

2009 Mile Hi Mile and Short & Sweet - 3/14/2009 to 3/15/2009**Results****Event 1 Women 18-24 1650 Yard Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Ward, Brie	24	Unattached	28:00.00	26:26.03	20

Event 1 Women 40-44 1650 Yard Freestyle

1 Derr, Kirsten	44	University of Denver-CO	23:00.00	24:29.72	20
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Event 1 Women 55-59 1650 Yard Freestyle

1 Laney, Judy	56	University of Denver-CO	23:00.00	22:35.48	20
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Event 1 Women 60-64 1650 Yard Freestyle

1 Anziano, Marcia	63	Inverness-CO	26:50.30	27:25.71	20
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Event 1 Men 35-39 1650 Yard Freestyle

1 Hoftiezer, Scott	38	Denver Athletic Club-CO	20:30.00	20:53.00	20
2 Cruz, Eduardo	39	Unattached	NT	23:39.07	17

Event 1 Men 40-44 1650 Yard Freestyle

1 Stewart, Karl	43	The Bee Gees-CO	19:45.00	19:52.96	20
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Event 1 Men 45-49 1650 Yard Freestyle

1 Galan, Henry	45	Colorado Stars-CO	22:50.50	20:55.13	20
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Event 2 Women 40-44 3300 Yard Freestyle

1 Hoftiezer, Mary	43	Denver Athletic Club-CO	55:00.00	57:11.09	20
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Event 5 Women 40-44 50 Yard Butterfly

1 Campbell, Ellen	41	Inverness-CO	29.50	30.71	20
2 Riner, Betsy	42	Inverness-CO	32.00	31.51	17
3 Broncucia, Stacy	40	Thornton Masters-CO	38.00	38.81	16
4 Clapp, Christine	42	Inverness-CO	49.00	49.97	15

Event 6 Men 30-34 50 Yard Butterfly

1 O'Sullivan, Chris	34	University of Denver-CO	25.00	24.73	20
2 Krell, David	30	Rocky Mountain Thunder-CO	32.25	30.56	17

Event 6 Men 35-39 50 Yard Butterfly

1 Edwards, Dan	35	Unattached	25.70	26.21	20
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Event 6 Men 40-44 50 Yard Butterfly

1 Andrews, Michael	42	Ft. Collins Area Swim Team-CO	26.00	26.10	20
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Event 6 Men 45-49 50 Yard Butterfly

1 Cox, Randy	46	Rally Sport-CO	26.90	26.16	20
2 Kahl, Steve	46	Inverness-CO	27.50	26.48	17
3 Limbird, Keith	48	Air Force Aquatics Masters-CO	27.00	26.79	16
4 Galan, Henry	45	Colorado Stars-CO	28.08	28.02	15
5 Reed, Brian	45	Unattached	29.00	29.56	14

Event 6 Men 50-54 50 Yard Butterfly

1 Lehrer, Mark	51	Unattached	27.10	28.03	20
2 Heins, Don	54	The Bee Gees-CO	40.00	39.44	17

Event 6 Men 55-59 50 Yard Butterfly

1 Fischer, Chuck	57	University of Denver-CO	28.50	30.52	20
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2009 Mile Hi Mile and Short & Sweet - 3/14/2009 to 3/15/2009**Results****Event 6 Men 60-64 50 Yard Butterfly**

1	Abrahams, Rich	63	Unattached	26.20	26.78	20
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Event 7 Women 30-34 100 Yard Backstroke

1	Bernert, Brandi	30	Squid-CO	NT	1:30.27	20
	43.46	46.81				

---	Sprenger, Victoria	34	Unattached	1:18.47	DQ	
	38.76	41.76				

Event 7 Women 35-39 100 Yard Backstroke

1	Hart, Sheri	37	University of Denver-CO	59.70	58.38	20
	28.70	29.68				

2	Bernert, Kristal	36	Unattached	1:35.00	1:29.68	17
	43.06	46.62				

Event 7 Women 40-44 100 Yard Backstroke

1	Crino, Heide	42	Inverness-CO	1:16.60	1:15.19	20
	36.26	38.93				

2	Hagadorn, Heather	44	University of Denver-CO	1:17.00	1:18.75	17
	37.68	41.07				

Event 7 Women 45-49 100 Yard Backstroke

---	Golding, Sandy	45	Greenwood Athletic Club-CO	1:35.00	DQ	
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Event 7 Women 55-59 100 Yard Backstroke

1	Plank, Julie	56	Unattached	NT	1:51.88	20
	52.02	59.86				

Event 8 Men 35-39 100 Yard Backstroke

1	Cruz, Eduardo	39	Unattached	1:24.00	1:21.55	20
	39.13	42.42				

Event 8 Men 40-44 100 Yard Backstroke

1	Stewart, Karl	43	The Bee Gees-CO	57.80	55.95	20
	27.04	28.91				

2	Barringer, Rob	43	Unattached	1:16.20	1:05.00	17
	31.58	33.42				

Event 8 Men 45-49 100 Yard Backstroke

1	Limbird, Keith	48	Air Force Aquatics Masters-CO	1:05.00	1:04.64	20
	32.13	32.51				

Event 8 Men 65-69 100 Yard Backstroke

1	McDanal, Steve	65	Jeffco Aquatic Masters-CO	1:53.00	1:56.75	20
	56.36	1:00.39				

2	Reynolds, Bing	68	Unattached	1:49.00	1:58.11	17
	55.42	1:02.69				

Event 9 Women 40-44 200 Yard Breaststroke

1	Campbell, Ellen	41	Inverness-CO	2:48.30	2:49.91	20
	38.75	43.55	43.99	43.62		

Event 9 Women 50-54 200 Yard Breaststroke

1	Limbird, Julia	53	Unattached	3:00.00	4:12.85	20
	56.65	1:02.22	1:06.43	1:07.55		

2009 Mile Hi Mile and Short & Sweet - 3/14/2009 to 3/15/2009**Results****Event 10 Men 35-39 200 Yard Breaststroke**

1 Cruz, Eduardo	39 Unattached	2:56.48	2:59.18	20
40.33	44.03	47.80	47.02	

Event 10 Men 50-54 200 Yard Breaststroke

1 Mann, Mike	54 Inverness-CO	2:35.00	2:33.12	20
34.46	40.02	38.63	40.01	

Event 11 Women 30-34 50 Yard Freestyle

1 Bernert, Brandi	30 Squid-CO	32.00	31.24	20
2 Sprenger, Victoria	34 Unattached	30.54	32.42	17

Event 11 Women 35-39 50 Yard Freestyle

1 Hart, Sheri	37 University of Denver-CO	24.90	25.21	20
2 Bernert, Kristal	36 Unattached	35.00	32.14	17

Event 11 Women 40-44 50 Yard Freestyle

1 Riner, Betsy	42 Inverness-CO	29.00	28.70	20
2 Crino, Heide	42 Inverness-CO	29.00	28.85	17
3 Hagadorn, Heather	44 University of Denver-CO	29.00	30.30	16
4 Broncucia, Stacy	40 Thornton Masters-CO	32.25	33.29	15
5 Clapp, Christine	42 Inverness-CO	38.00	38.70	14

Event 11 Women 45-49 50 Yard Freestyle

1 Scott, Leslie	49 Lifetime Fitness-CO	35.70	35.18	20
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Event 11 Women 50-54 50 Yard Freestyle

1 Limbird, Julia	53 Unattached	40.00	48.27	20
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Event 11 Women 55-59 50 Yard Freestyle

1 Plank, Julie	56 Unattached	47.88	38.25	20
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Event 12 Men 30-34 50 Yard Freestyle

1 O'Sullivan, Chris	34 University of Denver-CO	23.00	23.58	20
2 Krell, David	30 Rocky Mountain Thunder-CO	26.95	26.90	17

Event 12 Men 35-39 50 Yard Freestyle

1 Edwards, Dan	35 Unattached	23.50	23.96	20
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Event 12 Men 40-44 50 Yard Freestyle

1 Andrews, Michael	42 Ft. Collins Area Swim Team-CO	24.00	24.16	20
2 Barringer, Rob	43 Unattached	25.20	25.04	17

Event 12 Men 45-49 50 Yard Freestyle

1 Kahl, Steve	46 Inverness-CO	25.00	23.91	20
2 Cox, Randy	46 Rally Sport-CO	24.20	23.93	17
3 Reed, Brian	45 Unattached	26.00	25.81	16
4 Galan, Henry	45 Colorado Stars-CO	26.68	26.07	15

Event 12 Men 50-54 50 Yard Freestyle

1 Mann, Mike	54 Inverness-CO	26.00	24.45	20
2 Lehrer, Mark	51 Unattached	24.30	24.63	17

Event 12 Men 55-59 50 Yard Freestyle

1 Fischer, Chuck	57 University of Denver-CO	25.20	25.08	20
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Event 12 Men 60-64 50 Yard Freestyle

2009 Mile Hi Mile and Short & Sweet - 3/14/2009 to 3/15/2009**Results**

1	Abrahams, Rich	63	Unattached		23.50	24.54	20
Event 12 Men 65-69 50 Yard Freestyle							
1	Reynolds, Bing	68	Unattached		44.00	46.30	20
Event 14 Men 45-49 100 Yard Butterfly							
1	Scott, Greg	49	University of Denver-CO		1:00.00	58.85	20
	27.29	31.56					
2	Galan, Henry	45	Colorado Stars-CO		1:06.07	1:04.84	17
	30.87	33.97					
Event 14 Men 50-54 100 Yard Butterfly							
1	Heins, Don	54	The Bee Gees-CO		1:38.00	1:36.15	20
	45.13	51.02					
Event 15 Women 45-49 200 Yard Backstroke							
1	Golding, Sandy	45	Greenwood Athletic Club-CO		3:30.00	3:15.48	20
	44.75	49.38	51.29	50.06			
Event 16 Men 35-39 200 Yard Backstroke							
1	Cruz, Eduardo	39	Unattached		NT	3:03.85	20
	42.43	46.31	47.07	48.04			
Event 16 Men 45-49 200 Yard Backstroke							
1	Limbird, Keith	48	Air Force Aquatics Masters-CO		2:20.00	2:33.33	20
	36.01	38.35	40.03	38.94			
Event 16 Men 65-69 200 Yard Backstroke							
1	Neuls, Allen	65	Unattached		2:55.00	2:51.23	20
	39.05	42.52	45.10	44.56			
2	Reynolds, Bing	68	Unattached		3:58.00	4:10.69	17
	59.23	1:04.99	1:04.22	1:02.25			
Event 17 Women 18-24 50 Yard Breaststroke							
1	Litt, Robin	23	Unattached		40.38	41.63	20
Event 17 Women 30-34 50 Yard Breaststroke							
1	Sprenger, Victoria	34	Unattached		39.16	42.85	20
2	Bernert, Brandi	30	Squid-CO		NT	47.71	17
Event 17 Women 40-44 50 Yard Breaststroke							
1	Campbell, Ellen	41	Inverness-CO		35.00	36.10	20
2	Clapp, Christine	42	Inverness-CO		49.00	51.87	17
Event 17 Women 45-49 50 Yard Breaststroke							
1	Scott, Leslie	49	Lifetime Fitness-CO		43.44	44.50	20
Event 17 Women 55-59 50 Yard Breaststroke							
1	Plank, Julie	56	Unattached		NT	48.41	20
Event 18 Men 30-34 50 Yard Breaststroke							
1	Krell, David	30	Rocky Mountain Thunder-CO		35.95	34.44	20
Event 18 Men 40-44 50 Yard Breaststroke							
1	Andrews, Michael	42	Ft. Collins Area Swim Team-CO		31.00	30.74	20
Event 18 Men 45-49 50 Yard Breaststroke							

2009 Mile Hi Mile and Short & Sweet - 3/14/2009 to 3/15/2009**Results**

1	Cox, Randy	46	Rally Sport-CO	30.00	29.88	20
2	Scott, Greg	49	University of Denver-CO	30.50	30.16	17
Event 18 Men 55-59 50 Yard Breaststroke						
1	Fischer, Chuck	57	University of Denver-CO	34.60	33.17	20
Event 18 Men 65-69 50 Yard Breaststroke						
1	McDanal, Steve	65	Jeffco Aquatic Masters-CO	47.60	48.39	20
Event 18 Men 70-74 50 Yard Breaststroke						
1	Norrie, Bill	70	Rocky Mountain Thunder-CO	39.00	39.73	20
Event 19 Women 35-39 100 Yard Freestyle						
1	Hart, Sheri	37	University of Denver-CO	55.50	54.89	20
	26.29	28.60				
2	Bernert, Kristal	36	Unattached	1:20.00	1:14.18	17
	35.62	38.56				
Event 19 Women 40-44 100 Yard Freestyle						
1	Hagadorn, Heather	44	University of Denver-CO	1:02.00	1:08.68	20
	32.29	36.39				
Event 19 Women 50-54 100 Yard Freestyle						
1	Limbird, Julia	53	Unattached	2:00.00	1:41.91	20
	47.99	53.92				
Event 20 Men 35-39 100 Yard Freestyle						
1	Edwards, Dan	35	Unattached	52.00	53.26	20
	25.72	27.54				
Event 20 Men 40-44 100 Yard Freestyle						
1	Stewart, Karl	43	The Bee Gees-CO	52.40	50.76	20
	24.87	25.89				
Event 20 Men 45-49 100 Yard Freestyle						
1	Kahl, Steve	46	Inverness-CO	57.50	54.51	20
	26.20	28.31				
2	Galan, Henry	45	Colorado Stars-CO	57.78	57.88	17
	27.94	29.94				
3	Reed, Brian	45	Unattached	58.00	57.89	16
	27.48	30.41				
Event 20 Men 50-54 100 Yard Freestyle						
1	Mann, Mike	54	Inverness-CO	53.00	52.99	20
	26.01	26.98				
2	Lehrer, Mark	51	Unattached	56.01	57.61	17
	27.42	30.19				
Event 20 Men 60-64 100 Yard Freestyle						
1	Abrahams, Rich	63	Unattached	53.50	55.29	20
	26.31	28.98				
Event 20 Men 65-69 100 Yard Freestyle						
1	Reynolds, Bing	68	Unattached	1:32.00	1:48.32	20
	50.52	57.80				
Event 22 Men 35-39 200 Yard Butterfly						

2009 Mile Hi Mile and Short & Sweet - 3/14/2009 to 3/15/2009**Results**

1	Edwards, Dan	35	Unattached	2:13.00	2:26.30
	32.58 36.82 38.55 38.35				
2	Cruz, Eduardo	39	Unattached	NT	3:12.76
	38.97 47.08 51.11 55.60				
Event 22 Men 50-54 200 Yard Butterfly					
1	Heins, Don	54	The Bee Gees-CO	3:45.00	3:40.57
	47.85 55.09 1:00.30 57.33				
Event 23 Women 30-34 200 Yard IM					
1	Sprenger, Victoria	34	Unattached	2:44.35	3:01.47
	35.94 45.53 53.87 46.13				
Event 23 Women 40-44 200 Yard IM					
1	Broncucia, Stacy	40	Thornton Masters-CO	3:35.00	3:20.79
	42.09 51.77 1:00.34 46.59				
Event 24 Men 40-44 200 Yard IM					
1	Barringer, Rob	43	Unattached	2:20.00	2:19.94
	28.09 35.32 44.47 32.06				
Event 24 Men 45-49 200 Yard IM					
1	Limbird, Keith	48	Air Force Aquatics Masters-CO	2:20.00	2:24.20
	29.18 37.44 43.72 33.86				
Event 25 Women 35-39 50 Yard Backstroke					
1	Hart, Sheri	37	University of Denver-CO	28.10	28.17
2	Bernert, Kristal	36	Unattached	40.00	38.18
Event 25 Women 40-44 50 Yard Backstroke					
1	Riner, Betsy	42	Inverness-CO	35.00	34.23
2	Hagadorn, Heather	44	University of Denver-CO	34.00	35.94
Event 25 Women 45-49 50 Yard Backstroke					
1	Golding, Sandy	45	Greenwood Athletic Club-CO	NT	39.49
2	Scott, Leslie	49	Lifetime Fitness-CO	41.14	42.02
Event 25 Women 50-54 50 Yard Backstroke					
1	Limbird, Julia	53	Unattached	1:00.00	58.47
Event 25 Women 55-59 50 Yard Backstroke					
1	Plank, Julie	56	Unattached	49.29	48.79
Event 26 Men 30-34 50 Yard Backstroke					
1	O'Sullivan, Chris	34	University of Denver-CO	25.00	26.09
2	Krell, David	30	Rocky Mountain Thunder-CO	35.98	32.36
Event 26 Men 40-44 50 Yard Backstroke					
1	Stewart, Karl	43	The Bee Gees-CO	26.81	26.18
Event 26 Men 45-49 50 Yard Backstroke					
1	Cox, Randy	46	Rally Sport-CO	28.50	27.95
Event 26 Men 50-54 50 Yard Backstroke					
1	Lehrer, Mark	51	Unattached	31.00	32.45
Event 26 Men 55-59 50 Yard Backstroke					

2009 Mile Hi Mile and Short & Sweet - 3/14/2009 to 3/15/2009**Results**

1	Fischer, Chuck	57	University of Denver-CO	32.00	31.91
Event 26 Men 65-69 50 Yard Backstroke					
1	Neuls, Allen	65	Unattached	36.50	35.87
2	McDanal, Steve	65	Jeffco Aquatic Masters-CO	46.50	46.90
3	Reynolds, Bing	68	Unattached	48.00	52.01
Event 27 Women 40-44 100 Yard Breaststroke					
1	Campbell, Ellen	41	Inverness-CO	1:15.80	1:19.19
	37.53	41.66			
Event 27 Women 55-59 100 Yard Breaststroke					
1	Plank, Julie	56	Unattached	NT	1:50.60
	50.08	1:00.52			
Event 28 Men 35-39 100 Yard Breaststroke					
1	Cruz, Eduardo	39	Unattached	1:24.91	1:21.45
	39.19	42.26			
Event 28 Men 40-44 100 Yard Breaststroke					
1	Andrews, Michael	42	Ft. Collins Area Swim Team-CO	1:08.00	1:10.63
	33.12	37.51			
Event 28 Men 45-49 100 Yard Breaststroke					
1	Scott, Greg	49	University of Denver-CO	1:05.00	1:05.26
	30.75	34.51			
Event 28 Men 70-74 100 Yard Breaststroke					
1	Norrie, Bill	70	Rocky Mountain Thunder-CO	1:32.00	1:34.06
	44.42	49.64			
Event 29 Women 40-44 200 Yard Freestyle					
1	Hagadorn, Heather	44	University of Denver-CO	1:19.00	2:35.08
	37.56	39.19	39.48	38.85	
Event 29 Women 50-54 200 Yard Freestyle					
1	Limbird, Julia	53	Unattached	4:00.00	3:43.25
	49.17	55.22	59.60	59.26	
Event 30 Men 35-39 200 Yard Freestyle					
1	Edwards, Dan	35	Unattached	1:57.00	2:05.76
	30.16	31.99	34.15	29.46	
Event 30 Men 45-49 200 Yard Freestyle					
1	Limbird, Keith	48	Air Force Aquatics Masters-CO	2:10.00	2:05.39
	29.66	32.45	32.15	31.13	
Event 30 Men 50-54 200 Yard Freestyle					
1	Mann, Mike	54	Inverness-CO	1:55.00	1:56.24
	26.94	29.20	30.01	30.09	
2	Heins, Don	54	The Bee Gees-CO	3:20.00	3:11.55
	41.97	51.22	53.26	45.10	
Event 31 Women 30-34 100 Yard IM					
1	Sprenger, Victoria	34	Unattached	1:15.52	1:25.33
	38.14	47.19			

2009 Mile Hi Mile and Short & Sweet - 3/14/2009 to 3/15/2009**Results****Event 31 Women 35-39 100 Yard IM**

1 Hart, Sheri	37	University of Denver-CO	1:02.00	1:02.51
28.64 33.87				
--- Bernert, Kristal	36	Unattached	1:40.00	DQ
43.00 54.63				

Event 31 Women 40-44 100 Yard IM

1 Riner, Betsy	42	Inverness-CO	1:15.50	1:13.49
33.17 40.32				
2 Broncucia, Stacy	40	Thornton Masters-CO	1:28.30	1:29.49
41.70 47.79				
3 Clapp, Christine	42	Inverness-CO	1:46.00	1:43.57
51.36 52.21				

Event 31 Women 45-49 100 Yard IM

1 Scott, Leslie	49	Lifetime Fitness-CO	1:28.22	1:33.49
43.44 50.05				

Event 32 Men 30-34 100 Yard IM

1 O'Sullivan, Chris	34	University of Denver-CO	58.00	58.86
26.75 32.11				

Event 32 Men 40-44 100 Yard IM

1 Stewart, Karl	43	The Bee Gees-CO	59.75	59.32
26.97 32.35				

Event 32 Men 45-49 100 Yard IM

1 Cox, Randy	46	Rally Sport-CO	1:00.00	1:00.27
28.77 31.50				
2 Kahl, Steve	46	Inverness-CO	1:05.00	1:05.23
29.94 35.29				
3 Galan, Henry	45	Colorado Stars-CO	NT	1:09.21
30.86 38.35				

Event 32 Men 55-59 100 Yard IM

1 Fischer, Chuck	57	University of Denver-CO	1:08.50	1:08.18
32.91 35.27				

Event 32 Men 60-64 100 Yard IM

1 Abrahams, Rich	63	Unattached	1:05.00	1:13.43
33.66 39.77				

Event 32 Men 65-69 100 Yard IM

1 Neuls, Allen	65	Unattached	1:21.00	1:19.61
35.98 43.63				
2 McDanal, Steve	65	Jeffco Aquatic Masters-CO	1:44.00	1:54.22
54.17 1:00.05				

Event 33 Women 30-34 500 Yard Freestyle

1 Bernert, Brandi	30	Squid-CO	9:00.00	8:34.03
40.72 47.97 51.37 1:47.31 53.72 53.36 53.90				
52.08				