



# Mission Viejo Nadadores Masters LCM Swim Meet Sunday, May 22, 2022

Sanctioned by Southern Pacific Masters Swimming for USMS, Inc. #332-S007

**NOTICE:** All local, city, county, and state COVID-19 safety mandates at the time of the meet will be strictly followed. This includes mandates on masks, gathering sizes/capacity limits, and spectators for events at the pool facility. If necessary, we will adjust the meet to adhere to these mandates per our Safety Plan.

**Facility:** Mission Viejo Pool is an outdoor 50m by 25yd competition pool at the Marguerite Aquatic Center, 27474 Casa Del Sol, Mission Viejo. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

**Timing System:** The primary timing system will be fully automatic. Times from this competition will be eligible for world record, USMS record, and Top 10 consideration. Colorado Timing will be used.

**Directions:** From the north or south, take the I-5 Freeway to the Alicia Parkway exit in Mission Viejo. Go east (away from the ocean) to Trabuco Road. Turn right on Trabuco to Marguerite Parkway. Go left on Marguerite to Casa Del Sol, turn right onto Casa Del Sol, and turn into the driveway for pool parking. No parking in reserved tennis spots or YMCA lot.

**Rules:** United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. Swimmers are limited to a total of 5 individual events, not including relays. Age on December 31, 2022, determines age group for the meet. You must be at least 18 years of age on May 22<sup>nd</sup> to compete.

**Deck Changes:** Deck Changes are now prohibited during ALL MEETS at the Marguerite Aquatic Center Facility.

**Entries:** All swimmers must be registered with USMS for 2022 or foreign equivalents. On-line entry fee is \$35.00, deadline is Wednesday, May 18, 2022, at 11:59 PM. Deck entries will be permitted for \$45.00. Deck entries will close at 7:30 AM for the 400m Freestyle and 400m Individual Medley, 8:00 AM for the 1500m Freestyle, and 9:00 AM for all other events. Entries are limited to 3 heats for the 800m and 1500m Freestyle Events.

**Seeding:** All events are timed finals and will be deck seeded slowest to fastest by entered time, ages and sexes combined. Check in is not required in order to be deck seeded, except swimmers must check in to swim the 400m, 800m, and 1500m Freestyle, and the 400m Individual Medley.

**Relays:** All relays will be deck entered on SPMS relay forms available at the meet. Relay fees are \$5.00 per relay due upon entry. For each relay swimmer who is not entered in individual events, a fee of \$10.00 and a signed liability release must be submitted with the relay entry. Swimmers may only swim on ONE relay for Event 10 and ONE relay for Event 18.

**Awards:** Individual: MVN ribbons for places 1 to 3. Relay: MVN ribbons for first place.

**Questions:** Meet Director, Mark Moore (949) 233-6521 [mvnswimcoach@gmail.com](mailto:mvnswimcoach@gmail.com)

**Meet Referee:** Paul Szuszkiewicz, [pszs@hotmail.com](mailto:pszs@hotmail.com)

**Meet Admin:** Judi Divan, [divanj@cox.net](mailto:divanj@cox.net)

**Snack Bar:** Hot and cold drinks, snacks, and food will be available for purchase.

**Sunday, May 22, 2022**

**Warm-up at 7:00 AM**

**Meet starts at 8:00 AM**

1. 400m Freestyle (check-in required)
2. 400m Individual Medley (check-in required)
3. 1500m Freestyle\* (check-in required)

\* entries limited to 3 heats

**Additional warm-up after 1500 Free  
Event #4 will start no earlier than 10:00 AM**

4. 200m Backstroke
5. 50m Butterfly
6. 50m Breaststroke
7. 100m Freestyle
8. 200m Butterfly

9. 200m Individual Medley
10. 200m Medley Relay (men, women, or mixed)
11. 50m Freestyle
12. 200m Breaststroke
13. 50m Backstroke
14. 100m Butterfly
15. 200m Freestyle
16. 100m Breaststroke
17. 100m Backstroke
18. 200m Freestyle Relay (men, women, or mixed)
19. 800m Freestyle\* (check-in required)

\* Entries limited to 3 heats