

WISCONSIN MASTERS YMCA at Pabst Farms
SHORT COURSE YARDS SWIM MEET
SUNDAY, JANUARY 5, 2020

- SPONSORED BY:** Wisconsin Masters Aquatic Club
- SANCTIONED BY:** The Wisconsin LMSC for USMS, Inc. Sanction No. 200-S003
- LOCATION:** YMCA at PABST FARMS 1750 Valley Road, Oconomowoc, WI 53066
- FACILITIES:** 8 lane, 25-yard pool with anti-turbulent lane guides, starting blocks and backstroke flags. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.
- TIME:** Sunday, Jan. 5, 2020, doors open at 8:00 A.M. There is no access to the YMCA before 8:00 A.M. Warm-up 8:15 A.M. to 8:50 A.M. Meet starts at 9:00 A.M.
- ELIGIBILITY:** Open to all swimmers 18 years and over as of Thursday, January 2, 2020. Because this is a USMS sanctioned event, current USMS or FINA membership is required for insurance reasons. There are two membership options:
1. Current USMS membership.
 2. One Event membership. Online entry is required for One Event memberships. Times swum under one-event registration are not eligible for USMS Top 10 or records consideration. One Event memberships are not eligible for USMS or Wisconsin records, relays, All-American consideration or All-Star consideration. One event memberships can be converted to USMS membership.
- RULES:** Official USMS Masters Rules will govern the meet. All events will be timed finals.
- SEEDING:** Heats will be computer seeded, slowest to fastest. Please submit a reasonably accurate seed time. A NO TIME will be seeded in the slowest heat. Age groups and sexes will be combined.
- TIMING:** Primary Automatic timing system: (Colorado). Secondary: Semi-automatic with 1 button, Tertiary: One watch. Note: The timing system precision qualifies as appropriate for setting USMS Records (per USMS Rules effective 1/1/2018).
- WARM-UPS:** Lanes 1-7 will be for circle swimming only-- NO DIVING STARTS are permitted from blocks or deck in lanes 1-7. Swimmers must enter the pool feet first in a cautious manner in lanes 1-7. Lane 8 will be the designated start/sprint lane with swimming one direction only, and exiting to the side or end. Hand paddles, kick-boards, fins, etc. may not be used at any time during the warm up period. Lane 8 will be the designated lane for warm up/warm down during the meet. No jumping, diving or socializing in lane while the meet is in progress.
- ENTRY FEE:** USMS Members \$15.00 plus \$5.00 per individual event.
One Event members \$30.00 plus \$5.00 per individual event.
- ENTRY LIMIT:** Six (6) individual events plus relays. THE 500 FREESTYLE IS LIMITED TO THE FIRST 28

ENTRIES RECEIVED.

ONLINE ENTRY On-Line entry is Preferred. Enter at www.swim-wimasters.org or use https://www.ClubAssistant.com/club/meet_information.cfm?c=2424&smid=12737. The on-line meet entry deadline for the meet is Thursday, January 2, 2020 midnight CST.
NO EMAIL, DECK OR LATE ENTRIES FOR INDIVIDUAL EVENTS WILL BE ACCEPTED

PAPER ENTRY DEADLINE: Paper entries via US Mail with the Wisconsin Masters Swimming Universal Entry Form, one athlete per form. Mail entries must include a copy of the swimmer's USMS registration card. The LIABILITY RELEASE page must be signed without any alterations. Paper entries must be in Larry Mueller's hands no later than 6:00PM, Saturday December 28, 2019. Fees must accompany the entry form. Checks made payable to WMAC.

AWARDS: Ribbons for 1st through 3rd places.

CO-MEET DIRECTORS: Larry Mueller
4272 S. Taylor Ave
Milwaukee, WI 53207
414-769-0941
Email: WMAC.Swim.MeetDir@Gmail.com
Andrew Babcock
262-307-4808

SCHEDULE OF EVENTS

Six (6) events maximum

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|-------------------------------|--------------------------------|
| 1. 400 yard IM | 11. 200 yard Breaststroke |
| 2. 50 yard Backstroke | 12. 500 yard Freestyle |
| 3. 100 yard Freestyle | 13. 200 yard Butterfly |
| 4. 50 yard Breaststroke | 14. 200 yard Medley Relay * |
| 5. 200 yard Backstroke | 15. 100 yard Backstroke |
| 6. 100 yard Butterfly | 16. 100 yard Breaststroke |
| 7. 200 yard Freestyle | 17. 50 yard Freestyle |
| 8. 100 yard IM | 18. 200 yard IM |
| 9. 200 yard Freestyle Relay * | 19. 400 yard Freestyle Relay * |
| 10. 50 yard Butterfly | |

* Submit relay entries at the meet. Relays may be all men, all women or two men and two women. Competitors may swim only once in each relay event.

Directions to the YMCA at Pabst Farms: Oconomowoc is located midway between Milwaukee and Madison, adjacent to and north of I-94. Exit I-94 on State Hwy 67, go north 2 blocks to Valley Road, turn east(right) on Valley Road, the Y will be about one mile east on Valley Road. When entering the YMCA early on the morning of the meet, please use the entrance on the West side of the building, as the main entrance does not open until 10:00 A.M. on Sunday.

Post Meet: Following the meet, plan on stopping for lunch at the Delafield Brewhaus (262-646-7821). To get there, turn left when leaving the Y, then go east about ½ mile to Hwy P (Sawyer Rd.) turn South (right) to I-94, and take I-94 east 3 miles to the Delafield Hwy 83 exit. Go south (right) two short blocks and turn east (left) on Hillside Drive; meander one mile past the Home Depot, the Brewhaus is on the right. Good eating and excellent Masters socializing!