2016 DAM Grand Prix

The event, which runs from November 16, 2015 to November 15, 2016, is already underway. The Grand Prix awards masters swimmers for participating in swim meets and open water events, and beginning this year, DAM social events. It is both simple and very difficult to accomplish. Each day of an event in which you participate earns you one point, except for all USMS National Championships and all DAM hosted swim events which are worth two points per day. The '30/30' events (where swimmers swim at least 30 minutes for 30 continuous days during March and September) earn 5 points. DAM-hosted social events are worth one point.

Events that have already occurred for this year are:
2015 DAM Brute Squad (Nov 16-Nov 30) - Two points
2015 DAM Holiday Party - One Point
2015 MEMO 400 Kick for Time – One point

The program goal is acquiring 28 points during the year toward **Grand Prix Champion**. But there are a series of other awards that, depending on your level of participation, are available.

Grand Prix Awards (any combination of pool, open water and social events)

28 points, you will achieve the Grand Prix **Champion** Award (custom sweatshirt, t-shirt, water bottle and cap)
20 points, you will achieve the Grand Prix **Gold** Award (custom t-shirt, water bottle and cap)
13 points, you will achieve the Grand Prix **Silver** Award (custom water bottle and cap)
7 points, you will achieve the Grand Prix **Bronze** Award (custom swim cap)

All USMS sanctioned and recognized events count for points. A large, multi-day Championship earns one point per day and each small, one-day meet counts as one point. Non-USMS sanctioned or recognized events count as long as the event is run by an organization or is otherwise an officially planned activity.
Note that the DAM Grand Prix is not age-based or gender based. There are no limits to the numbers of champions in an age group. It isn't based on winning or losing a race. Win, lose, or tie, it rewards you for trying, for experimenting, and for enjoying the experience.