28th Annual NOVAQUATICS — SPEEDO GRAND CHALLENGE

William Woollett Jr. Aquatics Center – Irvine California

May 24, 25 & 26, 2024

Southern California Swimming/USA Swimming Sanctioned By:

Southern Pacific LMSC for USMS, Inc.

Date of Meet: May 24, 25 & 26, 2024 S24-056/USMS:#334-S005 **ENTRIES DUE BY 5:00PM:** May 15, 2024 (Wednesday)

Sanction Number: WARMUP Pool Open: Sponsored By: SPEEDO and Novaquatics Swimming Team 7:00 am (Fri - Sun)

USA Swimming/World Aquatics (AQUA) Athletes/USMS Athletes Open to:

START TIME: Prelims: 8:30 am (Fri – Sun) FINALS: 5:00 pm (Fri & Sat), 4:00 pm (Sun)

POOL: WILLIAM WOOLLETT JR. AQUATICS CENTER POOL, 4601 WALNUT, IRVINE, CA 92604. SITE OF THE 2022/2023 USA Junior

National and National Swimming Championships.

WILLIAM WOOLLETT JR. AQUATICS CENTER POOL is an outdoor eight Lane 50 meter competition pool with a separate 50 meter by 25 COURSE: yard warm-up pool. This competition course has been certified in accordance with 104.2.2 (C) on file with USA Swimming. Pool Depth

Measurements at Start and Turn End Lanes 1 – 8 = 7'. The length of the competition course without a bulkhead is in compliance and on

file with USMS in accordance with articles 105.1.7 and 107.2.1.

ADMISSION: Spectator seating in the grandstands on the park side of the venue. Tickets are available at https://www.eventbrite.com/e/269210785707 The

competition will be broadcast live on Novaquatics/youtube.com https://www.youtube.com/channel/UCUBh41ICkXVRO9SC7YWhq5g

PARKING: FRIDAY PRELIMS: No Parking in the front lot on Walnut: (school is in session). Drop off/pick up in the roundabout in front of the swim

complex. Parking is available in lots to the East off Yale in Heritage Park; Friday, Saturday and Sunday. SATURDAY and SUNDAY; Parking available behind the pool in the Irvine High School parking Lot off Escolar and to the east off Yale in Heritage Park. NO PARKING

ON WĂLNUT AVENUE.

FACILITY

ACCESS: Participant entry and credential pick up through the Garage to the left of the main pool entrance. There will be NO ENTRY through the

WARMUP: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during or after the

swim meet must be under the direct supervision of an USA Swimming member coach. 3 Point, Slip and Slide entry will be enforced. NO

DIVING or JUMPING into the pool during these times except into the designated sprint lane(s).

ELIGIBILITY: and AFFILIATION:

OPEN TO ATHLETES WHO HOLD CURRENT 2024 USA Swimming, World Aquatics (AQUA), or USMS membership and meet the qualifying times.. For USA Swimming members, online registration in SWIMS 3.0 must be completed prior to the meet entry deadline. Club transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached but is responsible for completing the Club Transfer process online in SWIMS 3.0. No late or deck registration will be accepted. All USA

Swimming athletes 18 and over must complete the free on-line USA Swimming Athlete Protection Training to compete.

USMS (MASTERS) ENTRY:

To swim a dual-sanctioned meet as a Masters swimmer, you must either enter electronically or using an SCS entry card (available on www.socalswim.org), submit a copy of the USMS Declaration of Intent to swim a dual-sanctioned meet as a Masters swimmer, and a copy of your 2024 USMS Registration. Age on December 31, 2024 determines age group for the meet. You must be registered with USMS and be at least 18 years old on May 24, 2024 to compete. Times achieved by USMS members competing in a USA Swimming sanctioned meet as USA Swimming athletes may not be submitted for World Aquatics (AQUA) world record consideration. Only swimmers who compete in USMS sanctioned events as USMS members are eligible to submit times for World Aquatics (AQUA) world record consideration.

USMS athletes are permitted to swim prelims only and prelims will be considered timed finals under USMS rule 102.5.5. USMS does not permit time trials in 25 Meter and 50 Meter pools.

COACHES and OFFICIALS:

To receive a meet deck pass Coaches and Officials must be current USA Swimming members, have completed the California required concussion training (CDC or NFHS), CAT and CANRA. International guests are exempt. Meet deck pass should be visible at all times.

QUALIFYING TIMES:

SUBMIT LONG COURSE METER TIMES. If qualifying by short course yard times, enter your short course yards time. Swimmers with National qualifying times in yards may enter at the minimum National long course meter time. Swimmers must have achieved the Short Course or Long Course Time Standard after May 25, 2023. DO NOT SUBMIT NT (no time), ET (estimated time) or work out time trials. Swimmers may enter as many events as qualified, but may only compete in three (3) individual events per day. If a swimmer qualifies for one event, they can swim 3 (there is no BONUS time standard). All events are contested as Trials and Finals events, including the 800 meter freestyle.

SWIMMERS WITH "A" FLIGHT QUALIFYING STANDARDS MAY CHOOSE TO ENTER THE "B" FLIGHT SESSIONS BY ENTERING THE "B" FLIGHT EVENTS RATHER THAN THE "A" FLIGHT.

ENTRY FEES:

\$13.50 per individual event in addition to a \$25.00 per swimmer surcharge must accompany electronic or individual entry. Coaches entering any qualified Outreach athletes in this meet, must provide their team outreach registration roster from SWIMS/USA Swimming to the Meet Admin, when sending their team entry report and file, listing the outreach athletes' name. The Outreach athlete entry fee is a \$15.00 flat fee.

MAKE CHECKS PAYABLE TO: **MAIL or HAND DELIVER ENTRIES TO:** **IRVINE NOVAQUATICS Irvine Novaquatics** c/o Judi Divan 33561 Calle Miramar San Juan Capistrano, CA 92675

divanj@cox.net 949-280-6787

PROOF OF TIME:

This is a Proof of Time Meet. All entered times will be verified through the SWIMS database or through the USMS database (ESTHER). See SCS Swim Guide for Proof of Time procedures and penalties

ELECTRONIC ENTRY

PROCEDURE:

E-mail entry (entry .zip file) will be accepted ONLY when received with an attached Word or pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10:00PM electronic). Full payment (single team check or certified funds) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

MEET REFEREE:

Ted Olivieri shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to trackmdr@aol.com

RULES:

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 2.0) will govern this meet. Current SCS Meet procedures for Trials and Finals Meets will be enforced (See 2024 SCS Swim Guide). This meet will be pre seeded.

SCRATCH RULES:

The National Championship scratch rules will be used. Scratch deadline for subsequent sessions will close 30 minutes after the conclusion of the evening finals session prior to the next day's preliminary session. Scratches for the preliminary session for Friday May 24, 2024 may be emailed to the meet processor the day before by 5:00pm divanj@cox.net

RECORDING DEVICES

& MEDIA NOTICE:

The use of audio-visual recording devices including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

SWIMWEAR:

Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. "Tech" suits are not permitted at this meet for 12 & Under swimmers.

DECK

CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION:

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

PRELIMINARY

HEATS:

All Preliminary heats will be divided into "A" and "B" flights. All 7-12 year olds events will be swum in the "A" flight. The "B" flight will be run following the conclusion of the "A" flight. ALL PRELIMINARY HEATS WILL BE SWUM FASTEST TO SLOWEST. The fastest three heats will be championship seeded, except events 400 and longer, only top two heats will be championship seeded in preliminaries. The B flight will be swum fastest to slowest but will not be championship seeded.

800/1500 METER FREESTYLE EVENTS:

The 800 and 1500 Freestyle events are being conducted as a trials and finals event. The Men's 1500 freestyle "A" preliminary heats will swim at the conclusion of the "A" flight and the "B" flight preliminaries at the conclusion of the "B" flight on Friday, May 24, 2024. Women's 800 freestyle preliminary A flight heats will swim at the conclusion of the "A" flight and the B flight heats at the conclusion of the "B" flights on Saturday, May 25, 2024. Preliminary heats of the 800 and 1500 freestyle events will be swum FASTEST TO SLOWEST. The women's top 8 finalists of the 800 meter freestyle will be conducted as the first event of the finals session on Sunday, May 26, 2024 the men's top 8 finalists of the 1500 meter freestyle will be conducted following the finals of event 36 (Men's 100 Back) Sunday, May 26, 2024.

FINALS FORMAT:

The top four qualifiers in each event advance to the Championship Final; there will be an "A" and "B" consolation final for the next 16 qualifying competitors. The finals of the 800 free will consist of a single Championship Final of the top 8 swimmers from the preliminary heats. The order of competition for the finals session will be "B" consolation, "A" consolation and Championship Final. The top 8 finalists in the 7-12 year old events advance to the Championship finals.

AWARDS:

(Awards will be formally presented immediately following the completion of the championship heat) Cash Awards will be presented to the 1st, 2nd and 3rd places, to those athletes eligible to receive cash. Cash Awards: \$100.00 for 3rd Place, \$200.00 for 2nd Place with 1st Place amount determined by the spin of the *Mystery Wheel* (\$300.00 - \$1,000.00). Other cash awards may be affected by the spin of the Mystery Wheel (ex: "Winner Takes All"). The Mystery wheel will be spun prior to the Championship final to determine 1st Place cash value. A \$100.00 cash award will be presented for a Meet record set in the Championship Final. Swimmers with current or future collegiate (e.g. NCAA) or high school (e.g. CIF) eligibility may be prohibited from receiving cash awards but may accept merchandise awards. 7-12 events will be awarded medals 1st - 3rd place. Athletes eligible to receive cash prizes are required to complete appropriate forms by the end of the meet for cash dispersal.

AWARDS: 800 and 1500 Free:

Cash awards for the Men's 1500 free and Women's 800 free will be based on the fastest split for each 50 throughout the championship final. In the Men's 1500 final, the fastest split for each 50 is progressively worth more than each 300 meters increasing by \$10.00, starting with \$10.00 per 50 over the first 300 meters and increasing to \$50.00 per 50 over the last 300 meters. In the women's 800 final, the value of each 50 increases by \$10.00 after each 100, starting at \$20.00 per 50 in the first 100 meters and increasing up to \$90.00 per 50 over the last 100 meters of the race. To claim the cash prize, the swimmer MUST swim the final in a time faster than their preliminary qualifying time

TIME TRIAL:

Time permitting, a Deck Entered Time Trial session will be offered at the conclusion of the morning sessions. **Time trials are NOT available to USMS/Masters swimmers (as per USMS/AQUA rules for LCM competition.)**

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

28th Annual NOVAQUATICS SPEEDO GRAND CHALLENGE - IRVINE

Friday - May 24, 2024

A FLIGHT Prelims: 8:30 AM - B FLIGHT Prelims: 30 minutes following conclusion of A FLIGHT - FINALS: 5:00 PM

Α	FL	IGF	łΤ

	WOMEN						MEN					
Event No.		SCY A Flight Min Time		LCM A Flight Min Time	Eve	ent	LCM A Flight Min Time		SCY A Flight Min Time		Event No.	
1		2:06.15		2:24.30	200 IM	200 FREE	1:54.94		1:41.52		2	
3		58.37		1:06.15	7-12 10	OO FREE	1:04.14		56.01		4	
5		1:05.77		1:15.22	100 B	REAST	1:06.00		57.42		6	
7		35.31		40.93	7-12 50	7-12 50 BREAST			33.71		8	
9		24.10		27.03	50 FREE	200 IM	2:10.28		1:53.09		10	
11		1:06.73		1:17.86	7-12 10	00 BACK	1:14.59		1:04.41		12	
13		5:02.16		4:29.49	400 FREE	50 FREE	24.08		21.31		14	
						1500 FREE	17:12.89		16:24.59		15	
					B FLI	GHT						
	WOMEN								MEN			
Event	SCY B Flight		LCM B Flight		_			LCM B Flight		SCY B Flight	Event	

		WOME	EN		MEN					
Event No.	SCY B Flight Min Time		LCM B Flight Min Time	Eve	ent		LCM B Flight Min Time		SCY B Flight Min Time	Event No.
101	2:10.49		2:31.09	200 IM	200 FREE		2:03.09		1:45.79	102
105	1:07.59		1:18.79	100 BF	REAST		1:11.29		1:00.89	106
109	24.89		28.69	50 FREE	200 IM		2:18.39		1:58.89	110
113	5:10.69		4:39.69	400 FREE	50 FREE		25.89		22.19	114
					1500 Free		17:33.19		16:24.59	115

Must enter appropriate qualifying time. Non-conforming qualifying times (scm, scy) will be seeded after Ic times

Saturday - May 25, 2024

A FLIGHT Prelims: 8:30 AM - B FLIGHT Prelims: 30 minutes following conclusion of A FLIGHT - FINALS: 5:00 PM

A FLIGHT

	W	OMEN			MEN					
Event No.	SCY A Fli Min Tin		LCM A Flight Min Time	Event		LCM A Flight Min Time		SCY A Flight Min Time		Event No.
16	1:52.3	5	2:06.67	200 FREE	400 IM	4:41.23		4:06.67		17
18	1:15.9	5	1:27.71	7-12 100	7-12 100 BREAST			1:12.51		19
20	4:33.3	3	5:09.81	400 IM	100 FLY	56.65		50.41		21
22	31.53		36.12	7-12 50	D BACK	34.54		30.05		23
24	56.82		1:03.65	100 FLY	200 BACK	2:12.91		1:53.21		25
26	1:05.3)	1:15.06	7-12 1	7-12 100 FLY			1:03.23		27
28	2:06.0	1	2:25.16	200 BACK	400 FREE	4:04.91		4:35.57		29
30	10:38.7	8	9:23.28	800 FREE						

B FLIGHT

MEN

WOMEN

VVOIVIEIN						IVIEN						
Event No.	SCY B Flight Min Time		LCM B Flight Min Time		Event			LCM B Flight Min Time		SCY B Flight Min Time	Event No.	
116	1:56.29		2:12.99		200 FREE	400 IM		4:55.09		4:14.69	117	
120	4:39.09		5:20.09		400 IM	100 FLY		1:00.89		52.89	121	
124	59.19		1:07.19		100 FLY	200 BACK		2:17.39		1:57.29	125	
128	2:08.59		2:29.19		200 BACK	400 FREE		4:21.09		4:47.79	129	
130	10:39.89		9:36.09	·	800 FREE							
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 $Must enter appropriate qualifying time. \ Non-conforming qualifying times (scm, scy) \ will be seeded after lc times and the scalar of the s$

Sunday, May 26, 2024

A FLIGHT Prelims: 8:30 AM - B FLIGHT Prelims: 30 minutes following conclusion of A FLIGHT - FINALS: 4:00 PM

A FLIGHT

	WON	1EN		MEN						
Event No.	SCY A Fligh Min Time	t	LCM A Flight Min Time	Eve	ent	LCM A Flight Min Time		SCY A Flight Min Time		Event No.
31	2:23.95		2:44.32	200 BI	REAST	2:24.62		2:07.19		32
33	26.84		30.42	7-12 5) FREE	29.42		25.69		34
35	57.54		1:06.40	100 E	BACK	59.94		51.57		36
37	2:22.48		2:42.48	7-12 2	00 IM	2:39.80		2:16.15		38
39	2:06.89		2:22.49	200	FLY	2:08.55		1:53.41		40
41	29.64		33.17	7-12 5	60 FLY	32.25		28.39		42
43	51.90		58.20	100	REE	52.47		46.41		44

B FLIGHT

		WOME	ΕN		MEN					
Event No.	SCY B Flight Min Time		LCM B Flight Min Time	Eve	ent		LCM B Flight Min Time		SCY B Flight Min Time	Event No.
131	2:28.19		2:49.69	200 BI	REAST		2:35.79		2:13.29	132
135	59.49		1:09.49	100 E	BACK		1:03.29		53.89	136
139	2:10.09		2:27.99	200	FLY		2:15.59		1:58.89	140
143	53.99		1:01.89	100	REE		56.09		48.19	144

Must enter appropriate qualifying time. Non-conforming qualifying times (scm, scy) will be seeded after Ic times

SOUTHERN CALIFORNIA SWIMMING/USA SWIMMING ENTRY CARD

SWIM	MER'S NAME (Las	t <u>Name</u>	, First Name, M.I.)					TEAN	l:
USA S	WIMMING NUMBE	R:				[□ Male □ Fer	nale	
DOB (MM/DD/YY):						AGE:		
MEET	ENTERING:								
EVT	FREE	EVT	BACK	EVT	BREAST	EVT		EVT	IND. MEDLEY
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	400/500 : . 800/1000 : .	PAR	ACH: RENT/GUARDIAN: _				PHONE:		



DECLARATION OF INTENT

To swim a dual-sanctioned meet as a Masters swimmer

MEET INFORMATION

Name	Instructions
Location	This form (ALL pages) must be
Dates	completed prior to competition.
USMS Sanction Number	Complete two copies. Give one copy
SWIMMER INFORMATION	to the meet director prior to competition and one copy to the
Name	LMSC Top Ten Recorder.
USMS Number	It is the responsibility of the
USMS Club	swimmer to complete and submit this paperwork.
Events entered	

I hereby declare my intent to swim this dual sanctioned meet as a Masters swimmer.



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and/or related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement"):

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations, including the <u>Code of Conduct</u> and any safety regulations established by USMS. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 I agree not to participate in USMS activities for a minimum of 10 days from the date the symptoms started, until the symptoms have subsided or I have been cleared by a doctor. If I test positive for COVID-19 within 10 days following participation in a USMS activity, I will notify the USMS event director, coach or club administrator immediately.
- 5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 6. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yyyy)
Street Address, City, State, Zip				
Signature of Participant			Da	te Signed

Revised 09/21/2023