

After almost 4 years, this is the last issue of the monthly electronic newsletter with me as you editor.

I want to express my heartfelt thanks to all of the wonderful contributors who have helped make this newsletter what it is today: I could not have done it without you. It has been a privilege working with you.

I also want to thank all of the swimmers in NC who have given me such great feedback both verbally and by Email. It made this job fun. I'm sure I'll see you at a future swim meet. My email address remains:

[gvanmeeteren@gmail.com](mailto:gvanmeeteren@gmail.com)



Very exciting news: Coach Patty Waldron was awarded the Kerry O'Brien Coaching Award for all of the great work she does for Masters Swimming. Read more about this well-deserved award below.

August has been a fantastic month in the swimming world: Hans and I were happy participants in the FINA World Masters Championships. More about that adventure in this newsletter.

And of course there were the USMS National Long Course Championships. Many spectacular swims were performed in the pool. There is a special story about the Husson Family Team that I'll share with you.

Coach Laura Goodwin wrote an excellent review of the book Golden Girl - a book about Nathalie Coughlin and her coach Teri McKeever. After reading Laura's review, I'm going to get a copy of the book - I have not yet read it.

Jon Blank has written about North Carolina as the state of swimming.

**Open water fans:** I have included a piece about the Big Shoulders swim in Chicago. Bill Mulliken, who recently passed away, was the great driving force behind the event.

And for more open water news: **Lake Lure** will be the host site for the **2016 Open Water National Championship Festival**. This is a 2-day festival, which will feature the 1-mile swim one day and the >3/<6 mile (5K) swim the second day. Dates for the event: August 19 and 20, 2016, mark your calendars.

As always:

Enjoy your newsletter

Happy Swimming

Greta van Meeteren