

FALL

HIGHLIGHTS

- Catch up on the latest SOCAL news in this Fall edition.
- Somewhere hidden in this issue is the word turkey - find it and email jzwirner@socalwaterpolo.org

Be the first and you can win a free tee shirt!

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What's New in the Pool? Andrew Rowe, President and General Manager



I am so honored and humbled to serve this club. Seldom do we all get together and

celebrate the community we are. As this goes to print, SOCAL will be hosting our Annual Banquet on December 6. Please come and celebrate all the winners we have in life, the parents who sacrifice time to build us up, and the coaches who invest so much in our athletes.

SOCAL continues to fulfill our Mission to develop young players' water polo skills so that they may participate in high school and college water

polo at levels commensurate with their fully developed talents. SOCAL wins games while developing sportsmanship in athletes and excellence in life. To that end, we have re-committed to another contract with the Positive Coaching Alliance for 2012.

SOCAL has struggled while the Tustin pool has been under repair. However, there has been unprecedented cooperation among SOCAL WP, SOCAL Aquatics, Foothill, Beckman and Tustin. I personally want to congratulate Boyd Philpot for skipping Tustin's team so far in the CIF playoffs by borrowing pool time. Congratulations, Boyd.

SOCAL continues to support its country and the Olympic Development

Program where it has 5 ODP coaches and is delighted to sponsor Caitlin Haskell and Derrick Lozano to the Olympic Training Center in Colorado Springs. I congratulate our Director of Coaches Dan Klatt as Assistant Olympic Coach for helping the USA Women qualify outright for the Olympics with their win in Guadalajara, Mexico after a record breaking shoot out.

Congratulations also to the Youth Girls winning an unprecedented third in a row National Championship and we wish our High School girls a fantastic season.

The Winter Quarter is a great time for building a strong swimming base in our Youth. Take advantage of the opportunity!

I wish you all a joyous Holiday Season and a Happy Water Polo New Year for 2012!

Meet the Coach - Rachelle Denaro

Rachelle Denaro has played professional water polo in the Netherlands, Australia and France. A product of the great San Diego Shores Water Polo program, a two year veteran of SOCAL WPF, and a varsity athlete at Long Beach State University, Rachelle only wants to give back to the sport.

Her position is Center Defender, the smartest position in water polo. When asked how she defended the biggest girls in the water, Rachelle responds, "Simple, you stay several moves ahead of them and use their momentum against them. I love it!!"

Rachelle has been playing water polo for 16 years. She is one of nine children, (ALL who play polo) and

her brother Tanner is the youth boys goalie coach for SOCAL. Her mom makes the best fresh strawberry pie.

Rachelle lists the top three reasons she played pro water polo as: 1) She wanted to get PAID to play her favorite sport, 2) she wanted to EXPLORE the world and 3) she LOVES training 5 hours a day

Her biggest accomplishment in the past year was learning how to speak French. Her Life Motto is: "Live healthy and happy everyday." Her favorite movie is "Finding Nemo." Her favorite quote is "Practice makes Permanent. Perfect Practice makes Perfect."

Rachelle prefers instructing rather than screaming. She was recently named the Varsity High School Women's Coach at Tesoro High School.

PLEASE SAY HELLO TO RACHELLE WHEN YOU SEE HER!!





DID YOU KNOW?

- * **MASON REYNOSO** LANDED THE LEAD AS SHREK IN SHREK THE MUSICAL AT ORCHARD HILLS SCHOOL. HE WAS ALSO CHOSEN BY HIS PRINCIPAL AS THE STUDENT OF THE MONTH FOR OUTSTANDING LEADERSHIP. CONGRATULATIONS MASON AND BREAK A LEG!
- * OUR VERY OWN **KATIE HUNGERFORD** GRACED THE COVER OF THE LATEST SKIPSHOT MAGAZINE! DEAD CENTER IN FULL-COLOR! YEAH, KATIE!
- * SOCIAL ALUM AND OLYMPIC SILVER MEDALIST **JW KRUMPHOLZ** WILL BE PROFILED ON FOX SPORTS

PRIME TICKET- YOU CAN VIEW HIS INTERVIEW ON USAWATERPOLO.ORG

- * CHECK OUT **KATIE AVETOOM** ON ESPN FOR THE LOVE OF THE GAME:

[HTTP://WWW.YOUTUBE.COM/WATCH?V=7GJREBTOWZK&FEATURE=SHARE](http://WWW.YOUTUBE.COM/WATCH?V=7GJREBTOWZK&FEATURE=SHARE)

- * CONGRATULATIONS TO **ZACH ENNIS** ON EARNING HIS EAGLE SCOUT AWARD FROM TROOP 247!

- * FINALLY—a BIT OF RESPECT! CHECK OUT THIS LINK:

[HTTP://M.BLEACHERREPORT.COM/ARTICLES/832927-WHAT-IS-THE-WORLDS-TOUGHEST-SPORT](http://M.BLEACHERREPORT.COM/ARTICLES/832927-WHAT-IS-THE-WORLDS-TOUGHEST-SPORT)

*Please Excuse
our Dust!
The Tustin HS pool
is still down but
progress is being
made!
We hope to have
it ready for use
early in the new
year.*



2010-2011 SOCAL ACADEMIC ALL-AMERICANS

Listed below are those that have been recognized as USAWP Academic All Americans. We encourage all of our 10th-12th grade athletes to work hard and submit an application to be recognized next year.

Student-athletes had to have participated in a USA Water Polo National Champion-

ship to be eligible.

In addition each student-athlete had to have at least a 3.6 grade point average with outstanding achievement going to those with a 4.0.

- Brett Cleary *
- Davis DeFontes *
- Margaret DeMeo
- Cory Dodson *
- Zachary Ennis *

- Karli Hansen *
- Hannah Lapkin *
- Eleanor Lee *
- Michael Lopez *
- Christian Macias
- Emiko Mizusawa *
- Dane Petersen
- Paul Reynolds
- Sara Salamon *
- Christopher Swieca

* Denotes Outstanding

Send it in!

Student of the Month? Accepted to College?

We want to know!

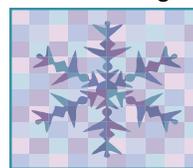
We 'd love to share the accomplishments of our awesome players outside the pool.

Send your news to Janet Zwirner at:

jzwirner@socalwaterpolo.org

Keep it positive! And while we can't promise we'll print everything we get, we'll sure try!

Join us for an evening to celebrate!



SOCAL CELEBRATION BANQUET

dinner*raffles*awards*special speaker

Tuesday, November 6

6-8 PM at the Outdoor Ed Center

Register turkey now on the SOCAL website

**DON'T FORGET TO
CHECK THE CALENDAR
OFTEN!!!**

SOCAL SPOTLIGHT

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RULIN' THE POOL

More exciting tournaments and more success! Here are some of the results of a great Fall quarter:

Evan Cousineau Cup

12u boys - 1st place

HS Girls, 12U girls - 2nd place

SPA Championships

10u - 4th place

12u Girls - 3rd place

12u, 14u Boys - 1st place

Congratulations All!

**register NOW
FOR WINTER SESSION!**

SOCAL TEAMS MAKE US PROUD AT TURBO CHAMPIONS CUP



After winning their respective zone qualification tournaments, both boys and girls teams earned a spot to compete in the Turbo Champions Cup Tournament November 4-7th. The tournament is the largest youth

tournament. SOCAL girls won the gold claiming their third straight Champions Cup title with a 7-6 win over Santa Barbara at the Indiana University Councilman-Billingsley Aquatic Center.

The SOCAL 14 Boys team made it to the medal round taking home 4th place against the United Water Polo Club.

Individual award winners from SOCAL WP: Sophia Baia received the Maureen O'Toole Award and Chris Wan received the Jody Campbell Award.

Congratulations to all the Players, Coaches and Parents for a successful Turbo Champions Cup Tournament

