

LC Short & Sweet - 7/18/2009

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Results - Short & Sweet**Event 1 Women 120-159 800 Meter Free Relay**

Team	Relay	Finals Time
1 CMS-32	A	11:35.27
Najjar, Ellie S W48	Hui, Amy W29	
Good, Tricia J W38	Bennett, Heather J W28	

Event 3 Mixed 120-159 800 Meter Free Relay

1 BG-32	A	11:22.04
Ko, Scott Y M26	Gibbons, Chelsea M W2	
Hoelsing, Shannon R W2	Cooper, Carter M27	
1:22.23	2:48.80	1:19.55
1:23.03	2:53.59	1:25.06
		2:54.20

Event 3 Mixed 160-199 800 Meter Free Relay

2 SDOG-32	A	11:44.67
Bennett, Rachael E W42	Sarche, Jon S M41	
Maples, Leah W35	Johnson, Mark M49	
1:19.63	2:46.92	1:22.41
1:30.70	3:37.35	1:04.45
		2:29.59

Event 4 Women 25-29 50 Meter Back

1 Carlacchini, Karen	25 DU-32	40.92
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Event 4 Women 45-49 50 Meter Back

1 Najjar, Ellie S	48 CMS-32	39.22
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Event 4 Men 25-29 50 Meter Back

1 Ko, Scott Y	26 BG-32	33.77
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Event 4 Men 35-39 50 Meter Back

1 Sheldon, Paul	39 UNAT	35.49
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Event 4 Men 50-54 50 Meter Back

1 Scott, Greg C	50 CMS-32	37.03
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Event 5 Women 25-29 50 Meter Breast

1 Gibbons, Chelsea M	26 BG-32	40.08
2 Hoelsing, Shannon	28 BG-32	42.18
3 Hui, Amy	29 CMS-32	1:01.74

Event 5 Women 35-39 50 Meter Breast

1 Maples, Leah	35 SDOG-32	50.71
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Event 5 Women 40-44 50 Meter Breast

1 Crino, Heide P	43 IM-32	45.45
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Event 5 Women 45-49 50 Meter Breast

1 Nolte, Susan D	48 IM-32	52.42
2 Hilton-Briney, Nar	49 SDOG-32	57.15

Event 5 Men 50-54 50 Meter Breast

1 Scott, Greg C	50 CMS-32	34.83
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Event 5 Men 60-64 50 Meter Breast

1 Carney, Kent	62 CMS-32	43.55
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Event 6 Women 40-44 50 Meter Fly

1 Clapp, Christine J	43 IM-32	55.53
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Event 6 Men 25-29 50 Meter Fly

1 Burke, Kevin R	26 DU-32	30.13
2 Cooper, Carter	27 BG-32	30.26

Event 6 Men 30-34 50 Meter Fly

1 O' Sullivan, Chris	34 CMS-32	27.32
2 Cox, Michael J	32 CMS-32	29.28

Event 6 Men 35-39 50 Meter Fly

1 Edwards, Dan	36 CMS-32	29.14
2 Brady, Donald S	36 SQUI-32	52.24

Event 6 Men 45-49 50 Meter Fly

1 Hanson, Jim S	47 CSST-32	38.48
2 O'Keeffe, John P	48 BG-32	41.48
3 Shigaya, Steven K	48 SDOG-32	43.47

Event 6 Men 60-64 50 Meter Fly

1 Abrahams, Richard	64 CMS-32	28.82
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Event 7 Women 25-29 200 Meter Free

1 Bennett, Heather J	28 CMS-32	2:33.69
		1:15.11
		1:18.58

Event 7 Women 35-39 200 Meter Free

1 Good, Tricia J	38 CMS-32	2:38.43
		1:17.06
		1:21.37

Event 7 Women 40-44 200 Meter Free

1 Hagadorn, Heather	44 DU-32	2:27.60
		1:11.37
		1:16.23
2 Bennett, Rachael E	42 SDOG-32	2:44.21
		1:17.48
		1:26.73

Event 8 Men 35-39 200 Meter Free

1 Sheldon, Paul	39 UNAT	2:19.24
		1:02.64
		1:16.60

Event 8 Men 40-44 200 Meter Free

1 Sarche, Jon S	41 SDOG-32	2:48.37
		1:20.97
		1:27.40

Event 8 Men 50-54 200 Meter Free

1 Nolte, Christopher	52 IM-32	2:21.61
		1:09.42
		1:12.19

Event 8 Men 60-64 200 Meter Free

1 Selles, Carl H	62 CMS-32	2:27.22
		1:09.34
		1:17.88
2 McCormick, Paul	62 BAM-32	2:39.75
		1:16.73
		1:23.02

Event 9 Women 45-49 100 Meter Back

1 Najjar, Ellie S	48 CMS-32	1:24.36
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Event 9 Men 25-29 100 Meter Back

1 Burke, Kevin R	26 DU-32	1:12.42
2 Cooper, Carter	27 BG-32	1:25.52

Event 9 Men 30-34 100 Meter Back

1 O' Sullivan, Chris	34 CMS-32	1:09.10
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Event 10 Women 25-29 100 Meter Breast

1 Gibbons, Chelsea M	26 BG-32	1:28.28
2 Hoelsing, Shannon	28 BG-32	1:30.69

Event 10 Women 35-39 100 Meter Breast

1 Good, Tricia J	38 CMS-32	1:29.41
2 Maples, Leah	35 SDOG-32	1:50.14

Event 10 Women 40-44 100 Meter Breast

1 Clapp, Christine J	43 IM-32	2:12.54
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Event 10 Women 45-49 100 Meter Breast

1 Hilton-Briney, Nar	49 SDOG-32	2:10.55
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Event 10 Women 65-69 100 Meter Breast

1 Dyck, Grace C	68 BG-32	2:06.19
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Event 11 Men 18-24 100 Meter Breast

1 Smith, David J	22 SQUI-32	1:30.83
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Event 11 Men 30-34 100 Meter Breast

1 Cox, Michael J	32 CMS-32	1:22.21
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Event 11 Men 35-39 100 Meter Breast

1 Brady, Donald S	36 SQUI-32	2:40.67
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Event 11 Men 65-69 100 Meter Breast

1 Dyck, Mel	68 CMS-32	1:31.89
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Event 12 Women 40-44 100 Meter Fly

1 Crino, Heide P	43 IM-32	1:37.48
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Event 13 Men 35-39 100 Meter Fly

1 Edwards, Dan	36 CMS-32	1:03.04
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Event 13 Men 60-64 100 Meter Fly

1 Abrahams, Richard	64 CMS-32	1:08.74
2 Selles, Carl H	62 CMS-32	1:13.88

Event 14 Women 25-29 50 Meter Free

1 Carlacchini, Karen	25 DU-32	32.44
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Event 14 Women 35-39 50 Meter Free

1 Maples, Leah	35 SDOG-32	40.97
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Event 14 Women 40-44 50 Meter Free

1 Hagadorn, Heather	44 DU-32	36.33
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Event 14 Women 45-49 50 Meter Free

1 Nolte, Susan D	48 IM-32	40.94
2 Hilton-Briney, Nar	49 SDOG-32	43.93

Event 15 Men 18-24 50 Meter Free

1 Holt, Carter W	21 DU-32	26.12
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Event 15 Men 25-29 50 Meter Free

1 Cooper, Carter	27 BG-32	28.48
2 Burke, Kevin R	26 DU-32	29.28

Event 15 Men 30-34 50 Meter Free

1 O' Sullivan, Chris	34 CMS-32	26.08
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Event 15 Men 35-39 50 Meter Free

1 Sheldon, Paul	39 UNAT	31.98
2 Brady, Donald S	36 SQUI-32	45.58

Event 15 Men 40-44 50 Meter Free

1 Sarche, Jon S	41 SDOG-32	30.56
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Event 15 Men 45-49 50 Meter Free

1	Hanson, Jim S	47CSST-32	31.43
2	O'Keeffe, John P	48BG-32	34.90
3	Shigaya, Steven K	48SDOG-32	39.01

Event 15 Men 60-64 50 Meter Free

1	Carney, Kent	62CMS-32	37.87
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Event 16 Women 25-29 200 Meter IM

1	Gibbons, Chelsea M	26BG-32	3:05.54
		1:28.47	1:37.07
2	Hoosing, Shannon	28BG-32	3:11.60
		1:36.25	1:35.35

Event 16 Women 35-39 200 Meter IM

1	Good, Tricia J	38CMS-32	3:02.86
		1:33.84	1:29.02

Event 16 Women 40-44 200 Meter IM

1	Crino, Heide P	43IM-32	3:25.37
		1:35.22	1:50.15
2	Clapp, Christine J	43IM-32	4:21.24
		2:15.41	2:05.83

Event 17 Men 18-24 200 Meter IM

1	Smith, David J	22SQUI-32	2:49.06
		1:19.38	1:29.68

Event 17 Men 50-54 200 Meter IM

1	Nolte, Christopher	52IM-32	2:47.22
		1:20.66	1:26.56

Event 18 Women 25-29 100 Meter Free

1	Carlaccini, Karen	25DU-32	1:09.14
2	Hui, Amy	29CMS-32	1:51.30

Event 18 Women 40-44 100 Meter Free

1	Hagadorn, Heather	44DU-32	1:09.19
2	Bennett, Rachael E	42SDOG-32	1:15.67

Event 19 Men 18-24 100 Meter Free

1	Smith, David J	22SQUI-32	1:09.96
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Event 19 Men 25-29 100 Meter Free

1	Ko, Scott Y	26BG-32	1:00.32
2	Burke, Kevin R	26DU-32	1:05.46

Event 19 Men 35-39 100 Meter Free

1	Edwards, Dan	36CMS-32	1:00.81
2	Sheldon, Paul	39UNAT	1:29.01
3	Brady, Donald S	36SQUI-32	1:43.90

Event 19 Men 40-44 100 Meter Free

1	Sarche, Jon S	41SDOG-32	1:14.02
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Event 19 Men 45-49 100 Meter Free

1	Hanson, Jim S	47CSST-32	1:13.27
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Event 19 Men 60-64 100 Meter Free

1	Selles, Carl H	62CMS-32	1:08.30
2	McCormick, Paul	62BAM-32	1:12.72

Event 20 Women 65-69 200 Meter Back

1	Dyck, Grace C	68BG-32	4:15.94
		2:07.04	2:08.90

Event 20 Men 25-29 200 Meter Back

1	Ko, Scott Y	26BG-32	2:54.80
		1:24.50	1:30.30

Event 21 Women 35-39 200 Meter Breast

1	Good, Tricia J	38CMS-32	3:18.44
		1:33.86	1:44.58

Event 21 Men 45-49 200 Meter Breast

1	O'Keeffe, John P	48BG-32	3:58.42
		1:48.90	2:09.52

Event 21 Men 50-54 200 Meter Breast

1	Scott, Greg C	50CMS-32	2:48.08
		1:19.69	1:28.39

Event 22 Men 18-24 200 Meter Fly

1	Smith, David J	22SQUI-32	2:57.71
		1:21.88	1:35.83

Event 22 Men 30-34 200 Meter Fly

1	Cox, Michael J	32CMS-32	2:46.98
		1:16.63	1:30.35

Event 23 Women 40-44 400 Meter Free / IM

1	Bennett, Rachael E	42SDOG-32	5:55.93		
2	Crino, Heide P	43IM-32	6:41.97		
		1:34.21	1:45.19	1:42.78	1:39.79
3	Clapp, Christine J	43IM-32	9:17.38		

Event 23 Women 45-49 400 Meter Free / IM

1	Najjar, Ellie S	48CMS-32	5:14.93		
		1:13.32	1:19.63	1:21.81	1:20.17

Event 23 Women 65-69 400 Meter Free / IM

1	Dyck, Grace C	68BG-32	7:37.58
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Event 24 Men 30-34 400 Meter Free / IM

1	Cox, Michael J	32CMS-32	5:46.27		
		1:22.39	1:28.21	1:36.16	1:19.51

Event 24 Men 50-54 400 Meter Free / IM

1	Nolte, Christopher	52IM-32	5:08.95		
		1:13.84	1:18.90	1:19.28	1:16.93

Event 24 Men 60-64 400 Meter Free / IM

1	McCormick, Paul	62BAM-32	5:24.63		
		1:16.65	1:22.74	1:23.33	1:21.91
2	Selles, Carl H	62CMS-32	5:25.23		

Event 26 Men 240-279 400 Meter Medley Relay

1	CMS-32	A	4:49.56		
	Peterson, Craig M49	Dyck, Mel M68			
	Abrahams, Richard T M	Selles, Carl H M62			
		1:09.17	18.01	1:11.65	2:10.73

Event 27 Mixed 100-119 400 Meter Medley Rel

1	BG-32	A	3:58.81		
	Ko, Scott Y M26	Gibbons, Chelsea M W2			
	Cooper, Carter M27	Hoosing, Shannon R W2			
		1:12.10	1:29.82	16.54	1:00.35

Event 27 Mixed 120-159 400 Meter Medley Rel

1	CMS-32	B	5:17.70		
	Carney, Kent M62	Good, Tricia J W38			
	Scott, Greg C M50	Najjar, Ellie S W48			
		1:25.27	1:32.19	1:08.87	1:11.37
2	CMS-32	A	6:08.96		
	Cox, Michael J M32	Hui, Amy W29			
	O' Sullivan, Chris M34	Maples, Leah W35			
		1:13.24	2:16.44	1:06.99	1:32.29

Event 27 Mixed 160-199 400 Meter Medley Rel

1	SDOG-32	A	5:55.55		
	Johnson, Dana W47	Sarche, Jon S M41			
	Johnson, Mark M49	Bennett, Rachael E W42			
		1:41.11	1:37.97	1:18.05	1:18.42