

Maui Winter SCM-"Y" Swim Meet

Saturday March 23, 2013 9:00am

Kihei Aquatic Center

EVENTS Warm-up 7:30am Meet Start 9:00am			
Event	Entry Time (or NT)		
400m Free			
50m Free			
200m Breast			
100m Backstroke			
200 Medley Relay			(Mixed, Men, &/or Women)
50m or 200m Fly			
100m Free			
400m IM			
Enter X or distance ↑	↑Enter X to swim in USA-S Age Group Heats. Blank USMS.		

Name			
Address			
City, State Zip			
Telephone			
USMS Number			
Club			
Birthdate		Age on 12/31/13	
Sex	<input type="checkbox"/> Male <input type="checkbox"/> Female		
email			
First USMS Meet?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	

LOCATION:	Kihei Aquatic Center Kihei, Maui, Hawaii	FACILITY:	50m x 25y pool with an extra 25y warm-up pool
WARM-UP	7:30-8:45am warm-up; 9:00am meet start after Age Group 200m Free. No diving except in designated "start" lanes. There will be separate warm-up lanes for USA-S and USMS swimmers.	MEET FLOW	This event is going to run concurrently with and alternating with a USA-Swimming Age groups with USMS. USA Swimming meets require ages 12 and under to complete all swims in UNDER 4 hours. As such, depending on the timeline, the swimming order of events may be altered accordingly. If there are a small number of entries, the meet will be delayed to assure a 15-minute minimum between swims.
AWARDS:	Men & Women: 19-24, 25-29, 30-34 to the top age group.	ELIGIBILITY:	All participants must be members in good standing with United States Masters Swimming, Inc. or USA Swimming, Inc. Swimmers 19 & over that are not registered can sign-up for one-day registration with USMS on race day. One year USMS membership (valid thru 12/31/13) is \$43. One day membership is \$15.
CHOICE OF HEATS	Masters should indicate if they wish to race with 13-O Age Group or with USMS swimmers only.	MAX 4 EVENTS + 1 RELAY	
CONTACTS:	Meet Director: Malcolm Cooper (808)280-4257 malcolwhy@yahoo.com	ENTRIES: FEES & DUE DATES	\$10 per swimmer; Payable to MAGSA. Race-Day Entries \$25. Manual Entries (using this form): Tue, Mar 20, 2013. Mail to MDSC SCM-Y Winter Meet; 321 Pukalani St, Makawao, HI 96768. TM Entries: Have coach or coach's rep email to malcolwhy@yahoo.com by Wed. March 15, 2013.
SANCTION by:	Hawaii Masters Swim Assc. for USMS, Inc #S393-P002	SEEDING:	All events will be seeded slowest to fastest, by entered time, ages combined, sexes separate.
TIMING:	Electronic with Colorado Timing System courtesy co-host Maui County Aquatics; run by MAGSA officials.	RULES & JUDGING:	2012 USMS and HMSA rules will govern. All events are timed finals. A swimmer who misses their heat will not be re-seeded into a later heat and will be disqualified for that event.

WAIVER: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

Athlete Signature _____ **Date** _____