Newport Pier to Pier 2 Mile Ocean Swim Hosted by Newport Beach Ocean Lifeguard Association (NBOLA) Saturday July 29, 2023

Sanctioned by Southern Pacific Masters Swimming for USMS, Inc. Sanction #333-W002

Date: Saturday July 29, 2023

Time: 9:00AM Check-in, 10:00AM Race Start

Location: Balboa Island, 1 Balboa Pier, Newport Beach, CA 92661.

Directions: From Coast Highway (Hwy 1), turn South on Balboa Blvd to Palm St. Right turn into Main St. parking lot. Pay and Park. Walk to tower closest to Balboa Pier on North Side. No transportation is available to the start or finish areas.

Rules: United States Masters Swimming rules will govern. Current SPMS procedures will be enforced and take precedence over any errors or omissions on this form.

Eligibility: All swimmers must be registered with USMS for 2023 or foreign equivalents. One Day USMS Event (OEVT) membership WILL be available. Age on December 31, 2023, determines age group for the event. You must be at least 18 years of age on July 29th to compete. Bring a copy of your 2023 USMS card or foreign equivalent to race check-in.

Entries: \$60 pre-entry fee. \$80 race day (please pre-enter!). One Day USMS membership \$20. Entries will close on Saturday July 29, 2023 NO LATER than 9:30AM. Link to online entry:

https://www.clubassistant.com/club/meet_information.cfm?c=2313&smid=16504

Course: The 2-mile swim starts at Balboa Pier and ends at Newport Pier. Starting at Tower M, swimmers will proceed to a buoy and make a right shoulder turn towards the Newport Pier. Swimmers will continue parallel to the beach until they reach the Newport Pier at Tower 20. The finish line is at Tower 20. This is an open ocean swim with no bottom or walls to hang onto, ocean conditions are always changing. Water temp and conditions subject to change.

Start/Finish/Timing: The event will start on the beach on the northside of the Balboa Pier approximately 20 feet from the water's edge. The finish will be on the beach south of the Newport Pier marked with flags through the chute. A chip timing system will be used. Chips must be worn on the ankle.

Safety/Conditions: For safety reasons, participants should be adequately trained for competition. Previous experience is required and participants should be able to swim a pool mile under 45 minutes. An approved Safety Plan is on file. Since the safety of swimmers is of prime concern, the event may be delayed or canceled due to bad weather. The Event Director and Lifeguards will make this decision. There will be no refunds.

Paddlers/Safety Buoys: It is always recommended that swimmers wear a bright cap and be accompanied by a safety paddler. Use of personal safety buoys must be approved by the race director. Note that personal buoys, will be considered category II swimwear (wetsuit division) for purposes of placement and scoring.

Swimwear: Swimwear shall be made from textile materials and not contain clasps or zippers. For both men and women, the swimsuit shall not cover the neck and shall not extend past the shoulder nor below the ankles. Wetsuits are permitted in the USMS Wetsuit Division, and will be scored separately.

Swimmers are not permitted to wear or use any device or substance to help their speed, pace, navigation, buoyancy, or endurance during a swim such as webbed gloves, fins, snorkels, buoyant armbands, audio players, etc.). Medical identification items may be worn. Any kind of tape on the body or flat armband is not permitted unless approved by the referee. Wetsuits and neoprene will be considered category II swimwear (wetsuit division) for purposes of placement and scoring.

Awards: 1st, 2nd, and 3rd Place Age Group Finishers (Male and Female) and 1st Place Divisional Awards presented at conclusion of the swim

Questions/Event Director: Brandon Hodding, brandonhodding@gmail.com

Race Day Timeline:

9:00AM to 9:40AM - Positive check-in - pick up race packet and timing chip

9:00AM to 9:40AM – Race Numbering (Body Marking)

9:45AM - Mandatory Safety Meeting for ALL Participants

10:00AM - Race Start

Age Divisions: (Note: All Wetsuits and Neoprene bodywear/caps must enter wetsuit division.)

Seniors 18-24 years

Seniors 25-29 years

Masters 30-34 years

Masters 35-39 years

Masters 40-44 years

Masters 45-49 years

Masters 50-54 years

Masters 55-59 years

Veteran 60-64 years

Veteran 65-69 years

Veteran 70-74 years

Super Veteran 75 year plus

All Men's Wetsuit Division

All Women's Wetsuit Division

All Newport Lifeguard Division