

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024
Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

ZONECHAMPS - Records

1	Women 18-24 1000 Free	10:52.83	4/8/2016	Kaley Gregory
1	Women 25-29 1000 Free	10:34.30	4/19/2013	Katie Gilmore
1	Women 30-34 1000 Free	10:32.92	4/2/2000	Laurie Hug
1	Women 35-39 1000 Free	10:37.40	4/22/2001	Laurie Hug
1	Women 40-44 1000 Free	10:57.76	4/11/2008	Laurie Hug
1	Women 45-49 1000 Free	10:57.88	4/17/2011	Laurie Hug
1	Women 50-54 1000 Free	11:14.62	4/7/2017	Laurie Hug
1	Women 55-59 1000 Free	11:49.98	4/17/2011	Shirley Loftus-Charley
1	Women 60-64 1000 Free	12:22.20	4/8/2016	Shirley Loftus-Charley
1	Women 65-69 1000 Free	12:35.99	4/5/2019	Shirley Loftus-Charley
1	Women 70-74 1000 Free	15:29.63	4/20/1997	June Krauser
1	Women 75-79 1000 Free	19:54.95	4/15/2007	Lesley Francis
1	Women 80-84 1000 Free	20:42.12	4/21/2002	BillieAnn Burrill
1	Women 85-89 1000 Free	27:50.92	4/21/2002	Mary Lathram
1	Women 90-94 1000 Free	32:53.76	5/9/1993	Anna Bauscher
1	Men 18-24 1000 Free	10:32.60	1/1/2010	Christopher Stickle
1	Men 25-29 1000 Free	9:55.05	4/14/1991	Steve Fisher
1	Men 30-34 1000 Free	10:12.02	4/13/2012	Stephen Michaels
1	Men 35-39 1000 Free	9:50.85	4/13/2012	Frederik Hviid
1	Men 40-44 1000 Free	10:19.02	4/24/2009	Rob Jones
1	Men 45-49 1000 Free	9:58.64	4/24/2009	Neil Brophy
1	Men 50-54 1000 Free	10:36.39	4/8/2016	Rob Jones
1	Men 55-59 1000 Free	11:08.34	4/3/2022	Stuart Cromarty
1	Men 60-64 1000 Free	11:20.87	4/13/2018	Jerry De Muro
1	Men 65-69 1000 Free	12:26.16	4/4/2004	David Harrison
1	Men 70-74 1000 Free	12:50.23	4/11/2008	David Harrison
1	Men 75-79 1000 Free	15:11.04	4/4/2014	Ahmed Hamada
1	Men 80-84 1000 Free	17:14.77	4/5/2019	Ahmed Hamada
1	Men 85-89 1000 Free	20:24.94	4/17/2011	Calvin Barnes
1	Men 90-94 1000 Free	24:18.33	5/7/1995	Gus Langner
3	Women 18-24 1650 Free	18:41.96	4/23/2006	Elizabeth Schlicher
3	Women 25-29 1650 Free	18:05.58	5/9/1993	Laurie Hug
3	Women 30-34 1650 Free	17:27.45	4/2/2000	Laurie Hug
3	Women 35-39 1650 Free	17:45.08	4/22/2001	Laurie Hug
3	Women 40-44 1650 Free	18:00.35	4/15/2007	Laurie Hug
3	Women 45-49 1650 Free	18:09.22	4/17/2011	Laurie Hug
3	Women 50-54 1650 Free	18:37.20	4/5/2019	Laurie Hug
3	Women 55-59 1650 Free	19:47.79	4/14/2023	Laurie Hug
3	Women 60-64 1650 Free	20:30.03	4/10/2015	Nancy Steadman Martin
3	Women 65-69 1650 Free	21:03.52	4/14/2023	Nancy Steadman Martin
3	Women 70-74 1650 Free	24:05.98	4/3/2022	Dorothy Tourtual
3	Women 75-79 1650 Free	24:36.58	4/14/2023	Christie Hayes
3	Women 80-84 1650 Free	43:42.99	5/2/1999	Mary Lathrum
3	Men 18-24 1650 Free	17:15.37	4/3/2022	Alexander Burnam
3	Men 25-29 1650 Free	16:19.50	4/14/1991	Garrow Kerr
3	Men 30-34 1650 Free	16:21.91	4/3/2022	Eric Nilsson
3	Men 35-39 1650 Free	16:25.58	4/19/2013	Frederik Hviid
3	Men 40-44 1650 Free	17:21.40	4/3/2022	Daniel Moran
3	Men 45-49 1650 Free	18:08.53	4/21/2002	John Hudson
3	Men 50-54 1650 Free	17:41.21	4/8/2016	Rob Jones
3	Men 55-59 1650 Free	18:35.22	4/3/2022	Stuart Cromarty
3	Men 60-64 1650 Free	19:08.47	4/5/2019	Robert Kannegieser
3	Men 65-69 1650 Free	20:00.99	4/14/2023	John Chambers
3	Men 70-74 1650 Free	22:36.55	4/3/2022	Bill Ryan
3	Men 75-79 1650 Free	23:50.03	4/21/2002	Roger Franks
3	Men 80-84 1650 Free	30:18.27	5/2/1999	Jim Pendergrass
3	Men 90-94 1650 Free	43:25.77	4/20/1997	Gus Langner

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ZONECHAMPS - Records

5 Women 18-24 500 Free	5:12.23	4/4/2004	Kelly Bowman
5 Women 25-29 500 Free	5:12.74	4/20/2013	Katie Gilmore
5 Women 30-34 500 Free	5:11.06	4/2/2000	Laurie Hug
5 Women 35-39 500 Free	5:11.87	4/21/2002	Laurie Hug
5 Women 40-44 500 Free	5:20.75	4/25/2009	Laurie Hug
5 Women 45-49 500 Free	5:23.32	4/14/2012	Laurie Hug
5 Women 50-54 500 Free	5:32.11	4/7/2017	Laurie Hug
5 Women 55-59 500 Free	5:54.39	4/17/2011	Shirley Loftus-Charley
5 Women 60-64 500 Free	5:59.61	4/11/2015	Nancy Steadman Martin
5 Women 65-69 500 Free	6:11.09	4/14/2023	Nancy Steadman Martin
5 Women 70-74 500 Free	6:51.35	4/5/2019	Christie Hayes
5 Women 75-79 500 Free	9:39.50	4/25/2009	Lesley Francis
5 Women 80-84 500 Free	8:56.61	4/1/2022	Aagje Caron
5 Women 85-89 500 Free	11:37.61	4/7/2017	Lesley Francis
5 Women 90-94 500 Free	14:56.64	4/23/2006	Mary Lathram
6 Men 18-24 500 Free	4:29.09	4/13/2018	Andrew Greenhalgh
6 Men 25-29 500 Free	4:39.22	4/12/1992	Bruce Hayes
6 Men 30-34 500 Free	4:39.81	4/1/2022	Eric Nilsson
6 Men 35-39 500 Free	4:43.62	4/25/2009	Mark Matheson
6 Men 40-44 500 Free	4:46.18	4/12/2008	Chris Stevenson
6 Men 45-49 500 Free	4:51.53	4/25/2009	Neil Brophy
6 Men 50-54 500 Free	5:07.41	4/23/2006	Bradford Gandee
6 Men 55-59 500 Free	5:18.02	4/1/2022	Stuart Cromarty
6 Men 60-64 500 Free	5:32.86	4/20/2013	James Thornton
6 Men 65-69 500 Free	5:53.27	4/13/2003	David Harrison
6 Men 70-74 500 Free	6:15.86	4/12/2008	David Harrison
6 Men 75-79 500 Free	6:43.59	4/21/2002	Roger Franks
6 Men 80-84 500 Free	8:04.31	4/15/2007	Roger Franks
6 Men 85-89 500 Free	10:06.01	4/24/2010	Calvin Barnes
6 Men 90-94 500 Free	11:18.89	5/7/1995	Gus Langner
7 Women 18-24 50 Free	23.96	4/13/2003	Petra Adamkova
7 Women 25-29 50 Free	23.16	4/24/2005	Petra Martin
7 Women 30-34 50 Free	24.04	4/26/2009	Petra Martin
7 Women 35-39 50 Free	24.11	4/7/2017	Katie Grier
7 Women 40-44 50 Free	24.02	4/5/2019	Katie Grier
7 Women 45-49 50 Free	24.20	4/15/2012	Fall Willeboordse
7 Women 50-54 50 Free	24.84	4/8/2016	Fall Willeboordse
7 Women 55-59 50 Free	27.03	5/8/1990	Jane Bruner
7 Women 60-64 50 Free	28.09	4/12/2015	Melinda Wolff
7 Women 65-69 50 Free	28.87	4/5/2019	Melinda Wolff
7 Women 70-74 50 Free	30.32	4/14/2023	Melinda Wolff
7 Women 75-79 50 Free	34.13	4/14/2023	Christie Hayes
7 Women 80-84 50 Free	42.48	4/13/2003	Jeanne Merryman
7 Women 85-89 50 Free	53.51	4/21/2002	Anne Walker
7 Women 90-94 50 Free	51.97	4/15/2007	Anne Walker
8 Men 18-24 50 Free	20.24	4/13/2018	Lucas Bureau
8 Men 25-29 50 Free	20.49	4/6/2014	Jarryd Botha
8 Men 30-34 50 Free	20.65	4/13/2018	Kevin Gallagher
8 Men 35-39 50 Free	21.05	4/23/2006	Michael Ross
8 Men 40-44 50 Free	20.84	4/26/2009	Michael Ross
8 Men 45-49 50 Free	21.85	4/5/2019	Jeremy Gross
8 Men 50-54 50 Free	22.03	4/13/2003	Paul Trevisan
8 Men 55-59 50 Free	22.24	4/25/2010	Paul Trevisan
8 Men 60-64 50 Free	23.86	4/5/2019	Gregory Oxley
8 Men 65-69 50 Free	24.54	4/25/2010	Jim Dragon
8 Men 70-74 50 Free	26.15	4/12/2015	Jim Dragon
8 Men 75-79 50 Free	28.75	4/14/2023	Jim Dragon

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ZONECHAMPS - Records

8 Men 80-84 50 Free	32.74	4/5/2019	Ahmed Hamada
8 Men 85-89 50 Free	40.76	4/12/1992	Gus Langner
8 Men 90-94 50 Free	43.51	4/22/2001	Gerson Sobel
8 Men 95-99 50 Free	1:18.06	4/26/2009	John Wolff
8 Men 100-104 50 Free	1:35.72	4/21/2013	John Wolff
9 Women 18-24 200 Back	2:02.91	4/17/2011	Kellyanne Tomasula
9 Women 25-29 200 Back	2:08.40	4/25/2009	Alyssa Lengle
9 Women 30-34 200 Back	2:07.61	5/9/1993	Zena Herrmann
9 Women 35-39 200 Back	2:09.32	4/13/2018	Mollie Grover
9 Women 40-44 200 Back	2:04.43	4/24/2010	Kristin Gary
9 Women 45-49 200 Back	2:15.03	4/15/2007	Vibeke Swanson
9 Women 50-54 200 Back	2:21.72	4/21/2013	Vibeke Swanson
9 Women 55-59 200 Back	2:20.41	4/14/2023	Kristin Gary
9 Women 60-64 200 Back	2:29.39	4/7/2017	Joan Pfinisgraff
9 Women 65-69 200 Back	2:35.00	4/12/2015	Cecilia McCloskey
9 Women 70-74 200 Back	3:08.28	4/5/2019	Marcia Barry
9 Women 75-79 200 Back	3:31.02	5/2/1999	Ruth Morrill
9 Women 80-84 200 Back	3:44.08	4/8/2016	Nancy Brown
9 Women 85-89 200 Back	4:39.86	4/21/2002	Anne Walker
9 Women 90-94 200 Back	5:39.33	4/15/2007	Anne Walker
10 Men 18-24 200 Back	1:49.09	4/5/2019	Logan Burton
10 Men 25-29 200 Back	1:53.99	4/22/2001	Peter Hezky
10 Men 30-34 200 Back	1:51.42	4/21/2013	Michael Bazylewicz
10 Men 35-39 200 Back	1:52.89	4/24/2005	Michael Ross
10 Men 40-44 200 Back	1:53.29	4/12/2008	Chris Stevenson
10 Men 45-49 200 Back	2:06.85	5/2/1999	Paul Feters
10 Men 50-54 200 Back	2:04.91	4/17/2011	Clay Britt
10 Men 55-59 200 Back	2:09.52	4/14/2023	Jeff Evans
10 Men 60-64 200 Back	2:13.15	4/5/2019	Douglas Slater
10 Men 65-69 200 Back	2:28.82	4/14/2023	John Rittenhouse
10 Men 70-74 200 Back	2:40.19	5/2/1999	Roger Franks
10 Men 75-79 200 Back	2:54.61	4/13/2003	Roger Franks
10 Men 80-84 200 Back	3:06.36	4/15/2007	Roger Franks
10 Men 85-89 200 Back	3:53.32	4/15/2012	Roger Franks
10 Men 90-94 200 Back	8:12.48	4/20/1997	Harry Jagers
11 Women 18-24 100 Fly	57.38	4/12/2015	Harumi Katsuyama
11 Women 25-29 100 Fly	57.58	4/6/2014	Jessica Koltz
11 Women 30-34 100 Fly	59.11	4/15/2012	Yun Qu
11 Women 35-39 100 Fly	59.38	5/2/1999	Beth Baker
11 Women 40-44 100 Fly	59.12	4/23/2006	Karlin Pipes-Neilsen
11 Women 45-49 100 Fly	59.28	4/15/2012	Fall Willeboordse
11 Women 50-54 100 Fly	1:00.81	4/21/2013	Leslie Livingston
11 Women 55-59 100 Fly	1:09.68	4/21/2013	Jeanne Lappin
11 Women 60-64 100 Fly	1:16.83	4/8/2016	Shirley Loftus-Charley
11 Women 65-69 100 Fly	1:12.46	4/5/2019	Cecilia McCloskey
11 Women 70-74 100 Fly	1:27.60	4/13/2018	Margot Pettijohn
11 Women 75-79 100 Fly	2:33.03	5/2/1999	Mary Wixted
11 Women 80-84 100 Fly	3:20.02	5/9/1993	Eve Muller
12 Men 18-24 100 Fly	47.41	4/13/2018	Lucas Bureau
12 Men 25-29 100 Fly	49.75	4/1/2022	Matt Grauslys
12 Men 30-34 100 Fly	51.08	4/13/2003	Curtis Sawin
12 Men 35-39 100 Fly	50.06	4/23/2006	Michael Ross
12 Men 40-44 100 Fly	50.75	4/13/2018	James Zenyuh
12 Men 45-49 100 Fly	52.58	4/25/2009	Scott Carpenter
12 Men 50-54 100 Fly	54.05	4/5/2019	Steve Hiltabiddle
12 Men 55-59 100 Fly	58.85	4/1/2022	Christopher Doyle
12 Men 60-64 100 Fly	1:00.63	4/25/2009	Kieran Kelleher

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ZONECHAMPS - Records

12	Men 65-69 100 Fly	1:08.76	4/14/2023	John Chambers
12	Men 70-74 100 Fly	1:23.28	5/9/1993	Birch Davidson
12	Men 75-79 100 Fly	1:29.57	4/6/2014	Ahmed Hamada
12	Men 80-84 100 Fly	1:41.01	4/5/2019	Ahmed Hamada
12	Men 85-89 100 Fly	2:14.55	5/5/1996	Jesse Coon
13	Women 18+ 200 Free Relay	1:41.60	1/1/2006	Terrapin Masters M GROVER, M STAKEM, K BOWMAN, C VOORHEES
13	Women 25+ 200 Free Relay	1:38.28	4/13/2018	Club Tribe G MIZERAK, S SHANER, K GASS, K GRIER
13	Women 35+ 200 Free Relay	1:41.49	4/5/2019	Club Tribe R ANNE THOMAS, M CHOE, K GASS, K GRIER
13	Women 45+ 200 Free Relay	1:51.84	1/1/2003	Virginia Masters N MILLER, K BRAATEN, T SUE GAULT, L BENNETT
13	Women 55+ 200 Free Relay	1:57.33	4/5/2019	1776 M WOLFF, B BURKE, S SAUCY, V SWANSON
13	Women 65+ 200 Free Relay	2:13.33	4/5/2019	Virginia Masters A LYTTLE, S LOFTUS-CHARLEY, M BARRY, B BOSLEGO
13	Women 75+ 200 Free Relay	3:17.13	1/1/1999	DC Masters M HAMNER, R THORSEN, M LEE, A WALKER
14	Men 18+ 200 Free Relay	1:26.28	4/5/2019	Tide Swimming D VERHEUL, L BURTON, D DEAN, H PIERCE
14	Men 25+ 200 Free Relay	1:24.75	4/13/2018	Club Tribe K GALLAGHER, K LOUGHRAN, C FAY, S GLASS
14	Men 35+ 200 Free Relay	1:28.05	4/25/2009	Jersey Area Masters W SEGAL, S HILTABIDDLE, S CARPENTER, B MATHESON
14	Men 45+ 200 Free Relay	1:30.85	4/5/2019	Spring Valley Y Masters G SANGMEISTER, G REES, J EVANS, J GROSS
14	Men 55+ 200 Free Relay	1:42.82	4/5/2014	1776 D KEITH, G MEYER, T STEEL, J THORNTON
14	Men 65+ 200 Free Relay	1:54.94	4/7/2017	Binghamton Univ G YOUTT, E POT, D KORNBLATT, J COTHREN
14	Men 75+ 200 Free Relay	2:07.86	4/13/2018	Virginia Masters H SOBER, E GAULRAPP, K NOVELL, R WISE
15	Women 18+ 200 Free Relay	1:41.60	1/1/2006	Terrapin Masters M GROVER, M STAKEM, K BOWMAN, C VOORHEES
15	Women 25+ 200 Free Relay	1:38.28	4/13/2018	Club Tribe G MIZERAK, S SHANER, K GASS, K GRIER
15	Women 35+ 200 Free Relay	1:41.49	4/5/2019	Club Tribe R ANNE THOMAS, M CHOE, K GASS, K GRIER
15	Women 45+ 200 Free Relay	1:51.84	1/1/2003	Virginia Masters N MILLER, K BRAATEN, T SUE GAULT, L BENNETT
15	Women 55+ 200 Free Relay	1:57.33	4/5/2019	1776 M WOLFF, B BURKE, S SAUCY, V SWANSON
15	Women 65+ 200 Free Relay	2:13.33	4/5/2019	Virginia Masters A LYTTLE, S LOFTUS-CHARLEY, M BARRY, B BOSLEGO
15	Women 75+ 200 Free Relay	3:17.13	1/1/1999	DC Masters M HAMNER, R THORSEN, M LEE, A WALKER
15	Men 18+ 200 Free Relay	1:26.28	4/5/2019	Tide Swimming D VERHEUL, L BURTON, D DEAN, H PIERCE
15	Men 25+ 200 Free Relay	1:24.75	4/13/2018	Club Tribe K GALLAGHER, K LOUGHRAN, C FAY, S GLASS
15	Men 35+ 200 Free Relay	1:28.05	4/25/2009	Jersey Area Masters W SEGAL, S HILTABIDDLE, S CARPENTER, B MATHESON
15	Men 45+ 200 Free Relay	1:30.85	4/5/2019	Spring Valley Y Masters G SANGMEISTER, G REES, J EVANS, J GROSS
15	Men 55+ 200 Free Relay	1:42.82	4/5/2014	1776 D KEITH, G MEYER, T STEEL, J THORNTON

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15	Men 65+ 200 Free Relay	1:54.94	4/7/2017	Binghamton Univ G YOUTT, E POT, D KORNBLATT, J COTHREN
15	Men 75+ 200 Free Relay	2:07.86	4/13/2018	Virginia Masters H SOBER, E GAULRAPP, K NOVELL, R WISE
15	Mixed 18+ 200 Free Relay	1:29.21	4/13/2018	Club Tribe L BUREAU, S SHANER, K GALLAGHER, G MIZERAK
15	Mixed 25+ 200 Free Relay	1:34.48	4/26/2009	Curl-Burke D WOHLEBER, S AIKEN, A NANCE, W HOWARD
15	Mixed 35+ 200 Free Relay	1:34.00	4/8/2016	Club Tribe C HURTUBISE, R WILLIAMS, M LOVETT, K GRIER
15	Mixed 45+ 200 Free Relay	1:41.19	4/7/2017	Spring Valley Y Masters J DELLA GUARDIA, G SANGMEISTER, T HENION, J GROSS
15	Mixed 55+ 200 Free Relay	1:55.60	4/5/2019	1776 S DOUGHERTY, B BURKE, S SAUCY, G MEYER
15	Mixed 65+ 200 Free Relay	2:10.43	4/12/2015	1776 T TULENKO, C MCCLOSKEY, N PUCKETT, J AMUNDSEN
15	Mixed 75+ 200 Free Relay	2:26.97	4/13/2018	Virginia Masters B SCHREINER, L WALKER, E GAULRAPP, K NOVELL
17	Women 18-24 100 Breast	1:06.03	4/5/2019	Laura Schwartz
17	Women 25-29 100 Breast	1:08.30	4/25/2010	Jen Brielmaier
17	Women 30-34 100 Breast	1:09.78	4/5/2019	Ellen Minzenmayer
17	Women 35-39 100 Breast	1:09.80	4/8/2016	Kristen Harris
17	Women 40-44 100 Breast	1:09.86	4/7/2017	Kristen Harris
17	Women 45-49 100 Breast	1:12.86	4/21/2013	Lisa Groves
17	Women 50-54 100 Breast	1:09.87	4/8/2016	Fall Willeboordse
17	Women 55-59 100 Breast	1:19.05	4/7/2017	Jenny Cook
17	Women 60-64 100 Breast	1:19.00	4/21/2013	Melinda Wolff
17	Women 65-69 100 Breast	1:21.78	4/5/2019	Melinda Wolff
17	Women 70-74 100 Breast	1:29.01	4/14/2023	Melinda Wolff
17	Women 75-79 100 Breast	1:37.18	4/13/2018	Joann Leilich
17	Women 80-84 100 Breast	2:13.11	4/1/2022	Aagje Caron
17	Women 85-89 100 Breast	3:44.74	4/20/1997	Hedy Pullman
18	Men 18-24 100 Breast	56.37	4/23/2006	William Liscinsky
18	Men 25-29 100 Breast	56.67	4/14/2023	Stephen Husch
18	Men 30-34 100 Breast	57.93	4/17/2011	Joe Nagy
18	Men 35-39 100 Breast	55.84	4/22/2001	Wally Dicks
18	Men 40-44 100 Breast	58.39	4/26/2009	Jim Tuchler
18	Men 45-49 100 Breast	1:00.59	4/26/2009	Jon Blank
18	Men 50-54 100 Breast	1:02.07	4/13/2018	Neill Williams
18	Men 55-59 100 Breast	1:02.98	4/5/2019	Gregory Harris
18	Men 60-64 100 Breast	1:04.66	4/5/2019	Gregory Oxley
18	Men 65-69 100 Breast	1:11.75	4/14/2023	Brian Keyser
18	Men 70-74 100 Breast	1:19.39	4/25/2010	Hans Reichelt
18	Men 75-79 100 Breast	1:34.79	4/1/2022	Andrew Cooke
18	Men 80-84 100 Breast	1:41.66	4/8/2016	David Nicholas
18	Men 85-89 100 Breast	2:11.85	3/29/1998	Dan Dotterweich
18	Men 90-94 100 Breast	2:54.90	4/20/1997	Gus Langner
19	Women 18-24 200 IM	2:09.53	4/13/2018	Laura Schwartz
19	Women 25-29 200 IM	2:10.22	4/8/2016	Rachel Ripley
19	Women 30-34 200 IM	2:11.73	4/5/2019	Denise Letendre
19	Women 35-39 200 IM	2:13.08	5/2/1999	Beth Baker
19	Women 40-44 200 IM	2:11.32	4/23/2006	Karlin Pipes-Neilsen
19	Women 45-49 200 IM	2:15.19	4/15/2007	Vibeke Swanson
19	Women 50-54 200 IM	2:15.51	4/8/2016	Fall Willeboordse
19	Women 55-59 200 IM	2:31.35	4/7/2017	Vibeke Swanson
19	Women 60-64 200 IM	2:36.65	4/14/2012	Shirley Loftus-Charley
19	Women 65-69 200 IM	2:37.07	4/11/2015	Cecilia McCloskey

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19 Women 70-74 200 IM	2:59.53	4/5/2019	Christie Hayes
19 Women 75-79 200 IM	3:20.86	4/14/2023	Christie Hayes
19 Women 80-84 200 IM	4:05.04	4/8/2016	Nancy Brown
19 Women 85-89 200 IM	9:45.36	5/8/1990	Anna Bauscher
19 Women 90-94 200 IM	10:43.74	5/9/1993	Anna Bauscher
20 Men 18-24 200 IM	1:55.60	4/14/2023	Jasper Jurman
20 Men 25-29 200 IM	1:55.03	4/4/2004	Frank Byskov
20 Men 30-34 200 IM	1:55.50	4/13/2003	Curtis Sawin
20 Men 35-39 200 IM	1:58.94	4/15/2007	Jeffrey Roddin
20 Men 40-44 200 IM	1:51.85	4/25/2009	Michael Ross
20 Men 45-49 200 IM	2:02.31	4/11/2015	Jeffrey Roddin
20 Men 50-54 200 IM	2:03.44	4/5/2019	Jeffrey Roddin
20 Men 55-59 200 IM	2:10.46	4/14/2023	Jeff Evans
20 Men 60-64 200 IM	2:19.10	4/5/2019	Robert Kannegieser
20 Men 65-69 200 IM	2:33.77	4/7/2017	Stephen Dougherty
20 Men 70-74 200 IM	2:51.33	4/14/2023	Stephen Dougherty
20 Men 75-79 200 IM	2:53.87	4/8/2016	Howard Rolston
20 Men 80-84 200 IM	3:43.42	4/14/2012	Frank Manheim
20 Men 85-89 200 IM	4:45.56	5/5/1996	Jesse Coon
21 Women 18-24 50 Back	25.92	4/5/2019	Catherine Mulquin
21 Women 25-29 50 Back	27.35	4/13/2018	Anna Macedonia
21 Women 30-34 50 Back	28.15	5/1/1994	Liz Hobbs
21 Women 35-39 50 Back	27.81	4/7/2017	Katie Grier
21 Women 40-44 50 Back	27.69	4/24/2010	Kristin Gary
21 Women 45-49 50 Back	27.61	4/21/2013	Susan Williams
21 Women 50-54 50 Back	27.27	4/21/2013	Leslie Livingston
21 Women 55-59 50 Back	30.70	4/14/2023	Kristin Gary
21 Women 60-64 50 Back	32.43	4/7/2017	Joan Pfinsgraff
21 Women 65-69 50 Back	32.40	4/5/2019	Cecilia McCloskey
21 Women 70-74 50 Back	39.48	4/23/2006	Nancy Brown
21 Women 75-79 50 Back	43.32	4/8/2016	Beth Schreiner
21 Women 80-84 50 Back	47.66	4/8/2016	Nancy Brown
21 Women 85-89 50 Back	57.17	4/22/2001	Marie Wicklun
21 Women 90-94 50 Back	1:11.77	4/15/2007	Anne Walker
22 Men 18-24 50 Back	22.62	4/5/2019	Logan Burton
22 Men 25-29 50 Back	23.28	4/6/2014	Jarryd Botha
22 Men 30-34 50 Back	24.35	4/23/2006	Troy Johnson
22 Men 35-39 50 Back	23.06	4/23/2006	Michael Ross
22 Men 40-44 50 Back	22.77	4/25/2009	Michael Ross
22 Men 45-49 50 Back	24.18	4/8/2016	Michael Ross
22 Men 50-54 50 Back	25.24	4/15/2012	Clay Britt
22 Men 55-59 50 Back	27.58	4/14/2023	Jeff Evans
22 Men 60-64 50 Back	28.02	4/13/2018	Douglas Slater
22 Men 65-69 50 Back	30.20	4/13/2018	Geoffrey Meyer Jr
22 Men 70-74 50 Back	32.33	4/14/2023	Geoffrey Meyer Jr
22 Men 75-79 50 Back	35.98	4/13/2018	Howard Rolston
22 Men 80-84 50 Back	40.87	4/15/2007	Roger Franks
22 Men 85-89 50 Back	46.73	4/22/2001	William Rowe
22 Men 90-94 50 Back	52.66	4/14/2023	Frank Manheim
23 Women 18-24 100 Free	51.99	4/11/2015	Harumi Katsuyama
23 Women 25-29 100 Free	52.00	4/7/2017	Marina Falcone
23 Women 30-34 100 Free	52.34	4/25/2009	Petra Martin
23 Women 35-39 100 Free	51.91	4/13/2018	Katie Grier
23 Women 40-44 100 Free	51.49	4/5/2019	Katie Grier
23 Women 45-49 100 Free	52.66	4/14/2012	Fall Willeboordse
23 Women 50-54 100 Free	54.51	4/8/2016	Fall Willeboordse
23 Women 55-59 100 Free	1:01.92	4/2/2022	Carol Pearl

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23	Women 60-64 100 Free	1:03.49	4/5/2019	Nancy Steadman Martin
23	Women 65-69 100 Free	1:04.65	4/5/2019	Cecilia McCloskey
23	Women 70-74 100 Free	1:09.32	4/5/2019	Christie Hayes
23	Women 75-79 100 Free	1:15.07	4/14/2023	Christie Hayes
23	Women 80-84 100 Free	1:34.75	4/8/2016	Nancy Brown
23	Women 85-89 100 Free	1:45.80	5/7/1995	Julia Dolce
23	Women 90-94 100 Free	2:23.93	4/15/2007	Anne Walker
24	Men 18-24 100 Free	43.97	4/13/2018	Lucas Bureau
24	Men 25-29 100 Free	45.53	4/7/2017	Kevin Gallagher
24	Men 30-34 100 Free	45.67	4/13/2018	Kevin Gallagher
24	Men 35-39 100 Free	45.54	4/23/2006	Michael Ross
24	Men 40-44 100 Free	45.61	4/25/2009	Michael Ross
24	Men 45-49 100 Free	47.99	4/8/2016	Michael Ross
24	Men 50-54 100 Free	48.26	4/5/2019	Steve Hiltabiddle
24	Men 55-59 100 Free	50.24	4/24/2010	Paul Trevisan
24	Men 60-64 100 Free	54.02	4/20/2013	James Thornton
24	Men 65-69 100 Free	59.39	4/13/2018	Geoffrey Meyer Jr
24	Men 70-74 100 Free	1:00.37	4/14/2023	Geoffrey Meyer Jr
24	Men 75-79 100 Free	1:04.67	4/13/2018	Harry Sober
24	Men 80-84 100 Free	1:13.45	4/5/2019	Ahmed Hamada
24	Men 85-89 100 Free	1:36.10	4/12/1992	Gus Langner
24	Men 90-94 100 Free	1:45.05	4/22/2001	Gerson Sobel
24	Men 95-99 100 Free	3:51.99	4/25/2009	John Wolff
25	Women 18+ 400 Medley Relay	4:03.73	4/4/2004	Terrapin Masters J TEERLINK, J MARTIN, K BOWMAN, M STAKEM
25	Women 25+ 400 Medley Relay	4:00.63	12/21/2022	Club Tribe A CZAPLICKI, K HARRIS, M FALCONE, K GRIER
25	Women 35+ 400 Medley Relay	4:15.70	1/1/2000	1776 V SWANSON, J FREIMUTH, K FRAZIER, S HARTMAN
25	Women 45+ 400 Medley Relay	4:41.88	4/11/2015	Reston Masters K BRIGHTWELL, L GROVES, M JOHNSON, M DAWSON
25	Women 55+ 400 Medley Relay	5:14.80	1/1/1997	DC Masters B FRID, J LEILICH, J BRUNER, B ZAREMSKI
25	Women 65+ 400 Medley Relay	5:44.60	4/5/2019	Virginia Masters M BARRY, B BOSLEGO, S LOFTUS-CHARLEY, A LYTTLE
26	Men 18+ 400 Medley Relay	3:36.99	4/5/2019	Club Tribe B GLOVER, D MCGUIRE, E ELSAESSER, A GREENHALGH
26	Men 25+ 400 Medley Relay	3:30.45	1/1/1999	Ancient Mariner C BRITT, W DICKS, J RODDIN, T BOYD
26	Men 35+ 400 Medley Relay	3:45.77	4/7/2017	Club Tribe J ROCKWELL, R WILLIAMS, M NILSON, M LOVETT
26	Men 45+ 400 Medley Relay	4:05.58	4/2/2022	SwimRI K DURU, M GILSON, C BARNES, S CROMARTY
26	Men 55+ 400 Medley Relay	4:19.39	4/17/2011	1776 G MEYER, J HEMMERLE, S DOUGHERTY, J THORNTON
26	Men 65+ 400 Medley Relay	5:01.35	4/13/2008	Virginia Masters H SOBER, W BRUNDAGE, A WOLFE, E GAULRAPP
26	Men 75+ 400 Medley Relay	6:42.67	4/13/2018	Virginia Masters H SOBER, E GAULRAPP, K NOVELL, R WISE
27	Women 18+ 400 Medley Relay	4:03.73	4/4/2004	Terrapin Masters J TEERLINK, J MARTIN, K BOWMAN, M STAKEM
27	Women 25+ 400 Medley Relay	4:00.63	12/21/2022	Club Tribe A CZAPLICKI, K HARRIS, M FALCONE, K GRIER
27	Women 35+ 400 Medley Relay	4:15.70	1/1/2000	1776 V SWANSON, J FREIMUTH, K FRAZIER, S HARTMAN
27	Women 45+ 400 Medley Relay	4:41.88	4/11/2015	Reston Masters K BRIGHTWELL, L GROVES, M JOHNSON, M DAWSON

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27	Women 55+ 400 Medley Relay	5:14.80	1/1/1997	DC Masters B FRID, J LEILICH, J BRUNER, B ZAREMSKI
27	Women 65+ 400 Medley Relay	5:44.60	4/5/2019	Virginia Masters M BARRY, B BOSLEGO, S LOFTUS-CHARLEY, A LYTTLE
27	Men 18+ 400 Medley Relay	3:36.99	4/5/2019	Club Tribe B GLOVER, D MCGUIRE, E ELSAESSER, A GREENHALGH
27	Men 25+ 400 Medley Relay	3:30.45	1/1/1999	Ancient Mariner C BRITT, W DICKS, J RODDIN, T BOYD
27	Men 35+ 400 Medley Relay	3:45.77	4/7/2017	Club Tribe J ROCKWELL, R WILLIAMS, M NILSON, M LOVETT
27	Men 45+ 400 Medley Relay	4:05.58	4/2/2022	SwimRI K DURU, M GILSON, C BARNES, S CROMARTY
27	Men 55+ 400 Medley Relay	4:19.39	4/17/2011	1776 G MEYER, J HEMMERLE, S DOUGHERTY, J THORNTON
27	Men 65+ 400 Medley Relay	5:01.35	4/13/2008	Virginia Masters H SOBER, W BRUNDAGE, A WOLFE, E GAULRAPP
27	Men 75+ 400 Medley Relay	6:42.67	4/13/2018	Virginia Masters H SOBER, E GAULRAPP, K NOVELL, R WISE
27	Mixed 18+ 400 Medley Relay	3:41.42	4/13/2018	Club Tribe S GLASS, L SCHWARTZ, A GLASS, K GRIER
27	Mixed 25+ 400 Medley Relay	3:45.13	4/25/2010	Red Tide K GARY, N WERNER, T SHPAIZER, D LIPPIN
27	Mixed 35+ 400 Medley Relay	4:00.75	1/1/1997	1776 V SWANSON, R LONG, S MARVIN, B BARTLETT
27	Mixed 45+ 400 Medley Relay	4:28.24	1/1/2002	Virginia Masters R STRINGER, L BENNETT, T GAULT, J MILLER
27	Mixed 55+ 400 Medley Relay	4:39.92	4/13/2018	1776 V SWANSON, B KEYSER, J REILLY, B BURKE
27	Mixed 65+ 400 Medley Relay	5:23.62	4/13/2008	Virginia Masters H SOBER, B DURRANT, A WOLFE, B SCHREINER
27	Mixed 75+ 400 Medley Relay	8:40.38	4/25/2010	Virginia Masters S HENLEY, T LYONS, O MAHER, L FRANCIS
29	Women 18-24 400 IM	4:42.00	4/21/2013	Andrea Staub
29	Women 25-29 400 IM	4:35.31	4/13/2018	Courtney Randolph
29	Women 30-34 400 IM	4:37.99	5/2/1999	Laurie Hug
29	Women 35-39 400 IM	4:37.56	5/2/1999	Vibeke Swanson
29	Women 40-44 400 IM	4:34.29	4/21/2002	Vibeke Swanson
29	Women 45-49 400 IM	4:49.51	4/15/2007	Vibeke Swanson
29	Women 50-54 400 IM	4:59.57	4/7/2017	Laurie Hug
29	Women 55-59 400 IM	5:20.36	4/14/2023	Laurie Hug
29	Women 60-64 400 IM	5:36.46	4/6/2014	Shirley Loftus-Charley
29	Women 65-69 400 IM	5:40.18	4/5/2019	Shirley Loftus-Charley
29	Women 70-74 400 IM	6:34.52	4/5/2019	Christie Hayes
29	Women 75-79 400 IM	7:04.23	4/14/2023	Christie Hayes
30	Men 18-24 400 IM	4:09.99	4/5/2019	Andrew Greenhalgh
30	Men 25-29 400 IM	4:07.19	4/22/2001	Peter Hezky
30	Men 30-34 400 IM	4:07.46	4/2/2022	Eric Nilsson
30	Men 35-39 400 IM	4:25.68	4/22/2001	Danilo Vicioso
30	Men 40-44 400 IM	4:18.94	4/26/2009	Jim Tuchler
30	Men 45-49 400 IM	4:24.92	4/12/2015	Jerome Frentsos
30	Men 50-54 400 IM	4:42.34	4/8/2016	Emad Elshafei
30	Men 55-59 400 IM	4:53.50	4/21/2013	Robert Kannegieser
30	Men 60-64 400 IM	4:59.55	4/13/2018	Robert Kannegieser
30	Men 65-69 400 IM	5:33.71	4/14/2023	John Chambers
30	Men 70-74 400 IM	6:16.23	5/2/1999	Roger Franks
30	Men 75-79 400 IM	6:49.07	4/12/1992	Norris Fluke
30	Men 80-84 400 IM	9:21.95	4/13/2003	Clarence Webb

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30	Men 85-89 400 IM	10:49.86	5/5/1996	Jesse Coon
31	Women 18-24 50 Fly	25.16	4/5/2019	Catherine Mulquin
31	Women 25-29 50 Fly	25.83	4/24/2005	Petra Martin
31	Women 30-34 50 Fly	26.43	4/26/2009	Petra Martin
31	Women 35-39 50 Fly	26.26	4/7/2017	Katie Grier
31	Women 40-44 50 Fly	26.34	4/5/2019	Katie Grier
31	Women 45-49 50 Fly	25.96	4/20/2013	Susan Williams
31	Women 50-54 50 Fly	25.90	4/20/2013	Leslie Livingston
31	Women 55-59 50 Fly	30.74	4/7/2017	Kim Brightwell
31	Women 60-64 50 Fly	32.07	4/11/2015	Melinda Wolff
31	Women 65-69 50 Fly	31.83	4/5/2019	Cecilia McCloskey
31	Women 70-74 50 Fly	41.77	5/9/1993	Jeanne Merryman
31	Women 75-79 50 Fly	53.53	4/17/2011	Johnnie Detrick
31	Women 80-84 50 Fly	58.14	4/8/2016	Nancy Brown
31	Women 85-89 50 Fly	3:13.39	5/8/1990	Anna Bauscher
31	Women 90-94 50 Fly	4:13.58	5/9/1993	Anna Bauscher
32	Men 18-24 50 Fly	21.95	4/13/2018	Lucas Bureau
32	Men 25-29 50 Fly	22.18	4/1/2022	Matt Grauslys
32	Men 30-34 50 Fly	22.73	4/14/2012	Terrence Fenningham
32	Men 35-39 50 Fly	22.86	4/23/2006	Michael Ross
32	Men 40-44 50 Fly	22.60	4/13/2018	James Zenyuh
32	Men 45-49 50 Fly	23.55	4/13/2018	Jeremy Gross
32	Men 50-54 50 Fly	23.27	4/5/2019	Steve Hiltabiddle
32	Men 55-59 50 Fly	26.01	4/14/2023	Jeff Evans
32	Men 60-64 50 Fly	26.13	4/12/2008	Jim Dragon
32	Men 65-69 50 Fly	25.93	4/25/2010	Jim Dragon
32	Men 70-74 50 Fly	28.27	4/11/2015	Jim Dragon
32	Men 75-79 50 Fly	30.43	4/14/2023	Jim Dragon
32	Men 80-84 50 Fly	39.30	4/5/2019	Ahmed Hamada
32	Men 85-89 50 Fly	51.49	5/5/1996	Jesse Coon
33	Women 18-24 100 Back	56.80	4/17/2011	Kellyanne Tomasula
33	Women 25-29 100 Back	58.87	4/13/2018	Anna Macedonia
33	Women 30-34 100 Back	1:00.05	5/9/1993	Zena Herrmann
33	Women 35-39 100 Back	59.32	5/2/1999	Vibeke Swanson
33	Women 40-44 100 Back	58.33	4/25/2010	Kristin Gary
33	Women 45-49 100 Back	58.46	4/14/2012	Fall Willeboordse
33	Women 50-54 100 Back	1:02.11	4/20/2013	Leslie Livingston
33	Women 55-59 100 Back	1:08.59	4/7/2017	Vibeke Swanson
33	Women 60-64 100 Back	1:10.39	4/11/2015	Joan Pfnisgraff
33	Women 65-69 100 Back	1:09.21	4/5/2019	Cecilia McCloskey
33	Women 70-74 100 Back	1:23.67	4/23/2006	Nancy Brown
33	Women 75-79 100 Back	1:36.73	4/8/2016	Beth Schreiner
33	Women 80-84 100 Back	1:43.32	4/8/2016	Nancy Brown
33	Women 85-89 100 Back	2:07.60	4/21/2002	Anne Walker
34	Men 18-24 100 Back	49.19	4/15/2007	Chris Gibson
34	Men 25-29 100 Back	50.56	4/5/2014	Jarryd Botha
34	Men 30-34 100 Back	51.93	4/20/2013	Michael Bazylewicz
34	Men 35-39 100 Back	49.62	4/24/2005	Michael Ross
34	Men 40-44 100 Back	48.49	4/26/2009	Michael Ross
34	Men 45-49 100 Back	52.03	4/8/2016	Michael Ross
34	Men 50-54 100 Back	53.77	4/14/2012	Clay Britt
34	Men 55-59 100 Back	58.06	4/14/2023	Jeff Evans
34	Men 60-64 100 Back	1:00.29	4/13/2018	Douglas Slater
34	Men 65-69 100 Back	1:07.00	4/13/2018	Geoffrey Meyer Jr
34	Men 70-74 100 Back	1:10.55	4/14/2023	Geoffrey Meyer Jr
34	Men 75-79 100 Back	1:17.17	4/21/2002	Roger Franks
34	Men 80-84 100 Back	1:37.71	4/14/2012	Frank Manheim

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34	Men 85-89 100 Back	1:55.58	4/25/2010	Calvin Barnes
34	Men 90-94 100 Back	2:01.04	4/14/2023	Frank Manheim
35	Women 18-24 200 Breast	2:23.56	4/5/2019	Laura Schwartz
35	Women 25-29 200 Breast	2:28.64	4/13/2018	Denise Letendre
35	Women 30-34 200 Breast	2:28.53	4/5/2019	Denise Letendre
35	Women 35-39 200 Breast	2:33.76	4/24/2005	Cheryl Conlin
35	Women 40-44 200 Breast	2:32.09	4/7/2017	Kristen Harris
35	Women 45-49 200 Breast	2:41.10	4/13/2018	Traci Pellegrini
35	Women 50-54 200 Breast	2:43.75	4/7/2017	Laurie Hug
35	Women 55-59 200 Breast	2:51.27	4/13/2018	Vibeke Swanson
35	Women 60-64 200 Breast	2:56.39	5/2/1999	Joann Leilich
35	Women 65-69 200 Breast	3:01.50	4/4/2004	Joann Leilich
35	Women 70-74 200 Breast	3:18.26	4/13/2018	Margot Pettijohn
35	Women 75-79 200 Breast	3:16.31	4/5/2014	Joann Leilich
35	Women 80-84 200 Breast	4:30.80	4/2/2022	Aagje Caron
36	Men 18-24 200 Breast	2:08.32	4/20/1997	Robert Butcher
36	Men 25-29 200 Breast	2:07.29	4/14/2023	Alexander Burnam
36	Men 30-34 200 Breast	2:07.04	4/17/2011	Scott Werner
36	Men 35-39 200 Breast	2:06.40	4/22/2001	Wally Dicks
36	Men 40-44 200 Breast	2:08.34	4/25/2009	Jim Tuchler
36	Men 45-49 200 Breast	2:17.20	4/14/2023	Ryan Lathrum
36	Men 50-54 200 Breast	2:18.34	4/24/2010	Benn Doyle
36	Men 55-59 200 Breast	2:26.28	4/14/2023	Neill Williams
36	Men 60-64 200 Breast	2:37.08	4/5/2019	Kenneth Neubauer
36	Men 65-69 200 Breast	2:43.39	4/14/2023	Brian Keyser
36	Men 70-74 200 Breast	2:55.54	4/24/2010	Hans Reichelt
36	Men 75-79 200 Breast	3:20.49	4/7/2017	Raymond Loewe
36	Men 80-84 200 Breast	4:07.15	5/8/1990	Dan Dotterweich
36	Men 85-89 200 Breast	4:55.43	3/29/1998	Dan Dotterweich
36	Men 90-94 200 Breast	6:09.46	5/7/1995	Gus Langner
37	Men 18+ 400 Free Relay	3:04.86	4/13/2018	Club Tribe A GREENHALGH, L BUREAU, K LOUGHRAN, K GALLAGHER
37	Men 25+ 400 Free Relay	3:09.74	4/21/2013	Fairfax County Masters M BAZYLEWICZ, M VEINTIMILLA, K LOUGHRAN, S BULAKUL
37	Men 35+ 400 Free Relay	3:15.40	4/26/2009	Jersey Area Masters S CARPENTER, W SEGAL, B MATHESON, S HILTABIDDLE
37	Men 45+ 400 Free Relay	3:32.18	4/1/2022	SwimRI S CROMARTY, T THEROUX, K DURU, C BARNES
37	Men 55+ 400 Free Relay	3:43.13	4/17/2011	1776 J THORNTON, G MEYER, J HEMMERLE, D KEITH
37	Men 65+ 400 Free Relay	4:26.84	4/13/2008	Virginia Masters H SOBER, W BRUNDAGE, A WOLFE, E GAULRAPP
37	Men 75+ 400 Free Relay	4:53.92	4/13/2018	Virginia Masters H SOBER, E GAULRAPP, R WISE, K NOVELL
38	Women 18+ 400 Free Relay	3:35.45	4/8/2016	Club Tribe C HURTUBISE, K GRIER, G MIZERAK, S SHANER
38	Women 25+ 400 Free Relay	3:36.62	4/13/2018	Club Tribe G MIZERAK, V MAQUEDA, K GRIER, S SHANER
38	Women 35+ 400 Free Relay	3:55.51	1/1/2000	1776 K FRAZIER, J FREIMUTH, S HARTMAN, V SWANSON
38	Women 45+ 400 Free Relay	4:13.71	4/12/2015	Reston Masters K BRIGHTWELL, L GROVES, M JOHNSON, M DAWSON
38	Women 55+ 400 Free Relay	4:26.59	4/5/2019	1776 B BURKE, S WATTS, V SWANSON, S SAUCY
38	Women 65+ 400 Free Relay	4:57.29	4/5/2019	Virginia Masters M BARRY, B BOSLEGO, S LOFTUS-CHARLEY, A LYTTLE
38	Women 75+ 400 Free Relay	8:17.49	1/1/1999	DC Masters

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39	Women 18+ 400 Free Relay	3:35.45	4/8/2016	M LATHRAM, R THORSEN, M LEE, A WALKER Club Tribe
39	Women 25+ 400 Free Relay	3:36.62	4/13/2018	C HURTUBISE, K GRIER, G MIZERAK, S SHANER Club Tribe
39	Women 35+ 400 Free Relay	3:55.51	1/1/2000	G MIZERAK, V MAQUEDA, K GRIER, S SHANER 1776
39	Women 45+ 400 Free Relay	4:13.71	4/12/2015	K FRAZIER, J FREIMUTH, S HARTMAN, V SWANSON Reston Masters
39	Women 55+ 400 Free Relay	4:26.59	4/5/2019	K BRIGHTWELL, L GROVES, M JOHNSON, M DAWSON 1776
39	Women 65+ 400 Free Relay	4:57.29	4/5/2019	B BURKE, S WATTS, V SWANSON, S SAUCY Virginia Masters
39	Women 75+ 400 Free Relay	8:17.49	1/1/1999	M BARRY, B BOSLEGO, S LOFTUS-CHARLEY, A LYTTLE DC Masters
39	Men 18+ 400 Free Relay	3:04.86	4/13/2018	M LATHRAM, R THORSEN, M LEE, A WALKER Club Tribe
39	Men 25+ 400 Free Relay	3:09.74	4/21/2013	A GREENHALGH, L BUREAU, K LOUGHRAN, K GALLAGHER Fairfax County Masters
39	Men 35+ 400 Free Relay	3:15.40	4/26/2009	M BAZYLEWICZ, M VEINTIMILLA, K LOUGHRAN, S BULAKUL Jersey Area Masters
39	Men 45+ 400 Free Relay	3:32.18	4/1/2022	S CARPENTER, W SEGAL, B MATHESON, S HILTABIDDLE SwimRI
39	Men 55+ 400 Free Relay	3:43.13	4/17/2011	S CROMARTY, T THEROUX, K DURU, C BARNES 1776
39	Men 65+ 400 Free Relay	4:26.84	4/13/2008	J THORNTON, G MEYER, J HEMMERLE, D KEITH Virginia Masters
39	Men 75+ 400 Free Relay	4:53.92	4/13/2018	H SOBER, W BRUNDAGE, A WOLFE, E GAULRAPP Virginia Masters
39	Mixed 18+ 400 Free Relay	3:20.12	4/5/2019	H SOBER, E GAULRAPP, R WISE, K NOVELL Club Tribe
39	Mixed 25+ 400 Free Relay	3:19.84	4/7/2017	C CAMP, C MULQUIN, A WUJCIAK, A GREENHALGH Club Tribe
39	Mixed 35+ 400 Free Relay	3:36.79	1/1/1997	M FALCONE, K LOUGHRAN, S SHANER, K GALLAGHER 1776
39	Mixed 45+ 400 Free Relay	4:03.93	4/4/2004	B BARTLETT, V SWANSON, R LONG, S MARVIN Virginia Masters
39	Mixed 55+ 400 Free Relay	4:26.21	4/4/2004	L MEEM, T SUE GAULT, J MILLER, L BENNETT DC Masters
39	Mixed 65+ 400 Free Relay	4:36.77	4/12/2008	A SVENSON, W BRASWELL, A LYTTLE, P GRUENEBERGER Virginia Masters
39	Mixed 75+ 400 Free Relay	7:45.00	4/5/2014	H SOBER, J DETRICK, A WOLFE, B SCHREINER Virginia Masters
41	Women 18-24 200 Fly	2:14.85	5/1/1994	L FRANCIS, E KLIOZE, R CHEADLE, L WALKER C. Callender
41	Women 25-29 200 Fly	2:09.97	4/5/2014	Denise Letendre
41	Women 30-34 200 Fly	2:11.83	4/14/2012	Yun Qu
41	Women 35-39 200 Fly	2:16.89	4/13/2003	Laurie Hug
41	Women 40-44 200 Fly	2:10.18	4/23/2006	Karlin Pipes-Neilsen
41	Women 45-49 200 Fly	2:18.52	4/17/2011	Laurie Hug
41	Women 50-54 200 Fly	2:20.77	4/7/2017	Laurie Hug
41	Women 55-59 200 Fly	2:36.33	4/14/2023	Laurie Hug
41	Women 60-64 200 Fly	2:42.91	4/5/2019	Nancy Steadman Martin
41	Women 65-69 200 Fly	2:53.00	4/5/2019	Shirley Loftus-Charley
41	Women 70-74 200 Fly	3:38.32	4/25/2010	Lucille Griffin
41	Women 75-79 200 Fly	6:45.26	4/2/2000	Mary Wixted
42	Men 18-24 200 Fly	1:55.56	4/5/2019	Alex Arrieta
42	Men 25-29 200 Fly	1:53.82	4/2/2000	Curtis Sawin

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42	Men 30-34 200 Fly	1:56.82	4/11/2015	Gregory Danner
42	Men 35-39 200 Fly	1:52.21	5/9/1993	Bill Specht
42	Men 40-44 200 Fly	1:57.61	4/12/2008	Chris Stevenson
42	Men 45-49 200 Fly	1:59.22	4/26/2009	Michael Schmidt
42	Men 50-54 200 Fly	2:02.75	4/24/2005	Jim O'Connor
42	Men 55-59 200 Fly	2:21.96	3/29/1998	Jack Geoghegan
42	Men 60-64 200 Fly	2:21.58	4/5/2019	Robert Kannegieser
42	Men 65-69 200 Fly	2:45.15	4/5/2019	Robert Kannegieser
42	Men 70-74 200 Fly	3:03.53	4/14/2012	Raymond Loewe
42	Men 75-79 200 Fly	3:36.42	4/5/2014	Ahmed Hamada
42	Men 80-84 200 Fly	3:55.04	4/5/2019	Ahmed Hamada
42	Men 85-89 200 Fly	5:48.08	5/5/1996	Jesse Coon
43	Women 18-24 50 Breast	30.06	4/13/2003	Petra Adamkova
43	Women 25-29 50 Breast	30.03	4/24/2005	Petra Martin
43	Women 30-34 50 Breast	29.62	4/25/2009	Petra Martin
43	Women 35-39 50 Breast	31.56	4/8/2016	Kristen Harris
43	Women 40-44 50 Breast	31.34	4/7/2017	Kristen Harris
43	Women 45-49 50 Breast	32.24	4/20/2013	Fall Willeboordse
43	Women 50-54 50 Breast	34.06	4/11/2015	Leslie Livingston
43	Women 55-59 50 Breast	35.79	4/11/2015	Kim Brightwell
43	Women 60-64 50 Breast	36.77	4/20/2013	Melinda Wolff
43	Women 65-69 50 Breast	37.33	4/13/2018	Melinda Wolff
43	Women 70-74 50 Breast	39.52	4/14/2023	Melinda Wolff
43	Women 75-79 50 Breast	45.37	4/14/2023	Christie Hayes
43	Women 80-84 50 Breast	59.47	4/2/2022	Aagje Caron
43	Women 85-89 50 Breast	1:43.56	4/20/1997	Hedy Pullman
44	Men 18-24 50 Breast	25.32	4/23/2006	William Liscinsky
44	Men 25-29 50 Breast	25.23	4/15/2007	William Liscinsky
44	Men 30-34 50 Breast	26.54	4/17/2011	Joe Nagy
44	Men 35-39 50 Breast	26.29	4/22/2001	Wally Dicks
44	Men 40-44 50 Breast	27.42	5/2/1999	Benn Doyle
44	Men 45-49 50 Breast	28.09	4/8/2016	Neill Williams
44	Men 50-54 50 Breast	27.96	4/20/2013	Wally Dicks
44	Men 55-59 50 Breast	28.75	4/14/2023	Neill Williams
44	Men 60-64 50 Breast	29.66	4/5/2019	Gregory Oxley
44	Men 65-69 50 Breast	31.35	4/24/2010	Jim Dragon
44	Men 70-74 50 Breast	33.58	4/11/2015	Jim Dragon
44	Men 75-79 50 Breast	38.06	4/14/2023	Jim Dragon
44	Men 80-84 50 Breast	46.09	4/8/2016	David Nicholas
44	Men 85-89 50 Breast	1:00.56	5/8/1990	Gus Langner
44	Men 90-94 50 Breast	1:16.87	5/5/1996	Gus Langner
45	Women 18-24 200 Free	1:54.63	4/8/2016	Gabrielle Mizerak
45	Women 25-29 200 Free	1:52.76	4/7/2017	Marina Falcone
45	Women 30-34 200 Free	1:55.16	4/6/2014	Katie McWilliams
45	Women 35-39 200 Free	1:57.03	4/22/2001	Andrea Luallen
45	Women 40-44 200 Free	1:57.72	4/25/2010	Kristin Gary
45	Women 45-49 200 Free	2:04.12	5/2/1999	Jacki Hirsty
45	Women 50-54 200 Free	2:05.65	4/12/2015	Kelly Parker Palace
45	Women 55-59 200 Free	2:14.94	4/5/2019	Stephanie Saucy
45	Women 60-64 200 Free	2:15.58	4/12/2015	Nancy Steadman Martin
45	Women 65-69 200 Free	2:23.54	4/14/2023	Nancy Steadman Martin
45	Women 70-74 200 Free	2:32.06	4/5/2019	Christie Hayes
45	Women 75-79 200 Free	2:42.18	4/14/2023	Christie Hayes
45	Women 80-84 200 Free	3:24.68	4/2/2022	Aagje Caron
45	Women 85-89 200 Free	4:08.61	5/7/1995	Julia Dolce
45	Women 90-94 200 Free	4:55.33	4/15/2007	Anne Walker
46	Men 18-24 200 Free	1:39.93	4/13/2018	Lucas Bureau

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46	Men 25-29 200 Free	1:41.97	4/22/2001	Marc Grabish
46	Men 30-34 200 Free	1:40.60	4/2/2022	Marcos Lavado
46	Men 35-39 200 Free	1:39.90	4/24/2005	Michael Ross
46	Men 40-44 200 Free	1:47.76	4/26/2009	William Segal
46	Men 45-49 200 Free	1:48.05	4/25/2010	William Segal
46	Men 50-54 200 Free	1:49.90	4/13/2018	Lou Dearstyne
46	Men 55-59 200 Free	1:54.89	4/25/2010	James Thornton
46	Men 60-64 200 Free	1:58.43	4/21/2013	James Thornton
46	Men 65-69 200 Free	2:09.58	4/13/2003	David Harrison
46	Men 70-74 200 Free	2:17.89	4/13/2008	David Harrison
46	Men 75-79 200 Free	2:29.42	4/8/2016	Howard Rolston
46	Men 80-84 200 Free	2:54.81	4/5/2019	Ahmed Hamada
46	Men 85-89 200 Free	3:29.44	4/16/1989	Gus Langner
46	Men 90-94 200 Free	4:11.61	5/7/1995	Gus Langner
47	Women 18-24 100 IM	59.66	4/13/2018	Laura Schwartz
47	Women 25-29 100 IM	59.53	4/24/2005	Petra Martin
47	Women 30-34 100 IM	1:02.24	4/14/1991	Tray Rossa
47	Women 35-39 100 IM	1:01.43	5/2/1999	Beth Baker
47	Women 40-44 100 IM	59.62	4/23/2006	Karlin Pipes-Neilsen
47	Women 45-49 100 IM	59.81	4/15/2012	Fall Willeboordse
47	Women 50-54 100 IM	1:01.41	4/8/2016	Fall Willeboordse
47	Women 55-59 100 IM	1:09.37	4/8/2016	Kim Brightwell
47	Women 60-64 100 IM	1:14.02	4/12/2015	Nancy Steadman Martin
47	Women 65-69 100 IM	1:12.22	4/12/2015	Cecilia McCloskey
47	Women 70-74 100 IM	1:23.21	4/5/2019	Christie Hayes
47	Women 75-79 100 IM	1:29.45	4/14/2023	Christie Hayes
47	Women 80-84 100 IM	1:49.72	4/8/2016	Nancy Brown
47	Women 90-94 100 IM	5:31.78	5/9/1993	Anna Bauscher
48	Men 18-24 100 IM	49.23	4/13/2018	Lucas Bureau
48	Men 25-29 100 IM	50.51	4/15/2007	William Liscinsky
48	Men 30-34 100 IM	52.65	4/2/2022	Marcos Lavado
48	Men 35-39 100 IM	53.98	4/13/2008	Jeffrey Roddin
48	Men 40-44 100 IM	53.51	4/26/2009	Jim Tuchler
48	Men 45-49 100 IM	54.88	4/12/2015	Jeffrey Roddin
48	Men 50-54 100 IM	55.06	4/15/2012	Clay Britt
48	Men 55-59 100 IM	58.80	4/5/2019	Gregory Harris
48	Men 60-64 100 IM	1:00.00	4/5/2019	Gregory Oxley
48	Men 65-69 100 IM	1:06.90	4/13/2018	Geoffrey Meyer Jr
48	Men 70-74 100 IM	1:09.08	4/14/2023	Geoffrey Meyer Jr
48	Men 75-79 100 IM	1:18.91	4/7/2017	Howard Rolston
48	Men 80-84 100 IM	1:30.44	4/5/2019	Ahmed Hamada
48	Men 85-89 100 IM	2:08.83	5/5/1996	Jesse Coon
48	Men 90-94 100 IM	2:49.56	5/7/1995	Gus Langner
49	Women 18+ 200 Medley Relay	1:48.40	4/5/2019	Club Tribe
49	Women 25+ 200 Medley Relay	1:50.68	4/15/2007	C MULQUIN, L SCHWARTZ, G MIZERAK, A WUJCIAK
49	Women 35+ 200 Medley Relay	1:55.50	4/5/2019	Curl-Burke
49	Women 45+ 200 Medley Relay	2:03.64	4/15/2012	S PETERSON, E BETTS, A ADAMS, L LAUWAERT
49	Women 55+ 200 Medley Relay	2:12.18	4/5/2019	Club Tribe
49	Women 65+ 200 Medley Relay	2:35.40	4/23/2005	K GRIER, K HARRIS, M CHOE, K GASS
49	Women 75+ 200 Medley Relay	3:47.69	1/1/1999	Patriot Masters
				B CLIFFORD-DICKS, K TONER, L LIVINGSTON, C WARD
				1776
				V SWANSON, M WOLFF, B BURKE, S SAUCY
				Virginia Masters
				L ADAMS, J LEILICH, L GRIFFIN, J DETRICK
				DC Masters
				A WALKER, M HAMNER, M LEE, R THORSEN

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50	Men 18+ 200 Medley Relay	1:34.56	4/5/2019	Club Tribe B GLOVER, A MONTES DE OCA, E ELSAESSER, A GREENHAL
50	Men 25+ 200 Medley Relay	1:34.71	4/13/2018	Club Tribe S GLASS, C FAY, E ELSAESSER, S BULAKUL
50	Men 35+ 200 Medley Relay	1:41.88	1/1/1994	1776 W FISHER, M SCHUMAN, C NORELLI, R KROTEE
50	Men 45+ 200 Medley Relay	1:41.51	4/5/2019	Spring Valley Y Masters G REES, G SANGMEISTER, J EVANS, J GROSS
50	Men 55+ 200 Medley Relay	1:52.98	4/17/2011	1776 D KEITH, J HEMMERLE, G MEYER, J THORNTON
50	Men 65+ 200 Medley Relay	2:12.84	4/23/2023	1776 G MEYER, B KEYSER, S DOUGHERTY, J AMUNDSEN
50	Men 75+ 200 Medley Relay	2:23.92	4/13/2018	Virginia Masters H SOBER, E GAULRAPP, R WISE, K NOVELL
51	Women 18+ 200 Medley Relay	1:48.40	4/5/2019	Club Tribe C MULQUIN, L SCHWARTZ, G MIZERAK, A WUJCIAC
51	Women 25+ 200 Medley Relay	1:50.68	4/15/2007	Curl-Burke S PETERSON, E BETTS, A ADAMS, L LAUWAERT
51	Women 35+ 200 Medley Relay	1:55.50	4/5/2019	Club Tribe K GRIER, K HARRIS, M CHOE, K GASS
51	Women 45+ 200 Medley Relay	2:03.64	4/15/2012	Patriot Masters B CLIFFORD-DICKS, K TONER, L LIVINGSTON, C WARD
51	Women 55+ 200 Medley Relay	2:12.18	4/5/2019	1776 V SWANSON, M WOLFF, B BURKE, S SAUCY
51	Women 65+ 200 Medley Relay	2:35.40	4/23/2005	Virginia Masters L ADAMS, J LEILICH, L GRIFFIN, J DETRICK
51	Women 75+ 200 Medley Relay	3:47.69	1/1/1999	DC Masters A WALKER, M HAMNER, M LEE, R THORSEN
51	Men 18+ 200 Medley Relay	1:34.56	4/5/2019	Club Tribe B GLOVER, A MONTES DE OCA, E ELSAESSER, A GREENHAL
51	Men 25+ 200 Medley Relay	1:34.71	4/13/2018	Club Tribe S GLASS, C FAY, E ELSAESSER, S BULAKUL
51	Men 35+ 200 Medley Relay	1:41.88	1/1/1994	1776 W FISHER, M SCHUMAN, C NORELLI, R KROTEE
51	Men 45+ 200 Medley Relay	1:41.51	4/5/2019	Spring Valley Y Masters G REES, G SANGMEISTER, J EVANS, J GROSS
51	Men 55+ 200 Medley Relay	1:52.98	4/17/2011	1776 D KEITH, J HEMMERLE, G MEYER, J THORNTON
51	Men 65+ 200 Medley Relay	2:12.84	4/23/2023	1776 G MEYER, B KEYSER, S DOUGHERTY, J AMUNDSEN
51	Men 75+ 200 Medley Relay	2:23.92	4/13/2018	Virginia Masters H SOBER, E GAULRAPP, R WISE, K NOVELL
51	Mixed 18+ 200 Medley Relay	1:40.03	4/13/2007	Curl-Burke C GIBSON, E BETTS, W LISCINSKY JR, S PETERSON
51	Mixed 25+ 200 Medley Relay	1:39.63	4/13/2018	Club Tribe S GLASS, C FAY, G MIZERAK, S SHANER
51	Mixed 35+ 200 Medley Relay	1:45.00	4/20/2013	Montgomery Ancient Mariners S WILLIAMS, W DICKS, M CONZE, D CONZE
51	Mixed 45+ 200 Medley Relay	1:54.82	4/1/2017	Spring Valley Y Masters J DELLA GUARDIA, G SANGMEISTER, J GROSS, T HENION
51	Mixed 55+ 200 Medley Relay	2:08.58	4/5/2019	Virginia Masters D JAEGER, P MILLER, R CHENAULT, G HARRIS
51	Mixed 65+ 200 Medley Relay	2:29.78	1/1/1987	Connecticut Masters N PHILLIPS, R CHAMBERLAIN, J JARROLD, D DONNELLY
51	Mixed 75+ 200 Medley Relay	2:51.39	4/13/2018	Virginia Masters L WALKER, E GAULRAPP, R WISE, B SCHREINER
53	Women 18+ 800 Free Relay	7:59.09	4/5/2019	Club Tribe

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53	Women 25+ 800 Free Relay	8:03.09	4/24/2010	A WUJCIAK, K GRIER, E RYCZEK, C MULQUIN Red Tide
53	Women 35+ 800 Free Relay	8:37.23	1/1/2002	J KELSEY, T SHPAIZER, S WAGER, K GARY Virginia Masters
53	Women 45+ 800 Free Relay	9:19.05	4/7/2017	W WEIL, M BITTNER, A PHILLIPS, B BAKER 1776
53	Women 55+ 800 Free Relay	10:38.43	1/1/1997	S SAUCY, V SWANSON, B BURKE, L HUG DC Masters
53	Women 65+ 800 Free Relay	10:42.29	4/5/2019	J BRUNER, J LEILICH, B ZAREMSKI, B FRID Virginia Masters
54	Men 18+ 800 Free Relay	6:53.52	4/13/2018	B BOSLEGO, M BARRY, A LYTTLE, S LOFTUS-CHARLEY Club Tribe
54	Men 25+ 800 Free Relay	7:14.89	1/1/1991	L BUREAU, J HENDERSON, A GLASS, A GREENHALGH Empire
54	Men 35+ 800 Free Relay	7:09.04	1/1/2001	S FISHER, W HENNESSY, R REYNOLDS, B HAYES Badger
54	Men 45+ 800 Free Relay	8:04.45	1/1/2008	D VICIOSO, G WERLINICH, S NEWMAN, S KRODER Binghamton Univ
54	Men 55+ 800 Free Relay	8:13.77	4/17/2011	J O'NEIL, F CAUDRILLIER, J FERRO, K KOVALOVSKY 1776
54	Men 65+ 800 Free Relay	10:13.65	4/20/2013	J HEMMERLE, J MARTIN, D KEITH, J THORNTON 1776
54	Men 75+ 800 Free Relay	11:55.36	4/5/2019	T TULENKO, H DETERING, J KEANE, J AMUNDSEN Virginia Masters
55	Women 18+ 800 Free Relay	7:59.09	4/5/2019	E GAULRAPP, H SOBER, W BRUNDAGE, K NOVELL Club Tribe
55	Women 25+ 800 Free Relay	8:03.09	4/24/2010	A WUJCIAK, K GRIER, E RYCZEK, C MULQUIN Red Tide
55	Women 35+ 800 Free Relay	8:37.23	1/1/2002	J KELSEY, T SHPAIZER, S WAGER, K GARY Virginia Masters
55	Women 45+ 800 Free Relay	9:19.05	4/7/2017	W WEIL, M BITTNER, A PHILLIPS, B BAKER 1776
55	Women 55+ 800 Free Relay	10:38.43	1/1/1997	S SAUCY, V SWANSON, B BURKE, L HUG DC Masters
55	Women 65+ 800 Free Relay	10:42.29	4/5/2019	J BRUNER, J LEILICH, B ZAREMSKI, B FRID Virginia Masters
55	Men 18+ 800 Free Relay	6:53.52	4/13/2018	B BOSLEGO, M BARRY, A LYTTLE, S LOFTUS-CHARLEY Club Tribe
55	Men 25+ 800 Free Relay	7:14.89	1/1/1991	L BUREAU, J HENDERSON, A GLASS, A GREENHALGH Empire
55	Men 35+ 800 Free Relay	7:09.04	1/1/2001	S FISHER, W HENNESSY, R REYNOLDS, B HAYES Badger
55	Men 45+ 800 Free Relay	8:04.45	1/1/2008	D VICIOSO, G WERLINICH, S NEWMAN, S KRODER Binghamton Univ
55	Men 55+ 800 Free Relay	8:13.77	4/17/2011	J O'NEIL, F CAUDRILLIER, J FERRO, K KOVALOVSKY 1776
55	Men 65+ 800 Free Relay	10:13.65	4/20/2013	J HEMMERLE, J MARTIN, D KEITH, J THORNTON 1776
55	Men 75+ 800 Free Relay	11:55.36	4/5/2019	T TULENKO, H DETERING, J KEANE, J AMUNDSEN Virginia Masters
55	Mixed 18+ 800 Free Relay	7:21.24	4/13/2018	E GAULRAPP, H SOBER, W BRUNDAGE, K NOVELL Club Tribe
55	Mixed 25+ 800 Free Relay	7:20.49	4/7/2017	A GREENHALGH, E RYCZEK, J HENDERSON, A WUJCIAK Club Tribe
55	Mixed 35+ 800 Free Relay	7:52.32	1/1/1997	M FALCONE, K GRIER, L ROBBINS, K GALLAGHER 1776
				R LONG, B BARTLETT, V SWANSON, S MARVIN

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55 Mixed 45+ 800 Free Relay	8:30.46	4/17/2011	1776 L HUG, V SWANSON, P SWEENEY, J THORNTON
55 Mixed 55+ 800 Free Relay	9:35.98	4/3/2004	DC Masters A HAINES, W BRASWELL, A LYTTLE, P GRUENEGER
55 Mixed 65+ 800 Free Relay	12:33.35	1/1/1991	Connecticut Masters W SHADBOLT, R CHAMBERLA, N PHILLIPS, D DONNELLY