



avoid security problems, the access is limited to viewing only. No changes can be made. To indicate attendance at an event, users must first register through MyTrainLocal and their application to join must be approved. This only grants limited access to indicate attendance and, if the user wishes, they can then set up their own display of the calendar to include other activities in the display. Large scale changes require someone to be the designated organizer.

- **What is displayable on the calendar**

The calendar, as currently structured, is organized to provide information about all types of events on a variety of sports. It can provide information on workouts on:

- Swims
- Runs
- Biking
- Fitness programs
- Socials
- Bricks
- Socials (Swimmers need socials)
- Other

The calendar can be easily displayed by Day (with map), Week, Month and a list (?).

People who access to the calendar can join the calendar system and indicate on the calendar their plan to attend.

Displays calendars include:

- My calendar
- Race Directory – This shows all races within time period chosen
- RAM calendar (used for this article).
- A listing of workout groups – This is information where you can gain additional information of workouts of additional groups. This list covers a selectable distance from your location. For this article, the location is Raleigh and zip code used is 27615.

- **Web Calendar display**

MyTrainLocal hosts all calendars. The RAM calendar is actually a link to MyTrainLocal with the display defaults set. A workout group without a web page can achieve the same by simply creating the calendar, setting the display default and then distributing to workout group members the web address for the calendar. This approach allows calendar users to readily access other organization calendars and events--a feature that reduces the amount of entries required of the calendar organizer yet it expands the types of events that can be displayed on the calendar. An example, if the workout group has a large number of runners or bikers or triathletes, the display can be set to display events of all of these sports, to include competitions within a set radius. The information is simply selected and MyTrainLocal displays the information on the workout group calendar.

This last feature suggests that all swims over the entire North Carolina LMSC could be readily available for all swimmers registered with MyTrainLocal. The organization hosting the event would enter the information and all groups with access would have it automatically added to the local workout group's calendar.

If there are any questions on this topic, please feel free to contact me (Harry DeLong) at: [harrydelong@nc.rr.com](mailto:harrydelong@nc.rr.com). I will do my best to respond as quickly as possible. And no, I have no personal investment in this application, I am simply a user.

I am also planning a second article to discuss additional features of this calendar feature. The article will discuss additional features to include possible identifying sanctioned or unsanctioned events, state-wide display, providing notice of early registration rewards or discounts and potential

sponsor incentives.