

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Session Report (Scratch Factor: 5%)

Session: 1 Friday - Session 1

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 1000 Freestyle 1000 free seeded slow to fast	28	4 u	03:00 PM	_____
	Break: 20 Minutes: comp lanes open				
Finals	3 Mixed 1650 Freestyle 1650 free seeded fast to slow	28	4 u	04:21 PM	_____
	Swimmers Counts for Warm-ups: 56	=====	=====		
	Entry / Heat Totals:	56	8		
	Finish Time			05:56 PM	_____

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Session Report (Scratch Factor: 5%)

Session: 2 Saturday - Session 2

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	5 Women 500 Freestyle	35	5 u	09:00 AM	_____
Finals	6 Men 500 Freestyle	43	6 u	09:38 AM	_____
	Swimmers Counts for Warm-ups: 78	=====	=====		
	Entry / Heat Totals:	78	11		
	Finish Time			10:21 AM	_____

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Session Report (Scratch Factor: 5%)

Session: 3 Saturday - Session 3

Day of Meet: 2 Starts at 10:45 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Women 50 Freestyle	49	7 u	10:45 AM	_____
Finals	8 Men 50 Freestyle	94	12 u	10:55 AM	_____
Finals	9 Women 200 Backstroke	20	3 u	11:09 AM	_____
Finals	10 Men 200 Backstroke	22	3 u	11:20 AM	_____
Finals	11 Women 100 Butterfly	23	3 u	11:32 AM	_____
Finals	12 Men 100 Butterfly	49	7 u	11:38 AM	_____
Finals	13 Women 200 Freestyle Relay	0	0	11:50 AM	_____
Finals	14 Men 200 Freestyle Relay	0	0	11:50 AM	_____
Finals	15 Mixed 200 Freestyle Relay	0	0	11:50 AM	_____
	Break: 33 Minutes: Est relay duration				
Finals	17 Women 100 Breaststroke	26	4 u	12:23 PM	_____
Finals	18 Men 100 Breaststroke	43	6 u	12:33 PM	_____
	Break: 20 Minutes:				
Finals	19 Women 200 IM	26	4 u	01:05 PM	_____
Finals	20 Men 200 IM	42	6 u	01:19 PM	_____
Finals	21 Women 50 Backstroke	31	4 u	01:39 PM	_____
Finals	22 Men 50 Backstroke	46	6 u	01:45 PM	_____
Finals	23 Women 100 Freestyle	46	6 u	01:55 PM	_____
Finals	24 Men 100 Freestyle	89	12 u	02:07 PM	_____
	Break: 10 Minutes:				
Finals	25 Women 400 Medley Relay	0	0	02:38 PM	_____
Finals	26 Men 400 Medley Relay	0	0	02:38 PM	_____
Finals	27 Mixed 400 Medley Relay	0	0	02:38 PM	_____
	Break: 52 Minutes: Est relay duration				
	Swimmers Counts for Warm-ups: 244	=====	=====		
	Entry / Heat Totals:	606	83		
	Finish Time			03:30 PM	_____

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Session Report (Scratch Factor: 5%)

Session: 4 Sunday - Session 4

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Women 400 IM	14	2 u	09:00 AM	_____
Finals	30 Men 400 IM	23	3 u	09:13 AM	_____
	Swimmers Counts for Warm-ups: 37	=====	=====		
	Entry / Heat Totals:	37	5		
	Finish Time			09:32 AM	_____

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Session Report (Scratch Factor: 5%)

Session: 5 Sunday - Session 5

Day of Meet: 3 Starts at 10:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	31 Women 50 Butterfly	34	5 u	10:00 AM	_____
Finals	32 Men 50 Butterfly	66	9 u	10:07 AM	_____
Finals	33 Women 100 Backstroke	27	4 u	10:18 AM	_____
Finals	34 Men 100 Backstroke	38	5 u	10:28 AM	_____
Finals	35 Women 200 Breaststroke	17	3 u	10:39 AM	_____
Finals	36 Men 200 Breaststroke	22	3 u	10:52 AM	_____
Finals	37 Men 400 Freestyle Relay	0	0	11:03 AM	_____
Finals	38 Women 400 Freestyle Relay	0	0	11:03 AM	_____
Finals	39 Mixed 400 Freestyle Relay	0	0	11:03 AM	_____
	Break: 72 Minutes: Relay est + 20:00 break				
Finals	41 Women 200 Butterfly	9	2 u	12:15 PM	_____
Finals	42 Men 200 Butterfly	18	3 u	12:22 PM	_____
Finals	43 Women 50 Breaststroke	34	5 u	12:32 PM	_____
Finals	44 Men 50 Breaststroke	49	7 u	12:40 PM	_____
Finals	45 Women 200 Freestyle	28	4 u	12:49 PM	_____
Finals	46 Men 200 Freestyle	45	6 u	01:03 PM	_____
Finals	47 Women 100 IM	39	5 u	01:22 PM	_____
Finals	48 Men 100 IM	66	9 u	01:32 PM	_____
	Break: 5 Minutes:				
Finals	49 Women 200 Medley Relay	0	0	01:55 PM	_____
Finals	50 Men 200 Medley Relay	0	0	01:55 PM	_____
Finals	51 Mixed 200 Medley Relay	0	0	01:55 PM	_____
	Break: 28 Minutes: Est relay duration				
Finals	53 Women 800 Freestyle Relay	0	0	02:23 PM	_____
Finals	54 Men 800 Freestyle Relay	0	0	02:23 PM	_____
Finals	55 Mixed 800 Freestyle Relay	0	0	02:23 PM	_____
	800 FR will be non-scoring & limited to 2 total, combined heats. Entries accepted in the order received.				
	Break: 34 Minutes: Est relay duration				
	Swimmers Counts for Warm-ups: 211	=====	=====		
	Entry / Heat Totals:	492	70		
	Finish Time			02:57 PM	_____

AWARDS CEREMONY REMINDER

Immediately following the conclusion of the non-scoring 800 freestyle relay, there will be a brief ceremony to bestow the team and individual awards described on the meet website.