

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Program

Event 1 Mixed 1000 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1				
2				
3	Paulson, Laurence	M75	Reston Masters S-10	24:00.00
4	Bates, Lindsey	W30	Fredericksburg A-12	19:00.00
5	Grenfell, Daisie	W55	Virginia Masters-12	20:00.00
6				
7				
8				

Heat 2 of 4 Finals

1	Webb, Linda	W78	Swim Fort Lauder-50	17:46.69
2	Dickens, Susan	W62	Fredericksburg A-12	16:50.00
3	Tompkins, Richard	M77	Maryland Masters-9	15:57.93
4	Grilli, Tracy	W67	New England Mast-2	15:00.00
5	Speer, Nancy	W61	Virginia Masters-12	15:12.28
6	Stubert, Hannah	W34	Alexandria Maste-10	16:00.00
7	Tendolkar, Gaurav	M32	Reston Masters S-10	17:00.00
8	Shand, Stephanie	W25	Fredericksburg A-12	19:00.00

Heat 3 of 4 Finals

1	Houchins, Bradford	M46	Spring Valley YM-8	14:00.00
2	Ingebretsen, Carl	M62	Fredericksburg A-12	13:46.79
3	Wei, Laurie	W29	Club Tribe-12	13:30.00
4	Loftus-Charley, Shirley	W72	Cavalier Masters-12	13:23.00
5	Lang, Anita	W56	North Carolina M-13	13:25.00
6	Bond, Lisa	W55	Cavalier Masters-12	13:40.15
7	Levy, Daniel	M54	Fredericksburg A-12	14:00.00
8	Mills, Edward	M55	Cavalier Masters-12	14:29.18

Heat 4 of 4 Finals

1	Mello, James	M52	Sea Devil Swimmi-10	12:24.06
2	Boris, Joseph	M44	Spring Valley YM-8	12:10.00
3	Congdon, Heather	W45	Germantown Maryl-10	11:50.00
4	McQuesten, Casey	M20	University of Rh-58	10:59.15
5	Griffin, Brendan	M40	Club Tribe-12	11:42.08
6	Feinberg, Matthew	M48	Patriot Masters-10	12:02.65
7	Maidenberg, Eve	W47	Agua Masters-6	12:10.94
8	Robertson, Stephanie	W30	Spring Valley YM-8	12:52.94

Event 3 Mixed 1650 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Cubbler, Rebecca	W26	Spring Valley YM-8	20:00.00
2	Rubacky, Mark	M54	North Carolina M-13	19:23.63
3	Thomas, Sean	M40	Maryland Masters-9	18:31.38
4	Hildebrand, David	M43	Club Tribe-12	18:00.48
5	Dion, Thomas	M45	Reston Masters S-10	18:04.26
6	Walker, Adam	M33	Club Tribe-12	18:48.13
7	Chambers, John	M68	Agua Masters-6	19:55.00
8	Locke, Christian	M26	Lane 4 Swimming-10	20:00.00

Heat 2 of 4 Finals

1	Joubert, Kevin	M51	Merritt Marlins-9	22:10.00
2	Duguay, Rob	M38	Connecticut Mast-5	21:46.96
3	Jacobs, Elyse	W25	Club Tribe-12	20:30.00
4	Crusco, Kysa	W48	New England Mast-2	20:10.30
5	Kannegieser, Robert	M66	Philadelphia Fin-8	20:18.65
6	Steadman Martin, Nancy	W69	Garden State Mas-7	20:50.25
7	Palavecino, Katie	W45	UC10	22:00.00
8	Ledwith, Brian	M64	Colonials 1776-8	22:12.00

Heat 3 of 4 Finals

1	McGroarty, Patrick	M60	Fredericksburg A-12	28:00.00
2	Graf, William	M34	Fredericksburg A-12	25:54.95
3	Stutz, Kathleen	W41	Swim Fort Lauder-50	25:11.90
4	McDonald, Megan	W35	Fredericksburg A-12	23:00.00
5	Lipstreuer, Marilyn	W58	Brian Lee Ohana-39	23:30.83
6	Kammermann, Chris	M61	Tide Swimming-12	25:19.56
7	Mcquiggan, Frank	M75	New England Mast-2	26:49.29
8	Armand, Gregory	M60	Cavalier Masters-12	28:20.00

Heat 4 of 4 Finals

1				
2				
3	Romano, Vince	M77	Club Tribe-12	29:51.16
4	Killebrew, Kathryn	W44	Reston Masters S-10	28:23.00
5	Harper, Bill	M56	Club Tribe-12	29:30.00
6	Wallace, Richard	M76	Garden State Mas-7	31:00.00
7				
8				

Event 5 Women 500 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1				
2				
3	Johnston, Jennifer	76	Lane 4 Swimming-10	18:30.00
4	Rogers, Phyllis	67	Freedom Aquatic-12	9:40.54
5	Duquette, Michelle	41	Lane 4 Swimming-10	10:08.00
6				
7				
8				

Heat 2 of 5 Finals

1	Bates, Lindsey	30	Fredericksburg A-12	9:16.79
2	Webb, Linda	78	Swim Fort Lauder-50	8:16.44
3	Lampe, Betty	68	Colonials 1776-8	7:45.90
4	Hood, Patricia	68	Colonials 1776-8	7:28.30
5	Dodson, Jessica	31	Poseidon Masters-12	7:30.00
6	Shand, Stephanie	25	Fredericksburg A-12	8:00.00
7	Grenfell, Daisie	55	Virginia Masters-12	8:54.52
8				

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Heat 3 Finals (#5 Women 500 Yard Freestyle)

1	Grilli, Tracy	67	New England Mast-2	7:15.00
2	Davidson, Michelle	53	Garden State Mas-7	6:59.00
3	Ihrig, Ylva	54	Lane 4 Swimming-10	6:49.00
4	Loftus-Charley, Shirley	72	Cavalier Masters-12	6:40.00
5	Bond, Lisa	55	Cavalier Masters-12	6:45.12
6	Jimeno, Amanda	31	Poseidon Masters-12	6:51.96
7	Dickens, Susan	62	Fredericksburg A-12	7:11.87
8	Becker, Marlene	59	Lane 4 Swimming-10	7:15.00

Heat 4 of 5 Finals

1	Williams, Adriana	22	University of Rh-58	6:25.55
2	Franklin, Morgan	26	Rutherford Maste-7	6:15.00
3	Robertson, Stephanie	30	Spring Valley YM-8	6:11.25
4	Crusco, Kysa	48	New England Mast-2	6:01.00
5	Steadman Martin, Nancy	69	Garden State Mas-7	6:08.50
6	Ricci, Alice	24	Germantown Maryl-10	6:11.45
7	Soleo, Lauren	24	Cavalier Masters-12	6:15.00
8	Littlepage, Madison	24	Club Tribe-12	6:26.39

Heat 5 of 5 Finals

1	Maidenberg, Eve	47	Agua Masters-6	5:55.69
2	Rose, Laura	37	Terrapin Masters-10	5:42.97
3	Holland, Irish	43	North Carolina M-13	5:27.89
4	ElzHowe, Acadia	21	Lynchburg Aquati-12	5:14.66
5	Cubbler, Rebecca	26	Spring Valley YM-8	5:15.00
6	Congdon, Heather	45	Germantown Maryl-10	5:41.24
7	Jacobs, Elyse	25	Club Tribe-12	5:48.25
8	Marshall, Victoria	35	Colonials 1776-8	5:58.80

Event 6 Men 500 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1				
2				
3	Gillen, Neal	86	Montgomery Ancie-10	12:19.09
4	Berliner, Mitchell	75	DC Masters-10	9:44.73
5	Nobbe, Nick	85	Reston Masters S-10	11:00.00
6	Griffith, Lee	75	Palm Beach Maste-50	10:00.00
7				
8				

Heat 2 of 6 Finals

1	Romano, Vince	77	Club Tribe-12	8:16.09
2	Mcquiggan, Frank	75	New England Mast-2	8:02.10
3	Tompkins, Richard	77	Maryland Masters-9	7:52.88
4	Graf, William	34	Fredericksburg A-12	7:11.14
5	Holloway, Rex	64	Alexandria Maste-10	7:30.00
6	Armand, Gregory	60	Cavalier Masters-12	7:54.77
7	Anderson, Michael	62	Freedom Aquatic-12	8:12.40
8				

Heat 3 of 6 Finals

1	McGroarty, Patrick	60	Fredericksburg A-12	6:56.33
2	Evans, Brian	59	Reston Masters S-10	6:45.00
3	Gwilliam, Glenn	45	Reston Masters S-10	6:30.00
4	Ingebretsen, Carl	62	Fredericksburg A-12	6:30.00
5	Moriarty, Michael	63	Cavalier Masters-12	6:30.00
6	Baker, Patrick	51	Lane 4 Swimming-10	6:31.01
7	Kammermann, Chris	61	Tide Swimming-12	6:53.07
8	Mills, Edward	55	Cavalier Masters-12	6:58.01

Heat 4 of 6 Finals

1	Cantwell, Andrew	43	Lane 4 Swimming-10	6:20.00
2	Levy, Daniel	54	Fredericksburg A-12	6:00.00
3	Mills, Matthew	47	Georgia Masters-45	5:55.55
4	Kannegieser, Robert	66	Philadelphia Fin-8	5:50.00
5	Boris, Joseph	44	Spring Valley YM-8	5:55.09
6	McLallen, Scott	52	Lane 4 Swimming-10	5:59.99
7	Ledwith, Brian	64	Colonials 1776-8	6:19.20
8	Duguay, Rob	38	Connecticut Mast-5	6:20.92

Heat 5 of 6 Finals

1	Taggart, Ross	34	Club Tribe-12	5:40.00
2	Ruback, Mark	54	North Carolina M-13	5:35.20
3	Schmitt, Sam	38	Arlington Master-10	5:27.00
4	Major, Kyle	24	Club Tribe-12	5:20.00
5	Laurence, Noah	42	Virginia Masters-12	5:22.00
6	Sushkoff, George	58	Virginia Masters-12	5:31.08
7	Griffin, Brendan	40	Club Tribe-12	5:36.87
8	Chambers, John	68	Agua Masters-6	5:45.00

Heat 6 of 6 Finals

1	Dion, Thomas	45	Reston Masters S-10	5:15.75
2	Galarza, Daniel	26	Rutherford Maste-7	5:10.00
3	Kettlewell-Sites, Sam	26	Club Tribe-12	5:02.52
4	Conover, Arthur	29	Patriot Masters-10	4:45.00
5	Dellanoce, Michael	39	North Carolina M-13	4:51.13
6	Hildebrand, David	43	Club Tribe-12	5:08.11
7	Denrich, David	44	District Of Colu-10	5:15.63
8	DeShayes, Gary	39	Montgomery Ancie-10	5:19.12

Event 7 Women 50 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

1				
2				
3	Berg, Patricia	80	UC10	1:04.00
4	Shand, Stephanie	25	Fredericksburg A-12	45.00
5				
6	Bryant, Vinet	51	Elite Rays Swim-10	1:07.00
7				
8	Bachman, Martha	75	Cavalier Masters-12	58.81

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Heat 2 Finals (#7 Women 50 Yard Freestyle)

1	Rogers, Phyllis	67	Freedom Aquatic-12	42.44
2	Meggison, Pania	63	Cavalier Masters-12	40.22
3	Williams, Diana	69	Cavalier Masters-12	37.84
4	Wirt, Melissa	42	Poseidon Masters-12	37.00
5	Webb, Linda	78	Swim Fort Lauder-50	37.61
6	Wang, Shenglin	45	UC09	39.50
7	Grenfell, Daisie	55	Virginia Masters-12	42.37
8	Buften, Evelyn	73	Cavalier Masters-12	44.10

Heat 3 of 7 Finals

1	Hood, Patricia	68	Colonials 1776-8	36.40
2	Carvalho, Jocelyn	19	University of Rh-58	35.25
3	Barton, Mercedes	48	Reston Masters S-10	35.00
4	Merena, Elizabeth	71	UC06	34.00
5	Negi, Bhavya	20	University of Rh-58	34.13
6	Atkinson, Fiona	73	New England Mast-2	35.00
7	May, Julia	60	Cavalier Masters-12	36.26
8	Segal, Leigh	59	Jersey Area Mast-7	36.50

Heat 4 of 7 Finals

1	Bond, Lisa	55	Cavalier Masters-12	33.68
2	Jaeger, Debbie	61	Virginia Masters-12	33.45
3	Michaud, Emma	18	University of Rh-58	33.00
4	Loftus-Charley, Shirley	72	Cavalier Masters-12	32.40
5	Mackall, Suni	61	Club Tribe-12	32.96
6	Kirwan, Denise	72	Reston Masters S-10	33.04
7	Sprietsma, Michele	60	Garden State Mas-7	33.60
8	Dickens, Susan	62	Fredericksburg A-12	33.84

Heat 5 of 7 Finals

1	Dalton, Wendy	53	Cavalier Masters-12	32.15
2	Owen, Kayla	42	UC12	32.00
3	Lang, Anita	56	North Carolina M-13	31.66
4	Burke, Barbara	62	Colonials 1776-8	30.73
5	Jimeno, Amanda	31	Poseidon Masters-12	30.94
6	Lipstreuher, Marilyn	58	Brian Lee Ohana-39	31.81
7	Dodson, Jessica	31	Poseidon Masters-12	32.00
8	Wheeler, Abigail	25	Maryland Masters-9	32.16

Heat 6 of 7 Finals

1	Wallitsch, Megan	19	University of Rh-58	30.62
2	Littlepage, Madison	24	Club Tribe-12	30.15
3	Johnson, Mindy	60	Reston Masters S-10	30.00
4	Ciolfi, Angela	46	Cavalier Masters-12	28.86
5	Rinsma, Sarah	32	Cavalier Masters-12	29.50
6	Sanfield, Katie	22	Potomac Marlin M-10	30.00
7	Van Horn, Alaina	43	Lane 4 Swimming-10	30.56
8	Wolff, Melinda	71	Colonials 1776-8	30.72

Heat 7 of 7 Finals

1	Williams, Adriana	22	University of Rh-58	28.16
2	Glisan, Sarah	27	UC08	27.70
3	Robertson, Stephanie	30	Spring Valley YM-8	27.23
4	Stakem, Meredith	42	District Of Colu-10	25.75
5	Bass, Amy	53	Reston Masters S-10	27.00
6	Choe, Michele	46	Club Tribe-12	27.50
7	Crusco, Kysa	48	New England Mast-2	27.94
8	Ellsmore, Rachel	25	Fredericksburg A-12	28.26

Event 8 Men 50 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Finals

1				
2				
3	Weiner, Robert	77	UC10	1:02.00
4	Beattie, Cal	89	UC12	55.35
5	Nobbe, Nick	85	Reston Masters S-10	58.00
6				
7				
8				

Heat 2 of 13 Finals

1				
2	Manheim, Frank	93	Reston Masters S-10	53.50
3	Pilette, Sterling	82	Reston Masters S-10	44.00
4	Anderson, Michael	62	Freedom Aquatic-12	40.79
5	Gillen, Neal	86	Montgomery Ancie-10	42.05
6	Stites, Rob	69	Reston Masters S-10	46.30
7	Speer, David	64	Virginia Masters-12	55.01
8				

Heat 3 of 13 Finals

1	Romano, Vince	77	Club Tribe-12	36.37
2	Berliner, Mitchell	75	DC Masters-10	35.79
3	Kilgallon, Sean	34	Team Redbird-33	35.00
4	Holloway, Rex	64	Alexandria Maste-10	34.00
5	Harper, Bill	56	Club Tribe-12	35.00
6	Armand, Gregory	60	Cavalier Masters-12	35.09
7	Mcquiggan, Frank	75	New England Mast-2	36.36
8	Karl, Steven	61	Fredericksburg A-12	36.51

Heat 4 of 13 Finals

1	Lagdon, Chip	64	Germantown Maryl-10	32.00
2	Graf, William	34	Fredericksburg A-12	31.60
3	Barron, Daniel	60	Fredericksburg A-12	31.00
4	Kammermann, Chris	61	Tide Swimming-12	30.80
5	Potter, Thomas	61	Georgia Masters-45	31.00
6	Dougherty, Stephen	72	Colonials 1776-8	31.56
7	Linehan, Sean	63	Lane 4 Swimming-10	32.00
8	McGroarty, Patrick	60	Fredericksburg A-12	33.00

Heat 5 of 13 Finals

1	Daly, James	53	Virginia Masters-12	30.23
2	Bauer, Craig	71	Cavalier Masters-12	29.50
3	Joubert, Kevin	51	Merritt Marlins-9	29.00
4	Rickard, Alan	67	Palm Beach Maste-50	28.99
5	Tendolkar, Gaurav	32	Reston Masters S-10	29.00
6	Rawley, James	70	Excel Swimming-7	29.00
7	Higgins, Matthew	25	Fredericksburg A-12	29.68
8	Toy, Raymond	57	Central Maryland-9	30.65

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Heat 6 Finals (#8 Men 50 Yard Freestyle)

1	de Jesus, Jose	63	North Carolina M-13	28.02
2	Hahn, Darek	57	Jersey Area Mast-7	28.00
3	Slater, Douglas	66	Club Tribe-12	27.55
4	Laiti, Chris	63	Sarasota Sharks-14	27.10
5	Keyser, Brian	67	Colonials 1776-8	27.50
6	Jarosz, Mark	66	Shepherd Univers-12	27.80
7	Kimball, Joe	55	Club Tribe-12	28.02
8	Fisher, Robert	51	UC09	28.49

Heat 7 of 13 Finals

1	Elliott, Stephen	22	Reston Masters S-10	27.00
2	Adkins, Dana	47	Club Tribe-12	26.59
3	Gwilliam, Glenn	45	Reston Masters S-10	26.50
4	McLallen, Scott	52	Lane 4 Swimming-10	25.99
5	Gandee, Brad	69	UC10	26.00
6	Stevens, Finley	18	University of Rh-58	26.54
7	Damico, John	49	Poseidon Masters-12	26.97
8	Langille, Andrew	20	University of Rh-58	27.00

Heat 8 of 13 Finals

1	Houchins, Bradford	46	Spring Valley YM-8	25.80
2	Morrow, Alex	26	Club Tribe-12	25.60
3	Keith, Algernon	63	Virginia Masters-12	25.35
4	Sweeney, Conor	20	University of Rh-58	25.25
5	McQuiggan, Jacob	30	Cavalier Masters-12	25.27
6	McNeil, Robert	48	Reston Masters S-10	25.51
7	Gowetski, Dan	46	Club Tribe-12	25.69
8	Wyckoff, Ben	59	Connecticut Mast-5	25.87

Heat 9 of 13 Finals

1	Hellmann, Ralph	62	Sarasota Sharks-14	25.19
2	Mello, James	52	Sea Devil Swimmer-10	25.13
3	Wolfe, Ryan	31	Patriot Masters-10	24.61
4	Ocampo, Aidan	22	University of Rh-58	24.50
5	Capozella, Joshua	28	Arlington Master-10	24.50
6	Levy, Daniel	54	Fredericksburg A-12	25.03
7	Langel, Theodore	34	Arlington Master-10	25.14
8	Tran, William	32	Arlington Master-10	25.25

Heat 10 of 13 Finals

1	Walker, Adam	33	Club Tribe-12	24.43
2	Williams, Neill	56	District Of Colu-10	24.28
3	Miller, Asher	18	University of Rh-58	24.20
4	Bracewell, Ryan	22	Club Tribe-12	24.11
5	Hiltabiddle, Steve	57	Colonials 1776-8	24.20
6	Vespa, Hernan	53	UC07	24.24
7	Burch, Timothy	45	UC10	24.34
8	Robertson, John	52	Spring Valley YM-8	24.45

Heat 11 of 13 Finals

1	Hambly, Parker	18	University of Rh-58	24.09
2	Segal, William	59	Jersey Area Mast-7	24.00
3	Phillips, Carr	58	District Of Colu-10	23.68
4	Gromling, Steven	34	Virginia Masters-12	23.50
5	Williams, Rich	48	Club Tribe-12	23.64
6	Knapik, Chad	25	Virginia Masters-12	24.00
7	Buckner, Michael	43	Alexandria Maste-10	24.00
8	Zalewski, Michael	19	University of Rh-58	24.10

Heat 12 of 13 Finals

1	Chen, Roy	29	Excel Swimming-7	23.17
2	Ruckdeschel, Jonathan	55	Club Tribe-12	23.11
3	DiMeglio, David	23	UC10	22.99
4	Marsh, Matthew	24	Spring Valley YM-8	22.50
5	Elsaesser, Evan	39	Club Tribe-12	22.90
6	Rees, Greg	54	Spring Valley YM-8	23.09
7	Rich, Justin	26	Poseidon Masters-12	23.12
8	Cypser, Eric	23	Anne Arundel Amp-9	23.25

Heat 13 of 13 Finals

1	Blindenbach, Jacob	24	Club Tribe-12	22.21
2	Gross, Jeremy	52	Spring Valley YM-8	22.13
3	Brukx, Peter	24	Club Tribe-12	21.26
4	Mastracci, Kevin	28	Virginia Masters-12	20.64
5	Lee, Oliver	31	Crimzone-12	21.00
6	Zerunyan, Marko	22	Club Tribe-12	22.05
7	Bulakul, Sirin	36	Club Tribe-12	22.20
8	De Jesus, Jose	30	Terrapin Masters-10	22.37

Event 9 Women 200 Yard Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1				
2				
3	Burns, Suzi	76	Cavalier Masters-12	4:55.87
4	Snow, Karen	64	Merritt Marlins-9	3:08.00
5	Clute, Meg	68	Cavalier Masters-12	3:10.59
6				
7				
8	Pfinsgraff, Joan	70	Maryland Masters-9	2:40.00

Heat 2 of 3 Finals

1	Kirwan, Denise	72	Reston Masters S-10	3:01.00
2	King, Molly	31	Colonials 1776-8	2:51.61
3	Steadman Martin, Nancy	69	Garden State Mas-7	2:44.25
4	Bachman, Martha	75	Cavalier Masters-12	5:22.40
5	Gregory, Barbie	55	Virginia Masters-12	2:41.61
6	Brightwell, Kim	64	Reston Masters S-10	2:50.96
7	Ihrig, Ylva	54	Lane 4 Swimming-10	2:58.00
8	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	3:05.04

Heat 3 of 3 Finals

1	Glisan, Sarah	27	UC08	2:35.95
2	Pellegrini, Traci	54	UC09	2:33.88
3	Trevorrow, Julia	22	University of Rh-58	2:25.00
4	Keller, Claudia	25	Fredericksburg A-12	2:16.00
5	Miller, Elizabeth	42	Virginia Masters-12	2:16.94
6	Vazquez, Maria	58	North Carolina M-13	2:29.10
7	Davidson, Michelle	53	Garden State Mas-7	2:35.00
8	Sanfield, Katie	22	Potomac Marlin M-10	2:40.00

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Meet Program

Event 10 Men 200 Yard Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1	Gerson, Gordon	87	Reston Masters S-10	6:58.96
2	Paulson, Laurence	75	Reston Masters S-10	4:00.00
3	Leonard, Roger	76	Montgomery Ancie-10	3:01.45
4	Rubacky, Mark	54	North Carolina M-13	2:47.93
5	Denes, Thomas	66	Montgomery Ancie-10	2:50.00
6	Miller, James	73	Virginia Masters-12	3:40.00
7	Manheim, Frank	93	Reston Masters S-10	5:20.00
8				

Heat 2 of 3 Finals

1	Wardle, William	72	Cavalier Masters-12	2:35.71
2	Boris, Joseph	44	Spring Valley YM-8	2:34.69
3	McQuesten, Casey	20	University of Rh-58	2:30.12
4	Taylor, Tim	37	Alexandria Maste-10	2:26.36
5	Slater, Douglas	66	Club Tribe-12	2:29.90
6	Mills, Matthew	47	Georgia Masters-45	2:33.32
7	Kannegieser, Robert	66	Philadelphia Fin-8	2:35.53
8	Ingebretsen, Carl	62	Fredericksburg A-12	2:45.52

Heat 3 of 3 Finals

1	Phillips, Carr	58	District Of Colu-10	2:20.59
2	Griffin, Brendan	40	Club Tribe-12	2:15.63
3	Bell, David	48	Club Tribe-12	2:08.88
4	Conover, Arthur	29	Patriot Masters-10	2:00.00
5	Denrich, David	44	District Of Colu-10	2:05.47
6	Capen, Zachary	20	University of Rh-58	2:15.00
7	Walker, Adam	33	Club Tribe-12	2:16.42
8	McQuiggan, Jacob	30	Cavalier Masters-12	2:25.00

Event 11 Women 100 Yard Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1	Lampe, Betty	68	Colonials 1776-8	1:49.24
2	Loftus-Charley, Shirley	72	Cavalier Masters-12	1:25.00
3	Steadman Martin, Nancy	69	Garden State Mas-7	1:22.50
4	Jimeno, Amanda	31	Poseidon Masters-12	1:20.00
5	Ciolfi, Angela	46	Cavalier Masters-12	1:20.00
6	Stutz, Kathleen	41	Swim Fort Lauder-50	1:25.00
7	Dalton, Wendy	53	Cavalier Masters-12	1:33.00
8	Bates, Lindsey	30	Fredericksburg A-12	1:54.50

Heat 2 of 3 Finals

1	Burke, Barbara	62	Colonials 1776-8	1:19.10
2	Gregory, Barbie	55	Virginia Masters-12	1:17.12
3	Robertson, Stephanie	30	Spring Valley YM-8	1:15.63
4	Ellsmore, Rachel	25	Fredericksburg A-12	1:12.15
5	Van Horn, Alaina	43	Lane 4 Swimming-10	1:12.55
6	Sanfield, Katie	22	Potomac Marlin M-10	1:16.00
7	Davidson, Michelle	53	Garden State Mas-7	1:19.00
8	Soleo, Lauren	24	Cavalier Masters-12	1:20.00

Heat 3 of 3 Finals

1	Van Horn Pate, Val	61	Virginia Masters-12	1:09.56
2	Haywood, Che'Rel	24	Virginia Masters-12	1:05.78
3	Congdon, Heather	45	Germantown Maryl-10	1:04.94
4	ElzHowe, Acadia	21	Lynchburg Aquati-12	1:01.05
5	Marshall, Victoria	35	Colonials 1776-8	1:04.89
6	Skelley-Stoffa, Emma	28	Reston Masters S-10	1:05.00
7	Jacobs, Elyse	25	Club Tribe-12	1:08.51
8	Ricci, Alice	24	Germantown Maryl-10	1:11.75

Event 12 Men 100 Yard Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

1				
2				
3	Paulson, Laurence	75	Reston Masters S-10	2:00.00
4	Barron, Daniel	60	Fredericksburg A-12	1:30.00
5	Tompkins, Richard	77	Maryland Masters-9	1:34.98
6	Sulik, William	65	UC10	2:24.00
7				
8				

Heat 2 of 7 Finals

1	Evans, Brian	59	Reston Masters S-10	1:20.00
2	Shannon, Dennis	70	Cavalier Masters-12	1:19.00
3	Ingebretsen, Carl	62	Fredericksburg A-12	1:16.47
4	Cantwell, Andrew	43	Lane 4 Swimming-10	1:15.00
5	Rawley, James	70	Excel Swimming-7	1:16.00
6	Gustafson, Jeremy	42	YMCA 7 Hills Sur-12	1:18.81
7	Levy, Daniel	54	Fredericksburg A-12	1:20.00
8	McGroarty, Patrick	60	Fredericksburg A-12	1:27.59

Heat 3 of 7 Finals

1	Rubacky, Mark	54	North Carolina M-13	1:12.12
2	Langille, Andrew	20	University of Rh-58	1:10.00
3	Wells, Ernie	60	Lane 4 Swimming-10	1:09.00
4	Chambers, John	68	Agua Masters-6	1:07.00
5	Kannegieser, Robert	66	Philadelphia Fin-8	1:09.00
6	Adkins, Dana	47	Club Tribe-12	1:09.43
7	Higgins, Matthew	25	Fredericksburg A-12	1:10.00
8	Mello, James	52	Sea Devil Swimmi-10	1:12.67

Heat 4 of 7 Finals

1	Wyckoff, Ben	59	Connecticut Mast-5	1:04.89
2	Damico, John	49	Poseidon Masters-12	1:03.46
3	Rockwell, John	49	Club Tribe-12	1:01.50
4	Nystrom, Jack	19	University of Rh-58	1:01.00
5	Harbourt, Cliff	51	Club Tribe-12	1:01.31
6	Kelly, Luke	18	University of Rh-58	1:03.38
7	Ellis, Brian	56	Lane 4 Swimming-10	1:04.13
8	Taggart, Ross	34	Club Tribe-12	1:05.00

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Heat 5 Finals (#12 Men 100 Yard Butterfly)

1	Capozella, Joshua	28	Arlington Master-10	1:01.00
2	Hambly, Parker	18	University of Rh-58	1:00.00
3	Mills, Matthew	47	Georgia Masters-45	59.95
4	Segal, William	59	Jersey Area Mast-7	59.00
5	Vespa, Hernan	53	UC07	59.85
6	Schmitt, Sam	38	Arlington Master-10	1:00.00
7	Zalewski, Michael	19	University of Rh-58	1:00.10
8	Laurence, Noah	42	Virginia Masters-12	1:01.00

Heat 6 of 7 Finals

1	Ruckdeschel, Jonathan	55	Club Tribe-12	58.70
2	Schick, Benjamin	35	Arlington Master-10	58.24
3	Bell, David	48	Club Tribe-12	56.38
4	Chen, Roy	29	Excel Swimming-7	55.80
5	Gross, Jeremy	52	Spring Valley YM-8	55.89
6	Major, Kyle	24	Club Tribe-12	56.69
7	Walker, Adam	33	Club Tribe-12	58.59
8	Knapik, Chad	25	Virginia Masters-12	59.00

Heat 7 of 7 Finals

1	Hiltabiddle, Steve	57	Colonials 1776-8	55.00
2	Blindenbach, Jacob	24	Club Tribe-12	54.20
3	Elsaesser, Evan	39	Club Tribe-12	52.94
4	Brukk, Peter	24	Club Tribe-12	50.56
5	Zerunyan, Marko	22	Club Tribe-12	51.98
6	Elliott, Matthew	29	UC27	54.00
7	Monroy, Roy	22	University of Rh-58	54.40
8	Rees, Greg	54	Spring Valley YM-8	55.58

Event 13 Women 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			
2	Cavalier Masters-12	W65 A	3:15.00
	1) Bachman, Martha W75	2) Bufton, Evelyn W73	
	3) Williams, Diana W69	4) Clute, Meg W68	
3	Virginia Masters-12	W55 A	2:14.00
	1) Jaeger, Debbie W61	2) Miller, Patricia W63	
	3) Speer, Nancy W61	4) Buscaglia, Caycee W59	
4	Club Tribe-12	W18 A	1:59.50
	1) Mackall, Suni W61	2) Choe, Michele W46	
	3) Littlepage, Madison W24	4) Jacobs, Elyse W25	
5	University of Rh-58	W18 A	2:06.64
	1) Wallitsch, Megan W19	2) Carvalho, Jocelyn W19	
	3) Negi, Bhavya W20	4) Williams, Adriana W22	
6	Cavalier Masters-12	W18 A	2:45.00
	1) Ciolfi, Angela W46	2) May, Julia W60	
	3) Bond, Lisa W55	4) Soleo, Lauren W24	
7			
8			

Event 14 Men 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals			
1			
2	Reston Masters S-10	M75 A	4:11.11
	1) Manheim, Frank M93	2) Gerson, Gordon M87	
	3) Pilette, Sterling M82	4) Paulson, Laurence M75	
3			
4	Arlington Master-10	M25 A	1:50.00
	1) Langel, Theodore M34	2) Perillo, Henry M27	
	3) Capozella, Joshua M28	4) Schmitt, Sam M38	
5	Virginia Masters-12	M25 A	1:50.00
	1) Keith, Algernon M63	2) Murphy, Richard M64	
	3) Daly, James M53	4) Knapik, Chad M25	
6	Fredericksburg A-12	M55 A	2:20.00
	1) Ingebretsen, Carl M62	2) Karl, Steven M61	
	3) McGroarty, Patrick M60	4) Barron, Daniel M60	
7			
8			
Heat 2 of 3 Finals			
1	University of Rh-58	M18 B	1:42.10
	1) Nystrom, Jack M19	2) Langille, Andrew M20	
	3) Ocampo, Aidan M22	4) Capen, Zachary M20	
2	Club Tribe-12	M45 A	1:36.00
	1) Williams, Rich M48	2) Bell, David M48	
	3) Harbourt, Cliff M51	4) Ruckdeschel, Jonathan M55	
3	University of Rh-58	M18 A	1:34.70
	1) Monroy, Roy M22	2) McQuesten, Casey M20	
	3) Zalewski, Michael M19	4) Hambly, Parker M18	
4	Club Tribe-12	M18 A	1:26.50
	1) Zerunyan, Marko M22	2) Brukk, Peter M24	
	3) Blindenbach, Jacob M24	4) Kettlewell-Sites, Sam M26	
5	Club Tribe-12	M35 A	1:34.50
	1) Elsaesser, Evan M39	2) Hildebrand, David M43	
	3) Griffin, Brendan M40	4) Bulakul, Sirin M36	
6	Club Tribe-12	M18 B	1:35.00
	1) Nitkiewicz, Travis M22	2) Joo, Jared M24	
	3) Bracewell, Ryan M22	4) Major, Kyle M24	
7	Club Tribe-12	M25 A	1:40.00
	1) Katis, Chuck M31	2) Somensatto, Jason M42	
	3) Taggart, Ross M34	4) Morrow, Alex M26	
8	Club Tribe-12	M45 B	1:45.00
	1) Slater, Douglas M66	2) Rockwell, John M49	
	3) Gowetski, Dan M46	4) Kimball, Joe M55	
Heat 3 of 3 Finals			
1			
2			
3			
4			
5			
6			
7			
8	Cavalier Masters-12	M65 A	1:55.84
	1) Shannon, Dennis M70	2) Crane, John M72	
	3) Wardle, William M72	4) Bauer, Craig M71	

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Event 15 Mixed 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

1			
2			
3	Virginia Masters-12	X55 A	3:00.00
	1) Boslego, Barbara W72	2) Speer, David M64	
	3) Carter, Susan W77	4) Miller, James M73	
4	Reston Masters S-10	X25 B	2:22.22
	1) Barton, Mercedes W48	2) Stites, Rob M69	
	3) Tendolkar, Gaurav M32	4) Johnson, Mindy W60	
5	Cavalier Masters-12	X55 A	2:50.00
	1) Meggison, Pania W63	2) Mills, Edward M55	
	3) Loftus-Charley, Shirley W72	4) Armand, Gregory M60	
6			
7			
8			

Heat 2 of 2 Finals

1			
2	Fredericksburg A-12	X25 A	2:08.00
	1) Ellsmore, Rachel W25	2) Bates, Lindsey W30	
	3) Higgins, Matthew M25	4) Levy, Daniel M54	
3	Club Tribe-12	X45 A	2:04.00
	1) Adkins, Dana M47	2) Choe, Michele W46	
	3) Harper, Bill M56	4) Mackall, Suni W61	
4	Reston Masters S-10	X25 A	1:56.56
	1) Skelley-Stoffa, Gregory M30	2) Segovia, Vanessa W37	
	3) Skelley-Stoffa, Emma W28	4) Gwilliam, Glenn M45	
5	Poseidon Masters-12	X25 A	1:59.99
	1) Rich, Justin M26	2) Jimeno, Amanda W31	
	3) Dodson, Jessica W31	4) Damico, John M49	
6	Cavalier Masters-12	X25 A	2:05.00
	1) Moriarty, Michael M63	2) Dalton, Wendy W53	
	3) Rinsma, Sarah W32	4) McQuiggan, Jacob M30	
7	Fredericksburg A-12	X25 B	2:20.00
	1) Graf, William M34	2) Malony, Shawn M34	
	3) Dickens, Susan W62	4) Shand, Stephanie W25	
8			

Event 17 Women 100 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1				
2				
3	Trevorrow, Julia	22	University of Rh-58	1:17.64
4	Carter, Susan	77	Virginia Masters-12	1:59.97
5	Rogers, Phyllis	67	Freedom Aquatic-12	2:15.76
6				
7				
8				

Heat 2 of 4 Finals

1	Bates, Lindsey	30	Fredericksburg A-12	1:54.98
2	Webb, Linda	78	Swim Fort Lauder-50	1:50.05
3	Atkinson, Fiona	73	New England Mast-2	1:47.00
4	Boslego, Barbara	72	Virginia Masters-12	1:42.13
5	Merena, Elizabeth	71	UC06	1:42.75
6	Hood, Patricia	68	Colonials 1776-8	1:48.22
7	Grenfell, Daisie	55	Virginia Masters-12	1:54.98
8	May, Julia	60	Cavalier Masters-12	2:00.00

Heat 3 of 4 Finals

1	Dickens, Susan	62	Fredericksburg A-12	1:40.00
2	Kirwan, Denise	72	Reston Masters S-10	1:33.77
3	Wheeler, Abigail	25	Maryland Masters-9	1:30.37
4	Stutz, Kathleen	41	Swim Fort Lauder-50	1:28.00
5	Wolff, Melinda	71	Colonials 1776-8	1:30.11
6	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	1:31.50
7	Davidson, Michelle	53	Garden State Mas-7	1:35.00
8	Walz, Susannah	72	Maryland Masters-9	1:40.58

Heat 4 of 4 Finals

1	Miller, Patricia	63	Virginia Masters-12	1:24.03
2	Segovia, Vanessa	37	Reston Masters S-10	1:23.00
3	Burns, Suzi	76	Cavalier Masters-12	2:22.67
4	Haywood, Che'Rel	24	Virginia Masters-12	1:13.55
5	Stakem, Meredith	42	District Of Colu-10	1:17.39
6	Jacobs, Elyse	25	Club Tribe-12	1:20.89
7	Franklin, Morgan	26	Rutherford Maste-7	1:24.00
8	Maidenberg, Eve	47	Agua Masters-6	1:25.32

Event 18 Men 100 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1				
2				
3	Paulson, Laurence	75	Reston Masters S-10	2:23.00
4	Anderson, Michael	62	Freedom Aquatic-12	2:06.79
5	Stites, Rob	69	Reston Masters S-10	2:20.34
6	Gerson, Gordon	87	Reston Masters S-10	3:58.11
7				
8				

Heat 2 of 6 Finals

1	Karl, Steven	61	Fredericksburg A-12	1:39.81
2	Daly, James	53	Virginia Masters-12	1:29.38
3	Levy, Daniel	54	Fredericksburg A-12	1:25.00
4	Gustafson, Jeremy	42	YMCA 7 Hills Sur-12	1:23.59
5	Potter, Thomas	61	Georgia Masters-45	1:24.50
6	Bauer, Craig	71	Cavalier Masters-12	1:25.50
7	Rickard, Alan	67	Palm Beach Maste-50	1:38.99
8	Mills, Edward	55	Cavalier Masters-12	1:45.00

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Heat 3 Finals (#18 Men 100 Yard Breaststroke)

1	Mello, James	52	Sea Devil Swimmi-10	1:20.27
2	Rubacky, Mark	54	North Carolina M-13	1:19.57
3	Langel, Theodore	34	Arlington Master-10	1:14.49
4	Wyckoff, Ben	59	Connecticut Mast-5	1:12.40
5	Perillo, Henry	27	Arlington Master-10	1:13.42
6	Buckner, Michael	43	Alexandria Maste-10	1:15.00
7	Elliott, Stephen	22	Reston Masters S-10	1:20.00
8	Damico, John	49	Poseidon Masters-12	1:21.23

Heat 4 of 6 Finals

1	Keyser, Brian	67	Colonials 1776-8	1:11.12
2	Gromling, Steven	34	Virginia Masters-12	1:10.20
3	Hellmann, Ralph	62	Sarasota Sharks-14	1:09.50
4	Kelly, Luke	18	University of Rh-58	1:09.11
5	Gross, Jeremy	52	Spring Valley YM-8	1:09.42
6	Sweeney, Conor	20	University of Rh-58	1:10.00
7	Somensatto, Jason	42	Club Tribe-12	1:10.50
8	Stevens, Finley	18	University of Rh-58	1:11.34

Heat 5 of 6 Finals

1	Chen, Roy	29	Excel Swimming-7	1:07.23
2	McQuesten, Casey	20	University of Rh-58	1:06.23
3	Gowetski, Dan	46	Club Tribe-12	1:05.69
4	Walker, Adam	33	Club Tribe-12	1:03.53
5	Williams, Neill	56	District Of Colu-10	1:03.88
6	Goodison, Michael	52	Terrapin Masters-10	1:06.12
7	Izadpanah, Mason	24	UC10	1:06.48
8	McQuiggan, Jacob	30	Cavalier Masters-12	1:08.00

Heat 6 of 6 Finals

1	Wolfe, Ryan	31	Patriot Masters-10	1:01.89
2	Bracewell, Ryan	22	Club Tribe-12	1:01.54
3	De Jesus, Jose	30	Terrapin Masters-10	1:00.34
4	Katis, Chuck	31	Club Tribe-12	55.00
5	Nitkiewicz, Travis	22	Club Tribe-12	1:00.00
6	Joo, Jared	24	Club Tribe-12	1:01.31
7	Blindenbach, Jacob	24	Club Tribe-12	1:01.76
8	Houchins, Bradford	46	Spring Valley YM-8	1:03.50

Event 19 Women 200 Yard IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1				
2				
3	Bates, Lindsey	30	Fredericksburg A-12	4:00.00
4	Lampe, Betty	68	Colonials 1776-8	3:36.65
5	Walz, Susannah	72	Maryland Masters-9	3:40.00
6				
7				
8				

Heat 2 of 4 Finals

1	Clute, Meg	68	Cavalier Masters-12	3:15.38
2	Stutz, Kathleen	41	Swim Fort Lauder-50	3:10.00
3	King, Molly	31	Colonials 1776-8	3:00.78
4	Jimeno, Amanda	31	Poseidon Masters-12	3:00.00
5	Dodson, Jessica	31	Poseidon Masters-12	3:00.38
6	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	3:02.16
7	Snow, Karen	64	Merritt Marlins-9	3:12.00
8	Wirt, Melissa	42	Poseidon Masters-12	3:20.00

Heat 3 of 4 Finals

1	Loftus-Charley, Shirley	72	Cavalier Masters-12	2:55.00
2	Maidenberg, Eve	47	Agua Masters-6	2:50.08
3	Davidson, Michelle	53	Garden State Mas-7	2:45.00
4	Jacobs, Elyse	25	Club Tribe-12	2:39.63
5	Gregory, Barbie	55	Virginia Masters-12	2:43.48
6	Steadman Martin, Nancy	69	Garden State Mas-7	2:47.50
7	Burke, Barbara	62	Colonials 1776-8	2:54.10
8	Miller, Patricia	63	Virginia Masters-12	3:00.00

Heat 4 of 4 Finals

1	Vazquez, Maria	58	North Carolina M-13	2:32.92
2	Marshall, Victoria	35	Colonials 1776-8	2:30.00
3	ElzHowe, Acadia	21	Lynchburg Aquati-12	2:18.76
4	Holland, Irish	43	North Carolina M-13	2:16.79
5	Cubbler, Rebecca	26	Spring Valley YM-8	2:18.00
6	Miller, Elizabeth	42	Virginia Masters-12	2:19.84
7	Rose, Laura	37	Terrapin Masters-10	2:32.64
8	Pellegrini, Traci	54	UC09	2:34.00

Event 20 Men 200 Yard IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1				
2				
3	Paulson, Laurence	75	Reston Masters S-10	3:48.21
4	Leonard, Roger	76	Montgomery Ancie-10	3:06.64
5	Tompkins, Richard	77	Maryland Masters-9	3:15.46
6	Anderson, Michael	62	Freedom Aquatic-12	3:48.69
7				
8				

Heat 2 of 6 Finals

1	Dougherty, Stephen	72	Colonials 1776-8	2:55.00
2	Baker, Patrick	51	Lane 4 Swimming-10	2:49.01
3	Ellis, Brian	56	Lane 4 Swimming-10	2:45.21
4	Ledwith, Brian	64	Colonials 1776-8	2:43.00
5	Ingebretsen, Carl	62	Fredericksburg A-12	2:44.77
6	Duguay, Rob	38	Connecticut Mast-5	2:48.54
7	Denes, Thomas	66	Montgomery Ancie-10	2:50.00
8	Kimball, Joe	55	Club Tribe-12	3:06.20

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Heat 3 Finals (#20 Men 200 Yard IM)

1	Joubert, Kevin	51	Merritt Marlins-9	2:40.00
2	Sushkoff, George	58	Virginia Masters-12	2:37.83
3	Chambers, John	68	Agua Masters-6	2:32.00
4	Rubacky, Mark	54	North Carolina M-13	2:31.19
5	Taylor, Tim	37	Alexandria Maste-10	2:31.30
6	Wells, Ernie	60	Lane 4 Swimming-10	2:35.00
7	Cantwell, Andrew	43	Lane 4 Swimming-10	2:39.48
8	Gustafson, Jeremy	42	YMCA 7 Hills Sur-12	2:40.00

Heat 4 of 6 Finals

1	Kannegieser, Robert	66	Philadelphia Fin-8	2:29.70
2	Garrity, Anthony	33	UC02	2:26.01
3	McQuiggan, Jacob	30	Cavalier Masters-12	2:25.00
4	Ruckdeschel, Jonathan	55	Club Tribe-12	2:23.27
5	Griffin, Brendan	40	Club Tribe-12	2:24.59
6	Galarza, Daniel	26	Rutherford Maste-7	2:25.00
7	Boris, Joseph	44	Spring Valley YM-8	2:27.34
8	Gwilliam, Glenn	45	Reston Masters S-10	2:30.00

Heat 5 of 6 Finals

1	Goodison, Michael	52	Terrapin Masters-10	2:19.12
2	Tran, William	32	Arlington Master-10	2:15.76
3	Schmitt, Sam	38	Arlington Master-10	2:12.00
4	Knapik, Chad	25	Virginia Masters-12	2:10.00
5	Skellely-Stoffa, Gregory	30	Reston Masters S-10	2:10.00
6	Laurence, Noah	42	Virginia Masters-12	2:12.00
7	Rockwell, John	49	Club Tribe-12	2:17.00
8	Hiltabiddle, Steve	57	Colonials 1776-8	2:20.00

Heat 6 of 6 Finals

1	Morrow, Alex	26	Club Tribe-12	2:08.80
2	Nitkiewicz, Travis	22	Club Tribe-12	2:00.00
3	Perillo, Henry	27	Arlington Master-10	2:00.00
4	Dellanoce, Michael	39	North Carolina M-13	1:58.06
5	Zerunyan, Marko	22	Club Tribe-12	1:59.40
6	Conover, Arthur	29	Patriot Masters-10	2:00.00
7	Walker, Adam	33	Club Tribe-12	2:08.48
8	Monroy, Roy	22	University of Rh-58	2:09.14

Event 21 Women 50 Yard Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Bachman, Martha	75	Cavalier Masters-12	1:04.92
2	May, Julia	60	Cavalier Masters-12	59.00
3	Bond, Lisa	55	Cavalier Masters-12	46.15
4	Clute, Meg	68	Cavalier Masters-12	42.20
5	Wang, Shenglin	45	UC09	45.00
6	Meggison, Pania	63	Cavalier Masters-12	51.00
7	Burns, Suzi	76	Cavalier Masters-12	1:04.48
8	Bryant, Vinet	51	Elite Rays Swim-10	1:19.50

Heat 2 of 4 Finals

1	Lang, Anita	56	North Carolina M-13	40.00
2	Mackall, Suni	61	Club Tribe-12	39.55
3	Negi, Bhavya	20	University of Rh-58	39.11
4	Sprietsma, Michele	60	Garden State Mas-7	38.60
5	Segal, Leigh	59	Jersey Area Mast-7	39.00
6	Dodson, Jessica	31	Poseidon Masters-12	39.26
7	Jaeger, Debbie	61	Virginia Masters-12	39.87
8	Wirt, Melissa	42	Poseidon Masters-12	40.22

Heat 3 of 4 Finals

1	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	37.70
2	Basaraba, Andrea	30	Team Redbird-33	35.00
3	Brightwell, Kim	64	Reston Masters S-10	34.99
4	Pfinsgraff, Joan	70	Maryland Masters-9	33.96
5	Buscaglia, Caycee	59	Virginia Masters-12	33.99
6	King, Molly	31	Colonials 1776-8	34.99
7	Ricci, Alice	24	Germantown Maryl-10	35.95
8	Wallitsch, Megan	19	University of Rh-58	38.53

Heat 4 of 4 Finals

1	Davidson, Michelle	53	Garden State Mas-7	33.00
2	Van Horn Pate, Val	61	Virginia Masters-12	32.49
3	Glisan, Sarah	27	UC08	30.90
4	Stakem, Meredith	42	District Of Colu-10	29.63
5	Miller, Elizabeth	42	Virginia Masters-12	30.56
6	Owen, Kayla	42	UC12	32.00
7	Choe, Michele	46	Club Tribe-12	32.50
8	Littlepage, Madison	24	Club Tribe-12	33.68

Event 22 Men 50 Yard Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1				
2	Nobbe, Nick	85	Reston Masters S-10	1:20.00
3	Griffith, Lee	75	Palm Beach Maste-50	59.00
4	Stites, Rob	69	Reston Masters S-10	55.44
5	Gillen, Neal	86	Montgomery Ancie-10	56.12
6	Pilette, Sterling	82	Reston Masters S-10	1:00.00
7	Gerson, Gordon	87	Reston Masters S-10	1:58.45
8				

Heat 2 of 6 Finals

1	Berliner, Mitchell	75	DC Masters-10	53.48
2	Miller, James	73	Virginia Masters-12	48.20
3	Graf, William	34	Fredericksburg A-12	44.38
4	Crane, John	72	Cavalier Masters-12	42.00
5	Barron, Daniel	60	Fredericksburg A-12	43.00
6	Anderson, Michael	62	Freedom Aquatic-12	46.63
7	Paulson, Laurence	75	Reston Masters S-10	50.00
8	Manheim, Frank	93	Reston Masters S-10	55.00

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Heat 3 Finals (#22 Men 50 Yard Backstroke)

1	Linehan, Sean	63	Lane 4 Swimming-10	39.00
2	Dougherty, Stephen	72	Colonials 1776-8	37.52
3	Wardle, William	72	Cavalier Masters-12	34.05
4	Elliott, Stephen	22	Reston Masters S-10	34.00
5	Ingebretsen, Carl	62	Fredericksburg A-12	34.00
6	Daly, James	53	Virginia Masters-12	37.00
7	Shannon, Dennis	70	Cavalier Masters-12	37.80
8	Toy, Raymond	57	Central Maryland-9	40.33

Heat 4 of 6 Finals

1	Garrity, Anthony	33	UC02	32.64
2	Hahn, Darek	57	Jersey Area Mast-7	32.00
3	McQuiggan, Jacob	30	Cavalier Masters-12	30.39
4	Mirt, Chad	50	Crimzone-12	29.71
5	Slater, Douglas	66	Club Tribe-12	29.95
6	McNeil, Robert	48	Reston Masters S-10	31.59
7	de Jesus, Jose	63	North Carolina M-13	32.12
8	Wyckoff, Ben	59	Connecticut Mast-5	33.70

Heat 5 of 6 Finals

1	Phillips, Carr	58	District Of Colu-10	28.57
2	Cypser, Eric	23	Anne Arundel Amp-9	27.50
3	Williams, Neill	56	District Of Colu-10	27.08
4	DiMiglio, David	23	UC10	26.68
5	Robertson, John	52	Spring Valley YM-8	26.95
6	Williams, Rich	48	Club Tribe-12	27.49
7	Hambly, Parker	18	University of Rh-58	28.32
8	McQuesten, Casey	20	University of Rh-58	29.42

Heat 6 of 6 Finals

1	Bulakul, Sirin	36	Club Tribe-12	26.15
2	Bell, David	48	Club Tribe-12	25.98
3	Elliott, Matthew	29	UC27	25.50
4	Mastracci, Kevin	28	Virginia Masters-12	23.17
5	Marsh, Matthew	24	Spring Valley YM-8	25.00
6	Rees, Greg	54	Spring Valley YM-8	25.61
7	Elsaesser, Evan	39	Club Tribe-12	26.07
8	Capen, Zachary	20	University of Rh-58	26.49

Event 23 Women 100 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1	Meggison, Pania	63	Cavalier Masters-12	1:54.00
2	Rogers, Phyllis	67	Freedom Aquatic-12	1:37.97
3	Shand, Stephanie	25	Fredericksburg A-12	1:30.00
4	Walz, Susannah	72	Maryland Masters-9	1:26.12
5	Lampe, Betty	68	Colonials 1776-8	1:28.63
6	Grenfell, Daisie	55	Virginia Masters-12	1:34.81
7	Bates, Lindsey	30	Fredericksburg A-12	1:40.00
8	Berg, Patricia	80	UC10	3:30.00

Heat 2 of 6 Finals

1	Williams, Diana	69	Cavalier Masters-12	1:25.00
2	Merena, Elizabeth	71	UC06	1:19.75
3	Hood, Patricia	68	Colonials 1776-8	1:19.50
4	Dickens, Susan	62	Fredericksburg A-12	1:16.50
5	Atkinson, Fiona	73	New England Mast-2	1:19.00
6	May, Julia	60	Cavalier Masters-12	1:19.60
7	Barton, Mercedes	48	Reston Masters S-10	1:24.00
8	Webb, Linda	78	Swim Fort Lauder-50	1:25.26

Heat 3 of 6 Finals

1	Carvalho, Jocelyn	19	University of Rh-58	1:15.39
2	Snow, Karen	64	Merritt Marlins-9	1:15.00
3	Bond, Lisa	55	Cavalier Masters-12	1:12.55
4	Kirwan, Denise	72	Reston Masters S-10	1:12.10
5	Wheeler, Abigail	25	Maryland Masters-9	1:12.36
6	Dalton, Wendy	53	Cavalier Masters-12	1:13.98
7	Grilli, Tracy	67	New England Mast-2	1:15.00
8	Speer, Nancy	61	Virginia Masters-12	1:15.99

Heat 4 of 6 Finals

1	Wolff, Melinda	71	Colonials 1776-8	1:09.45
2	Loftus-Charley, Shirley	72	Cavalier Masters-12	1:09.00
3	Johnson, Mindy	60	Reston Masters S-10	1:07.50
4	Steadman Martin, Nancy	69	Garden State Mas-7	1:06.50
5	Littlepage, Madison	24	Club Tribe-12	1:07.03
6	Lipstreuwer, Marilyn	58	Brian Lee Ohana-39	1:07.70
7	Michaud, Emma	18	University of Rh-58	1:09.00
8	Mackall, Suni	61	Club Tribe-12	1:11.87

Heat 5 of 6 Finals

1	Ellsmore, Rachel	25	Fredericksburg A-12	1:06.00
2	Rinsma, Sarah	32	Cavalier Masters-12	1:03.60
3	Williams, Adriana	22	University of Rh-58	1:03.55
4	Trevorrow, Julia	22	University of Rh-58	1:03.00
5	Maidenberg, Eve	47	Agua Masters-6	1:03.46
6	Van Horn, Alaina	43	Lane 4 Swimming-10	1:03.55
7	Soleo, Lauren	24	Cavalier Masters-12	1:06.00
8	Lang, Anita	56	North Carolina M-13	1:06.46

Heat 6 of 6 Finals

1	Crusco, Kysa	48	New England Mast-2	1:01.52
2	Haywood, Che'Rel	24	Virginia Masters-12	1:01.34
3	Glisan, Sarah	27	UC08	59.76
4	Cubbler, Rebecca	26	Spring Valley YM-8	55.00
5	ElzHowe, Acadia	21	Lynchburg Aquati-12	57.67
6	Robertson, Stephanie	30	Spring Valley YM-8	1:00.51
7	Pellegrini, Traci	54	UC09	1:01.40
8	Bass, Amy	53	Reston Masters S-10	1:02.50

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Event 24 Men 100 Yard Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Finals				
1				
2	Manheim, Frank	93	Reston Masters S-10	2:27.00
3	Speer, David	64	Virginia Masters-12	2:05.01
4	Pilette, Sterling	82	Reston Masters S-10	1:45.00
5	Beattie, Cal	89	UC12	2:00.58
6	Nobbe, Nick	85	Reston Masters S-10	2:10.00
7				
8				
Heat 2 of 12 Finals				
1	Berliner, Mitchell	75	DC Masters-10	1:32.31
2	Paulson, Laurence	75	Reston Masters S-10	1:26.00
3	Romano, Vince	77	Club Tribe-12	1:20.80
4	Karl, Steven	61	Fredericksburg A-12	1:19.81
5	Mcquiggan, Frank	75	New England Mast-2	1:20.00
6	Griffith, Lee	75	Palm Beach Maste-50	1:25.00
7	Anderson, Michael	62	Freedom Aquatic-12	1:30.40
8	Gillen, Neal	86	Montgomery Ancie-10	1:43.33
Heat 3 of 12 Finals				
1	Leonard, Roger	76	Montgomery Ancie-10	1:17.73
2	Armand, Gregory	60	Cavalier Masters-12	1:16.38
3	Mills, Edward	55	Cavalier Masters-12	1:14.42
4	Toy, Raymond	57	Central Maryland-9	1:11.38
5	Holloway, Rex	64	Alexandria Maste-10	1:13.00
6	Harper, Bill	56	Club Tribe-12	1:15.15
7	Barron, Daniel	60	Fredericksburg A-12	1:17.00
8	Tompkins, Richard	77	Maryland Masters-9	1:17.82
Heat 4 of 12 Finals				
1	Potter, Thomas	61	Georgia Masters-45	1:08.50
2	Evans, Brian	59	Reston Masters S-10	1:06.91
3	Higgins, Matthew	25	Fredericksburg A-12	1:06.00
4	Keyser, Brian	67	Colonials 1776-8	1:05.27
5	Bauer, Craig	71	Cavalier Masters-12	1:05.50
6	Rawley, James	70	Excel Swimming-7	1:06.00
7	Kammermann, Chris	61	Tide Swimming-12	1:07.32
8	Graf, William	34	Fredericksburg A-12	1:10.86
Heat 5 of 12 Finals				
1	Duguay, Rob	38	Connecticut Mast-5	1:04.69
2	Rickard, Alan	67	Palm Beach Maste-50	1:03.99
3	Gandee, Brad	69	UC10	1:03.00
4	Hahn, Darek	57	Jersey Area Mast-7	1:02.00
5	Hanneschlager, Michael	49	UC10	1:02.50
6	Murphy, Richard	64	Virginia Masters-12	1:03.39
7	Moriarty, Michael	63	Cavalier Masters-12	1:04.00
8	Denes, Thomas	66	Montgomery Ancie-10	1:05.00

Heat 6 of 12 Finals

1	Kannegieser, Robert	66	Philadelphia Fin-8	1:01.50
2	Ruback, Mark	54	North Carolina M-13	1:00.85
3	Elliott, Stephen	22	Reston Masters S-10	1:00.00
4	Joubert, Kevin	51	Merritt Marlins-9	1:00.00
5	Gwilliam, Glenn	45	Reston Masters S-10	1:00.00
6	Stevens, Finley	18	University of Rh-58	1:00.27
7	Jarosz, Mark	66	Shepherd Unvers-12	1:01.20
8	Fisher, Robert	51	UC09	1:01.70

Heat 7 of 12 Finals

1	Gustafson, Jeremy	42	YMCA 7 Hills Sur-12	59.84
2	Taylor, Tim	37	Alexandria Maste-10	59.01
3	Adkins, Dana	47	Club Tribe-12	58.45
4	Wyckoff, Ben	59	Connecticut Mast-5	57.91
5	Schmitt, Sam	38	Arlington Master-10	58.00
6	Buckner, Michael	43	Alexandria Maste-10	58.50
7	Garrity, Anthony	33	UC02	59.37
8	McLallen, Scott	52	Lane 4 Swimming-10	59.99

Heat 8 of 12 Finals

1	Boris, Joseph	44	Spring Valley YM-8	57.50
2	Keith, Algernon	63	Virginia Masters-12	57.00
3	Levy, Daniel	54	Fredericksburg A-12	56.87
4	Nystrom, Jack	19	University of Rh-58	56.75
5	Sweeney, Conor	20	University of Rh-58	56.80
6	Taggart, Ross	34	Club Tribe-12	57.00
7	Ocampo, Aidan	22	University of Rh-58	57.50
8	Morrow, Alex	26	Club Tribe-12	57.50

Heat 9 of 12 Finals

1	McQuiggan, Jacob	30	Cavalier Masters-12	56.46
2	Harbourt, Cliff	51	Club Tribe-12	55.79
3	Zalewski, Michael	19	University of Rh-58	55.10
4	Tran, William	32	Arlington Master-10	54.53
5	Capen, Zachary	20	University of Rh-58	55.00
6	Miller, Asher	18	University of Rh-58	55.50
7	Kelly, Luke	18	University of Rh-58	56.21
8	Mello, James	52	Sea Devil Swimmi-10	56.69

Heat 10 of 12 Finals

1	Bracewell, Ryan	22	Club Tribe-12	54.13
2	Hambly, Parker	18	University of Rh-58	54.00
3	Cypser, Eric	23	Anne Arundel Amp-9	53.50
4	Vespa, Hernan	53	UC07	53.36
5	Segal, William	59	Jersey Area Mast-7	53.50
6	Gromling, Steven	34	Virginia Masters-12	53.75
7	Wolfe, Ryan	31	Patriot Masters-10	54.00
8	Robertson, John	52	Spring Valley YM-8	54.30

Heat 11 of 12 Finals

1	Phillips, Carr	58	District Of Colu-10	52.55
2	Knapik, Chad	25	Virginia Masters-12	52.00
3	Rees, Greg	54	Spring Valley YM-8	50.96
4	Rich, Justin	26	Poseidon Masters-12	50.78
5	Hildebrand, David	43	Club Tribe-12	50.88
6	Joo, Jared	24	Club Tribe-12	51.00
7	Major, Kyle	24	Club Tribe-12	52.10
8	Walker, Adam	33	Club Tribe-12	52.72

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Heat 12 Finals (#24 Men 100 Yard Freestyle)

1	Chen, Roy	29	Excel Swimming-7	49.73
2	Bulakul, Sirin	36	Club Tribe-12	49.58
3	Marsh, Matthew	24	Spring Valley YM-8	49.00
4	Lee, Oliver	31	Crimzone-12	47.00
5	Brukx, Peter	24	Club Tribe-12	47.06
6	Dellanoce, Michael	39	North Carolina M-13	49.04
7	Gross, Jeremy	52	Spring Valley YM-8	49.70
8	Hiltabiddle, Steve	57	Colonials 1776-8	50.75

Event 25 Women 400 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			
2	University of Rh-58	W18 A	6:09.00
	1) Wallitsch, Megan W19	2) Negi, Bhavya W20	
	3) Williams, Adriana W22	4) Carvalho, Jocelyn W19	
3	Reston Masters S-10	W45 A	4:58.58
	1) Brightwell, Kim W64	2) Kirwan, Denise W72	
	3) Bass, Amy W53	4) Johnson, Mindy W60	
4	Cavalier Masters-12	W18 A	2:25.00
	1) Bond, Lisa W55	2) Ciolfi, Angela W46	
	3) Soleo, Lauren W24	4) May, Julia W60	
5	Club Tribe-12	W18 A	4:50.00
	1) Choe, Michele W46	2) Jacobs, Elyse W25	
	3) Littlepage, Madison W24	4) Mackall, Suni W61	
6	Virginia Masters-12	W55 A	5:43.00
	1) Jaeger, Debbie W61	2) Boslego, Barbara W72	
	3) Gregory, Barbie W55	4) Speer, Nancy W61	
7			
8			

Event 26 Men 400 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
1			
2			
3	Fredericksburg A-12	M55 A	NT
	1) Ingebretsen, Carl M62	2) Karl, Steven M61	
	3) McGroarty, Patrick M60	4) Barron, Daniel M60	
4	Cavalier Masters-12	M55 A	6:15.00
	1) Armand, Gregory M60	2) Crane, John M72	
	3) Shannon, Dennis M70	4) Mills, Edward M55	
5	Reston Masters S-10	M75 A	9:54.54
	1) Gerson, Gordon M87	2) Pilette, Sterling M82	
	3) Paulson, Laurence M75	4) Manheim, Frank M93	
6			
7			
8			

Heat 2 of 2 Finals

1	Club Tribe-12	M25 A	4:12.00
	1) Morrow, Alex M26	2) Walker, Adam M33	
	3) Taggart, Ross M34	4) Griffin, Brendan M40	
2	Spring Valley YM-8	M45 A	3:58.00
	1) Robertson, John M52	2) Houchins, Bradford M46	
	3) Rees, Greg M54	4) Gross, Jeremy M52	
3	Club Tribe-12	M35 A	3:48.00
	1) Bulakul, Sirin M36	2) Somensatto, Jason M42	
	3) Elsaesser, Evan M39	4) Hildebrand, David M43	
4	Club Tribe-12	M18 A	3:25.00
	1) Kettlewell-Sites, Sam M26	2) Katis, Chuck M31	
	3) Brukx, Peter M24	4) Zerunyan, Marko M22	
5	Club Tribe-12	M18 B	3:47.00
	1) Nitkiewicz, Travis M22	2) Joo, Jared M24	
	3) Major, Kyle M24	4) Blindenbach, Jacob M24	
6	University of Rh-58	M18 A	3:50.00
	1) Capen, Zachary M20	2) McQuesten, Casey M20	
	3) Monroy, Roy M22	4) Zalewski, Michael M19	
7	Club Tribe-12	M45 A	3:59.00
	1) Bell, David M48	2) Gowetski, Dan M46	
	3) Ruckdeschel, Jonathan M55	4) Williams, Rich M48	
8	Club Tribe-12	M45 B	4:18.00
	1) Rockwell, John M49	2) Adkins, Dana M47	
	3) Harbourt, Cliff M51	4) Slater, Douglas M66	

Event 27 Mixed 400 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	Fredericksburg A-12	X25 B	NT
	1) Malony, Shawn M34	2) Dickens, Susan W62	
	3) Levy, Daniel M54	4) Shand, Stephanie W25	
2	Cavalier Masters-12	X65 A	5:23.62
	1) Wardle, William M72	2) Bauer, Craig M71	
	3) Loftus-Charley, Shirley W72	4) Clute, Meg W68	
3	Virginia Masters-12	X55 A	4:49.00
	1) Van Horn Pate, Val W61	2) Miller, Patricia W63	
	3) Sushkoff, George M58	4) Keith, Algernon M63	
4	Virginia Masters-12	X18 A	4:29.00
	1) Buscaglia, Caycee W59	2) Haywood, Che'Rel W24	
	3) Laurence, Noah M42	4) Daly, James M53	
5	Reston Masters S-10	X25 A	4:38.38
	1) Skelley-Stoffa, Gregory M30	2) Segovia, Vanessa W37	
	3) Skelley-Stoffa, Emma W28	4) Dion, Thomas M45	
6	Cavalier Masters-12	X25 A	5:10.00
	1) Moriarty, Michael M63	2) McQuiggan, Jacob M30	
	3) Dalton, Wendy W53	4) Rinsma, Sarah W32	
7	Fredericksburg A-12	X25 A	NT
	1) Graf, William M34	2) Bates, Lindsey W30	
	3) Ellsmore, Rachel W25	4) Higgins, Matthew M25	
8			

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Event 29 Women 400 Yard IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1	Dickens, Susan	62	Fredericksburg A-12	7:15.00
2	Snow, Karen	64	Merritt Marlins-9	6:20.00
3	Burke, Barbara	62	Colonials 1776-8	5:58.26
4	Davidson, Michelle	53	Garden State Mas-7	5:53.00
5	Steadman Martin, Nancy	69	Garden State Mas-7	5:55.25
6	Loftus-Charley, Shirley	72	Cavalier Masters-12	6:10.00
7	Stutz, Kathleen	41	Swim Fort Lauder-50	6:30.00
8				
Heat 2 of 2 Finals				
1	Sanfield, Katie	22	Potomac Marlin M-10	5:45.00
2	Vazquez, Maria	58	North Carolina M-13	5:23.91
3	Cubbler, Rebecca	26	Spring Valley YM-8	4:50.00
4	ElzHowe, Acadia	21	Lynchburg Aquati-12	4:48.58
5	Holland, Irish	43	North Carolina M-13	4:49.03
6	Marshall, Victoria	35	Colonials 1776-8	5:19.71
7	Rose, Laura	37	Terrapin Masters-10	5:25.00
8	Crusco, Kysa	48	New England Mast-2	5:50.19

Event 30 Men 400 Yard IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
1				
2	Paulson, Laurence	75	Reston Masters S-10	8:30.00
3	Duguay, Rob	38	Connecticut Mast-5	6:05.86
4	Ingebretsen, Carl	62	Fredericksburg A-12	6:00.00
5	Hiltabiddle, Steve	57	Colonials 1776-8	6:00.00
6	Earle, Daniel	52	Club Tribe-12	6:06.72
7				
8				
Heat 2 of 3 Finals				
1	Mills, Matthew	47	Georgia Masters-45	5:55.55
2	Levy, Daniel	54	Fredericksburg A-12	5:45.00
3	Kannegieser, Robert	66	Philadelphia Fin-8	5:40.39
4	Rubacky, Mark	54	North Carolina M-13	5:25.57
5	Mello, James	52	Sea Devil Swimmi-10	5:39.53
6	Wells, Ernie	60	Lane 4 Swimming-10	5:42.00
7	Cantwell, Andrew	43	Lane 4 Swimming-10	5:46.99
8	Keith, Algernon	63	Virginia Masters-12	5:57.36
Heat 3 of 3 Finals				
1	Taggart, Ross	34	Club Tribe-12	5:20.00
2	Griffin, Brendan	40	Club Tribe-12	5:10.00
3	DeShayes, Gary	39	Montgomery Ancie-10	4:40.44
4	Dellanoce, Michael	39	North Carolina M-13	4:13.16
5	Galarza, Daniel	26	Rutherford Maste-7	4:35.00
6	Dion, Thomas	45	Reston Masters S-10	4:56.66
7	Boris, Joseph	44	Spring Valley YM-8	5:19.15
8	Chambers, John	68	Agua Masters-6	5:25.00

Event 31 Women 50 Yard Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Finals				
1				
2				
3	Bates, Lindsey	30	Fredericksburg A-12	1:30.00
4	Atkinson, Fiona	73	New England Mast-2	48.00
5	Grenfell, Daisie	55	Virginia Masters-12	52.21
6				
7				
8				
Heat 2 of 5 Finals				
1	Sprietsma, Michele	60	Garden State Mas-7	45.00
2	Walz, Susannah	72	Maryland Masters-9	42.85
3	King, Molly	31	Colonials 1776-8	38.66
4	Hollings, Charlotte	59	Virginia Masters-12	38.00
5	Stubert, Hannah	34	Alexandria Maste-10	38.00
6	Philpott, Kate	47	Reston Masters S-10	41.94
7	Lampe, Betty	68	Colonials 1776-8	44.97
8	Webb, Linda	78	Swim Fort Lauder-50	46.54
Heat 3 of 5 Finals				
1	Bogges, Wendi	51	Burkwood Aquatic-12	36.35
2	Rinsma, Sarah	32	Cavalier Masters-12	35.50
3	Dalton, Wendy	53	Cavalier Masters-12	33.81
4	Davidson, Michelle	53	Garden State Mas-7	33.00
5	Williams, Adriana	22	University of Rh-58	33.55
6	Burke, Barbara	62	Colonials 1776-8	34.18
7	Stutz, Kathleen	41	Swim Fort Lauder-50	36.00
8	Loftus-Charley, Shirley	72	Cavalier Masters-12	37.00
Heat 4 of 5 Finals				
1	Van Horn, Alaina	43	Lane 4 Swimming-10	32.55
2	Cioffi, Angela	46	Cavalier Masters-12	32.19
3	Ricci, Alice	24	Germantown Maryl-10	32.00
4	Ellsmore, Rachel	25	Fredericksburg A-12	30.84
5	Sanfield, Katie	22	Potomac Marlin M-10	32.00
6	Segovia, Vanessa	37	Reston Masters S-10	32.00
7	Vaughan, Mason	39	Virginia Masters-12	32.43
8	Rash, Emily	51	Steel City Aquat-11	32.59
Heat 5 of 5 Finals				
1	Jacobs, Elyse	25	Club Tribe-12	30.57
2	Bass, Amy	53	Reston Masters S-10	30.00
3	Choe, Michele	46	Club Tribe-12	29.80
4	Holland, Irish	43	North Carolina M-13	28.03
5	Grover, Mollie	43	Terrapin Masters-10	28.63
6	Glisan, Sarah	27	UC08	29.90
7	Robertson, Stephanie	30	Spring Valley YM-8	30.42
8	Van Horn Pate, Val	61	Virginia Masters-12	30.63

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Event 32 Men 50 Yard Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Finals

1				
2				
3	Sulik, William	65	UC10	1:08.00
4	Paulson, Laurence	75	Reston Masters S-10	47.35
5	Pilette, Sterling	82	Reston Masters S-10	1:00.00
6				
7				
8				

Heat 2 of 9 Finals

1	Toy, Raymond	57	Central Maryland-9	38.05
2	Rickard, Alan	67	Palm Beach Maste-50	35.99
3	Potter, Thomas	61	Georgia Masters-45	35.50
4	Dearfield, Kerry	71	Lane 4 Swimming-10	34.50
5	Sushkoff, George	58	Virginia Masters-12	35.40
6	Evans, Brian	59	Reston Masters S-10	35.53
7	Tompkins, Richard	77	Maryland Masters-9	37.75
8	Barron, Daniel	60	Fredericksburg A-12	40.00

Heat 3 of 9 Finals

1	McGroarty, Patrick	60	Fredericksburg A-12	33.99
2	Higgins, Matthew	25	Fredericksburg A-12	33.70
3	Gwilliam, Glenn	45	Reston Masters S-10	32.00
4	Shannon, Dennis	70	Cavalier Masters-12	31.30
5	Baker, Patrick	51	Lane 4 Swimming-10	31.70
6	Jarosz, Mark	66	Shepherd Univers-12	32.20
7	Dougherty, Stephen	72	Colonials 1776-8	33.72
8	Graf, William	34	Fredericksburg A-12	34.05

Heat 4 of 9 Finals

1	Kannegieser, Robert	66	Philadelphia Fin-8	30.50
2	Ocampo, Aidan	22	University of Rh-58	30.00
3	Schapiro, Adam	37	Rappahannock Ymc-12	29.99
4	de Jesus, Jose	63	North Carolina M-13	29.92
5	Adkins, Dana	47	Club Tribe-12	29.96
6	Houchins, Bradford	46	Spring Valley YM-8	30.00
7	Rawley, James	70	Excel Swimming-7	30.50
8	Murphy, Richard	64	Virginia Masters-12	31.16

Heat 5 of 9 Finals

1	McQuiggan, Jacob	30	Cavalier Masters-12	29.45
2	Levy, Daniel	54	Fredericksburg A-12	29.00
3	Morrow, Alex	26	Club Tribe-12	28.50
4	Sweeney, Conor	20	University of Rh-58	28.00
5	Gromling, Steven	34	Virginia Masters-12	28.45
6	Ellis, Brian	56	Lane 4 Swimming-10	28.67
7	Slater, Douglas	66	Club Tribe-12	29.00
8	Langille, Andrew	20	University of Rh-58	29.79

Heat 6 of 9 Finals

1	Hellmann, Ralph	62	Sarasota Sharks-14	27.22
2	Zalewski, Michael	19	University of Rh-58	27.10
3	Goodison, Michael	52	Terrapin Masters-10	26.95
4	Wyckoff, Ben	59	Connecticut Mast-5	26.86
5	Nystrom, Jack	19	University of Rh-58	26.90
6	Burch, Timothy	45	UC10	27.02
7	Harbourt, Cliff	51	Club Tribe-12	27.10
8	Strahota, Jeffrey	43	Terrapin Masters-10	27.72

Heat 7 of 9 Finals

1	Bracewell, Ryan	22	Club Tribe-12	26.52
2	Schick, Benjamin	35	Arlington Master-10	26.20
3	DiMeglio, David	23	UC10	25.95
4	Linaburg, Jeremy	26	Club Tribe-12	25.74
5	Williams, Neill	56	District Of Colu-10	25.88
6	Ruckdeschel, Jonathan	55	Club Tribe-12	26.01
7	Segal, William	59	Jersey Area Mast-7	26.50
8	McNeil, Robert	48	Reston Masters S-10	26.70

Heat 8 of 9 Finals

1	Bell, David	48	Club Tribe-12	25.38
2	Chen, Roy	29	Excel Swimming-7	24.82
3	Elliott, Matthew	29	UC27	24.50
4	Macedonia, Nicholas	37	Lane 4 Swimming-10	24.49
5	Hiltabiddle, Steve	57	Colonials 1776-8	24.50
6	De Jesus, Jose	30	Terrapin Masters-10	24.56
7	Hambly, Parker	18	University of Rh-58	25.09
8	Lang, Derek	22	Virginia Masters-12	25.50

Heat 9 of 9 Finals

1	Rees, Greg	54	Spring Valley YM-8	24.36
2	Zerunyan, Marko	22	Club Tribe-12	23.50
3	Brukx, Peter	24	Club Tribe-12	22.97
4	Mastracci, Kevin	28	Virginia Masters-12	22.23
5	Blindenbach, Jacob	24	Club Tribe-12	22.90
6	Elsaesser, Evan	39	Club Tribe-12	23.36
7	Gross, Jeremy	52	Spring Valley YM-8	24.18
8	Monroy, Roy	22	University of Rh-58	24.44

Event 33 Women 100 Yard Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Bachman, Martha	75	Cavalier Masters-12	2:33.24
2				
3				
4	Meggison, Pania	63	Cavalier Masters-12	1:58.00
5	Burns, Suzi	76	Cavalier Masters-12	2:09.74
6				
7				
8				

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Heat 2 Finals (#33 Women 100 Yard Backstroke)

1	Hollings, Charlotte	59	Virginia Masters-12	1:35.00
2	Carvalho, Jocelyn	19	University of Rh-58	1:25.20
3	Loftus-Charley, Shirley	72	Cavalier Masters-12	1:23.00
4	Sanfield, Katie	22	Potomac Marlin M-10	1:20.00
5	Bogges, Wendi	51	Burkwood Aquatic-12	1:20.93
6	Kirwan, Denise	72	Reston Masters S-10	1:24.00
7	Clute, Meg	68	Cavalier Masters-12	1:30.61
8	Wolff, Melinda	71	Colonials 1776-8	1:45.00

Heat 3 of 4 Finals

1	Steadman Martin, Nancy	69	Garden State Mas-7	1:18.50
2	Buscaglia, Caycee	59	Virginia Masters-12	1:17.10
3	Brightwell, Kim	64	Reston Masters S-10	1:16.48
4	Crusco, Kysa	48	New England Mast-2	1:15.12
5	Littlepage, Madison	24	Club Tribe-12	1:15.27
6	Ricci, Alice	24	Germantown Maryl-10	1:16.82
7	King, Molly	31	Colonials 1776-8	1:17.98
8	Ihrig, Ylva	54	Lane 4 Swimming-10	1:19.00

Heat 4 of 4 Finals

1	Pfinsgraff, Joan	70	Maryland Masters-9	1:14.00
2	Glisan, Sarah	27	UC08	1:10.00
3	Davidson, Michelle	53	Garden State Mas-7	1:08.49
4	ElzHowe, Acadia	21	Lynchburg Aquati-12	1:04.53
5	Keller, Claudia	25	Fredericksburg A-12	1:05.00
6	Rash, Emily	51	Steel City Aquat-11	1:08.61
7	Van Horn Pate, Val	61	Virginia Masters-12	1:12.01
8	Van Horn, Alaina	43	Lane 4 Swimming-10	1:14.02

Event 34 Men 100 Yard Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1				
2				
3	Gerson, Gordon	87	Reston Masters S-10	2:48.07
4	Paulson, Laurence	75	Reston Masters S-10	1:38.16
5	Miller, James	73	Virginia Masters-12	1:48.00
6	Nobbe, Nick	85	Reston Masters S-10	3:00.00
7				
8				

Heat 2 of 5 Finals

1	Linehan, Sean	63	Lane 4 Swimming-10	1:35.00
2	Barron, Daniel	60	Fredericksburg A-12	1:30.00
3	Graf, William	34	Fredericksburg A-12	1:22.65
4	Rubacky, Mark	54	North Carolina M-13	1:15.62
5	Evans, Brian	59	Reston Masters S-10	1:18.16
6	Leonard, Roger	76	Montgomery Ancie-10	1:28.13
7	Toy, Raymond	57	Central Maryland-9	1:34.92
8	Karl, Steven	61	Fredericksburg A-12	1:35.70

Heat 3 of 5 Finals

1	Ingebretsen, Carl	62	Fredericksburg A-12	1:14.00
2	Garrity, Anthony	33	UC02	1:09.78
3	Taylor, Tim	37	Alexandria Maste-10	1:08.11
4	Slater, Douglas	66	Club Tribe-12	1:05.10
5	Buckner, Michael	43	Alexandria Maste-10	1:06.50
6	Earle, Daniel	52	Club Tribe-12	1:09.52
7	Wardle, William	72	Cavalier Masters-12	1:11.72
8	Mello, James	52	Sea Devil Swimmi-10	1:14.30

Heat 4 of 5 Finals

1	Griffin, Brendan	40	Club Tribe-12	1:04.56
2	Strahota, Jeffrey	43	Terrapin Masters-10	1:03.01
3	Zalewski, Michael	19	University of Rh-58	1:02.10
4	Wu, Timothy Dorje	24	Club Tribe-12	1:02.00
5	Knapik, Chad	25	Virginia Masters-12	1:02.00
6	Mirt, Chad	50	Crimzone-12	1:03.00
7	Phillips, Carr	58	District Of Colu-10	1:03.08
8	Ruckdeschel, Jonathan	55	Club Tribe-12	1:05.00

Heat 5 of 5 Finals

1	Morrow, Alex	26	Club Tribe-12	59.80
2	Robertson, John	52	Spring Valley YM-8	58.25
3	Rees, Greg	54	Spring Valley YM-8	57.59
4	Kettlewell-Sltes, Sam	26	Club Tribe-12	49.48
5	Capen, Zachary	20	University of Rh-58	57.52
6	Bell, David	48	Club Tribe-12	57.98
7	Chen, Roy	29	Excel Swimming-7	58.86
8	Rockwell, John	49	Club Tribe-12	1:01.50

Event 35 Women 200 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Bates, Lindsey	30	Fredericksburg A-12	5:00.00
2	Webb, Linda	78	Swim Fort Lauder-50	4:08.41
3	Merena, Elizabeth	71	UC06	3:54.52
4	Boslego, Barbara	72	Virginia Masters-12	3:47.29
5	Hood, Patricia	68	Colonials 1776-8	3:49.60
6	Dickens, Susan	62	Fredericksburg A-12	4:00.00
7	Burns, Suzi	76	Cavalier Masters-12	4:55.20
8	Johnston, Jennifer	76	Lane 4 Swimming-10	7:59.90

Heat 2 of 2 Finals

1	Loftus-Charley, Shirley	72	Cavalier Masters-12	3:25.00
2	Snow, Karen	64	Merritt Marlins-9	3:20.00
3	Davidson, Michelle	53	Garden State Mas-7	3:15.00
4	Stubert, Hannah	34	Alexandria Maste-10	3:00.61
5	Burke, Barbara	62	Colonials 1776-8	3:07.18
6	Miller, Patricia	63	Virginia Masters-12	3:15.00
7	Steadman Martin, Nancy	69	Garden State Mas-7	3:20.50
8	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	3:30.51

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Event 36 Men 200 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
1	Gerson, Gordon	87	Reston Masters S-10	8:58.97
2	Dougherty, Stephen	72	Colonials 1776-8	3:10.67
3	Kimball, Joe	55	Club Tribe-12	3:08.60
4	Cantwell, Andrew	43	Lane 4 Swimming-10	3:04.98
5	Ledwith, Brian	64	Colonials 1776-8	3:05.07
6	Duguay, Rob	38	Connecticut Mast-5	3:10.23
7	Bauer, Craig	71	Cavalier Masters-12	3:15.50
8				
Heat 2 of 3 Finals				
1	Paulson, Laurence	75	Reston Masters S-10	3:00.00
2	Boris, Joseph	44	Spring Valley YM-8	2:46.71
3	Kannegieser, Robert	66	Philadelphia Fin-8	2:45.00
4	Williams, Neill	56	District Of Colu-10	2:31.88
5	Keyser, Brian	67	Colonials 1776-8	2:40.00
6	Rubacky, Mark	54	North Carolina M-13	2:45.86
7	Keith, Algernon	63	Virginia Masters-12	2:54.00
8	Izadpanah, Kevin	31	UC10	3:00.00
Heat 3 of 3 Finals				
1	Somensatto, Jason	42	Club Tribe-12	2:30.05
2	Gowetski, Dan	46	Club Tribe-12	2:25.69
3	Lang, Derek	22	Virginia Masters-12	2:25.00
4	Nitkiewicz, Travis	22	Club Tribe-12	2:15.00
5	Izadpanah, Mason	24	UC10	2:25.00
6	McQuiggan, Jacob	30	Cavalier Masters-12	2:25.63
7	Goodison, Michael	52	Terrapin Masters-10	2:29.70
8	McQuesten, Casey	20	University of Rh-58	2:30.94

Event 37 Women 400 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			
2			
3			
4	Virginia Masters-12	W55 A	4:48.00
	1) Buscaglia, Caycee W59	2) Boslego, Barbara W72	
	3) Speer, Nancy W61	4) Hollings, Charlotte W59	
5	Cavalier Masters-12	W45 A	5:50.00
	1) Dalton, Wendy W53	2) May, Julia W60	
	3) Bond, Lisa W55	4) Bufton, Evelyn W73	
6			
7			
8			

Event 38 Men 400 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	Club Tribe-12	M45 A	3:35.00
	1) Williams, Rich M48	2) Ruckdeschel, Jonathan M55	
	3) Harbourt, Cliff M51	4) Bell, David M48	
2	Lane 4 Swimming-10	M35 A	4:09.04
	1) Baker, Patrick M51	2) Ellis, Brian M56	
	3) Macedonia, Nicholas M37	4) Cantwell, Andrew M43	
3	Club Tribe-12	M18 B	3:38.00
	1) Bracewell, Ryan M22	2) Taggart, Ross M34	
	3) Morrow, Alex M26	4) Major, Kyle M24	
4	Club Tribe-12	M18 A	3:14.00
	1) Brukx, Peter M24	2) Zerunyan, Marko M22	
	3) Blindenbach, Jacob M24	4) Kettlewell-Sites, Sam M26	
5	Club Tribe-12	M35 A	3:33.00
	1) Elsaesser, Evan M39	2) Somensatto, Jason M42	
	3) Griffin, Brendan M40	4) Hildebrand, David M43	
6	Club Tribe-12	M45 B	3:59.00
	1) Slater, Douglas M66	2) Kimball, Joe M55	
	3) Earle, Daniel M52	4) Gowetski, Dan M46	
7	Fredericksburg A-12	M55 A	4:50.00
	1) Ingebretsen, Carl M62	2) Karl, Steven M61	
	3) McGroarty, Patrick M60	4) Barron, Daniel M60	
8			

Event 39 Mixed 400 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
1			
2			
3	Cavalier Masters-12	X55 A	5:40.00
	1) Williams, Diana W69	2) Meggison, Pania W63	
	3) Mills, Edward M55	4) Armand, Gregory M60	
4	Cavalier Masters-12	X25 A	4:50.00
	1) Ciolfi, Angela W46	2) Rinsma, Sarah W32	
	3) Wardle, William M72	4) McQuiggan, Jacob M30	
5	Lane 4 Swimming-10	X45 A	4:55.00
	1) Becker, Marlene W59	2) Dearfield, Kerry M71	
	3) Ihrig, Ylva W54	4) Killian, Jeffrey M56	
6			
7			
8			

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Heat 2 Finals (#39 Mixed 400 Yard Freestyle Relay)

1				
2	Fredericksburg A-12	X25	A	4:45.00
	1) Malony, Shawn M34			2) Levy, Daniel M54
	3) Ellsmore, Rachel W25			4) Dickens, Susan W62
3	Reston Masters S-10	X25	A	4:23.23
	1) Tendolkar, Gaurav M32			2) Segovia, Vanessa W37
	3) Philpott, Kate W47			4) Evans, Brian M59
4	Club Tribe-12	X18	A	3:48.00
	1) Wu, Timothy Dorje M24			2) Nitkiewicz, Travis M22
	3) Littlepage, Madison W24			4) Jacobs, Elyse W25
5	Club Tribe-12	X45	A	4:08.00
	1) Rockwell, John M49			2) Adkins, Dana M47
	3) Mackall, Suni W61			4) Choe, Michele W46
6	Cavalier Masters-12	X65	A	4:36.77
	1) Shannon, Dennis M70			2) Clute, Meg W68
	3) Loftus-Charley, Shirley W72			4) Bauer, Craig M71
7	Virginia Masters-12	X18	A	4:49.00
	1) Lang, Derek M22			2) Miller, James M73
	3) Grenfell, Daisie W55			4) Swain, Jayme W49
8				

Event 41 Women 200 Yard Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Stutz, Kathleen	41	Swim Fort Lauder-50	3:15.00
2	Steadman Martin, Nancy	69	Garden State Mas-7	2:52.50
3	Congdon, Heather	45	Germantown Maryl-10	2:26.52
4	ElzHowe, Acadia	21	Lynchburg Aquati-12	2:08.89
5	Marshall, Victoria	35	Colonials 1776-8	2:25.81
6	Davidson, Michelle	53	Garden State Mas-7	2:52.00
7	Vazquez, Maria	58	North Carolina M-13	3:05.00
8	Lampe, Betty	68	Colonials 1776-8	4:05.37

Event 42 Men 200 Yard Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
1				
2				
3	Sulik, William	65	UC10	5:14.00
4	Tompkins, Richard	77	Maryland Masters-9	3:45.36
5	Paulson, Laurence	75	Reston Masters S-10	4:15.59
6				
7				
8				
Heat 2 of 3 Finals				
1	McGroarty, Patrick	60	Fredericksburg A-12	3:34.00
2	Wells, Ernie	60	Lane 4 Swimming-10	2:54.00
3	Hiltabiddle, Steve	57	Colonials 1776-8	2:50.00
4	Wyckoff, Ben	59	Connecticut Mast-5	2:38.53
5	Ruback, Mark	54	North Carolina M-13	2:47.57
6	Ingebretsen, Carl	62	Fredericksburg A-12	2:52.94
7	Duguay, Rob	38	Connecticut Mast-5	3:17.46
8				

Heat 3 of 3 Finals

1	Taggart, Ross	34	Club Tribe-12	2:30.00
2	Adkins, Dana	47	Club Tribe-12	2:29.67
3	Schick, Benjamin	35	Arlington Master-10	2:14.99
4	Conover, Arthur	29	Patriot Masters-10	2:00.00
5	Wu, Timothy Dorje	24	Club Tribe-12	2:10.00
6	Major, Kyle	24	Club Tribe-12	2:15.00
7	Chambers, John	68	Agua Masters-6	2:30.00
8	Harbourt, Cliff	51	Club Tribe-12	2:32.91

Event 43 Women 50 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Finals				
1				
2				
3	Berg, Patricia	80	UC10	2:00.00
4	Burns, Suzi	76	Cavalier Masters-12	1:04.38
5	Bates, Lindsey	30	Fredericksburg A-12	1:30.00
6				
7				
8				

Heat 2 of 5 Finals

1	Rogers, Phyllis	67	Freedom Aquatic-12	1:00.06
2	May, Julia	60	Cavalier Masters-12	54.24
3	Buften, Evelyn	73	Cavalier Masters-12	52.20
4	Hood, Patricia	68	Colonials 1776-8	48.69
5	Webb, Linda	78	Swim Fort Lauder-50	50.26
6	Bowman, Branka	58	Lane 4 Swimming-10	53.27
7	Grenfell, Daisie	55	Virginia Masters-12	54.31
8				

Heat 3 of 5 Finals

1	Hollings, Charlotte	59	Virginia Masters-12	48.00
2	Sprietsma, Michele	60	Garden State Mas-7	46.20
3	Dickens, Susan	62	Fredericksburg A-12	45.20
4	Davidson, Michelle	53	Garden State Mas-7	45.00
5	Glisan, Sarah	27	UC08	45.00
6	Walz, Susannah	72	Maryland Masters-9	45.84
7	Atkinson, Fiona	73	New England Mast-2	47.00
8	Bond, Lisa	55	Cavalier Masters-12	48.64

Heat 4 of 5 Finals

1	Wallitsch, Megan	19	University of Rh-58	44.34
2	Merena, Elizabeth	71	UC06	43.75
3	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	42.37
4	Dalton, Wendy	53	Cavalier Masters-12	41.58
5	Bogges, Wendi	51	Burkwood Aquatic-12	41.65
6	Kirwan, Denise	72	Reston Masters S-10	43.00
7	Negi, Bhavya	20	University of Rh-58	44.30
8	Philpott, Kate	47	Reston Masters S-10	44.35

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Heat 5 Finals (#43 Women 50 Yard Breaststroke)

1	Wolff, Melinda	71	Colonials 1776-8	40.20
2	Franklin, Morgan	26	Rutherford Maste-7	39.00
3	Swain, Jayme	49	Virginia Masters-12	37.88
4	Vaughan, Mason	39	Virginia Masters-12	36.82
5	Rose, Laura	37	Terrapin Masters-10	37.65
6	Miller, Patricia	63	Virginia Masters-12	38.52
7	Cioffi, Angela	46	Cavalier Masters-12	39.36
8	Brightwell, Kim	64	Reston Masters S-10	40.90

Event 44 Men 50 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1	Gerson, Gordon	87	Reston Masters S-10	1:58.64
2	Mills, Edward	55	Cavalier Masters-12	50.00
3	Malony, Shawn	34	Fredericksburg A-12	40.00
4	Higgins, Matthew	25	Fredericksburg A-12	38.24
5	Dougherty, Stephen	72	Colonials 1776-8	38.84
6	Leonard, Roger	76	Montgomery Ancie-10	45.00
7	Pilette, Sterling	82	Reston Masters S-10	1:12.00
8				

Heat 2 of 6 Finals

1	Potter, Thomas	61	Georgia Masters-45	38.00
2	Levy, Daniel	54	Fredericksburg A-12	37.88
3	Mello, James	52	Sea Devil Swimmi-10	35.92
4	McNeil, Robert	48	Reston Masters S-10	35.24
5	Hiltabiddle, Steve	57	Colonials 1776-8	35.35
6	Ledwith, Brian	64	Colonials 1776-8	36.99
7	Tendolkar, Gaurav	32	Reston Masters S-10	38.00
8	Bauer, Craig	71	Cavalier Masters-12	38.20

Heat 3 of 6 Finals

1	Schapiro, Adam	37	Rappahannock Ymc-12	34.50
2	Knapik, Chad	25	Virginia Masters-12	33.00
3	Nystrom, Jack	19	University of Rh-58	32.00
4	Kelly, Luke	18	University of Rh-58	31.55
5	Ruckdeschel, Jonathan	55	Club Tribe-12	31.78
6	Stevens, Finley	18	University of Rh-58	32.58
7	Laiti, Chris	63	Sarasota Sharks-14	34.00
8	Gwilliam, Glenn	45	Reston Masters S-10	35.00

Heat 4 of 6 Finals

1	Chen, Roy	29	Excel Swimming-7	31.12
2	Somensatto, Jason	42	Club Tribe-12	30.34
3	Sweeney, Conor	20	University of Rh-58	30.00
4	Gromling, Steven	34	Virginia Masters-12	29.88
5	Izadpanah, Mason	24	UC10	30.00
6	Goodison, Michael	52	Terrapin Masters-10	30.12
7	Hellmann, Ralph	62	Sarasota Sharks-14	30.63
8	Keyser, Brian	67	Colonials 1776-8	31.47

Heat 5 of 6 Finals

1	Gowetski, Dan	46	Club Tribe-12	29.69
2	McQuesten, Casey	20	University of Rh-58	29.32
3	Houchins, Bradford	46	Spring Valley YM-8	28.99
4	Williams, Neill	56	District Of Colu-10	28.88
5	Williams, Rich	48	Club Tribe-12	28.88
6	DiMeglio, David	23	UC10	28.99
7	McQuiggan, Jacob	30	Cavalier Masters-12	29.34
8	Gross, Jeremy	52	Spring Valley YM-8	29.73

Heat 6 of 6 Finals

1	Wolfe, Ryan	31	Patriot Masters-10	28.26
2	Mastracci, Kevin	28	Virginia Masters-12	28.00
3	Bracewell, Ryan	22	Club Tribe-12	27.33
4	Nitkiewicz, Travis	22	Club Tribe-12	26.50
5	De Jesus, Jose	30	Terrapin Masters-10	26.93
6	Macedonia, Nicholas	37	Lane 4 Swimming-10	27.75
7	Linaburg, Jeremy	26	Club Tribe-12	28.20
8	Monroy, Roy	22	University of Rh-58	28.80

Event 45 Women 200 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1				
2				
3	Rogers, Phyllis	67	Freedom Aquatic-12	3:38.25
4	Grilli, Tracy	67	New England Mast-2	3:15.00
5	Bates, Lindsey	30	Fredericksburg A-12	3:31.63
6				
7				
8	Bachman, Martha	75	Cavalier Masters-12	4:59.51

Heat 2 of 4 Finals

1	Lampe, Betty	68	Colonials 1776-8	3:02.72
2	Dickens, Susan	62	Fredericksburg A-12	2:43.85
3	Bond, Lisa	55	Cavalier Masters-12	2:38.45
4	Wallitsch, Megan	19	University of Rh-58	2:30.00
5	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	2:30.78
6	Speer, Nancy	61	Virginia Masters-12	2:38.98
7	Hood, Patricia	68	Colonials 1776-8	2:49.35
8	May, Julia	60	Cavalier Masters-12	3:14.80

Heat 3 of 4 Finals

1	Pfinsgraff, Joan	70	Maryland Masters-9	2:25.00
2	Bass, Amy	53	Reston Masters S-10	2:20.00
3	Vaughan, Mason	39	Virginia Masters-12	2:19.73
4	Vazquez, Maria	58	North Carolina M-13	2:17.50
5	Ricci, Alice	24	Germantown Maryl-10	2:18.53
6	Rinsma, Sarah	32	Cavalier Masters-12	2:19.87
7	Steadman Martin, Nancy	69	Garden State Mas-7	2:22.50
8	Loftus-Charley, Shirley	72	Cavalier Masters-12	2:28.00

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Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Program

Heat 4 Finals (#45 Women 200 Yard Freestyle)

1	Robertson, Stephanie	30	Spring Valley YM-8	2:15.21
2	Crusco, Kysa	48	New England Mast-2	2:12.84
3	Marshall, Victoria	35	Colonials 1776-8	2:08.12
4	Cubbler, Rebecca	26	Spring Valley YM-8	1:57.00
5	ElzHowe, Acadia	21	Lynchburg Aquati-12	2:01.01
6	Keller, Claudia	25	Fredericksburg A-12	2:10.00
7	Littlepage, Madison	24	Club Tribe-12	2:14.00
8	Jacobs, Elyse	25	Club Tribe-12	2:17.32

Event 46 Men 200 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1				
2				
3	Speer, David	64	Virginia Masters-12	4:30.01
4	Pilette, Sterling	82	Reston Masters S-10	4:15.00
5	Nobbe, Nick	85	Reston Masters S-10	4:30.00
6	Beattie, Cal	89	UC12	4:31.13
7				
8				

Heat 2 of 6 Finals

1	Tompkins, Richard	77	Maryland Masters-9	3:00.67
2	Mcquiggan, Frank	75	New England Mast-2	3:00.00
3	Armand, Gregory	60	Cavalier Masters-12	2:52.40
4	Izadpanah, Kevin	31	UC10	2:40.00
5	Graf, William	34	Fredericksburg A-12	2:40.54
6	Romano, Vince	77	Club Tribe-12	2:54.64
7	Harper, Bill	56	Club Tribe-12	3:00.00
8	Gillen, Neal	86	Montgomery Ancie-10	4:07.70

Heat 3 of 6 Finals

1	Kammermann, Chris	61	Tide Swimming-12	2:37.20
2	Rickard, Alan	67	Palm Beach Maste-50	2:34.99
3	Hanneschlager, Michael	49	UC10	2:24.95
4	Kimball, Joe	55	Club Tribe-12	2:21.12
5	Levy, Daniel	54	Fredericksburg A-12	2:22.49
6	Ingebretsen, Carl	62	Fredericksburg A-12	2:26.06
7	Bauer, Craig	71	Cavalier Masters-12	2:35.50
8	Mills, Edward	55	Cavalier Masters-12	2:38.83

Heat 4 of 6 Finals

1	Sushkoff, George	58	Virginia Masters-12	2:20.00
2	Jarosz, Mark	66	Shepherd Univers-12	2:18.70
3	Wyckoff, Ben	59	Connecticut Mast-5	2:16.26
4	Taylor, Tim	37	Alexandria Maste-10	2:13.12
5	Rees, Greg	54	Spring Valley YM-8	2:15.00
6	Ledwith, Brian	64	Colonials 1776-8	2:18.57
7	de Jesus, Jose	63	North Carolina M-13	2:20.00
8	Duguay, Rob	38	Connecticut Mast-5	2:20.12

Heat 5 of 6 Finals

1	McQuiggan, Jacob	30	Cavalier Masters-12	2:12.00
2	Griffin, Brendan	40	Club Tribe-12	2:08.62
3	Chambers, John	68	Agua Masters-6	2:07.00
4	Strahota, Jeffrey	43	Terrapin Masters-10	2:01.02
5	Phillips, Carr	58	District Of Colu-10	2:01.97
6	Ruback, Mark	54	North Carolina M-13	2:07.95
7	Garrity, Anthony	33	UC02	2:11.00
8	Boris, Joseph	44	Spring Valley YM-8	2:12.00

Heat 6 of 6 Finals

1	Gross, Jeremy	52	Spring Valley YM-8	1:57.50
2	Major, Kyle	24	Club Tribe-12	1:55.99
3	Hildebrand, David	43	Club Tribe-12	1:50.33
4	Dellanoce, Michael	39	North Carolina M-13	1:47.39
5	Conover, Arthur	29	Patriot Masters-10	1:48.00
6	Lang, Derek	22	Virginia Masters-12	1:51.00
7	Galarza, Daniel	26	Rutherford Maste-7	1:56.00
8	Morrow, Alex	26	Club Tribe-12	2:00.00

Event 47 Women 100 Yard IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1				
2	Williams, Diana	69	Cavalier Masters-12	2:00.00
3	Grenfell, Daisie	55	Virginia Masters-12	1:46.04
4	Bowman, Branka	58	Lane 4 Swimming-10	1:43.78
5	Sprietsma, Michele	60	Garden State Mas-7	1:45.00
6	Bates, Lindsey	30	Fredericksburg A-12	2:00.00
7				
8				

Heat 2 of 5 Finals

1	Webb, Linda	78	Swim Fort Lauder-50	1:41.22
2	Atkinson, Fiona	73	New England Mast-2	1:39.00
3	Boslego, Barbara	72	Virginia Masters-12	1:34.02
4	Mackall, Suni	61	Club Tribe-12	1:30.43
5	Clute, Meg	68	Cavalier Masters-12	1:33.59
6	Walz, Susannah	72	Maryland Masters-9	1:35.16
7	Lampe, Betty	68	Colonials 1776-8	1:40.90
8	Hood, Patricia	68	Colonials 1776-8	1:41.50

Heat 3 of 5 Finals

1	Miller, Patricia	63	Virginia Masters-12	1:25.00
2	Kirwan, Denise	72	Reston Masters S-10	1:24.00
3	Loftus-Charley, Shirley	72	Cavalier Masters-12	1:23.00
4	Lipstreuer, Marilyn	58	Brian Lee Ohana-39	1:18.60
5	Bogges, Wendi	51	Burkwood Aquatic-12	1:21.56
6	Wolff, Melinda	71	Colonials 1776-8	1:23.22
7	Dalton, Wendy	53	Cavalier Masters-12	1:24.09
8	Dickens, Susan	62	Fredericksburg A-12	1:28.94

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Meet Program

Heat 4 Finals (#47 Women 100 Yard IM)

1	Cioffi, Angela	46	Cavalier Masters-12	1:15.80
2	Rash, Emily	51	Steel City Aquat-11	1:15.56
3	Van Horn, Alaina	43	Lane 4 Swimming-10	1:15.40
4	Hollings, Charlotte	59	Virginia Masters-12	1:15.00
5	Ellsmore, Rachel	25	Fredericksburg A-12	1:15.00
6	Williams, Adriana	22	University of Rh-58	1:15.55
7	Crusco, Kysa	48	New England Mast-2	1:15.76
8	Brightwell, Kim	64	Reston Masters S-10	1:18.01

Heat 5 of 5 Finals

1	Van Horn Pate, Val	61	Virginia Masters-12	1:12.77
2	Glisan, Sarah	27	UC08	1:12.00
3	Vaughan, Mason	39	Virginia Masters-12	1:11.35
4	Franklin, Morgan	26	Rutherford Maste-7	1:09.00
5	Jacobs, Elyse	25	Club Tribe-12	1:11.25
6	Rose, Laura	37	Terrapin Masters-10	1:11.65
7	Segovia, Vanessa	37	Reston Masters S-10	1:12.00
8	Rinsma, Sarah	32	Cavalier Masters-12	1:14.37

Event 48 Men 100 Yard IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Finals

1				
2				
3	Pilette, Sterling	82	Reston Masters S-10	2:25.00
4	Paulson, Laurence	75	Reston Masters S-10	1:50.00
5	Karl, Steven	61	Fredericksburg A-12	1:50.00
6				
7				
8				

Heat 2 of 9 Finals

1	Mcquiggan, Frank	75	New England Mast-2	1:45.00
2	Armand, Gregory	60	Cavalier Masters-12	1:42.00
3	Barron, Daniel	60	Fredericksburg A-12	1:40.00
4	Toy, Raymond	57	Central Maryland-9	1:29.63
5	Leonard, Roger	76	Montgomery Ancie-10	1:33.00
6	Miller, James	73	Virginia Masters-12	1:42.00
7	Crane, John	72	Cavalier Masters-12	1:45.00
8				

Heat 3 of 9 Finals

1	Killian, Jeffrey	56	Lane 4 Swimming-10	1:27.30
2	Shannon, Dennis	70	Cavalier Masters-12	1:20.50
3	Jarosz, Mark	66	Shepherd Univers-12	1:18.40
4	Dougherty, Stephen	72	Colonials 1776-8	1:17.50
5	Higgins, Matthew	25	Fredericksburg A-12	1:18.30
6	Baker, Patrick	51	Lane 4 Swimming-10	1:19.01
7	Rickard, Alan	67	Palm Beach Maste-50	1:22.99
8	Tompkins, Richard	77	Maryland Masters-9	1:28.07

Heat 4 of 9 Finals

1	Rawley, James	70	Excel Swimming-7	1:16.21
2	Wardle, William	72	Cavalier Masters-12	1:14.73
3	Murphy, Richard	64	Virginia Masters-12	1:13.88
4	Cantwell, Andrew	43	Lane 4 Swimming-10	1:11.90
5	Wells, Ernie	60	Lane 4 Swimming-10	1:13.00
6	Levy, Daniel	54	Fredericksburg A-12	1:14.39
7	Ingebretsen, Carl	62	Fredericksburg A-12	1:14.81
8	Potter, Thomas	61	Georgia Masters-45	1:17.50

Heat 5 of 9 Finals

1	Gwilliam, Glenn	45	Reston Masters S-10	1:10.00
2	Slater, Douglas	66	Club Tribe-12	1:08.90
3	Ruback, Mark	54	North Carolina M-13	1:08.25
4	Griffin, Brendan	40	Club Tribe-12	1:07.87
5	Keyser, Brian	67	Colonials 1776-8	1:08.14
6	Garrity, Anthony	33	UC02	1:08.42
7	Boris, Joseph	44	Spring Valley YM-8	1:09.90
8	Schapiro, Adam	37	Rappahannock Ymc-12	1:10.75

Heat 6 of 9 Finals

1	Adkins, Dana	47	Club Tribe-12	1:07.69
2	Ellis, Brian	56	Lane 4 Swimming-10	1:07.09
3	Zalewski, Michael	19	University of Rh-58	1:05.10
4	Morrow, Alex	26	Club Tribe-12	1:04.50
5	Hambly, Parker	18	University of Rh-58	1:05.00
6	Wyckoff, Ben	59	Connecticut Mast-5	1:05.31
7	Kelly, Luke	18	University of Rh-58	1:07.67
8	Mello, James	52	Sea Devil Swimmi-10	1:07.87

Heat 7 of 9 Finals

1	Capen, Zachary	20	University of Rh-58	1:04.00
2	Sweeney, Conor	20	University of Rh-58	1:03.00
3	Rockwell, John	49	Club Tribe-12	1:01.50
4	Robertson, John	52	Spring Valley YM-8	1:01.25
5	McQuiggan, Jacob	30	Cavalier Masters-12	1:01.46
6	Wolfe, Ryan	31	Patriot Masters-10	1:01.97
7	Strahota, Jeffrey	43	Terrapin Masters-10	1:03.01
8	Nystrom, Jack	19	University of Rh-58	1:04.00

Heat 8 of 9 Finals

1	Knapik, Chad	25	Virginia Masters-12	1:01.00
2	Ruckdeschel, Jonathan	55	Club Tribe-12	1:00.48
3	Linaburg, Jeremy	26	Club Tribe-12	59.57
4	Bell, David	48	Club Tribe-12	58.48
5	Williams, Neill	56	District Of Colu-10	58.98
6	Macedonia, Nicholas	37	Lane 4 Swimming-10	1:00.34
7	McQuesten, Casey	20	University of Rh-58	1:00.92
8	Hiltabiddle, Steve	57	Colonials 1776-8	1:01.00

Heat 9 of 9 Finals

1	Chen, Roy	29	Excel Swimming-7	57.67
2	Nitkiewicz, Travis	22	Club Tribe-12	55.00
3	Dellanoce, Michael	39	North Carolina M-13	54.80
4	Mastracci, Kevin	28	Virginia Masters-12	51.39
5	Zerunyan, Marko	22	Club Tribe-12	53.78
6	Brukx, Peter	24	Club Tribe-12	54.91
7	Blindenbach, Jacob	24	Club Tribe-12	55.17
8	Elliott, Matthew	29	UC27	58.00

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Meet Program

Event 49 Women 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	Cavalier Masters-12	W65 A	3:30.00
	1) Williams, Diana W69	2) Burns, Suzi W76	
	3) Loftus-Charley, Shirley W72	4) Bachman, Martha W75	
2	Reston Masters S-10	W35 A	2:25.25
	1) Brightwell, Kim W64	2) Kirwan, Denise W72	
	3) Bass, Amy W53	4) Segovia, Vanessa W37	
3	Club Tribe-12	W18 A	2:12.50
	1) Littlepage, Madison W24	2) Jacobs, Elyse W25	
	3) Choe, Michele W46	4) Mackall, Suni W61	
4	Virginia Masters-12	W55 A	2:14.00
	1) Buscaglia, Caycee W59	2) Miller, Patricia W63	
	3) Van Horn Pate, Val W61	4) Hollings, Charlotte W59	
5	Cavalier Masters-12	W45 A	2:45.00
	1) Clute, Meg W68	2) May, Julia W60	
	3) Ciolfi, Angela W46	4) Bond, Lisa W55	
6			
7			
8			

Event 50 Men 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
1			
2			
3			
4			
5			
6	Reston Masters S-10	M75 A	4:11.11
	1) Gerson, Gordon M87	2) Pilette, Sterling M82	
	3) Paulson, Laurence M75	4) Nobbe, Nick M85	
7	Club Tribe-12	M25 A	2:12.50
	1) Earle, Daniel M52	2) Morrow, Alex M26	
	3) Kimball, Joe M55	4) Harper, Bill M56	
8	Fredericksburg A-12	M45 A	2:30.00
	1) Ingebretsen, Carl M62	2) Levy, Daniel M54	
	3) McGroarty, Patrick M60	4) Barron, Daniel M60	

Heat 2 of 2 Finals

1	Club Tribe-12	M35 B	1:57.50
	1) Griffin, Brendan M40	2) Gowetski, Dan M46	
	3) Adkins, Dana M47	4) Rockwell, John M49	
2	Virginia Masters-12	M18 A	1:48.00
	1) Knapik, Chad M25	2) Gromling, Steven M34	
	3) Lang, Derek M22	4) Keith, Algernon M63	
3	Club Tribe-12	M18 B	1:43.00
	1) Zerunyan, Marko M22	2) Bracewell, Ryan M22	
	3) Major, Kyle M24	4) Taggart, Ross M34	
4	Club Tribe-12	M18 A	1:35.50
	1) Kettlewell-Sltes, Sam M26	2) Nitkiewicz, Travis M22	
	3) Blindenbach, Jacob M24	4) Brukx, Peter M24	
5	Club Tribe-12	M35 A	1:42.50
	1) Bell, David M48	2) Somensatto, Jason M42	
	3) Elsaesser, Evan M39	4) Hildebrand, David M43	
6	Spring Valley YM-8	M45 A	1:47.32
	1) Robertson, John M52	2) Houchins, Bradford M46	
	3) Rees, Greg M54	4) Gross, Jeremy M52	
7	Club Tribe-12	M45 A	1:49.90
	1) Slater, Douglas M66	2) Williams, Rich M48	
	3) Harbourt, Cliff M51	4) Ruckdeschel, Jonathan M55	
8	Cavalier Masters-12	M65 A	2:11.46
	1) Wardle, William M72	2) Bauer, Craig M71	
	3) Shannon, Dennis M70	4) Crane, John M72	

Event 51 Mixed 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			
2			
3	Cavalier Masters-12	X25 A	2:40.00
	1) Armand, Gregory M60	2) McQuiggan, Jacob M30	
	3) Dalton, Wendy W53	4) Rinsma, Sarah W32	
4	Virginia Masters-12	X35 A	2:24.00
	1) Miller, James M73	2) Sushkoff, George M58	
	3) Vaughan, Mason W39	4) Swain, Jayme W49	
5	Lane 4 Swimming-10	X45 A	2:40.00
	1) Linehan, Sean M63	2) Ihrig, Ylva W54	
	3) Dearfield, Kerry M71	4) Becker, Marlene W59	
6	Fredericksburg A-12	X25 A	2:45.00
	1) Graf, William M34	2) Bates, Lindsey W30	
	3) Ellsmore, Rachel W25	4) Higgins, Matthew M25	
7			
8			

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Meet Program

Event 53 Women 800 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	Virginia Masters-12	W55 A	10:55.00
	1) Hollings, Charlotte W59	2) Boslego, Barbara W72	
	3) Speer, Nancy W61	4) Miller, Patricia W63	
2			
3			
4			
5			
6			
7			
8			

Event 54 Men 800 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			
2			
3	Fredericksburg A-12	M25 A	10:10.00
	1) Ingebretsen, Carl M62	2) McGroarty, Patrick M60	
	3) Malony, Shawn M34	4) Barron, Daniel M60	
4			
5			
6			
7			
8			

Event 55 Mixed 800 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			
2			
3			
4			
5			
6	Cavalier Masters-12	X65 A	13:15.86
	1) Crane, John M72	2) Clute, Meg W68	
	3) Loftus-Charley, Shirley W72	4) Bauer, Craig M71	
7	Fredericksburg A-12	X25 A	11:45.00
	1) Higgins, Matthew M25	2) Bates, Lindsey W30	
	3) Dickens, Susan W62	4) Graf, William M34	
8	Lane 4 Swimming-10	X45 A	12:00.00
	1) Dearfield, Kerry M71	2) Becker, Marlene W59	
	3) Ihrig, Ylva W54	4) Killian, Jeffrey M56	