

WISCONSIN MASTERS SHORT COURSE YARDS SWIM MEET

Sunday, March 3, 2013

Sponsored by: The Whitefish Bay Masters and the Wisconsin Masters Aquatic Club

Sanctioned by: The Wisconsin LMSC for USMS, Inc. Sanction No. 203-S005

Location: Whitefish Bay High School
1200 East Fairmont, Whitefish Bay, WI 53217

Facilities: 6-lane, 25-yard pool, pool depth at starting end is 5-7 feet; turn end is 12-1/2 feet. Separate warm-up/cool down areas are within the same pool. Six lanes used for competition.

Time: Sunday, Mar. 3, 2013. Warm-up 8:45 A.M.; meet starts at 10:00 A.M, doors open 8am.

Eligibility: Participants must be a member of U. S. Masters Swimming, and be age 18 years old or older. A copy of the entrant's membership card **MUST** be attached where indicated on the entry form.

Rules: Official USMS Rules will govern the meet. All events will be time finals.

Seeding: Heats will be computer seeded, slowest to fastest. Please submit a reasonably accurate seed time. A "NO TIME" will be seeded in the slowest heat. Age groups and sexes will be combined.

Timing: Automatic timing system backed up by one watch/lane.

Warm-ups: Lane 6 will be the designated start/sprint lane with swimming one direction only, and exiting to the side or end. Lanes 1-5 will be for circle swimming only – **NO DIVING STARTS** from the blocks or the deck in lanes 1-5. Swimmers must enter the pool feet first in a cautious manner in lanes 1-5. Hand paddles, kick-boards, fins, etc., may not be used at any time during the warm up period.

Area behind the bulkhead will be the designated lane for warm-up/warm down during the meet. Side areas of pool will be available for seniors to warm-up/warm down. No jumping, diving or socializing in warm down while the meet is in progress.

Facility User Fee: \$9.00 per person

Entry Fee: \$3.00 per individual event, plus a \$9.00 facility user fee for entries received up to one week prior to the event. No charge for relays. Fees must accompany the entry form. Please make checks payable to WFB Rec. Department.

Deck entries will be allowed only to fill open lanes at \$10/each.

The meet director will accept late entries, via email, until 6:00PM, Friday, March 1st. The fee for these email entries will be \$5.00/individual event plus the surcharge. Bring paperwork and fee to the meet.

Entry Limit: Five individual events plus relays. 1650 yd Freestyle limited to first 12 entrants.

Entry Form: The official Universal Meet Entry Form must be used, one person per form. The **LIABILITY RELEASE** must be signed without any alterations.

Awards: Ribbons for 1st through 3rd places.

Entry Deadline: Entries must be in the meet director's hands by Saturday, Feb. 24, 2013.

Mail Entry to Meet Director: Dave Clark Email: wfbmasters@gmail.com
5732 N Lydell Ave
Whitefish Bay, WI 53217
414-750-2061

SCHEDULE OF EVENTS

- | | |
|-----------------------------|---|
| 1. 50 yd Fly | 12. 200 yd IM |
| 2. 400 yd IM | 13. 100 yd Freestyle |
| 3. 50 yd Freestyle I** | 14. 100 yd Backstroke |
| 4. 200 yd Backstroke | 15. 200 yd Breaststroke |
| 5. 100 yd Breaststroke | 16. 100 yd Fly |
| 6. 200 yd Freestyle | 17. 100 yd IM |
| 7. 50 yd Backstroke | 18. 200 yd Freestyle Relay* |
| 8. 200 yd Fly | 19. 400 yd Medley Relay* |
| 9. 200 yd Medley Relay* | 20. 400 yd Freestyle Relay* |
| 10. 800 yd Freestyle Relay* | 21. 50 yd Freestyle II** |
| 11. 50 yd Breaststroke | 22. 1650 yd Freestyle (Max 12 entrants) |

* Submit relay entries at the meet. Relays may be all men, all women, or mixed (two men and two women).

** Events 3/21 50 freestyles. May enter either 50 freestyle, or both 50 freestyles.

Directions to Whitefish Bay High School: Whitefish Bay is a north shore suburb of Milwaukee. The High School is located between E. Hampton Ave. and E. Silver Spring Drive.

From the North: Take Hwy I-43 S to Silver Spring Drive East exit
Silver Spring East to Marlborough Ave (Winkies and Sendiks) turn RT (S)
Marlborough will run past the W side of the HS

From the South: Take Hwy I-43 N to Hampton Ave East exit
Hampton Ave East to Ardmore Ave (turn Left)
Ardmore will run past the HS.

The pool is at the N end of the HS, both E+W doors will be open. Street park or use small lot (30 spaces) on the east side of the HS. Handicapped Parking in the small lot on the east side.

WISCONSIN MASTERS SWIMMING UNIVERSAL MEET ENTRY FORM

Meet Date MARCH 3, 2013

Meet Location WHITEFISH BAY HIGH SCHOOL

If a copy of your current registration card is in the box to the right you do not have to complete the personal information below, except for the phone number, emergency contact and E-Mail address.

Sec. 202.1.1 F (5) of the USMS rules requires you to submit a copy of your current registration card with each meet entry.

Please place your current membership card here and make copies to be used when entering swimming meets.

Each meet may have different fees, please be guided by the specifics on the meet information page.

NAME _____

MALE _____
FEMALE USMS NO _____

BIRTH DATE _____ AGE _____

PHONE _____ TEAM _____

CONTACT PERSON IN CASE OF EMERGENCY _____ PHONE _____

E-MAIL ADDRESS _____

USMS rules limit a swimmer to no more than five individual events per day.

EVT # TIME	EVENT	SEED TIME		EVT #	EVENT	SEED
_____	_____	_____		_____	_____	_____
_____	_____	_____		_____	_____	_____
_____	_____	_____		_____	_____	_____
_____	_____	_____		_____	_____	_____
_____	_____	_____		_____	_____	_____

FEE PER MEET INFORMATION PAGE:

_____ EVENTS @ \$ 3.00 ea. + pool surcharge \$ 9.00 = \$ _____

LIABILITY RELEASE

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signed _____ Date _____