

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

Agua Masters-6

	Seed	Finals		
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1 Chambers, John - Male - Age: 68 - ID#: 064P-02YB5

#6 Men 65-69 500 Free 5:45.00 5:48.87 (2) 5/8

ZONECHAMPS: 5:53.27Y

31.56 1:05.98 (34.42) 1:41.47 (35.49) 2:16.98 (35.51)

2:53.24 (36.26) 3:28.72 (35.48) 4:03.98 (35.26) 4:39.40 (35.42)

5:14.39 (34.99) 5:48.87 (34.48)

#42 Men 65-69 200 Fly 2:30.00 2:37.14 (1) 3/7

ZONECHAMPS: 2:45.15Y

34.65 1:13.91 (39.26) 1:55.73 (41.82) 2:37.14 (41.41)

#303 Mixed 65-69 1000 Free NT 12:18.53 (2) 1/7

ZONECHAMPS: 12:26.16Y

Agua Masters-6 Total Individual Entries: 3 - Total Relays: 0

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

Cavalier Masters-12

	Seed	Finals		
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1 Loftus-Charley, Shirley - Female - Age: 72 - ID#: 124Z-WATER

#1 Women 70-74 1000 Free	13:23.00	12:56.88	(1)	3/4
USMS NATL: 13:11.75Y ZONECHAMPS: 15:29.63Y				
34.93	1:13.32 (38.39)	1:52.02 (38.70)	2:31.41 (39.39)	
3:10.85 (39.44)	3:50.08 (39.23)	4:29.21 (39.13)	5:08.62 (39.41)	
5:47.80 (39.18)	6:27.21 (39.41)	7:06.21 (39.00)	7:45.30 (39.09)	
8:24.35 (39.05)	9:03.58 (39.23)	9:42.74 (39.16)	10:21.68 (38.94)	
11:00.68 (39.00)	11:39.82 (39.14)	12:18.87 (39.05)	12:56.88 (38.01)	

#5 Women 70-74 500 Free	6:40.00	6:27.42	(1)	3/4
ZONECHAMPS: 6:51.35Y				
35.04	1:12.87 (37.83)	1:51.51 (38.64)	2:30.69 (39.18)	
3:10.21 (39.52)	3:49.85 (39.64)	4:29.48 (39.63)	5:09.35 (39.87)	
5:49.03 (39.68)	6:27.42 (38.39)			

#11 Women 70-74 100 Fly	1:25.00	1:23.28	(1)	1/2
ZONECHAMPS: 1:27.60Y				
38.22	1:23.28 (45.06)			

#19 Women 70-74 200 IM	2:55.00	2:52.19	(1)	3/1
ZONECHAMPS: 2:59.53Y				
37.75	1:22.66 (44.91)	2:13.95 (51.29)	2:52.19 (38.24)	

#23 Women 70-74 100 Free	1:09.00	1:07.96	(1)	4/2
ZONECHAMPS: 1:09.32Y				
33.04	1:07.96 (34.92)			

#29 Women 70-74 400 IM	6:10.00	6:05.46	(1)	1/6
ZONECHAMPS: 6:34.52Y				
39.06	1:25.79 (46.73)	2:12.60 (46.81)	2:59.87 (47.27)	
3:53.14 (53.27)	4:47.55 (54.41)	5:27.24 (39.69)	6:05.46 (38.22)	

#31 Women 70-74 50 Fly	37.00	37.09	(1)	3/8
ZONECHAMPS: 41.77Y				

#33 Women 70-74 100 Back	1:23.00	1:23.58	(1)	2/3
ZONECHAMPS: 1:23.67Y				
41.32	1:23.58 (42.26)			

#45 Women 70-74 200 Free	2:28.00	2:27.64	(1)	3/8
ZONECHAMPS: 2:32.06Y				
34.54	1:12.27 (37.73)	1:50.28 (38.01)	2:27.64 (37.36)	

#47 Women 70-74 100 IM	1:23.00	1:20.55	(1)	3/3
ZONECHAMPS: 1:23.21Y				
38.34	1:20.55 (42.21)			

#301 Women 70-74 500 Free	NT	6:27.21	(1)	1/1
ZONECHAMPS: 6:51.35Y				

2 Shannon, Dennis - Male - Age: 70 - ID#: 124K-U6BFE

#12 Men 70-74 100 Fly	1:19.00	1:19.07	(2)	2/2
ZONECHAMPS: 1:23.28Y				
33.34	1:19.07 (45.73)			

3 Wardle, William - Male - Age: 72 - ID#: 1241-3REYY

#10 Men 70-74 200 Back	2:35.71	2:36.31	(1)	2/1
ZONECHAMPS: 2:40.19Y				
36.68	1:15.65 (38.97)	1:56.50 (40.85)	2:36.31 (39.81)	

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

Relay	Seed	Prelims	Finals
Cavalier Masters-12			
Relay	Seed	Prelims	Finals
1 Cavalier Masters - 'A' - X65			
#27 Mixed 65+ 400 Medley Relay	5:23.62		5:22.25 (1) * 1/2
ZONECHAMPS: 5:23.62Y			
W Wardle M72 1241-3REYY, C Bauer M71 124T-02AFF, S Loftus-Charley W72 124Z-WATER, M Clute W68 1241-037BH			
	37.08	1:14.02 (36.94)	1:30.35 (16.33) 1:53.37 (23.02)
	2:37.75 (44.38)	3:17.60 (39.85)	4:06.13 (48.53) 5:22.25 (1:16.12)
2 Cavalier Masters - 'A' - X65			
#55 Mixed 65+ 800 Freestyle Relay	13:15.86		11:07.77 (1) * 1/6
ZONECHAMPS: 12:33.35Y			
J Crane M72 124S-03H71, M Clute W68 1241-037BH, S Loftus-Charley W72 124Z-WATER, C Bauer M71 124T-02AFF			
	44.30	1:32.26 (47.96)	2:21.19 (48.93) 3:07.87 (46.68)
	3:45.77 (37.90)	4:29.27 (43.50)	5:13.94 (44.67) 5:58.14 (44.20)
	6:34.60 (36.46)	7:14.05 (39.45)	7:38.56 (24.51) 8:33.80 (55.24)
	9:07.85 (34.05)	9:47.17 (39.32)	10:27.72 (40.55) 11:07.77 (40.05)
Cavalier Masters-12 Total Individual Entries: 13 - Total Relays: 2			

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

Club Tribe-12

1 Slater, Douglas - Male - Age: 66 - ID#: 124X-024AC

	Seed		Finals	
#10 Men 65-69 200 Back		2:29.90	2:25.74	(1) 2/5
ZONECHAMPS: 2:28.82Y				
	33.64	1:11.54 (37.90)	1:49.30 (37.76)	2:25.74 (36.44)
#22 Men 65-69 50 Back		29.95	29.40	(1) 4/5
ZONECHAMPS: 30.20Y				
#34 Men 65-69 100 Back		1:05.10	1:03.76	(1) 3/4
ZONECHAMPS: 1:07.00Y				
	30.78	1:03.76 (32.98)		

Relay	Seed	Prelims	Finals
1 Club Tribe - 'A' - M18			
#26 Men 18+ 400 Medley Relay	3:25.00		3:26.02 (1) 2/4
ZONECHAMPS: 3:36.99Y			
S Kettlewell-Sites M26 124E-0AXVG, C Katis M31 124D-87VXT, P Brukx M24 124Z-9DAP1, M Zerunyan M22 1242-5RWBX			
	25.40	52.59 (27.19)	1:17.97 (25.38)
	2:11.48 (23.08)	2:38.47 (26.99)	3:01.02 (22.55)
			3:26.02 (25.00)
2 Club Tribe - 'A' - M35			
#26 Men 35+ 400 Medley Relay	3:48.00		3:41.93 (1) * 2/3
ZONECHAMPS: 3:45.77Y			
S Bulakul M36 124K-088DU, J Somensatto M42 1246-038Y8, E Elsaesser M39 1247-098R7, D Hildebrand M43 124S-07SMV			
	26.92	55.12 (28.20)	1:23.60 (28.48)
	2:21.77 (25.10)	2:50.53 (28.76)	3:07.46 (16.93)
			3:41.93 (34.47)
3 Club Tribe - 'A' - M45			
#26 Men 45+ 400 Medley Relay	3:59.00		4:01.94 (1) 2/7
ZONECHAMPS: 4:05.58Y			
D Bell M48 124Z-0383F, D Gowetski M46 124R-B9WZC, J Ruckdeschel M55 124F-087TG, R Williams M48 1242-094GG			
	28.48	59.78 (31.30)	1:31.32 (31.54)
	2:36.16 (28.09)	3:09.61 (33.45)	3:34.61 (25.00)
			4:01.94 (27.33)
4 Club Tribe - 'A' - M35			
#50 Men 35+ 200 Medley Relay	1:42.50		1:41.87 (1) * 2/5
ZONECHAMPS: 1:41.88Y			
D Bell M48 124Z-0383F, J Somensatto M42 1246-038Y8, E Elsaesser M39 1247-098R7, D Hildebrand M43 124S-07SMV			
	27.07	55.20 (28.13)	1:18.62 (23.42)
			1:41.87 (23.25)

Club Tribe-12 Total Individual Entries: 3 - Total Relays: 4

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

Colonials 1776-8

	Seed	Finals
1 Dougherty, Stephen - Male - Age: 72 - ID#: 084S-022VT		
#20 Men 70-74 200 IM	2:55.00	2:50.77 (1) 2/1
ZONECHAMPS: 2:51.33Y		
36.07 1:21.17 (45.10)	2:10.17 (49.00)	2:50.77 (40.60)
2 Hiltabiddle, Steve - Male - Age: 57 - ID#: 084N-01YMS		
#12 Men 55-59 100 Fly	55.00	55.49 (1) 7/1
ZONECHAMPS: 58.85Y		
25.47 55.49 (30.02)		
#32 Men 55-59 50 Fly	24.50	24.56 (1) 8/5
ZONECHAMPS: 26.01Y		
#42 Men 55-59 200 Fly	2:50.00	2:19.67 (1) 2/3
ZONECHAMPS: 2:21.96Y		
29.90 1:04.80 (34.90)	1:42.29 (37.49)	2:19.67 (37.38)
3 Wolff, Melinda - Female - Age: 71 - ID#: 084V-022V5		
#333 Women 70-74 50 Back	NT	38.99 (1) 1/1
ZONECHAMPS: 39.48Y		

Colonials 1776-8 Total Individual Entries: 5 - Total Relays: 0

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

District Of Columbia Aquatics-10

	Seed		Finals	
1 Williams, Neill - Male - Age: 56 - ID#: 104P-036H8				
#22 Men 55-59 50 Back	27.08		26.71 (1)	5/3
ZONECHAMPS: 27.58Y				
#32 Men 55-59 50 Fly	25.88		25.21 (2)	7/5
ZONECHAMPS: 26.01Y				
#36 Men 55-59 200 Breast	2:31.88		2:25.11 (1)	2/4
ZONECHAMPS: 2:26.28Y				
	31.43	1:07.65 (36.22)	1:45.83 (38.18)	2:25.11 (39.28)
#48 Men 55-59 100 IM			58.98	58.31 (1)
ZONECHAMPS: 58.80Y				8/5
	26.87	58.31 (31.44)		

District Of Columbia Aquatics-10 Total Individual Entries: 4 - Total Relays: 0

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

	<u>Seed</u>	<u>Finals</u>		
Excel Swimming-7				
1 Rawley, James - Male - Age: 70 - ID#: 0740-0A18C				
#12 Men 70-74 100 Fly	1:16.00	1:13.98	(1)	2/5
ZONECHAMPS: 1:23.28Y				
32.82		1:13.98 (41.16)		
Excel Swimming-7	Total Individual Entries: 1 - Total Relays: 0			

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

		Seed	Finals		
Garden State Masters-7					
1 Steadman Martin, Nancy - Female - Age: 69 - ID#: 074V-01Y2C					
#3 Mixed 65-69 1650 Free		20:50.25	20:59.91	(1)	2/6
ZONECHAMPS: 21:03.52Y					
33.42	1:09.55 (36.13)	1:46.69 (37.14)	2:24.14 (37.45)		
3:01.81 (37.67)	3:39.36 (37.55)	4:16.96 (37.60)	4:54.89 (37.93)		
5:33.21 (38.32)	6:11.23 (38.02)	6:49.71 (38.48)	7:28.17 (38.46)		
8:06.81 (38.64)	8:45.46 (38.65)	9:24.12 (38.66)	10:03.18 (39.06)		
10:41.50 (38.32)	11:20.41 (38.91)	11:59.46 (39.05)	12:38.44 (38.98)		
13:17.40 (38.96)	13:56.48 (39.08)	14:34.87 (38.39)	15:13.54 (38.67)		
15:52.13 (38.59)	16:30.62 (38.49)	17:09.05 (38.43)	17:48.09 (39.04)		
18:26.94 (38.85)	19:05.46 (38.52)	19:44.30 (38.84)	20:23.09 (38.79)	20:59.91 (36.82)	
Garden State Masters-7 Total Individual Entries: 1 - Total Relays: 0					

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

	<u>Seed</u>	<u>Finals</u>		
North Carolina Masters Swimmin-13				
1 Dellanoce, Michael - Male - Age: 39 - ID#: 134V-0B2V8				
#30 Men 35-39 400 IM	4:13.16	4:15.57	(1)	3/4
ZONECHAMPS: 4:25.68Y				
27.10	57.38 (30.28)	1:30.94 (33.56)	2:03.90 (32.96)	
2:40.69 (36.79)	3:17.75 (37.06)	3:47.49 (29.74)	4:15.57 (28.08)	
North Carolina Masters Swimmin-13 Total Individual Entries: 1 - Total Relays: 0				

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

	Seed				Finals		
Philadelphia Fins Aquatics Clu-8							
1 Kannegieser, Robert - Male - Age: 66 - ID#: 084V-022NG							
#3 Mixed 65-69 1650 Free	20:18.65				19:58.13	(1)	2/5
ZONECHAMPS: 20:00.99Y							
32.59	1:08.33 (35.74)	1:44.68 (36.35)	2:21.04 (36.36)				
2:57.55 (36.51)	3:33.92 (36.37)	4:10.26 (36.34)	4:46.64 (36.38)				
5:23.09 (36.45)	5:59.75 (36.66)	6:36.29 (36.54)	7:12.83 (36.54)				
7:49.33 (36.50)	8:26.15 (36.82)	9:02.99 (36.84)	9:39.77 (36.78)				
10:17.12 (37.35)	10:53.74 (36.62)	11:30.39 (36.65)	12:07.04 (36.65)				
12:43.63 (36.59)	13:20.51 (36.88)	13:57.22 (36.71)	14:33.77 (36.55)				
15:10.24 (36.47)	15:46.84 (36.60)	16:23.48 (36.64)	16:59.90 (36.42)				
17:36.29 (36.39)	18:12.47 (36.18)	18:48.10 (35.63)	19:23.83 (35.73)	19:58.13 (34.30)			
#6 Men 65-69 500 Free	5:50.00				5:45.02	(1)	4/4
ZONECHAMPS: 5:53.27Y							
31.21	1:05.05 (33.84)	1:39.82 (34.77)	2:15.25 (35.43)				
2:50.42 (35.17)	3:25.52 (35.10)	4:01.17 (35.65)	4:36.42 (35.25)				
5:11.51 (35.09)	5:45.02 (33.51)						
#12 Men 65-69 100 Fly	1:09.00				1:05.80	(1)	3/5
ZONECHAMPS: 1:08.76Y							
30.80	1:05.80 (35.00)						
#20 Men 65-69 200 IM	2:29.70				2:27.16	(1)	4/1
ZONECHAMPS: 2:33.77Y							
30.50	1:07.68 (37.18)	1:52.21 (44.53)	2:27.16 (34.95)				
#24 Men 65-69 100 Free	1:01.50				59.23	(1)	6/1
ZONECHAMPS: 59.39Y							
28.94	59.23 (30.29)						
#30 Men 65-69 400 IM	5:40.39				5:16.58	(1)	2/3
ZONECHAMPS: 5:33.71Y							
33.03	1:09.93 (36.90)	1:51.20 (41.27)	2:33.06 (41.86)				
3:18.20 (45.14)	4:06.42 (48.22)	4:42.58 (36.16)	5:16.58 (34.00)				
#303 Mixed 65-69 1000 Free	NT				12:07.04	(1)	2/5
ZONECHAMPS: 12:26.16Y							

Philadelphia Fins Aquatics Clu-8 Total Individual Entries: 7 - Total Relays: 0

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

Reston Masters Swim Team-10

Seed Finals

1 Dion, Thomas - Male - Age: 45 - ID#: 1041-3JWB

#3 Mixed 45-49 1650 Free 18:04.26 18:07.77 (1) 1/5

ZONECHAMPS: 18:08.53Y

29.09	1:00.83 (31.74)	1:32.96 (32.13)	2:05.74 (32.78)
2:38.54 (32.80)	3:11.44 (32.90)	3:44.53 (33.09)	4:17.58 (33.05)
4:50.81 (33.23)	5:23.87 (33.06)	5:56.79 (32.92)	6:30.00 (33.21)
7:02.99 (32.99)	7:35.87 (32.88)	8:08.87 (33.00)	8:42.15 (33.28)
9:15.14 (32.99)	9:47.90 (32.76)	10:20.87 (32.97)	10:53.94 (33.07)
11:26.71 (32.77)	11:59.62 (32.91)	12:33.07 (33.45)	13:06.14 (33.07)
13:39.51 (33.37)	14:12.99 (33.48)	14:46.72 (33.73)	15:20.32 (33.60)
15:54.18 (33.86)	16:28.06 (33.88)	17:01.64 (33.58)	17:35.40 (33.76)

18:07.77 (32.37)

2 Kirwan, Denise - Female - Age: 72 - ID#: 104S-036K9

#9 Women 70-74 200 Back 3:01.00 3:03.30 (1) 2/1

ZONECHAMPS: 3:08.28Y

42.53	1:28.93 (46.40)	2:16.84 (47.91)	3:03.30 (46.46)
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3 Manheim, Frank - Male - Age: 93 - ID#: 104X-036VB

#10 Men 90-94 200 Back 5:20.00 4:49.67 (1) 1/7

ZONECHAMPS: 8:12.48Y

1:04.91	2:19.85 (1:14.94)	3:37.89 (1:18.04)	4:49.67 (1:11.78)
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Reston Masters Swim Team-10 Total Individual Entries: 3 - Total Relays: 0

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

	Seed	Finals		
Swim Fort Lauderdale-50				
1 Webb, Linda - Female - Age: 78 - ID#: 504X-02FR0				
#1 Women 75-79 1000 Free	17:46.69	17:18.70	(1)	2/1
ZONECHAMPS: 19:54.95Y				
46.37	1:39.25 (52.88)	2:33.50 (54.25)	3:26.85 (53.35)	
4:19.95 (53.10)	5:12.72 (52.77)	6:05.64 (52.92)	6:58.08 (52.44)	
7:51.23 (53.15)	8:44.29 (53.06)	9:36.65 (52.36)	10:29.73 (53.08)	
11:22.01 (52.28)	12:14.36 (52.35)	13:06.67 (52.31)	13:58.95 (52.28)	
14:49.91 (50.96)	15:40.97 (51.06)	16:31.08 (50.11)	17:18.70 (47.62)	
#5 Women 75-79 500 Free	8:16.44	8:23.78	(1)	2/2
ZONECHAMPS: 9:39.50Y				
44.93	1:35.80 (50.87)	2:27.08 (51.28)	3:17.30 (50.22)	
4:08.88 (51.58)	5:00.68 (51.80)	5:52.35 (51.67)	6:43.65 (51.30)	
7:35.07 (51.42)	8:23.78 (48.71)			
#31 Women 75-79 50 Fly	46.54	47.58	(1)	2/8
ZONECHAMPS: 53.53Y				
Swim Fort Lauderdale-50 Total Individual Entries: 3 - Total Relays: 0				

2024 USMS COLONIES ZONE SCY CHAMPIONSHIP - 4/19/2024 to 4/21/2024

Jeff Rouse Swim & Sport Center, Sanction #: 124-S002

Meet Summary

Virginia Masters Swim Team-12

	Seed	Finals		
1 Mastracci, Kevin - Male - Age: 28 - ID#: 1243-09Y5C				
#32 Men 25-29 50 Fly	22.23	21.97	(1)	9/4
ZONECHAMPS: 22.18Y				
2 Van Horn Pate, Val - Female - Age: 61 - ID#: 124C-02HHP				
#11 Women 60-64 100 Fly	1:09.56	1:08.56	(1)	3/1
ZONECHAMPS: 1:16.83Y				
32.04 1:08.56 (36.52)				
#21 Women 60-64 50 Back	32.49	32.38	(1)	4/2
ZONECHAMPS: 32.43Y				
#31 Women 60-64 50 Fly	30.63	30.68	(1)	5/8
ZONECHAMPS: 32.07Y				
#47 Women 60-64 100 IM	1:12.77	1:11.76	(1)	5/1
ZONECHAMPS: 1:14.02Y				
32.66 1:11.76 (39.10)				

Relay	Seed	Prelims	Finals	
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1 Virginia Masters Swim Team - 'A' - X55				
#27 Mixed 55+ 400 Medley Relay	4:49.00		4:22.40	(1) * 1/3
ZONECHAMPS: 4:39.92Y				
V Van Horn Pate W61 124C-02HHP, P Miller W63 124J-02HJ0, G Sushkoff M58 1246-02J6P, A Keith M63 124Z-033HH				
34.28 1:11.38 (37.10) 1:28.23 (16.85) 1:52.78 (24.55)				
2:37.40 (44.62) 3:13.87 (36.47) 3:55.35 (41.48) 4:22.40 (27.05)				
Virginia Masters Swim Team-12 Total Individual Entries: 5 - Total Relays: 1				