

Virtual Meet Results Submission Instructions

2021 COMSA Masters Virtual Short Course Regional Swimming Meet March 14-28, 2021

Are you ready to swim your races?

Let's get everything in order for this exciting opportunity to swim at your own pool and still compete with others around the country!

Please note that ALL results must be submitted via [SwimPhone](#) for this 2021 COMSA Masters Virtual Short Course Regional Swimming Meet.



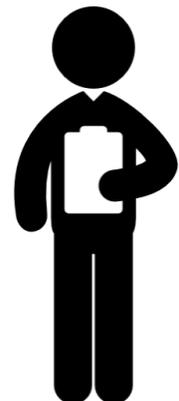
How shall I time myself?

Options:

- Use the [SwimPhone Stopwatch](#), an online stopwatch integrated with the meet entry and meet results system. A web-enabled device at poolside is required (ie your smartphone connected to internet); or
- Use a handheld normal stopwatch plus paper and pencil for recording the results. You will then need to input your results into the online [SwimPhone Stopwatch](#); or
- Use the pool's pace clock or scoreboard clock plus paper and pencil for recording the results. You will then need to input your results into the online [SwimPhone Stopwatch](#).

Who should be the human serving as my timer?

- A friend, spouse, coach or teammate to serve as your timer is ideal. This person will hold your smartphone and use the [SwimPhone Stopwatch](#) or will use the other optional devices. Work together for a practice of the "Take Your Marks, Go" commands with the timing device.
- If you're on your own without another human to serve as your timer, you can still use the optional devices to time yourself.



What are the steps to follow?

1. Get ready to swim your races at your favorite 25 yard pool. If your home pool is LCM or SCM, a [conversion calculator from SwimSwam](#) is available to convert times and equivalent swims to SCY.
2. Bring a web-enabled device with you, such as a smartphone, tablet, or laptop. If you cannot bring a web-enabled device, then bring a handheld stopwatch, piece of paper and pencil to write down your result times, which will need to be recorded online on [SwimPhone](#) later.



3. Go to the COMSA swimmer roster on SwimPhone.com:

<https://www.swimphone.com/meets/swimmers.cfm?smid=13494>.

SwimPhone is a free website. There is nothing to download. Just go to the link when you're ready to perform your swims.

4. Find your name on the roster and click on it.
5. Click on the blue Timer button for the event you will now race.
6. Type in your birth date for verification and click Submit.
7. Either yourself as your own timer or a friend serving as your timer should call out "Take your marks, Go!" with a press of the green Start button.

Individual Events		
Event	Seed Time	Timer
7 100 Y Back	1:14.18	Timer
9 50 Y Fly	33.45	Timer
13 100 Y Free	1:02.50	Timer

00:00.00

Start

Lap

Stop

Reset

Save

Type in My Time

8. If you're swimming an event of 100 yards or longer, your friend is able to record splits by tapping the "Lap" button.
9. At the finish, tap the red "Stop" button.
10. If you are satisfied and wish to record this swim result in the meet database, tap the "Save" button.
11. If you are not satisfied, you can tap the "Reset" button and try again.
12. But in fact, you can swim the event over and over again, using the [SwimPhone Stopwatch](#) again to overwrite your previous results.
13. The only rule about multiple swims and multiple results is that you complete them all during the meet dates of March 14-28, 2021.
14. What to do if you cannot use the SwimPhone Stopwatch? Go ahead and use any normal stopwatch or pace clock. Record your swim results on a piece of paper. Then, go type in your result times into [SwimPhone](#) using the tool called "Type in My Time" (it's a grey button just below the online stopwatch). You'll be able to type in in minutes:seconds.hundredths and then click Save.
15. Have fun!

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Save