

WISCONSIN MASTERS YMCA at Pabst Farms
SHORT COURSE YARDS SWIM MEET
SUNDAY, JANUARY 6, 2019

- SPONSORED BY:** Wisconsin Masters Aquatic Club
- SANCTIONED BY:** The Wisconsin LMSC for USMS, Inc. Sanction No. 209-S001
- LOCATION:** YMCA at PABST FARMS 1750 Valley Road, Oconomowoc, WI 53066
- FACILITIES:** 8 lane, 25-yard pool with anti-turbulent lane guides, starting blocks and backstroke flags. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.
- TIME:** Sunday, Jan. 6, 2019, doors open at 8:00 A.M. There is no access to the YMCA before 8:00 A.M. Warm-up 8:15 A.M.to 8:50 A.M. Meet starts at 9:00 A.M.
- ELIGIBILITY:** Open to all USMS-Registered Masters Swimmers 18 years old or older. Mail entries must include a copy of the swimmer's USMS registration card.
- RULES:** Official USMS Masters Rules will govern the meet. All events will be timed finals.
- SEEDING:** Heats will be computer seeded, slowest to fastest. Please submit a reasonably accurate seed time. A NO TIME will be seeded in the slowest heat. Age groups and sexes will be combined.
- TIMING:** Primary Automatic timing system: (Colorado).
Secondary: Semi-automatic with 1 button, Tertiary: One watch.
Note: The timing system precision qualifies as appropriate for setting USMS Records (per USMS Rules effective 1/1/2018).
- WARM-UPS:** Lanes 1-7 will be for circle swimming only- - NO DIVING STARTS are permitted from blocks or deck in lanes 1-7. Swimmers must enter the pool feet first in a cautious manner in lanes 1-7. Lane 8 will be the designated start/sprint lane with swimming one direction only, and exiting to the side or end. Hand paddles, kick-boards, fins, etc. may not be used at any time during the warm up period. Lane 8 will be the designated lane for warm up/warm down during the meet. No jumping, diving or socializing in lane while the meet is in progress.
- ENTRY FEE:** \$5.00 per individual event, plus a \$15.00 facility user fee for all entries.
No charge for relays.
- ENTRY LIMIT:** Six (6) individual events plus relays. THE 500 FREESTYLE IS LIMITED TO THE FIRST 28 ENTRIES RECEIVED.
- ON-LINE MEET** Enter On-Line via Club Assistant (see www.swim-wimasters.org for link) OR via US Mail with the Wis. Masters Swimming Universal Entry Form, one athlete per form. Mail entries must include a copy of the swimmer's USMS registration card. The LIABILITY RELEASE

page must also be signed without any alterations. On-Line entry is Preferred. The link for online entry for this meet is:

https://www.clubassistant.com/club/meet_information.cfm?c=2424&smid=10934

The on-line meet entry deadline for the Pabst Farms YMCA meet is Thursday, January 3, 2019 midnight CST.

NO EMAIL, DECK OR LATE ENTRIES FOR INDIVIDUAL EVENTS WILL BE ACCEPTED

ENTRY DEADLINE: Paper entries must be in the meet director's hands no later than 6:00PM, Wednesday, January 2, 2019. Fees must accompany the entry form. Please make checks payable to WMAC.

AWARDS: Awards for 1st through 3rd places.

CO-MEET DIRECTORS: Larry Mueller
4272 S. Taylor Ave
Milwaukee, WI 53207
414-769-0941
Email: WMAC.Swim.MeetDir@Gmail.com
Andrew Babcock
262-307-4808

SCHEDULE OF EVENTS

Sunday, January 7, 2018 Six (6) events maximum

- | | |
|-----------------------------|------------------------------|
| 1. 400 yd IM | 11. 200 yd Breaststroke |
| 2. 50 yd Backstroke | 12. 500 yd Freestyle |
| 3. 100 yd Freestyle | 13. 200 yd Butterfly |
| 4. 50 yd Breaststroke | 14. 200 yd Medley Relay * |
| 5. 200 yd Backstroke | 15. 100 yd Backstroke |
| 6. 100 yd Butterfly | 16. 100 yd Breaststroke |
| 7. 200 yd Freestyle | 17. 50 yd Freestyle |
| 8. 100 yd IM | 18. 200 yd IM |
| 9. 200 yd Freestyle Relay * | 19. 400 yd Freestyle Relay * |
| 10. 50 yd Butterfly | |

* Submit relay entries at the meet. Relays may be all men, all women or mixed (two men and two women). Competitors may swim only once in each relay category.

Directions to the YMCA at Pabst Farms: Oconomowoc is located midway between Milwaukee and Madison, adjacent to and north of I-94. Exit I-94 on State Hwy 67, go north 2 blocks to Valley Road, turn east(right) on Valley Road, the Y will be about one mile east on Valley Road.

When entering the YMCA early on the morning of the meet, please use the entrance on the West side of the building, as the main entrance does not open until 10:00 A.M. on Sunday.

Post Meet: Following the meet, plan on stopping for lunch at the Delafield Brewhaus (262-646-7821). To get there, turn left when leaving the Y, then go east about ½ mile to Hwy P (Sawyer Rd.) turn South (right) to I-94, and take I-94 east 3 miles to the Delafield Hwy 83 exit. Go south (right) two short blocks and turn east (left) on Hillside Drive; meander one mile past the Home Depot, the Brewhaus is on the right. Good eating and excellent Masters socializing!