

Davis Aquatic Masters

DAVIS FALL QUARTER

Box 921 Davis, California

SEPTEMBER 1984

Monday, Sep 10
 through
 Friday, Sep 21
 Sunday, Sep 23

REENROLLMENT FOR FALL QUARTER

DAVIS TRIATHLON - *
 Stonegate Country Club
 NO REGULAR LAP SWIM - lap swim 4-6 PM
 FALL QUARTER BEGINS
 SOCIAL COMMITTEE MEETING - 7:30 pm
 2675 Blackburn
 WALNUT CREEK SHORT COURSE MEET
 Heather Farms, Walnut Creek
 D.A.M. ANNUAL MEETING - 5-10 PM
 Rec Pool Lodge

Monday, Oct 1
 Wednesday, Oct 3
 Saturday, Oct 6
 Sunday, Oct 28

IMPORTANT! IMPORTANT!
POOL MAINTENANCE

Civic Center pool will be filled with swimmers every hour from 6 am until 9 pm for the next three months. Although city Maintenance wanted two hours per day to keep the pool and deck clean, the Club requested that the work be completed in one hour, from 9 to 10 am. The city staff is willing, on a trial basis during Fall Quarter, to complete the work in 60 minutes and has asked that our members cooperate with the following requests:

The people who swim at 8 am need to exit the pool by 9 am sharp. The Seniors will have to wait until 10 am before they dive in. The maintenance workers won't be there every day, but when they are, please follow the coaches' requests and cooperate. If the pool can't be maintained in one hour, the Club may not be able to offer the 8 am workout for Winter Quarter.

SHOWERS

As we are all aware the new showers tend to stay on and drain all the hot water. The coaches are trying to notify the city and have the showers repaired quickly before a ALL the hot water goes down the drain. If the showers need to be repaired, please exit the locker room as soon as possible. Thank you for your cooperation.

--- Sue Milburn

WORKOUT SCHEDULE

| | |
|----------|----------------|
| 6:00 am | Civic Center |
| 7:00 am | Civic Center |
| 8:00 am | Civic Center |
| 10:00 am | Civic Center* |
| 11:00 am | Civic Center |
| 12:00 pm | Civic Center |
| 1:00 pm | Civic Center |
| 5:30 pm | Civic Center** |
| 6:30 pm | Civic Center** |
| 7:30 pm | Civic Center** |

* Seniors only
 ** changes October 1

SOCIAL COMMITTEE

The Social Committee will be meeting on Wednesday, Oct 3 at 7:30 to discuss the Annual Meeting and plans for the upcoming year. Meet at 2675 Backburn. All members welcome! If you have an idea for a D.A.M. social gathering, or ideas for improvement of existing ones, please share these with us.

AWARDS PROGRAM SETUP BY BOARD

The success of the club is due in large part to volunteers and voluntary efforts. In the past little formal recognition has been given for such service.

Consequently it has been proposed that, starting this year and in each subsequent year, the club honor those who have uniquely contributed to the club's operation. A contribution could represent an activity such as chairing a major club function or contributing to the club's administration, financing, or whatever, requiring a significant commitment of time.

Selection for the honor will be made from nominations from the membership. The name of the nominee and a statement highlighting their service to the club will need to be submitted to Bob Rucker or mailed to P.O. Box 921 by October 1. The selection will be made through the Board of Directors and a selection committee.

This year, two people will be selected. In addition to formal recognition at the annual meeting, those selected will also receive a certificate good for one quarter's D.A.M. dues.

Again, please note that Bob Rucker must have the nominating statement by October 1.

NEW BOARD OF DIRECTORS

The Board of Directors has appointed the following members to serve on the Nominating Committee for the October Board election:

Sue Milburn (756-1859)
Margaret Dunbar (678-3610)
Francesca Miller (756-1250)

There will be three vacancies on the Board in October. Anyone interested in running for one of these positions should contact a member of the Nominating Committee. Persons may become candidates by recommendation of the Nominating Committee or by submitting a petition, signed by five members of the Club, to any Board member.

Candidates are requested to submit a brief written summary of their background, qualifications and reasons for running for the Board. The statements will be published in a special newsletter prior to the election. All candidates, including those submitting petitions, should provide their statements to the Nominating Committee before October 8.

This is a great opportunity to participate more actively in D.A.M. and to gain experience in managerial decision-making. Any of the current Board members will be happy to answer questions concerning the responsibilities the office entails.

ANNUAL MEETING

LET'S BE FRIENDS, SHALL WE?

This summer, with everyone's vacations and trips and schedule changes, the 'regular gang' in the lane often was missing one or two members. Spaces were oft-times filled with relative 'strangers' to the lane's customs, style and privileges. Each hour has its own character, let alone individual lanes.

Some of us are swimming only for personal physical goals we have set for ourselves and would prefer to be swimming alone. For the rest of us, workouts have a social aspect too, and we like to interact with the people we swim with. For this second group, sometimes swimming at a 'strange' hour is NOT an enjoyable experience. Swimmers in an invaded lane can resent our presence. This resentment can manifest itself in simple refusal to acknowledge us to shocked comments to the coach and beseeching looks at the deck for the 'regulars'.

Now that the summer is over and we are having regular schedules again, the 'lane groups' can establish themselves again. There are great benefits to swimming with the same people, from knowing who should swim first on each set, to being able to appreciate the new suit or the new personal best time. What would be nice, when someone 'new' swims in 'your' lane, is that you make them welcome. A simple "Hi my name is Flipper, what's yours?" will go a long way to make those of us who must intrude, occasionally feel a whole lot better.

In accordance with the D.A.M. By-Laws, the Annual Meeting will be held this fall on Sunday, October 28 at the Rec Pool Lodge.

The Annual Meeting is much more than the election of new officers, it is a time to meet new members and greet old friends. The pot-luck buffet table is usually out-of-this world. There is entertainment and Coach Ross usually has a few tricks up his sleeve.

There is, of course, the business side too. Members cast their ballots for new board members and their approval of proposed changes in the by-laws. The text of these changes, as well as the candidates statements will be published in a special newsletter prior to the Annual Meeting.

PROPOSED BY-LAW CHANGES

Anyone who wants to submit a change in the the Club By-Laws should submit their proposal to the Board of Directors by September 29 (one month before the annual meeting). It will then be put in the special election newsletter so the membership will have time to consider it. Those submitting changes should include their name and phone number so that interested members could discuss the proposal. A copy of the current By-Laws will be posted at the pool.

DAVIS TRIATHLON

The Sixth Annual Davis Aquatic Masters Bud-Light Triathlon (SADAMBLT) is about to get underway in Davis California. We expect around 600 individuals to participate, with 110 relay teams and almost 300 triathletes.

TIME AND PLACE

Race day is Sunday, September 23 at Stonegate Country Club in west Davis. Go west on Russell Blvd, past Highway 113 and turn right on Lake Blvd. The race starts promptly at 9 am with the swim leg taking place in Lac du Stonegate.

VOLUNTEERS

Race Director Carol Lane says that D.A.M. members have been very eager to volunteer and we seem to have most of the bases covered, a few individuals are needed to help with the bike course and parking. We always need help for setup on Saturday and clean up on Sunday. And because we never know what can happen, any and all volunteers who show up on race day will be put happily to work. Remember all volunteers receive a free commemorative mug!

SET UP

The race setup will take place on Saturday, September 22. Any and all helpers will be welcome. Don't forget the surprise event that you'll hear about at workout!

WORKOUT CHANGE IN OCTOBER

As all of you evening swimmers have noted on the Fall Quarter Reenrollment forms, the evening workouts start one half hour later beginning October 1.

T-SHIRTS

The D.A.M. tradition continues as the commemorative Davis Triathlon T-shirts will be on sale on the day of the race. There is a new logo this year that promises to be a winner. All T-shirts are \$9 and are long sleeved.

EATS

All triathletes are provided with a free, and healthful, bag lunch. For those who need to supplement their carbohydrate intake (and for all the rest of us who decided to 'sit out this race'), there will be a bake sale of items provided by the club membership. The bake sale booth is always crowded because the goodies are always quite good!

For the first time, Knudsen's juices will be for sale to the thirsty public.

The piece de resistance provided by the social committee this year is, do you believe it, ICE CREAM. Leatherby's is opening a new store in Davis and, in exchange for prizes donated to the Triathlon, will have an ice cream booth at the event. Now this is progress!

SPECIAL THANKS

Due to the combined efforts of Andy Kuniyuki, Bob Rucker, Sue Milburn and Mark Woerner there is a new storage shed for Club equipment at Community Pool. The above mentioned foursome slaved away all day Sunday to erect the facility which had over 100 parts and 500 screws. If Mark hadn't been there to lend his expertise the shed probably still be in pieces. The shed should help to prevent theft and vandalism of our equipment at that facility. Muchos gracias - they deserve our thanks.