

## Gulf LMSC Emmett Hines Award

Emmett Hines, a giant in the swimming world, passed away in November 2016. Emmett gave selflessly to Masters Swimming at the local, national, and international levels. Locally, he was the coach of Houston Swims and served as a volunteer in numerous positions within the Gulf LMSC over several decades. On the national level, he attended many USMS conventions, wrote articles for the national magazine, and served on the USMS Coaches Committee and the Coaches Certification subcommittee. Emmett's numerous contributions were recognized with the USMS Coach of the Year Award in 1993 and the USMS Dot Donnelly Service Award in 2014.

The Gulf LMSC leadership feels that it can best honor Emmett's legacy with an annual award that recognizes the Gulf LMSC individual who best emulates the enthusiasm, expertise, and advocacy of Masters Swimming exemplified by Emmett Hines in the areas of volunteerism and/or coaching.

### Members, do you know someone who should be considered for this award?

If so, please submit a letter of nomination, no longer than two pages. The criteria for consideration, listed below, should be included in the letter. In order to be considered for the award, the individual MUST be currently registered with U.S. Masters Swimming in the Gulf LMSC.

### Criteria for Coaching

Coaches who meet one or more of the following criteria may be considered for the award.

**Recruitment and Retention of Swimmers:** Please list ways in which your coach actively recruits swimmers to your team and provides incentives to remain in the program. This may include any team building or social events that your coach encourages to build cohesiveness within the program.

**Promotion of U.S. Masters Swimming:** Let us know if your team requires USMS membership to participate in the program. Also let us know if your coach promotes USMS and/or Gulf LMSC initiatives such as Try Masters Swimming Week; USMS fitness events; USMS postal events; USMS pool or open water competitions; Gulf Swim University; Gulf fitness events.

**Knowledge and Expertise:** List any coaching certifications (USMS, USAS, ASCA) that your coach has attained or swim clinics/conventions that your coach has attended. Please enumerate ways in which your coach helps the swimmers improve their technique or fitness levels.

### Criteria for Volunteerism

Individuals who meet the following criteria may be considered for the award.

**Volunteerism:** Please list volunteer activities, specific to Masters Swimming, in which the individual participates such as attendance at Gulf LMSC meetings, service on Gulf LMSC or USMS committees, submitting items of interest for the Gulf newsletter, and/or hosting competitions or clinics open to all Gulf swimmers.

Letters of nomination can be emailed to: [gulfmastersswim@gmail.com](mailto:gulfmastersswim@gmail.com)

The deadline to submit nominations is September 30th.