

# The Wisconsin Water Warriors

## 2011

**Date: November 1, 2011 – December 31, 2011**

**Place: Your local pool**

You can choose any 2-week time period (14 consecutive days) of swimming between November and December of this year. The goal of this swim is to swim as many yards as you can and challenge yourself like you have never challenged yourself before and to be motivated to swim during the upcoming holiday season. You will be competing against other Wisconsin USMS swimmers. You won't know what the others have swum until after the New Year. The winner of each age category (5-year age groups) and the overall male and female winners will be awarded prizes. Overall teams logging the most yards will also be recognized.

If you are not a USMS registered swimmer, then there is a minimal fee of \$5 for the swim. If you would like to join USMS, go to [www.usms.org](http://www.usms.org) and click on the "Join/Renew" button.

To participate in the event, simply e-mail or mail your results to ( <b>by January 15<sup>th</sup></b> ):	Day 1 _____
Melodee Nugent	Day 2 _____
S77 W30745 Mosher Dr	Day 3 _____
Mukwonago, WI 53149	Day 4 _____
E-mail: <a href="mailto:mlnugent@mcw.edu">mlnugent@mcw.edu</a>	Day 5 _____
Non-USMS swimmers make checks payable to: WMAC	Day 6 _____
<b>Information needed for results include:</b>	Day 7 _____
Swimmers Name _____	Day 8 _____
E-mail address _____	Day 9 _____
Home address _____	Day 10 _____
_____	Day 11 _____
Are you a registered USMS swimmer <input type="radio"/> No <input type="radio"/> Yes	
USMS Registration # _____	Day 12 _____
Age as of your 2-week swim _____ yrs	Day 13 _____
Gender <input type="radio"/> Male <input type="radio"/> Female	Day 14 _____
Specify dates of 2-week swim _____	
<b>**Remember to submit your results in yards. If you swim in a meter pool, multiply your results by 1.0936.</b>	Total yards: _____

