

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Psych Sheet

Event 1 Mixed 1000 Yard Freestyle

Name	Age	Team	Seed Time
W25-29			
1 Keller, Claudia	W25	Fredericksburg A-12	11:40.00
2 Wei, Laurie	W29	Club Tribe-12	13:30.00
3 Shand, Stephanie	W25	Fredericksburg A-12	19:00.00
W30-34			
1 Robertson, Stephanie	W30	Spring Valley YM-8	12:52.94
2 Stubert, Hannah	W34	Alexandria Maste-10	16:00.00
3 Bates, Lindsey	W30	Fredericksburg A-12	19:00.00
W45-49			
1 Congdon, Heather	W45	Germantown Maryl-10	11:50.00
2 Maidenberg, Eve	W47	Agua Masters-6	12:10.94
W55-59			
1 Lang, Anita	W56	North Carolina M-13	13:25.00
2 Bond, Lisa	W55	Cavalier Masters-12	13:40.15
3 Grenfell, Daisie	W55	Virginia Masters-12	20:00.00
W60-64			
1 Speer, Nancy	W61	Virginia Masters-12	15:12.28
2 Dickens, Susan	W62	Fredericksburg A-12	16:50.00
W65-69			
1 Grilli, Tracy	W67	New England Mast-2	15:00.00
W70-74			
1 Loftus-Charley, Shirley	W72	Cavalier Masters-12	13:23.00
2 Pfinsgraff, Joan	W70	Maryland Masters-9	14:00.00
W75-79			
1 Webb, Linda	W78	Swim Fort Lauder-50	17:46.69
M18-24			
1 McQuesten, Casey	M20	University of Rh-58	10:59.15
M30-34			
1 Tendolkar, Gaurav	M32	Reston Masters S-10	17:00.00
M40-44			
1 Griffin, Brendan	M40	Club Tribe-12	11:42.08
2 Boris, Joseph	M44	Spring Valley YM-8	12:10.00
M45-49			
1 Feinberg, Matthew	M48	Patriot Masters-10	12:02.65
2 Houchins, Bradford	M46	Spring Valley YM-8	14:00.00
M50-54			
1 Mello, James	M52	Sea Devil Swimmi-10	12:24.06
2 Levy, Daniel	M54	Fredericksburg A-12	14:00.00
M55-59			
1 Mills, Edward	M55	Cavalier Masters-12	14:29.18
M60-64			
1 Ingebretsen, Carl	M62	Fredericksburg A-12	13:46.79
M75-79			
1 Tompkins, Richard	M77	Maryland Masters-9	15:57.93
2 Paulson, Laurence	M75	Reston Masters S-10	24:00.00

Event 3 Mixed 1650 Yard Freestyle

Name	Age	Team	Seed Time
W25-29			
1 Cubbler, Rebecca	W26	Spring Valley YM-8	20:00.00
2 Jacobs, Elyse	W25	Club Tribe-12	20:30.00

W35-39

1 McDonald, Megan W35 Fredericksburg A-12 23:00.00

W40-44

1 Stutz, Kathleen W41 Swim Fort Lauder-50 25:11.90

2 Killebrew, Kathryn W44 Reston Masters S-10 28:23.00

W45-49

1 Crusco, Kysa W48 New England Mast-2 20:10.30

2 Palavecino, Katie W45 UC10 22:00.00

W55-59

1 Lipstreuer, Marilyn W58 Brian Lee Ohana-39 23:30.83

W65-69

1 Steadman Martin, Nancy W69 Garden State Mas-7 20:50.25

W70-74

1 Kinnison, Malonnie W73 UC09 31:06.00

M25-29

1 Locke, Christian M26 Lane 4 Swimming-10 20:00.00

M30-34

1 Walker, Adam M33 Club Tribe-12 18:48.13

2 Graf, William M34 Fredericksburg A-12 25:54.95

M35-39

1 Duguay, Rob M38 Connecticut Mast-5 21:46.96

M40-44

1 Hildebrand, David M43 Club Tribe-12 18:00.48

2 Thomas, Sean M40 Maryland Masters-9 18:31.38

M45-49

1 Dion, Thomas M45 Reston Masters S-10 18:04.26

M50-54

1 Ruback, Mark M54 North Carolina M-13 19:23.63

2 Joubert, Kevin M51 Merritt Marlins-9 22:10.00

M55-59

1 Harper, Bill M56 Club Tribe-12 29:30.00

M60-64

1 Ledwith, Brian M64 Colonials 1776-8 22:12.00

2 Kammermann, Chris M61 Tide Swimming-12 25:19.56

3 McGroarty, Patrick M60 Fredericksburg A-12 28:00.00

4 Armand, Gregory M60 Cavalier Masters-12 28:20.00

M65-69

1 Chambers, John M68 Agua Masters-6 19:55.00

2 Kannegieser, Robert M66 Philadelphia Fin-8 20:18.65

M70-74

1 Beardmore, Roger M72 Palmetto Masters-55 23:40.76

M75-79

1 Mcquiggan, Frank M75 New England Mast-2 26:49.29

2 Romano, Vince M77 Club Tribe-12 29:51.16

3 Wallace, Richard M76 Garden State Mas-7 31:00.00

Event 5 Women 500 Yard Freestyle

Name	Age	Team	Seed Time
18-24			
1 ElzHowe, Acadia	21	Lynchburg Aquati-12	5:14.66
2 Trevorrow, Julia	22	University of Rh-58	5:40.00
3 Ricci, Alice	24	Germantown Maryl-10	6:11.45
4 Soleo, Lauren	24	Cavalier Masters-12	6:15.00

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18-24...(#5 Women 500 Yard Freestyle)

5	Williams, Adriana	22	University of Rh-58	6:25.55
6	Littlepage, Madison	24	Club Tribe-12	6:26.39

25-29

1	Cubbler, Rebecca	26	Spring Valley YM-8	5:15.00
2	Keller, Claudia	25	Fredericksburg A-12	5:45.00
3	Jacobs, Elyse	25	Club Tribe-12	5:48.25
4	Franklin, Morgan	26	Rutherford Maste-7	6:15.00
5	Shand, Stephanie	25	Fredericksburg A-12	8:00.00

30-34

1	Robertson, Stephanie	30	Spring Valley YM-8	6:11.25
2	Jimeno, Amanda	31	Poseidon Masters-12	6:51.96
3	Dodson, Jessica	31	Poseidon Masters-12	7:30.00
4	Bates, Lindsey	30	Fredericksburg A-12	9:16.79

35-39

1	Rose, Laura	37	Terrapin Masters-10	5:42.97
2	Marshall, Victoria	35	Colonials 1776-8	5:58.80

40-44

1	Holland, Irish	43	North Carolina M-13	5:27.89
2	Duquette, Michelle	41	Lane 4 Swimming-10	10:08.00

45-49

1	Congdon, Heather	45	Germantown Maryl-10	5:41.24
2	Maidenberg, Eve	47	Agua Masters-6	5:55.69
3	Crusco, Kysa	48	New England Mast-2	6:01.00

50-54

1	Ihrig, Ylva	54	Lane 4 Swimming-10	6:49.00
2	Davidson, Michelle	53	Garden State Mas-7	6:59.00

55-59

1	Bond, Lisa	55	Cavalier Masters-12	6:45.12
2	Becker, Marlene	59	Lane 4 Swimming-10	7:15.00
3	Grenfell, Daisie	55	Virginia Masters-12	8:54.52

60-64

1	Dickens, Susan	62	Fredericksburg A-12	7:11.87
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65-69

1	Steadman Martin, Nancy	69	Garden State Mas-7	6:08.50
2	Grilli, Tracy	67	New England Mast-2	7:15.00
3	Hood, Patricia	68	Colonials 1776-8	7:28.30
4	Lampe, Betty	68	Colonials 1776-8	7:45.90
5	Rogers, Phyllis	67	Freedom Aquatic-12	9:40.54

70-74

1	Loftus-Charley, Shirley	72	Cavalier Masters-12	6:40.00
2	Pfingraff, Joan	70	Maryland Masters-9	6:50.00

75-79

1	Webb, Linda	78	Swim Fort Lauder-50	8:16.44
2	Johnston, Jennifer	76	Lane 4 Swimming-10	18:30.00

Event 6 Men 500 Yard Freestyle

Name	Age	Team	Seed Time
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18-24

1	Major, Kyle	24	Club Tribe-12	5:20.00
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25-29

1	Conover, Arthur	29	Patriot Masters-10	4:45.00
2	Kettlewell-Sltes, Sam	26	Club Tribe-12	5:02.52
3	Galarza, Daniel	26	Rutherford Maste-7	5:10.00

30-34

1	Taggart, Ross	34	Club Tribe-12	5:40.00
2	Graf, William	34	Fredericksburg A-12	7:11.14

35-39

1	Dellanoce, Michael	39	North Carolina M-13	4:51.13
2	DeShayes, Gary	39	Montgomery Ancie-10	5:19.12
3	Schmitt, Sam	38	Arlington Master-10	5:27.00
4	Duguay, Rob	38	Connecticut Mast-5	6:20.92

40-44

1	Hildebrand, David	43	Club Tribe-12	5:08.11
2	Denrich, David	44	District Of Colu-10	5:15.63
3	Laurence, Noah	42	Virginia Masters-12	5:22.00
4	Griffin, Brendan	40	Club Tribe-12	5:36.87
5	Buckner, Michael	43	Alexandria Maste-10	5:50.00
6	Boris, Joseph	44	Spring Valley YM-8	5:55.09
7	Cantwell, Andrew	43	Lane 4 Swimming-10	6:20.00

45-49

1	Dion, Thomas	45	Reston Masters S-10	5:15.75
2	Mills, Matthew	47	Georgia Masters-45	5:55.55
3	Gwilliam, Glenn	45	Reston Masters S-10	6:30.00

50-54

1	Rubacky, Mark	54	North Carolina M-13	5:35.20
2	McLallen, Scott	52	Lane 4 Swimming-10	5:59.99
3	Levy, Daniel	54	Fredericksburg A-12	6:00.00
4	Baker, Patrick	51	Lane 4 Swimming-10	6:31.01

55-59

1	Sushkoff, George	58	Virginia Masters-12	5:31.08
2	Evans, Brian	59	Reston Masters S-10	6:45.00
3	Mills, Edward	55	Cavalier Masters-12	6:58.01

60-64

1	Ledwith, Brian	64	Colonials 1776-8	6:19.20
2	Moriarty, Michael	63	Cavalier Masters-12	6:30.00
3	Ingebretsen, Carl	62	Fredericksburg A-12	6:30.00
4	Kammermann, Chris	61	Tide Swimming-12	6:53.07
5	McGroarty, Patrick	60	Fredericksburg A-12	6:56.33
6	Holloway, Rex	64	Alexandria Maste-10	7:30.00
7	Armand, Gregory	60	Cavalier Masters-12	7:54.77
8	Anderson, Michael	62	Freedom Aquatic-12	8:12.40

65-69

1	Chambers, John	68	Agua Masters-6	5:45.00
2	Kannegieser, Robert	66	Philadelphia Fin-8	5:50.00
3	Rickard, Alan	67	Palm Beach Maste-50	6:44.99

75-79

1	Tompkins, Richard	77	Maryland Masters-9	7:52.88
2	Mcquiggan, Frank	75	New England Mast-2	8:02.10
3	Romano, Vince	77	Club Tribe-12	8:16.09
4	Berliner, Mitchell	75	DC Masters-10	9:44.73
5	Griffith, Lee	75	Palm Beach Maste-50	10:00.00

85-89

1	Nobbe, Nick	85	Reston Masters S-10	11:00.00
2	Gillen, Neal	86	Montgomery Ancie-10	12:19.09

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Event 7 Women 50 Yard Freestyle

Name	Age	Team	Seed Time
18-24...(#7 Women 50 Yard Freestyle)			
1 Williams, Adriana	22	University of Rh-58	28.16
2 Sanfield, Katie	22	Potomac Marlin M-10	30.00
3 Littlepage, Madison	24	Club Tribe-12	30.15
4 Wallitsch, Megan	19	University of Rh-58	30.62
5 Michaud, Emma	18	University of Rh-58	33.00
6 Negi, Bhavya	20	University of Rh-58	34.13
7 Carvalho, Jocelyn	19	University of Rh-58	35.25
25-29			
1 Glisan, Sarah	27	UC08	27.70
2 Ellsmore, Rachel	25	Fredericksburg A-12	28.26
3 Wheeler, Abigail	25	Maryland Masters-9	32.16
4 Shand, Stephanie	25	Fredericksburg A-12	45.00
30-34			
1 Robertson, Stephanie	30	Spring Valley YM-8	27.23
2 Rinsma, Sarah	32	Cavalier Masters-12	29.50
3 Jimeno, Amanda	31	Poseidon Masters-12	30.94
4 Dodson, Jessica	31	Poseidon Masters-12	32.00
40-44			
1 Stakem, Meredith	42	District Of Colu-10	25.75
2 Van Horn, Alaina	43	Lane 4 Swimming-10	30.56
3 Owen, Kayla	42	UC12	32.00
4 Wirt, Melissa	42	Poseidon Masters-12	37.00
45-49			
1 Choe, Michele	46	Club Tribe-12	27.50
2 Crusco, Kysa	48	New England Mast-2	27.94
3 Cioffi, Angela	46	Cavalier Masters-12	28.86
4 Barton, Mercedes	48	Reston Masters S-10	35.00
5 Wang, Shenglin	45	UC09	39.50
50-54			
1 Bass, Amy	53	Reston Masters S-10	27.00
2 Dalton, Wendy	53	Cavalier Masters-12	32.15
3 Bryant, Vinet	51	Elite Rays Swim-10	1:07.00
55-59			
1 Lang, Anita	56	North Carolina M-13	31.66
2 Lipstreuwer, Marilyn	58	Brian Lee Ohana-39	31.81
3 Bond, Lisa	55	Cavalier Masters-12	33.68
4 Segal, Leigh	59	Jersey Area Mast-7	36.50
5 Grenfell, Daisie	55	Virginia Masters-12	42.37
60-64			
1 Johnson, Mindy	60	Reston Masters S-10	30.00
2 Burke, Barbara	62	Colonials 1776-8	30.73
3 Mackall, Suni	61	Club Tribe-12	32.96
4 Jaeger, Debbie	61	Virginia Masters-12	33.45
5 Sprietsma, Michele	60	Garden State Mas-7	33.60
6 Dickens, Susan	62	Fredericksburg A-12	33.84
7 May, Julia	60	Cavalier Masters-12	36.26
8 Meggison, Pania	63	Cavalier Masters-12	40.22
65-69			
1 Hood, Patricia	68	Colonials 1776-8	36.40
2 Williams, Diana	69	Cavalier Masters-12	37.84
3 Rogers, Phyllis	67	Freedom Aquatic-12	42.44

70-74

1 Wolff, Melinda	71	Colonials 1776-8	30.72
2 Loftus-Charley, Shirley	72	Cavalier Masters-12	32.40
3 Kirwan, Denise	72	Reston Masters S-10	33.04
4 Merena, Elizabeth	71	UC06	34.00
5 Atkinson, Fiona	73	New England Mast-2	35.00
6 Bufton, Evelyn	73	Cavalier Masters-12	44.10

75-79

1 Webb, Linda	78	Swim Fort Lauder-50	37.61
2 Bachman, Martha	75	Cavalier Masters-12	58.81

80-84

1 Berg, Patricia	80	UC10	1:04.00
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Event 8 Men 50 Yard Freestyle

Name	Age	Team	Seed Time
18-24			
1 Brukx, Peter	24	Club Tribe-12	21.26
2 Zerunyan, Marko	22	Club Tribe-12	22.05
3 Blindenbach, Jacob	24	Club Tribe-12	22.21
4 Marsh, Matthew	24	Spring Valley YM-8	22.50
5 DiMeglio, David	23	UC10	22.99
6 Cypser, Eric	23	Anne Arundel Amp-9	23.25
7 Hambly, Parker	18	University of Rh-58	24.09
8 Zalewski, Michael	19	University of Rh-58	24.10
9 Bracewell, Ryan	22	Club Tribe-12	24.11
10 Miller, Asher	18	University of Rh-58	24.20
11 Ocampo, Aidan	22	University of Rh-58	24.50
12 Sweeney, Conor	20	University of Rh-58	25.25
13 Stevens, Finley	18	University of Rh-58	26.54
14 Elliott, Stephen	22	Reston Masters S-10	27.00
15 Langille, Andrew	20	University of Rh-58	27.00
25-29			
1 Mastracci, Kevin	28	Virginia Masters-12	20.64
2 Rich, Justin	26	Poseidon Masters-12	23.12
3 Chen, Roy	29	Excel Swimming-7	23.17
4 Knapik, Chad	25	Virginia Masters-12	24.00
5 Capozella, Joshua	28	Arlington Master-10	24.50
6 Morrow, Alex	26	Club Tribe-12	25.60
7 Higgins, Matthew	25	Fredericksburg A-12	29.68
30-34			
1 Lee, Oliver	31	Crimzone-12	21.00
2 De Jesus, Jose	30	Terrapin Masters-10	22.37
3 Gromling, Steven	34	Virginia Masters-12	23.50
4 Walker, Adam	33	Club Tribe-12	24.43
5 Wolfe, Ryan	31	Patriot Masters-10	24.61
6 Langel, Theodore	34	Arlington Master-10	25.14
7 Tran, William	32	Arlington Master-10	25.25
8 McQuiggan, Jacob	30	Cavalier Masters-12	25.27
9 Garrity, Anthony	33	UC02	26.76
10 Tendolkar, Gaurav	32	Reston Masters S-10	29.00
11 Graf, William	34	Fredericksburg A-12	31.60
12 Kilgallon, Sean	34	Team Redbird-33	35.00
35-39			
1 Bulakul, Sirin	36	Club Tribe-12	22.20
2 Elsaesser, Evan	39	Club Tribe-12	22.90

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40-44...(#8 Men 50 Yard Freestyle)

1	Buckner, Michael	43	Alexandria Maste-10	24.00
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45-49

1	Williams, Rich	48	Club Tribe-12	23.64
2	Burch, Timothy	45	UC10	24.34
3	McNeil, Robert	48	Reston Masters S-10	25.51
4	Gowetski, Dan	46	Club Tribe-12	25.69
5	Houchins, Bradford	46	Spring Valley YM-8	25.80
6	Gwilliam, Glenn	45	Reston Masters S-10	26.50
7	Adkins, Dana	47	Club Tribe-12	26.59
8	Damico, John	49	Poseidon Masters-12	26.97

50-54

1	Gross, Jeremy	52	Spring Valley YM-8	22.13
2	Rees, Greg	54	Spring Valley YM-8	23.09
3	Vespa, Hernan	53	UC07	24.24
4	Robertson, John	52	Spring Valley YM-8	24.45
5	Levy, Daniel	54	Fredericksburg A-12	25.03
6	Mello, James	52	Sea Devil Swimmi-10	25.13
7	McLallen, Scott	52	Lane 4 Swimming-10	25.99
8	Fisher, Robert	51	UC09	28.49
9	Joubert, Kevin	51	Merritt Marlins-9	29.00
10	Daly, James	53	Virginia Masters-12	30.23

55-59

1	Ruckdeschel, Jonathan	55	Club Tribe-12	23.11
2	Phillips, Carr	58	District Of Colu-10	23.68
3	Segal, William	59	Jersey Area Mast-7	24.00
4	Hiltabiddle, Steve	57	Colonials 1776-8	24.20
5	Williams, Neill	56	District Of Colu-10	24.28
6	Wyckoff, Ben	59	Connecticut Mast-5	25.87
7	Hahn, Darek	57	Jersey Area Mast-7	28.00
8	Kimball, Joe	55	Club Tribe-12	28.02
9	Toy, Raymond	57	Central Maryland-9	30.65
10	Harper, Bill	56	Club Tribe-12	35.00

60-64

1	Hellmann, Ralph	62	Sarasota Sharks-14	25.19
2	Keith, Algernon	63	Virginia Masters-12	25.35
3	Laiti, Chris	63	Sarasota Sharks-14	27.10
4	de Jesus, Jose	63	North Carolina M-13	28.02
5	Kammermann, Chris	61	Tide Swimming-12	30.80
6	Barron, Daniel	60	Fredericksburg A-12	31.00
7	Potter, Thomas	61	Georgia Masters-45	31.00
8	Lagdon, Chip	64	Germantown Maryl-10	32.00
9	Linehan, Sean	63	Lane 4 Swimming-10	32.00
10	McGroarty, Patrick	60	Fredericksburg A-12	33.00
11	McGowan, Thomas	63	UC12	33.00
12	Holloway, Rex	64	Alexandria Maste-10	34.00
13	Armand, Gregory	60	Cavalier Masters-12	35.09
14	Karl, Steven	61	Fredericksburg A-12	36.51
15	Anderson, Michael	62	Freedom Aquatic-12	40.79
16	Speer, David	64	Virginia Masters-12	55.01

65-69

1	Gandee, Brad	69	UC10	26.00
2	Keyser, Brian	67	Colonials 1776-8	27.50
3	Slater, Douglas	66	Club Tribe-12	27.55
4	Jarosz, Mark	66	Shepherd Univers-12	27.80

5	Rickard, Alan	67	Palm Beach Maste-50	28.99
6	Stites, Rob	69	Reston Masters S-10	46.30

70-74

1	Rawley, James	70	Excel Swimming-7	29.00
2	Bauer, Craig	71	Cavalier Masters-12	29.50
3	Dougherty, Stephen	72	Colonials 1776-8	31.56

75-79

1	Berliner, Mitchell	75	DC Masters-10	35.79
2	Mcquiggan, Frank	75	New England Mast-2	36.36
3	Romano, Vince	77	Club Tribe-12	36.37
4	Weiner, Robert	77	UC10	1:02.00

80-84

1	Pilette, Sterling	82	Reston Masters S-10	44.00
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85-89

1	Gillen, Neal	86	Montgomery Ancie-10	42.05
2	Beattie, Cal	89	UC12	55.35
3	Nobbe, Nick	85	Reston Masters S-10	58.00

90-94

1	Manheim, Frank	93	Reston Masters S-10	53.50
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Event 9 Women 200 Yard Backstroke

Name	Age	Team	Seed Time
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18-24

1	Trevorrow, Julia	22	University of Rh-58	2:25.00
2	Sanfield, Katie	22	Potomac Marlin M-10	2:40.00

25-29

1	Keller, Claudia	25	Fredericksburg A-12	2:16.00
2	Glisan, Sarah	27	UC08	2:35.95

30-34

1	King, Molly	31	Colonials 1776-8	2:51.61
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40-44

1	Miller, Elizabeth	42	Virginia Masters-12	2:16.94
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50-54

1	Rash, Emily	51	Steel City Aquat-11	2:29.56
2	Pellegrini, Traci	54	UC09	2:33.88
3	Davidson, Michelle	53	Garden State Mas-7	2:35.00
4	Ihrig, Ylva	54	Lane 4 Swimming-10	2:58.00

55-59

1	Vazquez, Maria	58	North Carolina M-13	2:29.10
2	Gregory, Barbie	55	Virginia Masters-12	2:41.61
3	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	3:05.04

60-64

1	Brightwell, Kim	64	Reston Masters S-10	2:50.96
2	Snow, Karen	64	Merritt Marlins-9	3:08.00

65-69

1	Steadman Martin, Nancy	69	Garden State Mas-7	2:44.25
2	Clute, Meg	68	Cavalier Masters-12	3:10.59

70-74

1	Pfinsgraff, Joan	70	Maryland Masters-9	2:40.00
2	Kirwan, Denise	72	Reston Masters S-10	3:01.00

75-79

1	Burns, Suzi	76	Cavalier Masters-12	4:55.87
2	Bachman, Martha	75	Cavalier Masters-12	5:22.40

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Event 10 Men 200 Yard Backstroke

Name	Age	Team	Seed Time
18-24...(#10 Men 200 Yard Backstroke)			
1 Capen, Zachary	20	University of Rh-58	2:15.00
2 McQuesten, Casey	20	University of Rh-58	2:30.12
25-29			
1 Conover, Arthur	29	Patriot Masters-10	2:00.00
30-34			
1 Walker, Adam	33	Club Tribe-12	2:16.42
2 McQuiggan, Jacob	30	Cavalier Masters-12	2:25.00
35-39			
1 Taylor, Tim	37	Alexandria Maste-10	2:26.36
40-44			
1 Denrich, David	44	District Of Colu-10	2:05.47
2 Griffin, Brendan	40	Club Tribe-12	2:15.63
3 Boris, Joseph	44	Spring Valley YM-8	2:34.69
45-49			
1 Bell, David	48	Club Tribe-12	2:08.88
2 Mills, Matthew	47	Georgia Masters-45	2:33.32
50-54			
1 Rubacky, Mark	54	North Carolina M-13	2:47.93
55-59			
1 Phillips, Carr	58	District Of Colu-10	2:20.59
60-64			
1 Ingebretsen, Carl	62	Fredericksburg A-12	2:45.52
65-69			
1 Slater, Douglas	66	Club Tribe-12	2:29.90
2 Kannegieser, Robert	66	Philadelphia Fin-8	2:35.53
3 Denes, Thomas	66	Montgomery Ancie-10	2:50.00
70-74			
1 Wardle, William	72	Cavalier Masters-12	2:35.71
2 Miller, James	73	Virginia Masters-12	3:40.00
75-79			
1 Leonard, Roger	76	Montgomery Ancie-10	3:01.45
2 Paulson, Laurence	75	Reston Masters S-10	4:00.00
85-89			
1 Gerson, Gordon	87	Reston Masters S-10	6:58.96
90-94			
1 Manheim, Frank	93	Reston Masters S-10	5:20.00

Event 11 Women 100 Yard Butterfly

Name	Age	Team	Seed Time
18-24			
1 ElzHowe, Acadia	21	Lynchburg Aquati-12	1:01.05
2 Haywood, Che'Rel	24	Virginia Masters-12	1:05.78
3 Ricci, Alice	24	Germantown Maryl-10	1:11.75
4 Sanfield, Katie	22	Potomac Marlin M-10	1:16.00
5 Soleo, Lauren	24	Cavalier Masters-12	1:20.00
25-29			
1 Skelley-Stoffa, Emma	28	Reston Masters S-10	1:05.00
2 Jacobs, Elyse	25	Club Tribe-12	1:08.51
3 Ellsmore, Rachel	25	Fredericksburg A-12	1:12.15

30-34

1 Robertson, Stephanie	30	Spring Valley YM-8	1:15.63
2 Jimeno, Amanda	31	Poseidon Masters-12	1:20.00
3 Bates, Lindsey	30	Fredericksburg A-12	1:54.50

35-39

1 Marshall, Victoria	35	Colonials 1776-8	1:04.89
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40-44

1 Van Horn, Alaina	43	Lane 4 Swimming-10	1:12.55
2 Stutz, Kathleen	41	Swim Fort Lauder-50	1:25.00

45-49

1 Congdon, Heather	45	Germantown Maryl-10	1:04.94
2 Cioffi, Angela	46	Cavalier Masters-12	1:20.00

50-54

1 Davidson, Michelle	53	Garden State Mas-7	1:19.00
2 Dalton, Wendy	53	Cavalier Masters-12	1:33.00

55-59

1 Gregory, Barbie	55	Virginia Masters-12	1:17.12
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60-64

1 Van Horn Pate, Val	61	Virginia Masters-12	1:09.56
2 Burke, Barbara	62	Colonials 1776-8	1:19.10

65-69

1 Steadman Martin, Nancy	69	Garden State Mas-7	1:22.50
2 Lampe, Betty	68	Colonials 1776-8	1:49.24

70-74

1 Loftus-Charley, Shirley	72	Cavalier Masters-12	1:25.00
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Event 12 Men 100 Yard Butterfly

Name	Age	Team	Seed Time
18-24			
1 Bruks, Peter	24	Club Tribe-12	50.56
2 Zerunyan, Marko	22	Club Tribe-12	51.98
3 Blindenbach, Jacob	24	Club Tribe-12	54.20
4 Monroy, Roy	22	University of Rh-58	54.40
5 Major, Kyle	24	Club Tribe-12	56.69
6 Hambly, Parker	18	University of Rh-58	1:00.00
7 Zalewski, Michael	19	University of Rh-58	1:00.10
8 Nystrom, Jack	19	University of Rh-58	1:01.00
9 Kelly, Luke	18	University of Rh-58	1:03.38
10 Langille, Andrew	20	University of Rh-58	1:10.00
25-29			
1 Elliott, Matthew	29	UC27	54.00
2 Chen, Roy	29	Excel Swimming-7	55.80
3 Knapik, Chad	25	Virginia Masters-12	59.00
4 Capozella, Joshua	28	Arlington Master-10	1:01.00
5 Higgins, Matthew	25	Fredericksburg A-12	1:10.00
30-34			
1 Walker, Adam	33	Club Tribe-12	58.59
2 Taggart, Ross	34	Club Tribe-12	1:05.00
35-39			
1 Elsaesser, Evan	39	Club Tribe-12	52.94
2 Schick, Benjamin	35	Arlington Master-10	58.24
3 Schmitt, Sam	38	Arlington Master-10	1:00.00
40-44			
1 Laurence, Noah	42	Virginia Masters-12	1:01.00

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40-44...(#12 Men 100 Yard Butterfly)

2	Cantwell, Andrew	43	Lane 4 Swimming-10	1:15.00
3	Gustafson, Jeremy	42	YMCA 7 Hills Sur-12	1:18.81

45-49

1	Bell, David	48	Club Tribe-12	56.38
2	Mills, Matthew	47	Georgia Masters-45	59.95
3	Rockwell, John	49	Club Tribe-12	1:01.50
4	Damico, John	49	Poseidon Masters-12	1:03.46
5	Adkins, Dana	47	Club Tribe-12	1:09.43

50-54

1	Rees, Greg	54	Spring Valley YM-8	55.58
2	Gross, Jeremy	52	Spring Valley YM-8	55.89
3	Vespa, Hernan	53	UC07	59.85
4	Harbourt, Cliff	51	Club Tribe-12	1:01.31
5	Rubacky, Mark	54	North Carolina M-13	1:12.12
6	Mello, James	52	Sea Devil Swimmi-10	1:12.67
7	Levy, Daniel	54	Fredericksburg A-12	1:20.00

55-59

1	Hiltabiddle, Steve	57	Colonials 1776-8	55.00
2	Ruckdeschel, Jonathan	55	Club Tribe-12	58.70
3	Segal, William	59	Jersey Area Mast-7	59.00
4	Ellis, Brian	56	Lane 4 Swimming-10	1:04.13
5	Wyckoff, Ben	59	Connecticut Mast-5	1:04.89
6	Evans, Brian	59	Reston Masters S-10	1:20.00

60-64

1	Wells, Ernie	60	Lane 4 Swimming-10	1:09.00
2	Ingebretsen, Carl	62	Fredericksburg A-12	1:16.47
3	McGroarty, Patrick	60	Fredericksburg A-12	1:27.59
4	Barron, Daniel	60	Fredericksburg A-12	1:30.00

65-69

1	Chambers, John	68	Agua Masters-6	1:07.00
2	Kannegieser, Robert	66	Philadelphia Fin-8	1:09.00
3	Sulik, William	65	UC10	2:24.00

70-74

1	Rawley, James	70	Excel Swimming-7	1:16.00
2	Shannon, Dennis	70	Cavalier Masters-12	1:19.00

75-79

1	Tompkins, Richard	77	Maryland Masters-9	1:34.98
2	Paulson, Laurence	75	Reston Masters S-10	2:00.00

Event 17 Women 100 Yard Breaststroke

	Name	Age	Team	Seed Time
18-24				
1	Haywood, Che'Rel	24	Virginia Masters-12	1:13.55
2	Trevorrow, Julia	22	University of Rh-58	1:17.64
25-29				
1	Jacobs, Elyse	25	Club Tribe-12	1:20.89
2	Franklin, Morgan	26	Rutherford Maste-7	1:24.00
3	Wheeler, Abigail	25	Maryland Masters-9	1:30.37
30-34				
1	Bates, Lindsey	30	Fredericksburg A-12	1:54.98
35-39				
1	Segovia, Vanessa	37	Reston Masters S-10	1:23.00
40-44				
1	Stakem, Meredith	42	District Of Colu-10	1:17.39

2	Stutz, Kathleen	41	Swim Fort Lauder-50	1:28.00
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45-49

1	Maidenberg, Eve	47	Agua Masters-6	1:25.32
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50-54

1	Davidson, Michelle	53	Garden State Mas-7	1:35.00
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55-59

1	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	1:31.50
2	Grenfell, Daisie	55	Virginia Masters-12	1:54.98

60-64

1	Miller, Patricia	63	Virginia Masters-12	1:24.03
2	Dickens, Susan	62	Fredericksburg A-12	1:40.00
3	May, Julia	60	Cavalier Masters-12	2:00.00

65-69

1	Hood, Patricia	68	Colonials 1776-8	1:48.22
2	Rogers, Phyllis	67	Freedom Aquatic-12	2:15.76

70-74

1	Wolff, Melinda	71	Colonials 1776-8	1:30.11
2	Kirwan, Denise	72	Reston Masters S-10	1:33.77
3	Walz, Susannah	72	Maryland Masters-9	1:40.58
4	Boslego, Barbara	72	Virginia Masters-12	1:42.13
5	Merena, Elizabeth	71	UC06	1:42.75
6	Atkinson, Fiona	73	New England Mast-2	1:47.00

75-79

1	Webb, Linda	78	Swim Fort Lauder-50	1:50.05
2	Carter, Susan	77	Virginia Masters-12	1:59.97
3	Burns, Suzi	76	Cavalier Masters-12	2:22.67

Event 18 Men 100 Yard Breaststroke

	Name	Age	Team	Seed Time
18-24				
1	Nitkiewicz, Travis	22	Club Tribe-12	1:00.00
2	Joo, Jared	24	Club Tribe-12	1:01.31
3	Bracewell, Ryan	22	Club Tribe-12	1:01.54
4	Blindenbach, Jacob	24	Club Tribe-12	1:01.76
5	McQuesten, Casey	20	University of Rh-58	1:06.23
6	Izadpanah, Mason	24	UC10	1:06.48
7	Kelly, Luke	18	University of Rh-58	1:09.11
8	Sweeney, Conor	20	University of Rh-58	1:10.00
9	Stevens, Finley	18	University of Rh-58	1:11.34
10	Elliott, Stephen	22	Reston Masters S-10	1:20.00
25-29				
1	Chen, Roy	29	Excel Swimming-7	1:07.23
2	Perillo, Henry	27	Arlington Master-10	1:13.42
30-34				
1	Katis, Chuck	31	Club Tribe-12	55.00
2	De Jesus, Jose	30	Terrapin Masters-10	1:00.34
3	Wolfe, Ryan	31	Patriot Masters-10	1:01.89
4	Walker, Adam	33	Club Tribe-12	1:03.53
5	McQuiggan, Jacob	30	Cavalier Masters-12	1:08.00
6	Gromling, Steven	34	Virginia Masters-12	1:10.20
7	Langel, Theodore	34	Arlington Master-10	1:14.49
40-44				
1	Somensatto, Jason	42	Club Tribe-12	1:10.50
2	Buckner, Michael	43	Alexandria Maste-10	1:15.00
3	Gustafson, Jeremy	42	YMCA 7 Hills Sur-12	1:23.59

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45-49...(#18 Men 100 Yard Breaststroke)

1	Houchins, Bradford	46	Spring Valley YM-8	1:03.50
2	Gowetski, Dan	46	Club Tribe-12	1:05.69
3	Damico, John	49	Poseidon Masters-12	1:21.23

50-54

1	Goodison, Michael	52	Terrapin Masters-10	1:06.12
2	Gross, Jeremy	52	Spring Valley YM-8	1:09.42
3	Rubacky, Mark	54	North Carolina M-13	1:19.57
4	Mello, James	52	Sea Devil Swimmi-10	1:20.27
5	Levy, Daniel	54	Fredericksburg A-12	1:25.00
6	Daly, James	53	Virginia Masters-12	1:29.38

55-59

1	Williams, Neill	56	District Of Colu-10	1:03.88
2	Wyckoff, Ben	59	Connecticut Mast-5	1:12.40
3	Mills, Edward	55	Cavalier Masters-12	1:45.00

60-64

1	Hellmann, Ralph	62	Sarasota Sharks-14	1:09.50
2	Potter, Thomas	61	Georgia Masters-45	1:24.50
3	Karl, Steven	61	Fredericksburg A-12	1:39.81
4	McGowan, Thomas	63	UC12	1:45.00
5	Anderson, Michael	62	Freedom Aquatic-12	2:06.79

65-69

1	Keyser, Brian	67	Colonials 1776-8	1:11.12
2	Rickard, Alan	67	Palm Beach Maste-50	1:38.99
3	Stites, Rob	69	Reston Masters S-10	2:20.34

70-74

1	Bauer, Craig	71	Cavalier Masters-12	1:25.50
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75-79

1	Paulson, Laurence	75	Reston Masters S-10	2:23.00
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85-89

1	Gerson, Gordon	87	Reston Masters S-10	3:58.11
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Event 19 Women 200 Yard IM

Name	Age	Team	Seed Time	
18-24				
1	ElzHowe, Acadia	21	Lynchburg Aquati-12	2:18.76
25-29				
1	Cubbler, Rebecca	26	Spring Valley YM-8	2:18.00
2	Jacobs, Elyse	25	Club Tribe-12	2:39.63
30-34				
1	Jimeno, Amanda	31	Poseidon Masters-12	3:00.00
2	Dodson, Jessica	31	Poseidon Masters-12	3:00.38
3	King, Molly	31	Colonials 1776-8	3:00.78
4	Bates, Lindsey	30	Fredericksburg A-12	4:00.00
35-39				
1	Marshall, Victoria	35	Colonials 1776-8	2:30.00
2	Rose, Laura	37	Terrapin Masters-10	2:32.64
40-44				
1	Holland, Irish	43	North Carolina M-13	2:16.79
2	Miller, Elizabeth	42	Virginia Masters-12	2:19.84
3	Stutz, Kathleen	41	Swim Fort Lauder-50	3:10.00
4	Wirt, Melissa	42	Poseidon Masters-12	3:20.00
45-49				
1	Maidenberg, Eve	47	Agua Masters-6	2:50.08

50-54

1	Pellegrini, Traci	54	UC09	2:34.00
2	Davidson, Michelle	53	Garden State Mas-7	2:45.00

55-59

1	Vazquez, Maria	58	North Carolina M-13	2:32.92
2	Gregory, Barbie	55	Virginia Masters-12	2:43.48
3	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	3:02.16

60-64

1	Burke, Barbara	62	Colonials 1776-8	2:54.10
2	Miller, Patricia	63	Virginia Masters-12	3:00.00
3	Snow, Karen	64	Merritt Marlins-9	3:12.00

65-69

1	Steadman Martin, Nancy	69	Garden State Mas-7	2:47.50
2	Clute, Meg	68	Cavalier Masters-12	3:15.38
3	Lampe, Betty	68	Colonials 1776-8	3:36.65

70-74

1	Loftus-Charley, Shirley	72	Cavalier Masters-12	2:55.00
2	Walz, Susannah	72	Maryland Masters-9	3:40.00

Event 20 Men 200 Yard IM

Name	Age	Team	Seed Time	
18-24				
1	Zerunyan, Marko	22	Club Tribe-12	1:59.40
2	Nitkiewicz, Travis	22	Club Tribe-12	2:00.00
3	Monroy, Roy	22	University of Rh-58	2:09.14
25-29				
1	Perillo, Henry	27	Arlington Master-10	2:00.00
2	Conover, Arthur	29	Patriot Masters-10	2:00.00
3	Morrow, Alex	26	Club Tribe-12	2:08.80
4	Knapik, Chad	25	Virginia Masters-12	2:10.00
5	Galarza, Daniel	26	Rutherford Maste-7	2:25.00
30-34				
1	Walker, Adam	33	Club Tribe-12	2:08.48
2	Skelley-Stoffa, Gregory	30	Reston Masters S-10	2:10.00
3	Tran, William	32	Arlington Master-10	2:15.76
4	McQuiggan, Jacob	30	Cavalier Masters-12	2:25.00
5	Garrity, Anthony	33	UC02	2:26.01
35-39				
1	Dellanoce, Michael	39	North Carolina M-13	1:58.06
2	Schmitt, Sam	38	Arlington Master-10	2:12.00
3	Taylor, Tim	37	Alexandria Maste-10	2:31.30
4	Duguay, Rob	38	Connecticut Mast-5	2:48.54
40-44				
1	Laurence, Noah	42	Virginia Masters-12	2:12.00
2	Griffin, Brendan	40	Club Tribe-12	2:24.59
3	Boris, Joseph	44	Spring Valley YM-8	2:27.34
4	Cantwell, Andrew	43	Lane 4 Swimming-10	2:39.48
5	Gustafson, Jeremy	42	YMCA 7 Hills Sur-12	2:40.00
45-49				
1	Rockwell, John	49	Club Tribe-12	2:17.00
2	Gwilliam, Glenn	45	Reston Masters S-10	2:30.00
50-54				
1	Goodison, Michael	52	Terrapin Masters-10	2:19.12
2	Rubacky, Mark	54	North Carolina M-13	2:31.19

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50-54...(#20 Men 200 Yard IM)

3	Joubert, Kevin	51	Merritt Marlins-9	2:40.00
4	Baker, Patrick	51	Lane 4 Swimming-10	2:49.01

55-59

1	Hiltabiddle, Steve	57	Colonials 1776-8	2:20.00
2	Ruckdeschel, Jonathan	55	Club Tribe-12	2:23.27
3	Sushkoff, George	58	Virginia Masters-12	2:37.83
4	Ellis, Brian	56	Lane 4 Swimming-10	2:45.21
5	Kimball, Joe	55	Club Tribe-12	3:06.20

60-64

1	Wells, Ernie	60	Lane 4 Swimming-10	2:35.00
2	Ledwith, Brian	64	Colonials 1776-8	2:43.00
3	Ingebretsen, Carl	62	Fredericksburg A-12	2:44.77
4	Anderson, Michael	62	Freedom Aquatic-12	3:48.69

65-69

1	Kannegieser, Robert	66	Philadelphia Fin-8	2:29.70
2	Chambers, John	68	Agua Masters-6	2:32.00
3	Denes, Thomas	66	Montgomery Ancie-10	2:50.00

70-74

1	Dougherty, Stephen	72	Colonials 1776-8	2:55.00
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75-79

1	Leonard, Roger	76	Montgomery Ancie-10	3:06.64
2	Tompkins, Richard	77	Maryland Masters-9	3:15.46
3	Paulson, Laurence	75	Reston Masters S-10	3:48.21

Event 21 Women 50 Yard Backstroke

Name	Age	Team	Seed Time	
18-24				
1	Littlepage, Madison	24	Club Tribe-12	33.68
2	Ricci, Alice	24	Germantown Maryl-10	35.95
3	Wallitsch, Megan	19	University of Rh-58	38.53
4	Negi, Bhavya	20	University of Rh-58	39.11
25-29				
1	Glisan, Sarah	27	UC08	30.90
30-34				
1	King, Molly	31	Colonials 1776-8	34.99
2	Basaraba, Andrea	30	Team Redbird-33	35.00
3	Dodson, Jessica	31	Poseidon Masters-12	39.26
40-44				
1	Stakem, Meredith	42	District Of Colu-10	29.63
2	Miller, Elizabeth	42	Virginia Masters-12	30.56
3	Owen, Kayla	42	UC12	32.00
4	Wirt, Melissa	42	Poseidon Masters-12	40.22
45-49				
1	Choe, Michele	46	Club Tribe-12	32.50
2	Wang, Shenglin	45	UC09	45.00
50-54				
1	Rash, Emily	51	Steel City Aquat-11	32.61
2	Davidson, Michelle	53	Garden State Mas-7	33.00
3	Bryant, Vinet	51	Elite Rays Swim-10	1:19.50
55-59				
1	Buscaglia, Caycee	59	Virginia Masters-12	33.99
2	Lipstreuwer, Marilyn	58	Brian Lee Ohana-39	37.70
3	Segal, Leigh	59	Jersey Area Mast-7	39.00
4	Lang, Anita	56	North Carolina M-13	40.00

5	Bond, Lisa	55	Cavalier Masters-12	46.15
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60-64

1	Van Horn Pate, Val	61	Virginia Masters-12	32.49
2	Brightwell, Kim	64	Reston Masters S-10	34.99
3	Sprietsma, Michele	60	Garden State Mas-7	38.60
4	Mackall, Suni	61	Club Tribe-12	39.55
5	Jaeger, Debbie	61	Virginia Masters-12	39.87
6	Meggison, Pania	63	Cavalier Masters-12	51.00
7	May, Julia	60	Cavalier Masters-12	59.00

65-69

1	Clute, Meg	68	Cavalier Masters-12	42.20
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70-74

1	Pfinsgraff, Joan	70	Maryland Masters-9	33.96
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75-79

1	Burns, Suzi	76	Cavalier Masters-12	1:04.48
2	Bachman, Martha	75	Cavalier Masters-12	1:04.92

Event 22 Men 50 Yard Backstroke

Name	Age	Team	Seed Time	
18-24				
1	Marsh, Matthew	24	Spring Valley YM-8	25.00
2	Capen, Zachary	20	University of Rh-58	26.49
3	DiMeglio, David	23	UC10	26.68
4	Cypser, Eric	23	Anne Arundel Amp-9	27.50
5	Hambly, Parker	18	University of Rh-58	28.32
6	McQuesten, Casey	20	University of Rh-58	29.42
7	Elliott, Stephen	22	Reston Masters S-10	34.00
25-29				
1	Mastracci, Kevin	28	Virginia Masters-12	23.17
2	Elliott, Matthew	29	UC27	25.50
30-34				
1	Lee, Oliver	31	Crimzone-12	24.50
2	McQuiggan, Jacob	30	Cavalier Masters-12	30.39
3	Garrity, Anthony	33	UC02	32.64
4	Graf, William	34	Fredericksburg A-12	44.38
35-39				
1	Elsaesser, Evan	39	Club Tribe-12	26.07
2	Bulakul, Sirin	36	Club Tribe-12	26.15
45-49				
1	Bell, David	48	Club Tribe-12	25.98
2	Williams, Rich	48	Club Tribe-12	27.49
3	McNeil, Robert	48	Reston Masters S-10	31.59
50-54				
1	Rees, Greg	54	Spring Valley YM-8	25.61
2	Robertson, John	52	Spring Valley YM-8	26.95
3	Mirt, Chad	50	Club Tribe-12	29.71
4	Daly, James	53	Virginia Masters-12	37.00
55-59				
1	Williams, Neill	56	District Of Colu-10	27.08
2	Phillips, Carr	58	District Of Colu-10	28.57
3	Hahn, Darek	57	Jersey Area Mast-7	32.00
4	Wyckoff, Ben	59	Connecticut Mast-5	33.70
5	Toy, Raymond	57	Central Maryland-9	40.33

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60-64...(#22 Men 50 Yard Backstroke)

1	de Jesus, Jose	63	North Carolina M-13	32.12
2	Ingebretsen, Carl	62	Fredericksburg A-12	34.00
3	Linehan, Sean	63	Lane 4 Swimming-10	39.00
4	McGowan, Thomas	63	UC12	41.00
5	Barron, Daniel	60	Fredericksburg A-12	43.00
6	Anderson, Michael	62	Freedom Aquatic-12	46.63

65-69

1	Slater, Douglas	66	Club Tribe-12	29.95
2	Stites, Rob	69	Reston Masters S-10	55.44

70-74

1	Wardle, William	72	Cavalier Masters-12	34.05
2	Dougherty, Stephen	72	Colonials 1776-8	37.52
3	Shannon, Dennis	70	Cavalier Masters-12	37.80
4	Crane, John	72	Cavalier Masters-12	42.00
5	Miller, James	73	Virginia Masters-12	48.20

75-79

1	Paulson, Laurence	75	Reston Masters S-10	50.00
2	Berliner, Mitchell	75	DC Masters-10	53.48
3	Griffith, Lee	75	Palm Beach Maste-50	59.00

80-84

1	Pilette, Sterling	82	Reston Masters S-10	1:00.00
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85-89

1	Gillen, Neal	86	Montgomery Ancie-10	56.12
2	Nobbe, Nick	85	Reston Masters S-10	1:20.00
3	Gerson, Gordon	87	Reston Masters S-10	1:58.45

90-94

1	Manheim, Frank	93	Reston Masters S-10	55.00
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Event 23 Women 100 Yard Freestyle

Name	Age	Team	Seed Time
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18-24

1	ElzHowe, Acadia	21	Lynchburg Aquati-12	57.67
2	Haywood, Che'Rel	24	Virginia Masters-12	1:01.34
3	Trevorrow, Julia	22	University of Rh-58	1:03.00
4	Williams, Adriana	22	University of Rh-58	1:03.55
5	Soleo, Lauren	24	Cavalier Masters-12	1:06.00
6	Littlepage, Madison	24	Club Tribe-12	1:07.03
7	Michaud, Emma	18	University of Rh-58	1:09.00
8	Carvalho, Jocelyn	19	University of Rh-58	1:15.39

25-29

1	Cubbler, Rebecca	26	Spring Valley YM-8	55.00
2	Glisan, Sarah	27	UC08	59.76
3	Ellsmore, Rachel	25	Fredericksburg A-12	1:06.00
4	Wheeler, Abigail	25	Maryland Masters-9	1:12.36
5	Shand, Stephanie	25	Fredericksburg A-12	1:30.00

30-34

1	Robertson, Stephanie	30	Spring Valley YM-8	1:00.51
2	Rinsma, Sarah	32	Cavalier Masters-12	1:03.60
3	Bates, Lindsey	30	Fredericksburg A-12	1:40.00

40-44

1	Van Horn, Alaina	43	Lane 4 Swimming-10	1:03.55
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45-49

1	Crusco, Kysa	48	New England Mast-2	1:01.52
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2	Maidenberg, Eve	47	Agua Masters-6	1:03.46
3	Barton, Mercedes	48	Reston Masters S-10	1:24.00

50-54

1	Pellegrini, Traci	54	UC09	1:01.40
2	Bass, Amy	53	Reston Masters S-10	1:02.50
3	Dalton, Wendy	53	Cavalier Masters-12	1:13.98

55-59

1	Lang, Anita	56	North Carolina M-13	1:06.46
2	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	1:07.70
3	Bond, Lisa	55	Cavalier Masters-12	1:12.55
4	Grenfell, Daisie	55	Virginia Masters-12	1:34.81

60-64

1	Johnson, Mindy	60	Reston Masters S-10	1:07.50
2	Mackall, Suni	61	Club Tribe-12	1:11.87
3	Snow, Karen	64	Merritt Marlins-9	1:15.00
4	Speer, Nancy	61	Virginia Masters-12	1:15.99
5	Dickens, Susan	62	Fredericksburg A-12	1:16.50
6	May, Julia	60	Cavalier Masters-12	1:19.60
7	Meggison, Pania	63	Cavalier Masters-12	1:54.00

65-69

1	Steadman Martin, Nancy	69	Garden State Mas-7	1:06.50
2	Grilli, Tracy	67	New England Mast-2	1:15.00
3	Hood, Patricia	68	Colonials 1776-8	1:19.50
4	Williams, Diana	69	Cavalier Masters-12	1:25.00
5	Lampe, Betty	68	Colonials 1776-8	1:28.63
6	Rogers, Phyllis	67	Freedom Aquatic-12	1:37.97

70-74

1	Loftus-Charley, Shirley	72	Cavalier Masters-12	1:09.00
2	Wolff, Melinda	71	Colonials 1776-8	1:09.45
3	Kirwan, Denise	72	Reston Masters S-10	1:12.10
4	Atkinson, Fiona	73	New England Mast-2	1:19.00
5	Merena, Elizabeth	71	UC06	1:19.75
6	Walz, Susannah	72	Maryland Masters-9	1:26.12

75-79

1	Webb, Linda	78	Swim Fort Lauderdale-50	1:25.26
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80-84

1	Berg, Patricia	80	UC10	3:30.00
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Event 24 Men 100 Yard Freestyle

Name	Age	Team	Seed Time
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18-24

1	Brukx, Peter	24	Club Tribe-12	47.06
2	Marsh, Matthew	24	Spring Valley YM-8	49.00
3	Joo, Jared	24	Club Tribe-12	51.00
4	Major, Kyle	24	Club Tribe-12	52.10
5	Cypser, Eric	23	Anne Arundel Amp-9	53.50
6	Hambly, Parker	18	University of Rh-58	54.00
7	Bracewell, Ryan	22	Club Tribe-12	54.13
8	Capen, Zachary	20	University of Rh-58	55.00
9	Zalewski, Michael	19	University of Rh-58	55.10
10	Miller, Asher	18	University of Rh-58	55.50
11	Kelly, Luke	18	University of Rh-58	56.21
12	Nystrom, Jack	19	University of Rh-58	56.75
13	Sweeney, Conor	20	University of Rh-58	56.80
14	Ocampo, Aidan	22	University of Rh-58	57.50

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024**Jeff Rouse Swim & Sport Center, Sanction #: 124-S002****Psych Sheet****18-24...(#24 Men 100 Yard Freestyle)**

15	Elliott, Stephen	22	Reston Masters S-10	1:00.00
16	Stevens, Finley	18	University of Rh-58	1:00.27

25-29

1	Chen, Roy	29	Excel Swimming-7	49.73
2	Rich, Justin	26	Poseidon Masters-12	50.78
3	Knapik, Chad	25	Virginia Masters-12	52.00
4	Morrow, Alex	26	Club Tribe-12	57.50
5	Higgins, Matthew	25	Fredericksburg A-12	1:06.00

30-34

1	Lee, Oliver	31	Crimzone-12	47.00
2	Walker, Adam	33	Club Tribe-12	52.72
3	Gromling, Steven	34	Virginia Masters-12	53.75
4	Wolfe, Ryan	31	Patriot Masters-10	54.00
5	Tran, William	32	Arlington Master-10	54.53
6	McQuiggan, Jacob	30	Cavalier Masters-12	56.46
7	Taggart, Ross	34	Club Tribe-12	57.00
8	Garrity, Anthony	33	UC02	59.37
9	Graf, William	34	Fredericksburg A-12	1:10.86

35-39

1	Dellanoce, Michael	39	North Carolina M-13	49.04
2	Bulakul, Sirin	36	Club Tribe-12	49.58
3	Schmitt, Sam	38	Arlington Master-10	58.00
4	Taylor, Tim	37	Alexandria Maste-10	59.01
5	Duguay, Rob	38	Connecticut Mast-5	1:04.69

40-44

1	Hildebrand, David	43	Club Tribe-12	50.88
2	Boris, Joseph	44	Spring Valley YM-8	57.50
3	Buckner, Michael	43	Alexandria Maste-10	58.50
4	Gustafson, Jeremy	42	YMCA 7 Hills Sur-12	59.84

45-49

1	Adkins, Dana	47	Club Tribe-12	58.45
2	Damico, John	49	Poseidon Masters-12	59.56
3	Gwilliam, Glenn	45	Reston Masters S-10	1:00.00
4	Hanneschlager, Michael	49	UC10	1:02.50

50-54

1	Gross, Jeremy	52	Spring Valley YM-8	49.70
2	Rees, Greg	54	Spring Valley YM-8	50.96
3	Vespa, Herman	53	UC07	53.36
4	Robertson, John	52	Spring Valley YM-8	54.30
5	Harbourt, Cliff	51	Club Tribe-12	55.79
6	Mello, James	52	Sea Devil Swimmi-10	56.69
7	Levy, Daniel	54	Fredericksburg A-12	56.87
8	McLallen, Scott	52	Lane 4 Swimming-10	59.99
9	Joubert, Kevin	51	Merritt Marlins-9	1:00.00
10	Rubacky, Mark	54	North Carolina M-13	1:00.85
11	Fisher, Robert	51	UC09	1:01.70

55-59

1	Hiltabiddle, Steve	57	Colonials 1776-8	50.75
2	Phillips, Carr	58	District Of Colu-10	52.55
3	Segal, William	59	Jersey Area Mast-7	53.50
4	Wyckoff, Ben	59	Connecticut Mast-5	57.91
5	Hahn, Darek	57	Jersey Area Mast-7	1:02.00
6	Evans, Brian	59	Reston Masters S-10	1:06.91
7	Toy, Raymond	57	Central Maryland-9	1:11.38
8	Mills, Edward	55	Cavalier Masters-12	1:14.42

9	Harper, Bill	56	Club Tribe-12	1:15.15
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60-64

1	Keith, Algernon	63	Virginia Masters-12	57.00
2	Murphy, Richard	64	Virginia Masters-12	1:03.39
3	Moriarty, Michael	63	Cavalier Masters-12	1:04.00
4	Kammermann, Chris	61	Tide Swimming-12	1:07.32
5	Potter, Thomas	61	Georgia Masters-45	1:08.50
6	Holloway, Rex	64	Alexandria Maste-10	1:13.00
7	Armand, Gregory	60	Cavalier Masters-12	1:16.38
8	Barron, Daniel	60	Fredericksburg A-12	1:17.00
9	Karl, Steven	61	Fredericksburg A-12	1:19.81
10	Anderson, Michael	62	Freedom Aquatic-12	1:30.40
11	Speer, David	64	Virginia Masters-12	2:05.01

65-69

1	Jarosz, Mark	66	Shepherd Univers-12	1:01.20
2	Kannegieser, Robert	66	Philadelphia Fin-8	1:01.50
3	Gandee, Brad	69	UC10	1:03.00
4	Rickard, Alan	67	Palm Beach Maste-50	1:03.99
5	Denes, Thomas	66	Montgomery Ancie-10	1:05.00
6	Keyser, Brian	67	Colonials 1776-8	1:05.27

70-74

1	Bauer, Craig	71	Cavalier Masters-12	1:05.50
2	Rawley, James	70	Excel Swimming-7	1:06.00

75-79

1	Leonard, Roger	76	Montgomery Ancie-10	1:17.73
2	Tompkins, Richard	77	Maryland Masters-9	1:17.82
3	Mcquiggan, Frank	75	New England Mast-2	1:20.00
4	Romano, Vince	77	Club Tribe-12	1:20.80
5	Griffith, Lee	75	Palm Beach Maste-50	1:25.00
6	Paulson, Laurence	75	Reston Masters S-10	1:26.00
7	Berliner, Mitchell	75	DC Masters-10	1:32.31

80-84

1	Pilette, Sterling	82	Reston Masters S-10	1:45.00
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85-89

1	Gillen, Neal	86	Montgomery Ancie-10	1:43.33
2	Beattie, Cal	89	UC12	2:00.58
3	Nobbe, Nick	85	Reston Masters S-10	2:10.00

90-94

1	Manheim, Frank	93	Reston Masters S-10	2:27.00
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Event 29 Women 400 Yard IM

	Name	Age	Team	Seed Time
18-24				
1	ElzHowe, Acadia	21	Lynchburg Aquati-12	4:48.58
2	Sanfield, Katie	22	Potomac Marlin M-10	5:45.00
25-29				
1	Cubbler, Rebecca	26	Spring Valley YM-8	4:50.00
35-39				
1	Marshall, Victoria	35	Colonials 1776-8	5:19.71
2	Rose, Laura	37	Terrapin Masters-10	5:25.00
40-44				
1	Holland, Irish	43	North Carolina M-13	4:49.03
2	Stutz, Kathleen	41	Swim Fort Lauder-50	6:30.00

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Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Psych Sheet

45-49...(#29 Women 400 Yard IM)

1	Crusco, Kysa	48	New England Mast-2	5:50.19
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50-54

1	Davidson, Michelle	53	Garden State Mas-7	5:53.00
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55-59

1	Vazquez, Maria	58	North Carolina M-13	5:23.91
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60-64

1	Burke, Barbara	62	Colonials 1776-8	5:58.26
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2	Snow, Karen	64	Merritt Marlins-9	6:20.00
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3	Dickens, Susan	62	Fredericksburg A-12	7:15.00
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65-69

1	Steadman Martin, Nancy	69	Garden State Mas-7	5:55.25
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70-74

1	Loftus-Charley, Shirley	72	Cavalier Masters-12	6:10.00
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Event 30 Men 400 Yard IM

	Name	Age	Team	Seed Time
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25-29

1	Conover, Arthur	29	Patriot Masters-10	4:15.00
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2	Galarza, Daniel	26	Rutherford Maste-7	4:35.00
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30-34

1	Walker, Adam	33	Club Tribe-12	4:35.22
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2	Taggart, Ross	34	Club Tribe-12	5:20.00
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35-39

1	Dellanoce, Michael	39	North Carolina M-13	4:13.16
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2	DeShayes, Gary	39	Montgomery Ancie-10	4:40.44
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3	Duguay, Rob	38	Connecticut Mast-5	6:05.86
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40-44

1	Griffin, Brendan	40	Club Tribe-12	5:10.00
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2	Boris, Joseph	44	Spring Valley YM-8	5:19.15
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3	Cantwell, Andrew	43	Lane 4 Swimming-10	5:46.99
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45-49

1	Dion, Thomas	45	Reston Masters S-10	4:56.66
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2	Mills, Matthew	47	Georgia Masters-45	5:55.55
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50-54

1	Rubacky, Mark	54	North Carolina M-13	5:25.57
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2	Mello, James	52	Sea Devil Swimmi-10	5:39.53
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3	Levy, Daniel	54	Fredericksburg A-12	5:45.00
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4	Earle, Daniel	52	Club Tribe-12	6:06.72
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55-59

1	Hiltabiddle, Steve	57	Colonials 1776-8	6:00.00
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60-64

1	Wells, Ernie	60	Lane 4 Swimming-10	5:42.00
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2	Keith, Algernon	63	Virginia Masters-12	5:57.36
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3	Ingebretsen, Carl	62	Fredericksburg A-12	6:00.00
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65-69

1	Chambers, John	68	Agua Masters-6	5:25.00
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2	Kannegieser, Robert	66	Philadelphia Fin-8	5:40.39
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75-79

1	Tompkins, Richard	77	Maryland Masters-9	6:59.95
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2	Paulson, Laurence	75	Reston Masters S-10	8:30.00
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Event 31 Women 50 Yard Butterfly

	Name	Age	Team	Seed Time
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18-24

1	Ricci, Alice	24	Germantown Maryl-10	32.00
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2	Sanfield, Katie	22	Potomac Marlin M-10	32.00
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3	Williams, Adriana	22	University of Rh-58	33.55
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4	Michaud, Emma	18	University of Rh-58	40.00
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25-29

1	Glisan, Sarah	27	UC08	29.90
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2	Jacobs, Elyse	25	Club Tribe-12	30.57
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3	Ellsmore, Rachel	25	Fredericksburg A-12	30.84
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30-34

1	Robertson, Stephanie	30	Spring Valley YM-8	30.42
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2	Rinsma, Sarah	32	Cavalier Masters-12	35.50
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3	Stubert, Hannah	34	Alexandria Maste-10	38.00
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4	King, Molly	31	Colonials 1776-8	38.66
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5	Bates, Lindsey	30	Fredericksburg A-12	1:30.00
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35-39

1	Segovia, Vanessa	37	Reston Masters S-10	32.00
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2	Vaughan, Mason	39	Virginia Masters-12	32.43
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40-44

1	Holland, Irish	43	North Carolina M-13	28.03
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2	Grover, Mollie	43	Terrapin Masters-10	28.63
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3	Van Horn, Alaina	43	Lane 4 Swimming-10	32.55
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4	Stutz, Kathleen	41	Swim Fort Lauder-50	36.00
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45-49

1	Choe, Michele	46	Club Tribe-12	29.80
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2	Cioffi, Angela	46	Cavalier Masters-12	32.19
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3	Philpott, Kate	47	Reston Masters S-10	41.94
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50-54

1	Bass, Amy	53	Reston Masters S-10	30.00
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2	Rash, Emily	51	Steel City Aquat-11	32.59
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3	Davidson, Michelle	53	Garden State Mas-7	33.00
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4	Dalton, Wendy	53	Cavalier Masters-12	33.81
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5	Bogges, Wendi	51	Burkwood Aquatic-12	36.35
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55-59

1	Hollings, Charlotte	59	Virginia Masters-12	38.00
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2	Grenfell, Daisie	55	Virginia Masters-12	52.21
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60-64

1	Van Horn Pate, Val	61	Virginia Masters-12	30.63
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2	Burke, Barbara	62	Colonials 1776-8	34.18
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3	Sprietsma, Michele	60	Garden State Mas-7	45.00
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65-69

1	Lampe, Betty	68	Colonials 1776-8	44.97
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70-74

1	Loftus-Charley, Shirley	72	Cavalier Masters-12	37.00
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2	Walz, Susannah	72	Maryland Masters-9	42.85
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3	Atkinson, Fiona	73	New England Mast-2	48.00
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75-79

1	Webb, Linda	78	Swim Fort Lauder-50	46.54
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2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Psych Sheet

Event 32 Men 50 Yard Butterfly

Name	Age	Team	Seed Time
18-24...(#32 Men 50 Yard Butterfly)			
1 Blindenbach, Jacob	24	Club Tribe-12	22.90
2 Brukx, Peter	24	Club Tribe-12	22.97
3 Zerunyan, Marko	22	Club Tribe-12	23.50
4 Monroy, Roy	22	University of Rh-58	24.44
5 Hambly, Parker	18	University of Rh-58	25.09
6 Lang, Derek	22	Virginia Masters-12	25.50
7 DiMeglio, David	23	UC10	25.95
8 Bracewell, Ryan	22	Club Tribe-12	26.52
9 Nystrom, Jack	19	University of Rh-58	26.90
10 Zalewski, Michael	19	University of Rh-58	27.10
11 Sweeney, Conor	20	University of Rh-58	28.00
12 Langille, Andrew	20	University of Rh-58	29.79
13 Ocampo, Aidan	22	University of Rh-58	30.00
25-29			
1 Mastracci, Kevin	28	Virginia Masters-12	22.23
2 Elliott, Matthew	29	UC27	24.50
3 Chen, Roy	29	Excel Swimming-7	24.82
4 Linaburg, Jeremy	26	Club Tribe-12	25.74
5 Morrow, Alex	26	Club Tribe-12	28.50
6 Higgins, Matthew	25	Fredericksburg A-12	33.70
30-34			
1 Lee, Oliver	31	Crimzone-12	23.00
2 De Jesus, Jose	30	Terrapin Masters-10	24.56
3 Gromling, Steven	34	Virginia Masters-12	28.45
4 McQuiggan, Jacob	30	Cavalier Masters-12	29.45
5 Graf, William	34	Fredericksburg A-12	34.05
35-39			
1 Elsaesser, Evan	39	Club Tribe-12	23.36
2 Macedonia, Nicholas	37	Lane 4 Swimming-10	24.49
3 Schick, Benjamin	35	Arlington Master-10	26.20
4 Schapiro, Adam	37	Rappahannock Ymc-12	29.99
40-44			
1 Strahota, Jeffrey	43	Terrapin Masters-10	27.72
45-49			
1 Bell, David	48	Club Tribe-12	25.38
2 McNeil, Robert	48	Reston Masters S-10	26.70
3 Burch, Timothy	45	UC10	27.02
4 Adkins, Dana	47	Club Tribe-12	29.96
5 Houchins, Bradford	46	Spring Valley YM-8	30.00
6 Gwilliam, Glenn	45	Reston Masters S-10	32.00
50-54			
1 Gross, Jeremy	52	Spring Valley YM-8	24.18
2 Rees, Greg	54	Spring Valley YM-8	24.36
3 Goodison, Michael	52	Terrapin Masters-10	26.95
4 Harbourt, Cliff	51	Club Tribe-12	27.10
5 Levy, Daniel	54	Fredericksburg A-12	29.00
6 Baker, Patrick	51	Lane 4 Swimming-10	31.70
55-59			
1 Hiltabiddle, Steve	57	Colonials 1776-8	24.50
2 Williams, Neill	56	District Of Colu-10	25.88
3 Ruckdeschel, Jonathan	55	Club Tribe-12	26.01

4 Segal, William	59	Jersey Area Mast-7	26.50
5 Wyckoff, Ben	59	Connecticut Mast-5	26.86
6 Ellis, Brian	56	Lane 4 Swimming-10	28.67
7 Hahn, Darek	57	Jersey Area Mast-7	30.00
8 Sushkoff, George	58	Virginia Masters-12	35.40
9 Evans, Brian	59	Reston Masters S-10	35.53
10 Toy, Raymond	57	Central Maryland-9	38.05
60-64			
1 Hellmann, Ralph	62	Sarasota Sharks-14	27.22
2 de Jesus, Jose	63	North Carolina M-13	29.92
3 Murphy, Richard	64	Virginia Masters-12	31.16
4 McGroarty, Patrick	60	Fredericksburg A-12	33.99
5 Potter, Thomas	61	Georgia Masters-45	35.50
6 Barron, Daniel	60	Fredericksburg A-12	40.00
65-69			
1 Slater, Douglas	66	Club Tribe-12	29.00
2 Kannegieser, Robert	66	Philadelphia Fin-8	30.50
3 Jarosz, Mark	66	Shepherd Unvers-12	32.20
4 Rickard, Alan	67	Palm Beach Maste-50	35.99
5 Sulik, William	65	UC10	1:08.00
70-74			
1 Rawley, James	70	Excel Swimming-7	30.50
2 Shannon, Dennis	70	Cavalier Masters-12	31.30
3 Dougherty, Stephen	72	Colonials 1776-8	33.72
4 Dearfield, Kerry	71	Lane 4 Swimming-10	34.50
75-79			
1 Tompkins, Richard	77	Maryland Masters-9	37.75
2 Paulson, Laurence	75	Reston Masters S-10	47.35
80-84			
1 Pilette, Sterling	82	Reston Masters S-10	1:00.00

Event 33 Women 100 Yard Backstroke

Name	Age	Team	Seed Time
18-24			
1 ElzHowe, Acadia	21	Lynchburg Aquati-12	1:04.53
2 Trevorow, Julia	22	University of Rh-58	1:06.00
3 Littlepage, Madison	24	Club Tribe-12	1:15.27
4 Ricci, Alice	24	Germantown Maryl-10	1:16.82
5 Sanfield, Katie	22	Potomac Marlin M-10	1:20.00
6 Carvalho, Jocelyn	19	University of Rh-58	1:25.20
25-29			
1 Keller, Claudia	25	Fredericksburg A-12	1:05.00
2 Glisan, Sarah	27	UC08	1:10.00
30-34			
1 King, Molly	31	Colonials 1776-8	1:17.98
40-44			
1 Van Horn, Alaina	43	Lane 4 Swimming-10	1:14.02
45-49			
1 Crusco, Kysa	48	New England Mast-2	1:15.12
50-54			
1 Davidson, Michelle	53	Garden State Mas-7	1:08.49
2 Rash, Emily	51	Steel City Aquat-11	1:08.61
3 Ihrig, Ylva	54	Lane 4 Swimming-10	1:19.00
4 Boggess, Wendi	51	Burkwood Aquatic-12	1:20.93

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55-59...(#33 Women 100 Yard Backstroke)

1	Buscaglia, Caycee	59	Virginia Masters-12	1:17.10
2	Hollings, Charlotte	59	Virginia Masters-12	1:35.00

60-64

1	Van Horn Pate, Val	61	Virginia Masters-12	1:12.01
2	Brightwell, Kim	64	Reston Masters S-10	1:16.48
3	Meggison, Pania	63	Cavalier Masters-12	1:58.00

65-69

1	Steadman Martin, Nancy	69	Garden State Mas-7	1:18.50
2	Clute, Meg	68	Cavalier Masters-12	1:30.61

70-74

1	Pfinsgraff, Joan	70	Maryland Masters-9	1:14.00
2	Loftus-Charley, Shirley	72	Cavalier Masters-12	1:23.00
3	Kirwan, Denise	72	Reston Masters S-10	1:24.00
4	Wolff, Melinda	71	Colonials 1776-8	1:45.00

75-79

1	Burns, Suzi	76	Cavalier Masters-12	2:09.74
2	Bachman, Martha	75	Cavalier Masters-12	2:33.24

Event 34 Men 100 Yard Backstroke

Name	Age	Team	Seed Time
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18-24

1	Marsh, Matthew	24	Spring Valley YM-8	56.00
2	Capen, Zachary	20	University of Rh-58	57.52
3	Wu, Timothy Dorje	24	Club Tribe-12	1:02.00
4	Zalewski, Michael	19	University of Rh-58	1:02.10

25-29

1	Kettlewell-Sites, Sam	26	Club Tribe-12	49.48
2	Chen, Roy	29	Excel Swimming-7	58.86
3	Morrow, Alex	26	Club Tribe-12	59.80
4	Knapik, Chad	25	Virginia Masters-12	1:02.00

30-34

1	Garrity, Anthony	33	UC02	1:09.78
2	Graf, William	34	Fredericksburg A-12	1:22.65

35-39

1	Taylor, Tim	37	Alexandria Maste-10	1:08.11
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40-44

1	Strahota, Jeffrey	43	Terrapin Masters-10	1:03.01
2	Griffin, Brendan	40	Club Tribe-12	1:04.56
3	Buckner, Michael	43	Alexandria Maste-10	1:06.50

45-49

1	Bell, David	48	Club Tribe-12	57.98
2	Rockwell, John	49	Club Tribe-12	1:01.50

50-54

1	Rees, Greg	54	Spring Valley YM-8	57.59
2	Robertson, John	52	Spring Valley YM-8	58.25
3	Mirt, Chad	50	Club Tribe-12	1:03.00
4	Earle, Daniel	52	Club Tribe-12	1:09.52
5	Mello, James	52	Sea Devil Swimmi-10	1:14.30
6	Rubacky, Mark	54	North Carolina M-13	1:15.62

55-59

1	Phillips, Carr	58	District Of Colu-10	1:03.08
2	Ruckdeschel, Jonathan	55	Club Tribe-12	1:05.00
3	Hahn, Darek	57	Jersey Area Mast-7	1:15.00

4	Evans, Brian	59	Reston Masters S-10	1:18.16
5	Toy, Raymond	57	Central Maryland-9	1:34.92

60-64

1	Ingebretsen, Carl	62	Fredericksburg A-12	1:14.00
2	Barron, Daniel	60	Fredericksburg A-12	1:30.00
3	McGowan, Thomas	63	UC12	1:32.00
4	Linehan, Sean	63	Lane 4 Swimming-10	1:35.00
5	Karl, Steven	61	Fredericksburg A-12	1:35.70

65-69

1	Slater, Douglas	66	Club Tribe-12	1:05.10
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70-74

1	Wardle, William	72	Cavalier Masters-12	1:11.72
2	Miller, James	73	Virginia Masters-12	1:48.00

75-79

1	Leonard, Roger	76	Montgomery Ancie-10	1:28.13
2	Paulson, Laurence	75	Reston Masters S-10	1:38.16

85-89

1	Gillen, Neal	86	Montgomery Ancie-10	2:08.28
2	Gerson, Gordon	87	Reston Masters S-10	2:48.07
3	Nobbe, Nick	85	Reston Masters S-10	3:00.00

Event 35 Women 200 Yard Breaststroke

Name	Age	Team	Seed Time
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30-34

1	Stubert, Hannah	34	Alexandria Maste-10	3:00.61
2	Bates, Lindsey	30	Fredericksburg A-12	5:00.00

50-54

1	Davidson, Michelle	53	Garden State Mas-7	3:15.00
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55-59

1	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	3:30.51
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60-64

1	Burke, Barbara	62	Colonials 1776-8	3:07.18
2	Miller, Patricia	63	Virginia Masters-12	3:15.00
3	Snow, Karen	64	Merritt Marlins-9	3:20.00
4	Dickens, Susan	62	Fredericksburg A-12	4:00.00

65-69

1	Steadman Martin, Nancy	69	Garden State Mas-7	3:20.50
2	Blair-fleetwood, Janet	65	UC12	3:41.45
3	Hood, Patricia	68	Colonials 1776-8	3:49.60

70-74

1	Loftus-Charley, Shirley	72	Cavalier Masters-12	3:25.00
2	Walz, Susannah	72	Maryland Masters-9	3:45.96
3	Boslego, Barbara	72	Virginia Masters-12	3:47.29
4	Merena, Elizabeth	71	UC06	3:54.52

75-79

1	Webb, Linda	78	Swim Fort Lauder-50	4:08.41
2	Burns, Suzi	76	Cavalier Masters-12	4:55.20
3	Johnston, Jennifer	76	Lane 4 Swimming-10	7:59.90

Event 36 Men 200 Yard Breaststroke

Name	Age	Team	Seed Time
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18-24

1	Nitkiewicz, Travis	22	Club Tribe-12	2:15.00
2	Izadpanah, Mason	24	UC10	2:25.00
3	Lang, Derek	22	Virginia Masters-12	2:25.00

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18-24...(#36 Men 200 Yard Breaststroke)

4	McQuesten, Casey	20	University of Rh-58	2:30.94
30-34				
1	McQuiggan, Jacob	30	Cavalier Masters-12	2:25.63
2	Izadpanah, Kevin	31	UC10	3:00.00
35-39				
1	Duguay, Rob	38	Connecticut Mast-5	3:10.23
40-44				
1	Somensatto, Jason	42	Club Tribe-12	2:30.05
2	Boris, Joseph	44	Spring Valley YM-8	2:46.71
3	Cantwell, Andrew	43	Lane 4 Swimming-10	3:04.98
45-49				
1	Gowetski, Dan	46	Club Tribe-12	2:25.69
50-54				
1	Goodison, Michael	52	Terrapin Masters-10	2:29.70
2	Rubacky, Mark	54	North Carolina M-13	2:45.86
55-59				
1	Williams, Neill	56	District Of Colu-10	2:31.88
2	Kimball, Joe	55	Club Tribe-12	3:08.60
60-64				
1	Keith, Algernon	63	Virginia Masters-12	2:54.00
2	Ledwith, Brian	64	Colonials 1776-8	3:05.07
65-69				
1	Keyser, Brian	67	Colonials 1776-8	2:40.00
2	Kannegieser, Robert	66	Philadelphia Fin-8	2:45.00
70-74				
1	Dougherty, Stephen	72	Colonials 1776-8	3:10.67
2	Bauer, Craig	71	Cavalier Masters-12	3:15.50
75-79				
1	Paulson, Laurence	75	Reston Masters S-10	3:00.00
85-89				
1	Gerson, Gordon	87	Reston Masters S-10	8:58.97

Event 41 Women 200 Yard Butterfly

	Name	Age	Team	Seed Time
18-24				
1	ElzHowe, Acadia	21	Lynchburg Aquati-12	2:08.89
30-34				
1	Jimeno, Amanda	31	Poseidon Masters-12	3:00.00
35-39				
1	Marshall, Victoria	35	Colonials 1776-8	2:25.81
40-44				
1	Stutz, Kathleen	41	Swim Fort Lauder-50	3:15.00
45-49				
1	Congdon, Heather	45	Germantown Maryl-10	2:26.52
50-54				
1	Davidson, Michelle	53	Garden State Mas-7	2:52.00
55-59				
1	Vazquez, Maria	58	North Carolina M-13	3:05.00
65-69				
1	Steadman Martin, Nancy	69	Garden State Mas-7	2:52.50
2	Lampe, Betty	68	Colonials 1776-8	4:05.37

Event 42 Men 200 Yard Butterfly

	Name	Age	Team	Seed Time
18-24				
1	Wu, Timothy Dorje	24	Club Tribe-12	2:10.00
2	Major, Kyle	24	Club Tribe-12	2:15.00
25-29				
1	Conover, Arthur	29	Patriot Masters-10	2:00.00
30-34				
1	Taggart, Ross	34	Club Tribe-12	2:30.00
35-39				
1	Dellanoce, Michael	39	North Carolina M-13	2:01.94
2	Schick, Benjamin	35	Arlington Master-10	2:14.99
3	Duguay, Rob	38	Connecticut Mast-5	3:17.46
45-49				
1	Adkins, Dana	47	Club Tribe-12	2:29.67
50-54				
1	Harbourt, Cliff	51	Club Tribe-12	2:32.91
2	Rubacky, Mark	54	North Carolina M-13	2:47.57
55-59				
1	Wyckoff, Ben	59	Connecticut Mast-5	2:38.53
2	Hiltabiddle, Steve	57	Colonials 1776-8	2:50.00
60-64				
1	Ingebretsen, Carl	62	Fredericksburg A-12	2:52.94
2	Wells, Ernie	60	Lane 4 Swimming-10	2:54.00
3	McGroarty, Patrick	60	Fredericksburg A-12	3:34.00
65-69				
1	Chambers, John	68	Agua Masters-6	2:30.00
2	Sulik, William	65	UC10	5:14.00
75-79				
1	Tompkins, Richard	77	Maryland Masters-9	3:45.36
2	Paulson, Laurence	75	Reston Masters S-10	4:15.59

Event 43 Women 50 Yard Breaststroke

	Name	Age	Team	Seed Time
18-24				
1	Trevorrow, Julia	22	University of Rh-58	33.00
2	Negi, Bhavya	20	University of Rh-58	44.30
3	Wallitsch, Megan	19	University of Rh-58	44.34
25-29				
1	Franklin, Morgan	26	Rutherford Maste-7	39.00
2	Glisan, Sarah	27	UC08	45.00
30-34				
1	Bates, Lindsey	30	Fredericksburg A-12	1:30.00
35-39				
1	Vaughan, Mason	39	Virginia Masters-12	36.82
2	Rose, Laura	37	Terrapin Masters-10	37.65
45-49				
1	Swain, Jayme	49	Virginia Masters-12	37.88
2	Cioffi, Angela	46	Cavalier Masters-12	39.36
3	Philpott, Kate	47	Reston Masters S-10	44.35
50-54				
1	Dalton, Wendy	53	Cavalier Masters-12	41.58
2	Bogges, Wendi	51	Burkwood Aquatic-12	41.65

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50-54...(#43 Women 50 Yard Breaststroke)

3	Davidson, Michelle	53	Garden State Mas-7	45.00
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55-59

1	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	42.37
2	Hollings, Charlotte	59	Virginia Masters-12	48.00
3	Bond, Lisa	55	Cavalier Masters-12	48.64
4	Bowman, Branka	58	Lane 4 Swimming-10	53.27
5	Grenfell, Daisie	55	Virginia Masters-12	54.31

60-64

1	Miller, Patricia	63	Virginia Masters-12	38.52
2	Brightwell, Kim	64	Reston Masters S-10	40.90
3	Dickens, Susan	62	Fredericksburg A-12	45.20
4	Sprietsma, Michele	60	Garden State Mas-7	46.20
5	May, Julia	60	Cavalier Masters-12	54.24

65-69

1	Blair-fleetwood, Janet	65	UC12	48.19
2	Hood, Patricia	68	Colonials 1776-8	48.69
3	Rogers, Phyllis	67	Freedom Aquatic-12	1:00.06

70-74

1	Wolff, Melinda	71	Colonials 1776-8	40.20
2	Kirwan, Denise	72	Reston Masters S-10	43.00
3	Merena, Elizabeth	71	UC06	43.75
4	Walz, Susannah	72	Maryland Masters-9	45.84
5	Atkinson, Fiona	73	New England Mast-2	47.00
6	Buften, Evelyn	73	Cavalier Masters-12	52.20

75-79

1	Webb, Linda	78	Swim Fort Lauder-50	50.26
2	Burns, Suzi	76	Cavalier Masters-12	1:04.38

80-84

1	Berg, Patricia	80	UC10	2:00.00
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Event 44 Men 50 Yard Breaststroke

	Name	Age	Team	Seed Time
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18-24

1	Nitkiewicz, Travis	22	Club Tribe-12	26.50
2	Bracewell, Ryan	22	Club Tribe-12	27.33
3	Monroy, Roy	22	University of Rh-58	28.80
4	DiMeglio, David	23	UC10	28.99
5	McQuesten, Casey	20	University of Rh-58	29.32
6	Izadpanah, Mason	24	UC10	30.00
7	Sweeney, Conor	20	University of Rh-58	30.00
8	Kelly, Luke	18	University of Rh-58	31.55
9	Nystrom, Jack	19	University of Rh-58	32.00
10	Stevens, Finley	18	University of Rh-58	32.58

25-29

1	Mastracci, Kevin	28	Virginia Masters-12	28.00
2	Linaburg, Jeremy	26	Club Tribe-12	28.20
3	Chen, Roy	29	Excel Swimming-7	31.12
4	Knapik, Chad	25	Virginia Masters-12	33.00
5	Higgins, Matthew	25	Fredericksburg A-12	38.24

30-34

1	Katis, Chuck	31	Club Tribe-12	26.00
2	De Jesus, Jose	30	Terrapin Masters-10	26.93
3	Wolfe, Ryan	31	Patriot Masters-10	28.26
4	McQuiggan, Jacob	30	Cavalier Masters-12	29.34
5	Gromling, Steven	34	Virginia Masters-12	29.88

6	Kirchessner, Richard	34	Rappahannock Ymc-12	33.67
7	Tendolkar, Gaurav	32	Reston Masters S-10	38.00
8	Malony, Shawn	34	Fredericksburg A-12	40.00

35-39

1	Macedonia, Nicholas	37	Lane 4 Swimming-10	27.75
2	Schapiro, Adam	37	Rappahannock Ymc-12	34.50

40-44

1	Somensatto, Jason	42	Club Tribe-12	30.34
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45-49

1	Williams, Rich	48	Club Tribe-12	28.88
2	Houchins, Bradford	46	Spring Valley YM-8	28.99
3	Gowetski, Dan	46	Club Tribe-12	29.69
4	Rockwell, John	49	Club Tribe-12	33.50
5	Gwilliam, Glenn	45	Reston Masters S-10	35.00
6	McNeil, Robert	48	Reston Masters S-10	35.24

50-54

1	Gross, Jeremy	52	Spring Valley YM-8	29.73
2	Goodison, Michael	52	Terrapin Masters-10	30.12
3	Mello, James	52	Sea Devil Swimmi-10	35.92
4	Levy, Daniel	54	Fredericksburg A-12	37.88

55-59

1	Williams, Neill	56	District Of Colu-10	28.88
2	Ruckdeschel, Jonathan	55	Club Tribe-12	31.78
3	Hiltabiddle, Steve	57	Colonials 1776-8	35.35
4	Mills, Edward	55	Cavalier Masters-12	50.00

60-64

1	Hellmann, Ralph	62	Sarasota Sharks-14	30.63
2	Laiti, Chris	63	Sarasota Sharks-14	34.00
3	Ledwith, Brian	64	Colonials 1776-8	36.99
4	Potter, Thomas	61	Georgia Masters-45	38.00
5	McGowan, Thomas	63	UC12	46.00

65-69

1	Keyser, Brian	67	Colonials 1776-8	31.47
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70-74

1	Bauer, Craig	71	Cavalier Masters-12	38.20
2	Dougherty, Stephen	72	Colonials 1776-8	38.84

75-79

1	Leonard, Roger	76	Montgomery Ancie-10	45.00
2	Weiner, Robert	77	UC10	1:35.00

80-84

1	Pilette, Sterling	82	Reston Masters S-10	1:12.00
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85-89

1	Gerson, Gordon	87	Reston Masters S-10	1:58.64
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Event 45 Women 200 Yard Freestyle

	Name	Age	Team	Seed Time
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18-24

1	ElzHowe, Acadia	21	Lynchburg Aquati-12	2:01.01
2	Littlepage, Madison	24	Club Tribe-12	2:14.00
3	Ricci, Alice	24	Germantown Maryl-10	2:18.53
4	Wallitsch, Megan	19	University of Rh-58	2:30.00

25-29

1	Cubbler, Rebecca	26	Spring Valley YM-8	1:57.00
2	Keller, Claudia	25	Fredericksburg A-12	2:10.00

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25-29...(#45 Women 200 Yard Freestyle)

3	Jacobs, Elyse	25	Club Tribe-12	2:17.32
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30-34

1	Robertson, Stephanie	30	Spring Valley YM-8	2:15.21
2	Rinsma, Sarah	32	Cavalier Masters-12	2:19.87
3	Bates, Lindsey	30	Fredericksburg A-12	3:31.63

35-39

1	Marshall, Victoria	35	Colonials 1776-8	2:08.12
2	Vaughan, Mason	39	Virginia Masters-12	2:19.73

45-49

1	Crusco, Kysa	48	New England Mast-2	2:12.84
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50-54

1	Bass, Amy	53	Reston Masters S-10	2:20.00
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55-59

1	Vazquez, Maria	58	North Carolina M-13	2:17.50
2	Lipstreuwer, Marilyn	58	Brian Lee Ohana-39	2:30.78
3	Bond, Lisa	55	Cavalier Masters-12	2:38.45

60-64

1	Speer, Nancy	61	Virginia Masters-12	2:38.98
2	Dickens, Susan	62	Fredericksburg A-12	2:43.85
3	May, Julia	60	Cavalier Masters-12	3:14.80

65-69

1	Steadman Martin, Nancy	69	Garden State Mas-7	2:22.50
2	Hood, Patricia	68	Colonials 1776-8	2:49.35
3	Lampe, Betty	68	Colonials 1776-8	3:02.72
4	Grilli, Tracy	67	New England Mast-2	3:15.00
5	Rogers, Phyllis	67	Freedom Aquatic-12	3:38.25

70-74

1	Pfinsgraff, Joan	70	Maryland Masters-9	2:25.00
2	Loftus-Charley, Shirley	72	Cavalier Masters-12	2:28.00

75-79

1	Bachman, Martha	75	Cavalier Masters-12	4:59.51
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80-84

1	Berg, Patricia	80	UC10	7:00.00
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Event 46 Men 200 Yard Freestyle

	Name	Age	Team	Seed Time
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18-24

1	Lang, Derek	22	Virginia Masters-12	1:51.00
2	Major, Kyle	24	Club Tribe-12	1:55.99

25-29

1	Conover, Arthur	29	Patriot Masters-10	1:48.00
2	Galarza, Daniel	26	Rutherford Maste-7	1:56.00
3	Morrow, Alex	26	Club Tribe-12	2:00.00

30-34

1	Wolfe, Ryan	31	Patriot Masters-10	1:58.00
2	Garrity, Anthony	33	UC02	2:11.00
3	McQuiggan, Jacob	30	Cavalier Masters-12	2:12.00
4	Izadpanah, Kevin	31	UC10	2:40.00
5	Graf, William	34	Fredericksburg A-12	2:40.54

35-39

1	Dellanoce, Michael	39	North Carolina M-13	1:47.39
2	Taylor, Tim	37	Alexandria Maste-10	2:13.12
3	Duguay, Rob	38	Connecticut Mast-5	2:20.12

40-44

1	Hildebrand, David	43	Club Tribe-12	1:50.33
2	Strahota, Jeffrey	43	Terrapin Masters-10	2:01.02
3	Griffin, Brendan	40	Club Tribe-12	2:08.62
4	Buckner, Michael	43	Alexandria Maste-10	2:10.00
5	Boris, Joseph	44	Spring Valley YM-8	2:12.00

45-49

1	Hanneschlager, Michael	49	UC10	2:24.95
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50-54

1	Gross, Jeremy	52	Spring Valley YM-8	1:57.50
2	Ruback, Mark	54	North Carolina M-13	2:07.95
3	Rees, Greg	54	Spring Valley YM-8	2:15.00
4	Levy, Daniel	54	Fredericksburg A-12	2:22.49

55-59

1	Phillips, Carr	58	District Of Colu-10	2:01.97
2	Wyckoff, Ben	59	Connecticut Mast-5	2:16.26
3	Sushkoff, George	58	Virginia Masters-12	2:20.00
4	Kimball, Joe	55	Club Tribe-12	2:21.12
5	Mills, Edward	55	Cavalier Masters-12	2:38.83
6	Harper, Bill	56	Club Tribe-12	3:00.00

60-64

1	Ledwith, Brian	64	Colonials 1776-8	2:18.57
2	de Jesus, Jose	63	North Carolina M-13	2:20.00
3	Ingebretsen, Carl	62	Fredericksburg A-12	2:26.06
4	Kammermann, Chris	61	Tide Swimming-12	2:37.20
5	Armand, Gregory	60	Cavalier Masters-12	2:52.40
6	Speer, David	64	Virginia Masters-12	4:30.01

65-69

1	Chambers, John	68	Agua Masters-6	2:07.00
2	Kannegieser, Robert	66	Philadelphia Fin-8	2:11.00
3	Jarosz, Mark	66	Shepherd Univers-12	2:18.70
4	Rickard, Alan	67	Palm Beach Maste-50	2:34.99

70-74

1	Bauer, Craig	71	Cavalier Masters-12	2:35.50
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75-79

1	Romano, Vince	77	Club Tribe-12	2:54.64
2	Mcquiggan, Frank	75	New England Mast-2	3:00.00
3	Tompkins, Richard	77	Maryland Masters-9	3:00.67

80-84

1	Pilette, Sterling	82	Reston Masters S-10	4:15.00
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85-89

1	Gillen, Neal	86	Montgomery Ancie-10	4:07.70
2	Nobbe, Nick	85	Reston Masters S-10	4:30.00
3	Beattie, Cal	89	UC12	4:31.13

Event 47 Women 100 Yard IM

	Name	Age	Team	Seed Time
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18-24

1	Trevorrow, Julia	22	University of Rh-58	1:09.00
2	Michaud, Emma	18	University of Rh-58	1:13.00
3	Williams, Adriana	22	University of Rh-58	1:15.55

25-29

1	Franklin, Morgan	26	Rutherford Maste-7	1:09.00
2	Jacobs, Elyse	25	Club Tribe-12	1:11.25

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25-29...(#47 Women 100 Yard IM)

3	Glisan, Sarah	27	UC08	1:12.00
4	Ellsmore, Rachel	25	Fredericksburg A-12	1:15.00

30-34

1	Rinsma, Sarah	32	Cavalier Masters-12	1:14.37
2	Bates, Lindsey	30	Fredericksburg A-12	2:00.00

35-39

1	Vaughan, Mason	39	Virginia Masters-12	1:11.35
2	Rose, Laura	37	Terrapin Masters-10	1:11.65
3	Segovia, Vanessa	37	Reston Masters S-10	1:12.00

40-44

1	Van Horn, Alaina	43	Lane 4 Swimming-10	1:15.40
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45-49

1	Swain, Jayme	49	Virginia Masters-12	1:13.75
2	Crusco, Kysa	48	New England Mast-2	1:15.76
3	Ciolfi, Angela	46	Cavalier Masters-12	1:15.80

50-54

1	Rash, Emily	51	Steel City Aquat-11	1:15.56
2	Bogges, Wendi	51	Burkwood Aquatic-12	1:21.56
3	Dalton, Wendy	53	Cavalier Masters-12	1:24.09

55-59

1	Hollings, Charlotte	59	Virginia Masters-12	1:15.00
2	Lipstreuwer, Marilyn	58	Brian Lee Ohana-39	1:18.60
3	Bowman, Branka	58	Lane 4 Swimming-10	1:43.78
4	Grenfell, Daisie	55	Virginia Masters-12	1:46.04

60-64

1	Van Horn Pate, Val	61	Virginia Masters-12	1:12.77
2	Brightwell, Kim	64	Reston Masters S-10	1:18.01
3	Snow, Karen	64	Merritt Marlins-9	1:24.00
4	Miller, Patricia	63	Virginia Masters-12	1:25.00
5	Dickens, Susan	62	Fredericksburg A-12	1:28.94
6	Mackall, Suni	61	Club Tribe-12	1:30.43
7	Sprietsma, Michele	60	Garden State Mas-7	1:45.00

65-69

1	Clute, Meg	68	Cavalier Masters-12	1:33.59
2	Lampe, Betty	68	Colonials 1776-8	1:40.90
3	Hood, Patricia	68	Colonials 1776-8	1:41.50
4	Williams, Diana	69	Cavalier Masters-12	2:00.00

70-74

1	Loftus-Charley, Shirley	72	Cavalier Masters-12	1:23.00
2	Wolff, Melinda	71	Colonials 1776-8	1:23.22
3	Kirwan, Denise	72	Reston Masters S-10	1:24.00
4	Boslego, Barbara	72	Virginia Masters-12	1:34.02
5	Walz, Susannah	72	Maryland Masters-9	1:35.16
6	Atkinson, Fiona	73	New England Mast-2	1:39.00

75-79

1	Webb, Linda	78	Swim Fort Lauder-50	1:41.22
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Event 48 Men 100 Yard IM

Name	Age	Team	Seed Time	
18-24				
1	Zerunyan, Marko	22	Club Tribe-12	53.78
2	Brukx, Peter	24	Club Tribe-12	54.91
3	Nitkiewicz, Travis	22	Club Tribe-12	55.00
4	Blindenbach, Jacob	24	Club Tribe-12	55.17
5	McQuesten, Casey	20	University of Rh-58	1:00.92

6	Sweeney, Conor	20	University of Rh-58	1:03.00
7	Capen, Zachary	20	University of Rh-58	1:04.00
8	Nystrom, Jack	19	University of Rh-58	1:04.00
9	Hambly, Parker	18	University of Rh-58	1:05.00
10	Zalewski, Michael	19	University of Rh-58	1:05.10
11	Kelly, Luke	18	University of Rh-58	1:07.67

25-29

1	Mastracci, Kevin	28	Virginia Masters-12	51.39
2	Chen, Roy	29	Excel Swimming-7	57.67
3	Elliott, Matthew	29	UC27	58.00
4	Linaburg, Jeremy	26	Club Tribe-12	59.57
5	Knapik, Chad	25	Virginia Masters-12	1:01.00
6	Morrow, Alex	26	Club Tribe-12	1:04.50
7	Higgins, Matthew	25	Fredericksburg A-12	1:18.30

30-34

1	Lee, Oliver	31	Crimzone-12	57.00
2	McQuiggan, Jacob	30	Cavalier Masters-12	1:01.46
3	Wolfe, Ryan	31	Patriot Masters-10	1:01.97
4	Garrity, Anthony	33	UC02	1:08.42
5	Kirchgessner, Richard	34	Rappahannock Ymc-12	1:12.50

35-39

1	Dellanoce, Michael	39	North Carolina M-13	54.80
2	Macedonia, Nicholas	37	Lane 4 Swimming-10	1:00.34
3	Schapiro, Adam	37	Rappahannock Ymc-12	1:10.75

40-44

1	Strahota, Jeffrey	43	Terrapin Masters-10	1:03.01
2	Griffin, Brendan	40	Club Tribe-12	1:07.87
3	Boris, Joseph	44	Spring Valley YM-8	1:09.90
4	Cantwell, Andrew	43	Lane 4 Swimming-10	1:11.90

45-49

1	Bell, David	48	Club Tribe-12	58.48
2	Rockwell, John	49	Club Tribe-12	1:01.50
3	Adkins, Dana	47	Club Tribe-12	1:07.69
4	Gwilliam, Glenn	45	Reston Masters S-10	1:10.00

50-54

1	Robertson, John	52	Spring Valley YM-8	1:01.25
2	Mello, James	52	Sea Devil Swimmi-10	1:07.87
3	Rubacky, Mark	54	North Carolina M-13	1:08.25
4	Levy, Daniel	54	Fredericksburg A-12	1:14.39
5	Baker, Patrick	51	Lane 4 Swimming-10	1:19.01

55-59

1	Williams, Neill	56	District Of Colu-10	58.98
2	Ruckdeschel, Jonathan	55	Club Tribe-12	1:00.48
3	Hiltabiddle, Steve	57	Colonials 1776-8	1:01.00
4	Wyckoff, Ben	59	Connecticut Mast-5	1:05.31
5	Ellis, Brian	56	Lane 4 Swimming-10	1:07.09
6	Hahn, Darek	57	Jersey Area Mast-7	1:09.00
7	Killian, Jeffrey	56	Lane 4 Swimming-10	1:27.30
8	Toy, Raymond	57	Central Maryland-9	1:29.63

60-64

1	Wells, Ernie	60	Lane 4 Swimming-10	1:13.00
2	Murphy, Richard	64	Virginia Masters-12	1:13.88
3	Ingebretsen, Carl	62	Fredericksburg A-12	1:14.81
4	Potter, Thomas	61	Georgia Masters-45	1:17.50
5	McGowan, Thomas	63	UC12	1:33.00

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024**Jeff Rouse Swim & Sport Center, Sanction #: 124-S002****Psych Sheet****60-64...(#48 Men 100 Yard IM)**

6	Barron, Daniel	60	Fredericksburg A-12	1:40.00
7	Armand, Gregory	60	Cavalier Masters-12	1:42.00
8	Karl, Steven	61	Fredericksburg A-12	1:50.00

65-69

1	Keyser, Brian	67	Colonials 1776-8	1:08.14
2	Slater, Douglas	66	Club Tribe-12	1:08.90
3	Jarosz, Mark	66	Shepherd Univers-12	1:18.40
4	Rickard, Alan	67	Palm Beach Maste-50	1:22.99

70-74

1	Wardle, William	72	Cavalier Masters-12	1:14.73
2	Rawley, James	70	Excel Swimming-7	1:16.21
3	Dougherty, Stephen	72	Colonials 1776-8	1:17.50
4	Shannon, Dennis	70	Cavalier Masters-12	1:20.50
5	Miller, James	73	Virginia Masters-12	1:42.00
6	Crane, John	72	Cavalier Masters-12	1:45.00

75-79

1	Tompkins, Richard	77	Maryland Masters-9	1:28.07
2	Leonard, Roger	76	Montgomery Ancie-10	1:33.00
3	Mcquiggan, Frank	75	New England Mast-2	1:45.00
4	Paulson, Laurence	75	Reston Masters S-10	1:50.00

80-84

1	Pilette, Sterling	82	Reston Masters S-10	2:25.00
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