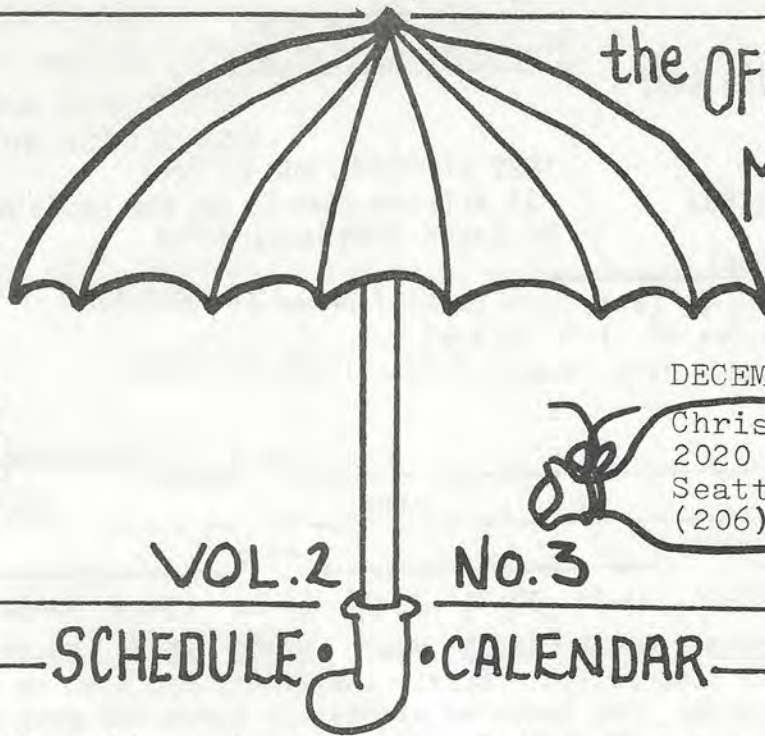


the  
WET  
SET



the OFFICIAL PNA  
MASTERS  
NEWSLETTER

DECEMBER 15, 1982

Chris Thomsen, Editor  
2020 42nd East  
Seattle, WA. 98112  
(206) 324-2333

VOL. 2

No. 3

SCHEDULE • CALENDAR

January 15, 1982- Shoreline, Seattle  
February 4 & 5 - Tahoma Pool  
March ??? - Anacortes  
April - U of W, Regionals

Interested in going to  
New Zealand for the  
World Games in 1984.  
See inside for details.



~~WET~~ MERRY CHRISTMAS - III

PAGE - 18-19

EDITOR'S CORNER...

A very special thanks to all of the people involved with the running of the Bangor meet. The meet was very organized and very well attended. A great number of people expressed their hopes of returning to Bangor next year for such a meet. Thank You.

The Newsletter would also like to thank the Husky Swim Club at the Foster pool for their help in organizing and running the December meet. Thanks also to Scott Lautman.

The "Wet Set" would like to recognize, as well, in this issue of the Newsletter, the special efforts of the "Sunshine Club". Their work is greatly appreciated by all of the PNA Masters members. (Please see inside this issue for the person to contact if you are interested in helping the "Sunshine Club".)

Russell Hall attended the USMS annual convention last September which was held in Memphis, Tennessee. Did you know that of the 60 associations of Masters Clubs represented, PNA Masters is the 7th largest. If you want to know more about this meeting get in touch with Russ Hall (631-6685). He may be able to send you a copy of the material covered at this meeting or you just might want to discuss it with him.

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"SUNSHINE CLUB"- Lee HOLM  
 phone- 825-3939

**WORLD GAMES  
 1984**

**CONTACT - MEREDITH,  
 NEXT PAGE, OR ATTEND  
 A BOARD MEETING  
 FOR DETAILS ....**

**New Zealand**

50 YD. FREE	72	33.95
FRANCIS JOWETT	74	34.67
JIM PENFIELD	70	45.94
GEORGE ELDRIDGE	74	1:22.62
100 YD. FREE	70	1:45.10
JIM PENFIELD	70	3:48.25
GEORGE ELDRIDGE	70	10:14.47P
200 YD. FREE	72	49.18
JIM PENFIELD	72	48.28
GEORGE ELDRIDGE	70	1:17.34
500 YD. FREE	74	1:42.69
GEORGE ELDRIDGE	72	46.66
50 YD. BACK	72	1:38.08
FRANCIS JOWETT	74	1:41.43
50 YD. BREAST		
FRANCIS JOWETT		
GEORGE ELDRIDGE		
100 YD. BREAST		
JIM PENFIELD		
50 YD. FLY		
FRANCIS JOWETT		
100 YD. I. M.		
FRANCIS JOWETT		
JIM PENFIELD		



**"FILL IN WITH NAME YOU WILL USE ON ALL MEET APPLICATIONS"**

PLEASE PRINT OR TYPE INFORMATION

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Initial \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Name of Club You Represent \_\_\_\_\_ Date of Application \_\_\_\_\_

Area \_\_\_\_\_ Telephone No. \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_



OFFICE USE ONLY

\_\_\_\_\_

I hereby agree to abide by and be governed by the rules and regulations of USMS and the Local Masters Swim Committee

MAIL TO ► Marietta James  
10008 114th St SW  
Tacoma, Wa 98498  
(Please include a self-addressed stamped envelope with this application)

U S M S fee	\$12.00
L M S C fee	or
TOTAL FEE	\$9.00
	Senior Citizen

X \_\_\_\_\_  
APPLICANT'S SIGNATURE

MAKE CHECK PAYABLE TO: PNA Masters Swimmers

\*FORM J 83

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**NEW ZEALAND**

## ● FROM '82 LONG COURSE ●

...KATHY CRANDELL

### 1982 LONG COURSE NATIONALS - 25+ RELAYS - RESULTS & STATISTICS

Leif and I would like to thank everyone in the 25 - 34 age groups for being so cooperative with the relay chairmen. Many of you found us every day to let us know you were there and willing to swim. If any of you had to leave, you let us know. That made our job much easier. Many thanks go to Gary Hafer for helping redo some of the relays.

Following are the final lineups and results for each relay (every relay but one had to be redone many times). If a relay placed in the Top 10 in the nation, that is also noted.

WHERE IS DONNA BURKHART??????????

Donna Burkhart, Cascade Swim Club and PNA Masters, has moved to Los Angeles as the result of a job change in July. As many of you know, Donna is a Catholic nun who took up swimming after the occurrence of a knee injury so as to prevent arthritis from increasing its ill effects. After swimming at Aqua Dive for a year (over 800 miles) she joined the Cascade Swim Club. She made the change to train more regularly because, she says, "swimming on your own makes it too easy to stay in bed in the morning." The coaching that she received improved her technique tremendously, (She was ranked nationally in the backstroke in 1981 and was All-American.) She has also set new PNA backstroke records in the 30-34 and also in the 35-39 age groups. In 1981 she was Cascade swimmer of the year. Donna has always been an inspiration to those who work out for pleasure and fitness as well as for those who work out for competition. She regularly struggles with the 5:00 am wake-up call.

Her favorite work-out was, "whatever the coach says." That way she doesn't have to decide what to do or worry about "what's next".

We will miss Donna in the morning workouts, PNA will miss her at the meets, as she has been a good friend to many of you! Her new address is:  
211 South Buena Vista, Burbank, CA. 91505

CONGRATULATIONS!!!!!!!!!!!!!!

To Jan Twight, who was married to Paul Kavadas on November 11, 1982. See you at the next meet Mrs. Kavadas????

\*\*\*\*\*

# \* POOL TIMES \*

- |   |  |
|---|--|
| <p>1. Bellevue Eastside-YMCA<br/>Buck Hendrix - Director<br/>Monday thru Friday:<br/>6:00 to 7:00 am<br/>Bell-Red Road at 144th N.E.<br/>Bellevue, WA. 746-9900</p> <p>2. Lynwood Pool<br/>Barb Lindsley - Director<br/>Tues and Thurs, 9:00 to 10:30 am<br/>Saturday, 9:45 to 11:15 am<br/>home-775-8291<br/>work-226-5600</p> | <p>3. Rainier Beach Masters<br/>Don Helling - Director<br/>Tammy Patton - Assistant<br/>Tues and Thurs - 5:30 to 6:30 pm<br/>Lap Lanes Available (adults)<br/>Mon and Wed - 7:00 to 8:30 pm (swim)<br/>Tues and Thurs - 7:30 to 8:30 pm (lap)<br/>Friday - 7:00 to 8:30 pm (swim)<br/>Saturday - 9:00 to 10:30 (lap) am<br/>Saturday - 1:00 to 2:00 pm (Adult/<br/>Senior)</p> |
|---|--|

SEND New POOL TIMES TO  
CHRIS THOMSEN - EDITOR  
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