

## **Letter from the Editor**

by Greta van Meeteren, Editor and Chairwoman of the Local Masters Swimming Committee for North Carolina

As I am writing this column, we are approaching Christmas. My team is swimming "under the bubble" and I am reading about the swimming adventures of our friends in Florida - blissfully swimming outdoors.

It has been a very good year for North Carolina Masters Swimming with a lot of great events and good stories. I wish every one of you a wonderful swimming year ahead! Please share your swim stories with the rest of NC Masters. You can always reach me at: [chair@ncmasters.org](mailto:chair@ncmasters.org), I'd love to hear from you.

In this issue of your newsletter I've shared with you the preliminary results of the 3,000/6,000 yard postal championships for NC Masters Swimmers - check it out!

Also: PLEASE remember to renew your USMS membership for 2012 if you have not already done so.

The Sunbelt Championship meet will be held in Charlotte, January 28 and 29, 2012 ... I hope to see many of you there.

The parting shot for 2011: an excellent (breast)stroke workout by Bob Schmitz - I tried it this week, it is challenging!

Enjoy your newsletter,  
Happy Holidays and Happy Swimming,  
Greta van Meeteren