>WORLD: 1:03.50 # 6/21/2015 STEVE WOOD</b>				<b>USA</b>	
<b>NATL: 1:03.50 * 6/21/2015 STEVE WOOD</b>					
1	Steve Wood	56	Sarasota Y Sharks-14	1:05.00	1:04.24!
	31.27	1:04.24	(32.97)		
2	Ross Myers	57	Dallas Aquatic Masters-26	1:15.35	1:11.73
	34.45	1:11.73	(37.28)		
3	Tom Kristek	59	Aquatex Swim Team-43	1:45.00	1:20.08
	39.04	1:20.08	(41.04)		
4	Jim Amick	55	Team Ridglea-26	1:22.00	1:21.26
	39.89	1:21.26	(41.37)		
5	Sidney Tucker	58	Rockwall Aquatics Masters-26	1:31.82	1:31.16
	45.69	1:31.16	(45.47)		
6	Ken Woolley	58	North Texas Lonestars-26	1:44.00	1:41.15
	48.48	1:41.15	(52.67)		
7	Craig Sorgi	56	Uc43-43	NT	2:14.87
	1:06.02	2:14.87	(1:08.85)		

**Men 55-59 200 LC Meter Backstroke**

<b>ZONE: 2:37.35 ! 2000</b>					
<b>WORLD: 2:22.68 # 8/7/2015 CRAIG PETERSEN</b>				<b>USA</b>	
<b>NATL: 2:22.68 * 8/7/2015 CRAIG PETERSEN</b>					
1	Steve Wood	56	Sarasota Y Sharks-14	2:30.00	2:27.32!
	33.12	1:09.58	(36.46)	1:49.08	(39.50)
				2:27.32	(38.24)
2	Jim Sauer	59	Longhorn Aquatics-43	2:30.00	2:29.03!
	35.46	1:13.06	(37.60)	1:51.09	(38.03)
				2:29.03	(37.94)
3	Ross Myers	57	Dallas Aquatic Masters-26	2:47.00	2:34.65!
	34.98	1:13.80	(38.82)	1:53.83	(40.03)
				2:34.65	(40.82)
4	Tom Kristek	59	Aquatex Swim Team-43	3:45.00	2:57.90
	43.68	1:28.99	(45.31)	2:13.40	(44.41)
				2:57.90	(44.50)
5	Sidney Tucker	58	Rockwall Aquatics Masters-26	3:22.58	3:17.39
	47.30	1:37.70	(50.40)	2:28.14	(50.44)
				3:17.39	(49.25)
6	Ken Woolley	58	North Texas Lonestars-26	3:29.00	3:24.52
	48.25	1:41.26	(53.01)	2:34.35	(53.09)
				3:24.52	(50.17)
7	Stephen Wright	58	Longhorn Aquatics-43	3:20.00	3:25.62
	49.61	1:42.45	(52.84)	2:35.18	(52.73)
				3:25.62	(50.44)

**Men 55-59 50 LC Meter Breaststroke**

<b>ZONE: 31.78 ! 2000</b>					
<b>WORLD: 31.05 # 9/16/2009 WALTER KUSCH</b>				<b>GER</b>	
<b>NATL: 31.10 * 8/15/2015 DAVID GUTHRIE</b>					
1	David Guthrie	56	Rice Aquatic Masters-25	31.10	31.39!
2	Steven Richey	56	Masters of South Texas-43	37.60	37.59
3	Charles Michaels	57	Masters of South Texas-43	40.52	40.15
4	Stanley Woods	59	Masters Of Brazos-25	41.57	41.88
5	Ken Woolley	58	North Texas Lonestars-26	46.00	43.30
6	Bradley Ohnstad	59	Woodlands Masters Swim Team-2	44.00	44.70
7	Craig Sorgi	56	Uc43-43	56.04	55.10

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Men 55-59 100 LC Meter Breaststroke**

<b>ZONE: 1:09.37 ! 2000</b>					
<b>WORLD: 1:07.97 # 7/31/2015</b>		<b>DAVID GUTHRIE</b>			<b>USA</b>
<b>NATL: 1:07.97 * 7/31/2015</b>		<b>DAVID GUTHRIE</b>			
1	David Guthrie	56	Rice Aquatic Masters-25	1:07.97	1:09.66
	32.75	1:09.66	(36.91)		
2	Steven Richey	56	Masters of South Texas-43	1:24.58	1:24.78
	39.27	1:24.78	(45.51)		
3	Charles Michaels	57	Masters of South Texas-43	1:35.23	1:31.56
	44.30	1:31.56	(47.26)		
4	Ken Woolley	58	North Texas Lonestars-26	1:39.00	1:35.72
	43.65	1:35.72	(52.07)		
5	Stanley Woods	59	Masters Of Brazos-25	1:33.44	1:35.81
	42.49	1:35.81	(53.32)		
6	Bradley Ohnstad	59	Woodlands Masters Swim Team-2	1:40.88	1:38.52
	46.72	1:38.52	(51.80)		

**Men 55-59 200 LC Meter Breaststroke**

<b>ZONE: 2:33.78 ! 2000</b>					
<b>WORLD: 2:31.10 # 8/1/2015</b>		<b>DAVID GUTHRIE</b>			<b>USA</b>
<b>NATL: 2:31.10 * 8/1/2015</b>		<b>DAVID GUTHRIE</b>			
1	David Guthrie	56	Rice Aquatic Masters-25	2:31.10	2:33.65!
	35.60	1:15.58	(39.98)	1:54.50	(38.92)
				2:33.65	(39.15)
2	Steven Richey	56	Masters of South Texas-43	3:12.47	3:12.19
	43.14	1:31.55	(48.41)	2:22.25	(50.70)
				3:12.19	(49.94)
3	Jim Amick	55	Team Ridglea-26	3:10.00	3:19.36
	44.89	1:35.67	(50.78)	2:27.23	(51.56)
				3:19.36	(52.13)
4	Stanley Woods	59	Masters Of Brazos-25	3:27.23	3:29.40
	45.91	1:39.20	(53.29)	2:33.31	(54.11)
				3:29.40	(56.09)
5	Ken Woolley	58	North Texas Lonestars-26	3:40.00	3:33.20
	51.49	1:47.53	(56.04)	2:42.91	(55.38)
				3:33.20	(50.29)
6	Bradley Ohnstad	59	Woodlands Masters Swim Team-2	3:38.00	3:39.98
	47.31	1:43.23	(55.92)	2:41.46	(58.23)
				3:39.98	(58.52)

**Men 55-59 50 LC Meter Butterfly**

<b>ZONE: 28.33 ! 2000</b>					
<b>WORLD: 26.86 # 8/6/2009</b>		<b>GARY HALL</b>			<b>USA</b>
<b>NATL: 26.86 * 8/6/2009</b>		<b>GARY HALL</b>			
1	Steve Wood	56	Sarasota Y Sharks-14	28.00	28.38
2	Steve Waters	58	Uc43-43	29.80	30.17
3	Steve White	56	Woodlands Masters Swim Team-2	31.68	32.09
4	Jim Amick	55	Team Ridglea-26	33.00	32.77
5	Ken Woolley	58	North Texas Lonestars-26	39.00	35.22
6	David Ruff	56	Masters Of Brazos-25	37.00	35.38
7	Charles Michaels	57	Masters of South Texas-43	37.25	35.69
8	Greg Johnson	59	Denton Area Swim Club-26	50.00	55.61

**Men 55-59 100 LC Meter Butterfly**

<b>ZONE: 1:06.97 ! 2000</b>					
<b>WORLD: 1:00.56 # 8/11/2012</b>		<b>PAUL CARTER</b>			<b>USA</b>
<b>NATL: 1:00.56 * 8/11/2012</b>		<b>PAUL CARTER</b>			
1	Steve Wood	56	Sarasota Y Sharks-14	1:05.00	1:02.23!
	28.54	1:02.23	(33.69)		
2	Steve Waters	58	Uc43-43	1:07.30	1:07.15
	30.73	1:07.15	(36.42)		

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3	Russell Hubbard	55	South West YMCA Masters-25	1:18.87	1:20.78
	36.80		1:20.78 (43.98)		
4	Ken Woolley	58	North Texas Lonestars-26	1:31.00	1:26.85
	39.82		1:26.85 (47.03)		
5	David Ruff	56	Masters Of Brazos-25	1:22.00	1:26.87
	36.66		1:26.87 (50.21)		

**Men 55-59 200 LC Meter Butterfly****ZONE: 2:42.84 ! 2000****WORLD: 2:16.78 # 8/15/2015 MARCUS MATTIOLI BRA****NATL: 2:18.97 \* 8/7/2009 BRAD HORNER**

1	Steve Waters	58	Uc43-43	2:42.90	2:42.67!
	33.49		1:14.01 (40.52)	1:56.81 (42.80)	2:42.67 (45.86)
2	Stephen Wright	58	Longhorn Aquatics-43	3:30.00	3:53.01
	51.74		1:53.13 (1:01.39)	2:54.20 (1:01.07)	3:53.01 (58.81)

**Men 55-59 200 LC Meter IM****ZONE: 2:37.03 ! 2000****WORLD: 2:20.83 # 8/9/2009 MICHAEL MANN USA****NATL: 2:20.83 \* 8/9/2009 MICHAEL MANN**

1	Jim Sauer	59	Longhorn Aquatics-43	2:30.00	2:31.24!
	31.37		1:09.83 (38.46)	1:55.58 (45.75)	2:31.24 (35.66)
2	Steve Waters	58	Uc43-43	2:37.00	2:38.99
	32.87		1:16.61 (43.74)	2:03.94 (47.33)	2:38.99 (35.05)
3	Steven Richey	56	Masters of South Texas-43	2:53.05	2:55.97
	36.14		1:26.26 (50.12)	2:16.20 (49.94)	2:55.97 (39.77)
4	David Ruff	56	Masters Of Brazos-25	3:01.00	3:09.10
	36.36		1:26.48 (50.12)	2:24.93 (58.45)	3:09.10 (44.17)
5	Ken Woolley	58	North Texas Lonestars-26	3:14.00	3:14.26
	40.17		1:35.27 (55.10)	2:29.77 (54.50)	3:14.26 (44.49)
6	Stephen Wright	58	Longhorn Aquatics-43	3:25.00	3:37.89
	50.07		1:45.90 (55.83)	2:52.49 (1:06.59)	3:37.89 (45.40)
7	Doug Allen	57	Houston Cougar Masters-25	3:59.00	3:57.88
	50.69			3:09.86 ( )	3:57.88 (48.02)
8	Greg Johnson	59	Denton Area Swim Club-26	3:20.00	4:02.35
	57.83		2:00.65 (1:02.82)	3:14.62 (1:13.97)	4:02.35 (47.73)

**Men 55-59 400 LC Meter IM****ZONE: 5:35.32 ! 2000****WORLD: 5:01.81 # 4/23/2015 MARCUS MATTIOLI BRA****NATL: 5:04.07 \* 7/26/2009 MICHAEL MANN**

1	Jim Sauer	59	Longhorn Aquatics-43	5:15.00	5:19.66!
	33.25		1:10.04 (36.79)	1:51.08 (41.04)	2:31.22 (40.14)
	3:19.47 (48.25)		4:07.56 (48.09)	4:44.17 (36.61)	5:19.66 (35.49)
2	Steve Waters	58	Uc43-43	5:35.30	5:37.30
	32.31		1:11.32 (39.01)	1:56.92 (45.60)	2:41.87 (44.95)
	3:31.17 (49.30)		4:21.05 (49.88)	4:59.77 (38.72)	5:37.30 (37.53)
3	Jim Amick	55	Team Ridglea-26	6:16.00	6:04.83
	37.13		1:20.22 (43.09)	2:08.83 (48.61)	2:55.82 (46.99)
	3:49.63 (53.81)		4:43.08 (53.45)	5:25.17 (42.09)	6:04.83 (39.66)
---	Stephen Wright	58	Longhorn Aquatics-43	7:05.00	DQ
	51.87		1:51.35 (59.48)	2:51.88 (1:00.53)	3:51.18 (59.30)
	5:00.37 (1:09.19)		6:09.59 (1:09.22)	6:56.49 (46.90)	DQ (44.36)

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Men 60-64 50 LC Meter Freestyle

<b>ZONE:</b> 26.69 ! 2000					
<b>WORLD:</b> 25.23 # 8/7/2006		<b>RICHARD ABRAHAMS</b>		<b>USA</b>	
<b>NATL:</b> 25.23 * 8/10/2006		<b>RICHARD ABRAHAMS</b>			
1	Richard Hartman	61	Southern Masters Swimmers-24	28.06	27.65
2	Richard Neville	60	Fort Worth Area Swim Team-26	27.84	28.04
3	Bruce Williams	63	Rice Aquatic Masters-25	29.50	28.12
4	Jeff Wetzel	60	Austin Swim Club-43	29.50	28.94
5	Craig Fox	61	Memorial Athletic Club Aquatic-2	31.00	29.85
6	Robert Kelsoe	63	North Texas Lonestars-26	31.00	31.35
7	Mark Kelly	61	University of Houston Masters-25	34.00	32.46

## Men 60-64 100 LC Meter Freestyle

<b>ZONE:</b> 1:02.73 ! 2000					
<b>WORLD:</b> 57.79 # 6/14/2014		<b>JACK GROSELLE</b>		<b>USA</b>	
<b>NATL:</b> 57.79 * 6/14/2014		<b>JACK GROSELLE</b>			
1	Richard Hartman	61	Southern Masters Swimmers-24	1:01.60	1:01.54!
	28.39		1:01.54 (33.15)		
2	Dick Worrel	63	Longhorn Aquatics-43	1:04.00	1:04.28
	31.28		1:04.28 (33.00)		
3	Jeff Wetzel	60	Austin Swim Club-43	1:10.00	1:06.11
	32.62		1:06.11 (33.49)		
4	Niels Wolfhagen	60	Woodlands Masters Swim Team-2	1:12.68	1:11.32
	33.72		1:11.32 (37.60)		
5	Mark Kelly	61	University of Houston Masters-25	1:17.00	1:15.14
	36.28		1:15.14 (38.86)		

## Men 60-64 200 LC Meter Freestyle

<b>ZONE:</b> 2:18.09 ! 2000					
<b>WORLD:</b> 2:09.24 # 8/15/2014		<b>JACK GROSELLE</b>		<b>USA</b>	
<b>NATL:</b> 2:09.24 * 8/15/2014		<b>JACK GROSELLE</b>			
1	Richard Hartman	61	Southern Masters Swimmers-24	2:25.85	2:18.53
	33.88		1:08.98 (35.10) 1:44.56 (35.58) 2:18.53 (33.97)		
2	Larry Wood	62	Longhorn Aquatics-43	2:25.00	2:24.39
	34.04		1:10.63 (36.59) 1:48.18 (37.55) 2:24.39 (36.21)		
3	Jeff Wetzel	60	Austin Swim Club-43	2:25.00	2:28.32
	35.48		1:13.65 (38.17) 1:51.54 (37.89) 2:28.32 (36.78)		
4	Craig Fox	61	Memorial Athletic Club Aquatic-2	2:40.00	2:34.91
	34.15		1:14.34 (40.19) 1:55.10 (40.76) 2:34.91 (39.81)		
5	Niels Wolfhagen	60	Woodlands Masters Swim Team-2	2:36.35	2:35.69
	36.40		1:16.17 (39.77) 1:55.83 (39.66) 2:35.69 (39.86)		
6	Mark Kelly	61	University of Houston Masters-25	3:00.00	2:53.75
	39.66		1:24.23 (44.57) 2:10.63 (46.40) 2:53.75 (43.12)		

## Men 60-64 400 LC Meter Freestyle

<b>ZONE:</b> 4:59.26 ! 2000					
<b>WORLD:</b> 4:40.00 # 8/11/2012		<b>JIM MCCONICA</b>		<b>USA</b>	
<b>NATL:</b> 4:40.00 * 8/11/2012		<b>JIM MC CONICA</b>			
1	Dick Worrel	63	Longhorn Aquatics-43	4:58.00	4:51.38!
	33.77		1:09.84 (36.07) 1:46.26 (36.42) 2:23.32 (37.06)		
	3:00.22 (36.90)		3:37.68 (37.46) 4:14.32 (36.64) 4:51.38 (37.06)		
2	Richard Hartman	61	Southern Masters Swimmers-24	5:10.19	4:54.95!
	33.90		1:09.00 (35.10) 1:45.27 (36.27) 2:22.41 (37.14)		
	3:00.37 (37.96)		3:38.50 (38.13) 4:17.17 (38.67) 4:54.95 (37.78)		

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Men 60-64 400 LC Meter Freestyle)**

3	Larry Wood	62	Longhorn Aquatics-43	5:08.00	5:07.20
	34.46	1:12.72 (38.26)	1:50.99 (38.27)	2:30.64 (39.65)	
	3:09.63 (38.99)	3:50.04 (40.41)	4:29.29 (39.25)	5:07.20 (37.91)	
4	Jeff Wetzel	60	Austin Swim Club-43	5:21.00	5:15.34
		1:16.36 ( )	1:57.06 (40.70)	2:38.29 (41.23)	
	3:18.18 (39.89)	3:58.36 (40.18)	4:37.75 (39.39)	5:15.34 (37.59)	
5	Niels Wolfhagen	60	Woodlands Masters Swim Team-2	5:36.45	5:31.18
	39.30	1:20.71 (41.41)	2:02.94 (42.23)	2:44.94 (42.00)	
	3:27.40 (42.46)	4:08.54 (41.14)	4:51.13 (42.59)	5:31.18 (40.05)	
6	Mark Kelly	61	University of Houston Masters-25	6:20.00	6:14.61
	41.07	1:28.29 (47.22)	2:15.66 (47.37)	3:04.65 (48.99)	
	3:53.22 (48.57)	4:42.49 (49.27)	5:30.48 (47.99)	6:14.61 (44.13)	

**Men 60-64 800 LC Meter Freestyle****WORLD: 9:35.50 # 8/12/2012 JIM MCCONICA USA****NATL: 9:35.50 \* 8/12/2012 JIM MC CONICA**

1	Richard Hartman	61	Southern Masters Swimmers-24	10:50.07	10:11.58
	35.18	1:12.84 (37.66)	1:50.48 (37.64)	2:29.30 (38.82)	
	3:07.78 (38.48)	3:46.70 (38.92)	4:25.30 (38.60)	5:04.25 (38.95)	
	5:42.67 (38.42)	6:21.66 (38.99)	7:00.16 (38.50)	7:39.50 (39.34)	
	8:17.82 (38.32)	8:56.97 (39.15)	9:34.94 (37.97)	10:11.58 (36.64)	
2	Larry Wood	62	Longhorn Aquatics-43	10:36.00	10:39.97
	36.65	1:16.89 (40.24)	1:56.97 (40.08)	2:37.80 (40.83)	
	3:18.23 (40.43)	3:59.70 (41.47)	4:40.02 (40.32)	5:20.83 (40.81)	
	6:00.78 (39.95)	6:41.45 (40.67)	7:22.02 (40.57)	8:02.74 (40.72)	
	8:43.14 (40.40)	9:24.41 (41.27)	10:03.13 (38.72)	10:39.97 (36.84)	
3	Bob Seagraves	60	Aquatics of Georgetown Masters-	11:08.24	10:52.17
	37.79	1:18.25 (40.46)	1:59.57 (41.32)	2:40.82 (41.25)	
	3:22.86 (42.04)	4:03.95 (41.09)	4:44.93 (40.98)	5:25.98 (41.05)	
	6:07.35 (41.37)	6:48.30 (40.95)	7:29.34 (41.04)	8:10.36 (41.02)	
	8:51.88 (41.52)	9:32.85 (40.97)	10:13.48 (40.63)	10:52.17 (38.69)	
4	Niels Wolfhagen	60	Woodlands Masters Swim Team-2	11:40.40	11:23.01
	38.40	1:20.69 (42.29)	2:03.85 (43.16)	2:46.59 (42.74)	
	3:30.05 (43.46)	4:12.68 (42.63)		5:38.76 ( )	
	6:22.46 (43.70)	7:05.39 (42.93)	7:49.35 (43.96)	8:32.22 (42.87)	
	9:15.86 (43.64)	9:58.50 (42.64)	10:41.73 (43.23)	11:23.01 (41.28)	
5	Mark Kelly	61	University of Houston Masters-25	13:30.00	12:54.29
	41.96	1:29.18 (47.22)	2:18.04 (48.86)	3:07.94 (49.90)	
	3:57.30 (49.36)	4:47.82 (50.52)	5:36.43 (48.61)	6:26.54 (50.11)	
	7:15.61 (49.07)	8:05.68 (50.07)	8:54.56 (48.88)	9:43.83 (49.27)	
	10:33.15 (49.32)	11:22.86 (49.71)	12:11.01 (48.15)	12:54.29 (43.28)	

**Men 60-64 1500 LC Meter Freestyle****ZONE: 19:27.55 ! 2000****WORLD: 18:12.09 # 6/6/2010 JIM MCCONICA USA****NATL: 18:12.09 \* 6/6/2010 JIM MC CONICA**

1	Dick Worrel	63	Longhorn Aquatics-43	20:30.00	19:38.34
	36.37	1:15.91 (39.54)	1:54.83 (38.92)	2:34.70 (39.87)	
	3:14.22 (39.52)	3:53.72 (39.50)	4:32.94 (39.22)	5:12.15 (39.21)	
	5:51.10 (38.95)	6:30.57 (39.47)	7:09.40 (38.83)	7:48.84 (39.44)	
	8:27.63 (38.79)	9:07.06 (39.43)	9:46.45 (39.39)	10:26.04 (39.59)	
	11:05.36 (39.32)	11:44.98 (39.62)	12:24.65 (39.67)	13:04.90 (40.25)	
	13:44.48 (39.58)	14:24.86 (40.38)	15:04.76 (39.90)	15:44.46 (39.70)	
	16:24.51 (40.05)	17:04.40 (39.89)	17:43.88 (39.48)	18:23.43 (39.55)	
	19:01.58 (38.15)	19:38.34 (36.76)			

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Men 60-64 1500 LC Meter Freestyle)**

2	Larry Wood	62	Longhorn Aquatics-43	36:00.00	20:39.02
	40.66	1:23.05 (42.39)	2:06.17 (43.12)	2:48.51 (42.34)	
	3:30.33 (41.82)	4:12.46 (42.13)	4:54.52 (42.06)	5:36.10 (41.58)	
	6:18.06 (41.96)	6:59.81 (41.75)	7:41.74 (41.93)	8:23.05 (41.31)	
	9:04.83 (41.78)	9:46.05 (41.22)	10:28.03 (41.98)	11:09.41 (41.38)	
	11:51.46 (42.05)	12:32.59 (41.13)	13:14.29 (41.70)	13:55.35 (41.06)	
	14:36.77 (41.42)	15:17.57 (40.80)	15:58.85 (41.28)	16:39.73 (40.88)	
	17:20.55 (40.82)	18:01.24 (40.69)	18:41.80 (40.56)	19:22.39 (40.59)	
	20:02.07 (39.68)	20:39.02 (36.95)			
3	Bob Seagraves	60	Aquatics of Georgetown Masters-	21:06.58	20:54.03
	37.96	1:19.33 (41.37)	2:01.43 (42.10)	2:44.43 (43.00)	
	3:26.40 (41.97)	4:08.91 (42.51)	4:50.31 (41.40)	5:32.47 (42.16)	
	6:14.23 (41.76)	6:56.79 (42.56)	7:39.33 (42.54)	8:21.82 (42.49)	
	9:03.84 (42.02)	9:46.12 (42.28)	10:28.59 (42.47)	11:10.77 (42.18)	
	11:52.60 (41.83)	12:35.11 (42.51)	13:15.90 (40.79)	13:57.61 (41.71)	
	14:39.00 (41.39)	15:21.14 (42.14)	16:02.41 (41.27)	16:44.42 (42.01)	
	17:25.75 (41.33)	18:07.75 (42.00)	18:49.53 (41.78)	19:31.88 (42.35)	
	20:12.87 (40.99)	20:54.03 (41.16)			
4	Larry Kravitz	63	Aquatex Swim Team-43	25:00.00	24:45.00
	44.50	1:34.67 (50.17)	2:24.64 (49.97)	3:16.20 (51.56)	
	4:06.29 (50.09)	4:56.44 (50.15)	5:46.55 (50.11)	6:36.93 (50.38)	
	7:27.07 (50.14)	8:18.66 (51.59)	9:08.07 (49.41)	9:58.72 (50.65)	
	10:48.52 (49.80)	11:39.89 (51.37)	12:29.35 (49.46)	13:19.69 (50.34)	
	14:08.58 (48.89)	14:59.59 (51.01)	15:48.40 (48.81)	16:39.57 (51.17)	
	17:28.96 (49.39)	18:19.74 (50.78)	19:08.78 (49.04)	19:59.00 (50.22)	
	20:48.01 (49.01)	21:37.86 (49.85)	22:26.41 (48.55)	23:15.97 (49.56)	
	24:03.15 (47.18)	24:45.00 (41.85)			
5	Mark Kelly	61	University of Houston Masters-25	25:35.00	24:46.69
	44.57	1:33.39 (48.82)	2:21.80 (48.41)	3:12.01 (50.21)	
	4:00.75 (48.74)	4:50.97 (50.22)	5:39.64 (48.67)	6:30.51 (50.87)	
	7:20.39 (49.88)	8:10.87 (50.48)	9:00.22 (49.35)	9:51.06 (50.84)	
	10:40.19 (49.13)	11:30.56 (50.37)	12:19.39 (48.83)	13:09.91 (50.52)	
	13:53.34 (43.43)	14:48.93 (55.59)	15:38.45 (49.52)	16:28.99 (50.54)	
	17:18.68 (49.69)	18:09.90 (51.22)	18:59.11 (49.21)	19:49.54 (50.43)	
	20:39.14 (49.60)	21:29.36 (50.22)	22:19.24 (49.88)	23:10.39 (51.15)	
	23:58.85 (48.46)	24:46.69 (47.84)			

**Men 60-64 50 LC Meter Backstroke**

	<b>ZONE:</b>	<b>32.49</b>	<b>!</b>	<b>2000</b>		
	<b>WORLD:</b>	<b>30.66</b>	<b>#</b>	<b>3/17/2016</b>	<b>ANDRE STEYNBERG</b>	<b>RSA</b>
	<b>NATL:</b>	<b>31.46</b>	<b>*</b>	<b>6/2/2007</b>	<b>HUGH WILDER</b>	
1	Tom Barton	60	North Texas Lonestars-26	32.00	31.56!	
2	Jeff Wetzel	60	Austin Swim Club-43	33.00	35.80	
3	Robert Kelsoe	63	North Texas Lonestars-26	36.50	36.74	
4	Sergio Vallejo	61	Uc25-25	38.00	37.15	
5	Niels Wolfhagen	60	Woodlands Masters Swim Team-2	45.12	44.74	

**Men 60-64 50 LC Meter Backstroke**

	<b>ZONE:</b>	<b>32.49</b>	<b>!</b>	<b>2000</b>		
	<b>WORLD:</b>	<b>30.66</b>	<b>#</b>	<b>3/17/2016</b>	<b>ANDRE STEYNBERG</b>	<b>RSA</b>
	<b>NATL:</b>	<b>31.46</b>	<b>*</b>	<b>6/2/2007</b>	<b>HUGH WILDER</b>	
1	Tom Barton	60	North Texas Lonestars-26	NT	31.78!	



## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

**Men 60-64 100 LC Meter Backstroke**

<b>ZONE: 1:15.50 ! 2000</b>					
<b>WORLD: 1:08.77 # 6/2/2007</b>		<b>HUGH WILDER</b>		<b>USA</b>	
<b>NATL: 1:08.72 * 6/25/2016</b>		<b>TOM BARTON</b>			
1	Tom Barton	60	North Texas Lonestars-26	1:09.00	1:07.85*
	33.27		1:07.85 (34.58)		
2	Bruce Williams	63	Rice Aquatic Masters-25	1:18.00	1:14.04!
	35.59		1:14.04 (38.45)		
3	Jeff Wetzel	60	Austin Swim Club-43	1:18.00	1:17.19
	38.32		1:17.19 (38.87)		

**Men 60-64 200 LC Meter Backstroke**

<b>ZONE: 2:46.44 ! 2000</b>					
<b>WORLD: 2:33.09 # 8/9/2013</b>		<b>FRED FERROGGIARO</b>		<b>USA</b>	
<b>NATL: 2:33.09 * 8/9/2013</b>		<b>FRED FERROGGIARO</b>			
1	Tom Barton	60	North Texas Lonestars-26	2:34.00	2:28.37#
	35.05		1:11.70 (36.65) 1:49.89 (38.19)	2:28.37 (38.48)	
2	Jeff Wetzel	60	Austin Swim Club-43	3:00.00	2:50.99
	40.89		1:24.65 (43.76) 2:08.35 (43.70)	2:50.99 (42.64)	
3	Bob Seagraves	60	Aquatics of Georgetown Masters-	2:56.85	2:55.59
	42.55		1:26.65 (44.10) 2:11.93 (45.28)	2:55.59 (43.66)	
4	Sergio Vallejo	61	Uc25-25	2:56.00	2:59.23
	42.80		1:29.84 (47.04) 2:15.89 (46.05)	2:59.23 (43.34)	

**Men 60-64 50 LC Meter Breaststroke**

<b>ZONE: 35.83 ! 2000</b>					
<b>WORLD: 32.80 # 4/17/2012</b>		<b>STUART ELLICOTT</b>		<b>AUS</b>	
<b>NATL: 32.87 * 6/13/2012</b>		<b>TIMOTHY SHEAD</b>			
1	Richard Neville	60	Fort Worth Area Swim Team-26	33.77	34.35!
2	Richard Hartman	61	Southern Masters Swimmers-24	38.60	36.82
3	Berry Hamilton	63	North Texas Lonestars-26	37.34	37.03
4	Robert Kelsoe	63	North Texas Lonestars-26	37.50	38.67
5	Bruce Williams	63	Rice Aquatic Masters-25	40.00	39.94

**Men 60-64 100 LC Meter Breaststroke**

<b>ZONE: 1:22.34 ! 2000</b>					
<b>WORLD: 1:13.38 # 8/8/2013</b>		<b>RICK COLELLA</b>		<b>USA</b>	
<b>NATL: 1:13.38 * 8/8/2013</b>		<b>RICK COLELLA</b>			
1	Richard Neville	60	Fort Worth Area Swim Team-26	1:17.68	1:19.45!
	36.36		1:19.45 (43.09)		
2	Berry Hamilton	63	North Texas Lonestars-26	1:22.34	1:21.94!
	38.20		1:21.94 (43.74)		
3	Robert Kelsoe	63	North Texas Lonestars-26	1:27.50	1:28.23
	40.67		1:28.23 (47.56)		

**Men 60-64 200 LC Meter Breaststroke**

<b>ZONE: 3:03.69 ! 2000</b>					
<b>WORLD: 2:40.46 # 8/17/2014</b>		<b>RICK COLELLA</b>		<b>USA</b>	
<b>NATL: 2:40.46 * 8/17/2014</b>		<b>RICK COLELLA</b>			
1	Berry Hamilton	63	North Texas Lonestars-26	3:03.69	3:02.26!
	41.23		1:28.74 (47.51) 2:15.99 (47.25)	3:02.26 (46.27)	

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Men 60-64 50 LC Meter Butterfly

<b>ZONE: 29.63 ! 2000</b>					
<b>WORLD: 27.92 # 8/15/2005</b>		<b>RICHARD ABRAHAMS</b>		<b>USA</b>	
<b>NATL: 27.92 * 8/15/2005</b>		<b>RICHARD ABRAHAMS</b>			
1	Robert Kelsoe	63	North Texas Lonestars-26	31.50	31.03
2	Richard Hartman	61	Southern Masters Swimmers-24	31.78	31.46
3	Jeff Wetzel	60	Austin Swim Club-43	30.00	32.64
4	Craig Fox	61	Memorial Athletic Club Aquatic-2	34.00	33.30
5	Mark Kelly	61	University of Houston Masters-25	40.00	39.51

## Men 60-64 100 LC Meter Butterfly

<b>ZONE: 1:10.41 ! 2000</b>					
<b>WORLD: 1:03.03 # 8/15/2005</b>		<b>RICHARD ABRAHAMS</b>		<b>USA</b>	
<b>NATL: 1:03.03 * 8/15/2005</b>		<b>RICHARD ABRAHAMS</b>			
1	Robert Kelsoe	63	North Texas Lonestars-26	1:11.50	1:12.70
	33.26		1:12.70 (39.44)		
2	Bruce Williams	63	Rice Aquatic Masters-25	1:15.00	1:16.50
	35.12		1:16.50 (41.38)		

## Men 60-64 200 LC Meter Butterfly

<b>ZONE: 2:55.06 ! 2000</b>					
<b>WORLD: 2:29.05 # 8/6/2011</b>		<b>LAWRENCE DAY</b>		<b>USA</b>	
<b>NATL: 2:29.05 * 8/6/2011</b>		<b>LAWRENCE DAY</b>			
1	Bob Seagraves	60	Aquatics of Georgetown Masters-	3:15.84	3:14.80
	43.29		1:35.18 (51.89) 2:26.37 (51.19) 3:14.80 (48.43)		

## Men 60-64 200 LC Meter IM

<b>ZONE: 2:40.50 ! 2000</b>					
<b>WORLD: 2:21.99 # 8/17/2014</b>		<b>RICK COLELLA</b>		<b>USA</b>	
<b>NATL: 2:21.99 * 8/17/2014</b>		<b>RICK COLELLA</b>			
1	Richard Hartman	61	Southern Masters Swimmers-24	2:50.00	2:43.38
	32.63		1:18.95 (46.32) 2:06.31 (47.36) 2:43.38 (37.07)		
2	Berry Hamilton	63	North Texas Lonestars-26	2:46.56	2:43.75
	33.87		1:19.04 (45.17) 2:05.34 (46.30) 2:43.75 (38.41)		
3	Bob Seagraves	60	Aquatics of Georgetown Masters-	2:59.16	2:56.53
	37.49		1:24.25 (46.76) 2:19.72 (55.47) 2:56.53 (36.81)		
4	Craig Fox	61	Memorial Athletic Club Aquatic-2	3:00.00	2:56.94
	35.83		1:23.44 (47.61) 2:17.15 (53.71) 2:56.94 (39.79)		

## Men 60-64 400 LC Meter IM

<b>ZONE: 6:08.39 ! 2000</b>					
<b>WORLD: 5:08.20 # 8/15/2014</b>		<b>RICK COLELLA</b>		<b>USA</b>	
<b>NATL: 5:08.20 * 8/15/2014</b>		<b>RICK COLELLA</b>			
1	Craig Fox	61	Memorial Athletic Club Aquatic-2	6:45.00	6:30.06
	36.55		1:22.92 (46.37) 2:16.27 (53.35) 3:05.61 (49.34)		
	4:02.16 (56.55)		4:59.57 (57.41) 5:46.16 (46.59) 6:30.06 (43.90)		
2	Sergio Vallejo	61	Uc25-25	7:15.00	6:52.64
	39.90		1:31.87 (51.97) 2:23.73 (51.86) 3:13.89 (50.16)		
	4:13.77 (59.88)		5:16.00 (1:02.23) 6:06.27 (50.27) 6:52.64 (46.37)		
3	Larry Kravitz	63	Aquatex Swim Team-43	7:00.00	7:08.42
	43.43		1:34.48 (51.05) 2:35.53 (1:01.05) 3:33.70 (58.17)		
	4:34.05 (1:00.35)		5:35.27 (1:01.22) 6:24.83 (49.56) 7:08.42 (43.59)		

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Men 65-69 50 LC Meter Freestyle**

<b>ZONE: 29.21 ! 2000</b>					
<b>WORLD: 26.33 # 8/12/2010</b>		<b>RICHARD ABRAHAMS</b>		<b>USA</b>	
<b>NATL: 26.33 * 8/12/2010</b>		<b>RICHARD ABRAHAMS</b>			
1	Robert Wilson	65	Charger Aquatics Masters-42	28.67	28.61!
2	Bruce Rollins	67	Woodlands Masters Swim Team-2	32.02	31.32
3	Gary Cates	65	North Texas Lonestars-26	34.50	32.11
4	James Davis	67	Masters of South Texas-43	34.60	34.01
5	James Cole	65	City Of Midland Aquatics-53	39.00	37.81

**Men 65-69 100 LC Meter Freestyle**

<b>ZONE: 1:06.07 ! 2000</b>					
<b>WORLD: 1:00.38 # 8/12/2010</b>		<b>RICHARD ABRAHAMS</b>		<b>USA</b>	
<b>NATL: 1:00.38 * 8/12/2010</b>		<b>RICHARD ABRAHAMS</b>			
1	Robert Wilson	65	Charger Aquatics Masters-42	1:04.44	1:05.80!
	30.94		1:05.80 (34.86)		
2	Bruce Rollins	67	Woodlands Masters Swim Team-2	1:10.02	1:13.39
	33.70		1:13.39 (39.69)		
3	Gary Cates	65	North Texas Lonestars-26	1:18.00	1:13.46
	36.19		1:13.46 (37.27)		
4	James Davis	67	Masters of South Texas-43	1:22.00	1:24.66
	40.45		1:24.66 (44.21)		

**Men 65-69 200 LC Meter Freestyle**

<b>ZONE: 2:30.21 ! 2000</b>					
<b>WORLD: 2:18.53 # 8/15/2008</b>		<b>TOM LANDIS</b>		<b>USA</b>	
<b>NATL: 2:12.46 * 7/7/2016</b>		<b>RICK COLELLA</b>			
1	Gary Cates	65	North Texas Lonestars-26	3:10.69	2:48.47
	39.11		1:23.52 (44.41) 2:07.12 (43.60)	2:48.47 (41.35)	
2	Bodvar Gregersen	68	Uc25-25	6:51.05	9:48.59
	2:08.41		9:48.59 (7:40.18)		

**Men 65-69 400 LC Meter Freestyle**

<b>ZONE: 5:31.15 ! 2000</b>					
<b>WORLD: 4:56.47 # 6/14/2015</b>		<b>JIM MCCONICA</b>		<b>USA</b>	
<b>NATL: 4:54.90 * 6/7/2015</b>		<b>JIM MC CONICA</b>			
1	Bodvar Gregersen	68	Uc25-25	14:32.81	24:32.68
	3:43.32		24:32.68 (20:49.36)		

**Men 65-69 800 LC Meter Freestyle**

<b>WORLD: 10:11.30 # 6/14/2015</b>		<b>JIM MCCONICA</b>		<b>USA</b>	
<b>NATL: 10:11.30 * 6/14/2015</b>		<b>JIM MC CONICA</b>			
1	Randy Ernst	65	Rice Aquatic Masters-25	13:00.00	12:46.53
	44.82		2:20.23 ( )	3:07.47 (47.24)	
	3:55.69 (48.22)		4:43.40 (47.71)	6:20.24 ( )	
	7:09.09 (48.85)		7:57.45 (48.36)	8:46.26 (48.81)	
	10:23.91 ( )		11:11.70 (47.79)	12:00.40 (48.70)	12:46.53 (46.13)

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Men 65-69 1500 LC Meter Freestyle

<b>ZONE: 21:13.06 ! 2000</b>					
<b>WORLD: 19:33.36 # 6/14/2015 JIM MCCONICA</b>				<b>USA</b>	
<b>NATL: 19:33.36 * 6/14/2015 JIM MC CONICA</b>					
1	Michael Huffman	67	Rice Aquatic Masters-25	25:00.00	25:09.30
	44.38	1:32.06 (47.68)	2:21.59 (49.53)	3:10.75 (49.16)	
	4:01.03 (50.28)	4:50.04 (49.01)	5:40.61 (50.57)	6:30.46 (49.85)	
	7:21.25 (50.79)	8:10.67 (49.42)	9:01.68 (51.01)	9:51.43 (49.75)	
	10:42.22 (50.79)	11:32.86 (50.64)	12:24.51 (51.65)	13:15.68 (51.17)	
	14:07.43 (51.75)	14:58.12 (50.69)	15:49.66 (51.54)	16:40.67 (51.01)	
	17:32.49 (51.82)	18:23.22 (50.73)	19:10.69 (47.47)	20:05.50 (54.81)	
	20:52.11 (46.61)	21:47.17 (55.06)	22:38.70 (51.53)	23:28.86 (50.16)	
	24:20.61 (51.75)	25:09.30 (48.69)			
2	James Cole	65	City Of Midland Aquatics-53	30:00.00	32:01.85
	45.19	1:41.67 (56.48)	2:40.39 (58.72)	3:44.25 (1:03.86)	
	4:48.15 (1:03.90)	5:52.72 (1:04.57)	6:56.88 (1:04.16)	8:00.84 (1:03.96)	
	9:04.99 (1:04.15)	10:09.12 (1:04.13)	11:13.21 (1:04.09)	12:18.28 (1:05.07)	
	13:21.96 (1:03.68)	14:28.20 (1:06.24)	15:33.17 (1:04.97)	16:38.82 (1:05.65)	
	17:42.46 (1:03.64)	18:47.68 (1:05.22)	19:51.77 (1:04.09)	20:58.42 (1:06.65)	
		23:08.89 ( )	24:13.98 (1:05.09)	25:20.28 (1:06.30)	
	26:25.99 (1:05.71)	27:35.47 (1:09.48)	28:42.57 (1:07.10)	29:50.74 (1:08.17)	
	30:57.69 (1:06.95)	32:01.85 (1:04.16)			

## Men 65-69 50 LC Meter Backstroke

<b>ZONE: 38.96 ! 2000</b>					
<b>WORLD: 30.95 # 7/7/2012 HUGH WILDER</b>				<b>USA</b>	
<b>NATL: 30.95 * 7/12/2012 HUGH WILDER</b>					
1	Greg Tharp	66	Woodlands Masters Swim Team-2	36.00	37.97!
2	James Steffensen	65	Fort Worth Area Swim Team-26	43.00	38.88!
3	Gary Cates	65	North Texas Lonestars-26	42.69	40.11
4	James Cole	65	City Of Midland Aquatics-53	43.00	44.17

## Men 65-69 100 LC Meter Backstroke

<b>ZONE: 1:23.25 ! 2000</b>					
<b>WORLD: 1:09.79 # 7/8/2012 HUGH WILDER</b>				<b>USA</b>	
<b>NATL: 1:09.79 * 7/8/2012 HUGH WILDER</b>					
1	Greg Tharp	66	Woodlands Masters Swim Team-2	1:23.00	1:22.59!
2	James Steffensen	65	Fort Worth Area Swim Team-26	2:00.00	1:28.15
	43.45	1:28.15 (44.70)			
3	Randy Ernst	65	Rice Aquatic Masters-25	1:45.00	1:34.94
	45.59	1:34.94 (49.35)			
4	Bodvar Gregersen	68	Uc25-25	3:49.92	4:15.34
	2:03.09	4:15.34 (2:12.25)			

## Men 65-69 200 LC Meter Backstroke

<b>ZONE: 3:23.31 ! 2000</b>					
<b>WORLD: 2:40.95 # 2/22/2008 BERND HORSTMANN</b>				<b>GER</b>	
<b>NATL: 2:41.76 * 8/6/2009 RICHARD BURNS</b>					
1	Bruce Rollins	67	Woodlands Masters Swim Team-2	3:30.02	3:29.40
	50.84	1:44.20 (53.36)	2:38.95 (54.75)	3:29.40 (50.45)	
2	Bodvar Gregersen	68	Uc25-25	8:01.70	9:59.69
	2:20.63	4:48.49 (2:27.86)	9:59.69 (5:11.20)		

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<b>ZONE: 39.14 ! 2000</b>					
<b>WORLD: 34.61 # 9/5/2009</b>		<b>OSAMU MAEDA</b>		<b>JPN</b>	
<b>NATL: 34.66 * 7/8/2012</b>		<b>ROBERT STRAND</b>			
1	Bruce Rollins	67	Woodlands Masters Swim Team-2	45.02	41.26
2	James Steffensen	65	Fort Worth Area Swim Team-26	50.00	42.29
3	Randy Ernst	65	Rice Aquatic Masters-25	47.00	43.51
4	James Cole	65	City Of Midland Aquatics-53	58.00	56.06
5	Bodvar Gregersen	68	Uc25-25	2:26.15	2:21.93

**Men 65-69 100 LC Meter Breaststroke**

<b>ZONE: 1:26.77 ! 2000</b>					
<b>WORLD: 1:18.11 # 8/6/2009</b>		<b>KENNETH FROST</b>		<b>USA</b>	
<b>NATL: 1:16.30 * 7/8/2016</b>		<b>RICK COLELLA</b>			
1	Bruce Rollins	67	Woodlands Masters Swim Team-2	1:35.02	1:33.59
	44.94		1:33.59 (48.65)		
---	Bodvar Gregersen	68	Uc25-25	4:55.29	DQ

**Men 65-69 200 LC Meter Breaststroke**

<b>ZONE: 3:20.30 ! 2000</b>					
<b>WORLD: 2:56.96 # 8/8/2014</b>		<b>ALLEN STARK</b>		<b>USA</b>	
<b>NATL: 2:47.71 * 7/7/2016</b>		<b>RICK COLELLA</b>			
1	Randy Ernst	65	Rice Aquatic Masters-25	4:00.00	3:33.40
	47.63		1:41.80 (54.17) 2:37.94 (56.14) 3:33.40 (55.46)		
2	Bruce Rollins	67	Woodlands Masters Swim Team-2	3:30.02	3:37.18
	49.97		1:44.54 (54.57) 2:42.86 (58.32) 3:37.18 (54.32)		
3	Bodvar Gregersen	68	Uc25-25	10:20.34	14:13.30
	3:23.81		14:13.30 (10:49.49)		

**Men 65-69 50 LC Meter Butterfly**

<b>ZONE: 30.86 ! 2000</b>					
<b>WORLD: 28.54 # 6/27/2009</b>		<b>JOSEP CLARET</b>		<b>ESP</b>	
<b>NATL: 28.68 * 8/16/2008</b>		<b>KEEFE LODWIG</b>			
1	Robert Wilson	65	Charger Aquatics Masters-42	31.83	31.50
2	Greg Tharp	66	Woodlands Masters Swim Team-2	36.00	34.97
3	Gary Cates	65	North Texas Lonestars-26	37.50	35.39
4	James Davis	67	Masters of South Texas-43	50.00	46.34
5	James Cole	65	City Of Midland Aquatics-53	44.00	57.72

**Men 65-69 100 LC Meter Butterfly**

<b>ZONE: 1:17.63 ! 2000</b>					
<b>WORLD: 1:07.34 # 8/11/2010</b>		<b>RICHARD ABRAHAMS</b>		<b>USA</b>	
<b>NATL: 1:06.53 * 7/10/2016</b>		<b>LAWRENCE DAY</b>			
1	Robert Wilson	65	Charger Aquatics Masters-42	1:12.00	1:16.42!
	34.82		1:16.42 (41.60)		
2	Bruce Rollins	67	Woodlands Masters Swim Team-2	1:35.02	1:30.31
	42.21		1:30.31 (48.10)		
3	Bodvar Gregersen	68	Uc25-25	6:21.35	6:01.61

**Men 65-69 200 LC Meter Butterfly**

<b>ZONE: 3:18.81 ! 2000</b>					
<b>WORLD: 2:41.92 # 2/21/2015</b>		<b>TAKEO HIRAMOTO</b>		<b>JPN</b>	
<b>NATL: 2:33.40 * 6/12/2016</b>		<b>LAWRENCE DAY</b>			
1	Bruce Rollins	67	Woodlands Masters Swim Team-2	3:30.02	3:30.84
	45.66		1:39.14 (53.48) 2:36.34 (57.20) 3:30.84 (54.50)		

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2	Bodvar Gregersen	68	Uc25-25	14:09.33	16:58.21
				4:03.76	16:58.21 (12:54.45)

**Men 65-69 200 LC Meter IM****ZONE: 3:03.77 ! 2000****WORLD: 2:39.23 # 8/6/2014 HUBIE KERNS USA****NATL: 2:29.52 \* 7/7/2016 RICK COLELLA**

1	Robert Wilson	65	Charger Aquatics Masters-42	2:47.82	2:47.79!
				33.43	1:16.55 (43.12)
					2:07.89 (51.34)
					2:47.79 (39.90)
2	Bruce Rollins	67	Woodlands Masters Swim Team-2	3:17.02	3:19.77
				44.31	1:41.22 (56.91)
					2:39.64 (58.42)
					3:19.77 (40.13)
3	Bodvar Gregersen	68	Uc25-25	9:06.62	11:35.30
				2:56.65	5:49.52 (2:52.87)
					9:23.01 (3:33.49)
					11:35.30 (2:12.29)

**Men 65-69 400 LC Meter IM****ZONE: 6:39.99 ! 2000****WORLD: 5:50.98 # 8/5/2014 ALEK SHESTAKOV USA****NATL: 5:20.00 \* 7/8/2016 RICK COLELLA**

1	Bruce Rollins	67	Woodlands Masters Swim Team-2	6:50.02	6:48.73
				43.67	1:34.55 (50.88)
					2:33.07 (58.52)
					3:29.21 (56.14)
				4:26.40 (57.19)	5:24.26 (57.86)
					6:06.94 (42.68)
					6:48.73 (41.79)
2	Bodvar Gregersen	68	Uc25-25	21:20.59	23:55.29
				3:32.92	23:55.29 (20:22.37)

**Men 70-74 50 LC Meter Freestyle****ZONE: 29.94 ! 2000****WORLD: 27.71 # 8/7/2015 RICHARD ABRAHAMS USA****NATL: 27.71 \* 8/7/2015 RICHARD ABRAHAMS**

1	Rog Hardy	70	Rice Aquatic Masters-25	32.49	31.68
2	Bob Welty	72	North Texas Lonestars-26	34.00	35.02
3	Darrell Wilk	71	Edina Swim Club-30	34.05	36.58
4	Ken Pipkin	72	North Texas Lonestars-26	38.26	41.49
5	Richard Hahn	74	Aquatics of Georgetown Masters-	39.48	42.10
6	Paul Collins	74	Woodlands Masters Swim Team-2	45.00	42.24

**Men 70-74 100 LC Meter Freestyle****ZONE: 1:09.80 ! 2000****WORLD: 1:03.32 # 8/8/2015 DAVID QUIGGIN USA****NATL: 1:03.32 \* 8/8/2015 DAVID QUIGGIN**

1	Rog Hardy	70	Rice Aquatic Masters-25	1:14.99	1:15.39
				33.99	1:15.39 (41.40)
2	Darrell Wilk	71	Edina Swim Club-30	1:23.01	1:24.77
				38.11	1:24.77 (46.66)
3	Richard Hahn	74	Aquatics of Georgetown Masters-	1:34.65	1:33.51
				43.59	1:33.51 (49.92)
4	Ken Pipkin	72	North Texas Lonestars-26	1:33.36	1:38.58
				43.68	1:38.58 (54.90)

**Men 70-74 200 LC Meter Freestyle****ZONE: 2:41.63 ! 2000****WORLD: 2:24.41 # 8/15/2014 DAVID QUIGGIN USA****NATL: 2:24.41 \* 8/15/2014 DAVID QUIGGIN**

1	Rog Hardy	70	Rice Aquatic Masters-25	2:49.99	2:44.98
				38.39	1:19.52 (41.13)
					2:03.07 (43.55)
					2:44.98 (41.91)

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Men 70-74 200 LC Meter Freestyle)**

2	Richard Hahn	74	Aquatics of Georgetown Masters-	3:35.10	3:29.59
	44.01	1:39.13 (55.12)	2:35.78 (56.65)	3:29.59 (53.81)	
3	Ken Pipkin	72	North Texas Lonestars-26	3:42.61	3:54.13
	49.33	1:50.27 (1:00.94)	2:56.24 (1:05.97)	3:54.13 (57.89)	

**Men 70-74 400 LC Meter Freestyle****ZONE: 5:15.62 ! 2000****WORLD: 5:12.05 # 5/4/2001 GRAHAM JOHNSTON USA****NATL: 5:12.05 \* 5/4/2001 GRAHAM JOHNSTON**

1	Rog Hardy	70	Rice Aquatic Masters-25	5:59.99	5:52.50
	38.40	1:22.21 (43.81)	2:06.85 (44.64)	2:52.53 (45.68)	
	3:38.34 (45.81)	4:24.40 (46.06)	5:09.64 (45.24)	5:52.50 (42.86)	
2	Richard Hahn	74	Aquatics of Georgetown Masters-	7:46.31	7:28.25
	46.96	1:43.15 (56.19)	2:40.43 (57.28)	3:40.03 (59.60)	
	4:37.80 (57.77)	5:36.65 (58.85)	6:33.42 (56.77)	7:28.25 (54.83)	

**Men 70-74 1500 LC Meter Freestyle****ZONE: 21:11.98 ! 2000****WORLD: 20:36.56 # 8/16/2001 GRAHAM JOHNSTON USA****NATL: 20:36.56 \* 8/16/2001 GRAHAM JOHNSTON**

1	Ken Pipkin	72	North Texas Lonestars-26	29:17.00	35:21.11
	52.58	1:58.10 (1:05.52)	3:08.27 (1:10.17)	4:16.33 (1:08.06)	
	5:25.99 (1:09.66)	6:34.30 (1:08.31)	7:42.61 (1:08.31)	8:50.33 (1:07.72)	
	9:59.67 (1:09.34)	11:10.10 (1:10.43)	12:20.02 (1:09.92)	13:29.29 (1:09.27)	
	14:40.30 (1:11.01)	15:52.57 (1:12.27)	17:06.95 (1:14.38)	18:18.04 (1:11.09)	
	19:29.91 (1:11.87)	20:42.35 (1:12.44)	21:54.11 (1:11.76)	23:02.49 (1:08.38)	
	24:11.28 (1:08.79)	25:22.17 (1:10.89)	26:34.28 (1:12.11)	27:45.52 (1:11.24)	
	28:55.77 (1:10.25)	30:05.52 (1:09.75)	31:14.27 (1:08.75)	32:19.89 (1:05.62)	
	34:15.58 (1:55.69)	35:21.11 (1:05.53)			

**Men 70-74 50 LC Meter Backstroke****ZONE: 39.09 ! 2000****WORLD: 33.59 # 8/11/2013 RICHARD BURNS USA****NATL: 33.59 \* 8/11/2013 RICHARD BURNS**

1	Bob Welty	72	North Texas Lonestars-26	39.00	40.77
2	Thomas Boak	73	Woodlands Masters Swim Team-2	44.00	43.27
3	Alvin Thomas	70	Rice Aquatic Masters-25	48.00	57.17

**Men 70-74 100 LC Meter Backstroke****ZONE: 1:29.44 ! 2000****WORLD: 1:15.13 # 6/15/2013 RICHARD BURNS USA****NATL: 1:15.13 \* 6/15/2013 RICHARD BURNS**

1	Bob Welty	72	North Texas Lonestars-26	1:25.00	1:28.82!
	43.23	1:28.82 (45.59)			

**Men 70-74 200 LC Meter Backstroke****ZONE: 3:13.40 ! 2000****WORLD: 2:44.59 # 8/9/2013 RICHARD BURNS USA****NATL: 2:44.59 \* 8/9/2013 RICHARD BURNS**

1	Bob Welty	72	North Texas Lonestars-26	3:10.00	3:17.19
	46.42	1:36.56 (50.14)	2:27.20 (50.64)	3:17.19 (49.99)	
2	Thomas Boak	73	Woodlands Masters Swim Team-2	3:45.00	3:41.37
	54.78	1:50.54 (55.76)	2:46.58 (56.04)	3:41.37 (54.79)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Men 70-74 50 LC Meter Breaststroke**

<b>ZONE: 41.56 ! 2000</b>					
<b>WORLD: 36.86 # 8/13/2015</b>		<b>DIETER HOEFEL</b>		<b>GER</b>	
<b>NATL: 36.85 * 5/15/2016</b>		<b>ROBERT STRAND</b>			
1	Thomas Boak	73	Woodlands Masters Swim Team-2	44.00	45.04
2	Bob Welty	72	North Texas Lonestars-26	44.00	46.53
3	Paul Collins	74	Woodlands Masters Swim Team-2	1:05.00	1:05.24

**Men 70-74 100 LC Meter Breaststroke**

<b>ZONE: 1:30.70 ! 2000</b>					
<b>WORLD: 1:23.65 # 8/4/2014</b>		<b>KENNETH FROST</b>		<b>USA</b>	
<b>NATL: 1:23.65 * 8/4/2014</b>		<b>KENNETH FROST</b>			
1	Alvin Thomas	70	Rice Aquatic Masters-25	1:45.00	2:04.33
	57.80		2:04.33 (1:06.53)		
---	Thomas Boak	73	Woodlands Masters Swim Team-2	1:45.00	DNF
	51.68				

**Men 70-74 50 LC Meter Butterfly**

<b>ZONE: 32.90 ! 2000</b>					
<b>WORLD: 30.06 # 8/9/2015</b>		<b>RICHARD ABRAHAMS</b>		<b>USA</b>	
<b>NATL: 30.06 * 8/9/2015</b>		<b>RICHARD ABRAHAMS</b>			
1	Bob Welty	72	North Texas Lonestars-26	39.00	48.81

**Men 70-74 200 LC Meter IM**

<b>ZONE: 3:15.34 ! 2000</b>					
<b>WORLD: 2:45.60 # 5/3/2009</b>		<b>BARRY YOUNG</b>		<b>NZL</b>	
<b>NATL: 2:55.13 * 7/14/2013</b>		<b>RICHARD BURNS</b>			
1	Rog Hardy	70	Rice Aquatic Masters-25	3:29.99	3:22.41
	42.74		1:41.42 (58.68) 2:38.93 (57.51)		3:22.41 (43.48)
2	Bob Welty	72	North Texas Lonestars-26	3:18.00	3:38.15
	50.68		1:45.08 (54.40) 2:45.84 (1:00.76)		3:38.15 (52.31)

**Men 75-79 50 LC Meter Freestyle**

<b>ZONE: 32.49 ! 2000</b>					
<b>WORLD: 30.26 # 2/21/2016</b>		<b>IAN SMITH</b>		<b>CAN</b>	
<b>NATL: 30.28 * 7/11/2009</b>		<b>DAVID RADCLIFF</b>			
1	William Blake	79	Masters of South Texas-43	39.09	39.33
2	Thomas Dillon	75	North Texas Lonestars-26	1:05.00	48.46

**Men 75-79 100 LC Meter Freestyle**

<b>ZONE: 1:15.43 ! 2000</b>					
<b>WORLD: 1:06.63 # 7/12/2009</b>		<b>DAVID RADCLIFF</b>		<b>USA</b>	
<b>NATL: 1:06.63 * 7/12/2009</b>		<b>DAVID RADCLIFF</b>			
1	William Blake	79	Masters of South Texas-43	1:40.00	1:36.02
	47.26		1:36.02 (48.76)		
2	Thomas Dillon	75	North Texas Lonestars-26	2:10.00	1:47.00
	51.11		1:47.00 (55.89)		

**Men 75-79 200 LC Meter Freestyle**

<b>ZONE: 2:48.26 ! 2000</b>					
<b>WORLD: 2:25.66 # 6/6/2009</b>		<b>DAVID RADCLIFF</b>		<b>USA</b>	
<b>NATL: 2:25.66 * 6/6/2009</b>		<b>DAVID RADCLIFF</b>			
1	Frank Williams	76	San Diego Swim Masters-44	NT	3:04.64



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## Results

## Men 75-79 200 LC Meter Freestyle

<b>ZONE: 2:48.26 ! 2000</b>					
<b>WORLD: 2:25.66 # 6/6/2009</b>		<b>DAVID RADCLIFF</b>		<b>USA</b>	
<b>NATL: 2:25.66 * 6/6/2009</b>		<b>DAVID RADCLIFF</b>			
1	William Blake	79	Masters of South Texas-43	3:45.00	3:44.43
	47.95	1:45.86 (57.91)	2:45.07 (59.21)	3:44.43 (59.36)	
2	Thomas Dillon	75	North Texas Lonestars-26	4:20.00	3:58.63
	54.34	1:57.06 (1:02.72)	3:00.57 (1:03.51)	3:58.63 (58.06)	

## Men 75-79 400 LC Meter Freestyle

<b>ZONE: 5:57.96 ! 2000</b>					
<b>WORLD: 5:17.77 # 3/7/2009</b>		<b>DAVID RADCLIFF</b>		<b>USA</b>	
<b>NATL: 5:17.77 * 3/7/2009</b>		<b>DAVID RADCLIFF</b>			
1	Frank Williams	76	San Diego Swim Masters-44	6:28.89	6:15.09
	42.28	1:28.51 (46.23)	2:16.25 (47.74)	3:04.64 (48.39)	
	3:52.70 (48.06)	4:41.82 (49.12)	5:29.33 (47.51)	6:15.09 (45.76)	
2	Thomas Dillon	75	North Texas Lonestars-26	8:30.00	8:17.66
	53.96	1:56.81 (1:02.85)	3:01.23 (1:04.42)	4:07.29 (1:06.06)	
		6:15.92 ( )	7:20.17 (1:04.25)	8:17.66 (57.49)	

## Men 75-79 800 LC Meter Freestyle

<b>WORLD: 11:07.90 # 7/10/2009</b>		<b>DAVID RADCLIFF</b>		<b>USA</b>	
<b>NATL: 11:07.90 * 7/10/2009</b>		<b>DAVID RADCLIFF</b>			
1	Frank Williams	76	San Diego Swim Masters-44	NT	13:05.17
	44.54	1:31.44 (46.90)	2:20.21 (48.77)	3:09.13 (48.92)	
	3:58.99 (49.86)	4:47.89 (48.90)	5:37.83 (49.94)	6:26.93 (49.10)	
	7:17.37 (50.44)	8:06.53 (49.16)	8:56.06 (49.53)	9:45.13 (49.07)	
	10:36.12 (50.99)	11:25.76 (49.64)	12:16.00 (50.24)	13:05.17 (49.17)	
	13:54.54 (49.37)	14:43.25 (48.71)	15:33.19 (49.94)	16:21.91 (48.72)	
	17:11.42 (49.51)	17:59.76 (48.34)	18:49.04 (49.28)	19:37.61 (48.57)	
	20:27.44 (49.83)	21:16.26 (48.82)	22:05.95 (49.69)	22:53.98 (48.03)	
	23:42.45 (48.47)	13:05.17 ( )			

## Men 75-79 1500 LC Meter Freestyle

<b>ZONE: 23:02.25 ! 2000</b>					
<b>WORLD: 21:03.06 # 7/10/2009</b>		<b>DAVID RADCLIFF</b>		<b>USA</b>	
<b>NATL: 21:03.06 * 7/10/2009</b>		<b>DAVID RADCLIFF</b>			
1	Frank Williams	76	San Diego Swim Masters-44	24:43.59	24:28.34
	44.54	1:31.44 (46.90)	2:20.21 (48.77)	3:09.13 (48.92)	
	3:58.99 (49.86)	4:47.89 (48.90)	5:37.83 (49.94)	6:26.93 (49.10)	
	7:17.37 (50.44)	8:06.53 (49.16)	8:56.06 (49.53)	9:45.13 (49.07)	
	10:36.12 (50.99)	11:25.76 (49.64)	12:16.00 (50.24)	13:05.17 (49.17)	
	13:54.54 (49.37)	14:43.25 (48.71)	15:33.19 (49.94)	16:21.91 (48.72)	
	17:11.42 (49.51)	17:59.76 (48.34)	18:49.04 (49.28)	19:37.61 (48.57)	
	20:27.44 (49.83)	21:16.26 (48.82)	22:05.95 (49.69)	22:53.98 (48.03)	
	23:42.45 (48.47)	24:28.34 (45.89)			
2	Thomas Dillon	75	North Texas Lonestars-26	35:00.00	32:36.73
	56.05	1:57.68 (1:01.63)	3:01.83 (1:04.15)	4:05.67 (1:03.84)	
	5:08.48 (1:02.81)	6:13.44 (1:04.96)	7:18.36 (1:04.92)	8:23.46 (1:05.10)	
	9:27.18 (1:03.72)	10:32.86 (1:05.68)	11:37.51 (1:04.65)	12:42.50 (1:04.99)	
	13:47.87 (1:05.37)	14:54.25 (1:06.38)	16:01.07 (1:06.82)	17:08.15 (1:07.08)	
	18:14.26 (1:06.11)	19:22.14 (1:07.88)	20:29.50 (1:07.36)	21:36.95 (1:07.45)	
	22:43.17 (1:06.22)	23:51.61 (1:08.44)	24:57.65 (1:06.04)	26:04.62 (1:06.97)	
	27:10.93 (1:06.31)	28:19.19 (1:08.26)	29:25.79 (1:06.60)		
	31:36.39 ( )	32:36.73 (1:00.34)			

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

**Men 75-79 50 LC Meter Butterfly**

ZONE: 37.08 ! 2000

WORLD: 32.61 # 2/11/2014 Y.FUNAHASHI JPN

NATL: 33.83 \* 6/8/2013 JOHN SMITH

1 Frank Williams 76 San Diego Swim Masters-44 39.57 38.70

**Men 75-79 100 LC Meter Butterfly**

ZONE: 1:41.25 ! 2000

WORLD: 1:25.60 # 7/19/2014 TAISUKE MIYAZAKI JPN

NATL: 1:31.89 \* 5/1/2010 BURWELL JONES

1 Frank Williams 76 San Diego Swim Masters-44 1:48.89 1:35.37!  
42.28 1:35.37 (53.09)**Men 75-79 200 LC Meter Butterfly**

ZONE: 3:56.81 ! 2000

WORLD: 3:18.12 # 6/6/2015 RICHARD KITCHELL USA

NATL: 3:18.12 \* 6/6/2015 RICHARD KITCHELL

1 Frank Williams 76 San Diego Swim Masters-44 4:06.17 3:51.32!  
52.14 1:51.58 (59.44) 2:52.90 (1:01.32) 3:51.32 (58.42)**Men 80-84 50 LC Meter Freestyle**

ZONE: 35.93 ! 2000

WORLD: 31.96 # 5/20/2012 ROBERTO ALBERICHE ESP

NATL: 32.92 \* 8/7/2015 CAV CAVANAUGH

1 Bob Bailie 81 Woodlands Masters Swim Team-2 37.63 37.40

**Men 80-84 400 LC Meter Freestyle**

ZONE: 7:02.18 ! 2000

WORLD: 5:45.21 # 8/23/2015 DAVID RADCLIFF USA

NATL: 5:45.21 \* 8/23/2015 DAVID RADCLIFF

1 Douglas Holmes 80 Southern Masters Swimmers-24 8:40.44 9:08.43  
59.80 2:11.66 (1:11.86) 3:23.91 (1:12.25) 4:35.12 (1:11.21)  
5:46.39 (1:11.27) 6:56.02 (1:09.63) 8:06.19 (1:10.17) 9:08.43 (1:02.24)**Men 80-84 1500 LC Meter Freestyle**

ZONE: 25:10.41 ! 2000

WORLD: 22:16.90 # 5/31/2014 DAVID RADCLIFF USA

NATL: 22:16.90 \* 5/31/2014 DAVID RADCLIFF

1 Bob Bailie 81 Woodlands Masters Swim Team-2 32:30.00 32:26.81  
54.28 1:54.66 (1:00.38) 2:57.09 (1:02.43) 4:02.25 (1:05.16)  
5:06.98 (1:04.73) 6:13.10 (1:06.12) 7:15.96 (1:02.86) 8:20.75 (1:04.79)  
9:24.52 (1:03.77) 10:29.77 (1:05.25) 11:32.80 (1:03.03) 12:37.99 (1:05.19)  
13:43.09 (1:05.10) 14:48.70 (1:05.61) 15:54.58 (1:05.88) 17:01.55 (1:06.97)  
18:06.59 (1:05.04) 19:12.54 (1:05.95) 20:16.86 (1:04.32) 21:24.00 (1:07.14)  
22:30.25 (1:06.25) 23:37.93 (1:07.68) 24:45.47 (1:07.54) 25:52.10 (1:06.63)  
26:58.92 (1:06.82) 28:07.16 (1:08.24) 29:13.69 (1:06.53) 30:19.77 (1:06.08)  
32:26.81 (2:07.04)  
2 Douglas Holmes 80 Southern Masters Swimmers-24 37:43.37 40:01.80  
2:16.99 ( ) 3:33.02 (1:16.03) 4:50.05 (1:17.03)  
6:07.99 (1:17.94) 7:25.56 (1:17.57) 8:44.09 (1:18.53) 10:03.66 (1:19.57)  
11:21.58 (1:17.92) 12:41.72 (1:20.14) 14:02.10 (1:20.38) 15:22.62 (1:20.52)  
16:44.42 (1:21.80) 18:06.77 (1:22.35) 19:29.06 (1:22.29) 20:53.97 (1:24.91)  
22:16.80 (1:22.83) 23:41.35 (1:24.55) 25:06.05 (1:24.70) 26:31.67 (1:25.62)  
27:53.20 (1:21.53) 29:15.28 (1:22.08) 30:36.48 (1:21.20) 32:01.11 (1:24.63)  
33:24.44 (1:23.33) 34:48.40 (1:23.96) 36:10.90 (1:22.50) 37:33.81 (1:22.91)  
38:51.74 (1:17.93) 40:01.80 (1:10.06)

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

**Men 80-84 50 LC Meter Backstroke**

<b>ZONE: 47.63 ! 2000</b>					
<b>WORLD: 38.16 # 1/20/2013</b>		<b>S.SEKIKAWA</b>		<b>JPN</b>	
<b>NATL: 39.18 * 8/8/2015</b>		<b>YOSHI OYAKAWA</b>			
1	Bob Bailie	81	Woodlands Masters Swim Team-2	48.85	51.48

**Men 80-84 100 LC Meter Backstroke**

<b>ZONE: 1:41.99 ! 2000</b>					
<b>WORLD: 1:26.44 # 1/19/2013</b>		<b>S.SEKIKAWA</b>		<b>JPN</b>	
<b>NATL: 1:31.10 * 6/8/2013</b>		<b>CLARKE MITCHELL</b>			
1	Bob Bailie	81	Woodlands Masters Swim Team-2	1:56.45	1:57.33
	55.21		1:57.33 (1:02.12)		
2	Douglas Holmes	80	Southern Masters Swimmers-24	2:02.71	2:04.40

**Men 80-84 200 LC Meter Backstroke**

<b>ZONE: 3:55.39 ! 2000</b>					
<b>WORLD: 3:16.22 # 6/7/2013</b>		<b>BURWELL JONES</b>		<b>USA</b>	
<b>NATL: 3:16.22 * 6/7/2013</b>		<b>BURWELL JONES</b>			
1	Douglas Holmes	80	Southern Masters Swimmers-24	4:21.47	4:23.71
	1:00.75		2:09.99 (1:09.24)		3:18.48 (1:08.49)
					4:23.71 (1:05.23)

**Men 80-84 50 LC Meter Breaststroke**

<b>ZONE: 47.07 ! 2000</b>					
<b>WORLD: 41.68 # 9/18/2006</b>		<b>TOSHIO TAJIMA</b>		<b>JPN</b>	
<b>NATL: 44.41 * 5/20/2012</b>		<b>BOB BEST</b>			
1	Bob Bailie	81	Woodlands Masters Swim Team-2	55.43	55.99
2	Douglas Holmes	80	Southern Masters Swimmers-24	57.46	1:07.31

**Men 80-84 100 LC Meter Breaststroke**

<b>ZONE: 1:57.53 ! 2000</b>					
<b>WORLD: 1:37.05 # 6/14/2015</b>		<b>TETSUO NAKAMARU</b>		<b>JPN</b>	
<b>NATL: 1:43.21 * 4/19/2008</b>		<b>ROBERT MACDONALD</b>			
1	Bob Bailie	81	Woodlands Masters Swim Team-2	2:12.00	2:10.92
	1:00.10		2:10.92 (1:10.82)		
2	Douglas Holmes	80	Southern Masters Swimmers-24	2:25.34	2:30.38
	1:14.24		2:30.38 (1:16.14)		

**Men 80-84 200 LC Meter Breaststroke**

<b>ZONE: 4:29.69 ! 2000</b>					
<b>WORLD: 3:42.84 # 2/21/2016</b>		<b>MASAMI SHIGETA</b>		<b>JPN</b>	
<b>NATL: 3:47.81 * 6/23/2007</b>		<b>AL CRAIG</b>			
1	Douglas Holmes	80	Southern Masters Swimmers-24	4:45.00	5:18.97
	1:13.69		2:38.39 (1:24.70)		4:00.50 (1:22.11)
					5:18.97 (1:18.47)

**Men 80-84 50 LC Meter Butterfly**

<b>ZONE: 45.31 ! 2000</b>					
<b>WORLD: 35.59 # 2/14/2016</b>		<b>HIROSHI MATSUMOTO</b>		<b>JPN</b>	
<b>NATL: 38.75 * 6/8/2013</b>		<b>CLARKE MITCHELL</b>			
1	Douglas Holmes	80	Southern Masters Swimmers-24	59.15	56.90

**Men 80-84 100 LC Meter Butterfly**

<b>ZONE: 1:59.97 ! 2000</b>					
<b>WORLD: 1:29.39 # 3/6/2011</b>		<b>DIVANO GIULIO</b>		<b>ITA</b>	
<b>NATL: 1:43.93 * 8/6/2014</b>		<b>WILLIAM LAUER</b>			
1	Douglas Holmes	80	Southern Masters Swimmers-24	1:59.08	2:32.91
	58.93		2:32.91 (1:33.98)		

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## Results

## Men 80-84 200 LC Meter IM

ZONE: 3:46.34 ! 2000

WORLD: 3:27.46 # 3/12/2016 JOHN COCKS AUS

NATL: 3:34.94 \* 8/15/2005 FRANK PIEMME

1	Douglas Holmes	80	Southern Masters Swimmers-24	4:56.88	4:43.56
		18.53 ( )	1:03.45 (44.92)	4:43.56 (3:40.11)	

## Men 80-84 400 LC Meter IM

ZONE: 8:52.71 ! 2000

WORLD: 7:12.63 # 6/23/2011 GIULIO DIVANO ITA

NATL: 7:39.71 \* 8/5/2014 WILLIAM LAUER

1	Douglas Holmes	80	Southern Masters Swimmers-24	8:55.95	10:31.27
				1:01.98	1:36.81 ( ) 2:42.95 (1:06.14)
				4:06.54 (1:23.59)	5:16.35 (1:09.81) 9:26.52 (4:10.17) 10:31.27 (1:04.75)

## Men 85-89 50 LC Meter Freestyle

ZONE: 51.96 ! 2000

WORLD: 33.94 # 3/2/2008 KEIJIRO NAKAMURA JPN

NATL: 35.77 \* 8/15/1998 WOODY BOWERSOCK

1	Graham Johnston	85	Masters of South Texas-43	40.00	37.89!
2	Louis Raiborn	85	Masters of South Texas-43	46.44	47.33!

## Men 85-89 100 LC Meter Freestyle

ZONE: 1:58.90 ! 2000

WORLD: 1:23.25 # 6/6/2010 FRANK PIEMME USA

NATL: 1:23.25 \* 6/6/2010 FRANK PIEMME

1	Graham Johnston	85	Masters of South Texas-43	1:19.00	1:26.89!
				41.58	1:26.89 (45.31)
2	Louis Raiborn	85	Masters of South Texas-43	1:55.33	1:48.04!
				49.74	1:48.04 (58.30)

## Men 85-89 200 LC Meter Freestyle

ZONE: 4:44.62 ! 2000

WORLD: 3:13.78 # 7/16/2000 HIKOJI UEKI JPN

NATL: 3:07.03 \* 6/26/2016 GRAHAM JOHNSTON

1	Graham Johnston	85	Masters of South Texas-43	3:07.03	3:11.32#
				44.93	1:33.47 (48.54) 2:24.03 (50.56) 3:11.32 (47.29)
2	Louis Raiborn	85	Masters of South Texas-43	4:29.83	4:26.99!
				54.86	2:06.52 (1:11.66) 3:20.35 (1:13.83) 4:26.99 (1:06.64)

## Men 85-89 400 LC Meter Freestyle

ZONE: 10:06.41 ! 2000

WORLD: 7:02.33 # 4/20/2013 ROD BAKER AUS

NATL: 6:38.87 \* 6/26/2016 GRAHAM JOHNSTON

1	Graham Johnston	85	Masters of South Texas-43	6:38.87	6:49.63#
				46.24	1:36.82 (50.58) 2:28.61 (51.79) 3:20.15 (51.54)
				4:12.76 (52.61)	5:05.05 (52.29) 5:59.12 (54.07) 6:49.63 (50.51)

## Men 85-89 800 LC Meter Freestyle

WORLD: 14:36.90 # 4/6/2008 WILLARD LAMB USA

NATL: 14:23.39 \* 7/9/2016 GRAHAM JOHNSTON

1	Graham Johnston	85	Masters of South Texas-43	14:00.00	14:33.98#
				48.78	1:40.70 (51.92) 2:35.42 (54.72) 3:29.66 (54.24)
				4:25.82 (56.16)	5:20.26 (54.44) 6:16.13 (55.87) 7:12.06 (55.93)
				8:08.93 (56.87)	9:04.63 (55.70) 10:02.22 (57.59) 10:57.14 (54.92)
				11:53.71 (56.57)	12:49.15 (55.44) 13:44.81 (55.66) 14:33.98 (49.17)

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Men 85-89 1500 LC Meter Freestyle

WORLD: 27:58.94 # 1/17/2016 KATSURA SUZUKI JPN  
 NATL: 28:35.24 \* 4/6/2008 WILLARD LAMB

1	Graham Johnston	85	Masters of South Texas-43	26:00.00	27:50.01#
	46.78	1:39.14 (52.36)	2:26.81 (47.67)	3:26.72 (59.91)	
	4:21.12 (54.40)	5:15.19 (54.07)		7:05.87 ( )	
	8:01.65 (55.78)	8:57.60 (55.95)	9:53.47 (55.87)	10:50.05 (56.58)	
	11:45.74 (55.69)	12:42.81 (57.07)	13:39.63 (56.82)	14:37.98 (58.35)	
	15:35.93 (57.95)	16:32.99 (57.06)	17:30.39 (57.40)	18:27.04 (56.65)	
	19:24.22 (57.18)	20:21.43 (57.21)	21:18.90 (57.47)	22:16.80 (57.90)	
	23:12.95 (56.15)	24:10.09 (57.14)	25:07.76 (57.67)	26:03.14 (55.38)	
	26:58.45 (55.31)	27:50.01 (51.56)			

## Men 85-89 50 LC Meter Backstroke

ZONE: 1:03.44 ! 2000  
 WORLD: 39.89 # 7/18/2008 KEIJIRO NAKAMURA JPN  
 NATL: 44.52 \* 8/10/2006 FRED VAN DYKE

1	Louis Raiborn	85	Masters of South Texas-43	1:00.11	55.02!
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## Men 85-89 100 LC Meter Backstroke

ZONE: 2:19.70 ! 2000  
 WORLD: 1:31.65 # 3/2/2008 KEIJIRO NAKAMURA JPN  
 NATL: 1:49.24 \* 6/14/2008 WILLARD LAMB

1	Louis Raiborn	85	Masters of South Texas-43	2:25.84	2:22.91
	1:05.10	2:22.91 (1:17.81)			

## Men 85-89 200 LC Meter Backstroke

ZONE: 5:00.07 ! 2000  
 WORLD: 3:28.59 # 7/19/2008 KEIJIRO NAKAMURA JPN  
 NATL: 4:04.33 \* 6/14/2008 WILLARD LAMB

1	Louis Raiborn	85	Masters of South Texas-43	5:23.77	5:05.62
				3:48.40 ( )	5:05.62 (1:17.22)

## Men 85-89 50 LC Meter Breaststroke

ZONE: 1:11.08 ! 2000  
 WORLD: 45.66 # 6/19/2010 TOSHIO TAJIMA JPN  
 NATL: 49.49 \* 7/24/2010 FRANK PIEMME

1	Louis Raiborn	85	Masters of South Texas-43	1:17.32	1:21.47
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## Men 85-89 200 LC Meter IM

ZONE: 6:52.33 ! 2000  
 WORLD: 3:51.20 # 8/3/2010 THOMAS MAINE USA  
 NATL: 3:51.20 \* 8/3/2010 THOMAS MAINE

1	Graham Johnston	85	Masters of South Texas-43	5:00.00	4:06.36!
	1:01.20	2:02.36 (1:01.16)	4:06.36 (2:04.00)		

## Men 90-94 50 LC Meter Freestyle

ZONE: 1:11.63 ! 2000  
 WORLD: 40.72 # 8/11/2003 WOODY BOWERSOCK USA  
 NATL: 39.19 \* 6/23/2003 WOODY BOWERSOCK

1	Baker Shannon	91	Woodlands Masters Swim Team-2	1:10.00	1:11.32!
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## Men 90-94 50 LC Meter Backstroke

WORLD: 46.82 # 7/17/2006 GORO KOBAYASHI JPN  
 NATL: 51.94 \* 8/15/2014 ALAN WEEDEN

1	Baker Shannon	91	Woodlands Masters Swim Team-2	1:40.00	1:30.68
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**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Men 90-94 50 LC Meter Breaststroke**

ZONE: 1:30.89 ! 2000

WORLD: 50.71 # 9/13/2015 TOSHIO TAJIMA JPN

NATL: 1:01.64 \* 6/10/2007 BRUD CLEVELAND

1 Baker Shannon 91 Woodlands Masters Swim Team-2 1:35.00 1:38.75

**Men 90-94 100 LC Meter Breaststroke**

ZONE: 3:37.93 ! 2000

WORLD: 2:05.18 # 6/5/2015 KARL HAUTER GER

NATL: 2:23.53 \* 5/15/2010 RAYMOND HAKOMAKI

1 Baker Shannon 91 Woodlands Masters Swim Team-2 3:20.00 4:00.26  
1:54.22 4:00.26 (2:06.04)**Women 120-159 200 LC Meter Freestyle Relay**

ZONE: 2:00.36 ! 2000

WORLD: 1:49.03 # 8/14/2015 TSUNAMI -RUS  
S KNYAGININA, A FEOKTISTOVA, L YUDINA, I SHLEMOVANATL: 1:50.53 \* 6/9/2013 N CAROLINA MASTERS SWIMMING  
RUTH JONES, CELIA WOLFF, ALICIA UHL, ERIKA BRAUN1 Masters Of Brazos-25 A 1:59.88 1:56.25!  
1) Julie Coskey W42 2) Megan Mick W18 3) Melissa Ralston W25 4) Christy Breiby W36  
28.24 58.02 (29.78) 1:27.84 (29.82) 1:56.25 (28.41)  
2 Rice Aquatic Masters-25 A 1:59.99 2:03.82  
1) Marissa Clapp W29 2) Lisa Linerode W37 3) Beth Hanlon W39 4) Nicole Van Nood W44  
29.22 1:01.71 (32.49) 1:33.38 (31.67) 2:03.82 (30.44)**Women 120-159 200 LC Meter Medley Relay**

ZONE: 2:17.60 ! 2000

WORLD: 2:03.42 # 9/22/2013 KONAMI S L -JPN  
A DOI, Y MIWA, J ONISHI, J ISHIKAWANATL: 2:04.19 \* 8/23/1998 GOLD COAST MASTERS  
B GARDNER, S GEYER, T MOLL, J HERRINGTON1 Masters Of Brazos-25 A 2:13.95 2:08.90!  
1) Megan Mick W18 2) Melissa Ralston W25 3) Christy Breiby W36 4) Julie Coskey W42  
34.36 1:09.60 (35.24) 1:40.54 (30.94) 2:08.90 (28.36)**Women 160-199 200 LC Meter Freestyle Relay**

ZONE: 2:06.65 ! 2000

WORLD: 1:48.44 # 8/8/2006 TEAM TYR -USA  
S HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPENATL: 1:48.44 \* 8/8/2006 TEAM TYR  
C HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE1 Longhorn Aquatics-43 A 2:10.00 2:05.81!  
1) Charis Anderson W37 2) Kendal Jacobson W50 3) Kristy Ditzler W52 4) Sally Dykstra W57  
31.04 1:01.77 (30.73) 1:31.79 (30.02) 2:05.81 (34.02)  
2 North Texas Lonestars-26 A 2:08.00 2:09.52  
1) Monica Bailey W55 2) Lauren Van Allen W36 3) Maureen Rea W40 4) Stephanie Stone W49  
33.08 1:08.64 (35.56) 1:37.51 (28.87) 2:09.52 (32.01)

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 160-199 400 LC Meter Freestyle Relay****ZONE: 4:28.07 ! 2000****WORLD: 4:06.90 # 6/14/2015** ' ' ' **NORTH CAROLINA MASTERS -USA**  
**E BRAUN, J STRINGER, A UHL, K LINDAUER****NATL: 4:06.90 \* 6/14/2015** **NORTH CAROLINA MASTERS**  
**E BRAUN, J STRINGER, A UHL, K LINDAUER**

1	North Texas Lonestars-26	A	4:35.00	5:07.66
	1) Stephanie Stone W49	2) Monica Bailey W55	3) Lauren Van Allen W36	4) Kristin Henderson W56
	34.49 1:11.30 (1:11.30)	1:49.35 (38.05)	2:30.02 (1:18.72)	
	3:08.42 (38.40)	3:51.75 (1:21.73)	4:27.15 (35.40)	5:07.66 (1:15.91)
2	Masters of South Texas-43	A	6:30.00	5:43.70
	1) Holly McKenna W30	2) Linda Callaway W63	3) Amy Porter W40	4) Susan Ingraham W57
	38.78 1:24.00 (1:24.00)	2:12.26 (48.26)	3:06.06 (1:42.06)	
	3:43.48 (37.42)	4:25.46 (1:19.40)	5:02.18 (36.72)	5:43.70 (1:18.24)

**Women 200-239 200 LC Meter Freestyle Relay****ZONE: 2:13.32 ! 2000****WORLD: 1:56.04 # 3/19/2011** ' ' ' **CAPE TOWN MASTERS -RSA**  
**S KRUGER, C STANFORD, M STRAUSS, E OTTERMANN****NATL: 1:57.21 \* 8/8/2006** **PACIFIC NORTHWEST AQUATICS**  
**L DAHL, D GLASSMAN, C DAVIS, M LIPPOLD**

1	Masters of South Texas-43	A	2:12.00	2:07.16!
	1) Amy Porter W40	2) Elaine Valdez W61	3) Tiitta Elias W49	4) Susan Ingraham W57
	32.16 1:04.36 (32.20)	1:36.04 (31.68)	2:07.16 (31.12)	
2	TeamTexas Masters-43	A	2:45.00	2:29.25
	1) Elise Ragland W66	2) Constance George W56	3) Shannon Whitehead W43	4) Michelle Weinfeld W42
	38.58 1:13.66 (35.08)	2:29.25 (1:15.59)		
3	Masters of South Texas-43	D	3:30.00	3:15.33
	1) DeEtte Sauer W75	2) Linda Callaway W63	3) Lynn Dusenbury W68	4) Holly McKenna W30
	49.60 1:35.00 (45.40)	2:41.38 (1:06.38)	3:15.33 (33.95)	

**Women 200-239 400 LC Meter Freestyle Relay****ZONE: 4:54.85 ! 2000****WORLD: 4:20.68 # 3/14/2013** ' ' ' **CAPE TOWN -RSA**  
**S KRUGER, C STANFORD, E OTTERMANN, P CADIZ****NATL: 4:26.53 \* 7/6/2014** **UCLA BRUIN MASTERS**  
**E STEBBINS, C CIRAULO, V HIBBEN, L DODD**

1	TeamTexas Masters-43	A	6:05.00	5:37.43
	1) Elise Ragland W66	2) Constance George W56	3) Shannon Whitehead W43	4) Michelle Weinfeld W42
	40.59 1:26.37 (1:26.37)	2:03.66 (37.29)	2:48.16 (1:21.79)	
	4:18.27 (1:30.11)	4:55.64 (37.37)	5:37.43 (1:19.16)	
2	Southern Masters Swimmers-	A	6:12.00	6:23.64
	1) Christine Frederic W52	2) Vicki Buccino W70	3) Patricia Arnold W77	4) Emma Stuba W21
	35.86 1:14.70 (1:14.70)	2:08.93 (54.23)	3:08.38 (1:53.68)	
	4:09.35 (1:00.97)	5:14.89 (2:06.51)	5:47.44 (32.55)	6:23.64 (1:08.75)

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 200-239 200 LC Meter Medley Relay****ZONE: 2:24.01 ! 2000****WORLD: 2:10.98 # 8/17/2008**

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**OREGON MASTERS -USA****K ANDRUS-HUGHES, B OBLETZ, A DELMAGE, R PARISI****NATL: 2:10.98 \* 8/17/2008****OREGON MASTERS****K ANDRUS-HUGHES, B OBLETZ, A DELMAGE, R PARISI**

1	North Texas Lonestars-26	A		2:28.00	2:28.81
	1) Monica Bailey W55	2) Krissy Maccurdy W64	3) Kristin Henderson W56	4) Janie Cole W63	
	37.27	1:20.82 (43.55)	1:57.82 (37.00)	2:28.81 (30.99)	
2	Masters of South Texas-43	A		2:27.00	2:38.65
	1) Suzanne Cuda W56	2) Amy Porter W40	3) Elaine Valdez W61	4) Susan Ingraham W57	
	42.89	1:27.44 (44.55)	2:04.70 (37.26)	2:38.65 (33.95)	
3	TeamTexas Masters-43	A		3:15.00	2:53.81
	1) Constance George W56	2) Shannon Whitehead W43	3) Michelle Weinfeld W42	4) Elise Ragland W66	
	42.92	1:35.17 (52.25)	2:14.66 (39.49)	2:53.81 (39.15)	

**Women 200-239 400 LC Meter Medley Relay****ZONE: 5:56.67 ! 2000****WORLD: 5:02.61 # 7/7/2013**

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**UCLA -USA****E STEBBINS, J COOK, C CIRAULO, V HIBBEN****NATL: 5:02.61 \* 7/7/2013****UCLA BRUIN MASTERS****E STEBBINS, J COOK, C CIRAULO, V HIBBEN**

1	North Texas Lonestars-26	A		5:02.61	4:58.86#
	1) Stephanie Stone W49	2) Krissy Maccurdy W64	3) Maureen Rea W40	4) Kristin Henderson W56	
	35.24	1:12.07 (1:12.07)	2:45.50 (1:33.43)		
	3:16.09 (30.59)	3:51.80 (1:06.30)	4:23.28 (31.48)	4:58.86 (1:07.06)	
2	Masters of South Texas-43	A		5:37.00	6:00.76
	1) Susan Ingraham W57	2) Amy Porter W40	3) Elaine Valdez W61	4) Tiitta Elias W49	
	44.81	1:32.64 (1:32.64)	2:23.90 (51.26)	3:18.42 (1:45.78)	
	3:57.31 (38.89)	4:44.33 (1:25.91)	5:20.32 (35.99)	6:00.76 (1:16.43)	
3	TeamTexas Masters-43	A		6:50.00	6:34.94
	1) Constance George W56	2) Shannon Whitehead W43	3) Michelle Weinfeld W42	4) Elise Ragland W66	
	45.91	1:33.36 (1:33.36)	2:25.61 (52.25)	3:24.16 (1:50.80)	
	4:08.10 (43.94)	5:00.30 (1:36.14)	5:44.16 (43.86)	6:34.94 (1:34.64)	

**Women 240-279 200 LC Meter Freestyle Relay****ZONE: 2:05.98 ! 2000****WORLD: 2:04.96 # 3/17/2016**

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**CAPE TOWN MASTERS -RSA****S KRUGER, D COETZEE, G MCCARNEY, C STANFORD****NATL: 2:05.98 \* 7/11/2015****PLANO WETCATS****J COLE, C MCKELVEY, K MACCURDY, L MORRISON**

1	Masters of South Texas-43	B		2:35.00	2:31.96
	1) Ann Vitt W70	2) Colleen Holloway W63	3) Randee Burke W64	4) Suzanne Cuda W56	
	41.73	1:18.82 (37.09)	1:56.33 (37.51)	2:31.96 (35.63)	
2	Rice Aquatic Masters-25	B		2:28.11	2:36.68
	1) Susan Matherne W54	2) Colette Lanier W58	3) Judy Levison W66	4) Suzy Reiersen W65	
	30.74	1:12.65 (41.91)	2:02.11 (49.46)	2:36.68 (34.57)	
3	Woodlands Masters Swim Tea	A		2:35.00	2:36.91
	1) Stacey Eicks W57	2) Mary Anne Hines W59	3) Sue Bloomfield W64	4) Deb Coellner W65	
	38.58	1:15.48 (36.90)	1:56.40 (40.92)	2:36.91 (40.51)	



**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Women 240-279 200 LC Meter Medley Relay****ZONE: 2:28.08 ! 2000****WORLD: 2:22.65 # 3/19/2016** CAPE TOWN MASTERS -RSA  
D COETZEE, G MCCARNEY, C STANFORD, S KRUGER**NATL: 2:24.95 \* 8/7/2014** NEW ENGLAND MASTERS  
D UUSTAL, B ESTEL, L DELOREY, J HIRSTY

1	Masters of South Texas-43	B	4:10.00	3:23.82
	1) Ann Vitt W70	2) Randee Burke W64	3) DeEtte Sauer W75	4) Colleen Holloway W63
	50.56	1:41.73 (51.17)	2:46.15 (1:04.42)	3:23.82 (37.67)

**Men 100-119 200 LC Meter Freestyle Relay****WORLD: 1:31.95 # 11/29/2009** MAC-MINA -BRA  
R LEITE, R TRIVINO, D BELINI, P RODIGHERI**NATL: 1:34.24 \* 8/10/2013** THE OLYMPIC CLUB  
K FERGUSON, T HOLSMAN, S GREENWOOD, C TALBOTT

1	Rice Aquatic Masters-25	A	1:41.99	1:41.20
	1) Aimon Allouache M25	2) Rodolfo Escalante M27	3) Ryan Littlefield M26	4) Alex Pujol M24
	25.96	51.09 (25.13)	1:16.18 (25.09)	1:41.20 (25.02)
2	Woodlands Masters Swim Tea	A	1:47.00	1:47.18
	1) Andrew Smiddy M24	2) Bailey Fellows M28	3) Jing Yang M30	4) Mark Reeves M27
	25.52	53.65 (28.13)	1:21.93 (28.28)	1:47.18 (25.25)
3	North Texas Lonestars-26	A	1:52.00	1:52.48
	1) Austin Krohn M18	2) Peyton Stone M18	3) Trey Van Dyke M24	4) Mark Glass M42
	30.73	59.55 (28.82)	1:26.01 (26.46)	1:52.48 (26.47)

**Men 100-119 400 LC Meter Freestyle Relay****WORLD: 3:30.77 # 6/23/2013** G-TRAVELERS -JPN  
Y MURAMATSU, K MAEDA, K MAEDA, N UTSUGI**NATL: 3:37.49 \* 8/8/2009** YMCA INDY SWIMFIT  
C CLARKE, D MICHAEL, G WIECZOREK, B CHRISTOFFEL

1	Rice Aquatic Masters-25	A	3:55.99	3:55.66
	1) Aimon Allouache M25	2) Jonathan Hansen M36	3) Rodolfo Escalante M27	4) Ryan Littlefield M26
	27.82	57.70 (57.70)	1:27.74 (30.04)	2:02.98 (1:05.28)
	2:29.01 (26.03)	2:58.30 (55.32)	3:26.31 (28.01)	3:55.66 (57.36)

**Men 100-119 400 LC Meter Medley Relay****WORLD: 3:58.35 # 4/17/2015** TROYKA -RUS  
A GULAKOV, I GOLOVIN, A DENISKO, I KOVALEV**NATL: 4:06.58 \* 8/8/2009** YMCA INDY SWIMFIT  
G WIECZOREK, B CHRISTOFFEL, D MICHAEL, W MERKLE

1	Rice Aquatic Masters-25	A	1:53.11	4:17.23
	1) Alex Pujol M24	2) Andrew Corman M26	3) Rodolfo Escalante M27	4) Ryan Littlefield M26
	30.26	1:02.57 (1:02.57)	1:37.03 (34.46)	2:18.59 (1:16.02)
	2:46.93 (28.34)	3:19.68 (1:01.09)	3:47.78 (28.10)	4:17.23 (57.55)
2	North Texas Lonestars-26	A	4:40.00	4:45.55
	1) Trey Van Dyke M24	2) Peyton Stone M18	3) Rick Van Dyke M51	4) Austin Krohn M18
	33.42	1:10.52 (1:10.52)	1:47.66 (37.14)	2:30.18 (1:19.66)
	3:02.18 (32.00)	3:40.74 (1:10.56)	4:11.28 (30.54)	4:45.55 (1:04.81)

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Men 120-159 200 LC Meter Freestyle Relay****ZONE: 1:43.14 ! 2000**

**WORLD: 1:34.09 # 8/14/2015** <sup>''''</sup>**ZUBR -BLR**  
**M KRUK, I KAVALIONAK, P LAGOUN, P ZINKEVICH**  
**NATL: 1:34.82 \* 7/26/2009** **SOUTHERN CAL AQUATIC MASTER**  
**M CORNUE, E HOCHSTEIN, E TOLMACHOFF, C BEACH**

1	Rice Aquatic Masters-25	B	1:49.11	1:48.65
	1) Daniel Shiosaki M32	2) Joey Minervini M40	3) James Connolly M47	4) Jonathan Hansen M36
	26.31	54.04 (27.73)	1:20.13 (26.09)	1:48.65 (28.52)
2	Longhorn Aquatics-43	A	2:05.00	1:50.23
	1) Dale Huggins M44	2) Todd Bellino M49	3) Alan Talkington M40	4) Anthony Bellino M19
	26.63	54.92 (28.29)	1:24.59 (29.67)	1:50.23 (25.64)
3	Masters Of Brazos-25	A	1:59.95	1:50.71
	1) Guy Buls M23	2) Michael Riley M27	3) David Ruff M56	4) Donovan Coskey M41
	26.29	53.70 (27.41)	1:24.74 (31.04)	1:50.71 (25.97)

**Men 120-159 400 LC Meter Freestyle Relay****ZONE: 4:05.23 ! 2000**

**WORLD: 3:36.59 # 7/30/2011** <sup>''''</sup>**ILLINOIS MASTERS -USA**  
**D KINSELLA, V ALLEGRA, C CUNNICK, T CARLSON**  
**NATL: 3:34.83 \* 8/8/2009** **MICHIGAN MASTERS**  
**K DOAK, A MULL, C MULL, P SAUCEDO**

---	North Texas Lonestars-26	A	4:20.00	DQ
	1) Mark Glass M42	2) Walter Accessor M44	3) Peyton Stone M18	4) Austin Krohn M18
	30.37	1:04.20 (1:04.20)	1:35.42 (31.22)	2:12.30 (1:08.10)
	2:42.46 (30.16)	3:17.50 (1:05.20)	3:47.66 (30.16)	DQ (1:04.86)

**Men 120-159 200 LC Meter Medley Relay****ZONE: 1:48.83 ! 2000**

**WORLD: 1:45.02 # 9/28/2014** <sup>''''</sup>**GOLDEN AGE -JPN**  
**S MITA, R KOBAYASHI, Y MATSUMOTO, H SAKURAI**  
**NATL: 1:46.23 \* 8/8/2009** **MICHIGAN MASTERS**  
**K DOAK, P SAUCEDO, C MULL, A MULL**

1	Rice Aquatic Masters-25	A	1:58.11	2:00.74
	1) Ryan Littlefield M26	2) James Connolly M47	3) Rodolfo Escalante M27	4) Joey Minervini M40
	33.14	1:06.29 (33.15)	1:33.59 (27.30)	2:00.74 (27.15)
2	Masters of South Texas-43	B	2:10.00	2:10.69
	1) Andrew Gale M50	2) C Nathan Porter M40	3) Jonathan Jones M20	4) Ernesto Peña M27
	36.51	1:39.61 ( )	2:10.69 (31.08)	
3	North Texas Lonestars-26	A	2:13.00	2:11.56
	1) Austin Krohn M18	2) Peyton Stone M18	3) Michael Doyle M52	4) Walter Accessor M44
	32.21	1:09.93 (37.72)	1:40.92 (30.99)	2:11.56 (30.64)

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Men 160-199 200 LC Meter Freestyle Relay****ZONE: 1:45.26 ! 2000****WORLD: 1:36.28 # 8/14/2015**    **''' NEVA STARS -RUS**  
**A MANZHULA, S MEDVEDEV, P LEBEDEV, V PREDKIN****NATL: 1:36.28 \* 8/8/2006**    **TEAM TYR**  
**M EISENHUTH, J SMITH, R SAEGER, P SMITH**

1	Dallas Aquatic Masters-26	A		1:58.50	2:01.26
	1) Matthias Längrich M36	2) Ross Myers M57	3) Keith McCain M51	4) Jeffrey Alley M34	
	27.90	58.70 (30.80)	1:32.27 (33.57)	2:01.26 (28.99)	
2	Fort Worth Area Swim Team-	A		NT	2:03.92
	1) John Allen M23	2) James Steffensen M65	3) Paul Irvine M56	4) Joaquin Anon Suarez M36	
	29.73	1:03.62 (33.89)	1:36.54 (32.92)	2:03.92 (27.38)	
---	Masters of South Texas-43	A		1:52.00	DQ
	1) C Nathan Porter M40	2) Andrew Gale M50	3) Steven Richey M56	4) Jonathan Jones M20	
	28.00	57.10 (29.10)	DQ (56.06)		

**Men 160-199 200 LC Meter Medley Relay****ZONE: 1:57.32 ! 2000****WORLD: 1:47.07 # 8/14/2015**    **''' NEVA STARS -RUS**  
**A SHILIN, P LEBEDEV, A MANZHULA, V PREDKIN****NATL: 1:47.72 \* 8/8/2006**    **TEAM TYR**  
**R SAEGER, G RHODENBAUGH, P SMITH, J SMITH**

1	Dallas Aquatic Masters-26	A		2:10.00	2:14.34
	1) Ross Myers M57	2) Jeffrey Alley M34	3) Keith McCain M51	4) Matthias Längrich M36	
	34.62	1:11.79 (37.17)	1:46.93 (35.14)	2:14.34 (27.41)	
2	Masters Of Brazos-25	A		2:22.63	2:17.94
	1) Donovan Coskey M41	2) Stanley Woods M59	3) David Ruff M56	4) Michael Riley M27	
	33.87	1:15.73 (41.86)	1:50.20 (34.47)	2:17.94 (27.74)	

**Men 200-239 200 LC Meter Freestyle Relay****ZONE: 1:49.41 ! 2000****WORLD: 1:38.24 # 8/8/2006**    **''' COLORADO -USA**  
**J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS****NATL: 1:38.24 \* 8/8/2006**    **COLORADO MASTERS**  
**J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS**

1	Longhorn Aquatics-43	B		2:10.00	1:56.01
	1) Alex Barr M48	2) Ed Coates M50	3) Anders Rasmussen M53	4) Dick Worrel M63	
	28.27	45.93 ( )	1:56.01 (1:10.08)		
2	North Texas Lonestars-26	B		1:59.00	2:03.73
	1) Walter Accessor M44	2) Peter Calabrese M50	3) Ken Woolley M58	4) Rick Van Dyke M51	
	30.94	1:02.41 (31.47)	1:36.09 (33.68)	2:03.73 (27.64)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Men 200-239 400 LC Meter Freestyle Relay****ZONE: 3:52.34 ! 2000****WORLD: 3:52.34 # 8/12/2012** **LONGHORN AQUATICS -USA**  
**M VAROZZA, J SAUER, D GUTHRIE, A RASMUSSEN****NATL: 3:52.34 \* 8/12/2012** **LONGHORN AQUATICS**  
**M VAROZZA, J SAUER, D GUTHRIE, A RASMUSSEN**

1 North Texas Lonestars-26	B	4:42.00	5:10.72
1) Michael Doyle M52	2) Ken Woolley M58	3) Peter Calabrese M50	4) Robert Kelsoe M63
33.22	1:09.09 (1:09.09)	1:46.64 (37.55)	2:28.66 (1:19.57)
3:07.75 (39.09)	3:49.49 (1:20.83)	4:28.47 (38.98)	5:10.72 (1:21.23)

**Men 200-239 400 LC Meter Medley Relay****ZONE: 4:13.76 ! 2000****WORLD: 4:13.76 # 8/11/2012** **LONGHORN AQUATICS -USA**  
**A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA****NATL: 4:13.76 \* 8/11/2012** **LONGHORN AQUATICS**  
**A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA**

1 North Texas Lonestars-26	B	5:30.00	5:34.93
1) Ken Woolley M58	2) Peter Calabrese M50	3) Michael Doyle M52	4) Walter Accessor M44
48.13	1:38.18 (1:38.18)	2:22.62 (44.44)	3:14.71 (1:36.53)
3:46.27 (31.56)	4:25.23 (1:10.52)	4:57.88 (32.65)	5:34.93 (1:09.70)

**Men 240-279 200 LC Meter Freestyle Relay****ZONE: 2:01.89 ! 2000****WORLD: 1:45.90 # 8/16/2008** **OREGON MASTERS -USA**  
**M TENNANT, T LANDIS, R SMITH, W EDWARDS****NATL: 1:45.90 \* 8/16/2008** **OREGON MASTERS**  
**M TENNANT, T LANDIS, R SMITH, W EDWARDS**

1 North Texas Lonestars-26	C	1:59.00	1:59.04!
1) Tom Barton M60	2) Gary Cates M65	3) Michael Doyle M52	4) Berry Hamilton M63
27.14	58.17 (31.03)	1:29.27 (31.10)	1:59.04 (29.77)
2 Rice Aquatic Masters-25	C	2:03.11	2:09.25
1) Steve Coulom M51	2) David Guthrie M56	3) Rog Hardy M70	4) Alvin Thomas M70
28.96	55.47 (26.51)	1:26.82 (31.35)	2:09.25 (42.43)

**Men 240-279 200 LC Meter Medley Relay****ZONE: 2:15.98 ! 2000****WORLD: 2:01.60 # 8/17/2014** **NORTH CAROLINA MASTERS -USA**  
**J KLEIN, N VESTAL, D GILCHRIST, P TREVISAN****NATL: 2:01.60 \* 8/15/2014** **N CAROLINA MASTERS SWIMMING**  
**J KLEIN, N VESTAL, D GILCHRIST, P TREVISAN**

1 Rice Aquatic Masters-25	B	2:03.00	2:06.25!
1) Bruce Williams M63	2) David Guthrie M56	3) Carlos Jimenez M52	4) Rog Hardy M70
35.27	1:06.03 (30.76)	1:35.34 (29.31)	2:06.25 (30.91)
2 North Texas Lonestars-26	B	2:13.00	2:11.52!
1) Tom Barton M60	2) Berry Hamilton M63	3) Robert Kelsoe M63	4) Ken Woolley M58
31.78	1:08.08 (36.30)	1:39.69 (31.61)	2:11.52 (31.83)
3 Woodlands Masters Swim Tea	A	2:02.00	2:26.39
1) Greg Tharp M66	2) Bradley Ohnstad M59	3) Bruce Rollins M67	4) Steve White M56
37.89	1:23.67 (45.78)	1:55.45 (31.78)	2:26.39 (30.94)

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Men 240-279 200 LC Meter Medley Relay)**

4	Masters of South Texas-43	A		2:55.00	2:47.03
	1) James Davis M67	2) Steven Richey M56	3) Charles Michaels M57	4) William Blake M79	
	49.70	1:32.02 (42.32)	2:08.51 (36.49)	2:47.03 (38.52)	

**Men 280-319 200 LC Meter Freestyle Relay****ZONE: 2:26.81 ! 2000**

**WORLD: 1:56.91 # 8/15/2014** <sup>''''</sup> **GOLD COAST MASTERS -USA**  
**D QUIGGIN, D PAINTER, K LODWIG, L CHILDS**  
**NATL: 1:56.91 \* 8/15/2014** **GOLD COAST MASTERS**  
**D QUIGGIN, D PAINTER, K LODWIG, L CHILDS**

1	Woodlands Masters Swim Tea	C		2:15.00	2:16.07!
	1) Thomas Boak M73	2) Bob Bailie M81	3) Niels Wolfhagen M60	4) Bruce Rollins M67	
	34.44	1:12.58 (38.14)	1:45.08 (32.50)	2:16.07 (30.99)	
2	Masters of South Texas-43	B		2:21.00	2:29.63
	1) Louis Raiborn M85	2) William Blake M79	3) James Davis M67	4) Charles Michaels M57	
	43.81	1:23.30 (39.49)	1:57.82 (34.52)	2:29.63 (31.81)	
3	North Texas Lonestars-26	D		2:38.00	2:39.10
	1) Robert Kelsoe M63	2) Ken Pipkin M72	3) Thomas Dillon M75	4) Bob Welty M72	
	31.24	1:13.81 (42.57)	2:02.44 (48.63)	2:39.10 (36.66)	

**Men 280-319 400 LC Meter Freestyle Relay****ZONE: 4:53.16 ! 2000**

**WORLD: 4:35.76 # 7/19/2015** <sup>''''</sup> **GOLD COAST MASTERS -USA**  
**G SCHMIDT, K LODWIG, C CAVANAUGH, L CHILDS**  
**NATL: 4:35.76 \* 7/19/2015** **GOLD COAST MASTERS**  
**G SCHMIDT, K LODWIG, C CAVANAUGH, L CHILDS**

1	North Texas Lonestars-26	C		6:10.00	6:04.75
	1) Gary Cates M65	2) Ken Pipkin M72	3) Thomas Dillon M75	4) Bob Welty M72	
	33.48	1:13.52 (1:13.52)	1:56.72 (43.20)	2:52.06 (1:38.54)	
	3:43.22 (51.16)	4:40.89 (1:48.83)	5:20.02 (39.13)	6:04.75 (1:23.86)	

**Men 280-319 200 LC Meter Medley Relay****ZONE: 2:29.93 ! 2000**

**WORLD: 2:16.74 # 8/8/2009** <sup>''''</sup> **SAN DIEGO SWIM MASTERS -USA**  
**V VAN BAALEN, P ANDERSEN, K LODWIG, D HUBBARD**  
**NATL: 2:16.74 \* 8/9/2009** **SAN DIEGO SWIM MASTERS**  
**V VAN BAALEN, P ANDERSEN, K LODWIG, D HUBBARD**

1	North Texas Lonestars-26	C		3:20.00	3:07.81
	1) Bob Welty M72	2) Ken Pipkin M72	3) Gary Cates M65	4) Thomas Dillon M75	
	43.80	1:43.96 (1:00.16)	2:20.14 (36.18)	3:07.81 (47.67)	

## USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016

## Results

## Men 280-319 400 LC Meter Medley Relay

ZONE: 5:58.28 ! 2000

WORLD: 5:35.08 # 6/21/2014 <sup>'''</sup> HAKUYO SWIMMERS -JPN  
 H NONAKA, S OKAZAKI, E FUTAMACHI, T TERAKOSHI  
 NATL: 5:24.55 \* 6/4/2005 N CAROLINA MASTERS SWIMMING  
 C MITCHELL, J KORTHEUER, R KITCHELL, J CLARK

1	North Texas Lonestars-26	C	6:30.00	6:47.52
	1) Bob Welty M72	2) Ken Pipkin M72	3) Robert Kelsoe M63	4) Thomas Dillon M75
	43.99	1:30.65 (1:30.65)	2:31.70 (1:01.05)	3:48.00 (2:17.35)
	4:20.46 (32.46)	5:00.77 (1:12.77)	5:49.41 (48.64)	6:47.52 (1:46.75)

## Mixed 72-99 200 LC Meter Medley Relay

ZONE: 2:06.40 ! 2000

NATL: 1:57.69 \* 7/31/2011 <sup>'''</sup> ARIZONA MASTERS  
 K HARRIGAN, B LARSON, M RIPPENTROP, G SMITH

---	Masters Of Brazos-25	B	2:12.67	DQ
	1) Megan Mick W18	2) Melissa Ralston W25	3) Guy Buls M23	4) Michael Riley M27
	34.15	1:09.71 (35.56)	DQ (55.40)	

## Mixed 100-119 200 LC Meter Medley Relay

WORLD: 1:51.99 # 7/17/2006 OAHU CLUB -JPN  
 T KITASHITA, H MATSUDA, K KAWAMOTO, I MAEDA  
 NATL: 1:55.34 \* 7/9/2011 THE OLYMPIC CLUB  
 O'DONNELL-MCCARTH, J DORR, E REILLY, S GREENWOOD

1	Rice Aquatic Masters-25	A	1:57.11	2:03.14
	1) Alex Pujol M24	2) Marissa Clapp W29	3) Rodolfo Escalante M27	4) Lisa Linerode W37
	28.51	1:31.39 ( )	2:03.14 (31.75)	

## Mixed 120-159 200 LC Meter Freestyle Relay

ZONE: 1:48.97 ! 2000

WORLD: 1:40.14 # 8/14/2015 <sup>'''</sup> TSUNAMI -RUS  
 A SATANOVSKIY, I SHLEMOVA, S KNYAGININA, A KRYLOV  
 NATL: 1:42.65 \* 8/23/1998 GOLD COAST MASTERS  
 T PACE, T MOLL, J HERRINGTON, K WIENANTS

1	Masters Of Brazos-25	A	1:56.44	1:52.13
	1) Julie Coskey W42	2) Michael Riley M27	3) Donovan Coskey M41	4) Christy Breiby W36
	28.64	56.44 (27.80)	1:22.95 (26.51)	1:52.13 (29.18)
2	Longhorn Aquatics-43	A	2:10.00	1:54.62
	1) Stacy Abrams W29	2) Charis Anderson W37	3) Anthony Bellino M19	4) Todd Bellino M49
	29.89	1:00.42 (30.53)	1:28.79 (28.37)	1:54.62 (25.83)
3	North Texas Lonestars-26	A	2:06.00	2:04.72
	1) Peyton Stone M18	2) Austin Krohn M18	3) Lauren Van Allen W36	4) Stephanie Stone W49
	29.40	58.76 (29.36)	1:34.58 (35.82)	2:04.72 (30.14)
4	Masters Of Brazos-25	B	2:09.57	2:08.08
	1) Megan Mick W18	2) Stanley Woods M59	3) David Ruff M56	4) Melissa Ralston W25
	30.58	1:06.58 (36.00)	2:08.08 (1:01.50)	
5	Masters of South Texas-43	E	2:30.00	2:19.69
	1) Holly McKenna W30	2) Ann Vitt W70	3) Ernesto Peña M27	4) Jonathan Jones M20
	35.88	1:15.77 (39.89)	1:51.85 (36.08)	2:19.69 (27.84)

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Mixed 120-159 200 LC Meter Medley Relay****ZONE: 2:03.21 ! 2000****WORLD: 1:50.77 # 7/8/2012**

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**PHOENIX SWIM CLUB -USA****N INADA, J COMMINGS, M HYMAN, J PONCE****NATL: 1:50.77 \* 7/8/2012****PHOENIX SWIM CLUB****N INADA, J COMMINGS, M HYMAN, J PONCE**

1	North Texas Lonestars-26	A	2:12.00	2:10.68
	1) Stephanie Stone W49	2) Peyton Stone M18	3) Maureen Rea W40	4) Mark Glass M42
	35.55	1:13.14 (37.59)	1:43.90 (30.76)	2:10.68 (26.78)
2	Rice Aquatic Masters-25	B	2:03.11	2:11.04
	1) Daniel Shiosaki M32	2) Andrew Corman M26	3) Beth Hanlon W39	4) Nicole Van Nood W44
	31.64	1:04.34 (32.70)	1:40.55 (36.21)	2:11.04 (30.49)
3	Dallas Aquatic Masters-26	A	2:07.00	2:11.64
	1) Ross Myers M57	2) Jeffrey Alley M34	3) Meredith Rubin W28	4) Alexis Dewey W23
	32.93	1:09.32 (36.39)	1:43.06 (33.74)	2:11.64 (28.58)
4	Dad's Club Swim Team Maste	A	2:35.66	2:26.73
	1) Emmanuel Terrier M48	2) Cindy Le W28	3) Alisha Rembach W28	4) Kristopher Dusek M36
	37.33	1:24.26 (46.93)	1:55.99 (31.73)	2:26.73 (30.74)
5	Masters of South Texas-43	B	2:40.00	2:42.41
	1) Ernesto Peña M27	2) Colleen Holloway W63	3) Jonathan Jones M20	4) Holly McKenna W30
	43.44	1:36.73 (53.29)	2:06.80 (30.07)	2:42.41 (35.61)

**Mixed 160-199 200 LC Meter Freestyle Relay****ZONE: 1:51.67 ! 2000****WORLD: 1:42.27 # 8/8/2006**

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**TEAM TYR -USA****J SMITH, R SAEGER, C SAPPEY, S HART****NATL: 1:42.27 \* 8/8/2006****TEAM TYR****J SMITH, R SAEGER, C SAPPEY, S HART**

1	Longhorn Aquatics-43	B	2:15.00	1:54.25
	1) Dale Huggins M44	2) Anders Rasmussen M53	3) Kendal Jacobson W50	4) Kristy Ditzler W52
	31.26	57.26 (26.00)	1:27.81 (30.55)	1:54.25 (26.44)
2	Rice Aquatic Masters-25	A	1:56.11	1:55.14
	1) Lisa Linerode W37	2) Susan Matherne W54	3) Aimon Allouache M25	4) James Connolly M47
	25.92	55.43 (29.51)	1:22.91 (27.48)	1:55.14 (32.23)
3	Dallas Aquatic Masters-26	A	1:51.50	2:00.68
	1) Alexis Dewey W23	2) Matthias Längrich M36	3) Sue Klimko W56	4) Ross Myers M57
	28.96	56.99 (28.03)	1:33.14 (36.15)	2:00.68 (27.54)

**Mixed 160-199 200 LC Meter Medley Relay****ZONE: 2:05.88 ! 2000****WORLD: 1:55.32 # 8/14/2015**

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**NEVA STARS -RUS****V PREDKIN, P LEBEDEV, A POLIAKOVA, O POZDNIKOVA****NATL: 1:58.35 \* 8/10/2006****TEAM TYR****M MCCUE, M RUFFNER, R SMIT, S VON DER LIPPE**

1	Longhorn Aquatics-43	A	2:20.00	2:09.16
	1) Stacy Abrams W29	2) Alan Talkington M40	3) Anders Rasmussen M53	4) Kristy Ditzler W52
	34.98	1:10.66 (35.68)	2:09.16 (58.50)	
2	Masters Of Brazos-25	A	2:15.94	2:14.07
	1) Christy Breiby W36	2) Stanley Woods M59	3) Donovan Coskey M41	4) Julie Coskey W42
	35.18	1:45.47 ( )	2:14.07 (28.60)	

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Mixed 160-199 200 LC Meter Medley Relay)**

3	North Texas Lonestars-26	B	2:19.00	2:20.77
	1) Trey Van Dyke M24	2) Rick Van Dyke M51	3) Kristin Henderson W56	4) Lauren Van Allen W36
	33.00	1:09.49 (36.49)	1:45.16 (35.67)	2:20.77 (35.61)
---	Rice Aquatic Masters-25	C	2:20.11	DQ
	1) Ryan Littlefield M26	2) Anna Mod W53	3) Keo Lukefahr W46	4) Joey Minervini M40
	34.26	1:29.52 (55.26)	2:07.84 (38.32)	DQ (29.36)

**Mixed 200-239 200 LC Meter Freestyle Relay****ZONE: 1:59.16 ! 2000**

**WORLD: 1:44.96 # 8/8/2006** <sup>''''</sup>**COLORADO -USA**  
**T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS**

**NATL: 1:44.96 \* 8/10/2006** **COLORADO MASTERS**  
**T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS**

1	North Texas Lonestars-26	B	1:56.00	1:57.04!
	1) Mark Glass M42	2) Tom Barton M60	3) Monica Bailey W55	4) Kristin Henderson W56
	27.56	54.10 (26.54)	1:26.10 (32.00)	1:57.04 (30.94)
2	Masters of South Texas-43	B	2:02.00	2:01.65
	1) Amy Porter W40	2) Susan Ingraham W57	3) Andrew Gale M50	4) Steven Richey M56
	32.60	1:06.42 (33.82)	1:33.09 (26.67)	2:01.65 (28.56)
3	Austin Swim Club-43	A	2:05.00	2:04.96
	1) Jeff Wetzel M60	2) Emily Erington W49	3) Tama Traudt W43	4) Todd Runkle M48
	29.01	1:01.17 (32.16)	1:34.80 (33.63)	2:04.96 (30.16)

**Mixed 200-239 200 LC Meter Medley Relay****ZONE: 2:17.07 ! 2000**

**WORLD: 2:02.32 # 8/15/2005** <sup>''''</sup>**SAN DIEGO SWIM MASTERS -USA**  
**K PIPES-NEILSEN, C KRATTLI, S LAUTMAN, V VAN BAALE**

**NATL: 2:02.32 \* 8/15/2005** **SAN DIEGO SWIM MASTERS**  
**K PIPES-NEILSEN, C KRATTLI, S LAUTMAN, V VAN BAALE**

1	Rice Aquatic Masters-25	D	2:11.11	2:17.37
	1) Colette Lanier W58	2) David Guthrie M56	3) Susan Matherne W54	4) James Connolly M47
	45.31	1:16.83 (31.52)	1:50.66 (33.83)	2:17.37 (26.71)
2	Austin Swim Club-43	A	2:20.00	2:22.71
	1) Tama Traudt W43	2) Todd Runkle M48	3) Jeff Wetzel M60	4) Emily Erington W49
	39.68	1:19.58 (39.90)	1:51.09 (31.51)	2:22.71 (31.62)
3	Masters of South Texas-43	E	3:25.00	2:43.10
	1) Linda Callaway W63	2) C Nathan Porter M40	3) Susan Ingraham W57	4) Charles Michaels M57
	57.92	1:34.64 (36.72)	2:43.10 (1:08.46)	

**Mixed 240-279 200 LC Meter Freestyle Relay****ZONE: 2:10.93 ! 2000**

**WORLD: 1:55.19 # 8/14/2015** <sup>''''</sup>**CAPE TOWN MASTERS -RSA**  
**C MAUGHAN, S KRUGER, D COETZEE, T SHEAD**

**NATL: 1:55.86 \* 8/8/2015** **PUGET SOUND MASTERS**  
**D GRAHAM, R COLELLA, C DAVIS, Z COURTNEY**

1	Rice Aquatic Masters-25	B	2:05.11	2:06.53!
	1) Carlos Jimenez M52	2) Bruce Williams M63	3) Heidi Ernst W64	4) Suzy Reiersen W65
	28.14	57.22 (29.08)	1:31.63 (34.41)	2:06.53 (34.90)
2	North Texas Lonestars-26	C	2:08.00	2:08.87!
	1) Berry Hamilton M63	2) Robert Kelsoe M63	3) Krissy Maccurdy W64	4) Janie Cole W63
	30.32	1:00.98 (30.66)	2:08.87 (1:07.89)	



**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****(Mixed 240-279 200 LC Meter Freestyle Relay)**

3	Masters of South Texas-43	C	2:20.00	2:18.19
	1) Suzanne Cuda W56	2) Elaine Valdez W61	3) Charles Michaels M57	4) James Davis M67
	36.06	1:11.53 (35.47)	1:43.74 (32.21)	2:18.19 (34.45)
4	Masters of South Texas-43	D	2:35.00	2:24.35
	1) Rande Burke W64	2) Colleen Holloway W63	3) William Blake M79	4) C Nathan Porter M40
	1:16.37 ( )	1:54.33 (37.96)	2:24.35 (30.02)	

**Mixed 240-279 200 LC Meter Medley Relay****ZONE: 2:31.58 ! 2000**

**WORLD: 2:09.06 # 8/8/2009** <sup>''''</sup>**TAMALPAIS AQUATIC MASTERS-US**  
**R BURNS, K FROST, L VAL, B WHEELER**  
**NATL: 2:09.06 \* 8/8/2009** **TAMALPAIS AQUATIC MASTERS**  
**R BURNS, K FROST, L VAL, B WHEELER**

1	North Texas Lonestars-26	C	2:19.00	2:25.53!
	1) Monica Bailey W55	2) Berry Hamilton M63	3) Gary Cates M65	4) Janie Cole W63
	40.34	1:18.31 (37.97)	1:53.17 (34.86)	2:25.53 (32.36)
2	Woodlands Masters Swim Tea	A	2:39.00	2:42.48
	1) Mary Anne Hines W59	2) Bradley Ohnstad M59	3) Bruce Rollins M67	4) Stacey Eicks W57
	42.62	1:27.19 (44.57)	2:04.86 (37.67)	2:42.48 (37.62)
3	Masters of South Texas-43	C	3:07.00	2:44.71
	1) Ann Vitt W70	2) Rande Burke W64	3) Andrew Gale M50	4) Steven Richey M56
	49.48	1:40.76 (51.28)	2:13.65 (32.89)	2:44.71 (31.06)
4	Rice Aquatic Masters-25	E	2:35.00	2:51.23
	1) Suzy Reieron W65	2) Judy Levison W66	3) Steve Coulom M51	4) Rog Hardy M70
	46.71	1:43.40 (56.69)	2:51.23 (1:07.83)	
5	Masters of South Texas-43	D	3:45.00	3:37.95
	1) Lynn Dusenbury W68	2) James Davis M67	3) Suzanne Cuda W56	4) William Blake M79
	1:09.34	2:09.92 (1:00.58)	2:59.53 (49.61)	3:37.95 (38.42)

**Mixed 280-319 200 LC Meter Medley Relay****ZONE: 2:41.82 ! 2000**

**WORLD: 2:21.20 # 8/9/2015** <sup>''''</sup>**TAMALPAIS AQUATIC MASTERS-US**  
**L VAL, K FROST, R BURNS, N RIDOUT**  
**NATL: 2:21.20 \* 8/9/2015** **TAMALPAIS AQUATIC MASTERS**  
**L VAL, K FROST, R BURNS, N RIDOUT**

1	Woodlands Masters Swim Tea	B	2:47.00	3:00.76
	1) Thomas Boak M73	2) Deb Coellner W65	3) Bob Bailie M81	4) Sue Bloomfield W64
	44.56	1:29.13 (44.57)	2:19.80 (50.67)	3:00.76 (40.96)
2	Southern Masters Swimmers-	A	3:27.00	3:30.98
	1) Douglas Holmes M80	2) Patricia Arnold W77	3) Richard Hartman M61	4) Vicki Buccino W70
	52.55	2:10.79 (1:18.24)	2:41.81 (31.02)	3:30.98 (49.17)

**Mixed 320-359 200 LC Meter Freestyle Relay**

**WORLD: 2:37.10 # 7/17/2006** **JUEI CLUB -JPN**  
**I TAMURA, M KAMOSHITA, Y NAGAMATSU, K NAKAMURA**  
**NATL: 2:55.56 \* 8/1/2004** **SANTA BARBARA MASTERS**  
**F PIEMME, G ALTUS, R BAAR, J SCHMIDT**

1	Masters of South Texas-43	A	4:10.00	3:49.51
	1) Sara Sievert W91	2) Louis Raiborn M85	3) DeEtte Sauer W75	4) Graham Johnston M85
		2:13.63 ( )	3:03.45 (49.82)	3:49.51 (46.06)

**USMS 2016 South Central Zone LC Championships - 7/29/2016 to 7/31/2016****Results****Mixed 320-359 200 LC Meter Medley Relay****WORLD: 2:55.98 # 7/20/2014 BIG S YOKOHAMA -JPN****S YONEZAWA, T NAKAMARU, H MAKIMOTO, M KAMOSHITA****NATL: 3:26.94 \* 6/13/2010 FLORIDA MAVERICK MASTERS****P HUTINGER, R MACDONALD, P TULLMAN, J TROY**

1	Masters of South Texas-43	A	4:10.00	4:17.17
	1) Sara Sievert W91	2) Graham Johnston M85	3) DeEtte Sauer W75	4) Louis Raiborn M85
	1:30.19	2:32.14 (1:01.95)	3:32.57 (1:00.43)	4:17.17 (44.60)