

2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Meet Program - Saturday

Event 1 Mixed 400 Yard IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals				
2	Walker, Thomas	M69	Team Walker Inte	9:45.00
3	Peterson, Dick	M79	Bellingham Maste	8:01.00
4	Voss, Julie	W52	Lake Washington	8:00.00
5	Singer, Shannon	W46	Skagit Valley Ma	8:00.00
6	Foster, Chris	M57	Skagit Valley Ma	9:20.00
Heat 2 of 4 Finals				
1	Newland, Lisa	W53	Snomish Aquati	7:50.00
2	Bronson, Matthew	M50	Hydropower Mast	X7:20.00
3	Penn, William	M64	Puget Sound Mast	6:30.51
4	Reltien, Debra	W49	Bainbridge Aquat	6:30.00
5	Moore, Hugh	M61	Blue Wave Aquati	6:30.11
6	Quistorf, Renee	W51	Snomish Aquati	7:00.00
7	Dumouchel, Denise	W53	Bainbridge Aquat	7:32.90
8	McDaniel, Kathy	W64	Snomish Aquati	7:55.00
Heat 3 of 4 Finals				
1	Schaufler, Kirby	M56	Middle Aged Marl	5:55.55
2	Guillen, Brian	M40	Team Walker Inte	5:40.00
3	Davidson, Patricia	W33	Snomish Aquati	5:30.00
4	McRae, Michelle	W40	Puget Sound Mast	5:25.00
5	Olden, Jaegger	M22	Central Washingt	X5:29.51
6	Smith, Rondamarie	W45	Blue Wave Aquati	5:30.74
7	Benson, Gary	M65	Puget Sound Mast	5:50.00
8	Powell, Frank	M56	Team Walker Inte	6:20.84
Heat 4 of 4 Finals				
1	Dolven, Eric	M48	Snomish Aquati	5:20.72
2	Vance, Jonathan	M21	Husky Masters	5:00.00
3	Kula, Michael	M43	YMCA Pierce/Kits	4:50.71
4	Nelson, Kirk	M45	Husky Masters	4:42.95
5	Reynolds, Ellen	W51	Sawtooth Masters	X4:44.72
6	Iyall, Andy	M49	Blue Wave Aquati	5:00.00
7	McIntyre, Shannon	W51	Lake Washington	5:16.44
8	Edde, Matthew	M26	Blue Wave Aquati	5:22.21

Event 2 Mixed 50 Yard Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 19 Finals				
3	McKinlay, Michael	M72	Downtown Bellevu	1:21.96
4	Greene, Skip	M63	Lake Washington	1:00.00
5	Schuirman-Hagedorn, Dian	W43	YMCA Pierce/Kits	1:14.73

Heat 2 of 19 Finals

1	Erickson, Shane	M59	YMCA Pierce/Kits	53.00
2	Fostvedt, Donna	W49	Thunderbird Aqua	49.00
3	Grisso, Carol	W72	YMCA Pierce/Kits	43.00
4	Powell, Valerie	W22	Team Walker Inte	41.91
5	Williams, Judy	W67	Blue Wave Aquati	43.00
6	Courtney, Steven	M47	Blue Wave Aquati	44.00
7	King, Bill	M82	Sequim Aquatic R	49.00
8	Speedy, Sandi	W57	Skagit Valley Ma	55.00

Heat 3 of 19 Finals

1	Noffke, Wendy	W43	Blue Wave Aquati	41.00
2	Parker, April	W39	Blue Wave Aquati	40.23
3	Mayer, Lawrence	M53	Orca Swim Club	39.42
4	Pfaff, Megan	W29	Washington Athle	38.44
5	Davis, Bob	M74	Washington Athle	39.26
6	Bushroe, Matthew	M35	YMCA Pierce/Kits	40.00
7	Balazic, MarySue	W48	Snomish Aquati	40.85
8	Kreer, Kenneth	M52	Blue Wave Aquati	41.19

Heat 4 of 19 Finals

1	Tucker, Candace	W32	Blue Wave Aquati	38.00
2	McLean, Laura	W50	Blue Wave Aquati	37.01
3	Um, Soo-Hui	M47	Blue Wave Aquati	37.00
4	Dorse, Robert	M84	Puget Sound Mast	36.50
5	Arisco, Amy	W48	Thunderbird Aqua	36.58
6	Sonoda, Rod	M56	Orca Swim Club	37.00
7	Oliver, Kathleen	W56	Blue Wave Aquati	37.76
8	Speser, Nancy	W59	Sequim Aquatic R	38.09

Heat 5 of 19 Finals

1	Dillon, Sally	W69	Bellevue Club	36.00
2	Myhres, Kirsten	W28	Lake Washington	35.00
3	Jones, Ronald	M75	YMCA Pierce/Kits	35.00
4	Bronson, Hiram	M81	Skagit Valley Ma	34.53
5	Gettling, Janet	W67	Oregon Masters	X34.59
6	Henzel, Gregory	M46	Puget Sound Mast	35.00
7	Blackburn, Jean	W64	Blue Wave Aquati	35.42
8	Devereaux, Martha	W56	Bainbridge Aquat	36.05

Heat 6 of 19 Finals

1	Bittner, Matthew	M56	UC36	34.00
2	Clise, Don	M49	Blue Wave Aquati	33.80
3	Stewart, Sam	M21	Central Washingt	X33.19
4	Claesson-Gordon, Lisa	W53	Bainbridge Aquat	33.00
5	Platzner, Anne	W48	Downtown Bellevu	33.00
6	Schaufler, Kirby	M56	Middle Aged Marl	33.33
7	Holt, Megan	W45	Blue Wave Aquati	33.87
8	Wheatley, Sarah	W28	Thunderbird Aqua	34.00



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Meet Program - Saturday

Heat 7 Finals (#2 Mixed 50 Yard Freestyle)

1	Bennett, Ken	M55	Bainbridge Aquat	32.68
2	Moore, Sheila	W57	Lake Washington	32.43
3	Robins, Lori	W36	Lake Washington	32.00
4	King, Victor	M48	UC36	31.95
5	Menkens, Michelle	W59	Blue Wave Aquati	32.00
6	Monsen, Meg	W22	Western Washingt	32.11
7	Dees, Jillian	W32	Thunderbird Aqua	32.55
8	Chapman, Linda	W60	Lake Washington	32.80

Heat 8 of 19 Finals

1	Yarrow, Mike	M54	Skagit Valley Ma	31.47
2	DeLong, Jackie	W21	Western Washingt	31.00
3	Marsh-Limm, Margo	W48	Mukilteo YMCA	30.50
4	Tonellato, Michael	M19	Central Washingt	X30.00
5	Severns, Chris	M54	Downtown Bellevu	30.00
6	Werchan, Felicia	W26	Lake Washington	30.50
7	Kim, Nellis	W45	Blue Wave Aquati	31.00
8	Olden, Sarah	W22	Central Washingt	X31.51

Heat 9 of 19 Finals

1	Caulfield, Miranda	W18	Western Washingt	29.81
2	York, Sandi	W39	Thunderbird Aqua	29.59
3	Fritschen, Tom	M60	Team Walker Inte	29.50
4	Goodlin, Tom	M56	Bainbridge Aquat	29.50
5	McKiernan, Alex	W22	Western Washingt	29.50
6	Wellock, Kimbra	W38	Blue Wave Aquati	29.55
7	Voegtlen, Barney	M67	Bainbridge Aquat	29.80
8	Baker, Laurel	W38	Lake Washington	29.99

Heat 10 of 19 Finals

1	Hiebert, Stephanie	W38	Husky Masters	29.44
2	Ella, Ellen	W38	Lake Washington	29.25
3	Gray, Darren	M47	Bainbridge Aquat	29.06
4	Davis, Joshua	M26	Sequim Aquatic R	29.00
5	Matthews, Scott	M54	Blue Wave Aquati	29.00
6	Kleint, Nancy	W28	Greenlake Aquadu	29.19
7	Methner, Bradly	M50	Skagit Valley Ma	29.32
8	Littlefield, James	M55	Blue Wave Aquati	29.50

Heat 11 of 19 Finals

1	Keith, David	M59	Lake Washington	28.86
2	Clark, Austin	M20	Western Washingt	28.78
3	Chau, Phuc	M23	Central Washingt	X28.55
4	Schwartz, Steven	M52	UC36	28.50
5	Braggin, Jacquelyn	W29	Husky Masters	28.50
6	Polidori, Wendy	W46	Mukilteo YMCA	28.60
7	Kalas, Pamela	W39	UC36	28.82
8	Colella, Mariel	W30	Lake Washington	28.92

Heat 12 of 19 Finals

1	Martinez, Hector	M30	Downtown Bellevu	28.36
2	Phillips, Alex	M28	Husky Masters	28.29
3	Bascus, William	M36	Orca Swim Club	27.93
4	Reimer, Shelley	W46	Bainbridge Aquat	27.79
5	MacVicar, Sabrina	W20	Western Washingt	27.82
6	Davis, Charlotte	W65	Lake Washington	28.00
7	Davis, Dwight	M62	Lake Washington	28.30
8	Baker, Loren	M61	Downtown Bellevu	28.50

Heat 13 of 19 Finals

1	Pilger, Robert	M72	YMCA Pierce/Kits	27.59
2	Bosselmann, Chip	M54	YMCA Pierce/Kits	27.50
3	Smith, Katy	W34	YMCA Pierce/Kits	27.31
4	Outerson, Jenell	W48	Blue Wave Aquati	27.30
5	Newell, Thomas	M27	Washington Athle	27.30
6	Valz, Justin	M35	UC36	27.33
7	Inadomi, David	M50	UC36	27.50
8	Ferrel, Amelia	W29	Lake Washington	27.62

Heat 14 of 19 Finals

1	Armstrong, Mary	W48	Snohomish Aquati	27.15
2	Gavin, Kent	M44	Blue Wave Aquati	27.00
3	Dahl, Lisa	W54	Lake Washington	26.89
4	Smith, Daniel	M53	Blue Wave Aquati	26.41
5	Schmidt, Conor	M20	Central Washingt	X26.75
6	Martin, Rob	M50	Lake Washington	26.90
7	Wright, Larry	M67	Downtown Bellevu	27.00
8	Igawa, Allen	M54	Blue Wave Aquati	27.15

Heat 15 of 19 Finals

1	Geiger, Kyle	M58	Gold's Eastside	26.29
2	DeWard, Robert	M42	UC36	26.07
3	Bollens, Stephen	M56	UC37	X25.92
4	Swan, Keito	M26	Western Washingt	25.90
5	Reehill, James	M23	YMCA Pierce/Kits	25.91
6	Lieggi, Anthony	M54	Blue Wave Aquati	26.00
7	Guillen, Brian	M40	Team Walker Inte	26.24
8	Linn, Joe	M58	UC36	26.29

Heat 16 of 19 Finals

1	Castle, Matt	M44	Thunderbird Aqua	25.63
2	Weed, Kevin	M53	Snohomish Aquati	25.43
3	McAlpine, David	M55	Bellingham Maste	25.00
4	Hannula, Dave	M62	YMCA Pierce/Kits	24.93
5	Smith, Bryan	M48	Lake Washington	24.94
6	Kaperak, William	M31	Greenlake Aquadu	25.26
7	Liedtke, Michael	M24	Lake Washington	25.50
8	Bates, Todd	M47	Grays Harbor Buc	25.73



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Meet Program - Saturday

Heat 17 Finals (#2 Mixed 50 Yard Freestyle)

1	Koehler, Avery	M19	Sequim Aquatic R	24.83
2	Dinkel, Paloma	W28	Lake Washington	24.75
3	Moorhead, Amy	W44	Lake Washington	24.60
4	Pfaff, Chris	M29	Washington Athle	24.55
5	Billings, Raymond	M51	Alaska Masters S	X24.59
6	Carmosino, Vince	M46	Team Walker Inte	24.60
7	Jayne, Toby	M39	Washington Athle	24.81
8	Charpentier, Christophe	M47	UC36	24.87

Heat 18 of 19 Finals

1	Williamson, Eric	M25	Washington Athle	24.17
2	Brayman, Brook	M39	Blue Wave Aquati	24.00
3	Hao, Yawei	M25	Downtown Bellevu	23.94
4	Swanson, Lucas	M21	YMCA Pierce/Kits	23.80
5	Doherty, Todd	M45	Bellevue Club	23.89
6	Nygren, Mats	M49	Lake Washington	24.00
7	Alsberg, Maoz	M47	Team Walker Inte	24.08
8	Conway, John	M27	Downtown Bellevu	24.44

Heat 19 of 19 Finals

1	Jimmison, Tyrone	M35	Husky Masters	23.65
2	McEachern, Andrew	M43	YMCA Pierce/Kits	23.02
3	Kotynia, Jakub	M27	Lake Washington	22.78
4	Reid, Jordan	M23	Western Washingt	21.61
5	Conroy, Chris	M30	Lake Washington	22.53
6	Scheck, Joshua	M19	Husky Masters	22.89
7	Brushaber, Eric	M44	Vo2multisport Sw	23.25
8	Ridle, Jason	M41	Sequim Aquatic R	23.71

Event 3 Mixed 200 Yard Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

3	Singer, Shannon	W46	Skagit Valley Ma	5:00.00
4	Derango, Philip	M51	Lake Washington	3:15.00
5	Gettling, Janet	W67	Oregon Masters	X3:34.31
6	Foster, Chris	M57	Skagit Valley Ma	5:20.00

Heat 2 of 2 Finals

1	Stafford, Rick	M68	Bainbridge Aquat	2:58.00
2	McIntyre, Shannon	W51	Lake Washington	2:32.71
3	Badran, Lianna	W42	Lake Washington	2:25.16
4	Liedtke, Matthew	M26	Lake Washington	2:20.00
5	Iyall, Andy	M49	Blue Wave Aquati	2:20.00
6	Valley, Eric	M54	Movy Masters	X2:27.13
7	Mcclafferty, Christine	W42	Oregon Masters	X2:42.56
8	Regan Koppelberger, Tamm	W44	Team Walker Inte	3:13.27

Event 4 Mixed 100 Yard Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

3	McKinlay, Michael	M72	Downtown Bellevu	3:45.40
4	Walker, Thomas	M69	Team Walker Inte	2:15.00
5	Speedy, Sandi	W57	Skagit Valley Ma	2:20.00

Heat 2 of 8 Finals

1	Powell, Valerie	W22	Team Walker Inte	2:12.64
2	Dumouchel, Denise	W53	Bainbridge Aquat	1:41.35
3	Kassen, Elizabeth	W64	Team Walker Inte	1:35.00
4	Methner, Bradly	M50	Skagit Valley Ma	1:31.07
5	Devereaux, Martha	W56	Bainbridge Aquat	1:32.58
6	Hunt, Andrea	W68	Bainbridge Aquat	1:40.00
7	Kreer, Kenneth	M52	Blue Wave Aquati	1:45.01
8	Pugh, Lucianne	W56	Skagit Valley Ma	2:15.00

Heat 3 of 8 Finals

1	Bascus, William	M36	Orca Swim Club	1:30.00
2	Carruthers, Kate	W67	Bainbridge Aquat	1:29.91
3	Reltien, Debra	W49	Bainbridge Aquat	1:26.66
4	McColly, Michael	M70	Lake Washington	1:25.00
5	Durban, Eric	M60	Blue Wave Aquati	1:25.00
6	Yarrow, Mike	M54	Skagit Valley Ma	1:28.92
7	Phillips, Alex	M28	Husky Masters	1:30.00
8	Quistorf, Renee	W51	Snohomish Aquati	1:30.00

Heat 4 of 8 Finals

1	Underbrink, Dan	M59	Monroe YMCA Mast	1:23.57
2	Fritschen, Tom	M60	Team Walker Inte	1:21.44
3	Baber, Caroline	W19	Western Washingt	1:19.93
4	Castle, Matt	M44	Thunderbird Aqua	1:17.96
5	Stretch, James	M64	Bainbridge Aquat	1:18.79
6	Marsh-Limm, Margo	W48	Mukilteo YMCA	1:20.00
7	Monsen, Meg	W22	Western Washingt	1:22.53
8	Gray, Darren	M47	Bainbridge Aquat	1:23.75

Heat 5 of 8 Finals

1	Keith, David	M59	Lake Washington	1:15.30
2	Freeborn, Stephen	M60	Blue Wave Aquati	1:14.54
3	McRae, Michelle	W40	Puget Sound Mast	1:14.00
4	Davis, Dwight	M62	Lake Washington	1:13.80
5	DeLong, Jackie	W21	Western Washingt	1:14.00
6	York, Sandi	W39	Thunderbird Aqua	1:14.06
7	Spencer, Rick	M68	Puget Sound Mast	1:15.00
8	Valz, Justin	M35	UC36	1:15.66

Heat 6 of 8 Finals

1	Smith, Rondamarie	W45	Blue Wave Aquati	1:11.46
2	Pearson, Jay	M54	Lake Washington	1:10.74
3	Littlefield, James	M55	Blue Wave Aquati	1:10.00
4	Cox, Allison	W31	Greenlake Aquadu	1:08.00
5	Gilmore, Anna	W29	Downtown Bellevu	1:10.00
6	Perkins, Noel	W36	Team Walker Inte	1:10.01
7	Powell, Frank	M56	Team Walker Inte	1:11.32
8	McHenry, Valerie	W36	Lake Washington	1:13.36



2016 PNA Champs, Sanction #: 366-S002

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Meet Program - Saturday

Heat 7 Finals (#4 Mixed 100 Yard Backstroke)

1	Courtney, Zena	W56	Team Walker Inte	1:07.04
2	Liedtke, Michael	M24	Lake Washington	1:07.00
3	Davis, Joshua	M26	Sequim Aquatic R	1:06.00
4	Roudbari, Rebecca	W21	Husky Masters	1:05.00
5	Porter, Michael	M49	Lake Washington	1:05.21
6	Ingham, Fred	M49	Greenlake Aquadu	1:06.00
7	Girvin, Robert	M66	Sawtooth Masters	X1:07.00
8	DeWard, Robert	M42	UC36	1:07.93

Heat 8 of 8 Finals

1	Olden, Jaegger	M22	Central Washingt	X1:02.00
2	Nygren, Mats	M49	Lake Washington	1:00.00
3	Haynie, Carl	M55	Team Walker Inte	59.54
4	Jones, Scott	M37	Alaska Masters S	X55.14
5	Brushaber, Eric	M44	Vo2multisport Sw	58.04
6	Reynolds, Ellen	W51	Sawtooth Masters	X59.79
7	Hannula, Dave	M62	YMCA Pierce/Kits	1:02.00
8	Koehler, Avery	M19	Sequim Aquatic R	1:02.36

Event 5 Mixed 200 Yard IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

3	Wood, Kimberly	W43	Blue Wave Aquati	4:30.00
4	Newland, Lisa	W53	Snohomish Aquati	4:05.00
5	Adkins-Narte, Heather	W61	Bainbridge Aquat	4:27.82

Heat 2 of 8 Finals

1	Oliver, Kathleen	W56	Blue Wave Aquati	4:00.00
2	Arisco, Amy	W48	Thunderbird Aqua	3:30.00
3	Matthews, Scott	M54	Blue Wave Aquati	3:20.04
4	Sawyer, Dennis	M72	Bainbridge Aquat	3:18.85
5	Peterson, Dick	M79	Bellingham Maste	3:20.00
6	Sonoda, Rod	M56	Orca Swim Club	3:30.00
7	Jones, Ronald	M75	YMCA Pierce/Kits	3:45.00
8	Coleman, Jan	W55	Middle Aged Marl	4:04.04

Heat 3 of 8 Finals

1	Dahl, James	M41	Skagit Valley Ma	3:15.00
2	Quistorf, Renee	W51	Snohomish Aquati	3:15.00
3	Ness, Kerry	M46	Skagit Valley Ma	3:12.00
4	Platzner, Anne	W48	Downtown Bellevu	3:04.00
5	Penn, William	M64	Puget Sound Mast	3:05.41
6	Holt, Megan	W45	Blue Wave Aquati	3:13.49
7	Mohler, Craig	M61	Skagit Valley Ma	3:15.00
8	Carruthers, Kate	W67	Bainbridge Aquat	3:17.55

Heat 4 of 8 Finals

1	Voegtlen, Barney	M67	Bainbridge Aquat	3:03.00
2	Fitzgerald, Robert	M64	Snohomish Aquati	3:00.00
3	Moore, Hugh	M61	Blue Wave Aquati	2:50.89
4	Goodlin, Tom	M56	Bainbridge Aquat	2:50.00
5	Wellock, Kimbra	W38	Blue Wave Aquati	2:50.80
6	Severns, Chris	M54	Downtown Bellevu	3:00.00
7	Robins, Lori	W36	Lake Washington	3:00.00
8	Dees, Jillian	W32	Thunderbird Aqua	3:03.51

Heat 5 of 8 Finals

1	Peterson, Steven	M69	YMCA Pierce/Kits	2:48.90
2	Wheatley, Sarah	W28	Thunderbird Aqua	2:48.00
3	Polidori, Wendy	W46	Mukilteo YMCA	2:45.00
4	Outerson, Jenell	W48	Blue Wave Aquati	2:40.00
5	Bullock, J	M47	YMCA Pierce/Kits	2:45.00
6	Freeborn, Stephen	M60	Blue Wave Aquati	2:45.00
7	Jaeger, Dawn	W59	Lake Washington	2:48.90
8	Werchan, Felicia	W26	Lake Washington	2:50.00

Heat 6 of 8 Finals

1	Barnick, Angela	W21	Western Washingt	2:37.39
2	Braggin, Jacquelyn	W29	Husky Masters	2:35.00
3	Perkins, Noel	W36	Team Walker Inte	2:32.00
4	Hagedorn, Chad	M43	YMCA Pierce/Kits	2:30.00
5	Dolven, Eric	M48	Snohomish Aquati	2:31.29
6	Davidson, Patricia	W33	Snohomish Aquati	2:34.00
7	Smith, Rondamarie	W45	Blue Wave Aquati	2:36.91
8	Baker, Loren	M61	Downtown Bellevu	2:40.00

Heat 7 of 8 Finals

1	Gilmore, Anna	W29	Downtown Bellevu	2:28.00
2	McIntyre, Shannon	W51	Lake Washington	2:23.53
3	Liedtke, Matthew	M26	Lake Washington	2:20.00
4	Hanson, Max	M48	Lake Washington	2:16.99
5	Carmosino, Vince	M46	Team Walker Inte	2:18.64
6	McCarty, David	M51	Mukilteo YMCA	2:21.76
7	Miller, Aaron	M32	Lake Washington	2:24.05
8	Conway, John	M27	Downtown Bellevu	2:30.00

Heat 8 of 8 Finals

1	Kula, Michael	M43	YMCA Pierce/Kits	2:15.11
2	Hao, Yawei	M25	Downtown Bellevu	2:11.15
3	Doherty, Todd	M45	Bellevue Club	2:09.36
4	Gray, Trever	M40	Lake Washington	1:55.50
5	Wisniewski, Brian	M38	Husky Masters	2:00.00
6	Jimmison, Tyrone	M35	Husky Masters	2:10.00
7	Brayman, Brook	M39	Blue Wave Aquati	2:12.00
8	McAlees, Jason	M31	Greenlake Aquadu	2:16.00



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Meet Program - Saturday

Event 6 Mixed 100 Yard Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 16 Finals				
3	King, Bill	M82	Sequim Aquatic R	2:19.00
4	Speedy, Sandi	W57	Skagit Valley Ma	1:55.00
5	McKinlay, Michael	M72	Downtown Bellevu	1:57.24
Heat 2 of 16 Finals				
2	Snow, Charlotte	W76	YMCA Pierce/Kits	1:45.77
3	Fostvedt, Donna	W49	Thunderbird Aqua	1:40.00
4	Speser, Nancy	W59	Sequim Aquatic R	1:37.93
5	Tucker, Candace	W32	Blue Wave Aquati	1:38.00
6	Oliver, Kathleen	W56	Blue Wave Aquati	1:40.20
7	Grisso, Carol	W72	YMCA Pierce/Kits	1:46.00
Heat 3 of 16 Finals				
1	Courtney, Steven	M47	Blue Wave Aquati	1:35.00
2	Mayer, Lawrence	M53	Orca Swim Club	1:35.00
3	Kreer, Kenneth	M52	Blue Wave Aquati	1:31.17
4	Dorse, Robert	M84	Puget Sound Mast	1:26.50
5	Davis, Bob	M74	Washington Athle	1:29.67
6	Balazic, MarySue	W48	Snohomish Aquati	1:31.19
7	Williams, Judy	W67	Blue Wave Aquati	1:35.00
8	Vilders, Jane	W64	Skagit Valley Ma	1:36.26
Heat 4 of 16 Finals				
1	McDaniel, Kathy	W64	Snohomish Aquati	1:25.00
2	Wheatley, Sarah	W28	Thunderbird Aqua	1:24.00
3	Quistorf, Renee	W51	Snohomish Aquati	1:20.00
4	Devereaux, Martha	W56	Bainbridge Aquat	1:19.91
5	Bittner, Matthew	M56	UC36	1:20.00
6	Blackburn, Jean	W64	Blue Wave Aquati	1:21.73
7	Myhres, Kirsten	W28	Lake Washington	1:24.00
8	Penn, William	M64	Puget Sound Mast	1:25.91
Heat 5 of 16 Finals				
1	Dillon, Sally	W69	Bellevue Club	1:18.00
2	Erickson, Shane	M59	YMCA Pierce/Kits	1:17.00
3	Bronson, Matthew	M50	Hydropower Maste	X1:15.79
4	Claesson-Gordon, Lisa	W53	Bainbridge Aquat	1:14.00
5	Olden, Sarah	W22	Central Washingt	X1:15.16
6	Clise, Don	M49	Blue Wave Aquati	1:16.00
7	Eames, Ellen	W36	Downtown Bellevu	1:17.00
8	Bennett, Ken	M55	Bainbridge Aquat	1:18.25
Heat 6 of 16 Finals				
1	Kassen, Elizabeth	W64	Team Walker Inte	1:12.00
2	Moore, Sheila	W57	Lake Washington	1:11.10
3	Baker, Laurel	W38	Lake Washington	1:09.35
4	Yarrow, Mike	M54	Skagit Valley Ma	1:09.13
5	Caulfield, Miranda	W18	Western Washingt	1:09.16
6	Robins, Lori	W36	Lake Washington	1:11.00
7	King, Victor	M48	UC36	1:11.22
8	Holt, Megan	W45	Blue Wave Aquati	1:12.86

Heat 7 of 16 Finals

1	Menkens, Michelle	W59	Blue Wave Aquati	1:08.00
2	Wellock, Kimbra	W38	Blue Wave Aquati	1:07.24
3	Keith, David	M59	Lake Washington	1:06.91
4	Stretch, James	M64	Bainbridge Aquat	1:05.85
5	Fritschen, Tom	M60	Team Walker Inte	1:06.60
6	Werchan, Felicia	W26	Lake Washington	1:07.00
7	Pelham, Kathy	W43	Team Walker Inte	1:07.90
8	Methner, Bradly	M50	Skagit Valley Ma	1:08.34

Heat 8 of 16 Finals

1	Regan Koppelberger, Tamm	W44	Team Walker Inte	1:05.00
2	Hiebert, Stephanie	W38	Husky Masters	1:04.42
3	Pilger, Robert	M72	YMCA Pierce/Kits	1:04.30
4	Clark, Austin	M20	Western Washingt	1:03.98
5	McKiernan, Alex	W22	Western Washingt	1:04.00
6	Igawa, Allen	M54	Blue Wave Aquati	1:04.34
7	Kleint, Nancy	W28	Greenlake Aquadu	1:04.61
8	Mcclafferty, Christine	W42	Oregon Masters	X1:05.60

Heat 9 of 16 Finals

1	Valz, Justin	M35	UC36	1:03.43
2	McHenry, Valerie	W36	Lake Washington	1:03.17
3	Martinez, Hector	M30	Downtown Bellevu	1:02.27
4	McRae, Michelle	W40	Puget Sound Mast	1:01.94
5	Ferrel, Amelia	W29	Lake Washington	1:02.00
6	Ella, Ellen	W38	Lake Washington	1:02.94
7	Colella, Mariel	W30	Lake Washington	1:03.21
8	Davis, Dwight	M62	Lake Washington	1:03.90

Heat 10 of 16 Finals

1	Braggin, Jacquelyn	W29	Husky Masters	1:01.50
2	Wright, Larry	M67	Downtown Bellevu	1:01.00
3	Smith, Katy	W34	YMCA Pierce/Kits	1:00.76
4	Linn, Joe	M58	UC36	1:00.41
5	Armstrong, Mary	W48	Snohomish Aquati	1:00.50
6	Reimer, Shelley	W46	Bainbridge Aquat	1:01.00
7	Schmidt, Conor	M20	Central Washingt	X1:01.50
8	Bascus, William	M36	Orca Swim Club	1:01.64

Heat 11 of 16 Finals

1	Roudbari, Rebecca	W21	Husky Masters	1:00.00
2	Martin, Rob	M50	Lake Washington	59.90
3	Cox, Allison	W31	Greenlake Aquadu	59.59
4	Reehill, James	M23	YMCA Pierce/Kits	59.26
5	Phillips, Alex	M28	Husky Masters	59.43
6	Kalas, Pamela	W39	UC36	59.84
7	Schaufler, Kirby	M56	Middle Aged Marl	59.99
8	Davis, Joshua	M26	Sequim Aquatic R	1:00.00



2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Meet Program - Saturday

Heat 12 Finals (#6 Mixed 100 Yard Freestyle)

1	MacVicar, Sabrina	W20	Western Washingt	59.00
2	Gavin, Kent	M44	Blue Wave Aquati	59.00
3	Swan, Keito	M26	Western Washingt	58.90
4	Conway, John	M27	Downtown Bellevu	58.00
5	Guillen, Brian	M40	Team Walker Inte	58.86
6	Weed, Kevin	M53	Snohomish Aquati	58.92
7	Bosselmann, Chip	M54	YMCA Pierce/Kits	59.00
8	Miller, Aaron	M32	Lake Washington	59.08

Heat 13 of 16 Finals

1	Liedtke, Michael	M24	Lake Washington	57.50
2	Geiger, Kyle	M58	Gold's Eastside	56.21
3	Moorhead, Amy	W44	Lake Washington	55.54
4	Ingham, Fred	M49	Greenlake Aquadu	55.50
5	Vance, Jonathan	M21	Husky Masters	55.50
6	Kaperak, William	M31	Greenlake Aquadu	55.59
7	Bates, Todd	M47	Grays Harbor Buc	57.25
8	Charpentier, Christophe	M47	UC36	57.71

Heat 14 of 16 Finals

1	Valley, Eric	M54	Movy Masters	X55.03
2	Williamson, Eric	M25	Washington Athle	55.00
3	Porter, Michael	M49	Lake Washington	54.62
4	Swanson, Lucas	M21	YMCA Pierce/Kits	54.50
5	Smith, Bryan	M48	Lake Washington	54.61
6	Olden, Jaegger	M22	Central Washingt	X54.94
7	Lieggi, Anthony	M54	Blue Wave Aquati	55.00
8	Billings, Raymond	M51	Alaska Masters S	X55.20

Heat 15 of 16 Finals

1	Dinkel, Paloma	W28	Lake Washington	53.50
2	Brayman, Brook	M39	Blue Wave Aquati	53.00
3	Hanson, Max	M48	Lake Washington	52.98
4	Pehrson, Josh	M19	Western Washingt	52.08
5	Edde, Matthew	M26	Blue Wave Aquati	52.29
6	Alsberg, Maoz	M47	Team Walker Inte	53.00
7	Brushaber, Eric	M44	Vo2multisport Sw	53.19
8	Pfaff, Chris	M29	Washington Athle	53.50

Heat 16 of 16 Finals

1	Nygren, Mats	M49	Lake Washington	52.00
2	Koehler, Avery	M19	Sequim Aquatic R	51.58
3	McEachern, Andrew	M43	YMCA Pierce/Kits	50.30
4	Wisniewski, Brian	M38	Husky Masters	49.00
5	Conroy, Chris	M30	Lake Washington	49.01
6	Scheck, Joshua	M19	Husky Masters	50.44
7	Ridle, Jason	M41	Sequim Aquatic R	51.74
8	Hao, Yawei	M25	Downtown Bellevu	52.01

Event 7 Mixed 50 Yard Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Finals

3	Wood, Kimberly	W43	Blue Wave Aquati	1:30.00
4	Noffke, Wendy	W43	Blue Wave Aquati	1:00.00
5	Pugh, Lucianne	W56	Skagit Valley Ma	1:05.00
6	Greene, Skip	M63	Lake Washington	1:45.00

Heat 2 of 9 Finals

1	Bronson, Hiram	M81	Skagit Valley Ma	56.73
2	Powell, Valerie	W22	Team Walker Inte	53.48
3	Mayer, Lawrence	M53	Orca Swim Club	50.24
4	Stewart, Sam	M21	Central Washingt	X50.00
5	Kreer, Kenneth	M52	Blue Wave Aquati	50.01
6	Grisso, Carol	W72	YMCA Pierce/Kits	53.00
7	Williams, Judy	W67	Blue Wave Aquati	55.00
8	McKinlay, Michael	M72	Downtown Bellevu	56.76

Heat 3 of 9 Finals

1	Pfaff, Megan	W29	Washington Athle	48.39
2	Oliver, Kathleen	W56	Blue Wave Aquati	47.27
3	Menkens, Michelle	W59	Blue Wave Aquati	45.00
4	Arisco, Amy	W48	Thunderbird Aqua	45.00
5	Hunt, Andrea	W68	Bainbridge Aquat	45.00
6	Newland, Lisa	W53	Snohomish Aquati	46.55
7	Blackburn, Jean	W64	Blue Wave Aquati	47.35
8	Dumouchel, Denise	W53	Bainbridge Aquat	49.52

Heat 4 of 9 Finals

1	McLean, Laura	W50	Blue Wave Aquati	44.01
2	Methner, Bradly	M50	Skagit Valley Ma	42.83
3	Clise, Don	M49	Blue Wave Aquati	40.10
4	Yarrow, Mike	M54	Skagit Valley Ma	38.74
5	Reltien, Debra	W49	Bainbridge Aquat	39.00
6	Moore, Hugh	M61	Blue Wave Aquati	42.07
7	Pilger, Robert	M72	YMCA Pierce/Kits	43.85
8	Jones, Ronald	M75	YMCA Pierce/Kits	45.00

Heat 5 of 9 Finals

1	Monsen, Meg	W22	Western Washingt	38.44
2	Goodlin, Tom	M56	Bainbridge Aquat	38.00
3	Gray, Darren	M47	Bainbridge Aquat	37.37
4	Baber, Caroline	W19	Western Washingt	36.77
5	Marsh-Limm, Margo	W48	Mukilteo YMCA	37.00
6	Voegtlen, Barney	M67	Bainbridge Aquat	37.40
7	Barnick, Angela	W21	Western Washingt	38.00
8	Chau, Phuc	M23	Central Washingt	X38.63



2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Meet Program - Saturday

Heat 6 Finals (#7 Mixed 50 Yard Backstroke)

1	Platzner, Anne	W48	Downtown Bellevu	36.50
2	Bascus, William	M36	Orca Swim Club	36.00
3	Perkins, Noel	W36	Team Walker Inte	34.72
4	Spencer, Rick	M68	Puget Sound Mast	34.50
5	Baker, Loren	M61	Downtown Bellevu	34.50
6	Fritschen, Tom	M60	Team Walker Inte	36.00
7	Polidori, Wendy	W46	Mukilteo YMCA	36.00
8	Jaeger, Dawn	W59	Lake Washington	36.70

Heat 7 of 9 Finals

1	Smith, Rondamarie	W45	Blue Wave Aquati	33.97
2	York, Sandi	W39	Thunderbird Aqua	33.81
3	Valz, Justin	M35	UC36	33.30
4	Courtney, Zena	W56	Team Walker Inte	32.30
5	Littlefield, James	M55	Blue Wave Aquati	33.00
6	Keith, David	M59	Lake Washington	33.51
7	DeLong, Jackie	W21	Western Washingt	33.89
8	Wright, Larry	M67	Downtown Bellevu	34.00

Heat 8 of 9 Finals

1	Gilmore, Anna	W29	Downtown Bellevu	32.11
2	Powell, Frank	M56	Team Walker Inte	31.76
3	Girvin, Robert	M66	Sawtooth Masters	X31.00
4	Smith, Bryan	M48	Lake Washington	30.06
5	Jayne, Toby	M39	Washington Athle	30.38
6	Schwartz, Steven	M52	UC36	31.00
7	Castle, Matt	M44	Thunderbird Aqua	32.07
8	Pearson, Jay	M54	Lake Washington	32.12

Heat 9 of 9 Finals

1	Liedtke, Matthew	M26	Lake Washington	30.00
2	Hannula, Dave	M62	YMCA Pierce/Kits	28.90
3	Nygren, Mats	M49	Lake Washington	28.00
4	Jones, Scott	M37	Alaska Masters S	X26.36
5	Brushaber, Eric	M44	Vo2multisport Sw	27.16
6	Haynie, Carl	M55	Team Walker Inte	28.31
7	Pfaff, Chris	M29	Washington Athle	29.79
8	McAlpine, David	M55	Bellingham Maste	30.00

Event 8 Mixed 200 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

3	Coleman, Jan	W55	Middle Aged Marl	4:34.34
4	Walker, Thomas	M69	Team Walker Inte	4:30.00
5	Pugh, Lucianne	W56	Skagit Valley Ma	4:30.00
6	Snow, Charlotte	W76	YMCA Pierce/Kits	4:41.71

Heat 2 of 7 Finals

1	Adkins-Narte, Heather	W61	Bainbridge Aquat	4:15.12
2	Vilders, Jane	W64	Skagit Valley Ma	4:00.11
3	Noffke, Wendy	W43	Blue Wave Aquati	4:00.00
4	Pierson, Ginger	W70	Oregon Masters	X3:51.00
5	Parker, April	W39	Blue Wave Aquati	4:00.00
6	Kim, Nellis	W45	Blue Wave Aquati	4:00.00
7	Eames, Ellen	W36	Downtown Bellevu	4:08.00
8	Speedy, Sandi	W57	Skagit Valley Ma	4:20.00

Heat 3 of 7 Finals

1	Carruthers, Kate	W67	Bainbridge Aquat	3:32.23
2	Gettling, Janet	W67	Oregon Masters	X3:22.43
3	Dahl, James	M41	Skagit Valley Ma	3:20.00
4	Sawyer, Dennis	M72	Bainbridge Aquat	3:16.49
5	Peterson, Dick	M79	Bellingham Maste	3:20.00
6	Erickson, Shane	M59	YMCA Pierce/Kits	3:20.00
7	Olden, Sarah	W22	Central Washingt	X3:27.31
8	McLean, Laura	W50	Blue Wave Aquati	3:40.01

Heat 4 of 7 Finals

1	Sonoda, Rod	M56	Orca Swim Club	3:13.52
2	Ness, Kerry	M46	Skagit Valley Ma	3:08.00
3	Gray, Darren	M47	Bainbridge Aquat	3:05.00
4	Smith, Katy	W34	YMCA Pierce/Kits	3:00.00
5	Chapman, Linda	W60	Lake Washington	3:00.35
6	Dees, Jillian	W32	Thunderbird Aqua	3:07.83
7	Beirne, Katherine	W46	Sequim Aquatic R	3:10.00
8	Mohler, Craig	M61	Skagit Valley Ma	3:15.00

Heat 5 of 7 Finals

1	Davidson, Patricia	W33	Snohomish Aquati	3:00.00
2	McKiernan, Alex	W22	Western Washingt	2:55.00
3	Peterson, Steven	M69	YMCA Pierce/Kits	2:54.60
4	Derango, Philip	M51	Lake Washington	2:51.26
5	Underbrink, Dan	M59	Monroe YMCA Mast	2:54.45
6	Van Pelt, Darren	M46	Lake Washington	2:55.00
7	Stafford, Rick	M68	Bainbridge Aquat	2:56.00
8	Outerson, Jenell	W48	Blue Wave Aquati	3:00.00

Heat 6 of 7 Finals

1	Pearson, Jay	M54	Lake Washington	2:48.41
2	Ferries, Jenny	W34	Team Walker Inte	2:45.61
3	Severns, Chris	M54	Downtown Bellevu	2:44.79
4	McIntyre, Shannon	W51	Lake Washington	2:42.00
5	Dolven, Eric	M48	Snohomish Aquati	2:43.52
6	Badran, Lianna	W42	Lake Washington	2:45.08
7	Ferrel, Amelia	W29	Lake Washington	2:46.77
8	Guillen, Brian	M40	Team Walker Inte	2:50.00



2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Meet Program - Saturday

Heat 7 Finals (#8 Mixed 200 Yard Breaststroke)

1	Miller, Aaron	M32	Lake Washington	2:36.48
2	Ridle, Jason	M41	Sequim Aquatic R	2:31.00
3	Doherty, Todd	M45	Bellevue Club	2:23.89
4	Kotynia, Jakub	M27	Lake Washington	2:10.23
5	Pehrson, Josh	M19	Western Washingt	2:16.87
6	Carmosino, Vince	M46	Team Walker Inte	2:25.74
7	McAlees, Jason	M31	Greenlake Aquadu	2:32.00
8	Smith, Daniel	M53	Blue Wave Aquati	2:38.99



2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Psych Sheet - Saturday Distance

Event 12 Mixed 1000 Yard Freestyle

50 Nygren, Mats

M49 Lake Washington

10:30.00

Name	Age	Team	Seed Time
1 Speedy, Sandi	W57	Skagit Valley Ma	20:15.00
2 Mayer, Lawrence	M53	Orca Swim Club	20:00.00
3 Courtney, Steven	M47	Blue Wave Aquati	20:00.00
4 Vilders, Jane	W64	Skagit Valley Ma	19:35.44
5 Parker, April	W39	Blue Wave Aquati	19:10.80
6 Davis, Bob	M74	Washington Athle	19:05.00
7 Noffke, Wendy	W43	Blue Wave Aquati	19:00.00
8 Foster, Chris	M57	Skagit Valley Ma	18:30.00
9 Singer, Shannon	W46	Skagit Valley Ma	17:45.00
10 Newland, Lisa	W53	Snohomish Aquati	17:30.00
11 Wood, Kimberly	W43	Blue Wave Aquati	17:26.72
12 Dahl, James	M41	Skagit Valley Ma	17:00.00
13 Eames, Ellen	W36	Downtown Bellevu	16:12.00
14 Quistorf, Renee	W51	Snohomish Aquati	16:00.00
15 Hunt, Andrea	W68	Bainbridge Aquat	16:00.00
16 Claesson-Gordon, Lisa	W53	Bainbridge Aquat	16:00.00
17 Ness, Kerry	M46	Skagit Valley Ma	15:40.00
18 Newell, Thomas	M27	Washington Athle	15:30.00
19 Mohler, Craig	M61	Skagit Valley Ma	15:12.00
20 Yarrow, Mike	M54	Skagit Valley Ma	15:05.70
21 Matthews, Scott	M54	Blue Wave Aquati	14:51.81
22 Schaufler, Kirby	M56	Middle Aged Marl	14:44.44
23 Fitzgerald, Robert	M64	Snohomish Aquati	14:15.00
24 Kassen, Elizabeth	W64	Team Walker Inte	14:00.00
25 Stretch, James	M64	Bainbridge Aquat	13:45.00
26 Regan Koppelberger, Tamm	W44	Team Walker Inte	13:43.44
27 Moore, Sheila	W57	Lake Washington	13:35.84
28 Pelham, Kathy	W43	Team Walker Inte	13:30.00
29 McColly, Michael	M70	Lake Washington	13:30.00
30 McCarty, David	M51	Mukilteo YMCA	13:20.00
31 Freeborn, Stephen	M60	Blue Wave Aquati	13:15.81
32 Courtney, Zena	W56	Team Walker Inte	13:10.07
33 Derango, Philip	M51	Lake Washington	12:52.45
34 Smith, Rondamarie	W45	Blue Wave Aquati	12:51.00
35 Durban, Eric	M60	Blue Wave Aquati	12:50.00
36 Barnick, Angela	W21	Western Washingt	12:46.73
37 Davis, Charlotte	W65	Lake Washington	12:45.00
38 Iyall, Andy	M49	Blue Wave Aquati	12:45.00
39 Edde, Matthew	M26	Blue Wave Aquati	12:44.82
40 Reimer, Shelley	W46	Bainbridge Aquat	12:44.00
41 Ella, Ellen	W38	Lake Washington	12:11.43
42 McRae, Michelle	W40	Puget Sound Mast	12:09.78
43 Hagedorn, Chad	M43	YMCA Pierce/Kits	12:00.00
44 Valley, Eric	M54	Movy Masters	X11:51.25
45 Kalas, Pamela	W39	UC36	11:50.57
46 McIntyre, Shannon	W51	Lake Washington	11:44.72
47 Smith, Daniel	M53	Blue Wave Aquati	11:41.53
48 Kula, Michael	M43	YMCA Pierce/Kits	11:25.00
49 Hanson, Max	M48	Lake Washington	11:11.11



2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Psych Sheet - Sunday 500

Event 13 Mixed 500 Yard Freestyle

Name	Age	Team	Seed Time
1 Powell, Valerie	W22	Team Walker Inte	13:07.21
2 King, Bill	M82	Sequim Aquatic R	12:00.00
3 Brown, Susan	W67	Skagit Valley Ma	10:17.56
4 Walker, Thomas	M69	Team Walker Inte	10:00.00
5 Greene, Skip	M63	Lake Washington	10:00.00
6 Vilders, Jane	W64	Skagit Valley Ma	9:53.25
7 Grisso, Carol	W72	YMCA Pierce/Kits	9:50.00
8 Noffke, Wendy	W43	Blue Wave Aquati	9:30.00
9 Kreer, Kenneth	M52	Blue Wave Aquati	9:07.59
10 Wood, Kimberly	W43	Blue Wave Aquati	9:00.00
11 Foster, Chris	M57	Skagit Valley Ma	8:34.00
12 Wille, Marie	W62	UC36	8:30.00
13 Olson, David	M70	YMCA Pierce/Kits	8:30.00
14 Singer, Shannon	W46	Skagit Valley Ma	8:20.00
15 McDaniel, Kathy	W64	Snohomish Aquati	8:05.00
16 Dahl, James	M41	Skagit Valley Ma	8:00.00
17 Hunt, Andrea	W68	Bainbridge Aquat	8:00.00
18 Nguyen, Dung	M52	Blue Wave Aquati	8:00.00
19 Fritschen, Tom	M60	Team Walker Inte	7:48.04
20 Clise, Don	M49	Blue Wave Aquati	7:45.01
21 Ness, Kerry	M46	Skagit Valley Ma	7:35.00
22 Dees, Jillian	W32	Thunderbird Aqua	7:24.59
23 Stribling Geldien, Gail	W35	Blue Wave Aquati	7:22.50
24 Flynn, Christi	W47	North End Otters	7:10.00
25 Menkens, Michelle	W59	Blue Wave Aquati	7:10.00
26 Caulfield, Miranda	W18	Western Washingt	7:08.50
27 Mohler, Craig	M61	Skagit Valley Ma	7:00.00
28 Brown, Stephen	M44	Snohomish Aquati	6:55.00
29 Kassen, Elizabeth	W64	Team Walker Inte	6:50.00
30 McColly, Michael	M70	Lake Washington	6:50.00
31 Stretch, James	M64	Bainbridge Aquat	6:43.32
32 Moore, Sheila	W57	Lake Washington	6:41.00
33 Polidori, Wendy	W46	Mukilteo YMCA	6:40.00
34 Pelham, Kathy	W43	Team Walker Inte	6:36.22
35 Lippold, Mary	W60	North End Otters	6:35.23
36 Regan Koppelberger, Tamm	W44	Team Walker Inte	6:32.34
37 Matthews, Scott	M54	Blue Wave Aquati	6:27.76
38 Freeborn, Stephen	M60	Blue Wave Aquati	6:20.00
39 Cortani, Andrea	W44	Sequim Aquatic R	6:16.64
40 Standaert, Cyndi	W51	North End Otters	6:15.97
41 Gross, Jim	M61	Skagit Valley Ma	6:15.00
42 Davis, Charlotte	W65	Lake Washington	6:15.00
43 Cary, Dale	M58	Puget Sound Mast	6:14.51
44 Smith, Katy	W34	YMCA Pierce/Kits	6:12.79
45 Woare, Elisabeth	W43	Washington Athle	6:06.00
46 Kleint, Nancy	W28	Greenlake Aquadu	6:01.57
47 Reimer, Shelley	W46	Bainbridge Aquat	6:00.00
48 Ella, Ellen	W38	Lake Washington	5:52.13
49 Bullock, J	M47	YMCA Pierce/Kits	5:50.00

50 Durban, Lars	M58	Snohomish Aquati	5:50.00
51 McCarty, David	M51	Mukilteo YMCA	5:49.35
52 Williamson, Eric	M25	Washington Athle	5:46.83
53 McIntyre, Shannon	W51	Lake Washington	5:43.64
54 Bakh, Robert	M43	Lake Washington	5:40.36
55 Kalas, Pamela	W39	UC36	5:37.78
56 Ingham, Fred	M49	Greenlake Aquadu	5:30.00
57 Duffy, Emma	W23	Oregon Masters	X5:28.43
58 Brayman, Brook	M39	Blue Wave Aquati	5:25.00
59 Scheck, Joshua	M19	Husky Masters	5:10.00
60 Nelson, Kirk	M45	Husky Masters	5:06.92



2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Meet Program - Sunday

Event 14 Mixed 200 Yard Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Finals				
3	Nguyen, Dung	M52	Blue Wave Aquati	5:00.00
4	McKinlay, Michael	M72	Downtown Bellevu	4:59.99
5	Pugh, Lucianne	W56	Skagit Valley Ma	5:00.00
6	Graves, Rebecca	W48	Skagit Valley Ma	5:33.00
Heat 2 of 5 Finals				
1	Adkins-Narte, Heather	W61	Bainbridge Aquat	4:30.96
2	Singer, Shannon	W46	Skagit Valley Ma	3:45.00
3	Peterson, Dick	M79	Bellingham Maste	3:20.00
4	Gross, Jim	M61	Skagit Valley Ma	3:00.00
5	Reltien, Debra	W49	Bainbridge Aquat	3:04.72
6	Hunt, Andrea	W68	Bainbridge Aquat	3:30.00
7	Galvani, Bill	M69	Bainbridge Aquat	4:20.00
8	Foster, Chris	M57	Skagit Valley Ma	4:40.00
Heat 3 of 5 Finals				
1	Durban, Eric	M60	Blue Wave Aquati	3:00.00
2	York, Sandi	W39	Thunderbird Aqua	2:50.63
3	Warner, Frank	M67	YMCA Pierce/Kits	2:45.00
4	Powell, Frank	M56	Team Walker Inte	2:42.51
5	Spencer, Rick	M68	Puget Sound Mast	2:43.00
6	Stretch, James	M64	Bainbridge Aquat	2:48.19
7	Stribling Geldien, Gail	W35	Blue Wave Aquati	2:58.67
8	Monsen, Meg	W22	Western Washing	3:00.00
Heat 4 of 5 Finals				
1	McRae, Michelle	W40	Puget Sound Mast	2:35.04
2	Klov Dahl, Jenny	W31	Snohomish Aquati	2:32.00
3	Girvin, Robert	M66	Sawtooth Masters	X2:30.00
4	Davidson, Patricia	W33	Snohomish Aquati	2:30.00
5	Iyall, Andy	M49	Blue Wave Aquati	2:30.00
6	Pearson, Jay	M54	Lake Washington	2:30.07
7	Propersi, Jeffrey	M20	Western Washing	2:35.00
8	McHenry, Valerie	W36	Lake Washington	2:36.70
Heat 5 of 5 Finals				
1	Cox, Allison	W31	Greenlake Aquadu	2:27.19
2	Hanson, Max	M48	Lake Washington	2:20.49
3	Jones, Scott	M37	Alaska Masters S	X2:04.00
4	Wille, Marie	W62	UC36	1:20.00
5	De Acosta, Diego	M41	ESC	2:03.59
6	Haynie, Carl	M55	Team Walker Inte	2:13.86
7	Courtney, Zena	W56	Team Walker Inte	2:24.65
8	Duffy, Emma	W23	Oregon Masters	X2:27.31

Event 15 Mixed 50 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Finals				
3	Greene, Skip	M63	Lake Washington	1:45.00
4	Pugh, Lucianne	W56	Skagit Valley Ma	1:00.00
5	Prudhomme, Philip	M45	Thunderbird Aqua	1:30.00
6	McKinlay, Michael	M72	Downtown Bellevu	1:59.99
Heat 2 of 10 Finals				
1	Williams, Judy	W67	Blue Wave Aquati	55.00
2	Bushroe, Matthew	M35	YMCA Pierce/Kits	50.00
3	Galvani, Bill	M69	Bainbridge Aquat	47.00
4	Stribling Geldien, Gail	W35	Blue Wave Aquati	45.00
5	Baker, Laurel	W38	Lake Washington	45.37
6	Dillon, Sally	W69	Bellevue Club	48.00
7	Hogan, Elizabeth	W54	Sequim Aquatic R	50.85
8	Adkins-Narte, Heather	W61	Bainbridge Aquat	56.30
Heat 3 of 10 Finals				
1	Jones, Ronald	M75	YMCA Pierce/Kits	45.00
2	McLean, Laura	W50	Blue Wave Aquati	44.01
3	Truong, Dominique	M77	Puget Sound Mast	43.31
4	Pierson, Ginger	W70	Oregon Masters	X42.50
5	Carruthers, Kate	W67	Bainbridge Aquat	42.89
6	King, Victor	M48	UC36	43.82
7	Dumouchel, Denise	W53	Bainbridge Aquat	44.90
8	Brown, Stephen	M44	Snohomish Aquati	45.00
Heat 4 of 10 Finals				
1	Thompson, Doug	M67	Thunderbird Aqua	42.00
2	Nordyke, Carrie	W36	Blue Wave Aquati	41.42
3	DeLong, Jackie	W21	Western Washing	40.91
4	Kim, Nellis	W45	Blue Wave Aquati	40.00
5	Voegtlen, Barney	M67	Bainbridge Aquat	40.20
6	Dees, Jillian	W32	Thunderbird Aqua	41.01
7	Gettling, Janet	W67	Oregon Masters	X41.68
8	Clark, Katherine	W39	North End Otters	42.00
Heat 5 of 10 Finals				
1	Jaeger, Dawn	W59	Lake Washington	39.90
2	Barnick, Angela	W21	Western Washing	39.24
3	Marsh-Limm, Margo	W48	Mukilteo YMCA	39.00
4	Chapman, Linda	W60	Lake Washington	38.57
5	MacVicar, Sabrina	W20	Western Washing	39.00
6	Winans, Amanda	W33	Husky Masters	39.19
7	Underbrink, Dan	M59	Monroe YMCA Mast	39.49
8	Shugart, Theresa	W48	Sequim Aquatic R	40.00



2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Meet Program - Sunday

Heat 6 Finals (#15 Mixed 50 Yard Breaststroke)

1	Brown, Samantha	W38	Snohomish Aquati	38.00
2	Dahl, Lisa	W54	Lake Washington	37.42
3	Braggin, Jacquelyn	W29	Husky Masters	37.00
4	Cary, Dale	M58	Puget Sound Mast	36.24
5	Donahue, Matthew	M49	Oregon Masters	X37.00
6	Colella, Mariel	W30	Lake Washington	37.05
7	McKiernan, Alex	W22	Western Washingt	37.50
8	Beirne, Katherine	W46	Sequim Aquatic R	38.45

Heat 7 of 10 Finals

1	Swan, Keito	M26	Western Washingt	36.00
2	Peterson, Steven	M69	YMCA Pierce/Kits	35.80
3	Pearson, Jay	M54	Lake Washington	35.58
4	Wright, Larry	M67	Downtown Bellevu	35.00
5	Bosselmann, Chip	M54	YMCA Pierce/Kits	35.10
6	Voss, Julie	W52	Lake Washington	35.71
7	Van Pelt, Darren	M46	Lake Washington	36.00
8	Bakh, Robert	M43	Lake Washington	36.15

Heat 8 of 10 Finals

1	Derango, Philip	M51	Lake Washington	34.73
2	Ferrel, Amelia	W29	Lake Washington	34.54
3	Girvin, Robert	M66	Sawtooth Masters	X34.00
4	Valley, Eric	M54	Movy Masters	X33.31
5	Armstrong, Mary	W48	Snohomish Aquati	33.36
6	Severns, Chris	M54	Downtown Bellevu	34.42
7	DeWard, Robert	M42	UC36	34.66
8	Ferries, Jenny	W34	Team Walker Inte	34.98

Heat 9 of 10 Finals

1	Smith, Daniel	M53	Blue Wave Aquati	33.08
2	Dinkel, Paloma	W28	Lake Washington	31.75
3	McAlees, Jason	M31	Greenlake Aquadu	31.57
4	Haynie, Carl	M55	Team Walker Inte	30.47
5	Charpentier, Christophe	M47	UC36	31.32
6	Billings, Raymond	M51	Alaska Masters S	X31.69
7	Castle, Matt	M44	Thunderbird Aqua	32.49
8	Williamson, Eric	M25	Washington Athle	33.22

Heat 10 of 10 Finals

1	Jimmison, Tyrone	M35	Husky Masters	29.84
2	Doherty, Todd	M45	Bellevue Club	28.90
3	Shiplet, Ryan	M18	Husky Masters	28.50
4	Kotynia, Jakub	M27	Lake Washington	25.76
5	Conroy, Chris	M30	Lake Washington	27.43
6	Carmosino, Vince	M46	Team Walker Inte	28.57
7	Colella, Rick	M64	Lake Washington	29.29
8	Koehler, Avery	M19	Sequim Aquatic R	30.00

Event 16 Mixed 100 Yard Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

3	Dahl, James	M41	Skagit Valley Ma	1:35.00
4	Reltien, Debra	W49	Bainbridge Aquat	1:22.00
5	Monohon, Paul	M70	Thunderbird Aqua	1:33.85

Heat 2 of 4 Finals

1	Wellock, Kimbra	W38	Blue Wave Aquati	1:17.00
2	Werchan, Felicia	W26	Lake Washington	1:15.00
3	Mcclafferty, Christine	W42	Oregon Masters	X1:12.15
4	Barnick, Angela	W21	Western Washing	1:10.86
5	Davis, Charlotte	W65	Lake Washington	1:11.00
6	Reimer, Shelley	W46	Bainbridge Aquat	1:12.43
7	Lippold, Mary	W60	North End Otters	1:16.55
8	Moore, Hugh	M61	Blue Wave Aquati	1:18.61

Heat 3 of 4 Finals

1	Cox, Allison	W31	Greenlake Aquadu	1:09.40
2	Roudbari, Rebecca	W21	Husky Masters	1:05.00
3	Iyall, Andy	M49	Blue Wave Aquati	1:03.00
4	Porter, Michael	M49	Lake Washington	1:01.73
5	Vance, Jonathan	M21	Husky Masters	1:03.00
6	Badran, Lianna	W42	Lake Washington	1:04.85
7	McAlpine, David	M55	Bellingham Maste	1:05.00
8	Gray, Darren	M47	Bainbridge Aquat	1:10.00

Heat 4 of 4 Finals

1	Ridle, Jason	M41	Sequim Aquatic R	59.72
2	Brayman, Brook	M39	Blue Wave Aquati	59.15
3	Scheck, Joshua	M19	Husky Masters	57.45
4	Gray, Trever	M40	Lake Washington	52.50
5	Liedtke, Matthew	M26	Lake Washington	57.00
6	Philip, Jeevan	M21	Husky Masters	58.00
7	Woare, Matthew	M41	Washington Athle	59.31
8	Edde, Matthew	M26	Blue Wave Aquati	1:01.01

Event 17 Mixed 100 Yard IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Finals

2	Wood, Kimberly	W43	Blue Wave Aquati	2:30.00
3	Grisso, Carol	W72	YMCA Pierce/Kits	2:15.00
4	Snow, Charlotte	W76	YMCA Pierce/Kits	2:05.76
5	Adkins-Narte, Heather	W61	Bainbridge Aquat	2:06.18
6	Walker, Thomas	M69	Team Walker Inte	2:15.00
7	Moorhead, Amy	W44	Lake Washington	2:45.00



2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Meet Program - Sunday

Heat 2 Finals (#17 Mixed 100 Yard IM)

1	Williams, Judy	W67	Blue Wave Aquati	1:50.00
2	King, Victor	M48	UC36	1:45.00
3	Hogan, Elizabeth	W54	Sequim Aquatic R	1:42.20
4	Jones, Ronald	M75	YMCA Pierce/Kits	1:40.00
5	Deaderick, Rachael	W41	Blue Wave Aquati	1:40.09
6	Wheatley, Sarah	W28	Thunderbird Aqua	1:44.00
7	Dorse, Robert	M84	Puget Sound Mast	1:45.50
8	Prudhomme, Philip	M45	Thunderbird Aqua	1:50.00

Heat 3 of 11 Finals

1	McDaniel, Kathy	W64	Snohomish Aquati	1:40.00
2	Monohon, Paul	M70	Thunderbird Aqua	1:37.34
3	Arisco, Amy	W48	Thunderbird Aqua	1:34.18
4	Blackburn, Jean	W64	Blue Wave Aquati	1:33.45
5	Dumouchel, Denise	W53	Bainbridge Aquat	1:33.88
6	Peterson, Dick	M79	Bellingham Maste	1:35.00
7	Underbrink, Mary	W56	Lake Washington	1:38.24
8	Myhres, Kirsten	W28	Lake Washington	1:40.00

Heat 4 of 11 Finals

1	McLean, Laura	W50	Blue Wave Aquati	1:30.01
2	Kim, Nellis	W45	Blue Wave Aquati	1:29.00
3	Glassman, Debbie	W62	Puget Sound Mast	1:27.00
4	Pilger, Robert	M72	YMCA Pierce/Kits	1:25.20
5	Methner, Bradly	M50	Skagit Valley Ma	1:26.38
6	Carruthers, Kate	W67	Bainbridge Aquat	1:27.68
7	Stribling Geldien, Gail	W35	Blue Wave Aquati	1:30.00
8	Clark, Katherine	W39	North End Otters	1:32.00

Heat 5 of 11 Finals

1	Wille, Marie	W62	UC36	1:25.00
2	Thomasson, Erin	W49	Bainbridge Aquat	1:24.94
3	Robins, Lori	W36	Lake Washington	1:22.73
4	Moore, Hugh	M61	Blue Wave Aquati	1:21.00
5	Severns, Chris	M54	Downtown Bellevu	1:22.00
6	Cortani, Andrea	W44	Sequim Aquatic R	1:23.27
7	Durban, Eric	M60	Blue Wave Aquati	1:25.00
8	Thompson, Doug	M67	Thunderbird Aqua	1:25.00

Heat 6 of 11 Finals

1	Shugart, Theresa	W48	Sequim Aquatic R	1:20.00
2	Wellock, Kimbra	W38	Blue Wave Aquati	1:20.00
3	Clark, Austin	M20	Western Washingt	1:19.07
4	Beirne, Katherine	W46	Sequim Aquatic R	1:18.07
5	Marsh-Limm, Margo	W48	Mukilteo YMCA	1:19.00
6	Voegtlen, Barney	M67	Bainbridge Aquat	1:19.30
7	Fitzgerald, Robert	M64	Snohomish Aquati	1:20.00
8	Baber, Caroline	W19	Western Washingt	1:20.38

Heat 7 of 11 Finals

1	Werchan, Felicia	W26	Lake Washington	1:18.00
2	Nordyke, Carrie	W36	Blue Wave Aquati	1:16.20
3	McHenry, Valerie	W36	Lake Washington	1:15.47
4	Winans, Amanda	W33	Husky Masters	1:15.10
5	Woare, Elisabeth	W43	Washington Athle	1:15.44
6	Colella, Mariel	W30	Lake Washington	1:15.78
7	Jaeger, Dawn	W59	Lake Washington	1:17.10
8	DeLong, Jackie	W21	Western Washingt	1:18.00

Heat 8 of 11 Finals

1	Hagedorn, Chad	M43	YMCA Pierce/Kits	1:15.00
2	Outerson, Jenell	W48	Blue Wave Aquati	1:13.00
3	Freeborn, Stephen	M60	Blue Wave Aquati	1:12.00
4	Davis, Joshua	M26	Sequim Aquatic R	1:10.00
5	Courtney, Zena	W56	Team Walker Inte	1:10.25
6	Braggin, Jacquelyn	W29	Husky Masters	1:13.00
7	Stafford, Rick	M68	Bainbridge Aquat	1:15.00
8	Kleint, Nancy	W28	Greenlake Aquadu	1:15.07

Heat 9 of 11 Finals

1	Bollens, Stephen	M56	UC37	X1:09.17
2	DeWard, Robert	M42	UC36	1:06.71
3	Klovdahl, Jenny	W31	Snohomish Aquati	1:05.00
4	Smith, Bryan	M48	Lake Washington	1:04.81
5	Liedtke, Matthew	M26	Lake Washington	1:04.86
6	McAlpine, David	M55	Bellingham Maste	1:05.00
7	Reehill, James	M23	YMCA Pierce/Kits	1:07.36
8	Wright, Larry	M67	Downtown Bellevu	1:09.50

Heat 10 of 11 Finals

1	McAlees, Jason	M31	Greenlake Aquadu	1:02.83
2	Brushaber, Eric	M44	Vo2multisport Sw	1:02.69
3	Alsberg, Maoz	M47	Team Walker Inte	1:01.86
4	Carmosino, Vince	M46	Team Walker Inte	1:01.62
5	Haynie, Carl	M55	Team Walker Inte	1:01.63
6	Hanson, Max	M48	Lake Washington	1:02.55
7	Porter, Michael	M49	Lake Washington	1:02.74
8	McCarty, David	M51	Mukilteo YMCA	1:04.59

Heat 11 of 11 Finals

1	Colella, Rick	M64	Lake Washington	1:00.48
2	Shiplet, Ryan	M18	Husky Masters	1:00.00
3	Hao, Yawei	M25	Downtown Bellevu	59.25
4	Reid, Jordan	M23	Western Washingt	56.53
5	Koehler, Avery	M19	Sequim Aquatic R	57.91
6	Dinkel, Paloma	W28	Lake Washington	59.99
7	Pfaff, Chris	M29	Washington Athle	1:00.00
8	Ridle, Jason	M41	Sequim Aquatic R	1:00.78



2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Meet Program - Sunday

Event 18 Mixed 200 Yard Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Finals				
2	Prudhomme, Philip	M45	Thunderbird Aqua	4:00.00
3	Powell, Valerie	W22	Team Walker Inte	3:54.21
4	Parker, April	W39	Blue Wave Aquati	3:45.00
5	Grisso, Carol	W72	YMCA Pierce/Kits	3:49.00
6	Speser, Nancy	W59	Sequim Aquatic R	3:56.99
7	Ferrel, Amelia	W29	Lake Washington	4:04.51
Heat 2 of 9 Finals				
1	Vilders, Jane	W64	Skagit Valley Ma	3:27.95
2	Balazic, MarySue	W48	Snohomish Aquati	3:24.94
3	Um, Soo-Hui	M47	Blue Wave Aquati	3:20.00
4	Underbrink, Mary	W56	Lake Washington	3:00.22
5	Davis, Bob	M74	Washington Athle	3:18.20
6	Kreer, Kenneth	M52	Blue Wave Aquati	3:24.65
7	Deaderick, Rachael	W41	Blue Wave Aquati	3:27.31
8	Brown, Susan	W67	Skagit Valley Ma	3:44.06
Heat 3 of 9 Finals				
1	Olson, David	M70	YMCA Pierce/Kits	2:58.00
2	Clise, Don	M49	Blue Wave Aquati	2:50.07
3	Baker, Laurel	W38	Lake Washington	2:40.99
4	Fritschen, Tom	M60	Team Walker Inte	2:40.04
5	DeLong, Jackie	W21	Western Washingt	2:40.99
6	Menkens, Michelle	W59	Blue Wave Aquati	2:45.00
7	Dillon, Sally	W69	Bellevue Club	2:55.00
8	Thomasson, Erin	W49	Bainbridge Aquat	3:00.00
Heat 4 of 9 Finals				
1	York, Sandi	W39	Thunderbird Aqua	2:37.00
2	Mohler, Craig	M61	Skagit Valley Ma	2:35.00
3	Kassen, Elizabeth	W64	Team Walker Inte	2:35.00
4	Robins, Lori	W36	Lake Washington	2:30.69
5	Brown, Stephen	M44	Snohomish Aquati	2:35.00
6	Moore, Sheila	W57	Lake Washington	2:35.00
7	Brown, Diane	W43	Snohomish Aquati	2:35.21
8	Wheatley, Sarah	W28	Thunderbird Aqua	2:38.00
Heat 5 of 9 Finals				
1	Pelham, Kathy	W43	Team Walker Inte	2:29.44
2	Lippold, Mary	W60	North End Otters	2:25.00
3	Polidori, Wendy	W46	Mukilteo YMCA	2:24.00
4	Matthews, Scott	M54	Blue Wave Aquati	2:22.19
5	Standaert, Cyndi	W51	North End Otters	2:23.99
6	Gross, Jim	M61	Skagit Valley Ma	2:25.00
7	Regan Koppelberger, Tamm	W44	Team Walker Inte	2:26.85
8	Davidson, Patricia	W33	Snohomish Aquati	2:30.00

Heat 6 of 9 Finals

1	Cary, Dale	M58	Puget Sound Mast	2:18.01
2	Armstrong, Mary	W48	Snohomish Aquati	2:16.50
3	Ella, Ellen	W38	Lake Washington	2:14.19
4	Powell, Frank	M56	Team Walker Inte	2:12.14
5	Braggin, Jacquelyn	W29	Husky Masters	2:14.00
6	Weed, Kevin	M53	Snohomish Aquati	2:14.60
7	Propersi, Jeffrey	M20	Western Washingt	2:18.00
8	Phillips, Alex	M28	Husky Masters	2:20.49

Heat 7 of 9 Finals

1	Durban, Lars	M58	Snohomish Aquati	2:12.00
2	Dickmann, Kurt	M53	UC36	2:09.54
3	Bullock, J	M47	YMCA Pierce/Kits	2:09.00
4	Kalas, Pamela	W39	UC36	2:08.32
5	Cox, Allison	W31	Greenlake Aquadu	2:08.83
6	Duffy, Emma	W23	Oregon Masters	X2:09.44
7	Miller, Aaron	M32	Lake Washington	2:09.64
8	McRae, Michelle	W40	Puget Sound Mast	2:12.00

Heat 8 of 9 Finals

1	Bakh, Robert	M43	Lake Washington	2:06.17
2	Woare, Matthew	M41	Washington Athle	2:02.00
3	Ingham, Fred	M49	Greenlake Aquadu	2:00.00
4	Vance, Jonathan	M21	Husky Masters	1:58.00
5	Reynolds, Ellen	W51	Sawtooth Masters	X1:58.95
6	Valley, Eric	M54	Movy Masters	X2:02.00
7	Moorhead, Amy	W44	Lake Washington	2:04.81
8	Geiger, Kyle	M58	Gold's Eastside	2:08.03

Heat 9 of 9 Finals

1	Hanson, Max	M48	Lake Washington	1:57.77
2	Edde, Matthew	M26	Blue Wave Aquati	1:56.52
3	Scheck, Joshua	M19	Husky Masters	1:53.08
4	Wisniewski, Brian	M38	Husky Masters	1:48.00
5	Nelson, Kirk	M45	Husky Masters	1:53.05
6	Brayman, Brook	M39	Blue Wave Aquati	1:55.13
7	Brushaber, Eric	M44	Vo2multisport Sw	1:56.88
8	De Acosta, Diego	M41	ESC	1:58.00

Event 19 Mixed 100 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Finals				
2	Graves, Rebecca	W48	Skagit Valley Ma	4:04.00
3	Snow, Charlotte	W76	YMCA Pierce/Kits	2:11.98
4	Adkins-Narte, Heather	W61	Bainbridge Aquat	2:01.05
5	Pugh, Lucianne	W56	Skagit Valley Ma	2:05.00
6	Walker, Thomas	M69	Team Walker Inte	2:15.00



2016 PNA Champs, Sanction #: 366-S002

Hosted by Blue Wave Aquatics

Meet Program - Sunday

Heat 2 Finals (#19 Mixed 100 Yard Breaststroke)

1	Williams, Judy	W67	Blue Wave Aquati	1:55.00
2	McLean, Laura	W50	Blue Wave Aquati	1:45.01
3	Thompson, Doug	M67	Thunderbird Aqua	1:45.00
4	Nguyen, Dung	M52	Blue Wave Aquati	1:42.83
5	Deaderick, Rachael	W41	Blue Wave Aquati	1:44.95
6	Pierson, Ginger	W70	Oregon Masters	X1:45.00
7	Vilders, Jane	W64	Skagit Valley Ma	1:49.52
8	Parker, April	W39	Blue Wave Aquati	2:00.00

Heat 3 of 8 Finals

1	Kim, Nellis	W45	Blue Wave Aquati	1:40.00
2	Galvani, Bill	M69	Bainbridge Aquat	1:36.00
3	Peterson, Dick	M79	Bellingham Maste	1:35.00
4	Dahl, James	M41	Skagit Valley Ma	1:35.00
5	Kassen, Elizabeth	W64	Team Walker Inte	1:35.00
6	Mohler, Craig	M61	Skagit Valley Ma	1:35.00
7	Dumouchel, Denise	W53	Bainbridge Aquat	1:39.89
8	Truong, Dominique	M77	Puget Sound Mast	1:40.98

Heat 4 of 8 Finals

1	Dees, Jillian	W32	Thunderbird Aqua	1:33.46
2	Brown, Samantha	W38	Snohomish Aquati	1:30.00
3	Donahue, Matthew	M49	Oregon Masters	X1:26.23
4	Nordyke, Carrie	W36	Blue Wave Aquati	1:24.69
5	Wellock, Kimbra	W38	Blue Wave Aquati	1:25.41
6	Ness, Kerry	M46	Skagit Valley Ma	1:27.00
7	Gettling, Janet	W67	Oregon Masters	X1:31.28
8	Carruthers, Kate	W67	Bainbridge Aquat	1:33.69

Heat 5 of 8 Finals

1	Outerson, Jenell	W48	Blue Wave Aquati	1:23.00
2	McKiernan, Alex	W22	Western Washingt	1:21.00
3	Colella, Mariel	W30	Lake Washington	1:20.54
4	Peterson, Steven	M69	YMCA Pierce/Kits	1:18.20
5	Van Pelt, Darren	M46	Lake Washington	1:19.00
6	Underbrink, Dan	M59	Monroe YMCA Mast	1:20.89
7	Chapman, Linda	W60	Lake Washington	1:22.56
8	Beirne, Katherine	W46	Sequim Aquatic R	1:23.91

Heat 6 of 8 Finals

1	Swan, Keito	M26	Western Washingt	1:18.00
2	Ferrel, Amelia	W29	Lake Washington	1:16.88
3	Klov Dahl, Jenny	W31	Snohomish Aquati	1:16.00
4	Phillips, Alex	M28	Husky Masters	1:15.47
5	Derango, Philip	M51	Lake Washington	1:15.91
6	Pearson, Jay	M54	Lake Washington	1:16.46
7	Badran, Lianna	W42	Lake Washington	1:17.00
8	Voss, Julie	W52	Lake Washington	1:18.06

Heat 7 of 8 Finals

1	Bosselmann, Chip	M54	YMCA Pierce/Kits	1:15.10
2	Porter, Michael	M49	Lake Washington	1:13.00
3	Billings, Raymond	M51	Alaska Masters S	X1:12.40
4	McAlees, Jason	M31	Greenlake Aquadu	1:08.99
5	Miller, Aaron	M32	Lake Washington	1:11.24
6	Smith, Daniel	M53	Blue Wave Aquati	1:12.99
7	Severns, Chris	M54	Downtown Bellevue	1:15.00
8	Ferries, Jenny	W34	Team Walker Inte	1:15.22

Heat 8 of 8 Finals

1	Haynie, Carl	M55	Team Walker Inte	1:08.30
2	Carmosino, Vince	M46	Team Walker Inte	1:03.95
3	Pehrson, Josh	M19	Western Washingt	1:00.58
4	Kotynia, Jakob	M27	Lake Washington	57.53
5	Conroy, Chris	M30	Lake Washington	1:00.01
6	Shiplot, Ryan	M18	Husky Masters	1:02.00
7	Doherty, Todd	M45	Bellevue Club	1:04.04
8	Ridle, Jason	M41	Sequim Aquatic R	1:08.59

Event 20 Mixed 50 Yard Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

3	Wheatley, Sarah	W28	Thunderbird Aqua	1:41.00
4	Hogan, Elizabeth	W54	Sequim Aquatic R	52.13
5	Prudhomme, Philip	M45	Thunderbird Aqua	1:20.00

Heat 2 of 12 Finals

1	Olson, David	M70	YMCA Pierce/Kits	50.00
2	Stribling Geldien, Gail	W35	Blue Wave Aquati	46.92
3	Jones, Ronald	M75	YMCA Pierce/Kits	45.00
4	Baker, Laurel	W38	Lake Washington	42.99
5	Wille, Marie	W62	UC36	45.00
6	Balazic, MarySue	W48	Snohomish Aquati	45.46
7	Deaderick, Rachael	W41	Blue Wave Aquati	48.00
8	Dorse, Robert	M84	Puget Sound Mast	50.50

Heat 3 of 12 Finals

1	Menkens, Michelle	W59	Blue Wave Aquati	40.00
2	King, Victor	M48	UC36	39.91
3	Flynn, Christi	W47	North End Otters	39.16
4	Cortani, Andrea	W44	Sequim Aquatic R	38.45
5	Myhres, Kirsten	W28	Lake Washington	39.00
6	Gettling, Janet	W67	Oregon Masters	X39.75
7	Arisco, Amy	W48	Thunderbird Aqua	39.98
8	Blackburn, Jean	W64	Blue Wave Aquati	41.65



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Meet Program - Sunday

Heat 4 Finals (#20 Mixed 50 Yard Butterfly)

1	Thomasson, Erin	W49	Bainbridge Aquat	37.86
2	Monohon, Paul	M70	Thunderbird Aqua	36.98
3	York, Sandi	W39	Thunderbird Aqua	36.80
4	Robins, Lori	W36	Lake Washington	36.42
5	Shugart, Theresa	W48	Sequim Aquatic R	36.56
6	Baber, Caroline	W19	Western Washingt	36.85
7	Methner, Bradley	M50	Skagit Valley Ma	37.09
8	Voegtlen, Barney	M67	Bainbridge Aquat	38.20

Heat 5 of 12 Finals

1	Glassman, Debbie	W62	Puget Sound Mast	35.90
2	Bullock, J	M47	YMCA Pierce/Kits	35.00
3	Fitzgerald, Robert	M64	Snohomish Aquati	34.00
4	Nordyke, Carrie	W36	Blue Wave Aquati	33.99
5	Durban, Eric	M60	Blue Wave Aquati	34.00
6	Donahue, Matthew	M49	Oregon Masters	X35.00
7	Reltien, Debra	W49	Bainbridge Aquat	35.55
8	Marsh-Limm, Margo	W48	Mukilteo YMCA	36.00

Heat 6 of 12 Finals

1	Brown, Diane	W43	Snohomish Aquati	33.67
2	Lippold, Mary	W60	North End Otters	33.50
3	Stafford, Rick	M68	Bainbridge Aquat	33.00
4	Werchan, Felicia	W26	Lake Washington	33.00
5	Propersi, Jeffrey	M20	Western Washingt	33.00
6	Van Pelt, Darren	M46	Lake Washington	33.44
7	Ella, Ellen	W38	Lake Washington	33.66
8	Jaeger, Dawn	W59	Lake Washington	33.90

Heat 7 of 12 Finals

1	Mcclafferty, Christine	W42	Oregon Masters	X32.89
2	Caulfield, Miranda	W18	Western Washingt	32.61
3	Lieggi, Anthony	M54	Blue Wave Aquati	32.00
4	Davis, Joshua	M26	Sequim Aquatic R	32.00
5	Polidori, Wendy	W46	Mukilteo YMCA	32.00
6	Hagedorn, Chad	M43	YMCA Pierce/Kits	32.00
7	Woare, Elisabeth	W43	Washington Athle	32.62
8	Moore, Hugh	M61	Blue Wave Aquati	32.94

Heat 8 of 12 Finals

1	Winans, Amanda	W33	Husky Masters	31.94
2	Geiger, Kyle	M58	Gold's Eastside	31.61
3	Reimer, Shelley	W46	Bainbridge Aquat	31.07
4	Pilger, Robert	M72	YMCA Pierce/Kits	30.90
5	Freeborn, Stephen	M60	Blue Wave Aquati	30.92
6	Barnick, Angela	W21	Western Washingt	31.29
7	Courtney, Zena	W56	Team Walker Inte	31.61
8	Klov Dahl, Jenny	W31	Snohomish Aquati	32.00

Heat 9 of 12 Finals

1	Billings, Raymond	M51	Alaska Masters S	X30.52
2	Gray, Darren	M47	Bainbridge Aquat	30.19
3	Outerson, Jenell	W48	Blue Wave Aquati	30.00
4	Badran, Lianna	W42	Lake Washington	29.58
5	Cary, Dale	M58	Puget Sound Mast	29.74
6	Smith, Katy	W34	YMCA Pierce/Kits	30.08
7	Davis, Charlotte	W65	Lake Washington	30.50
8	Armstrong, Mary	W48	Snohomish Aquati	30.55

Heat 10 of 12 Finals

1	Dahl, Lisa	W54	Lake Washington	29.31
2	Reehill, James	M23	YMCA Pierce/Kits	28.96
3	Moorhead, Amy	W44	Lake Washington	28.83
4	Dinkel, Paloma	W28	Lake Washington	28.50
5	McCarty, David	M51	Mukilteo YMCA	28.55
6	Wright, Larry	M67	Downtown Bellevu	28.85
7	Axelson, Peter	M49	Snohomish Aquati	29.00
8	Charpentier, Christophe	M47	UC36	29.36

Heat 11 of 12 Finals

1	Alsberg, Maoz	M47	Team Walker Inte	28.00
2	Smith, Bryan	M48	Lake Washington	27.05
3	Hao, Yawei	M25	Downtown Bellevu	26.88
4	McAlpine, David	M55	Bellingham Maste	26.50
5	Woare, Matthew	M41	Washington Athle	26.84
6	Philip, Jeevan	M21	Husky Masters	27.00
7	Porter, Michael	M49	Lake Washington	28.00
8	Castle, Matt	M44	Thunderbird Aqua	28.40

Heat 12 of 12 Finals

1	Colella, Rick	M64	Lake Washington	26.44
2	Jimmison, Tyrone	M35	Husky Masters	25.88
3	Kotynia, Jakub	M27	Lake Washington	24.50
4	Reid, Jordan	M23	Western Washingt	23.34
5	Gray, Trever	M40	Lake Washington	23.50
6	Liedtke, Matthew	M26	Lake Washington	25.47
7	Pfaff, Chris	M29	Washington Athle	25.89
8	Koehler, Avery	M19	Sequim Aquatic R	26.44



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Psych Sheet - Sunday 1650

Event 24 Mixed 1650 Yard Freestyle

	Name	Age	Team	Seed Time
1	Graves, Rebecca	W48	Skagit Valley Ma	48:51.00
2	Davis, Bob	M74	Washington Athle	32:21.00
3	Olson, David	M70	YMCA Pierce/Kits	32:00.00
4	Noffke, Wendy	W43	Blue Wave Aquati	31:00.00
5	Parker, April	W39	Blue Wave Aquati	30:27.52
6	Um, Soo-Hui	M47	Blue Wave Aquati	30:00.00
7	Souder, Christopher	M50	Blue Wave Aquati	30:00.00
8	Wood, Kimberly	W43	Blue Wave Aquati	29:22.00
9	Foster, Chris	M57	Skagit Valley Ma	29:07.00
10	Singer, Shannon	W46	Skagit Valley Ma	28:30.00
11	Hunt, Andrea	W68	Bainbridge Aquat	26:30.00
12	Ness, Kerry	M46	Skagit Valley Ma	26:20.00
13	Goans, Allen	M45	UC36	26:00.00
14	Troksa, Brianna	W20	Husky Masters	26:00.00
15	Underbrink, Dan	M59	Monroe YMCA Mast	25:39.78
16	Matthews, Scott	M54	Blue Wave Aquati	24:08.67
17	Moore, Sheila	W57	Lake Washington	23:02.72
18	Hagedorn, Chad	M43	YMCA Pierce/Kits	23:00.00
19	Pelham, Kathy	W43	Team Walker Inte	23:00.00
20	Kennedy, Mike	M47	UC36	22:30.00
21	Gross, Jim	M61	Skagit Valley Ma	22:30.00
22	Powell, Frank	M56	Team Walker Inte	22:11.88
23	Smith, Katy	W34	YMCA Pierce/Kits	22:07.00
24	Iyall, Andy	M49	Blue Wave Aquati	22:00.00
25	Weed, Kevin	M53	Snohomish Aquati	21:58.18
26	Rasmussen, Karen	W41	Blue Wave Aquati	21:45.00
27	Durban, Eric	M60	Blue Wave Aquati	21:40.00
28	Derango, Philip	M51	Lake Washington	21:36.84
29	Phillips, Alex	M28	Husky Masters	21:00.00
30	Durban, Lars	M58	Snohomish Aquati	20:30.00
31	Miller, Aaron	M32	Lake Washington	20:09.63
32	Standaert, Cyndi	W51	North End Otters	20:00.97
33	Kalas, Pamela	W39	UC36	20:00.00
34	Rogers, Randy	M57	Bainbridge Aquat	20:00.00
35	Edde, Matthew	M26	Blue Wave Aquati	19:51.39
36	Smith, Daniel	M53	Blue Wave Aquati	19:48.75
37	Cox, Allison	W31	Greenlake Aquadu	19:30.00
38	Kula, Michael	M43	YMCA Pierce/Kits	19:25.00
39	Allen, Robbie	M50	Ventura County M	X19:02.22
40	Philip, Jeevan	M21	Husky Masters	19:00.00
41	Duffy, Emma	W23	Oregon Masters	X18:40.28
42	Nelson, Kirk	M45	Husky Masters	18:01.37

