

# Wisconsin Masters Swimming

**Newsletter Date**  
**October/Nov 2010**

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## OFF THE BLOCKS!

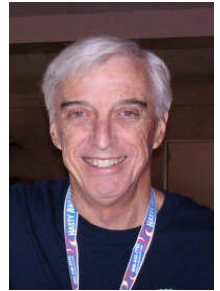
This has been a fantastic year for Wisconsin Masters Swimming, at least in my humble opinion. Despite the economic downturn, we've had successful outcomes in all of our scheduled meets including our return to the Walter Schroeder Aquatic Center for our State Meet! In addition, the number of registered members increased over our count for last year.

Our **Madison Open Water Swim (MOWS)** in August an increase in numbers over last year, which made it our biggest open water swim ever. I think we have the largest USMS sanctioned open water swim in the Midwest, if not the country, after Big Shoulders. We had 382 sign up this year, with 34 no-shows. So, we had 348 swimmers in the water at the same time. We had two swimmers each from California, Indiana, Kansas, and Michigan; one each from Nebraska, North Carolina, and New York; several came from Minnesota; 181 from Illinois; and 173 from Wisconsin. There were 241 One-Event Registrations versus 141 USMS members. Of the Wisconsin swimmers there were 59 registering as Wisconsin Masters, two registered with different LMSCs.

It should be noted, of course, that many of these—or, most of these—swimmers are really triathletes more interested in getting a preview of the very famous Ironman Wisconsin which draws over 2300 triathletes from around the world just three weeks after our event, on the same course. The Wisconsin Ironman is a mass start—no wave starts—which makes for a very interesting swim start!

Just a reminder that Madison will be hosting the **USMS National Championships** in the **>1<3 Mile Swim** in 2011 as we did in 2008. This year we took giant steps in offering a wonderful experience for our swimmers. We don't envision any changes for next year unless there is someone who would like to replace me as meet director. I'd like to swim the race sometime, too!

On another note, I have the **Wisconsin Masters Swimming Board Meeting** scheduled for **Saturday, October 2**, at the **Pabst Farms YMCA** in Oconomowoc from **12:30—2:00 PM**. I hope some of you can attend to at least get an idea of what we do for you, our members. Some of the things we do: Officer Reports, set the winter meet schedule, review the budget, change Wisconsin policies (if needed), and, finally, elect officers for the next year. So, if you have some opinions of how we operate or should operate you may want to attend. If you would like to be considered for a position on the board please let an officer, or me, know. Thanks a lot for helping to make Wisconsin Masters one of the great LMSCs in the USMS and a destination for people from across the country!



**Dick Pitman**

## LCM Nationals - Puerto Rico

**John Bauman** was the lone Wisconsin swimmer to make the trek to Puerto Rico for the **LCM Nationals** in August. Swimming in his new age group (80-84) John placed 2nd in the 50 breast (:57.72) and 100 breast (2:10.95), 3rd in the 50 back (:52.58), 200 back (4:23.59), and 200 breast (5:00.26), and 4th in the 100 breast (2:05.60). All but the 100 back and 50 breast were **new** WMAC records! Congratulations John!

**CHECK US OUT!**

**WISCONSIN MASTERS  
WEBSITE**

[www.swim-wimasters.org](http://www.swim-wimasters.org)

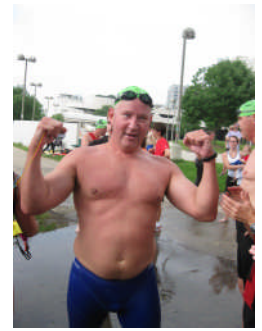
Check it out for the latest  
meet results, state re-  
cords, and **MORE!**



Meodee Nugent

## National Open Water 10K

At the recent **National Open Water 10K** event in Noblesville, IN., **Melodee Nugent** placed 35th overall and 4th in her age group (40-44) with a time of 2:43.51. **Kevin Yeager** was 59th overall in 2:55.55 which placed him 8th in his age group (50-54). The swim was conducted in a large reservoir and reports are that the water was quite dark. Also, warm weather made for exceptionally warm water (over 80 degrees) which made for a challenging swim overall. Congratulations to **Melodee and Kevin!**



Kevin Yeager

## Badger State Games A Belated Report



The weather might have threatened and those who stayed away because of that had to be disappointed as just as the Masters started their swimming the clouds broke and the sun came out making for a beautiful afternoon of swimming at the Erb Park Pool in Appleton. Once again this meet was USMS recognized—which meant all our times have been submitted for USMS Top Ten LCM consideration. AND, with touch pads at both ends of the pool all 50 meter races and splits (if requested) could also be sent in for Top Ten consideration.

With about 110 swimmers (not all—but many USMS registered) entered there was good competition throughout the age groups. The meet was well run and anyone who had the opportunity to swim in Lane 1 had the extreme pleasure of being loudly cheered and encouraged throughout their races by the very positively vocal, youthful timers in that lane! They were wonderful!

A number of new WMAC records were set in this meet. They were: **Kimberly Fitzgerald** (50-55). 400 free 5:42.88; 800 free, 11:33.59; **Nancy Kranpitz** (65-69) 50 fly, :46.26; 100 fly 1:55.53; 200 IM 3:56.07; **Mark Ritchie** (18-24) 100 breast 1:21.01; **Dan Slick** (60-64) 50 back :39.62; **Bela Sandor** (75-79) 50 breast :42.96, 100 breast 1:41.72; **John Bauman** (80-84) 100 back 2:04.58, 50 breast :56.65; **160-100 400 free relay** 5:30.57 **Melodee Nugent 43, Nell Cunningham 45, Susan Simmons 48, Kimberly Fitzgerald 50.**



Former AAU (Lawrence Swim Club) teammates—now WMAC teammates **Candy Christenson and Nancy Kranpitz.**

## Adam Mania and USA Swimming!

There are a number of Masters Swimmers who also still compete in USA Swimming and Wisconsin's **Adam Mania** is not only one of them, but a very successful one. This year's **USA Nationals**, held in August in Irvine, CA., was also a **USMS recognized meet** meaning all times swum by registered masters swimmers were eligible to be submitted to USMS. **Adam**, 26, churned to a new **USMS record in the men's 25-29 100 backstroke with a sizzling time of :55.26.** This time is better than the FINA world record, but FINA records can only be set in USMS sanctioned (not recognized) meets. This is important to remember because the upcoming West Bend SCM meet is a USMS sanctioned meet so any FINA records set at that meet will be world records.

In addition to the 100 back Adam set **new WMAC records** in the **100 M fly** (:55.50), **50 split from 100 fly** (:25.95) and **50 free** (:23.89). He also teamed with 3 other men from Schroeder to **WIN the 400 Free Relay—at NATIONALS!** Adam represented Poland in the 2008 Olympics and he's certainly doing a number on the WMAC record books. Congratulations, Adam!



Adam Mania

# Short Course Yards Top Ten 2010 For WMAC

## Individuals

**Nancy Kranpitz 65**  
 10th 50 free :33.40  
 8th 50 fly :39.63  
 5th 100 fly 1:35.96  
 4th 200 fly 3:39.63  
 7th 200 IM 3:25.65  
 6th 400 IM 7:05.83

**Laren Tiltmann 40**  
 4th 50 free :21.34  
 5th 100 free :47.36  
 3rd 50 back :24.98  
 3rd 50 breast :26.86  
 6th 100 breast 1:01.01  
 3rd 100 IM :53.53

**Brad Horner 56**  
 7th 100 free :51.10  
 3rd 200 free 1:51.71  
 8th 50 back :28.35  
 3rd 50 fly :24.79  
 1st 100 fly :54.15\*  
 1st 200 fly 2:03.18\*

**Alex MacGillis 81**  
 7th 50 back :47.24  
 4th 100 back 1:44.57  
 8th 50 breast :47.93  
 5th 100 breast 1:46.02  
 6th 50 fly :45.76  
 3rd 100 fly 1:55.84

**Andrea Lund Kakas 33**  
 6th 50 free :24.81  
 5th 100 free :53.94  
 7th 200 free 2:00.17  
 10th 100 fly 1:01.90

**Laurie Alioto 52**  
 6th 1000 free 12:03.73  
 2nd 200 fly 2:26.71  
 10th 200 IM 2:31.19  
 6th 400 IM 5:18.37

**Melinda Mann 53**  
 6th 50 breast :34.17  
 7th 100 breast 1:14.48  
 10th 50 fly :29.83  
 10th 100 fly 1:07.25

**Chase Gravengood 24**  
 6th 100 back :53.36  
 6th 50 fly :23.16  
 8th 100 fly :50.97  
 8th 100 IM :54.10

**Bill Payne 80**  
 10th 50 free :38.99  
 7th 100 free 1:28.21  
 6th 200 free 3:24.54  
 2nd 500 free 9:10.47  
 3rd 1000 free 18:59.24  
 2nd 1650 free 32:06.29  
 5th 50 fly :45.31  
 2nd 100 fly 1:55.84

**Adam Mania 26**  
 4th 50 free :20.21  
 1st 50 back :21.46\*  
 1st 100 back :45.95\*  
 2nd 50 breast :24.97  
 2nd 100 breast :54.80

**Jessica Connors 24**  
 8th 50 back :28.26  
 4th 50 breast :30.65  
 2nd 100 breast 1:05.74  
 2nd 200 breast 2:22.37  
 6th 100 IM 1:00.93

**Dan Schaetz 39**  
 8th 100 breast 1:00.62  
 8th 200 breast 2:16.64  
 5th 100 fly :52.16  
 4th 200 fly 1:58.06

**David Holland 51**  
 8th 50 breast :28.88  
 9th 100 breast 1:02.74  
 6th 200 breast 2:20.54

**Bela Sandor 74**  
 4th 50 breast :37.13  
 2nd 100 breast 1:24.96  
 2nd 200 breast 3:11.14

**Chris Stich 33**  
 10th 200 back 2:21.85

**Sarah Perez 33**  
 4th 200 breast 2:31.76

**Trina Schaetz 37**  
 4th 50 free :24.28  
 5th 100 free :53.96  
 2nd 50 breast :30.38  
 3rd 100 breast 1:08.46  
 5th 100 IM 1:01.87

**Doug Dickinson 38**  
 7th 50 free :21.54  
 3rd 50 fly :23.17

**Christy Garth 36**  
 8th 50 free :24.92  
 7th 200 free 2:02.68

**Fritz Schenker 24**  
 7th 1000 free 10:58.15  
 8th 1650 free 18:16.53

**George May 72**  
 8th 100 breast 1:31.18  
 9th 200 breast 3:28.30

**Darryl Stich 34**  
 7th 400 IM 4:23.03

**Kip Fulbeck 45**  
 2nd 50 free :21.24  
 2nd 50 fly :23.39

**Jeff Alexander 46**  
 9th 50 breast :28.18

**Peter Nowak 28**  
 10th 1650 free 18:29.44

**Bob L. White 55**  
 9th 1000 free 11:05.28

**Carol Reinke 73**  
 10 200 breast 4:14.26

**Nancy Ehrke 56**  
 10th 200 breast 3:07.06

**James Dannenberg 65**  
 8th 200 breast 2:53.07

**Ansel Hillmer 22**  
 10th 200 fly 2:07.29

\* = All American! Congratulations Adam and Brad!



Former Madison East HS standout and Olympian **Jim Montgomery**, **Bob White**, Bob's son **Max**, and **Art Luetke** at the 2010 FINA World Championships in Sweden in August.

## FINA WORLD CHAMPIONSHIPS

**Bob L. White (55-59)** and **Art Luetke (60-64)** represented Wisconsin at the 2010 **FINA World Championships** held in Sweden in August. **Bob** placed 4th in the 800 free and set **WMAC records** in both the **400 and 800 M Freestyles**—with the 400 record coming as his split in the 800! He also placed 9th in the 100 free and 11th in the 200 free. Swimming at the top of his age group **Art** placed 30th in the 100 free, 20th in the 200 free, and 36th in the 50 free. According to Art the weather was beautiful, the facilities first rate, the locals very gracious and hospitable. Overall it was a great meet and a wonderful trip to Sweden.

For complete results check the FINA 2010 World Championships website.

# Short Course Yards Top Ten For 2010

## Relays

**Men 18+ 200 FR**  
4th 1:24.77  
Doug Dickinson 38  
Chase Gravenood 24  
Andrew Belton 23  
Adam Mania 26

**Men 18+ 200 MR**  
2nd 1:32.86  
Adam Mania 26  
Chase Gravenood 24  
Doug Dickinson 38  
Andrew Belton 23

**Men 18+ 400 FR**  
**1st 3:05.05\***  
Andrew Belton 23  
Chase Gravenood 24  
Doug Dickinson 38  
Adam Mania 26

**Men 18\_ 800 FR**  
3rd 7:55.77  
Ansel Hillmer 22  
Peter Whalen 23  
Fritz Schenker 24  
Claudio Canizares 24

**Men 35+ 200 FR**  
2nd 1:27.57  
Laren Tiltmann 40  
Dan Schaetz 39  
Brian Cunningham 37  
Michael Power 42

**Men 35+ 200 MR**  
2nd 1:36.62  
Laren Tiltmann  
Dan Schaetz 39  
Kip Fulbeck 45  
Michael Power 42

**Men 45+ 200 FR**  
5th 1:30.56  
Kip Fulbeck 45  
DavidHolland 51  
Brad Horner 56  
Jeff Alexander 46

**Men 45+ 800 FR**  
3rd 8:07.09  
James Biles 49  
Steven Davis 46  
Bob L. White 55  
Eric Jernberg 51

**Men 55+ 200 FR**  
4th 1:39.68  
Geoff Mykleby 57  
Barry Mandel 57  
John Kinsella 57  
Steve Forrer 57

**Men 55+ 400 FR**  
**1st 3:42.41\***  
Steve Forrer 57  
Barry Mandel 57  
Geoff Mykelby 57  
John Kinsella 57

**Men 75+ 200 FR**  
6th 3:06.07  
Fred Salzman 77  
Alex MacGillis 81  
Tom Michelson 78  
Bill Payne 80

**Men 75+ 200 MR**  
2nd 3:13.65  
Fred Salzman 77  
John Bauman 79  
Alex MacGillis 81  
Bill Payne 80

**Women 18+ 200 FR**  
3rd 1:39.17  
Christy Garth 36  
Lindsay Newport 27  
Mallory Rico 23  
Trina Schaetz 37

**Women 18+ 200 MR**  
2nd 1:39.95  
Mallory Rico 23  
Jessica Connors 24  
Lindsay Newport 27  
Christy Garth 36

**Women 25+ 200 FR**  
4th 1:42.23  
Andrea Lund Kakas 33  
Sarah Perez 34  
Erin Schneider 31  
Leah Schneider 25

**Women 25+ 200 MR**  
7th 1:56.68  
Leah Schneider 25  
Sarah Perez 34  
Erin Schneider 31  
Andrea Lund Kakas 33

**Women 35+ 200 FR**  
3rd 1:44.00  
Trina Schaetz 37  
Julie Hall 41  
Krista Van Enkenvoort 36  
Heather Tiltmann 38

**Women 35+ 200 MR**  
4th 1:57.97  
Heather Tiltmann 38  
Trina Schaetz 37  
Julie Hall 41  
Krista Van Enkenvoort 36

**Women 55+ 200 MR**  
9th 2:39.25  
Nancy Ehrke 56  
Candy Christenson 63  
Nancy Kranpitz 65  
Mary Schneider 57

**Mixed 18+ 200 FR**  
8th 1:32.45  
Adam Mania 26  
Lindsay Newport 27  
Mallory Rico 23  
Andrew Belton 23

**Mixed 18+ 200 MR**  
2nd 1:39.26  
Adam Mania 26  
Jessica Connors 24  
Lindsay Newport 27  
Chase Gravenood 24

**Mixed 25+ 200 FR**  
7th 1:35.55  
Maurice Tetzlaff 33  
Darryl Stich 34  
Leah Schneider 25  
Andrea Lund Kakas 33

**Mixed 35+ 200 FR**  
2nd 1:31.82  
Laren Tiltmann 40  
Trina Schaetz 37  
Heather Tiltmann 38  
Michael Power 42

**Mixed 35+ 200 MR**  
3rd 1:43.37  
Laren Tiltmann 40  
Trina Schaetz 37  
Dan Schaetz 39  
Heather Tiltmann 38

**Mixed 45+ 200 FR**  
9th 1:42.46  
Kip Fulbeck 45  
Cheryl Mortensen 45  
Julie Van Cleave 51  
Jeff Alexander 46

**Mixed 65+ 200 MR**  
10th 2:54.86  
John Bauman 79  
James Dannenberg 65  
Nancy Kranpitz 65  
Cheryl Woodworth 66

**\* = All American! Congratulations!**

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### Tentative Winter Swim Meet Schedule

**Dec 4, 2010;** SCM at West Bend HS  
**April 2-3, 2011;** SCY State Masters Championships at Schroeder  
**April 14-17, 2011;** YMCA Masters Nationals at Ft. Lauderdale Aquatic Center  
**April 28-May 1, 2011;** Spring USMS Masters Nationals at Mesa, AZ  
**Aug 20, 2011;** USMS 1-3 Mile Championship at Lake Monona, WI

**NOTE!** The Dec 4 and April 2-3 meet dates are tentative until officially approved at the **annual meeting** which is being held on **October 2** at the **Pabst Farms YMCA, 12:30-2:00 PM!** There **WILL** be more SCY meet dates set at this meeting.

# What Else Do WMAC Swimmers Do?

## 2nd Annual Swim4Freedom Lake Geneva, Wisconsin

Steele Whowell

Summer provides a host of swimming options for our members in which to participate. Many are unofficial, unsanctioned, and unrecognized and most involve open water swims either for fun or for a good cause. Whatever the reason for the “swims” they allow us to expand our swimming options from the traditional 8 lane 50 meter pool to the vastness of open water. Several of these events involving our members are highlighted on pages 5, 6, and 7.

On August 8th, Wisconsin registered swimmers **Steele Whowell, Melodee Nugent, Jason Clark, Charles Lorenz, Erica Bergstrom, Kiki Day, Peg Schmidt, and Kim Fitzgerald** along with about 20 others participated in the 2nd Annual Swim4Freedom at Lake Geneva. The swim was an 8 mile course that covered the length of Lake Geneva—a really large lake in southern Wisconsin—starting at Lake Geneva Beach and finishing at Fontana/Gordy’s. The weather did not cooperate that morning which made the swim even longer because the accompanying safety boats were trying to get the swimmers protected from the wind. The wind kept shifting, however, so there was no real hiding which made the swim that much more challenging but then again that much more rewarding when you finished.

Prior to the swim swimmers collected donations for the Special Operations Warrior Foundation—a foundation which provides full scholarship grants and educational and family counseling to the surviving children of special operations personnel who die in operational or training missions. It also provides immediate financial assistance to severely wounded special operations personnel and their families.

This year the swimmers raised \$13,664.56! **Charles Lorenz** personally raised over \$3,000 and after the swim had a mini-auction in which he offered to do various things for donations—like mow your lawn, babysit, etc. **Charlie** was also the top male swimmer finishing the swim in 3:20. **Melodee** was the top female swimmer completing the course in 3:58. Getting to the end was no easy chore for Melodee as first there was a miscommunication about where her “escorts” were to pick up their boat. Once that issue was straightened out the escorts then were not able to get on Melodee’s right side (the side to which she breathes) because of the pack of swimmers which made staying “on course” difficult for her. In addition, the rain and fog made it difficult to see the mile markers! However, she eventually found the end with her family waiting for her in the rain.

While this swim in an unsanctioned swim those who participated spoke highly of it and are already looking forward to participating next year—on Sunday, August 7, 2011.



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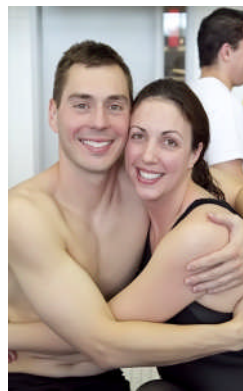
## Triathlons

**Stacey Kiefer**, 32, started her triathlon season with a 3rd place finish OVERALL in the Trek Triathlon held at Pleasant Prairie in July finishing the 1/2 mile swim, 12 mile bike and 3.1 mile run in 1:07.31. In August, covering the same distances but with a slightly different bike course, she captured **FIRST PLACE OVERALL** (over 2000 competitors) in the Danskin Triathlon with a time of 1:04.13! Several other WMACers completed the Danskin, too. Complete results can be found on the Trek and Danskin websites.

Congratulations to all!

## Wisconsin Ironman

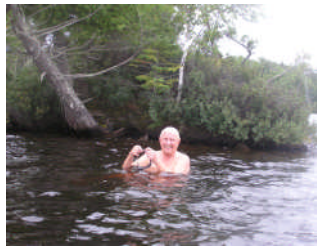
**Peter Nowak, Chris Stich, Jerry Huhn, Lauren Jensen, Jeff Shiroda, and Mike McCluskey** were among 2,500 participants in the **Wisconsin Ironman Triathlon** in September. **Chris** used the occasion to honor her late mother who succumbed to ALS and raised over \$8,000 for ALS research through her efforts. Her journals of her preparation for the triathlon and the events of the day as they unfolded are quite “moving”. Congratulations to all of our Wisconsin Ironman participants for completing one very grueling event!



Ironman **Chris Stich** gets a well deserved hug from husband **Darryl**.



Jerry Lourigan, Glenn Tranowski, Phyllis Jane Smith, Fred Salzmann, Mo O'Connor, and Gregg Miller await the starter's signal for the Rock Lake Swim.



Fred Salzmann tries to "un-fog" his goggles midway through the Rock Lake Swim

## Rock Lake Figure Eight Open Water Swim

The 5th Annual Rock Lake Figure Eight Open Water Swim took place on August 15 at Fred Salzmann's Rock Lake (where else?) cottage north of Winchester, WI. This totally unofficial unsanctioned swim saw a dramatic 200% increase in participants from 2009—**SIX** swimmers! It was windy, cloudy, and a balmy 63 degrees when **Fred Salzmann, Phyllis Jane Smith, Jerry Lourigan, Gregg Miller, Mo O'Connor, and Glenn Tranowski** took off from the shore. **Ray Diederich** served as the meet director, judge, starter, timer, finish judge, and course "overseer" while **Nancy & Jim Kranpitz** and **Rose Mary O'Connor** accompanied the swimmers in their kayaks. Finishing in first place and breaking **Eric Jernberg's** record with a new record time of 29 minutes was **Jerry Lourigan**. He was followed to the finish by **Gregg (30 min), Mo (35 min), Glenn (42 min) Phyllis (50 min) and Fred (51 min)**. This year saw the swimmers completing a true figure eight—swimming straight out to a beach ball buoy, then north and clockwise around the north island, back south past the buoy and counter clockwise around the south islands, then back around the buoy and to the shore officially completing the race by touching the dock.

Afterwards the swimmers, kayakers, and official feasted on a delicious brunch prepared by **Phyllis**. Plans are already underway for the 6th Annual Swim to be held around the same time next summer!

## Pirate's Plunge

Have you ever wondered what it would be like to abandon ship a mile off shore and have to swim in? That's what **Kelli Steenrod, Andy Steenrod, Melodee Nugent, Mike McCluskey** and **Julie VanCleave** did. They jumped overboard a mile out into Lake Michigan and then swam to shore! To complete the race they had to run about 100 yards from the water to the finish line. Wind and waves made for a challenging swim. **Andy** placed 2nd overall (but top male finisher), **Melodee** was 3rd overall (2nd female finisher), **Kelli** was 4th overall (3rd female finisher), **Julie** was 11th overall (4th female finisher), and **Mike** finished 20th overall. **Megan Ryther**, who won gold in the USA Swimming Open Water World Championships in 1998, was the overall winner. This was the first year for this event and the event sponsors hope to make this an annual event.



Pirate's Plunge participants **Mike McCluskey** and **Julie VanCleave**.



Front: **Melodee Nugent, Jenny Moeller, Julie Hall**. Back: **Greg Schaafsman, Bill Curtis, Jim Drought, Pat Bergin**.

## Lake Julia Open Water Swim

**Jim Drought**, who swims at the SW Y in New Berlin, celebrated his 50th birthday in July at his cottage on Lake Julia (near Three Lakes, WI) and invited his SW Y swimming friends and buddies to join in the celebration. He organized a lake swim (approximately 2 miles) going around the lake and had special swim caps, awards and shirts made. Seven masters completed the around the lake swim! There was also a shorter across the lake swim for the younger folk. Who says getting older isn't any fun? Besides the swim everyone enjoyed great weather, food, and fellowship both before and after the swim.

**Happy Birthday, Jim!**

# Point to LaPointe - Bayfield Open Water Swim

Jerry Lourigan/Julie Van Cleave

The **Point to LaPointe Bayfield open water swim** was held this year on August 6 and it was a great day for a swim. The distance is 2.1 miles if you swim it in a straight line! The swim got off as scheduled. The air was warm, the water fairly calm, and the water temperature a warm 67 degrees! Many swimmers found the calm water deceiving since most of us took a course slightly north of swimming a straight line toward the finish. Every time the ferry made a trip we endured its wake. The Coast Guard, kayakers, and boaters provided great monitoring of the race.



Top: Julie Van Cleave, Dave George, Kevin Yeager, Kevin Welton, Mo O'Connor. Bottom: Diane Ramthum, Howard Goldman, Jerry Lourigan.



The venue

Wisconsin made a strong showing, but Minnesota had numbers and power. It seemed they took a good number of awards. Wisconsin's **Kevin Yeager** and **Dave George** made a presence in the 50-59 age group going 1 and 2 respectively. There were some other Wisconsin swimmers that did very well also.

The profits from the swim go to support the Bayfield Recreational Center. The event fills to capacity each year and is currently limited to 300 swimmers. There are always swimmers asking if they can get in. To learn more about this event visit their website:

<http://www.bayfieldreccenter.com/PointtoLapointeSwim.html>.

## USMS 6K Open Water National Championships

Two Wisconsin Masters swimmers participated in the **USMS 6K Open Water National Championships** in Colorado this summer. **Valerie Adams** had a most successful swim taking 1st place in the 18-24 age group! **Phyllis Jane Smith** captured 2nd place in the 55-59 group. **Phyllis** reports she was tempted to stop at the half way mark but with her granddaughter cheering her on she decided to go for it! Congratulations to **Val** and **Phyllis!**



**Dick Pitman** watches as a swimmer crosses the finish line

**Brian Engelking and Gus Robledo**—after the MOWS swim!



## Big Shoulders

The **Big Shoulders Open Water Swim** was held on September 11. According to **Melodee Nugent** it was quite a challenging day! There was rain, 2 foot waves, and the water temp was only 63 degrees! **Melodee** finished 4th in the 40-44 age group with this being the coldest water she has ever competed in without wearing a wetsuit. With contestants listed only by USMS registration number and not state affiliation in the final results it was not possible to "pull" the results for Wisconsin registered swimmers. However, you can go to [www.bigshoulders.com](http://www.bigshoulders.com) for a wrap up on the swim and for more information about the annual event.



**Jeff Alexander, Peter Allen, Julie Van Cleave, Clark, Mike McCluskey, Jerry Huhn.**

**Mark Kaczmarek** and daughter **Aimee** cross the finish line together.



## Maui Channel Swim

Geoff Mykleby

Didn't get a lot of pool OR lake time this summer but was still dumb enough to venture across the Pacific for my annual **Maui Inter-Island Swim**. As in past competitions, I swam for the Dallas Aquatic Masters (DAM) who brought over 8 relays and two solo swimmers. My relay consisted of 5 Dallas guys whose age added to mine was over 300 years old! Doesn't sound too good, does it? And as the oldest on the team I am proud to say we medaled and got third in our divisions called Senior Makule. The conditions were the worst I had seen in over 20 years and it took us forever to cross. Three to five foot waves hit us head on (trade winds coming NE to SW), tough currents, and animals sightings including jelly fish, dolphins, and even a Tiger Shark! I have never been so sore after a race and as all of you know, I don't mind staying out past curfew. However, I was so tired I fell asleep at 9:15 PM with my street clothes on. The Australians beat the American team by 15 seconds (over a 10 mile course!) and the finish was contested by accusations of drafting and swimmer transition violations. But all in all it was a grand time!

## Musings on Turning 65

Nancy Kranpitz

I aged up this year—and it was a significant aging up. 65—Medicare, Social Security, AND now the opportunity to warm up and cool down in the 65+ lane at nationals! But you just can NOT imagine my huge disappointment when no one challenged my being in that lane! 65 sounds really old—and I don't feel even a little old! So I was sure I would be told I didn't belong in that lane. But, no such luck. Then, at Badger State Games, things went from bad to worse! If any of you swam in lane one you couldn't help but notice the enthusiastic young head timer who greeted you, checked to make sure you were in the right lane, cheered (loudly) for you throughout your swim, and offered heartfelt congratulations when you finished. Now, imagine my "horror" when he offered to assist me in getting up on the block! I graciously accepted his offer and then consoled myself with the thought that to a teenager anyone over the age of 35 is "old" - and thus, someone aged 65 must be really old!

*To the world you may be just one person. But to one person you just may be the world.*

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