Jovan Vavic Water Polo Camp

13 Time National Champions!

Men 1998,2003,2005, 2008, 2009, 2010, 2011 , 2012& 2013!

Women 1999, 2004,2010 & 2013!

Located at USC

Come Learn From the Best!

European Style Water Polo including many of the cutting edge techniques that are the basis for training currently being taught throughout Europe at the professional level on down to youth players.

Athletes work in small groups directly with Jovan and his staff.

Counselors Include NCAA Champions and USC's Coaching Staff

Open to All – Grades 2nd Through 12th

Jovan Vavic Water Polo Camp Dates:

Session I June 9-13 Session II June 16-20

Session III June 23-27

For Additional Information

Call (310) 750-6180

jovanvavic@yahoo.com

Trojanwaterpolo.com

Place: University of Southern California Campus
Residential campers will stay in campus dorms
Camp activities will be held in the Lyons Center, weight room, and the Uytengsu Aquatic Center

Ages: Open to everyone from 2nd Grade through 12th Grade

Camp Cost: $675.00 Residential $495.00 Commuter

Camp Organization: Athletes are broken down by Gender, Age and Ability and work with the Camp Counselors in small groups of 6-8 athletes as they run through the various drills and instructions throughout the day.

***Sample Daily Schedule*:**

7:00 Breakfast
8:30 Dry Land Work-
Flexibility, Weight Training, Video and Chalk-Talk
9:00 Warm Ups/Swimming Instruction
9:30 Passing/Body Positioning Drills
10:00 Skills Drill - Break Out Sessions
Goalie Drills – Separate Drills for Goalies with USC's Goalie Coach Marko Pintaric
12:30 Lunch and Rest
3:45 End of Break
4:00 Counter Attack Drills: 3 on 2,5 on 4,and 6 on 5
4:30 Scrimmage
6:00 Dinner