

## 2021 SP/USMS February MVN SCY Intrasquad Meet - 2/28/2021

## Results

**Women 18-24 50 Yard Freestyle**

NATL: 22.21 # 1/31/2015 VANDERPOOL-WALLAC

| Name             | Age | Team                       | Seed Time | Finals Time |
|------------------|-----|----------------------------|-----------|-------------|
| 1 Ashley Flatman | 23  | Mission Viejo Nadadores-CA | 27.78     | 28.16       |

**Women 18-24 100 Yard Freestyle**

NATL: 48.18 # 12/6/2014 KATIE MEILI

|                  |       |                            |         |         |
|------------------|-------|----------------------------|---------|---------|
| 1 Ashley Flatman | 23    | Mission Viejo Nadadores-CA | 1:00.09 | 1:00.53 |
|                  | 29.10 | 1:00.53 (31.43)            |         |         |

**Women 18-24 100 Yard Freestyle**

NATL: 48.18 # 12/6/2014 KATIE MEILI

|                      |       |                            |         |       |
|----------------------|-------|----------------------------|---------|-------|
| 1 Emily Christiansen | 23    | Mission Viejo Nadadores-CA | 1:01.43 | 58.37 |
|                      | 28.51 | 58.37 (29.86)              |         |       |

**Women 18-24 200 Yard Freestyle**

NATL: 1:43.28 # 11/8/2009 DANA VOLLMER

|                      |       |   |         |         |
|----------------------|-------|---|---------|---------|
| 1 Emily Christiansen | 23    | Mission Viejo Nadadores-CA                      | 2:12.30 | 2:06.89 |
|                      | 30.14 | 1:02.75 (32.61) 1:35.57 (32.82) 2:06.89 (31.32) |         |         |

**Women 18-24 500 Yard Freestyle**

NATL: 4:49.97 # 10/25/2003 JESSICA FOSCHI

|                      |                 |   |         |         |
|----------------------|-----------------|---|---------|---------|
| 1 Emily Christiansen | 23              | Mission Viejo Nadadores-CA                      | 6:30.00 | 5:38.76 |
|                      | 30.96           | 1:04.13 (33.17) 1:37.48 (33.35) 2:11.59 (34.11) |         |         |
|                      | 2:46.19 (34.60) | 3:20.69 (34.50) 3:55.16 (34.47) 4:29.80 (34.64) |         |         |
|                      | 5:04.81 (35.01) | 5:38.76 (33.95)                                 |         |         |

**Women 18-24 50 Yard Breaststroke**

NATL: 27.76 # 12/5/2014 KATIE MEILI

|                      |    |                            |       |       |
|----------------------|----|----------------------------|-------|-------|
| 1 Emily Christiansen | 23 | Mission Viejo Nadadores-CA | 40.00 | 39.80 |
|----------------------|----|----------------------------|-------|-------|

**Women 18-24 50 Yard Butterfly**

NATL: 24.54 # 11/8/2009 DANA VOLLMER

|                      |    |                            |       |       |
|----------------------|----|----------------------------|-------|-------|
| 1 Emily Christiansen | 23 | Mission Viejo Nadadores-CA | 32.00 | 31.94 |
|----------------------|----|----------------------------|-------|-------|

**Women 18-24 100 Yard Butterfly**

NATL: 52.30 # 11/8/2009 DANA VOLLMER

|                  |       |                            |         |         |
|------------------|-------|----------------------------|---------|---------|
| 1 Ashley Flatman | 23    | Mission Viejo Nadadores-CA | 1:23.25 | 1:09.69 |
|                  | 32.16 | 1:09.69 (37.53)            |         |         |

**Women 18-24 100 Yard IM**

NATL: 53.02 # 12/21/2014 KATIE MEILI

|                      |       |                            |         |         |
|----------------------|-------|----------------------------|---------|---------|
| 1 Emily Christiansen | 23    | Mission Viejo Nadadores-CA | 1:14.00 | 1:12.86 |
|                      | 33.30 | 1:12.86 (39.56)            |         |         |

**Women 18-24 200 Yard IM**

NATL: 1:54.20 # 12/4/2014 KATIE MEILI

|                  |       |   |         |         |
|------------------|-------|---|---------|---------|
| 1 Ashley Flatman | 23    | Mission Viejo Nadadores-CA                      | 2:35.92 | 2:26.90 |
|                  | 32.39 | 1:10.63 (38.24) 1:53.35 (42.72) 2:26.90 (33.55) |         |         |

**Women 25-29 50 Yard Freestyle**

NATL: 22.00 # 4/27/2019 KATARZYNA WILK

|                   |    |                            |    |       |
|-------------------|----|----------------------------|----|-------|
| 1 Ancilla Rompala | 29 | Mission Viejo Nadadores-CA | NT | 28.40 |
|-------------------|----|----------------------------|----|-------|

**Women 25-29 100 Yard Freestyle**

NATL: 48.58 # 5/12/2018 KATARZYNA WILK

|                   |       |                            |    |         |
|-------------------|-------|----------------------------|----|---------|
| 1 Ancilla Rompala | 29    | Mission Viejo Nadadores-CA | NT | 1:02.10 |
|                   | 29.24 | 1:02.10 (32.86)            |    |         |

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**Women 25-29 50 Yard Breaststroke**

NATL: 27.10 # 4/30/2016 KATIE MEILI

1 Ancilla Rompala 29 Mission Viejo Nadadores-CA NT 39.97

**Women 25-29 100 Yard IM**

NATL: 54.40 # 4/29/2017 DANIELLE HERRMANN

--- Ancilla Rompala 29 Mission Viejo Nadadores-CA NT DQ

**Women 30-34 200 Yard Freestyle**

NATL: 1:43.46 # 11/30/2012 ERIKA ERNDL

1 Allison TerBush 30 Mission Viejo Nadadores-CA 2:30.00 2:20.71  
31.58 1:06.87 (35.29) 1:43.68 (36.81) 2:20.71 (37.03)**Women 30-34 100 Yard Backstroke**

NATL: 54.60 # 4/30/2011 NORIKO INADA

1 Allison TerBush 30 Mission Viejo Nadadores-CA 1:20.00 1:10.58  
33.68 1:10.58 (36.90)**Women 30-34 100 Yard Breaststroke**

NATL: 1:02.08 # 5/4/2008 KATIE MCCLELLAND

1 Allison TerBush 30 Mission Viejo Nadadores-CA 1:50.00 1:25.38  
40.30 1:25.38 (45.08)**Women 30-34 200 Yard IM**

NATL: 1:58.80 # 3/11/2009 ERIKA ERNDL

1 Allison TerBush 30 Mission Viejo Nadadores-CA 2:50.00 2:39.94  
34.64 1:15.69 (41.05) 2:03.47 (47.78) 2:39.94 (36.47)**Women 45-49 50 Yard Freestyle**

NATL: 23.80 # 4/8/2017 ERIKA BRAUN

1 Patricia Furukawa 49 Mission Viejo Nadadores-CA 31.91 30.37

**Women 45-49 200 Yard Freestyle**

NATL: 1:53.28 # 12/16/2007 K PIPES-NEILSEN

1 Patricia Furukawa 49 Mission Viejo Nadadores-CA 2:32.09 2:23.78  
33.73 1:10.22 (36.49) 1:47.30 (37.08) 2:23.78 (36.48)**Women 45-49 50 Yard Butterfly**

NATL: 25.64 # 4/9/2017 ERIKA BRAUN

1 Patricia Furukawa 49 Mission Viejo Nadadores-CA 34.15 34.38

**Women 45-49 100 Yard IM**

NATL: 59.39 # 4/28/2012 FALL WILLEBOORDSE

1 Patricia Furukawa 49 Mission Viejo Nadadores-CA 1:16.00 1:13.84  
34.94 1:13.84 (38.90)**Women 50-54 50 Yard Freestyle**

NATL: 24.53 # 3/18/2016 FALL WILLEBOORDSE

1 Lisa Zawistoski 51 Mission Viejo Nadadores-CA 35.21 34.60

**Women 50-54 100 Yard Freestyle**

NATL: 53.60 # 4/29/2016 FALL WILLEBOORDSE

1 Alena Zikova 53 Mission Viejo Nadadores-CA 1:20.00 1:24.27  
41.68 1:24.27 (42.59)

## 2021 SP/USMS February MVN SCY Intrasquad Meet - 2/28/2021

## Results

**Women 50-54 200 Yard Freestyle**

NATL: 1:58.34 # 4/10/2016 ELLEN REYNOLDS

|   |              |                 |                            |                 |         |
|---|--------------|-----------------|----------------------------|-----------------|---------|
| 1 | Alena Zikova | 53              | Mission Viejo Nadadores-CA | 2:55.00         | 2:58.13 |
|   | 42.66        | 1:28.36 (45.70) | 2:14.74 (46.38)            | 2:58.13 (43.39) |         |

**Women 50-54 50 Yard Breaststroke**

NATL: 31.61 # 4/14/2018 S VON DER LIPPE

|   |                 |    |                            |       |       |
|---|-----------------|----|----------------------------|-------|-------|
| 1 | Lisa Zawistoski | 51 | Mission Viejo Nadadores-CA | 50.21 | 43.36 |
|---|-----------------|----|----------------------------|-------|-------|

**Women 50-54 100 Yard Breaststroke**

NATL: 1:09.21 # 2/18/2012 CAROLINE KRATTLI

|   |                 |                 |                            |         |         |
|---|-----------------|-----------------|----------------------------|---------|---------|
| 1 | Alena Zikova    | 53              | Mission Viejo Nadadores-CA | 1:47.00 | 1:36.02 |
|   | 48.56           | 1:36.02 (47.46) |                            |         |         |
| 2 | Lisa Zawistoski | 51              | Mission Viejo Nadadores-CA | 1:37.21 | 1:37.94 |
|   | 46.59           | 1:37.94 (51.35) |                            |         |         |

**Women 50-54 200 Yard Breaststroke**

NATL: 2:29.92 # 2/20/2012 CAROLINE KRATTLI

|   |              |                 |                            |                 |         |
|---|--------------|-----------------|----------------------------|-----------------|---------|
| 1 | Alena Zikova | 53              | Mission Viejo Nadadores-CA | 3:28.46         | 3:23.39 |
|   | 48.22        | 1:40.07 (51.85) | 2:32.67 (52.60)            | 3:23.39 (50.72) |         |

**Women 50-54 50 Yard Butterfly**

NATL: 25.70 # 5/11/2013 LESLIE LIVINGSTON

|   |                 |    |                            |       |       |
|---|-----------------|----|----------------------------|-------|-------|
| 1 | Lisa Zawistoski | 51 | Mission Viejo Nadadores-CA | 36.48 | 35.67 |
|---|-----------------|----|----------------------------|-------|-------|

**Women 50-54 100 Yard Butterfly**

NATL: 1:00.17 # 5/12/2013 JILL HERNANDEZ

|   |                 |                 |                            |         |         |
|---|-----------------|-----------------|----------------------------|---------|---------|
| 1 | Lisa Zawistoski | 51              | Mission Viejo Nadadores-CA | 1:23.21 | 1:22.08 |
|   | 37.93           | 1:22.08 (44.15) |                            |         |         |

**Women 50-54 100 Yard IM**

NATL: 1:01.28 # 4/29/2016 FALL WILLEBOORDSE

|   |                 |                 |                            |         |         |
|---|-----------------|-----------------|----------------------------|---------|---------|
| 1 | Lisa Zawistoski | 51              | Mission Viejo Nadadores-CA | 1:33.21 | 1:26.02 |
|   | 42.14           | 1:26.02 (43.88) |                            |         |         |

**Women 60-64 50 Yard Freestyle**

NATL: 26.20 # 5/11/2018 PENNY NOYES

|   |               |    |                            |       |       |
|---|---------------|----|----------------------------|-------|-------|
| 1 | Isabel Zippel | 62 | Mission Viejo Nadadores-CA | 46.96 | 51.37 |
|---|---------------|----|----------------------------|-------|-------|

**Women 60-64 100 Yard Freestyle**

NATL: 56.45 # 4/29/2012 LAURA VAL

|   |                   |                 |                            |         |         |
|---|-------------------|-----------------|----------------------------|---------|---------|
| 1 | Diana Dolan LaMar | 63              | Mission Viejo Nadadores-CA | 1:14.84 | 1:14.31 |
|   | 35.53             | 1:14.31 (38.78) |                            |         |         |

**Women 60-64 100 Yard Freestyle**

NATL: 56.45 # 4/29/2012 LAURA VAL

|   |               |                   |                            |         |         |
|---|---------------|-------------------|----------------------------|---------|---------|
| 1 | Isabel Zippel | 62                | Mission Viejo Nadadores-CA | 1:52.46 | 2:00.70 |
|   | 58.35         | 2:00.70 (1:02.35) |                            |         |         |

**Women 60-64 100 Yard Freestyle**

NATL: 56.45 # 4/29/2012 LAURA VAL

|   |               |                 |                            |         |         |
|---|---------------|-----------------|----------------------------|---------|---------|
| 1 | Sherry Brooks | 60              | Mission Viejo Nadadores-CA | 1:30.00 | 1:23.73 |
|   | 38.97         | 1:23.73 (44.76) |                            |         |         |

**Women 60-64 200 Yard Freestyle**

NATL: 2:05.75 # 5/22/2016 LAURA VAL

|   |               |    |                            |    |         |
|---|---------------|----|----------------------------|----|---------|
| 1 | Sherry Brooks | 60 | Mission Viejo Nadadores-CA | NT | 3:12.37 |
|---|---------------|----|----------------------------|----|---------|

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## Women 60-64 200 Yard Freestyle

NATL: 2:05.75 # 5/22/2016 LAURA VAL

|   |                   |                 |                            |                 |         |
|---|-------------------|-----------------|----------------------------|-----------------|---------|
| 1 | Diana Dolan LaMar | 63              | Mission Viejo Nadadores-CA | 2:40.06         | 2:41.19 |
|   | 38.48             | 1:19.16 (40.68) | 2:00.80 (41.64)            | 2:41.19 (40.39) |         |
| 2 | Sherry Brooks     | 60              | Mission Viejo Nadadores-CA | 3:20.00         | 3:03.46 |
|   | 40.91             | 1:27.76 (46.85) | 2:16.51 (48.75)            | 3:03.46 (46.95) |         |

## Women 60-64 200 Yard Freestyle

NATL: 2:05.75 # 5/22/2016 LAURA VAL

|   |               |             |                            |                   |         |
|---|---------------|-------------|----------------------------|-------------------|---------|
| 1 | Isabel Zippel | 62          | Mission Viejo Nadadores-CA | 3:06.22           | 4:37.57 |
|   |               | 2:17.96 ( ) | 3:27.92 (1:09.96)          | 4:37.57 (1:09.65) |         |

## Women 60-64 500 Yard Freestyle

NATL: 5:39.00 # 1/26/2014 LAURA VAL

|   |                   |                 |                            |                 |         |
|---|-------------------|-----------------|----------------------------|-----------------|---------|
| 1 | Diana Dolan LaMar | 63              | Mission Viejo Nadadores-CA | 7:00.09         | 6:56.25 |
|   | 37.84             | 1:18.28 (40.44) | 2:00.11 (41.83)            | 2:42.58 (42.47) |         |
|   | 3:25.17 (42.59)   | 4:08.23 (43.06) | 4:50.94 (42.71)            | 5:33.28 (42.34) |         |
|   | 6:16.05 (42.77)   | 6:56.25 (40.20) |                            |                 |         |
| 2 | Sherry Brooks     | 60              | Mission Viejo Nadadores-CA | 7:45.00         | 8:25.35 |
|   | 42.92             | 1:31.03 (48.11) | 2:20.62 (49.59)            | 3:12.37 (51.75) |         |
|   | 4:04.53 (52.16)   | 4:57.35 (52.82) | 5:50.27 (52.92)            | 6:43.24 (52.97) |         |
|   | 7:36.71 (53.47)   | 8:25.35 (48.64) |                            |                 |         |

## Women 60-64 200 Yard Backstroke

NATL: 2:19.36 # 4/7/2018 BONNIE BILICH

|   |                   |                 |                            |                 |         |
|---|-------------------|-----------------|----------------------------|-----------------|---------|
| 1 | Diana Dolan LaMar | 63              | Mission Viejo Nadadores-CA | 3:07.91         | 3:10.11 |
|   | 45.45             | 1:33.51 (48.06) | 2:22.01 (48.50)            | 3:10.11 (48.10) |         |

## Women 60-64 50 Yard Breaststroke

NATL: 33.79 # 5/7/2017 MELINDA MANN

|   |               |    |                            |    |       |
|---|---------------|----|----------------------------|----|-------|
| 1 | Sherry Brooks | 60 | Mission Viejo Nadadores-CA | NT | 52.75 |
|---|---------------|----|----------------------------|----|-------|

## Women 60-64 100 Yard Breaststroke

NATL: 1:16.55 # 5/6/2017 MELINDA MANN

|   |               |                 |                            |         |         |
|---|---------------|-----------------|----------------------------|---------|---------|
| 1 | Sherry Brooks | 60              | Mission Viejo Nadadores-CA | 1:54.00 | 1:50.51 |
|   | 52.75         | 1:50.51 (57.76) |                            |         |         |

## Women 60-64 50 Yard Butterfly

NATL: 27.93 # 5/13/2018 TRACI GRANGER

|   |               |    |                            |    |       |
|---|---------------|----|----------------------------|----|-------|
| 1 | Sherry Brooks | 60 | Mission Viejo Nadadores-CA | NT | 50.60 |
|---|---------------|----|----------------------------|----|-------|

## Women 60-64 100 Yard Butterfly

NATL: 1:03.59 # 4/27/2019 TRACI GRANGER

|   |               |    |                            |    |         |
|---|---------------|----|----------------------------|----|---------|
| 1 | Sherry Brooks | 60 | Mission Viejo Nadadores-CA | NT | 2:05.25 |
|---|---------------|----|----------------------------|----|---------|

## Women 60-64 200 Yard IM

NATL: 2:25.40 # 3/4/2012 LAURA VAL

|   |                   |                 |                            |                 |         |
|---|-------------------|-----------------|----------------------------|-----------------|---------|
| 1 | Diana Dolan LaMar | 63              | Mission Viejo Nadadores-CA | 3:09.80         | 3:15.72 |
|   | 44.49             | 1:36.76 (52.27) | 2:34.40 (57.64)            | 3:15.72 (41.32) |         |
| 2 | Sherry Brooks     | 60              | Mission Viejo Nadadores-CA | 4:00.00         | 3:38.68 |
|   | 50.60             | 1:47.22 (56.62) | 2:49.31 (1:02.09)          | 3:38.68 (49.37) |         |

## Women 60-64 400 Yard IM

NATL: 5:16.18 # 3/15/2014 LAURA VAL

|   |                   |                 |                            |                 |         |
|---|-------------------|-----------------|----------------------------|-----------------|---------|
| 1 | Diana Dolan LaMar | 63              | Mission Viejo Nadadores-CA | NT              | 6:49.07 |
|   | 51.34             | 1:50.23 (58.89) | 2:40.73 (50.50)            | 3:30.55 (49.82) |         |
|   | 4:27.65 (57.10)   | 5:26.36 (58.71) | 6:08.72 (42.36)            | 6:49.07 (40.35) |         |

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**(Women 60-64 400 Yard IM)**

|   |                   |                   |                            |                 |         |
|---|-------------------|-------------------|----------------------------|-----------------|---------|
| 2 | Sherry Brooks     | 60                | Mission Viejo Nadadores-CA | 7:45.00         | 7:52.72 |
|   | 54.43             | 2:05.25 (1:10.82) | 3:04.82 (59.57)            | 4:03.11 (58.29) |         |
|   | 5:06.82 (1:03.71) | 6:10.67 (1:03.85) | 7:03.61 (52.94)            | 7:52.72 (49.11) |         |

**Women 65-69 200 Yard Freestyle**

NATL: 2:07.23 # 5/11/2018 LAURA VAL

|   |                 |                 |                            |                 |         |
|---|-----------------|-----------------|----------------------------|-----------------|---------|
| 1 | Jeanne McCleave | 66              | Mission Viejo Nadadores-CA | 3:01.60         | 2:49.70 |
|   | 38.02           | 1:20.70 (42.68) | 2:05.35 (44.65)            | 2:49.70 (44.35) |         |

**Women 65-69 50 Yard Backstroke**

NATL: 29.65 # 5/12/2018 LAURA VAL

|   |                 |    |                            |    |       |
|---|-----------------|----|----------------------------|----|-------|
| 1 | Jeanne McCleave | 66 | Mission Viejo Nadadores-CA | NT | 38.25 |
|---|-----------------|----|----------------------------|----|-------|

**Women 65-69 100 Yard Backstroke**

NATL: 1:03.96 # 5/11/2018 LAURA VAL

|   |                 |                 |                            |    |         |
|---|-----------------|-----------------|----------------------------|----|---------|
| 1 | Jeanne McCleave | 66              | Mission Viejo Nadadores-CA | NT | 1:24.62 |
|   | 40.48           | 1:24.62 (44.14) |                            |    |         |

**Women 65-69 50 Yard Breaststroke**

NATL: 36.58 # 5/11/2018 MELINDA WOLFF

|   |                 |    |                            |       |       |
|---|-----------------|----|----------------------------|-------|-------|
| 1 | Jeanne McCleave | 66 | Mission Viejo Nadadores-CA | 45.22 | 44.34 |
|---|-----------------|----|----------------------------|-------|-------|

**Women 65-69 100 Yard Breaststroke**

NATL: 1:20.27 # 4/28/2017 CHARLOTTE DAVIS

|   |                 |                 |                            |    |         |
|---|-----------------|-----------------|----------------------------|----|---------|
| 1 | Jeanne McCleave | 66              | Mission Viejo Nadadores-CA | NT | 1:37.51 |
|   | 45.38           | 1:37.51 (52.13) |                            |    |         |

**Women 65-69 100 Yard IM**

NATL: 1:07.03 # 2/1/2020 PENNY NOYES

|   |                 |                 |                            |         |         |
|---|-----------------|-----------------|----------------------------|---------|---------|
| 1 | Jeanne McCleave | 66              | Mission Viejo Nadadores-CA | 1:24.27 | 1:29.18 |
|   | 40.87           | 1:29.18 (48.31) |                            |         |         |

**Women 70-74 50 Yard Freestyle**

NATL: 28.72 # 5/11/2018 MARGARET TOPPEL

|   |                   |    |                            |       |       |
|---|-------------------|----|----------------------------|-------|-------|
| 1 | Beverly Montrella | 74 | Mission Viejo Nadadores-CA | 39.40 | 36.79 |
|---|-------------------|----|----------------------------|-------|-------|

**Women 70-74 100 Yard Freestyle**

NATL: 1:06.03 # 4/26/2019 MARGARET TOPPEL

|   |                   |                 |                            |         |         |
|---|-------------------|-----------------|----------------------------|---------|---------|
| 1 | Beverly Montrella | 74              | Mission Viejo Nadadores-CA | 1:29.10 | 1:21.57 |
|   | 39.75             | 1:21.57 (41.82) |                            |         |         |

**Women 70-74 200 Yard Freestyle**

NATL: 2:27.55 # 5/11/2018 CHRISTIE HAYES

|   |                   |                 |                            |                 |         |
|---|-------------------|-----------------|----------------------------|-----------------|---------|
| 1 | Beverly Montrella | 74              | Mission Viejo Nadadores-CA | 3:04.60         | 2:58.59 |
|   | 41.83             | 1:26.75 (44.92) | 2:13.53 (46.78)            | 2:58.59 (45.06) |         |

**Women 70-74 500 Yard Freestyle**

NATL: 6:25.43 # 2/9/2020 CECILIA MCCLOSKEY

|   |                   |                 |                            |                 |         |
|---|-------------------|-----------------|----------------------------|-----------------|---------|
| 1 | Beverly Montrella | 74              | Mission Viejo Nadadores-CA | 7:30.00         | 7:41.63 |
|   | 42.72             | 1:29.55 (46.83) | 2:16.76 (47.21)            | 3:03.97 (47.21) |         |
|   | 3:50.52 (46.55)   | 4:37.40 (46.88) | 5:24.07 (46.67)            | 6:10.72 (46.65) |         |
|   | 6:57.48 (46.76)   | 7:41.63 (44.15) |                            |                 |         |

**Women 70-74 100 Yard Backstroke**

NATL: 1:10.44 # 2/9/2020 CECILIA MCCLOSKEY

|   |                   |                 |                            |         |         |
|---|-------------------|-----------------|----------------------------|---------|---------|
| 1 | Beverly Montrella | 74              | Mission Viejo Nadadores-CA | 1:45.00 | 1:34.68 |
|   | 46.90             | 1:34.68 (47.78) |                            |         |         |

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**Women 70-74 200 Yard Backstroke**

NATL: 2:34.54 # 2/8/2020 CECILIA MCCLOSKEY

|   |                   |                 |                            |                 |         |
|---|-------------------|-----------------|----------------------------|-----------------|---------|
| 1 | Beverly Montrella | 74              | Mission Viejo Nadadores-CA | 3:30.00         | 3:26.74 |
|   | 50.38             | 1:42.24 (51.86) | 2:35.28 (53.04)            | 3:26.74 (51.46) |         |

**Men 18-24 50 Yard Freestyle**

NATL: 19.36 # 4/28/2012 JOSH SCHNEIDER

|   |            |    |                            |       |       |
|---|------------|----|----------------------------|-------|-------|
| 1 | Daniel Kim | 20 | Mission Viejo Nadadores-CA | 20.94 | 21.19 |
|---|------------|----|----------------------------|-------|-------|

**Men 18-24 100 Yard Freestyle**

NATL: 42.59 # 12/1/2012 EUGENE GODSOE

|   |             |               |                            |       |       |
|---|-------------|---------------|----------------------------|-------|-------|
| 1 | Oscar Lopez | 21            | Mission Viejo Nadadores-CA | 55.00 | 55.58 |
|   | 26.91       | 55.58 (28.67) |                            |       |       |

**Men 18-24 100 Yard Freestyle**

NATL: 42.59 # 12/1/2012 EUGENE GODSOE

|   |            |               |                            |       |       |
|---|------------|---------------|----------------------------|-------|-------|
| 1 | Daniel Kim | 20            | Mission Viejo Nadadores-CA | 45.85 | 46.00 |
|   | 21.83      | 46.00 (24.17) |                            |       |       |

**Men 18-24 200 Yard Freestyle**

NATL: 1:35.02 # 11/8/2009 ANDY GRANT

|   |            |               |                            |                 |         |
|---|------------|---------------|----------------------------|-----------------|---------|
| 1 | Daniel Kim | 20            | Mission Viejo Nadadores-CA | 1:43.56         | 1:45.40 |
|   | 24.91      | 52.58 (27.67) | 1:19.26 (26.68)            | 1:45.40 (26.14) |         |

**Men 18-24 100 Yard Backstroke**

NATL: 45.36 # 11/30/2012 EUGENE GODSOE

|   |             |                 |                            |         |         |
|---|-------------|-----------------|----------------------------|---------|---------|
| 1 | Oscar Lopez | 21              | Mission Viejo Nadadores-CA | 1:07.00 | 1:04.32 |
|   | 31.13       | 1:04.32 (33.19) |                            |         |         |

**Men 18-24 50 Yard Breaststroke**

NATL: 24.53 # 2/1/2015 ROSTYSLAV FEDYNA

|   |                |    |                            |       |       |
|---|----------------|----|----------------------------|-------|-------|
| 1 | Daniel Peralta | 24 | Mission Viejo Nadadores-CA | 32.25 | 30.27 |
|---|----------------|----|----------------------------|-------|-------|

**Men 18-24 100 Yard Breaststroke**

NATL: 52.63 # 2/3/2018 JOSH PRENOT

|   |                |                 |                            |         |         |
|---|----------------|-----------------|----------------------------|---------|---------|
| 1 | Daniel Kim     | 20              | Mission Viejo Nadadores-CA | 58.52   | 57.80   |
|   | 27.16          | 57.80 (30.64)   |                            |         |         |
| 2 | Daniel Peralta | 24              | Mission Viejo Nadadores-CA | 1:09.19 | 1:06.08 |
|   | 31.09          | 1:06.08 (34.99) |                            |         |         |

**Men 18-24 50 Yard Butterfly**

NATL: 21.13 # 4/26/2015 HENRIK LINDAU

|   |                |    |                            |       |       |
|---|----------------|----|----------------------------|-------|-------|
| 1 | Daniel Peralta | 24 | Mission Viejo Nadadores-CA | 25.22 | 26.17 |
|---|----------------|----|----------------------------|-------|-------|

**Men 18-24 100 Yard Butterfly**

NATL: 46.65 # 11/30/2012 EUGENE GODSOE

|   |             |                 |                            |         |         |
|---|-------------|-----------------|----------------------------|---------|---------|
| 1 | Daniel Kim  | 20              | Mission Viejo Nadadores-CA | 48.07   | 49.01   |
|   | 23.11       | 49.01 (25.90)   |                            |         |         |
| 3 | Oscar Lopez | 21              | Mission Viejo Nadadores-CA | 1:05.00 | 1:03.75 |
|   | 28.17       | 1:03.75 (35.58) |                            |         |         |

**Men 18-24 200 Yard IM**

NATL: 1:48.91 # 2/2/2020 SAMUEL STEWART

|     |            |    |                            |         |    |
|-----|------------|----|----------------------------|---------|----|
| --- | Daniel Kim | 20 | Mission Viejo Nadadores-CA | 1:50.20 | NS |
|-----|------------|----|----------------------------|---------|----|

**Men 25-29 50 Yard Freestyle**

NATL: 18.67 # 12/20/2014 BOUSQUET\ADRIAN

|   |               |    |                            |    |       |
|---|---------------|----|----------------------------|----|-------|
| 1 | Nathan Dreier | 26 | Mission Viejo Nadadores-CA | NT | 24.81 |
|---|---------------|----|----------------------------|----|-------|

## 2021 SP/USMS February MVN SCY Intrasquad Meet - 2/28/2021

## Results

**Men 25-29 100 Yard Freestyle**

|                        |               |               |                            |    |       |
|------------------------|---------------|---------------|----------------------------|----|-------|
| NATL: 41.13 # 5/3/2014 |               | NATHAN ADRIAN |                            |    |       |
| 1                      | Nathan Dreier | 26            | Mission Viejo Nadadores-CA | NT | 54.73 |
|                        | 25.84         |               | 54.73 (28.89)              |    |       |

**Men 25-29 50 Yard Butterfly**

|                         |               |                |                            |    |       |
|-------------------------|---------------|----------------|----------------------------|----|-------|
| NATL: 20.99 # 4/28/2019 |               | MARCIN CIESLAK |                            |    |       |
| 1                       | Nathan Dreier | 26             | Mission Viejo Nadadores-CA | NT | 28.92 |

**Men 25-29 100 Yard IM**

|                        |               |                 |                            |    |         |
|------------------------|---------------|-----------------|----------------------------|----|---------|
| NATL: 47.77 # 5/3/2014 |               | DARIAN TOWNSEND |                            |    |         |
| 1                      | Nathan Dreier | 26              | Mission Viejo Nadadores-CA | NT | 1:07.05 |
|                        | 30.91         |                 | 1:07.05 (36.14)            |    |         |

**Men 30-34 50 Yard Freestyle**

|                        |                 |             |                            |       |       |
|------------------------|-----------------|-------------|----------------------------|-------|-------|
| NATL: 19.33 # 5/3/2014 |                 | ERVIN\ERVIN |                            |       |       |
| 1                      | John Cook       | 32          | Mission Viejo Nadadores-CA | 21.60 | 22.28 |
| 2                      | Matthew Lormand | 32          | Mission Viejo Nadadores-CA | 25.70 | 28.04 |

**Men 30-34 100 Yard Freestyle**

|                          |               |                 |                            |         |       |
|--------------------------|---------------|-----------------|----------------------------|---------|-------|
| NATL: 42.75 # 12/21/2014 |               | DARIAN TOWNSEND |                            |         |       |
| 1                        | Zeyad Ramadan | 34              | Mission Viejo Nadadores-CA | 1:05.00 | 57.10 |
|                          | 27.37         |                 | 57.10 (29.73)              |         |       |

**Men 30-34 100 Yard Freestyle**

|                          |                 |                 |                            |       |         |
|--------------------------|-----------------|-----------------|----------------------------|-------|---------|
| NATL: 42.75 # 12/21/2014 |                 | DARIAN TOWNSEND |                            |       |         |
| 1                        | John Cook       | 32              | Mission Viejo Nadadores-CA | 47.22 | 49.14   |
|                          | 23.34           |                 | 49.14 (25.80)              |       |         |
| 2                        | Matthew Lormand | 32              | Mission Viejo Nadadores-CA | 57.61 | 1:01.45 |
|                          | 29.02           |                 | 1:01.45 (32.43)            |       |         |

**Men 30-34 200 Yard Freestyle**

|                            |               |                 |   |         |         |
|----------------------------|---------------|-----------------|---|---------|---------|
| NATL: 1:34.00 # 12/19/2014 |               | DARIAN TOWNSEND |   |         |         |
| 1                          | Zeyad Ramadan | 34              | Mission Viejo Nadadores-CA                      | 2:25.00 | 2:10.86 |
|                            | 28.89         |                 | 1:01.07 (32.18) 1:35.19 (34.12) 2:10.86 (35.67) |         |         |

**Men 30-34 50 Yard Breaststroke**

|                         |                 |              |                            |       |       |
|-------------------------|-----------------|--------------|----------------------------|-------|-------|
| NATL: 24.35 # 4/24/2015 |                 | MATT GREVERS |                            |       |       |
| 1                       | Matthew Lormand | 32           | Mission Viejo Nadadores-CA | 33.60 | 35.95 |

**Men 30-34 100 Yard Breaststroke**

|                         |               |                 |                            |         |         |
|-------------------------|---------------|-----------------|----------------------------|---------|---------|
| NATL: 52.34 # 12/8/2019 |               | BRANDON FISCHER |                            |         |         |
| 1                       | Ryan TerBush  | 31              | Mission Viejo Nadadores-CA | 1:05.00 | 1:01.88 |
|                         | 28.76         |                 | 1:01.88 (33.12)            |         |         |
| ---                     | Zeyad Ramadan | 34              | Mission Viejo Nadadores-CA | NT      | NS      |

**Men 30-34 200 Yard Breaststroke**

|                           |             |                 |   |    |         |
|---------------------------|-------------|-----------------|---|----|---------|
| NATL: 1:54.10 # 12/8/2019 |             | BRANDON FISCHER |   |    |         |
| 1                         | Jeffrey Lee | 33              | Mission Viejo Nadadores-CA                      | NT | 3:37.74 |
|                           | 51.34       |                 | 1:49.64 (58.30) 2:44.17 (54.53) 3:37.74 (53.57) |    |         |

**Men 30-34 100 Yard Butterfly**

|                          |               |            |                            |         |         |
|--------------------------|---------------|------------|----------------------------|---------|---------|
| NATL: 47.28 # 12/20/2013 |               | ADAM MANIA |                            |         |         |
| 1                        | Ryan TerBush  | 31         | Mission Viejo Nadadores-CA | 1:00.00 | 55.13   |
|                          | 25.48         |            | 55.13 (29.65)              |         |         |
| 2                        | Zeyad Ramadan | 34         | Mission Viejo Nadadores-CA | NT      | 1:17.54 |
|                          | 34.59         |            | 1:17.54 (42.95)            |         |         |

## 2021 SP/USMS February MVN SCY Intrasquad Meet - 2/28/2021

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**Men 30-34 200 Yard IM**

NATL: 1:42.03 # 12/20/2014 DARIAN TOWNSEND

|   |               |                 |                            |                 |         |
|---|---------------|-----------------|----------------------------|-----------------|---------|
| 1 | Zeyad Ramadan | 34              | Mission Viejo Nadadores-CA | NT              | 2:47.44 |
|   | 35.07         | 1:18.78 (43.71) | 2:09.58 (50.80)            | 2:47.44 (37.86) |         |

**Men 30-34 400 Yard IM**

NATL: 3:40.98 # 12/19/2014 DARIAN TOWNSEND

|   |                   |                   |                            |                   |         |
|---|-------------------|-------------------|----------------------------|-------------------|---------|
| 1 | Jeffrey Lee       | 33                | Mission Viejo Nadadores-CA | NT                | 7:19.80 |
|   | 41.19             | 1:29.91 (48.72)   | 2:30.93 (1:01.02)          | 3:34.14 (1:03.21) |         |
|   | 4:40.43 (1:06.29) | 5:46.92 (1:06.49) | 6:33.45 (46.53)            | 7:19.80 (46.35)   |         |

**Men 40-44 50 Yard Freestyle**

NATL: 20.67 # 12/20/2014 JOSH DAVIS

|   |                      |    |                            |       |       |
|---|----------------------|----|----------------------------|-------|-------|
| 1 | Paul Mundl           | 44 | Mission Viejo Nadadores-CA | 56.00 | 24.16 |
| 2 | Matthew Mester       | 41 | Mission Viejo Nadadores-CA | 25.50 | 26.24 |
| 3 | Robert Waltersdorfer | 43 | Mission Viejo Nadadores-CA | NT    | 34.39 |

**Men 40-44 100 Yard Freestyle**

NATL: 45.15 # 5/3/2014 JOSH DAVIS

|   |                |                 |                            |         |         |
|---|----------------|-----------------|----------------------------|---------|---------|
| 1 | Paul Mundl     | 44              | Mission Viejo Nadadores-CA | 23.00   | 52.48   |
|   | 24.59          | 52.48 (27.89)   |                            |         |         |
| 2 | Douglas Herman | 44              | Mission Viejo Nadadores-CA | 1:15.00 | 1:02.17 |
|   | 29.46          | 1:02.17 (32.71) |                            |         |         |

**Men 40-44 200 Yard Freestyle**

NATL: 1:38.23 # 4/24/2015 JOSH DAVIS

|   |                |                 |                            |                 |         |
|---|----------------|-----------------|----------------------------|-----------------|---------|
| 1 | Douglas Herman | 44              | Mission Viejo Nadadores-CA | 2:40.00         | 2:29.68 |
|   | 32.42          | 1:11.07 (38.65) | 1:51.06 (39.99)            | 2:29.68 (38.62) |         |

**Men 40-44 50 Yard Backstroke**

NATL: 22.77 # 4/26/2009 MICHAEL ROSS

|   |                      |    |                            |       |       |
|---|----------------------|----|----------------------------|-------|-------|
| 1 | Duncan Houldsworth   | 44 | Mission Viejo Nadadores-CA | 24.97 | 32.44 |
| 2 | Robert Waltersdorfer | 43 | Mission Viejo Nadadores-CA | NT    | 46.80 |

**Men 40-44 100 Yard Backstroke**

NATL: 48.49 # 4/26/2009 MICHAEL ROSS

|     |                    |    |                            |         |    |
|-----|--------------------|----|----------------------------|---------|----|
| --- | Duncan Houldsworth | 44 | Mission Viejo Nadadores-CA | 1:12.00 | NS |
|-----|--------------------|----|----------------------------|---------|----|

**Men 40-44 50 Yard Breaststroke**

NATL: 25.02 # 3/12/2016 JARROD MARRS

|   |                      |    |                            |       |       |
|---|----------------------|----|----------------------------|-------|-------|
| 1 | Matthew Mester       | 41 | Mission Viejo Nadadores-CA | 33.50 | 33.22 |
| 2 | Robert Waltersdorfer | 43 | Mission Viejo Nadadores-CA | NT    | 39.04 |

**Men 40-44 100 Yard Breaststroke**

NATL: 55.37 # 4/25/2015 JEFF COMMINGS

|     |                |    |                            |         |    |
|-----|----------------|----|----------------------------|---------|----|
| --- | Matthew Mester | 41 | Mission Viejo Nadadores-CA | 1:13.00 | NS |
|-----|----------------|----|----------------------------|---------|----|

**Men 40-44 50 Yard Butterfly**

NATL: 22.60 # 4/14/2018 JAMES ZENYUH

|   |                |    |                            |       |       |
|---|----------------|----|----------------------------|-------|-------|
| 1 | Douglas Herman | 44 | Mission Viejo Nadadores-CA | 33.40 | 33.37 |
|---|----------------|----|----------------------------|-------|-------|

**Men 40-44 100 Yard IM**

NATL: 51.07 # 4/25/2015 JEFF COMMINGS

|   |                      |                 |                            |         |         |
|---|----------------------|-----------------|----------------------------|---------|---------|
| 1 | Duncan Houldsworth   | 44              | Mission Viejo Nadadores-CA | 1:24.00 | 1:12.31 |
|   | 33.78                | 1:12.31 (38.53) |                            |         |         |
| 2 | Robert Waltersdorfer | 43              | Mission Viejo Nadadores-CA | 1:24.00 | 1:33.22 |
|   | 45.53                | 1:33.22 (47.69) |                            |         |         |



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## Results

**(Men 40-44 100 Yard IM)**

|     |                |    |                            |         |    |
|-----|----------------|----|----------------------------|---------|----|
| --- | Douglas Herman | 44 | Mission Viejo Nadadores-CA | 1:25.00 | DQ |
|-----|----------------|----|----------------------------|---------|----|

**Men 40-44 200 Yard IM**

NATL: 1:51.85 # 4/26/2009 MICHAEL ROSS

|     |                    |    |                            |         |    |
|-----|--------------------|----|----------------------------|---------|----|
| --- | Matthew Mester     | 41 | Mission Viejo Nadadores-CA | 2:30.00 | NS |
| --- | Duncan Houldsworth | 44 | Mission Viejo Nadadores-CA | 2:22.73 | NS |

**Men 45-49 50 Yard Freestyle**

NATL: 21.06 # 5/21/2010 RICHARD HUGHEY

|   |                 |    |                            |       |       |
|---|-----------------|----|----------------------------|-------|-------|
| 1 | Irving Ambrosio | 45 | Mission Viejo Nadadores-CA | 27.00 | 26.04 |
| 2 | Todd Foos       | 45 | Mission Viejo Nadadores-CA | 27.00 | 26.58 |
| 3 | Michael Kolarov | 48 | Mission Viejo Nadadores-CA | 25.00 | 27.12 |

**Men 45-49 100 Yard Freestyle**

NATL: 46.21 # 4/26/2015 NICOLAS GRANGER

|   |           |    |                            |       |         |
|---|-----------|----|----------------------------|-------|---------|
| 1 | Todd Foos | 45 | Mission Viejo Nadadores-CA | 46.63 | 1:00.27 |
|---|-----------|----|----------------------------|-------|---------|

**Men 45-49 100 Yard Freestyle**

NATL: 46.21 # 4/26/2015 NICOLAS GRANGER

|   |                 |    |                            |       |               |
|---|-----------------|----|----------------------------|-------|---------------|
| 1 | Irving Ambrosio | 45 | Mission Viejo Nadadores-CA | 58.08 | 56.88         |
|   |                 |    |                            | 27.55 | 56.88 (29.33) |

**Men 45-49 500 Yard Freestyle**

NATL: 4:39.10 # 5/20/2007 DENNIS BAKER

|   |                      |    |                            |                 |                 |
|---|----------------------|----|----------------------------|-----------------|-----------------|
| 1 | Magid Ahmadi-Kashani | 48 | Mission Viejo Nadadores-CA | 6:00.00         | 5:30.16         |
|   |                      |    |                            | 28.93           | 1:00.75 (31.82) |
|   |                      |    |                            | 1:33.76 (33.01) | 2:07.12 (33.36) |
|   |                      |    |                            | 2:40.72 (33.60) | 3:14.23 (33.51) |
|   |                      |    |                            | 3:48.38 (34.15) | 4:22.46 (34.08) |
|   |                      |    |                            | 4:56.64 (34.18) | 5:30.16 (33.52) |

**Men 45-49 50 Yard Backstroke**

NATL: 23.58 # 4/26/2015 MICHAEL ROSS

|   |                 |    |                            |       |       |
|---|-----------------|----|----------------------------|-------|-------|
| 1 | Michael Kolarov | 48 | Mission Viejo Nadadores-CA | 32.40 | 31.54 |
|---|-----------------|----|----------------------------|-------|-------|

**Men 45-49 50 Yard Breaststroke**

NATL: 25.66 # 4/27/2019 JEFF COMMINGS

|   |                 |    |                            |       |       |
|---|-----------------|----|----------------------------|-------|-------|
| 1 | Michael Kolarov | 48 | Mission Viejo Nadadores-CA | 33.00 | 33.91 |
| 2 | Todd Foos       | 45 | Mission Viejo Nadadores-CA | NT    | 37.16 |

**Men 45-49 200 Yard Breaststroke**

NATL: 2:02.42 # 4/29/2017 STEVE WEST

|   |                      |    |                            |                 |                 |
|---|----------------------|----|----------------------------|-----------------|-----------------|
| 1 | Magid Ahmadi-Kashani | 48 | Mission Viejo Nadadores-CA | 2:38.00         | 2:38.31         |
|   |                      |    |                            | 36.57           | 1:16.77 (40.20) |
|   |                      |    |                            | 1:58.20 (41.43) | 2:38.31 (40.11) |

**Men 45-49 50 Yard Butterfly**

NATL: 22.67 # 5/4/2008 PAUL SMITH

|   |                 |    |                            |       |       |
|---|-----------------|----|----------------------------|-------|-------|
| 1 | Irving Ambrosio | 45 | Mission Viejo Nadadores-CA | 27.81 | 28.73 |
| 2 | Gustavo Murillo | 49 | Mission Viejo Nadadores-CA | NT    | 50.04 |

**Men 45-49 100 Yard Butterfly**

NATL: 50.90 # 5/21/2010 DAVID SIMS

|   |                 |    |                            |         |                 |
|---|-----------------|----|----------------------------|---------|-----------------|
| 1 | Irving Ambrosio | 45 | Mission Viejo Nadadores-CA | 1:09.13 | 1:05.89         |
|   |                 |    |                            | 31.92   | 1:05.89 (33.97) |

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**Men 45-49 100 Yard IM**

|   |                 |    |                            |                 |
|---|-----------------|----|----------------------------|-----------------|
| <b>NATL: 52.14 # 5/23/2010 RICHARD HUGHEY</b> |                 |    |                            |                 |
| 1   | Michael Kolarov | 48 | Mission Viejo Nadadores-CA | 1:09.00 1:08.19 |
|   | 31.66           |    | 1:08.19 (36.53)            |                 |
| ---   | Gustavo Murillo | 49 | Mission Viejo Nadadores-CA | 1:24.00 DQ      |
| ---   | Todd Foos       | 45 | Mission Viejo Nadadores-CA | 1:24.00 DQ      |

**Men 50-54 50 Yard Freestyle**

|   |               |    |                            |          |
|---|---------------|----|----------------------------|----------|
| <b>NATL: 21.36 # 4/29/2011 ROWDY GAINES</b> |               |    |                            |          |
| 1   | Thomas Dowdle | 52 | Mission Viejo Nadadores-CA | NT 28.52 |

**Men 50-54 100 Yard Freestyle**

|   |               |    |                            |            |
|---|---------------|----|----------------------------|------------|
| <b>NATL: 46.59 # 5/10/2009 ROWDY GAINES</b> |               |    |                            |            |
| 1   | Thomas Dowdle | 52 | Mission Viejo Nadadores-CA | NT 1:05.60 |
|   | 30.42         |    | 1:05.60 (35.18)            |            |

**Men 50-54 100 Yard Freestyle**

|   |              |    |                            |                 |
|---|--------------|----|----------------------------|-----------------|
| <b>NATL: 46.59 # 5/10/2009 ROWDY GAINES</b> |              |    |                            |                 |
| 1   | Mike Bennett | 50 | Mission Viejo Nadadores-CA | 1:01.43 1:01.40 |
|   | 29.72        |    | 1:01.40 (31.68)            |                 |

**Men 50-54 200 Yard Freestyle**

|   |              |    |   |                 |
|---|--------------|----|---|-----------------|
| <b>NATL: 1:43.76 # 5/10/2009 ROWDY GAINES</b> |              |    |   |                 |
| *1  | James Tobin  | 54 | Mission Viejo Nadadores-CA                      | 1:57.00 2:00.03 |
|   | 28.98        |    | 58.76 (29.78) 1:29.57 (30.81) 2:00.03 (30.46)   |                 |
| *1  | Mike Bennett | 50 | Mission Viejo Nadadores-CA                      | 2:16.63 2:16.87 |
|   | 31.90        |    | 1:06.82 (34.92) 1:42.30 (35.48) 2:16.87 (34.57) |                 |

**Men 50-54 500 Yard Freestyle**

|   |                 |    |   |                 |
|---|-----------------|----|---|-----------------|
| <b>NATL: 4:47.57 # 5/20/2001 JIM MCCONICA</b> |                 |    |   |                 |
| 1   | Mike Bennett    | 50 | Mission Viejo Nadadores-CA                      | 6:20.57 6:08.51 |
|   | 35.05           |    | 1:11.20 (36.15) 1:48.11 (36.91) 2:25.61 (37.50) |                 |
|   | 3:03.12 (37.51) |    | 3:40.51 (37.39) 4:18.00 (37.49) 4:55.46 (37.46) |                 |
|   | 5:32.47 (37.01) |    | 6:08.51 (36.04)                                 |                 |

**Men 50-54 50 Yard Breaststroke**

|  |               |    |                            |          |
|--|---------------|----|----------------------------|----------|
| <b>NATL: 26.45 # 3/30/2014 DAVID GUTHRIE</b> |               |    |                            |          |
| 1  | Thomas Dowdle | 52 | Mission Viejo Nadadores-CA | NT 37.25 |

**Men 50-54 100 Yard Butterfly**

|   |             |    |                            |               |
|---|-------------|----|----------------------------|---------------|
| <b>NATL: 51.73 # 5/12/2013 DAVID SIMS</b> |             |    |                            |               |
| 2   | James Tobin | 54 | Mission Viejo Nadadores-CA | 1:08.11 59.98 |
|   | 28.21       |    | 59.98 (31.77)              |               |

**Men 50-54 200 Yard Butterfly**

|   |             |    |   |            |
|---|-------------|----|---|------------|
| <b>NATL: 1:58.49 # 4/29/2016 DAVID SIMS</b> |             |    |   |            |
| 1   | James Tobin | 54 | Mission Viejo Nadadores-CA                      | NT 2:16.87 |
|   | 31.29       |    | 1:06.16 (34.87) 1:41.25 (35.09) 2:16.87 (35.62) |            |

**Men 50-54 100 Yard IM**

|   |               |    |                            |            |
|---|---------------|----|----------------------------|------------|
| <b>NATL: 53.60 # 4/29/2017 MIKE IRVIN</b> |               |    |                            |            |
| 1   | Thomas Dowdle | 52 | Mission Viejo Nadadores-CA | NT 1:20.00 |
|   | 39.37         |    | 1:20.00 (40.63)            |            |

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## Results

**Men 55-59 50 Yard Freestyle**

NATL: 21.82 # 4/30/2000 RICHARD ABRAHAMS

|   |                 |    |                            |       |       |
|---|-----------------|----|----------------------------|-------|-------|
| 1 | Stephen Freitas | 55 | Mission Viejo Nadadores-CA | 28.00 | 30.59 |
| 2 | Arnie Aistars   | 55 | Mission Viejo Nadadores-CA | NT    | 40.82 |

**Men 55-59 100 Yard Freestyle**

NATL: 48.37 # 4/30/2000 RICHARD ABRAHAMS

|   |                 |                 |                            |       |         |
|---|-----------------|-----------------|----------------------------|-------|---------|
| 1 | Stephen Freitas | 55              | Mission Viejo Nadadores-CA | 46.63 | 1:07.58 |
|   | 31.53           | 1:07.58 (36.05) |                            |       |         |
| 2 | Arnie Aistars   | 55              | Mission Viejo Nadadores-CA | NT    | 1:41.84 |
|   | 46.37           | 1:41.84 (55.47) |                            |       |         |

**Men 55-59 100 Yard Freestyle**

NATL: 48.37 # 4/30/2000 RICHARD ABRAHAMS

|   |             |                 |                            |         |         |
|---|-------------|-----------------|----------------------------|---------|---------|
| 1 | Mike Gibson | 59              | Mission Viejo Nadadores-CA | 1:00.00 | 1:01.02 |
|   | 29.46       | 1:01.02 (31.56) |                            |         |         |

**Men 55-59 200 Yard Freestyle**

NATL: 1:48.79 # 4/10/2010 MICHAEL MANN

|   |               |    |                            |    |         |
|---|---------------|----|----------------------------|----|---------|
| 1 | Arnie Aistars | 55 | Mission Viejo Nadadores-CA | NT | 3:56.61 |
|---|---------------|----|----------------------------|----|---------|

**Men 55-59 50 Yard Breaststroke**

NATL: 26.32 # 4/27/2019 CARLO TRAVAINI

|   |                 |    |                            |    |       |
|---|-----------------|----|----------------------------|----|-------|
| 1 | Stephen Freitas | 55 | Mission Viejo Nadadores-CA | NT | 38.05 |
|---|-----------------|----|----------------------------|----|-------|

**Men 55-59 100 Yard Breaststroke**

NATL: 57.95 # 5/13/2018 CARLO TRAVAINI

|   |             |                 |                            |         |         |
|---|-------------|-----------------|----------------------------|---------|---------|
| 1 | Mike Gibson | 59              | Mission Viejo Nadadores-CA | 1:14.00 | 1:14.65 |
|   | 35.77       | 1:14.65 (38.88) |                            |         |         |

**Men 55-59 50 Yard Butterfly**

NATL: 24.00 # 5/1/2016 BRUCE KONE

|   |                 |    |                            |    |       |
|---|-----------------|----|----------------------------|----|-------|
| 1 | Stephen Freitas | 55 | Mission Viejo Nadadores-CA | NT | 33.47 |
|---|-----------------|----|----------------------------|----|-------|

**Men 55-59 100 Yard Butterfly**

NATL: 53.68 # 5/11/2018 DAVID SIMS

|   |             |                 |                            |         |         |
|---|-------------|-----------------|----------------------------|---------|---------|
| 1 | Mike Gibson | 59              | Mission Viejo Nadadores-CA | 1:20.00 | 1:08.01 |
|   | 31.60       | 1:08.01 (36.41) |                            |         |         |

**Men 55-59 100 Yard IM**

NATL: 55.09 # 4/26/2019 CARLO TRAVAINI

|   |                 |    |                            |         |         |
|---|-----------------|----|----------------------------|---------|---------|
| 1 | Stephen Freitas | 55 | Mission Viejo Nadadores-CA | 1:24.00 | 1:19.44 |
|---|-----------------|----|----------------------------|---------|---------|

**Men 55-59 200 Yard IM**

NATL: 2:02.25 # 5/13/2018 DAVID SIMS

|   |             |                 |                            |                 |         |
|---|-------------|-----------------|----------------------------|-----------------|---------|
| 1 | Mike Gibson | 59              | Mission Viejo Nadadores-CA | 3:45.00         | 2:37.23 |
|   | 31.48       | 1:14.40 (42.92) | 1:59.21 (44.81)            | 2:37.23 (38.02) |         |

**Men 60-64 50 Yard Freestyle**

NATL: 22.30 # 5/22/2005 RICHARD ABRAHAMS

|   |                 |    |                            |    |       |
|---|-----------------|----|----------------------------|----|-------|
| 1 | Robert Mitchell | 62 | Mission Viejo Nadadores-CA | NT | 32.87 |
|---|-----------------|----|----------------------------|----|-------|

**Men 60-64 100 Yard Freestyle**

NATL: 49.14 # 5/22/2005 RICHARD ABRAHAMS

|   |                 |    |                            |    |         |
|---|-----------------|----|----------------------------|----|---------|
| 1 | Robert Mitchell | 62 | Mission Viejo Nadadores-CA | NT | 1:09.85 |
|---|-----------------|----|----------------------------|----|---------|

## 2021 SP/USMS February MVN SCY Intrasquad Meet - 2/28/2021

## Results

**Men 60-64 200 Yard Freestyle**

NATL: 1:51.08 # 4/24/2015 RICK COLELLA

|   |                 |                 |                            |                 |         |
|---|-----------------|-----------------|----------------------------|-----------------|---------|
| 1 | Robert Mitchell | 62              | Mission Viejo Nadadores-CA | 2:38.00         | 2:26.18 |
|   | 32.87           | 1:09.85 (36.98) | 1:48.12 (38.27)            | 2:26.18 (38.06) |         |

**Men 60-64 200 Yard Freestyle**

NATL: 1:51.08 # 4/24/2015 RICK COLELLA

|   |             |                 |                            |                 |         |
|---|-------------|-----------------|----------------------------|-----------------|---------|
| 1 | Ray Borzone | 62              | Mission Viejo Nadadores-CA | 2:25.00         | 2:18.80 |
|   | 29.92       | 1:04.59 (34.67) | 1:41.63 (37.04)            | 2:18.80 (37.17) |         |

**Men 60-64 500 Yard Freestyle**

NATL: 5:11.17 # 4/29/2012 JIM MC CONICA

|   |                 |                 |                            |                 |         |
|---|-----------------|-----------------|----------------------------|-----------------|---------|
| 1 | Robert Mitchell | 62              | Mission Viejo Nadadores-CA | 6:58.00         | 6:43.05 |
|   | 34.85           | 1:15.68 (40.83) | 1:57.17 (41.49)            | 2:38.37 (41.20) |         |
|   | 3:19.31 (40.94) | 4:00.31 (41.00) | 4:41.21 (40.90)            | 5:21.93 (40.72) |         |
|   | 6:03.29 (41.36) | 6:43.05 (39.76) |                            |                 |         |

**Men 60-64 100 Yard Backstroke**

NATL: 57.46 # 4/30/2016 TOM BARTON

|   |                 |                 |                            |         |         |
|---|-----------------|-----------------|----------------------------|---------|---------|
| 1 | Robert Mitchell | 62              | Mission Viejo Nadadores-CA | 1:21.00 | 1:17.02 |
|   | 37.29           | 1:17.02 (39.73) |                            |         |         |

**Men 60-64 200 Yard Backstroke**

NATL: 2:07.91 # 5/1/2016 TOM BARTON

|   |                 |                 |                            |                 |         |
|---|-----------------|-----------------|----------------------------|-----------------|---------|
| 1 | Robert Mitchell | 62              | Mission Viejo Nadadores-CA | 2:57.82         | 2:51.61 |
|   | 39.99           | 1:23.25 (43.26) | 2:07.92 (44.67)            | 2:51.61 (43.69) |         |

**Men 60-64 50 Yard Butterfly**

NATL: 24.36 # 2/10/2018 BRUCE KONE

|   |                 |    |                            |    |       |
|---|-----------------|----|----------------------------|----|-------|
| 1 | Robert Mitchell | 62 | Mission Viejo Nadadores-CA | NT | 35.95 |
|---|-----------------|----|----------------------------|----|-------|

**Men 60-64 50 Yard Butterfly**

NATL: 24.36 # 2/10/2018 BRUCE KONE

|   |             |    |                            |       |       |
|---|-------------|----|----------------------------|-------|-------|
| 1 | Ray Borzone | 62 | Mission Viejo Nadadores-CA | 31.44 | 31.81 |
|---|-------------|----|----------------------------|-------|-------|

**Men 60-64 100 Yard Butterfly**

NATL: 54.70 # 5/11/2018 PAUL CARTER

|   |                 |    |                            |    |         |
|---|-----------------|----|----------------------------|----|---------|
| 1 | Robert Mitchell | 62 | Mission Viejo Nadadores-CA | NT | 1:35.50 |
|---|-----------------|----|----------------------------|----|---------|

**Men 60-64 100 Yard IM**

NATL: 57.23 # 5/11/2013 RICK COLELLA

|     |             |    |                            |         |    |
|-----|-------------|----|----------------------------|---------|----|
| --- | Ray Borzone | 62 | Mission Viejo Nadadores-CA | 1:15.00 | DQ |
|-----|-------------|----|----------------------------|---------|----|

**Men 60-64 200 Yard IM**

NATL: 2:03.26 # 5/4/2014 RICK COLELLA

|   |                 |                 |                            |                 |         |
|---|-----------------|-----------------|----------------------------|-----------------|---------|
| 1 | Robert Mitchell | 62              | Mission Viejo Nadadores-CA | 2:55.00         | 2:48.48 |
|   | 35.95           | 1:17.41 (41.46) | 2:07.20 (49.79)            | 2:48.48 (41.28) |         |

**Men 60-64 400 Yard IM**

NATL: 4:24.24 # 5/2/2014 RICK COLELLA

|   |                 |                 |                            |                 |         |
|---|-----------------|-----------------|----------------------------|-----------------|---------|
| 1 | Robert Mitchell | 62              | Mission Viejo Nadadores-CA | 6:35.00         | 6:11.93 |
|   | 42.59           | 1:35.50 (52.91) | 2:23.42 (47.92)            | 3:10.04 (46.62) |         |
|   | 4:00.30 (50.26) | 4:50.36 (50.06) | 5:32.10 (41.74)            | 6:11.93 (39.83) |         |

**Men 70-74 50 Yard Freestyle**

NATL: 24.13 # 5/4/2008 JEFF FARRELL

|   |             |    |                            |       |       |
|---|-------------|----|----------------------------|-------|-------|
| 1 | Van Cochran | 70 | Mission Viejo Nadadores-CA | 30.40 | 30.71 |
|---|-------------|----|----------------------------|-------|-------|

**2021 SP/USMS February MVN SCY Intrasquad Meet - 2/28/2021****Results****Men 70-74 100 Yard Freestyle**

NATL: 54.58 # 4/26/2015 RICHARD ABRAHAMS

|   |             |       |                 |    |                            |         |         |
|---|-------------|-------|-----------------|----|----------------------------|---------|---------|
| 1 | Van Cochran | 32.22 | 1:07.79 (35.57) | 70 | Mission Viejo Nadadores-CA | 1:07.28 | 1:07.79 |
|---|-------------|-------|-----------------|----|----------------------------|---------|---------|

**Men 70-74 200 Yard Freestyle**

NATL: 2:05.33 # 3/24/2019 FRED SCHLICHER

|   |             |       |                 |    |                            |                 |                 |
|---|-------------|-------|-----------------|----|----------------------------|-----------------|-----------------|
| 1 | Van Cochran | 34.34 | 1:12.92 (38.58) | 70 | Mission Viejo Nadadores-CA | 2:34.32         | 2:35.45         |
|   |             |       |                 |    |                            | 1:54.05 (41.13) | 2:35.45 (41.40) |

**Men 70-74 500 Yard Freestyle**

NATL: 5:41.21 # 11/4/2018 DAN KIRKLAND

|   |             |       |                 |    |                            |                 |                 |
|---|-------------|-------|-----------------|----|----------------------------|-----------------|-----------------|
| 1 | Van Cochran | 38.20 | 1:19.18 (40.98) | 70 | Mission Viejo Nadadores-CA | 7:09.42         | 7:01.73         |
|   |             |       |                 |    |                            | 2:02.48 (43.30) | 2:46.12 (43.64) |
|   |             |       |                 |    |                            | 4:55.19 (43.02) | 5:38.69 (43.50) |
|   |             |       |                 |    |                            | 3:29.16 (43.04) | 4:12.17 (43.01) |
|   |             |       |                 |    |                            | 6:21.69 (43.00) | 7:01.73 (40.04) |