

**COVID 19 – DAVIS Swimming
Daily Safety Protocol
for
Davis Aquadarts (DARTS) and Davis Aquatic Masters (DAM)**

For Staff & Participants:

1. Use the daily medical safety protocols to enter the facility. All employees and participants must avoid entering the facility with any sickness, cough, or fever.
2. Maintain a minimum of a six-foot radius from anyone that is not a family member
3. Sneeze or cough into a cloth or tissue. If not available into an elbow
4. No unnecessary physical contact
5. Wear a face covering in compliance with this plan

STAFF:

1. Separate exit and entrance for the staff and swimmers:
 - a. Upon arrival the pool will be set up and all doors unlocked except the front gate.
 - b. Front gate is to remain locked until 3 minutes before practice begins.
 - c. Swimmers will enter through the entrance gate and have the ability to exit through a different gate.
2. Staff will follow the cleaning and opening lists to make sure all surfaces and equipment are fully cleaned before members are allowed to enter the facility.
3. Open the gate and conduct health screening:
 - a. Ask each athlete the list of questions for healthy entrance
 - b. Take each athletes head temperature and make sure there is no fever.
4. Remind swimmers to social distance and that no one is allowed in the locker rooms except to use the bathroom.
5. All water fountains are closed. Swimmers will be encouraged to bring their own water and facilities will have sterilized bottled water for emergencies.

6. Once practice ends, all swimmers will be asked to leave the facility within a five-minute period. This will allow coaches to lock the entrance gates and begin cleaning as soon as the last participant is out of the facility.

Swimmers:

1. In the water:
 - a. All four City of Davis pools are 75 feet long.
 - i. Civic, Arroyo and Manor pools are 8 lanes wide with individual lane widths from 6.5 and 8 feet. Average pool surface area is 4,200 square feet.
 - ii. Community pool is 6 lanes wide with lane widths of 6.5 feet. Pool surface area is 2,964 square feet.
 - b. **DART swimmers** will practice with one swimmer per lane which allows for a six-foot radius at all times.
 - c. **DAM swimmers** will practice with two swimmers per lane. The swimmers will start and finish at opposite ends of the lanes which also allows for a six-foot radius at all times.
 - d. Swimmers will be required to bring all equipment needed so nothing will be shared or available for general usage.
2. Swimmers will wait with a six-foot social distancing area (with masks) near the entrance gate until the gate is opened 3 minutes prior to practice.
3. Swimmers should leave all bags and clothing on the deck. Locker room usage is not available with the exception of the restrooms.
4. Swimmers will be allowed to go to the restroom one at a time when needed in workout.
5. Swimmers will not have access to any equipment stored at the pool facilities. All personal use equipment must be brought from home and taken home with the athlete every day.
6. Swimmers will be asked to leave the facility within 5 minutes of the end of practice. This will allow coaches to begin cleaning the facilities for the next day.