# 2023 Pasadena Senior Games SCY Swim Meet Sunday June 4th 2023

### Recognized by Southern Pacific Masters Swimming for USMS, Inc. Recognition # 333-R001

**Facility**: Rose Bowl Aquatics Center, 360 N Arroyo Blvd., Pasadena. There is an outdoor, 8-lane competition pool, with six additional lanes available for warm-up. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

**Timing System:** The primary timing system will be fully automatic. Times from this competition will be eligible for USMS record and Top 10 consideration. Colorado Timing will be used.

**Directions:** *Going west on I-210,* exit Orange Grove as the freeway transitions to the 134. Go straight through the lights onto W. Holly Street. Turn left onto Arroyo Drive, then right onto Arroyo Blvd, and right into the first parking lot. *Going east on 134,* exit Orange Grove Blvd, and turn left onto Orange Grove. Turn left on West Holly Street. Turn left onto Arroyo Drive, then right onto Arroyo Blvd and right into the first parking lot. *Going south on I-210,* exit Mountain, turn right onto Mountain. Go straight until you see the Rose Bowl. At the parking lots turn left onto Arroyo Drive and left into parking lot I.

**Rules:** United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. **The 2023 Pasadena Senior Games are open to all athletes 50 years or older as of December 31, 2023.** 

Entries: <u>https://www.pasadenaseniorcenter.org/activities-events/senior-games?view=article&id=492&catid=38</u>

## Entries open May 8th, 2023

Entry/Age rules: <u>https://www.pasadenaseniorcenter.org/images/senior-games/SG-Form-</u> Registration-General-Information-2023.pdf

Age group for Senior Games competition is based on age as of December 31, 2023. Note that age group for USMS official times is based on age as of June 4, 2023.

**Entry Fees:** \$40.00 Athlete registration fee, \$8 per entry. Swimmers in the Advanced division are limited to a total of 5 individual events. Swimmers in the Novice Division are limited to a total of 6 individual events. No Deck entries.

**Disability Swimmers:** Disability swimmers are welcome. Please notify the meet director and meet referee, prior to the competition, of any disability and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment if required.

**Seeding:** All events will be timed finals, deck-seeded slowest to fastest, by entered time, ages and sexes combined. Advanced Division will compete first starting at 9am the Novice division will swim after the conclusion of the Advanced division.

Awards: Medals will be awarded to all first, second, and third place finishers in each age division for each event.

Questions: Ralph(RJ) Porrazzo, <u>rporrazzo@rosebowlaquatics.org</u>, (610) 413-0277 Meet Referee: Omar de Armas Meet Admin: Bettie Williams

## Sunday June 4th, 2023 Warm-up at 8:00 a.m. - 8:50 a.m. Meet Starts at 9:00 a.m. Advanced Division

- 1. 400Y IM
- 2. 100Y Breaststroke
- 3. 50Y Freestyle
- 4. 100Y Backstroke
- 5. 50Y Butterfly
- 6. 100Y Freestyle
- 7. 200Y IM
- 8. 100Y Butterfly
- 9. 200Y Freestyle
- 10. 50Y Backstroke
- 11. 200Y Backstroke
- 12. 50Y Breaststroke
- 13. 200Y Breaststroke
- 14. 100Y IM
- 15. 200Y Butterfly
- 16. 500Y Freestyle

## Sunday June 4th, 2023 Novice Division Session starts at CONCLUSION of Advanced Events

- 1. 25Y Freestyle
- 2. 50Y Butterfly
- 3. 25Y Backstroke
- 4. 50Y Freestyle
- 5. 25Y Breaststroke
- 6. 50Y Backstroke
- 7. 50Y Breaststroke
- 8. 25Y Butterfly
- 9. 100Y IM