



## 36<sup>TH</sup> DAM LAKE BERRYESSA SWIM

**Saturday, June 2, 2018**

**Youth and Adult, 1-mile and 2-mile open water races**

**Sanction:** Sanctioned by Pacific Masters Swimming for US Masters Swimming. (#388-W002)

Sanctioned by Sierra Nevada Swimming for USA Swimming (#pending)

**Location:** Steele Canyon Campground, Lake Berryessa, Napa, CA

**Course:** 1-mile, and 2-mile single loop

**Host:** Davis Aquatic Masters. **Event website:** [DAM Lake Berryessa Swim](#)

**Facebook:** [fb-DAMLake Berryessa Swim](#)

**Meet Info:** Race Director: Stuart Kahn [berryessa@damfast.org](mailto:berryessa@damfast.org)

Referee: Niffy Carmody Starter: Jeff Anderson

**Timing and Scoring:** [Big Sky Endurance Sports](#), Reno, NV

**Rules:** This event will be governed by 2018 USMS and USAS Rules for Open Water Swimming. Swimmers may not make deliberate contact with craft, craft operators, and/or physical features, other than the bottom, on or near the course during the swim.

**Conditions/Safety:** Expected water temperature is 65-70 degrees F; air temperature average is 70-80 degrees F. Each course is patrolled by safety craft. Individual escorts are not allowed. All swimmers must wear the provided swim cap and follow all USMS rules. Mandatory safety briefings will be held at 8:50 a.m. and at 11:00 a.m. at the information kiosk. The Event Safety Plan will be posted at the registration desk on race day and is available prior to race day by request from [berryessa@damfast.org](mailto:berryessa@damfast.org).

**Start:** Deep water, wave starts (see below) **Finish:** Onshore

**Course:** 1-mile, and 2-mile single loops, freshwater lake. Course cutoff times are 1 hour for the mile mile races and 2 hours for the 2 mile races.

**Eligibility:** This event is open to USMS and USAS registered swimmers or members of an equivalent FINA organization (for foreign swimmers). To register for the event, you must provide proof of current membership. You may register for a USMS or USAS One-Day Event Membership during the online entry process.

**Entry deadline:** Online registration closes Wednesday, May 30, 2018 at 11:59 PM (Eastern time); paper entries must be received by Thursday, May 24, 2018.

**Entries:** USMS online entries open April 6, 2018, at: [2018 USMS Berryessa registration](#). USAS online

entries open April 18, 2018. For a paper entry form, email [berryyessa@damfast.org](mailto:berryyessa@damfast.org).

**Fees:**

<b>Regular (ends 5/30/2018)</b>	<b>Race Day (6/2/2018)</b>
USMS \$40 1 or 2 mile	USMS \$50 1 or 2 mile
USMS \$60 Both Swims	USMS \$70 Both swims
USAS \$30 1 or 2 mile	USAS \$40 1 or 2 mile
USAS \$50 Both swims	USAS \$60 Both swims

\$5 USMS Insurance surcharge (once per USMS swimmer)

Additional \$3.50 processing fees are applied to online entries.

Entry fees are non-refundable and non-transferable.

Online entry is paid by credit card to “ClubAssistant.com Events”

**Fees include:**

- Swim cap
- Official Berryessa Mug (guaranteed only for first 300 Regular entrants. Race Day mugs subject to availability.
- Post Race refreshments
- Online Race Results

**Awards:** Awards will be presented to the top 3 swimmers in each age and gender group for each of the other events, except the Combined. The top male and female finishers in the combined event will receive a separate award.

**\*\* New Award for USMS swimmers\*\*** – Know somebody who might want to try an open water swim? Tell them about our new ***Rookie Racer Reward***: a commemorative medal given to all first-time competitors in the Berryessa event.



**Other Event Details:**

Snacks, water, and sports drink will be provided to all competitors  
Commemorative t-shirts (\$15) may be purchased during online or mail-in registration.

One food truck from **ChickPeas Kitchen** will be onsite to satisfy your pre- & post-race cravings with fresh Mediterranean menus. They offer healthy yet delicious foods including many vegan and gluten-free options. Race day purchase and pickup.

Limited quantities of merchandise and meals may be available for purchase at the event.

Lodging: Primitive (no water or electricity) campsites are available at Steele Canyon, call Amber at [1-707-966-9179](tel:1-707-966-9179) for reservations. Full hookup camping sites are available at Pleasure Cove Marina (<http://goberryessa.com>, click on “Forever Resorts Marinas”). Nearest hotels are in Napa, Vacaville, or Fairfield.

**Anticipated timeline:**

**Check-in and Race Day registration open at 7:30 a.m.**

**Check-in and Race Day registration close at:**

8:55 a.m. for USA-Swimming 2 mile

9:05 a.m. for USMS, Category 1, 2-mile

9:30 a.m. for USMS, Category 2, 2-mile

11:05 a.m. for USA-Swimming 1-mile

11:15 a.m. for USMS, Category 1, 1-mile

11:35 a.m. for USMS, Category 2, 1-mile

(note: Category 1=non-wetsuit or approved FINA swim suit. Category 2=wetsuit or unapproved FINA swim suit)

**Swim Schedule**

Wave	Age Group	Event	Start Time	Race Close Time
1	13 & Up Boys	USA-S 2-mile	9:10 a.m.	11:10 a.m.
2	13 & Up Girls	USA-S 2-mile	9:15 a.m.	11:15 a.m.
3	18-39 Men	USMS 2-mile, Category 1	9:20 a.m.	11:20 a.m.
4	18-39 Women	USMS 2-mile, Category 1	9:25 a.m.	11:25 a.m.
5	40 & Up Men	USMS 2-mile, Category 1	9:30 a.m.	11:30 a.m.
6	40 & Up Women	USMS 2-mile, Category 1	9:35 a.m.	11:35 a.m.
7	Men and Women	USMS 2-mile, <b>Category 2</b>	9:45 a.m.	11:45 a.m.
8	11 & Up Boys	USA-S 1-mile	11:20 a.m.	12:20 p.m.
9	11 & Up Girls	USA-S 1-mile	11:25 a.m.	12:25p.m.
8	18-39 Men	USMS 1-mile, Category 1	11:30 a.m.	12:30 p.m.
9	18-39 Women	USMS 1-mile, Category 1	11:35 a.m.	12:35 p.m.
10	40 & Up Men	USMS 1-mile, Category 1	11:40 a.m.	12:40 p.m.
11	40 & Up Women	USMS 1-mile, Category 1	11:45 a.m.	12:45 p.m.
12	Men & Women	USMS 1-mile, <b>Category 2</b>	11:50 a.m.	12:50 p.m.

DAM is a 501(c)(3) organization that supports local swimming related organizations and swimmers with donations and scholarships. All proceeds support the DAM mission.