

**WISCONSIN MASTERS SHORT COURSE YARDS SWIM MEET
OSHKOSH YMCA, SUNDAY, JANUARY 29, 2017**

- SPONSORED BY:** The Wisconsin Masters Aquatic Club, Oshkosh YMCA Workout Group
- SANCTIONED BY:** Wisconsin LMSC for USMS, Inc. Sanction No. 207-S005
- LOCATION:** Oshkosh YMCA, 3303 West 20th Ave., Oshkosh, WI 54904
- TIME:** Doors open 7:30 AM. Warm-up 8:00 AM. Meet starts 9:00 AM.
- FACILITIES:** 8 Lane, 25 yard pool fixed wall pool. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1 (of the USMS Rule Book).
- ELIGIBILITY:** Open to all registered U.S. Masters Swimmers 18 years old or older. A **copy of the USMS registration card** must accompany a mail-in entry.
- RULES:** Official U.S. Masters Rules govern this meet. All events are timed finals.
- SEEDING:** Heats will be pre-seeded slowest to fastest. Age groups and sexes will be combined to expedite the meet.
- TIMING:** Automatic timing system backed up by buttons and watches.
- WARM-UPS:** Lane 8 will be a start/sprint lane in one direction only, exiting to the side or end. Lanes 1-7 will be circle swimming only. Swimmers must enter the pool feet first in a cautious and controlled manner. Diving and backstroke starts shall be permitted only in the designated lanes. No hand paddles are allowed. (USMS Rule 102.4.2)
- ENTER ON-LINE:** Use the link below for On-Line meet entry.
https://www.clubassistant.com/club/meet_information.cfm?c=1176&smid=8268 or use the link on the www.swim-wimasters.org website.
- ENTRY FEE:** \$5.00/individual event, plus a \$15.00 pool surcharge. If entering with the mail-in entry form, checks must be payable to **OSHY Masters Swimming** and payment must accompany mail-in entries. Deck entries for individual events will be accepted only until 8:15 AM and only for empty lanes. The fee for deck entries shall be \$8.00/individual event plus the pool surcharge fee.
- ENTRY LIMIT:** Six (6) individual events plus relays. The **1000 freestyle will NOT be limited to the first xx entries** received. The meet wants every swimmer that wants to swim the 1000 to be able to enter the 1000 freestyle. But, each swimmer entered in the 1000 will still be responsible for providing a person to count his/her laps.

ENTRY DEADLINE: Mail-in Entries must be in the Meet Directors hands no later than 6:00 PM, **Saturday, January 21, 2017**. Entries received after the deadline will be subject to the deck entry fee. On-Line entries close at 11:59pm on **Thurs., Jan. 26, 2017**.

MEET DIRECTOR: Melinda Mann, 2970 Waldwic Lane, Oshkosh, WI 54904-8432
920-233-0510 (H), 920-420-4425 (C), Email: melindajmann@yahoo.com

ENTRY FORM: For Mail-in Entries, the official Universal Meet Entry Form https://www.clubassistant.com/c/A0F3601/file/Docs/UNIVERSAL_ENTRY_FORM.pdf must be used, one person per form. The LIABILITY RELEASE (page 2) must be signed without alterations and submitted with the mail-in entry.

AWARDS: Ribbons for 1st to 3rd place.

SPECIAL ANIMAL AWARD for the swimmers who enter & finish option #1 or #2 (5 of the longest events)

1. **The 1000 freestyle, plus the choice of four of the following:** 400 IM, 200 IM, 200 Fly, 200 BR, 200 Back or 200 Freestyle **OR**
2. **The 400 IM, plus the choice of four of the following:** 200 IM, 200 Fly, 200 BR, 200 Back or 200 Freestyle

SCHEDULE OF EVENTS

- | | |
|--------------------------|---------------------------|
| 1. 400 Individual Medley | 10. 50 Butterfly |
| 2. 100 Breaststroke | 11. 100 Backstroke |
| 3. 200 Freestyle | 12. 200 Free Relay** |
| 4. 100 Individual Medley | 13. 200 Breaststroke |
| 5. 200 Backstroke | 14. 50 Freestyle |
| 6. 200 Medley Relay** | 15. 100 Butterfly |
| 7. 50 Breaststroke | 16. 200 Individual Medley |
| 8. 200 Butterfly | 17. 50 Backstroke |
| 9. 100 Freestyle | 18. 1000 Freestyle |

**Submit relay entries at the meet. Relays may be all men, all women, or mixed (two men, two women)

POST MEET: Red Robin Restaurant in Oshkosh (burgers, Tex-Mex, salads, etc.)
RESULTS: Meet results will be posted on our website: www.swim-wimasters.org

DIRECTIONS: **From the North:** Exit Hwy 41 at 9th St. Turn right and proceed to the 4 way stop at Oakwood Rd. Turn left. Continue on Oakwood to the first set of lights which is 20th Ave. Turn right. The YMCA will be ½ mile on the left.

From the South: Exit Hwy 41 at Hwy 44. Turn left and proceed over Hwy 41 to the second set of stop lights. Turn right On Washburn. Take Washburn to the first set of lights. Go left on 20th Ave. The YMCA is about 1.5 miles on the left.