



## **ALYS WILLIAMS**

### **Girls 14U Coaching Staff**

Alys grew up in Huntington Beach, CA, but played for Newport Beach Water Polo from when she was 8 to 14 years old. She then entered high school as a member of the varsity water polo and swim for four years at Edison HS, in Huntington Beach.

After high school, Alys went on to play water polo for four years at UCLA, where she competed in 3 NCAA championship games. She redshirted her senior year at UCLA (2015/2016) to focus on training with the USA Senior National Team leading up to the 2016 Olympic Games. During that time, she was a part of the 2015 USA squad that won gold in World Championships in Kazan, Russia. Upon returning to UCLA for her senior year, she graduated in 2017 with a Bachelor's in

Psychology.

After college, Alys started back up with Team USA, and competed in the 2017 World Championships in Budapest, Hungary, where they won the gold medal. She then travelled to Barcelona, Spain, where she played professionally for the 2017-2018 season with a Spanish club team, Club Natació Sant Andreu, who finished second in Spain. Alys is focusing her time on continuing to compete in water polo for Team USA, while also working towards obtaining a Master's degree in Speech Language Pathology.

She is very excited to join the staff at Newport Beach Water Polo: the place where her love for the sport began!