



SET Water Polo

College Recruiting 101

NCAA

- Scholarships
 - DI -Men 4.5
 - DI -Women 8
- General Rules
 - Overall, the burden is on the coach to know the NCAA rules.
 - At tournaments, they are not allowed interaction until the tournament ends or your final game is finished
 - Once on Campus you can speak face to face with a Coach at any time.
 - Take a trip early to see schools you may like.
- Official Visits
 - Athlete may take 5 official visits
 - Official visit counts when the school that is being visited pays for any part of the trip.
 - Must be registered with the clearing house to take an official visit.
- NCAA Clearing House Registration
 - Complete NCAA clearing house registration
 - Google: NCAA eligibility Center – Register (website has been changing)

What does my SET athlete need to do to be recruited?

First and foremost, you play for one of the top and most well respected club water polo teams in the country. This is in large part due to our attention to detail with the fundamentals of the game. Coaches want SET players because they are fundamentally sound. Often our "B" teams receive more attention from college coaches than other programs "A" teams.

Trust that we are preparing your athlete to have success at the next level. We have professional coaches that are very good at what they do.

- Go to practice - Listen to your coach- Perform when it matters- Be coachable
- Play a team game- Understand our system- Be a student of the game

What do I need to do as a parent to help my athlete?

- 1.) Don't add pressure to the situation, be a support mechanism.
- 2.) Understand that the recruiting process and the lens on your athlete is from a long period of time, don't worry about one tournament or play time.
- 3.) Don't sign up for any online recruiting services.
- 4.) Support the development of your athlete through private instruction.

What do I need to do to spur the recruiting process?

- 1.) Fill out the SET Recruiting google form sent out by Coach Ethan.
- 2.) Do research on the schools you would like to attend?
 - a. If I no longer play water polo would I still want to be at this school?
 - b. Do I qualify to be accepted academically?
 - c. Does it have what you want to study/concentrate in for school?
 - d. Can you handle the weather?
 - e. Is the size of the school what I want?
 - f. Is it a commuter school?
 - g. How is the campus life?
 - h. What is the vibe of the team, does it fit me?
- 3.) **Study and prepare for standardized test early!**
 - a. **Ideally end of sophomore year or beginning of junior year, if ready.**
 - b. **Goal should be to take once and be done with it.**
- 4.) **Clean your social media: all media is checked.**
- 5.) Talk openly in your family about the financial side of things? What's the budget?
- 6.) What are my scholarship opportunities?
- 7.) Create a one page SET Water Polo resume (use our template) and email it to your coach for comments and suggestions.
- 8.) Create a YouTube highlight video of 1.5 to 2 minutes
- 9.) Send your 1 page resume and YouTube link to the schools you are interested in attending early in your junior year as possible.
 - a. Follow up with your top 7 schools.
 - b. Stay on top of the coaches as they are busy.
- 10.) Keep the college informed on your progress.
 - a. A short note: "Coach Wigo, Just wanted to update you on my progress with school and water polo. Currently, I have a 3.7 GPA and I just finished swim season where I went a 47 in the 100 free. Have a great week." - SET athlete.
 - b. Have your athlete picture in your email.
 - c. Have a professional email: **Bradley.Schumacher@gmail.com**
- 11.) Keep your SET coaches and parents informed of your progress!
 - a. CC: parents and coaches on communication and questions.
- 12.) Junior Days- If you want to go to a specific Jr day, ask the College Coach if you will be invited.

Timing:

Freshman Year - Research

Sophomore Year - Narrow the list to 10-12 Schools

Junior Year - Narrow list to 5-6 Schools by Junior Olympics

Senior Year - Fall - Schedule Visits Sept/Oct

Websites for Water Polo Info

- Men's & Women's NCAA Varsity
 - <http://www.usawaterpolo.org/College/College2.aspx>
- Collegiate Water Polo Association (CWPA) East Coast and National Collegiate Club
 - <http://www.collegiatewaterpolo.org/membership/teams/index>

www.setwaterpolo.com