



**Rose Bowl Masters & Rays
SCY Intersquad Swim Meet
Sunday April 2nd 2023**

Sanctioned by Southern Pacific Masters Swimming for USMS, Inc. #333-S007

Facility: Rose Bowl Aquatics Center, 360 N Arroyo Blvd., Pasadena, CA 91103. There is an outdoor, 8-lane competition pool, with six additional lanes available for warm-up. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Timing System: The primary timing system will be fully automatic. Times from this competition may be submitted for USMS record, and Top 10 consideration. Colorado Timing will be used.

Directions: Going west on I-210, exit Orange Grove as the freeway transitions to the 134. Go straight through the lights onto W. Holly Street. Turn left onto Arroyo Drive, then right onto Arroyo Blvd, and right into the first parking lot. Going east on 134, exit Orange Grove Blvd, and turn left onto Orange Grove. Turn left on West Holly Street. Turn left onto Arroyo Drive, then right onto Arroyo Blvd and right into the first parking lot (Lot I). Going south on I-210, exit Mountain, turn right onto Mountain. Go straight until you see the Rose Bowl. At the parking lots turn left onto Arroyo Drive and left into Parking Lot I.

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. Swimmers are limited to a total of 5 individual events, not including relays. Age on April 2, 2023, determines age group for the meet. You must be at least 18 years of age on April 2, 2023 to compete

Deck Changes: Deck Changes are prohibited during ALL MEETS at the Rose Bowl Aquatics Center.

Entries: This Intersquad meet is **limited to members of Rose Bowl Masters and Rose Bowl Rays Swim Teams**. All Rose Bowl Masters swimmers must be registered with USMS for 2023 or foreign equivalents.

Online Entry Fee is \$25. Deadline for entries is Wednesday March 29th, 2023 at 11:59pm Pacific Time.

There will be no Deck Entries and no mail in entries for individual events.

Seeding: All events are timed finals and will be deck-seeded slowest to fastest, by entered time, ages and sexes combined.

Relays: All relays will be deck entered.

Questions: Ralph (RJ) Porrazzo, (610) 413-0277, rporrazzo@rosebowlaquatics.org

Meet Admin: Bettie Williams

Head Referee: Virgil Chancy

Sunday April 2nd 2023

Warm-up at 8am-8:30am

Meet starts at 8:45am

1. 50 yd Freestyle Masters
2. 50 yd Freestyle Rays
3. 100 yd Backstroke Masters
4. 100 yd Backstroke Rays
5. 200 yd Freestyle Masters
6. 50 yd Breaststroke Masters
7. 50 yd Breaststroke Rays
8. 100 yd Freestyle Masters
9. 100 yd Freestyle Rays
10. 50 yd Butterfly Masters
11. 50 yd Butterfly Rays
12. 100 yd Breaststroke Masters
13. 100 yd Breaststroke Rays
14. 200 IM Masters
15. 50 yd Backstroke Masters
16. 50 yd Backstroke Rays
17. 100 yd Butterfly Masters
18. 100 yd Butterfly Rays
19. 4 x 50 yd Freestyle Relay Masters (Men)
20. 4 x 50 yd Freestyle Relay Masters (Women)
21. 4 x 50 yd Freestyle Relay Masters (Mixed)
22. 4 x 25 yd Exhibition Masters & Rays Relays