

# The Wisconsin Water Warriors

## 2016

**Date: November 1, 2016 – December 31, 2016**

**Place: Your local pool**

The goal of this swim is to swim as many yards as you can. Challenge yourself like you have never challenged yourself before. Be motivated to swim during the upcoming holiday season, so you don't feel guilty about indulging. You can choose any 2-week time period (14 consecutive days) of swimming between November and December of this year. You will be competing against other Wisconsin USMS swimmers. You won't know what the others have swum until after the New Year. There will be great prizes awarded. Overall teams logging the most yards will also be recognized.

This event is only open **to Wisconsin USMS registered swimmers**. If you would like to join USMS, go to [www.usms.org](http://www.usms.org) and click on the "Join/Renew" button.

To participate in the event, simply e-mail or mail your results to ( <b>by January 15<sup>th</sup></b> ):	Day 1 _____
Melodee Nugent	Day 2 _____
S77 W30745 Mosher Dr	Day 3 _____
Mukwonago, WI 53149	Day 4 _____
E-mail: <a href="mailto:WIFitness@usms.org">WIFitness@usms.org</a>	Day 5 _____
	Day 6 _____
<b>Information needed for results include:</b>	Day 7 _____
Swimmers Name _____	Day 8 _____
E-mail address _____	Day 9 _____
	Day 10 _____
Home address _____	Day 11 _____
_____	
	Day 12 _____
Your age on the last day of your 2-week swim _____ yrs	Day 13 _____
Gender <input type="radio"/> Male <input type="radio"/> Female	Day 14 _____
Specify dates of 2-week swim _____	
<b>**Remember to submit your results in yards. If you swim in a meter pool, multiply your results by 1.0936.</b>	Total yards: _____