**UNIVERSITY OF PENNSYLVANIA Spring Invitational Meet 2/17/2024**

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**Location:** 3701 Walnut St.

 Sheerr Pool

Pottruck Fitness Center

 University of Pennsylvania

 Philadelphia, PA 19104

**Roster:**

Please email us at Pennclubswim@gmail.com a list of **ALL** individuals who will be attending the meet, including athletes, coaches, and spectators so that we can send it to the university.

**Meet Contact:**

Internal Vice President:

Ben Nachod (301)-518-0945 pennclubswim@gmail.com

**Venue:** Bleachers are available on deck and will be pre-assigned the day of the meet. The competition pool will be set up in 6 lanes SCY. There will be a secondary 6 lane pool for warm-up/cool-down throughout the meet.

**Warm-ups:** 12 PM - 12:50 PM

**Meet Start:** 1 PM

**Meet Cost:** $15 per swimmer - please make checks payable to “The Trustees of the University of Pennsylvania.”

**Events:** (Odd = Women / Even = Men)

1. Women’s 200 Yard Medley Relay
2. Men’s 200 Yard Medley Relay
3. Women’s 200 Yard Freestyle
4. Men’s 200 Yard Freestyle
5. Women’s 50 Yard Backstroke
6. Men’s 50 Yard Backstroke
7. Women’s 200 Yard IM
8. Men’s 200 Yard IM
9. Women’s 50 Yard Freestyle
10. Men’s 50 Yard Freestyle
11. Women’s 100 Yard Butterfly
12. Men’s 100 Yard Butterfly
13. Women’s 200 Yard Breastroke
14. Men’s 200 Yard Breastroke
15. Women’s 500 Yard Freestyle
16. Men’s 500 Yard Freestyle

Break

1. Women’s 200 Yard Backstroke
2. Men’s 200 Yard Backstroke
3. Women’s 100 Yard Freestyle
4. Men’s 100 Yard Freestyle
5. Women’s 50 Yard Breastroke
6. Men’s 50 Yard Breastroke
7. Women’s 100 Yard IM
8. Men’s 100 Yard IM
9. Women’s 50 Yard Butterfly
10. Men’s 50 Yard Butterfly
11. Women’s 100 Yard Backstroke
12. Men’s 100 Yard Backstroke
13. Women’s 100 Yard Breastroke
14. Men’s 100 Yard Breastroke
15. Women’s 200 Yard Butterfly
16. Men’s 200 Yard Butterfly
17. Women’s 200 Yard Freestyle Relay
18. Men’s 200 Yard Freestyle Relay

**Entries:** All swimmers will be limited to 3 individual events, and each team to 3 relay entries per relay event. Meet entries are due by **Saturday, February 10th, 2024** - please send to pennclubswimming@gmail.com with “PCS Home Meet (YOUR team name) Entries” in the subject line.

Please send your team’s entries in Hy-Tek format. A free version of the team manager program can be downloaded at http://www.hy-tekltd.com/downloads.html (choose the lite version)

If you are unable to send them in Hy-Tek format please send them in a .doc word file. Please note that if you have more than 10 swimmers and submit entries in this format, there will be a $30 service fee. Please use the following format:

Name

Gender

Event # - Event - Seed Time

**Example:**

Joe Swimfast

Male

6 - 50 back - 29.38

20 - 100 free - 52.00

28 - 100 back - 58.37

**Relays should be sent in the following format:**

Gender and Event

School (with A, B, etc if more than one) - Time

**Example:**

1 - Women’s 200 Medley Relay

PCS A - 1:44.00

PCS B - 1:51.00

PCS C - 2:02.00

**Email all entries to the Penn Club Swim officers at**

**(****pennclubswimming@gmail.com****)**

**By Saturday, February 10th, 2024.**