

18-24 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Kara Denby	CSAM	22.96	2010
2	Katarzyna Wilk	LVM	23.53	2017
3	Jenny Susser	SCAQ	24.01	1991
4	Peggy Gross	BCH	24.28	1993
5	Keiko Price	WH2O	24.31	2002
6	Amy Lubawy	LVM	24.35	2019
7	Thuy Dinh	UNAT	24.54	2012
8	Marie Mittmann	PSP	24.73	1994
9	Kierstin Colesen	UCI	24.75	2014
10	Katherine Tse	ROSE	24.81	2016

National Record:

Ariana Vanderpool-Wallace 22.21 2015

100 YARD FREESTYLE

1	Kara Denby	CSAM	49.85	2010
2	Amy Lubawy	LVM	53.09	2019
3	Peggy Gross	BCH	53.58	1993
4	Susie Burt	ELSM	53.87	1993
5	Jewelz Andrews	NOVA	54.04	2014
6	Brenna Dickson	GRA	54.56	2018
7	Marie Mittmann	PSP	54.60	1994
8	Monica Ward	RAA	54.66	1990
9	Kelsey Leckovic	PVM	55.58	2008
10	Kathy Stuppy	LBSC	55.61	1995

National Record:

Katie Meili 48.18 2014

200 YARD FREESTYLE

1	Briana Emig	LVM	1:55.64	2014
2	Taylor Lakey	SCAQ	1:57.08	2017
3	Ieva Galinyte	MVN	1:57.73	2017
4	Susie Burt	ELSM	1:57.94	1993
5	Claudine Martinez	SLUG	1:58.28	1997
6	Maria Carlson	ROSE	1:59.29	2019
7	Katharine Winchell	UCLA	2:00.07	2016
8	Jamie Raab	IMS	2:00.12	1995
9	Peggy Gross	BCH	2:00.28	1993
10	Alyson Noble	LVM	2:00.34	2007

National Record:

Dana Vollmer 1:43.28 2009

500 YARD FREESTYLE

1	Briana Emig	LVM	5:08.84	2014
2	Claudine Martinez	SLUG	5:13.93	1997
3	Jodie Ziebell	ROAD	5:14.52	1997
4	Monica Ward	RAA	5:16.09	1990
5	Loriann Mark	UNAT	5:16.34	2009
6	Maria Carlson	ROSE	5:17.33	2019
7	Sian Pearson	MVN	5:17.96	2014
8	Laurel Hooper	NOVA	5:20.03	1998
9	Adelynn Peterson	UNAT	5:20.25	2020
10	Alissa Marvin	UNAT	5:21.47	2020

National Record:

Jessica Foschi 4:49.97 2003

1000 YARD FREESTYLE

1	Laurel Hooper	NOVA	10:44.09	1995
2	Maria Carlson	ROSE	11:00.40	2019
3	Elizabeth Hawes	OSB	11:03.26	2000
4	Brianna Blanchard	CVMM	11:08.50	2011
5	Christina Venturacci	NOVA	11:14.06	2008
6	Katie Moore	MVN	11:25.53	2010
7	Jeanie Chicke	SCAQ	11:28.14	1993
8	Gwendolyn Mathias	GRA	11:30.75	2017
9	Susan Willis	NOVA	11:40.59	1993
10	Shauna Traub	DUST	11:49.00	1992

National Record:

Luane Rowe 10:12.42 2012

1650 YARD FREESTYLE

1	Adelynn Peterson	UNAT	18:06.21	2020
2	Laurel Hooper	NOVA	18:30.36	1998
3	Katie Moore	MVN	19:02.54	2011
4	Kasey Marks	LVM	19:05.24	2019
5	Gwendolyn Mathias	GRA	19:05.28	2017
6	Heather Anderson	SWM	19:25.97	1995
7	Megan Lucas	NOVA	19:36.48	2003
8	Bernadette Tankle	3FIT	19:42.58	2019
9	Talia Brott	OSB	19:50.98	2000
10	Michal Ross	UCLA	20:04.32	2012

National Record:

Genevieve Miller 16:53.46 2017

50 YARD BACKSTROKE

1	Meghan Hawthorne	TSTT	27.32	2015
2	Amy Lubawy	LVM	27.45	2019
3	Margo Stanfa	GRA	28.03	2016
4	Courtney Martz	NOVA	28.14	2013
5	Kathy Stuppy	LBSC	28.20	1995
6	Kara Denby	CSAM	28.24	2010
7	Taylor Lakey	SCAQ	28.45	2017
8	Susie Burt	ELSM	28.67	1993
9	Lauren Turner	ROSE	28.92	2017
10	Xan Rogers	UNAT	28.98	2005

National Record:

Courtney Bartholomew 25.47 2019

100 YARD BACKSTROKE

1	Margo Stanfa	GRA	1:00.06	2016
2	Susie Burt	ELSM	1:00.18	1993
3	Cambridge Guerrero	LVM	1:01.59	2014
4	Xan Rogers	UNAT	1:01.77	2005
5	Sara Jane Turek	MVN	1:02.35	1991
6	Kathy Stuppy	LBSC	1:02.40	1995
7	Adelynn Peterson	SLOM	1:02.50	2019
8	Kim Davis	SCAQ	1:02.59	2001
9	Jewelz Andrews	NOVA	1:02.63	2014
10	Elizabeth Hawes	OSB	1:03.14	2000

National Record:

Courtney Bartholomew 53.83 2019

200 YARD BACKSTROKE

1	Susie Burt	ELSM	2:06.90	1993
2	Elizabeth Hawes	OSB	2:12.18	2000
3	Kim Davis	SCAQ	2:12.76	2001
4	Xan Rogers	UNAT	2:14.50	2005
5	Cambridge Guerrero	LVM	2:14.64	2014
6	Adelynn Peterson	SLOM	2:14.91	2018
7	Maria Carlson	ROSE	2:15.11	2019
8	Heather Perry	UCSB	2:18.36	2001
9	Gwendolyn Mathias	GRA	2:18.82	2017
10	Dannica Brennan	LVM	2:19.94	2016

National Record:

Sara Schweitzer 1:59.22 2000

50 YARD BREASTSTROKE

1	Kara Denby	CSAM	29.01	2010
2	Maria Carlson	ROSE	29.79	2020
3	Jaclyn Taylor	LVM	30.62	2019
4	Joelle Beachler	LVM	30.90	2019
5	Laura Adams	ROSE	31.30	2015
6	Rachel Weinstein	NOVA	31.57	2017
7	Kyoko Iwasaki	MVN	31.77	2003
8	Keiko Price	WH2O	31.84	2002
9	Jordan Danny	SCMC	31.85	2013
10	Emily Gibson	GRA	31.97	2018

National Record:

Katie Meili 27.76 2014

100 YARD BREASTSTROKE

1	Jennifer Noddle	UCLA	1:07.23	2002
2	Jordan Danny	SCMC	1:08.13	2013
3	Lindsey Leeming	CLVM	1:08.37	2005
4	Aubrie Smallwood	YCAM	1:08.52	2009
5	Sara Showalter	UNAT	1:09.18	2002
6	Alissa Marvin	UNAT	1:09.27	2020
7	Laura Adams	ROSE	1:09.29	2015
8	Briana Emig	LVM	1:09.34	2014
9	Rachel Weinstein	NOVA	1:09.38	2017
10	Joelle Beachler	LVM	1:09.81	2019
National Record:				
	Katie Meili		58.71	2014

50 YARD BUTTERFLY

1	Katarzyna Wilk	LVM	25.19	2017
2	Amy Lubawy	LVM	25.39	2019
3	Jamie Raab	IMS	26.20	1995
4	Terri O'Loughlin	IHAC	26.40	1992
5	Meghan Hawthorne	TSTT	26.73	2015
6	Taryn Albright	GRA	26.81	2016
7	Shekinah Hoffman	LVM	26.85	2017
8	Keiko Price	WH2O	26.87	2002
9*	Mariah Reading	SBM	26.90	2017
9*	Monica Ward	RAA	26.90	1990
9*	Rebecca Aguilar	UNAT	26.90	2016
National Record:				
	Dana Vollmer		24.54	2009

200 YARD BUTTERFLY

1	Adelynn Peterson	UNAT	2:05.79	2020
2	Briana Emig	LVM	2:09.09	2014
3	Heidi Zuniga	MVN	2:10.30	2019
4	Sara Jane Turek	MVN	2:11.03	1991
5	Brenna Dickson	GRA	2:12.34	2018
6	Monica Ward	RIVR	2:12.54	1990
7	Christina Venturacci	NOVA	2:14.28	2008
8	Lexie Kelly	OCC	2:15.33	2010
9	Sian Pearson	MVN	2:15.57	2015
10	Lauren Turner	ROSE	2:19.62	2017
National Record:				
	Katherine Mills		1:54.62	2012

200 YARD INDIVIDUAL MEDLEY

1	Kara Denby	CSAM	2:02.35	2010
2	Jennifer Noddle	UCLA	2:10.60	2002
3	Briana Emig	LVM	2:12.40	2014
4	Claudine Martinez	SLUG	2:13.02	1997
5	Susie Burt	ELSM	2:13.09	1993
6	Alissa Marvin	UNAT	2:14.85	2020
7	Mariah Reading	SBM	2:15.55	2017
8	Heidi Zuniga	MVN	2:16.23	2019
9	Aubrie Smallwood	YCAM	2:16.41	2009
10	Grace Moon	CPM	2:17.07	1995
National Record:				
	Katie Meili		1:54.20	2014

200 YARD BREASTSTROKE

1	Sara Showalter	UNAT	2:27.49	2002
2	Lindsey Leeming	CLVM	2:28.07	2005
3	Rachel Weinstein	NOVA	2:28.36	2017
4	Alissa Marvin	UNAT	2:31.71	2020
5	Janet Hauer	SLUG	2:32.52	1993
6	Katie Moore	MVN	2:33.82	2009
7	Lisa Chang	SCAQ	2:35.73	1991
8	Joelle Beachler	LVM	2:36.36	2019
9	Grace Moon	CPM	2:36.38	1994
10	Lauren Dakin	CVMM	2:37.75	2012
National Record:				
	Micah Lawrence		2:06.59	2014

100 YARD BUTTERFLY

1	Jamie Raab	IMS	57.89	1995
2	Amy Lubawy	LVM	57.98	2019
3	Monica Ward	RAA	58.30	1990
4	Adelynn Peterson	SLOM	58.42	2020
5	Heidi Zuniga	MVN	58.58	2019
6	Sara Jane Turek	MVN	59.55	1991
7	Shekinah Hoffman	LVM	59.82	2017
8	Mariah Reading	SBM	1:00.31	2017
9	Shirley Kim	SCAQ	1:00.48	1997
10	Lauren Turner	ROSE	1:01.28	2017
National Record:				
	Dana Vollmer		52.30	2009

100 YARD INDIVIDUAL MEDLEY

1	Kara Denby	CSAM	55.24	2010
2	Meghan Hawthorne	TSTT	1:01.16	2015
3	Maria Carlson	ROSE	1:01.46	2019
4	Amy Lubawy	LVM	1:01.71	2019
5	Terri O'Loughlin	IHAC	1:02.42	1992
6	Lauren Turner	ROSE	1:02.46	2017
7	Jordan Danny	SCMC	1:02.59	2013
8	Mariah Reading	SBM	1:02.68	2017
9	Sara Jane Turek	MVN	1:02.73	1991
10	Katherine Tse	ROSE	1:02.82	2015
National Record:				
	Katie Meili		53.02	2014

400 YARD INDIVIDUAL MEDLEY

1	Maria Carlson	ROSE	4:33.43	2020
2	Claudine Martinez	SLUG	4:38.94	1997
3	Adelynn Peterson	UNAT	4:41.02	2020
4	Briana Emig	LVM	4:41.09	2014
5	Aubrie Smallwood	YCAM	4:45.91	2009
6	Alissa Marvin	UNAT	4:46.23	2020
7	Maria Kolmakova	UCLA	4:48.17	2010
8	Laurel Hooper	NOVA	4:48.60	1998
9	Elizabeth Hawes	OSB	4:51.75	2000
10	Lindsey Leeming	CLVM	4:53.37	2005
National Record:				
	Katherine Mills		4:21.82	2012

18-24 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Forrest Beesley	LVM	20.21	2019
2	Jeffrey Barrett	OJAI	20.64	2008
3	Nathaniel Biondi	UNAT	20.70	2017
4	Kasey Foley	LTNV	20.72	2018
5	Brian Kurz	SCAQ	20.73	1993
6*	Nicholas Korth	GRA	20.84	2016
6*	Francois Van Wynsberge	LVM	20.84	2019
8	Sean Kao	FMT	20.86	2019
9	Jeff Hart	SOBA	20.89	2010
10*	Jon Norman	NOVA	21.01	2017
10*	Louis Vayo	CSAM	21.01	2010
National Record:				
	Josh Schneider		19.36	2012

100 YARD FREESTYLE

1	Sean Kao	FMT	45.20	2019
2	Brian Kurza	SCAQ	45.63	1993
3	Daniel Kim	MVN	46	2021
4	Jon Norman	NOVA	46.03	2017
5	Jeff Hart	SOBA	46.12	2010
6	Louis Vayo	CSAM	46.32	2010
7	Nathaniel Biondi	UNAT	46.42	2017
8	Jonathan Russell	WH2O	46.48	2007
9*	Kasey Foley	LTNV	46.52	2018
9*	Nikita Bondarenko	WH2O	46.52	2019
National Record:				
	Eugene Godsoe		42.59	2012

200 YARD FREESTYLE

1	Forrest Beesley	LVM	1:38.62	2019
2	Nikita Bondarenko	WH2O	1:40.09	2019
3	Jeffrey Barrett	OJAI	1:41.57	2008
4	Ralph Porazzo	ROSE	1:41.70	2017
5	Jonathan Russell	WH2O	1:42.07	2007
6	Richard Drewelow	SCAQ	1:42.30	1992
7	Louis Vayo	UNAT	1:42.34	2010
8	Brett MacLennan	WH2O	1:43.34	2009
9	Ryan Wynn	CLVM	1:43.41	2003
10	Alan Peterson	SLOM	1:43.54	2017
National Record:				
	Andy Grant		1:35.02	2009

500 YARD FREESTYLE

1	Nikita Bondarenko	WH2O	4:33.63	2019
2	Jonathan Russell	WH2O	4:36.95	2007
3	Richard Drewelow	SCAQ	4:38.46	1992
4	Ryan Wynn	CLVM	4:43.00	2002
5	Alan Peterson	SLOM	4:43.01	2018
6	Mark Cleavenger	SCAQ	4:43.54	1987
7	Jacob Jezek	LVM	4:45.26	2014
8	Logan Redondo	MVN	4:49.58	2018
9	Keith Ryan	UCI	4:50.35	2009
10	Tyler Fidler	MVN	4:53.24	2017
National Record:				
	Andy Grant		4:24.81	2010

1000 YARD FREESTYLE

1	Ryan Wynn	CLVM	9:49.79	2002
2	Mark Cleavenger	SCAQ	9:49.98	1987
3	Alan Peterson	SLOM	9:55.67	2018
4	Alec Alders	ROSE	9:56.45	2012
5	Richard Drewelow	SCAQ	10:00.81	1993
6	Jacob Jezek	LVM	10:05.90	2014
7	Patrick Dideum	NOVA	10:07.58	2005
8	Jeff Hart	SOBA	10:17.61	2010
9	Robert Hudek	SBW	10:29.21	1987
10	Ryan Raffaelli	VCM	10:30.09	2000
National Record:				
	JP Arnold		9:01.26	2010

1650 YARD FREESTYLE

1	Alan Peterson	SLOM	16:18.46	2018
2	Jacob Jezek	LVM	16:37.38	2014
3	Alec Alders	ROSE	17:03.83	2012
4	Alexander Aceino	GRA	17:12.06	2015
5	Robert Hudek	SBW	17:28.08	1987
6	Attila Szilagyi	UCI	17:43.94	2003
7	Pierre Delisle	NOVA	17:53.13	1988
8	Trevor Hoyt	GRA	18:06.82	2016
9	Robert Frappia	CENT	18:08.24	1988
10	Jonathan Pierce	LAPS	18:13.26	2018
National Record:				
	Andrew R Mueller		15:48.70	2010

50 YARD BACKSTROKE

1	Nelson Silva	ROSE	23.15	2011
2	Forrest Beesley	LVM	23.52	2019
3	Ralph Porazzo	ROSE	23.64	2017
4	Louis Vayo	CSAM	23.78	2010
5	Daniel Kim	MVN	24.09	2021
6	Jonathan Havton	GRA	24.12	2018
7	Louis Glavinis	MBAC	24.31	2012
8	Jonathan Russell	WH2O	24.32	2007
9	Mickey Mowry	ROSE	24.45	2017
10	Robert Frantz	ROSE	24.57	2012
National Record:				
	Andrew Elliot		22.33	2013

100 YARD BACKSTROKE

1	Nelson Silva	ROSE	49.81	2011
2	Forrest Beesley	LVM	50.05	2019
3	Gennady Sytnik	UNAT	50.52	2020
4	Louis Vayo	UNAT	50.86	2010
5	Jonathan Russell	WH2O	52.43	2007
6	Osiris Briseno	SCAQ	52.50	1999
7	Robert Frantz	ROSE	52.63	2012
8	Louis Glavinis	MBAC	52.76	2012
9	Jonathan Havton	GRA	52.99	2018
10	Ryan Wynn	CLVM	53.03	2003
National Record:				
	Eugene Godsoe		45.36	2012

200 YARD BACKSTROKE

1*	Nelson Silva	ROSE	1:48.10	2011
1*	Forrest Beesley	LVM	1:48.10	2019
3	Gennady Sytnik	UNAT	1:48.78	2020
4	Jonathan Russell	WH2O	1:52.75	2007
5	Ralph Porazzo	ROSE	1:52.92	2017
6	Osiris Briseno	SCAQ	1:55.37	1999
7	Ryan Wynn	CLVM	1:55.44	2003
8	Robert Frantz	ROSE	1:55.96	2012
9	Richard Drewelow	SCAQ	1:56.26	1993
10	Kyle Huebner	UNAT	1:56.43	1994
National Record:				
	Andrew Elliot		1:44.18	2013

50 YARD BREASTSTROKE

1	Nicholas Korth	GRA	25.41	2016
2	Francois Van Wynsberge	LVM	25.55	2019
3	Brandon Meier	LVM	25.63	2017
4	Trevor Hoyt	GRA	25.91	2016
5	Mat Prasser	MVN	26.04	2017
6	Forrest Beesley	LVM	26.34	2019
7	Brett MacLennan	WH2O	26.35	2009
8	Matthew Costigan	GRA	26.62	2018
9	Azad Al-barazi	UNAT	26.90	2011
10	Daniel Kim	MVN	27.00	2021
National Record:				
	Rostyslav Fedyna		24.53	2015

100 YARD BREASTSTROKE

1	Trevor Hoyt	MYST	54.38	2014
2	Azad Al-barazi	ROSE	55.62	2011
3	Francois Van Wynsberge	LVM	55.81	2019
4	Nicholas Korth	GRA	56.24	2016
5	Brandon Meier	LVM	56.52	2017
6	Brett MacLennan	WH2O	57.79	2009
7	Daniel Kim	MVN	57.80	2021
8	Forrest Beesley	LVM	58.06	2019
9	Mat Prasser	MVN	58.50	2017
10	Jay Friend	CVMM	58.60	2014
National Record:				
	Josh Prenot		52.63	2018

50 YARD BUTTERFLY

1	Nicholas Korth	GRA	22.50	2016
2	Alexander Aceino	GRA	22.55	2016
3	Daniel Kim	MVN	22.60	2021
4	Nikita Bondarenko	WH2O	22.98	2019
5	Mickey Mowry	RAA	23.02	2017
6	Jermaine Britton	OJAI	23.05	2005
7	Jon Norman	NOVA	23.07	2017
8*	Joshua Hanson	RAA	23.11	2017
8*	Zachary Allen	SLOM	23.11	2019
10	Louis Vayo	UNAT	23.19	2010
National Record:				
	Henrik Lindau		21.13	2015

200 YARD BUTTERFLY

1	Mickey Mowry	ROSE	1:48.74	2017
2	Nelson Silva	ROSE	1:53.33	2011
3	Jonathan Havton	GRA	1:54.05	2018
4	Devin Saez	LVM	1:56.95	2007
5	Mark Cleavenger	SCAQ	1:57.55	1987
6	Alexander Havton	GRA	1:58.78	2018
7	Alexander Aceino	GRA	1:58.96	2016
8	John Harlow	SLUG	1:59.21	1993
9	Alan Jackman	UNAT	1:59.65	2017
10	William Huang	TCC	2:02.61	2019
National Record:				
	Samuel Stewart		1:46.22	2020

200 YARD INDIVIDUAL MEDLEY

1	Trevor Hoyt	MYST	1:48.87	2014
2	Francois Van Wynsberge	LVM	1:49.75	2019
3	Nelson Silva	ROSE	1:52.06	2011
4	Nikita Bondarenko	WH2O	1:53.68	2019
5	Brett MacLennan	WH2O	1:55.39	2009
6	Azad Al-barazi	ROSE	1:55.45	2011
7	Richard Drewelow	SCAQ	1:55.47	1992
8	Louis Vayo	UNAT	1:55.73	2010
9	Osiris Briseno	SCAQ	1:56.65	1999
10	Nathan Hottle	SLUG	1:58.30	2001
National Record:				
	Samuel Stewart		1:48.91	2020

200 YARD BREASTSTROKE

1	Trevor Hoyt	MYST	1:55.82	2015
2	Brandon Meier	LVM	1:58.95	2017
3	Azad Al-barazi	ROAD	2:02.94	2011
4	Brett MacLennan	WH2O	2:07.20	2009
5	Jay Friend	CVMM	2:09.55	2014
6	Nathan Hottle	SLUG	2:10.85	2001
7	Michael Garrett	OSB	2:11.38	1999
8	Andrew Seo	NOVA	2:11.69	2011
9	Steven Bergen	SLUG	2:12.37	1998
10	John Harlow	SLUG	2:14.10	1993
National Record:				
	Elliot Keefer		1:57.33	2013

100 YARD BUTTERFLY

1	Daniel Kim	MVN	49.01	2021
2	Mickey Mowry	ROSE	49.29	2017
3	Joshua Hanson	RAA	49.42	2017
4	Nelson Silva	ROAD	50.03	2011
5	Gennady Sytnik	UNAT	50.29	2020
6	Alexander Aceino	GRA	50.39	2016
7	Martin Moran	UNAT	50.70	1991
8	Ralph Porazzo	ROAD	50.75	2017
9*	Nikita Bondarenko	WH2O	51.05	2019
9*	Zachary Allen	SLOM	51.05	2019
National Record:				
	Eugene Godsoe		46.65	2012

100 YARD INDIVIDUAL MEDLEY

1	Nicholas Korth	GRA	50.37	2016
2	Joshua Hanson	RAA	50.40	2017
3	Louis Vayo	CSAM	51.38	2010
4	Nelson Silva	ROAD	51.45	2011
5	Brandon Meier	LVM	51.63	2017
6	Brett MacLennan	WH2O	52.72	2009
7	Daniel Kim	MVN	52.77	2021
8	Jon Norman	NOVA	53.06	2017
9	Mat Prasser	MVN	53.69	2016
10	Alexander Aceino	GRA	53.85	2016
National Record:				
	Andrew Appleby		48.96	2019

400 YARD INDIVIDUAL MEDLEY

1	Trevor Hoyt	MYST	3:50.87	2014
2	Joshua Hanson	RAA	3:56.60	2017
3	Jacob Jezek	LVM	4:14.14	2014
4	Azad Al-barazi	ROAD	4:16.51	2011
5	Brian Timmerman	SVMS	4:16.61	1993
6	Nathan Hottle	SLUG	4:17.54	2001
7	Devon Gavigan	SBM	4:17.75	2017
8	Jay Friend	CVMM	4:19.30	2014
9	Matthew Jones	BGWM	4:19.63	2007
10	Mark Cleavenger	SCAQ	4:21.06	1987
National Record:				
	Russell Payne		3:50.12	2010

25-29 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Katarzyna Wilk	LVM	22.00	2019
2	Liliana Ibanez Lopez	GRA	23.30	2017
3	Sandy Neilson	WSM	23.69	1986
4	Mary Edwards	SLUG	23.91	1999
5	Kristine Bush	SCAQ	23.93	1990
6	Lauren Frenndreis	ROSE	24.01	2016
7	Aimee Berzins	ELSM	24.02	1994
8	Michele Duraj	ROSE	24.22	2018
9	Jenny Susser	SCAQ	24.23	1993
10	Hannanian Kissel	SLUG	24.25	1999
National Record:				
	Katarzyna Wilk		22.00	2019

100 YARD FREESTYLE

1	Katarzyna Wilk	LVM	48.58	2018
2	Jenny Susser	SCAQ	51.82	1993
3	Diane Graner	SCAQ	52.07	1991
4	Sandy Neilson	VEN	52.11	1982
5	Heidi Hannenian	SLUG	52.21	1998
6	Mary Edwards	SLUG	52.22	1999
7	Rebekah Olsen	MVN	52.72	2010
8	Judith Katterman	WSM	52.86	1984
9	Kimberly Worthen-Mogalian	TAN	52.91	1982
10	Kristine Bush	SCAQ	53.15	1990
National Record:				
	Katarzyna Wilk		48.58	2018

200 YARD FREESTYLE

1	Katarzyna Wilk	LVM	1:50.18	2018
2	Heidi Hannenian	SLUG	1:52.53	1998
3	Liliana Ibanez Lopez	GRA	1:52.80	2017
4	Diane Graner	SCAQ	1:53.83	1989
5	Rebekah Olsen	MVN	1:54.15	2010
6	Laurel Hill	GWSC	1:55.17	1997
7	Sandy Neilson	WSM	1:55.42	1984
8	Kimberly Worthen	WSM	1:56.40	1984
9	Judith Katterman	WSM	1:57.75	1984
10	Jane Cairns	OSB	1:57.99	1998
National Record:				
	Limin Liu		1:48.80	2001

500 YARD FREESTYLE

1	Dawn Heckman	WH2O	4:57.14	2003
2	Diane Graner	SCAQ	4:59.87	1991
3	Heidi Hannenian	SLUG	5:01.91	1998
4	Bonnie Durdy-Evans	WSM	5:08.26	1988
5	Kimberly Worthen	TAN	5:12.35	1983
6	Laurel Hill	GWSC	5:13.18	1997
7	Barbara Held	MMSC	5:13.65	1983
8	Rebekah Olsen	MVN	5:15.27	2010
9	Jane Cairns	OSB	5:16.29	1999
10	Rendy Opdycke	NOVA	5:18.72	2013
National Record:				
	Sheila Taormina		4:49.88	1996

1000 YARD FREESTYLE

1	Dawn Heckman	WH2O	10:06.51	2003
2	Rendy Opdycke	NOVA	10:46.71	2011
3	Katrina Anderson	ROSE	10:50.80	2017
4	Laurel Hill	GWSC	10:51.26	1997
5	Bonnie Durdy	SCAQ	10:54.86	1986
6	Kimberly Worthen	WSM	11:04.54	1985
7	Fiona Petersen	NOVA	11:13.33	2003
8	Andrea DeVuono	WH2O	11:13.96	1992
9	Carmen Brun	NOVA	11:18.93	1995
10	Cecilia Henriksen	VEN	11:24.91	1997
National Record:				
	Hannah Saiz		10:10.67	2017

1650 YARD FREESTYLE

1	Dawn Heckman	WH2O	16:56.43	2003
2	Diane Graner	SCAQ	17:26.34	1991
3	Bonnie Durdy-Evans	WSM	17:39.25	1988
4	Kimberly Worthen-Mogalian	TAN	17:59.83	1982
5	Rendy Opdycke	NOVA	18:00.70	2011
6	Barbara Held	MMSC	18:17.11	1983
7	Meredith Rosenthal	LAAC	18:26.91	1986
8	Jane Cairns	OSB	18:27.94	1999
9	Laurel Hooper	NOVA	18:31.22	1999
10	Judith Katterman	WSM	18:31.39	1984
National Record:				
	Karen Burton		16:50.17	1991

50 YARD BACKSTROKE

1	Mary Edwards	SLUG	25.98	1999
2	Katarzyna Wilk	LVM	26.19	2018
3	Diane Graner	SCAQ	26.76	1989
4	Margo Aceino	GRA	27.82	2017
5	Lauren Hancock	CSAM	28.23	2010
6	Elaine Ferritto	SCAQ	28.46	2014
7	Kathy Utley	GWSC	28.64	1996
8	Danielle Taylor	UCI	28.69	2009
9	Megan Merchant	HSNM	28.82	2005
10	Elizabeth Vucinich	WH2O	28.83	2010
National Record:				
	Tanica Jamison		25.26	2010

100 YARD BACKSTROKE

1	Mary Edwards	SLUG	56.28	1999
2	Diane Graner	SCAQ	56.70	1991
3	Dannica Brennan	LVM	59.14	2017
4	Margo Aceino	GRA	59.40	2017
5	Rebekah Olsen	MVN	1:00.33	2010
6	Elizabeth Vucinich	WH2O	1:00.67	2010
7	Jamie Akenberger	LVM	1:01.27	2017
8	Melissa Wong	OCC	1:01.87	2010
9	Andrea DeVuono	WH2O	1:02.06	1990
10	Sherryt Gaertner	LBSC	1:02.17	1993
National Record:				
	Tanica Jamison		54.06	2010

200 YARD BACKSTROKE

1	Diane Graner	SCAQ	2:01.29	1991
2	Dannica Brennan	LVM	2:05.84	2017
3	Mary Edwards	SLUG	2:07.95	1999
4	Katrina Anderson	ROSE	2:09.54	2017
5	Andrea DeVuono	WH2O	2:12.72	1990
6	Jane Cairns	OSB	2:13.48	1998
7	Melissa Wong	OCC	2:13.50	2010
8	Sherry Gaertner	LBSC	2:14.13	1993
9	Elizabeth Vucinich	WH2O	2:14.53	2010
10	Lisal Moran	NOVA	2:15.18	2010
National Record:				
	Federica Pellegrini		1:56.87	2015

50 YARD BREASTSTROKE

1	Spindrift Beck	SCAQ	29.46	2017
2	Wenke Hansen	OSB	30.16	1999
3	Michelle Duraj	RO	30.63	2019
4	Karen Melick	SCAQ	31.54	1983
5	Lauren Hancock	CSAM	31.65	2010
6	Lesley Bethel	SB	31.66	2017
7	Laurel Hill	GWSC	31.80	1997
8	Jeannine Wish-Yeko	BSSC	32.05	1987
9	Katie Moore	MVN	32.07	2013
10	Olivia Alva	GRA	32.14	2019
National Record:				
	Katie Meili		27.10	2016

100 YARD BREASTSTROKE

1	Spindrift Beck	SCAQ	1:04.70	2017
2	Wenke Hansen	OSB	1:05.53	1999
3	Lesley Bethel	SBM	1:07.03	2017
4	Laurel Hill	GWSC	1:07.26	1997
5	Michele Duraj	ROSE	1:08.27	2018
6	Jeannine Wish-Yeko	BSSC	1:08.86	1987
7	Katie Moore	MVN	1:09.14	2013
8	Sarah Cefalu	WH2O	1:09.42	2011
9	Lauren Frendreis	ROSE	1:09.57	2017
10	Karen Melick	SCAQ	1:09.58	1983
National Record:				
	Megan Jendrick		59.58	2010

50 YARD BUTTERFLY

1	Katarzyna Wilk	LVM	24.82	2018
2	Liliana Ibanez Lopez	GRA	24.93	2017
3	Lyndsay Naish	FMT	25.33	2017
4	Hannanian Kissel	SLUG	25.69	1999
5	Lauren Frendreis	ROSE	26.13	2016
6	Rebekah Olsen	MVN	26.35	2010
7	Wenke Hansen	OSB	26.42	1998
8	Spindrift Beck	SCAQ	26.60	2017
9	Elizabeth Vucinich	WH2O	26.63	2010
10	Diane Graner	SCAQ	26.69	1992
National Record:				
	Danielle Herrmann		24.19	2017

200 YARD BUTTERFLY

1	Hannanian Kissel	SLUG	2:05.21	1999
2	Nancy Mitchell	GWSC	2:10.39	1987
3	Jillian Friend	CVMM	2:10.63	2014
4	Barbara Heid	MMSC	2:10.75	1983
5	Diane Graner	SCAQ	2:11.35	1992
6	Meredith Rosenthal	LAAC	2:12.26	1986
7	Kimberly Worthen	SWM	2:14.22	1984
8	Laurel Hill	GWSC	2:14.77	1996
9	Mojca Cater	SCAQ	2:15.03	1997
10	Magwyer Herring	ROSE	2:15.14	2015
National Record:				
	Hannah Saiz		1:57.48	2017

200 YARD INDIVIDUAL MEDLEY

1	Wenke Hansen	OSB	2:06.96	1999
2	Diane Graner	SCAQ	2:07.60	1990
3	Lyndsay Naish	FMT	2:10.42	2017
4	Katrina Anderson	ROSE	2:11.51	2017
5	Laurel Hill	GWSC	2:12.12	1997
6	Andrea DeVuono	WH2O	2:12.49	1990
7	Spindrift Beck	SCAQ	2:12.90	2017
8	Lesley Bethel	SBM	2:13.32	2017
9	Dannica Brennan	LVM	2:13.78	2017
10	Sandy Neilson	WSM	2:14.70	1984
National Record:				
	Justine Mueller		1:57.56	2013

200 YARD BREASTSTROKE

1	Spindrift Beck	SCAQ	2:20.19	2017
2	Wenke Hansen	OSB	2:20.70	1999
3	Michelle Duraj	ROSE	2:23.29	2019
4	Lesley Bethel	SBM	2:23.64	2017
5	Laurel Hill	GWSC	2:28.37	1996
6	Janet Hauer	SLUG	2:29.87	1994
7	Nancy Mitchell	GWSC	2:30.34	1987
8	Karen Melick	SCAQ	2:31.40	1983
9	Sarah Schneider	HSNM	2:32.15	2004
10	Katie Moore	MVN	2:32.38	2013
National Record:				
	Megan Jendrick		2:09.05	2010

100 YARD BUTTERFLY

1	Hannanian Kissel	SLUG	56.38	1999
2	Lyndsay Naish	FMT	56.59	2017
3	Diane Graner	SCAQ	57.01	1991
4	Rebekah Olsen	MVN	57.84	2010
5	Lauren Frendreis	ROSE	58.09	2014
6	Dannica Brennan	LVM	58.32	2017
7	Magwyer Herring	ROSE	58.81	2015
8	Julia Voitovitsch	UCLA	59.18	2006
9	Stephanie Vint	LAPS	59.31	2017
10	Shirley Kim	SCAQ	59.42	1998
National Record:				
	Amanda Sims		53.20	2015

100 YARD INDIVIDUAL MEDLEY

1	Mary Edwards	SLUG	58.43	1999
2	Wenke Hansen	OSB	58.74	1999
3	Spindrift Beck	SCAQ	59.26	2017
4	Hannanian Kissel	SLUG	59.30	1999
5	Lyndsay Naish	FMT	59.35	2017
6	Lesley Bethel	SBM	59.62	2017
7	Dannica Brennan	LVM	1:00.07	2017
8	Diane Graner-Gallas	SLUG	1:00.82	1993
9	Lauren Hancock	CSAM	1:00.96	2010
10	Jillian Friend	CVMM	1:01.24	2014
National Record:				
	Danielle Herrmann		54.40	2017

400 YARD INDIVIDUAL MEDLEY

1	Wenke Hansen	OSB	4:29.39	1999
2	Diane Graner-Gallas	SLUG	4:34.63	1993
3	Lyndsay Naish	FMT	4:34.89	2017
4	Stephanie Vint	LAPS	4:39.90	2017
5	Laurel Hill	GWSC	4:40.28	1998
6	Bonnie Durdy	SCAQ	4:41.59	1986
7	Jane Cairns	OSB	4:43.04	1998
8	Suzanne Margerum	WSM	4:43.63	1987
9	Nancy Mitchell	GWSC	4:43.79	1987
10	Dannica Brennan	LVM	4:44.25	2017
National Record:				
	Justine Mueller		4:19.02	2013

25-29 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Tony Cox	GRA	20.16	2017
2	Simon Burnett	UNAT	20.22	2013
3	Luke Pechmann	GRA	20.46	2017
4	Travis Lauri	GRA	20.47	2018
5	Matthew Marshall	NOVA	20.56	2008
6	Wyat Ubellacker	ROSE	20.60	2018
7	Alexander Aceino	GRA	20.81	2017
8	Nicholas Korth	GRA	20.93	2017
9	Thomas Gutman	LVM	20.97	2019
10	Brian Alderman	OSB	21.07	1998
National Record:				
	Frederick Bousquet		18.67	2010

100 YARD FREESTYLE

1	Dimitri Colupaev	GRA	44.18	2017
2	Travis Lauri	GRA	45.59	2018
3	Thomas Gutman	LAAC	45.95	2019
4	Brett MacLennan	WH2O	46.26	2011
5	Andreas Roestenberg	CLVM	46.32	2001
6	Jeremy Tillman	ROSE	46.46	2009
7	Ralph Porrazzo	ROSE	46.49	2018
8	Dan Wegner	SCAQ	46.56	2000
9	Brian Jones	UNAT	46.57	1995
10	Patrick Jacobson	SOBA	46.84	2010
National Record:				
	Nathan Adrian		41.13	2014

200 YARD FREESTYLE

1	Brian Jones	UNAT	1:39.98	1995
2	Dan Wegner	SCAQ	1:41.19	2000
3*	Andreas Roestenberg	CLVM	1:41.93	2001
3*	Thomas Reed	WH2O	1:41.93	2010
5	Steven Baxter	MMSC	1:42.56	1983
6	Jonathan Russell	WH2O	1:42.93	2009
7	Justin Brannock	WH2O	1:43.26	2007
8	Max Jaben	SFLA	1:43.54	2014
9	Craig Thompson	WH2O	1:43.65	2011
10	Mike Shaffer	VCM	1:43.74	1995
National Record:				
	Darian Townsend		1:31.93	2013

500 YARD FREESTYLE

1	Thomas Reed	WH2O	4:39.81	2009
2	Bert Bergen	BSSC	4:40.95	1992
3	Craig Nadel	SCAQ	4:41.31	1988
4	Andrew Miller	WSM	4:41.53	1984
5	Mike Shaffer	VCM	4:41.93	1993
6	Keith Ryan	OCC	4:42.59	2010
7	Jonathan Russell	WH2O	4:43.11	2008
8	John Pearson	ROSE	4:43.45	1994
9	Robert Eberwine	CPMC	4:43.83	1988
10	Grant Jeffries	BSSC	4:43.99	1988
National Record:				
	Andy Grant		4:20.82	2010

1000 YARD FREESTYLE

1	Alex Kostich	SCAQ	9:25.88	1998
2	Jonathan Russell	WH2O	9:37.43	2008
3	Grant Jeffries	BSSC	9:40.45	1988
4	Andrew Miller	GOLW	9:43.64	1986
5	Brian Wadley	WH2O	9:44.79	2009
6	Keith Ryan	OCC	9:47.95	2010
7	Ondrej Bures	SCAQ	9:49.51	1994
8	John Pearson	ROSE	9:53.49	1993
9	Gerry Rodrigues	SCAQ	9:54.56	1991
10	Brian Olver	WH2O	9:55.80	2007
National Record:				
	Tobias Work		9:19.61	2014

1650 YARD FREESTYLE

1	Alex Kostich	SCAQ	15:44.70	1998
2	Ondrej Bures	SCAQ	15:57.34	1994
3	Craig Nadel	SCAQ	16:02.81	1988
4	Mike Shaffer	VCM	16:07.48	1995
5	Brian Wadley	WH2O	16:09.72	2009
6	John Pearson	ROSE	16:11.24	1994
7	Andrew Miller	WSM	16:23.15	1984
8	Ryan Bullock	LAPS	16:31.77	2014
9	Randall Eickhoff	UCLA	16:33.86	1995
10	Eric Shargo	MMSC	16:42.25	1984
National Record:				
	Alex Kostich		15:44.70	1998

50 YARD BACKSTROKE

1	Tony Cox	GRA	21.60	2016
2	Simon Burnett	UNAT	22.77	2013
3	Luke Pechmann	GRA	22.81	2017
4	Matthew Marshall	NOVA	23.03	2008
5	Michael Kanner	SAM	23.12	1997
6	Ralph Porrazzo	ROSE	23.46	2018
7	Mark Beckman	SLA	23.50	2009
8	Dimitri Colupaev	GRA	23.57	2017
9	Randy Aakhus	MVN	23.69	2017
10	Derek Robinson	PHSH	23.83	1998
National Record:				
	Adam Mania		21.46	2010

100 YARD BACKSTROKE

1	Tony Cox	GRA	48.98	2016
2	Luke Pechmann	GRA	49.49	2017
3	Ralph Porrazzo	ROSE	49.81	2019
4	Karol Zemier	MVN	50.66	2010
5	Michael Kanner	SAMS	50.99	1995
6	Derek Robinson	PHSH	51.87	1997
7	Jonathan Russell	WH2O	51.92	2009
8	Charles Siroky	SCAQ	51.97	1993
9	Craig Dolley	BCHA	52.05	1993
10	Mark Backman	SLA	52.47	2009
National Record:				
	Adam Mania		45.95	2010

200 YARD BACKSTROKE

1	Jonathan Russell	WH2O	1:50.75	2008
2	Andreas Roestenberg	CLVM	1:51.14	2001
3	Thomas Reed	WH2O	1:52.06	2009
4	Karol Zemier	MVN	1:52.42	2010
5	Ralph Porrazzo	ROSE	1:52.84	2019
6	Marcel Rinzler	PHSH	1:53.44	1998
7	Derek Robinson	PHSH	1:53.48	1997
8	Michael Kanner	SAM	1:53.51	1996
9	Charles Siroky	SCAQ	1:54.01	1993
10	Brian Olver	WH2O	1:55.18	2007
National Record:				
	David Russell		1:45.77	2016

50 YARD BREASTSTROKE

1	Luke Pechmann	GRA	25.05	2017
2	Eric Carlson	ROSE	25.24	2012
3	Steven Van Deventer	WH2O	25.56	2019
4	Thomas Gutman	LVM	25.65	2019
5	Dimitri Colupaev	GRA	26.16	2017
6	Peter McClafferty	SCAQ	26.57	1992
7	Mert Zeydanli	UNAT	26.81	2015
8	Nikola Delic	WH2O	26.86	2014
9	Brett MacLennan	WH2O	26.89	2011
10	Matthew Schmidt	WH2O	26.91	2007
National Record:				
	Mark Gangloff		23.87	2010

100 YARD BREASTSTROKE

1	Steven Van Deventer	WH2O	54.99	2019
2	Eric Carlson	ROSE	55.18	2012
3	Dimitri Colupaev	GRA	55.52	2017
4	James Johnson	BSSC	57.34	1988
5	Thomas Gutman	LVM	57.35	2019
6	Danny Puchalski	NOVA	57.45	2009
7	Peter McClafferty	SCAQ	57.77	1991
8	Reese Gonzales	UNAT	57.82	2017
9	Brett MacLennan	WH2O	58.22	2011
10	Richard Schroeder	SBSC	58.44	1987
National Record:				
	Marcus Titus		51.57	2015

50 YARD BUTTERFLY

1	Tony Cox	GRA	21.20	2016
2	Wyat Ubellacker	ROSE	21.53	2018
3	Travis Lauri	GRA	21.73	2018
4	Matthew Marshall	NOVA	22.03	2008
5	Simon Burnett	UNAT	22.09	2013
6	Luke Pechmann	GRA	22.15	2016
7	Brian Alderman	OSB	22.21	1998
8	Alexander Aceino	GRA	22.59	2018
9	Matthew Mitchell	SWFS	22.63	1993
10	Steven Baxter	MMSC	22.68	1983
National Record:				
	Martin Cieslak		20.99	2019

200 YARD BUTTERFLY

1	Mike Shaffer	DUST	1:50.04	1994
2	Peter Egan	SCAQ	1:50.34	1993
3	Ondrej Bures	SCAQ	1:50.44	1994
4	James Belardi	LML	1:51.01	1983
5	Brian Alderman	OSB	1:51.81	1998
6	Alexander Aceino	GRA	1:53.22	2017
7	Curtis Lin	SBM	1:54.06	2017
8	Brian Jones	UNAT	1:54.19	1995
9	Brian Olver	WH2O	1:56.35	2007
10	Gerry Rodrigues	SCAQ	1:56.39	1991
National Record:				
	Erik Scalise		1:47.62	2007

200 YARD INDIVIDUAL MEDLEY

1	Marcel Rinzler	PHSH	1:53.68	1998
2	James Johnson	BSSC	1:53.94	1988
3	Thomas Reed	WH2O	1:55.03	2009
4	Steven Van Deventer	WH2O	1:55.54	2019
5	Clay Evans	SMMS	1:55.70	1981
6	Steven Baxter	MMSC	1:56.06	1983
7	Patrick Duggan	MVN	1:56.10	1991
8	Peter Egan	SCAQ	1:56.35	1993
9	Mark Chatfield	MMSC	1:56.66	1983
10	Curtis Lin	SBM	1:57.04	2017
National Record:				
	Darian Townsend		1:41.79	2013

200 YARD BREASTSTROKE

1	Steven Van Deventer	WH2O	2:00.30	2019
2	Eric Carlson	ROSE	2:00.64	2012
3	James Johnson	BSSC	2:04.82	1987
4	Peter McClafferty	SCAQ	2:05.89	1991
5	Danny Puchalski	NOVA	2:08.92	2009
6	Edward Safa	SCAQ	2:09.27	1990
7	Henry Wise	SWFS	2:09.72	1993
8	Mert Zeydanli	ROSE	2:09.84	2015
9	Brett MacLennan	WH2O	2:09.85	2011
10	Jared Griffard	LVM	2:09.87	2017
National Record:				
	BJ Johnson		1:53.04	2013

100 YARD BUTTERFLY

1	Tony Cox	GRA	47.30	2016
2	Matthew Marshall	NOVA	48.36	2008
3	Brian Alderman	OSB	48.51	1998
4	Alexander Aceino	GRA	48.69	2017
5	Luke Pechmann	GRA	48.98	2017
6	Steve Baxter	MMSC	49.81	1983
7	Daniel Hurst	PSP	49.83	2017
8	Karol Zemier	MVN	50.41	2010
9	Clay Evans	SMM	50.50	1981
10	Curtis Lin	SBM	50.55	2017
National Record:				
	Davis Tarwater		45.32	2012

100 YARD INDIVIDUAL MEDLEY

1	Luke Pechmann	GRA	49.54	2017
2	Dimitri Colupaev	GRA	49.88	2017
3	Simon Burnett	UNAT	50.07	2013
4	Tony Cox	GRA	51.38	2016
5	Eric Carlson	ROSE	51.47	2012
6	Thomas Gutman	LVM	51.73	2019
7	Karol Zemier	MVN	51.78	2010
8	Alexander Aceino	GRA	51.82	2017
9	Steven Van Deventer	WH2O	51.89	2019
10	Marcel Rinzler	PHSH	52.39	1997
National Record:				
	Darian Townsend		47.77	2014

400 YARD INDIVIDUAL MEDLEY

1	Alex Kostich	SCAQ	4:05.26	1998
2	Thomas Reed	WH2O	4:06.48	2009
3	Ondrej Bures	SCAQ	4:06.94	1994
4	James Johnson	BSSC	4:07.83	1988
5	Marcel Rinzler	PHSH	4:08.15	1999
6	Brian Olver	WH2O	4:08.93	2007
7	Andreas Roestenber	CLVM	4:11.30	2002
8	Chris McKinnon	CPM	4:11.75	1987
9	James Belardi	MMSC	4:11.83	1984
10	Andrew Miller	WSM	4:11.93	1984
National Record:				
	Darian Townsend		3:41.85	2013

30-34 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Peggy Gross	SAM	23.11	2000
2	Sandy Neilson	WSM	23.65	1986
3	Lauren Fren dreis	ROSE	24.21	2019
4	Marcie Kjoller	OSB	24.83	2002
5	Elizabeth Vucinich	WH2O	24.90	2013
6	Courney Eads	TCC	25.01	2017
7	Rebecca Newton	SCA	25.17	2011
8	Barb Harris	CPM	25.28	1990
9	Kim Schneider	SBM	25.43	2003
10*	Diane Graner-Gallas	SLUG	25.45	1997
10*	Jenni Carlson	SCAQ	25.45	2003
National Record:				
	Madison Kennedy		22.37	2019

100 YARD FREESTYLE

1	Sandy Neilson	WSM	51.70	1986
2	Diane Graner-Gallas	SLUG	52.72	1997
3	Peggy Gross	SAM	53.11	2001
4	Laurel Hill	GWSC	53.48	1999
5	Lauren Fren dreis	ROSE	53.95	2019
6	Rebecca Newton	SCA	53.97	2011
7	Sherry Gaertner	LBSC	54.46	1994
8	Courtney Eads	TCC	54.61	2017
9	Marcie Kjoller	OSB	54.83	2002
10	Kim Schneider	SBM	54.86	2003
National Record:				
	Erika Erndl		48.03	2013

200 YARD FREESTYLE

1	Dawn Heckman	ROSE	1:50.13	2012
2	Sandy Neilson	WSM	1:54.12	1986
3	Diane Graner-Gallas	SLUG	1:55.81	1999
4	Courney Eads	TCC	1:57.36	2017
5	Cynthia Lewis	MVN	1:58.34	2009
6	Laurel Hill	GWSC	1:58.58	1999
7	Rebecca Newton	SCA	1:59.73	2011
8	Laurie Dodd	UCLA	1:59.88	2006
9	Barbara Held	MMSC	2:00.72	1984
10	Kimberly Worthen	WSM	2:01.31	1987
National Record:				
	Erika Erndl		1:43.46	2012

500 YARD FREESTYLE

1	Dawn Heckman	ROSE	4:46.92	2012
2	Cynthia Lewis	MVN	5:11.96	2010
3	Joanne Reirson	SCAQ	5:14.22	2002
4	Sandy Neilson	WSM	5:14.67	1986
5	Kim Schneider	SBM	5:17.55	2003
6	Margaret Mason	CLVM	5:18.47	2003
7	Laurie Dodd	UCLA	5:21.94	2006
8	Kimberly Worthen	WSM	5:23.08	1987
9	Diane Graner-Gallas	SLUG	5:23.37	1997
10	Nancy Rogers	SBSC	5:25.26	1990
National Record:				
	Dawn Heckman		4:46.92	2012

1000 YARD FREESTYLE

1	Dawn Heckman	ROSE	9:51.93	2012
2	Joanne Reirson	SCAQ	10:36.92	2002
3	Laurie Dodd	UCLA	10:55.17	2006
4	Cori Raffaelli	VCM	11:11.59	2016
5	Jill Johansen	BGWM	11:16.21	2008
6	Lee Ann Ghimenti	VCM	11:23.50	2002
7	Fiona Petersen	NOVA	11:24.79	2004
8	Jane Cairns	OSB	11:24.85	2001
9	Melissa Giovanni	LVM	11:27.21	2014
10	Margaret Reilly	NOVA	11:34.28	2004
National Record:				
	Dawn Heckman		9:51.93	2012

1650 YARD FREESTYLE

1	Margaret Mason	CLVM	18:07.81	2003
2	Sandy Neilson	WSM	18:12.87	1986
3	Cynthia Lewis	MVN	18:13.20	2010
4	Laurie Dodd	UCLA	18:14.01	2006
5	Barbara Held	MMSC	18:29.91	1984
6	Jill Johansen	BGWM	18:48.72	2009
7	Lee Anne Ghimenti	VCM	18:54.19	2004
8	Fiona Petersen	NOVA	19:10.96	2005
9	Laurie Alderman	CLVM	19:14.46	2001
10	Cori Raffaelli	VCM	19:14.78	2017
National Record:				
	Karen Burton		17:07.52	1993

50 YARD BACKSTROKE

1	Diane Graner-Gallas	SLUG	27.14	1997
2	Elizabeth Vucinich	WH2O	28.54	2013
3	Karen Younkins	ROSE	29.29	2020
4	Kate Hibbard	LVM	29.31	2015
5	Andrea DeVuono	WH2O	29.37	1996
6	Sandy Neilson-Bell	SST	29.63	1989
7	Tina Jamieson	SWM	29.88	1999
8	Jenni Carlson	SLUG	30.01	2001
9	Rebekah Olsen	MVN	30.09	2011
10	Abica Dubay	GRA	30.21	2017
National Record:				
	Noriko Inada		24.96	2011

100 YARD BACKSTROKE

1	Diane Graner-Gallas	SLUG	57.75	1997
2	Elizabeth Vucinich	WH2O	1:01.16	2013
3	Sherry Gaertner	LBSC	1:01.66	1994
4	Kate Hibbard	GRA	1:02.32	2018
5	Andrea DeVuono	WH2O	1:02.87	1996
6	Karen Younkins	ROSE	1:03.56	2020
7	Jenni Carlson	SCAQ	1:04.36	2003
8	Jane Cairns	OSB	1:04.92	2001
9	Cynthia Lewis	MVN	1:04.97	2010
10	Amy Cantilina	SMSC	1:06.21	2001
National Record:				
	Noriko Inada		54.60	2011

200 YARD BACKSTROKE

1	Diane Graner-Gallas	SLUG	2:04.82	1997
2	Andrea DeVuono	WH2O	2:12.44	1996
3	Elizabeth Vucinich	WH2O	2:14.92	2013
4	Jill Johansen	BGWM	2:16.49	2008
5	Jane Cairns	OSB	2:17.56	2001
6	Karen Younkins	ROSE	2:17.57	2020
7	Sherry Gaertner	LBSC	2:18.35	1994
8	Laurel Hill	GWSC	2:18.42	1999
9	Michelle Dokter	ELSM	2:18.62	1994
10	Nancy Mitchell	GWSC	2:19.84	1992
National Record:				
	Karlyn Pipes-Neilsen		1:59.93	1996

50 YARD BREASTSTROKE

1	Wenke Hansen	OSB	29.83	2000
2	Cynthia Lewis	MVN	30.88	2009
3	Karen Melick	SCAQ	31.55	1990
4	Gennifer Amthor	LBSC	31.98	2008
5	Mary Donlevy	SLUG	32.21	2001
6	Joanne Reirson	SCAQ	32.43	2002
7	Mariya Petrova	ROSE	32.44	2017
8	Janet Harlow	SLUG	32.45	1999
9	Stefanie Capizzi	ROSE	32.97	2018
10	Carlyn Lee	ROSE	33.00	2020
National Record:				
	Katie McClelland		28.48	2008

100 YARD BREASTSTROKE

1	Wenke Hansen	OSB	1:03.69	2000
2	Cynthia Lewis	MVN	1:04.48	2010
3	Gennifer Amthor	LBSC	1:07.58	2008
4	Laurel Hill	GWSC	1:08.54	1999
5	Karen Melick	WSM	1:08.85	1987
6	Joanne Reirson	SCAQ	1:09.78	2002
7	Rossell Pescatori	UCLA	1:10.22	2003
8	Janet Harlow	SLUG	1:10.26	1999
9	Mary Donlevy	SLUG	1:10.50	2001
10	Lauren Frenndreis	ROSE	1:11.13	2019
	National Record:			
	Katie McClelland		1:02.08	2008

50 YARD BUTTERFLY

1	Courtney Eads	TCC	26.27	2017
2	Diane Graner-Gallas	SLUG	26.31	1997
3	Peggy Gross	SAM	26.52	2000
4	Marcie Kjoller	OSB	26.74	2002
5	ELizabeth Vucinich	WH2O	26.83	2013
6	Lauren Frenndreis	ROSE	26.88	2019
7	Sandy Neilson	WSM	26.90	1986
8	Gennifer Amthor	LBSC	26.95	2008
9	Cynthia Lewis	MVN	27.03	2009
10	Barbara Held	MMSC	27.24	1984
	National Record:			
	Angel Martino		24.18	2000

200 YARD BUTTERFLY

1	Gennifer Amthor	LBSC	2:12.02	2008
2	Nancy Mitchell	GWSC	2:12.55	1992
3	Cynthia Lewis	MVN	2:13.79	2009
4	Cindy Schilling	WSM	2:13.86	1985
5	Pam Lazzarotto	SCAQ	2:17.56	1993
6	Stacey Gavigan	UCI	2:17.93	2001
7	Barbara Held	MMSC	2:18.20	1984
8	Margaret Mason	CLVM	2:19.95	2003
9	Laurie Dodd	UCLA	2:22.88	2005
10	Vanessa Thrill	CLVM	2:25.33	2001
	National Record:			
	Karlyn Pipes-Neilsen		2:03.46	1996

200 YARD INDIVIDUAL MEDLEY

1	Wenke Hansen	OSB	2:05.59	2000
2	Laurel Hill	GWSC	2:10.85	1999
3	Cynthia Lewis	MVN	2:13.33	2008
4	Gennifer Amthor	LBSC	2:15.12	2008
5	Kate Hibbard	LVM	2:15.73	2015
6	Andrea DeVuono	WH2O	2:16.29	1996
7	Nancy Mitchell	GWSC	2:17.36	1992
8	Janet Harlow	SLUG	2:17.42	1999
9	Susie McIntyre	SCAQ	2:17.87	1986
10	Rossell Pescatori	UCLA	2:18.92	2003
	National Record:			
	Erika Erndl		1:58.80	2009

200 YARD BREASTSTROKE

1	Wenke Hansen	OSB	2:17.34	2000
2	Cynthia Lewis	MVN	2:22.64	2010
3	Laurel Hill	GWSC	2:25.31	1999
4	Karen Melick	SCAQ	2:29.75	1990
5	Janet Harlow	SLUG	2:30.11	1999
6	Joanne Reirson	SCAQ	2:31.30	2002
7	Mary Donlevy	SLUG	2:32.62	2001
8	Nancy Mitchell	GWSC	2:32.67	1992
9	Susie McIntyre	SCAQ	2:33.14	1986
10	Stefanie Capizzi	ROSE	2:34.78	2018
	National Record:			
	Erika Erndl		2:15.99	2013

100 YARD BUTTERFLY

1	Wenke Hansen	OSB	56.87	2002
2	Courtney Eads	TCC	58.03	2017
3	Diane Graner-Gallas	SLUG	58.06	1998
4	Gennifer Amthor	LBSC	59.28	2008
5	Elizabeth Vucinich	WH2O	59.56	2013
6	Lauren Frenndreis	ROSE	59.57	2019
7	Barbara Held	MMSC	59.64	1984
8	Cindy Schilling	WSM	1:00.27	1985
9	Peggy Gross	SAMS	1:00.62	2000
10	Sherry Gaertner	LBSC	1:00.66	1994
	National Record:			
	Angel Martino		55.01	1999

100 YARD INDIVIDUAL MEDLEY

1	Wenke Hansen	OSB	58.10	2002
2	Cynthia Lewis	MVN	59.43	2010
3	Courtney Eads	TCC	1:00.66	2017
4	Sandy Neilson	WSM	1:01.52	1986
5	Kate Hibbard	LVM	1:03.22	2015
6	Janet Harlow	SLUG	1:03.26	1999
7	Diane Graner-Gallas	SLUG	1:03.55	1998
8	Mary Donlevy	SLUG	1:03.90	2001
9*	Andrea DeVuono	WH2O	1:04.17	1996
9*	Freedom Rode	MYST	1:04.17	2015
	National Record:			
	Angel Martino		57.01	2000

400 YARD INDIVIDUAL MEDLEY

1	Dawn Heckman	ROSE	4:30.81	2011
2	Cynthia Lewis	MVN	4:32.37	2010
3	Laurel Hill	GWSC	4:39.77	1999
4	Jill Johannsen	BGWM	4:49.39	2008
5	Andrea DeVuono	WH2O	4:51.44	1994
6	Janet Harlow	SLUG	4:51.60	1999
7	Nancy Mitchell	NOVA	4:52.23	1993
8	Margaret Mason	CLVM	4:54.31	2003
9	Laurie Dodd	UCLA	4:56.10	2006
10	Jill Keenan-Boline	ROSE	4:57.46	2001
	National Record:			
	Erika Erndl		4:14.84	2013

30-34 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Simon Burnett	ROSE	20.07	2017
2	Adam Schmitt	SAM	20.15	1997
3	Mario Marshall	GRA	20.55	2016
4	Dan Wegner	SCAQ	20.84	2002
5	Tamas Kerekjarto	FMT	20.91	2010
6	Bruce Stahl	VEN	21.10	1993
7	Jeff Hart	LAPS	21.22	2018
8	Bert Bergen	UNAT	21.41	1997
9	Curtis Sawin	UNAT	21.42	2003
10	Brian Alderman	OSB	21.48	1999
National Record:				
	Anthony Ervin		19.33	2014

100 YARD FREESTYLE

1	Simon Burnett	ROSE	44.42	2017
2	Adam Schmitt	SAM	44.94	1997
3	Mario Marshall	GRA	45.24	2016
4	Tamas Kerekjarto	FMT	45.36	2010
5	Erik Hochstein	SCAQ	46.07	2002
6	Bernie Zeruhn	NOVA	46.26	2004
7	Andreas Roestenberg	CLVM	46.37	2002
8	Dan Wegner	SCAQ	46.39	2002
9	Mike Alexandrov	GRA	46.58	2017
10	Curtis Sawin	PHSH	46.69	2003
National Record:				
	Darian Townsend		42.75	2014

200 YARD FREESTYLE

1	Simon Burnett	ROSE	1:36.99	2017
2	Bernie Zeruhn	NOVA	1:41.21	2005
3	Peter Egan	SCAQ	1:41.38	1994
4	Max Jaben	GRA	1:41.40	2016
5	Billy Gaines	LVM	1:41.52	2013
6	Andreas Roestenberg	CLVM	1:41.55	2002
7	Erik Hochstein	SCAQ	1:41.60	2002
8	Dan Wegner	SCAQ	1:41.63	2003
9	Tamas Kerekjarto	FMT	1:42.45	2011
10	Gregory Palumbo	WH2O	1:42.70	2011
National Record:				
	Darian Townsend		1:34.00	2014

500 YARD FREESTYLE

1	Max Jaben	GRA	4:35.14	2016
2	Erik Hochstein	SCAQ	4:37.10	2003
3	Mike Shaffer	VCM	4:39.38	2000
4	Dan Wegner	SCAQ	4:40.77	2003
5	Gerry Rodrigues	UCLA	4:42.98	1994
6	Brian Judd	SAM	4:44.77	1998
7	Jim McConica	MMSC	4:44.96	1983
8	Billy Gaines	LVM	4:45.31	2013
9	Gregory Palumbo	WH2O	4:46.43	2011
10	Andrew Miller	GOLW	4:46.50	1990
National Record:				
	Matthew Cetlinski		4:29.49	1996

1000 YARD FREESTYLE

1	Alex Kostich	SCAQ	9:31.68	2001
2	Erik Hochstein	SCAQ	9:44.86	2003
3	Mike Shaffer	VCM	9:46.33	2000
4	Andrew Miller	GOLW	9:49.79	1990
5	Simon Burnett	ROSE	9:51.84	2017
6	Gerry Rodrigues	UCLA	9:52.72	1994
7	Mark Magee	CLVM	9:59.37	2002
8	Billy Gaines	LVM	9:59.40	2013
9	Brian Wadley	WH2O	10:00.44	2011
10	Craig Nadel	SCAQ	10:01.22	1995
National Record:				
	Joshua Woodruff		9:26.93	2003

1650 YARD FREESTYLE

1	Alex Kostich	SCAQ	16:01.50	2001
2	Mike Shaffer	VCM	16:04.62	2000
3	Erik Hochstein	SCAQ	16:22.53	2003
4	Gerry Rodrigues	UCLA	16:32.00	1995
5	Brian Wadley	WH2O	16:33.77	2011
6	Craig Nadel	SCAQ	16:35.12	1995
7	John Pearson	ROSE	16:54.13	1997
8	Robert Janis	MMSC	16:54.82	1984
9	Keith Ryan	NOVA	17:18.29	2017
10	Jim McConica	MMSC	17:21.87	1984
National Record:				
	Jeff Erwin		15:51.57	1996

50 YARD BACKSTROKE

1	Ryan Lochte	GRA	21.73	2017
2	Simon Burnett	ROSE	22.44	2017
3	Derya Buyukuncu	NOVA	22.97	2009
4	Christopher Gibson	WH2O	23.57	2017
5	Michael Kanner	SAM	23.67	2001
6	Jeff Natalizio	NOVA	24.18	2015
7	Derek Robinson	PHSH	24.25	2003
8	Tamas Kerekjarto	FMT	24.48	2011
9	Craig Schwartz	WGS	24.56	1986
10	Patrick Ota	LVM	24.61	2019
National Record:				
	Matt Grevers		21.37	2019

100 YARD BACKSTROKE

1	Ryan Lochte	GRA	46.57	2017
2	Simon Burnett	ROSE	48.25	2017
3	Derya Buyukuncu	NOVA	50.87	2009
4	Christopher Gibson	WH2O	51.96	2017
5	Curtis Sawin	PHSH	52.22	2003
6	Andreas Roestenberg	CLVM	52.31	2003
7	Michael Kanner	SAM	52.51	2001
8	Marcel Rinzler	SLUG	53.06	2001
9	Derek Robinson	PHSH	53.53	2003
10	Bernie Zeruhn	NOVA	53.83	2005
National Record:				
	Adam Mania		46.34	2013

200 YARD BACKSTROKE

1	Simon Burnett	ROSE	1:50.15	2017
2	Andreas Roestenberg	CLVM	1:54.07	2002
3	Marcel Rinzler	SLUG	1:54.23	2001
4	Brian Olver	WH2O	1:54.24	2009
5	Max Jaben	GRA	1:55.96	2016
6	Scott Reed	OSB	1:56.22	2001
7	Matthew Jones	MVN	1:56.93	2014
8	Will Douglass	SCAQ	1:56.94	1991
9	Erik Hochstein	SCAQ	1:57.19	2003
10	David Kastigar	VEN	1:58.03	1996
National Record:				
	Adam Mania		1:43.73	2014

50 YARD BREASTSTROKE

1	Ed Moses	ROSE	24.84	2011
2	Ryan Lochte	GRA	25.15	2017
3	Mike Alexandrov	GRA	25.18	2017
4	Bryan Haile	RAA	26.04	2017
5	Bruce Howell	BSSC	26.34	1989
6	Matthew Schmidt	WH2O	26.58	2008
7	Tamas Kerekjarto	FMT	26.69	2011
8	Craig Crawford	SWM	26.90	2003
9	Nikola Delic	WH2O	26.99	2017
10	Jeff Natalizio	NOVA	27.08	2015
National Record:				
	Matt Grevers		24.35	2015

100 YARD BREASTSTROKE

1	Ed Moses	ROSE	53.44	2011
2	Mike Alexandrov	GRA	53.55	2017
3	Ryan Lochte	GRA	53.92	2017
4	Tamas Kerekjarto	FMT	57.34	2010
5	Craig Crawford	SWM	57.94	2001
6	Bruce Howell	BSSC	57.99	1987
7	Matthew Schmidt	WH2O	59.10	2008
8	Aaron Syvertson	PSP	59.80	2015
9	Nikola Delic	WH2O	1:00.06	2017
10	Bryan Haile	RAA	1:00.07	2017
National Record:				
	Brandon Fischer		52.34	2019

50 YARD BUTTERFLY

1	Mario Marshall	GRA	21.65	2016
2	Ryan Lochte	GRA	21.77	2017
3	Simon Burnett	ROSE	22.02	2018
4	Brian Alderman	OSB	22.22	1999
5	Curtis Sawin	PHSH	22.34	2003
6	Peter Egan	SCAQ	22.69	1994
7	Tamas Kerekjarto	FMT	22.72	2011
8	Clay Evans	SCAQ	22.83	1986
9	Damien Bernard	GRA	22.90	2019
10	Max Jaben	GRA	22.94	2016
National Record:				
	Matt Grevers		21.11	2015

200 YARD BUTTERFLY

1	Peter Egan	SCAQ	1:49.52	1994
2	James Belardi	SCAQ	1:51.13	1987
3	Max Jaben	GRA	1:51.54	2016
4	Brian Alderman	OSB	1:52.03	1999
5	Mike Shaffer	VCM	1:52.35	2000
6	Bernie Zeruhn	NOVA	1:54.46	2004
7	Erik Hochstein	SCAQ	1:54.94	2002
8	Mario Marshall	GRA	1:55.02	2016
9	Brian Olver	WH2O	1:55.51	2009
10	C. Robert Orr	TROJ	1:55.53	1981
National Record:				
	Darian Townsend		1:45.01	2015

200 YARD INDIVIDUAL MEDLEY

1	Ryan Lochte	GRA	1:44.21	2017
2	Tamas Kerekjarto	FMT	1:50.40	2010
3	Mike Alexandrov	GRA	1:50.62	2017
4	Ed Moses	ROSE	1:52.73	2011
5	Brian Olver	WH2O	1:53.92	2009
6	Max Jaben	GRA	1:55.66	2016
7	Marcel Rinzier	SLUG	1:55.74	2001
8	Andreas Roestenberg	CLVM	1:55.80	2002
9	Clay Evans	SCAQ	1:55.86	1986
10	Peter Egan	SCAQ	1:56.17	1994
National Record:				
	Darian Townsend		1:42.03	2014

200 YARD BREASTSTROKE

1	Ed Moses	ROSE	1:56.02	2011
2	Mike Alexandrov	GRA	1:57.69	2017
3	Tamas Kerekjarto	FMT	2:05.80	2010
4	Bruce Howell	BSSC	2:06.56	1989
5	Brian Olver	WH2O	2:06.96	2009
6	Craig Crawford	SWM	2:10.41	2001
7	Matthew Schmidt	WH2O	2:11.39	2010
8	Peter McClafferty	SCAQ	2:12.03	1993
9	Brian Kelca	SBAY	2:13.11	1992
10	Eddie Safa	SCAQ	2:13.58	1993
National Record:				
	Brandon Fischer		1:54.10	2019

100 YARD BUTTERFLY

1	Mario Marshall	GRA	48.45	2016
2	Brian Alderman	OSB	48.74	1999
3	Peter Egan	SCAQ	49.16	1994
4	Tamas Kerekjarto	FMT	49.32	2010
5	Bernie Zeruhn	NOVA	50.38	2005
6	Curtis Sawin	PHSH	50.38	2003
7	James Belardi	SCAQ	50.53	1987
8	Max Jaben	GRA	50.87	2017
9	Clay Evans	SCAQ	50.88	1988
10	Marcel Rinzier	SLUG	51.33	2001
National Record:				
	Adam Mania		47.28	2013

100 YARD INDIVIDUAL MEDLEY

1	Ryan Lochte	GRA	47.71	2017
2	Mike Alexandrov	GRA	50.38	2017
3	Simon Burnett	ROSE	50.80	2018
4	Ed Moses	ROSE	51.44	2011
5	Tamas Kerekjarto	FMT	51.82	2011
6	Curtis Sawin	PHSH	52.15	2003
7	Jeff Natalizio	NOVA	52.55	2015
8	Clay Evans	SCAQ	52.69	1986
9	Mario Marshall	GRA	52.69	2016
10	Bernie Zeruhn	NOVA	52.98	2005
National Record:				
	Ryan Lochte		47.71	2017

400 YARD INDIVIDUAL MEDLEY

1	Ed Moses	ROSE	4:04.56	2011
2	Mike Alexandrov	GRA	4:04.74	2019
3	Andreas Roestenberg	CLVM	4:07.32	2002
4	Brian Olver	WH2O	4:07.82	2008
5	Marcel Rinzier	SLUG	4:08.91	2001
6	Max Jaben	GRA	4:09.87	2016
7	Clay Evans	SCAQ	4:10.30	1986
8	Gregory Palumbo	WH2O	4:12.51	2011
9	Mark Magee	CLVM	4:13.52	2002
10	John Harlow	SLUG	4:13.90	1999
National Record:				
	Darian Townsend		3:40.98	2014

35-39 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Gabrielle Chang	SBM	23.82	2017
2	Sandy Neilson-Bell	SST	24.29	1991
3	Ann Worthington	MVN	24.43	2006
4	Marcie Kjoller	UCSB	24.81	2003
5	Cynthia Lewis	NOVA	24.83	2012
6	Bonnie Adair	SCAQ	25.19	1991
7	Diane Graner-Gallas	SLUG	25.25	2001
8	Elizabeth Vucinich	WH2O	25.30	2017
9	Tomoko Naka	CVMM	25.36	2018
10	Diana Todd	VEN	25.41	1982
National Record:				
	Dara Torres		22.34	2007

100 YARD FREESTYLE

1	Diane Graner-Gallas	SLUG	53.05	1999
2	Sandy Neilson-Bell	SST	53.34	1991
3	Ann Worthington	MVN	54.23	2006
4	Gabrielle Chang	SBM	54.54	2017
5	Bonnie Adair	SCAQ	54.62	1991
6	Jeni Buys	TYR	55.40	2005
7	Elizabeth Vucinich	WH2O	55.44	2019
8	Tomoko Naka	CVMM	55.58	2018
9	Melissa Giovanni	LVM	55.69	2016
10	Diana Todd	VEN	56.18	1982
National Record:				
	Dara Torres		49.72	2007

200 YARD FREESTYLE

1	Gabrielle Chang	SBM	1:52.17	2017
2	Diane Graner-Gallas	SLUG	1:54.15	2001
3	Sandy Neilson-Bell	SST	1:57.01	1991
4	Laurie Dodd	UCLA	1:58.84	2007
5	Diana Phillippi	CLVM	2:01.14	2005
6	Melissa Giovanni	LVM	2:01.78	2016
7	Cynthia Lewis	NOVA	2:02.27	2011
8	Jeni Buys	TYR	2:02.77	2005
9	Cindy Schilling	WSM	2:04.77	1989
10	Marcie Kjoller	UCSB	2:05.06	2003
National Record:				
	Karlyn Pipes-Neilsen		1:51.55	1997

500 YARD FREESTYLE

1	Laurie Dodd	UCLA	5:10.49	2007
2	Cynthia Lewis	NOVA	5:10.72	2011
3	Diana Phillippi	CLVM	5:21.22	2004
4	Jeni Buys	TYR	5:25.22	2005
5	Lee Anne Ghimenti	VCM	5:29.96	2005
6	Melissa Giovanni	LVM	5:32.96	2016
7	Loren Uscilowski	UCLA	5:36.27	2007
8	Margaret Reilly	NOVA	5:38.15	2005
9	Barbara Held	SCAQ	5:38.76	1991
10	Karen Schultz	SBM	5:39.87	2016
National Record:				
	Karlyn Pipes-Neilsen		4:56.09	1997

1000 YARD FREESTYLE

1	Diane Graner-Gallas	SLUG	10:25.07	2001
2	Laurie Dodd	SCAQ	10:41.23	2011
3	Diana Phillippi	CLVM	10:56.74	2004
4	Lee Anne Ghimenti	VCM	11:19.16	2005
5	Melissa Giovanni	LVM	11:29.11	2015
6	Sarah Turner	UCLA	11:32.69	1997
7	Heidi Christensen	DUST	11:45.94	1994
8	Charlotte Gutierrez	SBSC	11:46.11	1989
9	Brenda Tomtan-Brayman	LVM	11:47.67	2010
10	Karen Schultz	SBM	11:48.21	2017
National Record:				
	Heidi George		10:11.23	2014

1650 YARD FREESTYLE

1	Laurie Dodd	UCLA	17:59.24	2007
2	Diana Phillippi	CLVM	18:25.73	2003
3	Lee Anne Ghimenti	VCM	19:01.76	2005
4	Karen Schultz	SBM	19:34.07	2016
5	Brenda Tomtan-Brayman	LVM	19:49.95	2010
6	Lucy Johnson	TAN	20:26.78	1983
7	Karin Langer	CVMM	20:39.29	2014
8	Kari Adams	SLVM	20:58.62	2005
9	Tanya Maclean	NOVA	21:03.13	2011
10	Michael Flaherty	SWHM	21:08.14	2013
National Record:				
	Heidi George		16:46.85	2014

50 YARD BACKSTROKE

1	Diane Graner-Gallas	SLUG	27.32	1999
2	Elizabeth Vucinich	WH2O	28.59	2018
3	Andrea DeVuono	WH2O	29.65	1998
4	Bonnie Adair	SCAQ	29.75	1991
5	Brooke Green	SBM	29.79	2018
6	Carole Shigaki	WH2O	29.79	1994
7	Megan Hedges	NOVA	30.26	2011
8	Cynthia Lewis	NOVA	30.31	2012
9	Nancy Kirkpatrick-Reno	DUST	30.48	1994
10	Sian Romoli	CTM	30.62	2008
National Record:				
	Noriko Inada		24.71	2017

100 YARD BACKSTROKE

1	Diane Graner-Gallas	SLUG	58.93	1999
2	Elizabeth Vucinich	WH2O	1:00.71	2018
3	Andrea DeVuono	WH2O	1:04.59	1998
4	Carole Shigaki	WH2O	1:05.32	1993
5	Bonnie Adair	SCAQ	1:05.63	1991
6	Nancy Kirkpatrick-Reno	DUST	1:05.85	1995
7	Brooke Green	SBM	1:06.25	2019
8	Jenny Kemp	UCLA	1:06.27	1993
9	Mary Lee	LVM	1:06.64	2017
10	Mary Hamilton	NOVA	1:07.16	1992
National Record:				
	Noriko Inada		53.58	2017

200 YARD BACKSTROKE

1	Diane Graner-Gallas	SLUG	2:06.02	1999
2	Elizabeth Vucinich	WH2O	2:12.99	2018
3	Andrea DeVuono	WH2O	2:15.43	1998
4	Nancy Kirkpatrick-Reno	DUST	2:23.99	1994
5	Carole Shigaki	WH2O	2:25.16	1993
6	Jenny Kemp	UCLA	2:25.33	1993
7	Brooke Green	SBM	2:26.35	2019
8	Susan Hitch	LVM	2:27.93	2017
9	Laurie Dodd	UCLA	2:28.68	2007
10	Cindy Schilling	WSM	2:28.77	1989
National Record:				
	Karlyn Pipes-Neilsen		2:00.54	1998

50 YARD BREASTSTROKE

1	Gabrielle Chang	SBM	29.52	2017
2	Cynthia Lewis	NOVA	29.63	2012
3	Karen Melick	SCAQ	31.65	1992
4*	Ann Worthington	MVN	33.10	2006
4*	Dawn Schroeder	OSB	33.10	2002
6	Kimberly Leigh	DSSM	33.23	2008
7	Diana Todd	TROJ	33.29	1981
8	LeAnne Farmer	MVN	33.53	2011
9	Kendra Wilson	ROSE	33.72	2020
10	Margaret Reilly	NOVA	34.19	2005
National Record:				
	Katie Glenn		28.51	2014

100 YARD BREASTSTROKE

1	Cynthia Lewis	NOVA	1:03.46	2012
2	Karen Melick	SCAQ	1:10.39	1992
3	Kimberly Leigh	VCM	1:11.21	2009
4	Dawn Schroeder	USCB	1:11.45	2003
5	Rossella Pescatori	SCAQ	1:12.03	2009
6	Ann Worthington	MVN	1:12.86	2006
7	LeAnne Farmer	MVN	1:13.70	2011
8	Sophie Jones	UNAT	1:14.11	2017
9	Carole Shigaki	WH2O	1:14.28	1993
10	Kendra Wilson	ROSE	1:14.37	2020
National Record:				
	Katie Glenn		1:01.88	2015

200 YARD BREASTSTROKE

1	Cynthia Lewis	NOVA	2:17.84	2012
2	Karen Melick	SCAQ	2:30.53	1992
3	Kimberly Leigh	VCM	2:32.34	2009
4	Rossella Pescatori	SCAQ	2:33.99	2009
5	Dawn Schroeder	OSB	2:34.17	2002
6	Kendra Wilson	ROSE	2:41.01	2020
7	Ingrid Daland	TROJ	2:41.13	1979
8	Charlotte Gutierrez	SBSC	2:41.90	1989
9	LeAnne Farmer	MVN	2:42.25	2011
10	Dianna Tate	SCAQ	2:42.65	1996
National Record:				
	Katie Glenn		2:17.51	2015

50 YARD BUTTERFLY

1	Gabrielle Chang	SBM	25.15	2017
2	Diane Graner-Gallas	SLUG	26.29	1999
3	Elizabeth Vucinich	WH2O	26.57	2018
4	Tomoko Naka	CVMM	26.75	2018
5	Cynthia Lewis	NOVA	26.79	2012
6	Kristina Ulveling	UNAT	26.83	2011
7	Marcie Kjoller	UCSB	27.37	2003
8	Megan Hedges	NOVA	27.81	2010
9	Bonnie Adair	SCAQ	27.82	1991
10	Arlette Godges	UCSB	28.06	2003
National Record:				
	Noriko Inada		25.04	2017

100 YARD BUTTERFLY

1	Cynthia Lewis	NOVA	58.95	2012
2	Kristina Ulveling	UNAT	59.38	2011
3	Elizabeth Vucinich	WH2O	59.88	2017
4	Diana Phillippi	CLVM	1:00.69	2003
5	Cindy Schilling	WSM	1:01.68	1989
6	Sandy Neilson-Bell	SST	1:01.79	1991
7	Cynthia Lichtman	SCAQ	1:02.48	1999
8	Megan Hedges	NOVA	1:02.63	2010
9	Laurie Dodd	UCLA	1:02.76	2007
10	Sarah Turner	UCLA	1:02.93	1997
National Record:				
	Susan Von Der Lippe		55.78	2003

200 YARD BUTTERFLY

1	Diana Phillippi	CLVM	2:13.88	2004
2	Laurie Dodd	UCLA	2:16.36	2007
3	Cynthia Lightman	SCAQ	2:17.24	1999
4	Cindy Schilling	SWM	2:17.68	1989
5	Karen Schultz	SBM	2:25.35	2017
6	Sarah Turner	UCLA	2:25.38	1997
7	Lucy Johnson	TAN	2:25.83	1983
8	Rebecca Richter	TROJ	2:28.81	1981
9	Kari Adams	CLVM	2:35.58	2005
10	Megan Andrus	LVM	2:36.10	2019
National Record:				
	Susan Von Der Lippe		2:03.48	2005

100 YARD INDIVIDUAL MEDLEY

1	Gabrielle Chang	SBM	57.25	2017
2	Cynthia Lewis	NOVA	59.61	2011
3	Bonnie Adair	SCAQ	1:03.52	1991
4	Ann Worthington	MVN	1:03.66	2006
5	Sophie Jones	UNAT	1:04.44	2017
6	Carole Shigaki	WH2O	1:05.70	1993
7	Andrea DeVuono	WH2O	1:06.15	1998
8	Diana Todd	TROJ	1:06.24	1981
9	Elizabeth Vucinich	WH2O	1:06.27	2018
10	Laurie Dodd	UCLA	1:06.52	2007
National Record:				
	Gabrielle Chang		57.25	2017

200 YARD INDIVIDUAL MEDLEY

1	Cynthia Lewis	NOVA	2:07.48	2012
2	Sandy Neilson-Bell	SST	2:14.68	1991
3	Laurie Dodd	UCLA	2:18.79	2007
4	Andrea DeVuono	WH2O	2:19.27	1998
5	Sophie Jones	UNAT	2:21.70	2017
6	Rossella Pescatori	SLUG	2:22.20	2009
7	Kimberly Leigh	VCM	2:22.41	2009
8	Cindy Schilling	WSM	2:22.44	1989
9	Bonnie Adair	SCAQ	2:24.97	1991
10	Carole Shigaki	WH2O	2:25.39	1993
National Record:				
	Karlyn Pipes-Neilsen		2:05.24	1998

400 YARD INDIVIDUAL MEDLEY

1	Cynthia Lewis	NOVA	4:35.29	2011
2	Sandy Neilson-Bell	SST	4:47.13	1991
3	Laurie Dodd	UCLA	4:50.10	2007
4	Andrea DeVuono	WH2O	4:51.49	1998
5	Diana Phillippi	CLVM	4:59.77	2003
6	Cynthia Lichtman	SCAQ	5:07.05	1999
7	Jill Keenan-Boline	ROSE	5:10.51	2009
8	Karen Schultz	SBM	5:11.97	2017
9	Lee Anne Ghimenti	VCM	5:12.11	2009
10	Elizabeth Vucinich	WH2O	5:17.38	2019
National Record:				
	Karlyn Pipes-Neilsen		4:24.18	1998

35-39 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Bruce Stahl	VEN	20.76	1994
2	Felipe Delgado	NOVA	20.79	2009
3	Jeff Natalizio	NOVA	20.85	2017
4	Mario Marshall	GRA	20.87	2019
5	Glenn Counts	LVM	20.99	2014
6	Erik Hochstein	SCAQ	21.00	2008
7	Christopher Beach	SCAQ	21.25	2009
8	Scott VonSchoff	LVM	21.51	2014
9*	Dan Wegner	TYR	21.60	2008
9*	Fred Hubbell	SCAQ	21.60	1990
National Record:				
	Ronald Schoeman		20.01	2018

100 YARD FREESTYLE

1	Mario Marshall	GRA	45.69	2019
2	Glenn Counts	LVM	45.75	2015
3	Eric Hochstein	UNAT	46.23	2004
4	Rich Saeger	UNAT	46.56	2003
5	Dan Wegner	TYR	46.89	2008
6	Christopher Beach	SCAQ	46.90	2009
7	Bruce Stahl	VEN	47.16	1994
8	Scott VonSchoff	LVM	47.48	2014
9	Mark Rubke	ELSM	47.64	1990
10	Donald Jennings	LVM	47.72	1997
National Record:				
	Vlad Pyshnenko		44.24	2009

200 YARD FREESTYLE

1	Erik Hochstein	UNAT	1:41.01	2004
2	Mario Marshall	GRA	1:43.29	2019
3	Mike Shaffer	VCM	1:43.79	2002
4	Dan Wegner	TYR	1:44.06	2007
5	Christopher Beach	SCAQ	1:44.63	2009
6	Will Douglass	SLUG	1:45.31	1999
7	Jim McConica	SCAQ	1:45.46	1987
8	Mark Magee	CLVM	1:45.88	2004
9	Billy Gaines	GRA	1:46.41	2018
10	Bruce Stahl	VEN	1:47.15	1994
National Record:				
	Josh Davis		1:36.56	2008

500 YARD FREESTYLE

1	Mike Shaffer	VCM	4:37.50	2002
2	Randy Eickhoff	UCLA	4:42.60	2001
3	Jim McConica	UNAT	4:43.06	1988
4	Erik Hochstein	TYR	4:43.17	2007
5	Mark Magee	CLVM	4:48.91	2004
6	Carl Larsen	WH2O	4:49.52	2017
7	Dan Wegner	TYR	4:50.00	2007
8	Billy Gaines	GRA	4:54.03	2018
9	Gerry Rodrigues	UCLA	4:55.88	2001
10	Michael Collins	NOVA	4:56.14	2001
National Record:				
	Ronald Karnaugh		4:33.97	2002

1000 YARD FREESTYLE

1	Mike Shaffer	VCM	9:31.89	2002
2	Randy Eickhoff	UCLA	9:39.44	2001
3	Mark Magee	CLVM	10:01.02	2005
4	Tim Hedrick	VCM	10:03.91	2001
5	Jim McConica	VEN	10:05.99	1989
6	Carl Larsen	WH2O	10:06.00	2017
7	Timothy Nelson	LAPS	10:11.77	2001
8	Michael Scannell	ROSE	10:14.11	2001
9	Michael Collins	NOVA	10:14.33	2002
10	Gerry Rodrigues	UCLA	10:15.20	1998
National Record:				
	Eric Christensen		9:27.97	2010

1650 YARD FREESTYLE

1	Mike Shaffer	VCM	15:56.73	2001
2	Markus Rogan	UCLA	16:30.30	2019
3	Randy Eickhoff	UCSB	16:42.37	2003
4	Jim McConica	UNAT	16:46.31	1988
5	Carl Larsen	WH2O	16:58.79	2017
6	Chris Yontez	SCAQ	17:07.90	2003
7	Tim Hedrick	VCM	17:12.35	2003
8	Gary Quinn	WH2O	17:17.26	1996
9	Paul Thompson	LVM	17:34.73	1977
10	Jeffrey Crosson	NOVA	17:46.13	1998
National Record:				
	Jeff Erwin		15:53.88	2003

50 YARD BACKSTROKE

1	Jeff Natalizio	NOVA	22.62	2017
2	Christopher Gibson	WH2O	23.45	2019
3	Chris Counts	LVM	24.18	2014
4	Craig Schwartz	UNAT	24.21	1990
5	Mario Marshall	GRA	24.28	2020
6	James Ballard	WH2O	25.02	1995
7	Seth Aldrich	LVM	25.11	2019
8	Glenn Counts	LVM	25.21	2017
9	Derek Robinson	UNAT	25.23	2007
10	Billy Gaines	LVM	25.32	2017
National Record:				
	Jeff Natalizio		22.62	2017

100 YARD BACKSTROKE

1	Jeff Natalizio	NOVA	47.86	2017
2	Christopher Gibson	WH2O	50.58	2019
3	Rich Saeger	UNAT	52.32	2003
4	Craig Schwartz	UNAT	52.43	1990
5	Chris Counts	LVM	52.98	2014
6	James Ballard	WH2O	53.73	1995
7	Marcel Rinzler	NOVA	54.24	2007
8	Mike Frazer	SCAQ	54.47	1997
9	Donald Jennings	LVM	54.49	1997
10	Nick Fusedale	ROSE	55.04	2013
National Record:				
	Jeff Natalizio		47.86	2017

200 YARD BACKSTROKE

1	Christopher Gibson	WH2O	1:55.44	2019
2	Craig Schwartz	UNAT	1:57.43	1990
3	Mike Shaffer	VCM	1:57.86	2001
4	Mike Frazer	SCAQ	1:58.26	1997
5	Peter O'Keefe	SCAQ	1:59.73	1986
6	Thomas Davis	ROSE	2:00.64	1995
7	Ben Pecht	VCM	2:00.86	2013
8	Clay Evans	SCAQ	2:01.06	1993
9	Chris Egan	OCC	2:01.11	2010
10	Gary Quinn	WH2O	2:01.83	1998
National Record:				
	Josh Davis		1:47.72	2008

50 YARD BREASTSTROKE

1	Steve West	NOVA	25.35	2010
2	Jeff Natalizio	NOVA	26.14	2017
3	Val Bagri	RYL	26.36	2014
4	Bruce Howell	BSSC	26.63	1992
5	Glenn Counts	LVM	26.73	2015
6	Keith Dennison	LVM	27.26	2009
7	Don Smith	VCM	27.40	2001
8	Bert Bergen	SLUG	27.69	2003
9	Michael Mason	ROSE	27.96	2011
10	Paul Henne	MMSC	27.99	1985
National Record:				
	James Fike		25.03	2021

100 YARD BREASTSTROKE

1	Steve West	NOVA	55.46	2010
2	Jeff Natalizio	NOVA	56.03	2017
3	Glenn Counts	LVM	57.19	2014
4	Val Bagri	RYL	57.45	2014
5	Markus Rogan	UCLA	58.52	2018
6	Bruce Howell	SAM	59.68	1993
7	Paul Henne	MMSC	1:00.87	1985
8	Michael Mason	ROSE	1:00.89	2011
9	Ben Palmer	SLOM	1:01.40	2017
10	Christopher Beach	SCAQ	1:01.68	2009
National Record:				
	James Fike		54.14	2021

200 YARD BREASTSTROKE

1	Steve West	NOVA	2:01.42	2010
2	Bruce Howell	SAM	2:12.92	1995
3	Carl Larsen	WH2O	2:13.69	2014
4	Michael Mason	ROSE	2:13.76	2011
5	Brian Kelca	SLUG	2:13.91	1997
6	Tom Reudy	WH2O	2:15.29	1990
7	Ken Ziskin	WSM	2:16.14	1985
8	Ben Palmer	SLOM	2:17.47	2017
9	Paul Henne	MMSC	2:17.92	1985
10	Michael Hamm	LAPS	2:18.07	1997
National Record:				
	James Fike		1:58.71	2021

50 YARD BUTTERFLY

1	Jeff Natalizio	NOVA	22.08	2017
2	Mario Marshall	GRA	22.18	2017
3	Igor Marchenkolgor	NOVA	22.45	2012
4	Glenn Counts	LVM	22.58	2015
5	Christopher Gibson	WH2O	23.00	2019
6	Peter Egan	SCAQ	23.05	1999
7	Keith Dennison	LVM	23.11	2009
8	Chris Counts	LVM	23.36	2014
9	David Sumner	MVN	23.44	2010
10	Roberto Delgado	NOVA	23.44	2011
National Record:				
	Roland Schoeman		21.24	2018

100 YARD BUTTERFLY

1	Mario Marshall	GRA	48.67	2019
2	Glenn Counts	LVM	49.12	2015
3	Igor Marchenko	NOVA	49.35	2012
4	Peter Egan	SCAQ	49.54	1999
5	Frank Wattles	UNAT	49.89	2007
6	Keith Dennison	LVM	50.76	2009
7	James Belardi	SCAQ	51.49	1992
8	Mike Shaffer	VCM	51.58	2002
9	Brian Kelca	SLUG	51.59	1996
10	Roberto Delgado	NOVA	51.83	2011
National Record:				
	Roland Schoeman		47.62	2018

200 YARD BUTTERFLY

1	Peter Egan	SCAQ	1:51.41	1999
2	Mike Shaffer	VCM	1:52.09	2002
3	James Belardi	SCAQ	1:53.52	1992
4	Erik Hochstein	UNAT	1:54.42	2004
5	Mark Magee	CLVM	1:55.85	2004
6	Randy Eickhoff	UCLA	1:56.27	2001
7	Carl Larsen	WH2O	1:57.24	2014
8	Brian Kelca	SLUG	1:58.12	1996
9	Daniel Sullivan	NOVA	1:59.30	1998
10	Billy Gaines	GRA	1:59.56	2018
National Record:				
	Bobby Patten		1:50.74	1999

100 YARD INDIVIDUAL MEDLEY

1	Jeff Natalizio	NOVA	49.01	2017
2	Glenn Counts	LVM	51.04	2015
3	Mario Marshall	GRA	52.41	2017
4	Steve West	NOVA	53.13	2011
5	Markus Rogan	UCLA	53.14	2018
6	Ed Moses	GRA	53.35	2017
7	Keith Dennison	LVM	53.65	2009
8	Christopher Gibson	WH2O	53.88	2019
9	Chris Counts	LVM	53.89	2014
10	Jose DeSouza	ROSE	54.21	2009
National Record:				
	Jeff Natalizio		49.01	2017

200 YARD INDIVIDUAL MEDLEY

1	Markus Rogan	UCLA	1:54.82	2018
2	Mark Magee	CLVM	1:57.91	2004
3	Marcel Rinzler	NOVA	1:59.10	2007
4	Billy Gaines	GRA	1:59.24	2018
5	Tom Katsouleas	SCAQ	1:59.65	1994
6	Bert Bergen	UNAT	1:59.93	2002
7	Clay Evans	SCAQ	2:00.13	1990
8	James Belardi	SCAQ	2:00.37	1994
9	Steve West	NOVA	2:00.41	2012
10	Carl Larsen	WH2O	2:00.44	2014
National Record:				
	Ronald Karnaugh		1:48.74	2002

400 YARD INDIVIDUAL MEDLEY

1	Carl Larsen	WH2O	4:14.39	2014
2	Mark Magee	CLVM	4:14.50	2003
3	James Belardi	SCAQ	4:16.52	1992
4	Randy Eickhoff	UCLA	4:20.78	2002
5	Mike Frazer	VCM	4:21.45	2005
6	Byron Reidenbaugh	IHAC	4:22.04	1987
7	Jim McConica	SCAQ	4:22.11	1987
8	Clay Evans	SCAQ	4:22.59	1990
9	Jose DeSouza	ROSE	4:23.04	2009
10	Tom Katsouleas	SCAQ	4:23.56	1994
National Record:				
	Ronald Karnaugh		3:56.76	2001

40-44 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Sarah Condor-Fisher	MACS	25.22	2015
2	Diana Todd	WSM	25.31	1985
3	Bonnie Adair	SCAQ	25.35	1993
4	Traci Granger	LAPS	25.65	2001
5	Heather Shannon	UCLA	25.67	2005
6	Emily Odgers	NOVA	25.77	2008
7	Heidi Walker	MVN	26.02	2017
8	Jennifer Rines	MVN	26.06	2018
9	Nicole Perkins	SBM	26.14	2017
10	Tami Engel	MVN	26.28	2004
National Record:				
	Dara Torres		21.91	2007

100 YARD FREESTYLE

1	Bonnie Adair	SCAQ	55.28	1993
2	Emily Odgers	NOVA	55.29	2010
3	Diana Todd	WSM	55.97	1985
4	Heidi Walker	MVN	56.40	2017
5	Tami Engel	MVN	57.22	2004
6	Heather Shannon	UCLA	57.33	2005
7	Monica Marccone	OJAI	58.11	2009
8	Tish Carroll	CLVM	58.50	2003
9	Bonnie Rogers	FMT	59.19	2007
10	Jenifer Straley	ROSE	59.26	2014
National Record:				
	Dara Torres		48.34	2007

200 YARD FREESTYLE

1	Amy Collins	NOVA	2:00.60	2012
2	Amy Dantzier	WH2O	2:02.13	2009
3	Emily Odgers	NOVA	2:03.80	2010
4	Bonnie Adair	SCAQ	2:04.08	1993
5	Heidi Walker	MVN	2:04.37	2017
6	Kari Adams	LVM	2:04.94	2010
7	Becky Lamph	LBM	2:07.03	2011
8	Lee Anne Ghimenti	VCM	2:07.53	2010
9	Julie Wynn	DSSM	2:07.91	1996
10	Eve Maidenberg	UNAT	2:08.23	2019
National Record:				
	Karlyn Pipes-Nielsen		1:51.06	2002

500 YARD FREESTYLE

1	Amy Dantzier	WH2O	5:21.31	2007
2	Katy Phifer	LVM	5:28.75	2014
3	Laurie Dodd	UCLA	5:32.63	2015
4	Jill Keenan-Boline	ROSE	5:32.71	2011
5	Lee Anne Ghimenti	VCM	5:34.46	2010
6	Kari Adams	LVM	5:36.47	2010
7	Emily Odgers	NOVA	5:40.11	2010
8	Barbara Goodwin	LAPS	5:42.17	2008
9	Jenny Cook	UCLA	5:42.49	2002
10	Becky Lamph	LVM	5:43.05	2011
National Record:				
	Karlyn Pipes-Nielsen		4:58.98	2003

1000 YARD FREESTYLE

1	Amy Dantzier	WH2O	10:56.63	2009
2	Laurie Dodd	UCLA	11:11.17	2015
3	Katy Phifer	LVM	11:26.68	2014
4	Lee Anne Ghimenti	VCM	11:31.02	2010
5	Kari Adams	LVM	11:43.52	2010
6	Becky Lamph	LVM	11:48.25	2011
7	Heidi Christensen	DSSM	11:51.86	1999
8	Barbara Goodwin	LAPS	11:55.19	2008
9	Eve Maidenberg	CVMM	11:56.90	2019
10	Jinxi Caddel	UNAT	12:03.15	2011
National Record:				
	Karlyn Pipes-Nielsen		10:20.45	2003

1650 YARD FREESTYLE

1	Amy Dantzier	WH2O	18:14.27	2008
2	Laurie Dodd	UCLA	18:34.20	2015
3	Katy Phifer	LVM	18:52.25	2014
4	Melanie Valerio	SCAQ	18:58.25	2012
5	Lee Anne Ghimenti	VCM	19:16.37	2010
6	Eve Maidenberg	UNAT	19:50.35	2019
7	Heidi Christensen	DSSM	19:55.58	1999
8	Heidi Walker	MVN	19:56.12	2017
9	Sharon Blaha	NOVA	19:56.69	2001
10	Leslie Monroe	CVMM	20:09.83	2016
National Record:				
	Heidi George		17:06.37	2018

50 YARD BACKSTROKE

1	Gretchen Caterson	SCAQ	28.36	2011
2	Katy Phifer	LVM	29.42	2014
3	Wenke Seider	OJAI	30.13	2013
4	Carole Shigaki	WH2O	30.20	1996
5	Brooke Green	SBM	30.58	2020
6	Bonnie Adair	SCAQ	30.59	1995
7	Nancy Reno	DUST	30.63	1996
8	Susan Hitch	LVM	30.92	2019
9	Maryanne Keever	UNAT	31.03	1999
10	Elizabeth Olsheim	MVN	31.22	2017
National Record:				
	Sheri Hart		26.12	2011

100 YARD BACKSTROKE

1	Gretchen Caterson	SCAQ	1:00.83	2011
2	Katy Phifer	LVM	1:01.82	2014
3	Nancy Reno	DUST	1:05.80	1996
4	Carole Shigaki	WH2O	1:05.83	1996
5	Susan Hitch	LVM	1:06.06	2019
6	Karen Schmidt	MVN	1:07.23	2011
7	Monica Marccone	OJAI	1:07.53	2009
8	Jenni Carlson	SCAQ	1:08.19	2011
9	Emily Odgers	NOVA	1:08.40	2010
10	Bonnie Adair	SCAQ	1:08.44	1994
National Record:				
	Sheri Hart		56.03	2011

200 YARD BACKSTROKE

1	Gretchen Caterson	SCA	2:11.09	2011
2	Katy Phifer	LVM	2:12.28	2014
3	Karen Schmidt	MVN	2:16.73	2011
4	Nancy Reno	DUST	2:23.17	1996
5	Emily Odgers	NOVA	2:24.36	2010
6	Susan Hitch	LVM	2:25.40	2019
7	Carole Shigaki	WH2O	2:29.37	1999
8	Stephanie Kramer	NOVA	2:30.25	2016
9	Andra Jaunzeme	LVM	2:31.78	1996
10	Kim Skomra	VCM	2:33.09	2003
National Record:				
	Kristen Gary		2:04.43	2010

50 YARD BREASTSTROKE

1	Wenke Seider	OJAI	30.79	2014
2	Sarah Condor-Fisher	MACS	30.82	2015
3	Nadean Hudson	VCM	33.12	2008
4	Karen Melick	SCAQ	33.29	2002
5	Jenifer Straley	ROSE	33.40	2014
6	Jennifer Rines	MVN	33.69	2018
7	Julie Flores	CVMM	34.02	2010
8	Heather Shannon	UCLA	34.40	2005
9	Shelly Santoro	LVM	34.61	2017
10	Carole Shigaki	WH2O	34.68	1996
National Record:				
	Katie Glenn		28.71	2018

100 YARD BREASTSTROKE

1	Wenke Seider	OJAI	1:05.49	2014
2	Sarah Condor-Fisher	MACS	1:09.34	2015
3	Nadean Hudson	VCM	1:11.73	2008
4	Jenifer Straley	ROSE	1:13.32	2014
5	Julie Flores	CSAM	1:13.60	2009
6	Karen Melick	SCAQ	1:14.02	2002
7	Shelly Santoro	LVM	1:14.70	2017
8*	Andra Jaunzeme	LVM	1:14.87	1996
8*	Karen Schmidt	MVN	1:14.87	2011
8*	Mary Jurey	SCAQ	1:14.87	2009
National Record:				
	Katie Glenn		1:02.70	2018

200 YARD BREASTSTROKE

1	Wenke Seider	OJAI	2:25.57	2014
2	Amy Collins	NOVA	2:28.05	2012
3	Nadean Hudson	VCM	2:35.92	2008
4	Karen Schmidt	MVN	2:37.58	2011
5	Sarah Condor-Fisher	MACS	2:38.93	2015
6	Karen Melick	SCAQ	2:39.58	2002
7	Leslie Monroe	CVMM	2:39.93	2017
8	Shelly Santoro	LVM	2:41.30	2017
9	Andra Jaunzeme	LVM	2:41.46	1996
10	Cheryl Simmons	ROSE	2:42.75	2011
National Record:				
	Susan Von Der Lippe		2:17.06	2006

50 YARD BUTTERFLY

1	Wenke Seider	OJAI	25.96	2014
2	Sarah Condor-Fisher	MACS	27.63	2015
3	Traci Granger	LAPS	27.73	2001
4	Nicole Perkins	SBM	27.84	2017
5	Gretchen Caterson	SCA	27.94	2011
6	Diana Todd	WSM	28.28	1985
7	Bonnie Adair	SCAQ	28.29	1994
8	Jennifer Rines	MVN	28.29	2018
9	Kari Adams	LVM	28.70	2010
10	Maryanne Keever	UNAT	28.96	1999
National Record:				
	Susan Von Der Lippe		25.14	2009

100 YARD BUTTERFLY

1	Wenke Seider	OJAI	57.88	2014
2	Bonnie Adair	SCAQ	1:02.46	1993
3	Karen Schmidt	MVN	1:02.97	2011
4	Traci Granger	LAPS	1:03.54	2001
5	Kari Adams	LVM	1:04.18	2010
6	Tami Engel	MVN	1:04.50	2005
7	Diana Todd	SCAQ	1:04.85	1986
8	Mary Jurey	SCAQ	1:05.97	2009
9	Amy Dantzler	WH2O	1:06.04	2009
10	Tish Carroll	CLVM	1:06.49	2003
National Record:				
	Susan Von Der Lippe		54.83	2009

200 YARD BUTTERFLY

1	Karen Schmidt	MVN	2:25.55	2011
2	Katy Phifer	LVM	2:28.08	2014
3	Amy Dantzler	WH2O	2:28.36	2009
4	Maureen MacDonald	SCAQ	2:29.87	2007
5	Kari Adams	LVM	2:30.18	2010
6	Tami Engel	MVN	2:30.41	2004
7	Leslie Monroe	CVMM	2:33.65	2019
8	Tish Carroll	CLVM	2:34.87	2004
9	Bonnie Adair	SCAQ	2:35.02	1994
10	Lee Anne Ghimenti	VCM	2:35.87	2010
National Record:				
	Susan Von Der Lippe		2:03.13	2008

100 YARD INDIVIDUAL MEDLEY

1	Wenke Seider	OJAI	1:00.20	2013
2	Gretchen Caterson	SCA	1:03.00	2011
3	Amy Collins	NOVA	1:03.65	2012
4	Bonnie Adair	SCAQ	1:03.82	1993
5	Nadean Hudson	VCM	1:05.17	2008
6	Diana Todd	SWM	1:06.12	1985
7	Monica Marcone	OJAI	1:06.25	2009
8	Sarah Condor-Fisher	MACS	1:06.39	2015
9	Jennifer Rines	MVN	1:06.42	2018
10	Katherine Watson	IHAC	1:06.55	1988
National Record:				
	Erika Braun		57.95	2012

200 YARD INDIVIDUAL MEDLEY

1	Wenke Seider	OJAI	2:09.39	2014
2	Gretchen Caterson	SCA	2:17.00	2011
3	Karen Schmidt	MVN	2:19.38	2011
4	Bonnie Adair	SCAQ	2:20.57	1993
5	Nadean Hudson	VCM	2:23.47	2008
6	Monica Marcone	OJAI	2:23.97	2009
7	Leslie Monroe	CVMM	2:26.40	2019
8	Susan Hitch	LVM	2:26.67	2019
9	Tami Engel	MVN	2:26.98	2004
10	Amy Dantzler	WH2O	2:27.02	2007
National Record:				
	Susan Von Der Lippe		2:04.85	2008

400 YARD INDIVIDUAL MEDLEY

1	Karen Schmidt	MVN	4:50.31	2011
2	Katy Phifer	LVM	4:56.98	2014
3	Emily Odgers	NOVA	5:04.68	2010
4	Nadean Hudson	VCM	5:06.30	2008
5	Bonnie Adair	SCAQ	5:06.74	1993
6	Jill Keenan-Boline	ROSE	5:13.72	2011
7	Andra Jaunzeme	LVM	5:13.78	1996
8	Traci Granger	LAPS	5:14.17	2001
9	Lee Anne Ghimenti	VCM	5:14.65	2010
10	Cheryl Simmons	ROSE	5:18.57	2011
National Record:				
	Susan Von Der Lippe		4:28.43	2008

40-44 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Chuck Pontier	LAPS	21.54	2006
2	Stanley Fujimoto	UNAT	21.69	2002
3	Kip Fulbeck	UNAT	21.72	2008
4	Chris Counts	LVM	21.76	2017
5	Donald Jennings	HSNM	21.80	2003
6	Jeffrey Mitchell	MVN	21.83	2010
7	Erik Hochstein	SCAQ	21.89	2009
8	Don Smith	VCM	21.95	2003
9	Richard Schroeder	UCSB	21.95	2003
10	Steve West	NOVA	22.09	2014
National Record:				
	Josh Davis		20.67	2014

100 YARD FREESTYLE

1	Jeffrey Mitchell	MVN	47.95	2010
2	Don Smith	VCM	47.97	2004
3	Paul Carter	SCAQ	48.05	2002
4	Donald Jennings	HSNM	48.06	2003
5	Chris Counts	LVM	48.22	2017
6	Brad Hibbard	UNAT	48.39	2010
7	Richard Schroeder	UCSB	48.41	2003
8	Keith Kaplan	WH2O	48.48	2009
9	Erik Hochstein	SCAQ	48.56	2009
10	Will Douglass	SLUG	48.73	2001
National Record:				
	Josh Davis		45.15	2014

200 YARD FREESTYLE

1	Erik Hochstein	SCAQ	1:44.61	2009
2	Yann De Fabrique	NOVA	1:45.78	2017
3	Gerry Rodrigues	UCLA	1:46.96	2007
4	Mike Shaffer	VCM	1:47.06	2008
5	Mark Magee	LVM	1:47.15	2009
6	Jeffrey Mitchell	MVN	1:47.53	2010
7	Peter O'Keefe	SCAQ	1:47.90	1991
8*	Jim McConica	VCM	1:48.24	1994
8*	Will Douglass	SLUG	1:48.24	2001
10	Dan Wegner	LVM	1:48.54	2014
National Record:				
	Josh Davis		1:38.23	2015

500 YARD FREESTYLE

1	Mike Shaffer	VCM	4:41.87	2009
2	Yann De Fabrique	NOVA	4:46.01	2017
3	Jim McConica	VCM	4:46.59	1994
4	Mark Magee	LVM	4:46.93	2009
5	Gerry Rodrigues	UCLA	4:49.16	2007
6	Dan Wegner	LVM	4:53.15	2014
7	Clay Evans	SCAQ	4:56.28	1995
8	Craig Nadel	SCAQ	4:59.22	2001
9	Bram Tester	WH2O	5:00.32	2009
10	David Popko	ROSE	5:00.76	2018
National Record:				
	Josh Davis		4:33.36	2015

1000 YARD FREESTYLE

1	Mike Shaffer	VCM	9:44.36	2009
2	Yann De Fabrique	NOVA	9:52.61	2018
3	Gerry Rodrigues	UCLA	10:01.78	2007
4	Jim McConica	VCM	10:08.02	1994
5	Craig Nadel	SCAQ	10:14.61	2001
6	Tim Hedrick	VCM	10:17.89	2005
7	Mark Magee	LVM	10:17.93	2012
8	Randy Eickhoff	SCA	10:19.24	2010
9	Jason Engel	UCI	10:22.94	2004
10	Barry Plaga	ROSE	10:23.08	2004
National Record:				
	Alex Kostich		9:32.66	2010

1650 YARD FREESTYLE

1	Mike Shaffer	VCM	16:07.44	2009
2	Yann De Fabrique	NOVA	16:31.87	2018
3	Jim McConica	VCM	16:54.54	1994
4	Gerry Rodrigues	UCLA	16:57.13	2005
5	Craig Nadel	SCAQ	17:08.97	2001
6	Tim Hedrick	VCM	17:20.73	2005
7	Buzz Harper	LAPS	17:39.33	2004
8	Lance Larson	TROJ	17:40.20	1982
9	David Popko	ROSE	17:50.91	2018
10	Jeff Crosson	UCI	17:52.29	2004
National Record:				
	Alex Kostich		15:51.52	2010

50 YARD BACKSTROKE

1	Chris Counts	LVM	24.23	2017
2	Mike Shaffer	VCM	25.02	2009
3	Clay Evans	SCAQ	25.35	1995
4	James Ballard	WH2O	25.42	1998
5	David Sumner	MVN	25.60	2013
6	Peter O'Keefe	SCAQ	25.66	1991
7	Ben Pecht	VCM	26.13	2015
8	Erik Hochstein	SCAQ	26.14	2009
9	Joao Henkel	WH2O	26.42	2016
10	Len Gushe	CLVM	26.42	2004
National Record:				
	Michael Ross		22.77	2009

100 YARD BACKSTROKE

1	Chris Counts	LVM	53.32	2017
2	Peter O'Keefe	SCAQ	54.15	1991
3	Clay Evans	SCAQ	54.95	1996
4	Jim Ballard	WH2O	55.59	2000
5	Len Gushe	CLVM	55.81	2004
6	Donald Jennings	HSNM	55.86	2003
7	Thomas Davis	ROSE	56.04	1998
8	Mike Shaffer	VCM	56.22	2006
9	Ben Pecht	VCM	56.35	2015
10	Gary Quinn	WH2O	56.61	1998
National Record:				
	Michael Ross		48.49	2009

200 YARD BACKSTROKE

1	Erik Hochstein	SCAQ	1:56.31	2009
2	Len Gushe	CLVM	1:58.84	2004
3	Clay Evans	SCAQ	1:59.54	1995
4	Ben Pecht	VCM	1:59.86	2015
5	Thomas Davis	ROSE	2:00.91	1998
6	Peter O'Keefe	SCAQ	2:01.42	1994
7	Gary Quinn	WH2O	2:02.82	1998
8	Lincoln Djang	MVN	2:03.66	2004
9	Scott Reed	SBM	2:04.01	2013
10	Tom Reudy	WH2O	2:04.08	1998
National Record:				
	Michael Ross		1:50.09	2009

50 YARD BREASTSTROKE

1	Steve West	NOVA	25.56	2015
2	Richard Schroeder	UCSB	26.03	2003
3	Val Bagri	RYL	26.14	2018
4	Bruce Howell	SAM	27.08	1997
5	Don Smith	VCM	27.76	2002
6	Paul Henne	SCAQ	27.77	1990
7	Michael Hamm	LAPS	27.92	1998
8	Tico Clark	SCAQ	28.07	2012
9	Bradley Boodt	LVM	28.35	2010
10	Matthew Schmidt	WH2O	28.48	2018
National Record:				
	Jarrod Marrs		25.02	2016

100 YARD BREASTSTROKE

1	Steve West	NOVA	55.60	2015
2	Richard Schroeder	UCSB	56.65	2003
3	Val Bagri	RYL	56.68	2017
4	Don Smith	VCM	1:00.42	2004
5	Michael Hamm	LAPS	1:00.43	1998
6	Bruce Howell	SAM	1:01.11	1997
7	Michael Mason	ROSE	1:01.97	2014
8	Paul Henne	SCAQ	1:02.04	1990
9	Bradley Boodt	LVM	1:02.17	2010
10	Matthew Schmidt	WH2O	1:02.33	2018
National Record:				
	Jeff Commings		55.37	2015

50 YARD BUTTERFLY

1	Chuck Pontier	LAPS	23.31	2006
2	Paul Carter	SCAQ	23.48	2002
3	Kip Fulbeck	UNAT	23.56	2008
4	Clay Evans	SCAQ	23.69	1994
5	Chris Counts	LVM	23.73	2017
6	Charles Stevens	UNAT	23.88	2012
7	Roberto Delgado	NOVA	23.92	2018
8	Steve West	NOVA	23.97	2013
9	Val Bagri	RYL	24.03	2015
10	Donald Jennings	HSNM	24.10	2003
National Record:				
	Chuck Barnes		22.56	2021

200 YARD BUTTERFLY

1	Mike Shaffer	VCM	1:53.00	2009
2	Mark Magee	LVM	1:55.15	2009
3	Yann De Fabrique	NOVA	1:56.32	2017
4	James Belardi	SCAQ	1:56.93	1997
5	Sabri Ozun	LVM	2:01.26	2007
6	Boo Gallas	SCAQ	2:02.09	1990
7	Michael Heather	UNAT	2:02.35	1994
8	Clay Evans	SCAQ	2:02.71	1995
9	Lance Larson	TROJ	2:04.12	1982
10	Gerry Rodrigues	UCLA	2:05.29	2004
National Record:				
	Dennis Baker		1:50.61	2002

200 YARD INDIVIDUAL MEDLEY

1	Rich Saeger	TYR	1:55.84	2006
2	Steve West	NOVA	1:57.32	2012
3*	Clay Evans	SCAQ	2:00.49	1994
3*	Mark Magee	LVM	2:00.49	2009
5	Tom Reudy	WH2O	2:01.18	1998
6	Ben Pecht	VCM	2:02.07	2015
7	Byron Reidenbaugh	UNAT	2:03.05	1994
8	Len Gushe	CLVM	2:03.23	2004
9	Peter O'Keeffe	SCAQ	2:03.31	1991
10	Paul Carter	SCAQ	2:03.52	2002
National Record:				
	Michael Ross		1:51.85	2009

200 YARD BREASTSTROKE

1	Steve West	NOVA	2:00.53	2014
2	Richard Schroeder	UCSB	2:05.09	2003
3	Val Bagri	RYL	2:05.46	2015
4*	Mark Magee	LVM	2:15.27	2009
4*	Michael Hamm	LAPS	2:15.27	1998
6	Michael Mason	ROSE	2:16.80	2014
7	Matthew Schmidt	WH2O	2:17.02	2018
8	Don Smith	VCM	2:17.29	2002
9	Tom Reudy	WH2O	2:17.30	1997
10	Peter Wisner	CPM	2:18.56	1988
National Record:				
	Steve West		2:00.53	2014

100 YARD BUTTERFLY

1	Paul Carter	SCAQ	50.80	2002
2	Mike Shaffer	VCM	51.20	2009
3	Erik Hochstein	SCAQ	51.96	2009
4	Chuck Pontier	LAPS	52.08	2006
5	James Belardi	SCAQ	52.35	1997
6	Yann De Fabrique	MSCA	52.93	2014
7	Donald Jennings	HSNM	53.11	2003
8	Mark Magee	LVM	53.16	2009
9	Roberto Delgado	NOVA	53.35	2018
10	Bernie Zeruhn	NOVA	53.39	2015
National Record:				
	Michael Ross		49.27	2008

100 YARD INDIVIDUAL MEDLEY

1	Steve West	NOVA	52.75	2014
2	Chris Counts	LVM	54.15	2017
3	Clay Evans	SCAQ	54.88	1994
4	Don Smith	VCM	54.96	2004
5	Paul Carter	SCAQ	55.44	2002
6	Val Bagri	RYL	55.65	2017
7	David Sumner	MVN	56.04	2012
8	Tom Reudy	WH2O	56.13	1998
9	Jose DeSouza	ROSE	56.57	2014
10	Roberto Delgado	NOVA	56.77	2018
National Record:				
	Jeff Commings		51.07	2015

400 YARD INDIVIDUAL MEDLEY

1	Erik Hochstein	SCAQ	4:13.85	2009
2	Mike Shaffer	VCM	4:16.41	2009
3	Mark Magee	LVM	4:17.12	2009
4	Clay Evans	SCAQ	4:20.57	1994
5	Len Gushe	CLVM	4:20.74	2004
6	Tom Reudy	WH2O	4:24.39	1997
7	Gerry Rodrigues	UCLA	4:27.19	2007
8	Lyle Nalli	SAM	4:27.26	2001
9	Scott Tobin	WH2O	4:28.04	2006
10	Ben Pecht	VCM	4:29.54	2015
National Record:				
	Roque Santos		4:01.87	2009

45-49 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Traci Granger	LAPS	25.17	2005
2	Sarah Condor-Fisher	MACS	25.81	2017
3	Becky Cleavenger	CVMM	25.89	2010
4	Katie Osborne	NOVA	26.16	2010
5	Marcie Kjoller	SBMS	26.23	2017
6	Sarah Condor-Fisher	MVN	26.27	2021
7	Arlette Godges	SCAQ	26.30	2009
8	Bonnie Rogers	FMT	26.34	2009
9	Ahelee Sue Osborn	NOVA	26.44	2008
10	Morri Kleine	WH2O	26.70	2004
National Record:				
	Erika Braun		23.80	2017

100 YARD FREESTYLE

1	Traci Granger	LAPS	56.06	2004
2	Becky Cleavenger	CVMM	57.06	2010
3	Bonnie Rogers	FMT	57.12	2008
4	Arlette Godges	SCAQ	57.16	2010
5	Katie Osborne	NOVA	57.62	2010
6	Sarah Condor-Fisher	MACS	57.70	2017
7	Diana Todd	SCAQ	57.96	1990
8	Jenny Cook	UCLA	58.06	2005
9	Kari Adams	LVM	58.13	2013
10	Lo Knapp	UCSB	58.21	2003
National Record:				
	Erika Braun		51.99	2017

200 YARD FREESTYLE

1	Suzanne Simpson	NOVA	1:59.91	2007
2	Kari Adams	LVM	2:03.94	2011
3	Leslie Daland-James	CVMM	2:04.88	2019
4	Laurie Dodd	UCLA	2:06.11	2019
5	Amy Dantzier	WH2O	2:06.12	2010
6	Jenny Cook	UCLA	2:06.27	2007
7	Ahelee Sue Osborn	NOVA	2:07.04	2008
8	Becky Cleavenger	CVMM	2:07.28	2010
9	Bonnie Rogers	FMT	2:07.97	2008
10	Denise Brown	NOVA	2:09.35	2008
National Record:				
	Karlyn Pipes-Neilsen		1:53.28	2007

500 YARD FREESTYLE

1	Laurie Dodd	UCLA	5:24.34	2019
2	Susanne Simpson	NOVA	5:26.16	2007
3	Amy Dantzier	WH2O	5:29.47	2010
4	Leslie Daland-James	CVMM	5:30.42	2019
5	Jenny Cook	UCLA	5:35.06	2005
6	Kari Adams	LVM	5:36.72	2011
7	Denise Brown	NOVA	5:36.73	2008
8	Florence Aitken	LVM	5:44.17	2015
9	Becky Lamph	LVM	5:45.02	2013
10	Joy Leutner	MVN	5:49.61	2004
National Record:				
	Heidi George		5:03.45	2021

1000 YARD FREESTYLE

1	Laurie Dodd	UCLA	11:00.65	2019
2	Suzanne Simpson	NOVA	11:00.68	2009
3	Amy Dantzier	WH2O	11:07.29	2010
4	Kari Adams	LVM	11:33.55	2011
5	Florence Aitken	LVM	11:36.00	2015
6	Joy Leutner	MVN	11:53.22	2004
7	Carolyn Battin	LVM	12:09.85	2001
8	Deanna Koehler	CVMM	12:10.40	2015
9	Becky Cleavenger	CVMM	12:20.94	2013
10	Christie Ciraulo	UCLA	12:24.96	2002
National Record:				
	Heidi George		10:18.44	2021

1650 YARD FREESTYLE

1	Laurie Dodd	UCLA	18:26.01	2019
2	Susanne Simpson	NOVA	18:37.71	2009
3	Amy Dantzier	WH2O	18:41.97	2010
4	Florence Aitken	LVM	19:20.25	2015
5	Joy Leutner	MVN	20:09.60	2004
6	Deanna Koehler	CVMM	20:17.78	2015
7	Heidi Christensen	DSSM	20:20.42	2004
8	Jennifer Weiderman	CVMM	20:33.70	2016
9	Susan Shore	WH2O	21:03.39	2009
10	Janet Rover	IHAC	21:07.24	1987
National Record:				
	Heidi George		17:05.13	2021

50 YARD BACKSTROKE

1	Gretchen Caterson	SCA	28.44	2013
2	Nicole Perkins	SBMS	31.15	2018
3	Jane McCall	LAPS	31.32	2005
4	Marcie Kjoller	SBMS	31.37	2017
5	Ahelee Sue Osborn	NOVA	31.40	2008
6	Ana Fradkin	SCAQ	31.62	2019
7	Beata Konopka	CVMM	31.98	2017
8	Mimi Frank	SLUG	32.40	1995
9	Susan Kingston	LAPS	32.74	2010
10	Suzi Fitzpatrick	MVN	32.78	2018
National Record:				
	Karlyn Pipes-Neilsen		27.35	2008

100 YARD BACKSTROKE

1	Gretchen Caterson	SCA	1:02.05	2013
2	Jane McCall	LAPS	1:07.20	2009
3	Ahelee Sue Osborn	NOVA	1:08.15	2008
4	Mimi Frank	SLUG	1:10.28	1994
5	Paula James	CLVM	1:10.73	2005
6	Susan Kingston	LAPS	1:11.48	2010
7	Debbie Sutherland	NOVA	1:11.81	2005
8	Beata Konopka	CVMM	1:12.09	2017
9	Laurie Ayoob	LAPS	1:12.11	2006
10	Suzi Fitzpatrick	MVN	1:12.33	2018
National Record:				
	Ellen Reynolds		57.83	2010

200 YARD BACKSTROKE

1	Gretchen Caterson	SCA	2:20.84	2013
2	Leslie Daland-James	CVMM	2:23.48	2019
3	Ahelee Sue Osborn	NOVA	2:25.11	2008
4	Jane McCall	LAPS	2:27.20	2005
5	Susanne Simpson	NOVA	2:27.60	2009
6	Laurie Dodd	UCLA	2:31.08	2018
7	Suzi Fitzpatrick	MVN	2:32.48	2018
8	Paula James	CLVM	2:33.46	2005
9	Susan Kingston	LAPS	2:33.52	2010
10	Cheryl Simmons	ROSE	2:22.75	2013
National Record:				
	Karlyn Pipes-Neilsen		2:04.65	2009

50 YARD BREASTSTROKE

1	Sarah Condor-Fisher	MACS	31.81	2017
2	Karen Melick	SCAQ	32.73	2002
3	Gretchen Caterson	SCA	33.74	2013
4	Becky DiSorbo	UNAT	33.87	2018
5	Jennifer Weiderman	CVMM	34.28	2015
6	Dawn Schroeder	SBMS	34.43	2014
7	Diana Todd	WSM	34.46	1989
8	Heather Shannon	UCLA	34.51	2007
9	Melissa Going	MVN	34.69	2017
10*	Deena Esparza	SCA	35.02	2015
10*	Lo Knapp	UCSB	35.02	2003
National Record:				
	Caroline Krattli		30.17	2007

100 YARD BREASTSTROKE

1	Karen Melick	SCAQ	1:11.35	2002
2	Sarah Condor-Fisher	MACS	1:12.91	2017
3	Dawn Schroeder	SBM	1:13.80	2014
4	Rossella Pescatori	SCAQ	1:14.18	2018
5	Becky DiSorbo	HNAQ	1:14.56	2018
6	Jennifer Weiderman	CVMM	1:14.94	2015
7	Cheryl Simmons	ROSE	1:15.05	2016
8	Lo Knapp	UCSB	1:15.57	2003
9	Deena Esparza	SCA	1:16.49	2014
10*	Nancy Leichter	ROSE	1:16.95	2017
10*	Shirley Fladoos	SCAQ	1:16.95	2018
National Record:				
	Susan Von Der Lippe		1:05.85	2001

50 YARD BUTTERFLY

1	Traci Granger	LAPS	26.78	2007
2	Gretchen Caterson	SCA	27.12	2013
3	Nicole Perkins	SBM	27.97	2018
4	Katie Osborne	NOVA	28.09	2010
5	Marcie Kjoller	SBM	28.26	2017
6	Bonnie Rogers	FMT	28.36	2008
7	Jane McCall	LAPS	28.37	2005
8	Stacey Bennett	NOVA	28.38	2019
9	Arlette Godges	SCAQ	28.48	2011
10	Sarah Condor-Fisher	MACS	28.62	2018
National Record:				
	Erika Braun		25.64	2017

200 YARD BUTTERFLY

1	Susanne Simpson	NOVA	2:18.31	2007
2	Laurie Dodd	UCLA	2:24.79	2018
3	Traci Granger	LAPS	2:25.27	2005
4	Kari Adams	LVM	2:27.19	2011
5	Stacey Bennett	NOVA	2:27.85	2019
6	Denise Brown	NOVA	2:30.24	2008
7	Jenny Cook	UCLA	2:30.66	2006
8	Joy Leutner	MVN	2:35.04	2004
9	Katie Osborne	NOVA	2:35.16	2010
10	Maureen MacDonald	SCAQ	2:35.54	2008
National Record:				
	Karlyn Pipes-Neilsen		2:07.39	2008

200 YARD INDIVIDUAL MEDLEY

1	Gretchen Caterson	SCA	2:15.49	2013
2	Leslie Daland-James	CVMM	2:23.17	2019
3	Jane McCall	LAPS	2:24.29	2005
4	Jenny Cook	UCLA	2:25.18	2003
5	Ahelee Sue Osborn	NOVA	2:26.19	2008
6	Traci Granger	LAPS	2:26.72	2004
7	Lo Knapp	UCSB	2:27.02	2003
8	Cheryl Simmons	ROSE	2:29.38	2014
9	Stacey Bennett	NOVA	2:29.74	2019
10	Rossella Pescatori	SCAQ	2:31.26	2017
National Record:				
	Karlyn Pipes-Neilsen		2:07.26	2007

200 YARD BREASTSTROKE

1	Karen Melick	SCAQ	2:35.27	2004
2	Leslie Daland-James	CVMM	2:38.30	2019
3	Rossella Pescatori	SCAQ	2:38.42	2017
4	Cheryl Simmons	ROSE	2:41.83	2015
5	Lo Knapp	UCSB	2:41.86	2003
6	Jennifer Weiderman	CVMM	2:44.95	2015
7	Jane McCall	LAPS	2:46.80	2005
8	Sarah Condor-Fisher	MVN	2:47.10	2019
9	Deena Esparza	SCA	2:48.14	2014
10	Deanna Koehler	CVMM	2:50.99	2015
National Record:				
	Susan Von Der Lippe		2:22.76	2011

100 YARD BUTTERFLY

1	Traci Granger	LAPS	1:00.84	2005
2	Arlette Godges	SCAQ	1:02.24	2009
3	Susanne Simpson	NOVA	1:02.49	2007
4	Bonnie Rogers	FMT	1:03.48	2008
5	Jane McCall	LAPS	1:03.78	2005
6	Stacey Bennett	NOVA	1:03.81	2019
7	Kari Adams	LVM	1:03.84	2011
8	Jenny Cook	UCLA	1:04.39	2005
9	Katie Osborne	NOVA	1:04.75	2010
10	Nicole Perkins	SBM	1:04.79	2018
National Record:				
	Susan Von Der Lippe		56.97	2011

100 YARD INDIVIDUAL MEDLEY

1	Gretchen Caterson	SCA	1:02.38	2013
2	Traci Granger	LAPS	1:04.69	2006
3	Jane McCall	LAPS	1:05.44	2005
4	Diana Todd	SCAQ	1:07.38	1990
5	Heather Shannon	UCLA	1:07.56	2007
6	Sarah Condor-Fisher	MACS	1:07.83	2018
7	Stacey Bennett	NOVA	1:07.88	2019
8	Jenny Cook	UCLA	1:08.14	2006
9	Melissa Going	MVN	1:08.64	2017
10	Becky Cleavenger	CVMM	1:08.69	2011
National Record:				
	Fall Willeboordse		59.39	2012

400 YARD INDIVIDUAL MEDLEY

1	Laurie Dodd	UCLA	5:05.60	2019
2	Jenny Cook	UCLA	5:11.59	2006
3	Traci Granger	LAPS	5:12.29	2004
4	Jane McCall	LAPS	5:13.11	2005
5	Denise Brown	NOVA	5:16.79	2008
6	Cheryl Simmons	ROSE	5:18.20	2016
7	Paula James	CLVM	5:26.37	2005
8	Joy Leutner	MVN	5:26.69	2004
9	Deanna Koehler	CVMM	5:30.49	2015
10	Stacey Bennett	NOVA	5:37.90	2018
National Record:				
	Karlyn Pipes-Neilsen		4:32.87	2009

45-49 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Matthew Biondi	CVMM	21.43	2014
2	Nicolas Granger	ROSE	21.63	2015
3	Josh Davis	LVM	21.68	2019
4	Chuck Ponthier	LAPS	21.97	2008
5	Michael Boosin	SCAQ	22.13	2013
6	Steve West	NOVA	22.25	2017
7	Scott Adair	SCAQ	22.26	2009
8	Dan Wegner	LVM	22.29	2017
9	Jamie Fowler	NOVA	22.50	2009
10	John Chrstl	OJAI	22.54	2009
National Record:				
	Richard Hughey		21.06	2010

100 YARD FREESTYLE

1	Nicolas Granger	ROSE	46.21	2015
2	Matthew Biondi	CVMM	46.83	2014
3	Rich Saeger	UNAT	47.28	2010
4	Josh Davis	LVM	47.54	2019
5	Dan Wegner	LVM	48.29	2017
6	Scott Adair	SCAQ	49.33	2009
7	John Christl	OJAI	49.36	2009
8	Michael Boosin	SCAQ	49.73	2013
9	Steven Piszkin	UNAT	49.81	2004
10	Roger Lyon	SLOM	50.21	1994
National Record:				
	Nicolas Granger		46.21	2015

200 YARD FREESTYLE

1	Rich Saeger	UNAT	1:43.25	2010
2	Dan Wegner	LVM	1:45.70	2017
3	Jim McConica	VCM	1:48.25	2000
4	Mike Shaffer	VCM	1:49.79	2015
5	Jose DeSouza	ROSE	1:51.50	2017
6	Christopher Cooper	VCM	1:52.03	2010
7	James McCloskey	SCAQ	1:52.17	2010
8	Brian Johnson	LAPS	1:52.33	2009
9	Douglas Green	DSS	1:52.82	2001
10	Peter O'Keefe	SCAQ	1:53.07	1999
National Record:				
	David Sims		1:41.69	2010

500 YARD FREESTYLE

1	Jim McConica	VCM	4:46.63	2000
2	Dan Wegner	LVM	4:49.87	2017
3	Mike Shaffer	VCM	4:54.57	2011
4	Randy Eickhoff	SCA	4:58.85	2011
5	Gerry Rodrigues	UCLA	4:59.98	2008
6	David Galuzzi	ROSE	5:01.64	2020
7	Buzz Harper	LAPS	5:06.56	2008
8	Mark Magee	HNAQ	5:07.39	2016
9	Lyle Nalli	SCAQ	5:08.61	2005
10	Robbie Allen	VCM	5:08.76	2015
National Record:				
	Dennis Baker		4:39.10	2007

1000 YARD FREESTYLE

1	Randy Eickhoff	SCA	10:04.01	2011
2	Jim McConica	VCM	10:07.92	2000
3	Mike Shaffer	VCM	10:10.52	2011
4	Christopher Cooper	VCM	10:29.50	2010
5	Brian Johnson	LAPS	10:30.99	2009
6	Dan Wegner	LVM	10:31.23	2018
7	Buzz Harper	LAPS	10:34.77	2008
8	Louis Caron	ROSE	10:35.81	2003
9	Michael Collins	NOVA	10:41.25	2014
10	James Riddle	NOVA	10:43.49	2009
National Record:				
	Keith Switzer		9:43.93	2010

1650 YARD FREESTYLE

1	Jim McConica	VCM	16:44.67	2000
2	Mike Shaffer	VCM	16:53.08	2013
3	Gerry Rodrigues	UCLA	17:12.11	2008
4	Buzz Harper	LAPS	17:33.31	2008
5	Brad Shenfeld	UCLA	17:50.90	2019
6	Jonathan Edge	SCMC	17:53.78	2015
7	Jeffrey Crosson	NOVA	17:59.87	2008
8	John Pearson	ROSE	18:10.19	2011
9	Avery Kintner	MVN	18:15.20	2009
10	Tim Buckley	RAYS	18:18.12	2004
National Record:				
	Jeff Erwin		16:08.05	2010

50 YARD BACKSTROKE

1	Nicolas Granger	ROSE	24.57	2015
2	Josh Davis	LVM	24.85	2019
3	Jamie Fowler	NOVA	25.15	2009
4	Dan Wegner	LVM	25.35	2017
5	Clay Evans	SCAQ	25.85	1999
6	Mike Shaffer	VCM	25.86	2015
7	Peter O'Keefe	SCQ	26.04	1996
8	David Sumner	MVN	26.12	2016
9	James Ballard	WH2O	26.38	2003
10*	Matthew Biondi	CVMM	26.49	2014
10*	Michael Boosin	SCAQ	26.49	2013
National Record:				
	Michael Ross		23.58	2015

100 YARD BACKSTROKE

1	Jamie Fowler	NOVA	53.75	2009
2	Bryan Jennings	LVM	56.42	2013
3	Clay Evans	SCAQ	56.57	1999
4	Peter O'Keefe	SCAQ	56.67	1996
5	Dan Wegner	LVM	56.75	2019
6	James Ballard	WH2O	57.76	2003
7	Buzz Harper	LAPS	58.16	2008
8	Thomas Davis	ROSE	58.26	2003
9	Mark Rubke	SLUG	58.68	1999
10	Doug Kajiwara	SWM	58.82	2003
National Record:				
	Chris Stevenson		51.55	2011

200 YARD BACKSTROKE

1*	Nicolas Granger	ROSE	1:53.97	2016
1*	Rich Saeger	UNAT	1:53.97	2011
3	Jamie Fowler	NOVA	1:57.16	2009
4	Josh Davis	LVM	1:57.57	2019
5	Peter O'Keefe	SCAQ	2:02.18	1996
6	Clay Evans	SCAQ	2:03.09	1999
7	Buzz Harper	LAPS	2:03.20	2008
8	Jim McConica	VCM	2:05.37	2000
9	Thomas Davis	ROSE	2:06.16	2003
10	Tom Reudy	WH2O	2:06.23	2000
National Record:				
	Jeff Commings		1:52.23	2019

50 YARD BREASTSTROKE

1	Steve West	NOVA	26.05	2017
2	Nicolas Granger	ROSE	26.93	2015
3	Val Bagri	RYL	27.04	2020
4	Paul Henne	SCAQ	28.12	1994
5	Christopher Cooper	VCM	28.24	2010
6	Tryggvi Helgason	LVM	28.39	2010
7	Michael Hamm	LAPS	28.50	2004
8	Gerard Von Hoffmann	NOVA	28.59	2002
9	Bryant Lum	VCM	28.73	2009
10	Ashley Anderson	SOBA	29.07	2017
National Record:				
	Jeff Commings		25.66	2019

100 YARD BREASTSTROKE

1	Steve West	NOVA	55.69	2018
2	Nicolas Granger	ROSE	56.95	2015
3	Tryggvi Helgason	LVM	1:00.94	2009
4	Christopher Cooper	VCM	1:01.93	2010
5	Paul Henne	SCAQ	1:02.57	1994
6	Ashley Anderson	SOBA	1:03.39	2017
7	Robert Whitley	SLUG	1:03.39	1998
8	Gerard Von Hoffmann	NOVA	1:03.44	2002
9	Bryant Lum	VCM	1:03.46	2009
10	Marc Kelly	SLUG	1:03.57	2000
National Record:				
	Steve West		55.69	2018

200 YARD BREASTSTROKE

1	Steve West	NOVA	2:02.42	2017
2	Nicolas Granger	ROSE	2:07.40	2016
3	Tryggvi Helgason	LVM	2:16.41	2009
4	Tom Reudy	WH2O	2:17.69	2000
5	Ashley Anderson	SOBA	2:19.68	2017
6	Christopher Cooper	VCM	2:20.04	2010
7	Paul Henne	SCAQ	2:20.23	1994
8	Michael Hamm	LAPS	2:21.15	2004
9	Marc Kelly	SLUG	2:21.46	2000
10	Mark Magee	HNAQ	2:21.56	2016
National Record:				
	Steve West		2:02.42	2017

50 YARD BUTTERFLY

1	Chuck Ponthier	LAPS	23.22	2008
2	Paul Carter	NOVA	23.67	2005
3	Matthew Biondi	CVMM	23.89	2014
4	Nicolas Granger	ROSE	23.98	2015
5	Steve West	NOVA	24.05	2017
6	David Sumner	MVN	24.27	2016
7	James Ballard	WH2O	24.48	2003
8	James Belardi	SCAQ	24.49	2002
9	Bryant Lum	VCM	24.72	2009
10	Tryggvi Helgason	LVM	24.79	2009
National Record:				
	Paul Smith		22.67	2008

100 YARD BUTTERFLY

1	Nicolas Granger	ROSE	50.98	2015
2	Paul Carter	NOVA	51.67	2005
3	Mike Shaffer	VCM	52.89	2013
4	James Belardi	SCAQ	53.28	2002
5	Jose DeSouza	ROSE	54.30	2017
6	Tryggvi Helgason	LVM	54.31	2009
7	Randy Eickhoff	SCA	54.70	2013
8	David Sumner	MVN	55.17	2019
9	Sam Franklin	LVM	55.21	2007
10	Tom Reudy	WH2O	55.26	2002
National Record:				
	David Sims		50.90	2010

200 YARD BUTTERFLY

1	Mike Shaffer	VCM	1:56.21	2011
2	James Belardi	SCAQ	1:58.12	2002
3	Paul Carter	NOVA	1:59.94	2005
4	Mark Magee	RAA	2:02.26	2017
5	Randy Eickhoff	SCA	2:02.36	2013
6	Boo Graner-Gallas	SLUG	2:03.96	1993
7	Mark Hontas	SCA	2:06.31	2010
8	Dan Matthies	SCAQ	2:07.10	2002
9	Gary Langendoen	ROSE	2:08.65	1991
10	Brian Kelca	LAPS	2:10.16	2010
National Record:				
	Dennis Baker		1:50.73	2008

100 YARD INDIVIDUAL MEDLEY

1	Nicolas Granger	ROSE	52.59	2016
2	Steve West	NOVA	53.08	2018
3	Josh Davis	LVM	53.69	2019
4	Jamie Fowler	NOVA	54.21	2009
5	Matthew Biondi	CVMM	54.78	2014
6	Clay Evans	SCAQ	56.32	1999
7	Paul Carter	NOVA	56.72	2005
8	Jose DeSouza	ROSE	56.81	2017
9	Tom Reudy	WH2O	57.03	2002
10	David Sumner	MVN	57.47	2019
National Record:				
	Richard Hughey		52.14	2010

200 YARD INDIVIDUAL MEDLEY

1	Nicolas Granger	ROSE	1:51.44	2015
2	Steve West	NOVA	1:56.16	2019
3	Josh Davis	LVM	1:57.29	2019
4	Jamie Fowler	NOVA	1:58.46	2009
5	Tom Reudy	WH2O	2:01.21	2000
6	Mike Shaffer	VCM	2:03.56	2015
7	Paul Carter	NOVA	2:03.83	2004
8	Clay Evans	SCAQ	2:04.07	1999
9	Mark Magee	RAA	2:06.50	2017
10	Peter O'Keefe	SCAQ	2:07.80	1996
National Record:				
	Nicolas Granger		1:51.44	2015

400 YARD INDIVIDUAL MEDLEY

1	Nicolas Granger	ROSE	4:01.32	2015
2	Tom Reudy	WH2O	4:23.69	2000
3	Randy Eickhoff	SCA	4:25.67	2011
4	Mark Magee	HNAQ	4:26.44	2016
5	Mike Shaffer	VCM	4:27.14	2011
6	Paul Carter	NOVA	4:27.76	2005
7	Clay Evans	SCAQ	4:30.50	1999
8	Jim McConica	VCM	4:33.80	1998
9	Lyle Nalli	SCAQ	4:36.36	2005
10	Bryan Jennings	LVM	4:37.03	2013
National Record:				
	Nicolas Granger		4:01.32	2015

50-54 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Traci Granger	LAPS	24.92	2008
2	Katie Osborne	NOVA	26.19	2015
3	Becky Cleavenger	CVMM	26.21	2018
4	Lisa Schoenneman	CVMM	26.40	2014
5	Arlette Godges	CVMM	26.48	2018
6	Ahelee Sue Osborn	CVMM	26.60	2010
7	Diana Todd	SCAQ	26.65	1997
8	Laurie Ayob	LAPS	27.07	2008
9	Kris Edwards	BGWM	27.13	2013
10	Jill Gellatly	CVMM	27.39	2019
National Record:				
Fall Willeboordse			24.53	2016

100 YARD FREESTYLE

1	Traci Granger	LAPS	56.35	2009
2	Arlette Godges	CVMM	57.46	2017
3	Becky Cleavenger	CVMM	57.80	2018
4	Lisa Schoenneman	CVMM	57.99	2014
5	Jill Gellatly	CVMM	58.19	2019
6	Ahelee Sue Osborn	NOVA	58.21	2009
7	Jenny Cook	UCLA	58.49	2011
8	Ann Finley	LAPS	58.62	2014
9	Katie Osborne	NOVA	58.75	2015
10	Diana Todd	SCAQ	59.28	1994
National Record:				
Fall Willeboordse			53.60	2016

200 YARD FREESTYLE

1	Ahelee Sue Osborn	MVN	2:01.69	2009
2	Jill Gellatly	CVMM	2:04.29	2019
3	Jenny Cook	SCAQ	2:05.71	2010
4	Becky Cleavenger	CVMM	2:07.26	2016
5	Kari Adams	LVM	2:07.97	2017
6	Florence Aitken	LVM	2:09.26	2018
7	Katie Osborne	NOVA	2:09.95	2015
8	Stacey Warmuth	VCM	2:10.00	2009
9	Jeanne Carlsen	LAPS	2:10.50	2011
10	Carolyn Battin	CLVM	2:11.47	2004
National Record:				
Ellen Reynolds			1:58.34	2016

500 YARD FREESTYLE

1	Jill Gellatly	CVMM	5:32.86	2019
2	Jenny Cook	SCAQ	5:36.90	2010
3	Jeanne Carlsen	LAPS	5:40.30	2011
4	Ahelee Sue Osborn	NOVA	5:40.76	2008
5	Florence Aitken	LVM	5:42.37	2018
6	Stacey Warmuth	VCM	5:44.64	2009
7	Becky Cleavenger	CVMM	5:45.37	2016
8	Christie Ciraulo	UCLA	5:46.97	2006
9	Kari Adams	LVM	5:47.21	2017
10	Carolyn Battin	CLVM	5:49.76	2004
National Record:				
Jill Hernandez			5:14.56	2013

1000 YARD FREESTYLE

1	Jeanne Carlsen	LAPS	11:27.83	2011
2	Stacey Warmuth	VCM	11:44.24	2011
3	Jenny Cook	SCAQ	11:45.18	2010
4	Ahelee Sue Osborn	NOVA	11:52.84	2009
5	Kari Adams	LVM	12:00.91	2017
6	Christie Ciraulo	UCLA	12:02.15	2006
7	Carolyn Battin	CLVM	12:05.78	2004
8	Bonnie Spivey	UNAT	12:07.54	2009
9	Chris Linkletter	LAPS	12:24.43	2017
10	Jennifer Weiderman	CVMM	12:31.38	2017
National Record:				
Jill Hernandez			10:58.56	2015

1650 YARD FREESTYLE

1	Jeanne Carlsen	LAPS	19:12.70	2011
2	Stacey Warmuth	VCM	19:27.89	2011
3	Ahelee Sue Osborn	NOVA	19:43.96	2009
4	Jenny Cook	SCAQ	19:57.93	2010
5	Christie Ciraulo	UCLA	20:04.36	2006
6	Carolyn Battin	CLVM	20:09.67	2005
7	Bonnie Spivey	MVN	20:12.52	2013
8	Chris Linkletter	LAPS	20:22.12	2018
9	Denise Hearst	CVMM	20:40.43	2012
10	Jennifer Weiderman	CVMM	20:47.08	2017
National Record:				
Ellen Reynolds			18:16.11	2018

50 YARD BACKSTROKE

1	Ahelee Sue Osborn	MVN	30.43	2009
2	Stacey Warmuth	VCM	31.16	2010
3	Jelena Kunovac	LVM	31.17	2018
4	Beata Konopka	CVMM	31.69	2019
5	Lisa Hilger	ROSE	32.12	2010
6	Jennifer Davidson	SCTM	32.19	2018
7	Kirsten Bartholomew	LAPS	32.45	2009
8	Nancy Kirkpatrick-Reno	CVMM	32.50	2010
9	Paula James	LVM	32.60	2011
10	Mimi Frank	SLUG	32.87	1997
National Record:				
Leslie Livingston			27.04	2013

100 YARD BACKSTROKE

1	Ahelee Sue Osborn	MVN	1:03.34	2009
2	Stacey Warmuth	VCM	1:06.72	2008
3	Jane McCall	LAPS	1:08.26	2010
4	Jenny Cook	UCLA	1:09.74	2011
5	Lisa Hilger	ROSE	1:10.33	2010
6	Paula James	LVM	1:10.82	2009
7	Becky Cleavenger	CVMM	1:10.83	2015
8	Karen Sing	NOVA	1:11.20	2008
9	Kari Jauch	LVM	1:11.21	2018
10	Jennifer Davidson	SCTM	1:11.23	2019
National Record:				
Fall Willeboordse			59.19	2016

200 YARD BACKSTROKE

1	Ahelee Sue Osborn	MVN	2:17.70	2009
2	Stacey Warmuth	VCM	2:24.82	2010
3	Bonnie Spivey	MVN	2:29.06	2013
4	Kari Adams	LVM	2:29.95	2017
5	Becky Cleavenger	CVMM	2:32.44	2018
6	Paula James	LVM	2:33.34	2011
7	Jenny Cook	SCAQ	2:33.61	2009
8	Cheryl Simmons	ROSE	2:34.59	2017
9	Jennifer Davidson	SCTM	2:34.63	2019
10	Christie Ciraulo	UCLA	2:34.92	2005
National Record:				
Ellen Reynolds			2:07.51	2014

50 YARD BREASTSTROKE

1	Jenny Cook	SCAQ	33.98	2010
2	Karen Melick	TYR	34.19	2007
3	Ahelee Sue Osborn	CVMM	34.38	2010
4	Jennifer Weiderman	CVMM	34.55	2019
5	Cheryl Simmons	ROSE	34.80	2017
6	Diana Todd	SCAQ	34.89	1994
7	Deena Esparza	SCAQ	35.18	2015
8	Nadean Hudson	VCM	35.67	2017
9	Arlette Godges	CVMM	35.88	2017
10	Deena Esparza	SCA	36.06	2019
National Record:				
Susan Von Der Lippe			31.61	2018

100 YARD BREASTSTROKE

1	Jenny Cook	SCAQ	1:12.25	2010
2	Cheryl Simmons	ROSE	1:13.49	2017
3	Karen Melick	TYR	1:13.93	2007
4	Jennifer Weiderman	CVMM	1:14.04	2018
5	Ahelee Sue Osborn	CVMM	1:14.87	2010
6	Deena Esparza	SCA	1:15.18	2015
7	Nadean Hudson	VCM	1:17.16	2017
8	Lisa Schoenneman	CVMM	1:19.45	2014
9	Cheri Ellington	SCMC	1:20.63	2009
10	Kathleen Inglis	UNAT	1:21.86	2002
National Record:				
	Caroline Krattli		1:09.21	2012

200 YARD BREASTSTROKE

1	Jenny Cook	SCAQ	2:39.92	2009
2	Karen Melick	TYR	2:40.34	2007
3	Cheryl Simmons	ROSE	2:41.93	2017
4	Jennifer Weiderman	CVMM	2:42.82	2019
5	Deena Esparza	SCAQ	2:43.27	2015
6	Ahelee Sue Osborn	NOVA	2:45.33	2009
7	Jeanne Carlsen	LAPS	2:46.63	2011
8	Nadean Hudson	VCM	2:51.54	2017
9	Paula James	LVM	2:55.38	2011
10	Cheri Ellington	SCMC	2:56.83	2008
National Record:				
	Caroline Krattli		2:29.92	2012

50 YARD BUTTERFLY

1	Traci Granger	LAPS	26.77	2009
2	Arlette Godges	CVMM	28.45	2017
3	Diana Todd	SCAQ	28.64	1994
4	Lisa Schoenneman	CVMM	29.07	2014
5	Christie Ciraulo	UCLA	29.15	2006
6	Jane McCall	LAPS	29.36	2010
7	Ahelee Sue Osborn	CVMM	29.48	2010
8	Bonnie Rogers	GWSC	29.66	2017
9	Kari Adams	LVM	29.71	2017
10	Jenny Cook	UCLA	29.78	2011
National Record:				
	Leslie Livingston		25.70	2013

100 YARD BUTTERFLY

1	Traci Granger	LAPS	1:00.28	2009
2	Jenny Cook	SCAQ	1:04.77	2009
3	Christie Ciraulo	UCLA	1:05.56	2005
4	Arlette Godges	CVMM	1:06.20	2015
5	Jane McCall	LAPS	1:06.53	2010
6	Kari Adams	LVM	1:06.88	2017
7	Deena Esparza	SCA	1:07.36	2015
8	Diana Todd	SCAQ	1:07.41	1994
9	Ahelee Sue Osborn	MVN	1:07.53	2009
10	Becky Cleavenger	CVMM	1:08.75	2016
National Record:				
	Jill Hernandez		1:00.17	2013

200 YARD BUTTERFLY

1	Traci Granger	LAPS	2:24.34	2008
2	Jenny Cook	SCAQ	2:24.79	2009
3	Christie Ciraulo	UCLA	2:37.09	2005
4	Jennifer Weiderman	CVMM	2:43.72	2019
5	Kayley Vernallis	ROSE	2:49.20	2014
6	Collen Yanco	NOVA	2:49.24	2009
7	Gail Roper	WSM	2:51.68	1984
8	Sherry Kitrell	PCA	2:54.93	2002
9	Olivia Karlin	WH2O	2:58.03	2014
10	Vicki Serianni	UCLA	2:58.39	2003
National Record:				
	Laura Val		2:15.18	2002

100 YARD INDIVIDUAL MEDLEY

1	Ahelee Sue Osborn	MVN	1:03.72	2009
2	Traci Granger	LAPS	1:05.38	2009
3	Jenny Cook	SCAQ	1:05.99	2010
4	Jill Gellatly	CVMM	1:06.94	2019
5	Stacey Warmuth	VCM	1:07.50	2008
6	Becky Cleavenger	CVMM	1:07.65	2015
7	Jane McCall	LAPS	1:08.33	2010
8	Diana Todd	SCAQ	1:08.59	1994
9	Deena Esparza	SCA	1:09.83	2015
10	Jennifer Weiderman	CVMM	1:09.88	2019
National Record:				
	Fall Willeboordse		1:01.28	2016

200 YARD INDIVIDUAL MEDLEY

1	Ahelee Sue Osborn	MVN	2:19.56	2009
2	Jenny Cook	SCAQ	2:21.88	2009
3	Jill Gellatly	CVMM	2:22.27	2019
4	Stacey Warmuth	VCM	2:26.64	2010
5	Traci Granger	LAPS	2:27.03	2008
6	Bonnie Rogers	MVN	2:31.03	2013
7	Cheryl Simmons	ROSE	2:31.48	2017
8	Jennifer Weiderman	CVMM	2:31.82	2019
9	Deena Esparza	SCA	2:33.38	2015
10	Becky Cleavenger	CVMM	2:35.16	2016
National Record:				
	Ellen Reynolds		2:12.57	2018

400 YARD INDIVIDUAL MEDLEY

1	Ahelee Sue Osborn	MVN	4:56.39	2009
2	Jenny Cook	SCAQ	5:07.01	2009
3	Cheryl Simmons	ROSE	5:17.09	2017
4	Jeanne Carlsen	LAPS	5:17.55	2011
5	Stacey Warmuth	VCM	5:17.87	2010
6	Bonnie Spivey	UNAT	5:23.89	2009
7	Jennifer Weiderman	CVMM	5:24.14	2019
8	Becky Cleavenger	CVMM	5:30.03	2016
9	Christie Ciraulo	UCLA	5:38.11	2005
10	Paula James	LVM	5:39.34	2009
National Record:				
	Ellen Reynolds		4:43.11	2016

50-54 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1*	Kip Fulbeck	SBM	22.37	2017
1*	Mike Irvin	RAA	22.37	2017
3	Scott Adair	SCAQ	22.38	2014
4	Chuck Ponthier	LAPS	22.73	2015
5	Maxwell Stinchcombe	CTM	22.74	2007
6	Michael Boosin	CVMM	22.90	2019
7	John Christ	MSCA	22.92	2014
8	Matthew Biondi	CVMM	22.92	2018
9	Brian Busaca	MVN	22.93	2010
10	Jeff Farrell	SBSC	23.02	1989
National Record:				
	Rowdy Gaines		21.36	2011

100 YARD FREESTYLE

1	Scott Adair	SCAQ	49.70	2014
2	Michael Blatt	VCM	49.71	2009
3	Jim McConica	VCM	50.56	2002
4	Matthew Biondi	CVMM	50.81	2017
5	Woody Woolard	UNAT	50.92	2014
6	Boo Graner	SLUB	51.33	1998
7	Stephen Davis	SCA	51.39	2009
8	Michael Power	SBM	51.48	2019
9	Jeff Farrell	SBSC	51.55	1990
10	Maxwell Stinchcombe	CTM	51.91	2007
National Record:				
	Rowdy Gaines		46.59	2009

200 YARD FREESTYLE

1	Jim McConica	VCM	1:47.69	2001
2	Mike Shaffer	VCM	1:50.94	2016
3	Kurt Dickson	GRA	1:51.97	2018
4	Michael Blatt	VCM	1:52.63	2010
5	Tom Reudy	WH2O	1:52.94	2005
6	Stephen Davis	SCA	1:54.50	2011
7	Gerard Von Hoffmann	NOVA	1:54.63	2009
8	Charles Siroky	SCAQ	1:54.70	2018
9	Buzz Harper	LAPS	1:55.57	2010
10	Tim Buckley	FMT	1:55.77	2009
National Record:				
	Rowdy Gaines		1:43.76	2009

500 YARD FREESTYLE

1	Jim McConica	VCM	4:47.57	2001
2	Andrew Bray	UNAT	4:54.43	2011
3	Kurt Dickson	GRA	4:54.94	2018
4	Mark Magee	GRA	5:05.42	2018
5	Craig Nadel	SCAQ	5:07.23	2011
6	Mike Shaffer	VCM	5:08.25	2016
7	Scott Townsend	CLVM	5:11.12	2004
8	Bruce Thomas	SCAQ	5:12.49	2011
9	Tim Buckley	FMT	5:15.22	2010
10	Michael Scannell	ROSE	5:15.63	2014
National Record:				
	Jim McConica		4:47.57	2001

1000 YARD FREESTYLE

1	Jim McConica	VCM	9:57.78	2002
2	Andrew Bray	UNAT	10:00.32	2011
3	Kurt Dickson	GRA	10:14.10	2018
4	Mike Shaffer	VCM	10:24.58	2016
5	Bruce Thomas	SCAQ	10:41.76	2011
6	Tim Buckley	FMT	10:46.05	2010
7	Robbie Allen	VCM	10:51.15	2017
8	Mark Magee	GRA	10:53.20	2019
9	Scott Townsend	CLVM	10:55.17	2004
10	James Riddle	NOVA	10:57.38	2013
National Record:				
	Keith Switzer		9:55.84	2013

1650 YARD FREESTYLE

1	Jim McConica	VCM	16:42.07	2001
2	Andrew Bray	UNAT	16:46.74	2011
3	Mike Shaffer	VCM	17:12.03	2017
4	Kurt Dickson	GRA	17:17.45	2018
5	Robbie Allen	VCM	18:04.23	2017
6	Tim Buckley	FMT	18:14.55	2009
7	James Riddle	NOVA	18:18.43	2013
8	Jonathan Edge	GRA	18:25.10	2017
9	Bruce Thomas	SCAQ	18:28.07	2010
10	Sandy Galletly	SCAQ	18:28.45	1993
National Record:				
	Jeff Erwin		16:28.77	2015

50 YARD BACKSTROKE

1	Mike Irvin	RAA	25.32	2017
2	Mike Shaffer	VCM	26.11	2018
3	James Ballard	WH2O	26.15	2009
4	Peter O'Keeffe	SCAQ	27.02	2002
5	Charles Siroky	SCAQ	27.54	2018
6	Bryant Lum	VCM	28.01	2015
7	Kurt Dickson	GRA	28.19	2018
8	Doug Kajiwara	SCAQ	28.32	2007
9	Tord Benner	NOVA	28.37	2011
10	Jim McConica	VCM	28.40	2002
National Record:				
	Fritz Bedford		24.57	2014

100 YARD BACKSTROKE

1	Mike Irvin	RAA	54.26	2017
2	Mike Shaffer	VCM	56.48	2017
3	James Ballard	WH2O	57.37	2009
4	Kurt Dickson	GRA	57.64	2018
5	Peter O'Keeffe	SCAQ	58.47	2002
6	Buzz Harper	LAPS	59.01	2010
7	Doug Kajiwara	SCAQ	59.57	2010
8	Charles Siroky	SCAQ	1:00.67	2018
9	Tom Fink	LAPS	1:00.99	2013
10	Michael Hamm	LAPS	1:02.25	2008
National Record:				
	Fritz Bedford		52.72	2015

200 YARD BACKSTROKE

1	Kurt Dickson	GRA	2:01.28	2018
2	Mike Shaffer	VCM	2:03.92	2017
3	Buzz Harper	LAPS	2:04.56	2010
4	Jim McConica	VCM	2:04.64	2001
5	James Ballard	WH2O	2:07.14	2009
6	Peter O'Keeffe	SCAQ	2:09.31	2002
7	Doug Kajiwara	SCAQ	2:10.46	2008
8	Lance Larson	TROJ	2:14.38	1991
9	Tom Fink	LAPS	2:15.79	2013
10	Wayne Deloney	MVN	2:16.89	2010
National Record:				
	Rick Gould		1:56.18	2019

50 YARD BREASTSTROKE

1	Chris Duplanty	NOVA	27.96	2017
2	Gerard Von Hoffmann	NOVA	28.32	2009
3	Bryant Lum	VCM	28.79	2014
4	Trygvi Helgason	SCMC	29.13	2014
5	Simon Garside	LAPS	29.25	2011
6	Michael Hamm	LAPS	29.40	2008
7	Doug Koehler	CVMM	29.70	2016
8	John Derr	VCM	29.71	2002
9	Victor Wagoner	LAPS	29.73	2006
10	Paul Henne	SCAQ	29.74	2000
National Record:				
	David Guthrie		26.45	2014

100 YARD BREASTSTROKE

1	Gerard Von Hoffmann	NOVA	1:01.28	2009
2	Chris Duplanty	NOVA	1:01.74	2017
3	Bryant Lum	VCM	1:03.72	2014
4	Tryggvi Helgason	GRA	1:04.09	2017
5	Michael Hamm	LAPS	1:04.10	2008
6	Mark Stori	SBM	1:04.15	2017
7	Simon Garside	LAPS	1:04.93	2011
8	John Derr	VCM	1:05.07	2002
9	Doug Koehler	CVMM	1:05.11	2016
10	Nick Boshoff	GRA	1:05.53	2019
National Record:				
	David Guthrie		58.41	2014

200 YARD BREASTSTROKE

1	Chris Duplanty	NOVA	2:14.37	2017
2	Gerard Von Hoffmann	NOVA	2:18.04	2008
3	Mark Stori	SBM	2:21.14	2017
4	Tryggvi Helgason	SCMC	2:21.21	2014
5	Doug Koehler	CVMM	2:22.01	2016
6	John Derr	VCM	2:22.09	2000
7	Tom Reudy	WH2O	2:22.68	2005
8	John Kraetsch	BSC	2:25.79	2009
9	Michael Hamm	LAPS	2:26.09	2008
10	Dan Leonard	SCAQ	2:26.75	2009
National Record:				
	David Guthrie		2:07.25	2014

50 YARD BUTTERFLY

1	Mike Irvin	RAA	23.91	2017
2	Chuck Ponthier	LAPS	24.34	2017
3	James Ballard	WH2O	24.49	2009
4	Sam Franklin	LVM	24.73	2010
5	Gerard Von Hoffmann	NOVA	24.89	2009
6	Woody Woolard	UNAT	24.94	2014
7	Kip Fulbeck	SBM	25.00	2017
8	Brian Busaca	MVN	25.16	2010
9	John Oberto	UNAT	25.29	2008
10	Maxwell Stinchcombe	CTM	25.34	2007
National Record:				
	Trip Hedrick		23.19	2004

100 YARD BUTTERFLY

1	James Ballard	WH2O	53.75	2009
2	Mike Shaffer	VCM	53.91	2016
3	James Belardi	SCAQ	54.28	2007
4	Sam Franklin	LVM	55.41	2010
5	Boo Graner-Gallas	SLUG	55.51	1999
6	Tryggvi Helgason	SCMC	55.92	2014
7	Chuck Ponthier	LAPS	56.04	2017
8	Mark Magee	GRA	56.07	2018
9	John Oberto	UNAT	56.12	2008
10	Dan Matthies	SCAQ	56.14	2004
National Record:				
	David Sims		51.73	2013

200 YARD BUTTERFLY

1	Mike Shaffer	VCM	1:59.90	2017
2	James Belardi	SCAQ	2:00.63	2007
3	Mark Magee	GRA	2:03.69	2018
4	Boo Graner-Gallas	SLUG	2:04.81	1999
5	Dan Matthies	SCAQ	2:06.77	2004
6	Steven Munatones	OWSC	2:07.87	2014
7	Kurt Dickson	GRA	2:10.82	2018
8	James Tobin	MVN	2:12.91	2020
9	Tryggvi Helgason	SCMC	2:13.55	2014
10	Laurence Jaffee	LVM	2:13.66	2011
National Record:				
	David Sims		1:58.49	2016

100 YARD INDIVIDUAL MEDLEY

1	Mike Irvin	RAA	53.60	2017
2	Gerard Von Hoffmann	NOVA	57.27	2009
3	Tom Reudy	WH2O	58.16	2008
4	Mark Stori	SBM	58.85	2017
5	Simon Garside	LAPS	59.14	2011
6	Tryggvi Helgason	SCMC	59.29	2014
7	John Derr	VCM	59.39	2000
8	Kip Fulbeck	SBM	59.46	2017
9	Bryant Lum	VCM	59.52	2015
10	Michael Blatt	VCM	59.57	2007
National Record:				
	Mike Irvin		53.60	2017

200 YARD INDIVIDUAL MEDLEY

1	Mike Irvin	RAA	1:58.19	2017
2	Tom Reudy	WH2O	2:05.79	2005
3	Mark Magee	GRA	2:06.17	2018
4	Jim McConica	VCM	2:06.29	2003
5	Gerard Von Hoffmann	NOVA	2:07.94	2006
6	Doug Kajiwara	SCAQ	2:10.22	2008
7	Doug Koehler	CVMM	2:10.74	2016
8	Michael Beubis	ROSE	2:11.57	2019
9	Boo Graner-Gallas	SLUG	2:11.76	1999
10	Laurence Jaffee	LVM	2:11.94	2011
National Record:				
	Mike Irvin		1:58.19	2017

400 YARD INDIVIDUAL MEDLEY

1	Mark Magee	GRA	4:29.01	2018
2	Jim McConica	VCM	4:30.10	2001
3	Mark Stori	SBMS	4:34.31	2017
4	Mike Shaffer	VCM	4:35.12	2018
5	Tom Reudy	WH2O	4:35.73	2008
6	Craig Nadel	SCAQ	4:40.53	2011
7	Buzz Harper	LAPS	4:41.03	2010
8	Gerard Von Hoffmann	NOVA	4:43.74	2009
9	Kurt Dickson	GRA	4:45.49	2018
10	Steven Czekala	WH2O	4:47.92	2011
National Record:				
	Darren Phelan		4:16.57	2014

55-59 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Traci Granger	LAPS	25.62	2013
2	Becky Cleavenger	CVMM	26.36	2019
3	Veronica Hibben	UCLA	26.54	2014
4	Arlette Godges	CVMM	27.28	2019
5	Jenny Cook	UCLA	27.47	2013
6	Stacey Warmuth	VCM	27.53	2016
7	Kim O'Grady	ROSE	27.58	2017
8	Carolyn Battin	LVM	27.72	2009
9	Ann Finley	LAPS	27.96	2019
10	Dede Moore	LAPS	28.09	2015
National Record:				
	Sue Walsh		25.16	2017

100 YARD FREESTYLE

1	Veronica Hibben	UCLA	57.67	2014
2	Becky Cleavenger	CVMM	58.11	2019
3	Arlette Godges	CVMM	59.56	2019
4	Jenny Cook	UCLA	1:00.13	2013
5	Stacey Warmuth	VCM	1:00.36	2013
6	Ann Finley	LAPS	1:00.37	2019
7	Traci Granger	LAPS	1:00.50	2017
8	Diana Todd	SCAQ	1:01.35	2001
9	Debbie Richardson	LAPS	1:01.55	2019
10	Kim O'Grady	ROSE	1:02.40	2017
National Record:				
	Laura Val		54.72	2008

200 YARD FREESTYLE

1	Kim O'Grady	ROSE	2:07.99	2019
2	Stacey Warmuth	VCM	2:08.38	2015
3	Veronica Hibben	UCLA	2:08.44	2014
4	Becky Cleavenger	CVMM	2:08.64	2019
5	Jenny Cook	UCLA	2:10.78	2013
6	Carolyn Battin	LVM	2:11.47	2009
7	Ann Finley	LAPS	2:15.99	2018
8	Debbie Richardson	LAPS	2:16.91	2019
9	Christie Ciraulo	UCLA	2:17.31	2009
10	Cheri Ellington	SCMC	2:18.72	2014
National Record:				
	Karlyn Pipes		1:57.90	2017

500 YARD FREESTYLE

1	Stacey Warmuth	VCM	5:43.99	2015
2	Kim O'Grady	ROSE	5:47.53	2017
3	Carolyn Battin	LVM	5:49.53	2009
4	Christie Ciraulo	UCLA	5:51.67	2009
5	Jenny Cook	UCLA	5:52.78	2013
6	Bonnie Spivey	LAPS	5:57.49	2018
7	Veronica Hibben	UCLA	6:02.13	2013
8	Debbie Richardson	LAPS	6:09.08	2018
9	Cheri Ellington	SCMC	6:15.85	2014
10	Paula Dooley	SLOM	6:21.07	2020
National Record:				
	Jill Hernandez		5:20.68	2017

1000 YARD FREESTYLE

1	Christie Ciraulo	UCLA	11:52.63	2009
2	Carolyn Battin	LVM	11:54.04	2009
3	Stacey Warmuth	VCM	11:57.45	2013
4	Bonnie Spivey	LAPS	12:13.24	2018
5	Jenny Cook	UCLA	12:23.12	2015
6	Kim O'Grady	ROSE	12:28.07	2019
7	Debbie Richardson	LAPS	12:34.19	2018
8	Veronica Hibben	UCLA	12:42.91	2014
9	Cheri Ellington	SCMC	12:56.29	2013
10	Paula Dooley	SLOM	13:03.01	2019
National Record:				
	Kelly Parker Palace		11:19.85	2017

1650 YARD FREESTYLE

1	Kim O'Grady	ROSE	19:32.89	2019
2	Carolyn Battin	LVM	19:46.12	2009
3	Christie Ciraulo	UCLA	19:46.84	2009
4	Stacey Warmuth	VCM	20:00.27	2015
5	Bonnie Spivey	LAPS	20:15.72	2018
6	Jenny Cook	UCLA	20:40.40	2015
7	Debbie Richardson	LAPS	20:54.46	2018
8	Veronica Hibben	UCLA	21:26.48	2016
9	Cheri Ellington	SCMC	21:33.72	2013
10	Paula Dooley	SLOM	21:39.22	2020
National Record:				
	Laura Val		18:56.04	2010

50 YARD BACKSTROKE

1	Stacey Warmuth	VCM	31.44	2015
2	Mindy Dougherty	MVN	31.51	2009
3	Jelena Kunovac	TRB	31.71	2021
4	Sara Geld	CVMM	33.09	2016
5	Veronica Hibben	UCLA	33.28	2016
6	Leslie Hardt	VCM	33.42	2008
7*	Bonnie Spivey	LAPS	33.43	2018
7*	Jelena Kunovac	TRB	33.43	2020
9	Sheila McCarthy	CTSM	33.87	2020
10	Becky Cleavenger	CVMM	33.95	2019
National Record:				
	Leslie Livingston		28.14	2016

100 YARD BACKSTROKE

1	Stacey Warmuth	VCM	1:06.59	2015
2	Mindy Dougherty	MVN	1:08.25	2009
3	Bonnie Spivey	LAPS	1:09.78	2018
4	Veronica Hibben	UCLA	1:11.58	2016
5	Becky Cleavenger	CVMM	1:11.94	2019
6	Leslie Hardt	VCM	1:13.40	2007
7	Jenny Cook	UCLA	1:13.62	2014
8	Sara Geld	UNAT	1:13.88	2016
9	Kim O'Grady	ROSE	1:14.16	2020
10	Mimi Frank	SLUG	1:14.69	2002
National Record:				
	Karlyn Pipes		1:00.80	2017

200 YARD BACKSTROKE

1	Stacey Warmuth	VCM	2:24.63	2015
2	Bonnie Spivey	LAPS	2:27.93	2018
3	Mindy Dougherty	MVN	2:28.23	2009
4	Jenny Cook	UCLA	2:41.19	2014
5	Vicki Serianni	UCLA	2:44.31	2006
6	Leslie Hardt	VCM	2:45.09	2007
7	Debbie Richardson	LAPS	2:46.60	2018
8	Ann Finley	LAPS	2:47.51	2019
9	Cheri Ellington	SCMC	2:48.04	2016
10	Kerri Lumbert	UNAT	2:50.55	2012
National Record:				
	Ellen Reynolds		2:10.65	2019

50 YARD BREASTSTROKE

1	Jenny Cook	UCLA	34.45	2013
2	Andra Jaunzeme	WH2O	35.59	2009
3	Kim O'Grady	ROSE	35.95	2020
4	Karen Melick	SCAQ	36.41	2014
5	Stacey Warmuth	VCM	36.47	2016
6	Becky Cleavenger	CVMM	36.81	2019
7	Arlette Godges	CVMM	37.06	2019
8	Colleen Yanco	NOVA	37.94	2015
9	Robin Smith	MVN	38.14	2010
10	Cheri Ellington	SCMC	38.65	2013
National Record:				
	Caroline Krattli		32.13	2017

100 YARD BREASTSTROKE

1	Jenny Cook	UCLA	1:14.29	2013
2	Andra Jaunzeme	WH2O	1:16.52	2009
3	Kim O'Grady	ROSE	1:20.20	2020
4*	Cheri Ellington	SCMC	1:21.49	2014
4*	Laurie Ayoob	LAPS	1:21.49	2014
6	Karen Melick	SCAQ	1:21.65	2017
7	Gail Roper	WSM	1:25.13	1985
9	Paula Dooley	SLOM	1:25.63	2019
0	Traci Granger	LAPS	1:26.20	2015
10	Maureen Kikut	SLUG	1:26.39	2001
National Record:				
	Caroline Krattli		1:10.55	2017

200 YARD BREASTSTROKE

1	Jenny Cook	UCLA	2:44.35	2013
2	Andra Jaunzeme	WH2O	2:48.21	2009
3	Karen Melick	SCAQ	2:52.46	2017
4	Cheri Ellington	GRA	3:00.14	2017
5	Gail Roper	SCAQ	3:05.29	1986
6	Carol Wilson	MVN	3:08.50	2017
7	Patty Smith	OCC	3:10.64	2010
8	Maureen Kikut	SLUG	3:10.83	2001
9	Jessica Seaton	WH2O	3:11.20	2009
10	Robin Smith	MVN	3:12.76	2010
National Record:				
	Ellen Reynolds		2:36.82	2019

50 YARD BUTTERFLY

1	Traci Granger	LAPS	27.45	2013
2	Veronica Hibben	UCLA	29.31	2014
3	Christie Ciraulo	UCLA	29.82	2009
4	Arlette Godges	CVMM	29.74	2019
5	Stacey Warmuth	VCM	29.84	2012
5	Diana Todd	SCAQ	30.04	2001
7	Becky Cleavenger	CVMM	30.36	2019
8	Jenny Cook	UCLA	30.43	2013
9	Kim O'Grady	ROSE	31.41	2020
10	Jelena Kunovac	TRB	31.42	2021
National Record:				
	Leslie Livingston		27.04	2016

100 YARD BUTTERFLY

1	Traci Granger	LAPS	1:02.90	2013
2	Jenny Cook	UN	1:08.10	2014
3	Christie Ciraulo	UCLA	1:08.22	2010
4	Veronica Hibben	UCLA	1:08.87	2014
5	Diana Todd	SCAQ	1:09.08	2001
6	Arlette Godges	CVMM	1:09.26	2019
7	Andra Jaunzeme	WH2O	1:14.03	2009
8	Kim O'Grady	ROSE	1:14.27	2020
9	Colleen Yanco	NOVA	1:14.68	2015
10	Gail Roper	SCAQ	1:15.77	1986
National Record:				
	Karlyn Pipes		1:00.41	2017

200 YARD BUTTERFLY

1	Traci Granger	LAPS	2:23.87	2013
2	Jenny Cook	UN	2:33.42	2014
3	Christie Ciraulo	UCLA	2:40.74	2009
4	Andra Jaunzeme	WH2O	2:43.82	2009
5	Gail Roper	SCAQ	2:51.18	1986
6	Carol Jewell	UN	3:03.13	1999
7	Heather Lambert	LBG	3:07.36	2009
8	Anne Adams	SCAQ	3:12.97	1986
9	Kim Thornton	NOVA	3:13.24	2009
10	Olivia Karlin	WH2O	3:19.54	2019
National Record:				
	Laura Val		2:16.28	2009

100 YARD INDIVIDUAL MEDLEY

1	Traci Granger	LAPS	1:07.02	2013
2	Jenny Cook	UCLA	1:07.35	2013
3	Stacey Warmuth	VCM	1:07.72	2012
4	Becky Cleavenger	CVMM	1:09.01	2019
5	Veronica Hibben	UCLA	1:09.38	2014
6	Andra Jaunzeme	WH2O	1:09.94	2009
7	Kim O'Grady	ROSE	1:10.65	2020
8	Jelena Kunovac	TRB	1:10.75	2021
9	Diana Todd	SCAQ	1:12.67	2001
10	Mimi Frank	SLUG	1:14.25	2002
National Record:				
	Karlyn Pipes		1:02.34	2017

200 YARD INDIVIDUAL MEDLEY

1	Jenny Cook	UCLA	2:27.17	2013
2	Stacey Warmuth	VCM	2:27.73	2015
3	Becky Cleavenger	CVMM	2:29.75	2019
4	Traci Granger	LAPS	2:31.39	2015
5	Bonnie Spivey	LAPS	2:33.71	2018
6	Andra Jaunzeme	WH2O	2:34.75	2009
7	Mindy Dougherty	MVN	2:39.68	2009
8	Kim O'Grady	ROSE	2:42.02	2020
9	Paula Dooley	SLOM	2:44.95	2019
10	Gail Roper	SCAQ	2:45.47	1986
National Record:				
	Ellen Reynolds		2:13.92	2019

400 YARD INDIVIDUAL MEDLEY

1	Jenny Cook	UNAT	5:17.06	2014
2	Bonnie Spivey	LAPS	5:21.03	2018
3	Veronica Hibben	UCLA	5:39.01	2016
4	Gail Roper	SCAQ	5:56.00	1986
5	Kandi Hovsepian	PSP	6:12.14	2017
6	Alison Mitchell	MVN	6:17.42	2012
7	Michelle Ashworth	LVM	6:20.37	2019
8	Kim Thornton	NOVA	6:20.93	2009
9	Anne Adams	TROJ	6:22.36	1984
10	Robin Smith	MVN	6:23.29	2010
National Record:				
	Ellen Reynolds		4:45.55	2019

55-59 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Bryant Lum	VCM	22.88	2017
2	Chuck Ponthier	LAPS	23.19	2019
3	Carlo Travaini	MVN	23.21	2019
4	Dan Stephenson	ROSE	23.52	2012
5	Michael Blatt	VCM	23.53	2015
6	Scott Adair	CVMM	23.62	2019
7	Jeff Farrell	SBM	23.71	1995
8	Steven Van Nort	ZAP	23.78	2008
9	Chris Wall	CVMM	23.88	2017
10	Pat Meaney	SCMC	24.10	2016
National Record:				
	Richard Abrahams		21.82	2000

100 YARD FREESTYLE

1	Bryant Lum	VCM	50.98	2017
2	Dan Stephenson	ROSE	51.16	2012
3	Michael Blatt	VCM	51.26	2013
4	Peter Wisner	ROSE	51.32	2003
5	Kevin Marble	VCM	52.54	2015
6	Pat Meaney	SCMC	52.73	2016
7	Jeff Farrell	SBM	52.84	1996
8	Chuck Ponthier	LAPS	53.13	2019
9	Gerard Von Hoffmann	NOVA	53.56	2012
10	Scott Adair	CVMM	53.58	2019
National Record:				
	Richard Abrahams		48.37	2000

200 YARD FREESTYLE

1	Jim McConica	VCM	1:50.85	2006
2	Dan Stephenson	ROSE	1:52.47	2013
3	Peter Wisner	ROSE	1:53.71	2003
4*	Kevin Marble	VCM	1:55.41	2015
4*	Michael Blatt	VCM	1:55.41	2012
6	Scott Townsend	LVM	1:55.67	2009
7	Andrew Bray	UNAT	1:56.08	2018
8	Tito Morales	UCLA	1:56.28	2018
9	Jeff Farrell	SBM	1:59.25	1995
10	James Tobin	MVN	1:59.63	2021
National Record:				
	Michael Mann		1:48.79	2010

500 YARD FREESTYLE

1	Jim McConica	VCM	4:57.82	2007
2	Andrew Bray	UNAT	5:06.90	2018
3	Dan Stephenson	ROSE	5:07.73	2013
4	Scott Townsend	LVM	5:10.15	2009
5	Bruce Thomas	SCAQ	5:11.28	2016
6	Tito Morales	UCLA	5:16.60	2018
7	Buzz Harper	LAPS	5:20.63	2017
8	Kevin Marble	VCM	5:23.77	2015
9	Laurence Jaffee	LVM	5:25.98	2016
10	Tim Buckley	FMT	5:26.91	2011
National Record:				
	Michael Mann		4:56.82	2010

1000 YARD FREESTYLE

1	Jim McConica	VCM	10:07.36	2006
2	Andrew Bray	UNAT	10:34.96	2018
3	Scott Townsend	LVM	10:36.05	2009
4	Bruce Thomas	SCAQ	10:48.37	2016
5	Dan Stephenson	ROSE	10:50.96	2013
6	Tito Morales	UCLA	10:59.85	2017
7	Buzz Harper	LAPS	11:00.88	2017
8	Tim Buckley	FMT	11:07.67	2011
9	David Gray	UCSB	11:24.65	2003
10	Jeffrey Crosson	NOVA	11:25.19	2017
National Record:				
	Jim McConica		10:07.36	2006

1650 YARD FREESTYLE

1	Jim McConica	VCM	17:11.12	2007
2	Bruce Thomas	SCAQ	18:05.74	2018
3	Craig Nadel	UCLA	18:16.13	2009
4	Buzz Harper	LAPS	18:16.57	2016
5	Tito Morales	UCLA	18:44.14	2013
6	Jeffrey Crosson	NOVA	18:51.77	2017
7	Michael Stokes	UCLA	18:59.58	2017
8	Sandy Galletly	SCAQ	19:01.09	2011
9	Brad Magit	UCLA	19:02.01	2003
10	Michael Blatt	VCM	19:29.83	2017
National Record:				
	Jim McConica		17:11.12	2007

50 YARD BACKSTROKE

1	Bryant Lum	VCM	27.80	2017
2	Dan Stephenson	ROSE	28.07	2013
3	Doug Kajiwara	SCAQ	28.50	2014
4	Jim McConica	VCM	28.86	2007
5	Michael Meliffe	WH2O	28.87	1997
6	James Ballard	WH2O	28.98	2016
7	Steven Kay	UNAT	29.08	2009
8	Peter O'Keefe	UCLA	29.20	2010
9	Brian Kelca	LAPS	29.35	2016
10	Phil Sidenberg	SCA	29.40	2012
National Record:				
	Fritz Bedford		25.30	2019

100 YARD BACKSTROKE

1	Dan Stephenson	ROSE	1:00.47	2012
2	Doug Kajiwara	SCAQ	1:00.85	2015
3*	Peter O'Keefe	UCLA	1:02.99	2007
3*	Toby Weissert	NOVA	1:02.99	2015
5	Kevin Marble	VCM	1:03.04	2015
6	James Ballard	WH2O	1:03.14	2016
7	Thomas Dvais	ROSE	1:03.70	2013
8	Buzz Harper	LAPS	1:04.09	2017
9	Scott Gordin	UNAT	1:04.54	2017
10	Hubie Kerns	UNAT	1:04.63	2005
National Record:				
	Steve Wood		53.81	2017

200 YARD BACKSTROKE

1	Jim McConica	VCM	2:07.67	2006
2	Dan Stephenson	ROSE	2:08.80	2015
3	Doug Kajiwara	SCAQ	2:10.24	2015
4	Scott Townsend	LVM	2:14.26	2009
5	Thomas Davis	ROSE	2:18.50	2014
6	Tito Morales	UCLA	2:19.97	2015
7	Toby Weissert	NOVA	2:20.08	2014
8	Frank Warner	TYR	2:21.07	2005
9	Hubie Kerns	VCM	2:21.82	2005
10	Peter O'Keefe	UCLA	2:22.15	2007
National Record:				
	Tom Barton		2:03.14	2012

50 YARD BREASTSTROKE

1	Carlo Travaini	MVN	26.32	2019
2	Bryant Lum	VCM	28.67	2017
3	Gerard Von Hoffmann	NOVA	28.76	2013
4	Hubie Kerns	VCM	29.79	2009
5	Peter Wisner	ROSE	30.40	2003
6	John Derr	VCM	30.73	2005
7	Phillip John Templin	UCI	30.74	2009
8	Pat Meaney	GRA	30.75	2017
9	David Lindstedt	LAPS	30.81	2015
10	Bob Ward	OJAI	30.94	2018
National Record:				
	Carlo Travaini		26.32	2019

100 YARD BREASTSTROKE

1	Carlo Travaini	MVN	57.95	2018
2	Gerard Von Hoffmann	NOVA	1:02.41	2012
3	Hubie Kerns	VCM	1:04.27	2009
4	Bryant Lum	VCM	1:04.38	2017
5	Peter Wisner	ROSE	1:05.07	2003
6	Brian Kelca	LAPS	1:05.52	2016
7	John Derr	VCM	1:06.39	2005
8	Dan Leonard	SCAQ	1:06.79	2010
9	Marlow Peterson	MVN	1:07.36	2017
10	Pat Meaney	SCMC	1:07.53	2016
National Record:				
	Carlo Travaini		57.95	2018

50 YARD BUTTERFLY

1	Carlo Travaini	MVN	24.81	2019
2	Chuck Ponthier	LAPS	24.93	2019
3	Brian Kelca	LAPS	25.49	2016
4	Gerard Von Hoffmann	NOVA	25.59	2011
5	Bryant Lum	VCM	25.98	2017
6	Brian Patno	FMT	26.05	2016
7	David Lindstedt	LAPS	26.20	2015
8	Cooper Thornton	CTM	26.38	2017
9	Michael Mealiffe	WH2O	26.49	1998
10	John Derr	VCM	26.60	2006
National Record:				
	Steve Hiltabiddle		23.57	2021

200 YARD BUTTERFLY

1	Tito Morales	UCLA	2:10.46	2015
2	Jim McConica	VCM	2:11.57	2006
3	Dan Stephenson	ROSE	2:13.96	2015
4	James Tobin	MVN	2:17.59	2021
5	Michael Heather	MVN	2:18.85	2011
6	Laurence Jaffee	LVM	2:19.06	2016
7	Michael Stokes	UCLA	2:26.99	2018
8	Toby Weissert	NOVA	2:28.05	2014
9	Mark Montgomery	NOVA	2:28.90	2011
10	Robert Ross	SCAQ	2:29.65	2011
National Record:				
	David Sims		2:01.59	2018

200 YARD INDIVIDUAL MEDLEY

1	Gerard Von Hoffmann	NOVA	2:09.11	2012
2	Dan Stephenson	ROSE	2:09.80	2013
3	Jim McConica	VCM	2:10.32	2006
4	Peter Wisner	ROSE	2:11.67	2003
5	Tito Morales	UCLA	2:11.83	2017
6	Doug Kajiwara	SCAQ	2:13.91	2014
7	Hubie Kerns	UNAT	2:14.90	2005
8	Brian Kelca	LAPS	2:15.19	2016
9	Michael Blatt	VCM	2:15.81	2013
10	Bob Ward	OJAI	2:16.37	2018
National Record:				
	David Sims		2:02.25	2018

200 YARD BREASTSTROKE

1	Carlo Travaini	MVN	2:07.80	2018
2	Gerard Von Hoffmann	NOVA	2:17.05	2012
3	Hubie Kerns	VCM	2:25.46	2009
4	Peter Wisner	ROSE	2:25.93	2003
5	Thomas Taylor	ROSE	2:26.48	2019
6*	Brian Kelca	LAPS	2:26.72	2016
6*	John Derr	VCM	2:26.72	2005
8	Dan Leonard	SCAQ	2:28.69	2010
9	Winston Uchiyama	ROSE	2:30.39	2017
10	Michael Blatt	VCM	2:30.64	2011
National Record:				
	Carlo Travaini		2:07.80	2018

100 YARD BUTTERFLY

1	Brian Kelca	LAPS	56.69	2017
2	Chuck Ponthier	LAPS	57.14	2019
3	Brian Patno	FMT	58.32	2016
4	Dan Stephenson	ROSE	58.82	2015
5	Michael Heather	MVN	58.93	2010
6	Tito Morales	UCI	59.14	2014
7	Gerard Von Hoffmann	NOVA	59.31	2012
8	Thomas Taylor	ROSE	59.82	2019
9	Laurence Jaffee	LVM	1:00.36	2016
10	Bob Ward	OJAI	1:00.62	2018
National Record:				
	Steve Hiltabiddle		53.32	2021

100 YARD INDIVIDUAL MEDLEY

1	Carlo Travaini	MVN	55.09	2019
2	Bryant Lum	VCM	58.29	2017
3	Gerard Von Hoffmann	NOVA	59.16	2011
4	Brian Kelca	LAPS	59.73	2016
5	Peter Wisner	ROSE	59.77	2003
6	Hubie Kerns	VCM	1:00.39	2005
7	Michael Blatt	VCM	1:00.58	2013
8	John Derr	VCM	1:00.69	2005
9	Chuck Ponthier	LAPS	1:00.85	2019
10	Tito Morales	UCLA	1:00.95	2017
National Record:				
	Carlo Travaini		55.09	2019

400 YARD INDIVIDUAL MEDLEY

1	Jim McConica	VCM	4:36.95	2006
2	Dan Stephenson	ROSE	4:43.00	2014
3	Tito Morales	UCI	4:43.10	2015
4	Gerard Von Hoffmann	NOVA	4:52.05	2012
5	Toby Weissert	NOVA	4:56.71	2015
6	Hubie Kerns	VCM	4:57.07	2009
7	Mark Montgomery	NOVA	4:59.58	2011
8	Phillip John Templin	UCI	4:59.92	2009
9	Michael Blatt	VCM	5:03.45	2013
10	Sandy Galletly	SCAQ	5:05.86	1999
National Record:				
	Jim Sauer		4:28.66	2014

60-64 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Traci Granger	LAPS	26.29	2019
2	Bonnie Spivey	LAPS	26.83	2019
3	Veronica Hibben	UCLA	26.85	2017
4	Jacki Hirsty	UNAT	27.49	2017
5	Stacey Warmuth	VCM	27.75	2017
6	Beverly Meteyer	LVM	28.64	2015
7	Carolyn Battin	LVM	28.67	2014
8	Christie Ciraulo	UCLA	29.04	2016
9	Lynn Rutherford	SBM	29.32	2014
10	Joanne Saul-Zachau	LVM	29.97	2020
National Record:				
	Penny Noyes		26.20	2018

100 YARD FREESTYLE

1	Veronica Hibben	UCLA	58.31	2017
2	Traci Granger	LAPS	1:00.43	2018
3	Jacki Hirsty	UNAT	1:01.29	2017
4	Christie Ciraulo	UCLA	1:02.67	2016
5	Stacey Warmuth	VCM	1:03.00	2017
6	Carolyn Battin	LVM	1:03.51	2014
7	Beverly Meteyer	LVM	1:06.51	2015
8	Elizabeth Boscacci	SBM	1:06.90	2019
9	Andra Jaunzeme	WH2O	1:07.25	2014
10	Joanne Saul-Zachau	LVM	1:07.36	2020
National Record:				
	Laura Val		56.45	2016

200 YARD FREESTYLE

1	Stacey Warmuth	VCM	2:09.07	2017
2	Veronica Hibben	UCLA	2:10.35	2017
3	Carolyn Battin	LVM	2:16.41	2014
4	Jacki Hirsty	SCAQ	2:18.21	2017
5	Christie Ciraulo	UCLA	2:18.27	2018
6	Joanne Saul-Zachau	LVM	2:24.02	2019
7	Elizabeth Boscacci	SBM	2:28.34	2019
8	Diana Dolan LaMar	LVM	2:29.55	2018
9	Kerry Lumbert Gentry	UNAT	2:31.07	2017
10	Monica Little	SBM	2:32.20	2014
National Record:				
	Laura Val		2:05.75	2016

500 YARD FREESTYLE

1	Bonnie Spivey	LAPS	5:50.69	2019
2	Stacey Warmuth	VCM	5:50.98	2017
3	Christie Ciraulo	UCLA	5:58.12	2014
4	Carolyn Battin	LVM	6:08.39	2014
5	Jacki Hirsty	UNAT	6:19.97	2017
6	Cheri Ellington	GRA	6:28.67	2018
7	Niki Stokols	CVMM	6:29.44	2018
8	Charlotte Gutierrez	SBM	6:36.50	2017
9	Joanne Saul-Zachau	LVM	6:40.22	2019
10	Diana Dolan LaMar	LVM	6:50.75	2018
National Record:				
	Laura Val		5:39.00	2014

1000 YARD FREESTYLE

1	Bonnie Spivey	LAPS	11:40.89	2019
2	Stacey Warmuth	VCM	11:53.18	2017
3	Christie Ciraulo	UCLA	12:05.86	2014
4	Carolyn Battin	LVM	12:35.34	2014
5	Joanne Saul-Zachau	LVM	13:29.12	2019
6	Diana Dolan LaMar	UNAT	13:50.42	2019
7	Jeannette Bauer	SCA	13:55.51	2011
8	Beverly Montrella	MVN	14:07.01	2009
9	Elizabeth Boscacci	SBM	14:23.90	2019
10	Anne Adams	SCAQ	14:33.14	1988
National Record:				
	Bonnie Spivey		11:40.89	2019

1650 YARD FREESTYLE

1	Bonnie Spivey	LAPS	19:37.27	2019
2	Christie Ciraulo	UCLA	20:56.14	2014
3	Veronica Hibben	NOVA	21:26.84	2019
4	Denise Hearst	CVMM	21:30.95	2019
5	Niki Stokols	CVMM	22:08.18	2018
6	Joanne Saul-Zachau	LVM	22:18.78	2019
7	Diana Dolan LaMar	MVN	23:03.50	2021
8	Jeannette Bauer	SCA	23:16.04	2011
9	Beverly Montrella	MVN	23:32.47	2009
10	Elizabeth Boscacci	SBM	23:39.39	2019
National Record:				
	Bonnie Spivey		19:37.27	2019

50 YARD BACKSTROKE

1	Stacey Warmuth	VCM	31.75	2017
2	Bonnie Spivey	LAPS	33.02	2019
3	Veronica Hibben	UCLA	33.21	2017
4	Nancy Kirkpatrick-Reno	CVMM	33.47	2019
5	Mindy Dougherty	MVN	34.10	2014
6	Carolyn Battin	LVM	35.83	2014
7	Marion Schoneberger	SBM	36.53	2017
8	Joanne Saul-Zachau	LVM	36.68	2020
9	Christie Ciraulo	UCLA	36.97	2014
10	Robin Smith	NOVA	37.39	2015
National Record:				
	Laura Val		29.58	2015

100 YARD BACKSTROKE

1	Stacey Warmuth	VCM	1:07.89	2017
2	Bonnie Spivey	LAPS	1:08.81	2019
3	Mindy Dougherty	MVN	1:12.92	2016
4	Nancy Kirkpatrick-Reno	CVMM	1:15.51	2018
5	Andra Jaunzeme	WH2O	1:16.29	2014
6	Gloria Marienthal	NEWP	1:18.24	1990
7	Christie Ciraulo	UCLA	1:18.52	2015
8	Joanne Saul-Zachau	LVM	1:19.52	2020
9	Kerri Lumbert Gentry	UNAT	1:21.40	2017
10	Robin Smith	NOVA	1:21.53	2015
National Record:				
	Laura Val		1:03.72	2013

200 YARD BACKSTROKE

1	Bonnie Spivey	LAPS	2:27.03	2019
2	Christie Ciraulo	UCLA	2:37.98	2014
3	Mindy Dougherty	MVN	2:38.76	2014
4	Andra Jaunzeme	WH2O	2:39.79	2014
5	Kerri Lumbert Gentry	UNAT	2:51.03	2017
6	Joanne Saul-Zachau	LVM	2:52.53	2019
7	Cheri Ellington	GRA	2:53.47	2018
8	Nancy Kirkpatrick-Reno	CVMM	2:55.14	2019
9	Beverly Montrella	MVN	2:59.11	2010
10	Diana Dolan LaMar	LVM	3:05.27	2018
National Record:				
	Bonnie Bilich		2:19.36	2018

50 YARD BREASTSTROKE

1	Stacey Warmuth	VCM	36.87	2017
2	Karen Melilck	SCAQ	37.10	2018
3	Andra Jaunzeme	WH2O	37.73	2013
4	Lynn Rutherford	SBM	38.26	2014
5	Robin Smith	NOVA	39.73	2015
6	Veronica Hibben	UCLA	39.98	2017
7	Rebecca Kay	LVM	40.35	2008
8	Patty Smith	SCAC	40.56	2014
9	Cheri Ellington	SCVST	40.62	2020
10	Jeannette Bauer	SCA	40.95	2011
National Record:				
	Melinda Mann		33.79	2017

100 YARD BREASTSTROKE

1	Andra Jaunzeme	WH2O	1:22.48	2014
2	Karen Melick	SCAQ	1:24.06	2019
3	Charlotte Gutierrez	SBM	1:24.66	2017
4	Cheri Ellington	SBM	1:24.99	2017
5	Traci Granger	LAPS	1:25.37	2019
6	Lynn Rutherford	GRA	1:26.67	2018
7	Patty Smith	SCAC	1:28.19	2014
8	Jeannette Bauer	SCA	1:29.91	2011
9	Beverly Montrella	MVN	1:30.14	2008
10	Robin Smith	NOVA	1:31.91	2015
National Record:				
	Melinda Mann		1:16.55	2017

50 YARD BUTTERFLY

1	Traci Granger	LAPS	27.93	2018
2	Veronica Hibben	UCLA	29.36	2017
3	Stacey Warmuth	VCM	30.45	2017
4	Christie Ciraulo	UCLA	30.50	2014
5	Lynn Rutherford	SBM	31.58	2014
6	Nancy Kirkpatrick-Reno	CVMM	32.39	2019
7	Andra Jaunzeme	WH2O	32.68	2013
8	Jacki Hirsty	UNAT	32.82	2017
9	Carolyn Battin	LVM	32.93	2014
10	Patty Smith	SCAC	33.90	2014
National Record:				
	Traci Granger		27.93	2018

200 YARD BUTTERFLY

1	Traci Granger	LAPS	2:32.61	2019
2	Christie Ciraulo	UCLA	2:46.61	2016
3	Anne Adams	SCAQ	3:15.72	1988
4	Heather Lambert	LBC	3:20.28	2017
5	Beverly Montrella	MVN	3:22.71	2009
6	Joanne Saul-Zachau	LVM	3:26.59	2020
7	Cindy Cook	TSTT	3:35.20	2017
8	Shirley Erickson	SBSC	3:35.86	1986
9	Sandy Stinson	CENT	3:41.17	1985
10	Malchia Olshan	OSB	3:46.24	1994
National Record:				
	Laura Val		2:24.30	2013

200 YARD INDIVIDUAL MEDLEY

1	Bonnie Spivey	LAPS	2:31.14	2019
2	Traci Granger	LAPS	2:33.48	2019
3	Andra Jaunzeme	WH2O	2:43.67	2013
4	Patty Smith	SCAC	2:57.25	2014
5	Joanne Saul-Zachau	LVM	2:58.19	2019
6	Beverly Montrella	MVN	2:58.57	2010
7	Diana Dolan LaMar	LVM	3:01.30	2018
8	Monica Little	SBM	3:02.42	2014
9	Anne Adams	SCAQ	3:03.92	1988
10	Robin Smith	NOVA	3:12.22	2015
National Record:				
	Laura Val		2:25.40	2012

200 YARD BREASTSTROKE

1	Karen Melick	SCAQ	2:56.55	2018
2	Andra Jaunzeme	WH2O	3:01.50	2014
3	Cheri Ellington	SCVST	3:08.32	2020
4	Jessica Seaton	WH2O	3:18.20	2013
5	Patty Smith	SCAC	3:21.08	2014
6	Diana Dolan LaMar	LVM	3:22.65	2018
7	Beverly Montrella	MVN	3:25.01	2009
8	Kristin Bennett	ROSE	3:25.81	2018
9	Rebecca Kay	LVM	3:29.93	2009
10	Peggy McDowell-Cramer	SCAQ	3:33.07	2002
National Record:				
	Lo Knapp		2:44.73	2015

100 YARD BUTTERFLY

1	Traci Granger	LAPS	1:03.59	2019
2	Veronica Hibben	UCLA	1:08.61	2017
3	Christie Ciraulo	UCLA	1:08.76	2014
4	Bonnie Spivey	LAPS	1:14.82	2019
5	Andra Jaunzeme	WH2O	1:15.48	2013
6	Anne Adams	SCAQ	1:23.82	1988
7	Monica Little	SBM	1:28.10	2014
8	Heather Lambert	LBC	1:28.14	2017
9	Joanne Saul-Zachau	LVM	1:28.82	2020
10	Patty Smith	SCAC	1:29.59	2017
National Record:				
	Traci Granger		1:03.59	2019

100 YARD INDIVIDUAL MEDLEY

1	Stacey Warmuth	VCM	1:09.55	2017
2	Traci Granger	LAPS	1:09.60	2019
3	Veronica Hibben	UCLA	1:10.48	2017
4	Bonnie Spivey	LAPS	1:13.46	2019
5	Jacki Hirsty	UNAT	1:13.65	2017
6	Andra Jaunzeme	WH2O	1:14.42	2014
7	Lynn Rutherford	SBM	1:15.60	2014
8	Charlotte Gutierrez	SBM	1:16.72	2017
9	Marion Schoneberger	SBM	1:17.06	2017
10	Cheri Ellington	GRA	1:17.16	2018
National Record:				
	Penny Noyes		1:06.74	2018

400 YARD INDIVIDUAL MEDLEY

1	Bonnie Spivey	LAPS	5:16.94	2019
2	Christie Ciraulo	UCLA	5:57.98	2016
3	Joanne Saul-Zachau	LVM	6:18.24	2019
4	Diana Dolan LaMar	UNAT	6:23.43	2019
5	Beverly Montrella	MVN	6:25.45	2010
6	Anne Adams	SCAQ	6:35.25	1988
7	Jessica Seaton	WH2O	6:53.13	2017
8	Shirley Erickson	SBSC	7:09.38	1986
9	Malchia Olshan	OSB	7:18.79	1993
10	Peggy McDowell-Cramer	SCAQ	7:19.46	2002
National Record:				
	Laura Val		5:16.18	2014

60-64 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Jeff Farrell	OSB	23.28	1997
2	Jeffrey Stevens	NOVA	23.51	2019
3	Dan Stephenson	ROSE	23.72	2017
4	Peter O'Keeffe	UCLA	24.09	2012
5	Glenn Gruber	VCM	24.47	2010
6	Pat Meaney	GRA	24.51	2019
7	Michael Blatt	VCM	24.55	2017
8	Peter Wisner	ROSE	24.77	2009
9	Kevin Marble	VCM	25.02	2017
10	Robert Strand	ROSE	25.02	2010
National Record:				
	Richard Abrahams		22.30	2005

100 YARD FREESTYLE

1	Dan Stephenson	ROSE	51.75	2018
2	Jeff Farrell	OSB	52.03	1997
3	Peter O'Keeffe	UCLA	53.57	2012
4	Glenn Gruber	VCM	53.70	2010
5	Jeffrey Stevens	NOVA	53.73	2019
6	Michael Blatt	VCM	54.10	2017
7	Tito Morales	UCLA	54.31	2019
8	Kevin Marble	VCM	54.95	2017
9	Robert Strand	ROSE	56.01	2010
10	Richard Reeder	NOVA	56.31	2014
National Record:				
	Richard Abrahams		49.14	2005

200 YARD FREESTYLE

1	Dan Stephenson	ROSE	1:53.47	2018
2	Tito Morales	UCLA	1:56.98	2019
3	Scott Townsend	LVM	1:58.95	2014
4	Jim McConica	VCM	1:59.13	2011
5	Jeff Farrell	OSB	1:59.62	1997
6	Glenn Gruber	VCM	2:00.15	2010
7	Doug Kajiwara	SCAQ	2:00.22	2018
8	Kevin Marble	VCM	2:00.79	2017
9	Michael Blatt	VCM	2:01.97	2017
10	Robert Strand	ROSE	2:04.48	2010
National Record:				
	Rick Colella		1:51.08	2015

500 YARD FREESTYLE

1	Jim McConica	VCM	5:11.17	2012
2	Dan Stephenson	ROSE	5:12.74	2018
3	Andrew Bray	UNAT	5:13.51	2019
4	Jamie Fowler	NOVA	5:16.55	2020
5	Scott Townsend	LVM	5:22.98	2014
6	Doug Kajiwara	SCAQ	5:29.05	2020
7	Glenn Gruber	VCM	5:32.61	2010
8	Sandy Galletly	SCAQ	5:35.96	2003
9	Hubie Kerns	VCM	5:38.40	2010
10	Larry Raffaelli	VCM	5:44.68	2003
National Record:				
	Jim McConica		5:11.17	2012

1000 YARD FREESTYLE

1	Jim McConica	VCM	10:47.42	2011
2	Andrew Bray	UNAT	10:50.06	2019
3	Scott Townsend	LVM	10:54.66	2014
4	Dan Stephenson	ROSE	10:58.47	2017
5	Doug Kajiwara	SCAQ	11:16.60	2020
6	Hubie Kerns	VCM	11:38.55	2010
7	Glenn Gruber	VCM	11:41.19	2010
8	Bill Darby	UNAT	11:50.17	2010
9	Larry Raffaelli	VCM	11:50.53	2003
10	Stephen Sponagle	NOVA	11:53.13	2017
National Record:				
	Michael Mann		10:42.16	2015

1650 YARD FREESTYLE

1	Andrew Bray	UNAT	17:48.66	2019
2	Jim McConica	VCM	18:09.09	2012
3	Doug Kajiwara	SCAQ	18:41.51	2019
4	Sandy Galletly	SCAQ	19:18.81	2003
5	Bill Darby	UNAT	19:44.51	2010
6	Hubie Kerns	VCM	19:47.37	2010
7	Stephen Sponagle	NOVA	19:55.77	2017
8	John Holbeck	YST	20:01.21	2019
9	Larry Raffaelli	VCM	20:19.72	2003
10	Don Rankin	LBSC	21:05.79	1979
National Record:				
	Andrew Bray		17:48.66	2019

50 YARD BACKSTROKE

1	Peter O'Keeffe	UCLA	28.39	2012
2	James Ballard	WH2O	28.53	2019
3	Doug Kajiwara	SCAQ	28.91	2019
4	Dan Stephenson	ROSE	29.23	2018
5	Jim McConica	VCM	29.70	2013
6	Kevin Marble	VCM	29.74	2017
7	Jeff Farrell	OSB	30.10	1999
8	Hubie Kerns	VCM	30.24	2010
9	Patrick Doyle	MMM	30.29	2015
10	Robert Strand	ROSE	30.32	2010
National Record:				
	Bruce Kone		26.60	2018

100 YARD BACKSTROKE

1	Dan Stephenson	ROSE	1:00.51	2018
2	James Ballard	WH2O	1:00.75	2018
3	Doug Kajiwara	SCAQ	1:01.62	2018
4	Peter O'Keeffe	UCLA	1:02.22	2012
5	Tito Morales	UCLA	1:02.84	2019
6	Jim McConica	VCM	1:03.23	2013
7	Hubie Kerns	VCM	1:04.32	2011
8	Toby Weissert	NOVA	1:04.93	2019
9	Patrick Doyle	MMM	1:05.11	2015
10	James Lucas	SCAQ	1:06.27	2011
National Record:				
	Tom Barton		57.46	2016

200 YARD BACKSTROKE

1	Dan Stephenson	ROSE	2:10.27	2018
2	Doug Kajiwara	SCAQ	2:12.00	2017
3	Jim McConica	VCM	2:13.89	2013
4	Scott Townsend	LVM	2:16.03	2014
5	Peter O'Keeffe	UCLA	2:18.49	2012
6	Patrick Doyle	MMM	2:22.86	2017
7	James Ballard	WH2O	2:23.62	2019
8	Hubie Kerns	VCM	2:24.81	2011
9	Glenn Gruber	VCM	2:24.90	2010
10	James Lucas	SCAQ	2:26.87	2011
National Record:				
	Tom Barton		2:07.91	2016

50 YARD BREASTSTROKE

1	Gerard Von Hoffmann	NOVA	29.23	2016
2	Robert Strand	ROSE	29.54	2010
3	David Lindstedt	LAPS	30.21	2017
4	Pat Meaney	GRA	30.83	2019
5	John Derr	VCM	31.06	2009
6	Hubie Kerns	VCM	31.56	2012
7	Jeff Farrell	OSB	31.65	1999
8	Clive Edwards	SWM	31.96	2014
9	Peter Wisner	ROSE	32.37	2010
10	Doug Kajiwara	SCAQ	32.46	2018
National Record:				
	David Guthrie		28.20	2021

100 YARD BREASTSTROKE

1	Gerard Von Hoffmann	NOVA	1:04.26	2016
2	Robert Strand	ROSE	1:05.17	2010
3	David Lindstedt	LAPS	1:07.03	2017
4	Hubie Kerns	VCM	1:08.54	2011
5	John Derr	VCM	1:08.59	2010
6	Michael Blatt	VCM	1:09.38	2017
7	Pat Meaney	GRA	1:09.42	2019
8	Winston Uchiyama	ROSE	1:10.47	2018
9	Tito Morales	UCLA	1:11.27	2019
10	Thomas Taylor	ROSE	1:12.16	2020
National Record:				
	Daivd Guthrie		1:01.14	2021

50 YARD BUTTERFLY

1	Gerard Von Hoffmann	NOVA	25.99	2016
2	David Lindstedt	LAPS	26.22	2016
3	James Ballard	WH2O	26.64	2018
4	Peter O'Keefe	UCLA	26.91	2012
5	John Derr	VCM	27.07	2009
6	Jeff Farrell	OSB	27.12	1998
7	Glenn Gruber	VCM	27.20	2013
8	Brad Magit	UCLA	27.36	2019
9	Duncan McBride	LAPS	27.44	2015
10	Doug Kajiwara	SCAQ	27.47	2018
National Record:				
	Bruce Kone		24.36	2018

200 YARD BUTTERFLY

1	Tito Morales	UCLA	2:12.35	2019
2	Hubie Kerns	VCM	2:25.73	2014
3	David Lindstedt	LAPS	2:34.01	2016
4*	Tom Burke	GRA	2:37.36	2019
4*	John Holbeck	YST	2:37.36	2019
6	Tom Burke	GRA	2:40.25	2020
7	Michael Heather	MVN	2:44.56	2016
8	Paulo Figueiredo	WH2O	2:49.84	2007
9	Richard Rouse	SCAQ	2:50.58	1994
10	Larry Rafaelli	VCM	2:50.92	2003
National Record:				
	Mike LaMonica		2:07.21	2021

200 YARD INDIVIDUAL MEDLEY

1	Dan Stephenson	ROSE	2:11.92	2018
2	Tito Morales	UCLA	2:12.40	2019
3	Doug Kajiwara	SCAQ	2:12.94	2017
4	Hubie Kerns	VCM	2:16.19	2011
5	Gerard Von Hoffmann	NOVA	2:16.42	2016
6	Toby Weissert	NOVA	2:21.08	2019
7	Jeff Farrell	OSB	2:23.70	1997
8	Sandy Galletly	SCAQ	2:24.57	2003
9	Glenn Gruber	VCM	2:25.85	2012
10	David Lindstedt	LAPS	2:26.78	2017
National Record:				
	Rick Colella		2:03.26	2014

200 YARD BREASTSTROKE

1	Gerard Von Hoffmann	NOVA	2:25.71	2016
2	Robert Strand	ROSE	2:27.57	2010
3	Winston Uchiyama	ROSE	2:31.22	2019
4	John Derr	VCM	2:33.27	2009
5	Hubie Kerns	VCM	2:34.07	2014
6	Michael Blatt	VCM	2:37.45	2017
7	Stephen Sponagle	NOVA	2:38.20	2017
8	Tegze Haraszti	HBSC	2:41.65	2003
9	Tom Burke	GRA	2:42.26	2019
10	Ron Pearlman	GRA	2:46.55	2018
National Record:				
	Rick Colella		2:16.71	2014

100 YARD BUTTERFLY

1	John Derr	VCM	59.65	2009
2	Dan Stephenson	ROSE	1:00.10	2018
3	Tito Morales	UCLA	1:00.28	2019
4	James Ballard	WH2O	1:00.38	2018
5	David Lindstedt	LAPS	1:00.57	2016
6	Brad Magit	UCLA	1:00.91	2019
7	Hubie Kerns	VCM	1:02.40	2011
8	Peter O'Keefe	UCLA	1:03.57	2012
9	Michael Heather	MVN	1:04.21	2015
10	Tom Burke	GRA	1:04.18	2020
National Record:				
	Paul Carter		54.70	2018

100 YARD INDIVIDUAL MEDLEY

1	John Derr	VCM	1:01.03	2009
2	David Lindstedt	LAPS	1:01.11	2016
3	Tito Morales	UCI	1:01.35	2019
4	Robert Strand	ROSE	1:01.58	2010
5	Doug Kajiwara	SCAQ	1:01.90	2019
6	Hubie Kerns	VCM	1:02.11	2011
7	Jeff Farrell	OSB	1:02.52	1997
8	Pat Meaney	GRA	1:02.71	2019
9	Michael Blatt	VCM	1:03.50	2016
10	Glenn Gruber	VCM	1:04.88	2012
National Record:				
	Rick Colella		57.23	2013

400 YARD INDIVIDUAL MEDLEY

1	Tito Morales	UCLA	4:45.94	2019
2	Hubie Kerns	VCM	4:59.91	2011
3	Jim McConica	VCM	5:03.85	2011
4	John Holbeck	YST	5:14.22	2019
5	Sandy Galletly	SCAQ	5:16.57	2003
6	Tegze Haraszti	HBSC	5:27.91	2006
7	Tom Burke	GRA	5:31.10	2019
8	Larry Raffaelli	VCM	5:33.26	2003
9	Steven Van Nort	LAPS	5:37.87	2014
10	Patrick Schlup	UCI	5:46.96	2001
National Record:				
	Rick Colella		4:24.24	2014

65-69 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Beverly Meteyer	LVM	29.37	2019
2	Carolyn Battin	LVM	29.90	2019
3	Christie Ciraulo	UCLA	30.33	2019
4	Beverly Montrella	MVN	32.01	2013
5	Debbie Bradbury	NOVA	32.06	2019
6	Carol Jewell	NOVA	32.33	2008
7	Jan Levinrad	WH2O	32.49	2013
8	Dorothy LaChasse	SBSC	33.41	1990
9	Pat Fruin	MMM	34.90	2009
10	Ruth Baar	SBSC	35.24	1989
National Record:				
	Penny Noyes		26.31	2020

100 YARD FREESTYLE

1	Jacki Hirsty	UNAT	1:03.49	2018
2	Carolyn Battin	LVM	1:05.19	2019
3	Beverly Meteyer	LVM	1:06.86	2019
4	Mindy Dougherty	MVN	1:09.67	2018
5	Debbie Bradbury	NOVA	1:13.16	2019
6	Jan Levinrad	WH2O	1:14.03	2013
7	Beverly Montrella	MVN	1:14.22	2015
8	Bonnie Kotzbach	MVN	1:17.16	2010
9	Dorothy LaChasse	SBSC	1:17.57	1991
10	Diane Smith	CVMM	1:21.14	2010
National Record:				
	Laura Val		57.88	2018

200 YARD FREESTYLE

1	Carolyn Battin	LVM	2:21.32	2019
2	Jacki Hirsty	UNAT	2:22.21	2018
3	Christie Ciraulo	UCLA	2:22.96	2019
4	Mindy Dougherty	MVN	2:30.51	2018
5	Beverly Meteyer	LVM	2:37.63	2019
6	Debbie Bradbury	UNAT	2:42.00	2019
7	Beverly Montrella	MVN	2:46.55	2013
8	Jessica Seaton	WH2O	2:47.71	2018
9	Jeanne McCleave	MVN	2:49.70	2021
10	Carol Jewell	NOVA	2:53.97	2008
National Record:				
	Laura Val		2:07.23	2018

500 YARD FREESTYLE

1	Christie Ciraulo	UCLA	6:12.90	2019
2	Carolyn Battin	LVM	6:20.12	2019
3	Mindy Dougherty	MVN	6:45.42	2018
4	Beverly Meteyer	LVM	7:13.51	2019
5	Carolyn Battin	NOVA	7:25.97	2008
6	Beverly Montrella	MVN	7:26.35	2012
7	Pat Fruin	MMM	7:40.53	2009
8	Malchia Olshan	OSB	7:50.26	1996
9	Bonnie Kotzbach	MVN	8:01.80	2010
10	Nancy Stanbury	LBG	8:02.84	2018
National Record:				
	Laura Val		5:52.39	2017

1000 YARD FREESTYLE

1	Christie Ciraulo	UCLA	12:36.92	2019
2	Carolyn Battin	LVM	12:36.94	2019
3	Mindy Dougherty	MVN	13:53.75	2018
4	Beverly Montrella	MVN	15:04.23	2013
5	Carol Jewell	NOVA	15:21.27	2008
6	Malchia Olshan	OSB	16:14.45	1997
7	Grace Altus	SBSC	16:19.63	1991
8	Pat Fruin	MMM	16:23.30	2009
9	Nancy Stanbury	LBG	16:39.87	2018
10	Rita Simonton	GWSC	16:55.56	1988
National Record:				
	Laura Val		11:59.50	2017

1650 YARD FREESTYLE

1	Christie Ciraulo	UCLA	20:56.04	2019
2	Mindy Dougherty	MVN	23:01.75	2018
3	Beverly Montrella	MVN	25:03.35	2012
4	Carol Jewell	NOVA	25:27.15	2008
5	Malchia Olshan	OSB	26:25.85	1996
6	Pat Fruin	MMM	26:53.78	2009
7	Grace Altus	SBSC	26:54.54	1992
8	Bonnie Kotzbach	MVN	27:32.22	2009
9	Rita Simonton	GWSC	27:39.67	1988
10	Nancy Stanbury	LBG	28:05.57	2018
National Record:				
	Nancy Steadman Martin		20:33.09	2021

50 YARD BACKSTROKE

1	Mindy Dougherty	MVN	34.17	2018
2	Carolyn Battin	LVM	36.53	2019
3	Christie Ciraulo	UCLA	37.70	2019
4	Jeanne McCleave	MVN	28.25	2021
5	Beverly Montrella	MVN	38.65	2013
6	Ellen Rockholm	KMAN	39.56	2014
7	Dorothy LaChasse	SBSC	40.32	1990
8	Jan Levinrad	WH2O	41.05	2013
9	Diane Smith	CVMM	42.57	2010
10	Wendy Scherwat Docourneau	TSTT	43.72	2017
National Record:				
	Laura Val		29.65	2018

100 YARD BACKSTROKE

1	Mindy Dougherty	MVN	1:16.59	2018
2	Ellen Rockholm	KMAN	1:23.11	2014
3	Christie Ciraulo	UCLA	1:23.44	2019
4	Jeanne McCleave	MVN	1:24.62	2021
5	Beverly Montrella	MVN	1:25.07	2013
6	Jan Levinrad	WH2O	1:28.84	2013
7	Dorothy LaChasse	SBSC	1:31.52	1990
8	Wendy Scherwat Ducourneau	GRA	1:37.99	2018
9	Maxine Merlino	LBSC	1:38.70	1979
10	Jessica Seaton	WH2O	1:39.30	2019
National Record:				
	Laura Val		1:03.96	2018

200 YARD BACKSTROKE

1	Mindy Dougherty	MVN	2:40.28	2018
2	Christie Ciraulo	UCLA	2:48.71	2019
3	Ellen Rockholm	KMAN	3:02.38	2014
4	Beverly Montrella	MVN	3:05.65	2013
5	Dorothy LaChasse	SBSC	3:18.99	1991
6	Sandy Stinson	CENT	3:20.24	1988
7	Peggy Sanborn	OSB	3:35.88	1993
8	Maxine Merlino	LBSC	3:36.96	1980
9	Rita Simonton	GWSC	3:39.31	1986
10	Carole Borland	OJAI	3:40.83	2009
National Record:				
	Laura Val		2:23.88	2018

50 YARD BREASTSTROKE

1	Jacki Hirsty	UNAT	41.44	2018
2	Jessica Seaton	WH2O	41.49	2018
3	Beverly Meteyer	LVM	42.28	2019
4	Jeanne McCleave	MVN	44.34	2021
5	Beverly Montrella	MVN	44.56	2012
6	Sandy Stinson	CENT	44.66	1988
7	Mickey Shockley	SLUG	45.69	1994
8	Christie Ciraulo	UCLA	45.71	2020
9	Wendy Scherwat Ducourneau	TSTT	45.69	2017
10	Peggy McDowell-Cramer	UNAT	45.74	2009
National Record:				
	Melinda Wolff		36.58	2018

100 YARD BREASTSTROKE

1	Jessica Seaton	WH2O	1:34.64	2018
2	Jeanne McCleave	MVN	1:37.51	2021
3	Beverly Montrella	MVN	1:38.23	2013
4	Sandy Stinson	CENT	1:39.58	1988
5	Peggy McDowell-Cramer	UNAT	1:39.65	2009
6	Mickey Shockley	SLUG	1:39.74	1994
7	Nancy Stanbury	LBG	1:39.77	2018
8	Wendy Scherwat Ducourneau	TSTT	1:41.97	2017
9	Christie Ciraulo	UCLA	1:45.69	2019
10	Bong Yi Lee	KSS	1:46.10	1993
National Record:				
	Charlotte Davis		1:20.27	2017

200 YARD BREASTSTROKE

1	Jessica Seaton	WH2O	3:28.80	2018
2	Sandy Stinson	CENT	3:35.42	1988
3	Beverly Montrella	MVN	3:35.57	2012
4	Peggy McDowell-Cramer	UNAT	3:39.07	2009
5	Wendy Scherwat Ducourneau	TSTT	3:39.10	2017
6	Mickey Shockley	SLUG	3:40.52	1994
7	Christie Ciraulo	UCLA	3:40.76	2019
8	Nancy Stanbury	LBG	3:43.27	2018
9	Rita Simonton	LBM	3:48.19	1984
10	Maxine Merlino	LBSC	3:50.57	1980
National Record:				
	Charlotte Davis		2:58.20	2019

50 YARD BUTTERFLY

1	Christie Ciraulo	UCLA	31.38	2020
2	Jacki Hirsty	UNAT	33.92	2018
3	Ellen Rockholm	KMAN	35.49	2014
4	Beverly Meteyer	LVM	36.48	2019
5	Carol Jewell	NOVA	37.48	2008
6	Debbie Bradbury	NOVA	39.16	2019
7	Beverly Montrella	MVN	39.51	2012
8	Kathleen Komar	UCLA	40.86	2015
9	Sandy Stinson	CENT	42.31	1988
10	Bonnie Kotzbach	MVN	42.83	2010
National Record:				
	Penny Noyes		28.94	2019

100 YARD BUTTERFLY

1	Christie Ciraulo	UCLA	1:15.00	2020
2	Beverly Montrella	MVN	1:35.02	2012
3	Sandy Stinson	CENT	1:37.21	1988
4	Debbie Bradbury	NOVA	1:37.24	2019
5	Viola Thompson	PAC	1:46.62	1984
6	Maxine Merlino	LBSC	1:47.45	1981
7	Malchia Olshan	OSB	1:48.41	1997
8	Nancy Stanbury	LBG	1:49.17	2018
9	Rita Simonton	LBM	1:52.26	1984
10	Wendy Scherwat Ducourneau	TSTT	1:55.69	2017
National Record:				
	Penny Noyes		1:05.47	2020

200 YARD BUTTERFLY

1	Christie Ciraulo	UCLA	2:50.88	2019
2	Beverly Montrella	MVN	3:40.90	2012
3	Malchia Olshan	OSB	3:48.33	1996
4	Sandy Stinson	CENT	3:50.48	1988
5	Maxine Merlino	LBSC	3:54.85	1979
6	Rita Simonton	LBM	4:04.40	1984
7	Nancy Stanbury	LBG	4:09.69	2018
8	Viola Thompson	PAC	4:10.55	1984
9	Helen Geoffrion	UCLA	4:16.03	2007
10	Ruth Ridenour	SBSC	5:10.62	1982
National Record:				
	Laura Val		2:29.12	2017

100 YARD INDIVIDUAL MEDLEY

1	Mindy Dougherty	MVN	1:20.70	2017
2	Christie Ciraulo	UCLA	1:21.25	2019
3	Ellen Rockholm	KMAN	1:21.37	2014
4	Beverly Meteyer	MVN	1:24.27	2013
5	Jessica Seaton	WH2O	1:28.97	2018
6	Jeanne McCleave	MVN	1:29.18	2021
7	Dorothy LaChasse	SBSC	1:30.71	1991
8	Kathleen Komar	UCLA	1:32.50	2015
9	Bonnie Kotzbach	MVN	1:35.15	2010
10	Wendy Scherwat Ducourneau	TSTT	1:36.24	2016
National Record:				
	Penny Noyes		1:07.03	2020

200 YARD INDIVIDUAL MEDLEY

1	Christie Ciraulo	UCLA	2:56.12	2020
2	Beverly Montrella	MVN	3:10.15	2012
3	Dorothy LaChasse	SBSC	3:21.05	1990
4	Jessica Seaton	WH2O	3:25.98	2019
5	Sandy Stinson	CENT	3:27.10	1988
6	Grace Altus	OSB	3:32.15	1993
7	Maxine Merlino	LBSC	3:33.70	1980
8	Peggy McDowell-Cramer	UNAT	3:34.33	2009
9	Rita Simonton	GWSC	3:34.99	1984
10	Carole Borland	OJAI	3:38.40	2009
National Record:				
	Penny Noyes		2:29.52	2019

400 YARD INDIVIDUAL MEDLEY

1	Christie Ciraulo	UCLA	6:07.33	2019
2	Beverly Meteyer	MVN	6:51.08	2012
3	Malchia Olshan	OSB	7:33.05	1996
4	Maxine Merlino	LBSC	7:33.78	1979
5	Jessica Seaton	WH2O	7:34.27	2018
6	Rita Simonton	LBM	7:36.52	1984
7	Sandy Stinson	CENT	7:36.88	1988
8	Helen Geoffrion	UCLA	7:40.01	2004
9	Wendy Scherwat Ducourneau	TSTT	7:50.03	2017
10	Peggy McDowell-Cramer	UNAT	7:56.50	2009
National Record:				
	Laura Val		5:21.70	2017

65-69 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Jeff Farrell	OSB	23.66	2002
2	Bruce Williams	VCM	24.03	2019
3	Glenn Gruber	VCM	24.66	2015
4	Peter O'Keefe	UCLA	25.67	2017
5	Robert Strand	ROSE	25.84	2012
6	Frank Piemme	SCAQ	25.91	1991
7	Hubie Kerns	VCM	25.93	2015
8	Bruce Rollins	VCM	26.00	2016
9	Tom Coultas	ROSE	26.09	2020
10	Tom Angell	NOVA	26.62	2008
National Record:				
	Richard Abrahams		22.10	2010

100 YARD FREESTYLE

1	Bruce Williams	VCM	53.19	2019
2	Jeff Farrell	OSB	54.43	2002
3	Glenn Gruber	VCM	54.72	2016
4	Peter O'Keefe	VCM	55.71	2018
5	Frank Piemme	SCAQ	55.73	1990
6	Bruce Rollins	VCM	57.73	2016
7	Robert Strand	ROSE	57.74	2012
8	Hubie Kerns	VCM	59.00	2014
9	Richard Reeder	NOVA	59.19	2018
10	Robert Rosen	CVMM	59.90	2016
National Record:				
	Richard Abrahams		49.42	2010

200 YARD FREESTYLE

1	Jeff Farrell	OSB	2:01.22	2002
2	Glenn Gruber	VCM	2:01.64	2015
3	Jim McConica	VCM	2:04.64	2016
4	Scott Townsend	LVM	2:09.56	2019
5	Hubie Kerns	VCM	2:10.80	2014
6	Richard Reeder	NOVA	2:14.73	2018
7	Peter O'Keefe	UNAT	2:15.67	2018
8	Larry Raffaelli	VCM	2:18.17	2008
9	Bruce Rollins	VCM	2:18.25	2016
10	Frank Piemme	SCAQ	2:18.78	1991
National Record:				
	Rick Colella		1:52.57	2017

500 YARD FREESTYLE

1	Jim McConica	VCM	5:29.10	2016
2	Glenn Gruber	VCM	5:40.74	2015
3	Scott Townsend	LVM	5:46.62	2019
4	Hubie Kerns	VCM	5:51.51	2017
5	Dick Stewart	NOVA	5:54.90	2006
6	Larry Raffaelli	VCM	6:10.83	2008
7	Frank Piemme	SCAQ	6:15.85	1991
8	Tegze Haraszti	HBSC	6:25.02	2008
9	Robert Rosen	CVMM	6:25.79	2018
10	Buddy Belshe	HBSC	6:26.76	1999
National Record:				
	Rick Colella		5:05.44	2017

1000 YARD FREESTYLE

1	Jim McConica	VCM	11:23.13	2016
2	Hubie Kerns	VCM	11:57.44	2015
3	Glenn Gruber	VCM	12:06.34	2015
4	Dick Stewart	NOVA	12:10.43	2007
5	Larry Raffaelli	VCM	12:33.28	2009
6	Tegze Haraszti	HBSC	12:59.81	2008
7	Frank Piemme	SCAQ	13:08.36	1991
8	Eric Anderson	LAPS	13:14.01	2011
9	Robert Rosen	CVMM	13:15.25	2016
10	Buddy Belshe	HBSC	13:17.79	2001
National Record:				
	Jim McConica		11:23.13	2016

1650 YARD FREESTYLE

1	Jim McConica	VCM	19:07.86	2017
2	Hubie Kerns	VCM	20:26.11	2017
3	Larry Raffaelli	VCM	21:03.63	2009
4	Frank Piemme	SCAQ	22:00.93	1991
5	Buddy Belshe	HBSC	22:01.70	2001
6	David Foote	VCM	22:17.88	2017
7	Robert Rosen	CVMM	22:38.52	2017
8	Bart Bleuel	VCM	22:49.95	2009
9	Will Rauch	CLVM	22:50.31	2003
10	Charles Larson	WH2O	23:04.40	2019
National Record:				
	Jim Clemmons		19:07.81	2015

50 YARD BACKSTROKE

1	Bruce Williams	VCM	28.70	2019
2	Peter O'Keefe	VCM	28.75	2018
3	Jim McConica	VCM	30.56	2016
4	Steven Heck	VCM	30.83	2020
5	Robert Strand	ROSE	31.05	2011
6	Hubie Kerns	VCM	31.56	2015
7	Mike Selna	NOVA	31.91	2014
8	Jeff Farrell	OSB	31.92	2002
9	Larry Raffaelli	VCM	32.07	2008
10	Scott Townsend	LVM	32.17	2019
National Record:				
	Richard Abrahams		27.74	2010

100 YARD BACKSTROKE

1	Peter O'Keefe	VCM	1:03.41	2018
2	Jim McConica	VCM	1:05.94	2016
3	Hubie Kerns	VCM	1:07.11	2016
4	Steven Heck	VCM	1:07.24	2020
5	Mike Selna	NOVA	1:08.41	2014
6	Scott Townsend	LVM	1:10.72	2020
7	Larry Raffaelli	VCM	1:11.25	2008
8	Tegze Haraszti	HBSC	1:12.40	2007
9	Tom Olson	VCM	1:13.64	2016
10	Erik Sterne	ROSE	1:14.97	2018
National Record:				
	Hugh Wilder		59.62	2013

200 YARD BACKSTROKE

1	Jim McConica	VCM	2:19.59	2016
2	Scott Townsend	LAPS	2:25.08	2019
3	Hubie Kerns	VCM	2:26.93	2015
4	Peter O'Keefe	VCM	2:27.86	2018
5	Mike Selna	NOVA	2:29.63	2014
6	Glenn Gruber	VCM	2:34.84	2015
7	Steven Heck	VCM	2:35.42	2020
8	Tegze Haraszti	UNAT	2:36.64	2009
9	Larry Raffaelli	VCM	2:39.27	2008
10	Tom Olson	VCM	2:43.62	2019
National Record:				
	Lawrence Day		2:15.61	2018

50 YARD BREASTSTROKE

1	Robert Strand	ROSE	30.53	2013
2	Hubie Kerns	VCM	31.70	2015
3	Clive Edwards	CVMM	32.53	2019
4	Jeff Farrell	SBM	33.28	2003
5	Glenn Gruber	VCM	34.77	2015
6	Bruce Rollins	VCM	34.88	2016
7	Donald Hester	SAM	34.93	1993
8	Reg Richardson	SBSC	35.02	1978
9	Rick Goeden	OJAI	35.23	2013
10	John Derr	VCM	35.30	2015
National Record:				
	Rick Colella		28.88	2018

100 YARD BREASTSTROKE

1	Robert Strand	ROSE	1:07.35	2013
2	Hubie Kerns	VCM	1:09.87	2015
3	Clive Edwards	CVMM	1:16.00	2019
4	Mike Selna	NOVA	1:17.30	2015
5	Donald Hester	SAM	1:17.71	1993
6	John Derr	VCM	1:18.68	2015
7	Bruce Rollins	VCM	1:19.15	2016
8	Michael Wood	VCM	1:19.23	2009
9	Lee Arth	SCAQ	1:20.09	1990
10	Fred Leipziger	CLVM	1:20.53	1994
National Record:				
	Rick Colella		1:02.75	2017

200 YARD BREASTSTROKE

1	Robert Strand	ROSE	2:30.17	2011
2	Hubie Kerns	VCM	2:35.00	2016
3	Mike Selna	NOVA	2:47.86	2014
4	John Derr	VCM	2:51.45	2015
5	Dick Stewart	NOVA	2:52.05	2007
6	Patrick Schlup	MVN	2:53.18	2010
7	Clive Edwards	CVMM	2:56.17	2019
8	Bruce Rollins	VCM	2:56.97	2016
9	Lee Arth	SCAQ	2:58.96	1990
10	Donald Hester	SAM	3:00.70	1993
National Record:				
	Rick Colella		2:16.70	2017

50 YARD BUTTERFLY

1	Bruce Williams	VCM	26.61	2019
2	Peter O'Keefe	VCM	26.96	2018
3	Glenn Gruber	VCM	27.47	2018
4	Jeff Farrell	OSB	27.90	2002
5	Robert Strand	ROSE	28.96	2011
6	Hubie Kerns	VCM	29.00	2015
7	Rick Goeden	OJAI	29.38	2013
8	Frank Piemme	SCAQ	29.42	1991
9	Erik Sterne	ROSE	29.86	2018
10	John Derr	VCM	29.90	2015
National Record:				
	Richard Abrahams		24.94	2010

100 YARD BUTTERFLY

1	Bruce Williams	VCM	1:01.95	2019
2	Hubie Kerns	VCM	1:02.67	2015
3	Glenn Gruber	VCM	1:03.28	2016
4	Jeff Farrell	SBM	1:06.42	2003
5	Dick Stewart	NOVA	1:07.05	2006
6	Erik Sterne	ROSE	1:10.37	2018
7	Mark Buckley	CVMM	1:10.43	2019
8	Steven Van Nort	LAPS	1:15.11	2017
9	Frank Piemme	SCAQ	1:15.85	1991
10	Robert Rosen	CVMM	1:16.65	2017
National Record:				
	Richard Abrahams		56.36	2010

200 YARD BUTTERFLY

1	Hubie Kerns	VCM	2:29.83	2015
2	Bruce Rollins	VCM	2:53.72	2019
3	Lee Arth	SCAQ	2:58.29	1991
4	Mark Buckley	CVMM	3:03.16	2019
5	Larry Raffaelli	VCM	3:05.08	2008
6	Charles Larson	WH2O	3:06.08	2018
7	Walter Pfeiffer	CALT	3:07.48	1979
8	Buddy Belshe	HBSC	3:10.31	1999
9	Erik Sterne	ROSE	3:17.12	2018
10	Herbert Nakama	IMS	3:19.57	1997
National Record:				
	Rick Colella		2:08.94	2017

100 YARD INDIVIDUAL MEDLEY

1	Robert Strand	ROSE	1:02.86	2012
2	Hubie Kerns	VCM	1:03.08	2015
3	Jeff Farrell	OJAI	1:03.54	2002
4	Steven Heck	VCM	1:05.43	2020
5	Glenn Gruber	VCM	1:05.46	2017
6	Peter O'Keefe	UNAT	1:08.48	2018
7	Jim McConica	VCM	1:08.84	2017
8	Mike Selna	NOVA	1:08.99	2014
9	Frank Piemme	SCAQ	1:10.35	1993
10	John Derr	VCM	1:11.19	2015
National Record:				
	Rick Colella		57.37	2019

200 YARD INDIVIDUAL MEDLEY

1	Hubie Kerns	VCM	2:19.54	2015
2	Robert Strand	ROSE	2:21.87	2011
3	Jeff Farrell	OJAI	2:24.24	2002
4	Steven Heck	VCM	2:26.46	2020
5	Dick Stewart	NOVA	2:34.64	2006
6	Tom Mitchell	UNAT	2:38.22	2003
7	Frank Piemme	SCAQ	2:38.37	1991
8	Tegze Haraszti	HBSC	2:38.77	2008
9	Peter O'Keefe	UNAT	2:39.97	2018
10	David Johannsen	SBM	2:46.14	2020
National Record:				
	Rick Colella		2:03.63	2017

400 YARD INDIVIDUAL MEDLEY

1	Hubie Kerns	VCM	5:11.42	2017
2	Steven Heck	VCM	5:37.47	2020
3	Dick Stewart	NOVA	5:39.39	2006
4	Frank Piemme	SCAQ	5:45.80	1991
5	Bruce Rollins	VCM	5:52.21	2016
6	Buddy Belshe	HBSC	5:57.55	2001
7	Lee Arth	SCAQ	6:02.03	1991
8	Eric Anderson	LAPS	6:07.33	2011
9	Gregory Willis	LAPS	6:17.71	2014
10	Walter Pfeiffer	IHAC	6:25.16	1981
National Record:				
	Rick Colella		4:30.64	2018

70-74 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Beverly Montrella	MVN	31.79	2018
2	Jeanne Little	MVN	33.61	2010
3	Jan Levinrad	WH2O	35.17	2018
4	Diane Smith	CVMM	35.35	2018
5	Ruth Baar	OSB	36.41	1994
6	Maxine Merlino	LBM	37.59	1984
7	Gay Collins	OSB	39.10	2001
8	Pat Fruin	MMM	39.28	2014
9	Helen Geoffrion	UCLA	39.36	2009
10	Reiko Duba	UNAT	39.59	2017
National Record:				
	Margaret Toppel		28.72	2018

100 YARD FREESTYLE

1	Jeanne Little	MVN	1:15.85	2010
2	Beverly Montrella	MVN	1:15.96	2018
3	Jan Levinrad	MVN	1:22.11	2021
4	Diane Smith	CVMM	1:22.73	2015
5	Ruth Baar	OSB	1:23.29	1994
6	Grace Altus	OSB	1:26.88	1994
7	Maxine Merlino	MMSC	1:27.28	1985
8	Dorothy LaChasse	OSB	1:27.84	1995
9	Pat Fruin	MMM	1:28.12	2014
10	Ellen Shockro	UCLA	1:28.80	2014
National Record:				
	Charlotte Davis		1:03.48	2021

200 YARD FREESTYLE

1	Beverly Montrella	MVN	2:48.17	2018
2	Jan Levinrad	MVN	2:54.86	2021
3	Jeanne Little	MVN	2:55.61	2010
4	Ruth Baar	OSB	3:08.43	1996
5	Grace Altus	OSB	3:09.26	1994
6	Rita Simonton	GWSC	3:09.43	1992
7	Diane Smith	CVMM	3:13.99	2018
8	Ellen Shockro	UCLA	3:24.45	2014
9	Maxine Merlino	MMSC	3:17.17	1985
10	Dionne Caldwell	NOVA	3:18.80	2005
National Record:				
	Charlotte Davis		2:21.31	2021

500 YARD FREESTYLE

1	Beverly Montrella	MVN	7:26.94	2018
2	Rita Simonton	GWSC	8:09.64	1992
3	Grace Altus	OSB	8:12.28	1994
4	Pat Fruin	MMM	8:24.18	2014
5	Jeanne Little	MVN	8:24.67	2010
6	Maxine Merlino	LBM	8:33.46	1983
7	Dionne Caldwell	NOVA	8:36.32	2005
8	Helen Geoffrion	UCLA	8:36.33	2009
9	Ellen Shockro	UCLA	8:39.07	2014
10	Nancy Stanbury	LBG	8:40.46	2020
National Record:				
	Cecilia McCloskey		6:25.43	2020

1000 YARD FREESTYLE

1	Beverly Montrella	MVN	15:13.25	2018
2	Grace Altus	OSB	16:26.33	1994
3	Jeanne Little	MVN	16:59.93	2010
4	Rita Simonton	GWSC	17:01.69	1992
5	Pat Fruin	MMM	17:08.72	2014
6	Helen Geoffrion	UCLA	17:28.92	2009
7	Nancy Stanbury	LBG	17:57.29	2020
8	Ellen Shockro	UCLA	18:00.09	2014
9	Maxine Merlino	MMSC	18:12.99	1985
10	Maurine Kornfeld	CM	18:38.66	1994
National Record:				
	Cecilia McCloskey		13:35.83	2020

1650 YARD FREESTYLE

1	Beverly Montrella	MVN	25:26.15	2017
2	Grace Altus	OSB	27:19.29	1994
3	Rita Simonton	GWSC	28:05.85	1991
4	Helen Geoffrion	UCLA	28:59.28	2009
5	Dionne Caldwell	NOVA	29:23.24	2005
6	Ellen Shockro	UCLA	29:58.52	2014
7	Maxine Merlino	MMSC	30:15.38	1985
8	Peggy Sanborn	OSB	32:43.52	1999
9	Sophia Rehman	UNAT	34:39.78	1986
10	Lois Goodman	UNAT	34:51.57	2017
National Record:				
	Cecilia McCloskey		22:25.77	2020

50 YARD BACKSTROKE

1	Beverly Montrella	MVN	39.48	2018
2	Dorothy LaChasse	OSB	44.16	1995
3	Jan Levinrad	WH2O	44.37	2018
4	Diane Smith	CVMM	44.47	2015
5	Maxine Merlino	LBM	47.23	1984
6	Eugenia Gregoire	CVYM	47.49	2006
7	Gay Collins	OSB	48.80	2001
8	Peggy Sanborn	OJAI	50.25	1999
9	Margaret Samson	CPM	51.14	1987
10	Dionne Caldwell	NOVA	51.26	2006
National Record:				
	Cecilia McCloskey		32.57	2020

100 YARD BACKSTROKE

1	Beverly Montrella	MVN	1:25.35	2018
2	Jan Levinrad	MVN	1:40.56	2021
3	Maxine Merlino	LBM	1:42.04	1984
4	Diane Smith	CVMM	1:42.70	2015
5	Peggy Sanborn	OSB	1:44.92	1999
6	Gay Collins	OSB	1:48.26	2001
7	Eugenia Gregoire	FMST	1:51.86	2009
8	Ruth Farnham	OSB	1:52.08	2000
9	Mona Scharf	UNAT	1:54.52	1983
10	Lois Goodman	UNAT	1:56.52	2017
National Record:				
	Cecilia McCloskey		1:10.44	2020

200 YARD BACKSTROKE

1	Beverly Montrella	MVN	3:11.66	2018
2	Dorothy LaChasse	OSB	3:30.83	1995
3	Maxine Merlino	LBM	3:42.60	1983
4	Peggy Sanborn	OSB	3:44.30	1999
5	Gay Collins	OSB	3:50.94	2001
6	Mona Scharf	UNAT	3:54.57	1983
7	Ruth Farnham	OSB	3:56.55	2000
8	Margaret Samson	CPM	4:02.82	1987
9	Lois Goodman	UCLA	4:06.71	2017
10	Sylvia Glenn	OJAI	4:13.19	2008
National Record:				
	Cecilia McCloskey		2:34.54	2020

50 YARD BREASTSTROKE

1	Beverly Montrella	MVN	44.78	2017
2	Helen Geoffrion	UCLA	47.69	2009
3	Diane Smith	CVMM	48.08	2015
4	Mickey Shockley	SLUG	48.14	1999
5	Nancy Stanbury	LBG	48.31	2020
6	Maggie Mors	OSB	49.77	1997
7	Maxine Merlino	MMSC	51.14	1985
8	Margaret Samson	CPMC	55.84	1987
9	Irene Van Vorst	LBM	55.94	1984
10	Ellen Shockro	UCLA	56.15	2014
National Record:				
	Dale Barnhard		39.44	2017

100 YARD BREASTSTROKE

1	Beverly Montrella	MVN	1:40.23	2017
2	Mickey Shockley	SLUG	1:45.48	1999
3	Nancy Stanbury	LBG	1:50.39	2020
4	Diane Smith	CVMM	1:50.40	2017
5	Maxine Merlino	LBM	1:51.00	1984
6	Maggie Mors	OSB	1:52.66	1997
7	Helen Geoffrion	UCLA	1:54.77	2009
8	Rita Simonton	GWSC	1:56.60	1990
9	Carol Caldwell	LVM	2:02.83	2017
10	Eleanor Brown	OSB	2:08.85	1998
National Record:				
	Dana Brown		1:25.63	2018

50 YARD BUTTERFLY

1	Jeanne Little	MVN	39.51	2010
2	Beverly Montrella	MVN	43.05	2017
3	Jan Levinrad	MVN	46.73	2021
4	Diane Smith	NOVA	49.54	2006
5	Gay Collins	OSB	49.63	2001
6	Ellen Shockro	UCLA	49.86	2014
7	Nancy Stanbury	LBG	50.01	2020
8	Maxine Merlino	LBM	50.05	1983
9	Helen Geoffrion	UCLA	50.31	2009
10	Grace Altus	OSB	50.34	1994
National Record:				
	Cecelia McCloskey		31.61	2020

200 YARD BUTTERFLY

1	Rita Simonton	GWSC	3:54.08	1991
2	Beverly Montrella	MVN	3:58.19	2018
3	Maxine Merlino	LBM	4:06.22	1983
4	Helen Geoffrion	UCLA	4:34.46	2009
5	Glor	CM	4:56.63	1995
6	Kathy Dixon	IHAC	5:37.90	1979
7	Renate Winkler	UCLA	5:44.67	2008
8	Anita Cole	LBG	12:06.08	2018
9				
10				
National Record:				
	Margot Pettijohn		3:07.31	2016

200 YARD INDIVIDUAL MEDLEY

1	Beverly Montrella	MVN	3:13.17	2018
2	Rita Simonton	GWSC	3:36.46	1990
3	Maxine Merlino	LBM	3:39.02	1983
4	Helen Geoffrion	UCLA	3:50.26	2009
5	Nancy Stanbury	LBG	3:57.90	2020
6	Gay Collins	OSB	4:05.53	2002
7	Grace Altus	OSB	4:07.95	1995
8	Renate Winkler	UCLA	4:24.11	2008
9	Eleanor Brown	OSB	4:46.88	1998
10	Gail Fieno	LVM	4:53.97	2014
National Record:				
	Cecilia McCloskey		2:42.60	2020

200 YARD BREASTSTROKE

1	Beverly Montrella	MVN	3:39.30	2018
2	Mickey Shockley	SLUG	3:52.10	1999
3	Maxine Merlino	LBM	3:55.78	1984
4	Nancy Stanbury	LBG	3:57.51	2020
5	Rita Simonton	GWSC	3:57.79	1990
6	Helen Geoffrion	UCLA	4:15.64	2009
7	Carol Caldwell	LVM	4:29.12	2017
8	Margaret Samson	CPM	4:29.55	1987
9	Eleanor Brown	OSB	4:36.79	1998
10	Renate Winkler	UCLA	4:38.36	2008
National Record:				
	Joann Leilich		3:07.28	2009

100 YARD BUTTERFLY

1	Beverly Montrella	MVN	1:46.66	2018
2	Maxine Merlino	LBM	1:50.43	1983
3	Nancy Stanbury	LBG	1:53.42	2020
4	Helen Geoffrion	UCLA	2:02.42	2009
5	Grace Altus	OSB	2:09.62	1994
6	Katherine Pelton	IHAC	2:31.86	1978
7	Gail Fieno	LVM	2:35.48	2014
8	Gretchen Docter	SBSC	2:36.47	1980
9	Ruth Ridenour	SBSC	2:43.36	1986
10	Anita Cole	LBG	4:35.32	2018
National Record:				
	Margot Pettijohn		1:23.83	2016

100 YARD INDIVIDUAL MEDLEY

1	Beverly Montrella	MVN	1:24.21	2018
2	Maxine Merlino	LBM	1:40.26	1984
3	Diane Smith	CVMM	1:40.95	2015
4	Rita Simonton	GWSC	1:44.16	1990
5	Mickey Shockley	SLUG	1:46.35	1999
6	Gay Collins	OSB	1:49.62	2001
7	Helen Geoffrion	UCLA	1:50.32	2009
8	Nancy Stanbury	LBG	1:50.83	2020
9	Jeanne Little	MVN	1:52.00	2012
10	Ellen Shockro	UCLA	1:53.43	2014
National Record:				
	Cecilia McCloskey		1:13.33	2020

400 YARD INDIVIDUAL MEDLEY

1	Beverly Montrella	MVN	7:15.12	2018
2	Maxine Merlino	LBM	7:36.45	1983
3	Rita Simonton	GWSC	7:48.57	1991
4	Helen Geoffrion	UCLA	7:59.23	2009
5	Grace Altus	OSB	8:47.68	1994
6	Gloria Marienthal	CM	9:11.31	1995
7	Ruth Ridenour	SBSC	10:28.64	1986
8	Gretchen Docter	SBSC	10:35.56	1980
9	Katherine Pelton	IHAC	12:10.05	1979
10	Anita Cole	LBG	15:25.02	2018
National Record:				
	Cecilia McCloskey		5:53.25	2020

70-74 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Jeff Farrell	SBM	24.13	2008
2	Glenn Gruber	VCM	25.87	2020
3	Frank Piemme	OSB	26.70	1998
4	Tom Angell	NOVA	27.04	2010
5	Mike Freshley	ROSE	27.41	2015
6	Hubie Kerns	VCM	28.18	2020
7	Larry Raffaelli	VCM	28.68	2013
8	Woody Bowersock	LBM	28.80	1984
9	Robert Scoles	SBAY	29.05	1992
10	Bob Congelliere	SCAQ	29.06	1999
National Record:				
	Jeff Farrell		24.13	2008

100 YARD FREESTYLE

1	Jeff Farrell	SBM	56.05	2008
2	Glenn Gruber	VCM	57.55	2020
3	Frank Piemme	OSB	1:00.80	1995
4	Hubie Kerns	VCM	1:01.54	2020
5	Mike Freshley	ROSE	1:01.75	2016
6	Van Cochran	MVN	1:05.15	2021
7	Will Rauch	LVM	1:05.16	2009
8	Dave Scott	MYST	1:05.56	2018
9	John Bell	UNAT	1:06.63	2013
10	Jurgen Schmidt	SCAQ	1:06.75	1994
National Record:				
	Richard Abrahams		54.58	2015

200 YARD FREESTYLE

1	Jeff Farrell	SBAY	2:10.25	2007
2	Glenn Gruber	VCM	2:11.53	2020
3	Hubie Kerns	VCM	2:14.36	2020
4	Frank Piemme	OSB	2:17.64	1995
5	Dick Stewart	MVN	2:22.39	2010
6	Patrick Wickens	SOBA	2:23.16	2011
7	Mike Freshley	ROSE	2:23.21	2016
8	Van Cochran	MVN	2:26.95	2021
9	Eric Anderson	LAPS	2:27.76	2017
10	Will Rauch	CLVM	2:28.31	2005
National Record:				
	Fred Schlichter		2:05.33	2019

500 YARD FREESTYLE

1	Dick Stewart	MVN	5:58.79	2010
2	Hubie Kerns	UC33	6:19.67	2021
3	Frank Piemme	OSB	6:25.12	1995
4	Buddy Belshe	HBSC	6:35.63	2004
5	Will Rauch	CLVM	6:50.69	2005
6	Van Cochran	MVN	6:56.00	2021
7	Jurgen Schmidt	SCAQ	6:56.14	1993
8	Larry Raffaelli	VCM	6:56.57	2013
9	Lee Arth	UNAT	7:04.52	1995
10	George Carey	UNAT	7:11.34	2013
National Record:				
	Dan Kirkland		5:41.21	2018

1000 YARD FREESTYLE

1	Dick Stewart	MVN	12:19.89	2010
2	Frank Piemme	OSB	13:11.09	1995
3	Buddy Belshe	HBSC	13:46.97	2004
4	Van Cochran	MVN	14:02.43	2021
5	Jurgen Schmidt	SCAQ	14:16.87	1993
6	Larry Raffaelli	VCM	14:18.70	2013
7	Will Rauch	CLVM	14:21.85	2005
8	Patrick Wickens	SOBA	14:36.73	2011
9	Lee Arth	UNAT	14:44.84	1995
10	George Carey	VCM	15:01.93	2014
National Record:				
	Dan Kirkland		11:46.94	2019

1650 YARD FREESTYLE

1	Dick Stewart	MVN	22:28.37	2011
2	Patrick Wickens	SOBA	22:36.17	2011
3	Frank Freeman	OSB	22:49.30	1995
4	Van Cochran	MVN	23:19.66	2021
5	Will Rauch	CLVM	23:28.01	2005
6	Lee Arth	UNAT	23:46.74	1995
7	Larry Raffaelli	VCM	23:50.04	2014
8	Jurgen Schmidt	SCAQ	24:26.26	1993
9	Frank Freeman	CVMM	25:14.68	2017
10	Robert Bergstrom	FMT	25:15.70	2011
National Record:				
	Dan Kirkland		19:46.98	2019

50 YARD BACKSTROKE

1	Jeff Farrell	SBM	32.22	2008
2	Hubie Kerns	VCM	33.01	2020
3	Mike Selna	RIPT	33.63	2019
4	Mike Freshley	ROSE	34.12	2015
5	Larry Raffaelli	VCM	35.21	2013
6	Frank Piemme	OSB	35.95	1995
7	Stan McConnell	HBSC	36.26	2002
8	Michael Connellan	NOVA	36.38	2017
9	George Bailey	UNAT	37.39	2008
10	Paulo Figueriedo	WH2O	37.39	2018
National Record:				
	Richard Burns		29.72	2015

100 YARD BACKSTROKE

1	Mike Selna	RIPT	1:11.55	2019
2	Hubie Kerns	VCM	1:12.46	2020
3	Glenn Gruber	VCM	1:12.82	2020
4	Ernest Van Horn	LBM	1:15.04	1990
5	Mike Freshley	ROSE	1:15.81	2016
6	Stan McConnell	HBSC	1:19.29	2002
7	Larry Raffaelli	VCM	1:21.62	2013
8	George Brinton	SCAQ	1:23.16	1995
9	Paulo Figueriedo	WH2O	1:23.24	2018
10	Everett Smethurst	NOVA	1:23.32	2006
National Record:				
	Lawrence Day		1:04.22	2021

200 YARD BACKSTROKE

1	Hubie Kerns	VCM	2:35.39	2020
2	Mike Selna	RIPT	2:38.83	2019
3	Stan McConnell	HBSC	2:52.52	2002
4	Larry Raffaelli	VCM	2:55.53	2013
5	Lee Arth	UNAT	2:59.24	1996
6	George Brinton	SCAQ	3:01.97	1995
7	Will Rauch	CLVM	3:05.42	2007
8	George Carey	VCM	3:05.84	2014
9	Everett Smethurst	NOVA	3:08.75	2005
10	Eric Hubach	CROC	3:09.29	2007
National Record:				
	Lawrence Day		2:20.57	2021

50 YARD BREASTSTROKE

1	Jeff Farrell	SBAY	33.43	2008
2	Hubie Kerns	VCM	34.62	2020
3	John Derr	VCM	35.33	2019
4	Mike Freshley	ROSE	35.49	2016
5	Dick Stewart	MVN	37.15	2010
6	Fred Leipziger	CLVM	37.66	1999
7	James Vernon	UNAT	37.80	2020
8	Frank Freeman	OSB	38.02	1995
9	Lloyd Johnson	CVMM	38.68	2013
10	George Bailey	UNAT	39.12	2008
National Record:				
	Robert Strand		31.70	2016

100 YARD BREASTSTROKE

1	Mike Freshley	ROSE	1:17.95	2016
2	Hubie Kerns	UC33	1:18.04	2021
3	John Derr	VCM	1:20.37	2019
4	Dick Stewart	MVN	1:21.45	2011
5	Mike Selna	RIPT	1:22.03	2019
6	Bob Congelliere	SCAQ	1:24.10	1991
7	Fred Leipziger	CLVM	1:26.22	1998
8	D Michael Duggan	NOVA	1:26.26	2020
9	Frank Piemme	OSB	1:26.30	1997
10	Lee Arth	UNAT	1:26.46	1995
National Record:				
	Robert Wright		1:09.14	2021

200 YARD BREASTSTROKE

1	Mike Freshley	ROSE	2:50.38	2015
2	Hubie Kerns	UC33	2:55.17	2021
3	Mike Selna	RIPT	3:00.69	2019
4	Frank Freeman	OSB	3:04.49	1996
5	John Derr	VCM	3:07.04	2019
6	Bob Merrick	SCAQ	3:08.99	1991
7	Lee Arth	UNAT	3:10.04	1995
8	Walter Pfeiffer	IHAC	3:12.05	1984
9	Fred Leipziger	CLVM	3:18.12	1998
10	Rufus Clark	IHAC	3:18.34	1981
National Record:				
	Robert Strand		2:35.66	2016

50 YARD BUTTERFLY

1	Jeff Farrell	SBM	29.39	2008
2	Glenn Gruber	VCM	29.47	2020
3	Frank Piemme	OSB	30.21	1998
4	Hubie Kerns	VCM	30.37	2020
5	Mike Freshley	ROSE	30.53	2016
6	John Derr	VCM	30.66	2019
7	Dick Stewart	MVN	32.62	2010
8	Jurgen Schmidt	SCAQ	32.92	1994
9	John Bell	UNAT	33.47	2013
10	Chuck Babcock	UNAT	33.48	2012
National Record:				
	Richard Abrahams		26.92	2015

100 YARD BUTTERFLY

1	Glenn Gruber	VCM	1:08.21	2020
2	Hubie Kerns	VCM	1:08.33	2020
3	Dick Stewart	MVN	1:09.38	2010
4	Mike Selna	RIPT	1:12.03	2019
5	Frank Freeman	OSB	1:15.97	1995
6	Eric Miller	LBG	1:19.00	2020
7	Mike Freshley	ROSE	1:20.36	2015
8	Parry O'Brien	SWM	1:25.31	2004
9	Walter Pfeiffer	IHAC	1:25.89	1984
10	Lee Arth	UNAT	1:28.41	1996
National Record:				
	Lawrence Day		1:00.70	2021

200 YARD BUTTERFLY

1	Eric Miller	LBG	3:07.68	2020
2	Lee Arth	UNAT	3:13.58	1995
3	Walter Pfeiffer	IHAC	3:19.85	1984
4	John Stinson	CENT	3:34.04	1985
5	Parry O'Brien	SWM	3:34.95	2004
6	Tom Mitchell	UNAT	3:39.45	2004
7	Neal Weiner	WH2O	3:42.00	2015
8	Ed Nelson	LAPS	3:50.98	2011
9	Pater Ronay	ROSE	3:55.76	2013
10	Larry Raffaelli	VCM	4:00.07	2017
National Record:				
	Lawrence Day		2:27.05	2021

100 YARD INDIVIDUAL MEDLEY

1	Jeff Farrell	SBM	1:06.94	2008
2	Glenn Gruber	VCM	1:07.43	2020
3	Hubie Kerns	VCM	1:08.73	2020
4	Mike Freshley	ROSE	1:10.24	2015
5	Frank Freeman	OSB	1:11.72	1995
6	Mike Selna	RIPT	1:12.03	2019
7	John Derr	VCM	1:14.94	2019
8	Fred Leipziger	CLVM	1:17.14	1999
9	George Bailey	UNAT	1:17.39	2008
10	Bob Merrick	SCAQ	1:18.18	1991
National Record:				
	Andrew McPherson		1:04.77	2017

200 YARD INDIVIDUAL MEDLEY

1	Dick Stewart	MVN	2:39.43	2010
2	Mike Freshley	ROSE	2:40.71	2016
3	Frank Piemme	OSB	2:47.74	1996
4	Lee Arth	UNAT	2:55.84	1995
5	George Carey	VCM	2:57.87	2014
6	Walter Pfeiffer	IHAC	2:57.93	1984
7	Eric Anderson	LAPS	2:58.32	2017
8	Bob Congelliere	SCAQ	2:59.08	1991
9	Jurgen Schmidt	SCAQ	2:59.65	1993
10	Eric Miller	LBG	3:01.76	2020
National Record:				
	Alek Shestakov		2:24.56	2019

400 YARD INDIVIDUAL MEDLEY

1	Mike Freshley	ROSE	5:56.08	2015
2	Frank Freeman	OSB	6:05.24	1995
3	Lee Arth	UNAT	6:15.71	1995
4	Eric Miller	LBG	6:29.07	2020
5	Walter Pfeiffer	IHAC	6:30.20	1984
6	Tom Mitchell	UNAT	6:50.19	2004
7	Bob Merrick	CM	6:59.16	1994
8	Stan McConnell	HBSC	7:02.23	2004
9	Peter Ronay	ROSE	7:03.09	2014
10	John Stinson	CENT	7:11.76	1985
National Record:				
	Alek Shestakov		5:09.21	2019

75-79 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Jeanne Little	MVN	34.27	2012
2	Ruth Baar	OSB	37.98	1999
3	Maxine Merlino	UNAT	40.22	1988
4	Dionne Caldwell	NOVA	40.28	2009
5	Rita Simonton	GWSC	42.30	1997
6	Margrit Graef	MVN	44.00	2010
7	Maurine Kornfeld	CM	44.23	1998
8	Ellen Shockro	ROSE	44.75	2018
9	Grace Altus	OSB	44.85	1999
10	Ellen Shockro	NOVA	45.91	2020
National Record:				
	Gail Roper		33.87	2005

100 YARD FREESTYLE

1	Jeanne Little	MVN	1:21.12	2013
2	Ruth Baar	OSB	1:27.79	1999
3	Rita Simonton	GWSC	1:27.91	1994
4	Dionne Caldwell	NOVA	1:31.52	2012
5	Grace Altus	OSB	1:35.86	2000
6	Ellen Shockro	ROSE	1:38.15	2018
7	Maxine Merlino	LBM	1:39.50	1990
8	Maurine Kornfeld	CM	1:42.63	1997
9	Margrit Graef	MVN	1:44.44	2007
10	Sylvia Glenn	OJAI	1:58.27	2014
National Record:				
	Gail Roper		1:16.23	2005

200 YARD FREESTYLE

1	Jeanne Little	MVN	3:02.72	2012
2	Rita Simonton	GWSC	3:14.47	1994
3	Ruth Baar	OSB	3:15.10	1999
4	Dionne Caldwell	NOVA	3:19.59	2009
5	Grace Altus	OSB	3:24.74	1999
6	Ellen Shockro	ROSE	3:29.32	2018
7	Maurine Kornfeld	CM	3:39.37	1998
8	Peggy Sanborn	SBM	3:53.47	2003
9	Margrit Graef	MVN	3:53.50	2008
10	Sylvia Glenn	OJAI	4:12.35	2014
National Record:				
	Ronnie Kamphausen		2:53.05	2009

500 YARD FREESTYLE

1	Rita Simonton	GWSC	8:22.65	1994
2	Grace Altus	OSB	8:46.94	1999
3	Dionne Caldwell	NOVA	8:50.14	2009
4	Maxine Merlino	UNAT	9:24.48	1988
5	Ellen Shockro	ROSE	9:25.52	2018
6	Maurine Kornfeld	CM	9:36.75	1997
7	Peggy Sanborn	SBM	9:54.80	2003
8	Sylvia Glenn	OJAI	10:41.46	2014
9	Elizabeth Mauric	SDMS	11:33.21	1980
10	Becky Whitehead	BGWM	11:53.51	2014
National Record:				
	Ronnie Kamphausen		7:32.58	2009

1000 YARD FREESTYLE

1	Rita Simonton	GWSC	17:30.22	1994
2	Grace Altus	OSB	18:08.70	2000
3	Dionne Caldwell	NOVA	19:00.97	2009
4	Maxine Merlino	UNAT	19:04.58	1988
5	Ellen Shockro	ROSE	19:23.13	2018
6	Maurine Kornfeld	CM	20:39.32	1999
7	Peggy Sanborn	SBM	22:02.42	2007
8	Sylvia Glenn	OJAI	22:48.05	2014
9	Ruth Ridenour	SBSC	25:32.67	1991
10	Jennie Taylor	OSB	34:37.42	1995
National Record:				
	Ronnie Kamphausen		15:47.72	2009

1650 YARD FREESTYLE

1	Grace Altus	OSB	29:36.22	1999
2	Rita Simonton	GWSC	29:40.16	1995
3	Dionne Caldwell	NOVA	30:43.99	2008
4	Ellen Shockro	ROSE	32:27.42	2019
5	Maxine Merlino	LBM	32:54.84	1989
6	Peggy Sanborn	SBM	35:47.38	2006
7	Sylvia Glenn	OJAI	36:48.59	2014
8	Elizabeth Mauric	SDMS	39:19.98	1979
9	Katherine Pelton	MMSC	42:47.72	1985
10				
National Record:				
	Sarah Kopsky		26:47.55	2017

50 YARD BACKSTROKE

1	Jeanne Little	MVN	48.95	2014
2	Maxine Merlino	UNAT	50.53	1988
3	Ruth Baar	OSB	50.73	1999
4	Peggy Sanborn	SBM	53.74	2003
5	Maurine Kornfeld	CM	56.31	1999
6	Janice Shane	WSM	57.05	1987
7	Dee Schwartz	DOT	59.83	2015
8	Ellen Shockro	ROSE	1:00.23	2018
9	Johnnie Belshe	HBSC	1:03.42	1984
10	Dorothea Cole	LBM	1:04.88	1985
National Record:				
	Doris Steadman		40.25	2000

100 YARD BACKSTROKE

1	Marion Patterson	MESA	1:49.88	2006
2	Peggy Sanborn	SBM	1:52.63	2003
3	Maxine Merlino	UNAT	1:54.12	1988
4	Maurine Kornfeld	CM	2:04.32	1998
5	Sylvia Glenn	OJAI	2:14.43	2015
6	Dorothea Cole	LBM	2:17.32	1985
7	Dee Schwartz	DOT	2:20.02	2016
8	Johnnie Belshe	HBSC	2:20.03	1984
9	Mitnee Duque	OJAI	2:22.79	2012
10	Katherine Pelton	IHAC	2:23.29	1984
National Record:				
	Nancy Brown		1:17.70	2011

200 YARD BACKSTROKE

1	Peggy Sanborn	SBM	3:56.28	2003
2	Maxine Merlino	LBM	4:04.95	1990
3	Marion Patterson	MESA	4:10.28	2006
4	Maurine Kornfeld	CM	4:21.29	1997
5	Grace Altus	OSB	4:27.19	1999
6	Madeleine Miller	UNAT	4:37.41	1989
7	Dorothea Cole	LBM	4:47.15	1985
8	Sylvia Glenn	OJAI	4:48.11	2014
9	Margaret Carr	CENT	5:09.01	1987
10	Johnnie Belshe	HBSC	5:15.18	1984
National Record:				
	Nancy Brown		3:15.04	2011

50 YARD BREASTSTROKE

1	Margrit Graef	MVN	51.08	2007
2	Maxine Merlino	LBM	54.35	1990
3	Rita Simonton	GWSC	55.79	1997
4	Madeleine Miller	UNAT	59.83	1988
5	Ellen Shockro	ROSE	1:02.93	2018
6	Mitnee Duque	OJAI	1:03.91	2012
7	Katherine Pelton	IHAC	1:04.11	1981
8	Jeanne Little	MVN	1:04.98	2013
9	Tilly Well	LBM	1:07.81	1984
10	Sylvia Glenn	OJAI	1:12.49	2014
National Record:				
	Joann Leilich		41.53	2014

100 YARD BREASTSTROKE

1	Rita Simonton	GWSC	1:57.63	1994
2	Margrit Graef	MVN	1:57.72	2007
3	Maxine Merlino	LBM	1:59.24	1989
4	Madeleine Miller	UNAT	2:15.03	1988
5	Katherine Pelton	IHAC	2:26.98	1982
6	Tilly Well	LBM	2:29.47	1984
7	Mitnee Duque	OJAI	2:34.31	2012
8	Sylvia Glenn	OJAI	2:45.42	2014
9	Elizabeth Mauric	SDMS	2:45.74	1981
10				
	National Record:			
	Joann Leilich		1:29.24	2014

50 YARD BUTTERFLY

1	Jeanne Little	MVN	41.48	2012
2	Dionne Caldwell	NOVA	49.39	2011
3	Ellen Shockro	ROSE	52.57	2018
4	Grace Altus	OSB	53.65	1999
5	Maxine Merlino	UNAT	54.20	1988
6	Katherine Pelton	IHAC	1:02.53	1982
7	Maurine Kornfeld	CM	1:10.47	1999
8	Sylvia Glenn	OJAI	1:14.97	2014
9	Marcia Cohen	SCAQ	1:30.45	2011
10				
	National Record:			
	Mary Ann Case		38.05	2015

200 YARD BUTTERFLY

1	Maxine Merlino	LBM	4:19.43	1989
2	Katherine Pelton	IHAC	5:14.92	1981
3				
4				
5				
6				
7				
8				
9				
10				
	National Record:			
	Daniela Barnea		3:36.66	2019

200 YARD INDIVIDUAL MEDLEY

1	Maxine Merlino	UNAT	3:56.09	1988
2	Grace Altus	OSB	4:29.13	1999
3	Katherine Pelton	IHAC	5:01.20	1982
4	Maurine Kornfeld	CM	5:12.47	1998
5	Ruth Ridenour	SBSC	5:50.85	1990
6				
7				
8				
9				
10				
	National Record:			
	Daniela Barnea		3:14.61	2019

200 YARD BREASTSTROKE

1	Rita Simonton	GWSC	4:04.18	1994
2	Maxine Merlino	UNAT	4:09.09	1988
3	Margrit Graef	MVN	4:34.39	2008
4	Madeleine Miller	UNAT	5:00.86	1989
5	Katherine Pelton	IHAC	5:07.28	1982
6	Tilly Well	LBM	5:39.59	1984
7	Sylvia Glenn	OJAI	5:41.10	2014
8	Elizabeth Mauric	SDMS	5:50.71	1980
9	Ruth Ridenour	SBSC	6:16.71	1991
10				
	National Record:			
	Joann Leilich		3:16.31	2014

100 YARD BUTTERFLY

1	Maxine Merlino	LBM	2:01.82	1989
2	Katherine Pelton	IHAC	2:24.40	1984
3				
4				
5				
6				
7				
8				
9				
10				
	National Record:			
	Mary Ann Case		1:35.55	2015

100 YARD INDIVIDUAL MEDLEY

1	Jeanne Little	MVN	1:45.39	2012
2	Maxine Merlino	LBM	1:51.11	1990
3	Dionne Caldwell	NOVA	1:52.01	2009
4	Margrit Graef	MVN	2:02.23	2009
5	Grace Altus	OSB	2:03.85	1999
6	Ellen Shockro	ROSE	2:09.01	2018
7	Katherine Pelton	IHAC	2:22.27	1982
8	Sylvia Glenn	OJAI	2:23.95	2014
9	Mitnee Duque	OJAI	2:30.80	2012
10	Dee Schwartz	DOT	2:33.15	2017
	National Record:			
	Gail Roper		1:27.31	2005

400 YARD INDIVIDUAL MEDLEY

1	Maxine Merlino	UNAT	8:10.40	1988
2	Katherine Pelton	IHAC	10:56.42	1982
3				
4				
5				
6				
7				
8				
9				
10				
	National Record:			
	Daniela Barnea		7:02.17	2019

75-79 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Jeff Farrell	SBM	25.58	2012
2	Mike Freshley	GRA	26.69	2017
3	Frank Piemme	OSB	26.94	2000
4	Woody Bowersock	LBM	29.70	1990
5	Will Rauch	LVM	30.48	2010
6	William Shott	LBM	30.59	1985
7	Jurgen Schmidt	OSB	30.90	1998
8	Patrick Wickens	LAPS	31.57	2017
9	Peter Taft	SCAQ	31.77	2011
10	Reg Richardson	SBSC	31.89	1987
National Record:				
	Jeff Farrell		25.58	2012

100 YARD FREESTYLE

1	Mike Freshley	ROSE	1:00.38	2017
2	Frank Piemme	OSB	1:03.38	2000
3	Patrick Wickens	LAPS	1:05.98	2017
4	Will Rauch	LVM	1:06.70	2010
5	Jurgen Schmidt	OSB	1:08.11	1998
6	Woody Bowersock	LBM	1:08.75	1990
7	Peter Taft	SCAQ	1:12.91	2011
8	Reg Richardson	SBSC	1:14.06	1987
9	William Shott	LBM	1:14.24	1985
10	Bob Merrick	CM	1:14.39	1997
National Record:				
	David Radcliff		58.68	2009

200 YARD FREESTYLE

1	Mike Freshley	ROSE	2:21.03	2016
2	Frank Piemme	OSB	2:24.54	2000
3	Patrick Wickens	LAPS	2:29.65	2017
4	Will Rauch	LVM	2:31.84	2010
5	Jurgen Schmidt	OSB	2:36.63	1998
6	Bob Merrick	CM	2:48.94	1997
7	Lee Arth	UNAT	2:50.61	2000
8	Reg Richardson	SBSC	2:51.79	1987
9	Woody Bowersock	LBM	2:53.61	1990
10	William Shott	LBM	2:53.89	1985
National Record:				
	David Radcliff		2:08.77	2009

500 YARD FREESTYLE

1	Mike Freshley	ROSE	6:29.51	2016
2	Frank Piemme	OSB	6:53.09	2000
3	Will Rauch	LVM	7:00.02	2010
4	Patrick Wickens	LAPS	7:05.66	2017
5	Jurgen Schmidt	OSB	7:08.41	1998
6	Larry Raffaelli	VCM	7:13.60	2018
7	Lee Arth	UNAT	7:24.67	2000
8	Tegze Haraszti	UNAT	7:38.99	2017
9	Bob Merrick	CM	7:52.10	1997
10	John Stinson	CENT	7:56.16	1988
National Record:				
	David Radcliff		6:03.87	2010

1000 YARD FREESTYLE

1	Mike Freshley	ROSE	13:52.11	2016
2	Frank Piemme	OSB	13:58.38	2000
3	Patrick Wickens	LAPS	14:19.05	2017
4	Jurgen Schmidt	OSB	15:03.40	1998
5	Lee Arth	UNAT	15:09.50	2000
6	Larry Raffaelli	VCM	15:17.66	2018
7	Will Rauch	LVM	15:28.80	2012
8	John Stinson	CENT	16:28.20	1988
9	Bob Merrick	CM	16:44.06	1997
10	Robert Bergstrom	FMT	16:47.90	2016
National Record:				
	David Radcliff		12:20.59	2009

1650 YARD FREESTYLE

1	Frank Piemme	OSB	23:29.79	2000
2	Mike Freshley	GRA	24:11.42	2017
3	Patrick Wickens	LAPS	24:18.80	2017
4	Lee Arth	UNAT	25:08.50	2000
5	Will Rauch	LVM	25:29.82	2012
6	Jurgen Schmidt	OSB	25:55.99	1999
7	Larry Raffaelli	VCM	26:17.03	2018
8	Robert Bergstrom	FMT	28:09.64	2017
9	Bob Merrick	CM	28:17.74	1997
10	William Shott	LBM	28:51.94	1985
National Record:				
	David Radcliff		20:25.49	2009

50 YARD BACKSTROKE

1	Mike Freshley	ROSE	33.19	2016
2	Jeff Farrell	SBM	35.47	2012
3	Stan McConnell	HBSC	38.73	2007
4	Tegze Haraszti	UNAT	38.96	2017
5	Frank Piemme	OSB	39.07	2002
6	Larry Raffaelli	VCM	39.36	2018
7	Eric Hubach	CROC	39.51	2009
8	Will Rauch	LVM	40.02	2010
9	Bob Merrick	CM	40.04	1998
10	Reg Richardson	SBSC	40.39	1988
National Record:				
	Richard Burns		30.90	2019

100 YARD BACKSTROKE

1	Mike Freshley	ROSE	1:13.62	2016
2	Larry Raffaelli	VCM	1:23.73	2018
3	Tegze Haraszti	UNAT	1:24.14	2017
4	Stan McConnell	HBSC	1:25.43	2007
5	George Brinton	SCAQ	1:27.10	2001
6	Bob Merrick	CM	1:28.81	1998
7	Eric Hubach	CROC	1:29.17	2009
8	Everett Smethurst	NOVA	1:29.51	2010
9	Frank Piemme	OSB	1:30.63	2002
10	Reg Richardson	SBSC	1:32.42	1987
National Record:				
	Richard Burns		1:07.31	2019

200 YARD BACKSTROKE

1	Mike Freshley	ROSE	2:48.60	2016
2	Tegze Haraszti	UNAT	2:57.62	2017
3	Stan McConnell	HBSC	3:03.62	2007
4	Eric Hubach	CROC	3:10.29	2008
5	Larry Raffaelli	VCM	3:13.65	2018
6	Will Rauch	LVM	3:21.15	2014
7	Lee Arth	UNAT	3:21.94	2000
8	Brion Winship	CM	3:22.68	1993
9	Jurgen Schmidt	OSB	3:24.24	1999
10	Everett Smethurst	NOVA	3:25.28	2011
National Record:				
	Richard Burns		2:27.58	2019

50 YARD BREASTSTROKE

1	Mike Freshley	ROSE	34.58	2017
2	Jeff Farrell	SBM	36.43	2012
3	Frank Piemme	OSB	39.20	2001
4	William Shott	LB	39.70	1985
5	Fred Leipziger	CLVM	39.79	2003
6	Will Rauch	LVM	39.95	2010
7	Bob Merrick	CM	41.01	1996
8	Paul Lowry	CLVM	41.91	2003
9	Reg Richardson	SBSC	42.19	1987
10	Nelson Suarez	UNAT	43.05	2009
National Record:				
	Mike Freshley		34.58	2017

100 YARD BREASTSTROKE

1	Mike Freshley	ROSE	1:16.74	2016
2	Frank Piemme	OSB	1:23.86	2000
3	Dick Stewart	MVN	1:27.64	2015
4	Bob Merrick	CM	1:30.19	1996
5	William Shott	LBM	1:31.38	1986
6	Fred Leipziger	CLVM	1:33.79	2006
7	Ed Farrell	LOST	1:36.24	2009
8	Paul Lowry	CLVM	1:36.53	2003
9	Lee Arth	UNAT	1:37.16	2000
10	Reg Richardson	SBSC	1:37.71	1987
National Record:				
	Mike Freshley		1:16.74	2016

200 YARD BREASTSTROKE

1	Mike Freshley	ROSE	2:45.33	2016
2	Frank Piemme	OSB	3:12.35	2000
3	Bob Merrick	CM	3:23.05	1997
4	Fred Leipziger	CLVM	3:25.47	2003
5	Paul Lowry	CLVM	3:27.90	2003
6	Lee Arth	UNAT	3:30.78	2000
7	Eric Hubach	CROC	3:31.56	2008
8	William Shott	LBM	3:43.91	1986
9	Reg Richardson	SBSC	3:44.15	1987
10	John Stinson	CENT	3:44.94	1988
National Record:				
	Mike Freshley		2:45.33	2016

50 YARD BUTTERFLY

1	Mike Freshley	ROSE	28.99	2017
2	Jeff Farrell	SBM	31.44	2012
3	Frank Piemme	OSB	31.48	2000
4	Jurgen Schmidt	OSB	34.29	1998
5	William Shott	LBM	36.31	1986
6	Chuck Babcock	LBSU	36.65	2016
7	Fred Leipziger	CLVM	38.26	2003
8	Louis Giberson	CM	38.63	1997
9	Parry O'Brien	SWM	39.02	2007
10	Stan McConnell	HBSC	39.09	2007
National Record:				
	Richard Burns		28.94	2019

100 YARD BUTTERFLY

1	Mike Freshley	ROSE	1:13.72	2017
2	Dick Stewart	MVN	1:21.91	2015
3	Frank Piemme	OSB	1:22.04	2000
4	Jurgen Schmidt	OSB	1:31.04	1999
5	William Shott	LBM	1:34.77	1986
6	John Stinson	CENT	1:35.51	1988
7	Bob Merrick	CM	1:38.22	1996
8	Lee Arth	UNAT	1:40.21	2000
9	Louis Giberson	CM	1:45.06	1997
10	Parry O'Brien	SWM	1:46.65	2007
National Record:				
	Richard Burns		1:07.46	2019

200 YARD BUTTERFLY

1	Mike Freshley	ROSE	2:58.65	2016
2	Lee Arth	UNAT	3:30.71	2000
3	John Stinson	CENT	3:40.93	1988
4	Larry Raffaelli	VCM	3:55.05	2018
5	Ed Nelson	LAPS	4:12.57	2015
6	William Shott	LBM	4:19.70	1986
7	Alfred Guth	LBM	4:22.13	1984
8	Bart Bleuel	VCM	5:04.24	2017
9	Ernest Hale	TROJ	5:24.75	1987
10	John Burnside	LBM	5:27.71	1988
National Record:				
	Mike Freshley		2:58.65	2016

100 YARD INDIVIDUAL MEDLEY

1	Mike Freshley	ROSE	1:08.68	2016
2	Jeff Farrell	SBM	1:12.24	2012
3	Frank Piemme	OSB	1:15.22	2000
4	Stan McConnell	HBSC	1:23.81	2007
5	Fred Leipziger	CLVM	1:24.11	2003
6	Bob Merrick	CM	1:24.84	1996
7	William Shott	LBM	1:25.03	1985
8	Jurgen Schmidt	OSB	1:25.30	1998
9	Chuck Babcock	LBSU	1:27.02	2016
10	Everett Smethurst	NOVA	1:28.06	2011
National Record:				
	Mike Freshley		1:08.68	2016

200 YARD INDIVIDUAL MEDLEY

1	Mike Freshley	ROSE	2:35.67	2016
2	Frank Piemme	OSB	2:54.47	2000
3	Jurgen Schmidt	OSB	3:09.34	1999
4	Lee Arth	UNAT	3:14.58	2000
5	Matthew Tarnay	LAPS	3:14.61	2019
6	Bob Merrick	CM	3:16.87	1996
7	Eric Hubach	CROC	3:24.35	2008
8	John Stinson	CENT	3:25.64	1988
9	William Shott	LBM	3:30.57	1985
10	Alfred Guth	LBM	3:42.67	1984
National Record:				
	Richard Burns		2:35.33	2019

400 YARD INDIVIDUAL MEDLEY

1	Mike Freshley	ROSE	5:43.80	2016
2	Frank Piemme	OSB	6:16.17	2001
3	Lee Arth	UNAT	6:56.02	2000
4	Jurgen Schmidt	OSB	7:18.12	2000
5	John Stinson	CENT	7:18.21	1988
6	Alfred Guth	LBM	7:54.03	1984
7	Ed Nelson	LAPS	7:58.75	2015
8	William Shott	LBM	8:00.96	1985
9	Peter Ronay	ROSE	8:16.94	2019
10	Bart Bleuel	VCM	8:43.30	2017
National Record:				
	Mike Freshley		5:43.80	2016

80-84 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Rita Simonton	GWSC	41.63	1999
2	Ruth Baar	SBM	44.18	2004
3	Dionne Caldwell	NOVA	44.48	2013
4	Maxine Merlino	CM	44.96	1994
5	Maurine Kornfeld	CM	46.91	2002
6	Grace Altus	SBM	49.71	2004
7	Eugenia Gregoire	UNAT	50.69	2017
8	Margrit Graeff	MVN	52.22	2015
9	Jeanne D'Ambly	UNAT	52.27	2001
10	Sallie Soiberg	LVM	54.98	2012
National Record:				
	Johnnie Detrick		34.20	2015

100 YARD FREESTYLE

1	Rita Simonton	GWSC	1:30.49	1999
2	Dionne Caldwell	NOVA	1:38.95	2014
3	Ruth Baar	SBM	1:42.94	2004
4	Maxine Merlino	CM	1:44.17	1994
5	Grace Altus	SBM	1:47.39	2004
6	Maurine Kornfeld	CM	1:48.45	2005
7	Louise Bowersock	CM	1:56.64	2004
8	Eugenia Gregoire	UNAT	2:06.92	2017
9	Madeleine Miller	CM	2:11.57	1994
10	Katherine Pelton	SCAQ	2:13.23	1986
National Record:				
	Johnnie Detrick		1:22.34	2015

200 YARD FREESTYLE

1	Rita Simonton	GWSC	3:14.68	1999
2	Dionne Caldwell	NOVA	3:33.03	2014
3	Maurine Kornfeld	CM	3:49.51	2003
4	Grace Altus	SBM	3:51.84	2004
5	Ruth Baar	SBM	3:52.04	2004
6	Maxine Merlino	CM	3:58.25	1994
7	Louise Bowersock	CM	4:10.15	2004
8	Peggy Sanborn	SBM	4:23.34	2008
9	Katherine Pelton	SCAQ	4:46.72	1986
10	Madeleine Miller	CM	4:48.06	1994
National Record:				
	Anne Williams		3:08.41	2018

500 YARD FREESTYLE

1	Rita Simonton	GWSC	8:40.31	1999
2	Dionne Caldwell	NOVA	9:24.31	2013
3	Maurine Kornfeld	CM	9:56.98	2003
4	Maxine Merlino	CM	10:22.72	1994
5	Louise Bowersock	CM	10:47.07	2004
6	Peggy Sanborn	SBM	11:15.38	2008
7	Katherine Pelton	SCAQ	12:21.35	1986
8	Elizabeth Mauric	IHAC	13:13.51	1986
9	Madeleine Miller	CM	14:00.93	1995
10	Ruth Ridenour	OSB	14:29.26	1996
National Record:				
	Anne Williams		8:19.98	2018

1000 YARD FREESTYLE

1	Rita Simonton	GWSC	17:51.67	1999
2	Maxine Merlino	CM	21:22.63	1994
3	Louise Bowersock	CM	22:26.47	2004
4	Peggy Sanborn	SB	22:37.05	2008
5	Katherine Pelton	SCAQ	25:43.10	1986
6	Madeleine Miller	CM	29:04.54	1995
7	Geraldine Turner	LVM	36:11.07	1994
8				
9				
10				
National Record:				
	Anne Williams		17:13.42	2020

1650 YARD FREESTYLE

1	Rita Simonton	GWSC	30:00.58	1999
2	Maxine Merlino	CM	35:41.64	1994
3	Peggy Sanborn	SBM	37:22.26	2008
4	Elizabeth Mauric	IHAC	42:42.48	1984
5	Katherine Pelton	SCAQ	44:26.24	1986
6				
7				
8				
9				
10				
National Record:				
	Betty Lorenzi		28:35.79	2009

50 YARD BACKSTROKE

1	Ruth Baar	SBM	54.71	2004
2	Maxine Merlino	CM	56.15	1994
3	Dionne Caldwell	NOVA	57.75	2013
4	Peggy Sanborn	SB	59.29	2008
5	Maurine Kornfeld	CM	59.70	2004
6	Madeleine Miller	UNAT	1:01.81	1991
7	Katherine Pelton	SCAQ	1:11.07	1986
8	Sallie Soiberg	LVM	1:13.12	2012
9	Eleanor Brown	OJAI	1:16.14	2007
10	Nancy Voyer	OJAI	1:30.79	2014
National Record:				
	Betty Lorenzi		43.57	2009

100 YARD BACKSTROKE

1	Maxine Merlino	CM	2:02.29	1994
2	Jacquie Anderson	KMAN	2:03.59	2019
3	Peggy Sanborn	SBM	2:04.26	2010
4	Maurine Kornfeld	CM	2:07.00	2004
5	Madeleine Miller	CM	2:25.44	1995
6	Geraldine Turner	LVM	2:32.13	1992
7	Sallie Soiberg	LVM	2:35.91	2012
8	Katherine Pelton	IHAC	2:41.44	1987
9	Pearl Miller	MVN	2:50.48	1980
10	Jennie Taylor	OSB	3:12.43	1998
National Record:				
	Betty Lorenzi		1:32.37	2009

200 YARD BACKSTROKE

1	Peggy Sanborn	SBM	4:18.80	2010
2	Maxine Merlino	CM	4:26.59	1994
3	Maurine Kornfeld	CM	4:32.13	2005
4	Grace Altus	SBM	4:56.58	2004
5	Madeleine Miller	CM	5:06.59	1994
6	Pearl Miller	MVN	5:57.89	1980
7	Nancy Voyer	OJAI	6:54.36	2013
8	Elizabeth Mauric	IHAC	6:57.84	1986
9	Jennie Taylor	OSB	7:05.26	1999
10				
National Record:				
	Betty Lorenzi		3:26.72	2009

50 YARD BREASTSTROKE

1	Rita Simonton	GWSC	55.19	1999
2	Maxine Merlino	CM	59.90	1994
3	Madeleine Miller	CM	1:03.71	1994
4	Margrit Graef	MVN	1:05.97	2015
5	Katherine Pelton	SCAQ	1:06.58	1986
6	Jeanne D'Ambly	UNAT	1:10.38	2001
7	Dionne Caldwell	NOVA	1:13.16	2013
8	Sallie Soiberg	LVM	1:16.17	2012
9	Eleanor Brown	OJAI	1:20.26	2007
10	Maurine Kornfeld	CM	1:20.83	2002
National Record:				
	Joann Leilich		45.10	2019

100 YARD BREASTSTROKE

1	Rita Simonton	GWSC	2:07.78	1999
2	Maxine Merlino	CM	2:15.75	1994
3	Madeleine Miller	UNAT	2:23.64	1991
4	Katherine Pelton	SCAQ	2:24.67	1986
5	Elizabeth Mauric	IHAC	3:09.91	1984
6				
7				
8				
9				
10				
	National Record:			
	Joann Leilich		1:37.42	2019

200 YARD BREASTSTROKE

1	Rita Simonton	GWSC	4:26.58	1999
2	Maxine Merlino	CM	4:44.08	1994
3	Madeleine Miller	UNAT	5:39.50	1991
4	Katherine Pelton	IHAC	5:41.35	1987
5	Elizabeth Mauric	IHAC	6:30.56	1985
6				
7				
8				
9				
10				
	National Record:			
	Joann Leilich		3:33.68	2019

50 YARD BUTTERFLY

1	Dionne Caldwell	NOVA	56.23	2013
2	Maxine Merlino	CM	1:01.62	1994
3	Katherine Pelton	SCAQ	1:06.25	1986
4	Grace Altus	SBM	1:07.81	2004
5	Maurine Kornfeld	CM	1:15.15	2003
6	Madeleine Miller	UNAT	1:16.48	1991
7				
8				
9				
10				
	National Record:			
	Lois Kivi Nochman		50.10	2007

100 YARD BUTTERFLY

1	Maxine Merlino	CM	2:16.09	1994
2	Katherine Pelton	SCAQ	2:36.36	1986
3				
4				
5				
6				
7				
8				
9				
10				
	National Record:			
	Lois Kivi Nochman		1:54.16	2007

200 YARD BUTTERFLY

1	Maxine Merlino	CM	4:49.35	1994
2	Katherine Pelton	SCAQ	5:43.94	1986
4				
5				
6				
7				
8				
9				
10				
	National Record:			
	Lois Kivi Nochman		4:05.12	2005

100 YARD INDIVIDUAL MEDLEY

1	Maxine Merlino	CM	1:59.73	1994
2	Rita Simonton	GWSC	2:04.43	2003
3	Dionne Caldwell	NOVA	2:04.62	2013
4	Grace Altus	SBM	2:23.53	2004
5	Katherine Pelton	SCAQ	2:24.88	1986
6	Maurine Kornfeld	CM	2:28.15	2004
7	Madeleine Miller	UNAT	2:31.33	1991
8	Eugenia Gregoire	UNAT	2:46.19	2017
9	Ruth Ridenour	OSB	3:20.37	1996
10	Nancy Voyer	OJAI	4:01.46	2013
	National Record:			
	Johnnie Detrick		1:42.51	2016

200 YARD INDIVIDUAL MEDLEY

1	Maxine Merlino	CM	4:22.55	1994
2	Maurine Kornfeld	CM	5:03.53	2003
3	Katherine Pelton	SCAQ	5:13.80	1986
4	Geraldine Turner	LVM	9:01.71	1994
5				
6				
7				
8				
9				
10				
	National Record:			
	Johnnie Detrick		3:48.28	2016

400 YARD INDIVIDUAL MEDLEY

1	Maxine Merlino	CM	9:08.06	1994
2	Katherine Pelton	SCAQ	11:16.00	1986
3	Geraldine Turner	LVM	21:17.88	1994
4				
5				
6				
7				
8				
9				
10				
	National Record:			
	Jean Troy		8:16.02	2008

80-84 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Jeff Farrell	SBM	28.68	2017
2	Frank Piemme	SBM	29.25	2005
3	Don Neefe	LBM	30.92	1991
4	Woody Bowersock	CM	31.09	1994
5	Peter Taft	SCAQ	33.33	2016
6	Jurgen Schmidt	SBM	33.48	2003
7	Bob Christians	CM	34.50	1997
8	James Pearce	CLVM	34.96	1994
9	Bob Merrick	CM	35.39	2001
10	Louis Giberson	CM	35.79	2002
National Record:				
	Jeff Farrell		28.68	2017

100 YARD FREESTYLE

1	Jeff Farrell	SBM	1:05.36	2017
2	Frank Piemme	SBM	1:09.04	2005
3	Woody Bowersock	CM	1:12.18	1994
4	Jurgen Schmidt	SBM	1:16.57	2003
5	Bob Christians	CM	1:21.47	1998
6	Everett Smethurst	NOVA	1:26.13	2015
7	Louis Giberson	CM	1:28.20	2002
8	John Burnside	LBM	1:28.41	1990
9	William Shott	LBM	1:29.78	1990
10	Lee Arth	UNAT	1:33.48	2005
National Record:				
	David Radcliff		1:04.60	2014

200 YARD FREESTYLE

1	Frank Piemme	SBM	2:38.33	2005
2	Jurgen Schmidt	SBM	2:49.04	2003
3	Bob Merrick	CM	3:05.48	2001
4	Woody Bowersock	CM	3:05.61	1994
5	Everett Smethurst	NOVA	3:08.64	2015
6	Bob Christians	CM	3:13.79	1997
7	Lee Arth	UNAT	3:15.97	2005
8	John Burnside	LBM	3:25.60	1990
9	Louis Giberson	CM	3:28.26	2002
10	Lionel Pereira	LBM	3:33.31	1992
National Record:				
	David Radcliff		2:23.60	2015

500 YARD FREESTYLE

1	Frank Piemme	SBM	7:17.43	2005
2	Jurgen Schmidt	SBM	7:35.20	2003
3	Bob Merrick	CM	8:29.52	2001
4	Woody Bowersock	CM	9:09.08	1994
5	William Fleming	ROSE	9:17.65	2019
6	John Burnside	LBM	9:41.35	1990
7	Leonard Chapin	LBM	9:51.99	1989
8	Louis Giberson	CM	10:09.62	2002
9	Don Neefe	UNAT	10:53.33	1990
10	Sheldon White	LBM	11:24.93	1985
National Record:				
	David Radcliff		6:27.81	2014

1000 YARD FREESTYLE

1	Frank Piemme	SBM	15:32.75	2005
2	Jurgen Schmidt	SBM	15:43.41	2003
3	Bob Merrick	CM	18:21.37	2001
4	Woody Bowersock	CM	18:54.25	1994
5	John Burnside	LBM	19:33.25	1990
6	John McKenzie	CM	21:11.51	1997
7	Don Neefe	LBM	24:59.55	1992
8	Alfred Guth	LBM	28:39.62	1990
9	Charles McCallister	INAC	31:39.00	1986
10				
National Record:				
	David Radcliff		13:10.14	2014

1650 YARD FREESTYLE

1	Frank Piemme	SBM	26:01.94	2005
2	Jurgen Schmidt	SBM	26:05.99	2003
3	Walter Pfeiffer	CM	29:21.16	1994
4	Woody Bowersock	CM	30:47.06	1994
5	Bob Merrick	CM	32:00.02	2001
6	William Fleming	ROSE	32:13.20	2019
7	John Burnside	LBM	32:24.36	1990
8	Leonard Chapin	LBM	34:31.30	1989
9	Eugene Paul	NOVA	41:20.13	2009
10				
National Record:				
	David Radcliff		21:54.87	2014

50 YARD BACKSTROKE

1	Jeff Farrell	SBM	38.40	2017
2	Frank Piemme	SBM	39.70	2005
3	Bob Christians	CM	41.90	1997
4	Jurgen Schmidt	SBM	43.02	2003
5	Bob Merrick	CM	43.49	2001
6	Everett Smethurst	NOVA	43.60	2015
7	Stan McConnell	UNAT	44.49	2012
8	Woody Bowersock	CM	44.92	1996
9	William Fleming	ROSE	46.06	2019
10	John Bleck	WH2O	49.59	2014
National Record:				
	Yoshi Oyakawa		34.49	2016

100 YARD BACKSTROKE

1	Frank Piemme	LOST	1:31.62	2008
2	Bob Merrick	CM	1:34.69	2001
3	Everett Smethurst	NOVA	1:35.40	2016
4	Bob Christians	CM	1:36.91	1997
5	Stan McConnell	UNAT	1:39.66	2012
6	William Fleming	ROSE	1:40.61	2019
7	Woody Bowersock	CM	1:43.99	1994
8	John Bleck	WH2O	1:46.59	2014
9	Reginald Harrison	INAC	1:49.01	1986
10	John Burnside	LBM	1:55.25	1990
National Record:				
	David Costill		1:15.69	2017

200 YARD BACKSTROKE

1	Jurgen Schmidt	SBM	3:27.66	2003
2	Stan McConnell	UNAT	2:39.06	2012
3	William Fleming	ROSE	3:40.27	2019
4	Walter Pfeiffer	CM	3:40.46	1994
5	Bob Christians	CM	3:42.13	1997
6	Frank Piemme	LOST	3:45.25	2008
7	Lee Arth	UNAT	3:49.13	2005
8	John Bleck	WH2O	3:50.48	2014
9	Everett Smethurst	NOVA	3:58.64	2020
10	Woody Bowersock	CM	4:02.06	1994
National Record:				
	Burwell Jones		2:48.59	2013

50 YARD BREASTSTROKE

1	Frank Piemme	SBM	40.31	2005
2	Jeff Farrell	SBM	41.82	2017
3	Frederick Hoppe	CTMA	43.38	2009
4	Bob Merrick	CM	43.80	2001
5	John Bleck	WH2O	49.14	2014
6	James Pearce	CLVM	49.35	1994
7	Bob Christians	CM	49.66	1997
8	Ed Farrell	MVN	50.53	2013
9	Everett Smethurst	NOVA	51.38	2015
10	John Glenn	CM	51.91	1996
National Record:				
	Mike Freshley		37.48	2021

100 YARD BREASTSTROKE

1	Frank Piemme	SBM	1:31.02	2005
2	Bob Merrick	CM	1:38.62	2001
3	Frederick Hoppe	CTMA	1:39.44	2010
4	Walter Pfeiffer	CM	1:45.59	1994
5	John Bleck	WH2O	1:48.51	2014
6	William Shott	LBM	1:49.37	1990
7	John Burnside	LBM	1:54.56	1990
8	Lee Arth	UNAT	1:56.73	2005
9	Bob Christians	CM	1:59.88	1998
10	Ed Farrell	MVN	2:02.39	2013
National Record:				
	Mike Freshley		1:23.28	2021

50 YARD BUTTERFLY

1	Frank Piemme	SBM	35.10	2005
2	Jeff Farrell	SBM	36.15	2017
3	Jurgen Schmidt	SB	39.22	2003
4	Everett Smethurst	NOVA	41.07	2015
5	Frederick Hoppe	CTMA	42.27	2010
6	Bob Christians	CM	42.42	1997
7	Walter Pfeiffer	CM	43.94	1994
8	William Seligmann	UNAT	45.10	2007
9	John Burnside	LBM	45.18	1990
10	Louis Giberson	CM	46.23	2002
National Record:				
	Mike Freshley		33.11	2021

200 YARD BUTTERFLY

1	Walter Pfeiffer	CM	3:54.09	1994
2				
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Thomas Maine		3:25.55	2006

200 YARD INDIVIDUAL MEDLEY

1	Frank Piemme	SBM	3:10.28	2005
2	Jurgen Schmidt	SBM	3:25.85	2003
3	Walter Pfeiffer	CM	3:33.66	1994
4	Bob Christians	CM	3:34.36	1997
5	Lee Arth	UNAT	3:40.30	2005
6	John Burnside	LBM	3:59.05	1990
7	Everett Smethurst	NOVA	4:11.35	2019
8	Douglas Goode	ROSE	4:52.33	2019
9				
10				
National Record:				
	David Costill		2:53.98	2016

200 YARD BREASTSTROKE

1	Frank Piemme	SBM	3:24.18	2005
2	Bob Merrick	CM	3:40.62	2001
3	Walter Pfeiffer	CM	3:43.98	1994
4	Frederick Hoppe	CTMA	3:44.59	2009
5	John Bleck	WH2O	4:01.33	2014
6	John Burnside	LBM	4:11.55	1990
7	Lee Arth	UNAT	4:13.76	2005
8	Ed Farrell	MVN	4:41.52	2013
9	Douglas Goode	ROSE	5:19.49	2019
10	John Glenn	LBM	5:39.32	1992
National Record:				
	Mike Freshley		3:01.78	2021

100 YARD BUTTERFLY

1	Frank Piemme	SBM	1:30.32	2005
2	Walter Pfeiffer	CM	1:39.74	1994
3	Jurgen Schmidt	SBM	1:41.63	2003
4	Craig Walker	MVAQ	1:50.17	2021
5	John Burnside	LBM	1:52.94	1990
6				
7				
8				
9				
10				
National Record:				
	David Costill		1:22.34	2017

100 YARD INDIVIDUAL MEDLEY

1	Jeff Farrell	SBM	1:18.39	2017
2	Frank Piemme	SBM	1:22.75	2005
3	Bob Christians	CM	1:28.38	1997
4	Jurgen Schmidt	SBM	1:30.90	2003
5	Bob Merrick	CM	1:32.94	2001
6	Walter Pfeiffer	CM	1:34.75	1994
7	Woody Bowersock	CM	1:36.53	1994
8	Everett Smethurst	NOVA	1:38.50	2015
9	Frederick Hoppe	CTMA	1:43.01	2010
10	John Burnside	LBM	1:43.70	1990
National Record:				
	David Costill		1:14.86	2016

400 YARD INDIVIDUAL MEDLEY

1	Frank Piemme	SBM	6:52.79	2005
2	Jurgen Schmidt	SBM	7:33.63	2003
3	Walter Pfeiffer	CM	7:38.27	1994
4	John Burnside	LBM	8:48.26	1990
5				
6				
7				
8				
9				
10				
National Record:				
	David Costill		6:26.09	2016

85-89 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Rita Simonton	GWSC	45.84	2004
2	Maurine Kornfeld	MVN	49.22	2007
3	Margrit Graef	MVN	56.53	2018
4	Sallie Soiberg	LVM	59.16	2017
5	Madeleine Miller	CM	1:04.03	1997
6	Luella Tyra	IHAC	1:20.77	1982
7	Elizabeth Knabe	?????	1:28.92	1985
8	Jennie Taylor	OJAI	1:44.26	2007
9	Geraldine Turner	LVM	2:20.48	1997
10				
National Record:				
	Betty Russ		41.21	2013

100 YARD FREESTYLE

1	Rita Simonton	GWSC	1:41.38	2004
2	Maurine Kornfeld	MVN	1:50.03	2007
3	Sallie Soiberg	LVM	2:18.62	2017
4	Katherine Pelton	IHAC	2:20.94	1991
5	Madeleine Miller	CM	2:37.05	1997
6	Luella Tyra	IHAC	3:10.35	1981
7	Geraldine Turner	LVM	4:53.91	1997
8				
9				
10				
National Record:				
	Nan Bohl		1:31.20	2014

200 YARD FREESTYLE

1	Rita Simonton	GWSC	3:39.73	2004
2	Maurine Kornfeld	MVN	3:50.21	2009
3	Katherine Pelton	IHAC	5:14.53	1991
4	Madeleine Miller	CM	5:33.08	1997
5	Luella Tyra	IHAC	7:02.31	1981
6				
7				
8				
9				
10				
National Record:				
	Jean Troy		3:26.89	2013

500 YARD FREESTYLE

1	Rita Simonton	GWSC	9:37.91	2004
2	Maurine Kornfeld	MVN	9:54.15	2009
3	Madeleine Miller	CM	15:02.20	1998
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Betty Lorenzi		9:07.55	2013

1000 YARD FREESTYLE

1	Rita Simonton	GWSC	19:34.16	2004
2	Maurine Kornfeld	MVN	20:13.51	2009
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Betty Lorenzi		18:40.21	2013

1650 YARD FREESTYLE

1	Rita Simonton	GWSC	32:25.66	2004
2				
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Betty Lorenzi		30:52.20	2013

50 YARD BACKSTROKE

1	Maurine Kornfeld	MVN	59.43	2009
2	Rita Simonton	GWSC	1:00.11	2004
3	Madeleine Miller	CM	1:12.19	1997
4	Sallie Soiberg	LVM	1:18.66	2017
5	Jennie Taylor	OJAI	1:45.30	2007
6	Gilda Di Pierre	OSB	1:47.97	1997
7	Geraldine Turner	LVM	2:08.76	1997
8				
9				
10				
National Record:				
	Betty Lorenzi		46.77	2013

100 YARD BACKSTROKE

1	Maurine Kornfeld	MVN	2:06.25	2009
2	Madeleine Miller	CM	2:39.85	1997
3	Sallie Soiberg	LVM	3:06.72	2017
4	Elizabeth Knabe	?????	4:22.34	1985
5	Jennie Taylor	OJAI	4:34.85	2007
6				
7				
8				
9				
10				
National Record:				
	Betty Lorenzi		1:40.00	2013

200 YARD BACKSTROKE

1	Maurine Kornfeld	MVN	4:28.61	2009
2	Madeleine Miller	CM	5:51.80	1997
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Betty Lorenzi		3:34.09	2013

50 YARD BREASTSTROKE

1	Marti Gogniat	CM	1:04.34	1997
2	Rita Simonton	GWSC	1:09.99	2005
3	Margrit Graef	MVN	1:11.28	2018
4	Madeleine Miller	CM	1:17.50	1997
5	Sallie Soiberg	LVM	1:23.45	2017
6	Maurine Kornfeld	MVN	1:31.98	2008
7	Katherine Pelton	IHAC	1:38.38	1992
8	Luella Tyra	IHAC	2:08.74	1981
9				
10				
National Record:				
	Ann Hirsch		55.14	2016

100 YARD BREASTSTROKE

1	Marti Gogniat	CM	2:23.57	1997
2	Rita Simonton	GWSC	2:33.91	2004
3	Katherine Pelton	IHAC	2:47.87	1991
4	Sallie Soiberg	LVM	2:55.02	2017
5	Madeleine Miller	CM	3:10.41	1999
6	Luella Tyra	IHAC	4:38.70	1981
7				
8				
9				
10				

National Record:
Ann Hirsch 2:01.37 2016

200 YARD BREASTSTROKE

1	Rita Simonton	GWSC	5:19.61	2004
2	Marti Gogniat	CM	5:52.31	1998
3	Katherine Pelton	IHAC	6:12.44	1991
4	Madeleine Miller	CM	7:03.94	1997
5	Luella Tyra	IHAC	9:22.87	1982
6				
7				
8				
9				
10				

National Record:
Ann Hirsch 4:20.23 2016

50 YARD BUTTERFLY

1	Maurine Kornfeld	MVN	1:14.21	2007
2	Rita Simonton	UNAT	1:19.66	2007
3	Madeleine Miller	CM	1:42.44	1998
4	Geraldine Turner	LVM	3:56.65	1997
5				
6				
7				
8				
9				
10				

National Record:
Lois Kivi Nochman 57.02 2010

100 YARD BUTTERFLY

1	Katherine Pelton	IHAC	3:05.62	1991
2				
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Betty Russ 2:12.10 2012

200 YARD BUTTERFLY

1	Katherine Pelton	IHAC	6:39.85	1991
2				
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Lois Kivi Nochman 4:42.19 2010

100 YARD INDIVIDUAL MEDLEY

1	Rita Simonton	GWSC	2:11.23	2994
2	Maurine Kornfeld	MVN	2:37.65	2007
3	Madeleine Miller	CM	3:15.92	1998
4	Geraldine Turner	LVM	6:53.45	1997
5				
6				
7				
8				
9				
10				

National Record:
Jean Troy 1:52.95 2014

200 YARD INDIVIDUAL MEDLEY

1	Rita Simonton	GWSC	4:46.35	2004
2	Katherine Pelton	IHAC	6:00.97	1991
3	Maurine Kornfeld	MVN	6:01.36	2009
4				
5				
6				
7				
8				
9				
10				

National Record:
Jean Troy 4:17.15 2013

400 YARD INDIVIDUAL MEDLEY

1	Katherine Pelton	IHAC	12:35.60	1991
2				
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Jean Troy 9:04.46 2013

85-89 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Frank Piemme	LOST	31.92	2010
2	Woody Bowersock	CM	32.50	1999
3	Clarke Mitchell	LVM	33.76	2019
4	Jurgen Schmidt	LOST	36.17	2009
5	James Pearce	CLVM	38.77	2003
6	Reginald Harrison	IHAC	40.18	1990
7	John Glenn	CM	46.25	1997
8	Arnott Grisinger	SBSC	46.54	1993
9	Walter Butler	LVM	47.93	2018
10	Joseph Earley	CENT	50.63	1990
National Record:				
	Frank Piemme		31.92	2010

100 YARD FREESTYLE

1	Frank Piemme	LOST	1:10.92	2010
2	Woody Bowersock	CM	1:18.87	1999
3	Clarke Mitchell	LVM	1:21.14	2020
4	Jurgen Schmidt	LOST	1:21.32	2008
5	Walter Butler	LVM	1:45.31	2017
6	James Pearce	CLVM	1:52.45	2003
7	Don Neefe	CM	1:56.56	1994
8	John Glenn	CM	1:59.53	1997
9	Joseph Earley	CENT	2:00.62	1988
10	Jack Blumberg	IHAC	2:03.19	1982
National Record:				
	Frank Piemme		1:10.92	2010

200 YARD FREESTYLE

1	Frank Piemme	LOST	2:50.54	2010
2	Jurgen Schmidt	LOST	3:01.83	2008
3	Woody Bowersock	CM	3:16.35	1999
4	Walter Butler	LVM	4:13.65	2018
5	Joe Miko	UNAT	4:29.82	2006
6	Don Neefe	CM	4:34.77	1994
7	Jack Blumberg	IHAC	4:39.23	1984
8	Paul Spangler	UNAT	4:44.21	1984
9	Bradford Boyd	ROSE	7:26.79	2013
10				
National Record:				
	David Radcliff		2:42.78	2019

500 YARD FREESTYLE

1	Frank Piemme	LOST	7:54.01	2010
2	Jurgen Schmidt	LOST	8:21.71	2009
3	Woody Bowersock	CM	9:26.89	1999
4	Paul Spangler	UNAT	12:11.86	1984
5	Joe Miko	UNAT	12:13.39	2006
6	Jack Blumberg	IHAC	12:22.39	1984
7	Don Neefe	CM	12:59.61	1994
8				
9				
10				
National Record:				
	David Radcliff		7:37.32	2019

1000 YARD FREESTYLE

1	Frank Piemme	LOST	16:28.80	2010
2	Jurgen Schmidt	LOST	17:16.01	2008
3	Woody Bowersock	CM	19:41.66	1999
4	Paul Spangler	CENT	27:28.73	1987
5				
6				
7				
8				
9				
10				
National Record:				
	David Radcliff		15:25.19	2019

1650 YARD FREESTYLE

1	Frank Piemme	LOST	27:48.74	2010
2	Jurgen Schmidt	LOST	28:36.66	2008
3	Woody Bowersock	CM	36:55.67	1999
4	Jack Blumberg	IHAC	43:35.73	1984
5	Paul Spangler	CENT	46:06.10	1988
6				
7				
8				
9				
10				
National Record:				
	David Radcliff		25:31.87	2019

50 YARD BACKSTROKE

1	Clarke Mitchell	LVM	39.17	2020
2	Frank Piemme	LOST	42.46	2010
3	Jurgen Schmidt	LOST	47.06	2010
4	Woody Bowersock	CM	50.14	2003
5	Stan McConnell	UNAT	50.94	2017
6	Reginald Harrison	IHAC	54.99	1990
7	Walter Butler	LVM	56.90	2017
8	John Glenn	CM	1:01.70	1997
9	Joseph Earley	CENT	1:03.75	1990
10	Don Neefe	CM	1:04.55	1994
National Record:				
	Clarke Mitchell		36.72	2018

100 YARD BACKSTROKE

1	Clarke Mitchell	LVM	1:26.38	2019
2	Frank Piemme	LOST	1:36.02	2010
3	Jurgen Schmidt	LOST	1:43.25	2009
4	Woody Bowersock	CM	1:53.86	2003
5	Reginald Harrison	IHAC	1:59.25	1990
6	Walter Butler	LVM	2:12.08	2018
7	Joseph Earley	CENT	2:22.88	1988
8	Don Neefe	CM	2:28.62	1994
9	Jack Blumberg	IHAC	2:40.44	1982
10	Bradford Boyd	ROSE	4:42.11	2013
National Record:				
	Clarke Mitchell		1:24.98	2018

200 YARD BACKSTROKE

1	Clarke Mitchell	LVM	3:24.35	2019
2	Frank Piemme	LOST	3:46.03	2010
3	Jurgen Schmidt	LOST	3:51.98	2009
4	Woody Bowersock	CM	4:21.37	2002
5	Stan McConnell	UNAT	4:21.52	2017
6	Don Neefe	CM	5:22.15	1994
7	Jack Blumberg	IHAC	5:24.76	1982
8				
9				
10				
National Record:				
	Clarke Mitchell		3:18.52	2018

50 YARD BREASTSTROKE

1	Frank Piemme	LOST	42.72	2010
2	Walter Pfeiffer	CM	51.48	1999
3	Jurgen Schmidt	LOST	54.82	2008
4	Woody Bowersock	CM	59.10	1999
5	Joe Miko	UNAT	1:03.05	2006
6	James Pearce	CLVM	1:04.84	2003
7	Boyd Ford	OJAI	1:08.40	2012
8	John Glenn	CM	1:11.06	1997
9	Walter Butler	LVM	1:15.89	2018
10	Richard Reuben	ROSE	1:22.72	2018
National Record:				
	Frank Piemme		42.72	2010

100 YARD BREASTSTROKE

1	Frank Piemme	LOST	1:34.67	2010
2	Walter Pfeiffer	CM	1:57.82	1999
3	Jurgen Schmidt	LOST	2:07.84	2009
4	Joe Miko	UNAT	2:22.32	2006
5	Joseph Ross	?????	2:48.30	1973
6	John Glenn	CM	2:59.93	1997
7	Richard Reuben	ROSE	3:24.49	2018
8				
9				
10				
National Record:				
	Frank Piemme		1:34.67	2010

50 YARD BUTTERFLY

1	Frank Piemme	LOST	39.89	2010
2	Clarke Mitchell	LVM	40.87	2020
3	Jurgen Schmidt	LOST	47.79	2008
4	Walter Pfeiffer	CM	51.45	1999
5	Woody Bowersock	CM	52.24	1999
6	Don Neefe	CM	1:15.00	1994
7				
8				
9				
10				
National Record:				
	Clarke Mitchell		38.14	2018

200 YARD BUTTERFLY

1	Walter Pfeiffer	CM	4:30.52	1999
2				
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Thomas Maine		3:43.03	2011

200 YARD INDIVIDUAL MEDLEY

1	Frank Piemme	LOST	3:18.10	2010
2	Jurgen Schmidt	LOST	3:56.29	2008
3	Walter Pfeiffer	CM	4:00.48	1999
4	Woody Bowersock	CM	4:40.05	2000
5				
6				
7				
8				
9				
10				
National Record:				
	Frank Piemme		3:18.10	2010

200 YARD BREASTSTROKE

1	Frank Piemme	LOST	3:46.18	2010
2	Walter Pfeiffer	CM	4:23.79	1999
3	Jurgen Schmidt	LOST	4:28.82	2010
4	Joe Miko	UNAT	5:05.11	2006
5	Richard Reuben	ROSE	7:33.37	2018
6	Joseph Ross	????	7:59.30	1973
7	Bradford Boyd	ROSE	12:47.40	2013
8				
9				
10				
National Record:				
	Frank Piemme		3:46.18	2010

100 YARD BUTTERFLY

1	Frank Piemme	LOST	1:41.31	2010
2	Walter Pfeiffer	CM	1:52.80	1999
3	Jurgen Schmidt	LOST	2:26.58	2008
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Frank Piemme		1:41.31	2010

100 YARD INDIVIDUAL MEDLEY

1	Frank Piemme	LOST	1:28.37	2010
2	Clarke Mitchell	LVM	1:31.16	2020
3	Jurgen Schmidt	LOST	1:40.38	2009
4	Walter Pfeiffer	CM	1:46.51	1999
5	Woody Bowersock	CM	1:59.99	1999
6	John Glenn	CM	2:51.21	1997
7	Don Neefe	CM	3:06.28	1994
8				
9				
10				
National Record:				
	Frank Piemme		1:28.37	2010

400 YARD INDIVIDUAL MEDLEY

1	Jurgen Schmidt	LOST	8:36.18	2008
2	Walter Pfeiffer	CM	8:45.11	1999
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Thomas Maine		7:30.51	2011

90-94 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Rita Simonton	LOST	52.19	2009
2	Maurine Kornfeld	MVN	54.13	2012
3	Maxine Merlino	CM	1:08.53	2003
4	Madeleine Miller	CM	1:23.20	2001
5	Luella Tyra	IHAC	1:27.65	1983
6				
7				
8				
9				
10				
National Record:				
	Aileen Soule		49.68	1996

100 YARD FREESTYLE

1	Rita Simonton	LOST	1:50.37	2009
2	Maurine Kornfeld	MVN	1:56.78	2012
3	Maxine Merlino	CM	2:25.10	2003
4	Madeleine Miller	CM	3:04.80	2001
5	Luella Tyra	IHAC	3:31.33	1984
6				
7				
8				
9				
10				
National Record:				
	Jean Troy		1:48.77	2018

200 YARD FREESTYLE

1	Rita Simonton	LOST	3:59.22	2009
2	Maurine Kornfeld	MVN	4:05.25	2015
3	Maxine Merlino	CM	5:01.68	2003
4	Luella Tyra	IHAC	8:28.07	1983
5				
6				
7				
8				
9				
10				
National Record:				
	Rita Simonton		3:59.22	2009

500 YARD FREESTYLE

1	Rita Simonton	LOST	10:22.61	2009
2	Maurine Kornfeld	MVN	10:34.49	2012
3	Maxine Merlino	CM	12:48.67	2003
4	Madeleine Miller	CM	19:54.17	2003
5				
6				
7				
8				
9				
10				
National Record:				
	Rita Simonton		10:22.61	2009

1000 YARD FREESTYLE

1	Rita Simonton	LOST	21:20.93	2009
2	Maurine Kornfeld	MVN	21:40.23	2012
3	Maxine Merlino	CM	26:03.69	2003
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Rita Simonton		21:20.93	2009

1650 YARD FREESTYLE

1	Rita Simonton	LOST	35:22.28	2009
2	Maxine Merlino	CM	43:23.50	2003
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Rita Simonton		35:22.28	2009

50 YARD BACKSTROKE

1	Maurine Kornfeld	MVN	1:01.20	2013
2	Rita Simonton	GWSC	1:04.29	2011
3	Madeleine Miller	CM	1:28.45	2001
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Betty Lorenzi		52.84	2017

100 YARD BACKSTROKE

1	Maurine Kornfeld	MVN	2:16.24	2012
2	Rita Simonton	GWSC	2:18.07	2011
3	Madeleine Miller	CM	3:27.28	2001
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Betty Lorenzi		1:54.60	2017

200 YARD BACKSTROKE

1	Maurine Kornfeld	MVN	4:43.13	2013
2				
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Betty Lorenzi		4:15.38	2017

50 YARD BREASTSTROKE

1	Madeleine Miller	CM	1:39.67	2001
2	Maurine Kornfeld	MVN	1:43.41	2012
3	Luella Tyra	IHAC	2:26.52	1984
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Marjorie Stone		1:05.50	2014

100 YARD BREASTSTROKE

1	Rita Simonton	LOST	3:25.96	2009
2	Madeleine Miller	CM	4:09.69	2001
3	Luella Tyra	IHAC	5:30.32	1983
4				
5				
6				
7				
8				
9				
10				

National Record:
Joan Wayne 2:23.11 2015

50 YARD BUTTERFLY

1	Rita Simonton	LOST	1:18.23	2009
2	Maurine Kornfeld	MVN	1:28.71	2012
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Rita Simonton 1:18.23 2009

200 YARD BUTTERFLY**NO RECORD**

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- 3
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- 5
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- 7
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- 10

National Record:
Jewel Cooke 7:12.95 1998

200 YARD INDIVIDUAL MEDLEY

1	Rita Simonton	LOST	5:40.28	2009
2	Maurine Kornfeld	MVN	6:19.37	2012
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Jean Troy 5:02.19 2018

200 YARD BREASTSTROKE

1	Luella Tyra	IHAC	11:48.36	1983
2				
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Marjorie Stone 5:45.96 2015

100 YARD BUTTERFLY**NO RECORD**

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- 3
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- 8
- 9
- 10

National Record:
Jewel Cooke 3:26.50 1999

100 YARD INDIVIDUAL MEDLEY

1	Rita Simonton	LOST	2:37.23	2009
2	Maurine Kornfeld	MVN	2:50.45	2012
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Jean Troy 2:19.49 2017

400 YARD INDIVIDUAL MEDLEY**NO RECORD**

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- 3
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National Record:
Jewel Cooke 13:06.38 1998

90-94 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Woody Bowersock	CM	35.96	2003
2	James Pearce	CLVM	40.40	2004
3	Jurgen Schmidt	MVN	41.65	2013
4	John Whittemore	SBSC	1:06.72	1990
5	Paul Spangler	CENT	1:07.20	1990
6	Fred Leipzieger	LVM	1:19.00	2019
7				
8				
9				
10				
National Record:				
	Woody Bowersock		35.96	2003

100 YARD FREESTYLE

1	Woody Bowersock	CM	1:27.26	2004
2	Jurgen Schmidt	MVN	1:31.29	2013
3	James Pearce	CLVM	2:36.20	2004
4	Paul Spangler	OSB	3:07.97	1993
5				
6				
7				
8				
9				
10				
National Record:				
	Woody Bowersock		1:27.26	2004

200 YARD FREESTYLE

1	Jurgen Schmidt	MVN	3:35.98	2013
2	Woody Bowersock	CM	3:36.34	2004
3	Paul Spangler	CENT	5:22.61	1990
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Willard Lamb		3:18.81	2015

500 YARD FREESTYLE

1	Jurgen Schmidt	MVN	9:37.96	2013
2	Woody Bowersock	CM	10:58.27	2004
3	Paul Spangler	CENT	14:20.28	1990
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Willard Lamb		8:54.93	2013

1000 YARD FREESTYLE

1	Jurgen Schmidt	MVN	20:24.73	2013
2	Woody Bowersock	CM	23:06.53	2004
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Willard Lamb		18:13.07	2013

1650 YARD FREESTYLE

1	Jurgen Schmidt	MVN	34:09.33	2013
2				
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Willard Lamb		30:23.70	2013

50 YARD BACKSTROKE

1	Woody Bowersock	CM	49.21	2004
2	Jurgen Schmidt	MVN	52.53	2014
3	Bob Christians	CM	57.61	2006
4	Fred Leipzieger	LVM	1:21.48	2019
5	Marc Robert	ROSE	3:58.59	2017
6				
7				
8				
9				
10				
National Record:				
	Frank Mannheim		48.69	2021

100 YARD BACKSTROKE

1	Woody Bowersock	CM	1:49.22	2004
2	Jurgen Schmidt	MVN	2:03.51	2013
3	Bob Christians	CM	2:14.19	2006
4				
5				
6				
7				
8				
9				
10				
National Record:				
	John Merrill		1:46.67	2007

200 YARD BACKSTROKE

1	Woody Bowersock	CM	4:09.89	2004
2	Jurgen Schmidt	MVN	4:31.31	2013
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	John Merrill		3:54.03	2007

50 YARD BREASTSTROKE

1	James Pearce	CLVM	1:01.32	2004
2	Jurgen Schmidt	MVN	1:02.58	2013
3	Walter Pfeiffer	CM	1:05.04	2004
4	Woody Bowersock	CM	1:10.32	2005
5	Bob Christians	CM	1:12.75	2006
6	John Whittemore	SBSC	1:24.24	1990
7	Fred Leipziger	LVM	1:35.80	2019
8				
9				
10				
National Record:				
	Richard McClow		52.10	2021

100 YARD BREASTSTROKE

1	Jurgen Schmidt	MVN	2:17.04	2013
2	Walter Pfeiffer	CM	2:29.33	2004
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Raymond Hakomaki 1:58.35 2011

200 YARD BREASTSTROKE

1	Jurgen Schmidt	MVN	5:03.59	2013
2	Walter Pfeiffer	CM	5:36.91	2004
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Thomas Maine 4:36.60 2016

50 YARD BUTTERFLY

1	Walter Pfeiffer	CM	50.44	2004
2	Jurgen Schmidt	MVN	1:05.71	2013
3	Woody Bowersock	CM	1:21.17	2005
4				
5				
6				
7				
8				
9				
10				

National Record:
Walter Pfeiffer 50.44 2004

100 YARD BUTTERFLY

1	Walter Pfeiffer	CM	2:13.93	2004
2				
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Thomas Maine 2:06.88 2016

200 YARD BUTTERFLY

1	Walter Pfeiffer	CM	5:08.18	2004
2				
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Thomas Maine 4:44.76 2016

100 YARD INDIVIDUAL MEDLEY

1	Jurgen Schmidt	MVN	2:00.17	2013
2	Walter Pfeiffer	CM	2:05.12	2004
3	Woody Bowersock	CM	2:09.23	2004
4				
5				
6				
7				
8				
9				
10				

National Record:
Richard McClow 1:52.03 2021

200 YARD INDIVIDUAL MEDLEY

1	Jurgen Schmidt	MVN	4:27.54	2013
2	Walter Pfeiffer	CM	4:39.98	2004
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Thomas Maine 4:02.84 2016

400 YARD INDIVIDUAL MEDLEY

1	Walter Pfeiffer	CM	10:10.57	2004
2				
3				
4				
5				
6				
7				
8				
9				
10				

National Record:
Thomas Maine 8:37.61 2016

95-99 WOMEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

1	Maurine Kornfeld	ROSE	1:00.09	2017
2	Rita Simonton	MVN	1:02.80	2013
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Maurine Kornfeld		1:00.09	2017

100 YARD FREESTYLE

1	Maurine Kornfeld	ROSE	2:04.52	2017
2	Rita Simonton	MVN	2:14.55	2013
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Maurine Kornfeld		2:04.52	2017

200 YARD FREESTYLE

1	Maurine Kornfeld	ROSE	4:28.70	2018
2	Rita Simonton	MVN	4:45.26	2014
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Maurine Kornfeld		4:28.70	2018

500 YARD FREESTYLE

1	Maurine Kornfeld	ROSE	11:45.41	2017
2	Rita Simonton	MVN	12:28.16	2013
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Maurine Kornfeld		11:45.41	2017

1000 YARD FREESTYLE

1	Maurine Kornfeld	ROSE	23:57.82	2017
2				
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Maurine Kornfeld		23:57.82	2017

1650 YARD FREESTYLE

NO RECORD				
2				
3				
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5				
6				
7				
8				
9				
10				
National Record:				
	Charlotte Sanddal		1:08:50.99	2020

50 YARD BACKSTROKE

1	Rita Simonton	MVN	1:08.87	2014
2	Maurine Kornfeld	ROSE	1:10.42	2017
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Rita Simonton		1:08.87	2014

100 YARD BACKSTROKE

1	Maurine Kornfeld	ROSE	2:35.07	2018
2	Rita Simonton	MVN	2:37.92	2013
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Maurine Kornfeld		2:35.07	2018

200 YARD BACKSTROKE

1	Maurine Kornfeld	ROSE	5:12.63	2017
2	Rita Simonton	MVN	5:24.59	2013
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Maurine Kornfeld		5:12.63	2017

50 YARD BREASTSTROKE

1	Maurine Kornfeld	ROSE	1:59.49	2017
2				
3				
4				
5				
6				
7				
8				
9				
10				
National Record:				
	Marjorie Stone		1:12.56	2019

100 YARD BREASTSTROKE**NO RECORD**

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- 3
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- 9
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National Record:
 Marjorie Stone 2:51.51 2019

50 YARD BUTTERFLY

1 Maurine Kornfeld ROSE 1:49.45 2017

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- 3
- 4
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- 7
- 8
- 9
- 10

National Record:
 Maurine Kornfeld 1:49.45 2017

200 YARD BUTTERFLY**NO RECORD**

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
NO RECORD

200 YARD INDIVIDUAL MEDLEY**NO RECORD**

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
NO RECORD

200 YARD BREASTSTROKE**NO RECORD**

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
 Marjorie Stone 6:31.11 2019

100 YARD BUTTERFLY**NO RECORD**

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
NO RECORD

100 YARD INDIVIDUAL MEDLEY

1 Maurine Kornfeld ROSE 3:10.86 2017

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
 Maurine Kornfeld 3:10.86 2017

400 YARD INDIVIDUAL MEDLEY**NO RECORD**

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
NO RECORD

95-99 MEN SCY - SPMS TOP 10 ALL-TIME - as of 09/17/21

50 YARD FREESTYLE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
Willard Lamb 42.23 2018

100 YARD FREESTYLE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
Willard Lamb 1:37.61 2018

200 YARD FREESTYLE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
Willard Lamb 3:38.02 2018

500 YARD FREESTYLE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
Willard Lamb 9:40.15 2018

1000 YARD FREESTYLE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
Willard Lamb 20:07.46 2019

1650 YARD FREESTYLE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
Willard Lamb 33:35.05 2018

50 YARD BACKSTROKE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
Willard Lamb 53.43 2018

100 YARD BACKSTROKE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
Willard Lamb 1:54.81 2018

200 YARD BACKSTROKE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
Willard Lamb 4:10.89 2018

50 YARD BREASTSTROKE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
Russ Witte 1:03.32 2012

100 YARD BREASTSTROKE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
 Russ Witte 2:34.82 2012

200 YARD BREASTSTROKE

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
 Russ Witte 5:49.18 2012

50 YARD BUTTERFLY

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
 Frank Grannis 1:26.46 2020

100 YARD BUTTERFLY

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
 Robert Doud 4:10.29 2018

200 YARD BUTTERFLY

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
 Robert Doud 10:32.40 2018

100 YARD INDIVIDUAL MEDLEY

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
 Robert Doud 4:14.45 2018

200 YARD INDIVIDUAL MEDLEY

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
 Robert Doud 9:44.41 2018

400 YARD INDIVIDUAL MEDLEY

NO RECORD

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

National Record:
 NO RECORD